Goldsmiths Research Online

Goldsmiths Research Online (GRO) is the institutional research repository for Goldsmiths, University of London

Citation

Pugliese, Robert; Bortoluzzi, Guido and Zupic, Ivan. 2016. Putting process on track: empirical research on start-ups' growth drivers. Management Decision, 54(7), pp. 1633-1648. ISSN 0025-1747 [Article]

Persistent URL

http://research.gold.ac.uk/26861/

Versions

The version presented here may differ from the published, performed or presented work. Please go to the persistent GRO record above for more information.

If you believe that any material held in the repository infringes copyright law, please contact the Repository Team at Goldsmiths, University of London via the following email address: gro@gold.ac.uk.

The item will be removed from the repository while any claim is being investigated. For more information, please contact the GRO team: gro@gold.ac.uk



Putting process on track: empirical research on start-ups' growth drivers

Abstract

Purpose—The purpose of this paper is to review the literature on the growth drivers of start-up firms from the process perspective. Increasing scholarly attention to the growth of start-up firms has led to a more sophisticated understanding of their drivers. However, the richness of the results is partly offset by both potential and real contradictions in the literature.

Design/methodology/approach—In this paper, 233 studies on the growth of start-up firms are reviewed using a process-oriented lens.

Findings—The analysis reveals an imbalance in the use of variance-based empirical approaches to study the process-based phenomenon and some misalignments in the use of non-process-based empirical approaches to improve a process-based theory.

Originality/value—This paper offers an original perspective from which to reconsider the relevant literature and provides useful recommendations for researchers to forge a path ahead in this field.

Keywords-start-up growth, high-growth firms, literature review, process view

Introduction

Start-up firms are considered important engines of economic development and job creation worldwide (Henrekson and Johansson, 2010). However, a considerable amount of start-ups cannot achieve fast growth or even grow at all (Morris, 2011; Lazzeri *et al.*, 2012; Balboni and Bortoluzzi, 2015). Consequently, start-ups have received increasing attention from both scholars and policy makers to understand which factors trigger, support or hinder their growth.

In recent decades, empirical studies on this subject have proliferated, applying numerous theoretical perspectives and proposing various hypotheses to understand the role of specific drivers in stimulating the growth of the start-up firm. The drivers considered include bundles of resources and capabilities (Mason and Brown, 2013; Cooper *et al.*, 1994; Baum *et al.*, 2001; Lee *et al.*, 2001), the composition of the founding team (Colombo and Grilli, 2005; Wiklund and Shepherd, 2005), the strategy and business model adopted (Zimmerman and Zeitz, 2002; Zott *et al.*, 2011) and the characteristics of the local environment (Eisenhardt and Schoonhoven, 1990; Audretsch and Feldman, 1996).

Despite this abundance of perspectives and drivers (see Table 1 for an illustrative list), the accumulated evidence remains largely inconclusive (Nightingale and Coad, 2013; Coad *et al.*, 2014). Curiously, over time, an element has been progressively dropped from the debate on growth: the 'process' itself. Although process-oriented research initially dominated studies addressing growth as a sequence of stages during the 1970s and 1980s (e.g. Greiner, 1972; Lewis and Churchill, 1983) and most current studies on growth still refer to this pioneering literature, process-based approaches are almost neglected in contemporary research. Instead, researchers generally use variance-based approaches to study this process-based and time-dependent phenomenon. Therefore, if used with certain cautions and recognising the limitations, variance-based approaches can be fruitfully applied to test existing process-based theories. More questionable is the use of variance-based approaches to advance existing theory.

In this context, this study systematically reviews the literature on the growth of start-up firms from a process-based perspective. Empirical studies are classified by their theoretical aim (to improve or not to improve the theory of firm growth) and by their use (or lack thereof) of process-based data. The results of the analysis reveal an imbalance in the use of variance-based empirical approaches to study this process-based phenomenon (*black-box* studies, in this paper) and some misalignments in the use of non-process-based empirical approaches to improve this process-based theory (*misaligned* studies, in this paper). Finally, the study highlights the lack of research on specific topics that present remarkable research opportunities for future studies.

Background and aim of the paper

Growth is a multifaceted process that takes place within a time continuum and is most frequently depicted as a sequence of discrete events. According to life-cycle theories, companies typically evolve from inception to maturity through a sequence of recurring configurations, with periods of evolution and development alternating with times of revolutions and crisis (Greiner, 1972; Lewis and Churchill, 1983; Scott and Bruce, 1987; Hanks, 1990; Hanks *et al.*, 1993). Growth is defined as expanding the company past internal boundaries (organic growth) or external boundaries (through mergers and acquisitions). It is commonly measured by increases in sales, assets or number of employees (Greiner, 1972). Alternative criteria, such as organisational form, number of hierarchical levels and scope of the business network, have received limited attention in the literature (Hanks, 1990; Hanks *et al.*, 1993).

Despite the process-based nature of growth, the use of process-based approaches to study it is rare, and scholars largely prefer using variance-based approaches. A similar trend characterises research on firms' internationalisation processes, as highlighted by Welch and Paavilainen-Mäntymäki (2014). Studies adopting variance-based approaches aim to understand how much of the variance of a certain phenomenon (in this case, the growth of the start-up firm) can be explained by variations in specific drivers of the process. Generally, variance-based approaches have a positivist background, the preferred methodologies are mostly quantitative, and regression models are among the most popular methods. The advantage of variance-based approaches is that they allow for proposing parsimonious predictive theories about the relationships among variables.

In contrast, process-based approaches are intended to provide a better understanding of how a process occurs over time and how specific events and variations influence it. These approaches rely on both positivist and non-positivist thought. In process-based approaches, qualitative methodologies are often preferred (e.g. narrative analysis, ethnography, longitudinal case studies), but quantitative methodologies (e.g. panel data models, event history analysis) are also used. The main advantage of a process-based approach is that it supports complex, non-linear explanations about how and why sequences of events occur. The main difficulty arises when it is necessary to shift from describing events and recurring patterns to theorising about how and why they happen. Both variance- and process-based approaches are useful to increase understanding of temporal phenomena, although variance-based approaches is needed, especially when a study claims to advance the theoretical understanding of a process from variations occurring at a few points in time.

With the intent to order this body of literature and provide scholars with an original standpoint from which to observe the evolution of studies, this systematic literature review was conducted to achieve two aims: to reveal real and potential contradictions in the literature and to help researchers better address these research questions using coherent methodologies to advance knowledge of the growth drivers of start-up firms.

Data and methods

A systematic literature review must have certain specific characteristics, including a comprehensive search strategy for relevant studies, explicit and justified criteria for inclusion or exclusion and either a qualitative synthesis or a clear presentation and analysis of the results of eligible studies (Crossan and Apaydin, 2010). A multistep process was used to conduct such a review. First, the Web of Science was searched for all entries containing one of the following terms: start-up, new venture, new business, new firm or new organisation, combined with the terms growth, success, performance, survival or failure. This search generated 1,751 entries. Bibliographic data (title, authors, abstract and year of publication) were exported, and the sample was further reduced in a two-step process. The three authors of this paper examined all the abstracts and short-listed papers according to the following criteria: (1) the paper studies new ventures or start-ups, not established firms, and (2) is connected to growth (sometimes called performance), success or survival. This review took into consideration the evolution of managerial vocabulary. Firms today labelled 'new ventures' or 'startups' were called 'small firms' or 'new firms' in many of the pioneering studies on this subject. Differences among the three coders were reconciled by using a majority criterion. The first filtering process narrowed the sample to 493 articles, which were included in the first short-list. In the second step, all articles which dealt with closely related constructs (e.g. survival, performance, success) but did not focus on growth were excluded, further reducing the sample to 262 articles.

Then, the researchers developed a coding manual, including contextual and methodological considerations. The three coders independently read and coded a sub-sample of 20 articles. The results were then checked, and the differences were reconciled. These steps ensured that the three coders used the same criteria to code the articles. The remaining articles were then divided into three sets, one for each coder. The coders discussed questions about problematic articles in joint sessions, and reached final agreement on them.

The full texts of the 262 included articles were read and coded for the following categories: article type (empirical/conceptual/review), method type (qualitative/quantitative), data type (survey/interview/secondary database/archival data), quantitative method (regression/structural equation modelling), quantitative data (cross-sectional/longitudinal), sample size, growth measure, process data (yes/no), process theory improvement (yes/no), prevailing theoretical perspective, location (geographical focus) and explanatory factors studied.

Given the aims of this study, only the empirical papers in the 261 articles carefully selected in the previous step were retained. Empirical papers constituted the majority (233, 89%) of the initially selected papers. We excluded conceptual papers (17, 7%), literature reviews (8, 3%) and meta-reviews (3, 1%) from the analysis.

Results

Table 1 presents various descriptive statistics for the 233 empirical articles considered in this review. Regarding the research method, quantitative methods dominate firm growth research (195, 83.7%). Only 33 papers (14.2%) use qualitative methods, and 5 papers (2.1%) employ mixed methods.

Considering data sources, the sample contains roughly equal numbers of studies based on survey data collected through questionnaires (86, 36.9%) and on secondary data (83, 35.6%) using different sources. Forty-three studies (18.5%) are based on direct interviews with company representatives, while the remaining 21 studies (9.0%) rely on multiple sources.

For data type, more than the 50% of the papers analysed (128, 54.9%) are cross-sectional studies, but panel studies (78, 33.5%) are also quite popular.

Among the methods of analysis used, regression analysis (128, 54.9%) is by far the most popular method. Other methods normally employed in cross-sectional studies (e.g. structural equation modelling, cluster analysis) are used less frequently in the papers analysed. In qualitative methods of analysis, 28 papers (12.0%) use multiple case analysis, and a consistent number of papers (17, 7.3%) use a combination of methods.

When considering sample size, qualitative and quantitative studies are differentiated. In the former, the median found of the sample size is 6 case studies, while in the latter, it is 275.

Classification variable	assification variable Values		%
	Quantitative	195	83,7%
Research method	Qualitative	33	14,2%
	Mixed	5	2,1%
	Survey	86	36,9%
Data source	Secondary	83	35,6%
	Interview	43	18,5%
	Multiple source	21	9,0%
	Cross-Sectional	128	54,9%
Data type	Panel	78	33,5%
	Time-Series	27	11,6%
	Regression (Linear, Tobit, Probit, Hierarchical, PLS, etc.)	128	54,9%
	Multiple case study	28	12,0%
	Descriptive Statistics	18	7,7%
	Multiple methods	17	7,3%
	ANOVA, MANOVA	7	3,0%
	Correlation (Pearson)	5	2,1%
	Statistical inference test	5	2,1%
Method of analysis	Structural Equation Modeling	4	1,7%
	Clustering	4	1,7%
	Single case study	4	1,7%
	Chi square test	4	1,7%
	Discriminant Analysis	3	1,3%
	Principal Component Analysis	3	1,3%
	Ethnography	1	0,4%
	Network analysis	1	0,4%
	Other methods	1	0,4%
Data googenerik-	Single Country	206	88,4%
Data geography	Multiple Countries	27	11,6%
Somple size (Medier)	Median of sample size in quantitative studies	275	_
Sample size (Median)	Median of sample size in qualitative studies	6	
	Resources and capabilities	78	33,5%
Prevailing theoretical	Multiple perspectives	58	24,9%
perspective	Entrepreneurship and entrepreneurial team	42	18,0%
	Ecosystem and context	28	12,0%
	Marketing and strategy	27	11,6%

Table 1: Descriptive statistics of the sample of papers reviewed.

Nearly 90% of the empirical papers analyse data collected from 1 country. Only 27 studies (11.6%) are classified as multi-country.

Finally, each study is classified by the prevailing theoretical perspective in which it is grounded. When the perspective is specified in the paper, the classification is simply based on what the author(s) state. In other cases, the researchers assign the paper to 1 of 4 broad, prevailing theoretical perspectives: resources and capabilities, entrepreneurship and entrepreneurial team, marketing and strategy, and ecosystem and context, with the residual multiple perspective option. Resources and capabilities (78, 33.5%) are the most popular perspective, followed by entrepreneurship and entrepreneurial team (42, 18.0%). Marketing and strategy (27, 11.6%) and ecosystems and context (28, 12.0%) are roughly equally represented. Finally, a consistent number of studies (58, 24.9%) rely on a balanced combination of theoretical perspectives, with no single perspective prevailing.

All papers are classified in a four-quadrant matrix inspired by a similar matrix used by Welch and Paavilainen-Mäntymäki (2014) in a study on the internationalisation process of firms. The present research introduces a distinction between studies which use or do not use process data and studies which are or are not aimed at improving theoretical understanding of the growth process of start-up firms. The studies are grouped into four quadrants (Figure 1) as follows:

- Quadrant 1: studies using process data but not generating a new process theory (n = 61, 26.2%), labelled as *untapped*
- Quadrant 2: studies using process data and generating a new process theory (n = 22, 9.4%), labelled as *aligned*
- Quadrant 3: studies neither using process data nor improving a process theory (n = 143, 61,4%), labelled as *black box*
- Quadrant 4: studies not using process data but improving a process theory (n = 7, 3%), labelled as *misaligned*

		No	Yes			
Process		Quadrant 1	Quadrant 2			
	Yes	61	22	83		
	Y	26%	9%	36%		
		Untapped	Aligned			
		Quadrant 3	Quadrant 4			
	No	143	7	150		
	Z	61%	3%	64%		
		Black-box	Misaligned			
		204	29	233		
		88%	12%	235		

Improving Process Theory

Figure 1: Descriptive statistics of the studies reclassified in the four quadrants.

Figure 2 shows the chronological distribution of the papers published within each quadrant. The data show that, over the past years (2000-2014), there has been an upsurge in black-box articles (Quadrant

3), while the amount of aligned ones (Quadrant 2) has remained nearly constant. Figure 2 also indicates that interest in start-up firms' growth has increased remarkable over the past 15 years.

We found also increasing research involving new ventures based in developing Countries, and especially in the BRICs Countries (Park and Bae 2004; Wu et al. 2008; Zou, Chen, and Ghauri 2010; X. Zhao, Frese, and Giardini 2010; Zhou and Wu 2014) and in the Sub-Saharan African region (Goedhuys and Sleuwaegen 2010; Grimm, Knorringa, and Lay 2012). Despite not diverging from studies based in more developed Countries in terms of perspectives used (the resource-based and the entrepreneurial perspectives are largely prevailing), this bulk of studies has the merit to highlight the relevance that the environmental circumstances –such as the existence of proper market institutions-play as enabling factors to the growth of new ventures.

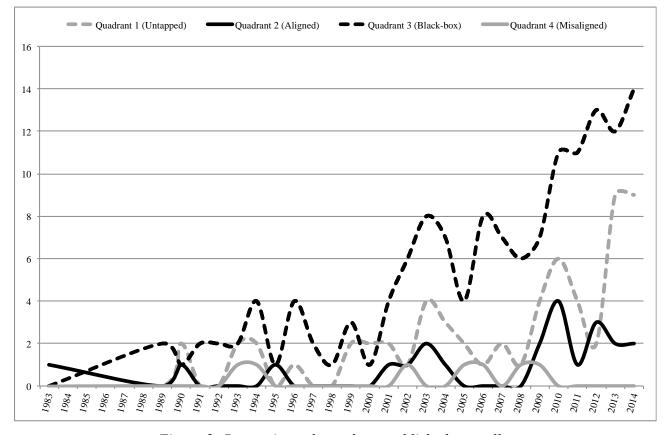


Figure 2: Papers in each quadrant published annually.

Quadrant 1: Untapped

Quadrant 1 (untapped) includes studies that do not propose a significant theoretical development despite their reliance on process data. Possible explanations for this missed opportunity include scepticism about the quality and completeness of the available data—remarkably, 69% of the papers

in this quadrant rely on secondary data. A large majority (56) of the 61 articles in this quadrant use quantitative methods and panel data. The empirical methods used range from simple descriptive statistics to various types of statistical regression and structural equation modelling. Most of these studies are national in scope, with only 10% involving more than one country.

The papers in this quadrant study different dimensions and perspectives of the growth of start-up firms. The findings are sometimes controversial and vary depending on how growth is measured (e.g. sales, number of employees). One of the most cited studies in this quadrant, Eisenhardt and Schoonhoven's (1990) work examines the effects of top-management teams, strategy and the environment on the organisational growth of technology-based ventures. The founding topmanagement team and market stage are shown to have significant effects on growth, but the influence of technical innovation and marketplace competition is insignificant. In contrast with the conclusions drawn by Eisenhardt and Schoonhoven (1990), Almus and Nerlinger (1999) find that technology matters and that new technology-based firms have more opportunities to grow than non-innovative companies (Feeser and Willard, 1990). Other resources matter as much in driving the growth of new ventures, including human and financial resources, as discussed by Cooper et al. (1994). As well, the results obtained by Stam and Wennberg (2009) question the need for high-technology firms to invest in research and development to obtain high growth. The ambitions and motivations of a firm's founders have significant influence on growth, according to the study by Delmar and Wiklund (2008), and the pace of growth is connected to the specific phase of a firm's life-cycle (Audretsch et al., 1999; Lotti et al., 2001).

Finally, Davidsson *et al.* (2009) discuss the relationship between a firm's growth and sound development. Indeed, according to the results of this study, initially slow-growing but profitable firms are more likely to reach the desired size and profitability over the long term, while new ventures characterised by high initial growth pace and low profitability have a higher risk of poor performance (Davidsson *et al.*, 2009). Additional studies in the first quadrant include Cassar (2007), Chandler *et al.* (2009), Khaire (2010), Bertoni *et al.* (2011), Keen and Etemad (2012) and Andersson and Klepper (2013).

Quadrant 2: Aligned

Quadrant 2 (aligned) includes 22 studies that rely on process data and contribute to the development of a process-based theory of growth. More than half of the studies in this quadrant employ a

qualitative approach (12 studies). Case studies are privileged, and one ethnographic study was also found. However, several studies also use quantitative approaches (9), while one study relies on a combination of methods. The quantitative methods used range from simple descriptive statistics to ordinary least squares, time series regression and cluster analysis.

In many papers, scholars explicitly express their dissatisfaction with variance-based approaches and highlight the need for a deeper understanding of how growth happens (1) during each stage of the process and (2) in specific contexts. A significant amount of studies adopt a resource-based or entrepreneurial perspective. The latter are mainly interested in understanding which specific characteristics and behaviours of the entrepreneur(s) or the founding team underpin the growth of a new venture in each stage of growth.

One of the most cited studies in this quadrant, Lewis and Churchill's (1983) paper identifies the five growth stages and paths (existence, survival, success, take-off and resource-mature) of smaller firms. Similarly, Kazanjian and Drazin (1990) present a four-stage model of growth (conception and development, commercialisation, growth, stability) for technology-based new ventures. According to Kazanjian and Drazin (1990), fit must be achieved between the new venture's organisational structure and specific stage of growth to exploit its maximum growth potential.

In this quadrant, a consistent amount of studies examine the impact of social capital-related dimensions on the growth of new ventures. For example, according to Lechner and Dowling (2003), growth in the initial stages of the process is closely linked to the relational capabilities of the founder(s). Next, the dimensional growth of the firm goes hand-in-hand with the process of network building at the firm level, suggesting the existence of parallel growth processes in firms with a more relational nature. As well, Zhao and Aram (1995) find that both the *intensity* and the *range of the firm's networking* are significantly greater in fast-growing ventures than in slow-growing start-ups independent of the stage of growth.

Clarysse *et al.* (2011) attempt to answer to the question: Are growth patterns "shaped" by the dynamics of the competitive environment? Their results reveal that different competitive environments lead firms to make different resource-allocation decisions, which are then reflected in various growth paths. Hagen and Zucchella (2014) analyse the differences between fast-growing start-ups and normal firms. The researchers find that, while the former achieve a continuous succession of growth cycles, the latter experience stages of growth interspersed with periods of maturity and stagnation.

The ethnographic study by Perlow *et al.* (2002) highlights a potential pathology affecting ventures that make (too) fast decisions. In this investigation of the behaviour of an Internet-based start-up, Perlow *et al.* (2002) find that fast decision-making is not necessarily driven by characteristics of the external environment, as contingency theory suggests. Sometimes, this behaviour is simply rooted in firms and is path-dependent (i.e. dependent on past decisions).

Finally, Coad *et al.* (2013) apply the Gambler's ruin theory to explain how a start-up's growth path influences the probability of its long-term survival. According to this study, the length of the sequence of win situations (the firm grows and is profitable) increases the probability of survival (Coad *et al.*, 2013). In other words, growth increases survival chances, and its beneficial effects can last for years.

Other studies in this quadrant include Shirokova (2009), Steffens *et al.* (2009), Anderson *et al.* (2010), Davila *et al.* (2010), Prashantham and Dhanaraj (2010) and Mueller *et al.* (2012).

Quadrant 3: Black box

Quadrant 3 (black box) includes studies that neither use process data nor attempt to improve a process theory of growth. This is the largest quadrant, with 143 papers. Most rely on quantitative methodologies, with a clear preference for regression-based methods. Empirical results are often fragmented due to the use of multiple proxies to measure similar variables. These results are also controversial due to the use retrospective measures—measuring a past event in the present.

The work of Baum *et al.* (2001) is one of the most cited studies in this quadrant. Their research shows that specific internal factors—chief executive officers' competencies and motivations and firms' competitive strategies, among others—have considerable influence on the growth of new ventures. External factors, such as the characteristics of the environment, have only indirect effects on growth. In general, the majority of studies in this quadrant find that the attitudes, skills and motivations of entrepreneurs play key roles in determining the growth of new ventures (i.e. Colombo and Grilli, 2005).

Other studies in this quadrant attempt to determine whether the initial characteristics of the founding team predict the subsequent growth paths of the ventures they lead. The industry experience of team members is found to be an important driver of growth. Diversity among team members (in education and previous employment positions) also contributes to establishing a winning growth strategy (Ensley *et al.*, 2002; Beckman, 2006; Ensley *et al.*, 2006). Entrepreneurial orientation is another prominent, long-lasting factor which has consistently been found to be associated with growth

(Wiklund *et al.*, 2009). Adopting a resources and capabilities perspective, Florin *et al.* (2003) find that the social capital of a start-up (e.g. business network, personal network, initial public offering underwriters) significantly influences its chances of achieving high growth.

Firm location is often a neglected variable in managerial studies, receiving more attention in geographical studies. However, Audretsch and Dohse's (2007) show that the ecosystem and location in a knowledge-rich agglomeration (such as a specialised cluster) matters in determining the expected growth of new ventures. In any case, gazelles (new ventures which grow extremely rapidly) are more of an exception than the rule, as discussed by Aghion *et al.* (2007), who claim adequate public support to fully exploit the creative destruction potential of new firms.

Finally, Clarysse *et al.* (2011) find significant differences between corporate and university spin-offs, particularly in the role played by technological knowledge in their growth process. While the former tend to grow by moving from a narrowly focused technology area that is far from the technological core of the parent company, the latter do the opposite and benefit from the transfer of the existing technological base.

Quadrant 4: Misaligned

Quadrant 4 (misaligned) contains empirical papers that attempt to improve the process theory of growth without relying on process-based data. This research type is the most controversial due to the manifest mismatch in the use of static data to contribute to the development of a process-based theory. These studies are not necessarily inconsistent from a methodological point of view, but additional caution is needed when interpreting and deriving theoretical implications from the results.

Among the studies in this quadrant, Kaplan *et al.* (2009) analyse the business plans of 50 start-ups and changes in their management boards to understand which is more significant in successfully bringing a start-up to an IPO: the strength of the initial business idea (the horse in the authors' metaphor) or the composition of the team (the jockey). The results show that the idea counts more than the team (Kaplan *et al.*, 2009). In a study addressed mostly addressed to executives, Nicholls-Nixon (2005) analyses 13 high-growth firms that, during their process of rapid growth, managed to keep their books in order and maintain some profitability (which, in theory, is expected to be lacking in periods of high growth). Other studies in this quadrant include Gupta and Chin (1993), Olsen and Kolvereid (1994), Feindt *et al.* (2002), Chan *et al.* (2006) and Capelleras *et al.* (2008).

Discussion and conclusions

Some key points emerging from the analysis deserve further consideration. First, the data show that studies contributing to a better theoretical understanding of the growth process of start-up firms constitute a large minority (12%) of all studies on start-ups. However, a quarter of such studies do not rely on process-based data, signalling a potential misalignment between their aims and the methodology used.

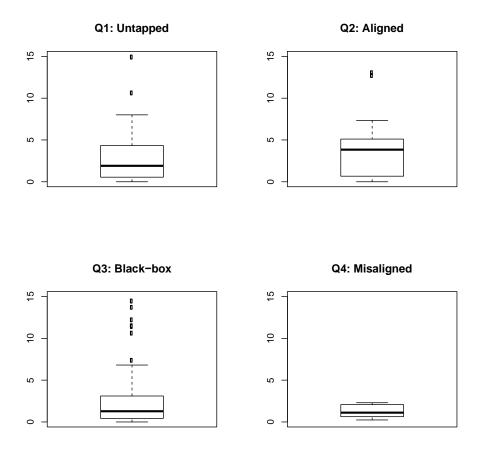


Figure 3: Annual average number of citations (from publications) of studies.

Conducting process-based empirical studies is not straightforward because they require multiple observations spread across a long period of time. However, the academic community seems to recognise their value. As Figure 3 shows, aligned studies are, on average, cited more often than those in the other quadrants. Although a minority in absolute numbers, studies using process-based data (aligned and untapped) receive more citations annually on average than studies that do not use such data (black box and misaligned).

A second point of discussion is related to the growth trend of studies in recent decades. While studies on the growth of start-ups have significantly increased in number, aligned studies have not. Indeed, this growth trend is driven primarily by black-box studies, especially those employing variance-based methods to identify statistically significant casual relationships among variables. There is not a univocal and convincing explanation for this trend. Possibly, this type of study has gained in popularity among young researchers who tend to favour the use of advanced statistical techniques. However, it is always worth keeping in mind that even the use of the most sophisticated techniques cannot counterbalance the presence of methodological biases.

A third point is related to the studies labelled untapped. The present study fully confirms the conclusions drawn by Langley (1999) and Welch and Paavilainen-Mäntymäki (2014) that even studies based on process data do not necessarily contribute to new process theory. In this regards, the present results can provide researchers with some suggestions for future investigations. In particular, the first avenue for research is the opportunity to expand the concept of growth. In the 233 articles reviewed in this paper, the discussion on growth that has dominated the scene so far has been short-sighted. McKelvie and Wiklund (2010) claim that researchers have focused too much on firms' pace of growth ('how much'?) instead of their modes of growth (the 'how'). Similarly, Furlan and Grandinetti (2011) argue that firms do not grow only in size but also in *network* and *capabilities*. Indeed, firms can remain small in size but grow by creating a network of business partners, such as subcontractors, agents, influencers, universities and research centers (network growth). Firms can also remain stable in size but significantly increase their competitiveness by acquiring and developing new skills, knowledge, technologies and talent (capabilities growth). According to Furlan and Grandinetti (2011), the most successful and durable growth strategies arise from a synergistic effect of the three types of growth: dimensional, network-based and capabilities-based growth.

Conceiving of growth as a multidimensional construct has several consequences at the methodological level. First and foremost, it encourages scholars to use more sophisticated measures to capture the essence of growth. Doing so could partly counterbalance the intrinsic limitations of black box studies.

Additional research opportunities emerge from reclassifying the papers in four quadrants by theoretical perspective (Figure 4). Indeed, a paucity of studies applying marketing and strategy lenses to address start-up firm growth can be observed. More process-based studies are needed to increase understanding of how changes in a firm's strategy or business model influence its growth process over time.

As well, the ecosystem and context perspective remains under-explored. In this regard, it could be stimulating, for example, to understand how the support provided by incubators, scientific parks,

venture capitalists and industrial clusters influences the growth pace of new ventures in different phases. Further, additional knowledge is needed in relation to the interplay between the environmental conditions and other supporting variables (resources, attitudes, strategies, etc.) in relation to the growth of new ventures based in Developing Countries.

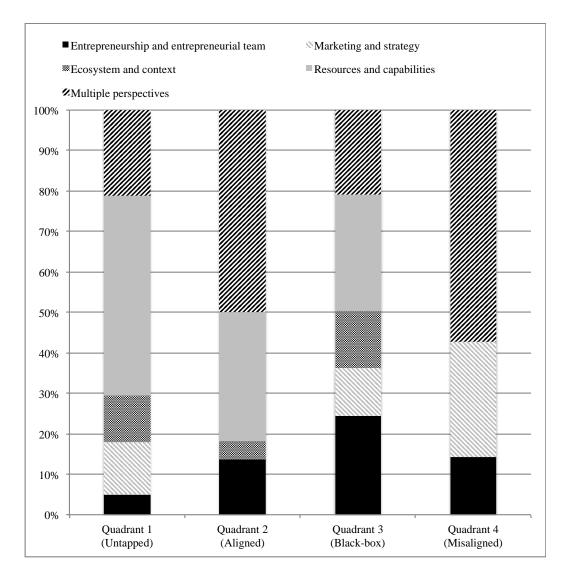


Figure 4: Papers classified by quadrant and theoretical perspective.

To conclude, this study is not without limitations. First, despite maximum care given to the selection of articles, some relevant papers might have unintentionally been left out of the analysis. To reduce this risk, the selected sample was double-checked with the bibliographies of the most influential studies in the field. Second, the categorisation of papers is, of course, subjective and subject to all the limitations of subjectivity. To limit potential biases in this process, all the procedures described in the methodology (double-checking, joint discussion sessions to discuss problematic articles) were applied, but inaccuracies might have occurred. Responsibility for any such errors lies with the authors only.



References

- Aghion, Philippe, Thibault Fally, and Stefano Scarpetta. 2007. "Credit Constraints as a Barrier to the Entry and Post-Entry Growth of Firms." *Economic Policy* 22 (52): 732–79.
- Almus, Matthias, and Eric A. Nerlinger. 1999. "Growth of New Technology-Based Firms: Which Factors Matter?" *Small Business Economics* 13 (2): 141–54. doi:10.1023/A:1008138709724.
- Anderson, Alistair R., Sarah Drakopoulou Dodd, and Sarah Jack. 2010. "Network Practices and Entrepreneurial Growth." *Scandinavian Journal of Management* 26 (2): 121–33.
- Andersson, Martin, and Steven Klepper. 2013. "Characteristics and Performance of New Firms and Spinoffs in Sweden." *Industrial and Corporate Change* 22 (1): 245–80. doi:10.1093/icc/dts046.
- Audretsch, David B., and Dirk Dohse. 2007. "Location: A Neglected Determinant of Firm Growth." *Review of World Economics* 143 (1): 79–107.
- Audretsch, David B., and Maryann P. Feldman. 1996. "R&D Spillovers and the Geography of Innovation and Production." *The American Economic Review*, 630–40.
- Audretsch, David B., Enrico Santarelli, and Marco Vivarelli. 1999. "Start-up Size and Industrial Dynamics: Some Evidence from Italian Manufacturing." *International Journal of Industrial* Organization 17 (7): 965–83.
- Baum, J. Robert, Edwin A. Locke, and Ken G. Smith. 2001. "A Multidimensional Model of Venture Growth." *Academy of Management Journal* 44 (2): 292–303.
- Beckman, Christine M. 2006. "The Influence of Founding Team Company Affiliations on Firm Behavior." *Academy of Management Journal* 49 (4): 741–58. doi:10.2307/20159796.
- Bertoni, Fabio, Massimo G. Colombo, and Luca Grilli. 2011. "Venture Capital Financing and the Growth of High-Tech Start-Ups: Disentangling Treatment from Selection Effects." *Research Policy* 40 (7): 1028–43.
- Capelleras, Joan-Lluis, Kevin F. Mole, Francis J. Greene, and David J. Storey. 2008. "Do More Heavily Regulated Economies Have Poorer Performing New Ventures? Evidence from Britain and Spain." *Journal of International Business Studies* 39 (4): 688–704.
- Cassar, Gavin. 2007. "Money, Money, Money? A Longitudinal Investigation of Entrepreneur Career Reasons, Growth Preferences and Achieved Growth." *Entrepreneurship and Regional Development* 19 (1): 89–107.
- Chandler, Gaylen N., Alexander McKelvie, and Per Davidsson. 2009. "Asset Specificity and Behavioral Uncertainty as Moderators of the Sales growth—Employment Growth Relationship in Emerging Ventures." *Journal of Business Venturing* 24 (4): 373–87.
- Chan, Yolande E., Niraj Bhargava, and Christopher T. Street. 2006. "Having Arrived: The Homogeneity of High-Growth Small Firms*." *Journal of Small Business Management* 44 (3): 426–40. doi:10.1111/j.1540-627X.2006.00180.x.
- Clarysse, Bart, Johan Bruneel, and Mike Wright. 2011. "Explaining Growth Paths of Young Technology-Based Firms: Structuring Resource Portfolios in Different Competitive Environments." *Strategic Entrepreneurship Journal* 5 (2): 137–57. doi:10.1002/sej.111.
- Clarysse, Bart, Mike Wright, and Els Van de Velde. 2011. "Entrepreneurial Origin, Technological Knowledge, and the Growth of Spin-Off Companies." *Journal of Management Studies* 48 (6): 1420–42.
- Coad, Alex, Sven-Olov Daunfeldt, Werner Hölzl, Dan Johansson, and Paul Nightingale. 2014. "High-Growth Firms: Introduction to the Special Section." *Industrial and Corporate Change* 23 (1): 91–112.
- Coad, Alex, Julian Frankish, Richard G. Roberts, and David J. Storey. 2013. "Growth Paths and Survival Chances: An Application of Gambler's Ruin Theory." *Journal of Business Venturing* 28 (5): 615–32.

- Colombo, Massimo G., and Luca Grilli. 2005a. "Founders' Human Capital and the Growth of New Technology-Based Firms: A Competence-Based View." *Research Policy* 34 (6): 795–816.
- Colombo, Massimo G, and Luca Grilli. 2005b. "Founders' Human Capital and the Growth of New Technology-Based Firms: A Competence-Based View." *Research Policy* 34 (6): 795–816. doi:http://dx.doi.org/10.1016/j.respol.2005.03.010.
- Cooper, A.C., F.J. Gimeno-Gascon, and C.Y. Woo. 1994. "Initial Human and Financial Capital as Predictors of New Venture Performance." *Journal of Business Venturing* 9 (5): 371–95.
- Cooper, Arnold C., F. Javier Gimeno-Gascon, and Carolyn Y. Woo. 1994. "Initial Human and Financial Capital as Predictors of New Venture Performance." *Journal of Business Venturing* 9 (5): 371–95. doi:10.1016/0883-9026(94)90013-2.
- Crossan, Mary M., and Marina Apaydin. 2010. "A Multi-Dimensional Framework of Organizational Innovation: A Systematic Review of the Literature." *Journal of Management Studies* 47 (6): 1154–91. doi:10.1111/j.1467-6486.2009.00880.x.
- Davidsson, Per, Paul Steffens, and Jason Fitzsimmons. 2009. "Growing Profitable or Growing from Profits: Putting the Horse in Front of the Cart?" *Journal of Business Venturing* 24 (4): 388–406. doi:10.1016/j.jbusvent.2008.04.003.
- Davila, Antonio, George Foster, and Ning Jia. 2010. "Building Sustainable High-Growth Startup Companies: Management Systems as an Accelerator." *California Management Review* 52 (3): 79–105.
- Delmar, Frederic, and Johan Wiklund. 2008. "The Effect of Small Business Managers' Growth Motivation on Firm Growth: A Longitudinal Study." *Entrepreneurship Theory and Practice* 32 (3): 437–57.
- Eisenhardt, Kathleen M., and Claudia Bird Schoonhoven. 1990. "Organizational Growth: Linking Founding Team, Strategy, Environment, and Growth among US Semiconductor Ventures, 1978-1988." *Administrative Science Quarterly*, 504–29.
- Ensley, Michael D., Keith M. Hmieleski, and Craig L. Pearce. 2006. "The Importance of Vertical and Shared Leadership within New Venture Top Management Teams: Implications for the Performance of Startups." *The Leadership Quarterly* 17 (3): 217–31.
- Ensley, Michael D., Allison W. Pearson, and Allen C. Amason. 2002. "Understanding the Dynamics of New Venture Top Management Teams: Cohesion, Conflict, and New Venture Performance." *Journal of Business Venturing* 17 (4): 365–86.
- Feeser, Henry R., and Gary E. Willard. 1990. "Founding Strategy and Performance: A Comparison of High and Low Growth High Tech Firms." *Strategic Management Journal* 11 (2): 87–98.
- Feindt, Sylvie, Judith Jeffcoate, and Caroline Chappell. 2002. "Identifying Success Factors for Rapid Growth in SME E-Commerce." *Small Business Economics* 19 (1): 51–62.
- Florin, Juan, Michael Lubatkin, and William Schulze. 2003. "A Social Capital Model of High-Growth Ventures." *Academy of Management Journal* 46 (3): 374–84. doi:10.2307/30040630.
- Furlan, Andrea, and Roberto Grandinetti. 2011. "Size, Relationships and Capabilities: A New Approach to the Growth of the Firm." *Human Systems Management* 30 (4): 195–213. doi:10.3233/HSM-2011-0749.
- Goedhuys, Micheline, and Leo Sleuwaegen. 2010. "High-Growth Entrepreneurial Firms in Africa: A Quantile Regression Approach." *Small Business Economics* 34 (1): 31–51.
- Greiner, Larry E. 1972. "Evolution and Revolution as Organizations Grow." http://raj.rajaditi.com/management/Strategy/grainer.pdf.
- Grimm, Michael, Peter Knorringa, and Jann Lay. 2012. "Constrained Gazelles: High Potentials in West Africa's Informal Economy." *World Development* 40 (7): 1352–68.
- Gupta, Yash P., and David C. W. Chin. 1993. "Strategy Making and Environment: An Organizational Life Cycle Perspective." *Technovation* 13 (1): 27–44. doi:10.1016/0166-4972(93)90012-K.

Hagen, Birgit, and Antonella Zucchella. 2014. "Born Global or Born to Run? The Long-Term Growth of Born Global Firms." *Management International Review* 54 (4): 497–525.

- Hanks, Steven H. 1990. "The Organization Life Cycle: Integrating Content and Process." *Journal of Small Business Strategy* 1 (1): 1–13.
- Hanks, Steven H., Collin J. Watson, Erik Jansen, and Gaylen N. Chandler. 1993. "Tightening the Life-Cycle Construct: A Taxonomic Study of Growth Stage Configurations in High-Technology Organizations." *Entrepreneurship Theory and Practice* 18: 5–5.

Henrekson, Magnus, and Dan Johansson. 2010. "Gazelles as Job Creators: A Survey and Interpretation of the Evidence." *Small Business Economics* 35 (2): 227–44.

- Kaplan, Steven N., Berk A. Sensoy, and Per Strömberg. 2009. "Should Investors Bet on the Jockey or the Horse? Evidence from the Evolution of Firms from Early Business Plans to Public Companies." *The Journal of Finance* 64 (1): 75–115.
- Kazanjian, Robert K., and Robert Drazin. 1990. "A Stage-Contingent Model of Design and Growth for Technology Based New Ventures." *Journal of Business Venturing* 5 (3): 137–50.
- Keen, Christian, and Hamid Etemad. 2012. "Rapid Growth and Rapid Internationalization: The Case of Smaller Enterprises from Canada." *Management Decision* 50 (4): 569–90.
- Khaire, Mukti. 2010. "Young and No Money? Never Mind: The Material Impact of Social Resources on New Venture Growth." *Organization Science* 21 (1): 168–85.
- Langley, Ann. 1999. "Strategies for Theorizing from Process Data." Academy of Management Review 24 (4): 691–710. doi:10.5465/AMR.1999.2553248.
- Lazzeri, Francesca, Andrea Piccaluga, and others. 2012. "Le Imprese Spin-off Della Ricerca Pubblica: Convinzioni, Realtà E Prospettive Future." *Economia E Società Regionale* 2012 (1): 43–65.
- Lechner, Christian, and Michael Dowling. 2003. "Firm Networks: External Relationships as Sources for the Growth and Competitiveness of Entrepreneurial Firms." *Entrepreneurship & Regional Development* 15 (1): 1–26. doi:10.1080/08985620210159220.
- Lee, Choonwoo, Kyungmook Lee, and Johannes M. Pennings. 2001. "Internal Capabilities, External Networks, and Performance: A Study on Technology-Based Ventures." *Strategic Management Journal* 22 (6-7): 615–40. doi:10.1002/smj.181.
- Lewis, Virginia L., and Neil C. Churchill. 1983. "The Five Stages of Small Business Growth." SSRN Scholarly Paper ID 1504517. Rochester, NY: Social Science Research Network. http://papers.ssrn.com/abstract=1504517.
- Lotti, Francesca, Enrico Santarelli, and Marco Vivarelli IV. 2001. "The Relationship between Size and Growth: The Case of Italian Newborn Firms." *Applied Economics Letters* 8 (7): 451–54. doi:10.1080/13504850010003299.
- McKelvie, Alexander, and Johan Wiklund. 2010. "Advancing Firm Growth Research: A Focus on Growth Mode instead of Growth Rate." *Entrepreneurship Theory and Practice* 34 (2): 261–88.
- Morris, Rhett. 2011. "High-Impact Entrepreneurship Global Report." Center for High-Impact Entrepreneurship at Endeavor and Global Entrepreneurship Monitor (GEM).
- Mueller, Susan, Thierry Volery, and Björn von Siemens. 2012. "What Do Entrepreneurs Actually Do? An Observational Study of Entrepreneurs' Everyday Behavior in the Start-Up and Growth Stages." *Entrepreneurship Theory and Practice* 36 (5): 995–1017. doi:10.1111/j.1540-6520.2012.00538.x.
- Nicholls-Nixon, Charlene L. 2005. "Rapid Growth and High Performance: The Entrepreneur's 'impossible Dream?" *The Academy of Management Executive* 19 (1): 77–89.
- Nightingale, Paul, and Alex Coad. 2013. "Muppets and Gazelles: Political and Methodological Biases in Entrepreneurship Research." *Industrial and Corporate Change*, dtt057.
- Olsen, Bjørn, and Lars Kolvereid. 1994. "Development of New Ventures over Time: Strategy, Profitability and Growth in New Scandinavian Firms." *Entrepreneurship & Regional Development* 6 (4): 357–70.

- Park, Sangmoon, and Zong-Tae Bae. 2004. "New Venture Strategies in a Developing Country: Identifying a Typology and Examining Growth Patterns through Case Studies." *Journal of Business Venturing*, Technoentrepreneurship, 19 (1): 81–105. doi:10.1016/S0883-9026(02)00110-6.
- Perlow, Leslie A., Gerardo A. Okhuysen, and Nelson P. Repenning. 2002. "The Speed Trap: Exploring the Relationship between Decision Making and Temporal Context." Academy of Management Journal 45 (5): 931–55.
- Prashantham, Shameen, and Charles Dhanaraj. 2010. "The Dynamic Influence of Social Capital on the International Growth of New Ventures." *Journal of Management Studies* 47 (6): 967–94.
- Rauch, Andreas, and Serge A. Rijsdijk. 2013. "The Effects of General and Specific Human Capital on Long-Term Growth and Failure of Newly Founded Businesses." *Entrepreneurship Theory and Practice* 37 (4): 923–41. doi:10.1111/j.1540-6520.2011.00487.x.
- Scott, Mel, and Richard Bruce. 1987. "Five Stages of Growth in Small Business." Long Range Planning 20 (3): 45–52.
- Shirokova, Galina. 2009. "Organisational Life-Cycle: The Characteristics of Developmental Stages in Russian Companies Created from Scratch." *Journal for East European Management Studies*, 65–85.
- Stam, Erik, and Karl Wennberg. 2009. "The Roles of R&D in New Firm Growth." *Small Business Economics* 33 (1): 77–89.
- Steffens, Paul, Per Davidsson, and Jason Fitzsimmons. 2009. "Performance Configurations Over Time: Implications for Growth-and Profit-Oriented Strategies." *Entrepreneurship Theory* and Practice 33 (1): 125–48.
- Welch, Catherine, and Eriikka Paavilainen-Mäntymäki. 2014. "Putting Process (back) in: Research on the Internationalization Process of the Firm." *International Journal of Management Reviews* 16 (1): 2–23.
- Wiklund, Johan, Holger Patzelt, and Dean A. Shepherd. 2009. "Building an Integrative Model of Small Business Growth." *Small Business Economics* 32 (4): 351–74.
- Wiklund, Johan, and Dean Shepherd. 2005. "Entrepreneurial Orientation and Small Business Performance: A Configurational Approach." *Journal of Business Venturing* 20 (1): 71–91.
- Wu, Lei-Yu, Chun-Ju Wang, Cheng-Ping Chen, and Lee-Yun Pan. 2008. "Internal Resources, External Network, and Competitiveness during the Growth Stage: A Study of Taiwanese High-Tech Ventures1." *Entrepreneurship Theory and Practice* 32 (3): 529–49. doi:10.1111/j.1540-6520.2008.00239.x.
- Zhao, Liming, and John D. Aram. 1995. "Networking and Growth of Young Technology-Intensive Ventures in China." *Journal of Business Venturing* 10 (5): 349–70. doi:10.1016/0883-9026(95)00039-B.
- Zhao, Xiang-yang, Michael Frese, and Angelo Giardini. 2010. "Business Owners' Network Size and Business Growth in China: The Role of Comprehensive Social Competency." *Entrepreneurship and Regional Development* 22 (7-8): 675–705.
- Zhou, Lianxi, and Aiqi Wu. 2014. "Earliness of Internationalization and Performance Outcomes: Exploring the Moderating Effects of Venture Age and International Commitment." *Journal* of World Business 49 (1): 132–42.
- Zimmerman, Monica A., and Gerald J. Zeitz. 2002. "Beyond Survival: Achieving New Venture Growth by Building Legitimacy." *Academy of Management Review* 27 (3): 414–31. doi:10.5465/AMR.2002.7389921.
- Zott, Christoph, and Raphael Amit. 2007. "Business Model Design and the Performance of Entrepreneurial Firms." *Organization Science* 18 (2): 181–99. doi:10.1287/orsc.1060.0232.
 ——. 2008. "The Fit between Product Market Strategy and Business Model: Implications for

- Zott, Christoph, Raphael Amit, and Lorenzo Massa. 2011. "The Business Model: Recent Developments and Future Research." *Journal of Management*, May, 0149206311406265. doi:10.1177/0149206311406265.
- Zou, Huan, Xiaoyun Chen, and Pervez Ghauri. 2010. "Antecedents and Consequences of New Venture Growth Strategy: An Empirical Study in China." Asia Pacific Journal of Management 27 (3): 393–421.