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1 **Towards the standardization of brush border purification and intestinal alkaline phosphatase**
2 **quantification in fish with notes on other digestive enzymes**

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18 **Abstract**

19 Assessing the activity of digestive enzymes is a common procedure in many biological,
20 physiological and nutritional studies. After reviewing the available literature on fish digestive tract
21 maturation and enzymatic activity (pancreatic and intestinal enzymes) published between 1994 and
22 2017, authors detected some possible methodological and/or interpretative inconsistencies in this
23 kind of studies, and concluded that special attention should be paid on: *i*) the time of conservation
24 of frozen samples prior their analysis, *ii*) the proper purification of the brush border of enterocytes
25 by a double centrifugation step (Crane et al., 1979) when authors want to evaluate the activity of
26 intestinal brush border enzymes in order to avoid the overestimation, particularly of alkaline
27 phosphatase (AP), because it is present in other tissues; *iii*) the use of the proper reaction conditions
28 at the normal range of values in terms of ions, temperature and intestinal alkalinity for the species
29 of interest, and AP unit calculation. The implementation of these recommendations will promote
30 the standardization of actual analytical procedures, as well as improve the reliability of comparative
31 studies between different fish species or rearing procedures.

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33 *Keywords:* brush border; enterocytes; alkaline phosphatase; spectrophotometry;

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36 **1. The relevance of assessing the activity of digestive enzymes**

37 Assessing the activity of digestive enzymes is a common procedure in many biological,
38 physiological and nutritional studies. In particular, evaluating the activity of digestive enzymes in
39 nutritional studies is widely used when researchers aim to evaluate the digestive competence of a
40 fish throughout its ontogeny in order to adapt feeding and rearing protocols to its digestive
41 capacities (Lazo et al., 2011). These analyses are also commonly used for assessing the impact of a
42 certain type of diet or nutrient on the functionality and/or maturation of digestive organs

43 (Zambonino-Infante and Cahu, 2007). This is of special relevance since the main role of the
44 digestive system is to reduce food to very simple molecules (intestinal absorbable molecules) that
45 are transported across the intestinal epithelium into the blood (Rønnestad et al., 2013). Thus, the
46 rate of digestion in the digestive system limits the uptake of nutrients to the circulatory system and
47 can potentially limit the growth of the whole organism, which is of special importance during larval
48 development, when substantial changes in the structure, physiology, size, and body shape are
49 produced in fish (Pittman et al., 2013).

50 In addition, the assessment of digestive enzymes, mainly pancreatic (alkaline proteases,
51 lipase-like and carbohydrases), which are synthesized in the pancreas but act in the pyloric caeca
52 and intestinal region, as well as gastric enzymes like pepsin (acid protease), may be used in *in vitro*
53 digestibility studies in order to evaluate the capacity of fish to hydrolyse different feed ingredients
54 of a certain diet (Dimes and Haard, 1994). These approaches by pH-stat and pH-shift (Alarcón et
55 al., 2002) or the permeable membrane digestion cell system (Moyano et al., 2015) are considered
56 as the most useful method for understanding the digestibility of a diet or feed ingredient in fish, as
57 these kind of analyses provide a fast and low cost effective alternative to *in vivo* trials when a large
58 number of fish and methodological replicates are needed.

59 The last but not the least, digestive enzyme activities in fishes are indicative of their
60 feeding ecology and trophic niche in natural conditions, thus, correlating well with their diet
61 (Solovyev et al., 2014). Generally, herbivorous, omnivorous and detritivorous fishes may have
62 higher carbohydrase activity (*i.e.* α -amylase) in relation to carnivorous ones, which have higher
63 protease activity; thus, a higher carbohydrase/protease ratio has been proposed as a typical of
64 herbivorous species, whereas this ratio has lower values in carnivorous ones (Hidalgo et al., 1999;
65 Falcón-Hidalgo et al., 2011), even considering that animal nutritive polysaccharides (*i.e.* glycogen)
66 are also digested by carbohydrases. Assessing fish digestive activities by measuring the activity of
67 pancreatic digestive enzymes was also proposed by some authors as a good tool for discriminating
68 between generalistic and/or opportunistic feeding strategies (Horn et al., 2006; German et al.,
69 2009).

70 Assessing the activity of digestive enzymes are generally conducted by means of
71 spectrophotometric or fluorometric procedures, whereas some authors also use zymograms in
72 sodium dodecyl sulfate polyacrylamide gel electrophoresis (SDS-PAGE) for identifying and
73 qualitatively detect the presence of different types of enzymes or isoenzymes in crude extracts
74 (Santigosa et al., 2008; Falcón-Hidalgo et al., 2011). Spectrophotometric and fluorometric methods
75 for enzyme quantification are based on the incubation in a working solution (buffer) of a specific
76 substrate with an extract containing the enzyme or mixture of enzymes of interest that results in the
77 formation of the enzyme complex and the hydrolysis of the substrate. Substrate's hydrolysis is
78 dependent on enzyme activity and it is measured by changes in the absorbance or fluorescence of
79 the working solution (Bergmeyer, 2012). However, this review is not focussed on comparing both
80 procedures (spectrophotometry *vs* fluorimetry), since this issue has been already assessed and
81 review by previous authors (Rotllant et al., 2008).

82 Regardless of the particular and extensive use of these analytical procedures, the authors of
83 this contribution, while checking the available literature, have detected some common
84 inconsistencies in the preparation of enzymatic crude extracts, determination and/or description of
85 certain digestive enzyme activities, particularly alkaline phosphatase, that may affect the real
86 quantification and interpretation of the results derived from those studies. These issues will be
87 presented and recommendations provided.

88

89 **2. Optimal storage time of samples before enzyme activity analyses**

90 A potential underestimation when assessing the activity of digestive enzymes may be the long
91 storage of samples prior to their analysis, as well as their handling during bench work. In this sense,
92 very few studies provide detailed information about the time lapse between sample acquisition and
93 its processing, whereas this is of special relevance as it has been recently shown (Solovyev and
94 Gisbert, 2016). The former authors recommended to process samples for digestive enzyme analyses
95 as soon as possible, and do not conserve crude homogenates for assaying pancreatic (*e.g.* trypsin,

96 chymotrypsin, total alkaline proteases and α -amylase) and intestinal cytosolic (leucine-alanine
97 peptidase, LAP) enzymes for more than 140 – 270 days at -20 °C, since enzyme activity is
98 generally reduced by more than a half of its original activity (freshly prepared crude homogenate).
99 In addition, the former authors also reported a significant decrease in activity in the above-
100 mentioned enzymes after sample (crude homogenate) handling for 5 h on ice (0–4 °C). This loss of
101 enzyme activity may be explained by the fact that the crude extracts contain relatively high
102 amounts of different types of proteases that might lose their activity over time at low temperatures,
103 presumably due to their auto- and heterocatalytic proteolytic degradation, but also due to the fact
104 that these enzymes are still active even at low temperatures (-20 °C), so they can damage other
105 proteins, including enzymes, present in the crude homogenate. For instance, *in vitro* studies have
106 reported that AP exposed to trypsin (10% w/w) showed 20% loss of activity after 30 min (Roberts
107 and Chlebowski, 1984). On the contrary, purified enzymes demonstrate a great thermal stability at
108 different temperatures. In the case of intestinal brush border enzymes, the purification of brush
109 border (BB) membranes (Crane et al., 1979) allows removing another group of proteolytic enzymes
110 (cytosolic and pancreatic) that are contained in the homogenate and can potentially hydrolyse and
111 damage the BB enzymes (*i.e.*, alkaline phosphatase, maltase, aminopeptidase- N, among others).
112 Finally, freezing and thawing cycles also affected enzyme activity in crude homogenates; thus, the
113 activity of pancreatic enzymes decreases by a half after 1 to 2 freezing and thawing cycles, whereas
114 that of BB intestinal enzymes is more stable (activity does not decrease after 5 freezing and
115 thawing cycles). Considering the above-mentioned results, authors recommend including in each
116 published study the time elapsed between sample collection, crude homogenate preparation and
117 analysis, as well as reduce the bench-time of crude homogenates in ice (0–4 °C) during daily
118 operations, and aliquot crude homogenates after their preparation in order to avoid freezing and
119 thawing cycles that may damage enzyme activity. These aspects should be considered when
120 measuring other enzymes, whether they are digestive or not.

121 In addition to the above-mentioned factors, the potential impact on enzyme activities of
122 other factors related to sample collection, *e.g.* freezing conditions (liquid nitrogen vs ice), potential

123 interference with other body tissues or parts of the digestive tract (whole body vs dissected organs)
124 and/or faeces, should not be neglected, even though there is not available data on these issues.

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126

127 **3. Assessing the level of intestinal maturation: brush border purification and intestinal** 128 **alkaline phosphatase determination**

129 *3.1 Brush border purification from the intestinal mucosa*

130 The development of a full functional intestine implies different maturational and morphological
131 events that are very well preserved among vertebrates. In particular, the appearance of a functional
132 microvillus membrane in enterocytes constitutes a crucial step during larval development of fish
133 for the acquisition of an adult mode of digestion (Zambonino-Infante and Cahu, 2001). The
134 temporal coincidence between the rise of BB enzyme activities and the decline of cytosolic enzyme
135 activities reveals an ontogenic process and characterizes the normal maturation of the enterocytes
136 in developing fish larva. Thus, the activity of alkaline phosphatase (AP) from the intestine has been
137 generally considered as a marker of gut maturation when activity values of this BB enzyme are
138 reported as a ratio with the intestinal cytosolic enzyme LAP. Regardless of the popularity of this
139 assay and its general utilization, we have found that AP activity determination is not properly
140 conducted in a considerable number of studies. In this regard, authors decided to explore this issue
141 by means of a bibliographic search using the Web of Science Core Collection™
142 (www.webofknowledge.com; Thomson Reuters™). The following search chain “alkaline
143 phosphatase AND fish larvae” was selected to evaluate the methodology used for BB purification in
144 the literature, resulting in a total of 113 published articles from 1994 to 2017. After removing the
145 review-type articles, and those studies dealing with the quantification of AP by means of molecular
146 biology (quantitative PCR) or histochemical procedures, or assessing its activity in the serum of
147 fish (AP may be used as a biochemical marker for liver malfunction), authors used a final database

148 of 81 articles for their review (Supplementary file 1). These articles were inspected to identify
149 which methodology was used for preparing the BB crude extracts used for AP quantification.

150 Results indicated that the purification of BB membranes in samples from whole larvae or
151 dissected intestines (pool of individuals), that were posteriorly used for AP quantification, was
152 properly done in 41 of the 81 consulted studies (50.6%), whereas the others had some
153 methodological inconsistencies that did not allow the proper purification of BB membranes from
154 the intestinal mucosa. Unfortunately, some authors apparently do not properly purify the BB
155 membrane of enterocytes from the intestinal segment by at least a series of two centrifugation steps
156 as described by Crane et al. (1979). The above protocol is based on a two-step centrifugation
157 process, a first step at low RCF, *i.e.* 9,000 x *g* for 10 min at 4 °C centrifugation, that allows the
158 elimination of cell debris from tissue homogenates and AP originated from other tissues, followed
159 by a high RCF centrifugation step of the supernatant (*i.e.* >30,000 x *g* for 20-25 min at 4°C), in
160 order to precipitate the BB membrane of enterocytes. However, 49.4% of the published studies
161 used a protocol with just a single centrifugation step with centrifugation forces ranging from 5,000
162 to 16,000 x *g* for 5 to 10 min at 4 °C (Table 1). The main problem with the above-mentioned
163 approach is that BB membranes are not purified; then, AP could be from different origin, because it
164 is widely found in the organism; consequently, activity values of AP may be overestimated,
165 especially when analyses are conducted in whole specimens rather than in dissected guts. For
166 instance, there are at least three distinct forms of AP in humans (placental, intestinal, and
167 liver/bone/kidney) with specific patterns of tissue distribution, but not only restricted to the above-
168 mentioned tissues (Weiss et al., 1988); whereas liver and kidney AP isoenzymes in fish are
169 different from those from the intestine (Yora and Sakagishi, 1986). In addition, AP (specific or
170 non-specific AP) is commonly used as a marker of cell differentiation in *in vitro* and *in vivo* studies
171 in different tissues (Asakura et al., 2001; Goldsmith et al., 2002). According to Crane et al. (1979),
172 the AP specific activity (U/mg protein) of the purified BB extract has to be close to 10 times higher
173 than in whole intestine extract, an extract that is generally used for assessing the activity of
174 intestinal cytosolic enzymes or secreted pancreatic enzymes; thus, checking the efficiency of BB
175 purification is recommended.

176 In addition, the activity of any digestive enzyme, including AP, depends on the
177 concentration and the turnover number of the enzyme (the maximum number of chemical
178 conversions of substrate molecules per second that a single catalytic site will execute for a given
179 enzyme concentration) (Bergmeyer, 2012). Thus, the different isoenzymes of AP obtained from
180 different tissues may have different turnover rates; thus, hydrolysing the substrate at different rates,
181 resulting in different activities per mol of enzyme and, which do alter the activity of AP in an
182 unpredictable way. The same may be postulated for different fish species or stages of development,
183 so this fact should be also taken into account when comparing the same species at different
184 ontogenetic stages, because the isoenzyme' profile of the organism may also change, and different
185 isoforms may also have different activity features like different *K_m*, optimal salt concentration
186 (NaCl), pH, temperature, divalent ions requirements, etc.

187 In conclusion, considering that the gut is not the main tissue in mass in the developing
188 organism, the participation of AP from other developing tissues like bones, liver, kidney, cartilage,
189 musculature or the nervous system do overestimate the real activity of AP from enterocytes (Yora
190 and Sakagishi, 1986; Matusiewicz and Dabrowski, 1996; Shioi et al., 2002; Grotmol et al., 2005),
191 and consequently, affecting the reliability of the AP/LAP ratio and its proper interpretation. Thus, it
192 is strongly recommended to purify the BB of enterocytes from the intestinal mucosa according to
193 the method described by Crane et al. (1979) when enzymes like AP, maltase or aminopeptidase-N
194 want to be analysed in this intestinal cell compartment. It should be also considered that when fish
195 larvae are too small to be dissected in order to remove the intestine from the whole specimen, BB
196 purification is conducted from a pool of whole specimens.

197 Considering the above-mentioned results, authors recommend the following protocol
198 described in Figure 1 for proper BB purification from enterocytes. However, the use of
199 dithiothreitol (DTT) for preserving frozen BB enzymes (Solovyev and Gisbert, 2016) should be
200 avoided, because of the inhibitor effect of DTT as a reducing agent on the activity of enzymes,
201 including AP (Smith et al., 1996; Williams et al., 1999, Rong-Quim et al., 2000; Zappa et al.,

202 2001). Thus, as Crane et al. (1979) reported, purified BB membranes should be conserved in the
203 same buffer used for tissue homogenization (Figure 1).

204

205 3.2 Determination of alkaline phosphatase activity

206 Authors have also revised the methodology for digestive AP quantification reported in the
207 literature. In particular, the methods applied to quantify intestinal AP activity were revised in the
208 81 studies retrieved from the bibliographic (Table 2). The most common protocol for assessing the
209 activity of intestinal AP in fish (63.0% of the studies) is the one proposed by Bessey et al. (1946),
210 whereas 16.1% of authors used available commercial kits (*e.g.* Thermo Electron ALP Kit - Thermo
211 Fisher Scientific, AP kit Sigma-Aldrich, AKP kit, Jiancheng, China). Other methodologies have
212 been also used, but less frequently ($\leq 5\%$) as shown in Table 2. Regardless of the method used,
213 authors found some relevant inaccuracies in AP determination that need to be addressed.

214 Firstly, there is a great variability in the reaction buffers used by different authors as shown
215 in Table 3 (commercial kits used for analysing the activity of AP were not considered). Thus,
216 64.2% of the studies used sodium carbonate (pH = 9.8-10.8), 7.4% glycine-NaOH (pH = 10.1-
217 10.4), 3.7% diethanolamine (pH = 9.8) and 9.9% ammonium bicarbonate (pH = 7.8), magnesium
218 acetate (pH value not indicated), borate (pH = 8.0), ringer solution (pH = 7.4) and/or distilled and
219 seawater as reaction buffers for AP determination. The above-mentioned buffers may be
220 considered adequate according to the working pH; however, the pH used to measure AP activity
221 was not justified in many cases. It is obvious that pH affects the activity of AP, which must be
222 measured under alkaline conditions typical of enterocytes; however, it seems doubtful that this cell
223 membrane-bound enzyme that is in contact with the intestinal lumen reached high alkaline pH (pH
224 > 9.0) values under normal conditions (Rønnestad and Morais, 2008; Solovyev et al., 2017). Thus,
225 AP activity measured under highly alkaline conditions might not reflect the real activity of this
226 brush border enzyme. Thus, it is advisable to measure AP at pH values of 8.0-8.6, *i.e.* using a
227 TRIS-HCl, 50 mM buffer (McComb et al., 1979; Hethey et al., 2002).

228 Not only the reaction buffer used for AP determination showed some differences between
229 studies, the inclusion of different divalent ions (*i.e.* magnesium, zinc) and chelating agents (*i.e.*
230 EDTA or HEDTA) at different levels varied depending on the study considered. For instance,
231 81.2% of the studies (excluding commercial kits) used Mg^{2+} in the reaction mixture (*i.e.*, $MgCl_2$
232 used at concentrations ranging from 0.05 to 100 mM); whereas 2.9% of the works used magnesium
233 acetate ($Mg(CH_3COO)_2$) at concentrations ranging from 3 to 2,000 μM (Table 3). In contrast,
234 18.8% of the studies did not use magnesium in the reaction mixture or did not indicate whether or
235 not authors used it. Regarding the inclusion of Zn^{2+} in the reaction mixture, only 1.7% of the
236 studies included it (Table 3). Thus, regardless of the use of divalent ions as potential activators of
237 AP, it is recommended to first evaluate if there actually exists this dependence and in case of an
238 affirmative answer, then test at which concentration divalent ions are required. Whenever it is
239 possible, the optimal physiological concentration of zinc in the mixture should also be considered.
240 Regarding the use of chelating agents, only 1.7% of the revised studies included them, whereas the
241 rest of the studies did not use them or informed whether they used them or not. The use of chelating
242 agents is questionable, since they are normally included, according to the authors, to protect the
243 enzyme from potential toxic ions. However, if what is desired is to measure the AP activity in a
244 sample, this needs to be measured with the ions that the sample (crude enzyme homogenate)
245 contains allowing to evaluate the impact of experimental conditions on AP activity. In addition, if
246 magnesium ions are included, adding chelating agents (even at the same concentration that of the
247 divalent ion) is contradictory, since at least a significant part of the magnesium ions will be
248 chelated and will not be available in the reaction mixture for “activating” AP.

249 There also existed a remarkable variability in the temperature at which AP was determined
250 among the consulted studies (Table 3). In particular, 1.4% of the studies evaluated AP activity at
251 20 °C, 5.8% at 25 °C, 3.0% at 30 °C, and 71.0% at 37 °C, whereas 18.8% of the studies did not
252 indicate the reaction temperature at which their AP measurements were performed. This analysis
253 indicates that most of the assays for measuring AP activity were conducted following protocols
254 developed for homoeothermic organisms with body temperatures ranging from 37 to 38 °C, a range
255 of temperatures really unusual for fish. Therefore, it is strongly recommended that the activity of

256 AP, and other enzymes, should be determined not even at the optimum temperature determined by
257 *in vitro* studies, but at the physiological temperature in which the fish develops according to its
258 temperature *preferendum*. A temperature of 25 °C in the reaction mixture may be the most
259 appropriate for most fish species inhabiting temperate waters.

260 Finally, differences in the wavelength (λ) used to measure the absorbance of released p-
261 nitrophenol (pNP) from p-nitrophenyl phosphate (pNPP) substrate were also detected among
262 studies (Table 3). Thus, among the studies that presented data on the wavelength at which AP was
263 measured (excluding studies using commercial kits), 15.9% of them measured changes in
264 absorbance at $\lambda = 405$ nm, 37.7% at $\lambda = 407$ nm, 1.5% at $\lambda = 410$ nm and 1.5% at $\lambda = 420$ nm,
265 whereas in 29.0% of the examined cases do not specifically indicate the wavelength used ($\lambda = 400$ -
266 420 nm) and just referred to the original protocol (Bessey et al., 1946). In this sense, the former
267 authors just recommended a range of wavelengths at which AP might be measured ($\lambda = 400$ -420
268 nm). Considering that the absorbance of pNP is affected by the wavelength, it is recommended to
269 use a wavelength of 405 nm as Walter and Schutt (1974) pointed out. In addition, different studies
270 used different molar extinction coefficients for pNP: 6.7% used 18,300/M/cm ($\lambda = 407$ nm), 5.3%
271 used 18,500/M/cm ($\lambda = 405$ nm) and 1.3% used 18,800/M/cm ($\lambda = 405$ nm), whereas the remainder
272 studies (86.7%) used a standard curve. However, the use of a standard pNP curve is indicated in the
273 text only in 19% of the cases, whereas it is assumed that authors used a standard curve according to
274 the cited reference in the rest of the studies. As the molar extinction coefficient used to measure the
275 released pNP by the hydrolysis of the substrate by AP affects the calculation of the enzyme units; it
276 is advisable to use a molar extinction coefficient of 18,000/M/cm. In addition, it is strongly
277 recommended, when using any molar extinction coefficients, that authors indicate that they have
278 adjusted the absorbance at 1cm of light path. However, in order to eliminate potential errors related
279 to avoiding the use of the path length of the sample for proper calculation of the molar extinction
280 coefficient, it is advisable to construct a standard curve for pNP ($\lambda = 405$ nm vs μ moles of pNP in
281 the reaction mixture) at the same experimental conditions at which AP activity will be measured,
282 and also the use of the international enzyme unit definition for AP activity (1 AP Unit = μ mol of
283 pNP released per min). Considering the above-mentioned results, authors recommend to determine

284 AP in fish by means of a microplate kinetic method ($\lambda = 405$ nm, readings every 30 seconds during
285 3-5 min) at 25 °C, using p-nitrophenyl phosphate substrate (1 mM), Tris-HCl buffer (50 mM, pH
286 8), with and without the presence of divalent ions (10 mM) in order to determine their requirement,
287 and using a p-NP standard curve.

288

289 **4. Scaling fish larvae development: the use of proper developmental units for comparative** 290 **purposes**

291 The activity of the digestive enzymes during the initial stages of development is affected by a
292 number of different factors, and their levels are closely related to the state of maturation of the
293 secreting digestive tissues, which show important variations with species, water temperature and
294 rearing conditions (Lazo et al., 2011). However, many authors when describing the ontogeny of the
295 digestive function in fish larvae present and compare their data, expressed in total or specific
296 enzyme activities, with that available in the literature using chronological units like days post-
297 hatching (dph) or days after fertilization (daf). However, even though this approach may be
298 informative from a zootechnical point of view (*i.e.*, age at which a certain type of live prey or diet
299 should be introduced in rearing tanks), it is not very accurate with regard to its use in
300 developmental, physiological and/or nutritional studies. The development of fish, as poikilothermic
301 organisms, depends on water temperature, so using chronological units is not really accurate when
302 comparing fish reared at different water temperatures; this is especially evident when authors
303 compare data on digestive enzyme activities (*i.e.* changes and/or peaks in activity) (Lazo et al.,
304 2011) or anatomical features (Parichy et al., 2009) from fish larvae reared at different temperatures
305 (cold *vs* temperate or warm waters). As an example, fish with a same chronological age may be
306 substantially different in terms of their morphological and functional development of their digestive
307 system (pancreas and stomach development and intestinal maturation), and by extension in terms of
308 the development of the other body systems, when reared in cold (*i.e.* cod *Gadus morhua* at 6 °C;
309 Kvåle et al., 2007) or warm waters (*i.e.* common dentex *Dentex dentex* at 19 °C; Gisbert et al.,
310 2009). Similarly, taking into account that temperature also affects the general level of fish

311 metabolism, that is to say that at high temperatures the digestion process will be accelerated when
312 compared to fish reared at low temperatures; thus, the peak of enzyme activity will be different in
313 fish reared at different temperatures but sampled at the same time. In addition, the time of the day
314 for sampling must be considered in order to avoid the potential effect of the circadian rhythm on
315 digestive enzyme activities (Montoya et al., 2010).

316 However, temperature is not the only parameter affecting fish larval development, other
317 factors like egg size (Gisbert et al., 1999), feeding protocols (Zouiten et al., 2011), diet quality
318 (Cahu et al., 2004) among others may also affect fish larval development; thus, fish with the same
319 age but reared under different biotic and/or abiotic conditions may be substantially different from
320 another one, which supports the need of avoiding using chronological units for comparative
321 purposes related to fish larval development. For instance, it has been recently evidenced in *A.*
322 *regius* regardless of the rearing conditions (*e.g.* mesocosm, intensive production, larval density,
323 water temperature and/or feeding sequence), the functional development of the digestive system
324 assessed by the activity of alkaline and acid proteases was a well-conserved process that generally
325 occurred within the same range of body sizes independently of larval age (Solovyev et al., 2016).
326 Consequently, authors recommend to scale fish larval development using thermal units
327 (temperature degree days), and complement this information with data on larval size (standard or
328 total length) for each age considered and/or the stage of development by using externally visible
329 anatomical features of the specimen.

330

331 **5. Conclusions**

332 The friendly use of protocols for assessing the activity of digestive enzymes has led to its
333 generalized use in many areas of fish biology; however, this has resulted in some methodological
334 and/or interpretative inconsistencies that this contribution aimed to address in order to improve the
335 reliability of data presented and discussed in future studies in this field. Thus, special attention
336 should be paid on: *i*) the time of conservation of frozen samples prior their analysis, *ii*) the proper

337 purification of the brush border of enterocytes by a double centrifugation step (Crane et al., 1979)
338 when authors want to evaluate the activity of intestinal BB enzymes in order to avoid the
339 overestimation of this enzyme present in other tissues; *iii*) the use of the proper reaction conditions
340 at the normal range of values in terms of ions, temperature and intestinal alkalinity for the species
341 of interest, and AP unit calculation. The implementation of these recommendations will promote
342 the standardization of actual analytical procedures, as well as improve the reliability of comparative
343 studies between different fish species or rearing procedures.

344

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351

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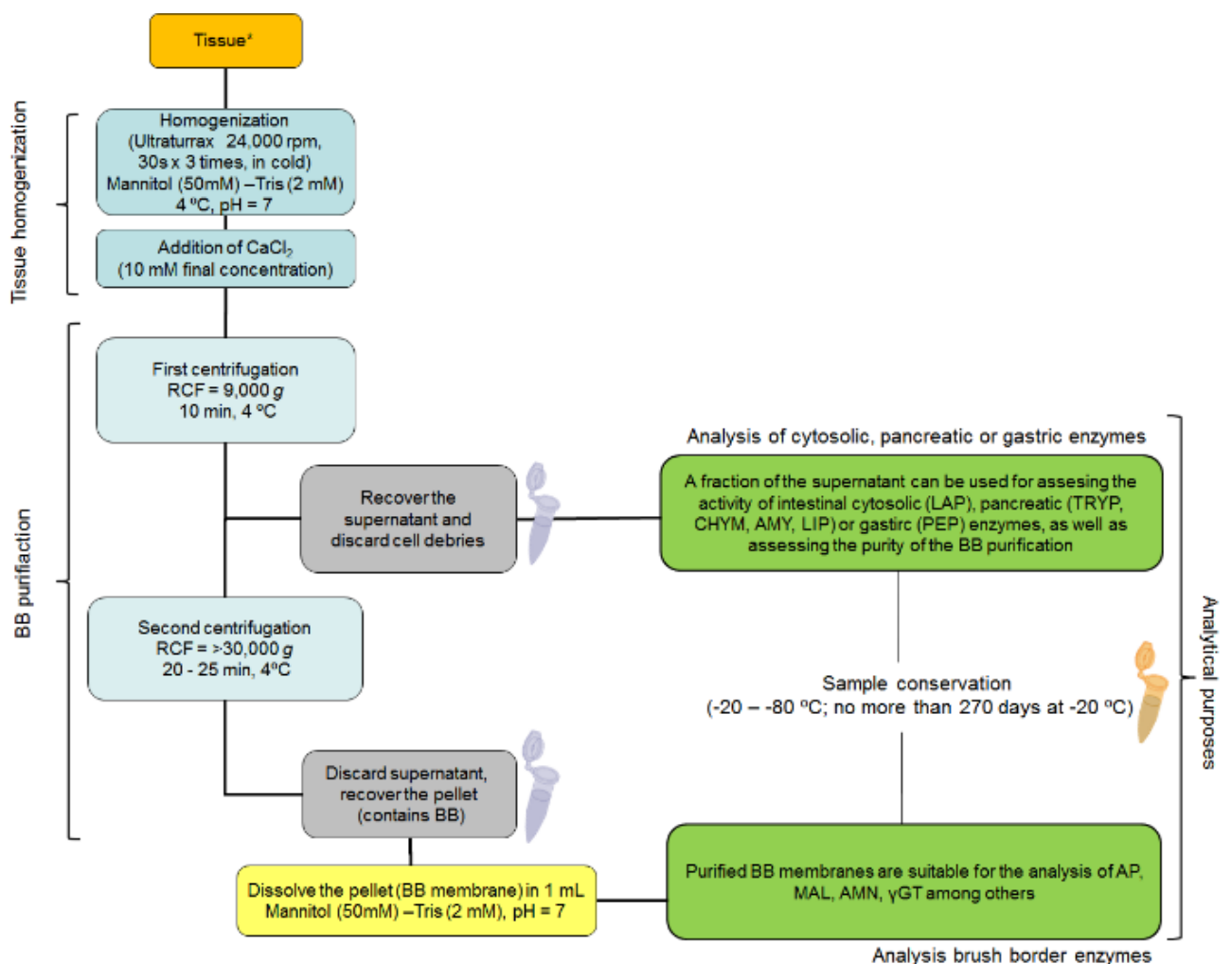
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Figure caption

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484 Figure 1. Recommended protocol for brush border purification from biological samples (modified
485 from Crane et al., 1979). The quantity of tissue for this process (*) depends on the sample (150-200
486 mg of dissected intestinal tissue; 500-1000 mg of whole specimens). Abbreviations: LAP, leucine-
487 alanine peptidase; TRYP, trypsin; CHYM, chymotrypsin; AMY, amylase; LIP, lipase; BB, brush
488 border; AP, alkaline phosphatase; MAL, maltase; AMN, aminopeptidase-N; γ GT, γ -glutamyl
489 transferase.



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