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1 Detection and identification of five common internal grain insect pests by multiplex

2 **PCR**

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7

8 Abstract

9 Consumer demands for better quality food have led to research on new tools aimed at 10 early detection of insect pests in agro food industries. In these industries, internal grain 11 feeders are the most concerning pests because of being the first colonizers of stored grain 12 and transmitting harmful micro-organisms, such as fungi and bacteria, which affect both 13 food quality and human health. The immature stages of these cosmopolitan pests develop 14 and feed inside the grain kernels, easily evading visual analysis in food industries. To 15 avoid the consequent underestimation of contamination by internal pest species, a 16 multiplex PCR approach for the detection and identification of the five most concerning 17 primary pests that develop and feed hidden inside the grain kernels (Rhyzopertha 18 dominica, Sitophilus granarius, S. oryzae, S. zeamais and Sitotroga cerealella) has been 19 developed. Results have demonstrated that the designed protocol can be used for the 20 diagnosis of grain contamination with high sensitivity (0.1 pupa/kilo of rice, except for 21 R. dominica 10 pupae/kilo). This tool proved to be specific when 46 other species 22 potentially present in grain commodities were tested, and to detect all developmental 23 stages of *S. zeamais* in different kinds of grain (barley, maize, oat, spelt, rice and wheat) and pasta (macaroni). Detection was even possible when grain was treated with CO₂. 24

Finally, in order to confirm its applicability in food industries, this method has also been tested in real commercial grain samples from a pasta mill. The multiplex PCR method presented here could be of great help when making commercial decisions aimed at satisfying the current market demands.

Keywords: insect pests, internal feeders, grain cereals, detection, identification,
multiplex PCR.

32 1. Introduction

Cereal grain, either as raw or processed material, constitutes 80% of consumed food (Pimentel et al., 1997). Unfortunately, since the routine procedures before food consumption harbor several pest species, the safety and security of this food are susceptible to being affected when grain is stored, transported and processed (Hagstrum, Reed, & Kenkel, 1999; Nopsa et al., 2015; Stejskal, Hubert, Aulicky, & Kucerova, 2015). Phillips and Throne (2010) estimated post-harvest losses due to stored-product insects of between 9% and 20% or more in developed and developing countries, respectively.

40 Among insect pests, internal feeders, which are primary pest species that develop 41 and feed inside the grain kernels, have generally been regarded as the most damaging 42 pests of stored cereals (Toews, Campbell, Arthur, & Ramaswamy, 2006). These species 43 not only consume large quantities of grain, but are hidden inside the grain kernels during 44 their preimaginal development. Furthermore, these insects facilitate grain contamination 45 by secondary pests, which might increase the damage to the food by depositing faeces 46 and cast skins. This all causes localized increases in heat and moisture that might lead to 47 accelerated mold growth and mycotoxin production threatening the grain quality and human health (Beti, Phillips, & Smalley, 1995; Phillips & Throne, 2010; Shah & Khan, 48 49 2014).

Because these internal feeders are not easily detected and removed during routine
cleaning or processing practices, a situation where contamination is underestimated can
often occur (Perez-Mendoza, Throne, Maghirang, Dowell, & Baker, 2005; Toews,
Campbell, Arthur, & Ramaswamy, 2006). Hence, Storey, Sauer, Ecker, & Fulk (1982)
reported that 12% of wheat samples from export loads contained hidden internal insects
in the United States. Consequently, it is not surprising that primary pests are mainly
present in filth contamination of finished cereal products (Trematerra, Stejskal, & Hubert,

2011). The most concerning internal feeders in grain worldwide are the following five 57 58 species: *Rhyzopertha dominica* (F.) (Coleoptera: Bostrichidae); three species of the genus 59 Sitophilus (S. granarius (L.), S. oryzae (L.) and S. zeamais (Motschulsky) (Coleoptera: 60 Curculionidae)) and Sitotroga cerealella (Olivier) (Lepidoptera: Gelechiidae) (Castañé & Riudavets, 2015; Toews et al., 2007; Trematerra, Ianiro, Athanassiou, & Kavallieratos, 61 62 2015). Also, Prostephanus truncatus (Horn) (Coleoptera: Bostrichidae), which is an 63 important internal feeder of stored maize and cassava, has also become a serious pest in 64 tropical and subtropical areas (CABI, 2017).

The increased consumer concerns about food safety and wholesomeness have 65 66 produced a general trend toward a decrease in tolerance of live insects in food (Hagstrum, 67 Reed, & Kenkel, 1999; Trematerra, 2013). This situation has brought changes in grain standards in terms of food quality, which has emphasized the need for regulative 68 69 approaches in the commercial sequence from the growers to consumers, driving market 70 changes, politically and industrially (FDA, 1997; Stejskal, Aulicky, & Kucerova, 2014). 71 For example, domestic flour millers generally report zero tolerance for live insects, while 72 the national agency in charge of food safety in the US, the Food & Drug Administration 73 (FDA), has produced administrative guidelines that set maximum levels for natural or 74 unavoidable defects in food for humans (FDA, 1997). Because failure to control insect 75 infestations when they initially occur in storage (or in the field) can lead to extensive 76 contamination of the stored grain that could affect food security (Nopsa et al., 2015), the 77 importance of establishing strategies for early diagnosis of insect contamination is evident. 78

With the purpose of detecting insect contamination, hazard analyses are routinely
conducted in grain industries. At the moment, grain is inspected with sieves and all sorts
of methods to crack kernels for the identification of insect adults, damaged kernels or

insect fragments. However, when those visual methods are used alone, internal
infestations are not evident (Brader et al., 2002; Hubert, Nesvorna, & Stejskal, 2009).
Additionally, insect fragments produced are not equivalent at each development stage of
the pest (immature stages and eggs have low to no chitin content, respectively),
highlighting the need for other analysis approaches (Brabec, Pearson, Flinn, & Katzke
2010; Perez-Mendoza, Throne, Maghirang, Dowell, & Baker, 2005).

88 Nowadays, there is a panoply of techniques available for insect detection (Hagstrum & Subramanyam, 2014; Neethirajan, Jayas, & White, 2007; Parkin, 1956; 89 90 Phillips & Throne, 2010; Trematerra, 2013). Unfortunately, although acoustic emissions, 91 ELISA, NIR and X-ray are diagnostic techniques that are capable of detecting hidden 92 infestations (Chen & Kitto, 1993; Fleurat-Lessard, Tomasini, Kostine, & Fuzeau, 2006; 93 Fornal et al., 2007; Maghirang et al., 2003; Perez-Mendoza, Throne, Maghirang, Dowell, 94 & Baker, 2005), they also present some limitations. Among their main drawbacks, some 95 of these approaches do not accomplish the cost-time compromise, while others are less 96 sensitive to low population densities (Neethirajan, Jayas, & White, 2007; Nowaczyk et 97 al., 2009).

98 In recent years, the application of molecular techniques has gained importance in 99 food diagnostics because of their simplicity, speediness and specificity (Obrepalska-100 Steplowska, Nowaczyk, Holysz, Gawlak, & Nawrot, 2008; Solà, Lundgren, Agusti, & 101 Riudavets, 2017). DNA-based approaches such as PCR have become relevant for the 102 analysis of genetically modified organisms (GMOs) in food (Ciabatti, Froiio, Gatto, 103 Amaddeo, & Marchesi, 2006; Datukishvili, Kutateladze, Gabriadze, Bitskinashvili, & 104 Vishnepolsky, 2015), as well as for identifying insect species (Barcenas, Unruh, & 105 Neven, 2005; Zhang et al., 2016), providing an excellent method for both adult and 106 immature forms even for sibling species (Correa, de Oliveira, Braga, & Guedes, 2013; Hidayat, Phillips, & FrenchConstant, 1996; Peng, Lin, Chen, & Wang, 2002). Among
PCR approaches, the multiplex is the most suitable technique for screening multiple
species because it is able to simultaneously identify all species present in a sample within
a single PCR reaction (King et al. 2011; Solà, Agusti, & Riudavets, 2015). It also offers
simplicity of execution, a reduction of carryover errors and time saving, compared to the
traditional singleplex PCR (Bai et al., 2009).

113 A multiplex PCR approach was here developed and described as a reliable 114 molecular method for routine detection and identification of the five main internal feeders 115 in grain samples, namely: the lesser grain borer (R. dominica), the three grain weevils 116 species (S. granarius, S. oryzae, and S. zeamais) and the Angoumois grain moth (S. 117 cerealella). One major consideration was to perform a large specificity test covering a 118 wide range of species potentially present in stored grain facilities. The sensitivity of this 119 protocol has been determined taking into consideration all developmental stages of the 120 insect pests (egg to adult), the post-mortem time, different grain types and the potential 121 of a grain treatment with modified atmospheres. Finally, some real commercial samples 122 have been analyzed using the developed method.

123 2. Material and methods

124 2.1. Biological material

Five target pest species (*R. dominica, S. granarius, S. oryzae, S. zeamais* and *S. cerealella*) were maintained in laboratory cultures at IRTA (Barcelona, Spain). Coleopteran species were grown on organic rice (Eco-Salim, Maquefa, Spain), while the lepidoptera species was reared on maize (Crit d'or, Granollers, Spain). All insect cultures were maintained in climatic chambers at 28 °C, 70% RH, and 16L: 8D. Forty-six species were tested in the specificity test of the designed primers. The specimens of these non-target species were found in alimentary factory surveys since 132 1997 or came from laboratory colonies (Table 1). Identification of all species was performed using morphological keys before storing the specimens in alcohol 96° or frozen 134 at -20 °C until DNA extraction.

135 The following insect-free grain and pasta were also tested for the characterization 136 of the protocol: brown rice and wheat (Eco-Salim, Maquefa, Spain), maize (Crit d'or, 137 Granollers, Spain), spelt (Biogrà, Polinyà, Spain), barley and oat (Celnat, Saint-Germain-138 Laprade, France) and macaroni pasta (Castagno Bruno, Giaveno TO, Italy). In order to 139 ensure that the food samples used in the analyses were insect-free, a sample of 125 g of 140 each grain and pasta was maintained at 28 °C, and 70% RH for three months and checked 141 for insect adult presence by sieving it with a 2 mm mesh. Also, for the same purpose, 142 three samples of 5 g of each grain type and pasta were first ground with a laboratory 143 grinder (Laboratory Mill 3303, Perten Instruments, Hägersten, Sweden) to be then 144 analyzed for insect presence with the multiplex PCR described below.

145 2.2. DNA extraction and multiplex PCR

146 Two different DNA extraction protocols were performed: one for the insect DNA 147 extraction and another for the grain (infested or not). Insect DNA was extracted from 148 whole individuals using a SpeedTools Tissue DNA extraction kit (Biotools, Madrid, 149 Spain) and eluted in 100 µl of AE buffer. In addition, 5 g (or 10 g in the case of the 150 sensitivity test) of homogenized infested grain and pasta DNA was extracted with the 151 Extragen Alimentos extraction kit (Sistemas Genómicos, Valencia, Spain) following the 152 manufacturer's instructions and eluted in 1 ml of purified water. One negative control 153 was included in each DNA extraction group. DNA was stored at -20 °C until PCR.

154 Multiplex PCR reaction volumes (10 µl) contained 5 µl of 2x Multiplex PCR 155 Master Mix (Qiagen), 2 µl of primer mix, 2 µl of DNA template, 1 µl of purified water 156 and 0.05 µl of BSA [100 mg/ml]. Primer concentrations in the primer mix were different 157 depending on the species (see Table 2). Samples were amplified in a 2720 thermal cycler 158 (Applied Biosystems, CA, USA) for 35 cycles at 94 °C for 30 s, 60 °C for 90 s and 72 °C 159 for 60 s. An initial denaturation step was carried out at 95 °C for 15 min and a final 160 extension step was performed at 72 °C for 10 min. Targeted DNA and water were always 161 included as positive and negative control in the PCR, respectively. Obtained PCR 162 products were run by electrophoresis in 1.5% agarose gel stained with ethidium bromide 163 and visualized under UV light.

164 2.3. Primer design and specificity

165 Four pairs of species-specific primers were designed to target the mitochondrial 166 cytochrome oxidase I (COI) region of the three Sitophilus species (S. granarius, S. oryzae 167 and S. zeamais) and the moth S. cerealella. For that purpose, we first searched all the 168 sequences present in the GenBank for each target species. When more than one sequence 169 was found, they were aligned with ClustalW2 (www.ebi.ac.uk/Tools/msa/clustalw2). 170 Since all sequences showed a 100% of homology, we chose the largest one. Sequences 171 selected for primers design of the four target species corresponded to the accession 172 numbers: DQ200131, AY131101, AY131099 and AY131100 for S. cerealella, S. 173 granarius, S. oryzae and S. zeamais, respectively. These sequences, together with the one 174 of R. dominica (JQ989165) were aligned and compared for non-conserved regions. In the 175 case of R. dominica, a previously developed pair of primers (RdF1/RdR1), which 176 amplified a fragment of 286 bp, was used (Solà, Lundgren, Agusti, & Riudavets, 2017).

177 Specificity was assessed by testing at least 10 individuals of each target species 178 from our laboratory rearings. In order to confirm the detection of other populations of the 179 target species, additional analysis of individuals (n=3) from other origins were also 180 performed. Populations tested were: three of R. dominica (one from Portugal, one from 181 Rumania and one from Turkey); and four of S. oryzae (one from Andalusia (Spain), one 182 from Portugal, one from France and one from Greece). Also, three individuals from the 183 other 46 non-target species, except two individuals in two of them and one individual in 184 one of them were tested (Table 1). To ensure the presence of DNA in those samples that 185 gave a negative result, they were also amplified using universal primers as a positive 186 control. The following universal pairs of primers were used depending on the species (see 187 Table 1): ZBJ-ArtF1C/ZBJ-ArtR2C (Zeale, Butlin, Barker, Lees, & Jones, 2011), Uni-188 MinibarF1/Uni-MinibarR1 (Meusnier et al., 2008) or LCO1490/HCO2198 (Folmer, 189 Black, Hoeh, Lutz, & Vrijenhoek, 1994). The DNA was amplified following the protocols 190 described in those studies. If the expected fragment obtained using these universal pair of 191 primers was not amplified, the specimen was not considered in the specificity analysis. 192 The designed primers sequences were also compared by performing a BLAST 193 (www.blast.ncbi.nlm.nih.gov/Blast.cgi) in order to find potential cross-reactions with 194 other species.

195 2.4. Characterization of the multiplex PCR: sensitivity, post-mortem detection, detection 196 in different grains and in treated grain

197 To characterize the multiplex PCR method developed here, four tests were 198 conducted: determination of the sensitivity threshold, determination of the post-mortem 199 detection period, detection of larvae in different grains, and analysis of treated and 200 untreated rice using *S. zeamais* eggs. In all experiments, insects were maintained in 201 climatic chambers at 28 °C, 70% RH and 16L: 8D. Three replicates consisting of three independent DNA extractions were tested in all experiments and each independent DNA
extraction was tested up to three times, being considered positive if at least one of them
was positive. In the sensitivity test, only one DNA extraction was conducted, which was
also tested three times.

206 The sensitivity threshold of the multiplex PCR developed here was determined by 207 performing artificial infestations with the equivalent of 100, 10, 1 and 0.1 pupae/kg of 208 rice. For that purpose, 20 g of rice infested with two pupae of each species was ground 209 and used as a base for preparing all the insect infestation doses. The highest infestation 210 dose tested (100 pupae/kg of rice) corresponded to a subsample of 10 g of this infested 211 and ground grain. The remaining insect doses were obtained through serial mixtures of 212 90 g of ground insect-free rice homogenized with 10 g of ground infested grain from the 213 preceding infestation dose. Therefore, the highest infestation dose corresponded to a 214 sample of 10 g of infested grain, while the rest consisted in subsamples of 10 g extracted 215 from 100 g of infested grain.

In order to determine the post-mortem detection period, five adults (one of each target species) killed by freezing at -80 °C for 20 minutes were maintained for different periods in small vials with some rice at 28 °C, 70% RH and 16L: 8D to allow DNA degradation. After, 0, 30, 90, 150, 365, 548 and 760 days, insects were frozen at -20 °C until DNA extraction to stop their degradation.

Insect detection in different kinds of grain was tested by conducting artificial infestations of *S. zeamais* adults in six different grains: barley, maize, oat, spelt, rice and wheat, as well as in pasta (macaroni). For that purpose, 250 g of organic cereal or pasta was infested with 10 adults of *S. zeamais* and maintained for 15 days in the climatic chamber in the same conditions described above. Then, grain was sieved with a 2 mm

226 mesh to collect the adults and divided into two portions of 125 g; one was ground and 227 frozen for molecular analysis, while the other one was maintained in the climatic chamber 228 (same conditions) for 40 days. The *S. zeamais* adults that emerged from the second 229 portion of grain were counted after sieving as a way to estimate the number of hidden 230 larvae present in the first portion used for molecular analysis.

231 In order to determine whether the developed multiplex PCR was able to detect S. 232 zeamais eggs in treated, as well as in untreated, grain, 1.5 kg of brown rice was infested 233 with 10 S. zeamais adults. One week later, the infested rice was sieved to eliminate the 234 introduced adults and divided into three equal parts. Two portions were treated with a 235 modified atmosphere of 90% CO₂ for 12 days before grinding. This CO₂ dose is known 236 to be efficient for killing eggs of these species (Riudavets, Castañé, Alomar, Pons, & 237 Gabarra, 2009). The third portion remained untreated. This one and one of the previously 238 treated portions were ground and frozen at -20 °C until DNA extraction. The other treated 239 portion was maintained for 40 days under the same controlled conditions as above to 240 check for the presence of adults.

241

1 2.5. Analysis of commercial samples

242 Some commercial grain samples from a real Spanish industry were analyzed for 243 the presence of the five target species using the developed multiplex PCR method. These 244 grain samples came from the routine procedure of this industry when new grain arrives 245 from the field to be processed. This procedure consists in taking a portion of 1 kg of grain 246 and sieving it to check for insect presence. Then, the same 1 kg of grain samples were 247 sent to our laboratory for further analyses. Once in the laboratory, all samples were first 248 sieved with a 2 mm mesh and the obtained insects were counted and identified. Then, 249 each sample was divided into two equal portions of 500 g; one was ground and frozen at 250 -20 °C for molecular analysis, while the other one was maintained for at least 40 days in 251 the climatic chamber (same conditions as above) to check for adult insect presence after this period of time. Five commercial samples originally from France (one from 20th May 252 2015, another one from 29th May 2015, two from different silos from 14th March 2016 253 254 and one from 31st May 2016) were analyzed in total. Three replicates consisting of three 255 independent subsamples of 5 g were analyzed by multiplex PCR per each of the samples received, except for one of the samples from 14th March 2016, where only 2 multiplex 256 257 PCR where carried out. Each sample was considered positive when at least one out of 258 three of these subsamples was positive for insect presence.

259 2.6. Data analysis

260 DNA amplification observed in the agarose gels was scored as 1 or 0 according to 261 the presence or absence of the expected band, respectively. Then, the frequency of the 262 positive amplification was calculated. For the sensitivity test and the analysis of post-263 mortem detection, a logistic regression to the data was performed with JMP® (Version 264 8.0.1). In the sensitivity test, pest species and infestation dose were used as sources of 265 variation, while in the post-mortem analysis, time and species were the selected factors. 266 The relationship between the results obtained by sieving and by multiplex PCR to 267 diagnose insect presence in commercial samples was studied with a Pearson's correlation 268 using SigmaPlot (Systat Software, San Jose, CA).

269 **3. Results**

270 *3.1. Primer specificity*

The multiplex PCR developed here using the five species-specific primer pairs successfully amplified the expected amplicons (Fig. 1) when our laboratory rearing specimens were tested. In the case of *S. oryzae*, some specimens amplified two bands, the expected one of 213 bp and a faint one smaller than 151 bp. Nevertheless, the
amplification of all *S. oryzae* specimens tested led to the same pattern and did not interfere
with the identification of the other four target species. When specimens of *S. oryzae* and *R. dominica* from other origins (different populations) were tested, all of them were also
amplified.

279 When the other 46 insect species were tested with the designed multiplex PCR, 280 only the five target species showed the expected band, proving a high specificity for the 281 five target species (Table 1). It is a major consideration that when those 46 species that 282 gave a negative amplification with the designed protocol were tested using insect 283 universal primers, they all gave a positive amplification, thereby demonstrating the 284 presence of insect DNA. When the potential cross-reactivity of the designed primers with 285 sequences of other species was tested by performing a BLAST, the only species identified 286 using both forward and reverse designed primers were the target species with a 100% of 287 matches and an e-value <1. The only exception was the pair of primers of S. granarius, 288 which also matched Ichneumonidae sp., which are not pest species of stored products.

289 3.2. Characterization of the designed multiplex PCR: sensitivity, post-mortem detection,

290 *detection in different grains and in treated grain*

When different artificial infestation doses (100, 10, 1 and 0.1 pupae of each species/kg of rice) were tested to determine the sensitivity of the multiplex PCR, the sensitivity threshold was determined on the doses of 0.1 pupa per kilo of rice for the three *Sitophilus* species and *S. cerealella*, while *R. dominica* was detected up to 10 pupae per kilo of rice (Table 3; Fig. S1). DNA amplification among infestation doses did not present statistical differences (χ^2 =5.99, DF=3, *P*=0.112). However, the DNA diagnosis differed among the internal feeder species (χ^2 =14.92, DF=4, *P*=0.005). 298 The analysis of a mixture of five adults (one from each target species) killed at 0, 299 30, 90, 150, 365, 548 and 760 days showed a post-mortem detection period of 365 days. 300 After 548 days, this molecular method was less able to detect DNA from S. granarius and 301 R. dominica. However, S. cerealella, S. zeamais and S. oryzae were still detected up to 302 760 days (more than two years) after insect death (Table 3; Fig. S2). The logistic 303 regression performed showed that the time post-mortem and the insect species affected significantly the insect diagnosis (χ^2 =22.23, DF=5, P=0.0005 and χ^2 =18.28, DF=4, 304 305 P=0.0011, respectively).

306 The DNA of S. zeamais was successfully amplified in all the artificial infestations conducted in 250 g of different grains (barley, maize, oat, spelt, rice and wheat) and pasta 307 308 (macaroni) with 10 adults of this species for 15 days. These positive results were 309 corroborated when 121, 104, 147, 135 and 156 S. zeamais adults were obtained in rice, wheat, oat, barley and spelt, respectively, after sieving the portion maintained under 310 311 controlled conditions for 40 days. Because no insect adults were obtained in maize, three 312 subsamples of 5 g of a ground mixture of 130 S. zeamais adults (the average of the insects' offspring obtained in the other grains) in 125 g of this maize were analyzed by multiplex 313 314 PCR. The analysis of the maize showed S. zeamais DNA amplification (Fig. S3). 315 Similarly, no adults, and only seven small larvae, were obtained in the macaroni pasta. 316 For this reason, we replaced seven insect-free macaroni from the molecular portion with 317 these seven infested macaroni from the climatic chamber portion. The analysis of the 318 portion destined to molecular diagnosis by multiplex PCR confirmed the ability of the technique to detect the immature S. zeamais in the artificially infested pasta (Fig. S3). On 319 320 the other hand, when the non-infested 250 g portion maintained under controlled 321 conditions was sieved, no insect adult was observed. Also, when the non-infested 250 g 322 portion used for the molecular analysis was tested by multiplex PCR, no DNA amplification was obtained either. This confirmed that before manipulation, cereals andpasta where insect free.

Finally, when brown rice infested with *S. zeamais* and treated with 90% CO_2 for 12 days; and not treated brown rice infested with *S. zeamais* were analyzed by multiplex PCR, *S. zeamais* infestations were detected in both cases. As expected, no *S. zeamais* adults were obtained from the treated grain portion maintained in the climatic chamber for 40 days.

330 *3.3. Analysis of commercial samples*

331 The molecular analysis of the grain samples from a Spanish industry was coherent 332 with the results obtained by sieving in the same industry. The five samples which were received the following dates: 20th May 2015, 29th May 2015, two from 14th March 2016, 333 334 and 31st May 2016, were again sieved in the laboratory and divided into two portions: one for adult emergence and the other one for molecular analysis. We were informed by the 335 336 industry that two of them were positive for *Sitophilus* spp. adults. They were the samples from 29th May 2015 and 31st May 2016. After sieving these two samples in the laboratory, 337 338 one and six Sitophilus spp. adults were obtained, respectively. Forty days later, another 339 sieving was performed and two Sitophilus spp. adults were observed in both samples. The 340 molecular analysis of these samples showed that they were S. oryzae. More specifically, 341 in the first sample, the three subsamples gave a positive result for S. orvzae, while in the 342 second sample, two positives were obtained for this species out of three subsamples. The 343 rest of the samples (20th May 2015, 14th March 2016 a and b) were negative for insect 344 presence in the industry, as well as in our laboratory, after sieving twice and after 345 performing the multiplex PCR. Moreover, results obtained by sieving (either in the 346 industry or in the laboratory) were highly correlated with the results obtained by multiplex PCR (r =0.86, DF=12, P<0.0001). In fact, when a sample was considered negative after 347

sieving, was always negative by multiplex PCR. On the other hand, a positive resultobtained by sieving, was also positive by multiplex PCR in the 83% of the occasions.

350 **4. Discussion**

351 In the present study, a multiplex PCR protocol has been developed to detect 352 primary pest species in grain, offering significant advantages for routine analysis. This 353 protocol showed high sensitivity by successfully detecting 0.1 pupa from S. granarius, S. 354 oryzae, S. zeamais and and S. cerealella per 1 kilo of rice (1 pupa per 10 kilos) and 10 355 pupae per kilo of rice in the case of R. dominica. This sensitivity threshold is similar to 356 or even overpasses the regulatory standards for insect presence in food factories or 357 commercial trade standards using the most common detection techniques. These defect 358 action levels are commonly based on macro-analytical visual detection of adults, insect 359 fragments or insect-damaged kernels (IDKs) (Chen & Kitto, 1993). In addition, Toews et 360 al. (2007) and Perez-Mendoza, Throne, Maghirang, Dowell, & Baker (2005) 361 demonstrated that near-infrared reflectance spectroscopy (NIRS), one of the techniques 362 used for insect detection, shows an important variability when analyzing samples with 363 fewer than 100 insect fragments per kilo of wheat flour, and was unable to reach the 364 quality standard set by the FDA (75 insect fragments per 50 g of wheat flour) (Brabec, 365 Pearson, Flinn, & Katzke, 2010). On the other hand, X-ray, which is an official standard 366 method in the USA (Fornal et al., 2007), despite appearing to have the greatest potential 367 for being introduced in the food industry for insect detection (Neethirajan, Jayas, & 368 White, 2007), is not sensitive enough to accurately detect eggs and small larvae 369 (Karunakaran, Jayas, & White, 2003). Similarly, note that in the diagnosis of insect 370 presence based on IDKs, the damage caused by insect eggs or small larvae is null or 371 inappreciable.

372 Previous studies have demonstrated the potential of introducing molecular 373 techniques in grain industries as a tool for diagnosing insect presence. Solà, Lundgren, 374 Agusti, & Riudavets (2017) reached sensitivity thresholds of 13 eggs/small larvae, 0.1 375 big larvae/pupae and 0.02 adults of R. dominica per kilo of rice, using quantitative PCR 376 (qPCR). Alternatively, Obrepalska-Steplowska, Nowaczyk, Holysz, Gawlak, & Nawrot 377 (2008) reached a sensitivity threshold equivalent to 0.01 S. granarius adults per kilo of 378 wheat flour using qPCR. This information might help managers from the food industry 379 make decisions about rejecting batches, storing grain, using control measures, processing 380 grain or transporting it to another market outlet with less stringent standards (Brabec et 381 al., 2010; Hagstrum, Reed, & Kenkel, 1999). However, molecular approaches, although 382 they are able to detect all life stages of the target primary pests, are not able to discriminate 383 among life stages in mixed populations. This could be a drawback since stored grain 384 usually has insect pests of mixed ages. Although it is not essential to determine the 385 developmental stage of the pests for grain grading, the precision of insect developmental 386 stages could help to make the most of management decisions on processing the grain 387 (Dowell, 1998).

388 Degradation of the DNA of dead organisms increases with time post-mortem and 389 this might hamper a successful DNA amplification. For this reason, the detection range 390 of the five target insect species has been determined by analysing several periods after 391 insect death, showing that the developed multiplex PCR was able to detect adults of the 392 five pest species even one year after death. After this period of time, the technique was 393 not able to detect DNA from S. granarius or R. dominica, but was still able to detect S. 394 cerealella, S. zeamais and S. oryzae even after two years. The bigger size of the amplified 395 amplicons for S. granarius and R. dominica could be the reason for losing their detection 396 earlier. The detection of immature S. zeamais DNA in CO₂-treated grain samples also

shows the ability of the technique to detect dead immature stages of *S. zeamais*, and suggests that this might be the case for the other target species. The fact that dead insects can be detected for long periods of time has positive and negative aspects. On the one hand, the detection of dead insects provides an idea of the contamination in the analyzed grain, even in the past. On the other hand, the inability to discriminate between dead and alive insects could lead to an overestimation of the control measures needed with a consequent overtreatment of the grain (Solà, Lundgren, Agusti, & Riudavets, 2017).

404 This method enhances the accuracy of the identification of insects based on their 405 specific detection. Because different species have different behaviors and cause different 406 levels of grain loss requiring different approaches to control them (Cao et al., 2015), in 407 this work we have developed a multiplex PCR protocol rather than a singleplex PCR 408 approach (Solà, Agusti, & Riudavets, 2015). This enhanced the specific and simultaneous 409 identification of the five target pest species by easily recognizing the precise bands of 410 different molecular weights in the agarose gels (Fig. 1). The universality of the designed 411 primers is suggested by the positive detection of other populations of S. oryzae and R. 412 dominica with different origins, as well as for the high homology that presented the 413 sequences of all populations of each target species present in GenBank. Nevertheless, in 414 the case that in future tests other populations of the five target species different from those 415 tested in this study may be present, we recommend to conduct a previous specificity test 416 in order to confirm the correct amplification of the target species population. The cross-417 reactivity test performed with the 51 species potentially present in stored and 418 agroecosystem environments (Table 1) ensured the specific identification of only the 419 target species. The potential cross-reactivity of the designed primers tested by performing 420 a BLAST also demonstrated their high specificity.

The immature stages of some of these species are particularly difficult to 421 422 recognize, as in the case of the three Sitophilus species studied here. Although most 423 identification procedures rely on the morphological characterization of the adults, in the 424 case of sibling species, such as S. oryzae and S. zeamais, this is tedious and needs the 425 expertise of a taxonomist and the use of microscopy techniques (Hidayat, Phillips, & 426 FrenchConstant, 1996; Peng, Lin, Chen, & Wang, 2002). Using the multiplex PCR 427 designed here, we succeeded not only in distinguishing the *Sitophilus* adults, as achieved 428 in other studies (Correa et al., 2013; Hidayat, Phillips, & FrenchConstant, 1996; Peng, 429 Lin, Chen, & Wang, 2002), but also simultaneously recognizing immature stages of these 430 sibling species in a single PCR reaction.

431 On the other hand, it is well known that S. oryzae is more resistant to phosphine, 432 which is one of the most commonly used chemical insecticides in stored grain worldwide, 433 than its sibling species, S. zeamais (Hagstrum, Reed, & Kenkel, 1999). Therefore, the use 434 of the present PCR method would help managers use appropriate control measures 435 according to the species present. Usually, only insect eggs or first-instar larvae are present 436 after fumigation (Brabec, Pearson, Flinn, & Katzke, 2010). Thus, since routine analysis 437 techniques are based on visual lures, those infestations may evade diagnosis and then the 438 storability of the grain may be underestimated.

We have also demonstrated success in detecting *S. zeamais* eggs in rice after a treatment with CO₂ for 12 days, suggesting that this method would also detect other developmental stages of the other four target species after a treatment of this kind, thereby avoiding future increases of pest populations and therefore decreasing the grain downgrade. In this respect, the use of the present protocol would help managers to fumigate only once infestations reached a critical density (commonly considered to be more than two insects/kg of grain) (Flinn, Hagstrum, Reed, & Phillips, 2010) and avoid

unnecessary treatments based on standard calendars (Trematerra, 2013). This would be
in line with the increasing public concerns beyond the overuse of agricultural chemicals
that are harmful to the environment and human health (Bulathsinghala & Shaw, 2013)
and would prevent the development of insect resistance due to continuous fumigation
(Hagstrum & Subramanyam, 2014; Phillips & Throne, 2010).

451 The dominant grain crops grown worldwide are rice, wheat, maize, millet, barley 452 and rye (Pimentel et al., 1997), and internal feeders are frequently found in all of them 453 when grain is stored. For this reason, we have tested the detection of the five target insect 454 pests in most of those grains. As a model, we tested the detection of larvae of S. zeamais 455 in rice, wheat, maize, oat, spelt and barley. Since these grains are usually processed before 456 consumption, in order to ensure that insects are also detected in processed grain we 457 analyzed the presence of this weevil in macaroni pasta. The results obtained showed that 458 the method was able to detect immature stages of S. zeamais in all these grains and in 459 pasta, thereby suggesting that this multiplex PCR method would also detect all 460 developmental stages of the five target species.

The fact that no weevil offspring was observed in the infested maize highlights 461 462 the global effort to select varieties resistant to insect presence in the most valuable grain 463 crops (Abebe, Tefera, Mugo, Beyene, & Vidal, 2009). Nevertheless, the ability of the 464 present method to detect insects in maize was demonstrated with the amplification of the 465 expected band for S. zeamais in the agarose gel when analyzing samples consisting in a 466 ground mixture of weevil adults and maize. On the other hand, only seven small larvae 467 were obtained from the macaroni pasta when sieving. A comparison of this number with 468 the others obtained from the rest of the grains (an average of 132 insect adults) reveals 469 that although S. zeamais can lay eggs inside pasta, this substrate is not the most suitable 470 for the development of this pest in comparison to the other grain cereals tested.

Insect infestations can occur during the storage process in manufacturing 471 472 facilities, warehouses, general stores and retail shops, but insects can colonize food at any 473 processing step, providing situations where insects might reach consumers (Jayas, White, 474 & Muir, 1995). The stability of DNA, which can withstand temperatures of pasteurization 475 and sterilization (Laube et al., 2007), suggests that the use of molecular approaches as a 476 diagnostic technique in food factories would enable unambiguous identification of insects 477 in food at any processing point. However, further studies should be conducted in order to 478 corroborate this statement, particularly after the manufacturing process of pasta. This 479 might be an advantage, particularly ahead of approaches based on proteins such as 480 ELISA, where false-positive situations can occur due to the denaturation of proteins at 481 temperatures above 56 °C (Velebit, Markovic, Jankovic, & Borovic, 2009).

482 After analyzing commercial samples from a grain industry, results obtained by 483 multiplex PCR were in accordance with those obtained by the operator of the industry. 484 This demonstrates the potential of this molecular method for being introduced in 485 processing industries for diagnosing insect presence. PCR-based methods are commonly 486 accepted and recommended for food quality control, such as the detection of GMOs or for food traceability (Bai et al., 2009; Laube et al., 2007). In this sense, the detection of 487 non-desired insects in food by molecular tools is suitable as a food control measure as has 488 489 already been suggested by Obrepalska-Steplowska, Nowaczyk, Holysz, Gawlak, & Nawrot (2008), Solà, Riudavets, & Agusti (2015) and Solà, Lundgren, Agusti, & 490 491 Riudavets (2017).

The determination of the correct sampling of the grain in order to detect infestations is often inaccurate because insect infestations are not homogeneous in grain facilities. Nevertheless, the present method identifies insect infestations with high accuracy and sensitivity when grain is thoroughly homogenized. However, in order to

496 ensure that the obtained information is representative of the real grain contamination, it 497 is important to establish an adequate number of samples of a determinate size (Jian, Jayas, 498 & White, 2014a, b). Once samples are defined, the transmission of this information to 499 grain managers in food industries should help them to implement IPM practices, develop 500 economic thresholds and set up decision-making strategies aimed at using pesticides more 501 selectively and thus be more environmentally friendly while at the same time preventing 502 the undesired presence of insects in food. Additionally, the combination of the present 503 multiplex PCR with a qPCR protocol for the detection of particular pest species, such as 504 those developed by Solà, Lundgren, Agusti, & Riudavets (2017) and Obrepalska-505 Steplowska, Nowaczyk, Holysz, Gawlak, & Nawrot (2008), would provide an improved 506 screenshot of the grain status. Therefore, further work is needed to combine simultaneous 507 identification of concerned primary pests with the quantification of real populations.

508

509 **5. Conclusions**

510 In this study, a multiplex PCR approach is described for the detection and 511 identification of the five main primary pests that develop inside grain cereals (R. 512 dominica, S. granarius, S. oryzae, S. zeamais and S. cerealella). This method has 513 demonstrated the ability to detect internal stages of the target pests, a characteristic that 514 the most common techniques such as sieving lack. This approach is a reliable technique 515 for simultaneously and specifically identifying the five concerned internal feeders with 516 high sensitivity (0.1 pupa per kilo of rice, or 10 pupae in the case of R. dominica), even 517 one year after death. With the detection of hidden immature stages of S. zeamais in 518 different kinds of grain (barley, oat, spelt, rice, wheat) and pasta, even when the grain is 519 treated it is expected that this method will detect all target species present. The results

obtained for the analysis of some real commercial samples with the developed multiplex
PCR method suggest that the use of the developed multiplex PCR in food control analyses
for insect detection and identification would improve the quality of food and satisfy most
consumer concerns.

524

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Table 1. Insect species potentially present in stored grain products and tested for specificity with the developed multiplex PCR protocol. In **bold**, the five target species (n>10). The order, family, origin, collection year and universal primer pair set used as positive control for the presence of DNA are indicated. Three specimens of each non-target species were tested, except for *Trogoderma glabrum* (n=2), *Dinerella agra* and *Alphitobius laevigatus* (n=1).

Order	Family	Species	Origin	Collection year	Universal primer set*		
Coleoptera	Anobiidae	Lasioderma serricorne (Fabricius)	lab colony (IRTA), Spain	2013	ZBJ-ARTF1c/ZBJ-ArtR2c		
		Stegobium paniceum (Linnaeus)	field sample, Spain	2002	ZBJ-ARTF1c/ZBJ-ArtR2c		
	Bostrychidae	Lyctus brunneus (Stephens)	field sample, Spain	2003	Uni-MinibarF1/Uni-MinibarR1		
		Dinoderus minutus (Fabricius)	field sample, Vietnam	2002	Uni-MinibarF1/Uni-MinibarR1		
		Rhyzopertha dominica (Fabricius)	lab colony (IRTA), Spain**	2013	ZBJ-ARTF1c/ZBJ-ArtR2c		
		Prostephanus truncatus (Horn)	field sample, Mexico	2010	ZBJ-ARTF1c/ZBJ-ArtR2c		
	Bruchidae	Acanthoscelides obtectus (Say)	lab colony (IRTA), Spain	2013	ZBJ-ARTF1c/ZBJ-ArtR2c		
		Zabrotes subfasciatus (Boheman)	lab colony (IRTA), Spain	2013	ZBJ-ARTF1c/ZBJ-ArtR2c		
	Chrysomelidae	Callosobruchus maculatus (Fabricius)	lab colony (IRTA), Spain	2013	ZBJ-ARTF1c/ZBJ-ArtR2c		
	Cleridae	Necrobia rufipes (Fabricius)	field sample, Spain	2010	ZBJ-ARTF1c/ZBJ-ArtR2c		
	Curculionidae	Sitophilus granarius (Linnaeus)	lab colony (IRTA), Spain**	2013	ZBJ-ARTF1c/ZBJ-ArtR2c		
		Sitophilus oryzae (Linnaeus)	lab colony (IRTA), Spain**	2013	ZBJ-ARTF1c/ZBJ-ArtR2c		
		Sitophilus zeamais (Motschulsky)	lab colony (IRTA), Spain**	2013	ZBJ-ARTF1c/ZBJ-ArtR2c		
	Dermestidae	Dermestes haemorrhoidalis (Küster)	field sample, Spain	2006	ZBJ-ARTF1c/ZBJ-ArtR2c		
		Dermestes maculatus (DeGeer)	field sample, Spain	2011	ZBJ-ARTF1c/ZBJ-ArtR2c		

	Trogoderma glabrum (Herbst)	lab colony (IRTA), Spain	2013	Uni-MinibarF1/Uni-MinibarR1
	Trogoderma granarium (Everts)	lab colony (IRTA), Spain	2013	LCO1490/HCO2198
	Trogoderma inclusum (Leconte)	lab colony (IRTA), Spain	2013	Uni-MinibarF1/Uni-MinibarR1
Laemophloeidae	Cryptolestes ferrugineus (Stephens)	lab colony (IRTA), Spain	2013	ZBJ-ARTF1c/ZBJ-ArtR2c
	Cryptolestes pusillus (Schonherr)	lab colony (JKI), Germany	2015	ZBJ-ARTF1c/ZBJ-ArtR2c
	Cryptolestes turcicus (Grouvelle)	lab colony (JKI), Germany	2015	ZBJ-ARTF1c/ZBJ-ArtR2c
Latridiidae	Dinerella arga (Reitter)	field sample, Spain	2000	ZBJ-ARTF1c/ZBJ-ArtR2c
	Dinerella fillum (Aubé)	field sample, Russia	2004	ZBJ-ARTF1c/ZBJ-ArtR2c
Silvanidae	Ahasversus advena (Waltl)	field sample, Spain	2006	Uni-MinibarF1/Uni-MinibarR1
	Oryzaephilus mercator (Fauvel)	field sample, Spain	2004	Uni-MinibarF1/Uni-MinibarR1
	Oryzaephilus surinamensis (Linnaeus)	lab colony (IRTA), Spain	2013	Uni-MinibarF1/Uni-MinibarR1
Ptinidae	Niptus hololeucus (Faldermann)	field sample, Spain	2015	ZBJ-ARTF1c/ZBJ-ArtR2c
Tenebrionidae	Alphitobius diaperinus (Panzer)	field sample, Spain	2007	Uni-MinibarF1/Uni-MinibarR1
	Alphitobius laevigatus (Fabricius)	field sample, Spain	2013	ZBJ-ARTF1c/ZBJ-ArtR2c
	Gnathocerus cornutus (Fabricius)	field sample, Spain	2006	Uni-MinibarF1/Uni-MinibarR1
	Latheticus oryzae (Waterhouse)	lab colony (JKI), Germany	2015	ZBJ-ARTF1c/ZBJ-ArtR2c
	Tenebrio molitor (Linnaeus)	lab colony (JKI), Germany	2015	ZBJ-ARTF1c/ZBJ-ArtR2c
	Tribolium confusum (Jaqueline du Val)	lab colony (IRTA), Spain	2013	ZBJ-ARTF1c/ZBJ-ArtR2c
	Tribolium castaneum (Herbst)	lab colony (IRTA), Spain	2013	ZBJ-ARTF1c/ZBJ-ArtR2c
Trogossitidae	Tenebroides mauritanicus (Linnaeus)	field sample, Spain	1999	ZBJ-ARTF1c/ZBJ-ArtR2c
Bethylidae	Cephalonomia spp.	field sample, Spain	2015	LCO1490 and HCO2198
Braconidae	Habrobracon hebetor (Say)	lab colony (IRTA), Spain	2013	ZBJ-ARTF1c/ZBJ-ArtR2c

Hymenoptera

	Ichneumonidae	Venturia canescens (Gravenhorst)	lab colony (IRTA), Spain	2013	ZBJ-ARTF1c/ZBJ-ArtR2c
	Pteromalidae	Anisopteromalus calandrae (Howard)	lab colony (IRTA), Spain	2013	ZBJ-ARTF1c/ZBJ-ArtR2c
		Lariophagus distinguendus (Förster)	lab colony (IRTA), Spain	2013	ZBJ-ARTF1c/ZBJ-ArtR2c
Lepidoptera	Pyralidae	Ephestia cautella (Walker)	lab colony (JKI), Germany	2015	ZBJ-ARTF1c/ZBJ-ArtR2c
		Ephestia elutella (Hübner)	lab colony (JKI), Germany	2015	ZBJ-ARTF1c/ZBJ-ArtR2c
		Ephestia kuehniella (Zeller)	lab colony (IRTA), Spain	2013	ZBJ-ARTF1c/ZBJ-ArtR2c
		Plodia interpunctella (Hübner)	lab colony (IRTA), Spain	2013	ZBJ-ARTF1c/ZBJ-ArtR2c
	Gelechiidae	Sitotroga cerealella (Olivier)	lab colony (IRTA), Spain**	2013	ZBJ-ARTF1c/ZBJ-ArtR2c
	Tineidae	Nemapogon granella (Linnaeus)	field sample, Spain	1999	ZBJ-ARTF1c/ZBJ-ArtR2c
Mesostigmata	Ascidae	Blattisocius tarsalis (Berlese)	lab colony (IRTA), Spain	2001	Uni-MinibarF1/Uni-MinibarR1
Pseudoscorpionida	Withiidae	Withius piger (Simon)	field sample, Spain	2011	ZBJ-ARTF1c/ZBJ-ArtR2c
Psocoptera	Liposcelididae	Liposcelis botrichophila (Badonnel)	field sample, Spain	1997	LCO1490/HCO2198
Sarcoptiforme	Acaridae	Tyrophagus perniciosus (Zakhvatkin)	lab colony (IRTA), Spain	2013	ZBJ-ARTF1c/ZBJ-ArtR2c
		Tyrophagus putrecentiae (Schrank)	field sample, Spain	1997	LCO1490/HCO2198

*ZBJ-ArtF1c/ZBJ-ArtR2c (Zeale et al., 2011); Uni-MinibarF1/Uni-MinibarR1 (Meusnier et al., 2008); LCO1490/HCO2198 (Folmer et al., 1994).

** The species coming from laboratory colonies (IRTA) were originally from Tarragona, Spain.

Table 2. Specific primer pairs designed for each target species. The corresponding primer
concentration (μM) used in the primer mix and the number of base pairs (bp) amplified are also
indicated.

Target species	Primer name and sequence (5'-3')	Primer concentration (µM)	Amplicon size (bp)	
S. cerealella	SCF4: GATACTTATTACGTAGTTGCTC	0.4	93	
	SCR4: TAAGGGGTATCAATGAATG	0.4		
S. zeamais	SZF2: CTCCCTCCATCATTAATTC	0.6	151	
	SZR3: TACCTGCTATATGAAGAC	0.6		
S. oryzae	SOF4: TGGAAACTGATTAATCCCAT	0.1	213	
	SOR2: CTGAAAATGGCCAGATCAAC	0.1		
R. dominica	RDF1: GCTTCTTCCACCCTCCTTAACC	0.6	286*	
	RDR1: AGATAATAATAAAAAGCAAAAGC	0.6		
S. granarius	SGF1: CGTTACTGCTCACGCATTT	0.2	452	
	SGR1: TAGTAATTGCTCTAGCTAAG	0.2		

*Designed by Solà et al. (2017).

Table 3. Frequencies (%) of multiplex PCR amplification per each insect species at fourdifferent infestation doses (pupae/Kg of rice) and six post-mortem periods of time (days).Two replicates have been done for infestation dose, and three for time post mortem.

	Infestation dose (p/Kg)				Time post-mortem (d)					
Species	100	10	1	0.1	30	90	150	365	548	760
Sitotroga cerealella	100	100	100	100	100	100	100	100	100	100
Sitophilus zeamais	100	100	100	100	100	100	100	100	100	100
Sitophilus oryzae	100	100	100	100	100	100	100	100	100	100
Sitophilus granarius	100	100	100	100	100	100	100	100	67	0
Rhyzopertha dominica	100	100	0	0	100	100	100	100	33	0

Figure 1. Agarose gel electrophoresis of the PCR products amplified with the designed multiplex PCR. **M**: molecular marker (100 bp ladder). **C**+: Positive control of the 5 target species (mixture of 1 μ l of DNA extraction of each of the target species in 15 μ l of purified water). **SC**: *S. cerealella*, **SZ**: *S. zeamais*, **SO**: *S. oryzae*, **RD**: *R. dominica*, **SG**: *S. granarius*, **C**-: Negative control (purified water).

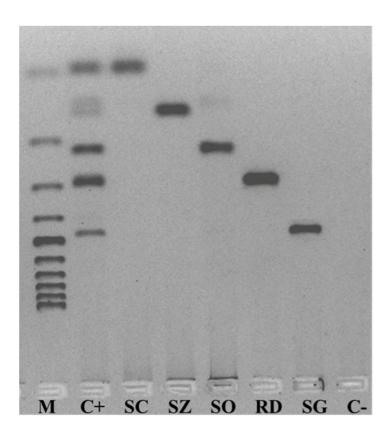


Figure S1. PCR products obtained when testing the sensitivity of the designed multiplex PCR with the five internal feeders (*S. cerealella, S. zeamais, S. oryzae, R. dominica, S. granarius*) in different artificial pupae infestation doses in rice (**100**: 100 pupae/Kg, **10**: 10 pupae/Kg, **1**: 1 pupae/Kg, **0.1**: 0.1 pupae/kg, **C+**: positive control of the 5 target species (mixture of 1 μ l of DNA extraction of each of the target species in 15 μ l of purified water), **C-**: negative control (purified water), **M**: molecular marker (100 bp ladder)).

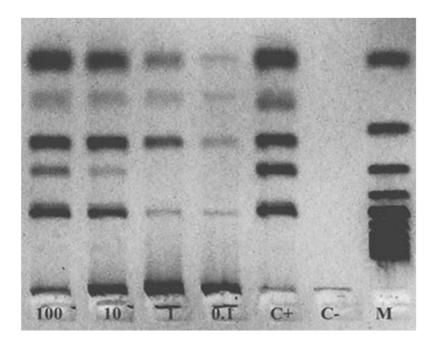


Figure S2. PCR products amplified from the five internal feeders (*S. cerealella, S. zeamais, S. oryzae, R. dominica, S. granarius*) after different post-mortem periods (**M**: molecular marker (100 bp ladder); **C+:** positive control of the 5 target species (mixture of 1 μ l of DNA extraction of each of the target species in 15 μ l of purified water); **C-:** negative control purified water); **30, 90, 150, 360, 548** and **760**: number of days post-mortem).

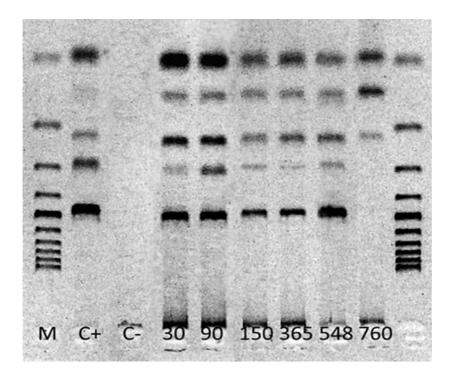


Figure S3. Agarose gel electrophoresis of the DNA amplification of *Sitophilus zeamais* larvae in different cereals (**M**: molecular marker (100 bp ladder); **C**-: negative control (purified water); **1**: spelt, **2**: wheat, **3**: rice, **4**: oat, **5**: barley, **6**: pasta, **7**: maize).

