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3 Effects of flavonoids extracted from *Citrus aurantium* on performance, eating and 4 animal behavior, rumen health, and carcass quality in Holstein bulls fed high-5 concentrate diets.

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7	M. Paniagua <sup>1,2</sup> , J. Crespo <sup>3</sup> , A. Bach <sup>1,4</sup> , and M. De	evant <sup>1</sup>
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8 <sup>1</sup>Department of Ruminant Production, IRTA (Institut de Recerca i Tecnologia

9 Agroalimentaries), and Research Group on Production Efficiency of Ruminants, Torre

10 Marimon, 08140 Caldes de Montbui, Barcelona, Spain.

11 <sup>2</sup> Quimidroga SA, 08006 Barcelona, Spain

<sup>12</sup> <sup>3</sup>Interquim S.A. (Ferrerhealthtech), 08173 Sant Cugat del Vallés. Spain

<sup>13</sup> <sup>4</sup>ICREA (Institució Catalana de Recerca i Estudis Avançats), 08010 Barcelona, Spain.

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15 Corresponding author: Maria Devant (e-mail: maria.devant@irta.cat).

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#### 22 ABSTRACT

23 The effects of flavonoids extracted from Citrus aurantium (Bioflavex® CA) on eating 24 pattern, performance, carcass quality, and rumen wall health of Holstein bulls fed on a 25 single feeder were studied. One hundred ninety-eight bulls (195.3  $\pm$  19.6 kg of body 26 weight and  $149 \pm 6.8$  d of age) were used in a complete block randomized design. 27 Groups of animals with the same mean and coefficient of variation of body weight 28 (replicates) were randomly allocated in 1 of 6 pens (20 animals per pen), and each 29 pen was assigned to one of 6 pens and assigned to a Control (C) diet or to a diet 30 supplemented with flavonoids (Bioflavex® CA, Interquim S.L., Spain) (BF, 0.4 kg 31 per ton of concentrate of Bioflavex® CA) in two consecutive fattening cycles. 32 Concentrate intake was recorded daily, and BW fortnightly. Animal behavior was 33 monitored by visual scan procedure every fourteen days. Animals were slaughtered after 34 168 d of study, hot carcass weight and carcass quality were recorded, and internal rumen wall was examined. Concentrate intake was higher (P < 0.05) in C than in BF 35 36 bulls; however, ADG and concentrate efficiency were not affected by treatments. The 37 final BW tended (P = 0.06) to be higher in C than in BF bulls, but this difference 38 disappeared for carcass weight. In the finishing phase, the proportion of meal size 39 values above 750 g was higher (P < 0.05) in C compared with BF bulls. Throughout the 40 study exhibited more displacements and fighting than C bulls, whilst C bulls performed 41 more (P < 0.05) oral behaviors. During the finishing phase, sexual behaviors such as 42 flehmen and complete mounts were higher (P < 0.01 and P < 0.05, respectively) in C 43 bulls as well, and C bulls tended (P = 0.10) to perform more attempted mounts 44 compared with BF bulls. In the slaughterhouse, color of rumen wall tended (P = 0.06) 45 to be lighter for BF compared with C bulls, and presence of baldness areas in the rumen 46 was lesser (P = 0.01) in BF animals. In conclusion, when bulls were supplemented with

47 Bioflavex® CA, feed intake was reduced. Flavonoids supplementation increased time 48 eating straw, reduced agonistic behaviors throughout the study and sexual interactions 49 during the finishing phase, potentially improving animal welfare. Rumen wall 50 parameters analyzed were indicative of a better rumen health in BF than in C bulls, 51 which maybe due to the reduction of large meal sizes.

52 **Keywords:** behavior, bulls, flavonoids, meal size, performance, rumen health.

## 53 **INTRODUCTION**

54 Flavonoids are widely distributed in the plant kingdom, i.e. in fruits, seeds, vegetables, 55 tea, wine. Some of these compounds have anti-inflammatory, antioxidant, and 56 antimicrobial properties (Harborne and Williams, 2000). Due to their interesting 57 capabilities, flavonoids from different sources are being studied for different 58 applications in animal production. Bioflavex® CA (Interguim, S.A., Spain) is an extract 59 from bitter orange (*Citrus aurantium*) whose major flavonoid is naringin. Naringin is a 60 glycosylated flavanone classified into the neohesperidoside type, with a 61 neohesperidose (rhamnosyl- $\alpha$ -1,2 glucose) attached to its basic structure as a 62 flavanone (Tripoli et al., 2007). Other extracts containing naringin have been shown 63 to have beneficial effects in regulating rumen pH in fattening beef (Balcells et al., 64 2012), as well as reducing *in vitro* methane production from steers fed high concentrate 65 diets (Seradj et al., 2014). Properties of naringin may affect rumen microflora, 66 increasing the concentration of bacteria which consume lactatic acid such as 67 Megasphaera elsdenii (Balcells et al., 2012; Seradj et al., 2014) resulting in a higher 68 ruminal pH (Balcells et al., 2012), and a depression of methanogenic archaea 69 communities (Seradj et al., 2014). Rumen volatile fatty acids (VFA) composition has 70 been modified as well, increasing molar proportion of propionic acid (Balcells et al., 71 2012). As propionic acid is an important regulator of feed intake in ruminants fed high-

starch diets, affecting both satiety and hunger (Oba et al., 2002), the supplementation of flavonoids could affect eating pattern of bulls fed high-concentrate diets. Moreover, this supplementation could reduce methane production, and together with the reduced ruminal pH fluctuations (Lam, 2016) could increase efficiency of nutrient utilization in steers.

77 Otherwise, a communication network was described between gastrointestinal system, 78 microbiota, and the central nervous system (Wiley et al., 2017), and thus inflammation, 79 microbiota, and diet may affect animal behavior (Haagensen et al., 2014). As flavonoids 80 act as potent anti-oxidant and anti-inflammatory molecules (Harborne et al., 2000; Heim 81 et al., 2002; Tripoli et al., 2007), they are able to modify VFA composition in ruminal 82 fluid (Seradj et al., 2014), and may alter rumen microflora (Balcells et al., 2012; Seradj 83 et al., 2014); so they could improve animal behavior through the gut-brain axis 84 crosstalk.

The hypothetical benefits of supplementing Bioflavex® CA on eating pattern and animal behavior in fattening bulls have not been previously addressed. The present study **was** designed to evaluate the effects of Bioflavex® CA supplementation on eating pattern, concentrate consumption, growth rate, feed efficiency, rumen wall heatlh, carcass characteristics, and animal behavior in Holstein bulls fed high-concentrate diets.

## 90 MATERIALS AND METHODS

# 91 Animals, Feeding, Housing, and Experimental Design

92 The study was conducted in accordance with the Spanish guidelines for experimental 93 animal protection (Royal Decree 53/2013 of February 1<sup>st</sup> on the protection of animals 94 used for experimentation or other scientific purposes; Boletín Oficial del Estado, 2013). 95 Animals were fattened under commercial conditions in a farm (Agropecuaria Montgai SL, Montgai, Lleida). One hundred ninety-eight Holstein bulls (195.3 ± 19.6 kg of body
weight (BW) and 149 ± 6.8 d of age) in two consecutive fattening cycles (99 animals
each cycle) were used.

99 Animals were randomly allocated in one of six covered pens (12 m long x 6 m wide) 100 that were deep-bedded with straw and equipped with a computerized concentrate single-101 space feeder (0.50 m long x 0.26 m wide x 0.15 m depth) with 10 kg of concentrate 102 capacity as described elsewhere (Verdú et al, 2015), with lateral protections (1.40 m 103 long x 0.80 m high) forming a chute, which width could be adapted from 42 to 72 cm, 104 depending on the animal size and age (Verdú et al., 2015). This computerized feeding 105 system was calibrated weekly (Verdú et al., 2017). When each animal visited the feeder, 106 it was identified, the computer recorded the initial and final concentrate's weight, with 107 its initial and final time. Animals were adapted during 3 wk by widening the chute to 108 facilitate feeder access (adaptation period). During the study, the width of the chute has 109 been adapted to the animal size to allow them to eat easily.

110 Pens were also equipped with a water bowl and a separated straw feeder (3.00 m long x

111 1.12 m wide x 0.65 m depth; 7 feeding spaces) where straw was offered ad libitum.

# 112 Feed Intake and Performance

Animals were fed a commercial concentrate in pellet form, formulated to accomplish the nutritional requirements of this type of animals (NRC, 2001). The first 112 d of the study, animals were fed a grower concentrate, between 112 d to the end of the study, animals were fed a finisher concentrate. Ingredients and nutrients of the concentrate formulas are presented in Table 1. During the study, animals had ad libitum access to wheat straw (3.5 % CP, 1.6 % ether extract, 70.9 % NDF, and 6.1 % ash; DM basis) and fresh water. 120 The study design was a complete block randomized design. Groups of animals with 121 the same mean and coefficient of variation of body weight (replicates) were 122 randomly allocated in 1 of 6 pens (20 animals per pen), and each pen was assigned 123 to one of the two treatments (3 pens per treatment), either control (C) or supplemented 124 (BF) with 0.04 % of bitter orange extract (Citrus aurantium) of the whole fruit rich in 125 naringin, >20% (Bioflavex® CA, Interguim, S.A., Barcelona, Spain) in two consecutive 126 fattening cycles. The dose of 0.04% was based on preliminary field and research 127 studies (Balcells et al., 2012).

128 Animals were weighed individually every 14 d throughout the study in 12 129 experimental periods of 14 d, during the 8 first periods (from 1 d to 112 d) the 130 animals consumed the growing concentrate and during the last 4 periods (from 113 131 d to 168 d) and during the days before slaughter animals consumed the finishing 132 concentrate (see Table 1). After 168 d of study animals were slaughtered within the 133 following 3 weeks, each time one pen from C and one from BF bulls were 134 slaughtered. Transport distance to the slaughterhouse (Escorxador del Grup 135 Alimentari Guissona, Guissona, Spain) was approximately 35 km. The time waiting 136 before slaughter was less than 6 h. Animals were weighed before loading. They 137 were slaughtered by commercial practices and following the EU Regulation 138 1099/2009 on the protection of animals at the time of killing or slaughtering .Hot 139 carcass weight (HCW) of every animal were recorded.

#### 140 Chemical Analyses

During the study, samples of concentrate were collected at d 0, 42, 84, 126, and 168 d. and analyzed for DM (24 h at 103°C), ash (4 h at 550°C), CP by the Kjeldahl method (method 981.10; AOAC, 1995), ADF and **NDF according to Van Soest et al. (1991)**  using sodium sulfite and alpha-amylase, and EE by Soxhlet with a previous acid
hydrolysis (method 920.39; AOAC, 1995).

146 Naringin was determined for every sample as a Biofalvex® CA marker for BF group, and was used as a quality control analysis to guarantee the correct addition of the 147 148 product into the feed by Laboratory of Interquim S.A. Internal method for naringin 149 quantification using HLPC developed by Interquim S.A. was used and analyzed as 150 described herein. To analyze naringin all concentrate samples were milled. Five 151 grams were weighed and 50 mililiters of dimethyl sulfoxide were added and agitated for 152 15 min, and was filtered and placed in a vial. The pattern was prepared, 30 mg of 153 naringin were mixed with dimethyl sulfoxide until 100 ml were achieved. Drving losses 154 were taken into account for calculations. Nova-Pak C18 columns were used as 155 stationary phase for the chromatography, silica-based, reversed-phase C18 columns that 156 are based on 4 µm particle technology (Waters Cromatografia SA, Cerdanyola del 157 Vallés, Barcelona). The column was maintained at 40°C, acidified water with methanol 158 R (70:30) v/v was used as mobile phase, with a flow rate of 1.0 mL/min. 10  $\mu$ L were 159 injected, and detection was done by UV at 284 nm. The chromatography duration was 160 around 35 min.

# 161 Animal Behavior

A visual scan procedure at days 16, 31, 44, 59, 72, 87, 100, 114, 128, 142, 157, and 168 of the study was performed to study the general activity (standing, lying, eating, drinking, and ruminating) and social behavior (nonagonistic, agonistic, and sexual interactions) of the animals in every pen. Social behavior activities recorded are described in **Table 2**. The visual observation was made for 2 pens at the same time from 8:00 to 10:00 **h**, as described by Mach et al. (2008), Rotger et al. (2006), Robles et al. (2007), and Martí et al. (2010). General activities were scored using 3 scan samplings of 169 10 s at 5 min intervals, and social behavior was scored during three continuous 170 sampling periods of 5 min. This scanning procedure of 15 min was repeated twice 171 consecutively in each pen, starting randomly in a different pen every scanning day. This 172 method describes a behavior exhibited by an animal at a fixed time interval (Colgan, 173 1978).

#### 174 Carcass Quality

175 After slaughtering, HCW was registered for every animal. Dressing percentage was 176 calculated by dividing HCW by BW recorded before slaughtering. Following the 177 (S)EUROP categories described by the EU Regulation No. 1208/81 and 1026/91, conformation of carcasses was classified, where "E" corresponded to an excellent 178 179 conformation, "U" to very good conformation, "R" to good conformation, "O" to fair 180 conformation, and "P" to a poor conformation. The fat cover was classified according 181 the EU Regulation No. 1208/81, which utilizes a classification system by numbers, 182 1.2.3.4.5, where 5 (very high) describes an entire carcass covered with fat and 183 heavy fat deposits in the thoracic cavity, and 1 (low) describes low to none fat 184 cover.

# 185 Rumen and Liver Macroscopic Evaluation

Rumen and liver of every animal were macroscopically evaluated at the slaughterhouse.
Rumens were classified depending on the color by a visual evaluation, from 1 to 5,
being "5" a black colored rumen and "1" a white colored rumen (González et al., 2001).
They were also divided into areas according to Lesmeister et al. (2004) to examine the
presence of ulcers, baldness regions, **and clumped** papillae (Nocek et al., 1984). Liver
abscesses were classified according to Brown et al. (1975).

# 192 Calculations and Statistical Analyses

Pen was considered the experimental unit and animals within pen were considered observational units for all statistical analyses. Two pens (one of the C group and one of the BF group) belonged to the first fattening cycle were removed due to technical problems with the antenna of the single-space feeder, and all data of these animals were deleted from the databases.

198 Meal criteria for each animal and period was calculated as described by Bach et al. 199 (2006). Thus, visits at the single-space feeder were separated into meals, and eating 200 pattern parameters (meal frequency, meal duration, inter-meal duration, and meal size) 201 were calculated. To calculate performance, eating behavior and concentrate 202 consumption, all individual data registered were averaged by the experimental period 203 (14 d period). The percentage of mean meal size above 750 g was estimated, the 204 criterion of 750 g was chosen based on the distribution of the meal size using all data 205 (all animals and all periods), 750 g was the average meal size. In addition, Nielsen 206 (1999) in their review observed a negative relationship between meal size and feeder 207 visits, and above 750 g of mean meal size this relationship is not linear, in consequence 208 above 750 g of meal size the number of visits to the feeder are reduced limiting total 209 daily feed intake. Concentrate efficiency data were transformed into log to achieve a 210 normal distribution. The means presented in the tables and figures correspond to non-211 transformed data and, SEM and P-values correspond to the ANOVA analyses of the 212 transformed data. The percentage of each general activity was calculated, and the 213 average by day, pen, and scan obtained. Then, these data were transformed into natural 214 logarithms to achieve a normal distribution. The frequency of each social behavior was 215 calculated by summing by day, pen, and scan, and transformed into the root of the sum 216 of each activity plus 1 to achieve a normal distribution. The ANOVA analysis was

217 performed with transformed data, and the means shown in the tables correspond to the218 back transformed data.

219 Performance, eating behavior, animal behavior and concentrate intake were analyzed 220 using a mixed-effects model (Version 9.2, SAS Inst., Inc., Cary, NC). The model 221 included initial BW as a covariate, treatment, period (14-d period), and the interaction 222 between treatment and period and fattening cycle (block), as fixed effects, and the 223 interaction between **period** and pen and the 3-way interaction between **pen**, **period** and 224 treatment as random effects. Period was considered a repeated factor, and for each 225 analyzed variable, animal nested within the interaction between treatment and pen (the 226 error term) was subjected to different variance-covariance structures: compound 227 heterogeneous compound symmetry, autoregressive order one, symmetry, 228 heterogeneous autoregressive, and unstructured. The diagonal elements of the UN 229 structure were examined to detect signs of heterogeneous variances across 230 time. Heterogeneity was not detected for any of the variables analyzed. The 231 covariance structure that yielded the smallest Schwarz's Bayesian information criterion 232 was considered the most desirable analysis. The covariate\*trt has been checked and 233 the term was removed from the model when not significant. Hot carcass weight 234 was analyzed using a mixed-effects model (Version 9.2, SAS Inst., Inc., Cary, NC) 235 including initial BW as covariate, treatment and fattening cycle as fixed effects, 236 and pen as a random effect.

Analyses of categorical variables (carcass classification, rumen health parameters,
hepatic abscesses, and percentage of meal size above 750 g) an independent Chisquare-test was used.

240 Differences were declared significant at P < 0.05, and trends were discussed at  $0.05 \le P$ 241  $\le 0.10$  for all models.

#### 242 **RESULTS**

#### 243 Animal health

Five animals did not finish the study due to health problems; 4 animals from the C group were removed from the study before day 168 because of chronic health problems (lameness and weight loss), and 1 animal from the BF group which had a leg lesion. All the data from these animals were removed from databases. Additionally, the data from 3 animals (1 from the C group and 2 from BF group) which finished the study, were also removed from the databases due to chronic health processes (lameness and bloat).

# 250 Intake and eating pattern

**Daily** concentrate intake was lesser (P < 0.05) for BF group (6.65  $\pm$  0.065 kg of DM/d) compared with C group (6.82  $\pm$  0.065 kg of DM/d) throughout the study (data not shown in the tables; results are presented divided in growing and finishing period). During the growing period daily concentrate intake tended to be lesser (P = 0.10) for BF group (6.27  $\pm$  0.060 kg of DM/d) than for C group (6.42  $\pm$  0.060 kg of DM/d) (Table 3); however, this difference disappeared in the finishing period (7.51  $\pm$  0.109 kg of DM/d) (Table 4).

No interactions between treatment and time were observed (**Table 2 and 3**) in eating pattern parameters analyzed. During growing phase, no differences were observed in the percentage of meal data above 750 g between treatments. However, in the finishing phase (periods 9 to 12), the proportion of meal size values >750 g was **higher** (P < 0.05) in C (57.3%) compared with BF bulls (49.3%).

## 263 Performance and Carcass Quality

264 No differences were found for ADG during the growing phase  $(1.71 \pm 0.030 \text{ kg/d})$  nor 265 in finishing period  $(1.50 \pm 0.065 \text{ kg/d})$ . However, final BW was higher for C bulls 266  $(476.2 \pm 3.00 \text{ kg})$  than for BF group  $(467.8 \pm 3.00 \text{ kg})$ . Concentrate efficiency for 267 growing  $(0.27 \pm 0.044 \text{ kg/kg})$  and finishing period  $(0.19 \pm 0.051 \text{ kg/kg})$  was not affected 268 by treatment (Table 3 and 4). Slaughter BW tended (P = 0.06) to be higher for C 269 group (489.7  $\pm$  3.98 kg) compared with BF group (479.3  $\pm$  3.98 kg), although this 270 difference disappeared for HCW ( $256.1 \pm 2.31$  kg) (Table 6). Carcass quality data are 271 presented in **Table 6**. Dressing percentage (52.85  $\% \pm 0.182$ ), carcass conformation and 272 fatness were not affected by treatment.

## 273 Animal Behavior

*General Activities.* General activities are showed in **Table 5**. During the growing phase (from 0 d to 112 d of the study), no differences were found in the percentage of animals per pen standing, lying, drinking, and ruminating throughout the visual observation period (2 h). **The proportion of animals eating straw and concentrate was higher (P** <**0.01 and P < 0.001, respectively) for BF bulls (18.72 ± 1.81% and 5.97 ± 0.06%, respectively) compared with C bulls (15.36 ± 1.81% and 5.68 ± 0.06%, respectively during this phase.** 

281 During the finishing phase, for the visual observation period (2 h) no differences were 282 observed in the proportion of animals per pen standing, lying, and ruminating. As 283 observed in the growing phase, the proportion of animals per pen eating concentrate was 284 higher (P < 0.01) in BF bulls (6.10  $\pm$  0.33%) than in C bulls (5.30  $\pm$  0.33%), and a 285 higher (P < 0.05) proportion of animals was eating straw in BF bulls ( $14.96 \pm 4.05\%$ ) 286 compared with C bulls (10.89  $\pm$  4.05%). Otherwise, proportion of animals drinking 287 water was lesser (P < 0.05) for BF bulls ( $1.59 \pm 0.57\%$ ) than for C bulls ( $1.98 \pm 0.57\%$ ) 288 in this phase.

289 Active Behavior. In the growing phase, during the visual scan observation period of 2 h, 290 no differences were observed for self-grooming and social behavior (14.27  $\pm$  0.89 291 times/15 min and  $5.16 \pm 0.64$  times/15 min, respectively) between treatments. Bulls of 292 the C group exhibited more (P < 0.05) oral non-nutritive behaviors (4.85  $\pm$  0.78 293 times/15 min) than BF bulls  $(3.62 \pm 0.78 \text{ times/15 min})$  (Figure 1). All behaviors 294 related to agonistic interactions were statistically different during this phase (Figure 2). 295 The frequency of fighting behaviors was higher (P < 0.05) in C bulls (5.25  $\pm$  1.03 296 times/15 min) than in BF bulls  $(3.77 \pm 1.03 \text{ times/15 min})$ . Butting tended to be higher 297 (P = 0.09) for C group  $(3.01 \pm 0.35 \text{ times}/15 \text{ min})$  compared with BF group  $(2.21 \pm 0.35 \text{ times}/15 \text{ min})$ 298 times/15 min), and an interaction (P = 0.05) between treatment and day was observed 299 for this behavior. Displacement interactions were lesser (P < 0.05) exhibited by C group 300  $(0.18 \pm 0.09 \text{ times/15 min})$  compared with BF group  $(0.27 \pm 0.09 \text{ times/15 min})$ . 301 Chasing and chasing-up interactions were higher (P < 0.01 and P < 0.05, respectively) 302 in the C bulls (0.48  $\pm$  0.12 times/15 min and 0.11  $\pm$  0.05 times/15 min, respectively) 303 than in the BF group  $(0.14 \pm 0.12 \text{ times}/15 \text{ min} \text{ and } 0.02 \pm 0.05 \text{ times}/15 \text{ min},$ 304 respectively), but these behaviors were occasionally exhibited. No differences in 305 sexual behaviors (flehmen, attempt to mount, complete mounts) were observed in 306 this phase (Figure 3).

During the finishing phase (from 113 d to 168 d), no differences were observed for selfgrooming behavior (7.39  $\pm$  0.88 times/15 min) between treatments, whilst social and oral behaviors were **higher** (P < 0.01 and P < 0.001, respectively) in bulls of the C group (7.37  $\pm$  0.76 times/15 min and 5.33  $\pm$  0.54 times/15 min, respectively) compared with BF bulls (4.81  $\pm$  0.76 times/15 min and 2.52  $\pm$  0.54 times/15 min, respectively) (**Figure 1**). Regarding agonistic behavior (**Figure 2**), fighting and butting interactions were **higher** (P < 0.001 and P < 0.001, respectively) in C group (8.50  $\pm$  1.47 times/15

314 min and  $6.29 \pm 0.87$  times/15 min, respectively) than in BF group. Although chasing 315 interactions occasionally occurred, bulls from the C group  $(0.64 \pm 0.09 \text{ times/15 min})$ 316 exhibited higher (P < 0.001) interactions than BF bulls ( $0.04 \pm 0.09$  times/15 min). 317 Flehmen and complete mounts were higher (P < 0.01 and P < 0.05, respectively) in C 318 bulls  $(4.35 \pm 0.76 \text{ times}/15 \text{ min and } 1.81 \pm 0.29 \text{ times}/15 \text{ min, respectively})$  than in BF 319 bulls (2.60  $\pm$  0.76 times/15 min and 0.69  $\pm$  0.29 times/15 min, respectively), whereas 320 attempt to mount interactions tended to be higher (P = 0.10) in bulls of the C group 321  $(2.02 \pm 0.57 \text{ times/15 min})$  compared with BF group  $(0.96 \pm 0.57 \text{ times/15 min})$  (Figure 322 3).

# 323 Macroscopic Rumen Evaluation and Liver Abscesses

At the slaughterhouse, color of rumen wall tended (P = 0.06) to be lighter for BF bulls (1.27% classified as color "5") compared with C (9.76% classified as color "5"). Baldness areas presence in the rumen were lesser (P = 0.01) in BF group (48.1%) than in C (67.1%) (**Table 7**). No differences were observed for liver abscesses between treatments at the slaughterhouse (**Table 7**).

## 329 **DISCUSSION**

#### 330 Intake, eating pattern and performance

Bulls supplemented with flavonoids reduced concentrate intake throughout the study compared with control group, and surprisingly, eating pattern parameters did not differed between treatments. As concentrate intake is the consequence of the meal size and daily number of visits to the feeder, these parameters were more deeply studied. When meal sizes above 750 g were analyzed, no differences were observed in the growing phase (from 0 d to 112 d) between treatments. Contrary, during finishing phase (from 113 d to 168 d), the proportion of meal size values > 750 g was **higher** (P < 0.05) in C (57.3%) compared with bulls supplemented with flavonoids (49.3%). Therefore,
supplementing with BF reduced the percentage of large meal sizes in this phase. The
question is how this supplementation with citrus flavonoids could reduce large meal
sizes during the finishing phase. There are two hypothetical pathways based on
literature.

343 First, naringin is the main flavonoid of Bioflavex® CA. This glycosylated flavanone is 344 responsible of the typical bitterness in some citrus fruits (Ribeiro et al., 2008). Taste is 345 an important source of information about food composition for animals, and bitter taste 346 has been often related to the presence of toxins (Favreau et al., 2010; Ginane et al., 347 2011), and this taste is considered as a negative value (Favreau et al., 2010). But 348 herbivores present a high bitter threshold, being more tolerant to this taste than other 349 mammals (Glendinning, 1994). Moreover, in this study meal size exhibited no 350 differences during the growing phase between treatments, with the same content of 351 naringin than in the finishing phase. Thus, bitter taste of citrus flavonoids probably is 352 not the cause of meal size reduction observed in the finishing phase of this study.

353 Second, previous research has shown an increase in molar proportions of propionate in 354 the rumen of cannulated heifers supplemented with flavonoids (Balcells et al., 2012). 355 According to these results, Seradj et al. (2014) observed that flavonoids increased 356 propionate to detriment of acetate proportion in rumen liquor from steers fed high 357 concentrate diets in an in vitro study. Propionate plays a key role as a regulator of feed 358 intake in ruminants fed high-starch diets (Bradford and Allen, 2007). Oba and Allen 359 (2003) found that an intra-ruminal infusion of sodium propionate decreased dry matter 360 intake of lactating cows by decreasing meal size. Propionate produced in the rumen is 361 quickly absorbed during the meal, and acts as an important hypophagic signal in the 362 liver, being the primary signal to stimulate satiety in ruminants fed high-starch diets 363 (Allen et al., 2009 and 2012). Therefore, it could be hypothesized that flavonoids
364 supplementation in bulls could reduce large meal sizes by increasing propionate
365 production into the rumen within the timeframe of the meal.

366 Regarding the number of visits to the feeder, it was stable throughout the study for bulls 367 of the Control group (10.2 and 10.3 visits/d for growing and finishing phase, 368 respectively). In bulls supplemented with flavonoids, a numerically increase in the 369 number of visits to the feeder during the finishing phase (from 9.9 in the growing phase 370 to 10.6 visits/day in the finishing phase) was observed. Devant and Bach (2017) have 371 reported that steers performing small meal sizes increase the number of visits to the 372 feeder. In this study, in agreement to this observation, bulls supplemented with 373 flavonoids had lesser percentage of meal sizes above 750 g in the finishing phase, and 374 this could explain a numerical increase in the number of visits to the feeder during this 375 phase compared with the growing phase. Nevertheless, this increase in the number of 376 visits to the feeder has not been sufficiently large to increase feed intake, perhaps 377 because to the single space feeder had limited the access to the feed in BF bulls. Our 378 data support the hypothesis that these animals supplemented with flavonoids could be 379 redirecting their intake behavior towards the straw, and straw feeder occupancy data 380 observed in this study were higher for BF bulls. Thus, the third cause why flavonoids 381 supplementation could decrease concentrate intake in this study, could be related to the 382 reduction of meal size. As BF bulls would need to increase the number of visits to the 383 feeder, the feeder design (single space-feeder) in this case could be limiting the access 384 to the concentrate, decreasing total concentrate intake.

Further research is needed to evaluate all 3 hypothesis about the reduction of concentrate intake due to the flavonoids supplementation, and if theses mechanisms could act synergistically.

Although the reduction in concentrate intake of bulls supplemented with flavonoids,ADG, final HCW and efficiency were not affected.

## 390 Carcass Quality

391 Even though BW before slaughter tended (P = 0.06) to be higher for control group 392  $(489.7 \pm 3.98 \text{ kg})$  compared with bulls supplemented with flavonoids  $(479.3 \pm 3.98 \text{ kg})$ , 393 this difference was no longer present in HCW (256.1  $\pm$  2.31 kg). Lesser concentrate 394 intake of BF bulls could explain inconsistency between final BW and HCW 395 observed in the present study. Moreover, lesser empty digestive tract weight due to 396 lower daily concentrate intake may also explain that the differences observed in the 397 final BW between treatments disappeared for the HCW. Fitzsimons et al. (2014) found 398 moderate negative correlation between carcass conformation score and residual feed 399 intake of beef bulls fed high concentrate diet. This study (Fritzsimons et al., 2014) 400 reported that bulls consuming less DMI had a lighter reticulo-rumen empty. Thus, small 401 meal sizes performed by bulls supplemented with flavonoids, and reduced concentrate 402 intake, probably could cause a reduction of the digestive tract weight of BF bulls, 403 explaining that no differences in carcass weight between treatments are been observed.

404 As bulls supplemented with flavonoids had a reduced concentrate intake throughout the 405 study, a poor carcass fatness and conformation could be expected, mainly due to a lower 406 energy intake. However, in the present study, flavonoids supplementation did not affect 407 carcass quality, fatness percentage, or carcass classification (**Table 6**).

408 Animal Behavior

## 409 *General activities.*

410 Throughout the study, bulls supplemented with flavonoids showed higher occupancy of

411 the single space-feeder for concentrate as well as for the collective straw feeder. Thus,

412 these animals dedicated more time to eat when the visual observation procedure was 413 used, although the total meal duration recorded by the computerized feeder did not 414 differ among treatments, and concentrate intake was lower for the two productive 415 phases. The bulls devoted more time to eat during the morning (Verdú et al., 2015), 416 which could explain the incongruity between visual and computerized feeder 417 observations.

Although straw consumption was not registered during the study, BF bulls occupied 418 419 during more time the straw feeder, then it could be hypothesized that they ate more 420 straw than C bulls. This observation would be in agreement with Balcells et al. (2012), 421 who observed that heifers supplemented with citrus flavonoids consumed more straw 422 than non-supplemented. Although time devoted to ruminating was not different between 423 treatments, this may be because during visual observations higher number of BF bulls 424 were eating concentrate or straw compared to non-supplemented group, and feeding 425 may exert an inhibitory effect on ruminating behavior (Pearce, 1965; Gordon and Mc 426 Allister, 1970; Geoffroy, 1974; Murphy et al., 1983). Or it may be due to the visual scan 427 procedure, which does not describe total daily ruminating activities.

428 Non-supplemented animals exhibited **higher** occupancy of the drinker during the 429 finishing phase. Possibly, the **higher** feed intake exhibited by these bulls during this 430 phase resulted in a **higher** water consumption, because dry matter intake and water 431 intake are directly related (MacFarlane and Howard, 1972; Silanikove, 1987).

432 Social Behavior.

Animal abnormal behaviors are indicative of poor welfare. In cattle, aggressive and oral
non-nutritive behaviors have been described as indicators of poor welfare (Gonyou et
al., 1994; Devant et al., 2016), frustration and discomfort. Microbiota, inflammation and

436 diet (Haagensen et al., 2014; Wiley et al., 2017), may affect behavior in humans and 437 other animals, and gut-brain-microbiota axis has been proposed as a communication 438 network between brain, digestive system and its microbiota. In this study, C bulls 439 exhibited more (P < 0.05) oral non-nutritive behaviors than BF animals. This behavior 440 of licking objects with non-nutritional finality has been described as an abnormal oral 441 behavior in cattle, and a gut dysfunction has been suggested as one of the possible 442 causes (Bergeron et al, 2006). Devant et al. (2016) reported that bulls fed high-443 concentrate diet without access to straw increased oral behaviors, and this was related to 444 an increase in rumen lesions, low rumination activity and low pH. In agreement with 445 Devant et al. (2016), supplementation with flavonoids in previous studies has showed 446 an increase in straw consumption and rumen pH (Balcells et al., 2012), in the present 447 study in macroscopic rumen wall extraction indicated that wall was less damaged. 448 Moreover, the reduction of large meal sizes (less pH fluctuations) and the increased 449 time devoted to eat straw (reducing time devoted to perform other behaviors and higher 450 insalivation) in BF bulls during the finishing phase could explain a reduction of these 451 oral behaviors.

452 Bulls supplemented with flavonoids also exhibited less aggressive behaviors (agonistic 453 interactions), as fighting and butting, and less sexual interactions as well. Devant et al. 454 (2016) observed that diet presentation (pellet or meal) and straw provision (with or 455 without) in cattle fed high-concentrate diets modified the expression of different genes 456 (ffar3, ppyr1, adra2c, occluding and  $tnf_{\alpha}$ ), and suggested that the rumen could be 457 involved in the crosstalk between digestive system and brain modifying animal 458 aggressive and sexual behavior. The expression of the gene *ffar3* is stimulated by VFA, 459 mainly for propionic acid, and this gene stimulates the secretion of serotonin (Evans et 460 al., 2013; Devant et al., 2016). Serotonin, as neurotransmitter, may act as an important 461 link within the gut-brain axis, and has been associated with mood modulation (Evans et 462 al., 2013) and a reduction in aggressive behaviors (Haagensen et al., 2014). 463 Additionally, selective serotonin reuptake inhibitors (which increase extracellular 464 serotonin) have been related to libido reduction and sexual problems in humans (Balon, 465 2006). In previous studies (Balcells et al., 2012; Seradj et al., 2014) it has been observed 466 that citrus flavonoids increase the proportion of propionic acid in rumen. Data of the 467 present study may support the hypothesis that acid propionic can not only be an 468 important molecule modulating eating behavior of BF bulls, it maybe also related to the 469 reduction in aggressive and sexual interactions of BF bulls by serotonin secretion 470 modulation in the rumen.

Furthermore, Qaisrani et al. (2012) observed that feeding pullets with diluted diets (with different sources of non-starch polysaccharides) reduced feather-pecking behavior and increased feeding time. In the present study, BF bulls dedicated more time to perform eating behaviors (straw) and had numerically lesser eating rate, smaller meal sizes and larger straw feeder occupancy than C bulls during the finishing phase. Thus, it could be hypothesized that these animals had less time to perform these aggressive and sexual behaviors as they were more occupied with feeding events.

# 478 Macroscopic Rumen Evaluation and Liver Abscesses

The lighter and less baldness areas in the rumen walls observed in BF bulls compared with C bulls may be indicative of better rumen health. This observation could be linked to the anti-oxidant and anti-inflammatory properties of flavonoids protecting the mucosa (Cavia-Saiz et al., 2010; Harborne et al., 2000; Heim et al., 2002; Tripoli et al., 2007). Naringin is rapidly deglycosylated by enzymes to naringenin (Busto et al., 2007), and rumen microflora is capable of anaerobic degradation of naringin to naringenin (Cheng et al., 1970; Simpson et al., 1969). Naringenin acts as a potent antioxidant as well, and its anti-inflammatory effects has been deeply described (Manchope et al.,
2017). Thereby, flavonoids could be protecting rumen epithelium and improving
macroscopic health parameters studied by their antioxidant and anti-inflammatory
properties.

490 Balcells et al. (2012) found that heifers supplemented with an extract of citrus 491 flavonoids, after inducing acidosis in rumen cannulated animals had an increase in 492 lactating-consuming bacteria Megasphaera elsdenii and rumen pH was higher 493 compared with non-supplemented animals. Otherwise, large meal sizes have been 494 related to higher pH fluctuations, which can lead to rumen acidosis and liver abscesses 495 (Fulton et al., 1979; Stock et al., 1987, 1990), and higher eating rate may negatively 496 affect rumen health (Sauvant et al., 1999; González et al., 2008). In this study, bulls 497 supplemented with Bioflavex® CA performed smaller meal sizes than non-498 supplemented group, and eating rate was numerically lesser during the finishing phase. 499 Thus, these eating pattern modifications could have also improved rumen health in BF 500 bulls compared with C group (González et al., 2012), along with pH and microflora 501 modulation.

Finally, as previously mentioned, BF bulls occupied during more time the straw feeder.
Straw ingestion in ruminants stimulates rumination and salivation, and the buffer
capacity of saliva results in a higher ruminal pH, which can lead to a healthier ruminal
epithelium as well.

# 506 Conclusions

507 In conclusion, Bioflavex® CA supplementation in bulls fed with a single-space feeder 508 modified the eating pattern reducing large meal sizes that may cause a reduction in feed 509 intake. However, animal performance was not affected. Animals supplemented with

flavonoids spent more time eating straw. Flavonoids improved rumen wall health parameters analyzed, maybe because of reduction of large meal sizes, as well as their potential antioxidant and anti-inflammatory properties. Otherwise, flavonoids supplementation reduced agonistic behaviors throughout the study, and sexual interactions during the finishing phase.

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presentation form on performance, carcass characteristics, and behavior of
fattening Holstein bulls fed high-concentrate diets. Anim. Feed Sci. Technol.
232: 148-159.

658	Item	Growing	Finishing
659	Ingredients, %		<u> </u>
037	Corn grain meal	39.98	44.96
660	Gluten feed	23.00	21.31
000	Barley grain meal	13.82	10.87
661	Wheat	11.02	11.01
001	Beet pulp	4.90	4.99
662	Palm oil	2.38	2.75
002	Soybean meal	1.60	1.60
(()	Calcium carbonate	1.60	1.29
003	Urea	0.80	0.42
	Bicarbonate	0.40	0.40
004	Vitamin premix	0.30	0.20
((5	Salt	0.20	0.20
665	Nutrients, dry matter (DM) basis		
	CP, %	15.2	13.6
000	EE, %	5.3	5.8
((7	Ash, %	6.1	5.5
00/	NDF, %	18.5	17.8
(())	TDN, %	88.6	89.3
668	PDIE, g/kg	97.1	97.7
(())	PDIN, g/kg	101.4	102.1
669	NFC, %	54.8	57.2
(70)	UFC/kg	1.17	1.19
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**Table 1.** Ingredients and nutrient composition of the concentrates.

Tutono eti en e	T4	Definition		
Interactions	Item	Definition		
Nonagonistic	Self-grooming	Nonstereotyped licking of its own body, scratching with a back limb or against the fixtures. Licking, nosing with the muzzle or horning a		
interactions	Social behavior	neighboring hull		
menuetions	Oral non-nutritive			
	behavior	Licking or biting fixtures with non-nutritive finality.		
	Fighting	When bulls pushed vigorously head against head.		
		When one bull push vigorously its head against any part		
	Butting	of another bull's body.		
Agonistic		When one bull jostle itself between 2 other bulls or		
interactions	Displacement	between a bull and any equipment.		
	Chasing	When a bull follow fast or run behind another bull.		
		When a bull push a resting animal and make him to		
	Chasing-up	stand up.		
	Flehmen	Upper lip reversed.		
Sexual	Attempted mounts	Head on the back of another animal.		
interactions				
	Completed mounts	Forelimbs on the back of another animal.		
		Tongue rolling, stereotyped liciting or bitting any		
Sterertypies	Oral stereotypies	equipment		

**Table 2.** Description of the social behavioral categories recorded.

680	Table 3. Performance, concentrate intake, and eating behavior of Holstein bulls fed
681	high-concentrate diets with or without BIOFLAVEX® CA supplementation from
682	4 to 9 mo of age.

	Treatment <sup>1</sup>				<i>P</i> -value <sup>2</sup>		
Item	Control	BF	SEM	Т	Time	T x Time	
Initial age, d	150	148	0.2	< 0.01			
Initial BW, kg	195	195	0.7	0.88			
Final BW (112 d of study), kg	387	385	1.9	0.34			
ADG, kg/d	1.72	1.70	0.030	0.59	< 0.01	0.96	
Concentrate efficiency, kg/kg	0.27	0.28	0.044	0.81	< 0.01	0.89	
Concentrate DM intake							
Mean, kg/d	6.4	6.3	0.06	0.10	< 0.01	0.70	
CV, %	17.5	18.0	0.87	0.71	< 0.01	0.30	
Daily meals							
Mean, number	10.2	9.9	0.29	0.57	< 0.01	0.78	
CV, %	19.8	19.9	0.43	0.77	< 0.01	0.08	
Meal size, DM basis							
Mean, kg/meal	668.1	668.8	19.94	0.98	< 0.01	0.95	
CV, %	22.0	21.7	0.67	0.76	< 0.01	0.14	
Meal duration							
Mean, min/meal	5.3	5.3	0.29	0.94	< 0.01	0.98	
CV, %	27.8	26.2	1.24	0.40	0.08	0.30	
Total daily meal duration, min							
Mean, min/d	50.2	49.2	1.55	0.66	< 0.01	0.66	
CV, %	24.5	23.5	1.36	0.61	0.55	0.26	
Inter-meal duration							
Mean, min/inter-meal	147.3	151.9	4.06	0.44	< 0.01	0.95	
CV, %	22.5	22.8	0.73	0.78	< 0.01	0.08	
Meal eating rate, DM basis							
Mean, g/min	159.4	159.5	7.96	0.99	< 0.01	0.58	
CV, %	51.1	45.9	4.04	0.38	< 0.01	0.35	

<sup>1</sup> Control = non-supplemented, BF = concentrate supplemented with BIOFLAVEX®

CA at 0.04%. <sup>2</sup> T = treatment effect; Time = time effect (period of 14 d); T x Time = treatment by 

time interaction effect.

689	Table 4. Performance, concentrate intake, and eating behavior of Holstein bulls fed
690	high-concentrate diets with or without BIOFLAVEX® CA supplementation from
691	9 to 11 mo of age.

	Treatment <sup>1</sup>				<i>P</i> -value <sup>2</sup>		
Item	Control	BF	SEM	Т	Time	T x Time	
Initial BW, kg	387	385	1.9	0.34			
Final BW (168 d of study), kg	476	467	3.0	0.05			
ADG, kg/d	1.55	1.46	0.065	0.35	< 0.01	0.65	
Concentrate efficiency, kg/kg	0.19	0.18	0.051	0.78	< 0.01	0.60	
Concentrate DM intake							
Mean, kg/d	7.6	7.4	0.11	0.19	0.30	0.49	
CV, %	18.6	17.3	1.41	0.51	0.03	0.47	
Daily meals							
Mean, number	10.3	10.6	0.35	0.61	0.16	0.92	
CV, %	19.5	19.2	0.66	0.71	< 0.01	0.06	
Meal size, DM basis							
Mean, g/meal	782.9	752.8	24.75	0.41	0.08	0.99	
CV, %	21.5	20.1	0.97	0.31	0.01	0.18	
Meal duration							
Mean, min/meal	4.1	4.2	0.28	0.83	< 0.01	0.68	
CV, %	29.8	27.8	1.66	0.42	0.06	0.98	
Total daily meal duration, min							
Mean, min/d	40.8	42.4	2.12	0.61	< 0.01	0.20	
CV, %	28.3	26.7	1.83	0.54	0.09	0.93	
Inter-meal duration							
Mean, min/inter-meal	149.4	145.6	6.70	0.69	0.53	0.98	
CV, %	22.6	21.8	0.68	0.45	0.08	< 0.01	
Meal eating rate, DM basis							
Mean, g/min	242.3	229.2	20.92	0.66	< 0.01	0.37	
CV, %	48.2	45.3	4.29	0.64	0.20	0.18	

<sup>1</sup> Control = non-supplemented, BF = concentrate supplemented with BIOFLAVEX® 

CA at 0.04%. <sup>2</sup> T = treatment effect; Time = time effect (period of 14 d); T x Time = treatment by 

time interaction effect. 

701									
702	Item	Treatment <sup>1</sup>				<i>P</i> -values <sup>2</sup>			
702		Control	BF	SEM <sup>3</sup>	Т	Time	T x Time		
/05	Growing								
704	Standing	72.2	74.7	2.38	0.25	< 0.01	0.48		
705	Lying	27.8	25.3	2.38	0.27	< 0.01	0.15		
706	Eating concentrate	5.7	6.0	0.06	< 0.01	< 0.01	0.26		
707	Eating straw	15.4	18.7	1.81	< 0.01	< 0.01	0.19		
708	Drinking	1.9	1.6	0.24	0.52	0.73	0.85		
709	Ruminating	12.0	12.7	0.61	0.32	0.05	0.17		
710	Finishing								
710	Standing	75.7	71.7	4.37	0.40	0.73	0.49		
711	Lying	24.3	28.2	4.57	0.15	0.59	0.49		
712	Eating concentrate	5.3	6.1	0.33	< 0.01	0.77	0.66		
713	Eating straw	10.9	15.0	4.05	< 0.05	0.13	0.17		
714	Drinking	2.0	1.7	0.72	< 0.05	0.06	0.64		
715	Ruminating	8.2	11.4	1.95	0.37	0.19	0.76		
716									

698 Table 5. Percentages of general activities (%) of Holstein bulls fed high-concentrate
 699 diets with or without BIOFLAVEX<sup>®</sup> CA supplementation.

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718 1. C = control, BF = concentrate supplemented with BIOFLAVEX® CA at 0.04%

719 2. T = treatment effect; Time = time effect (measurements every 14 d); T x Time =
720 treatment by time interaction.

3. SEM = standard error of the means of the log-transformed data (general activity) or
 root transformed data (social behavior).

724	Table 6.	Carcass quality	of Holstein	bulls fed high-	-concentrate di	ets with or without
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725 BIOFLAVEX<sup>®</sup> CA supplementation.

726

	Treatment <sup>1</sup>			<i>P</i> -value <sup>2</sup>
Item	Control	BF	SEM	Т
Age before slaughter, d	322	324.6	2.95	0.57
Days in study, d	173	175.3	1.66	0.35
BW before slaughter, kg	490	479	3.98	0.06
Carcass weight, kg	258	254	2.31	0.15
Dressing percentage, %	52.6	53.0	0.18	0.42
Fatness <sup>3</sup> , %				0.31
1	1.0	0		
2	13.6	8.8		
3	85.2	91.1		
Conformation <sup>4</sup> , %				0.62
R	3.7	6.3		
Ο	58.0	51.9		
Р	34.3	41.8		

<sup>1</sup>Control = non-supplemented, BF = concentrate supplemented with BIOFLAVEX® CA at 0.04%.

728 CA at 0.04%. 729 <sup>2</sup> T = treatment effect.

<sup>729</sup> <sup>3</sup> The carcass fat cover classification, according the EU Regulation No. 1208/81, which

tilizes a classification system by numbers, 1.2.3.4.5, where 5 explains a very high

degree of covering fat and heavy fat deposits in the thoracic cavity, and 1 is classified as

733 low degree, with no fat cover.

<sup>4</sup>(S)EUROP categories described by the EU Regulation No. 1208/81 and 1026/91, the

735 conformation of carcasses is classified as "E" when corresponds to an excellent

conformation, "U" to very good conformation, "R" to good conformation, "O" to fair

737 conformation, and "P" to a poor conformation.

Table 7. Macroscopically observations of the rumen of Holstein bulls fed high-

39 concentrate diets with or without BIOFLAVEX <sup>®</sup> CA supplementation	39	concentrate diets with	or without	BIOFLAVEX®	CA supplementation
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	Treatment <sup>1</sup>		<i>P</i> -value <sup>2</sup>
Item	Control	BF	
Color of the rumen <sup>3</sup>			0.06
3	42.7	44.3	
4	47.6	54.4	
5	9.8	1.3	
Papillae clumping			0.66
Yes	43.9	40.5	
No	56.2	59.5	
Baldness region			0.01
Yes	67.1	48.1	
No	32.9	51.9	
Liver abscess <sup>4</sup>			0.26
None	78.3	75.6	
А	13.0	22.2	
A-	2.2	-	
A+	2.2	2.2	
Inflammation	4.4		

<sup>1</sup>Control = non-supplemented, BF= concentrate supplemented with BIOFLAVEX® CA

at 0.04%.

 $^{2}$  T = treatment effect. 

<sup>3</sup>Adapted from Gonzalez et al. (2001): Rumen color: 1 = white; 5 = black. <sup>4</sup>Adapted from Nocek et al. (1984). 

749 Figure 1. Non-agonistic interactions of Holstein bulls fed high-concentrate diets with or





- 753 Figure 2. Agonistic interactions of Holstein bulls fed high-concentrate diets with or
- 754 without BIOFLAVEX<sup>®</sup> CA supplementation.



755

Figure 3. Sexual interactions of Holstein bulls fed high-concentrate diets with or
without BIOFLAVEX<sup>®</sup> CA supplementation.

