

Edinburgh Research Explorer

Administration of a synbiotic containing Enterococcus faecium does not significantly alter fecal microbiota richness or diversity in dogs with and without food-responsive chronic enteropathy

Citation for published version:

Pilla, R, Guard, BC, Steiner M., J, Gaschen, FP, Olson, E, Werling, D, Allenspach, K, Salavati, S & Suchodolski, J 2019, 'Administration of a synbiotic containing Enterococcus faecium does not significantly alter fecal microbiota richness or diversity in dogs with and without food-responsive chronic enteropathy', Frontiers in Veterinary Science. https://doi.org/10.3389/fvets.2019.00277

Digital Object Identifier (DOI):

10.3389/fvets.2019.00277

Link:

Link to publication record in Edinburgh Research Explorer

Document Version:

Publisher's PDF, also known as Version of record

Published In:

Frontiers in Veterinary Science

General rights

Copyright for the publications made accessible via the Edinburgh Research Explorer is retained by the author(s) and / or other copyright owners and it is a condition of accessing these publications that users recognise and abide by the legal requirements associated with these rights.

Take down policy

The University of Édinburgh has made every reasonable effort to ensure that Edinburgh Research Explorer content complies with UK legislation. If you believe that the public display of this file breaches copyright please contact openaccess@ed.ac.uk providing details, and we will remove access to the work immediately and investigate your claim.



Download date: 26. Sep. 2019





Administration of a Synbiotic Containing Enterococcus faecium Does Not Significantly Alter Fecal Microbiota Richness or Diversity in Dogs With and Without Food-Responsive Chronic Enteropathy

Rachel Pilla¹, Blake C. Guard¹, Joerg M. Steiner¹, Frederic P. Gaschen², Erin Olson², Dirk Werling³, Karin Allenspach³, Silke Salavati Schmitz^{3*} and Jan S. Suchodolski¹

¹ Gastrointestinal Laboratory, Department of Small Animal Clinical Sciences, College of Veterinary Medicine and Biomedical Sciences, Texas A&M University, College Station, TX, United States, ² Department of Veterinary Clinical Sciences, School of Veterinary Medicine, Louisiana State University, Baton Rouge, LA, United States, ³ Royal (Dick) School of Veterinary Studies, The Roslin Institute, College of Medicine and Veterinary Medicine, University of Edinburgh, Edinburgh, United Kingdom

OPEN ACCESS

Edited by:

David Bruyette, Anivive Lifesciences, United States

Reviewed by:

Giacomo Rossi, University of Camerino, Italy Peter Hendrik Kook, University of Zurich, Switzerland

*Correspondence:

Silke Salavati Schmitz silke.salavati@ed.ac.uk

Specialty section:

This article was submitted to Comparative and Clinical Medicine, a section of the journal Frontiers in Veterinary Science

> Received: 21 June 2019 Accepted: 07 August 2019 Published: 30 August 2019

Citation

Pilla R, Guard BC, Steiner JM,
Gaschen FP, Olson E, Werling D,
Allenspach K, Salavati Schmitz S and
Suchodolski JS (2019) Administration
of a Synbiotic Containing
Enterococcus faecium Does Not
Significantly Alter Fecal Microbiota
Richness or Diversity in Dogs With and
Without Food-Responsive Chronic
Enteropathy. Front. Vet. Sci. 6:277.
doi: 10.3389/fivets.2019.00277

Background: Canine chronic enteropathies (CE) are a group of intestinal diseases that can be categorized based on treatment response into diet- or food- responsive enteropathy (FRD), antibiotic-responsive enteropathy, steroid-responsive enteropathy, and non-responsive enteropathy. CE can often be associated with intestinal dysbiosis and thus administration of probiotic or synbiotic products may provide a useful tool for the management of some of these patients. *Enterococcus faecium* (EF) is a probiotic strain included in a commercially available synbiotic for small animals, however its impact on the microbial communities in dogs with FRD has not yet been evaluated.

Hypothesis/Objectives: The administration of a synbiotic will lead to a significant difference of the fecal microbial composition and/or diversity in dogs with FRD, and these changes are not attributable to diet change alone.

Animals/Samples: Twelve dogs with FRD fed a hydrolyzed protein diet received either a synbiotic (EF, fructooligosaccharides, gum Arabic) or placebo. Fecal samples were taken before and 6 weeks into treatment. Fecal samples were also acquired from 8 healthy dogs before and 6 weeks after being switched to the same hydrolyzed protein diet as their sole food.

Methods: Bacterial DNA was extracted from fecal samples and next generation sequencing based on the 16S rRNA genes was performed. Microbial composition and diversity between groups were compared using QIIME.

Results: There was a small increase in species diversity in the feces of dogs with FRD treated with synbiotics. However, there were no significant differences in microbial community composition before and after 6 weeks in either the synbiotic or placebo

1

treated dogs with FRD or the healthy dogs. In all groups, large individual variations were observed.

Conclusions: No changes in microbial composition were observed in diseased or healthy dogs with diet change alone. However, administration of a synbiotic increased bacterial richness in both groups.

Keywords: Enterococcus, diarrhea, inflammatory bowel disease, probiotics, microbiome

INTRODUCTION

Canine chronic enteropathies (CE) are a group of intestinal diseases of unknown cause (1, 2). They are usually classified by response to treatment as food-responsive disease (FRD), antibiotic-responsive disease (ARD), and steroid-responsive disease (SRD), with the latter also being termed (idiopathic) inflammatory bowel disease (IBD) (2, 3). All of these syndromes manifest in variable degrees and combinations of gastrointestinal signs (i.e., diarrhea, vomiting, weight loss, changes in appetite).

All dogs with CE present with intestinal inflammation to some degree and have been shown to share similar alterations in the microbiome when compared to healthy dogs (4). Those alterations in the gut microbiome composition are termed dysbiosis, especially when they result in functional changes in the microbial transcriptome, proteome, or metabolome (5). It has been speculated that oxygen, which is increased in the GI tract of dogs with CE due to inflammation, might be responsible for the observed dysbiosis (6). This hypothesis focuses on the availability of oxygen in the intestinal lumen (5), which negatively impacts strict anaerobe populations, and drives an uncontrolled luminal expansion of facultative anaerobes, especially members of the *Enterobacteriaceae* family (5). The increase in abundance of facultative anaerobic bacteria belonging to the *Enterobacteriaceae* family is a common marker of dysbiosis in dogs (7).

In dogs with IBD treated with immunosuppressive therapy, with or without antibiotics or other therapeutic measures, clinical recovery is not always accompanied by a recovery of the microbial dysbiosis. In one study (8), although all dogs clinically recovered, the diversity indices for the fecal bacterial communities present after 3 weeks of therapy showed a trend toward a further decrease.

Although antibiotics like metronidazole or tylosin are prescribed to many dogs with chronic diarrhea, this practice is of increasing concern. The true incidence of ARD is reported to be low (8–16%) (9, 10), thus administering antibiotics empirically likely leads to their overuse, directly or indirectly contributing to global antimicrobial resistance. It is widely accepted that antibiotic administration in general causes changes in the composition and richness of the intestinal microbiota in people (11) and companion animals (12), and this dysbiosis can be detrimental for overall host health. Administration of oral tylosin to healthy dogs was associated with microbiota alterations that were still present 14 days after withdrawal (13), suggesting a possible long-term adverse effect in some animals. Fecal bacterial diversity was also reduced after oral administration of metronidazole to healthy dogs (14). Overall, the necessity of

avoiding empirical and injudicious use of antibiotics in dogs with chronic diarrhea cannot be overemphasized.

To aid recovery of dysbiosis in dogs with CE and as alternative to antibiotic treatment (4–6), modification of the intestinal microbiota in the form of pre- and probiotics (combinations of both are called synbiotics) seems an interesting and desirable treatment option. Several studies have shown that probiotics can influence key biological signaling pathways of inflammation in immune cells in humans and rodent models (7, 15–18), as well as in dogs (19).

In one study, treatment of IBD in dogs with a probiotic induced remission comparable with combined therapy (immunosuppressive combined with antibiotic) (8). In addition, when combined with immunosuppressive therapy, probiotics were found to upregulate tight junction protein expression in dogs with IBD, suggesting a beneficial effect on mucosal homeostasis (19).

While dogs affected by FRD or IBD have similarly dysbiotic microbiomes, their response to treatment can be somewhat different. In one study, no significant changes in microbial communities were found after treatment between dogs with FRD treated with an elimination diet with a novel protein source and dogs with IBD treated with a combination of diet and immunosuppressant therapy (20). However, in another study (21), the diversity of the fecal microbiome increased after feeding a vegetable diet to dogs with FRD and after treatment the fecal microbiome was no longer different from healthy controls. The difference between these studies may be attributable to the sampling schedule: in the first study (20), dogs where sampled after 14 days, and in the latter (21), they were fed the vegetable diet for 6 weeks before sampling. We have recently published studies looking at the clinical effectiveness of Enterococcus faecium (EF) in dogs with FRD, as well as assessing the influence of this allegedly probiotic bacterium on several inflammatory pathways in canine CE (22, 23). EF strain NCIMB 10415 4b1707 is widely available as a commercial small animal probiotic or synbiotic in Europe and in the USA. So far, EF has not convincingly shown a clinical benefit over dietary change alone in FRD cases (23). However, the effect of EF on the composition and diversity of the fecal microbiome of dogs with CE has not yet been evaluated.

The hypothesis of the current study was that administration of an *E. faecium* containing synbiotic product will lead to a significant difference of the fecal microbial composition and/or diversity in dogs with FRD, and these changes are not attributable to diet change alone.

MATERIALS AND METHODS

Animal Enrolment and Sample Collection Dogs With Food-Responsive Chronic Enteropathy

The synbiotic clinical trial in dogs with FRD was conducted between June 2010 and May 2013. Details of inclusion/exclusion criteria and diagnostic workup as well as partial results of this trial have been partially published elsewhere (22). The synbiotic used (Synbiotic D-C; Probiotics International Ltd. [Protexin], Somerset, UK) contained $1\times 10^9 {\rm cfu}$ EF strain NCIMB 10415 4b1707 per capsule, plus the prebiotics fructooligosaccharides (FOS) and gum Arabic. The placebo consisted of an identical capsule containing maltodextrin. A commercially available hydrolyzed protein diet (Purina Veterinary Diet canine HA Hypo Allergenic, Nestle/Purina, York, UK) was used as elimination diet throughout the study period.

Spontaneously voided fecal samples from these dogs with FRD were collected at the initial visit and approximately 6 weeks after starting the diet and trial medication (synbiotic or placebo), to which the dogs were randomized before the start of the study in a double-blinded fashion.

Healthy Control Dogs

To further ensure that microbiota changes anticipated upon additional synbiotic treatment in dogs with FRD were not due to the diet change, a group of healthy control dogs were recruited to assess the effect of diet change alone as part of an unrelated study at LSU. This study was conducted between May and September 2014. All dogs were student and staff-owned and deemed healthy based on physical examination and a minimal database, consisting of a complete blood count, serum chemistry profile, and urine specific gravity. Exclusion criteria included a history of digestive disease in the 12 months before recruitment. All of those dogs were given a broad spectrum anthelminthic (fenbendazole, 50 mg/kg PO once daily) for 3 days prior to the study.

Fecal samples from these healthy dogs (n = 8) were collected before and after 6 weeks of receiving the same hydrolyzed protein diet as their sole food (all dogs were on different commercially available dog foods before).

Fecal Sample Collection

All freshly voided fecal samples were frozen at -80° C immediately after collection and shipped to the Gastrointestinal Laboratory at Texas A&M University on dry ice as a batch.

Microbiota Analysis

Bacterial DNA extraction from fecal samples was performed using a commercially available kit (Power Soil® DNA isolation kit, Mo Bio Laboratories Inc., Quiagen, Carlsbad, CA, USA) according to the manufacturer's instructions and as described elsewhere (18). Bacterial tag-encoded FLX-titanium amplicon pyrosequencing (bTEFAP) based on the V1–V3 region (*E. coli* position 27–519) of the 16 S rRNA gene was performed on samples from dogs with FRD as described previously, with forward primer 28F: GAGTTTGATCNTGGCTCAG and reverse primer 519R: GTNTTACNGCGGCKGCTG (5, 24). Raw sequence data were screened, trimmed, denoised, filtered, and

chimera depleted with the QIIME (Quantitative Insights Into Microbial Ecology, www.qiime.org) pipeline version 1.7 with similar settings as published previously (5, 24). Operational taxonomic units (OTUs) were defined as sequences with at least 97% similarity using QIIME.

Healthy control dogs receiving the hydrolyzed protein diet alone were part of a subset of an unrelated study and conducted at a later time. For these samples, Illumina sequencing was performed with the following primers: 515F (GTGCCAGCMGCCGCGGTAA) and 806R (GGACTACVSGGGTATCTAAT). Raw sequence data was similarly screened, trimmed, denoised, filtered, and chimera depleted with the QIIME pipeline version 1.9, similar to the pipeline described above for dogs with FRD.

Analysis of sequencing data was done for all samples before and after 6 weeks of dietary and/or synbiotic intervention. A combined analysis with all 3 subgroups of dogs (FRD on diet and synbiotic, FRD on diet and placebo, healthy dogs with diet change) was not performed due to the different sequencing primers used.

Alpha (α) diversity was assessed as a measure of species richness in all samples. The chao1, Shannon index and observed species data were generated as described previously (4, 6) to generate the α-rarefaction plots and data. The OTU table was rarefied at 8,403 sequences/sample for samples of dogs with FDR, and 19,000 sequences for sample for the HC samples. Phylogeny-based UniFrac distance metric analysis was used to investigate differences in microbial communities as a measure of beta (β) - diversity. For this, the analysis of similarity (ANOSIM) function in a statistical software package (PRIMER 6, PRIMER-E Ltd., Luton, UK) was used on the UniFrac distance matrixes, both weighted and unweighted. Individual bacterial abundances were assessed first for normality using the Shapiro-Wilk Test and found to be non-parametric. Therefore, a Wilcoxon rank-sum test was used for taxonomic analysis of paired samples. p-values were adjusted for multiple comparisons by the Benjamin & Hochberg FDR. Statistical significance was set at p < 0.05.

Linear discriminant analysis effect size (LEfSe) was used to elucidate bacterial taxa that were associated with each diet trial. LEfSe was calculated using Calypso, a web-based software package that allows mining and visualizing of microbiome-host interactions (25).

RESULTS

Animals

A total of 12 dogs of various breeds diagnosed with chronic enteropathy completed the randomized placebo-controlled treatment trial as part of another study and received a full standard workup (22). These dogs were newly diagnosed and all received the same hydrolyzed complete dog food. They were only included in the trial if they showed a full clinical response, and hence were classified as food-responsive. Dog breeds included Labrador Retrievers (n=6), Golden Retrievers (n=2), and one dog each of the following breeds: Bracco Italiano, English Setter, Miniature Schnauzer, and Standard Poodle. Six dogs were

intact males, 2 dogs were castrated males, and 4 dogs were spayed females. The median age was 40 months (range 12–84 months). Seven dogs had been randomly assigned to receive the synbiotic product and 5 to receive a placebo.

In addition, a total of 8 healthy dogs were recruited that underwent dietary change to the same diet as the diseased populations, which included mixed breeds (n = 3), Mastiff (n = 2) and one each of the following breeds: Bull Terrier, Dachshund, and Hungarian Vizsla. Four dogs were castrated males, 2 intact females and 2 spayed females. The median age of the healthy controls was 42 months (range 24–72 months).

Microbiota Analysis

There was no difference in the overall microbiota taxonomic composition (β -diversity, unweighted UniFrac) before and after administration of the hydrolyzed protein diet with either placebo or synbiotic in dogs with FRD (ANOSIM unweighted p > 0.071, see **Figure 1A**). However, when microbiota taxonomic composition was evaluated together with taxa abundance

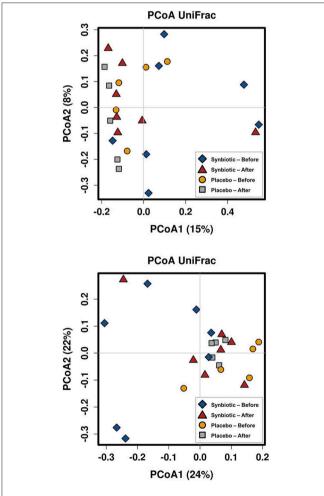


FIGURE 1 | Principal coordinate analysis of the fecal microbiota from dogs with food-responsive chronic enteropathy. Beta diversity was calculated based on unweighted UniFrac distances ($\bf A$, p=0.205) and weighted UniFrac distances ($\bf B$, p=0.107).

(weighted UniFrac, see Figure 1B), there was a significant difference between the two groups at baseline (p = 0.038), and in the placebo group before and after treatment (p = 0.016). No difference was found on β-diversity for healthy controls fed the hydrolyzed protein diet for the same 6-weeks period (ANOSIM unweighted p = 0.836; weighted p = 0.260). However, it is important to note that there was a large inter-individual variation between subjects, which can be appreciated in Figure 2. While some dogs remained within the same quadrant after diet change, others showed a larger variation, as indicated by the length of the arrows. Bacterial richness (α-diversity) was found to be significantly increased in the group of dogs with FRD treated with diet and the synbiotic vs. the placebo-treated dogs (see Figures 3, 4). Rarefaction curves are shown in Figure 3 and indicate that the rarefaction depth was appropriate for the analysis. In Figure 4, α-diversity parameters Chao1, Shannon Index, and Observed Species are significantly increased in dogs with FRD treated with diet and synbiotic compared to baseline (p = 0.016, 0.031, and 0.016, respectively). Despite visible difference of baseline samples from the placebo and synbiotic groups in **Figures 3, 4,** no significance was seen (Chao1 p = 0.432 and Observed Species p = 0.343). Dogs from the healthy control group receiving the hydrolyzed protein diet alone did not show any variation on α-diversity parameters Chao1, Shannon Index, and Observed Species (see Figures 4, 5, p = 0.920, 0.165, and 0.706, respectively).

Linear discriminant analysis effect size (LEfSe) found an increase in the genus *Enterococcus* (family *Enterococcaeae*) to be associated with samples from dogs with FDR receiving the combination of the hydrolyzed protein diet and the synbiotic (see **Table 1**). Samples of dogs with FRD receiving

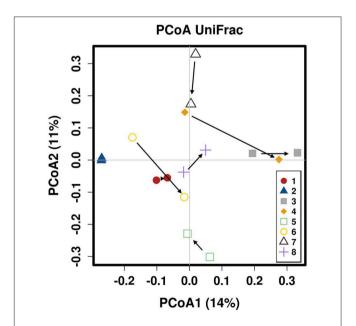


FIGURE 2 | Principal coordinate analysis of the fecal microbiota from healthy dogs switched to hydrolyzed protein diet. Colors are marking individual dogs. Arrows indicate change from day 0 (before diet change) to 6 weeks after diet change.

treatment with hydrolyzed protein diet combined with placebo instead were found to be associated with an increase in the order *Clostridia*.

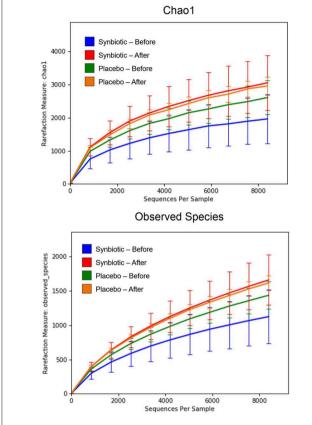


FIGURE 3 | Rarefaction plot of fecal bacterial species from dogs with food-responsive chronic enteropathy. Data shown are from before and 6 weeks after a change to a hydrolyzed protein diet as a sole food, supplemented with either a synbiotic or a placebo, and expressed by the Chao 1 diversity index (Upper) and the number of observed bacterial species (Lower).

Taxonomy analysis revealed no differences before and after treatment in dogs with FRD receiving diet and a synbiotic (see **Supplementary Table 1**). However, there was a significant decrease in *Actinobacteria* and *Bacteroidetes* in the group of dogs with FRD that did not receive the synbiotic treatment (corrected *p*-value 0.031 for both phyla) after 6 weeks (see **Supplementary Table 2**). In the group of healthy dogs receiving the hydrolyzed protein diet alone, diet change had no significant effect on distribution of bacterial taxa (see **Supplementary Table 3**).

DISCUSSION

The objective of the current study was to assess changes in fecal microbiota upon administration of a synbiotic combined with hydrolyzed protein diet in dogs with FRD compared to effects of diet change alone. Interestingly, even though the microbiota composition (β -diversity) was not significantly altered, bacterial richness as indicated by species diversity (α -diversity) increased with synbiotic treatment. This effect was not seen after switching either FRD or healthy dogs to the hydrolyzed protein diet alone.

When associations were investigated with LEfSe, the only bacterial taxa associated with treatment with the synbiotic was genus *Enterococcus*. This finding is not unexpected, as the study design did not include a washout period between the end of the synbiotic administration and the collection of samples. Samples from dogs receiving treatment with hydrolyzed protein diet and placebo, instead, were associated with an increase in the order *Clostridiales*. Many members of this order are known to be depleted in dogs with FRD and those with other chronic enteropathies (e.g., family *Lachnospiraceae*), and their increase may simply reflect a recovery from dysbiosis as described elsewhere (21).

In dogs with FRD that did not receive the synbiotic treatment there was a significant decrease in *Actinobacteria* and *Bacteroidetes* after 6 weeks of treatment with the hydrolyzed protein diet. The difference in those two phyla, however, is likely

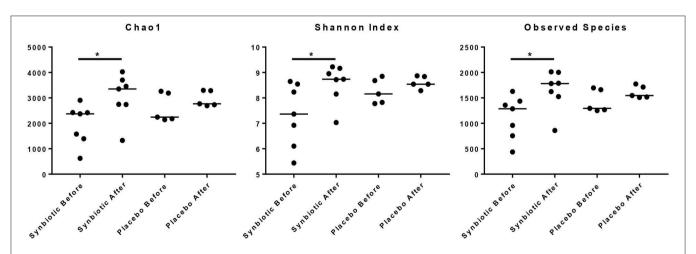


FIGURE 4 | Species richness of fecal samples from dogs with food-responsive chronic enteropathy. Chao1, Shannon index and observed species before and after 6 weeks of treatment with hydrolyzed protein diet and synbiotics are shown.

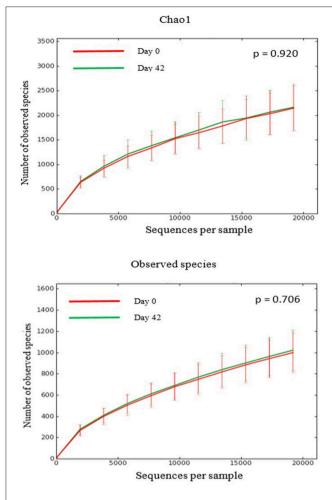


FIGURE 5 | Rarefaction plots of fecal bacterial species from healthy dogs. Data shown are from before (red lines) and 6 weeks after (green lines) a change to a hydrolyzed protein diet as a sole food, and expressed by the Chao1 diversity index (upper panel) and the number of observed bacterial species (lower panel).

of no clinical significance, as it is not mirrored in changes on the levels of bacterial order, family, or genus. In the group receiving synbiotic treatment combined with the hydrolyzed protein diet, no significant changes were observed in any taxonomic level.

The lack of an effect of diet alone on the fecal microbiota diversity and composition in the healthy dogs is not unexpected. Even though other dietary factors have been shown to influence microbiota in rodent models and people (26, 27), these might need to be drastic (e.g., very high-fat or high protein diets). In a study with a diet that included exclusively vegetable proteins but maintained macronutrient composition within typical "maintenance" complete dry dog food, no significant changes were seen in abundance, or diversity of microbial communities of healthy dogs (21). Those results are in agreement with ours; and indicate that the protein source is not necessarily an important factor for gut microbial communities of healthy dogs. However, the same study (21) found that dogs with FRD had a significant increase in alpha-diversity,

TABLE 1 | Linear Discriminant Analysis (LDA) of bacterial taxa from canine fecal samples and their associations with synbiotic treatment.

Bacterial Taxa	LDA Score
BEFORE SYNBIOTIC	
Order Lactobacillales	5.01
AFTER SYNBIOTIC	
Family Enterococcaceae	4.20
Genus Enterococcus	3.88
BEFORE PLACEBO	
Class Flavobacteriia	4.84
Order Flavobacteriales	3.92
Family Flavobacteriaceae	4.03
Family <i>Bacillaceae</i>	3.52
Genus <i>Geobacillus</i>	3.61
Phylum <i>Fusobacteria</i>	5.24
Class Fusobacteria	4.84
Order Fusobacteriales	4.84
Family Fusobacteriaceae	4.80
Family Fusobacteriaceae, unidentified genus	4.71
Genus Fusobacterium	3.27
Family Fusobacteriaceae, genus J2-29	3.71
AFTER PLACEBO	
Phylum <i>Firmicutes</i>	5.12
Class Clostridia	5.25
Order Clostridiales	5.23

Only LDA scores >3.5 are shown

and microbial communities significantly changed both in composition and abundance when fed the vegetable-protein diet. Such alterations likely reflect the recovery of the microbiota once the irritating antigen is removed, rather than an effect of the diet itself.

Significant increases in fiber content have been shown to alter the canine fecal microbiota in a previous study (28). The hydrolyzed protein diet used in our study, however, had a low fiber content, which was not different from a standard "maintenance" complete dry dog food (around 2–4% dry matter), and the amount of FOS included in the synbiotic was not enough to significantly alter those percentages.

It is important to note that overall, amongst both healthy and diseased dogs, there was a large individual variation observed in microbiome parameters between the two time-points examined, similar to reports for people. In addition, despite randomized group assignation, dogs assigned to placebo or synbiotic groups significantly clustered separately at baseline, which further complicates the interpretation of our data (see **Figure 1**). It is well-known that large inter- and intra-individual variations in the intestinal and fecal microbiota occur (4, 5, 24, 27), which is also a possible explanation for the lack of overall effect on microbiota composition observed in this study. Hence it is possible that a larger number of dogs needs to be studied to "tease out" subtle changes of the microbiota that could be caused by administration of synbiotics. However, changes observed were accompanied by clinical recovery in both placebo and synbiotic groups and might

still be meaningful to the individual host organism. However, there is currently no accepted way to assess those types of effects, which fall into the realm of personalized medicine, and it was not the aim of the study presented here to assess such effects.

In general, it is accepted that microbial diversity decreases in the chronically inflamed gut in both people and dogs (29–31). Hence, being able to increase richness might be one of the small measures that can be taken to counteract "dysbiosis" and inflammation. However, it is currently unclear which specific changes of microbial composition might improve clinical outcome in dogs with CE, and the increase in microbial species richness seen in the synbiotic-treated group can be of questionable impact.

With regards to the synbiotic used in this study, it is possible that more "aggressive" probiotic or synbiotic interventions (i.e., more frequent administration, higher dosages, different or multiple strains of probiotics, different types, and dosages of prebiotics) are necessary to increase the magnitude of the effect seen. Studies that demonstrated the benefit of probiotics alone (8) or in combination with standard therapy (19) in dogs with IBD administered at a dosage of 112-225 billion bacteria, including 7 different strains, for each 10 Kg of body weight (8), or 450 billion of the same bacteria mixture for 10-20 Kg of body weight. In comparison, our study included only one strain of EF, at the dosage of 1 billion bacteria per dog once daily, as recommended by the manufacturer, and in compliance with the European Foods Standard Agency (EFSA) regulation (EC) no 1,831/2,003, which regulates the use of probiotic bacteria in animal species, including dogs, and cats.

In addition, reversal of both microbial alterations and the associated inflammatory abnormalities seems to be a slow process, especially if influencing the microbiome by synbiotics is the only measure and no additional drugs with strong anti-inflammatory effects are used (8). It has been shown that despite a decrease in clinical activity indices, there were no changes in the fecal microbiota and serum metabolome after at least 3 weeks of treatment in dogs with IBD (31). This also fits with the observation, that the EF strain used in the synbiotic preparation did not lead to a difference in clinical improvement or anti-inflammatory gene expression profile in the intestinal mucosa of the same dog cohort within 6 weeks (22). It might therefore be necessary to observe and reassess these dogs after longer periods of treatment, where indicators of improvement of dysbiosis and clinical signs are more readily noted.

While next generation sequencing is an excellent tool to assess changes in bacterial phyla and genera in different populations of dogs, one limitation in the current study is that samples from the 2 study groups were analyzed in different runs and with slightly different techniques, which might have introduced variation. Also, Illumina sequencing might not be the ideal tool to look for more subtle changes of bacterial composition beyond phyla and genera. Species of bacteria present in low abundances that are either likely important for mucosal health [i.e., *Lactobacillus*, *Bifidobacterium*, *Faecalibacterium prausnitzii* (5, 32)] or have a potential pathogenic role (i.e., *E.coli*, *Clostridium perfringens*) are very difficult to assess without also employing more sensitive methods, for example qPCR (33).

Even though no significant changes in microbial composition were observed in diseased or healthy dogs with diet change alone, administration of a synbiotic increased bacterial richness in both groups. The EF strain's transient colonization might hence have significantly affected mucosal homeostasis as reported elsewhere (19). In addition, interactions between different bacterial taxa and even metabolites produced by them can activate metabolic pathways both in the host and in other bacterial species. Therefore, metabolomics approaches to chronic intestinal diseases assessing for example short chain fatty acids or an untargeted detection of metabolites might be more informative and a good target for future studies as exemplified by studies in humans (28).

CONCLUSION

Overall, the results of this study show a small increase in species diversity in the feces of dogs with FRD treated with synbiotics. While we cannot quantify how much of this effect was a byproduct of the administration of the probiotic itself, even small changes in composition may significantly impact metabolite production and, as consequence, intestinal health. Questions of which probiotic or synbiotic at what dose is most appropriate for the treatment of canine CE, and especially which parameters are most likely to represent therapeutic and clinical success remain open and the subject of further studies, however, proor synbiotics should be considered when empirical treatment trials are performed, especially as a substitute for potentially detrimental antibiotic trials.

DATA AVAILABILITY

Microbial sequences generated and analyzed during the current study are available in the Sequence Read Archive (https://www.ncbi.nlm.nih.gov/sra) as SRP066795. The dataset regarding individual patient and control dog details are not publicly available due to data protection regulations, but are available from the corresponding author on reasonable request.

AUTHOR CONTRIBUTIONS

SS conducted the primary research by recruiting and acquiring samples from dogs with chronic enteropathy, which was part of a wider study assessing probiotic effects on this condition. She has also analyzed and interpreted the patient data and wrote the first draft of the manuscript. This study was planned and supported by KA and DW. FG and EO planned, recruited and acquired data and samples from healthy control dogs. BG and RP conducted the practical work involved in DNA extraction, sequencing and analysis of microbiota sequencing data under the supervision and guidance of JSt and JSu. Major contributions to the manuscript were from by RP, BG, and SS, with comments and corrections provided by all other authors (JSt, FG, EO, DW, KA, JSu).

FUNDING

The clinical trial on synbiotics presented in this manuscript has been performed at the Royal Veterinary College (RVC), London, UK. It was supported by a Ph.D. stipend from the BBSRC in collaboration with Probiotics International Ltd., Somerset, UK. The pet food used for the healthy dogs recruited at LSU was provided by Nestlé-Purina Pet Care USA. The microbiome analysis was performed at the GI laboratory of the Texas A&M University, USA, at the laboratory's own cost. The mentioned companies played no role in the study design nor in the collection, analysis, and interpretation of data.

ACKNOWLEDGMENTS

The authors would like to thank the owners of the dogs participating in this study both in the UK and USA for taking part as well as Nestlé-Purina Pet Care USA for graciously providing

REFERENCES

- Allenspach K, Wieland B, Gröne A, Gaschen F. Chronic enteropathies in dogs: evaluation of risk factors for negative outcome. J Vet Intern Med. (2007) 21:700–8. doi: 10.1111/j.1939-1676.2007.tb03011.x
- Jergens AE, Moore FM, Haynes JS, Miles KG. Idiopathic inflammatory bowel disease in dogs and cats: 84 cases (1987–1990). J Am Vet Med Assoc. (1992) 201:1603–8.
- German AJ, Hall EJ, Day MJ. Chronic intestinal inflammation and intestinal disease in dogs. J Vet Intern Med. (2003) 17:8–20. doi: 10.1111/j.1939-1676.2003.tb01318.x
- Xenoulis PG, Palculict B, Allenspach K, Steiner JM, Van House AM, Suchodolski JS. Molecular-phylogenetic characterization of microbial communities imbalances in the small intestine of dogs with inflammatory bowel disease. FEMS Microbiol Ecol. (2008) 66:579–89. doi: 10.1111/j.1574-6941.2008.00556.x
- Suchodolski JS, Markel ME, Garcia-Mazcorro JF, Unterer S, Heilmann RM, Dowd SE, et al. The fecal microbiome in dogs with acute diarrhea and idiopathic inflammatory bowel disease. *PLoS ONE*. (2012) 7:e51907. doi: 10.1371/journal.pone.0051907
- Suchodolski JS, Xenoulis PG, Paddock CG, Steiner JM, Jergens AE. Molecular analysis of the bacterial microbiota in duodenal biopsies from dogs with idiopathic inflammatory bowel disease. *Vet Microbiol.* (2010) 142:394–400. doi: 10.1016/j.vetmic.2009.11.002
- van Baarlen P, Troost FJ, van Hemert S, van der Meer C, de Vos WM, de Groot PJ, et al. Differential NF- B pathways induction by Lactobacillus plantarum in the duodenum of healthy humans correlating with immune tolerance. Proc Natl Acad Sci USA. (2009) 106:2371–6. doi: 10.1073/pnas.08099 19106
- Rossi G, Pengo G, Caldin M, Piccionello AP, Steiner JM, Cohen ND, et al. Comparison of microbiological, histological, and immunomodulatory parameters in response to treatment with either combination therapy with prednisone and metronidazole or probiotic VSL#3 strains in dogs with idiopathic inflammatory bowel disease. *PLoS ONE*. (2014) 9:e94699 doi: 10.1371/journal.pone.0094699
- Volkmann M, Steiner JM, Fosgate GT, Zentek J, Hartmann S. Kohn Chronic diarrhea in dogs—retrospective study in 136 cases. J Vet Intern Med. (2017) 31:1043–55. doi: 10.1111/jvim.14739
- Allenspach K, Culverwell C, Chan D. Long-term outcome in dogs with chronic enteropathies: 203 cases. Vet Rec. (2016) 178:368. doi: 10.1136/vr.103557

the diet used for the healthy control dogs at LSU. The synbiotic clinical trial in dogs with FRD was approved by the RVC's Ethics and Welfare Committee (ASPA number 70/7,393) and conducted between June 2010 and May 2013. Written owner consent was obtained for all recruited animals. The cohort of healthy dogs for the food trial was recruited at Louisiana State University (LSU), USA. This was approved by the LSU Institutional Animal Care and Use Committee (no.14-027), and was conducted between May and September 2014. All owners of dogs participating had given verbal consent. The RVC manuscript approval number is VCS_01456. Parts of this manuscript were presented as an oral abstract at the ECVIM congress 2014 in Mainz, Germany.

SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fvets. 2019.00277/full#supplementary-material

- Rizzatti G, Ianiro G, Gasbarrini A. Antibiotic and modulation of microbiota: a new paradigm? J Clin Gastroenterol. (2018) 52:S1. doi: 10.1097/MCG.0000000000001069
- Suchodolski JS. Diagnosis and interpretation of intestinal dysbiosis in dogs and cats. Vet J. (2016) 215:30–7l. doi: 10.1016/j.tvjl.2016.04.011
- Suchodolski JS, Dowd SE, Westermarck E, Steiner JM, Wolcott RD, Spillmann T, et al. The effect of the macrolide antibiotic tylosin on microbial diversity in the canine small intestine as demonstrated by massive parallel 16S rRNA gene sequencing. *BMC Microbiol.* (2009) 9:210. doi: 10.1186/1471-2180-9-210
- Igarashi H, Maeda S, Ohno K, Horigome A, Odamaki T, Tsujimoto H. Effect of oral administration of metronidazole or prednisolone on fecal microbiota in dogs. PLoS ONE. (2014) 9:e107909. doi: 10.1371/journal.pone.0107909
- Di Caro S, Tao H, Grillo A, Elia C, Gasbarrini G, Sepulveda AR, et al. Effects of *Lactobacillus* GG on genes expression pattern in small bowel mucosa. *Dig Liver Dis.* (2005) 37:320–9. doi: 10.1016/j.dld.2004.12.008
- Foligne B, Zoumpopoulou G, Dewulf J, Ben Younes A, Chareyre F, Sirard J-C, et al. A key role of dendritic cells in probiotic functionality. *PLoS ONE*. (2007) 2:e313. doi: 10.1371/journal.pone.0000313
- Thomas CM, Versalovic J. Probiotics-host communication: modulation of signaling pathways in the intestine. Gut Microbes. (2010) 1:148–63. doi: 10.4161/gmic.1.3.11712
- Shida K, Nanno M, Nagata S. Flexible cytokine production by macrophages and T cells in response to probiotic bacteria: a possible mechanism by which probiotics exert multifunctional immune regulatory activities. *Gut Microbes*. (2011) 2:109–14. doi: 10.4161/gmic.2.2.15661
- White RSR G, Atherly T, Guard B, Rossi G, Wang C, Mosher C, et al. Randomized, controlled trial evaluating the effect of multi-strain probiotic on the mucosal microbiota in canine idiopathic inflammatory bowel disease. *Gut Microbes*. (2017) 8:451–66. doi: 10.1080/19490976.2017.1334754
- Kalenyak K, Isaiah A, Heilmann RM, Suchodolski JS, Burgener IA. Comparison of the intestinal mucosal microbiota in dogs diagnosed with idiopathic inflammatory bowel disease and dogs with food-responsive diarrhea before and after treatment. FEMS Microbiol Ecol. (2018) 94:fix173. doi: 10.1093/femsec/fix173
- D'Angelo S, Fracassi F, Bresciani F, Galuppi R, Diana A, Linta N, et al. Effect of Saccharomyces boulardii in dogs with chronic enteropathies: double-blinded, placebo-controlled study. *Vet Record*. (2018) 182:258.doi 10.1136/vr.104241. doi: 10.1136/vr.104241
- 22. Schmitz S, Glanemann B, Garden OA, Brooks H, Chang YM, Werling D, et al. A prospective, randomized, blinded, placebo-controlled pilot study on

the effect of *Enterococcus faecium* on clinical activity and intestinal gene expression in canine food-responsive chronic enteropathy. *J Vet Intern Med.* (2015) 29:533–43. doi: 10.1111/jvim.12563

- Schmitz S, Werling D, Allenspach K. Effects of ex-vivo and in-vivo treatment with probiotics on the inflammasome in dogs with chronic enteropathy. PLoS ONE. (2015) 10:e0120779. doi: 10.1371/journal.pone.0120779
- Garcia-Mazcorro JF, Suchodolski JS, Jones KR, Clark-Price SC, Dowd SE, Minamoto Y, et al. Effect of the proton pump inhibitor omeprazole on the gastrointestinal bacterial microbiota of healthy dogs. FEMS Microbiol Ecol. (2012) 80:624–36. doi: 10.1111/j.1574-6941.2012.01331.x
- Zakrzewski M, Proietti C, Ellis JJ, Hasan S, Brion M-J, Berger B, et al. Calypso: a user-friendly web-server for mining and visualizing microbiome-environment interactions. *Bioinformatics*. (2017) 33:782–3. doi: 10.1093/bioinformatics/btw725
- Turnbaugh PJ, Ridaura VK, Faith JJ, Rey FE, Knight R, Gordon JI.
 The effect of diet on the human gut microbiome: a metagenomic analysis in humanized gnotobiotic mice. Sci Transl Med. (2009) 1:6ra14. doi: 10.1126/scitranslmed.3000322
- Middelbos IS, Vester Boler BM, Qu A, White BA, Swanson KS, Fahey GC. Phylogenetic characterization of fecal microbial communities of dogs fed diets with or without supplemental dietary fiber using 454 pyrosequencing. PLoS ONE. (2010) 5:e9768. doi: 10.1371/journal.pone.0009768
- David LA, Maurice CF, Carmody RN, Gootenberg DB, Button JE, Wolfe BE, et al. Diet rapidly and reproducibly alters the human gut microbiome. *Nature*. (2014) 505:559–63. doi: 10.1038/nature12820
- Ott SJ, Musfeldt M, Wenderoth DF, Hampe J, Brant O, Fölsch UR, et al. Reduction in diversity of the colonic mucosa associated bacterial microflora in patients with active inflammatory bowel disease. *Gut.* (2004) 53:685–93. doi: 10.1136/gut.2003.025403
- Frank DN, St. Amand AL, Feldman RA, Boedeker EC, Harpaz N, Pace NR. Molecular-phylogenetic characterization of microbial community imbalances in human inflammatory bowel diseases. *Proc Natl Acad Sci USA*. (2007) 104:13780–5. doi: 10.1073/pnas.0706625104

- Minamoto Y, Otoni CC, Steelman SM, Büyükleblebici O, Steiner JM, Jergens AE, et al. Alteration of the fecal microbiota and serum metabolite profiles in dogs with idiopathic inflammatory bowel disease. *Gut Microbes*. (2014) 6:37–41. doi: 10.1080/19490976.2014.997612
- Miquel S, Martín R, Rossi O, Bermúdez-Humarán LG, Chatel JM, Sokol H, et al. Faecalibacterium prausnitzii and human intestinal health. Curr Opin Microbiol. (2013) 16:255–61. doi: 10.1016/j.mib.2013.06.003
- Guard BC, Barr JW, Reddivari L, Klemashevich C, Jayaraman A, Steiner JM, et al. Characterization of microbial dysbiosis and metabolomic changes in dogs with acute diarrhea. *PLoS ONE*. (2015) 10:e0127259. doi: 10.1371/journal.pone.0127259

Conflict of Interest Statement: The authors declare that this study was part of a Ph.D. funded by a BBSRC studentship with Protexin Ltd. Somerset, UK. In addition, the authors declare that Nestlé-Purina Pet Care USA provided the diet used for the healthy control dogs at LSU (FG, EO). The funders had no role in study design, data collection and analysis, preparation of the manuscript, or decision to publish (even though they reserved the right to view any manuscript deriving from the Ph.D. work before publication). Parts of the probiotic clinical trial in dogs with FRE have already been published elsewhere (https://onlinelibrary.wiley.com/doi/full/10.1111/jyim.12563).

The remaining authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

Copyright © 2019 Pilla, Guard, Steiner, Gaschen, Olson, Werling, Allenspach, Salavati Schmitz and Suchodolski. This is an open-access article distributed under the terms of the Creative Commons Attribution License (CC BY). The use, distribution or reproduction in other forums is permitted, provided the original author(s) and the copyright owner(s) are credited and that the original publication in this journal is cited, in accordance with accepted academic practice. No use, distribution or reproduction is permitted which does not comply with these terms.