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Daoud, Amal; Ben Mefteh, Fedia; Mnafgui, Kais; Turki, Mouna; Jmal, Salwa; Ben Amar, Rawdha; Ayadi, Fatma; ElFeki, Abdelfattah; Abid, Leila; Rateb, Mostafa E.; Belbahri, Lassaad; Kadri, Adel; Gharsallah, Neji

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| 1           | Cardiopreventive effect of ethanolic extract of Date Palm Pollen against   |
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| 2           | isoproterenol induced myocardial infarction in rats through the inhibition   |
| 3           | of the angiotensin-converting enzyme.  |
| 4<br>5<br>6 | Amal Daoud <sup>1</sup> , Fedia Ben mefteh <sup>1</sup> , Kais Mnafgui <sup>1,2</sup> , Mouna Turki <sup>3</sup> , Salwa Jmal <sup>4</sup> , Rawdha Ben amar <sup>4</sup> ,<br>Fatma Ayadi <sup>3</sup> , Abdelfattah ElFeki <sup>2</sup> , Leila Abid <sup>5</sup> , Mostafa E. Rateb <sup>6</sup> , Lassaad belbahri <sup>7*</sup> , Adel Kadri <sup>1,8</sup><br>and Neji Gharsallah <sup>1</sup> |
| 7<br>8      | <sup>1</sup> Laboratory of Plant Biotechnology, Faculty of Sciences of Sfax, B.P.1171, 3000 Sfax,<br>Tunisia;  |
| 9<br>10     | <sup>2</sup> Laboratory of Animal Physiology, Faculty of Sciences of Sfax, University of Sfax, P.O.<br>Box 95, Sfax 3052, Tunisia;   |
| 11<br>12    | <sup>3</sup> Clinial Biochemistry Laboratory, Habib Bourguiba Teaching Hospital, 3000 Sfax,<br>Tunisia;  |
| 13          | <sup>4</sup> Clinical Anapath Laboratory, Habib Bourguiba Teaching Hospital, 3000 Sfax, Tunisia;   |
| 14          | <sup>5</sup> Cardiology Department, Hedi Chaker Teaching Hospital, 3000 Sfax, Tunisia;   |
| 15          | <sup>6</sup> University of West of Scotland, School of Science & sport, Paisley PA1 2BE, UK.   |
| 16          | <sup>7</sup> Laboratory of Soil Biology, University of Neuchatel, Neuchâtel, Switzerland;  |
| 17          | <sup>8</sup> College of Science and Arts in Baljurashi, Al Baha University, Al Baha, Saudi Arabia.   |
| 18          | *Corresponding author: Lassaad Belbahri  |
| 19          | E-mail address: lassaad.belbahri@unine.ch  |
| 20          |  |
| 21          | Abstract   |
| 22          | The present study aimed to examine the putative preventive effect of the ethanolic extract   |
| 23          | Date Palm Pollen (DPP, Phoenix dactylifera L., family Arecaceae) on isoproterenol-induced  |

myocardial infarction (MI) in rats. Twenty four rats were randomly divided into four groups
including control. They were treated with DPP extract (400 mg/kg) and clopidogrel (0.2
mg/kg) for 7 days followed by myocardial injury induction using subcutaneous isoproterenol

27 (100 mg/kg) with an interval of 24h for two days (6<sup>th</sup> and 7<sup>th</sup> day). Administration of

isoproterenol exhibited indicative changes in the ECG pattern evidenced by significant 28 elevation of ST-segment and cardiac injury markers viz.; troponin-T, creatine phosphokinase 29 (CPK), alanine aminotransferase (ALT) and lactate dehydrogenase (LDH) by 315%, 71%, 30 64% and 170%, respectively as compared to control. Additionally, the angiotensin-converting 31 enzyme (ACE) activity in plasma was increased by 33% associated to histological myocardial 32 necrosis. However, pre-co-treatment with DPP extract improved the cardiac biomarkers 33 injury, normalized cardiac function indices and prevented the ventricular remodeling process 34 through inhibition of ACE activity by 34% and the inhibition of the generation of radical 35 oxygen species. Extensive characterization of this DPP extract using LC-HRMS revealed 36 numerous flavonoids and phenols compounds which could be endowed with cardiopreventive 37 actions. Overall, these results proved that DPP extract has preventive effects on cardiac 38 remodeling process. 39

*Keywords:* «DPP ethanolic extract; cardiopreventive; myocardial infarction; ACE; ECG;
Electrospray Ionization Mass Spectrometry».

*Abbreviations:* DPP, Date Palm Pollen; MI, myocardial infarction; HRESIMS, high
resolution electrospray ionization mass spectrometry; ECG, electrocardiographic; LV, left
ventricular; CPK, creatine phosphokinase; ALT, alanine aminotransferase; LDH, lactate
dehydrogenase; ACE, angiotensin-converting enzyme; TC, total cholesterol; TG,
triglycerides; ECL, electrochemiluminescence; ROS, reactive oxygen species.

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#### 48 1. Introduction

Cardiovascular diseases remain the most important cause of mortality in both developed 49 and developing countries, accounting approximately 20% of all annual deaths worldwide 50 (Ittagi et al., 2014). The cardiovascular system is susceptible to many chronic diseases such as 51 hypertension and myocardial infarction. The myocardial infarction (MI) reflects the death of 52 cardiac myocytes due to prolonged ischemia. It is considered an acute coronary syndrome that 53 may happen during the natural path of coronary atherosclerosis. This pathology could be 54 mediated to several factors affecting the arterial wall (Boersma et al., 2003). Hence, it is a 55 result of imbalance between coronary blood supply and cardiac demand (Mnafgui et al., 56 2016). It increases myocardial necrosis which causes cardiac dysfunction including blood 57 pressure, heart rate and electrocardiographic (ECG) changes and left ventricular (LV) 58 dysfunction associated with an alteration in activities of cardiac-specific enzymes. Cardiac 59

troponins are frequently accompanied with inflammation-related proteins and myocardialinfarction in case of severe heart damage (Mnafgui et al., 2016).

Isoproterenol [1-(3,4-dihydroxyphenyl)-2-isopropylaminoethanol HCl] is a synthetic 62 catecholamine with  $\beta$ -adrenergic agonist effect which shown to cause severe stress in the 63 myocardium resulting in infarction-like necrosis of the heart muscles (Upaganlawar et al., 64 2011). However, the administration of isoproterenol in supra-maximal doses could stimulate 65 subendocardial ischemia, necrosis, hypoxia followed by fibroblastic hyperplasia with 66 decreased myocardial compliance and inhibition of diastolic and systolic function 67 68 (Mehdizadeh et al., 2013). In veterinary and human medicine, numerous synthetic drugs were designed for the management of heart attack but exhibit many side effects. Hence, several 69 attempts have been taken for the identification of new therapeutic approaches to prevent 70 myocardial infarction. A great attention has been given to the polyphenols as effective 71 bioactive compounds that protect cells from myocardial damage. Naturally-occurring 72 73 polyphenolic compounds with antioxidant properties are widely in vegetables, fruits, tea, etc 74 (Hertog et al., 1993).

Historically, date palm trees (Phoenix dactylifera L.) belonging to family Arecaceae were 75 76 extensively used in folk medicine as potential source for treatment of many human diseases. Date Palm Pollen (DPP) has been reported as rich source of diverse secondary metabolites 77 78 that elucidate its potential uses in several disorders. Antioxidants play a significant action as preventive agents via neutralization or inhibition of reactive oxygen species (ROS) that 79 80 suppress the development and progression of many diseases. Recent investigations reported that date palm possesses a potent ability to neutralize free radical (Rahmani et al., 2014; Al-81 Farsi et al., 2005). Accordingly, the DPP proved effective in many biological proprieties such 82 as aphrodisiac, anti-inflammatory, anti-coccidial, anti-apoptotic (Elberry et al., 2011; 83 Metwaly et al., 2014), anti-toxicant (Eraslan et al., 2008), and hepato-protective (Uzbekova et 84 al., 2003) activities. 85

Despite this large flow of data on the promising properties and attributes of DPP, no studies have been performed to explore the preventive effect of DPP against experimentallyinduced myocardial infarction in rats. This encouraged us in the current study to explore this effect with scientific evidence.

- 90 2. Materials and methods
- 91 2.1. Chemicals

Isoproterenol hydrochloride powder obtained from Sigma-Aldrich (Sigma-Aldrich, St.
Louis, USA). ACE kit was purchased from Trinity (Trinity, UK). All other chemicals used in
this study were analytical grade.

## 95 2.2. DPP collection

96 DPP was collected from *Phoenix dactylifera* L., family Arecaceae in Tozeur (South-west, 97 Tunisia) in April 2015. After collection, the pollen was air-dried and ground to fine powder 98 using a grinder. The powdered material was stored at 4 °C until further use. Its botanical 99 identification and authentication were confirmed at the Department of Botany of the 100 University of Sfax (Tunisia).

#### 101 2.3. Extraction of plant material

Sample of powdered plant material (200 g) was extracted twice with 800 mL of ethanol for 24 h. The macerate was then filtered through filter paper (Whatman, Sfax, Tunisia) in a Buchner funnel. The filtered solution was evaporated in a rotary evaporator under vacuum at 45 °C till complete dryness. The dry extract and stock solution were kept at 4 °C until further analysis.

107 2.4. Animals

A total of 24 adult male Wistar rats, weighing  $170-190 \pm 10$  g, were obtained from the local Central Pharmacy (Tunisia) and used in the present study. The animals were housed in clean cages in an air conditioned room and kept under standard conditions of temperature (25  $\pm 2$  °C), humidity (60  $\pm 5\%$ ) and light (12 h dark/12 h light cycle). They were kept on standard diets and free access to tap water. The experimental protocols were conducted in accordance with the guide for the care and use of laboratory animals issued by the University of Sfax (Tunisia), and approved by the Committee of Animal Ethics.

115 2.5. Induction of experimental myocardial infarction

Isoproterenol was dissolved in normal saline solution and injected to rats (100 mg/kg) at
an interval of 24 h for 2 consecutive days to induce experimental myocardial infarction
(Mnafgui et al., 2016). Animals were sacrificed 48 h after the first dose of isoproterenol.

119 2.6. Experimental protocols

After acclimatization, the animals were randomly divided into four groups of six ratseach as following:

Group 1: (Control) rats, received standard laboratory diet and allowed to drink saline water *ad libitum*, served as a control;

Group 2: isoproterenol (Isop) rats, received saline water and standard diet for 7 days. At the 6<sup>th</sup> day these rats were subcutaneously injected with Isoproterenol (100 mg/kg), once at an interval of 24 h for two consecutive days to induce myocardial infarction;

Group 3: (Isop+Clop) rats received clopidogrel (trade name Plavix, 0.2 mg/kg by gastric
gavages) for 7 days and were injected subcutaneously with isoproterenol (100 mg/kg) on days
6 and 7.

Group 4: (Isop+DPP) rats received the ethanolic extract of DPP (400 mg/kg) for 7 days and 130 were injected subcutaneously with isoproterenol (100 mg/kg) on the 6<sup>th</sup> and 7<sup>th</sup> days. All rats 131 were fasted overnight but had free access to water at the last administration of the drug. After 132 the 7 days induction, the animals were weighted and sacrificed by decapitation in order to 133 134 minimize the handling stress. The trunk blood and heart were collected. Plasma was obtained by cold centrifugation of the blood ( $1500 \times g$ , 15 min), frozen and stored at -20 °C till further 135 136 use for the biochemical assays. Immediately after sacrifice, the heart was excised out, rinsed with saline and fixed in a Bouin solution for 24 h and embedded in paraffin. The sections of 5 137 138 µm thickness were stained with Hematoxylin–Eosin (H&E). The slides were examined under light microscope and photomicrographs were taken by an Olympus U-TU1X-2 camera 139 connected to an Olympus CX41 microscope (Tokyo, Japan) (Mnafgui et al., 2016). 140

# 141 2.7. *Electrocardiography*

The ECG patterns were recorded using veterinary electrocardiograph (ECG VET 110, Biocare, China). ECG recording were made in anesthetized with ketamine (100 mg/Kg) intraperitoneally, at the end of the experimental period (24 h after the second dose of isoproterenol). Needle electrodes were inserted under the skin of the animals under light ether anesthesia in lead II position. The ECG record period was between 15-30 seconds.

147 2.8. Biochemical analysis

Following blood collection, animals were sacrificed and mid abdominal incision was processed in order to dissect out the heart. It was weighed and further subjected for histopathological analysis. The collected plasma was used for the determination of ACE using the available commercial kit from Trinity (Trinity, UK). Cardiac dysfunction markers CPK, LDH and ALT were measured in frozen aliquots of plasma by standardized enzymatic procedures using commercial kits from Abbott (Abbott, USA). The levels of plasma cardiac troponin-T were measured using Roche's electrochemiluminescence (ECL) technology (Roche Diagnostics, Switzerland). The lipid profile including total cholesterol (CT) and triglycerides (TG) were measured in frozen aliquots of serum by standardized enzymatic procedures using commercial kits from Abbott (Abbott, France) on an automatic biochemistry analyzer (Architect ci 4100, USA) at the clinical pathological laboratory of Sfax Hospital.

#### 159 2.9. LC/HRMS analysis

160 High resolution mass spectral data were obtained on a Thermo Instruments ESI-MS 161 system (LTQ XL/LTQ Orbitrap Discovery, UK) connected to a Thermo Instruments HPLC system (Accela PDA detector, Accela PDA autosampler and Accela Pump). A reversed-phase 162 column (Pursuit XRs ULTRA 2.8, C18, 100 x 2 mm, Agilent Technologies, UK) was used to 163 carry out the analyses. The volume of the injected sample was set at 20 µl and 30 °C was 164 chosen for column temperature. Mobile phases A and B, consisted of 0.1% formic acid in 165 water and MeOH, respectively. For separation at a flow rate of 1 ml/min, a gradient program 166 was used. 100% solvent A was the initial mobile phase, followed by a gradient to 100% 167 solvent B over 20 minutes, the mobile phase was then hold on 100% solvent B for 5 min and 168 to 100% solvent A for 25 min. Drying gas flow rate was 1 ml/min at 320 °C. MS was 169 operated in the positive ion mode in a mass range of m/z 100-2000. 170

#### 171 2.10. Statistical analysis

Data are presented as mean  $\pm$  standard deviation (SD).Values were derived from six animals per group, and differences were examined by a one-way analysis of variance (ANOVA) followed by the Fisher test (Stat View). \*P < 0.05 was considered statistically significant.

#### 176 **3.** Results

## 177 3.1. Effect of DPP ethanolic extract on body and heart weight of experimental rats

178 The effects of isoproterenol and DPP extract treatment on heart weight, body weight and heart weight to body weight ratio are shown in Table 1. There is no significant difference in 179 the body weight between the groups observed. Isoproterenol treated rats showed a significant 180 increase (P < 0.05) in heart weight and heart weight to body weight ratio by 41% as compared 181 to control rats. However, rats pretreated with DPP extract followed by isoproterenol exhibited 182 notable decrease (P < 0.05) in the heart weight by 22% compared to untreated myocardial 183 infarcted rats. Moreover, no significant difference was observed in heart weight and heart 184 weight to body ratio between animals treated with DPP extract and those treated with 185 clopidogrel. 186

#### 187 3.2. Effect of DPP-T on ECG pattern

Fig. 1 and Fig. 2 represented the electrocardiogram pattern of normal and experimental 188 rats, respectively. Control animals exhibited normal ECG pattern. Rats treated only with 189 isoproterenol showed significant increase of ST-segment (P < 0.05) compared to control 190 group, indicating infarcted myocardium. Also, isoproterenol treated rats illustrated the 191 incidence of wave of Pardee and planing R-wave equivalent of the Q wave of necrosis. 192 However, the treatment of infarcted rats with clopidogrel and DPP extract exhibited a 193 remarkable decrease of ST-segment compared to untreated ones. Additionally, rats treated 194 195 with DPP extract or clopidogrel showed a whole neutralization of the ST-segment elevation 196 with normal QRS compared to Isoproterenol treated ones.

# 197 *3.3. Plasma markers of cardiac damage*

Table 2 indicated the effects of DPP extract on marker enzymes of cardiac function including CPK, ALT, LDH and tropornin-T in serum of control and experimental rats. The plasma enzyme activities of CPK, ALT, LDH and tropornin-T were significantly increased (P< 0.05) in the isoproterenol-induced infarcted rats by 71, 64, 170 and 315%, respectively compared to control rats. However, pre-co-treatment of infarcted rats with DPP extract significantly (P < 0.05) normalized the cardiac function indices.

## 204 *3.4. Plasma lipid profile*

As shown in Table 3, isoproterenol-induced myocardial infarcted rats displayed significant increase in the plasma concentration of total cholesterol and triglycerides (P < 0.05) compared to control group. DPP extract pre-co-treatment significantly decreased the plasma levels of cholesterol and triglycerides compared to isoproterenol group.

209 3.5. Histopathological examination

As shown in Fig. 3, control rats exhibited normal myocardium structure without any infarction edema. However, the isoproterenol-induced infarcted rats showed clear increase in myofibril thickness, necrosis, and loss of transverse striations compared to control group. However, pre-co-treatment of infarcted rats with DPP showed normal myocardial architectures with evident transverse striations.

## 215 3.6. Effect of ethanolic extract of DPP on plasma ACE Activity

As shown in Fig.4, the ACE activity in plasma of untreated infarcted rats showed a significant increase by 33% as compared to control group of rats (P < 0.05). Interestingly, the treatment of infarcted rats with DPP extract underwent a notable decrease of ACE activity by 34% as compared to the untreated infarcted group.

#### 220 3.7. LC/MS analysis of bioactive compounds in DPP extract

LC/HRESIMS analysis of the DPP extract showed a rich profile of 29 secondary 221 metabolites belonging to two main chemical classes (Fig. 5). Phenolic compounds, including 222 flavonoids, flavonoid derivatives, flavonoid glycosides, tannins, coumarins, and other 223 phenolic derivatives, stand for approximately 60% of the total DPP metabolite profile. 224 Additionally, terpenoid compounds, including carotenoid derivatives, steroids, fatty acids, and 225 other terpene derivatives represent about 40% of the total DPP metabolite profile. About 60% 226 of the detected metabolites proved to possess either a cardioprotective effect, protects against 227 228 myocardial infarction or ACE enzyme inhibitors (Table 4). Even there was no reported activity for the remaining 40% of the detected metabolites, they could have potential 229 230 antioxidant or free radical scavenging effect due to their phenolic scaffold.

#### 231 **4. Discussion**

DPP has been reported as a rich source of diverse secondary metabolite possessing free radical scavenging potential that may overcome heart disease (Daoud et al., 2015). The present study was designed to investigate, for the first time, the preventive effect of DPP ethanolic extraction against isoproterenol-induced myocardial function in rats.

A subcutaneous injection of supra-maximal dose of isoproterenol has been reported to 236 cause severe myocardial stress and induce infarction such as necrosis which is followed by 237 increased release of cardiac enzymes, accumulation of lipid peroxidases, and impaired cardiac 238 239 function (Jing et al., 2014). Rats treated with isoproterenol showed an obvious elevation of ST-segment. Accordingly, Rajadurai et al. (2007) recorded that modification of ST-segment is 240 indicative of myocardial ischemia and infarction. The alteration of ECG pattern is related to 241 the consecutive loss of integrity of cell membrane in injured myocardium (Mnafgui et al., 242 2016). However, administration of DPP ethanolic extract in a dose of 400 mg/kg reduced the 243 abnormalities observed in the ECG of isoproterenol-induced rats. Therefore, DPP remarkably 244 245 restored the alteration of ST-segment induced by isoproterenol, suggesting the preventive 246 effects of DPP extract on cell membrane.

The evaluation of myocardial cell injury was performed by the determination of specific and sensitive biomarkers in plasma like troponin-T, CPK, ALT and LDH (O'Brien et al., 2006; Evran et al., 2014; Mnafgui et al., 2016). In the current study, the significant increase in plasma biomarkers activities have been recorded in isoproterenol group as compared to control. The high level of troponin-T and plasma cardiac markers predicts the risk of both cardiac death and subsequent infarction (Acikel et al., 2005; Rajadurai et al., 2007). Pre-cotreatment with DPP extract showed an improvement in the levels of plasma cardiac enzymes in isoproterenol-induced rats. These results suggest that DPP could reduce the degree of damage in the myocardium by maintaining membrane integrity and therefore, restricting the leakage of these enzymes.

On the other hand, lipids play a crucial role in cardiovascular diseases not only in 257 hyperlipidemia and the development of atherosclerosis, but also by modifying the structure, 258 composition, and stability of the cellular membranes (Saxena and Panjwani, 2014; Shaik et 259 al., 2012). An increase in total lipid levels (TG and CT) was detected in isoproterenol-injected 260 261 rats that could enhance the induction of the atherosclerotic plaque, associated with myocardial 262 infarction. The obtained results proved that the pre-co-treatment with DPP extract ameliorated 263 the status of isoproterenol-induced cardio toxicity in rats. This underlines that DPP extract is responsible for protection of structural and architectural integrity of cardiomyocytes. The 264 265 current findings showed that DPP provided a preventive effect to the myocardium by attenuation of ventricular dysfunction through maintaining the ECG pattern and cardiac 266 267 markers enzymes near to normal condition in isoproterenol-treated rats.

Scientific evidences have suggested that the cardiac renin-angiotensin system (RAS) was 268 269 activated during the remodeling process after acute myocardial infarction (Mnafgui et al., 270 2016; Harada et al., 1999; Borghi et al., 2006). The myocardial infarction induced by isoproterenol is often underwent a significant rise in ACE activity associated with elevation in 271 272 heart weight ratio indicative of ventricular remodeling process. This mechanism improves the dilation of the non-infarcted left ventricular, the infarct expansion as well as the compensatory 273 reactive hypertrophy (Mnafgui et al., 2016; Borghi et al., 2006). The increase in the ACE 274 activity certainly report the inhibition of cardiac remodeling process by reducing the 275 expression of cytokine transforming growth factor (TGF-\u00b31) which is a mediator of the 276 remodeling process and fibrosis tissues (Mnafgui et al., 2016). The oral administration of DPP 277 extract to isoproterenol-induced infarcted rats contributed to a significant inhibition of plasma 278 ACE activity with remarked decrease in heart weight ratio. Interestingly, our results highlight 279 280 the cardiopreventive effect of DPP preventing the increased risk of infarct expansion and LV remodeling following myocardial infarction. In fact, numerous clinical and experimental 281 studies revealed that the activity of cardiac rennin-angiotensin system is started after 282 myocardial infarction and failure (Teyssedou, 2007; Mnafgui et al., 2016). The current results 283 evidenced that the DPP extract prevented the excessive heart fibrosis. It has been proved, for 284 the first time that stimulates the systolic and diastolic improvement through increasing the 285 286 pumping capacity and restoring the myocardial stiffness (Kannan et al., 2011).

LC/HRESIMS analysis of the DPP extract indicated a rich profile of many secondary 287 metabolites belonging to two main chemical classes. Approximately 60% of the total DPP 288 metabolite profile was accounted to phenolic compounds with different subclasses while 289 terpenoid derivatives represent around 40% of the total DPP metabolite profile. Literature 290 291 review of their biological activity revealed that 60% of the identified compounds have potential cardiopreventive, anti-myocardial infarction effects and ACE inhibition activities. 292 For example, the terpenoids stigmasterol (Li et al., 2015),  $\beta$ -sitosterol (Lei et al., 2015) and 293 estradiol (Lagranha et al., 2010), the carotenoids lutein (Zou et al., 2011 and 2014) and  $\delta$ -294 295 tocotrienol (Wong et al., 2015), and flavonoids isorhamnitin (Ibarra et al., 2002) exhibited cardiopreventive effect. Additionally, some metabolites reported to be protective agents 296 297 against harmful effects of myocardial infarction including the steroid β-sitosterol acetate (Lei 298 et al., 2015) and the phenolic derivatives catechin (Bhardwaj et al., 2014), apigenin (Du et al., 299 2015), and methyl-p-hydroxycinnamate (Jyoti Roy and Stanley Maynzen Prince, 2013). Moreover, our survey on the identified bioactive molecules in DPP extract revealed their in 300 301 vivo ACE inhibitory activity such as estradiol (Dean et al., 2005), ellagic acid (Al Shukor et al., 2013), luteolin, quercitin, apigenin and rutin (Guerrero et al., 2012), quercitrin (Hackl et 302 303 al., 2002), luteolin-7-O-glucoside (Simaratanamongkol et al., 2014) and ferulic acid (Geng et 304 al., 2010). Finally, there was no reported activity for the remaining 40% of the detected metabolites, they could have potential antioxidant or free radical scavenging effect due to 305 their phenolic scaffold. These compounds warrant urgent investigation of their 306 307 cardiopreventive anti-myocardial infarction effects and ACE inhibition activities in the light of our results. 308

#### 309 **5.** Conclusion

Herein, we represent the first experimental evidence that DPP exerted cardiopreventive effect from the acute myocardium infarction and cardiac remodeling process induced by isoproterenol through the inhibition of ACE activity. This was supported by the presence of different DPP metabolites belonging to different chemical scaffolds with documented cardiopreventive, anti-myocardial infarction effects and ACE inhibition activities. DPP could therefore be regarded as a promising cardiopreventive agent and rich source of bioactive pharmacological products.

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#### 511 Figure captions

Fig. 1. Effect of DPP ethanolic extract on ST-segment elevation (mV) in the ECG (recorded from limb lead II) in normal control, isoproterenol alone injected and treated rats. Values are given as mean  $\pm$  SD for group of six rats. Statistically, values are represented as follows: \* P < 0.05 significant differences compared to controls. # P < 0.05 significant differences compared to isoproterenol group. @ P < 0.05 significant differences compared to isoproterenol-treated group with clopidogrel.

Fig. 2. Effect of DPP ethanolic extract on electrocardiographic (ECG) pattern in normal andexperimental rats.

Fig. 3. Histopathological changes of myocardial tissue (H&E9500).Control group showing
normal myocardial histology, clear transverse striations and no inflammatory cell infiltration.
Isoproterenol (Isop) group showing myocardial cells necrosis, separation of cardiac
myofibrillar and large inflammatory cells infiltration. Isop +Clop (0.2 mg/kg)-treated group
showing few inflammatory cell infiltration and improvement of myocardium necrosis. Isop +
DPP (400 mg/kg) showing normal myocardial architectures with evident transverse striations.

**Fig. 4.** ACE activity in serum of normal and experimental rats. Values are given as mean  $\pm$  SD for group of six rats. Statistically, values are represented as follows: \* P < 0.05 significant differences compared to controls. # P < 0.05 significant differences compared to isoproterenol group. @ P < 0.05 significant differences compared to isoproterenol-treated group with clopidogrel.

- 531 Fig. 5. LC-HRESIMS analysis of DPP ethanolic extract.
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- 533











Fig. 4.



# Table 1

Effect of DPP ethanolic extract on body weight, heart weight and heart weight/body weight ratio in isoproterenol induced myocardial infarction in rats.

| Parameters                     | Control            | Isop               | Isop + Clop          | Isop + DPP              |
|--------------------------------|--------------------|--------------------|----------------------|-------------------------|
| Body weight (g)                | $176.66 \pm 10.44$ | $173.66 \pm 13.41$ | $174.5 \pm 13.18$    | $199.88 \pm 3.06^{*#@}$ |
| Heart weigt (g)                | $0.82 \pm 0.16$    | $1.14 \pm 0.17*$   | $0.92 \pm 0.09^{\#}$ | $1.02 \pm 0.14^{**}$    |
| Heart weight/body weight ratio | $0.46 \pm 0.08$    | $0.65 \pm 0.05*$   | $0.54 \pm 0.04^{\#}$ | $0.51 \pm 0.06^{\#}$    |

Values are given as mean  $\pm$  SD for groups of six animals each.

Statistically, values are presented as follows: \* P < 0.05 significant differences compared to controls. # P < 0.05 significant differences compared to isoproterenol group @ P < 0.05 significant differences to rats treated with clopidogrel.

# Table 2

Effect of DPP ethanolic extract on plasma cardiac damage.

|             | ALT (UI/L)             | LDH (UI/L)                 | CPK (UI/L)              | Troponin-T (ng/mL)   |
|-------------|------------------------|----------------------------|-------------------------|----------------------|
| Control     | $75.33 \pm 5.82$       | $588.5 \pm 45.38$          | $2811 \pm 120.44$       | $0.46 \pm 0.1$       |
| Isop        | $124 \pm 31.08*$       | 1591 ± 179.98*             | $4818.33 \pm 401.07*$   | $1.91 \pm 0.23*$     |
| Isop + Clop | $73.83 \pm 8.28^{*\#}$ | $1057.16 \pm 101.57^{*\#}$ | $3518 \pm 269.97^{*\#}$ | $0.59 \pm 0.04^{**}$ |
| Isop + DPP  | $66.66 \pm 1.63^{*#@}$ | $807.33 \pm 2.06^{*#@}$    | $2974 \pm 116.66^{*#@}$ | $0.46 \pm 0.25^{\#}$ |

Alanine aminotransferase (ALT), lactate dehydrogenase (LDH), creatine phosphokinase (CPK) and serum troponin-T level of control and experimental groups of rats. Values are given as mean  $\pm$  SD for group of six rats.

Values are statistically presented as follows: \* P < 0.05 significant differences compared to controls. # P < 0.05 significant differences compared to isoproterenol group @ P < 0.05 significant differences to rats treated with clopidogrel.

# Table 3

Effect of DPP ethanolic extract on cholesterol and triglycerides levels.

| Parameters             | Control         | Isop              | Isop + Clop           | Isop + DPP             |
|------------------------|-----------------|-------------------|-----------------------|------------------------|
| Cholesterol (mmol/l)   | $1.57 \pm 0.15$ | $2.33 \pm 0.22*$  | $1.93 \pm 0.16^{*\#}$ | $1.85 \pm 0.18^{*\#}$  |
| Triglycerides (mmol/l) | $0.70 \pm 0.09$ | $0.99 \pm 0.25^*$ | $0.81 \pm 0.11^{*\#}$ | $0.65 \pm 0.039^{*#@}$ |

Values are given as mean  $\pm$  SD for groups of six animals each.

Statistically, values are presented as follows: \* P < 0.05 significant differences compared to controls. # P < 0.05 significant differences compared to isoproterenol group @ P < 0.05 significant differences to rats treated with clopidogrel.

# Table 4

HRESIMS analysis of DPP ethanolic extract and literature review of their biological properties.

| HRESIMS  | Mol                  | Suggested compound <sup>b</sup> | MS/MS     | Biological properties  | Reference              |
|----------|----------------------|---------------------------------|-----------|--|------------------------|
| а        | formula <sup>a</sup> |                                 | fragments |  |                        |
| 413.3775 | $C_{29}H_{48}O$      | Stigmasterol                    | 396.3751, | stigmasterol, when fed, lowers plasma cholesterol levels, inhibits                       | Batta et al., 2006     |
|          |                      | (steroid)                       | 353.3203, | intestinal cholesterol and plant sterol absorption, and suppresses                       |                        |
|          |                      |                                 | 338.2968, | hepatic cholesterol and classic bile acid synthesis in Wistar as well as                 |                        |
|          |                      |                                 | 257.2266  | WKY rats. However, plasma and hepatic incorporation of stigmasterol                      |                        |
|          |                      |                                 |           | is low.  | Li et al., 2015        |
|          |                      |                                 |           | Stigmasterol inhibits excessive proliferation of vascular smooth                         |                        |
|          |                      |                                 |           | muscle cells, a crucial event in the pathogenesis of several                             |                        |
|          |                      |                                 |           | cardiovascular diseases, including atherosclerosis and restenosis.                       |                        |
| 415.3931 | $C_{29}H_{50}O$      | β-Sitosterol                    | 398.3907, | $\beta$ -sitosterol reduce plasma cholesterol by 18% and is poorly absorbed              | Lei et al., 2015       |
|          |                      | (steroid)                       | 355.3359, | in the intestine.  | Ganapathy et al., 2014 |
|          |                      |                                 | 340.3125, | $\boldsymbol{\beta}$ -sitosterol possess cardioprotective role in isoproterenol -induced |                        |
|          |                      |                                 | 257.2264  | myocardial infarction in rats.   |                        |
| 273.1844 | $C_{18}H_{24}O_2$    | Estradiol                       | 256.1822, | Estrogen has been shown to increase expression of superoxide                             | Lagranha et al., 2010  |

|          |  | (steroid)   | 239.1794  | dismutase and inhibit NADPH oxidase activity, thereby reducing oxidative stress  | Lin et al., 2009  |
|----------|--|---|---|--|---|
|          |  |   |   | post-translational protein modification, leading to cardioprotection<br>17beta-estradiol downregulates tissue angiotensin-converting enzyme  | Dean et al., 2005   |
| 457.4045 | $C_{31}H_{52}O_2$                              | β-Sitosterol acetate (steroid)                    | 414.3856,<br>398.3907                           | Similar effects to β-Sitosterol  | Ganapathy et al., 2014<br>Lei et al., 2015                |
| 373.2327 | C <sub>21</sub> H <sub>34</sub> O <sub>4</sub> | 2β,3β,4β-<br>trihydroxypregn-16-<br>one (steroid) | 356.2322,<br>339.2295,<br>322.2267              | No biological activity reported  | Tan et al., 2010  |
| 324.9950 | C <sub>14</sub> H <sub>6</sub> O <sub>8</sub>  | Ellagic acid (Tannin)                             | 307.9927,<br>290.9905,<br>273.9873,<br>256.9845 | Oral pretreatment with ellagic acid was safe and effective in cardio<br>protection against isoproterenol -induced arrhythmias, hypertrophy<br>and myocardial necrosis. Anti-lipid peroxidation property and anti<br>hyperlipidaemic activity through 3-hydroxy-3 methyl glutaryl CoA<br>reductase inhibition by ellagic acid may be the reasons for the<br>beneficial action of ellagic acid against experimentally induced    | Kannan and Quine,<br>2013                                 |
|          |  |   |   | myocardial infarction.<br>Ellagic acid is a potent cardiac protective agent against doxorubicin-<br>induced cardiac oxidative, inflammatory and apoptotic stress   | Lin and Yin, 2013   |
|          |  |   |   | ellagic acid showed some ACE inhibition at a concentration of 0.75 mM,   |   |
| 397.4049 | $C_{26}H_{52}O_2$                              | Cerotic Acid<br>(fatty acid)                      | 380.4013  | No biological activity reported.   |   |
| 569.4355 | C <sub>40</sub> H <sub>56</sub> O <sub>2</sub> | Lutein<br>(carotenoid derivative)                 | 552.4321,<br>535.4301                           | Lutein may play a protective role in the prevention of early<br>atherosclerosis<br>Lutein supplementation significantly increased the serum<br>concentrations of lutein with a decrease in carotid artery intima-media<br>thickness being associated with lutein concentrations.<br>Lutein supplementation reduces biomarkers of cardiovascular diseases<br>risk via decreased lipid peroxidation and inflammatory response by | Zou et al., 2011<br>Zou et al., 2014<br>Wang et al., 2013 |

|           |                     |                         |           | increasing plasma lutein concentrations and antioxidant capacity.            |                      |
|-----------|---------------------|-------------------------|-----------|--|----------------------|
| 397.3095  | $C_{27}H_{46}O_2$   | δ-tocotrienol           | 381.3152, | $\delta$ -tocotrienol improved inflammation, heart structure and function as | Wong et al., 2015    |
|           |                     | (carotenoid derivative) | 365.3208  | well as cardiovascular function in diet-induced obese rats.                  |                      |
|           |                     |                         |           | Diet supplementation with $\delta$ -tocotrienol, reduce cardiovascular risk  | Qureshi et al., 2012 |
|           |                     |                         |           | factors in humans when used as nutritional supplements with, or              |                      |
|           |                     |                         |           | without, other dietary changes.  |                      |
| 441.3209  | $C_{30}H_{42}O$     | 8'-β-apocarotenol       | 424.3107  | No biological activity reported.   |                      |
|           |                     | (carotenoid derivative) |           | Precursor to Vitamin A   |                      |
| 583.45288 | $C_{41}H_{58}O_2$   | Taraxanthin             | 566.4485  | No biological activity reported.   |                      |
|           |                     | (carotenoid derivative) |           |  |                      |
| 317.1708  | $C_{19}H_{24}O_4$   | 3, 5'-hydroxyprenyl-    | 300.1720, | No biological activity reported.   |                      |
|           |                     | 5-prenyl-p-coumaric     | 272.1771, |  |                      |
|           |                     | acid (coumarin)         | 255.1743  |  |                      |
| 217.1181  | $C_{12}H_{18}O_2$   | 2,5-dimethoxy-p-        | 186.1015, | No biological activity reported.   |                      |
|           |                     | cymene (terpenoid)      | 155.0831  |  |                      |
| 261.1079  | $C_{13}H_{18}O_4$   | Trans-isomyristicin     | 230.0917  | No biological activity reported.   |                      |
|           |                     | (terpenoid)             |           |  |                      |
| 413.1156  | $C_{20}H_{22}O_8$   | 5-hydroxy-              | 396.1177, | No biological activity reported.   |                      |
|           |                     | pentamethoxy-           | 365.0990, |  |                      |
|           |                     | flavanone (Flavonoid)   | 334.0812, |  |                      |
|           |                     |                         | 303.0628  |  |                      |
| 317.0658  | $C_{16}H_{12}O_7$   | Isorhamnetin            | 286.0472, | Isorhamnetin produced endothelium-independent vasodilator effects in         | Ibarra et al., 2002  |
|           |                     | (Flavonoid)             | 269.0445  | rat aorta, rat mesenteric arteries, rat portal vein and porcine coronary     |                      |
|           |                     |                         |           | arteries. The arterial, venous and coronary vasodilator effects may          |                      |
|           |                     |                         |           | contribute to the protective effects of flavonoids in ischaemic heart        |                      |
|           |                     |                         |           | disease observed in epidemiological studies.                                 | Sun et al., 2013     |
|           |                     |                         |           | Isorhamnetin Protects against Doxorubicin-Induced Cardiotoxicity In          |                      |
|           |                     |                         |           | Vivo and In Vitro  |                      |
| 291.0869  | $C_{15}H_{14}O_{6}$ | Catechin                | 274.0836, | catechin is effective in reversing the impaired relaxation in restrictive    | Zhang et al., 2015   |
|           |                     | (Flavonoid)             | 258.0887  | cardiomyopathy myocardial cells and rescuing the restrictive                 |                      |

|          |                      |                       |           | cardiomyopathy mice with diastolic dysfunction.                                     | Bhardwaj et al., 2014  |
|----------|----------------------|-----------------------|-----------|---|------------------------|
|          |                      |                       |           | catechin treatment prevents diabetes mellitus-induced vascular                      |                        |
|          |                      |                       |           | endothelial dysfunction. It also prevents of diabetic vascular                      |                        |
|          |                      |                       |           | endothelial dysfunction through reduction in high glucose, vascular                 |                        |
|          |                      |                       |           | oxidative stress, and lipid peroxidation.   |                        |
| 287.0553 | $C_{15}H_{10}O_{6}$  | Luteolin              | 270.0520, | Luteolin yields cardioprotective effects  | Nai et al., 2015       |
|          |                      | (Flavonoid)           | 253.0495  | Luteolin pretreatment conveys anti-apoptotic effects after myocardial               | Bian et al., 2015      |
|          |                      |                       |           | ischemia/reperfusion injury.  |                        |
|          |                      |                       |           | Luteolin indicated potent in vitro ACE inhibitory activity with $IC_{50}$           | Guerrero et al., 2012  |
|          |                      |                       |           | value of 23 µM.   |                        |
| 301.1402 | $C_{18}H_{20}O_4$    | 5,7,4'-               | 270.1250, | No biological activity reported.  |                        |
|          |                      | trimethoxyflavane     | 239.1067, |   |                        |
|          |                      | (Flavonoid)           | 208.0883  |   |                        |
| 303.0499 | $C_{15}H_{10}O_7$    | Quercitin             | 286.0389  | Quercitin provides cardiovascular protective effects                                | Malaguti et al., 2015  |
|          |                      | (Flavonoid)           |           | Quercetin is a potent anti-atherosclerotic compound                                 | Hung et al., 2015      |
|          |                      |                       |           | Quercitin indicated potent in vitro ACE inhibitory activity with $IC_{50}$          | Guerrero et al., 2012  |
|          |                      |                       |           | value of 43 $\mu$ M.  |                        |
| 271.0601 | $C_{15}H_{10}O_5$    | Apigenin              | 254.0574  | Apigenin attenuates myocardial ischemia/reperfusion                                 | Yang et al., 2015      |
|          |                      | (Flavonoid)           |           | Apigenin ameliorates acute myocardial infarction of rats                            | Du et al., 2015        |
|          |                      |                       |           | Apigenin indicated potent in vitro ACE inhibitory activity with $IC_{50}$           | Guerrero et al., 2012  |
|          |                      |                       |           | value of 196 µM.  |                        |
| 611.1608 | $C_{27}H_{30}O_{16}$ | Rutin                 | 448.1009, | Rutin have a cardioprotective effects in ischaemia-reperfusion injury               | Annapurna et al., 2009 |
|          |                      | (Flavonoid glycoside) | 302.0427, | in both normal and diabetic rats, and that protection might be in part              |                        |
|          |                      |                       | 286.0472  | due to the attenuation of oxidative stress and moderate increment in                |                        |
|          |                      |                       |           | antioxidant reserves.   | Guerrero et al., 2012  |
|          |                      |                       |           | Rutin indicated potent in vitro ACE inhibitory activity with IC <sub>50</sub> value |                        |
|          |                      |                       |           | of 64 µM.   |                        |
| 449.1075 | $C_{21}H_{20}O_{11}$ | Quercitrin            | 302.0421, | Quercitrin have an inhibitory effect on the angiotensin-converting                  | Hackl et al., 2002     |
|          |                      | (Flavonoid glycoside) | 286.0472  | enzyme activity, similar to that of captopril.                                      |                        |
| 493.1345 | $C_{23}H_{24}O_{12}$ | Morifonoside A        | 331.0815  | No biological activity reported.  |                        |

|          |                      | (Flavonoid glycoside) |           |   |                        |  |
|----------|----------------------|-----------------------|-----------|---|------------------------|--|
| 449.1077 | $C_{21}H_{20}O_{11}$ | Luteolin-7-O-         | 286.0472  | Protection of Luteolin-7-O-Glucoside Against Doxorubicin-induced              | Yao et al., 2015       |  |
|          |                      | glucoside             |           | cardiotoxicity.   | Simaratanamongkol et   |  |
|          |                      | (Flavonoid glycoside) |           | Luteolin -7-O-glucoside have an inhibitory effect on the angiotensin-         | al., 2014              |  |
|          |                      |                       |           | converting enzyme   |                        |  |
| 153.0543 | $C_8H_8O_3$          | Methyl-4-             | 122.0362  | safe food and cosmetic antibacterial and antifungal preservative.             | Soni et al., 2002      |  |
|          |                      | hydroxybenzoate       |           |   |                        |  |
|          |                      | (Phenolic derivative) |           |   |                        |  |
| 179.0701 | $C_{10}H_{10}O_3$    | Methyl-p-             | 148.0522  | p-coumaric acid protected the myocardial infarcted rat's heart against        | Stanley Mainzen Prince |  |
|          |                      | hydroxycinnamate      |           | apoptosis by inhibiting oxidative stress.                                     | and Jyoti Roy., 2013   |  |
|          |                      | (Phenolic derivative) |           | p-coumaric acid have Preventive effects of on myocardial infarct size         | Jyoti Roy and Stanley  |  |
|          |                      |                       |           | in experimentally induced myocardial infarction.                              | Mainzen Prince., 2013  |  |
| 195.0654 | $C_{10}H_{10}O_4$    | Ferulic Acid          | 178.0626, | Ferulic acid may contribute to prevention of chronic inflammatory             | Navarrete et al., 2015 |  |
|          |                      | (Phenolic derivative) | 147.0447  | diseases, a part of the pathophysiology of Cardiovascular Diseases            |                        |  |
|          |                      |                       |           | Ferulic acid improved the structure and function of the heart and blood       | Alam et al., 2013      |  |
|          |                      |                       |           | vessels in hypertensive rats.   |                        |  |
|          |                      |                       |           | Ferulic acid indicated potent in vitro ACE inhibitory activity with $IC_{50}$ | Geng et al., 2010      |  |
|          |                      |                       |           | values of 10.898 +/- 0.430.   |                        |  |
|          |                      |                       |           |   |                        |  |

<sup>a</sup> High Resolution Electrospray Ionization Mass Spectrometry (HRESIMS) using Xcalibur 3.0 and allowing for M + H and M + Na adducts. <sup>b</sup> The suggested compound according to Dictionary of Natural Products (DNP 23.1, 2015 on DVD).