# Exponential Contraction in Wasserstein Distances for Diffusion Semigroups with Negative Curvature<sup>\*</sup>

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#### Abstract

Let  $P_t$  be the (Neumann) diffusion semigroup  $P_t$  generated by a weighted Laplacian on a complete connected Riemannian manifold M without boundary or with a convex boundary. It is well known that the Bakry-Emery curvature is bounded below by a positive constant  $\lambda > 0$  if and only if

$$W_p(\mu_1 P_t, \mu_2 P_t) \le e^{-\lambda t} W_p(\mu_1, \mu_2), \quad t \ge 0, p \ge 1$$

holds for all probability measures  $\mu_1$  and  $\mu_2$  on M, where  $W_p$  is the  $L^p$  Wasserstein distance induced by the Riemannian distance. In this paper, we prove the exponential contraction

$$W_p(\mu_1 P_t, \mu_2 P_t) \le c e^{-\lambda t} W_p(\mu_1, \mu_2), \quad p \ge 1, t \ge 0$$

for some constants  $c, \lambda > 0$  for a class of diffusion semigroups with negative curvature where the constant c is essentially larger than 1. Similar results are derived for SDEs with multiplicative noise by using explicit conditions on the coefficients, which are new even for SDEs with additive noise.

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### 1 Introduction

Let M be a d-dimensional connected complete Riemannian manifold possibly with a convex boundary  $\partial M$ . Let  $\rho$  be the Riemannian distance. Consider  $L = \Delta + Z$  for the Laplace-Beltrami operator  $\Delta$  and some  $C^1$ -vector field Z such that the (reflecting) diffusion process generated by L is non-explosive. Then the associated Markov semigroup  $P_t$  is the (Neumann if  $\partial M \neq \emptyset$ ) semigroup generated by L on M. In particular, it is the case when the curvature of L is bounded below; that is,

(1.1) 
$$\operatorname{Ric}_{Z} := \operatorname{Ric} - \nabla Z \ge K$$

holds for some constant  $K \in \mathbb{R}$ . Here and throughout the paper, we write  $\mathscr{T} \geq h$  for a (not necessarily symmetric) 2-tensor  $\mathscr{T}$  and a function h provided

$$\mathscr{T}(X,X) \ge h(x)|X|^2, \quad X \in T_x M, x \in M.$$

There exist many inequalities on  $P_t$  which are equivalent to the curvature condition (1.1), see [6, 20, 23, 42] for details. In particular, for any constant  $K \in \mathbb{R}$ , the Wasserstein distance inequality

(1.2) 
$$W_p(\mu_1 P_t, \mu_2 P_t) \le e^{-Kt} W_p(\mu_1, \mu_2), \quad t \ge 0, p \ge 1, \mu_1, \mu_2 \in \mathscr{P}(M)$$

is equivalent to the curvature condition (1.1). Here,  $\mathscr{P}(M)$  is the class of all probability measures on M;  $W_p$  is the  $L^p$ -Warsserstein distance induced by  $\rho$ , i.e.,

$$W_p(\mu_1, \mu_2) := \inf_{\pi \in \mathscr{C}(\mu_1, \mu_2)} \|\rho\|_{L^p(\pi)}, \ \ \mu_1, \mu_2 \in \mathscr{P}(M),$$

where  $\mathscr{C}(\mu_1, \mu_2)$  is the class of all couplings of  $\mu_1$  and  $\mu_2$ ; and for a Markov operator P on  $\mathscr{B}_b(M)$  (i.e. P is a positivity-preserving linear operator with P1 = 1),

$$(\nu P)(A) := \nu(P1_A), A \in \mathscr{B}(M), \nu \in \mathscr{P}(M),$$

where  $\nu(f) := \int_M f d\nu$  for  $f \in L^1(\nu)$ . In some references,  $\nu P$  is also denoted by  $P^*\nu$ . In the sequel we will use  $P_t^*$  to stand for the adjoint operator of  $P_t$  in  $L^2(\mu)$  for the invariant probability measure  $\mu$ , hence adopt the notation  $\nu P$  rather than  $P^*\nu$  to avoid confusion. When the curvature is positive (i.e. K > 0), (1.2) implies the  $W_p$ -exponential contraction of  $P_t$  for  $p \ge 1$ .

In this paper, we aim to consider the case when (1.1) only holds for some negative constant K, and to prove the exponential contraction

(1.3) 
$$W_p(\mu_1 P_t, \mu_2 P_t) \le c e^{-\lambda t} W_p(\mu_1, \mu_2), \quad t \ge 0, p \ge 1, \mu_1, \mu_2 \in \mathscr{P}(M)$$

for some constants  $c, \lambda > 0$ . It is crucial that the exponential rate  $\lambda$  is independent of p. Due to the equivalence of (1.1) and (1.2), in the negative curvature case it is essential that c > 1. According to [37], even when  $\operatorname{Ric}_Z$  is unbounded below, i.e.  $\operatorname{Ric}_Z$  goes to  $-\infty$  when  $\rho_o := \rho(o, \cdot) \to \infty$  for a fixed  $o \in M$ , there may exist the log-Sobolev inequality which implies the exponentially convergence of  $P_t$  in entropy. This suggests that (1.3) may also hold for a class of diffusion semigroups with negative curvature.

Recently, some efforts have been made in this direction for  $M = \mathbb{R}^d$ , see [11, 12, 18]. More precisely, let  $P_t$  be the diffusion semigroup for the solution to the following SDE on  $\mathbb{R}^d$ :

$$\mathrm{d}X_t = \sqrt{2}\,\mathrm{d}B_t + b(X_t)\mathrm{d}t,$$

where  $B_t$  is the *d*-dimensional Brownian motion and  $b : \mathbb{R}^d \to \mathbb{R}^d$  is continuous. If there exist constants  $K_1, K_2, r_0 > 0$  such that

(1.4) 
$$\langle b(x) - b(y), x - y \rangle \leq 1_{|x-y| \leq r_0} (K_1 + K_2) |x - y|^2 - K_2 |x - y|^2, \ x, y \in \mathbb{R}^d,$$

then due to [11, 12] we have

(1.5) 
$$W_1(\delta_x P_t, \delta_y P_t) \le c e^{-\lambda t} |x - y|, \quad x, y \in \mathbb{R}^d, t \ge 0$$

for some constants  $c, \lambda > 0$ , where  $\delta_x$  is the Dirac measure at point x. Indeed, [11, 12] proved the  $W_1$ -exponential contraction with respect to a modified distance f(|x - y|) in place of |x - y| as constructed in [8, 9] for estimates of the spectral gap using the coupling by reflection. Under condition (1.4) the modified distance is comparable with the usual one so that (1.5) follows. As mentioned in [12] that there is essential difficulty to prove (1.3) for p > 1 even for this flat case.

In Luo and Wang [18] the estimate (1.5) was extended as

(1.6) 
$$W_p(\delta_x P_t, \delta_y P_t) \le c e^{-\lambda t/p} (|x - y| + |x - y|^{\frac{1}{p}}), \quad x, y \in \mathbb{R}^d, t \ge 0, p \ge 1$$

for some constants  $c, \lambda > 0$ . Comparing with (1.3) which is equivalent to

$$W_p(\delta_x P_t, \delta_y P_t) \le c e^{-\lambda t} |x - y|, \quad p \ge 1, x, y \in \mathbb{R}^d, t \ge 0$$

according to [17] (see Proposition 3.1 below), (1.6) is less sharp for small |x - y| and/or large p. It is open whether (1.4), or in the Riemannian setting that  $\operatorname{Ric}_Z$  is uniformly positive outside a compact domain, implies (1.3) for some constants  $c, \lambda > 0$ .

As in [16, 17], we will consider the Warsserstein distances induced by Young functions in the class

$$\mathcal{N} := \Big\{ \Phi \in C^1([0,\infty); [0,\infty)) : \Phi' \text{ is nonnegative and increasing,} \\ \Phi(0) = 0, \Phi(r) > 0 \text{ for } r > 0, \lim_{r \to \infty} \frac{\Phi(r)}{r} = \infty \Big\}.$$

For any  $\Phi \in \mathcal{N}$  and a measure  $\nu$  on M, consider the gauge norm in  $L^{\Phi}(\nu)$ :

$$||f||_{L^{\Phi}(\nu)} := \inf \left\{ r > 0 : \nu \left( \Phi(r^{-1}|f|) \right) \le 1 \right\}, \quad \inf \emptyset := \infty$$

In particular, we have  $||f||_{L^{\Phi_p}(\nu)} = ||f||_{L^p(\nu)}$  for  $\Phi_p(r) := r^p$ ,  $p \in (1, \infty)$ . This is the reason why we do not take  $\Phi_p(r) = \frac{1}{p}r^p$  in the characterization of Legendre conjugates. We extend the notion  $\Phi_p$  to  $p = 1, \infty$  by letting  $\Phi_1(r) = r, \Phi_\infty = \lim_{p \to \infty} \Phi_p$  and  $||f||_{L^{\Phi_p}(\nu)} = ||f||_{L^p(\nu)}$ for all  $p \in [1, \infty]$ . Now, let

$$W_{\Phi}(\mu_{1},\mu_{2}) = \inf_{\pi \in \mathscr{C}(\mu_{1},\mu_{2})} \|\rho\|_{L^{\Phi}(\pi)}, \quad \Phi \in \bar{\mathscr{N}} := \mathscr{N} \cup \{\Phi_{1},\Phi_{\infty}\}.$$

In particular,  $W_{\Phi_p} = W_p$  for  $p \in [1, \infty]$ . We aim to prove the exponential decay

(1.7) 
$$W_{\Phi}(\delta_x P_t, \delta_y P_t) \le \frac{c}{\Phi^{-1}(1)} e^{-\lambda t} \rho(x, y), \quad x, y \in M, t \ge 0, \Phi \in \bar{\mathcal{N}}$$

when (1.1) only holds for a negative constant K, where  $\Phi^{-1}$  is the inverse of  $\Phi(\neq \Phi_{\infty})$  and we set  $\Phi_{\infty}^{-1}(1) = 1$  by convention.

To extend condition (1.4) to the Riemannian setting, consider the index

$$I(x,y) = \int_0^{\rho(x,y)} \sum_{i=1}^{d-1} \left\{ |\nabla_{\dot{\gamma}} J_i|^2 - \langle \mathscr{R}(\dot{\gamma}, J_i) \dot{\gamma}, J_i \rangle \right\} (\gamma_s) \mathrm{d}s, \quad x, y \in M,$$

where  $\rho$  is the Riemannian distance,  $\mathscr{R}$  is the curvature tensor;  $\gamma : [0, \rho(x, y)] \to M$  is the minimal geodesic from x to y with unit speed;  $\{J_i\}_{i=1}^{d-1}$  are Jacobi fields along  $\gamma$  such that

$$J_i(y) = P_{x,y} J_i(x), \quad i = 1, \dots, d-1$$

holds for the parallel transform  $P_{x,y}: T_x M \to T_y M$  along the geodesic  $\gamma$ , and  $\{\dot{\gamma}(s), J_i(s): 1 \leq i \leq d-1\}$   $(s = 0, \rho(x, y))$  is an orthonormal basis of the tangent space (at points x and y, respectively).

Note that when  $(x, y) \in \operatorname{Cut}(M)$ , i.e. x is in the cut-locus of y, the minimal geodesic may be not unique. As a convention in the literature, all conditions on the index I are given outside  $\operatorname{Cut}(M)$ . We now extend condition (1.4) to the non-flat case as follows: for some constants  $K_1, K_2 > 0$ ,

(1.8) 
$$I_Z(x,y) := I(x,y) + \langle Z, \nabla \rho(\cdot,y) \rangle(x) + \langle Z, \nabla \rho(x,\cdot,) \rangle(y)$$
$$\leq \left\{ (K_1 + K_2) \mathbb{1}_{\{\rho(x,y) \le r_0\}} - K_2 \right\} \rho(x,y), \quad x,y \in M.$$

In the flat case we have I(x, y) = 0 and  $\rho(x, y) = |x - y|$ , so that this condition reduces back to (1.4). Moreover, the curvature condition (1.1) is equivalent to

$$I_Z(x,y) \le -K\rho(x,y), \quad x,y \in M,$$

so that (1.8) implies  $\operatorname{Ric}_Z \ge -(K_1 + K_2)$ .

In the next section, we state our main results and present examples. With condition (1.8) we first extend the main results of [11, 18] to the present Riemannian setting and give the exponential convergence of  $P_t$  in  $W_2$ . Under the ultracontractivity and condition (1.1) for some K < 0, our the second result ensures the desired inequality (1.7). Finally, we extend these results to SDEs with multiplicative noise by using explicit conditions on the coefficients. To prove these results, we make some preparations in Section 3. Complete proofs of the main results are addressed in Sections 4-6 respectively.

### 2 Main Results and examples

We first consider the Riemannian setting, then extend to SDEs with multiplicative noise by using explicit conditions on the coefficients instead of the less explicit curvature condition.

#### 2.1 The Riemannian setting

We start with condition (1.8). Besides the extension of (1.6), this condition also implies the hypercontractivity and the exponential convergence in  $W_2$  for the semigroup  $P_t$ . For a measure  $\mu$  and constants  $p, q \geq 1$ , let  $\|\cdot\|_{L^p(\mu)\to L^q(\mu)}$  stand for the operator norm form  $L^p(\mu)$  to  $L^q(\mu)$ . Recall that  $P_t$  is called hypercontractive if it has a unique invariant probability measure  $\mu$  and  $\|P_t\|_{L^2(\mu)\to L^4(\mu)} = 1$  holds for large t > 0. By interpolation theorem,  $\|P_t\|_{L^2(\mu)\to L^4(\mu)} = 1$  can be replaced by  $\|P_t\|_{L^p(\mu)\to L^q(\mu)} = 1$  for some  $\infty > q > p > 1$ . Let  $\rho_o = (o, \cdot)$  for a fixed point  $o \in M$ .

**Theorem 2.1.** Let (1.8) hold for some constants  $K_1, K_2$  and  $r_0 > 0$ . Then:

(1) There exist two constants  $c, \lambda > 0$  such that for any  $\Phi \in \overline{\mathcal{N}}$  and  $x, y \in M$ ,

(2.1) 
$$W_{\Phi}(\delta_x P_t, \delta_y P_t) \le \inf \left\{ r > 0 : \sup_{s \in (0, 1+r_0+\rho(x,y)]} \frac{\Phi(r^{-1}s)}{s} \le \frac{e^{\lambda t}}{c\rho(x,y)} \right\}, t \ge 0.$$

In particular, there exist constants  $c, \lambda > 0$  such that

$$W_p(\delta_x P_t, \delta_y P_t) \le \{c e^{-\lambda t}\}^{\frac{1}{p}} (\rho(x, y) + \rho(x, y)^{\frac{1}{p}}), \quad p \ge 1, t \ge 0, x, y \in M.$$

(2) If  $P_t$  has an invariant probability measure  $\mu$  with  $\mu(e^{\varepsilon \rho_0^2}) < \infty$  for some constant  $\varepsilon > 0$ , then the log-Sobolev inequality

(2.2) 
$$\mu(f^2 \log f^2) \le C\mu(|\nabla f|^2) + \mu(f^2) \log \mu(f^2), \quad f \in C_b^1(M)$$

holds for some constant C > 0. Consequently,  $P_t$  is hypercontractive. If moreover  $\partial M = \emptyset$ , then exist constants  $c, \lambda > 0$  such that

(2.3) 
$$W_2(\nu P_t, \mu) \le c e^{-\lambda t} W_2(\nu, \mu), \quad t \ge 0, \nu \in \mathscr{P}(M).$$

To illustrate this result, we present below a consequence with explicit conditions on Ric and  $\nabla Z$  for which  $\operatorname{Ric}_Z$  may be negative everywhere.

**Corollary 2.2.** If there exist constants  $\delta_1, \delta_2 > 0$  such that  $\text{Ric} \geq \delta_1$  and

(2.4)  $\nabla Z \leq -\delta_2$  outside a compact set,

then Theorem 2.1(1) holds, and  $P_t$  has a unique invariant probability measure  $\mu$  such that (3.4) and (2.3) hold for some constants  $C, c, \lambda > 0$ .

Next, we introduce sufficient conditions for (1.7) to hold, these conditions also allow  $\operatorname{Ric}_Z$  to be negative. Due to technical reason, we will need the ultracontractivity of  $P_t$ , which is essentially stronger than the hypercontractivity. We call  $P_t$  ultracontractive if  $\|P_t\|_{L^1(\mu)\to L^\infty(\mu)} < \infty$  for all t > 0. The ultracontractivity implies that  $P_t$  has a density  $p_t(x, y)$  with respect to  $\mu$  (called heat kernel) and

$$||p_t||_{L^{\infty}(\mu \times \mu)} = ||P_t||_{L^1(\mu) \to L^{\infty}(\mu)} < \infty, \quad t > 0.$$

In references (see e.g. [10]), the ultracontractivity is also defined by  $||P_t||_{L^2(\mu)\to L^{\infty}(\mu)} < \infty$  for t > 0. When  $P_t$  is symmetric in  $L^2(\mu)$  we have

(2.5) 
$$\|P_t\|_{L^1(\mu) \to L^{\infty}(\mu)} \le \|P_{t/2}\|_{L^2(\mu) \to L^{\infty}(\mu)}^2, \quad t > 0,$$

so that these two definitions are equivalent. However, when  $P_t$  is non-symmetric, the former might be stronger than the latter. The appearance of the ultracontractivity in our study is very nature: by Theorem 2.3(1) we already have (1.7) for  $\Phi = \Phi_1$  (the weakest case), and by the ultracontractivity we are able to deduce the inequality from  $\Phi_1$  to  $\Phi_{\infty}$  (the strongest case). On the other hand, the result also indicates that (1.7) implies the hypercontractivity of  $P_t$ .

**Theorem 2.3.** Assume that  $\operatorname{Ric}_Z$  is bounded below.

(1) If  $P_t$  is ultracontractive, then there exist constants  $c, \lambda > 0$  such that for any  $\Phi \in \overline{\mathcal{N}}$ ,

(2.6) 
$$W_{\Phi}(\delta_x P_t, \delta_y P_t) \le \frac{c}{\Phi^{-1}(1)} e^{-\lambda t} \min\left\{\rho(x, y), \ G_{\Phi}(t)\right\}, \ t > 0, x, y \in M$$

holds for

(2.7) 
$$G_{\Phi}(t) := \inf \left\{ r > 0 : \ (\mu \times \mu) \left( \Phi(r^{-1}\rho) \right) \le \|P_{t/2}\|_{L^{1}(\mu) \to L^{\infty}(\mu)}^{-2} \right\}.$$

Consequently, for any  $p \in [1, \infty], t \ge 0$  and  $\mu_1, \mu_2 \in \mathscr{P}(M)$ ,

(2.8) 
$$W_p(\mu_1 P_t, \mu_2 P_t) \le c e^{-\lambda t} \min \left\{ W_p(\mu_1, \mu_2), \|\rho\|_{L^p(\mu \times \mu)} \|P_{t/2}\|_{L^1(\mu) \to L^{\infty}(\mu)}^{\frac{2}{p}} \right\}.$$

(2) On the other hand, if there exist constants  $c, \lambda > 0$  such that

(2.9) 
$$W_{\infty}(\delta_x P_t, \delta_y P_t) \le c e^{-\lambda t} \rho(x, y), \quad x, y \in M, t \ge 0,$$

then the log-Sobolev inequality (3.4) holds for  $c = \frac{2c^2}{\lambda}$ , so that  $P_t$  is hypercontractive.

We note that in Theorem 2.3(1) we have  $\|\rho\|_{L^p(\mu \times \mu)} < \infty$  for  $p \in [1, \infty)$ . Indeed, since Ric<sub>Z</sub> is bounded below, by [25, Theorem 2.1] the ultracontractivity implies the super log-Sobolev inequality (3.3) below, so that due to Herbst we have  $(\mu \times \mu)(e^{r\rho^2}) < \infty$  for all r > 0(see e.g. [1, 2]). Therefore,  $G_{\Phi}(t) < \infty$  for t > 0 and  $\Phi \in \mathcal{N}$  satisfying

$$\limsup_{r \to \infty} \frac{\log \Phi(r)}{r^2} < \infty.$$

In the symmetric case (i.e.  $Z = \nabla V$  for some  $V \in C^2(M)$ ), explicit sufficient conditions for the ultracontractivity have been introduced in [37] by using the dimension-free Harnack inequality in the sense of [33]. Together with a suitable exponential estimate on the diffusion process, this inequality implies  $||P_t||_{L^2(\mu)\to L^\infty(\mu)} < \infty$  for t > 0 and thus,  $P_t$  is ultracontractive due to (2.5). The conditions can be formulated as

(2.10) 
$$-\nabla Z \ge \Psi_1 \circ \rho_o$$
 and Ric  $\ge -\Psi_2 \circ \rho_o$  hold outside a compact subset of  $M$ ,

where  $\Psi_1, \Psi_2: (0, \infty) \to (0, \infty)$  are increasing functions such that

(2.11) 
$$\int_{1}^{\infty} \frac{\mathrm{d}s}{\sqrt{s} \int_{0}^{\sqrt{s}} \Psi_{1}(u) \mathrm{d}u} < \infty, \quad \lim_{r \to \infty} \min\left\{\Psi_{1}(r), \frac{(\int_{0}^{r} \Psi_{1}(s) \mathrm{d}s)^{2}}{\Psi_{1}(r)}\right\} = \infty,$$

and for some constants  $\theta \in (0, 1/(1 + \sqrt{2}))$  and C > 0,

(2.12) 
$$\sqrt{\Psi_2(r+t)(d-1)} \le \theta \int_0^r \Psi_1(s) \mathrm{d}s + \frac{1}{2} \int_0^{t/2} \Psi_1(s) \mathrm{d}s + C, \quad r,t \ge 0.$$

When Ric is bounded below, (2.12) as well as the second inequality in (2.10) hold for  $\Psi_2$  being a large enough constant. In general, since  $\int_0^r \Psi_1(s) ds \ge 2 \int_0^{r/2} \Psi_1(s) ds$ , (2.12) with  $\theta = \frac{1}{4} < \frac{1}{1+\sqrt{2}}$  follows from

(2.13) 
$$\sqrt{\Psi_2(r)(d-1)} \le \frac{1}{2} \inf_{t \in [0,r]} \left\{ \int_0^{t/2} \Psi_1(s) \mathrm{d}s + \int_0^{(r-t)/2} \Psi_1(s) \mathrm{d}s \right\} + C$$
$$= \int_0^{r/4} \Psi_1(s) \mathrm{d}s + C, \quad r \ge 0.$$

Since (2.5) fails for non-symmetric semigroups, we apply the inequality

$$\|P_t\|_{L^1(\mu) \to L^{\infty}(\mu)} \le \|P_{t/2}\|_{L^1(\mu) \to L^2(\mu)} \|P_{t/2}\|_{L^2(\mu) \to L^{\infty}(\mu)}$$

due to the semigroup property. So, to ensure the ultracontractivity, we need an additional condition implying  $||P_t||_{L^1(\mu)\to L^2(\mu)} < \infty$  (see Corollary 2.4(2) below).

To estimate  $G_{\Phi}(t)$  in (2.6) using  $\Psi_1$ , we introduce

(2.14) 
$$\Lambda_1(r) := \frac{1}{\sqrt{r}} \int_0^{\sqrt{r}} \Psi_1(s) \mathrm{d}s, \quad \Lambda_2(r) := \int_r^\infty \frac{\mathrm{d}s}{\sqrt{s} \int_0^{\sqrt{s}} \Psi_1(u) \mathrm{d}u}, \quad r > 0.$$

Obviously, the inverse function  $\Lambda_2^{-1}$  exists on  $(0, \infty)$ , and since  $\Lambda_1$  is increasing with  $\Lambda_1(\infty) = \infty$ , we have

$$\Lambda_1^{-1}(r) := \inf\{s \ge 0 : \Lambda_1(s) \ge r\} < \infty, \ r \ge 0.$$

**Corollary 2.4.** Assume that (2.11) and (2.12) hold for some constants  $\theta \in (0, 1/(1 + \sqrt{2}))$  and C > 0.

(1) If  $P_t$  is symmetric, i.e.  $Z = \nabla V$  for some  $V \in C^2(M)$ , then there exist constants  $c, \lambda > 0$  such that (2.6) and (2.8) hold for

$$G_{\Phi}(t) := \inf \left\{ r > 0 : \ (\mu \times \mu) \left( \Phi(r^{-1}\rho) \right) \le e^{-c - ct^{-1} \left\{ 1 + \Lambda_1^{-1}(ct^{-1}) - \Lambda_2^{-1}(c^{-1}t) \right\}} \right\}, \quad t > 0.$$

(2) If  $P_t$  is non-symmetric but there exists continuous  $h \in C([0,1];[0,\infty))$  with h(r) > 0for r > 0 such that  $\int_0^1 \frac{h(r)}{r} dr < \infty$  and

$$H(\theta) := \int_0^1 \frac{\theta}{h(r)} \Big\{ 1 + \Lambda_1^{-1} \big( \theta/h(r) \big) + \Lambda_2^{-1} \big( h(r)/\theta \big) \Big\} \mathrm{d}r < \infty, \quad \theta > 0,$$

then there exist constants  $c, \lambda > 0$  such that (2.6) holds for

$$G_{\Phi}(t) := \inf \left\{ \lambda > 0 : \ (\mu \times \mu) \left( \Phi(\lambda^{-1} \rho) \right) \le e^{-c - ct^{-1} \{ 1 + \Lambda_1^{-1}(ct^{-1}) - \Lambda_2^{-1}(c^{-1}t) \} - cH(ct^{-1}) } \right\}.$$

To conclude this part, we present a simple example to illustrate Corollary 2.4.

**Example 2.1.** Let M have non-positive sectional curvatures and a pole  $o \in M$ . Let  $Z = Z_0 - \delta \nabla \rho_o^{2+\varepsilon}$  outside a compact domain, where  $\delta, \varepsilon > 0$  are constants and  $Z_0$  is a  $C^1$  vector field with

(2.15) 
$$\limsup_{\rho_o \to \infty} \frac{|\nabla Z_0|}{\rho_o^{\varepsilon}} < \delta(1+\varepsilon)(2+\varepsilon).$$

Let  $\Psi_2: (0,\infty) \to (0,\infty)$  be increasing such that

(2.16) 
$$\operatorname{Ric} \ge -\Psi_2(\rho_o), \ \lim_{r \to \infty} \frac{\Psi_2(r)}{r^{2(1+\varepsilon)}} = 0$$

By (2.15), (2.16) and the Hessian comparison theorem, we see that (2.10), (2.11) and (2.13) hold with  $\Psi_1(r) = c_1 r^{\varepsilon}$  for some constant  $c_1 > 0$ . By (2.14), there exists a constant C > 0 such that

$$\Lambda_1^{-1}(\theta/h(r)) + \Lambda^{-1}(h(r)/\theta) \le C\theta^{\frac{2}{\varepsilon}}h(r)^{-\frac{2}{v}v}.$$

Taking, for instance,  $h(r) = r^{\frac{\varepsilon}{4}}$  in Corollary 2.4(2), we may find out constants  $c, \lambda > 0$  such that for any  $p \ge 1$ ,

$$W_p(\mu_1 P_t, \mu_2 P_t) \le c e^{-\lambda t} \min \left\{ W_p(\mu_1, \mu_2), \|\rho\|_{L_p(\mu \times \mu)} \exp\left[\frac{c}{pt^{1+\frac{2}{\varepsilon}}}\right] \right\}, \quad t > 0, \mu_1, \mu_2 \in \mathscr{P}(M).$$

#### 2.2 SDEs with multiplicative noise

Consider the following SDE on  $\mathbb{R}^d$ :

(2.17) 
$$dX_t = b(X_t)dt + \sqrt{2\sigma(X_t)}dB_t,$$

where  $B_t$  is the *m*-dimensional Brownian motion,  $b : \mathbb{R}^d \to \mathbb{R}^d$  and  $\sigma : \mathbb{R}^d \to \mathbb{R}^d \otimes \mathbb{R}^m$  (the space of  $d \times m$ -matrices) are locally Lipshitz such that

$$\|\sigma\|_{HS}^2(x) + \langle b(x), x \rangle \le C(1+|x|^2), \ x \in \mathbb{R}^d$$

holds for some constant C > 0, where and in the following,  $\|\cdot\|_{HS}$  and  $\|\cdot\|$  denote the Hilbert-Schmidt and the operator norms respectively. Then the SDE has a unique solution  $\{X_t(x)\}_{t\geq 0}$  for every initial point  $x \in \mathbb{R}^d$ . Let  $P_t$  be the associated Markov semigroup:

$$P_t f(x) := \mathbb{E}[f(X_t(x))], \quad t \ge 0, x \in \mathbb{R}^d, f \in \mathscr{B}_b(\mathbb{R}^d).$$

We intend to investigate the  $W_p$ -exponential contraction for  $p \in [1, \infty)$ . As mentioned in Introduction that existing results only apply to p = 1 and  $\sigma = I$ , and as mentioned in [12, 18] that there is essential difficulty to prove (1.3) for p > 1 even for  $\sigma = I$ . So, the present study is non-trivial.

Corresponding to that (1.1) implies (1.2) in the Riemannian setting, we have the following assertion.

Theorem 2.5. Let  $p \in [1, \infty)$ . If

(2.18) 
$$\frac{(p-2)|(\sigma(x)-\sigma(y))^*(x-y)|^2}{|x-y|^2} + \|\sigma(x)-\sigma(y)\|_{HS}^2 + \langle b(x)-b(y), x-y\rangle \\ \leq -K_p|x-y|^2, \quad x \neq y \in \mathbb{R}^d$$

holds for some constant  $K_p \in \mathbb{R}$ , then

$$W_p(\mu_1 P_t, \mu_2 P_t) \le e^{-K_p t} W_p(\mu_1, \mu_2), \quad t \ge 0, \mu_1, \mu_2 \in \mathscr{P}(\mathbb{R}^d).$$

Note that this result does apply to  $p = \infty$  when  $\sigma$  is non-constant. Next, as in the Riemannian case, we intend to prove the exponential contraction in  $W_p$  when (2.18) only holds for some negative constant  $K_p$ . To this end, we need the SDE to be non-degenerate. The following result contains analogous assertions in Theorems 2.1 and 2.3, where the first assertion extends (1.5) to the multiplicative noise setting.

**Theorem 2.6.** Assume that  $\lambda_0^{-2}I \ge \sigma\sigma^* \ge \lambda_0^2I$  for some constant  $\lambda_0 \in (0,1)$ .

(1) If there exist constants  $K_1, K_2, r_0 > 0$  such that Z and  $\sigma_0 := \sqrt{\sigma \sigma^* - \lambda_0^2 I}$  satisfy

(2.19) 
$$\|\sigma_0(x) - \sigma_0(y)\|_{HS}^2 - \frac{|(\sigma(x) - \sigma(y))^*(x - y)|^2}{|x - y|^2} + \langle b(x) - b(y), x - y \rangle$$
  
 
$$\le \left\{ (K_1 + K_2) \mathbb{1}_{\{|x - y| \le r_0\}} - K_2 \right\} |x - y|^2, \quad x, y \in \mathbb{R}^d,$$

then there exist constants  $c, \lambda > 0$  such that

$$W_1(\mu_1 P_t, \mu_2 P_t) \le c e^{-\lambda t} W_1(\mu_1, \mu_2), \quad t \ge 0, \mu_1, \mu_2 \in \mathscr{P}(\mathbb{R}^d).$$

(2) Let  $P_t$  have a unique invariant probability measure  $\mu$  such that the log-Sobolev inequality

(2.20) 
$$\mu(f^2 \log f^2) \le C\mu(|\nabla f|^2), \quad f \in C_b^1(\mathbb{R}^d), \quad \mu(f^2) = 1$$

holds for some constant C > 0. If there exists a constant K > 0 such that

(2.21) 
$$\|\sigma(x) - \sigma(y)\|_{HS}^2 + \langle b(x) - b(y), x - y \rangle \leq K |x - y|^2, \quad x, y \in \mathbb{R}^d,$$

then (2.3) holds for some constants  $c, \lambda > 0$  and  $M = \mathbb{R}^d$ .

(3) Let  $P_t$  be ultracontractive and let (2.21) hold for some constant K > 0. Then there exist a constant  $\lambda > 0$  such that for any  $p \in [1, \infty)$ , condition (2.18) implies

$$W_p(\mu_1 P_t, \mu_2 P_t) \le c e^{-\lambda t} W_p(\mu_1, \mu_2), \quad t \ge 0, \mu_1, \mu_2 \in \mathscr{P}(\mathbb{R}^d)$$

for some constant c = c(p) > 0.

According to [22, Lemma 3.3], we have

(2.22) 
$$\|\sigma_0(x) - \sigma_0(y)\|^2 \le \frac{1}{4\lambda_0} \|(\sigma\sigma^*)(x) - (\sigma\sigma^*)(y)\|_{HS}^2, \ x, y \in \mathbb{R}^d.$$

Combining this with  $\|\cdot\|_{HS}^2 \leq d\|\cdot\|^2$ , we see that (2.19) follows from the following more explicit condition:

(2.23) 
$$\frac{d-1}{4\lambda_0} \|(\sigma\sigma^*)(x) - (\sigma\sigma^*)(y)\|_{HS}^2 + \langle b(x) - b(y), x - y \rangle \\ \leq \{(K_1 + K_2) \mathbb{1}_{\{|x-y| \le r_0\}} - K_2\} |x-y|^2, \ x, y \in \mathbb{R}^d.$$

# **3** Preparations

This section includes some propositions which will be used to prove the results introduced in Section 2. We first recall a link between the Wasserstein distance and gradient estimates due to [17], then deduce the hyperboundedness and the exponential convergence in entropy from the log-Sobolev inequality for non-symmetric diffusion semigroups, and finally prove the exponential contraction in gradient for ultracontractive semigroups in a general framework including both diffusion and jump Markov semigroups.

#### 3.1 Wasserstein distance and gradient inequalities

Let  $(E, \rho)$  be a geodesic Polish space, i.e. it is a Polish space and for any two different points  $x, y \in E$ , there exists a continuous curve  $\gamma : [0, 1] \to E$  such that  $\gamma_0 = x, \gamma_1 = y$ and  $\rho(\gamma_s, \gamma_t) = |s - t|\rho(x, y)$  for  $s, t \in [0, 1]$ . Then for any  $f \in \text{Lip}_b(E)$ , the class of bounded Lipschitz functions on E, the length of gradient

$$|\nabla f|(x) := \limsup_{\rho(x,y)\downarrow 0} \frac{|f(x) - f(y)|}{\rho(x,y)}, \quad x \in E$$

is measurable. Moreover, let P(x, dy) be a Markov transition kernel and define the Markov operator

$$Pf(x) := \int_{E} f(y)P(x, \mathrm{d}y), \ x \in E, f \in \mathscr{B}_{b}(E)$$

For any  $\Phi \in \mathcal{N} \setminus \{\Phi_{\infty}\}$ , consider the Young norm induced by  $\Phi$  with respect to P

(3.1) 
$$||f||_{L^{\Phi}_{*}(P)}(x) := \sup \left\{ P(fg)(x) : g \in \mathscr{B}_{b}(E), P\Phi(|g|)(x) \le 1 \right\}, x \in E, f \in \mathscr{B}_{b}(E),$$

and set  $||f||_{L^{\Phi_{\infty}}(P)}(x) = P|f|(x)$ . Then  $||\cdot||_{L^{\Phi_p}} = ||\cdot||_{L^{\Phi_q}}$  for  $p \in [1, \infty], q = \frac{p}{p-1}$ . The following result follows from [17, Theorem 2.2, Remark 2 and Remark 3].

**Proposition 3.1** ([17]). For any constant C > 0 and  $\Phi \in \overline{\mathcal{N}}$ , the following statements are equivalent to each other:

- (1)  $|\nabla Pf| \leq C \|\nabla f\|_{L^{\Phi}_{*}(P)}$  for  $f \in \operatorname{Lip}_{b}(E)$ .
- (2)  $W_{\Phi}(\delta_x P, \delta_y P) \le C\rho(x, y), \quad x, y \in E.$

When  $\Phi = \Phi_p$  for  $p \in [1, \infty]$ , they are also equivalent to

(3)  $W_p(\mu_1 P, \mu_2 P) \le CW_p(\mu_1, \mu_2), \quad \mu_1, \mu_2 \in \mathscr{P}(E).$ 

#### 3.2 Hyperboundedness and exponential convergence in entropy

When  $P_t$  is symmetric, it is well known that the hyperbounddeness, exponential convergence in entropy and the log-Sobolev inequality are equivalent each other, see [6, 36] and references within. In the non-symmetric case, the log-Sobolev inequality implies the former two properties if the generator L and the symmetric part of the Dirichlet form  $\mathscr{E}$  satisfy

(3.2) 
$$-\mu((1+\log f)Lf) \ge c_0 \mathscr{E}\left(\sqrt{f}, \sqrt{f}\right) \text{ and}$$
$$-\mu(f^{p-1}Lf) = \frac{c_0(p-1)}{p^2} \mathscr{E}(f^{\frac{p}{2}}, f^{\frac{p}{2}}), \quad p > 1, f \in \mathscr{D}$$

for some constant  $c_0 > 0$  and a reasonable class  $\mathscr{D}$  of non-negative bounded functions, which is stable under  $P_t$  and dense in  $L^p_+(\mu) := \{f \in L^p(\mu) : f \ge 0\}$  for any  $p \ge 1$ , see e.g. [14]. In applications, it may be not easy to figure out the class  $\mathscr{D}$  such that (3.2) holds. But in general this condition can be replaced by the following approximation formula Lemma 3.2 in the spirit of [26].

Now, consider the (Neumann) semigroup  $P_t$  generated by  $L := \Delta + Z$  for a locally bounded vector field Z such that  $P_t$  has a unique invariant probability measure  $\mu$ . Let

 $\mathscr{D}_0 = \left\{ f \in C_0^\infty(M) : f \text{ satisfies the Neumann condition if } \partial M \neq \emptyset \right\}.$ 

Then  $(L, \mathscr{D}_0)$  is dissipative (thus, closable) in  $L^1(\mu)$  with closure  $(L, \mathscr{D}_1(L))$  generating  $P_t$  in  $L^1(\mu)$ , see e.g. [29] and references therein. Let

$$\mathscr{D} = \{ f \in \mathscr{D}_1(L) \cap L^{\infty}(\mu) : f \ge 0 \}.$$

**Lemma 3.2.** Let  $f \in \mathscr{D}$  and  $\psi \in C_b^{\infty}([ess_{\mu} \inf f, \infty))$ . There exists a sequence  $\{f_n\}_{n\geq 1} \subset \mathscr{D}_0$ with  $\inf f_n = ess_{\mu} \inf f$  such that  $f_n \to f$  in  $L^m(\mu)$  for any  $m \geq 1$ ,  $Lf_n \to Lf$  in  $L^1(\mu)$ , and

$$\mu(\psi(f)Lf) = -\lim_{n \to \infty} \mu(\psi'(f_n)|\nabla f_n|^2).$$

Proof. Since  $f \in \mathscr{D} \subset \mathscr{D}_1(L) \cap L^{\infty}(\mu)$ , there exists a uniformly bounded sequence  $\{f_n\}_{n\geq 1} \subset \mathscr{D}_0$  such that  $\inf f_n = \operatorname{ess}_{\mu} \inf f$  and  $f_n \to f, Lf_n \to Lf$  in  $L^1(\mu)$ . By the uniform boundedness,  $f_n \to f$  in  $L^m(\mu)$  for any  $m \geq 1$ . Since  $\psi \in C_b^{\infty}([\inf f_n, \infty))$ ,

$$g_n := \int_{\inf f_n}^{f_n} \psi(s) \mathrm{d}s \in \mathscr{D}_c := \{g + c : \ c \in \mathbb{R}, g \in \mathscr{D}_0\} \subset \mathscr{D}_1(L).$$

This implies  $\mu(Lg_n) = 0$  since  $\mu$  is  $P_t$ -invariant. So, by the dominated convergence theorem,

$$\mu(\psi(f)Lf) = \lim_{n \to \infty} \mu(\psi(f_n)Lf_n) = \lim_{n \to \infty} \mu(Lg_n - \psi'(f_n)|\nabla f_n|^2) = -\lim_{n \to \infty} \mu(\psi'(f_n)|\nabla f_n|^2).$$

**Proposition 3.3.** Let Z be a locally bounded vector field such that the (Neumann) semigroup  $P_t$  generated by  $L := \Delta + Z$  has a unique invariant probability measure  $\mu$ .

(1) If the super log-Sobolev inequality

(3.3) 
$$\mu(f^2 \log f^2) \le r\mu(|\nabla f|^2) + \beta(r), \quad r > 0, \quad f \in C_b^1(M), \, \mu(f^2) = 1.$$

holds for some  $\beta \in C((0,\infty); (0,\infty))$ , then for any constants  $q > p \ge 1$  and  $\gamma \in C((p,q); (0,\infty))$  such that  $t := \int_{p}^{q} \frac{\gamma(r)}{r} dr < \infty$ , there holds

$$||P_t||_{L^p(\mu)\to L^q(\mu)} \le \exp\left[\int_p^q \frac{\beta(4\gamma(r)(1-r^{-1}))}{r^2} \,\mathrm{d}r
ight].$$

(2) If the log-Sobolev inequality

(3.4) 
$$\mu(f^2 \log f^2) \le C\mu(|\nabla f|^2) + \mu(f^2) \log \mu(f^2), \quad f \in C_b^1(M)$$

holds for some constant C > 0, then

$$\mu((P_tg)\log P_tg) \le e^{-4t/C}\mu(g\log g), \quad g \in \mathscr{B}_b(M), g \ge 0, \mu(g) = 1.$$

*Proof.* (1) According to Lemma 3.2, for any  $f \in \mathscr{D}$  and p > 1, there exists  $\{f_n\}_{n \ge 1} \subset \mathscr{D}_0$  such that  $f_n^{\frac{2}{p}} \to f$  in  $L^m(\mu)$  for all  $m \ge 1$ , and

(3.5) 
$$-\mu(f^{p-1}Lf) = \frac{4(p-1)}{p^2} \limsup_{n \to \infty} \mu(|\nabla f_n|^2).$$

Applying (3.3) to  $f_n$  and using (3.5), we obtain

$$p\mu(f^p \log f) = \lim_{n \to \infty} \mu(f_n^2 \log f_n^2) \le r \liminf_{n \to \infty} \mu(|\nabla f_n|^2) + \beta(r)$$
$$\le \frac{rp^2}{4(p-1)} \Big( -\mu(f^{p-1}Lf) + \frac{4\beta(r)(p-1)}{rp^2} \Big), \quad r > 0.$$

Set  $c(p) = \frac{rp}{4(p-1)}$ , we have

$$\frac{4\beta(r)(p-1)}{rp^2} = \frac{\beta(4c(p)(1-p^{-1}))}{pc(p)}, \quad p > 1,$$

so that the above inequality becomes

$$\mu(f^p \log f) \le c(p) \Big( -\mu(f^{p-1}Lf) + \gamma(p) \Big), \quad p > 1, f \in \mathscr{D}$$

for  $\gamma(p) := \frac{\beta(4c(p)(1-p^{-1}))}{pc(p)}$ . Noting that  $\mathscr{D}$  is  $P_t$ -invariant (i.e.  $P_t \mathscr{D} \subset \mathscr{D}$ ) and dense in  $L^p_+(\mu)$  for any  $p \ge 1$ , the desired assertion follows from the proof of [14, Corollary 3.13].

(2) It suffices to prove for  $g \in \mathscr{D}$  with  $\inf g > 0$ . Applying Lemma 3.2 to  $f = P_t g$  and  $\psi(s) = 1 + \log s$ , and using (3.4), we obtain

$$\frac{\mathrm{d}}{\mathrm{d}t}\mu((P_tg)\log P_tg) = \mu((1+\log P_tg)LP_tg) = -4\lim_{n\to\infty}\mu(|\nabla\sqrt{f_n}|^2)$$
$$\leq -\frac{4}{C}\liminf_{n\to\infty}\mu(f_n\log f_n) = -\frac{4}{C}\mu((P_tg)\log P_tg), \quad t\geq 0.$$

This implies the desired exponential estimate.

#### 3.3 Exponential contraction in gradient

In this part, we consider a general framework including both diffusion and jump processes. Let  $(E, \mathscr{F}, \mu)$  be a separable complete probability space, and let  $P_t$  be a Markov semigroup on  $L^2(\mu)$  with  $\mu$  as invariant probability measure. Let  $(L, \mathscr{D}(L))$  be the generator of  $P_t$  in  $L^2(\mu)$ . We assume that there exists an algebra  $\mathscr{A} \subset \mathscr{D}(L)$  such that

(i)  $1 \in \mathscr{A}$ ,  $\mathscr{A}$  is dense in  $L^2(\mu)$  and the algebra induced by

$$\mathscr{D} := \{ P_s f : s \ge 0, f \in \mathscr{A} \}$$

is contained in  $\mathscr{D}(L)$ .

(ii)  $\Gamma(f,g) := \frac{1}{2}(L(fg) - fLg - gLf)$  gives rise to a non-degenerate positive definite bilinear form on  $\mathscr{D} \times \mathscr{D}$ ; i.e., for any  $f \in \mathscr{D}$ ,  $\Gamma(f, f) \ge 0$  and it equals to 0 if and only if f is constant.

In particular, when  $P_t$  is the (Neumann) semigroup generated by  $L := \Delta + Z$  on M with  $\operatorname{Ric}_Z$  bounded below, the assumption holds for

 $\mathscr{A} := \{ f + c : f \in C_0^{\infty}(M) \text{ satisfying the Neumann condition if } \partial M \neq \emptyset, c \in \mathbb{R} \}.$ 

Under the above conditions,

$$\mathscr{E}(f,g):=\mu(\Gamma(f,g)), \ f,g\in\mathscr{A}$$

is closable and the closure  $(\mathscr{E}, \mathscr{D}(\mathscr{E}))$  is a conservative symmetric Dirichlet form. Although  $P_t$  is not associated to  $(\mathscr{E}, \mathscr{D}(\mathscr{E}))$  when it is non-symmetric, we have

(3.6) 
$$\frac{\mathrm{d}}{\mathrm{d}t}\mu((P_tf)^2) = -2\mathscr{E}(P_tf, P_tf), \quad t \ge 0, f \in \mathscr{D}$$

If  $||P_t||_{L^1(\mu)\to L^\infty(\mu)} < \infty$ , then  $P_t$  has a heat kernel  $p_t(x,y)$  with respect to  $\mu$ , i.e.

$$P_t f = \int_E p_t(\cdot, y) f(y) \mu(\mathrm{d}y), \quad f \in L^2(\mu),$$

and

$$\operatorname{ess}_{\mu \times \mu} \sup p_t = \|P_t\|_{L^1(\mu) \to L^\infty(\mu)} < \infty.$$

We consider the "gradient" length  $|\nabla_{\Gamma} f| = \sqrt{\Gamma(f, f)}$  induced by  $\Gamma$ . Note that for jump processes the length is non-local and thus essentially different from the usual gradient length. As shown below that estimates of  $|\nabla_{\Gamma} P_t|$  have a close link to functional inequalities of the associated Dirichlet form.

**Proposition 3.4.** Assume that there exist  $t_1 > 0$  and  $\eta \in C([0,\infty); (0,\infty))$  such that

(3.7) 
$$\|P_{t_1}\|_{L^1(\mu)\to L^\infty(\mu)} < \infty, \quad |\nabla_{\Gamma} P_t f|^2 \le \eta(t) P_t |\nabla_{\Gamma} f|^2, \ t \ge 0, f \in \mathscr{D}.$$

Then there exist constants  $c, \lambda, t_2 > 0$  such that for any  $q \ge 1$  and  $\eta_q \in C([0, \infty); (0, \infty))$ , the gradient estimate

(3.8) 
$$|\nabla_{\Gamma} P_t f|^2 \le \eta_q(t) (P_t |\nabla_{\Gamma} f|^q)^{\frac{2}{q}}, \ t \ge 0, f \in \mathscr{D}$$

implies

(3.9) 
$$\|\nabla_{\Gamma} P_t f\|_{L^{\infty}(\mu)}^2 \leq \left(c \sup_{[0,t_2]} \eta_q\right) e^{-\lambda t} \operatorname{ess}_{\mu} \inf(P_t |\nabla_{\Gamma} f|^q)^{\frac{2}{q}}, \quad t \geq t_2, f \in \mathscr{D}.$$

*Proof.* (a) We first prove

(3.10) 
$$\mathscr{E}(P_t f, P_t f) \le C \mathrm{e}^{-\lambda t} \mathscr{E}(f, f), \quad f \in \mathscr{D}, t \ge 0$$

for some constants  $C, \lambda > 0$ . By the second inequality in (3.7), for any t > 0 and  $f \in \mathscr{D}$  we have

$$\frac{\mathrm{d}}{\mathrm{d}s} P_s (P_{t-s}f)^2 = 2P_s |\nabla_{\Gamma} P_{t-s}f|^2 \le 2\eta (t-s) P_t |\nabla_{\Gamma} f|^2, \ s \in [0,t].$$

Integrating both sides over [0, t] leads to

$$P_t f^2 \le (P_t f)^2 + C(t) P_t |\nabla_{\Gamma} f|^2, \quad C(t) := 2 \int_0^t \eta(s) \mathrm{d}s, \ t > 0.$$

Taking  $t = t_1$  and noting that  $\mu$  is the invariant probability measure of  $P_t$ , we obtain

(3.11) 
$$\mu(f^2) \le C(t_1)\mathscr{E}(f,f) + \|P_{t_1}\|_{1\to\infty}^2 \mu(|f|)^2, \quad f \in \mathscr{D}.$$

Since  $\mathscr{D}(\mathscr{E})$  is the closure of  $\mathscr{D}$  under the  $\mathscr{E}_1$ -norm, this inequality also holds for  $f \in \mathscr{D}(\mathscr{E})$ . By condition (ii), the symmetric Dirichlet form is irreducible. So, according to [41, Corollary 1.2] the defective Poincaré inequality (3.11) implies the Poincaré inequality

(3.12) 
$$\mu(f^2) \le \frac{1}{\lambda} \mathscr{E}(f, f) + \mu(f)^2, \quad f \in \mathscr{D}(\mathscr{E})$$

for some constant  $\lambda > 0$ . By (3.6) and that  $\mathscr{D}$  is dense in  $L^2(\mu)$ , the Poincaré inequality is equivalent to

(3.13) 
$$\|P_t f - \mu(f)\|_2 \le e^{-\lambda t} \|f - \mu(f)\|_2, \quad t \ge 0, f \in L^2(\mu).$$

On the other hand, by the second inequality in (3.7), for any t > 0 and  $f \in \mathscr{D}$  we have

$$\frac{\mathrm{d}}{\mathrm{d}s}P_s(P_{t-s}f)^2 = 2P_s|\nabla_{\Gamma}P_{t-s}f|^2 \ge \frac{2}{\eta(s)}|\nabla_{\Gamma}P_tf|^2, \quad s \in [0,t].$$

So,

$$|\nabla_{\Gamma} P_t f|^2 \leq \frac{P_t f^2 - (P_t f)^2}{2\int_0^t \eta(s)^{-1} \mathrm{d}s}, \quad t > 0, f \in \mathscr{D}.$$

Using  $P_t f - \mu(f)$  to replace f and integrating with respect to  $\mu$ , we obtain

$$\mathscr{E}(P_{2t}f, P_{2t}f) \le \frac{\|P_tf - \mu(f)\|_2^2}{2\int_0^t \eta(s)^{-1} \mathrm{d}s}, \ t > 0, f \in \mathscr{D}.$$

Combining this with (3.13) and (3.12) we arrive at

$$\mathscr{E}(P_t f, P_t f) \le c_1 \mathrm{e}^{-\lambda t} \mathscr{E}(f, f), \ t \ge 1, f \in \mathscr{D}$$

for some constant  $c_1 > 0$ ; that is, (3.10) holds for t > 1. Finally, (3.7) implies (3.10) for  $t \in [0, 1]$ .

(b) Next, we intend to find out a constant  $t_0 \ge t_1$  such that

(3.14) 
$$\frac{1}{2} \le p_t \le 2, \quad (\mu \times \mu) \text{-}a.e., t \ge t_0.$$

Indeed, by (3.13) and the first inequality in (3.7), we obtain

$$\left| \int_{E} (p_{t+2t_1}(\cdot, y) - 1) f(y) \mu(\mathrm{d}y) \right| = \left| P_{t_1}(P_{t+t_1}f - \mu(f)) \right|$$

$$\leq c_0 \mu(|P_{t+t_1}f - \mu(f)|) \leq c_0 e^{-\lambda t} ||P_{t_1}f - \mu(f)||_2 \leq c_0^2 e^{-\lambda t} \mu(|f|), \quad \mu\text{-a.e.}, \ t \geq 0,$$

where  $c_0 := \|P_{t_1}\|_{L^1(\mu) \to L^\infty(\mu)}$ . This implies the desired assertion for  $t_0 > 0$  such that  $c_0^2 e^{-\lambda t_0} \le \frac{1}{2}$ .

(c) Finally, combining (3.7), (3.14), (3.10) and (3.8), we obtain

$$\begin{aligned} \|\nabla_{\Gamma} P_{t+2t_0} f\|_{L^{\infty}(\mu)}^2 &\leq c_1 \|P_{t_0} |\nabla_{\Gamma} P_{t+t_0} f|^2 \|_{L^{\infty}(\mu)} \leq 2c_1 \mathscr{E}(P_{t+t_0} f, P_{t+t_0} f) \\ &\leq c_2 \mathrm{e}^{-\lambda t} \mathscr{E}(P_{t_0} f, P_{t_0} f) \leq c_2 \eta_q(t_0) \mathrm{e}^{-\lambda t} \mu \left( (P_{t_0} |\nabla_{\Gamma} f|^q)^{\frac{2}{q}} \right) \\ &\leq c_3 \eta_q(t_0) \mathrm{e}^{-\lambda t} \mathrm{ess}_{\mu} \inf (P_{t+2t_0} |\nabla_{\Gamma} f|^q)^{\frac{2}{q}} \end{aligned}$$

for some constants  $c_1, c_2, c_3 > 0$ . Then (3.9) holds for  $t_2 = 2t_0$ .

4 Proofs of Theorem 2.1 and Corollary 2.2

The first assertion is a generalization of the main result in [18] where  $M = \mathbb{R}^d$  is considered. As in [18], the key point of the proof is to construct a coupling by parallel transform for long distance but by reflection for short distance. The only difference is that we are working on a non-flat Riemannian manifold for which the curvature term appears in calculations. Since Itô's formula of the distance process has been well developed for couplings by both parallel displacement and reflection, the proof is also straightforward.

The proofs of the other two assertions are based on the log-Sobolev inequality and the log-Harnack inequality derived in [25] and [39] respectively for bounded below  $\operatorname{Ric}_Z$ .

Proof of Theorem 2.1. (a) For two different points  $x, y \in M$ , let  $P_{x,y} : T_x M \to T_y M$  be the parallel displacement along the minimal geodesic  $\gamma : [0, \rho(x, y)] \to M$  from x to y, and let  $M_{x,y} := P_{x,y} - 2\langle \cdot, \dot{\gamma}_0 \rangle \dot{\gamma}_{\rho(x,y)} : T_x M \to T_y M$  be the mirror reflection. Both maps are smooth in (x, y) outside the cut-locus  $\operatorname{Cut}(M)$ . According to [15] and [32], the appearance of the cut-locus and/or a convex boundary helps for the success of coupling, i.e. it makes the distance between two marginal processes smaller. So, for simplicity, we may and do assume that both the cut-locus and the boundary are empty, see [3, Section 3] or [36, Chapter 2] for details.

Now, let  $X_t$  solve the SDE

$$d_I X_t = \sqrt{2}u_t dB_t + Z(X_t) dt, \quad X_0 = x,$$

where  $d_I$  denotes the Itô differential introduced in [13] on Riemannian manifolds,  $B_t$  is the *d*-dimensional Brownian motion, and  $u_t$  is the horizontal lift of  $X_t$  to the frame bundle O(M). Then  $X_t$  is a diffusion process generated by L. To construct the coupling by reflection for short distance and parallel displacement for long distance, we introduce a cut-off function  $h \in C^1([0,\infty))$  which is decreasing such that h(r) = 1 for  $r \leq r_0$ , h(r) = 0 for  $r \geq$  $r_0 + 1$ , and  $\sqrt{1 - h^2}$  is also in  $C^1$ , see e.g. [43, (3.1)] for a concrete example. To construct the coupling in the above spirit, we split the noise into two parts, i.e. to replace  $dB_t$  by  $h(\rho(X_t, Y_t))dB'_t + \sqrt{1 - h(\rho(X_t, Y_t))^2}dB''_t$  for two independent Brownian motions  $B'_t$  and

 $B''_t$ , then make reflection for the  $B'_t$  part and parallel displacement for the  $B''_t$  part. More precisely, let  $(X_t, Y_t)$  solve the following SDE on  $M \times M$  for  $(X_0, Y_0) = (x, y)$ :

$$d_{I}X_{t} = \sqrt{2} \Big( h(\rho(X_{t}, Y_{t})) u_{t} dB'_{t} + \sqrt{1 - h(\rho(X_{t}, Y_{t}))^{2}} u_{t} dB''_{t} \Big) + Z(X_{t}) dt,$$
  
$$d_{I}Y_{t} = \sqrt{2} \Big( h(\rho(X_{t}, Y_{t})) M_{X_{t}, Y_{t}} u_{t} dB'_{t} + \sqrt{1 - h(\rho(X_{t}, Y_{t}))^{2}} P_{X_{t}, Y_{t}} u_{t} dB''_{t} \Big) + Z(Y_{t}) dt.$$

Since the coefficients of the SDE are at least  $C^1$  outside the diagonal  $\{(z, z) : z \in M\}$ , it has a unique solution up to the coupling time

$$T := \inf\{t \ge 0 : X_t = Y_t\}.$$

We then let  $X_t = Y_t$  for  $t \ge T$  as usual. By the second variational formula and the index lemma (see e.g. the proof of [37, Lemma 2.3] and [32, (2.4)]), the process  $\rho_t := \rho(X_t, Y_t)$  satisfies

$$\mathrm{d}\rho_t \le 2\sqrt{2h(\rho_t)}\mathrm{d}b_t + I_Z(X_t, Y_t)\mathrm{d}t, \ t \le T$$

for some one-dimensional Brownian motion  $b_t$ . Thus, by condition (1.8),

(4.1) 
$$d\rho_t \le 2\sqrt{2}h(\rho_t)db_t + \left\{ (K_1 + K_2)1_{\{\rho_t \le r_0\}} - K_2 \right\} \rho_t dt, \ t \le T.$$

Since  $h(\rho_t) = 0$  for  $\rho_t \ge r_0 + 1$  while  $d\rho_t < 0$  when  $\rho_t \ge r_0 + 1$ , this implies

(4.2) 
$$\rho_t \le (r_0 + 1) \lor \rho_0 \le 1 + r_0 + \rho(x, y).$$

On the other hand, since  $h(\rho_t) = 1$  for  $\rho_t \leq r_0$ , as observed in [18] we have

(4.3) 
$$\mathbb{E}\rho_t \le c \mathrm{e}^{-\lambda t} \rho(x, y), \quad t \ge 0$$

for some constants  $c, \lambda > 0$ . Indeed, let

$$\bar{\rho}_t = \varepsilon \rho_t + 1 - \mathrm{e}^{-N\rho_t}, \quad N = \frac{r_0}{2} (K_1 + K_2), \varepsilon = N \mathrm{e}^{-Nr_0}.$$

Then

$$\varepsilon \rho_t \le \bar{\rho}_t \le (N+\varepsilon)\rho_t, \quad \frac{4N^2}{r(\varepsilon e^{Nr}+N)} \ge K_1 + K_2 \text{ for } r \in (0, r_0],$$

so that (4.1) and Itô's formula lead to

$$\begin{aligned} \mathrm{d}\bar{\rho}_t &\leq 2\sqrt{2}(\varepsilon + N\mathrm{e}^{-N\rho_t})h(\rho_t)\mathrm{d}b_t \\ &+ (\varepsilon + N\mathrm{e}^{-N\rho_t})\Big\{(K_1 + K_2)\mathbf{1}_{\{\rho_t \leq r_0\}} - K_2 - \frac{4N^2}{\rho_t(\varepsilon\mathrm{e}^{N\rho_t} + N)}\mathbf{1}_{\{\rho_t \leq r_0\}}\Big\}\rho_t\mathrm{d}t \\ &\leq 2\sqrt{2}(\varepsilon + N\mathrm{e}^{-N\rho_t})h(\rho_t)\mathrm{d}b_t - c_1\bar{\rho}_t\mathrm{d}t, \quad t \leq T \end{aligned}$$

for some constant  $c_1$ . This implies  $\mathbb{E}\bar{\rho}_t \leq \bar{\rho}_0 e^{-c_1 t}$ . Then (4.3) holds for some constants  $c, \lambda > 0$ . Combining (4.2) with (4.3) we arrive at

$$\mathbb{E}\Phi(\rho_t/r) \le \sup_{s \in (0,1+r_0+\rho_0]} \frac{\Phi(s/r)}{s} \mathbb{E}\rho_t \le c e^{-\lambda t} \rho(x,y) \sup_{s \in (0,1+r_0+\rho_0]} \frac{\Phi(s/r)}{s}.$$

So,

$$W_{\Phi}(\delta_x P_t, \delta_y P_t) \le \|\rho_t\|_{L^{\Phi}(\mathbb{P})} = \inf \left\{ r > 0 : \mathbb{E}\Phi(\rho_t/r) \le 1 \right\}$$
$$\le \inf \left\{ r > 0 : \sup_{s \in (0, 1+r_0+\rho(x,y)]} \frac{\Phi(\frac{s}{r})}{s} \le \frac{e^{\lambda t}}{c\rho(x,y)} \right\},$$

which proves (2.1). Therefore, the proof of (1) is finished since the second inequality therein is a simple consequence of (2.1).

(b) To prove the log-Sobolev inequality (3.4), we follow the line of [37] to establish the dimension-free Harnack inequality using coupling by change of measures. Let  $(x_t, y_t)$  be the coupling constructed in [37] before Lemma 2.3 therein with Z replacing  $\nabla V$  and

(4.4) 
$$\xi_t = C + \frac{\rho(x,y)}{T}$$

for a constant C > 0. We first prove that when C is large enough our condition implies  $x_T = y_T$  as in [37, Lemma 2.3]. Indeed, by (1.8) and [37, (2.4)], we have

$$d\rho(x_t, y_t) = \left\{ I_Z(x_t, y_t) - \xi_t \right\} dt \le \left\{ (K_1 + K_2)r_0 - C - \frac{\rho(x, y)}{T} \right\} dt, \quad t < \tau_t$$

where  $\tau := \inf\{t \ge 0 : x_t = y_t\}$  is the coupling time. Taking  $C = (K_1 + K_2)r_0$  we obtain

$$\mathrm{d}\rho(x_t, y_t) \le -\frac{\rho(x, y)}{T}\mathrm{d}t, \ t < \tau,$$

so that  $\tau \leq T$  as desired.

Next, let R be given in the proof of [37, Proposition 3.1] for the present  $\xi_t$  in (4.4):

$$R = \exp\left[-\frac{1}{\sqrt{2}}\int_{0}^{\tau} dM_{t} - \frac{1}{4}\int_{0}^{\tau}\xi_{t}^{2}dt\right],$$

where  $M_t$  is a martingale with  $d\langle M \rangle_t = \frac{1}{2}\xi_t^2 dt$ . Then there exists a constant C > 0 such that for any  $\alpha > 1$ ,

$$\mathbb{E}R^{\frac{\alpha}{\alpha-1}} = \mathbb{E}\exp\left[-\frac{\alpha}{(\alpha-1)\sqrt{2}}\int_0^\tau \mathrm{d}M_t - \frac{\alpha^2}{4(\alpha-1)^2}\int_0^\tau \xi_t^2 \mathrm{d}t + \frac{\alpha}{4(\alpha-1)^2}\int_0^\tau \xi_t^2 \mathrm{d}t\right]$$
$$\leq \exp\left[\frac{C\alpha}{(\alpha-1)^2}\left(T + \frac{\rho(x,y)^2}{T}\right)\right].$$

By [37, (3.2)], this implies the Harnack inequality

$$(P_t f(y))^{\alpha} \le P_T f^{\alpha}(x) \exp\left[\frac{C\alpha}{\alpha - 1} \left(T + \frac{\rho(x, y)^2}{T}\right)\right], \quad 0 \le f \in \mathscr{B}(M), x, y \in M, T > 0.$$

Combining this with  $\mu(e^{\epsilon \rho_o^2}) < \infty$ , it is easy to see that  $||P_T||_{2\to 4} < \infty$  for large T > 0. Since (1.8) implies  $\operatorname{Ric}_Z \geq -(K_1 + K_2)$ , by the hyperboundedness and [25, Theorem 2.1], we have the defective log-Sobolev inequality

$$\mu(f^2 \log f^2) \le C_1 \mu(|\nabla f|^2) + C_2, \quad f \in C_b^1(M), \mu(f^2) = 1$$

for some constants  $C_1, C_2 > 0$ . Since the symmetric Dirichlet form  $\mathscr{E}(f, g) := \mu(\langle \nabla f, \nabla g \rangle)$ with domain  $H^{1,2}(\mu)$  is irreducible, according to [41] (see also [19]), the log-Sobolev inequality (3.4) holds for some constant C > 0.

(c) When  $\partial M = \emptyset$ , the log-Sobolev inequality implies the Talagrand inequality

(4.5) 
$$W_2(f\mu,\mu)^2 \le \frac{C}{2}\mu(f\log f), \quad f \ge 0, \mu(f) = 1,$$

see [5, 35, 21]. Next, let  $P_t^*$  be the adjoint of  $P_t$  in  $L^2(\mu)$ . Since  $\mu$  is  $P_t$ -invariant,  $P_t^*$  is generated by  $L^* := \Delta + Z^*$  for the  $C^1$ -vector field  $Z^* = 2\nabla V - Z$ , where  $V = \log \frac{d\mu}{dx}$ . So, by Proposition 3.3 for  $P_t^*$  in place of  $P_t$ , the log-Sobolev inequality implies

(4.6) 
$$\mu((P_t^*f)\log P_t^*f) \le e^{-4t/C}\mu(f\log f), \quad t \ge 0, f \ge 0, \mu(f) = 1.$$

Moreover, according to [39, Theorem 1.1], the curvature condition  $\operatorname{Ric}_Z \ge -(K_1+K_2) =: -K$  is equivalent to the log-Harnack inequality

$$P_t(\log f)(x) \le \log P_t f(y) + \frac{K\rho(x,y)^2}{2(1-e^{-2Kt})}, \quad t \ge 0, x, y \in M, 0 \le f \in \mathscr{B}_b(M).$$

By [42, Proposition 1.4.4(3)], this implies

(4.7) 
$$\mu((P_t^*f)\log P_t^*f) \le \frac{K}{2(1-\mathrm{e}^{-2Kt})}W_2(f\mu,\mu)^2, \quad f \ge 0, \\ \mu(f) = 1, t > 0.$$

Combining (4.5), (4.6) and (4.7), we obtain

(4.8)  
$$W_{2}((f\mu)P_{1+t},\mu)^{2} = W_{2}((P_{1+t}^{*}f)\mu,\mu)^{2} \leq \frac{C}{2}\mu((P_{1+t}^{*}f)\log P_{1+t}^{*}f)$$
$$\leq \frac{C}{2}e^{-4t/C}\mu((P_{1}^{*}f)\log P_{1}^{*}f) \leq c_{1}e^{-4t/C}W_{2}(f\mu,\mu)^{2}, \quad t \geq 0, f \geq 0, \mu(f) = 1$$

for some constant  $c_1 > 0$ . Noting that  $\operatorname{Ric}_Z \geq -K$  implies  $|\nabla P_t f| \leq e^{Kt} P_t |\nabla f|$  (see e.g. [39]), by Proposition 3.1 we have

$$W_2((f\mu)P_t,\mu) = W_2((f\mu)P_t,\mu P_t) \le c_2 W_2(f\mu,\mu), \quad t \in [0,1], f \ge 0, \mu(f) = 1.$$

Combining with (4.8) yields

$$W_2((f\mu)P_t,\mu) \le c e^{-\lambda t} W_2(f\mu,\mu), \quad t \ge 0, f \ge 0, \mu(f) = 1$$

for some constants  $c, \lambda > 0$ . Therefore, the proof of (3) is finished.

Proof of Corollary 2.2. By Theorem 2.1, it suffices to verify condition (1.8) and to prove that  $P_t$  has a unique invariant probability measure  $\mu$  with  $\mu(e^{\epsilon \rho_o^2}) < \infty$  for some constant  $\epsilon > 0$ .

Since Ric  $\geq -\delta_1$ , [37, (2.5)] applies to  $K(x, y) = \delta_1$ . So,

(4.9) 
$$I(x,y) \le 2\sqrt{\delta_1(d-1)}.$$

On the other hand, by  $\nabla Z \leq -\delta_2$  outside a compact set, there exist constants c, r > 0 such that

$$\nabla Z \le -\delta_2 + c \mathbf{1}_{\{\rho_o \le r\}}$$

Then, letting  $\gamma : [0, \rho(x, y)] \to M$  be the minimal geodesic from x to y with  $|\dot{\gamma}| = 1$ , we obtain

$$\langle Z, \nabla \rho(\cdot, y) \rangle(x) + \langle Z, \nabla \rho(x, \cdot) \rangle(y) = \int_0^{\rho(x, y)} \frac{\mathrm{d}}{\mathrm{d}s} \langle Z(\gamma_s), \dot{\gamma}_s \rangle \mathrm{d}s$$
$$= \int_0^{\rho(x, y)} \langle \nabla_{\dot{\gamma}_s} Z(\gamma_s), \dot{\gamma}_s \rangle \mathrm{d}s \le -\delta_2 \rho(x, y) + 2cr.$$

Combining this with (4.9) we prove (1.8) for some constants  $K_1, K_2 > 0$ .

Next, by Ric  $\geq -\delta_1$  and  $\nabla Z \leq -\delta_2$  outside a compact set, there exist constants  $c_1, c_2 > 0$  such that

$$L\rho_o^2 \le c_1 - c_2\rho_0^2$$

for some constants  $c_1, c_2 > 0$ . So, when  $\varepsilon > 0$  is small enough,

$$Le^{\varepsilon \rho_o^2} \le c(\varepsilon) - \gamma(\varepsilon)e^{\varepsilon \rho_o^2}$$

holds for some constants  $c(\varepsilon)$ ,  $\delta(\varepsilon) > 0$ . By a standard argument this implies that  $P_t$  has an invariant probability measure  $\mu$  with  $\mu(e^{\varepsilon \rho_o^2}) < \infty$ . The uniqueness of  $\mu$  follows from the irreducibility and strong Feller property which is well known for the present framework.  $\Box$ 

### 5 Proof of Theorem 2.3 and Corollary 2.4

Proof of Theorem 2.3. (1) Since  $\operatorname{Ric}_Z \geq -K$  for some constant  $K \geq 0$ , we have (see e.g. [39])

$$|\nabla P_t f| \le e^{Kt} P_t |\nabla f|, \quad f \in C_b^1(M).$$

Combining this with Proposition 3.4 for q = 1 and noting that  $P_t |\nabla f|$  is continuous, we obtain

$$|\nabla P_t f| \le c_0 \mathrm{e}^{-\lambda t} P_t |\nabla f|, \quad t \ge t_0, f \in C_b^1(M)$$

for some constants  $c_0, \lambda, t_0 > 0$ . Obviously, (3.1) implies

$$\|\cdot\|_{L^{1}(P_{t})} \leq \frac{\|\cdot\|_{L^{\Phi}_{*}(P_{t})}}{\Phi^{-1}(1)}, \quad \Phi \in \bar{\mathscr{N}}.$$

Then

$$|\nabla P_t f| \le \frac{c_0}{\Phi^{-1}(1)} e^{-\lambda t} \|\nabla f\|_{L^{\Phi}_*(P_t)}, \quad t \ge 0, \Phi \in \bar{\mathcal{N}}, f \in C^1_b(M).$$

According to Proposition 3.1, this is equivalent to

(5.1) 
$$W_{\Phi}(\delta_x P_t, \delta_y P_t) \le \frac{c_0}{\Phi^{-1}(1)} e^{-\lambda t} \rho(x, y), \quad t \ge 0, x, y \in M.$$

On the other hand, noting that

$$\mathscr{C}(\delta_x P_t, \delta_y P_t) \ni \pi_t := (\delta_x P_t) \times (\delta_y P_t) \le \|P_t\|_{L^1(\mu) \to L^\infty(\mu)}^2 (\mu \times \mu),$$

we obtain

$$W_{\Phi}(\delta_x P_t, \delta_y P_t) \le \|\rho\|_{L^{\Phi}(\pi_t)} \le G_{\Phi}(2t), \quad t > 0.$$

Combining this with (5.1) and the semigroup property, we arrive at

$$W_{\Phi}(\delta_x P_t, \delta_y P_t) \le \frac{c_0}{\Phi^{-1}(1)} e^{-\lambda t/2} W_{\Phi}(\delta_x P_{t/2}, \delta_y P_{t/2}) \le \frac{c_0}{\Phi^{-1}(1)} e^{-\lambda t/2} G_{\Phi}(t).$$

This together with (5.1) implies (2.6) for some constants  $c, \lambda > 0$ . Moreover, (2.8) follows from (2.6) according to Proposition 3.1.

(2) By Proposition 3.1, (2.9) implies

$$|\nabla P_t f| \le c \mathrm{e}^{-\lambda t} P_t |\nabla f|, \quad t \ge 0, f \in C_b^1(M).$$

Then using the standard semigroup calculation of Bakry-Emery, this implies

$$\begin{split} P_t(f^2 \log f^2) &- (P_t f^2) \log P_t f^2 = \int_0^t \frac{\mathrm{d}}{\mathrm{d}s} P_s \left\{ (P_{t-s} f^2) \log P_{t-s} f^2 \right\} \mathrm{d}s \\ &= \int_0^t P_s \left( \frac{|\nabla P_{t-s} f^2|^2}{P_{t-s} f^2} \right) \mathrm{d}s \le 4c^2 \int_0^t \mathrm{e}^{-2\lambda(t-s)} P_s \left( \frac{(P_{t-s} \{f | \nabla f| \})^2}{P_{t-s} f^2} \right) \mathrm{d}s \\ &\le 4c^2 \int_0^t \mathrm{e}^{-2\lambda(t-s)} (P_t |\nabla f|^2) \mathrm{d}s = \frac{2c^2(1-\mathrm{e}^{-2\lambda t})}{\lambda} P_t |\nabla f|^2, \quad t \ge 0. \end{split}$$

Since  $\lim_{t\to\infty} P_t g = \mu(g)$  for  $g \in \mathscr{B}_b(M)$  due to the ergodicity, by letting  $t \to \infty$  we prove the log-Sobolev inequality for (3.4) for  $C = \frac{2c^2}{\lambda}$ . Indeed, by the local Poincaré inequality and [24, Theorem 3.1], the weak Poincaré inequality

$$\mu(f^2) \le \alpha(r)\mu(|\nabla f|^2) + r||f||_{\infty}^2, \ r > 0, \mu(f) = 0$$

holds for some  $\alpha: (0, \infty) \to (0, \infty)$ . By [24, Theorem 2.1], this implies

$$\lim_{t \to 0} \sup_{\|g\|_{\infty} \le 1} \mu(|P_t g - \mu(g)|^2) = 0.$$

Proof of Corollary 2.4. We first observe that the proof of [37, Theorem 4.2] works also for the non-symmetric case with  $\nabla Z$  in place of  $\text{Hess}_V$ , so that for some constant  $c_1 > 0$ ,

(5.2) 
$$||P_t||_{L^2(\mu)\to L^\infty(\mu)} \le \exp\left[c_1 + \frac{c_1}{t}\left(1 + \Lambda_1^{-1}(c_1t^{-1}) + \Lambda_2^{-1}(c_1^{-1}t)\right)\right], \quad t > 0.$$

Since in the symmetric case we have  $||P_t||_{L^1(\mu)\to L^\infty(\mu)} \leq ||P_{t/2}||^2_{L^2(\mu)\to L^\infty(\mu)}$ , the first assertion follows immediately from Theorem 2.3.

As for the non-symmetric case, since

 $\|P_t\|_{L^1(\mu) \to L^{\infty}(\mu)} \le \|P_{t/2}\|_{L^1(\mu) \to L^2(\mu)} \|P_{t/2}\|_{L^2(\mu) \to L^{\infty}(\mu)},$ 

by Theorem 2.3 and (5.2) it suffices to prove

(5.3) 
$$\|P_t\|_{L^1(\mu) \to L^2(\mu)} \le \exp\left[c' + c'H(c't^{-1})\right], \quad t > 0$$

for some constant c' > 0. According to [25, Theorem 2.1], (5.2) implies the super log-Sobolev inequality (3.3) for

$$\beta(r) := c + \frac{c}{r} \Big\{ 1 + \Lambda_1^{-1}(cr^{-1}) + \Lambda_2^{-1}(c^{-1}r) \Big\}, \quad r > 0$$

for some (possibly different) constant c > 0. Then Proposition 3.3 with p = 1, q = 2 and  $\gamma(r) := \frac{trh(r-1)}{(r-1)\int_0^1 s^{-1}h(s)ds}$  implies (5.3).

### 6 Proofs of Theorems 2.5-2.6

Proof of Theorems 2.5. Let  $X_t(x)$  solve (2.17) with initial point x. By Itô's formula and condition (2.18) we obtain

$$\begin{aligned} d|X_t(x) - X_t(y)|^p \\ &\leq dM_t + p|X_t(x) - X_t(y)|^{p-2} \left\{ \frac{(p-2)|(\sigma(X_t(x)) - \sigma(X_t(y))^*(X_t(x) - X_t(y))|^2}{|X_t(x) - X_t(y)|^2} \\ &+ \|\sigma(X_t(x)) - \sigma(X_t(y))\|_{HS}^2 + \langle b(X_t(x) - b(X_t(y)), X_t(x) - X_t(y) \rangle \right\} dt \\ &\leq dM_t - pK_p |X_t(x) - X_t(y)|^p dt \end{aligned}$$

for some martingale  $M_t$ . This implies

$$\mathbb{E}|X_t(x) - X_t(y)|^p \le e^{-pK_p t}|x - y|^p, \quad t \ge 0, x, y \in \mathbb{R}^d,$$

and thus,

(6.1) 
$$|\nabla P_t f(x)| \leq \limsup_{y \to x} \mathbb{E} \Big( \frac{|f(X_t(x)) - f(X_t(y))|}{|X_t(x) - X_t(y)|} \cdot \frac{|X_t(x) - X_t(y)|}{|x - y|} \Big) \\ \leq e^{-K_p t} (P_t |\nabla f|^{\frac{p}{p-1}})^{\frac{p-1}{p}}.$$

Then the desired assertion follows from Proposition 3.1.

Proof of Theorem 2.6. (1) We reformulate (2.17) as

(6.2) 
$$\mathrm{d}X_t = b(X_t)\mathrm{d}t + \sqrt{2}\big(\sigma_0(X_t)\mathrm{d}B'_t + \lambda_0\mathrm{d}B''_t\big),$$

where  $B'_t$  and  $B''_t$  are independent *d*-dimensional Brownian motions. For any  $x \neq y$ , let  $X_t$  solve this SDE with  $X_0 = x$ , and let  $Y_t$  solve the following coupled SDE with  $Y_0 = y$ :

$$dY_t = b(Y_t)dt + \sqrt{2}\,\sigma_0(Y_t)dB'_t + \lambda_0\sqrt{2}\,\left(dB''_t - 2\frac{\langle X_t - Y_t, dB''_t\rangle(X_t - Y_t)}{|X_t - Y_t|^2}\right).$$

That is, under the flat metric we have made coupling by reflection for  $B''_t$  and coupling by parallel displacement for  $B'_t$ . Obviously, the coupled SDE has a unique solution up to the coupling time

$$T_{x,y} := \inf\{t \ge 0 : X_t = Y_t\}.$$

We set  $Y_t = X_t$  for  $t \ge T_{x,y}$  as usual. Then by (2.19) and Itô's formula, we obtain

(6.3) 
$$d|X_t - Y_t| \le dM_t + \left\{ (K_1 + K_2) \mathbb{1}_{\{|X_t - Y_t| \le r_0\}} - K_2 \right\} |X_t - Y_t| dt, \ t \le T_{x,y}$$

for

$$\mathrm{d}M_t := \frac{\sqrt{2}\langle 2\lambda_0 \mathrm{d}B_t'' + (\sigma_0(X_t) - \sigma_0(Y_t))\mathrm{d}B_t', X_t - Y_t \rangle}{|X_t - Y_t|}$$

being a martingale with

(6.4) 
$$d\langle M \rangle_t \ge 8\lambda_0^2 dt$$

By repeating the argument leading to (4.3), it is easy see that (6.3) and (6.4) imply

$$\mathbb{E}|X_t - Y_t| \le c \mathrm{e}^{-\lambda t} |x - y|, \ t \ge 0$$

for some constants  $c, \lambda > 0$  independent of x, y. Therefore,

$$|\nabla P_t f| \le c \mathrm{e}^{-\lambda t} \|\nabla f\|_{\infty}, \quad t \ge 0, f \in C_b^1(\mathbb{R}^d),$$

so that the first assertion follows from Proposition 3.1.

(2) According to [40, Theorem 1.1],  $\sigma\sigma^* \geq \lambda_0^2 I$  and (2.21) imply the log-Harnack inequality

$$P_t(\log f)(x) \le \log P_t f(y) + \frac{c_1 |x - y|^2}{1 - e^{-c_2 t}}, \quad t \ge 0, x, y \in \mathbb{R}^d, 0 \le f \in \mathscr{B}_b(\mathbb{R}^d)$$

for some constants  $c_1, c_2 > 0$ . Next, condition (2.21) implies

$$|\nabla P_t f|^2 \le e^{2Kt} P_t |\nabla f|^2,$$

see e.g. [?]RW10. Combining these with the log-Sobolev inequality, we prove the second assertion as in (c) in the proof of Theorem 2.1.

(3) According to the proof of Theorem 2.5, the condition (2.18) implies the gradient estimate (6.1). Next, by Proposition 3.4, the ultracontractivity and (6.1) imply

$$|\nabla P_t f| \le c(p) \mathrm{e}^{-\lambda t} (P_t |\nabla f|^{\frac{p}{p-1}})^{\frac{p-1}{p}}, \ t \ge 0, f \in C_b^1(\mathbb{R}^d)$$

for some c(p) > 0 and  $\lambda > 0$  independent of p. Then the proof if finished by Proposition 3.1.

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