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Epigenetic reprogramming of immune cells in women with PCOS impact genes controlling reproductive function

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1 **Epigenetic reprogramming of immune cells in women with PCOS impact genes**
2 **controlling reproductive function**

3 *Short Title: Epigenetic programming in immune cells of women with PCOS*
4

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23

24 **Disclosure statement**

25 The authors declare that they have no competing interests.
26

27 **Keywords:** Polycystic ovary syndrome; DNA methylation; Epigenetics; Inflammation; AMH;
28 Reproduction.
29

30 **ABSTRACT**

31 **Context.** Polycystic ovary syndrome (PCOS) is a chronic disease affecting reproductive
32 function and whole-body metabolism. While the aetiology is unclear, emerging evidence
33 indicates that the epigenetics may be a contributing factor.

34 **Objective.** To determine the role of global and genome-wide epigenetic modifications in
35 specific immune cells in PCOS compared to controls and if these could be related to clinical
36 features of PCOS.

37 **Design.** Cross-sectional study

38 **Participants.** Women with (n=17) or without PCOS (n=17).

39 **Setting.** Recruited from the general community.

40 **Main Outcome Measure(s).** Isolated peripheral blood mononuclear cells were analysed using
41 multi-colour flow cytometry methods to determine global DNA methylation levels in a cell
42 specific fashion. Transcriptomic and genome-wide DNA methylation analysis was performed
43 on T helper cells using RNA-sequencing and Reduced Representation Bisulfite Sequencing.

44 **Results.** Women with PCOS had lower global DNA methylation in monocytes (p=0.006), T
45 helper (p=0.004), T cytotoxic (p=0.004), and B cells (p=0.03). Specific genome-wide DNA
46 methylation analysis of T helper cells from women with PCOS identified 5,581 differentially
47 methylated CpG sites. Functional gene ontology enrichment analysis showed that genes located
48 at the proximity of differentially methylated CpG sites belong to pathways related to
49 reproductive function and immune cell function. However, these genes were not altered at the
50 transcriptomic level.

51 **Conclusions.** It was shown that PCOS is associated with global, and gene-specific DNA
52 methylation remodelling in a cell-type specific manner. Further investigation is warranted to
53 determine whether epigenetic reprogramming of immune cells is important in determining the
54 different phenotypes of PCOS.

55

56 **Introduction**

57 Polycystic ovary syndrome (PCOS) is a metabolic and reproductive disorder with a complex
58 and ill-defined aetiology. It is commonly characterised by increased levels of androgens,
59 inflammatory cytokines, insulin resistance and increased prevalence of sub-fertility ¹⁻³.
60 Familial clustering of PCOS is well documented, providing evidence for a heritable component
61 of the syndrome ^{4,5}. However, investigations to identify the single nucleotide polymorphisms
62 (SNPs) that may underpin the genetic basis of PCOS have been inconclusive despite recent
63 advances in the field from genome-wide association studies (GWAS) ⁶⁻⁹.

64

65 Emerging evidence suggests a role for altered epigenetic programming in the aetiology of
66 PCOS ¹⁰⁻¹⁴. Genome-wide analysis of transcriptomic, and DNA methylation status have been
67 conducted in adipose tissue and skeletal muscle revealing tissue-specific epigenetic, and
68 transcriptomic differences between women with and without PCOS ^{13,14}. In adipose tissue,
69 DNA methylation analysis revealed aberrant patterns in pathways involved in adipogenesis,
70 inflammation, glucose regulation and energy metabolism, and these DNA methylation sites
71 corresponded with 30 differentially expressed genes ¹³. Similarly, in skeletal muscle,
72 transcriptomic analysis found significantly enriched pathways in immune function, and disease
73 ¹⁴. Finally, both adipose tissue and skeletal muscle showed inflammation as a significantly
74 enriched pathway. This is important because immune cells play a critical role in metabolism,
75 reproductive function, are the main source of inflammatory cytokines and are known to be
76 epigenetically regulated ¹⁵⁻¹⁹. These studies provide important insights into the potential
77 contribution of epigenetic changes to the development of PCOS and rationale for further
78 investigation into epigenetic changes in other cell types that may be affected in PCOS, such as
79 immune cells. In both animal PCOS models, and women with PCOS, altered immune

80 responses, and inflammatory markers have been found in various ovarian tissues, suggesting a
81 role in the pathophysiology of the reproductive features of PCOS²⁰⁻²². Impairment of immune
82 cell function and the infiltration of these cells in insulin sensitive tissues has been shown to
83 cause metabolic impairment and contribute to the onset of type 2 diabetes mellitus (T2DM)
84^{23,24}. Thus, epigenetic remodelling of immune cells can be associated with impaired immune
85 function and contribute to metabolic dysfunction in PCOS^{15,25,26}.

86

87 Only one study has investigated the contribution of global epigenetic changes in immune cells
88 from women with PCOS²⁷. In this study, they measured global DNA methylation (i.e. total,
89 non-site-specific methyl-cytosine abundance) in a mixed population of immune cells known as
90 peripheral blood mononuclear cells (PBMCs) from women with or without PCOS and failed
91 to find any difference²⁷. There is increasing evidence supporting that epigenetic changes that
92 occur within specific cell subtypes could be masked by analyses of whole blood²⁸. Therefore,
93 cell-type specific global, and genome-wide methylation analysis may reveal a potential role of
94 epigenetics in the immune system especially in PCOS²⁸⁻³⁰. In the present study we hypothesised
95 that specific immune cell populations will present a different DNA methylation profile in
96 women with PCOS compared to women without PCOS^{28,31}. Using global and genome-wide
97 DNA methylation analysis we aimed to explore epigenetic remodelling in specific immune
98 cell-subtypes, most notably in T-Helper cells.

99

100 **Materials and methods**

101 **Study population**

102 Premenopausal women ($n=34$) aged between 18-45 years with or without PCOS were recruited
103 from the local community (i.e. a non-clinical population). All participants provided informed
104 written consent. Women with PCOS were confirmed by an endocrinologist (SS or AJ) to have

105 features consistent with the Rotterdam diagnostic criteria based on participant's previous
106 medical records. The Rotterdam criteria was used for confirmation of PCOS with two of the
107 following (i) oligo- or anovulation (ii) clinical (hirsutism and acne) and/or biochemical
108 hyperandrogenism (iii) polycystic ovaries on ultrasound and exclusion of other causes of
109 hyperandrogenism^{32,33}. Women without PCOS had no features of PCOS. Exclusion criteria
110 were pregnancy, smoking, T2DM, known cardiovascular disease, asthma and medications
111 affecting endpoint measures including: hormonal contraceptives, insulin sensitising drugs,
112 anti-inflammatories and anti-androgens. This study was approved by the Victoria University
113 Human Research Ethics Committee (HRE 14-138).

114

115 **Clinical measures**

116 All clinical measures were collected in the morning after an overnight fast. For women without
117 PCOS, testing was conducted in the early follicular phase of the menstrual cycle (2-7 days after
118 beginning menses). All women with PCOS had irregular cycles and therefore the testing was
119 conducted in early follicular phase when possible.

120

121 **Lifestyle monitoring**

122 In the seven days preceding the trial, participants recorded their dietary intake *via* a 7-day food
123 diary. Food diaries were analysed by FoodWorks® (Xyris) for the major food groups (grains,
124 fruit, vegetables, protein and dairy), total energy (macronutrients) and fat ratios. Moderate-to-
125 vigorous physical activity was measured via an ActiGraph (GTX3+) accelerometer
126 (Actigraph). Participants wore the monitor on their right hip during waking hours for seven
127 days, except for bathing and swimming. Data was downloaded in 1-minute epochs and non-
128 wear time was defined as at least 20 minutes of zero counts. Daily moderate-to-vigorous
129 physical activity was defined as all wear-time minutes and was calculated based on the

130 Freedson accelerometer age-cut points³⁴. Self-reporting physical activity was measured via the
131 International Physical Activity Questionnaire (IPAQ).

132

133 **Anthropometric assessment**

134 Height and weight were measured to calculate body mass index (BMI): [body weight (kg)/
135 height squared (m²)]. Waist and hip circumference measurements were recorded³⁵. Fat mass,
136 abdominal fat mass and fat free mass were measured by dual-energy x-ray absorptiometry
137 (DXA): [GE Lunar iDXA] and analysed by a qualified DXA operator (DH).

138

139 **Fasting blood samples**

140 A sterile polyethylene catheter was inserted into the antecubital vein and baseline blood
141 samples were collected. Plasma and serum were collected in the appropriate blood tubes via
142 centrifugation and stored at -80°C until analysis. Blood for PBMCs isolation was collected in
143 three acid citrate dextrose tubes (BD) and left at room temperature until ficoll gradient
144 separation on the same day as described below²⁸.

145

146 **Oral glucose tolerance test**

147 After collecting fasting baseline blood samples, participants then underwent an oral glucose
148 tolerance test (OGTT) via ingestion of a 75g glucose drink over a 5 minute period with blood
149 samples collected at 30, 60, 90 and 120 minutes³⁶. Blood glucose in plasma was measured on
150 the day by using an automated analyser (YSI 2300 STAT Plus). Blood cell counts were
151 measured on the day by haematology automated analyser (Sysmex).

152

153 **Biochemical analysis**

154 The following assays were completed in house at Victoria University. Plasma insulin
155 concentration was determined by radioimmunoassay according to manufacturer instructions
156 with an intra and inter variability of 4.2% and 3.8% respectively (HI-14K, EMD, Merck
157 Millipore). Results from the OGTT were used to determine both insulin sensitivity and
158 resistance using area under the curve for plasma insulin and glucose concentrations and the
159 homeostasis assessment (HOMA) indices of insulin sensitivity calculated as (fasting insulin x
160 fasting glucose/22.5)³⁶. Interleukin-6 (IL-6) was measured using a high sensitivity ELISA with
161 an intra assay variability of 7.6% (ab46042, Abcam). S-adenosylmethionine (SAM) was
162 determined by competitive enzyme immunoassay and had an intra assay variability of 8.8%
163 (STA-672, Cell Biolabs).

164

165 The following assays were completed in the accredited pathology laboratory at Monash Health,
166 Australia. Lipid profiles (Cholesterol, Triglycerides, LDL and HDL) were quantified by
167 automated enzymatic methods (Architect C18000 analyser), high sensitivity C reactive protein
168 (hs-CRP) by a highly sensitive Near Infrared Particle Immunoassay using the Beckman Coulter
169 Synchron LX system Chemistry Analyser (Beckman Coulter). Folate was determined by the
170 Access/DXI Folate assay which is a competitive binding receptor assay performed on the
171 Beckman Coulter Unicel DXI 800 (Beckman Coulter). Homocysteine was measured using a
172 Beckman Coulter Synchron DXC800 system Chemistry Analyser (Beckman Coulter). AMH
173 was analysed using an enzyme-linked immunosorbent assay (A16507, Immunotech, Beckman
174 and Coulter Company). The sex hormone binding globulin (SHBG) assay was performed using
175 a sequential two-step immunoenzymatic ('sandwich') assay carried out on a Beckman Coulter
176 Unicel DXI 800 (Beckman Coulter). Testosterone was measured using high performance liquid
177 chromatography–mass spectrometry (HPLCMS/MS) method using a liquid sample extraction
178 (AB Sciex Triple Quad 5500 LC/MS/MS system). Free androgen index (FAI) was calculated

179 as (total testosterone x 100)/SHBG. Free testosterone (fT) was calculated by the Södergard free
180 Testosterone calculation ³⁷.

181

182 **PBMCs isolation**

183 PBMCs were isolated by ficoll gradient as previously described in ²⁸ with some modifications.
184 After centrifugation (1200 x g for 20 mins, brake off) and removal of plasma, the cell
185 suspension was diluted in Roswell Park Memorial Institute medium (RPMI, Thermofisher),
186 supplemented with penicillin/streptomycin and L-glutamine and carefully layered on ficoll in
187 SepmateTM tubes (Stemcell technologies) in equal volumes and centrifuged. The buffy coat
188 containing PBMCs was collected, washed with RPMI, and resuspended in autologous plasma.
189 Cells were counted on the automated cell counter (TC20TM automated cell counter, Bio-Rad)
190 before being frozen in 10% Cyropreservent DMSO in RPMI overnight in a controlled rate
191 freezing container (CoolCell®, Biocision) and transferred to liquid nitrogen the following day
192 for long-term storage.

193

194 **Global DNA methylation**

195 Global methylation in PBMCs was quantified as previously described ²⁸. Briefly the cells were
196 stained with an antibody cocktail of anti CD3-phycoerythrin conjugated, CD8- and CD14-
197 peridinin chlorophyll conjugated, CD4- and CD19-allophycocyanin conjugated (Becton-
198 Dickinson). Cells were then further stained with anti-5-methylcytosine (5meC, AbD serotec,
199 Bio-Rad) or with its associated isotope control (Mouse, IgG1, BD) labelled with Alexa Flour
200 488 according to manufacturer's instructions (Zenon Alexa Flour 488 Mouse IgG1, Molecular
201 probes, Life Technologies). Cells were incubated (20 min in the dark at room temperature) and
202 then run immediately on the flow cytometer (FACS Calibur, BD). A specific gating strategy
203 (supplemental figure 1) was used to separate the different cell populations and the median

204 fluorescence intensity (MFI) was measured and normalised by the MFI from the isotope
205 controls for each cell population. Data were analysed using FlowJo version 10 (Tree Star) and
206 Cytobank (Cytobank Inc).

207

208 **Cell sorting**

209 Cryopreserved PBMCs were thawed and immediately resuspended in RPMI before being
210 washed and stained with anti-CD3 (APC), anti-CD4 (PE), anti-CD8 (Brilliant Violet or BV
211 510), anti-CD19 (BV421), anti-CD20 (PE-Cyanine or Cy7) and anti-CD14 (APC). All
212 antibodies were sourced from BD Biosciences (supplementary table 1³⁸). The stained PBMCs
213 were washed twice in sort buffer [PBS 1% BSA, 25mM HEPES (pH=7.0), 1mM EDTA] before
214 being sorted into four populations (monocytes, T helper, T cytotoxic, and B Cells) using the
215 FACS-Aria (BD).

216

217 **RNA sequencing**

218 Total RNA from T helper cells was extracted using the Qiagen all prep DNA/RNA/miRNA
219 universal kit (#80224, Qiagen) following manufacturer's instructions. Quality of RNA was
220 established using the Agilent RNA 600 Nano kit and Bioanalyser instrument (Agilent
221 Technologies). RNA sequencing was performed according to Illumina TruSeq Stranded Total
222 RNA with Ribo-Zero Gold protocol (Illumina) as previously described ³⁹. Each library was
223 quantified to ensure optimum cluster densities across every lane of the flow cell using the Qubit
224 dsDNA HS assay kit (Invitrogen). Quality control for base pair size and purity was assessed
225 using the Agilent High Sensitivity DNA chip and Bioanalyser instrument (Agilent
226 Technologies). Each library was diluted to 1nM before being pooled and measured on the
227 Illumina Next Seq 500 (Illumina).

228

229 **Reduced representation bisulphite sequencing (RRBS)**

230 Genomic DNA was extracted from T helper cells using the Qiagen all prep DNA/RNA/miRNA
231 universal kit (#80224, Qiagen) following manufacturer's instructions. RRBS was performed
232 using Diagenode Premium RRBS Kit (#C02030033, Diagenode) following manufacturer's
233 instructions. Each library was quantified using the Qubit dsDNA HS assay kit (Invitrogen) and
234 quality controlled for base pair size and purity using the Agilent High Sensitivity DNA chip
235 and Bioanalyser instrument (Agilent Technologies). Genome-wide DNA methylation of T
236 helper cells was measured on the Illumina Next Seq 500 (Illumina).

237

238 **Transcriptomic analysis**

239 RNA-seq raw reads were aligned to human genome (hg38) using STAR⁴⁰ and gene coverages
240 were computed by featureCounts⁴¹ using Gencode annotation⁴². The ribosomal RNA counts
241 were excluded from the downstream analysis. Libraries with less than 15 million assigned reads
242 were removed from analysis. A generalised linear model ($y \sim 0 + disease$) was fitted for disease
243 factor by using DEseq2 pipeline⁴³. Genes with a false discovery rate (FDR) below 0.1 were
244 considered differentially expressed.

245

246 Approximately 15 million reads/sample were assigned to genes with 38 genes surviving the
247 expression threshold ($q < 0.1$). Molecular functions and biological processes were established
248 from the Universal Protein Resource (UniProt) which is a comprehensive resource for protein
249 sequence and annotation data. The Kyoto Encyclopaedia of Genes and Genomes (KEGG)
250 database investigated the interaction of molecular pathways that were associated with the
251 identified differentially expressed genes. This provided an *in-silico* indication of the molecular
252 pathways that may be affected in the T helper cells of women with PCOS.

253

254 **RRBS analysis**

255 RRBS reads were processed with the 'rrbs' setting of Trim Galore v0.3.7 and Cutadapt v1.4.2.
256 Processed reads were mapped to hg38 followed by derivation of CpG methylation using
257 Bismark⁴⁴. Mappings to Y chromosome was removed for the differential methylation analysis.
258 Differential methylation analysis was conducted on site and region level according to the
259 sample groups (PCOS v CON) by using RnBeads pipeline⁴⁵. For each library, SNP-enriched
260 sites were removed and sites with less than 10 counts were masked. Gene ontology (GO)
261 enrichment analysis was conducted to determine significant GO terms using a hypergeometric
262 test and a rank cut-off applied for the top 100 best ranking regions in RnBeads pipeline.

263

264 **Statistical analysis**

265 Data were analysed using IBM SPSS Statistics, version 22 (Armonk, NY). Baseline
266 characteristics are presented as mean \pm SD or median (IQR), when data were skewed. The
267 baseline characteristics between PCOS and control groups were compared using student t-tests
268 if data was normally distributed. Data were tested for normality using the Shapiro-Wilk test
269 and when deemed non-normal the Mann Whitney test was used to compare the baseline
270 characteristics. Student t-test were used to examine the difference in global DNA methylation
271 between women with and without PCOS. Statistical significance was accepted when $p < 0.05$.
272 To get insight into the relationship between clinical perturbations and DNA methylation in
273 blood, we performed spearman correlation analyses in women with or without PCOS for each
274 population of PBMCs, assessing the association between body composition, physical activity,
275 dietary intake and hormones with global DNA methylation. After adjusting for multiple
276 comparisons statistical significance was accepted when false discovery rate (FDR) $q \leq 0.1$. The
277 datasets generated and/or analysed during the current study are available in the NCBI's Gene
278 Expression Omnibus (GEO) database through the GEO series accession number GSE130582⁴⁶.

279

280 **Results**

281 **Clinical and biochemical characteristics**

282 All 17 women with PCOS had irregular cycles or amenorrhea; 14 had clinical or biochemical
283 hyperandrogenism, and 15 had polycystic ovaries on ultrasound. Women without PCOS did
284 not display any of the three clinical features detailed by the Rotterdam criteria^{33,47}. Detailed
285 clinical characteristics of the 34 women (n=17 PCOS; n=17 without PCOS) who participated
286 in study are reported in Table 1. There were no differences in age, height, weight, body mass
287 index (BMI), markers of body composition, physical activity, energy, and macronutrient intake
288 between women with or without PCOS (Table 1). There were also no differences in the lipid
289 profile, circulating methyl donors (SAM or homocysteine), cytokines (interleukin or IL-6 and
290 high sensitivity C - reactive protein), or a difference in the fasting and the postprandial response
291 to the oral glucose tolerance test (OGTT) and homeostatic model assessment for assessing
292 insulin resistance (HOMA-IR) (Table 2). There was a tendency for folate to be higher in women
293 with PCOS (p=0.08). Women with PCOS showed a higher area under the glucose curve
294 (p=0.02) during the OGTT compared with women without PCOS, but there was no difference
295 observed for area under the insulin curve between groups (Table 2). Women with PCOS had
296 higher levels of free testosterone (fT) (p<0.01), free androgen index (FAI) (p<0.01) and anti-
297 müllerian hormone (AMH) (p<0.01) (Table 2).

298

299 **Global DNA methylation**

300 Global DNA methylation analysis of the individual immune cell populations was performed
301 using an antibody that detects methylated cytosine bases coupled with FACS detection²⁸. We
302 identified hypomethylation in monocytes (p=0.006), T helper (p=0.004), T cytotoxic
303 (p=0.004), and B Cells (p=0.03) in women with PCOS compared to women without PCOS

304 (Figure 1). Furthermore, systemic AMH concentration was associated with global DNA hypo-
305 methylation in T helper ($r_s = -0.428$, $q = 0.078$), but not in T cytotoxic cells, B cells or monocytes
306 (Table 3). Subset analysis revealed that the AMH associated hypomethylation in T helper cells
307 was only observed in women with PCOS ($p = 0.035$). fT was also associated with DNA
308 hypomethylation in T helper ($r_s = -0.381$, $q < 0.087$), but not T cytotoxic cells, B cells or
309 monocytes (Table 3). Collectively, our results show a cell-type specific alteration of global
310 DNA methylation in immune cells in PCOS and suggest a correlation with the dysregulated
311 ovarian hormone and hyperandrogenism as indicated by associations with AMH and fT
312 respectively.

313

314 **DNA methylome of T helper cells**

315 To further explore the changes in the methylome of immune cells from women with PCOS, we
316 investigated genome wide methylation levels in sorted T helper cells. We identified 5,581 CpG
317 sites differentially methylated in women with PCOS in T helper cells. Of these sites, only 13
318 were located within promoter regions or gene bodies (8 promoters and 5 gene bodies, Table 4).
319 Gene enrichment analysis of the genes harbouring differentially methylated cytosine's
320 identified gene ontology (GO) terms related to T cell function, and reproductive function
321 including; female pregnancy, response to prolactin, regulation of ovarian follicle development,
322 progesterone receptor signalling pathway, male sex determination and response to steroid
323 hormone (Supplementary Table 2-5³⁸). Thus, our results indicate that genes regulating
324 reproductive function are epigenetically remodelled at in specific immune cells.

325

326 **Transcriptomic analysis of T helper cells**

327 To determine if the specific DNA methylation signature we identified in T helper cells is linked
328 to transcriptional changes, we investigated gene expression via RNA sequencing. We found 37

329 genes differentially expressed between women with PCOS (Figure 2), compared to those
330 without PCOS with 33 down-regulated and 4 were upregulated (Table 5). Surprisingly, none
331 of the differentially expressed genes showed changes in DNA methylation as identified by
332 reduced representation bisulphite sequencing (RRBS) analysis. Interestingly a large portion of
333 the differentially expressed transcripts (n=17) were long non-coding RNAs (lncRNA)
334 including pseudogenes, long intergenic non-coding RNA (lincRNA) and Y RNA. The
335 remaining 20 transcripts were protein-coding and related to inflammatory and immune cell
336 function. KEGG analysis revealed that the cyclic guanosine monophosphate (cGMP) signalling
337 and Bone morphogenetic pathway (BMP) signalling pathways were functionally enriched.
338 BMP signalling was upregulated, whereas cGMP signalling was downregulated in women with
339 PCOS. Taken together, our results indicate that epigenetic remodelling of genes related to
340 reproductive function in T helper cells does not seem to be functional at the transcriptomic
341 level in women with PCOS.

342

343 **Discussion**

344 Here, we report that immune cells from women with PCOS have a distinct epigenetic profile,
345 at both *global* and *gene-specific* level. On the global level we found hypomethylation in all
346 PBMCs sub-types. In the specific T-lymphocyte population, the differentially methylated
347 genes that we identified were enriched for gene ontology terms related to T cell function, but
348 also reproductive function, suggesting a role of epigenetic reprogramming in the reproductive
349 defects associated with PCOS.

350

351 **Global DNA Methylation**

352 At the cell-type specific level, PBMCs from women with PCOS display distinct global DNA
353 methylation levels compared to women without PCOS. Only one previous study reported that

354 global DNA methylation levels were not different in the total PBMCs fraction from women
355 with PCOS²⁷. While we have not measured the global methylation of the total PBMCs fraction
356 in the present study, differences at the cell-type specific level may not be detected when
357 investigating global DNA methylation at the whole PBMC level. This would be consistent with
358 a previous study showing no difference in global DNA methylation in total blood fractions
359 from subjects with type 2 diabetes while global DNA methylation was altered in specific
360 immune cell populations²⁸. Further consolidating the importance of measuring global DNA
361 methylation in immune cells in a cell-type specific manner.

362

363 Methylation of DNA is under the control of the one-carbon metabolism notably the methyl
364 donor SAM, which is a cofactor necessary for the transfer of a methyl group to a cytosine base
365 in DNA⁴⁸. To gain insight into the potential relationship between altered global DNA
366 methylation levels in immune cells in PCOS and folate metabolism, we measured key one-
367 carbon metabolites: SAM, homocysteine and folate but found no differences. The lack of
368 association between circulating one-carbon metabolites and global DNA methylation levels in
369 immune cells from women with PCOS suggests that methyl donors may not be the primary
370 driver of the global DNA hypomethylation observed in PCOS. Alternatively it would be
371 interesting to investigate whether the enzymes DNA methyltransferases (DNMTs) or ten-
372 eleven translocation (TET), that are responsible for the transfer of the methyl group to the
373 cytosine base or removal of methyl group respectively, may play a role in the hypomethylation
374 observed in the immune cell populations⁴⁹.

375

376 Lifestyle factors such as physical activity and diet have been previously associated with both
377 global, and gene-specific DNA methylation changes⁵⁰⁻⁵². Obesity, as measured by BMI, is also
378 associated with distinct DNA methylation patterns^{28,31,53,54}. In the present study, we did not

379 find any associations between global methylation and BMI, habitual physical activity or diet
380 (total energy) in any of the cell subsets. These data do not support a role of adiposity, physical
381 activity or caloric intake on the altered global DNA methylation in PBMCs from women with
382 PCOS. Interestingly, we found a negative association between global methylation in T helper
383 cells and circulating levels of AMH. This relationship is only present in women with PCOS
384 who have elevated circulating levels of AMH, suggesting a mechanistic association of this
385 hormone in PCOS and DNA methylation changes in T helper cells. AMH is a member of the
386 transforming growth factor beta (TGF- β) ligand superfamily that is predominantly present in
387 ovaries in healthy women but released into the circulation at elevated levels in PCOS^{2,55-60}
388 although there is little literature indicating whether it is a cause or consequence. AMH has been
389 found to cluster with many clinical markers of PCOS including positive correlations with LH,
390 and androgens and negatively with FSH, and glucose levels^{59,60}. Furthermore, in women with
391 PCOS, it has been shown that AMH disrupts folliculogenesis by decreasing sensitivity to FSH
392 and thereby inhibiting follicle recruitment, and growth which can result in increased number
393 of pre-antral and antral follicles and the PCO morphology^{61,62}. It has also been suggested that
394 circulating AMH may have a functional role outside of the reproductive system⁶³.
395 Interestingly, in immune cells, members of the TGF- β ligand superfamily are potent regulators
396 of T cell activation and differentiation and control a variety of regulatory epigenetic signals
397 such as chromatin remodelling, histone modification and DNA methylation⁶⁴⁻⁶⁶. Based on our
398 observations and considering the literature, we hypothesise that AMH participates in the
399 epigenetic reprogramming of some subpopulations of PBMCs in women with PCOS
400 warranting further research.

401

402 Here we identified a negative correlation between global methylation in T helper cells and fT.

403 In women with PCOS, fT is elevated and is used to diagnose hyperandrogenism in the

404 syndrome³². Elevated androgens in animal models are associated with reproductive
405 dysfunction (oligo-anovulation, menstrual disturbances and sub-fertility) that is observed in
406 PCOS ^{61,67-70}. Androgens have immunomodulatory effects, and elevated androgens are
407 associated with altered immune function that likely impacts reproductive function ^{71,72}.
408 Medawar⁷³ identified the importance of the immune system in reproduction with further studies
409 identifying the importance in the frequencies of T helper 1 (Th1), T helper 2 (Th2), T helper
410 17 (Th17), and regulatory T (Treg) cells in maintenance of normal ovarian function, and
411 menstrual cycles ⁷³⁻⁷⁶. Interestingly Th1/Th2/Th17 imbalances have been identified in women
412 with PCOS ⁷⁶⁻⁷⁸. The differentiation of T cells and the ratios of Th1/Th2/Th17/Treg cells appear
413 to be modulated by androgens ^{72,79-81}. Furthermore, the differentiation of T cells are also
414 modulated by epigenetic mechanisms ^{15,82,83} and this may be the case in PCOS ⁷². Altogether
415 our data complements previous studies indicating the elevated fT was associated with
416 differences in the methylome profile in T helper cells in women with PCOS. Whether
417 hyperandrogenism modulates the epigenome of T helper cells and result in changes to
418 frequency of Th1/Th2/Th17/Treg cells and the reproductive dysfunction in PCOS would be an
419 interesting avenue to explore.

420

421 **DNA methylome, and transcriptomic analysis of T helper cells**

422 We also investigated genome-wide DNA methylation in T helper cells at the single nucleotide
423 resolution and identified differentially methylated cytosine bases at the proximity of genes
424 controlling reproductive function. Specifically, our gene ontology analysis returned terms such
425 as female pregnancy, regulation of ovarian follicle development, and male sex determination.
426 As the altered DNA methylation was present at genes controlling reproductive function in
427 immune cells, this suggests that epigenetic changes may not be tissue specific. Instead, these
428 methylation patterns may occur in multiple tissue-types that are exposed to specific extra-

429 cellular stimuli (possibly elevated AMH levels or elevated androgens), with such exposure
430 potentially occurring *in-utero* or as a result of the development of PCOS over the lifespan⁸⁴⁻
431⁸⁶. With epigenetic reprogramming of genes being related to reproductive function it would be
432 worthwhile investigating other tissues, such as the ovary or neuro-endocrine tissues, where the
433 appropriate transcriptional activators and co-activators are expressed^{87,88}. This would provide
434 insights into the role of epigenetic reprogramming at genes controlling reproductive function
435 on ovarian function and sex hormone imbalances in women with PCOS.

436

437 We found no overlap between the transcriptomic, and DNA methylation data. This suggests
438 that the shift in epigenetic signature could be related to differences in the proportions of T-
439 helper subpopulations (T helper 1, T helper 2, T helper 9, T helper 17, follicular T helper,
440 regulatory, naïve, effector, and memory T cells)⁸⁹⁻⁹¹. Previous literature has shown in women
441 with PCOS an increased frequency of the pro-inflammatory Th1 population and a reduced
442 frequency of the in the anti-inflammatory Th2 population^{76,78,79}. While we were unable to
443 confirm the frequency of T helper subpopulations, the gene ontology pathway analysis
444 identified differential methylation in the activation and proliferation of different T helper
445 subpopulations suggesting that women with PCOS may indeed have different proportions of
446 the T helper sub-types (supplementary tables 2-5³⁸).

447

448 To further consolidate this hypothesis, the transcriptomic analysis of the differentially
449 expressed genes in T helper cells identified pathways that relate to T cell activation and
450 differentiation. Of interest, KEGG analysis revealed that the Bone Morphogenic Protein (BMP)
451 signalling pathway was upregulated in women with PCOS, and BMP, like AMH, is a member
452 of the TGF- β ligand superfamily⁹². The elevated circulating AMH found in our women with
453 PCOS may explain the upregulation of BMP signalling in T helper cells *via* activation of the

454 BMP receptors (BMPR). AMH intracellular signalling works via the BMPR through Smad
455 1/5/8 pathway, that assemble into a complex with Smad 4 (Co-Smad) and translocate into the
456 nucleus activating a range of genes dependent on the cellular context ⁹³⁻⁹⁵. In T cells, the BMP
457 signalling generally regulates activation and differentiation of circulating naïve immune cells,
458 the proliferation of T helper 9, 17, and memory T cells ^{95,96}. Despite the lack of quantification
459 of T Helper cells frequency in women with and without PCOS, our data provides a potential
460 mechanism by which the upregulated BMP signalling pathway could impact the Th1/Th2
461 balance but warrant further studies ^{93,97}.

462

463 Several differentially expressed genes were associated with inflammation/inflammatory status
464 (Table 5) in women with PCOS compared to those without. This supports the role of
465 inflammation/inflammatory status consistent with previous studies ⁹⁸, where ovulation requires
466 an appropriate inflammatory reaction ¹⁸. In addition, circulating immune cells and the cytokines
467 they produce are also involved in ovarian function ^{16,99,100}. Suggesting that the epigenetic marks
468 in our study can alter the transcriptome towards a pro-inflammatory T helper phenotype and
469 suppress ovarian function.

470

471 Many of the differentially expressed genes identified from our transcriptomic analysis were
472 non-coding, with the majority being long non-coding RNAs (lncRNAs) including;
473 pseudogenes, anti-sense RNA and long intergenic non-coding RNAs (lincRNA). LncRNAs are
474 widely expressed and regulate gene expression particularly during development, differentiation
475 and activation of immune cells ¹⁰¹ and have been implicated in the co-morbidities associated
476 with PCOS including T2DM ^{102,103} and inflammatory disorders ¹⁰⁴. There is also evidence to
477 suggest that lncRNAs can act as a molecular scaffold for epigenetic modifications including
478 DNA methylation and histone modifications ^{105,106}. Indeed, the lack of overlap in our analysis

479 between DNA methylation and gene expression suggests that other mechanisms such as
480 lncRNA modulating the transcriptomic in PCOS.

481

482 The strength of this study is that this cohort was a well characterised, community recruited
483 group of women with and without PCOS, who were otherwise healthy. We were adequately
484 powered to answer our *apriori* aims with post hoc analysis revealing that we were powered on
485 average 93% for all immune cells populations and had large effect sizes of approximately 0.90
486 ¹⁰⁷. We acknowledge that there is a need for more definitive research into the molecular
487 mechanisms behind each of the different the phenotypes of PCOS. While in the present study
488 we were unable to confidently address the potential epigenetic differences between phenotypes
489 in PCOS, we were able to explore the heterogeneous immune cell population and the unique
490 role these may play in PCOS. These findings provide novel avenues for future research in
491 PCOS including studying the role of methylation in specific immune cells in determining the
492 different phenotypes in PCOS.

493

494 In conclusion, our study in a small, yet well-characterised cohort of women with and without
495 PCOS demonstrates novel epigenomic insights into PCOS. The specific epigenetic
496 reprogramming of genes involved in reproductive function in immune cells from women with
497 PCOS is intriguing and may indicate a role for epigenetic factors in the reproductive
498 dysfunction and sex hormone imbalance associated with PCOS. Finally, we found that global
499 DNA methylation in T helper cells is negatively associated with circulating levels of AMH and
500 fT, suggesting the importance of the cellular milieu (elevated circulating androgens and AMH)
501 in the programming of T helper cells in PCOS and warrants further investigation.

502

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507

508 *Data Availability*

509 All data generated or analysed during this study are included in this published article or in the
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511

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518

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804 **Legends**

805 **Table 1: Anthropometric data and lifestyle characteristics.**

806 **Table 2: Metabolic and reproductive profile of participating women with and without**
807 **PCOS.**

808 **Table 3: Spearman correlations of *apriori* co-variates with global DNA methylation in T**
809 **helper cells, T cytotoxic cells, monocytes, B cells across all participants.**

810 **Table 4: Genes and promoters carrying differentially methylated CpGs in T helper cells**
811 **from women with PCOS compared to women without PCOS.**

812 **Table 5: Differentially expressed genes in T helper cells from women with PCOS**
813 **compared to women without PCOS.**

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815 **Figures**

816 **Figure 1: Lower 5-methylcytosine levels in monocytes, T helper, T cytotoxic and B cells**
817 **in women with PCOS.** Comparison of 5-methylcytosine median fluorescence intensity (MFI)
818 between women with PCOS (square) and women without PCOS (circle). MFI normalised by
819 the MFI from the isotope control. Significantly different from control * $p < 0.05$ ** $p < 0.01$

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821 **Figure 2: Volcano plots representing differentially expressed genes in T helper cells of**
822 **women with PCOS compared to women without PCOS.** Red circles highlight differentially
823 expressed genes. False discovery rate (FDR) $q < 0.1$.

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830 Table 1: Anthropometric data and lifestyle characteristics.

Clinical features	Sample Size n	Without PCOS Mean ± SD Median [IQR]	With PCOS Mean ± SD Median [IQR]	p
General characteristics				
Age (years)	34	30.1 ± 6.6	28.9 ± 4.8	p=0.6
Height (cm)	34	165 ± 7.2	162 ± 4.7	p=0.3
Weight (kg)	34	70.5 ± 16.8	71.5 ± 18.2	p=0.9
BMI (kg/m ²)	34	25.5 ± 5.4	26.6 ± 6.9	p=0.6
WHR	32	0.85 [0.8, 1.0]	0.80 [0.8, 0.9]	p=0.2
Body fat (%)	31	32.3 [25.9, 40.5]	37.7 [31.8, 41.8]	p=0.3
Physical activity				
PA (IPAQ-mins.week)	31	172 [15.0, 427.5]	165 [40.0, 255.0]	p=0.6
PA (Accel-mins.day)	30	47.0 [45.5, 48.5]	47.0 [46.0, 50.5]	p=0.6
Food intake				
Energy (g)	31	8269 [7033, 11402]	7744 [5509, 8885]	p=0.2
Saturated fats (g)	31	28.0 [23.0, 50.0]	21.5 [17.2, 30.3]	p=0.07
Carbohydrates (g)	31	198 [157, 278]	171 [144, 220]	p=0.2
Sugar (g)	31	70.0 [56.5, 118]	67.5 [51.0, 123]	p=0.6

831 BMI, body mass index; WHR, waist-to-hip ratio; IPAQ, International Physical Activity

832 Questionnaire; MVPA; Moderate Vigorous Physical Activity; PA; physical activity.

833

834 Table 2: Metabolic and reproductive profile of participating women with and without

835 PCOS.

Clinical features	Sample Size n	Without PCOS Mean±SD Median [IQR]	With PCOS Mean±SD Median [IQR]	p
Lipid profile				
Cholesterol (mmol/L)	30	4.2 ± 0.7	4.4 ± 0.7	p=0.5

Triglycerides (mmol/L)	30	0.6 [0.6, 0.9]	0.8 [0.5, 1.0]	p=0.6
HDL(mmol/L)	30	1.5 ± 0.3	1.5 ± 0.3	p=1.0
LDL (mmol/L)	30	2.5 ± 0.6	2.4 ± 0.7	p=0.6
OGTT				
Fasting glucose (mmol/L)	34	4.9 [4.8, 5.4]	4.9 [4.6, 5.3]	p=0.4
Fasting insulin (pmol/L)	34	72.8 [56.2, 89.4]	68.5 [47.2, 102.4]	p=0.9
2hr glucose (mmol/L)	34	4.75 [4.5, 5.4]	5.5 [4.6, 5.8]	p=0.2
2hr insulin (pmol/L)	34	278 [207, 399]	309 [165, 737]	p=0.5
AUC Glucose (mmol/L)	33	665.8 ± 75.4	783.7 ± 167.8	p=0.02
AUC Insulin (mmol/L)	33	48012 ± 18367	66180 ± 40350	p=0.11
HOMA	34	2.65 [2.0, 3.2]	2.41 [1.7, 4.4]	p=0.9
Reproductive markers				
fT (pM)	34	23.2 [17.7, 31.2]	10.80 [10.3, 14.1]	p<0.001
SHBG (nmol/L)	34	62.1±21.5	63.4±38.4	p=0.9
FAI	34	1.42 [1.4, 2.2]	3.17 [2.2, 5.3]	p<0.001
AMH (pmol/L)	33	18.9 [10.8, 31.1]	48.6 [37.7, 74.6]	p<0.001
Systemic methyl substrate/donors				
SAM (µg/mL)	32	7.7 [5.4, 8.3]	6.9 [6.0, 12.8]	p=0.7
Folate (nmol/L)	33	29.9 [23.2, 37.5]	37.3 [23.4, 45.8]	p=0.08
Homocysteine	33	9.0 [6.9, 10.1]	7.1 [6.4, 9.7]	p=0.3
Cytokines				
HsCRP (mg/L)	30	1.3 [0.5, 3.3]	1.4 [0.6, 4.5]	p=0.7
IL-6 (pg/ml)	31	1.8 [1.3, 3.0]	2.1 [1.5, 2.9]	p=0.3
Cell counts				
WBC (µL)	31	5335 ± 1229	5750 ± 1497	p=0.4

836 OGTT, oral glucose tolerance test; AUC, area under the curve; HOMA, homeostatic model
837 assessment, fT, free testosterone; SHBG, Sex Hormone Binding Globulin; FAI, Free Androgen
838 Index; AMH, Anti-Müllerian Hormone; IL-6, Interleukin-6; HsCRP, High sensitivity C-
839 reactive protein; SAM, S-adenosylmethionine.

840 **Table 3: Spearman correlations of *apriori* co-variates with global DNA methylation in T**
 841 **helper cells, T cytotoxic cells, monocytes, B cells across all participants.**

Covariate		Spearman Correlation			
		T helper	T cytotoxic	Monocytes	B Cells
BMI (kg/m ²)	<i>r_s</i>	0.007	0.021	0.140	0.143
	<i>p-Value</i>	0.967	0.905	0.430	0.420
	<i>FDR q-value</i>	0.967	0.900	0.516	0.504
PA (MVPA mins.day)	<i>r_s</i>	-0.139	-0.166	-0.165	-0.213
	<i>p-Value</i>	0.463	0.380	0.383	0.259
	<i>FDR q-value</i>	0.694	0.735	0.5164	0.504
Energy (g)	<i>r_s</i>	0.070	-0.068	-0.069	-0.095
	<i>p-Value</i>	0.708	0.716	0.712	0.612
	<i>FDR q-value</i>	0.846	0.852	0.8546	0.612
AMH (pmol/L)	<i>r_s</i>	-0.428	-0.317	-0.286	-0.191
	<i>p-value</i>	0.013	0.072	0.106	0.288
	<i>FDR q-value</i>	0.078	0.432	0.351	0.504
fT (pM)	<i>r_s</i>	-0.381	-0.237	-0.278	-0.175
	<i>p-Value</i>	0.029	0.183	0.117	0.330
	<i>FDR q-value</i>	0.087	0.549	0.351	0.504
AUC glucose (mmol/L)	<i>r_s</i>	-0.160	-0.124	-0.152	-0.154
	<i>p-Value</i>	0.373	0.493	0.399	0.393
	<i>FDR q-value</i>	0.694	0.735	0.516	0.504

842 BMI, Body Mass Index; MVPA, Moderate Vigorous Physical Activity; PA; physical activity;
 843 AMH, Anti-Müllerian Hormone; AUC, area under the curve. *r_s*, Spearman's Rho; fT, free
 844 testosterone. Significance was considered when false discovery rate (FDR) $q < 0.1$.

845 **Table 4: Genes and promoters carrying differentially methylated CpGs in T helper cells from women with PCOS compared to women**
 846 **without PCOS.**

<i>Genes</i>				
Gene symbol	Gene Name	ENSEMBL Gene ID	Chromosome	Function and gene type
<i>COX6CP15</i>	<i>cytochrome c oxidase subunit 6C pseudogene 15</i>	ENSG00000228092	chr10	pseudogene
<i>SCGB1D4</i>	<i>secretoglobin family 1D member 4</i>	ENSG00000197745	chr11	Regulation of chemotactic cell migration and invasion.
NA	<i>AC025678.3</i>	ENSG00000279092	chr15	TEC (To be experimentally confirmed) protein tyrosine kinase-involved in T cell signalling and activation
NA	<i>AP006565.1</i>	ENSG00000279092	chr18	anti-sense RNA
NA	<i>AC104301.2</i>	N/A	chr20	ncRNA
<i>Promoter of genes</i>				
Gene symbol	Gene Name		Chromosome	Function and gene type
<i>WBP11P1</i>	<i>WW domain binding protein 11 pseudogene 1</i>	ENSG00000260389	chr2	pseudogene
<i>SCGB3A2</i>	<i>secretoglobin family 3A member 2</i>	ENSG00000164265	chr5	receptor-mediated endocytosis

COX6CP15	<i>cytochrome c oxidase subunit 6C pseudogene 15</i>	ENSG00000228092	chr10	pseudogene
SCGBID4	<i>secretoglobin family 1D member 4</i>	ENSG00000197745	chr11	regulation of chemotactic cell migration and invasion.
OVCH1	<i>ovochoymase 1</i>	ENSG00000187950	chr12	serine-type endopeptidase activity, hydrolase activity, metal ion binding, proteolysis
NA	<i>AP006565.1</i>	ENSG00000265737	chr18	anti-sense RNA
NA	<i>AC104301.2</i>	N/A	chr20	ncRNA
IGLJ2	<i>immunoglobulin lambda joining 2</i>	ENSG00000211676	chr22	Immunoglobulin

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848 **Table 5: Differentially expressed genes in T helper cells from women with PCOS compared to women without PCOS.**

Down regulated genes in women with PCOS							
Gene name	Gene symbol	ENSEMBL Gene ID	log2Fold Change	padj	Gene type	Molecular function	Molecular process
<i>NA</i>	<i>AC138969.2</i>	ENSG00000277920	-7.7	0.025	Pseudogene	Unknown	Unknown
<i>ring finger protein 217</i>	<i>RNF217</i>	ENSG00000146373	-7.7	0.009	Protein coding	metal ion binding, ubiquitin-protein transferase activity	Unknown
<i>FKBP prolyl isomerase 1B</i>	<i>FKBP1B</i>	ENSG00000119782	-7.3	0.029	Protein coding	peptidyl-prolyl cis-trans isomerase activity	Unknown

<i>guanylate cyclase 1 soluble subunit alpha 2</i>	<i>GUCY1A2</i>	ENSG00000152402	-7.1	0.062	Protein coding	GTP binding, phosphorus-oxygen lyase activity, guanylate cyclase activity, heme binding	Intracellular signal transduction, cyclic nucleotide biosynthetic process, positive regulation of cGMP biosynthetic process, adenylate cyclase activity
<i>caveolae associated protein 2</i>	<i>CAVIN2</i>	ENSG00000168497	-6.8	0.037	Protein coding	phosphatidylserine binding, phospholipid binding, protein kinase C binding	plasma membrane tubulation
<i>alcohol dehydrogenase 4 (class II), pi polypeptide</i>	<i>ADH4</i>	ENSG00000198099	-6.6	0.062	Protein coding	alcohol dehydrogenase (NAD) activity, all-trans retinal binding, ethanol binding, NAD binding	alcohol catabolic process, cellular aldehyde metabolic process, ethanol oxidation
<i>solute carrier family 5 member 11</i>	<i>SLC5A11</i>	ENSG00000158865	-6.6	0.025	Protein coding	transporter activity	transmembrane transport
<i>VWA8 antisense RNA 1 (head to head)</i>	<i>VWA8-AS1</i>	ENSG00000278338	-6.5	0.025	lncRNA	Unknown	Unknown
NA	<i>Z98752.2</i>	ENSG00000234271	-6.5	0.071	Processed pseudogene	Unknown	Unknown
NA	<i>AC034102.3</i>	ENSG00000257449	-6.5	0.044	lncRNA	Unknown	Unknown
NA	<i>AC253536.6</i>	ENSG00000272787.1	-6.4	0.009	LincRNA	Unknown	Unknown
<i>atypical chemokine receptor 2</i>	<i>ACKR2</i>	ENSG00000144648	-6.4	0.074	Protein coding	C-C chemokine receptor activity,	chemotaxis, inflammatory

						scavenger activity, coupled activity	receptor G-protein receptor	response, receptor-mediated endocytosis
<i>keratin 74</i>	<i>KRT74</i>	ENSG00000170484	-6.3	0.078	Protein coding	keratin binding, molecule activity	filament structural activity	intermediate filament cytoskeleton organization, cornification, keratinization
<i>NA</i>	<i>RF00019</i>	ENSG00000252652.1	-6.3	0.009	Y RNA	Unknown	Unknown	Unknown
<i>protocadherin gamma subfamily B, 8 pseudogene</i>	<i>PCDHGB8P</i>	ENSG00000248449	-6.3	0.070	Transcribed pseudogene	Unknown	Unknown	Unknown
<i>NA</i>	<i>LOC101928238</i>	ENSG00000278611	-6.3	0.074	LincRNA	Unknown	Unknown	Unknown
<i>transmembrane and coiled-coil domains 2</i>	<i>TMCO2</i>	ENSG00000188800	-6.2	0.058	Protein coding	Unknown	Unknown	Unknown
<i>CELF2 antisense RNA 2</i>	<i>CELF2-AS2</i>	ENSG00000237986	-6.2	0.052	lncRNA	Unknown	Unknown	Unknown
<i>NA</i>	<i>AC013476.1</i>	ENSG00000234193.1	-6.1	0.025	lncRNA	Unknown	Unknown	Unknown
<i>pannexin 3</i>	<i>PANX3</i>	ENSG00000154143	-5.9	0.074	Protein coding	wide pore channel activity, gap junction hemi-channel activity		cell-cell signalling, transmembrane transport, cation transport
<i>NA</i>	<i>RF00019</i>	ENSG00000202222.1	-5.9	0.029	Y RNA	Unknown	Unknown	Unknown
<i>NA</i>	<i>LOC101927851</i>	ENSG00000238005	-5.2	0.088	LincRNA	Unknown	Unknown	Unknown
<i>leucine rich repeat containing 9</i>	<i>LRRC9</i>	ENSG00000131951	-5.2	0.062	Protein coding	Unknown	Unknown	Unknown

<i>EXTL3 antisense RNA 1</i>	<i>EXTL3-AS1</i>	ENSG00000246339	-5.1	0.040	lncRNA	Unknown	Unknown
<i>KIAA2012</i>	<i>KIAA2012</i>	ENSG00000182329	-4.6	0.083	Protein coding	Unknown	Unknown
<i>NA</i>	<i>AC013643.2</i>	ENSG00000253875	-4.6	0.062	lncRNA	Unknown	Unknown
<i>cytochrome b reductase 1</i>	<i>CYBRD1</i>	ENSG00000071967	-4.4	0.052	Protein coding	ferric-chelate reductase activity, protein binding, oxidoreductase activity, oxidizing metal ions	cellular iron ion homeostasis, response to iron ion, oxidation-reduction process
<i>NA</i>	<i>AC068620.2</i>	ENSG00000270147	-4.1	0.078	LincRNA	Unknown	Unknown
<i>NA</i>	<i>AC243428.1</i>	ENSG00000229979	-4.1	0.037	Processed pseudogene	Unknown	Unknown
<i>stearoyl-CoA desaturase</i>	<i>SCD</i>	ENSG00000099194	-2.7	0.058	Protein coding	stearoyl-CoA 9-desaturase activity, iron ion binding, oxidoreductase activity	lipid metabolic process, fatty acid biosynthetic process, regulation of cholesterol biosynthetic process, oxidation-reduction process
<i>NIMA related kinase 10</i>	<i>NEK10</i>	ENSG00000163491	-2.2	0.061	Protein coding	nucleotide binding, protein serine/threonine kinase activity, ATP binding, transferase activity	protein phosphorylation, positive regulation of protein autophosphorylation, positive regulation of MAP kinase activity,

							regulation of ERK1 and ERK2 cascade, regulation of cell cycle G2/M phase transition
<i>thymocyte selection associated family member 2</i>	<i>THEMIS2</i>	ENSG00000130775	-0.9	0.009	Protein coding	Protein Binding	immune system process, inflammatory response, cell adhesion, T cell receptor signalling pathway
<i>cAMP-dependent protein kinase inhibitor alpha</i>	<i>PKIA</i>	ENSG00000171033	-0.5	0.083	Protein coding	protein kinase inhibitor activity, cAMP-dependent protein kinase inhibitor activity,	negative regulation of transcription by RNA polymerase II, negative regulation of protein kinase activity, regulation of G2/M transition of mitotic cell cycle, negative regulation of protein import into nucleus, negative regulation of catalytic activity

Upregulated genes in women with PCOS							
Gene name	Gene symbol	ENSEMBL Gene ID	log2Fold Change	padj	Gene name	Molecular function	Molecular process
<i>MX dynamin like GTPase 2</i>	<i>MX2</i>	ENSG00000183486	0.6	0.0711	Protein coding	nucleotide binding, GTPase activity, protein binding, microtubule binding	mitochondrial fission, immune system process, defence response, response to virus, response to interferon-alpha, innate immune response, mRNA transport
<i>small Cajal body-specific RNA 21</i>	<i>SCARNA21</i>	ENSG00000252835	0.6	0.082652	ScaRNA	Unknown	Unknown
<i>histone cluster 1 H3 family member c</i>	<i>HIST1H3C</i>	ENSG00000278272	1.4	0.073504	Protein coding	DNA binding, protein binding, cadherin binding, protein heterodimerization activity	chromatin silencing at rDNA, nucleosome assembly, telomere organization, interleukin-7-mediated signalling pathway, negative regulation of gene expression, epigenetic, regulation of hematopoietic stem cell differentiation, regulation of gene silencing
<i>SMAD family member 1</i>	<i>SMAD1</i>	ENSG00000170365	3.0	0.099453	Protein coding	RNA polymerase II proximal promoter sequence-specific DNA binding,	MAPK cascade, mesodermal cell fate commitment, osteoblast fate commitment, inflammatory response, transforming growth factor beta receptor signalling pathway, SMAD protein complex assembly, gamete generation, embryonic pattern specification, BMP signalling pathway

						signal transducer activity, downstream of receptor, transforming growth factor beta receptor, pathway- specific cytoplasmic mediator activity, protein homodimerization activity, co- SMAD binding, I- SMAD binding, primary miRNA binding	
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850 Molecular functions and biological processes were established from the Universal Protein Resource (UniProt). False discovery rate (FDR) $q < 0.1$.

