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(Article begins on next page)

Constant theoretical conductance, changes in vessel diameter and number, with height growth in *Moringa oleifera*

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Highlight

We show that complex anatomical adjustments allow plant theoretical hydraulic capacity per unit leaf area to remain constant as trees grow in height.

Abstract

As trees grow taller, hydraulic resistance can be expected to increase, causing photosynthetic productivity to decline. Yet leaves maintain productivity over vast height increases; this maintenance of productivity suggests that leaf-specific conductance remains constant as trees grow taller. Here we test the assumption of constant leaf-specific conductance with height growth and document the anatomical adjustments involved.

We measured the scaling of total leaf area, mean vessel diameter at terminal twigs and at the stem base, and total vessel number in 139 individuals of *Moringa oleifera* of different heights, and estimated a whole-plant conductance index from these measurements.

Whole-plant conductance and total leaf area scaled at the same rate with height. Congruently, whole-plant conductance and total leaf area scaled isometrically. Constant conductance is made possible by a complex adjustment in anatomy, with conduit diameters in terminal twigs becoming wider, lowering per-vessel resistance, with a concomitant decrease in vessel number per unit leaf area with height growth. Selection maintaining constant conductance per unit leaf area with height growth (or at least minimizing drops in conductance) is likely a potent selective pressure shaping plant hydraulics, and is crucially involved in the maintenance of photosynthetic productivity per leaf area across the terrestrial landscape. **Key words:** leaf area-stem scaling; metabolic scaling; *Moringa oleifera*; whole plant conductance index; xylem conduit number; xylem conduit widening

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Introduction

Leaves are the engines of plant primary productivity, so it is important to understand how leaves maintain productivity as plants grow in height. As a tree grows from a seedling to maturity, the distance that water must be transported increases, and longer conductive pathlengths could reasonably be expected to be associated with greater hydraulic resistance, lowered conductance per unit leaf area (leaf-specific conductance), and lowered productivity (Ryan and Yoder, 1997; Niklas and Spatz, 2004; Koch et al., 2004). Yet because carbon fixation should directly impact growth and fitness, changes in productivity with height growth should be a major target of selection. Given variation among the members of a species, individuals whose leaf-specific productivity declines markedly with height growth will necessarily be selected against in favor of those whose productivity declines less, or even remains constant. Individuals whose per-leaf area productivity declines least with height growth will by definition have more carbon to invest in growth and reproduction per unit leaf area than individuals with greater declines. As a result, selection should always push in the direction of constant, or minimal possible, declines in leaf-specific productivity with height growth. If constant productivity can be achieved, it necessarily involves constant conductance per unit leaf area, given the link between conductive rate and photosynthetic productivity (Santiago et al., 2004; Brodribb, 2009). Given its relationship with terrestrial primary productivity, testing the prediction that leafspecific conductance should remain constant with height growth, and understanding the mechanisms that make this possible, is therefore a priority.

The invariance of leaf-specific conductance with height growth is assumed to be possible because of a xylem vascular system made up of conduits that widen from the stem

tip to the base at a rate that compensates for the resistance imposed by increasing pathlength (West et al., 1999; Anfodillo et al., 2006). Because height growth in a tree takes the leaves ever farther from the base of the trunk, conductive path length becomes longer as trees become taller. Conduit walls impose friction, creating resistance to flow, and all else being equal, longer conduits have greater wall area, greater friction, and thus greater resistance to flow than shorter ones (Comstock and Sperry, 2000). Therefore, if conduits remain the same diameter, then conductive rates per unit leaf area will inevitably drop as pathlength increases. Instead, conduits widen from the stem tip to the base with height, across plant habits, such as trees, shrubs, and lianas, across monocots and "dicots," as well as across biomes (Anfodillo et al., 2006; Coomes et al., 2007; Petit et al., 2009; Olson et al., 2014, 2018; Rosell and Olson, 2014; Morris et al., 2018). This widening occurs at the rate predicted to offset the resistance imposed by increasing conductive pathlength and maintain leaf-specific conductance constant or at least minimize the drop in conductance. In the simplest models of hydraulic architecture (West et al., 1999), a unit of leaf area is assumed to have a constant number of conduits as height increases, with basipetal vessel widening leading to constant resistance regardless of conduit length, and xylem conduits are assumed to have constant terminal conduit diameters (conduit diameter at the twig apex).

Our recent work suggests that, at least in angiosperms, terminal twig vessel diameter is not constant and instead increases predictably with height growth, suggesting that vessel number per unit leaf area might also change with height. In surveys across angiosperm species, we found that vessel diameter (*VD*) increased predictably with height (*H*) not only at the stem base, where it scaled as approximately $VD_{base} \propto H^{0.4}$, but also at the tip, where it scaled as $VD_{apex} \propto H^{0.2}$ (Olson *et al.*, 2014; Rosell and Olson, 2014). Wider conduits at the stem tip in taller trees would imply that flow within a single conduit also increases. Given two conduits with identical lengths and basal vessel diameters, the one with the wider apical diameter will offer less resistance to flow. If conduit number does not change, then increasing terminal conduit diameters would imply increasing flow per unit leaf area. Such "oversupply" seems unlikely given that natural selection should favor fluid distribution networks that minimize network-level fluid volume and therefore construction costs (Banavar et al., 2002). Assuming that conductance remains constant per unit leaf area, if conductance per unit of pipeline increases with tree size due to wider conduits at the stem tips in taller trees, then the number of conduits per unit leaf area must drop accordingly. Though not conforming with the exact predictions of existing hydraulic scaling hypotheses (West et al., 1997, 1999; Hölttä et al., 2011, 2013; Drake et al., 2015; Couvreur et al., 2018), coordinated variation between tip conduit diameter, widening rate, and conduit number might still occur in such a way that a constant water supply per unit of leaf area is maintained as predicted.

Although the results of comparative studies to date suggest that the maintenance of leaf-specific conductance is plausible, universal vessel scaling at the stem base and apex have been largely based on species-level mean values across many species, and have not included leaf area (Anfodillo *et al.*, 2006; Olson *et al.*, 2014, 2018; Rosell and Olson, 2014; Morris *et al.*, 2018). As a result, whether conductive capacity does indeed scale isometrically with leaf area with height growth as predicted has gone untested. Moreover, because the patterns studied to date have been mostly comparative, direct documentation is

missing to test whether the increases in terminal and basal vessel diameter obtain within species and in such a way that they keep pace with leaf area.

We tested the prediction that the xylem network should supply a unit of leaf area with a constant flow of water during height growth with a plantation experiment with the tropical tree *Moringa oleifera* Lam. Focusing on a single species allowed us to factor out much of the variation that is introduced in comparative studies covering wide spans of habit, wood density, leaf size, leaf mass per unit area, growth ring types, and other factors that could potentially influence vessel dimensions. *Moringa* is useful for such studies because it grows quickly (8 m in the first year from seed is common and plants fruit within 6 months) and saplings are monopodial, making accurate measuring of conductive pathlength feasible. We grew plants at relatively high density for several months, and competition between plants resulted in a wide range of heights and leaf areas for the same age, ideal for estimating the rates of change with height of leaf area, vessel widening rate, vessel diameter, total vessel number, and a whole-plant conductance index estimated from these measurements.

Materials and Methods

To provide the necessary variation in plant height and total leaf area in an acceptable time frame we carried out an experiment using the tropical tree *Moringa oleifera* Lam. (Moringaceae, Brassicales). *Moringa oleifera* is a highly tractable woody plant study system because of its simple anatomy—wide vessels with simple perforation plates in a background of libriform fibers with axial parenchyma limited to 1-2 layers adjacent to vessels (Olson, 2001; Olson & Carlquist, 2001) — and its very fast growth. *Moringa*

oleifera trees easily reach 8 m in their first year from seed, making it possible to produce plants of a wide range of heights under identical growing conditions and of the same age. *Moringa oleifera* saplings grow tall and straight, meaning that conductive path length, as approximated by the stem tip-to-base distance, can be measured with precision (Fig. S1). To maximize the likelihood of finding differing relationships between leaf area, vessel diameter, and stem length, we gathered seeds from 13 individuals of *M. oleifera* with cultivated provenances from Africa, Asia, Madagascar, and the Americas, from the International Moringa Germplasm Collection (www.moringaceae.org), on the lowland tropical Pacific coast of Mexico in Jalisco State.

Experimental Design

We planted 200 seeds directly in the ground at the International Moringa Germplasm Collection near the Chamela Biological Station located at 19°29'54.34"N 105°2'40.46"W. The region experiences a tropical monsoonal climate with marked dry and wet seasons, with most of the precipitation falling between June and October. The study area is characterized by an annual low temperature of 14.9 C, a mean annual temperature of 24.9 C, and an annual average rainfall of 752 mm (Bullock, 1986; Bullock and Solis-Magallanes, 1990; García-Oliva *et al.*, 2002). The elevation of the plantation site was ~100 m a.s.l. We planted the trees 1 meter apart to encourage straight growth and competition that ensured a wide range of heights in plants of the same age. We watered plants weekly through the prolonged dry season to encourage rapid growth.

Sampling

We sampled from 5 to 13 April 2016. We harvested individuals by cutting them at soil level, and measured height and basal diameter. We fixed samples of the basal and terminal

stem xylem in 50% aqueous ethanol, gathering samples from 139 individuals. All the slope estimations were performed including all 139 individuals samples. We measured fresh leaf area and dry leaf mass of 50 individuals to generate an equation to extrapolate leaf area from the dry leaf mass of each individual in our population. We scanned the leaves using a digital scanner (Seiko Epson, Tokyo, Japan), and used WinFolia (Regent Instruments Inc., Canada) to measure leaf area from digital images, including petioles and rachises of *M. oleifera*'s large pinnately compound leaves. We dried the leaves and weighed them using an analytical balance (Sartorius Corporation, Gottingen, Germany).

Anatomical Characterization

We cut thin sections for light microscopy from the basal and terminal stem of each individual to measure vessel diameters and estimate the total number of vessels at the stem base. We used a sliding microtome (Gärtner *et al.*, 2014) to make transverse sections from the basal and terminal wood of each individual. We made temporary and permanent slides, measuring vessel diameter with a light microscope (Zeiss, Oberkochen, Germany). We measured vessel radial diameter, following radial transects from the pith to the vascular cambium to capture intraindividual variation in vessel diameter. We measured 35 vessels per section to obtain per-individual mean basal and apical vessel diameter. We estimated the total number of vessels by measuring vessel density (vessels/mm²) and multiplying it by total xylem area. We calculated xylem area by subtracting the pith area from the xylem+pith area. Our analyses of xylem respiratory activity using triphenyl-tetrazolium chloride (Shain and Mackay, 1973; Spicer and Holbrook, 2007) suggest that for the range of sizes studied all the xylem is active sapwood (data not shown). We measured vessel density (vessels/mm²) by counting the number of vessels in 35 optical fields spanning pith

to cambium. Xylem conductive area was calculated by multiplying the mean vessel area by the total number of vessels.

Statistical Analyses

To estimate the slopes of all bivariate relationships, we used standardized major axis (SMA). In many of the relationships we examined, it seems likely that instead of one variable causing variation in the other, the variables affect each other mutually. SMA is appropriate in these cases (Smith, 2009). To reduce the influence of outliers on slope estimation, we used so-called robust SMA methods for estimating slopes of all bivariate relationships and for slope tests (Warton *et al.*, 2006; Taskinen & Warton, 2011, 2013). Moreover, robust SMA is less sensitive to outliers. In all models, we used log_{10} -transformed variables, with all analyses carried out in *R* (R Core Team, 2018) and graphs being generated using the R package *ggplot2* (Wickham, 2016). Standard major axis line fitting and slope tests were performed using the R package *smatr3* (Warton *et al.*, 2012).

Testing the prediction of constant conductive capacity per unit leaf area

We used two complementary approaches to test the prediction that conductance should remain constant per unit leaf area as plants grow taller. Using the empirical scaling exponents given in Table 1 we estimated whole-plant conductance in the following way. We first estimated mean apical vessel diameter given plant height from the relationship between apical vessel diameter and height given by $VD_{apex} \propto H^a$. Subsequently, we used the relationship between basal vessel diameter and height given by $VD_{basal} \propto H^b$, to estimate the tip-to-base widening rate (*DistTip*) of vessels assuming a power law relationship given by $VD_{basal} \propto H^a/VD_{apex} \propto H^b = VD \propto DistTip^c$. Given this tip-to-base widening rate, we calculated the total resistance of a widened tube of length *H*, made up of segments of 1 cm length, with initial diameter given by $VD_{apex} \propto H^{a}$. We estimated the theoretical flow within single widened tube segments (1/R) by calculating the resistance of 1 cm long segments using the Hagen-Poiseuille equation (Sperry *et al.*, 2005):

$$R = \frac{128\eta}{\pi D^4}$$

where n is the viscosity of water and D is vessel diameter. We then summed the resistances of the 1 cm segments to calculate the total resistance of the widened tube along the entire conductive pathway length. We then multiplied the resistance of single widened tubes by the empirical total number of vessels in each plant to estimate whole-plant resistance. The reciprocal gave whole-plant flow per plant. Whole-plant flow was transformed into a whole-plant conductance index (K_{plant}) assuming a driving pressure equivalent to a 50 cm water column. First, we tested whether the slope of the whole-plant conductance index against total leaf area scaled with a slope of 1. We then estimated the scaling relationships of total leaf area vs. tree height and whole-plant conductance index vs. tree height to test the prediction that the resulting scaling exponents should be statistically indistinguishable. If whole-plant conductance keeps pace with total leaf area as plants grow taller, then the whole-plant conductance index and total leaf area should scale with height with slopes that do not differ significantly from one another. These two complementary approaches to our main question offered a robust test of the prediction of an isometric increase between total stem water flow and total leaf area with height growth. All tests were performed at $\alpha =$ 0.05.

Results

Our results were consistent with the prediction of constant conductance per unit leaf area with height growth. The plants sampled encompassed over four orders of magnitude of

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difference in total leaf area, and over one order of magnitude of difference in height. Mean plant height (*H*) was 174.69 cm, ranging from 13 to 420 cm, and most of them flowered. Mean per-individual total leaf area (*LA*) was 8,212 cm², spanning from 16.53 to 31,431 cm². Mean per-individual basal vessel diameter (VD_{basal}) was 108.42 µm, ranging from 39.86 to 176.90 µm. Mean per-individual terminal twig vessel diameter (VD_{apex} , "apical vessel diameter") was 63.54 µm, ranging from 32.00 to 107.31 µm. Mean xylem area in the basal section (*XA*) was 407.68 mm², and ranged from 1.122 to 3604.30 mm². The mean total vessel number (*NV*) per-individual in the basal xylem was 3,170, ranging from 232 to 28,354. We used data from these trees to derive empirical exponents for the rate of change of total leaf area with height, and the rates of change in total vessel number, mean vessel diameter at the stem base, and mean apical vessel diameter with both height and total leaf area. We then used these exponents to test the prediction that whole-plant conductance should scale isometrically with leaf area as plants grow taller.

All traits analyzed scaled closely with plant height (Table 1). Total leaf area was predicted well by plant height and scaled with height with a slope of 1.859 (Fig. 1A). Apical vessel diameter increased predictably with height with a slope of 0.268 (Fig. 1B). Basal vessel diameter was also closely predicted by height and increased with a slope of 0.341 (Fig. 1C). The resulting widening rate of the vessels in the plants of our population was $VD_{basal} \propto H^{0.341}/VD_{apex} \propto H^{0.268} = 0.073$. Total vessel number increased with total leaf area with a slope 0.789 (Fig. 1D), and its confidence interval did not include isometry (Table 1). Congruently, total number of vessels also increased with height at a lower rate than total leaf area with a slope of 1.493 (Fig. 1E). As a result of the increase in basal vessel diameter with height, basal vessel diameter also scaled predictably with total leaf area (Fig. 1F). Conductive area (*CA*), understood as the total vessel lumen area, increased at a higher rate than xylem area with a slope 1.06, and its confidence interval did not include isometry (Table 1). These scaling exponents were used to estimate a whole plant conductance index, and test whether it increased at the same rate as total leaf area with height growth.

The rate of increase in the whole-plant conductance index was statistically indistinguishable from the rate of increase in total leaf area with height growth, and congruently the whole-plant conductance index increased isometrically with total leaf area as trees increased in height. Calculated based on the empirical exponents in Table 1, wholeplant conductance index increased with height at a rate of $K_{plant} \propto H^{1.825}$ (Fig. 2A), which does not differ significantly from the rate of increase in total leaf area with height ($F_{1,137}$ = 0.644, P = 0.424), which was $LA \propto H^{1.859}$ (Fig. 1A). Also in agreement with predictions, the whole-plant conductance index scaled with leaf area with an exponent of 0.969 (Fig. 2B), not differing significantly from isometry ($F_{1,137}$ = 1.249, P = 0.266). Thus, both methods of calculation are consistent with the prediction that whole-plant conductance should scale isometrically with leaf area with height growth.

Discussion

In *Moringa oleifera*, whole-plant conductance increased at the same rate as leaf area with height, providing clues regarding a major vector of natural selection on plant hydraulic systems (Fig. 2). This coincidence with predictions is remarkable since it emerges from the concatenation of a series of empirical scaling exponents (Table 1), namely leaf area scaling with height $LA \propto H^{1.859}$, stem tip vessel diameter with height $VD_{apex} \propto H^{0.268}$, the rate of widening of vessel diameter with distance from the stem tip $VD \propto DistTip^{0.073}$, and the total number of vessels with leaf area $NV \propto LA^{0.789}$. Even relatively small variation, due to error or to biological reality, in any of the scaling exponents involved would lead to substantial deviations in the whole-plant conductance-leaf area scaling relationship, making the coincidence we observed between results and predictions striking.

Constant whole-stem conductance per unit leaf area would have important implications both at individual and community scales. Predictable tip-to-base vessel widening within leaves accounts for why vessel diameter scales predictably with individual leaf area across species (Sack et al., 2012; Gleason et al., 2018). Standardizing measurements of vessel diameter for leaf area should reveal that leaves within a tree are similar from the point of view of vessel diameter and widening rate. This expectation implies that leaves can in principle be functionally equivalent in terms of their vessel dimensions on a per-area basis, regardless of position in the crown and distance from the stem base. At the community scale constant leaf-specific conductance allows estimation of whole community productivity as proportional to the sum of the leaf area of trees within the community (West *et al.*, 2009). Therefore, knowing how leaf area (and thus productivity) scales as individual trees increase in size, together with the assumption that forest resource use is always maximal (meaning that a community is saturated with individuals, whether it is composed of many small or few large individuals), allow predicting the slope of tree size distributions in any community (Simini et al., 2010; Anfodillo et al., 2012). Deviation from the predicted distribution can even be diagnostic of forest disturbance (Coomes et al., 2003; Sellan *et al.*, 2017). This energy equivalence expectation, supported here by constant conductance per unit leaf area, represents a potential link between hydraulics, stand productivity, and the shaping of optimal canopy height and density by microsite (Eagleson,

1982; Cabon *et al.*, 2018). The finding of constant conductance per unit leaf area with height growth is therefore useful for understanding forest function.

With regard to understanding of plant hydraulic architecture, our results point to an intricate coordination between plant height, a constant tip-to-base vessel widening rate, and variation in vessel diameter at the stem base *and* at the stem apex, the latter a feature not predicted or included in any model of plant hydraulic function to date (Figs. 1 and 3). As an individual becomes taller, the vessels at the stem apex become wider, with $VD_{apex} \propto H^{0.268}$ (Fig. 1B). Given a constant tip to base vessel widening rate, wider vessels at the stem apex will lead to even wider vessels at the stem base with height growth (Fig. 1C) than would be produced with uniform terminal stem vessel diameters. Given two conduits of identical length and basal diameter, the one with the wider terminal diameter will have lower resistance with only a minimally greater investment in conduit wall material, given that flow is expected to increase as VD^4 while conduit wall material would increase proportionally to vessel perimeter and therefore only linearly with the increase in vessel diameter. As a result, terminal twig conduit widening with height seems likely to be a major aspect of plant economy minimizing resource investment per unit leaf area with height growth (Bettiati et al., 2012; Olson et al., 2014). It is also likely what allowed the total number of vessels in our study plants to increase with leaf area with an exponent of less than one, $NV \propto LA^{0.789}$ (Fig. 1D). This means that taller plants supply the same leaf area with proportionally fewer vessels (Fig. 1A, E), and again the widening of terminal conduit diameter and the reduction in resistance it brings is surely involved in this proportional reduction of vessel number (Fig. 3). In turn, this reduction is likely the result of selection favoring minimized increases in sapwood carbon cost per unit leaf area with

height increase (Olson *et al.*, 2014; Rosell *et al.*, 2017); indeed, it is hard to imagine what other process would lead to terminal conduit widening with height. Our results in *Moringa*, together with patterns of vessel scaling with stem length across vessel-bearing angiosperms (Anfodillo *et al.*, 2006; Olson *et al.*, 2014, 2018; Rosell and Olson, 2014), show that as plants grow taller, not only stem basal but terminal twig vessel diameter also becomes wider, with a concomitant reduction in the number of vessels per unit leaf area, giving clues to significant vectors of selection on plant hydraulic systems.

One of these vectors is carbon economy, and our results suggest an additional feature that is not incorporated into any optimality model of plant hydraulic construction, which is that vessel lumen transectional area relative to the rest of the xylem becomes slightly higher with height growth. In *Moringa*, the number of vessels per unit leaf area scales as $NV \propto LA^{0.789}$, implying that taller plants have fewer vessels per unit leaf area. Yet even though there are fewer vessels per unit leaf area with height growth, the proportion of vessel lumen area per unit leaf area increases in taller plants. Vessel diameter scales with leaf area as $VD_{basal} \propto LA^{0.180}$ (Fig. 1F). Consequently, individual vessel area scales with leaf area as $VA \propto LA^{0.360}$, and since the total number of vessels scales with leaf area as $NV \propto$ $LA^{0.789}$, conductive area scales with leaf area as $CA \propto LA^{1.149}$. These findings coincide very closely with the predictions of West et al. (West *et al.*, 1999), where $NV \propto H^3$, $VA \propto H^{0.5}$, and $LA \propto H^3$, such that $CA \propto LA^{1.15}$. While this finding is remarkably congruent with the predictions of West et al. (West et al., 1999), when expressed in terms of xylem area it points to additional details not incorporated in the model, namely that conductive area scales as $CA \propto XA^{1.06}$, meaning that the proportion of vessel lumen area relative to the rest

of the xylem becomes slightly higher with height growth (Olson *et al.*, 2014). This suggests that as trees grow taller, they deviate some carbon from support tissue such as fibers to vessels. This property very likely helps trees maintain leaf-specific conductance constant with height growth while minimizing the increases in carbon costs per unit leaf area expected to occur as plants grow taller (Hölttä *et al.*, 2011).

The isometric increase between leaf area and whole-plant conductance estimated using only vessel dimensions also suggests that other properties of plant hydraulic systems that are known to contribute to the resistance of the vascular system must also increase proportionally with vessel diameter. Our index of conductance was calculated using Poiseuille's Law assuming continuous tubes running the entire lengths of stems. This assumption omits much biological detail, including the irregularity of internal vessel walls, the constrictions imposed by perforation plates, and the finite lengths of vessels and the concomitant passage of water through pits from vessel to vessel. Yet this simplified set of assumptions accurately predicts vessel diameter-stem length exponents, as well as yielding results consistent with predictions of constant leaf-specific conductance with height growth. This suggests that the other sources of resistance, including the distribution of vessel lengths from the tip to the base of a tree, must scale similarly with vessel diameter. Endwall resistance and lumen resistance increase isometrically among a diverse set of tracheidand vessel-bearing plants (Sperry *et al.*, 2005), suggesting that selection minimizing drops in conductance has also been an important factor influencing conduit length distributions. Similarly, total pit permeable area increases isometrically with tracheid lumen area (Schulte, 2012; Lazzarin et al., 2016), and since pore diameter also increases proportionally to pit membrane area, pit resistance likely also remains a constant fraction of total

17

resistance as trees increase in size (Schulte *et al.*, 2015). These proportionalities must occur for simple Poiseuille assumptions to predict conduit diameter scaling accurately. Ultimately, proportionality between different components of the total resistance of the conductive system is expected to result from selection favoring constant per leaf area conductance as trees increase in height.

In summary, our results show that during height growth, plants maintain a constant supply of water per unit leaf area through an intricate interplay between the tip-to-base vessel widening rate, terminal twig vessel diameter, and the total number of vessels. Our findings support the general prediction that increasing height is accompanied by compensatory changes in xylem structure that maintain leaf photosynthetic productivity constant, a finding that underwrites the scaling of carbon assimilation from leaves to trees to communities.

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| Table 1 | Bivariate SMA | models for | or allometric | relationships | between le | af area, I | height, |
|---------|---------------|------------|---------------|---------------|------------|------------|---------|
|---------|---------------|------------|---------------|---------------|------------|------------|---------|

| vessel tra | aits, and | theoretical | conductance |
|------------|-----------|-------------|-------------|
|------------|-----------|-------------|-------------|

| | | | | 95% CI | |
|--------------------------------|-----------|-------|-------|------------------|----------------|
| Model | Intercept | Slope | R^2 | Intercept | Slope |
| $\log LA \sim \log H$ | -0.694 | 1.859 | 0.84 | -0.996 to -0.391 | 1.725 to 2.00 |
| $\log VD_{apex} \sim \log H$ | 1.219 | 0.268 | 0.48 | 1.134 to 1.304 | 0.232 to 0.309 |
| $\log VD_{basal} \sim \log H$ | 1.291 | 0.341 | 0.84 | 1.236 to 1.346 | 0.316 to 0.367 |
| $\log NV \sim \log H$ | 0.172 | 1.493 | 0.90 | -0.011 to 0.354 | 1.412 to 1.579 |
| $\log VD_{basal} \sim \log LA$ | 1.427 | 0.180 | 0.73 | 1.371 to 1.482 | 0.165 to 0.198 |
| $\log NV \sim \log LA$ | 0.786 | 0.789 | 0.89 | 0.637 to 0.936 | 0.746 to 0.835 |
| $\log CA \sim \log XA$ | 4.930 | 1.063 | 0.98 | 4.874 to 4.986 | 1.041 to 1.087 |
| $\log K_{plant} \sim \log H$ | 0.199 | 1.825 | 0.94 | 0.016 to 0.381 | 1.743 to 1.910 |
| $\log K_{plant} \sim \log LA$ | 0.930 | 0.969 | 0.89 | 0.751 to 1.110 | 0.918 to 1.024 |
| | | | | | |

All relationships derived from variables measured empirically, except for whole-plant conductance (K_{plant}), a trait derived from calculations based on empirically-measured allometric relationships. *LA*, total leaf area. *H*, plant height. VD_{apex} , apical vessel diameter. VD_{basal} basal vessel diameter. *NV*, total number of vessels. *XA*, xylem area. K_{plant} , wholeplant conductance. *N*=139 and *P* < 0.0001 in all cases. Normality was tested through the Shapiro-Wilks *W*-test on residuals. **Fig. 1** Scaling relationships of total leaf area with height, and vessel traits with height and total leaf area in *Moringa oleifera*. (A) Total leaf area is closely scales with height as $LA \propto H^{1.859}$. (B) Vessel diameter varies predictably with height at the stem apex. (C) Given a constant widening rate, vessel diameter at the stem base also varies predictably with height. (D) Total vessel number increases at a lower rate than total leaf area, presumably because wider apical and basal vessel diameters with height cause an increase in individual vessel conductance with height, allowing for a similar area of leaf to be supplied by fewer vessels. (E) Accordingly, total vessel number increases with height at a lower rate than leaf area. (F) While the proportion of vessels per unit leaf area decreases with height, average vessel diameter at the stem base becomes wider in taller plants, leading to an increase in basal vessel diameter with total leaf area. The confidence intervals for the slopes and intercepts are shown in Table 1. P < 0.001 for all \mathbb{R}^2 . N = 139 in all cases.

Fig. 2 Leaf-specific theoretical conductance remains constant with height growth in *Moringa oleifera*. (A) Theoretical whole plant conductance index (K_{plant}) scales statistically identically with height as does leaf area, as $K_{plant} \propto H^{1.825}$ (see Fig. 1A). (B) Theoretical whole plant conductance index (K_{plant}) scales isometrically with total leaf area, congruent with expectations regarding the way that selection should favor individuals with constant photosynthetic productivity per unit leaf area with height growth. Confidence intervals for slopes and intercepts are shown in Table 1. *P* < 0.001 for all R². N = 139 in all cases.

Fig. 3 The intricate covariation of plant height, tip-to-base widening rate, stem tip vessel diameter, stem base vessel diameter, and number of vessels per unit leaf area. The white

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cylinders represent plants of different heights. The black cones within them represent vessels. In our experiment, for a given unit of leaf area, represented by the constant sizedleaf above each stem, the number of vessels decreased with increasing plant height. At the same time, terminal vessel diameter increased, represented by the wider apices of the vessels. Given tip to base vessel widening, the rate of which is constant over height increases, vessel diameter also becomes predictably wider at the stem base with height growth, represented by the wider bases of the vessels. The delicate synchronization of multiple factors leads to a similar whole-plant conductance per leaf area as individuals become taller.

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