**Supporting Information** 

## Reduction of Nanoparticle Load in Cells by Mitosis but not Exocytosis

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**Figure S1 NP stability in cCCM. A)** The 20 nm Au@PVP (left) and the 46 nm Au@PVP NPs (right) were incubated for 24 hours in cCCM at 37 °C. Immediately after the incubation started (red) and 24 hours later (black) their UV-Vis extinction spectra were collected. No red shift is observed for either of the Au NPs indicating that the aggregation in cCCM is negligible and the PVP surface coating is sufficient to stabilize the NPs. **B)** SiO<sub>2</sub> NPs were incubated in cRPMI (250  $\mu$ g mL<sup>-1</sup>) for 24 hours and further visualized using CryoTEM. Single particles were clearly visible and little to no aggregation was observed. Scale bar= 250 nm



Figure S2 Cytotoxicity assays show no reduction of cell viability at 20  $\mu$ g mL<sup>-1</sup>. Neither of the 3 different NPs (SiO<sub>2</sub>, 20 nm Au@PVP and 46 nm Au@PVP) used showed significant alterations in cell membrane permeability (LDH, upper panel) nor cell metabolism (Resazurin, lower panel) for any cell type used after 24 hours of exposure and 48 hours of post-exposure. The NP treated cells were compared to the untreated negative control and the 0.2 % Triton X-100 treated positive control.



Figure S3 NP-Lysosome co-localization. Live cell imaging of the different cells previously incubated for 24 hours with the SiO<sub>2</sub> NPs (red) and 15 min with cCCM supplemented with a lysosomal stain (green), co-localization appears in yellow. Co-localization coefficient is annotated in the top right corner. Scale bar =  $20 \mu m$ .



**Figure S4 Average spot size increases in DF microscopy with increasing post-exposure time.** The DF micrographs were binarized using a threshold (same threshold for same conditions) and further analyzed for their spot sizes using particle tracker from FIJI. The box plots show medians (line in the box) and 5-95 percentiles (whiskers) of the analysis performed for J774A.1 (A), MDM (B) and HeLa (C). Significant increases of sizes were observed for both particle types in J774A.1 and for the 20 nm Au@PVP particles in the case of MDMs. No significant increase was detected for any NPs in HeLa cells. Significance was calculated using student's t-test.



Figure S5 Stability of fluorescent particles over time in the lysosomal environment. 0.5 mg mL<sup>-1</sup> of the fluorescently labelled SiO<sub>2</sub> NPs were incubated in either artificial lysosomal fluid (ALF) or PBS. The relative fluorescence was measured after 1, 2, 3 and 30 days using a plate reader. No significant differences in the fluorescence over time can be seen when comparing ALF and the PBS control. Within the first 48 hours in ALF the fluorescence remained at 97 % of the initial fluorescent signal and at 90 % after 30 days. Dotted lines: 99 % confidence band.



Figure S6 Release of β-Hexosaminidase by MDMs upon stimulation with ionomycin.

MDMs were exposed to 20  $\mu$ M ionomycin for 6 hours. After the exposure the supernatant was collected and the total amount of released enzyme was quantified based on its enzymatic activity and compared to the lysed cells. Upon stimulation, approximately 30 % of the total amount of the enzyme was released in the supernatant in contrast to the untreated control cells that released < 1 % of the enzyme into the supernatant.



## J774A.1 in 0.5 % FBS RPMI



Figure S7 Flow cytometry shows little reduction of the MFI in proliferation inhibited cells. In contrast to normal growth conditions (Figure 4A) the MFI remains on a high level in proliferation inhibited J774A.1 (red) and HeLa (green) cells. The small amount of reduction in the MFI can be explained by cells which were still proliferating or the release of NPs in microvesicles induced by the stress conditions during starvation. Data is shown as the mean  $\pm$  standard deviation of 3 individual experiments. Lower panel shows J774A.1 cells grown for 24, 48 and 72 hours in the reduced serum conditions.

## Figure S8: R script for MFI simulations after cell divisions

```
# Simulation characteristics
  cell numberStart = 1000 #number of mother cells seeded
                            #number of experiment repetitions
  experiments = 25
 hours = 48
                            #total length (in hours) of each experiment
  Ffactor = 1/0.516
                            #fluorescence reduction factor due to mitosis
  timestep = 1
                            #time increment (in hours)
  doublingTime = 26.9
                            #Doubling time (in hours), see below
#Defining the limits of the simulation of each cell's cycle inherent speed (some
cells are faster, some are slower), based on a Gaussian around the doubling time (-
2 to +2 hour).
  variation min = -2
                            #Standard deviation of the cell cycle's speed
 variation max = 18
                             #Standard deviation of the cell cycle's speed
#Create a matrix where the final values will be stored
  total timepoints = hours * timestep #the number of points simulated
  MeanMatrix <- matrix(0, nrow= total_timepoints, ncol = experiments)</pre>
 headersize = 4
                                        #create space for metadata
  total cells MFI <- c(0)
                                        #declare variable for MFI of the culture
 mitotic Event <- c(0)</pre>
                                        #declare variable for the mitotic events
#Run the experiment
#Eexperiment = 1000 cells, for each timepoint and each cell
for (experiment in rep(1:experiments,1)) { #LOOP 1: number of experiments loop
      #create the experiment matrix containing the cell cycles
      result <- matrix(0, nrow = cell numberStart, ncol = total timepoints +
      headersize)
      #create the experiment matrix containing the MFI
      MFI tail <- matrix(0, nrow = cell numberStart, ncol = total timepoints)
      MFI start <- rep(100, cell numberStart)</pre>
      MFI <- cbind(MFI start, MFI tail)</pre>
      #define header info and seed
      #assign incremental numbers for each cell (=column 1)
      result[,1] <- rep(1:cell numberStart, 1)</pre>
      \# load the entire start array with generation 0 (=column 2)
      result[,2] <- rep(0, cell numberStart)</pre>
      # allow variation in the mitosis point (some cells are slower, some are
      faster)
      result[,3] <- runif(cell_numberStart, variation_min, variation_max)</pre>
      #simulate a random position along the cell cycle
      result[,4] <- runif(cell numberStart, 1, doublingTime)</pre>
             for (timesetting in rep(1:total timepoints, 1)) {
                                                                            #LOOP 2:
             Timepoints
                 #loop through all timepoints and update the results matrix
                 result[,timesetting+headersize] <- result[,timesetting+headersize-</pre>
                 1] + timestep
                 #increase the last timepoint with the timestep
                 MFI[,timesetting+1] <- MFI[,timesetting]</pre>
                 for (cell in rep(1:nrow(result), 1)) { #LOOP 3: cell
                     #loop through each cell
                     #Check if a mitosis event occurs (i.e. cell is older than
                     doubling time obtained experimentally):
                     if(result[cell,timesetting+headersize]
                                                               >
                                                                  result[cell.3]
                                                                                    +
                     doublingTime) {
                                             #if YES:
                          #reset the cell's age to 0(reset cell cycle)
                          result[cell,timesetting+headersize] <- 0</pre>
                          #add a new row (=cell) to the cell cycle matrix. This is
```

```
daughter cell 2. The mother cell becomes Daughter cell 1.
                            row2add <- c(nrow(result)+1, result[1,2] + 1, runif(1, -</pre>
                            1, 1), rep(0, total timepoints+1))
                            result <-rbind(result,row2add)</pre>
                            # adjust the MFI of the mother cell based on the 51.6%
                            factor obtained experimentally
                            MFI[cell,timesetting+1] <- MFI[cell,timesetting]/Ffactor</pre>
                            #Update and a new row to the MFI matrix with the just
                            calculated data
                            row2add <- c(rep(0, timesetting),</pre>
                            MFI[cell,timesetting]/Ffactor, rep(0,ncol(MFI)-
                            timesetting-1))
                            MFI <- rbind(MFI, row2add)</pre>
                            #Update the mitotic events counter with one
                            mitotic Event = mitotic Event + 1
                            #Closes IF statement
                     }
                            #Closes FOR loop of cells
            }
       }
                            #Closes FOR loop of timepoints
       # The MFI matrix now contains the fluorescence of each cell at each
       timepoint. Now, run through the MFI matrix to sum (and average) the
       fluorescence values at each time point to reach the MFI of the culture at
       each time point.
       for(timepoint in rep(1:total timepoints, 1)) { #loop through all time
                                                            points
              Sumvalue = 0
                     for (cell in rep(1:sum(MFI[,timepoint]!=0), 1)) { #loop through
                                                                          cells
                            #sum the fluorescence value of each cell in sumvalue
                            Sumvalue = Sumvalue + MFI[cell, timepoint]
                     }
              #create a new matrix containing the MFI at each timepoint
              MeanMatrix[timepoint, experiment] = MeanMatrix[timepoint, experiment]
              + Sumvalue / sum(MFI[,timepoint]!=0)
            #close the time point loop
         }
       #print/export the results for this experiment
       readout <- cat ("Experiment " , experiment , " finished (", cell numberStart
       , " > " ,nrow(MFI), " cells) \n")
       #Update the total MFI of all cells
       total cells MFI = total cells MFI + nrow(MFI)
} #Closes FOR loop of experiments
#Calculate the Mean/Median/standard deviation fluorescence intensity from the
arrays
sd <- apply(MeanMatrix, 1, sd)</pre>
mean <- apply(MeanMatrix, 1, mean)</pre>
median <-apply(MeanMatrix, 1, median)</pre>
#Output the data as a plot of the MFI over all timepoints and summarize the
simulation
plot(mean)
readout <- cat("Started with ", experiments * cell_numberStart , " mother cells and
ended with " , total_cells_MFI, " daughter cells after " , mitotic_Event, " mitotic
events")
```