

1 **Artefactual nanoparticle activation of the inflammasome platform:**
2 ***in vitro* evidence with a nano-formed calcium phosphate.**

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17 **Abstract**

18 **Aim:** To determine whether *in vitro* experimental conditions dictate cellular activation of the
19 inflammasome by apatitic calcium phosphate nanoparticles. **Material and Methods:** The
20 responses of blood-derived primary human cells to *in situ*-formed apatite were investigated
21 under different experimental conditions to assess the effect of aseptic culture, cell rest and
22 duration of particle exposure. Cell death and particle uptake were assessed while IL-1 β and
23 caspase 1 responses, with and without lipopolysaccharide pre-stimulation, were evaluated as
24 markers of inflammasome activation. **Results:** Under carefully addressed experimental
25 conditions, apatitic nanoparticles did not induce cell death or engage the inflammasome
26 platform although both could be triggered through artefacts of experimentation. **Conclusion:**
27 *In vitro* studies often predict that engineered nanoparticles, such as synthetic apatite, are
28 candidates for inflammasome activation and, hence, are toxic. However, the experimental
29 setting must be very carefully considered as it may promote false positive outcomes.

30 **Keywords (6-10):** Apatite, nanoparticle, Interleukin-1 β , caspase 1, Inflammasome,
31 experimental conditions.

32

33 **1. Introduction**

34 Human exposure to existing and novel nanostructures, or existing materials that have now been
35 nano-engineered, is inevitable. A complete assessment of their interactions with the host must
36 be addressed appropriately. It is well established that properties of the particles themselves (e.g.
37 size, shape, aspect ratio, dispersion state and rate, composition, surface charge, solubility etc.)
38 and their interaction at the biological interface (e.g. formation of loose and hard protein corona,
39 interaction with cell membrane etc.) dictate how particles behave and how they are seen and
40 handled by cells [1-3]. Nonetheless, despite this heterogeneity in the physicochemical and
41 biological properties of all that is termed 'nano', there are some properties that are more
42 generally ascribed to nanoparticles than to their soluble or bulk counterparts [2]. One of these
43 is an ability to activate the cellular inflammasome. In 2006, the late Jurg Tschopp and
44 colleagues reported on the activation of the inflammasome by uric acid and calcium phosphate
45 crystals [4]. Since then numerous (engineered) nanoparticles have been attributed as
46 inflammasome activators including silica, titanium dioxide, aluminium hydroxide and calcium
47 phosphates [5-10].

48 Both inflammasome and calcium phosphate are terms that encompass families. First the
49 inflammasome: when caspase 1 is activated in a cell it has very specific targets. Pro-IL-18 and
50 the more widely studied pro-IL-1 β are cleaved to form the active, and mostly pro-
51 inflammatory, cytokines (mature IL-18 and IL-1 β). Canonical activation of caspase 1 is driven
52 by the inflammasome platform following interactions of inflammasome sensor molecules
53 (NOD like receptors; NLRP and also the PYHIN family protein AIM2) and the CARD-
54 containing apoptosis associated speck-like protein (ASC) [11, 12]. Thus for IL-1 β to be
55 secreted by cells both the pro-cytokine must be transcribed and translated, and the
56 inflammasome platform activated. Some molecules activate the inflammasome; some activate

57 gene up-regulation of the pro-cytokines and some do both [11, 12]. Nanoparticles and
58 especially nanominerals have acquired the reputation for inflammasome activation, sometimes
59 concomitantly activating pro-IL-1 β .

60 Secondly, the calcium phosphates: these vary in structure from fully amorphous calcium
61 phosphate (ACP), with a primary grain size as small as 9 Å, to fully crystalline forms such as
62 monetite, tricalcium phosphate and hydroxyapatite. Aside from ACP, all show a degree of
63 crystallinity and, recently, the biologically-relevant calcium phosphate family members have
64 been comprehensively reviewed by Dorozhkin [13]. Synthetic apatites that fairly closely
65 correspond to biological apatite (i.e. bone mineral) are said to activate the inflammasome and
66 induce IL-1 β secretion by cells [14-17].

67 Most reports of nanoparticle-induced activation of the inflammasome have provided elegant
68 detailed molecular biology-based studies characterising the exact inflammasome platform and
69 the various steps involved in activation. Less attention, however, has generally been paid to
70 some basic but important particle and cell details. For example, what does the particle carry on
71 its surface? What might it interact with in the cell culture medium? What is the importance of
72 the cell activation status? When does particle uptake in culture exceed the *in vivo* situation
73 where cells can migrate and be replaced by fresh ones? Here we have partly addressed these
74 issues, focussing on apatitic nanoparticles which we previously reported could induce cellular
75 IL-1 β secretion [17]. We chose not to undertake molecular studies of the inflammasome but,
76 rather, to use IL-1 β secretion, and in places caspase 1 secretion, as robust markers of
77 inflammasome activation when experiments are carefully designed.

78

79 **Material and Methods**

80

81 **Assessment of *in vitro* particle formation and sizing**

82

83 Preparation of calcium chloride solution

84 A stock solution of 40 mM calcium chloride (CaCl₂) was prepared by adding 0.58 g calcium
85 chloride dihydrate (MW = 147.02 g/mol, AnalaR; BDH, VWR International Ltd, Poole, UK)
86 into 100 ml 0.9 % sodium chloride solution (saline, Sigma-Aldrich, Poole, Dorset, UK). After
87 autoclaving, a 20 mM working solution was made up by diluting the stock solution 1:1 with
88 saline.

89

90 *In situ* formation of calcium phosphate particles

91 In this protocol, for the formation of calcium phosphate particles *in situ* in a tissue culture
92 medium (TCM), 4 mM (final concentration of *additional Ca*) CaCl₂ was added to supplemented
93 TCM (namely RPMI 1640 which is naturally rich in phosphate, containing additionally 10 %
94 heat inactivated fetal calf serum (FCS, PAA), 2 mM L-Glutamine (Sigma), 100 U/ml penicillin
95 (Sigma) and 100 µg/ml streptomycin (Sigma)) [17]. As such, 250 µl of the calcium chloride
96 solution were added to 1 ml supplemented TCM in 5 ml polystyrene round bottom tubes
97 (Marathon Laboratory Supplies), yielding an additional concentration of 4 mM Ca²⁺ and hence
98 precipitation of calcium phosphate particles which were characterised as below.

99

100 Particle sizing

101 To investigate the size distribution of calcium phosphate particles that formed in the
102 supplemented TCM over 24 hours, freshly prepared samples were analysed by three
103 independent methods namely, nanoparticle tracking analysis (NTA), dynamic light scattering

104 (DLS) and static light scattering (SLS) at time points 3, 8 and 24 hours. Consistent with
105 manufacturer's guidelines, data for NTA, DLS and SLS are represented as particle number
106 ($10^6/\text{ml}$), intensity (%) and volume frequency (%) respectively, as detailed below.

107

108 a-NTA

109 NTA was performed on a Nanosight NS500 (Nanosight, Amesbury, UK) using NTA2.3
110 Analytical Software. Particle suspensions were diluted eightfold (25 fold for time point 24
111 hours) in supplemented TCM before samples were measured in technical triplicates for 60
112 seconds each and results were averaged. 2 independent experiments were performed, each
113 consisting of 3 replicate samples per time point. Data are shown as means of the 6 replicates (4
114 replicates for time point 24 hours).

115 b-DLS

116 DLS was performed on a Zetasizer Nano ZS (Malvern Instruments Limited, Malvern,
117 Worcestershire, UK) using Dispersion Technology Software 4.20. Triplicate measurements
118 were taken from undiluted particle suspensions applying refractive indices of 1.63 for calcium
119 phosphate particles and of 1.33 for the dispersant. 3 replicate samples per time point were
120 performed and data are shown as mean.

121 c-SLS

122 SLS was performed on a Mastersizer 2000 with a Hydro 2000 μP Micro Precision sample
123 dispersion unit (Malvern Instruments Limited). The measurement procedure was adapted to
124 enhance sensitivity and to preserve the experimental conditions under which the particles were
125 formed. Baseline correction was carried out with fresh TCM. Subsequently, the dispersion unit
126 was emptied and refilled with TCM alone or TCM with the additional 4 mM Ca^{2+} that had been
127 incubated for 3, 8 or 24 hours. The dispersion unit was run at 500 rpm and great care was taken

128 to prevent the formation of bubbles. 3 samples were collected for each time point and each
129 sample was analysed in triplicate (refractive index: 1.63; absorption 0.01).

130

131 Zeta potential measurements

132 As an indicator of surface charge, zeta potential measurements of particle suspensions were
133 carried out, again at time points of 3, 8 and 24 hours, by laser Doppler velocimetry on a
134 Zetasizer Nano ZS (Malvern Instruments Limited). Electrophoretic mobilities of particles, in
135 an applied electrical field of 8.16 V/cm (effective voltage of 49.8 V; electrode spacing 61 mm),
136 were converted into zeta potentials by Dispersion Technology Software 4.20 using Henry's
137 equation and the Smochulowski approximation for aqueous media. The experiment was
138 performed twice, each time with 3 replicate samples per time point. Data are shown as means
139 of 5 (24 hours) or 6 replicates (3 and 8 hours) with the standard deviations reported.

140

141 **Structural and chemical determination of *in vitro* precipitated particles**

142 Following *in situ* formation of calcium phosphate particles for 24 hours, the suspensions were
143 drop cast onto holey carbon support films for transmission electron microscopy (Agar Scientific
144 Ltd). The air-dried films were examined in a FEI CM200 field emission gun TEM operating at
145 197 kV fitted with an Oxford Instruments ultra thin window Si(Li) energy dispersive X-ray
146 (EDX) spectrometer and a Gatan imaging filter (GIF 200; TEM images were analysed using
147 Gatan's Digital-Micrograph Software (version 3.11.2)).

148 The elemental content of particles was measured in the TEM by quantification of spot- energy
149 dispersive X-ray (EDX) spectra; the Ca/P ratio was determined from the Oxford Instrument's
150 ISIS processing software using virtual standards for Ca and P $K\alpha$ X-ray peaks, monitored at a
151 take-off angle of 20° and a specimen tilt angle of 15°. In addition to the above, dried calcium
152 phosphate particles and control hydroxyapatite nanopowder (<200 nm, Sigma) were analysed

153 by FTIR. Spectra were collected using a Golden Gate single reflection diamond ATR accessory
154 (Specac, Orpington, UK) with a Shimadzu IRPrestige-21 FTIR Spectrophotometer using the
155 range 4000-750 cm^{-1} and 2 cm^{-1} resolution.

156

157 **Cellular responses to the calcium phosphate particles: influence of** 158 **experimental conditions**

159 The study was approved by the research ethics committee of Cambridge (Reference 03/296).
160 For the purpose of the entire work, peripheral blood mononuclear cells (PBMC) were isolated
161 from blood of recruited healthy volunteers, following informed consent, or purchased from the
162 national blood service (NBS, Addenbrooke's Hospital site, Cambridge, UK). For each
163 experimental condition investigated, we used blood cells from 2-4 different subjects unless
164 otherwise stated. PBMC were isolated by density gradient centrifugation. Upon collection, 20-
165 25 ml heparinised blood was mixed at a 1:1 ratio with HBSS (Sigma, UK). 20-25 ml of the
166 mixed solution was then carefully layered over 10 ml Lymphoprep (Axis-Shield, Norway) and
167 centrifuged at 800 g at room temperature for 20 minutes. Separated mononuclear cells were
168 then washed and re-suspended at 1.10^6 cells/ml in TCM if used immediately or frozen down
169 for later use. Following cell stimulation, cell supernatants were collected after centrifugation at
170 1,500 rpm for 5 minutes.

171

172 Effect of particle purity, cell status and duration of exposure

173 Here, we aimed to examine whether filtration of TCM and resting of cells before
174 experimentation would impact on calcium phosphate nanoparticle formation (Hydroxyapatite,
175 HA) and ensuing cellular responses. To that effect cells were (i) re-suspended in 0.2 μm filtered
176 or unfiltered TCM, (ii) were rested for 24 hours at 37°C in 5 % CO_2 /95 % air or used straight
177 after isolation/thawing, and then (iii) stimulated with 250 μl 20 mM CaCl_2 , in 5 ml polystyrene

178 round bottom tubes. Following 24 hour stimulation, supernatants were collected and stored at
179 -70°C until analysis. Comparative responses were assessed by concomitantly challenging
180 rested PBMC with CaCl_2 and the microbial associated molecular pattern (MAMP)
181 lipopolysaccharide (10 ng/ml LPS from *E.Coli*, Sigma).

182 To investigate the cellular responses to HA particles over time, 1 ml cell suspensions ($n = 2$)
183 were stimulated with 250 μl 20 mM CaCl_2 in the presence or absence of 10 ng/ml LPS (Sigma)
184 or equivalent volume of vehicle (0.9 % sodium chloride solution), after 24 hours rest.
185 Supernatants were then collected after 1, 3, 8 and 24 hours incubation at 37°C in 5% $\text{CO}_2/95\%$
186 air and stored at -70°C until analysis.

187

188 **Assessment of calcium phosphate toxicity**

189 To explore the possible effects of calcium phosphate (HA) on cell death, rested PBMC ($n = 2$)
190 were stimulated with the *in situ* formed HA nanoparticles or with equivalent volume of vehicle
191 for 2 to 24 hours at 37°C in 5 % $\text{CO}_2/95$ % air. After each time point, cells were washed 3 times
192 in cold PBS at 400g for 10 minutes at 4°C . Following the final wash, cells were re-suspended
193 in 1x binding buffer (Invitrogen) at 1.10^6 cells/ml. 100 μl cell suspension was then transferred
194 to 5 ml polystyrene round bottom tubes where 5 μl annexin V and propidium iodide (PI) (250
195 ng/ml) were added. After gentle vortexing, the cells were left to incubate for 25 minutes in the
196 dark at room temperature. Finally 400 μl of 1x binding buffer were added to each tube, and
197 samples were analysed by flow cytometry. Results are expressed as percentage of monocytes
198 that stained positively for both PI and annexin V and referred to as % dead monocytes.

199

200 **Measurement of calcium phosphate uptake in CD14^+ cells by flow cytometry** 201 **and flow imaging**

202 To demonstrate the cellular uptake of calcium phosphate particles over time, fluorescent calcein
203 (Sigma) was utilised to stain the calcium mineral particles as they formed and thus to identify
204 particles subsequently taken up by phagocytic cells. 1 μ L of 10 mg/mL calcein solution was
205 added to the PBMC (1.10^6 cells/ml in TCM) prior to the experimental incubation with either
206 vehicle or 250 μ l 20 mM CaCl_2 . Following incubation for 1, 3 or 24 hours, cells were washed
207 and stained with PerCP-Cy 5.5 CD14 antibody (BD Biosciences) for 20 minutes, as per
208 manufacturer's protocol, and protected from light thereafter. After washing and fixing in 1 %
209 para-formaldehyde solution, samples were filtered, split and a minimum of 300,000 events per
210 sample immediately acquired using a Cyan ADP flow cytometer (Beckman Coulter) with
211 Summit software for acquisition and analysis. Remaining cells (a minimum of 10,000 events)
212 were acquired using the ImagestreamX, INSPIRE and IDEAS acquisition and analysis software
213 (Merck Millipore Amnis). For each instrument, appropriate unstained and single stained
214 compensation controls were run alongside.

215

216 **Cellular responses to calcium phosphate particles using optimised** 217 **experimental conditions**

218 To dissect out further the potential involvement of calcium phosphate particles on
219 inflammasome activation, we applied the optimised experimental conditions to blood cells from
220 four independent subjects. Since there is limited pro-IL1 β in resting cells, which needs to be
221 induced via Toll like receptor (TLR) signalling [18], isolated PBMC (1.10^6 cell/ml) were first
222 subjected to LPS pre-stimulation (10 ng/ml for 3 hours) and then challenged with peptidoglycan
223 (Pg) both in a crude (*S. Aureus*) or soluble (*E. Coli*) form (both at 10 μ g/ml; Sigma and
224 Invivogen respectively) or with the *in situ* precipitated calcium phosphate particles. As positive
225 controls of inflammasome platform activation, cells were also subjected to adenosine
226 triphosphate (ATP, 1 mM) \pm LPS (10 ng/ml) and monosodium urate crystals (MSU, Caltag-

227 Medsystems Limited; 100 µg/ml). All supernatants were collected following 3 hours
228 stimulation as well as after 21 hours post challenge.

229

230 **Measurement of secreted cytokines and caspase 1**

231 IL-1β and Caspase 1 were measured by commercial ELISA development kits and ELISA
232 Quantikine kits respectively, following the manufacturer's protocol (R&D Systems).

233 **Statistics**

234 All data are expressed as mean ± SEM (unless otherwise stated) and were analysed by two-
235 way ANOVA tests followed by Bonferroni multiple comparisons, where appropriate. The level
236 of significance was set at $p \leq 0.05$.

237 **Results**

238 **Physico-chemical characterisation of *in situ* formed calcium phosphate**

239 The (non-precipitating) formation of nanoparticles in (complex) tissue culture medium limits
240 ready separation of the pure nanomaterial. Thus, determination of the *in situ*-formed calcium
241 phosphate structure drew upon multiple imaging and analytical data, namely: morphology,
242 particle size, Ca:P ratio by EDX, selected area diffraction and infra-red analysis. Comparisons
243 were made with established literature data for calcium phosphates.

244 Addition of calcium chloride (+4 mM) to RPMI 1640, which is a phosphate-rich tissue culture
245 medium (TCM), and subsequent incubation at 37°C in 5 % CO₂/95 % air, resulted in the
246 formation of nanostructured particles of acicular morphology (**FIGURE. 1A-C**). The primary
247 particle size could be identified as 100-150 nm in images of agglomerated particles (resulting
248 from drying the suspensions on TEM grids). Further internal nanostructure of aggregated
249 ultrafine crystals of individual primary particles could be seen at higher magnification
250 (**FIGURE. 1B-C and supplementary FIGURE. 1A**). In suspension in TCM, particles were
251 typically of 150-180 nm Z average aquated size, as shown by three independent light scattering
252 techniques, (**FIGURE. 1D-F, Table 1 and SUPPLEMENTARY FIGURE. 1B**) which,
253 allowing for the hydration shell, is in the same size range to the nanoparticulate structures
254 observed by TEM (**FIGURE. 1B**). In TCM particle size distribution remained stable for 8
255 hours but started to shift, marginally, towards large particle sizes by 24 hours (**FIGURE. 1D-**
256 **F and Table 1**). Zeta potential measures indicated net negative charge of the particles over 24
257 hours in TCM (**Table 1**).

258 TEM-EDX, acquired from particles suspended over holes in the support film, confirmed the
259 particles to be calcium phosphate with an average Ca:P ratio of ~1.5 (**FIGURE. 1G**), consistent

260 with a non-stoichiometric apatite composition [13] that forms in serum-containing medium
261 [19]. Selected area electron diffraction from these particles showed them to be polycrystalline
262 having lattice spacings consistent with an apatite structure when the lattice spacings were
263 matched to the strong reflections of the hydroxyapatite X-ray standard (**SUPPLEMENTARY**
264 **FIGURE. 1A inset and supplementary table 1**). Infra-red analysis was consistent with
265 hydroxyapatite cultured in TCM (**FIGURE. 1 H-I**) since amine adsorption bands from the
266 serum proteins could be identified at 1600-1670 cm^{-1} [20], carbonate adsorption bands were
267 present at 1465-1410 cm^{-1} and potential OH broadening from residual water with the main OH
268 band were present at 3400 cm^{-1} [21]. The remaining bands at lower wavenumber ($< 1100 \text{ cm}^{-1}$)
269 are due to lattice absorption and have previously been assigned to HA [22] since there are
270 no other absorption bands for any other calcium phosphate, such as dicalcium phosphate
271 dihydrate and octacalcium phosphate, present in the current spectra [23].

272 Taken together our findings are consistent with the formation of polycrystalline non-
273 stoichiometric apatite formed *in situ* in TCM which is retained upon drying. Rigorous
274 identification of calcium deficient hydroxyapatites (i.e. C/P ratios in the range 1.5 – 1.67)
275 requires the use of several complementary characterisation techniques and thermal treatment
276 of powders [24]. We do not present powder XRD or thermal treatment results here however
277 the morphology, composition and electron diffraction pattern of what we assume to be
278 representative particles, plus the infrared fingerprint of the bulk material, do indeed invoke the
279 formation of a non-stoichiometric apatite phase [20-22]. Since cells are exposed to the freshly
280 formed hydrated species we use the terms ‘apatite’ and ‘apatitic’ throughout.

281 **Innate cellular responses to the apatitic nanoparticles: influence of** 282 **experimental conditions**

283 Effect of resting of cells and TCM filtration

284 Having characterised the chemical and structural properties of the *in vitro*-precipitated calcium
285 phosphate (apatite), we next investigated the cellular properties of these nanoparticles in the
286 context of different experimental conditions. Cellular isolation is harsh and incurred stress lead
287 to the release of endogenous danger signals (danger activated molecular patterns) and
288 activation of purinergic receptors, all of which contribute to inflammasome activation and
289 consequent IL-1 β production (so called sterile inflammation) [25, 26]. For example, if cells are
290 stimulated with LPS then mature IL-1 β is principally observed in freshly isolated monocytes
291 rather than their one-day rested counterparts [27-29]. Therefore we first tested whether this
292 also applied to primary human blood cells stimulated with the freshly formed apatitic
293 nanoparticles. Unrested cells secreted significant amount of IL-1 β in response to challenge with
294 the apatitic nanoparticles over 24 hour when compared to un-challenged cells over the same
295 time period (**FIGURE. 2A; p<0.05**). Resting cells prior to experimentation significantly
296 reduced IL-1 β secretion in response to apatite (**FIGURE. 2A**). Addition of LPS, however,
297 restored the IL-1 β secretory effects of unrested cells (**FIGURE. 2A; p<0.05**).

298 Conventionally in cell culture experiments TCM would be filtered prior to use to help remove
299 (i) trace levels of macromolecular bacterial contaminants and (ii) serum complement
300 aggregates that may occur during FCS heat treatment. Since the resting of cells reduced, but
301 did not entirely abrogate, the IL-1 β secretory response to apatitic nanoparticles (**FIGURE. 2A**),
302 we tested whether filtration of TCM prior to the addition of CaCl₂ (for *in situ* apatite
303 nanoparticle formation) would further reduce IL-1 β secretion. In non-rested cells there was no
304 effect (**FIGURE. 2B**) but in rested cells IL-1 β secretion was reduced to background and could,
305 again, be restored by the concomitant addition of LPS with the apatite nanoparticles (**FIGURE.**
306 **2B; p<0.001**).

307 Since IL-1 β secretion in response to apatite stimulation in rested cells was greater when using
308 unfiltered TCM (**FIGURE. 2A**), we checked that apatite particles did not simply differ in

309 physical characteristics due to their formation in ‘different’ media (i.e. changes in particle size
310 distribution or charge inadvertently brought about by filtration of the TCM). Dynamic light
311 scattering analysis and zeta potential measures confirmed that filtration did not affect the
312 physical characteristics of the formed particles (**SUPPLEMENTARY FIGURE. 2**). Moreover
313 the quantitative protein corona appeared to be the same (**SUPPLEMENTARY FIGURE. 2**).
314 We believe, therefore, that the difference is qualitative and reflects the ability of trace
315 macromolecular pyrogens and/or serum protein aggregates to contribute to this corona. Indeed
316 interaction of serum complement with nanoparticles can induce complement activation [30]
317 and consequently inflammasome activation [31].

318 Taken together the above data suggest that under conditions that do not promote pro-IL-1 β
319 induction apatite does not induce significant secretion of mature IL-1 β . From here onwards,
320 therefore, experiments were carried out using filtered TCM and cells were challenged with
321 apatite following 24 hours rest.

322

323 Effect of duration of exposure to apatite on inflammasome activation

324 As noted above, failure to generate IL-1 β does not mean failure to activate the inflammasome:
325 the latter could occur but simply have no substrate to act on (i.e. pro IL-1 β). Inflammasome
326 activation may be influenced by particle properties (for example shape, size, and phase) and
327 also by duration of exposure. To see whether (i) the inflammasome was in fact activated by
328 apatite and (ii) to relate this to duration of apatite exposure, we followed both caspase 1 and
329 IL-1 β secretion over the course of 24 hours (in rested PBMC and using pre-filtered TCM).
330 Consistent with the findings above, apatite alone did not elicit IL-1 β production (**FIGURE.**
331 **3A**): however it did induce caspase 1 secretion (**FIGURE. 3B, p<0.01**) showing that the
332 inflammasome had been activated. Moreover IL-1 β production was detectable when apatite

333 was in the presence of LPS (to ensure that pro IL-1 β was produced) commencing between 3-8
334 hours stimulation and further increasing by 24 hours (**FIGURE. 3B, P<0.0001**). Under these
335 conditions, inflammasome activity was clearly induced by apatite.

336 Inflammasome activation by particles can be due to particle-induced reactive oxygen species
337 and phagolysosomal destabilisation [32-34] and, in some circumstances, lead to cell death.
338 Incubation of mononuclear cells with apatite for long periods could therefore result in
339 artefactual particle ‘gorging’, lysosomal disruption, and cell death [2]. Indeed, in further studies
340 we showed that apatite nanoparticles induced cell death between 6 and 12 hours incubation
341 (**FIGURE. 4; ** p < 0.01**), irrespective of the presence or absence of LPS (data not shown)
342 and this mirrored the timing of caspase 1 secretion (**FIGURE. 3B**).

343 **Cellular responses to the apatitic nanoparticles in the absence of particle** 344 **gorging.**

345 In light of the above results, cellular responses to apatite nanoparticles were re-addressed in a
346 system that tried to avoid particle gorging (i.e. excessive particle loading). To confirm the
347 extent of mononuclear cell uptake of apatite nanoparticles, by both flow cytometry and
348 imagestream analysis, we utilised pure calcein, a widely used fluorescent probe for mineralised
349 forms of calcium [35, 36]. Unlike the calcein-acetomethoxy derivative (Calcein-AM), pure
350 calcein is unable to passively enter cells to any significant extent and, therefore, the presence
351 of this probe detected within cells relies upon both the binding of calcein to mineralised calcium
352 formed in the media *and* the cellular uptake of this stained mineralised calcium. By incubating
353 cells in media containing calcein with and without the addition of CaCl₂ (i.e. to form apatite *in*
354 *situ* as above) we were able to control for even minor non-specific uptake of this probe in the
355 absence of apatite nanoparticles. Using this strategy, we showed that (i) apatite nanoparticles
356 were taken up as early as 1 hr (**FIGURE. 5A**) (ii) significant apatite loading of monocytes was

357 achieved by 3 hours (**FIGURE. 5B and D**) and (iii) cells were gorged by 24 hrs exposure
358 (**FIGURE. 5C**). These findings were confirmed by two independent techniques.

359 To re-test inflammasome activation without gorging, rested PBMC were first subjected to
360 vehicle or LPS pre-stimulation to induce pro-IL-1 β synthesis (at 0-3 hours), washed and
361 followed by a pulse with apatite for 3 hours (from 3-6 hours), washed again and chased for 21
362 hours (from 6-24 hours) with TCM only. Comparisons were made to cellular responses to
363 soluble peptidoglycan (negative control; sPg), crude peptidoglycan (positive control, Pg) and
364 to known inflammasome activators (i.e. ATP+LPS and MSU).

365 Unlike the inflammasome activator, crude Pg, apatite failed to induce significant IL-1 β versus
366 vehicle control even when cells were primed with LPS (**FIGURE. 6A**). Moreover, the response
367 from apatite exposure was very similar to that of the negative control, namely soluble Pg from
368 *E.Coli*, which is not a significant activator of the inflammasome [37-39]. Unsurprisingly,
369 without LPS priming, IL-1 β secretion was also not observed in response to HA although it was
370 again observed for crude Pg and positive controls of the inflammasome platform (**FIGURE.**
371 **6B** and **SUPPLEMENTARY FIGURE. 3**).

372 Taken together, these data show that apatite nanoparticles neither activate the inflammasome
373 nor induce the cellular IL-1 β secretion to any extent, except as an artefact of experimentation.

374

375 **Discussion**

376 Nanoparticles, whether environmental [6, 10], endogenously formed [7, 8] or engineered for
377 downstream applications [5, 9] have been well studied and clearly linked to inflammasome
378 activation. However, *in vitro* studies have on occasions been difficult to reconcile with *in vivo*
379 situations [14, 16, 40], suggesting that applied *in vitro* experimental conditions do not always
380 reflect *in vivo* outcomes. Here, our work demonstrates that the secretion of IL-1 β and the
381 activation of the inflammasome following *in vitro* cellular challenge with apatite nanoparticles
382 depend upon experimental conditions.

383 Under aseptic conditions (to minimise the possibility of contaminants such as macromolecular
384 MAMP or complement in the system) with non-activated primary cells that were loaded but
385 not gorged with apatite nanoparticles, we found no evidence of IL-1 β secretion or
386 inflammasome activation. The relevance of this to the *in vivo* situation should be carefully
387 considered especially as, there, the source of nanoparticle exposure may be endogenous (i.e. of
388 internal origin) or exogenous (i.e. of external origin). Endogenous particles such as bone
389 apatite, or calcium phosphate derived from ectopic calcification, will be sterile (except during
390 infection when the presence of nanoparticulates will not be the main concern). On the other
391 hand, exogenous particles (e.g. dietary or environmental) are unlikely to be aseptic or, at least,
392 unlikely to be devoid of surface adsorbed-molecules. However, during their initial *in vivo*
393 transit, ostensibly through the lung or gastrointestinal tract, nanoparticle surfaces will interact
394 with the myriad of molecules of endogenous biological fluids (e.g. salts, duodenal bile or lung
395 surfactant protein, mucin, endogenous proteins, low molecular weight ligands). Through
396 substitution these are likely to strip exogenous particles of any adsorbed, inflammasome-
397 activating MAMPs and exchange them for more benign, self-recognised molecules. The
398 exception is the distal gastrointestinal tract where turnover of the commensal microbiota

399 releases large quantities of MAMPs such as LPS and peptidoglycan. However, intestinal cells
400 are uniquely hyporesponsive (i.e. resistant) to inflammatory stimulation by MAMPs [41].
401 Thus, in our view, carefully characterised aseptic conditions are appropriate for the *in vitro*
402 study of nanoparticles.

403 The choice of cells ‘at rest’ to represent the *in vivo* situation could also be debated.
404 Inflammation, especially mildly so, is common place in the population. We used primary cells
405 because immortal or transformed cells (i.e. cell lines) clearly undergo substantial changes
406 compared to their *in vivo* counterparts. Nonetheless, primary cells are most commonly derived
407 from blood and, thus, may undergo substantial stress during phlebotomy and isolation by
408 density gradient centrifugation. However, in the experiments reported herein, even when we
409 primed rested cells with LPS, which is a significant inflammatory stimulus, we still found no
410 cause to suggest that apatitic nanoparticles stimulated IL-1 β secretion or, therefore, activated
411 the inflammasome.

412 In our opinion it is cellular gorging of nanoparticles that is most likely responsible for *in vitro*
413 inflammasome activation and which commonly leads to misinformation between *in vitro* and
414 *in vivo* exposure. Phagocytic cells are programmed to mop up particles from their environment.
415 Unlike with *in vitro* cultures, *in vivo* cells may migrate and are readily replaced by freshly
416 recruited cells. Moreover the epithelial barrier blocks most particle entry and ensures a rate of
417 influx that is readily dealt with by underlying macrophages or immature dendritic cells. Even
418 when this is bypassed, such as with intravenous (i.v) infusion (e.g. i.v iron oxide nanoparticles)
419 or intradermal injection (e.g. with tattoo ink), there is adequate circulation of particles and cells
420 to ensure health of the organism and local structures despite marked particle-loading of cells.
421 How, *in vitro*, one ensures that cell loading with particles matches a potential *in vivo* situation
422 is not easily addressed. However, gorging to the point of cell dysfunction or even death is

423 unlikely to represent ‘real life’. Genuinely toxic particles ought to be seen as such without the
424 need for cells to gorge excessively and abnormally.

425 Finally, whilst our data suggest that apatitic nanoparticles do not stimulate inflammasome
426 activation or, therefore, IL-1 β secretion even in the presence of a pro-inflammatory stimulus,
427 this need not apply to all (nano) particles. For example, α -quartz silica particles are toxic: they
428 are pro-inflammatory and fibrogenic *in vivo* and their genuine role in inflammasome activation
429 seems most likely [6, 42, 43]. Amorphous microparticles of silica appear relatively benign:
430 however, as they decrease in size into the ‘nano’ range, they adopt some of the inflammatory
431 characteristics of their α -quartz crystalline counterpart [44]. Fine nanoparticulate silica may
432 therefore also activate the inflammasome. There may well be others but, nonetheless, our data
433 challenge the idea that nanoparticles/nanominerals are necessarily special activators of the
434 inflammasome.

435 **Conclusion:** *In vitro* investigation of nanoparticles/nanominerals and their potential role in the
436 inflammasome axis requires careful experimental consideration as artefactual activation may
437 ensue under certain conditions and therefore lead to misinterpretation. Future work should
438 consider them carefully on a case-by-case basis, as we have done here for apatitic nanoparticles.

439 **Future perspective**

440 We anticipate that relatively few nanomaterials will be shown to activate the inflammasome
441 *per se* and probably in numbers not outstanding from their coarse microparticle and microfibre
442 counterparts (e.g. quartz, asbestos etc.). The fact that nanoparticles may act as vehicles to
443 introduce adsorbed or en-trapped substrate into cells, which in turn could activate the
444 inflammasome, is not to be disputed. We also anticipate much greater scientific scrutiny to be
445 given over to conditions of particle loading and experimental design in cellular or animal
446 models that seek to understand toxicity and/or cellular handling of nanomaterials for ‘real life’

447 scenarios. We expect the arbitrary cut off of 100nm as a nano-definition to be redundant and
448 that the 'nano' term will be used in disciplines depending on relevant behavioural and
449 functional activities. For example, biologically it is the mechanism of uptake and thereafter the
450 cellular compartment that is first engaged that separates a 'nano' particle from a 'micro'
451 particle. Finally and as previously stated by our group [2], we expect that nanoforms will be
452 understood as safe, naturally-occurring and of physiological benefit under some circumstances.

453 **Executive summary:**

- 454 • Discrepancies in the role of (nano) particles in inflammasome activation *in vivo* and *in*
455 *vitro* have been noted suggesting that applied *in vitro* experimental conditions do not
456 always adequately mimic *in vivo* situations.
- 457 • Here, calcium phosphate (apatite) nanoparticles were synthesised *in situ* and ensuing
458 caspase1/IL-1 β cellular responses studied in peripheral blood mononuclear cells, under
459 different *in vitro* conditions.
- 460 • Caspase 1/IL-1 β responses to apatitic nanoparticles were strongly influenced by the purity
461 of starting material (i.e. attenuated in aseptic conditions), resting status of cells (i.e. non-
462 existent in experiments using rested cells), and duration of particle exposure (unavoidably
463 triggered by abnormally prolonged incubation).
- 464 • This work clearly highlights that, in addition to particle characteristics, it is necessary to
465 carefully establish experimental conditions when studying *in vitro* cellular responses to
466 nanoparticles, as artefactual activation may ensue.

467

468

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474 **Financial & competing interests disclosure**

475 The authors have no financial or competing conflict of interests.

476 **Ethical conduct of research**

477 The authors state that they have obtained appropriate institutional review board approval or
478 have followed the principles outlined in the Declaration of Helsinki for all human or animal
479 experimental investigations. In addition, for investigations involving human subjects, informed
480 consent has been obtained from the participants involved.

481 **References annotations:**

482 Papers of special interest have been highlighted as *

483 *[1] Comprehensive review on the physicochemical factors that shape nanoparticle-cell
484 interactions in biological surroundings.

485 *[2] Comprehensive review of the ‘bear traps’ in nanomineral characterisation, definition and
486 attribution of biological properties.

487 *[3] Emphasises the importance of the particle corona in dictating its biological outcome.

488 *[4] Seminal work that set the scene in particle and inflammasome research.

489 *[11] Up-to-date and elegant review on the inflammasome family.

490

491 **Figure legends**

492 **Figure. 1 Physico-chemical characterisation of *in situ* formed calcium phosphate**
493 **nanoparticles.** Following synthesis, calcium phosphate particles were analysed for particle
494 size and structure by transmission electron microscopy (**A, B and C**; scale bars 500, 100 and
495 20 nm respectively), for size distribution in tissue culture medium (TCM) by dynamic light

496 scattering (**D**), by nanoparticle tracking analysis (**E**), static light scattering (**F**) and for elemental
497 composition by EDX within the TEM (**G**; C and Cu signals are generated by the support film
498 and grid). (**H**) Infra-red analysis of hydroxyapatite standard (Sigma, 0-200 nm nanopowder)
499 and (**I**) infra-red analysis of the *in situ* formed calcium phosphate particles in TCM with
500 spectral features attributed as follow: (**a**) lattice vibrations (**b**) phosphate vibration (**c**) carbonate
501 adsorption bands at 1465-1410 cm^{-1} (**d**) amine adsorption bands from serum proteins at 1600-
502 16700 cm^{-1} and (**e**) probable OH broadening from residual water with the main OH band at
503 3400 cm^{-1} . T3: 3 hours, T8: 8 hours and T24: 24 hours. EDX: Energy Dispersive X-ray
504 spectroscopy.

505 **Figure. 2: Influence of experimental conditions on IL-1 β responses to apatitic**
506 **nanoparticles.** IL-1 β secretion from PBMC (1.10^6 cells/ml) in experiments that were carried
507 out using unfiltered TCM (**A**) or 0.2 μm filtered TCM (**B**). In each setting, PBMC were either
508 used immediately after isolation (red) or rested for 24 hours (black) and subsequently
509 stimulated for 24 hours with apatite nanoparticles that were formed *in situ* by addition of CaCl_2
510 to TCM, in the presence or absence of LPS (10 ng/ml) as indicated in the figure. Data are
511 represented as mean \pm SEM (n = 2). * p < 0.05; ** p < 0.01 and *** P < 0.001 versus Control.
512 C: Control. AP: Apatite, TCM: Tissue Culture Medium, LPS: Lipopolysaccharides.

513 **Figure. 3: Influence of duration of exposure to apatitic nanoparticles on IL-1 β and**
514 **caspase 1 secretion in PBMC.** Time course measurement for IL-1 β (**A**) and caspase 1 (**B**)
515 secretion from rested PBMC (1.10^6 cells/ml) following stimulation with LPS (black square; 10
516 ng/ml), apatitic nanoparticles in the presence or absence of 10 ng/ml LPS (red square and black
517 circle, respectively), or vehicle (open circle). Data are represented as mean \pm SEM (n = 2
518 except at 8 hours where n = 5). *** p < 0.001 and ***** p < 0.0001 (AP+LPS vs Control).
519 *p < 0.05 (AP+LPS vs Control) and ** p < 0.01 (AP vs Control). AP: Apatite, LPS:
520 Lipopolysaccharide, PBMC: Peripheral blood mononuclear cells.

521 **Figure. 4: Apatitic nanoparticle-induced cytotoxicity.** Flow cytometry measurement of cell
522 death from the monocyte population within PBMC (1.10^6 cells/ml) that were stimulated with
523 apatite nanoparticles (full circle) or vehicle (open circle) overtime. Data are represented as
524 mean \pm SEM (n = 2). ** p < 0.01 and *** p < 0.001. AP: Apatite, PBMC: Peripheral blood
525 mononuclear cells.

526 **Figure. 5: Apatitic nanoparticle uptake by monocytes. (A-C)** Flow cytometric measurement
527 in cells (CD14⁺ monocytes) that were stimulated with apatite or vehicle for (A) 1 hour, (B) 3
528 hours and (C) 24 hours continuously. In each of the six panels only the viable CD14⁺ gated
529 monocytes are imaged and thus occupy the top two quadrants. The colours represent density
530 of cells in their plotted space (blue being the most dense and red the least). The right hand
531 quadrants represent cells showing calcein positivity and thus intracellular calcium
532 ('Unstimulated') while the addition of apatite shows a marked and rapid increase in calcein
533 positivity ('AP') and by 24 hours few viable cells remain. (D) Imaging with a second
534 independent technique, namely Image stream, showing three separate example images of
535 CD14⁺ Calcein⁺ gated cells 3 hours after challenge and showing internalisation of AP particles.

536 **Figure. 6: Optimised innate cellular responses to apatitic nanoparticles.** IL-1 β responses
537 from PBMC (1.10^6 cells/ml), with (A) or without (B) LPS pre-stimulation (3 hours), and then
538 challenged with vehicle, AP nanoparticles, soluble or crude peptidoglycan (Sol Pg and Pg, both
539 at 10 μ g/ml). IL-1 β was measured after a further 3 hours (i.e. between 3-6 hours, red column)
540 and 18 hours after that (i.e. between 6-24 hours; black column). Data are represented as mean
541 \pm SEM (n = 4). ****p<0.0001 and ***p<0.001 versus Control. C: Control, Pg: Peptidoglycan,
542 Sol: Soluble, AP: Apatite, LPS: Lipopolysaccharides, PBMC: Peripheral blood mononuclear
543 cells.

544 **Supplementary Figure. 1: Physico-chemical characteristics of *in situ* formed calcium**
545 **phosphate.** (A) TEM micrograph of FIGURE 1 C under bright field mode showing the
546 nanostructured nature of the primary particles, inset selected area diffraction. (B) Following
547 synthesis, calcium phosphate particles were analysed for particle size by dynamic light
548 scattering. Data are represented as % Volume and correspond to data already presented in
549 FIGURE 1D as % intensity. Both graphs show similar particle size distribution whether
550 expressed as % volume or intensity.

551 **Supplementary Figure. 2: Influence of filtration of TCM on the physico-chemical**
552 **characterisation of *in situ* formed apatitic particles.** Size distribution (A), charge (B) and
553 protein content (C) of apatitic nanoparticles that were formed following addition of CaCl₂ to
554 pre-filtered (0.2 µm cut-off; fTCM) and non-filtered TCM (nfTCM). TCM: Tissue culture
555 medium. For protein determination, following formation of apatite nanoparticles for 24 hours
556 in fTCM and nfTCM, particle suspensions were spun down and supernatants collected. Protein
557 content of the samples were then analysed by the Bradford protein assay, according to
558 manufacturer's protocol, and values for adsorbed protein calculated as follow:

559 % adsorbed protein = $100 \times [(\text{Total protein, i.e. fTCM or nfTCM}) - (\text{non-adsorbed protein, i.e.}$
560 $\text{supernatants of particle suspensions})]$. Data are representative of two independent experiments.

561 **Supplementary Figure. 3: Positive controls for inflammasome activation and cellular IL-**
562 **1β secretion.** PBMC (1.10⁶ cells/ml) were stimulated with ATP (1 mM), LPS (10 ng/ml), MSU
563 (100 µg/ml) or concomitant ATP+LPS and ensuing IL-1β responses measured at 3 hours. Data
564 are represented as mean ± SEM (n = 2). * p < 0.05 and ** p < 0.01. LPS: Lipopolysaccharides,
565 ATP: adenosine triphosphate, MSU: monosodium urate crystals, PBMC: Peripheral blood
566 mononuclear cells.

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