

## Distribution of Cell Envelope Proteinases Genes among Polish Strains of *Lactobacillus helveticus*

KATARZYNA W. SKRZYPCZAK<sup>1\*</sup>, WALDEMAR Z. GUSTAW<sup>1</sup> and ADAM D. WAŚKO<sup>2</sup>

<sup>1</sup>Department of Fruits, Vegetables and Mushrooms Technology, Faculty of Food Science and Biotechnology, University of Life Sciences in Lublin

<sup>2</sup>Department of Biotechnology, Human Nutrition and Food Commodity Science, Faculty of Food Science and Biotechnology, University of Life Sciences in Lublin

Submitted 21 July 2017, revised 2 October 2017, accepted 27 October 2017

### Abstract

Most of the lactic acid bacteria (LAB) are able to grow in milk mainly due to the activity of a complex and well-developed proteolytic system. Cell envelope-associated proteinases (CEPs) begin casein hydrolysis and allow for releasing the peptides, enclosed in the structure of native milk proteins that are essential for growth of *Lactobacillus helveticus*. The biodiversity of genes encoding CEPs among *L. helveticus* strains can have an effect on some technological parameters such as acid production, bacterial growth rate in milk as well as liberation of biologically active peptides. The study reveals significant differences in the presence of various variants of CEPs encoding genes among ten novel Polish strains and indicates the intraspecific diversity exhibited by *L. helveticus*. In terms of distribution of CEPs genes, four different genetic profiles were found among the microorganisms analyzed. Furthermore, the strains exhibited also various levels of proteolytic activity. Molecular analysis revealed that *prtH3* is the most abundant CEPs-encoding gene among the strains investigated. The results indicate also that ecological niche and environmental conditions might affect proteolytic properties of *L. helveticus* strains. The greatest variety in terms of quantity of the detected CEP encoding genes was noticed in *L. helveticus* 141, T105 and T104 strains. In these strains, the combination of three nucleotide gene sequences (*prtH1/prtH2/prtH3*) was identified. Interestingly, T104 and T105 exhibited the highest proteolytic activity and also the fastest dynamic of milk acidification among the tested strains of *L. helveticus*.

**Key words:** *Lactobacillus helveticus*, cell envelope proteinases (CEPs), proteolytic activity

### Introduction

*Lactobacillus helveticus* is recognized as the most nutritionally fastidious lactic acid bacteria (LAB) that are unable to synthesize some of the essential for its growth amino acids. A complex proteolytic system enables the bacteria to grow in milk mainly due to overcoming their amino acids auxotrophies and providing available source of nitrogen (Genay *et al.*, 2009). Generally, the proteolytic system consists of three components: cell-envelope proteinases (CEPs) that hydrolyze caseins into oligopeptides, transport system that transfer oligopeptides across the membrane inside the bacterial cell, and finally intracellular peptidases that generate free intracellular amino acids (Savijoki *et al.*, 2006; Sadat-Mekmene *et al.*, 2011b).

*L. helveticus* strains are used as starter cultures mainly due to their high tolerance to low pH, the rate of milk acidification and acid curd formation (Nielsen

*et al.*, 2009). Moreover, the bacteria strains may also hydrolyze hydrophobic peptides such as peptide  $\beta$ -CN (193–209) and therefore significantly reduce the bitter taste of cheese (Sadat-Mekmene *et al.*, 2011a; 2011b).

Cell wall-associated proteases play a crucial role in cheese maturation because contribute to release of hydrophobic peptides and create stretching properties of cheeses (Oommen *et al.*, 2002; Richoux *et al.*, 2009). In addition, the products obtained with proteolytic activities of *L. helveticus* exhibit a wide range of health-promoting effects mainly due to bioactive peptides (Griffiths and Tellez, 2013). However, a huge biodiversity in terms of CEPs has been noticed among different strains of *L. helveticus*. The individual strain might exhibit from 1 to 4 various types of cell wall-associated proteases (Sadat-Mekmene *et al.*, 2013). This is also related to different combinations of CEPs-encoding genes that probably affect enzymes activity and constitute an important aspect for applications the

\* Corresponding author: K.W. Skrzypczak, Department of Fruits, Vegetables and Mushrooms Technology, Faculty of Food Science and Biotechnology, University of Life Sciences in Lublin, Poland; e-mail: [katarzyna.skrzypczak@up.lublin.pl](mailto:katarzyna.skrzypczak@up.lublin.pl)

individual strains in dairy industry (Broadbent *et al.*, 2011; Sadat-Mekmene *et al.*, 2011b). Nonetheless, some aspects referring to the CEPs properties in *L. helveticus* strains are still not fully explained (Savijoki *et al.*, 2006; Sadat-Mekmene *et al.*, 2011b). Therefore, the objectives of this investigation were to evaluate the distribution of genes encoding cell-envelope proteinases and to determine the proteolytic activities of novel Polish strains of *L. helveticus*. Hence, the research results are of importance in the potential application of *L. helveticus* strains in local dairy industry.

## Experimental

### Materials and Methods

**Bacterial strains and growth conditions.** Ten strains of lactic acid bacteria (80, 141, T15, T80, T103, T104, T105, T159, T199, B734) were isolated from fermented Polish milk products and kindly provided by Prof. Łucja Łaniewska-Trokenheim (University of Warmia and Mazury in Olsztyn, Poland). The microorganisms have not yet been used industrially. The strains were previously identified by 16S rRNA sequence analysis in our laboratory.

*L. helveticus* K1 strain isolated from Canadian dairy product and obtained from the Division of Food Science Institute of Animal Reproduction and Food Research of The Polish Academy of Science (Olsztyn, Poland) was also included in the study. Moreover, *L. helveticus* DSMZ 20075 (DSMZ, Braunschweig, Germany) was used as a reference strain, while *Lactobacillus rhamnosus* E/N (BIOMED-LUBLIN WSiS S.A, Lublin, Poland) was a negative control.

All strains were maintained in 15% glycerol stock and stored at  $-80^{\circ}\text{C}$ . Prior to the experiments, each bacterial strain was transferred into fresh sterile medium cultured (2%v/v) in De Man, Rogosa and Sharpe broth (BTL, Łódź, Poland) supplemented with L-cysteine (0.5 g/l) and incubated ( $42^{\circ}\text{C}/16$  h) under anaerobic conditions (Waśko *et al.*, 2014).

### Extraction of DNA and the species-specific PCR.

Total cellular DNA was isolated from overnight strains cultures by Genomic Mini AX Bacteria Spin (A&A Biotechnology, Poland). The reaction of amplification of housekeeping genes of *L. helveticus* was performed with using specific primers according to Fortina *et al.* (2001). The multiplex PCR reaction was conducted using the LabCycler (SensoQuest, Göttingen, Germany). The obtained amplification products were electrophoresed in 1% agarose gel with addition of 0.25% Midori Green DNA Stain (Nippon Genetics Europe, Dueren, Germany). The electrophoresis was conducted in TBE buffer for 1.5 h at 60 V, visualized under UV light using GelDoc (Bio-Rad, USA) and further analyzed in Quantity One (Bio-Rad, USA).

**Detection the genes encoding CEPs.** The reactions of amplification of *prtH*, *prtH2*, *prtH3* and *prtH4* were performed according to Broadbent *et al.* (2011) with primers listed in Table I. Each reaction mixture (25  $\mu\text{l}$ ) contained 100 ng of DNA, 12.5  $\mu\text{l}$  DreamTaq Green PCR Master Mix (2X) (Life Technologies Sp. z o.o., Warsaw, Poland), 20 pmol of each primer and nuclease-free water. The PCR reaction steps included: 4 min denaturation at  $95^{\circ}\text{C}$  followed by 30 cycles consisting on three steps ( $95^{\circ}\text{C}$  for 30 s,  $58^{\circ}\text{C}$  for 30 s and  $72^{\circ}\text{C}$  for 30 s). The final extension was conducted 10 min at  $72^{\circ}\text{C}$ . The obtained PCR products were directly subjected to electrophoresis as it has been described above.

**DNA sequences analyses.** The selected PCR products obtained in the study were sequenced using the BigDye Terminator v3.1 Cycle Sequencing Kit (Applied Biosystems) with the capillary sequencing system, 3730 Genetic Analyzer (Applied Biosystems). The consensus sequences from the alignments were analyzed (using BLAST, ClustalW and ClustalOmega) and compared to other sequences available in GenBank database. The nucleotide sequences of cell envelope-associated proteinase genes found in this study were deposited in the GenBank database with the accession numbers: KT285174, KT285175, KT285176, KT285177, KT285180 and KT285181.

Table I  
Sequences of primers used in reaction of amplifications of the fragments of CEPs genes.

Gen	Primer	Sequence (5'→3')	Tm [°C]	Source
<i>prtH</i>	PrtH-for-1	GGTACTTCAATGGCTTCTCC	51.8	Genay <i>et al.</i> , 2009; Lozo <i>et al.</i> , 2011
	PrtH-rev-1	GATGCGCCATCAATCTTCTT	49.7	
<i>prtH2</i>	prtH2f	AAGCAAAGGATGTTGTTCCAAGTAAGCCA	58.7	Smeianov <i>et al.</i> , 2007
	prtH2r	CTCTCTTCCTTCTTACCAGTTGATGATGAACT	60.7	
<i>prtH3</i>	prtH3f	GATGATCAAGCAGATGTAACCCGGCAGAAAG	61.7	Broadbent <i>et al.</i> , 2011
	prtH3r	ATTTACTGAAGAATTAGTCAAATGACCTGTTGTCCG	61.0	
<i>prtH4</i>	prtH4f	CTGAAGCAGCAACTAATGATCCTGG	57.7	Broadbent <i>et al.</i> , 2011
	prtH4r	TGGATTAGGATCCGTTCTGGTTGTTCAG	59.7	

**Proteolytic activity assay.** In order to determine the proteolytic activity of the analyzed microorganisms, 10 ml of sterile MRS broth (BTL, Łódź, Poland) was inoculated by 1% (v/v) of overnight cultures of *L. helveticus* strains and incubated 18 h at 42°C under anaerobic conditions. Then, the bacterial cells were collected by centrifugation at 10 000 g for 10 min at 4°C (Eppendorf Centrifuge 5415R, Eppendorf Hamburg, Germany). The pellets were washed twice with phosphate buffer (0.1 M, pH 7.0) and using the same buffer resuspended to the original volume. The obtained bacterial suspensions were incorporated as 1% (v/v) inoculum into 10% (w/v) reconstituted and sterilized (115°C/15 min) skim milk (OSM Krasnystaw, Krasnystaw, Poland). All samples were mixed by vortexing and incubated (42°C/12 h) under anaerobic conditions. Uninoculated milk samples were used as a control. Proteolytic activities of milk-grown cultures were determined spectrophotometrically (Smartspec Plus, BioRad, Hercules, CA, USA) according to Savoy de Giori and Herbert (2001).

A statistical analysis was performed using a statistical program Statistica 13.1 (StatSoft, Tulsa, USA). The proteolytic activities exhibited by the strains analyzed were presented as mean value with standard deviations. The Tukey's HSD test was used to estimate the significant differences between mean values. The obtained results were compared on the basis of significance level set at  $p < 0.05$ .

**Acidifying activity.** The overnight cell cultures were harvested by centrifugation (8 000 × g/10 min/4°C), washed twice with sodium phosphate buffer (50 mM, pH 7.0) and resuspended in the same buffer to the original sample volume. The obtained bacterial cell suspensions ( $OD_{600} = 0.7$ ) were used to inoculate samples of 13% (w/v) regenerated skim milk (RSM) (OSM Krasnystaw, Poland), which had been pasteurized in water bath (80°C/30 min) and cooled down to room temperature before inoculation.

During the whole time of fermentation (36 h/42°C), the value of pH was measured (pH meter Hanna Instruments HI221) every 6 h. The measurements were done in triplicate (in sterile conditions). The dynamics of

milk acidification by individual *L. helveticus* strain has been expressed as a difference ( $\Delta$ pH) between measurements that were done in 6-hour intervals during all fermentation time. Strains, which were able to reduce the pH value of RSM more than one unit within the first six hours of incubation, were considered as fast acidifying.

## Results

The results of multiplex PCR indicated the presence of 500, 700, and 900 bp bands (Fig. 1). The presence of these three products was confirmed in all tested strains.

To determine the distribution of CEPs-encoding genes among the tested strains of *L. helveticus*, three reactions of amplification of the nucleotides sequences (*prtH*, *prtH2* and *prtH3*) were applied. The results indicated that presence of CEPs-encoding genes and their combination varied among the microorganisms tested. The results (Fig. 2A) demonstrated that sequence of *prtH* was presented in four *L. helveticus* strains (T104, T105, 141 and B734). Among the bacteria tested, the *prtH2* proved to be more common CEPs-encoding sequence than *prtH* (Fig. 2B), while *prtH3* was the most widespread gene and was detected in all strains (Fig. 2C). However, any product of amplification *prtH4* was obtained and thus, the presence of this gene has not been confirmed in any of the tested *L. helveticus* strains.

Depending on the variant of detected CEPs-encoding sequences, the analyzed strains were distinguished into four genetic profiles. The strains exhibiting presence of sequences *prtH*, *prtH2* and *prtH3* (T104, T105 and 141) were qualified to profile I (Table II). In profile II, the strains exhibiting the presence of *prtH/prtH3* genes combination were grouped, while in the strains comprising the profile III, the genes *prtH2* and *prtH3* were detected. Profile IV was represented by strains, in which only one product of amplification (*prtH3*) was observed. The greatest diversity in terms of the number of identified CEPs-encoding nucleotide sequences was shown for strains 141, T104 and T105.

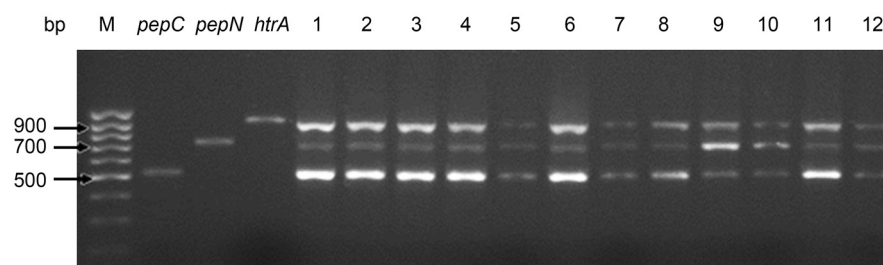


Fig. 1. Agarose gel electrophoresis of Multiplex PCR products obtained for *Lactobacillus helveticus* strains: 1 – 80; 2 – T104; 3 – T105; 4 – T159; 5 – 14; 6 – B734; 7 – T103; 8 – T15; 9 – T199; 10 – T80; 11 – K1; 12 – DSMZ 20075; M – DNA molecular marker 100 bp.

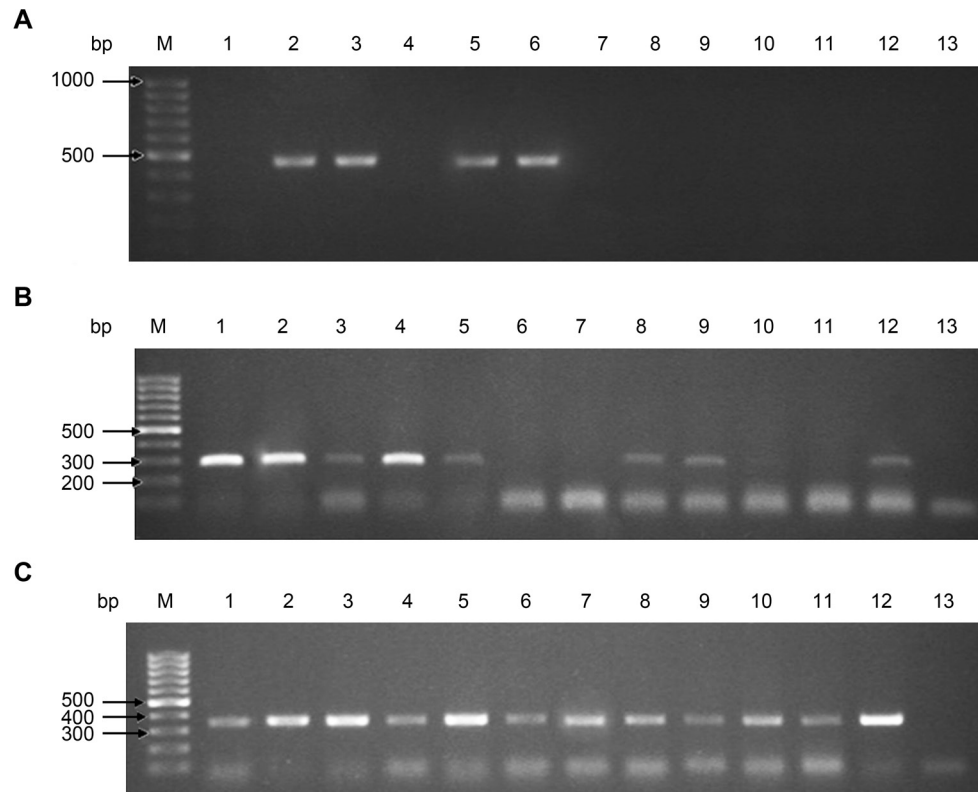


Fig. 2. Results of amplification genes encoding CEPs: *prtH* (A); *prtH2* (B); *prtH3* (C) in *Lactobacillus helveticus* strains: Line: 1 – 80; 2 – T104; 3 – T105; 4 – T159; 5 – 141; 6 – B734; 7 – T103; 8 – T15; 9 – T199; 10 – T80; 11 – K1; 12 – DSMZ 20075; line 13: *Lactobacillus rhamnosus* E/N; M – DNA molecular marker.

The choice of amplification products for bioinformatics analysis was based on the results of proteolytic activity assay and distribution of the CEPs genes among the tested strains. Therefore, to further nucleotide sequence analysis were subjected all amplified *prtH*

products and also amplicons of *prtH3*, which were detected in strains T80, T105, T104, 141 and B734.

A multiple sequence alignment (Fig. 3) of the nucleotide sequences of *prtH* exhibited slight differences between the strains tested and *L. helveticus* CRZN32

Table II  
The proteolytic activity of *L. helveticus* strains.

The bacterial strain	Proteolytic activity [mM of released $\alpha$ -aminoacids/l]	Profiles of amplification products of CEPs
<i>L. helveticus</i> T104	87.06 <sup>c</sup> $\pm$ 0.21	I ( <i>prtH/prtH2/prtH3</i> )
<i>L. helveticus</i> T105	114.72 <sup>a</sup> $\pm$ 0.64	
<i>L. helveticus</i> 141	57.67 <sup>d</sup> $\pm$ 0.54	
<i>L. helveticus</i> B734	58.78 <sup>d</sup> $\pm$ 0.52	
<i>L. helveticus</i> 80	37.78 <sup>b</sup> $\pm$ 0.68	III ( <i>prtH2/prtH3</i> )
<i>L. helveticus</i> T159	42.67 <sup>e</sup> $\pm$ 0.14	
<i>L. helveticus</i> T15	40.61 <sup>fg</sup> $\pm$ 0.48	
<i>L. helveticus</i> T199	40.61 <sup>fg</sup> $\pm$ 0.34	
<i>L. helveticus</i> DSMZ 20075	96.94 <sup>b</sup> $\pm$ 1.1	
<i>L. helveticus</i> T103	41.33 <sup>cd</sup> $\pm$ 0.36	IV ( <i>prtH3</i> )
<i>L. helveticus</i> T80	39.78 <sup>fg</sup> $\pm$ 0.28	
<i>L. helveticus</i> K1	40.11 <sup>fg</sup> $\pm$ 0.42	
<i>L. rhamnosus</i> E/N	39.11 <sup>gh</sup> $\pm$ 0.44	–

The means (data are expressed as the mean  $\pm$  standard deviations (SD), n = 3) in the same column, followed by different lower case letters, denote that they are significantly different ( $p < 0.05$ )

```

T104 -----GTACTTCAATGGCTTCTCCATTATTGGCCGGAAGTCAAGCTTTA 44
T105 -----GTACTTCAATGGCTTCTCCATTATTGGCCGGAAGTCAAGCTTTA 44
B734 -----GTACTTCAATGGCTTCTCCATTATTGGCCGGAAGTCAAGCTTTA 44
141 -----GTACTTCAATGGCTTCTCCATTATTGGCCGGAAGTCAAGCTTTA 44
CNRZ32 TATACTAACATGCTGTTACTTCAATGGCTTCTCCATTATTGGTGGIACCCAAGCACTT 1860
***** **:* ** *:* **

T104 GTTAAACAAGCAATGAGTGATAAGAAGGTACATTCTATAATCTCTATCAAAAAGATGAGT 104
T105 GTTAAACAAGCAATGAGTGATAAGAAGGTACATTCTATAATCTCTATCAAAAAGATGAGT 104
B734 GTTAAACAAGCAATGAGTGATAAGAAGGTACATTCTATAATCTCTATCAAAAAGATGAGT 104
141 GTTAAACAAGCAATGAGTGATAAGAAGGTACATTCTATAATCTCTATCAAAAAGATGAGT 104
CNRZ32 GTTAGTCAACAATGAACGACAAGAATGGTGCTTTCTACGCAACTTATCAAAAAGATGAGC 1920
***.:***.*** ** ** ** ** ** ** ** ** ** ** ** ** ** ** ** ** ** ** *:.*** **..:***** **..:*****

T104 GCTAGTGAAAAGACTGCTTTTGTAAAGAATATTGAAATGAATACAGCAAGTATTGAGCCT 164
T105 GCTAGTGAAAAGACTGCTTTTGTAAAGAATATTGAAATGAATACAGCAAGTATTGAGCCT 164
B734 GCTAGTGAAAAGACTGCTTTTGTAAAGAATATTGAAATGAATACAGCAAGTATTGAGCCT 164
141 GCTAGTGAAAAGACTGCTTTTGTAAAGAATATTGAAATGAATACAGCAAGTATTGAGCCT 164
CNRZ32 GCAGAAGAAAGACGCCATTTATAAGACTCTAGAAATGAATACTGCAAGTATTCAACCT 1980
**..:***.*** ** *:.***.*** **..:***** **..:***** *:.***

T104 GAIGTCAGTCATGAAAATGTAATTGTTTCACCTCGGCGCAAGGTGCTGGTTTTATTAAAT 224
T105 GAIGTCAGTCATGAAAATGTAATTGTTTCACCTCGGCGCAAGGTGCTGGTTTTATTAAAT 224
B734 GAIGTCAGTCATGAAAATGTAATTGTTTCACCTCGGCGCAAGGTGCTGGTTTTATTAAAT 224
141 GAIGTCAGTCATGAAAATGTAATTGTTTCACCTCGGCGCAAGGTGCTGGTTTTATTAAAT 224
CNRZ32 GATATTAGCCATGATAATGTCATCGTTTCACCGTAGACAAGGTGCTGGATTATTAAAC 2040
*** * ** * ** * ** * ** * ** * ** * ** * ** * ** * ** * ** * ** * ** * ** *

T104 GCTCAAGCAGCTATTAACGCAATAGCTAAGAATCCTTCAACAGTTG-CTGCTGGTAATAA 283
T105 GCTCAAGCAGCTATTAACGCAATAGCTAAGAATCCTTCAACAGTTG-CTGCTGGTAATAA 283
B734 GCTCAAGCAGCTATTAACGCAATAGCTAAGAATCCTTCAACAGTTG-CTGCTGGTAATAA 283
141 GCTCAAGCAGCTATTAACGCAATAGCTAAGAATCCTTCAACAGTTG-CTGCTGGTAATAA 283
CNRZ32 GCTAAGCAGCTATTAACGCAATAGCTAAGAATCCTTCAACAGTTG-CAATGG 2099
***.***.*** ** *:.***.*** **..:***** **..:***** **..:*****

T104 TTATCCAGCCGTGAAATAAAAGATTTCAAAGAAAATACTAAGACGTTTACCGTTAAAT 343
T105 TTATCCAGCCGTGAAATAAAAGATTTCAAAGAAAATACTAAGACGTTTACCGTTAAAT 343
B734 TTATCCAGCCGTGAAATAAAAGATTTCAAAGAAAATACTAAGACGTTTACCGTTAAAT 343
141 TTATCCAGCCGTGAAATAAAAGATTTCAAAGAAAATACTAAGACGTTTACCGTTAAAT 343
CNRZ32 CTATCCTGGGTAGAACTCAAAAGTTTTAAAGATAGAAGCTTTAATTTCAAGTTAAAT 2159
*****:* **:* ** *:.***.*** **..:***** **..:***** **..:*****

T104 CACTAACCAGCACTAATAAGCCACTTACTTATAAGCTAGCTAATAATGGTAAAGATTCCGA 403
T105 CACTAACCAGCACTAATAAGCCACTTACTTATAAGCTAGCTAATAATGGTAAAGATTCCGA 403
B734 CACTAACCAGCACTAATAAGCCACTTACTTATAAGCTAGCTAATAATGGTAAAGATTCCGA 403
141 CACTAACCAGCACTAATAAGCCACTTACTTATAAGCTAGCTAATAATGGTAAAGATTCCGA 403
CNRZ32 TACTAACCAGTACCAACAAGGCCCTTAACTTATAAATTAGCAAACATGGTAAAAATTTCTGA 2219
*****:* ** * ** * * * * * * * * * * * * * * * * * * * * * * * * * * * *

T104 CGTTTACACTTCTGCTACTGATAAAAATGCAGTCTTATACGATAAGAAGATTGATGGCGC 463
T105 CGTTTACACTTCTGCTACTGATAAAAATGCAGTCTTATACGATAAGAAGATTGATGGCGC 463
B734 CGTTTACACTTCTGCTACTGATAAAAATGCAGTCTTATACGATAAGAAGATTGATGGCGC 463
141 CGTTTACACTTCTGCTACTGATAAAAATGCAGTCTTATACGATAAGAAGATTGATGGCGC 463
CNRZ32 CGTTTACACTTCTGCTACTGATAGTTCTGCAGTTTTATATGATAAGAAGATTGATGGCGC 2279
*****:*** **..:***** **..:***** **..:*****

T104 AT----- 465
T105 AT----- 465
B734 AT----- 465
141 AT----- 465
CNRZ32 ATCAGTTAAGGCTAGTGGTGACATTTTGTCCGGCAAATTTCTACTAAGAAGTAACTTT 2339
**

```

Fig. 3. Sequence alignment for *prtH* of chosen strains and *Lactobacillus helveticus* CRZN32 (no. AF133727). Stars indicate residues that are similar in all sequences.

(accession no. AF133727). Whereas, the analysis of phylogenetic tree (Fig. 4) demonstrated that the analyzed *prtH3* gene sequences of T105 and T80 exhibited a higher similarity to the reference gene (accession no. HQ602769) than strains T104, 141 and B734.

The proteolytic activity was variable among the strains tested (Table II), while the strongest activity was exhibited by *L. helveticus* T105, a comparable value was recorded for the reference strain (DSMZ 20075). The

lowest value of the measured parameter was noted for *L. helveticus* 80. Acidification of reconstructed skim milk (RSM) seems to be strain-dependent (Table III).

Most of the analyzed strains exhibited the strongest acidification activity during first 6 h of incubation. Moreover, *L. helveticus* T104 and T105 were able to reduce pH of RSM within the first 6 h of fermentation to more than one unit. Therefore, T104 and T105 were considered as the fast acidifying strains.

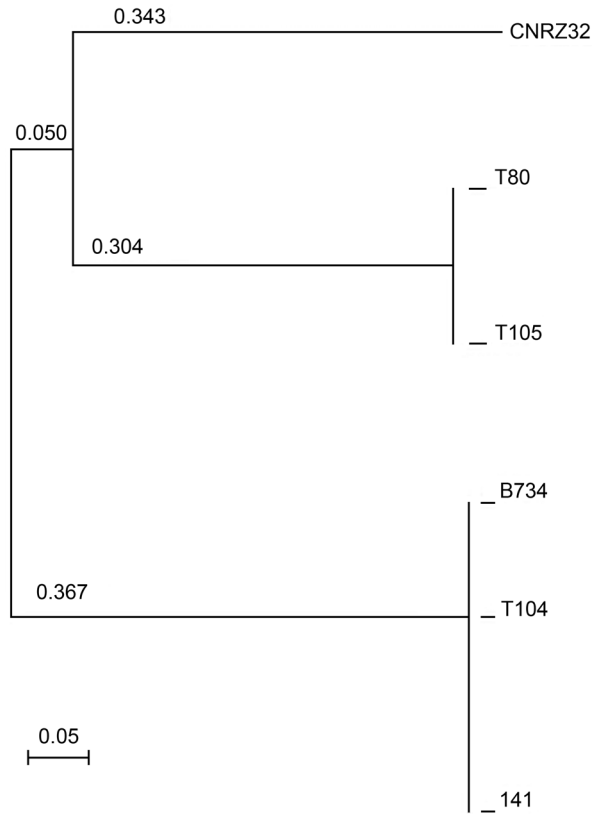


Fig. 4. Phylogenetic tree of *prtH3* gene sequences of analyzed Polish *L. helveticus* strains and *L. helveticus* CNRZ32 (no. HQ602769.1).

### Discussion

*L. helveticus* is an essential component of starter cultures in manufacture of ripened cheeses, especially Italian and Swiss-type. These microorganisms contribute to biochemical changes that influence the texture

formation, development of sensory and organoleptic properties of final products (Soeryapranata *et al.*, 2007; Widyastuti *et al.*, 2014). However, a wide variability occurs among *L. helveticus* strains and also difficulties in distinguishing *L. helveticus* and closely related species e.g. *L. acidophilus* and *L. delbrueckii* (Rong *et al.*, 2015).

The multiplex PCR based on the amplification of the genes of stable and essential proteins for *L. helveticus* metabolism (housekeeping genes) is used for identification or confirmation of taxonomic affiliation. This method is used for rapid and unambiguous identification of *L. helveticus* strains (Fortina *et al.*, 2011; Rong *et al.*, 2015). In this study, the identified multiplex PCR products corresponded to the results obtained by Fortina *et al.* (2011), who described these products as the genes encoding: a trypsin-like serine protease (*htrA*), and aminopeptidases C (*pepC*) and N (*pepN*). Similar amplification products were identified in probiotic strain *L. helveticus* NS8, which was isolated from a traditional Mongolian fermented milk beverage (kumys) (Rong *et al.*, 2015).

It was revealed that *L. helveticus* exhibits intraspecific diversity and even biotypes isolated from the same niche are greatly various and many traits of the bacteria are strain-dependent (Griffiths and Tellez, 2013; Gatti *et al.*, 2014). Similar observations were noted in our study. The analyzed strains exhibited various proteolytic activity levels as well as diverse dynamic of milk acidification. These properties are one of the most important criteria determining the possibility of commercial applications of LAB in dairy industry (Ravyts *et al.*, 2012).

Many species belonging to the lactic acid bacteria possess only one type of cell envelope proteinases; therefore, *L. helveticus* exhibiting from one to four

Table III  
Dynamics of decrease of skim milk pH value during fermentation conducted by *L. helveticus* strains.

<i>L. helveticus</i> strain	$\Delta\text{pH}^*$					
	6 h	12 h	18 h	24 h	30 h	36 h
T104	1.31 ± 0.01	1.35 ± 0.01	0.48 ± 0.01	0.03 ± 0.01	0.08 ± 0.01	0
T105	1.79 ± 0.01	1.23 ± 0.02	0.24 ± 0.02	0.05 ± 0.01	0.01 ± 0.01	0.01 ± 0.01
141	0.8 ± 0.01	0.62 ± 0.01	0.76 ± 0.01	0.07 ± 0.02	0.22 ± 0.01	0.13 ± 0.01
B734	0.86 ± 0.02	0.24 ± 0.01	0.75 ± 0.01	0.06 ± 0.01	0.5 ± 0.02	0
80	0.8 ± 0.01	0.21 ± 0.01	0.78 ± 0.01	0.09 ± 0.01	0.49 ± 0.01	0.17 ± 0.01
T159	0.90 ± 0.01	0.15 ± 0.03	0.65 ± 0.02	0.22 ± 0.02	0.53 ± 0.01	0.23 ± 0.01
T15	0.74 ± 0.01	0.16 ± 0.02	1.05 ± 0.01	0.09 ± 0.01	0.51 ± 0.01	0
T199	0.85 ± 0.01	0.23 ± 0.02	0.82 ± 0.01	0.04 ± 0.01	0.49 ± 0.01	0.28 ± 0.01
DSMZ 20075	0.89 ± 0.02	0.66 ± 0.03	0.31 ± 0.01	0.66 ± 0.01	0.22 ± 0.01	0
T103	0.76 ± 0.01	0.33 ± 0.02	1.06 ± 0.02	0.20 ± 0.01	0.25 ± 0.01	0
T80	0.93 ± 0.01	0.89 ± 0.01	0.18 ± 0.01	0.54 ± 0.01	0.07 ± 0.01	0.21 ± 0.01
K1	0.82 ± 0.03	0.24 ± 0.02	0.76 ± 0.01	0.14 ± 0.01	0.56 ± 0.03	0.26 ± 0.01

\* Data are expressed as the mean ± standard deviations (SD) (n = 3) of differences in pH values between measurements that were made after every 6 h of fermentation. The initial pH ranged from 6.59 to 6.62

CEPs appears to be a unique microorganism among all LAB (Genay *et al.*, 2009; Broadbent *et al.*, 2011; Sadat-Mekmene *et al.*, 2013; Nejati *et al.*, 2016).

Due to a varied number of CEPs-encoding genes that were detected in the study, the *L. helveticus* strains were divided into four genetic profiles. Interestingly, T104 and T105 showed the highest proteolytic activity among the tested strains and the most diverse distribution of genes encoding CEPs. Beyond that, both strains exhibited also the fastest dynamics of decrease of milk pH value during fermentation process. However, the results obtained by Sadat-Mekmene *et al.* (2011a) indicated that the ability to acidify milk is a strain-dependent characteristic of *L. helveticus*, but no correlation has been confirmed between the rate of lowering the pH of milk and the number of different CEPs present in the strains. Nevertheless, the issue concerning the correlation between proteolytic activity level, the number of different CEPs and the genes encoding these enzymes still seems to be essential subject of considerations.

It has been demonstrated that *L. helveticus* CM4 characterized by a very high proteolytic activity exhibits the presence of three different CEPs-encoding genes (Wakai and Yamamoto, 2012). Similar findings have been also recorded for strains T104 and T105 in this study.

It was suggested that variations of cell envelope proteinase might demonstrate some differences in terms of affinity and specificity to particular casein fractions (Kunji *et al.*, 1996). In analysis of *L. helveticus* BGRA43 (Lozo *et al.*, 2011) the presence of only one CEP-encoding gene (*prtH*) was confirmed. Despite of this, the strain showed a high efficiency of the proteolytic system and was able to conduct a complete hydrolysis of  $\alpha_1$ -,  $\beta$ - and  $\kappa$ -casein. While, other investigation of *L. helveticus* strains derived from different niches indicated that these strains were able to perform fast  $\beta$ -casein hydrolysis, regardless of whether they possessed one (*PrtH2*) or both variants of enzymes (*PrtH* and *PrtH2*) (Sadat-Mekmene *et al.*, 2011a). Whereas,  $\alpha_{s1}$ -casein was much slower hydrolyzed by strains with only one CEP. It might be concluded that affinity and specificity to different casein fractions exhibited by CEPs of *L. helveticus* affect the composition and functional properties of the hydrolyzates received (Oberg *et al.*, 2002). Therefore, the analysis of distribution the CEP-encoding genes in *L. helveticus* strains, as a one of the selection traits for determination of the starter culture composition, seems to be justified.

The genes responsible for metabolism of peptidases and amino acids are highly conserved through the species, whereas sequences encoding CEPs are widely diverse (Broadbent *et al.* 2011).

Genay *et al.* (2009) have confirmed that the distribution of *prtH* and *prtH2* is strain-dependent. In

the study, *prtH2* was detected in all of the 29 tested strains, whereas *prtH* was identified in 18 of them. Also in study presented by Nejati *et al.* (2016) *prtH2* was identified in all of eight investigated *L. helveticus* strains, while presence of *prtH* has been confirmed in the four of them. In contrast, studies conducted by Miyamoto *et al.* (2015) in order to determine the distribution of CEPs genes in *L. helveticus* strains isolated from Airag (traditional Mongolian fermented milk product), showed that amplification products of *prtH* were present in six of seven strains tested, while *prtH2* was identified only in two of them.

The results obtained for Polish strains of *L. helveticus* revealed that *prtH2* occurred more frequently than *prtH*, which was detected only in four of twelve strains tested. Interestingly, *prtH* was identified in strains that exhibited presence of at least one another sequence encoding CEPs. Similar findings were reported by Broadbent *et al.* (2011), who noticed that *prtH* often occurred in combination with other gene encoding CEPs.

Analyzing results of all performed PCR reactions, it was noticed that not *prtH2*, but *prtH3* was the most widespread gene among the strains analyzed. For some strains *prtH3* was the only identified sequence of the CEP gene. These findings are in accordance with Broadbent *et al.* (2011), who also revealed intraspecific diversity of genes encoding CEPs and confirmed common occurrence of *prtH3* among *L. helveticus* strains. Analysis of 51 strains of *L. helveticus* showed that 12% of them have four genes CEP paralogs, while 8% of tested strains exhibited presence of three paralogous, and in 42% of tested bacteria two sequences encoding CEPs had been identified.

In Polish strains of *L. helveticus* analyzed, a various combinations of genes encoding CEPs (i.e. *prtH2/prtH3*, *prtH/prtH2/prtH3/prtH4* or *prtH3/prtH4*) have been identified, that might indicate the different levels of the enzymes activities occurring in individual strains (Broadbent *et al.*, 2011). The study revealed also that profile III (which included the genetic variant *prtH2/prtH3*) was represented by the largest group (42%) of all tested *L. helveticus* strains.

The presence of *prtH4* has not been confirmed in any of Polish strains. Lack of this gene sequence in *L. helveticus* strains was also reported by Miyamoto *et al.* (2015). However, some study indicated that in some *L. helveticus* strains *prtH4* might be the only CEP gene, as in strain LHC2 derived from the USA (Jensen *et al.*, 2009).

The analysis of *L. helveticus* strains originating from Mongolia, North America and Europe confirmed a large variation with respect to cell envelope proteinase genes (Miyamoto *et al.*, 2015). This might indicate that ecological niche and environmental conditions affect

proteolytic properties of *L. helveticus* strains. Moreover, diversity of the CEPs distribution among strains might be explained by the fact that the enzymes exhibit different characteristics within different casein cleavage sites (Jensen *et al.*, 2009; Sadat-Mekmene *et al.*, 2011a). The complementary properties of different CEPs and ability of bacteria to acquire and maintain an additional CEP-encoding sequence improve adaptation to the changing environmental conditions (Genay *et al.*, 2009). Furthermore, some results indicate also that differences in protease activity and amino acids metabolism of *L. helveticus* are likely to be caused by nonsense mutations that enhance the polymorphisms among the bacteria and influence the genes expression level, activity and specificity of individual enzymes involved in proteolytic reactions (Broadbent *et al.*, 2011). Therefore, the occurrence of several cell envelope proteinases in *L. helveticus* might determine the usefulness of the strains.

### Conclusion

High diversity of cell-envelope associated proteinases among *L. helveticus* strains is important in formation of various compounds during proteolysis. Therefore, the results of investigations are important with regard to the possibility of forming new starters cultures for dairy industry in order to obtain the products of desired properties. The results of this study revealed significant differences in distribution of CEPs-encoding genes among *L. helveticus* strains, what seems to be a strain-dependent property. The bacterial strains demonstrated four different genetic profiles in terms of the combination variants of CEPs genes. The largest group of *L. helveticus* strains represented the combination of prtH2/prtH3 genes. While the sequence of prtH3 was the most abundant fragment of the CEP gene.

The obtained results encourage further analysis of Polish strains of *L. helveticus*. It may contribute to clarification and better understanding the relationship between genetic characteristics of CEPs-like affinity and specificity of strains to individual casein fractions.

### Acknowledgements

This study was financially supported by Grant 2014/15/N/NZ9/04042 from the National Science Centre.

### Literature

Broadbent J.R., H. Cai, R.L. Larsen, J.E. Hughes, D.L. Welker, V.G. de Carvalho, T.A. Tompkins, Y. Ardö, F. Vogensen, A. De Lorentiis and others. 2011. Genetic diversity in proteolytic

enzymes and amino acid metabolism among *Lactobacillus helveticus* strains. *J. Dairy Sci.* 94: 4313–4328.

Fortina M.G., G. Ricci, D. Mora, C. Parini and P.L. Manachini. 2001. Specific identification of *Lactobacillus helveticus* by PCR with pepC, pepN and htrA targeted primers. *FEMS Microbiol. Lett.* 198: 85–89.

Gatti M., B. Bottari, C. Lazzi, E. Neviani and G. Mucchetti. 2014. Microbial evolution in raw-milk, long-ripened cheeses produced using undefined natural whey starters. *J. Dairy Sci.* 97: 573–591.

Genay M., L. Sadat, V. Gagnaire and S. Lortal. 2009. prtH2, not prtH, is the ubiquitous cell wall proteinase gene in *Lactobacillus helveticus*. *FEMS Microbiol. Lett.* 75: 3238–3249.

Griffiths M.W. and A.M. Tellez. 2013. *Lactobacillus helveticus*: the proteolytic system, *Front. Microbiol.* 4:1–9.

Jensen M.P., F. Vogensen and Y. Ardo. 2009. Variation in caseinolytic properties of six cheese related *Lactobacillus helveticus* strains. *Int. Dairy J.* 19: 661–668.

Kunji E.R.S., I. Mierau, A. Hagting, B. Poolman and W.N. Konings. 1996. The proteolytic systems of lactic acid bacteria. *Antonie van Leeuwenhoek* 70: 187–221.

Lozo J., I. Strahinic, M. Dalgalarondo, J.M. Chobert, T. Haertle and L. Topisirovic. 2011. Comparative analysis of  $\beta$ -casein proteolysis by PrtP proteinase from *L. paracasei* subsp. *paracasei* BGHN14, PrtR proteinase from *Lactobacillus rhamnosus* BGT10 and PrtH proteinase from *Lactobacillus helveticus* BGRA43. *Int. Dairy J.* 21: 863–868.

Miyamoto M., H.M. Ueno, M. Watanabe, Y. Tatsuma, Y. Seto, T. Miyamoto and H. Nakajima. 2015. Distinctive proteolytic activity of cell envelope proteinase of *Lactobacillus helveticus* isolated from airag, a traditional Mongolian fermented mare's milk. *Int. J. Food Microbiol.* 197: 65–71.

Nejati F., M. Babaei and A. Taghi-Zadeh. 2016. Characterisation of *Lactobacillus helveticus* strains isolated from home-made dairy products in Iran, *International J. Dairy Technol.* 69: 89–95.

Nielsen M.S., T. Martinussen, B. Flambard, K.I. Sorensen and J. Otte. 2009. Peptide profiles and angiotensin-1-converting enzyme inhibitory activity of fermented milk products: effect of bacterial strain, fermentation pH, and storage time. *Int. Dairy J.* 19: 155–165.

Oberg C.J., J.R. Broadbent, M. Strickland and D.J. McMahon. 2002. Diversity in specificity of the extracellular proteinases in *Lactobacillus helveticus* and *Lactobacillus delbrueckii* subsp. *bulgaricus*. *Let. Appl. Microbiol.* 34: 455–460.

Oommen B.S., D.J. McMahon, C.J. Oberg, J.R. Broadbent and M. Strickland. 2002. Proteolytic specificity of *Lactobacillus delbrueckii* subsp. *bulgaricus* influences functional properties of mozzarella cheese. *J. Dairy Sci.* 85: 2750–2758.

Ravyts F., L. De Vuyst and F. Leroy. 2012. Bacterial diversity and functionalities in food fermentations. *Eng. Life Sci.* 12: 356–367.

Richoux R., L. Aubert, G. Roset and J.R. Kerjean. 2009. Impact of the proteolysis due to lactobacilli on the stretchability of Swiss-type cheese. *Int. J. Dairy Technol.* 89: 31–41.

Rong J., H. Zheng, M.Liu, X. Hu, T. Wang, X. Zhang, F. Jin and L. Wang. 2015. Probiotic and anti-inflammatory attributes of an isolate *Lactobacillus helveticus* NS8 from Mongolian fermented koumiss. *BMC Microbiology* 196: 1–11.

Sadat-Mekmene L., J. Jardin, C. Corre, D. Mollé, R. Richoux, M.M. Delage, S. Lortal and V. Gagnaire. 2011a. Simultaneous presence of PrtH and PrtH2 proteinases in *Lactobacillus helveticus* strains improves breakdown of the pure  $\alpha_{s1}$ -Casein. *Appl. Environ. Microbiol.* 77: 179–186.

Sadat-Mekmene L., M. Genay, D. Atlan, S. Lortal and V. Gagnaire. 2011b. Original features of cell-envelope proteinases of *Lactobacillus helveticus*. A review. *Int. J. Food Microbiol.* 146: 1–13.

Sadat-Mekmene L., R. Richoux, L. Aubert-Frogerais, M.N. Madec, C. Corre, M. Piot, J. Jardin, S. le Feunteun, Lortal and V. Gag-



- naire. 2013. *Lactobacillus helveticus* as a tool to change proteolysis and functionality in Swiss-type cheeses. *J. Dairy Sci.* 96: 1455–1470.
- Savijoki K., H. Ingmer and P. Varmanen. 2006. Proteolytic systems of lactic acid bacteria. *Appl. Microbiol. Biotechnol.* 71: 394–406.
- Savoy de Giori G. and E. M. Hébert. 2001. Methods to Determine Proteolytic Activity of Lactic Acid Bacteria, pp. 197–202. In: Spencer J.F.T. and A.L. Ragout de Spencer (eds.). *Methods in Biotechnology, Food Microbiology Protocols*. Humana Press Inc. Totowa, New Jersey.
- Smeianov V.V., V.P. Wechter, J.R. Broadbent, J.E. Hughes, B.T. Rodriguez, T.K. Christensen, Y. Ardo and J.L. Steele. 2007. Comparative high-density microarray analysis of gene expression during growth of *Lactobacillus helveticus* in milk versus rich culture medium. *Appl. Environ. Microbiol.* 73: 2661–2672.
- Soeryapranata E., J.R. Powers and G. Ünlü. 2007. Cloning and Characterization of Debittering Peptidases, PepE, PepO, PepO2, PepO3 and PepN, of *Lactobacillus helveticus* WSU 19. *Int. Dairy J.* 17: 1096–1106.
- Wakai, T. and N. Yamamoto. 2012. Antihypertensive peptides specific to *Lactobacillus helveticus* fermented milk. pp. 159–172. In: Sammour R. H. (ed.) *Biotechnology – Molecular Studies and Novel Applications for Improved Quality of Human Life*. In Tech Europe, Rijeka, Croatia.
- Waśko, D. Szwajgier and M. Polak-Berecka. 2014. The role of ferulic acid esterase in the growth of *Lactobacillus helveticus* in the presence of phenolic acids and their derivatives. *Euro. Food Res. Technol.* 238: 299–236.
- Widyastuti Y., Rohmatussolihat and A. Febrisiantosa. 2014. The role of lactic acid bacteria in milk fermentation. *FNS* 5: 435–442.



This article is published in Open Access model and licensed under a Creative Commons CC BY-NC-ND 4.0, licence available at: <https://creativecommons.org/licenses/by-nc-nd/4.0/>

