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**Title:** Organizing End of Life in Hospital Palliative Care: A Canadian Example

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# 1           **Organizing End of Life in Hospital Palliative Care: A Canadian Example**

## 2   **Abstract:**

3           Hospitals remain the most common location of death in a significant number of countries, and  
4   specialist palliative care is positioned as a crucial resource for improving hospital care for those  
5   nearing end of life. Little is known, however, about a substantive aspect of this work: how hospital  
6   palliative clinicians anticipate and organize a patient's dying trajectory. In this paper I draw from a  
7   larger original ethnographic research study of palliative specialists in two Canadian hospitals.

8   Abductive analysis resulted in framing their work as affective labour, both reflecting and re-creating a  
9   larger affective economy shaping the affective states of everyone involved in the provision and uptake  
10   of care. I articulate six analytically ideal outcomes of clinicians' affective labour that organize end of  
11   life, including: 1) proactive co-authorship of disease trajectory; 2) mutual acknowledgement of a  
12   dying trajectory; 3) naturalizing direction and outcome of care, 4) ensuring a minimum of social  
13   disruption, 5) identification as compassionate and efficient care providers, and 6) increased specialist  
14   knowledge and interventions. In so doing, clinicians' practices become understandable as labour to  
15   meet a diversity of – at times conflicting – individual, societal, and organizational mandates that  
16   necessarily include, but extend well beyond, the patient and her immediate social network. This is the  
17   first study to consider hospital palliative care as an affective economy, and presents a theoretically  
18   innovative and empirically grounded model to advance new ways of conceptualizing hospital  
19   palliative care. I conclude by considering how this model, and the unique insights it affords, can  
20   inform the future development of end of life care in hospital settings.

21   Key words: Canada; palliative care; hospitals; ethnography; dying; end of life; affective economy;  
22   affective labour

## 23   **Introduction**

24           Public discussions about end of life care often start from the premise that people do not want  
25   to spend their last days of life or die in an acute hospital setting. Yet even as rates of hospital dying  
26   decline in some countries, it remains the most common location of death in a significant number of

27 countries globally (Broad et al., 2013), unavoidable in many instances (Gott and Robinson, 2018), and  
28 for some a preferred place of care, particularly as death nears (Gerrard et al., 2011; Robinson et al.,  
29 2016). The overall importance of hospitals at the end of life is further evidenced by national cohort  
30 studies that document 15-30 percent of hospital patients as being in the last year of life (Clark et al.,  
31 2014; Gott et al., 2017), with an increase of admissions and progressively greater care needs for those  
32 in the last months of life (Rosenwax et al., 2011; Bekelman et al., 2016). National-level policy  
33 documents reflect this discordance, continuing to problematize hospitals as a suitable place for end of  
34 life care while simultaneously acknowledging that care for dying people will remain a core remit for  
35 the “foreseeable future” (Robinson et al., 2016). Regardless of perspectives that frame hospitals as  
36 good or bad *places* for end of life, there is a common agreement about the urgent need to deliver  
37 appropriate end of life *care* in these settings.

38 The World Health Organization describes palliative care as:

39 “...an approach that improves the quality of life of patients and their families facing the  
40 problem associated with life-threatening illness, through the prevention and relief of  
41 suffering by means of early identification and impeccable assessment and treatment of  
42 pain and other problems, physical, psychosocial, and spiritual” (2019).

43 Specialist palliative care and a more generalized palliative approach are championed as ‘best  
44 practice’ for patients facing a greater risk of near-term dying than the general hospital population  
45 (Dalgaard et al., 2014; Gott et al., 2013). Generalist palliative care, which employs the basic precepts  
46 of palliative care (e.g. non-specialist management of pain, symptoms, and psychosocial distress, as  
47 well as discussion of prognosis and goals of treatment), is ideally provided by all hospital clinicians  
48 working with critically ill patients. However, numerous barriers and challenges in providing generalist  
49 hospital palliative care have repeatedly been identified (Dalgaard et al., 2014; Gott et al., 2012).  
50 Specialist palliative care is provided by clinicians who have undergone training in palliative care, and  
51 is predominantly focused on supporting critically ill and symptomatically complex patients who are  
52 likely nearing end of life. Models of specialist hospital palliative care vary within and between  
53 regions and countries. Specialists may function as consultants, either individually or within

54 interdisciplinary consult teams, acting primarily in an advisory capacity to supplement a patient's  
55 care. Other settings have high-volume specialist units or dedicated beds, where palliative clinicians  
56 and/or specialist teams assume responsibility for patient care. Depending on resources, hospitals may  
57 combine both models. Specialists by necessity work with those defined by exceptionally high rates of  
58 near-term and in-hospital mortality, and if unavoidable, their role includes anticipating and planning a  
59 hospitalized death.

### 60 *Hospital palliative care in Canada*

61           Approximately 60% of Canadians die in hospital; similar to other Western nations leading  
62 causes of death include cancer, heart, cerebrovascular and respiratory disease (Statistics Canada,  
63 2018). A recent national study found that of the patients who died in acute care hospitals, 44 percent  
64 were designated as palliative at some point of their admission, and 25 percent overall received  
65 primarily palliative care (CIHI, 2018). Although these numbers vary considerably depending on  
66 location, collectively they indicate the awareness and significance of palliative services in Canadian  
67 hospitals.

68           The evolution of specialist hospital palliative care in Canada evidences the changes in  
69 palliative care generally within Western contexts, and comes with attendant benefits and challenges.  
70 First, similar to many other countries, Canadian palliative care has significantly extended its original  
71 focus on end-stage cancer patients (Government of Canada, 2018). In spite of symptom burden  
72 similarities, however, many conditions do not have the same trajectories of decline, particularly  
73 during acute exacerbations which bring patients to the hospital. Second, scope of practice has  
74 expanded to those still seeking curative and aggressive life-extending treatments (CHPCA, 2013).  
75 Reflecting the ongoing advance of treatment protocols in acute care settings, hospital palliative  
76 clinicians increasingly employ complex interventions as late-stage symptom management techniques  
77 to improve quality of life, even amongst the very old. These treatments can provide significant  
78 benefit; they can also increase symptom burden, prognostic uncertainty and/or the need for further  
79 interventions. Third, given the success of chronic disease management and the rise of multi-  
80 morbidity, patients may now be living with their symptoms for years, have survived previous 'near-

81 death' hospitalizations, and/or not been told in clear language that their condition is considered  
82 terminal or that they are sick enough to die (Krawczyk and Gallagher, 2016). Others may believe that  
83 a cure is "just around the corner", that death is an enemy to be "fought at all costs", and/or assert the  
84 "right" to pursue curative, experimental, or investigative treatment, regardless of prognosis or medical  
85 futility. Patients and families may disagree about care goals. Canadian clinicians have also recently  
86 begun to grapple with patients' now-legal requests for medical assistance in dying, and they continue  
87 to debate the ethics and practicalities of referrals and/or administering the procedure (Gallagher,  
88 2018). Fourth, location of care engenders numerous tensions. Canadian hospitals are publically  
89 characterized by their curative and life-sustaining aims, and entry as a patient into these institutions  
90 assumes extraordinary 'life-saving' measures will be employed to defeat death. Finally, similar to  
91 elsewhere, Canadian hospital palliative clinicians need to demonstrate their relevance and alignment  
92 with this acute care ethos, while also being aware of financial considerations to reduce length of stay  
93 and resource use (CSPCP, 2016; May et al., 2015).

94         One way to conceptualize these diverse considerations is to structure hospital palliative care  
95 within a micro-meso-macro analytical framework. On the micro-level, the priority of hospital  
96 palliative care is to improve patients' and families' quality of life and eventual death through expert  
97 physical symptom management within individualized therapeutic relations of person-centred care. On  
98 the meso-level, the priority of hospital palliative care is to improve quality of care through developing  
99 and delivering interventions which form clinicians' day-to-day work and practice settings. On the  
100 macro-level, the priority of hospital palliative care is to standardize, extend, and make cost-efficient  
101 institutional care for those with advanced life-limiting illness. Ideally, clinicians are able to negotiate  
102 care outcomes that meet all of these system priorities and needs of heterogeneous stakeholders, yet as  
103 evidenced in the previous section, they may also face systemic complexities, challenges, and even  
104 contradictions in their attempts to do so. The purpose of this paper is to identify how hospital  
105 palliative clinicians anticipate and organize a patient's dying trajectory within this multitude of  
106 considerations.

107

109 I draw on a diversity of theoretical sources to understand clinicians' work of anticipating and  
110 planning a patient's dying trajectory. First, I build on Strauss et al.'s (1982) definition of "trajectory  
111 work" to characterize all the work done by palliative clinicians over the course of a patient's  
112 hospitalization as well as the impact on those involved with that work and its organization. Second, I  
113 am also indebted to Hochschild's (1983) concept of "emotional labour" where management of  
114 emotional displays in self or others promotes 'positive' individual and group emotions that align with  
115 organizational imperatives. The concept of emotional labour has been applied a range of end of life  
116 care concerns, including nurses' and patients' co-construction of "symbiotic niceness" in palliative  
117 care (Li, 2004), to compare similarities between family and hospice care models (e.g. James, 1992),  
118 and the importance and emotional costs of end of life hospital care (Ryan and Seymour, 2013;  
119 Skilbeck and Payne, 2003; Stayt, 2009). However, there is a lack of consistent definition across this  
120 literature, and focusing on emotions can obscure the entanglement between the physical and cognitive  
121 aspects of feeling states. I therefore prefer the term "affective labour" (Hardt, 1999) to define the  
122 immaterial yet formative work of producing and modifying experience in oneself or another in service  
123 of achieving a desired state of being. Third, my framework also draws on political and economic  
124 considerations of affect, particularly from those who have examined the ways in which affective  
125 labour both reflects and creates "economies of affect" (Ahmed, 2004; Richard and Rudnyckyj, 2009)  
126 and/or "emotive institutions" (Buchbinder and Timmermans, 2014). These authors have provided  
127 compelling insights into the ways in which the experiences we claim as personal are generated within  
128 specific relations, contexts, and systems - economies of production.

129 Collectively, this theoretical underpinning enables me to structure an affective economy of  
130 hospital palliative care as a discursive system for producing and regulating experience in order to  
131 achieve specific outcomes of care. I invoke the term *affective* to highlight that the entirety of the  
132 patient, including her subjective 'felt' experiences and social relations, are marked as a legitimate site  
133 of clinical work. This concern for the affective totality of the patient is conjoined with the term  
134 *economic* to make visible how institutions such as hospitals manage the affective resources of

135 everyone involved in the provision and uptake of care. In this paper I give particular attention to  
136 clinicians' affective labour, which I define as activities that naturalize and conjoin their biomedical  
137 interpretations of the patient's nascent *physical* signifiers with their cultural authority to define the  
138 appropriate *emotional* orientations to these understandings. If successful, this labour produces six  
139 'idealized' outcomes of care that both reflect and re-create a larger affective economy of hospital  
140 palliative care. Similar to palliative care itself, the central functions of an affective economy of  
141 hospital palliative care can be parsed into three system levels. On the micro-level, it generates  
142 collective interpretations of the affective experiences of advancing disease and end of life which  
143 simultaneously mark the curative limits of medicine and its palliative benefits. On the meso-level, it  
144 re-establishes social and institutional order threatened by the temporal ambiguities and emotional  
145 excess common to dying and death. On the macro-level it extends the capacity of palliative principles  
146 to govern the biological process of dying for a broad range of hospital patients who are potentially  
147 sick enough to die. However, while palliative clinicians' occupy a privileged position within this  
148 economy, these orientations are negotiated, validated, and/or contested through the affective labour of  
149 all involved parties.

150         In developing this framework, I build on 60 years of published ethnographic work identifying  
151 hospital clinicians as the central group responsible for mediating the experiences of dying amidst the  
152 paradox of uncertainty and hope offered by acute care interventions. This research has provided key  
153 insights into the biomedical values and resource considerations (Cassell, 2005; Sudnow, 1968;  
154 Zussman, 1992), communication techniques (Glaser and Strauss, 1965, 1968; Kaufman, 2005; Li,  
155 2004; Perakyla, 1991), institutional routines (Chapple, 2010; Seymour, 2001; Timmermans, 2000),  
156 and larger social norms (Bluebond-Lagner, 1978; Moller, 2000) which give shape to hospital dying  
157 trajectories under different structural conditions. Most – either explicitly or implicitly – also address  
158 ways in which clinicians shape patients' and family members' emotional states in order to achieve  
159 desired outcomes. However, there is very little ethnographic research specific to hospital palliative  
160 care, and no research has yet conceptualized palliative care as affective labour or as an affective  
161 system for achieving desired care outcomes on multiple system levels.



162 *Description of study sites*

163           This paper draws from, and is specific to, a larger doctoral research project conducted over  
164 11 months in two large acute care teaching hospitals in Western Canada during 2008-2009. Both  
165 hospitals are nationally recognized acute care, teaching, and research institutions. While Hospital “A”  
166 has twice the number of beds of Hospital “B”, both service a largely urban population and have  
167 achieved significant recognition for their palliative care services. Each consult team organized  
168 themselves slightly differently, but both structured their purpose as advising on pain and symptom  
169 management needs in advanced life-limiting illness, including goals of care conversations and  
170 discharge planning. If needed, this included facilitating transfer to their respective palliative units.  
171 Both teams were comprised of rotating palliative physicians (who also worked on the unit) and  
172 dedicated nurses. While physician or nurse consultants might only see a patient or family member  
173 once, they were also at times intensively involved in care. Consultation was frequently an initial step  
174 towards admission to the palliative unit, and both units admitted most patients from their own  
175 hospitals rather than from community settings. Both palliative units consisted of 12-16 beds,  
176 fluctuating dependant on staffing levels and other administrative considerations. Unit “A” utilized a  
177 care model where the patient’s preceding physician (GP, hospitalist, or specialist) continued primary  
178 care, in conjunction with comprehensive support from the unit-based palliative care team. The  
179 palliative clinicians in this unit often wound up providing the majority of patient care, and shortly  
180 after my study they switched to the same care model followed by Unit “B”, consisting of a rotating  
181 roster of palliative physicians and an interdisciplinary team who were responsible for the care of the  
182 patients once admitted to the unit.

183 **Methods**

184           This ethnographic study consisted of approximately 1,000 hours of fieldwork with physicians,  
185 nurses, social workers and other allied health professionals specializing in palliative care. I observed a  
186 range of daily clinical activities (e.g. medical rounds, individual bedside consultations, medical and  
187 family meetings), educational activities (e.g. lunch and learns, conference presentations, professional  
188 development seminars) and administrative tasks (e.g. bed count meetings, regional collaboration

189 meetings), and spent unstructured time in clinical (e.g. nurses' stations) and semi-public areas (e.g.  
190 common rooms). Field notes were written when perceived to be unobtrusive and where possible in  
191 verbatim shorthand. Reflective notes were written at regular intervals throughout the day.

192           During this time I followed 36 patients, along with eight family members, to discharge or  
193 (more commonly) death, including chart reviews, and conducted at least one interview with patients  
194 or their family members. Interviews focused on illness history, coping with physical symptoms,  
195 emotional responses to illness, relationships with clinicians, decision-making, gaps in care and care  
196 goals. Interviews averaged one hour. I also conducted 43 semi-structured interviews throughout the  
197 study period with both palliative and non-palliative physicians, as well as with hospital administrators,  
198 using a mix of purposeful and opportunistic sampling. Topics included defining palliative care,  
199 evolution and challenges in providing care, ways of meeting those challenges, and (if relevant)  
200 techniques for developing therapeutic relationships, including dealing with difficult emotions.  
201 Interviews averaged 45 minutes. All interviews were digitally recorded and transcribed verbatim.

#### 202 *Study population*

203           The senior clinical staff in Unit "A" were older and more experienced, with a lower turnover  
204 rate, than their counterparts at Unit "B", and collectively had a somewhat more conventional  
205 perspective in limiting aggressive treatments than Unit "B". There was a range of specialist palliative  
206 experience on the units and teams, from less than a year to more than 20 years; interview participants  
207 averaged close to five years of experience. Professional affiliations are detailed in Table 1.

208           Approximately 85% of consult and unit staff were female. Unless otherwise indicated I use the  
209 generic term 'clinician' to encompass all those in medicine and allied health specializing in palliative  
210 care, as well as the pronoun 'she', to highlight both the interdisciplinary ethos and the predominance  
211 of female carers in palliative care.

212

213

214 *Table 1: Professional affiliations of interview participants*

<b>Staff interviews</b>	<b>Hospital “A”</b>	<b>Hospital “B”</b>
Palliative physicians	5	4
Non-palliative physicians	3	2
Palliative nurses	11	9
Allied health professionals	3	2
Administrators	2	2
<b>Total</b>	<b>24</b>	<b>19</b>

215

216 Table 2 summarizes the basic demographics of the patients and family members who agreed  
 217 to participate in the research, and who were recruited almost equally from consult teams and the units  
 218 at both hospitals.

219 *Table 2: Basic demographics of patient and family member participants*

	<b>Patient participants (n=28)</b>	<b>Family members (n=8)</b>	<b>Patients of family members (n= 8)</b>
Gender	20 male/8 female	2 male/6 female	5 male/3 female
Average age	61 years/54 years	76 years	76 years
Primary diagnosis	23 cancer 2 COPD 2 End Stage Heart Failure 1 Amyotrophic Lateral Sclerosis (ALS)	n/a	6 cancer 1 Parkinson’s 1 Late stage dementia
Number of admissions (during study period)	1 admission (n=21) 2 admissions (n=4) >2 admissions (n=3)	n/a	1 admission (n=7) 2 admissions (n=1)
Average total number of hospital days (during study period)	23 days	n/a	26 days

220

221 In consultation with clinicians, reasons for not approaching patients for participation included:  
 222 cognitive issues, symptom burden, extreme psychosocial distress, impending discharge, imminently  
 223 dying, and/or not speaking English. If any of these issues were present, I asked about approaching  
 224 family members (except in cases of pending discharge or imminently dying). My recruitment  
 225 materials stated the goal of the study was to better understand how hospital clinicians communicate  
 226 treatment options in advanced life-threatening illness. Written consent was obtained for all study  
 227 participants, and I conducted several information sessions with unit and consult clinicians before the  
 228 start of the project. While no clinician refused to participate, I worked particularly closely with 19  
 229 clinicians across the two hospital sites. Non-palliative clinicians and other hospital staff provided  
 230 verbal consent for observing activities relevant to interactions with study participants. Posters  
 231 informing all hospital staff of the researcher’s presence were also in place throughout the observation  
 232 period. Ethics approval was granted by required University and Health Authority Ethics Committees.

233 Interview transcripts, field notes, and chart data were organized and coded in NIVO 10. All names  
234 have been changed.

### 235 *Analysis*

236 My analytic strategy was abductive and iterative (Timmermans and Tavory, 2012), employing  
237 a social constructionist approach (Green and Thorogood, 2018). I tacked back and forth between  
238 examining the empirical materials generated by the study to develop open codes and categories, and  
239 subjecting the materials to conceptual abstraction through focused coding based on pre-existing  
240 theoretical insights. Three perspectives of hospital palliative care triangulated my analytic strategy.  
241 The first was based on the ideal outcomes of palliative care reflected in ongoing public conversations  
242 and advocacy. The second came through reading research and literature on institutionalized end of life  
243 care that positioned these practices within a theoretical spectrum ranging from enabling new  
244 emancipatory subjectivities to regulating biomedical subjects. The third emerged through my  
245 fieldwork, which found that processes of care were often ambiguous and uncertain, and at times  
246 subject to intense negotiation by all involved parties. In constructing ‘analytically’ ideal outcomes I  
247 draw on Max Weber's conceptual “ideal types” (Kluge, 2000) as they reflect the archetypical micro-,  
248 meso-, and macro-level health system benefits of hospital palliative care, rather than to signify what  
249 clinicians’ necessarily understood as the desired outcome of care, or to typify what actually occurred  
250 in any particular instance.

251 Throughout the study, the development of analysis and concepts were discussed and refined  
252 with input from members of my dissertation committee. Study results were presented to participating  
253 clinicians, during and after the study period. No clinicians disagreed with the findings. Additionally, a  
254 senior palliative consultant from hospital “B” read the entirety of my dissertation manuscript. I  
255 discuss further reflexive aspects of this field work elsewhere, including considerations of ‘studying  
256 up’, boundary blurring, and the ethical challenges in research with terminally ill participants  
257 (Krawczyk, 2015, 2017).

258

259 **Findings**

260 In detailing the outcomes of clinicians' affective labour to organize a hospital dying  
261 trajectory, each outcome is further contextualized through reference to previous findings within  
262 ethnographic research and critical inquiry about institutional end of life care.

263 *1. Co-authorship of disease trajectory: "You have to prepare for both"*

264 In hospital palliative care it is often unclear until late in admission if the patient will survive to  
265 discharge, and clinicians commonly operate within heightened conditions of uncertainty. In these  
266 instances, patients and family member emotions such as hope play a powerful role in shaping  
267 direction of care. As the patient's capacity to strive fluctuates, yet hope remains, clinicians attempt to  
268 proactively order this ambivalent affective terrain by presenting information in ways that parallel hope  
269 for a cure or life extension with hope for physical comfort, a dignified death, and emotional closure  
270 (Kaufman, 2005; Perakyla, 1991). This work of 'reframing' hope interprets physical signifiers in  
271 ways that orient patients and families away from the sick role, and the responsibility for getting better,  
272 towards mutual acknowledgement regarding the potential for terminal decline (Parker-Oliver, 2000).

273 *Hospital "A", May 2009, palliative care unit: Frank is a middle-aged patient on the unit who was*  
274 *recently diagnosed with a rapidly advancing cancer who wants to know about treatment options.*  
275 *Penny [his palliative physician] feels that the test results they are waiting for are going to indicate*  
276 *that he is too sick to receive any further chemotherapy. However, when she approached the topic*  
277 *previously, both Frank and his wife stated their belief that he's sick in part because he's not eating*  
278 *and want to know what they can do to increase his appetite. Before entering the room Penny states,*  
279 *"It's so hard to reframe why he's not eating...we need to reinforce that the reason that he's not well*  
280 *enough for the chemo is because he's too sick, not because he's not eating." Once in the room she*  
281 *does exactly that, informing them that the reason he is not eating is because he's not feeling well*  
282 *rather than the other way around. She states that "It's not your fault, it's not your wife's fault, and*  
283 *it's not our fault. You don't want to eat because the disease is so advanced and your tumour is very*  
284 *large and that's why you don't want to eat." She then turns to the wife and says, "You need to switch*

285 *it around, in that he's not eating because he's not well. Yes?" The wife nods her head in agreement*  
286 *but doesn't make eye contact. Penny continues, "You have to prepare for both; that you might not get*  
287 *well enough for chemotherapy or you may get well enough to go for it. Regardless of what happens,*  
288 *we will take care of you and make sure your pain is well controlled. Right now you're not strong*  
289 *enough for the chemotherapy, and that's not your fault, it's the cancer's fault. The cancer has grown*  
290 *and advanced, and you might get weaker."* She continues to discuss how they will manage his pain no  
291 matter what happens, after which there are a few moments of mutual silence before she stands up and  
292 says that she will return for further discussion once the test results are back.

293 Hope work privileges the clinician's perspective of the emergent - but not yet solidified -  
294 physical state of the patient, in combination with her authority to define the 'appropriate' emotional  
295 orientation to these understandings. The subsequent bifurcation of hope ideally prepares patient and  
296 family members for potential entry into the "unscheduled status passage" (Glaser and Strauss, 1965b)  
297 of dying. Their acceptance of this entry will be exhibited, when and if needed, by a 'common sense'  
298 understanding that continuing aggressive treatments are futile and not in the best interest of the  
299 patient's quality of life, and as such, co-produce the future social conditions for biological death.

300 Given the prognostic uncertainties and ongoing interventions that commonly mark  
301 hospitalized dying, however, determining its physical attributes and temporal characteristics can be  
302 difficult for palliative clinicians to accomplish. Further, some critically ill patients and their families  
303 may wish to remain in the ambiguous space provided by prognostic uncertainty (Krawczyk and  
304 Gallagher, 2016; Timmermans, 1994). Hope work both validates ambiguity and attempts to collapse  
305 it. For patients experiencing potentially irreversible decline, clinicians' referencing the uncertainty of  
306 the disease process constructs a liminal status - not (yet) dying, but marked with the framing rules that  
307 acknowledge its imminent possibility. Further, in constructing the disease as having agency outside of  
308 medical mastery, hope work both marks the curative limits of medicine and its palliative benefits  
309 (Perakyla, 1991). As the above vignette indicates however, mutual agreement of disease trajectory is  
310 ambivalent, actively negotiated, and can be marked by competing claims to narrative authority.

311 2. *Awareness and acknowledgement of dying trajectory: "As things progress"*

312 Communicating knowledge that a patient is nearing end of life can be challenging for hospital  
313 clinicians, even for those specially trained in palliative care. In my research, even as palliative  
314 clinicians became increasingly certain of the patient’s imminent terminal decline, they often used  
315 conversational techniques which relied upon but did not necessarily explicitly refer to an “open  
316 awareness” (Glaser and Strauss, 1965) that the patient was dying.

317 *Hospital “B”, June 2009, consult visit: Sally [the palliative consultant] was talking earlier this week*  
318 *with Thomas [a patient with advanced ALS who hospital staff do not expect to survive to discharge].*  
319 *Before we go into his room for a scheduled visit, Sally recounts the previous conversation where she*  
320 *told him that he needs to increase his use of morphine “to ease his discomfort”. He typed in the word*  
321 *“terror” into his communication device, and also asked if he could pick a day and end it all. I ask*  
322 *what she thinks he is anxious about, and she says she thinks it is caused by the breathing issues, but*  
323 *that she believes he’s at peace about dying as he’s talked about having a life-limiting illness. Once*  
324 *inside the room, after a brief review of his current symptom management, she tries to guide the*  
325 *conversation to increasing his sedation to reduce his anxiety about being short of breath. Her*  
326 *language seemed vague and non-specific, but at the same time guiding in use of terms such as “in my*  
327 *experience,” “in the future,” “as things progress,” and saying “some people prefer to be more*  
328 *sedated for their symptoms.” He doesn’t respond to those prompts, instead focusing on the possibility*  
329 *of stabilization [referencing an intervention suggested by a resident], returning home, and spending*  
330 *time with his boyfriend and dogs. It was clear that this was frustrating Sally, but she was also*  
331 *respectful and backed off, saying they’d “wait and see,” and then changing the subject.*

332 Ideally, palliative clinicians are able to generate an interactional context where “the patient, after a  
333 series of encounters that lead her to accept the inevitability of death, recognizes this inevitable  
334 outcome and thus renders herself unproblematic” (May, 1992: 596). In turn, the patient is afforded the  
335 opportunity to actively shape their experience of dying, thereby maximizing their comfort and dignity.  
336 The resulting clinical decision-making can then be framed as reflecting the patient’s (or family  
337 members’) preference. Yet, as Thomas’s case evidences, and as others have also highlighted,  
338 awareness is best envisioned as an enmeshing of multiple actors within ambivalent and shifting “webs

339 of conscious knowledge and emotional responses” (Mamo, 1999: 33; Timmermans, 1994) which may  
340 require ongoing negotiation up to, or near, the point of death.

341 3. *Naturalizing direction and outcomes of care: “It’s about simplifying things”*

342 Hospital palliative clinicians are increasingly continuing and/or initiating acute interventions,  
343 justified in the name of improved quality of life. Consequently may deal with, and even replicate, the  
344 same conundrum experienced by other hospital specialists, where patients’ lives can be extended  
345 through aggressive medical intervention, yet who report poor quality of life and cannot be discharged.  
346 One way that palliative clinicians attempt to expedite movement through this liminal zone is by  
347 harnessing drugs and medical technologies to mimic a ‘natural’ dying process.

348 *Hospital “B”, February 2009, weekly palliative care unit rounds: Two senior physicians are*  
349 *discussing Joan, a symptomatically unstable patient who has been on the unit for almost a month, and*  
350 *who has been repeatedly advocating for further aggressive interventions.*

351 *Dr. A: I think she may be dwindling now; she’s losing hope [about getting strong enough for a new*  
352 *treatment] and she’s talking about letting things go.*

353 *Dr. B: Well she still has her [tube] feeds, and her IV is going at a rip-roaring speed.*

354 *Dr. A: Should we discontinue the IV?*

355 *Dr. B: Well, we’ll talk to her about it and taper it down. If we reduce the IV the problem is that we’re*  
356 *giving her a lot of medications through it. We would have to switch them. How much is she still*  
357 *vomiting?*

358 *Dr. A: It’s decreased quite a bit, but she’s having shortness of breath.*

359 *Dr. B: If you say to her that we’re decreasing her IV, she’s going to say she’ll get dehydrated, and her*  
360 *urine will be dark, so it’s going to be a real process to parallel decreasing the IV with her decreasing*  
361 *health...It’s very hard; this is really challenging...The question to ask her is where she wants this to*  
362 *go? Does she feel she wants to preserve her current quality of life or take control over her IV and*



363 *meds? It's going to be a slow process of dropping the meds. Let's start by saying 'you're not*  
364 *nauseous anymore, so let's drop that medication'.*

365 *Dr. A: I'll talk to her today and see how she deals with it.*

366 *Dr. B: OK, we have a plan...it's about simplifying things, to make it easier and more comfortable to*  
367 *her.*

368 Palliative clinicians are responsible for delineating interventions and treatment plans 'appropriate' to  
369 where the patient is along their individual disease trajectory, to the acute care setting, and to the  
370 patient's (or designates') wishes, even within conditions of uncertainty. Establishing a treatment plan  
371 also functions as an attempt to collapse this uncertainty, temporally and physically anchoring the  
372 patient within (or outside of) a dying trajectory. As the above conversation indicates, clinicians'  
373 ability to "simplify" care in these instances may depend on the complex affective work of 'aligning'  
374 specific clinical titration techniques to the individual's nascent physical signs, thereby providing the  
375 foundation of a mutually agreed dying trajectory. Unlike medical aid in dying, the goal of alignment  
376 work is part and parcel of hospital clinicians' everyday work with the critically ill (Chapple, 2010;  
377 Timmermans, 2000; Seymour, 2001), evidencing the increasing closeness between hospital palliative  
378 care and other forms of acute care. Similar to other hospital contexts, palliative clinicians' alignment  
379 work is done in service of naturalizing a move towards death within an institutional space that can  
380 radically extend quantity, if not always quality, of life, and helps to ensure that clinicians' decisions  
381 "have no perceived causative link to death" (Seymour, 2000:1241).

382 *4. Ensuring a minimum of social disruption: "They are also taking care of me"*

383 Palliative care structures the patient's closest social ties as part of the "unit of care" and even the  
384 "hidden patient" (Kristjanson and Aoun, 2004), where family and friends are not only involved in care  
385 planning, but are themselves potential beneficiaries of palliative care. Consequently, the patient is  
386 only one nodal point in clinicians' work to organize a patient's dying process. In hospital palliative  
387 care, clinicians' interpret individual experiences within this "unit of care" by rendering them through

388 normative psychological frames built on a collective repository of difficult but ‘common’ experiences  
389 at the end of life.

390 *Hospital “A”, December 2008, palliative care unit: Sarah, the daughter of a newly admitted patient,*  
391 *is extremely upset with news that her mother will probably not regain consciousness, and is likely*  
392 *close to death. She keeps requesting aggressive therapies, openly states that she is “angry” at Rita*  
393 *[the palliative physician] for “not doing enough,” and is often at the nursing station strenuously*  
394 *requesting consultation with other specialists as she feels her mother’s breathing indicates distress.*  
395 *Two days later I have a chance to talk with Rita and ask how the daughter is doing. She laughs and*  
396 *says, “We had a long talk, so no more inappropriate behaviour, and she understands medically why*  
397 *we are not going to [give desired invasive intervention]. She’s becoming institutionalized—I swear we*  
398 *do that so well.” Shortly after this exchange, in an interview with Sarah, I ask about her relationship*  
399 *with the clinicians. She replies that, “The people on the ward are taking care of her [mother] but they*  
400 *are also taking care of me, so that’s made it easier for me to settle...They just treat me like a next*  
401 *door neighbour. It’s kind of an informal comfortable atmosphere that they create and foster. For me*  
402 *it’s been a positive experience... [Before] I hadn’t been able to say that I wanted my mother to go*  
403 *[die], to have no more suffering and because I felt bad for having those thoughts I was getting angry*  
404 *(she begins to cry)...I confessed this to Rita and she told me ‘Don’t feel guilty-you want her to go for*  
405 *all the right reasons’, which gave me permission to verbalize it, and I don’t feel like anyone is judging*  
406 *me for that.”*

407 Palliative care is an important practice for making visible and legitimatizing forms of  
408 affective distress about the end of life that previously have been ignored, pathologized, and/or seen as  
409 moral weakness. Clinicians’ work to resolve emotional ‘disorder’ is labour that names, gives meaning  
410 to, and thereby validates the (at times) overwhelming complexity and weight of emotions that  
411 commonly attend end of life. The use of psycho-normative framing rules, however, is a double-edged  
412 sword. Those who do not conform to the emotional expectations within an ‘appropriate’ timeline may  
413 face the stigma of emotional co-morbidity; being labelled as ‘depressed’, in ‘denial’ and/or are  
414 understood to require further psychological interventions (Fischer et al., 2000). Hospital palliative

415 care can therefore be conceptualized as the affective labour to order the individual physical body *and*  
416 the emotionally disordered social body at end of life (Lawton, 1998; Philpin, 2007). Through the  
417 labour of interpreting and normalizing the affective states of the patient and her social network,  
418 clinicians are able not only to compassionately ensure a minimum of social disruption, but also  
419 efficiently organize the “sentimental order” of care settings (Glaser and Strauss, 1968).

420       5. *Efficient and compassionate: “We are relentless in a non-intrusive way”*

421       Hospital palliative care is framed as being able to achieve desirable care outcomes not only in  
422 relation to the patient and her social network, but also in relation to other hospital clinicians, the  
423 hospital itself, and broader health care systems. One key way that clinicians can evidence the  
424 institutional and system-wide benefits of hospital palliative care is through demonstrating their ability  
425 to expedite symptomatically challenging and/or potentially long-stay patients to home or hospice  
426 discharge. At the same time, patients and families may, for various reasons, wish to remain in an acute  
427 care setting as death approaches. Clinicians can then be faced with the challenge of providing  
428 compassionate individualized care in tandem with efficient transitions. In the interview excerpt below,  
429 a senior social worker from Hospital “A” identifies how she attempts to proactively negotiate these, at  
430 times divergent, priorities.

431       *“If you can respond to their concerns [about discharge] families often become very reasonable.*  
432 *Most families are advocating and need to know we’re doing everything we can. That we’re not going*  
433 *to abandon her, or any patient...I spend hours challenging families [about appropriateness of a*  
434 *hospice admission] with no response, so instead it’s just better to say that you’ll come back in a*  
435 *couple of days. And when you go back, at that point the patient is often ahead of you, thinking about*  
436 *hospice. That’s why it is so huge if we are able to be pro-active in conversations and then there are no*  
437 *crisis or egos... We are doing it in a compassionate way. But we’re also quite efficient and try to be on*  
438 *top of the current information about the patient, so we are relentless in a non-intrusive way. So you*  
439 *make future meetings where you’re working on the patient but also the family as well. Usually one of*  
440 *the two of them [patient or family] is already thinking that way, and we have to explore the conflict*  
441 *between the two positions, and try to come up with transition options so they feel safe”.*

442 While the dual identification of compassionate and efficient can cause relational tensions, both  
443 components are integral to clinicians' professional identity, as is evidenced in other studies (Li, 2004;  
444 James 1992). The affective labour required to be simultaneously compassionate and efficient, then,  
445 not only maintains local social order and is generative of professional identity, but they can also be  
446 read as attempts to advance larger organizational care priorities, including the expansion of palliative  
447 care (Floriani and Schramm, 2012).

448 *6. Increased specialist intervention and new forms of knowledge: "It's like solving a puzzle"*

449 Advocates of palliative care have laid claim to an ambitious territorial scope. In hospital settings  
450 this is evidenced through the promotion of two developmental pathways. The first is to increase the  
451 reach of specialist practices, encompassing new drugs and medical technologies, as well as applying  
452 these to new patient populations. This shift is evidenced in the perspective of a clinical nurse  
453 specialist from Hospital "B".

454 *Gina: [Palliative care] is developing; it's becoming more of a specialty. It's a more specialized area*  
455 *in medicine; it's evolving and maturing and growing and has more confidence. It's becoming more*  
456 *technical so it's not just withdrawing things and giving opioids and letting people die; it's more going*  
457 *after things and investigating and trying different approaches sometimes...I really enjoy that part of*  
458 *it; it's like solving a puzzle.*

459 Scholars interested in end of life have shown how new knowledge, expertise, and practices may  
460 occur even in adverse circumstances where the patient does not have a 'good' death. Instead of these  
461 deaths destabilizing the need for medical intervention, problematic deaths signify the need of further  
462 expertise, where the hope is that increased interventions will improve future deaths (Perakyla, 1991;  
463 Timmermans, 2005). Yet integration of palliative care across acute settings can also paradoxically  
464 function to re-establish its reputation as a speciality specific to the very end of life, as reflected in the  
465 following conversation in Hospital "A".

466 *Consultant 1: It's the ones where the family wants to keep the person alive to the last nanosecond*  
467 *possible on all kinds of life support and the patient is suffering, and we get called in to solve it.*

468 *Consultant 2: Or when you go to a unit late in the evening to do the new consult and the file is 5*  
469 *inches thick and the person has been in and out of the ICU and nobody is really talking about*  
470 *anything because they've been on this trajectory of active, active interventions and suddenly they call*  
471 *palliative care and we're supposed to make sense of it all.*

472 *Consultant 1: [Sarcastically impersonating a non-palliative clinician] Can you please tell the patient*  
473 *that they're dying? [Reverting back to normal voice] Uh, no (laughs).*

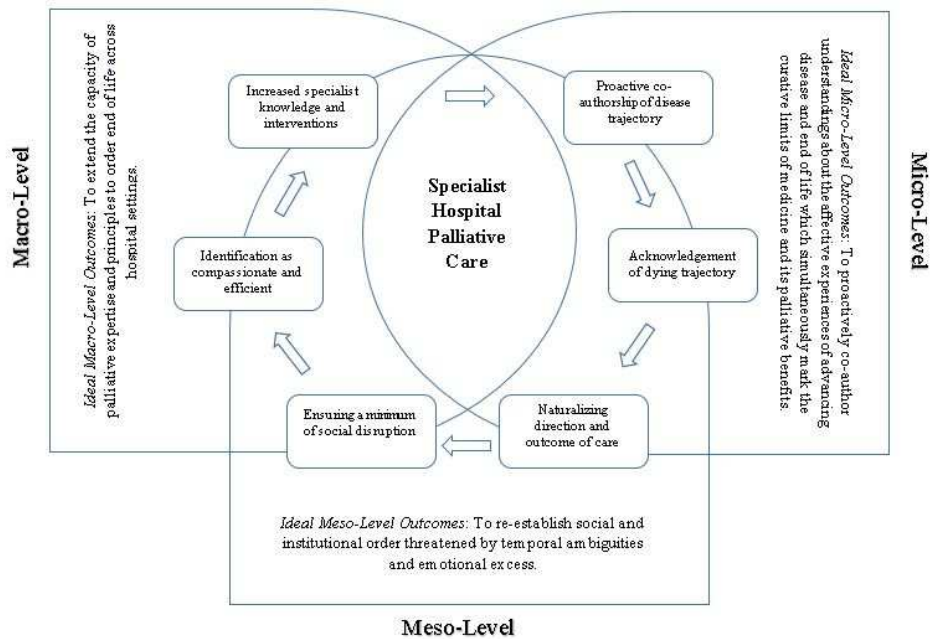
474 This leads to the second developmental pathway: diffusing specialist knowledge throughout  
475 health systems as a whole, rather than relying on specialist expertise. One particularly clear example  
476 of this is the growing interest in palliative 'assessment' tools, many of which have been developed by  
477 palliative specialists in the hospital setting, to assist non-palliative clinicians identify patients who  
478 would benefit from generalist palliative care (Maas et al., 2013). In generating new forms of specialist  
479 knowledge for managing both current *and* future dying bodies, palliative clinicians have had both  
480 significant success and challenges in expanding knowledge and expertise across diverse populations  
481 of hospitalized patients.

## 482 **Discussion**

483 *An affective economy of hospital palliative care*

484 Using data from two hospitals in Western Canada, my analysis identified six ideal care  
485 outcomes that both reflect and structure hospital palliative clinicians' attempts to organize a dying  
486 trajectory. The first outcome is to generate mutual agreement of where current physical symptoms  
487 locate a patient within the general arc of a potential dying trajectory. If this is accomplished, clinicians  
488 can employ a script that proactively locates anticipated further decline within a double biomedical  
489 narrative; beyond the ability of medicine to cure but within its ability to palliate. This produces the  
490 conditions for the second ideal outcome: implicit acknowledgment, if and when necessary, that end of  
491 life is approaching. Acknowledgement also offers patients and families an opportunity to shape the  
492 dying process. Third, this affective work naturalizes direction and outcomes of care practices which  
493 facilitate transitions along the institutional care pathway amidst the prognostic uncertainties that

494 increasingly mark hospitalized dying. This leads to the fourth outcome, where social dislocations  
495 threatened by the dying process are sutured to a collective experience through framing individual  
496 patient and family member experiences as part of the ‘common’ experiences of dying, thereby  
497 preserving the long-term stability of organizations and relationships. In turn, this enables the fifth  
498 outcome, where by achieving the previous outcomes, clinicians are able to identify as simultaneously  
499 compassionate *and* efficient. This promotes the sixth outcome: ensuring the need for increased  
500 specialist intervention, as well as expansion of generalist palliative approaches, to all advanced life-  
501 limiting conditions. When successful in achieving all six outcomes, clinicians are able to proactively  
502 facilitate co-authored understandings that on the micro-level generate affective experiences of end of  
503 life which mark the curative limits of medicine *and* its palliative benefits, re-establish social and  
504 institutional order threatened by temporal ambiguities and emotional excess on the meso-level, and on  
505 the macro-level extend the capacity of palliative expertise and principles to order the biological  
506 processes of dying across hospital settings. I conceptualize all of these as components of an affective  
507 economy of hospital palliative care, visualized in Figure 1. Overall, my analysis offers a theoretically  
508 informed, empirically grounded model of the multiple entanglement between experiences of the  
509 individual body, concerns that structure the social body, and the larger body politic (Scheper-Hughes  
510 and Lock, 1987) in hospital palliative care.



511

512 *Figure 1: Components of an affective economy of hospital palliative care*

513

514 An affective economy of hospital palliative care is constituted through the affective labour of  
 515 everyone involved in the provision and uptake of this specialist form of care. Given palliative  
 516 clinicians' privileged location within this economy, and the predominance of their work with patients  
 517 facing near-term and in-hospital mortality, I have focused on their affective labour to anticipate and  
 518 plan a dying trajectory. My findings illustrated how this work conjoins palliative clinicians'  
 519 biomedical interpretations of the patient's nascent physical signifiers with their cultural authority to  
 520 define the appropriate emotional orientations to these understandings. Findings also evidenced,  
 521 however, that the success of this work was profoundly shaped by multiple - and at times conflicting -  
 522 interests and priorities, including competing illness narratives, sustained prognostic uncertainty, the  
 523 acute care context, and the care goals of other hospital clinicians.

524 *Relevance to policy and practice*

525 While in-depth ethnographic studies are not traditionally designed for transferability, my  
 526 analysis provides a model, and empirical insights, which may benefit future development of palliative  
 527 care policies and services elsewhere. First, it evidences how the organization of dying trajectories

528 continue to structure clinicians' everyday work, even as they prioritize acute physical symptom  
529 management for purposes of stabilization and discharge. Second, this model articulates how  
530 infrastructures of hospital palliative care are comprised of multiple – and at times divergent –  
531 priorities and interests. In so doing, an affective economy framing makes clear that ambiguity,  
532 negotiation, and even conflict are constitutive components of hospital palliative care, rather than  
533 reflecting a failure of practice or uptake of principles. Third, it highlights that the 'immaterial' aspects  
534 of clinicians' work determines not only their clinical decision-making to successfully organize a dying  
535 trajectory, but also their ability to the meet the heterogeneous system priorities and individual  
536 perspectives detailed here. Finally, an affective economy of hospital palliative care evidences how  
537 practice tensions emerge partly as a result of the successes in mainstreaming palliative care.

538         Some may argue that clinician's affective labour skills are no longer necessary as hospital  
539 palliative care is now primarily specialist acute physical symptom management in service of  
540 stabilizing patients for discharge to another institutional or community setting. Yet as evidenced  
541 elsewhere (Bruera et al., 2015; CIHI, 2018), many patients receiving hospital palliative care do not  
542 survive to discharge. Further, while clinical expertise in symptom management is a fundament of  
543 palliative care, affective relations are the mechanism and context within which conversations and  
544 decisions about clinical care take place (Canning et al., 2007; Sampson et al., 2014) and are  
545 repeatedly identified by patients and families as a key signifier of quality end of life hospital care  
546 (Masel et al., 2016; Virdun et al., 2015). Others may rightly point out that many hospital patients only  
547 receive palliative care once they are in the last days of life and/or are no longer fully lucid; so far  
548 advanced in their biological decline that a dying trajectory no long needs ordering, only terminal  
549 physical symptom management. However, my findings indicate that even in these instances,  
550 interactions with family members and/or requests for palliative services evidence demand for specific  
551 forms of expertise to organize the ends of life for *others* involved in the provision and uptake of care.  
552 Finally, it is also important to note that while only a subset of hospital patients receive palliative care  
553 or care informed by a palliative approach, it is an authorized ideal of what care services should be  
554 provided, and the standard to which other hospital end of life care is held.



555           This study is specific to a single geographic region in Western Canada, and field work was  
556 conducted a decade ago. However, research included two differently sized hospitals with different  
557 models of care, and the author engaged in member checking regarding analytical results. While future  
558 research is required to determine its relevance to other hospital settings and regions, study findings  
559 have been contextualized within current considerations reflected in palliative care literature  
560 internationally.

## 561 **Conclusion**

562           This paper presented a theoretically innovative and empirically grounded model of hospital  
563 palliative clinicians' work to anticipate and organize patients' dying trajectories. I articulated how this  
564 work was given shape through affective labour, enabling clinicians to naturalize and conjoin their  
565 biomedical interpretations of the patient's nascent physical signifiers with their cultural authority to  
566 define the appropriate emotional orientations to these understandings. The key finding is that this  
567 labour is crucial not only to organize appropriate care for those who are nearing end of life, but also to  
568 organize a heterogeneous range of priorities shaping clinicians' daily work, professional identities,  
569 and the expansion of palliative care. Collectively, my analysis and corresponding model enable  
570 substantively new insight into to how clinicians attempt to meet social and organizational mandates  
571 that necessary include, but extend well beyond, the individual patient and her immediate social  
572 network. To the best of the author's knowledge, it is the first study to use the concepts of affective  
573 labour and affective economies to understand how clinicians negotiate and "simplify" the  
574 complexities that constitute the everyday work of hospital palliative care.

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Table 1: Professional affiliations of interview participants

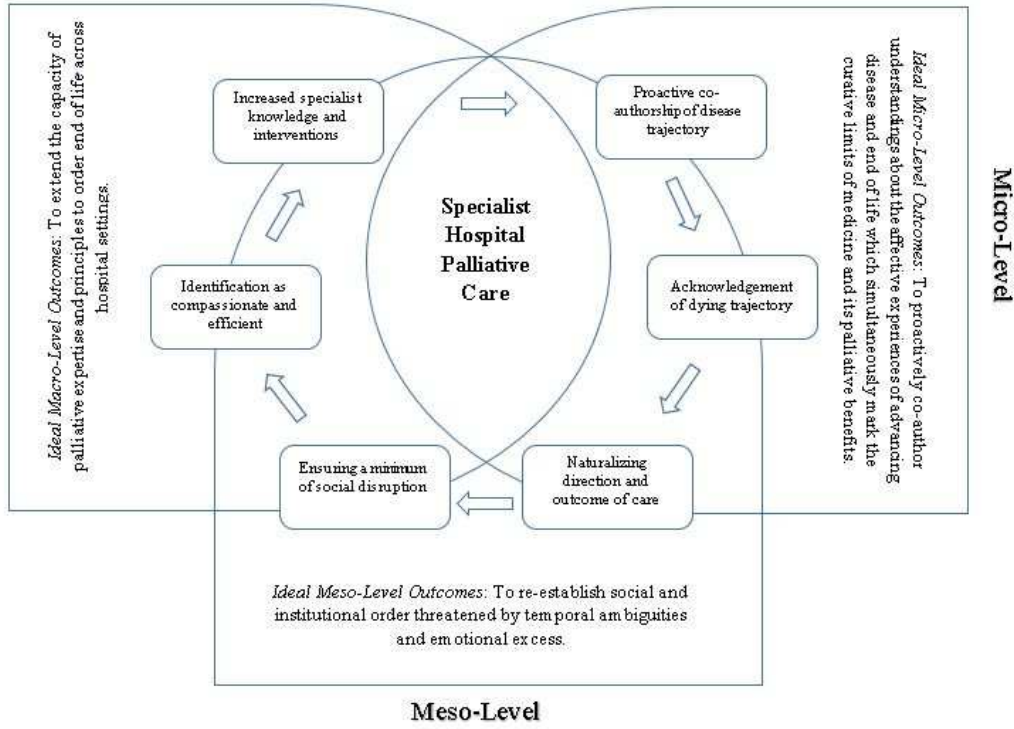
Staff interviews	Hospital "A"	Hospital "B"
Palliative physicians	5	4
Non-palliative physicians	3	2
Palliative nurses	11	9
Allied health professionals	3	2
Administrators	2	2
<b>Total</b>	<b>24</b>	<b>19</b>

Table 2: Basic demographics of patient and family member participants

	Patient participants (n=28)	Family members (n=8)	Patients of family members (n= 8)
Gender	20 male/8 female	2 male/6 female	5 male/3 female
Average age	61 years/54 years	76 years	76 years
Primary diagnosis	23 cancer 2 COPD 2 End Stage Heart Failure 1 Amyotrophic Lateral Sclerosis (ALS)	n/a	6 cancer 1 Parkinson's 1 Late stage dementia
Number of admissions (during study period)	1 admission (n=21) 2 admissions (n=4) >2 admissions (n=3)	n/a	1 admission (n=7) 2 admissions (n=1)
Average total number of hospital days (during study period)	23 days	n/a	26 days



Figure 1: Components of an affective economy of hospital palliative care



- Hospital palliative care is shaped by diverse health system priorities
- Clinicians use affective labour to meet patient, family member, and system needs
- Hospital palliative care can be understood and modeled as an “affective economy”
- Negotiation and ambivalence are constitutive features of hospital palliative care