

## Disabled athlete activism

: Motivators and Barriers to participation in activism among athlete with disabilities in South Korea

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### Introduction

- The research on athlete activism ↑ / Focus upon western elite athletes
- Still lack of research on disabled athletes activism
- A complete absence of empirical research on social activism among disabled athletes in non-western cultures
- Approach with Cultural Sport Psychology [CSP]
- promote understanding in communication and behavior within cultural values
- lead to uncovering new horizons

### Introduction

#### South Korea

Pyeong Chang Paralympic 2018: influence the transition and development of activism

Confucianism: communication patterns and modes of behaviour in various aspects of daily life in South Korea

: cooperation and group harmony

: hierarchy and seniority



The purpose of this study is to identify how disabled athletes participate in activism to alleviate social inequalities in South Korea

- Explore the <u>types of activism</u> that disabled athletes engage in
- Discover <u>the motivators and barriers to be activist</u> from disabled athletes
- Make some recommendations to eliminate some of the barriers and facilitate participation in activism from disabled athletes

### Methods

- 37 disabled people (18 elite /15 recreational / 4 stakeholder)
- Maximum variation and Criterion-based sampling
- Inclusion criteria for elite disabled athletes:
  - (a) Performed at a national or international level disability sport
  - (b) Participated in elite talent development programme
  - (c) Experienced sustained success at the highest level of their sport
- One-to-one semi-structured interview
- Inductive thematic analysis with semantic approach

## Types of activism -1



	Recreational athletes	Retired (stakeholder) and Current elite athletes	
Social activism	<ul><li>Writing a novel</li><li>/ essay</li><li>Play</li></ul>	<ul><li>Interviews</li><li>Motivational speech</li></ul>	
		<ul> <li>Current</li> <li>Volunteering</li> <li>■ Donation</li> <li>■ Mentoring</li> <li>■ Advertising / Film</li> </ul>	
Scholar activism	<ul><li>Participating in seminar</li></ul>	<ul><li>Research</li><li>Lecture</li><li>Lead a seminar or forum</li></ul>	
Political activism	Civil complaint / Voting/ Protest / Candlelight protest		
		<ul><li>Meeting a politician</li><li>Policy monitoring</li></ul>	

## Types of activism -2

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	Recreational athletes	Retired (stakeholder) and Current elite athletes	
Sport-based activism	<ul> <li>Run a sport club / local event</li> <li>Supporters</li> <li>Join a sport association</li> </ul>	<ul> <li>Status (athletes / medalist)</li> <li>Current</li> <li>IPC or KPC member/ Paralympic ambassador</li> <li>Talent donation</li> <li>Stakeholder</li> <li>Stakeholder</li> <li>(e.g. president of KPC)</li> </ul>	
		Social Network Service (SNS) (sharing an information)	
Online activism	<ul><li>Run a online community (sport-based activism)</li></ul>	<ul><li>Current</li><li>■ Blog (social activism)</li></ul>	

# Motivators/Barriers to be an activist



	Motivators	Barriers
Accessibility	Ease of access	Difficult of access
Emotional reasoning	Emotional benefit	Emotional cost
Cultural factors	Cultural facilitators	Cultural barriers
Results	Positive results	Negative results
Society	Develop society	Poor social structure
Others	Other commitment	Other commitment

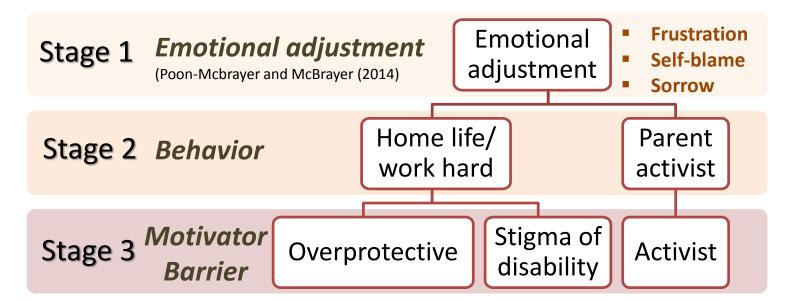
1) Parent, 2) Position, 3) Personal connection, 4) Community spirit, 5) Age

### **Discussion**



# Family/Parent (Confucianism)

- Five cardinal relationships of Confucianism
  :父子有親: Children must always listen to their parents (croll 2006)
- Parents: unconditional care, devotion, and sacrifice (Tagaki 2016)
- Social structure: disability as the results of bad luck or misfortune (Yan et al. 2014)

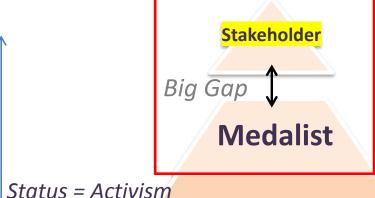


#### **Discussion**



# Status / Position (A hierarchy society)

A position has an influential factor to be an activist in hierarchy society



**High activist** 

"Sports society is more difficult. It is more vertical than normal society. <u>If I provide opposite opinion to stakeholder, I may not be in this society anymore."</u>

[Recreational athlete, Male)

Elite athletes

Recreational athletes

Non – athletes

(without stakeholder; e.g. president of disability right centre)

"Someone complaining and raising a problem are bad for people in administration. So I was excluded a lot in society, and ignored. This gave me a motivation or goal with the spirit of fighting."

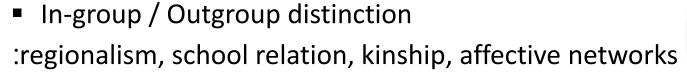
[Retired elite athletes, Male]

### **Discussion**



# Personal connection (Factionalism)

Birds of a feather flock together





- In-group: 'tolerance', 'flexibility', and 'trust'
- Outgroup: 'non-persons', 'subject to mistrust' and 'hostility'

"I experienced about the importance of the personal line while I was doing activism....the factionalism. A follow B's words... so A can come B's line. Then this person (A) should become an enemy of the other's line. Also, even if this line have a power, this line can be decadent. Then it will be like a rotten rope.

[Elite athlete, Male, 3/4]

# Community spirit (Collectivism)

'Collectivism' is extremely strong national culture of Koreans

: 'Sense of belonging', 'harmony with others', 'cooperation'

: 'Group obligation', 'hierarchy society'

: Expression such as 'our; (Woo-ri, 우리)' country, family, 💸

company, even 'our wife' comes very natural

When talking, people would say, 'The damn guys is wrong' rather than 'He is wr ong' So, if I do wrong, it is bundled up totally, not persona area. <u>I am an athlete.</u> <u>If I do something wrong, people think, "all athlete are in the same way" not think in the same way in the same way. It has been rooted into Korea society for a long time. So I try to hide my voice, be far from people, and avoid being around them.</u>

[Elite athlete. Male, 44]

#### Age (Confucianism)

- Although disabled athletes wish to participate in activism, those who are young or middle-aged face significant constraints
- Five cardinal relationships of Confucianism
  - :長幼有序
  - : Old and young have an order or sequence
  - : Vertical relationship different age
  - : Horizontal relationship same age (Hyun 2011)

"Older people tend to think someone who <u>has different or opposite idea is baddy or asshole.</u>
They said to me "He is jerk.", if I had a different idea.

[Elite athlete. Male, 44]

Young athlete activist – online activism

#### **Example**

- > the pronoun "You" to the older person as it is considered as rude (Hyun 2011)
- > hard for younger to refuse a drink from an elder (Yum 2009)

## **Practical Implication**



#### Parents

: Support disabled children to adjust to society

#### Athletes / Sport organization

: Use their position to have a positive impact to society

: The approach with social media can be useful for young or modern activists

: The environment around the athletes should encourage social consciousness rather than put the responsibility solely on the athletes

## Theoretical implication



#### Cultural sport psychology / Athlete activism research

: First evidence on Para-athletes activism within non-western cultural paradigm

#### Future research

: Southeast or West Asian athlete participation of activism / sports environment

: A comparative study on parent of disabled child to be an activist between Western and Eastern culture

