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In vivo and in vitro effects of selected antioxidants on rabbit meat microbiota

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Abstract

The purpose of this study was to investigate the effect of dietary vitamin E or EconomasETM supplementation on the growth of several background/pathogenic bacteria on rabbit carcasses and hamburgers during refrigerated storage. For 51 days, 270 New Zealand rabbits received either a basal diet, or experimental diets enriched with 100 or 200 mg/kg of vitamin E or EconomasETM. The bacteria studied were *Salmonella*, *Listeria monocytogenes*, *Pseudomonas*, *Enterobacteriaceae*, *Escherichia coli*, coagulase-positive staphylococci, plus both mesophilic and psychrotrophic aerobes. The growth of *Listeria monocytogenes* on contaminated patties was evaluated through a challenge test. The potential protective or antimicrobial effect of vitamin E or EconomasETM on *Listeria monocytogenes* or *Pseudomonas aeruginosa* were assessed *in vitro*. Diet did not influence the concentrations of bacteria found on rabbit carcasses and developing on hamburgers. Vitamin E (*in vivo* and *in vitro*) and EconomasETM *in vivo* had a protective antioxidant role, while EconomasETM *in vitro* had strong antibacterial activity against *Listeria monocytogenes*, but not against *Pseudomonas aeruginosa*.

Keywords: Meat safety; Antioxidants; Rabbit meat microbiota; Challenge test; *Listeria monocytogenes*; *Pseudomonas aeruginosa*

Chemical compounds studied in this article

35 DL α tocopherol acetate (PubChem CID: 86472); ethanol (PubChem CID: 702).

36

37

38 1. Introduction

39

40 Rabbit meat presents excellent nutritional and dietetic properties and meets the current
41 demand for low-fat meat (Dalle Zotte & Szendrő, 2011). However, rabbit meat is expensive, time-
42 consuming to prepare and rather perishable because it is prone to oxidative damage due to its high
43 level of polyunsaturated fatty acids (Abdel-Khalek, 2013). Consequently, in order to expand the
44 market, in addition to retail fresh cuts, many rabbit meat industries have tried to approach the
45 consumer through the production of meat preparations, such as hamburgers or patties, which may
46 benefit from antioxidants. Given the above, a relevant question might be raised, as already
47 suggested by Sofos, Cabedo, Zerby, Belk, & Smith (2000): are those antioxidants able to protect
48 bacterial cellular membranes as well, when present on the very same meat or meat preparation?
49 There is plenty of literature regarding the effects of antioxidants on rabbit meat and meat
50 preparations, but special attention has been paid to vitamin E, i.e. DL- α -tocopherol (VE) (Castellini,
51 Dal Bosco, & Bernardini, 2001; Castellini, Dal Bosco, Bernardini, & Cyril, 1998; Dal Bosco,
52 Castellini, Bianchi, & Mugnai, 2004; Lo Fiego et al., 2004). Due to its high antioxidant activity,
53 VE, especially as α -tocopherol acetate, is commonly used in animal feed to promote growth and to
54 improve meat quality; VE is deposited in muscle cell membranes and lipid depots, thus reducing
55 lipid oxidation, which is one of the most significant causes of meat deterioration during
56 refrigeration (**Hu et al., 2015**). Moreover, among the antioxidants it is possible to include the
57 EconomasETM (EcoE), a patented commercial premixture of nutritional additives consisting mainly
58 of L-ascorbic acid (50 000 mg/kg) and organic selenium produced by *Saccharomyces cerevisiae*
59 CNCMI-3060 (750 000 mg/kg). Selenium in yeast is incorporated into organic compounds, mainly
60 selenomethionine, and low molecular weight seleno-components. Selenium is an essential trace
61 element involved in various physiological functions; as an integral part of selenoproteins, it plays an
62 important role in the antioxidant defense system against reactive molecules and free radicals
63 (**Ahmad et al., 2012**; Mehdi, Hornick, Istasse, & Dufresne, 2013). Despite its importance, to our
64 knowledge, information about the effect of dietary supplementation of antioxidant on microbial
65 growth in rabbit carcasses and meat preparations is almost non-existent. In detail, carcasses and
66 meat preparations from rabbits fed additional levels of VE or EcoE have not been studied so far in
67 terms of their microbial status.

68 At each step of the food chain, meat and meat preparations might be contaminated and cold
69 storage does not always inhibit the growth of bacteria. In particular, *Listeria monocytogenes* is a
70 ubiquitous pathogen, and is especially dangerous because it is able to grow also at refrigeration
71 temperatures, unlike most other foodborne pathogens (EFSA, 2014; Swaminathan, Cabanes, Zhang,

72 & Cossart, 2007). A wide variety of meats and processed products have been associated with *L.*
73 *monocytogenes* contamination at a prevalence which can be high because of various conditions of
74 storage, distribution and handling in addition to inadequate bacterial inactivation (Swaminathan et
75 al., 2007). Furthermore, *L. monocytogenes* survives in foods for a long time, even under adverse
76 conditions (Ramaswamy et al., 2007; Rocourt, BenEmbarek, Toyofuku, & Schlundt, 2003) and it
77 causes severe symptoms and diseases (meningitis, septicemia and abortion) (**Ramaswamy et al.,**
78 **2007**). It must also be remembered that human listeriosis cases in Europe have been increasing in
79 recent years (EFSA & ECDC, 2014). In contrast, the *Pseudomonas* genus represents the dominant
80 contaminant on rabbit carcasses and other packed meat (Bobbitt, 2002; Rodríguez-Calleja, Santos,
81 Otero, & García-López, 2004). In particular, *Pseudomonas aeruginosa* is a food spoilage agent
82 included in the list of bacteria carrying a biological risk, unlike all other species of *Pseudomonas*. In
83 fact, the public health interest in these two microorganisms stems from the fact that they are both
84 human pathogens and, according to regulations in Europe and the United States, these two bacteria
85 are classified in risk group 2 on the basis of biohazard (EC, 2000; HHS, 2013).

86 The purpose of this work was to investigate the effect of dietary VE or EcoE
87 supplementation on the growth of eight types of background or pathogenic bacteria on rabbit
88 carcasses and rabbit meat preparations (hamburgers) during refrigerated storage. The growth of
89 *Listeria monocytogenes* on contaminated patties was also evaluated through a challenge test. The
90 potential protective or antimicrobial effect of VE or EcoE on *L. monocytogenes* or *Pseudomonas*
91 *aeruginosa* were also assessed *in vitro*.

92

93 **2. Materials and methods**

94 This work represents the microbiological part of a multidisciplinary research project designed to
95 evaluate the shelf-life of rabbit meat, including the study of carcass quality and the technological,
96 nutritional and sensory quality of rabbit meat.

97

98 *2.1. Animals and diets*

99 Two hundred and seventy commercial New Zealand white rabbits (*Oryctolagus cuniculis*)
100 provided by the Rabbit Genetic Centre of the Martini Group were selected for this study. Thirty-
101 five-day-old males from a single breeding were randomly divided into five experimental **units (e.u.)**
102 of 54 animals each. Every **e.u.** was housed under controlled temperature and light conditions (12 h
103 light/12 h dark photoperiod cycle), equally and randomly divided into three cages (= **replicates**)
104 having provision of *ad libitum* feeding and watering. A starter complete basal diet for growing
105 rabbits and a subsequent finisher diet for fattening rabbits were formulated to meet the nutrient

106 requirements of the animals during the experimental period (Table 1).

107 Two antioxidants in two different concentrations were tested in this work. The basal diets of
108 two *e.u.* were supplemented with 100 or 200 mg/kg of DL- α -tocopherol acetate (Sigma-Aldrich, St.
109 Louis, MO, USA) (indicated as VE 100 and VE 200, respectively) while the diets of other two *e.u.*
110 were supplemented with 100 or 200 mg/kg of EcoE (Alltech Ireland Ltd., Dunboyne, Ireland)
111 (indicated as EcoE 100 and EcoE 200, respectively), as suggested by the producer. The remaining
112 *e.u.* was fed a normal diet and used as a control (CTRL). After 51 days, 256 animals (mortality
113 5.2%) were slaughtered in the Ma.Ge.Ma abattoir (Savignano sul Rubicone, FC, Italy); rabbits
114 underwent electrical stunning followed by cutting of the carotid arteries and jugular veins. Two
115 carcasses were discarded due to abscesses. Slaughter weights (g) \pm standard errors (SE) were:
116 2991 \pm 35.09 (CTRL); 2934 \pm 29.18 (VE 100); 2867 \pm 38.85 (VE 200); 2905 \pm 37.15 (EcoE 100);
117 2981 \pm 30.31 (EcoE 200). The abattoir structure, layout and hygiene procedures were in compliance
118 with European Union requirements (EC, 2004). All handling procedures followed the
119 recommendations of the European Council Directive 86/609/EEC for the protection of animals used
120 for experimental and other scientific purposes (EEC, 1986).

121 Ten carcasses were randomly selected out of each *e.u.* (total number = 50). The selected
122 carcasses were transported to the DIMEVET laboratory of Food Hygiene and Technology in
123 accordance with traceability and cold chain. After 24 h at 4°C, carcass hygiene was tested and then
124 carcasses were used to produce hamburgers and patties.

125

126 2.2. Microbiological analyses

127 Microbiological assays on rabbit carcasses and meat preparations were performed using
128 international standard methods. Samples were prepared according to the ISO standard 6887-1 (ISO,
129 1999) and 6887-2 (ISO, 2003a) and were diluted with a solution of 0.1% tryptone (Oxoid Ltd.,
130 Basingstoke, England) and 0.85% NaCl (Oxoid Ltd.) in distilled water. ISO standard 6579 (ISO,
131 2007) and ISO 11290-1 (ISO, 2004a) were used respectively to detect *Salmonella* spp. and *L.*
132 *monocytogenes*, while ISO standard 4833-2 (ISO, 2013), 17410 (ISO, 2001b), 21528-2 (ISO,
133 2004c), 16649-2 (ISO, 2001a), 13720 (ISO, 2010), 6888-1 (ISO, 2003b), and 11290-2 (ISO, 2004b)
134 were used respectively to enumerate aerobic mesophilic bacteria, aerobic psychrotrophic bacteria,
135 *Enterobacteriaceae*, *Escherichia coli*, *Pseudomonas* spp., coagulase-positive staphylococci, and *L.*
136 *monocytogenes*.

137

138 2.3. Feed and carcass hygiene

139 The feeds for growing and fattening rabbits were preliminarily sampled and examined for *L.*

140 *monocytogenes* and *Salmonella* spp., as described in the specific ISO standards (subsection number
141 2.2).

142 After 24 h at 4°C, 15 random post-chill rabbit carcasses (three from each *e.u.*), according to
143 European Regulation No. 2073/2005 which rules carcass sampling on the slaughter line (EC, 2005),
144 were tested for the detection of *Salmonella* spp. and *L. monocytogenes*, and for the enumeration of
145 aerobic mesophilic bacteria, aerobic psychrotrophic bacteria, *Enterobacteriaceae*, *E. coli*,
146 *Pseudomonas* spp. and coagulase-positive staphylococci, as described in the specific ISO standards
147 (subsection number 2.2). The whole carcasses were sampled according to standards 17604 (ISO,
148 2003c) and 6887-2 (ISO, 2003a), using the excision method. In particular, 50 g of surface tissue (~
149 2 mm deep) from the neck, both external scapular regions, thorax, brisket, flanks, fore rib, and hind
150 limbs were obtained with sterile scalpels and forceps. Then, 10 g of tissue were cut using sterile
151 scissors, placed in sterile stomacher bags, diluted ten-fold, and blended for two minutes in a
152 stomacher (Lab blender 400, Abbot Park, USA) for enumeration procedures; 25 g was used for
153 detection procedures.

154

155 2.4. Trend of natural background bacteria on rabbit hamburgers

156 ***Ten post-chill carcasses from each e.u. were boned and minced using a refrigerated***
157 ***mincer (TC 32 Frozen, Sirman Spa, Padua, Italy) to generate a single batch of minced meat from***
158 ***which all the necessary hamburgers and patties were produced, without any seasoning or***
159 ***additive to avoid interferences with the tested antioxidants. The “single batch approach” was***
160 ***regarded as mandatory within the e.u., in that it was necessary to prepare a pabulum as***
161 ***homogeneous as possible and therefore not affected by intra e.u. differences, in order both to***
162 ***study the growth of natural background bacteria and to perform the Listeria challenge testing,***
163 ***each determination being repeated as many times as requested by the relevant ISO standard.***

164 Ninety hamburgers (100 ± 3 g) and 135 patties (30 ± 3 g) (18 and 27 respectively for each
165 *e.u.*) were produced, aerobically packaged, two by two (hamburgers) or three by three (patties) in
166 polystyrene trays, and wrapped with food plastic film.

167 All the trays were stored at 0-2°C in a cabinet (Quartet 200, Costan, Belluno, Italy) which
168 was closed with a lid every night to reproduce retail storage conditions. On the day of production
169 (Time 0) and after 1, 2, 4, 6, 8, 10, 12, and 16 days, one tray with two hamburgers per *e.u.* was
170 tested for the detection of *Salmonella* spp. and *L. monocytogenes*, and for the enumeration of
171 aerobic mesophilic bacteria, aerobic psychrotrophic bacteria, *Enterobacteriaceae*, *E. coli*,
172 *Pseudomonas* spp., and coagulase-positive staphylococci as described in the specific ISO standards
173 (subsection number 2.2). After each day of analysis, these ten hamburgers were discarded.

174 Patties were used for the *Listeria* challenge testing described in subsection 2.5.

175

176 2.5. *Listeria* challenge testing

177 Challenge testing was performed to assess the growth of *L. monocytogenes* in artificially
178 contaminated patties of rabbit meat during and beyond the commercial shelf-life period. Four *L.*
179 *monocytogenes* strains were used for the artificial contamination: a reference strain ATCC 7644
180 (clinical isolate) and three strains from the internal collection (87-1771 and 115-1924 from pork
181 meat; 88-1777 from frozen chicken). All strains were stored in vials containing trypticase soy broth
182 (TSB, Becton, Dickinson and company, Le Pont de Claix, France) with 0.6% yeast extract (YE,
183 Becton Dickinson France SA, Le Pont de Claix, France) and 20% glycerol (Carlo Erba Reagents,
184 Milan, Italy) at - 20°C. The inocula for each strain were prepared adding 100 µL of stock solution
185 to 10 mL TSB-YE. The tube was incubated overnight at 37°C then 100 µL from every grown
186 culture were added in 10 mL TSB-YE and incubated at 7°C for 96 h. *L. monocytogenes* strains
187 cultures were grown at low temperatures to reduce the lag time period after inoculation in food
188 samples (Uyttendaele et al., 2004). Appropriate volumes of diluted bacterial strains were mixed
189 together and used to prepare an inoculum of 50 CFU/g. Contamination was performed by spreading
190 the mixed bacterial cultures on the surface of patties using sterile glass rods. Contaminated patties
191 were kept at 20°C for five minutes to allow adhesion of the bacterial cells on the product surface
192 (Pal, Labuza, & Diez-Gonzalez, 2008) and then they were stored in the cabinet. The inoculum
193 concentration was verified by plate counting on trypticase soy agar supplemented with 0.6% YE
194 (TSA-YE). A tray with three patties for each *e.u.* was tested for the enumeration of *L.*
195 *monocytogenes* on the same day as the artificial contamination (Time 0) and after 1, 2, 4, 6, 8, 10,
196 12, and 16 days. The patties were discarded after analysis.

197

198 2.6. In vitro effect of vitamin E and EconomasE™ on the growth of *L. monocytogenes* and *P.* 199 *aeruginosa*

200 The effect of VE or EcoE supplementation on microbial growth in rabbit meat was further
201 studied by evaluating the growth of two bacteria in TSB-YE with different concentrations of the
202 two antioxidants. The strains *L. monocytogenes* ATCC 7644 (stored in vials containing TSB-YE
203 supplemented with 20% glycerol at - 20°C) and *P. aeruginosa* ATCC 27853 (stored in dry pellet
204 disk at 4°C) were used for these experiments. The inocula were prepared adding 100 µL of the
205 stock solution or dissolving one pellet disk in 10 mL of TSB-YE followed by overnight incubation
206 at 37°C. Then, 100 µL of each grown culture were transferred to a new tube containing 10 mL of
207 TSB-YE and incubated at 37°C for 24 h. The culture was appropriately diluted and a volume of

208 approximately 100-200 μL added to a tube containing 10 mL of TSB-YE supplemented with one of
 209 the antioxidants to obtain a final concentration of 10 CFU/mL or 100 CFU/mL. VE (Sigma-Aldrich,
 210 St. Louis, MO, USA) was dissolved in ethanol 96% (solubility of 100 $\mu\text{L}/\text{mL}$) and diluted in TSB-
 211 YE to obtain concentrations of 10^4 , 10^3 , and 10^2 ppm (Table 2). The effect of ethanol at 10%, 1%,
 212 and 0.1% on bacterial growth and without VE was checked as well. For both bacterial strains, the
 213 three concentrations of VE along with the three controls were contaminated with both 10 CFU/mL
 214 and 100 CFU/mL. All the tubes were incubated at 37°C for *L. monocytogenes* and 25°C for *P.*
 215 *aeruginosa*, and after 24 h and 48 h the bacteria were quantified, as described in subsection 2.2. The
 216 experiment was repeated three times (Table 2).

217 EcoE was dissolved in TSB-YE through sonication for 45 minutes (Ultrasonic UTA Falc
 218 Instruments Srl, Treviglio, Italy); 4×10^3 ppm was the highest concentration achieved. Differential
 219 thermal analyses were also performed before and after sonication to verify this process did not lead
 220 to physical and chemical changes in the additive. After appropriate dilutions in TSB-YE, the
 221 concentrations 4×10^3 , 3×10^3 , 2×10^3 , 10^3 , and 10^2 ppm were contaminated with 10 CFU/mL or 100
 222 CFU/mL for both bacteria. All the tubes were incubated at 37°C for *L. monocytogenes* and 25°C for
 223 *P. aeruginosa*, and after 24 h and 48 h the bacteria were quantified as explained in subsection 2.2.
 224 The experiment was repeated three times.

225

226 2.7. Statistical analysis

227 Bacterial concentrations were transformed to a \log_{10} scale. The analysis of data concerning
 228 natural background bacteria on rabbit hamburgers and *Listeria* challenge testing (see sections 2.4
 229 and 2.5) was performed by comparing growth curves estimated on the basis of microbial
 230 concentrations observed at times $t=0, 1, 2, 4, 6, 8, 10, 12, 16$. For each microorganism and for each
 231 diet, three different growth models were compared, namely the logistic model, the Gompertz model
 232 with the parameterizations proposed in Zwietering, Jongenburger, Rombouts, & Van't Riet (1990),
 233 and the Baranyi model with the parameterization proposed in Baranyi and Roberts (1994). These
 234 growth models are described in equations (1) - (3).

235 (1) Logistic model

$$236 \log_{10} N_t = \log_{10} N_0 + \frac{\log_{10}(N_\infty / N_0)}{1 + \exp\left(4\mu_m(\lambda - t)\ln(10)\left(\log_{10}(N_\infty / N_0)\right)^{-1} + 2\right)}$$

237 (2) Gompertz model

$$238 \log_{10} N_t = \log_{10} N_0 + \log_{10}(N_\infty / N_0) \exp\left(-\exp\left(\frac{e\mu_m(\lambda - t)}{\log_{10}(N_\infty / N_0)\ln(10)} + 1\right)\right)$$

239

240 (3) Baranyi model

241
$$\log_{10} N_t = \log_{10} N_0 + \log_{10} \left(\frac{-1 + \exp(\mu_m \lambda) + \exp(\mu_m t)}{\exp(\mu_m t) - 1 + \exp(\mu_m \lambda) 10^{\log_{10}(N_\infty/N_0)}} \right)$$

242 Estimates of model parameters were obtained by means of the function *nls* (non-linear least
243 squares) implemented in the statistical software R version 3.1.0 (Copyright© 2011 The R
244 Foundation for Statistical Computing).

245 For each diet and microorganism, the best fitting model was selected on the basis of the
246 residual sum of squares (RSS) statistic. Since different growth models could be selected, direct
247 comparison in terms of parameters estimates is not meaningful; indeed, parameter interpretation is
248 different across models. The rationale for this approach is to favour model fitting over the
249 comparability of parameters.

250 In order to compare estimated curves for each microorganism, Confidence Intervals (CI) for
251 growth curves were obtained at each observational time following a bootstrap approach (Efron &
252 Tibshirani, 1993), as implemented in the R package *nlstool*. This is a distribution-free procedure
253 which is preferable to the usual approximation based on the normality assumption that holds in non-
254 linear regression only for large samples.

255 With regard to the *in vitro* effect of VE or EcoE on the growth of *L. monocytogenes* ATCC
256 7644 and *P. aeruginosa* ATCC 27853 (subsection number 2.6), only two observational times were
257 available: for this reason, growth curve estimation was not feasible and experimental results were
258 analyzed by means of an ANOVA model where observational time was considered as a
259 dichotomous experimental factor. Experimental vials were assigned to two experimental groups
260 defined by two different bacterial inoculum values and observed after 24 h and 48 h.

261 Let Y_{ijk} be the \log_{10} concentration, at time t , of *L. monocytogenes* or *P. aeruginosa* in the i -
262 the experimental vial ($i=1,2,3$) assigned to the k -th ($k=1,2$) level of inoculum (I), and the j -the
263 treatment defined as follows:

- 264 $j=1$: Ethanol percentage=0.1, VE=0;
265 $j=2$: Ethanol percentage=0.1, VE=100;
266 $j=3$: Ethanol percentage=1, VE=0;
267 $j=4$: Ethanol percentage=1, VE=1000;
268 $j=5$: Ethanol percentage=10, VE=0;
269 $j=6$: Ethanol percentage=10, VE=10000.

270 The ANOVA model is specified as follows:

$$271 Y_{ijkl} = \alpha + \mu_j^V + \mu_k^I + \mu_t^T + \mu_{jk}^{V:I} + \mu_{jt}^{V:T} + \mu_{kt}^{I:T} + \varepsilon_{ijkl} \quad \varepsilon_{ijkl} \sim N(0, \sigma^2) \quad (1)$$

272 where α denotes the general intercept and captures the \log_{10} concentration at the baseline,
273 parameters μ denote the main effects, parameters γ denote the second-order interactions.
274 Superscripts I , V and T refer respectively to experimental variables inoculum, vitamin E and time.
275 The model was parameterized such that the baseline represents the \log_{10} concentration at the first
276 level of each variable; i.e. all the considered effects are equal to 0 when $j = k = t = 1$ (baseline). A
277 stepwise selection procedure (not shown) suggested to ignore third-order interaction term.

278 Regarding EcoE, it was possible to manage the experimental variable EcoE (E) as a
279 continuous variable. As a consequence the specification of the model, selected using a stepwise
280 procedure, is:

$$281 Y_{ijkl} = \alpha + \beta^E E_j + \mu_k^I + \mu_t^T + \beta_k^{E:I} E_{jk} + \beta_t^{E:T} E_{jt} + \gamma_{kt}^{I:T} + \varepsilon_{ijkl} \quad \varepsilon_{ijkl} \sim N(0, \sigma^2) \quad (2)$$

282 Parameter α denotes the general intercept: in order to maintain the interpretation of this intercept as
283 the \log_{10} concentration at baseline, variable E was shifted by subtracting its minimum value. The
284 main effects of variables I and T were captured by parameter μ , while γ denotes their second-order
285 interaction. Parameter β^E is the slope of the linear relationship between EcoE and bacterial
286 concentration when $k = 1$ and $t = 1$, while parameters $\beta_t^{E:T}$ and $\beta_k^{E:I}$ are the effect modifiers
287 referring to time and inoculum, respectively.

288

289 3. Results and discussion

290

291 3.1. Feed and carcass hygiene

292 The feeds for growing and fattening rabbits were negative for *L. monocytogenes* and
293 *Salmonella* spp.. The microbiota on 24 h post-chilled rabbit carcasses is summarized in Table 3; *L.*
294 *monocytogenes*, *Salmonella* spp., and coagulase-positive staphylococci were not reported since they
295 were absent in all carcasses, indicating good slaughtering practice.

296 Rabbit meat is not mentioned in the European Regulation No. 2073/2005 on the
297 microbiological criteria for the acceptability of carcasses (EC, 2005); for this reason, dressing of
298 rabbit carcasses was compared with that of beef carcasses. The \log_{10} means mesophilic aerobes and
299 *Enterobacteriaceae* were in agreement with other reports and, even if they were slightly high for
300 hygienically processed meat, values fell within the European limits for red meat. *Pseudomonas*
301 spp., most of them fluorescent strains, mesophilic aerobes and psychrotrophic aerobes, were the
302 main microorganisms of all groups after slaughter and revealed similar mean counts regardless of

303 the dietary treatment. *E. coli* counts were low, in accordance with the data of Bobbitt (2003).
304 Relative variability among *e.u.* was observed for *E. coli* and *Enterobacteriaceae* with a variation
305 within 1.5 log CFUs. *Pseudomonas* genus predominated on rabbit meat (Table 3), as already
306 observed by Bobbitt (2002) and Rodríguez-Calleja et al. (2004). *Pseudomonas* is commonly the
307 dominant meat spoilage bacteria at refrigerated temperatures, driven by enhanced catabolism of
308 glucose and lactate (García-López, Prieto, & Otero, 1998).

309

310 3.2. Evolution of microbial growth on rabbit hamburgers

311 The hamburger background bacteria trend was determined using the counts of several
312 microbiological indicators plotted as a function of time to monitor microbial population dynamics
313 throughout refrigerated storage. The results of the microbiological analyses are shown in Fig. 1.
314 Regarding the growth curves obtained, the choice of the best fitting model implies the selection of
315 different growth curve families for different *e.u.*. As a consequence, direct comparison in terms of
316 parameter estimates is not feasible, since parameter interpretation differs across models; the
317 rationale for this approach is to favour model fitting over the comparability of parameter estimates.
318 Comparison between growth curves is based on graphical examination of the estimated curves,
319 along with the CIs obtained at the observational times.

320 First, it is important to note the absence of bacteria of public health significance: *Salmonella*
321 spp., *L. monocytogenes*, and coagulase-positive staphylococci were absent in all samples, indicating
322 good handling and meat processing practices during hamburger preparation. Initial concentrations
323 of the other microbial populations investigated at time 0 fell within the acceptability limits set out in
324 EC Regulation No. 2073/2005 (EC, 2005), although referring to other animal species. As expected,
325 all microbial counts of all *e.u.* considerably increased throughout refrigerated storage. On average,
326 growth rates for mesophiles, psychrotrophic bacteria, and *Pseudomonas* spp. were similar, reaching
327 the plateau phase at day 4, independent from the tested diets. The storage flora of rabbit hamburgers
328 was dominated by the genus *Pseudomonas*, in agreement with data reported by Soutos, Tzikas,
329 Christaki, Papageorgiou, & Steris (2009). Regarding *E. coli*, hamburgers derived from the control
330 *e.u.* (CTRL) showed the highest initial bacterial concentrations but the lowest and slowest growth.
331 The most rapid and abundant growth was sustained by VE 200, followed by EcoE 200 and EcoE
332 100. Therefore, except for *E. coli*, there were no significant differences among the dietary
333 treatments: the curves and the corresponding CIs overlapped considerably. This result was primarily
334 influenced by the high initial concentrations of *E. coli* commonly present on rabbit meat.

335

336 3.3. *Listeria monocytogenes* challenge test

337 Fig. 2 shows the growth of *L. monocytogenes* in contaminated rabbit patties during and
338 beyond the commercial shelf-life period. On the first day of analysis (Time 0), CTRL presented the
339 highest amount of bacteria, significantly different from VE 100 and EcoE 200, probably because of
340 slight contamination during patty manipulation, but the bacterial growth was the slowest throughout
341 the subsequent period of analysis. EcoE 200 significantly allowed the highest and fastest growth
342 rate, followed by EcoE 100 and VE 200, which overlapped. The relatively low initial level of *L.*
343 *monocytogenes* suggested differences among dietary fortifications, confirming, as for *E. coli*, that
344 EcoE (both amounts) and VE 200 supported the highest and fastest bacterial growth.

345

346 3.4. In vitro effect of vitamin E and EconomasE™ on the growth of *L. monocytogenes* and *P.*
347 *aeruginosa*

348 The absence of information on the biological role of antioxidants on microbial growth in
349 foods required *in vitro* assays investigating contact between VE or EcoE and the two chosen
350 bacterial strains.

351 The interpretation of the results regarding VE was complex because the effect of the ethanol
352 used as solvent must also be considered. VE, in fact, is insoluble in water, while it is soluble in
353 organic solvents such as ethanol which at concentrations up to 1.25% does not inhibit bacteria
354 growth, but bacteria are strongly inhibited in the presence of 5% ethanol (Oh & Marshall, 1993).
355 Referring to the experimental design explained above and summarized in Table 2, analyses
356 concerning *P. aeruginosa* ATCC 27853 refer to data collected at grid cells enclosed in the dashed
357 line, while analyses concerning *L. monocytogenes* ATCC 7644 refer to the whole table. In fact, *P.*
358 *aeruginosa* growth was inhibited at 10% ethanol, regardless of the starter inoculum. The results
359 obtained for *L. monocytogenes* are reported in Table 4. The main effects capture the difference
360 between the \log_{10} counts at baseline and the \log_{10} counts in experimental blocks, where all but one
361 experimental variable was kept constant. The estimate of μ_2^I highlights a statistically significant
362 increase corresponding to the increase in starter inoculum while the estimate of μ_2^T denotes a
363 statistically significant reduction after 48 h. As regards the main effects μ_j^V , $j > 1$, results show a
364 highly significant reduction in \log_{10} counts in experimental blocks where Ethanol=10. Second-order
365 interactions measure the variation of \log_{10} counts with respect to the sum of the baseline and the
366 main effects involved; as an example, an estimate of $\gamma_{62}^{V,I}$ equal to 1.628 means that the expected
367 \log_{10} count where Ethanol=10, VE=10000 and inoculum=100 is equal to $9.432+0.954-$
368 $9.868+1.628=2.146$. Estimates concerning second-order interactions were statistically significant
369 only in blocks where Ethanol=10. VE seemed to protect bacterial cells since it allowed for the

370 survival and growth of *L. monocytogenes* in the presence of toxic levels of ethanol. The results
371 obtained for *P. aeruginosa* are summarized in Table 5. Parameter interpretation was analogous to
372 the previous model. It is worth noting that all parameters were statistically significant, except μ_2^T
373 and $\gamma_{22}^{I:T}$; while time had a non-significant main effect, estimates of interactions between time and
374 experimental factor V ($\gamma_{22}^{V:T}$, $\gamma_{32}^{V:T}$ and $\gamma_{42}^{V:T}$) demonstrated an increase in log₁₀ counts after 48 h at
375 non-baseline values of V . Inoculum showed a positive main effect, but interactions with
376 experimental factor V were all negative.

377 Regarding EcoE assays, it is important to emphasize that the contents of selenium were
378 equal (for EcoE 100 ppm) or one log unit higher (for EcoE 1000 ppm) than the average level of
379 selenium reported in rabbit muscle (0.18 ppm) by Puls (1988). Results concerning the *in vitro* effect
380 of EcoE on the growth of *L. monocytogenes* were not analyzed by means of a statistical model since
381 no appreciable variations were observed. As can be seen from Fig. 3, bacterial growth was
382 completely inhibited in the presence of 1000 ppm and subsequent doses of EcoE for the inoculum
383 10 CFU/mL (a), while with 100 CFU/mL there was a slight growth only at 24 h (b). On the
384 contrary, *P. aeruginosa* showed growth at every dose of EcoE. Table 6 summarizes parameter
385 estimates concerning the linear model (2).

386 Marginal effects of inoculum and time were significantly greater than zero. The estimate of
387 the interaction term $\gamma_{22}^{I:T}$ highlights a lower growth when inoculum =100 and time =48 with respect
388 to the growth expected, considering only marginal effects (note that the sum of the two main effects
389 and the interaction term is positive). The negative sign of the estimate of β^E shows that, when
390 inoculum =10 CFU/mL and time =24 h, the commercial additive had an inhibitory effect on
391 microbial growth. However, when time =48 h, the estimate of $\beta_2^{E:T}$ shows that EcoE had a positive
392 effect on bacterial growth. It can be assumed that the bacterium adapted over time.

393 According to the reported results, the microbiota found on rabbit carcasses and developing
394 on rabbit hamburgers did not diversify on the basis of the different antioxidants added to the diet.
395 However, dietary treatment with EcoE (both amounts) and VE 200 corresponded to the highest
396 amount and the fastest growth rate of *E. coli* and *L. monocytogenes* on rabbit hamburgers and
397 patties, respectively. VE is a powerful chain-breaking antioxidant with an essential role in
398 maintaining the structural integrity of biological membranes, in which it primarily resides (Sun et
399 al., 2012). It can therefore be assumed that antioxidant protection of tissue against oxidative damage
400 also promotes microorganism growth. There is no clear evidence of the role of vitamins in
401 improving the survival of bacteria, as these supplements are used to enhance the quality of the final
402 product and expand the shelf-life period, but Shan, Ding, Fallourd, & Leyer (2010) reported that the

403 addition of ascorbic acid (vitamin C) can protect probiotic cells. According to Murata, Tanaka,
404 Kubo, & Fujita (2013), VE protects *S. aureus* cells from oxidative stress via free radical generation
405 induced by cardol (C_{15:3}). The role and effects of selenium as an antioxidant in most rabbit studies is
406 unclear (Abdel-Khalek, 2013), but it is important to emphasize that selenium has been investigated
407 for medical applications: Yang et al. (2009) reported a strong inhibitory activity of selenium-
408 enriched probiotics against pathogenic *E. coli* *in vivo* and *in vitro*; a series of organoselenium
409 compounds were successfully tested as antibacterial agents.

410 In the present study EcoE completely inhibited the Gram-positive *L. monocytogenes* *in vitro*
411 with doses ≥ 1000 ppm (corresponding to a toxic level of selenium of 1.5 ppm), but it had no effect
412 against the Gram negative *P. aeruginosa*. The resistance of *P. aeruginosa* can be explained by the
413 inability of selenium to cross the protective outer membrane of Gram-negative bacteria and
414 accumulate at the cell membrane or within the cytoplasm. However, this may not be the only
415 explanation, since low molecular weight components are able to reach the periplasm through the
416 porin proteins on the outer membranes (Helander et al., 1998). Another reason could be that
417 selenium is pumped out from the periplasm exceeding its penetration rate, but it is clear that further
418 studies are needed to better elucidate the effects of selenium on bacterial metabolism. Instead, EcoE
419 showed only a protective antioxidant role *in vivo*.

420

421 **4. Conclusions**

422

423 VE (*in vivo* and *in vitro*, since it allowed for the survival of bacteria at a toxic level of
424 ethanol) and EcoE *in vivo* had a protective antioxidant effect on bacteria. EcoE *in vitro* showed
425 strong antibacterial activity against Gram positive *L. monocytogenes* but not against Gram negative
426 *P. aeruginosa*. Diet did not influence the concentrations of bacteria found on rabbit carcasses and
427 developing on hamburgers.

428 This work is the first to study the effect of these selected antioxidant dietary supplements on
429 the microbiological status of rabbit carcasses and rabbit meat preparations.

430

431

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433

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440

441

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