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Interactions between shorebirds and benthic invertebrates at Culbin Sands lagoon, NE Scotland: Effects of avian predation on their prey community density and structure

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SUMMARY: In the North Sea, during autumn-winter, intertidal flats often receive a massive influx of migratory shorebirds (wildfowl, waders and seabirds), which utilise the high prey densities that are available. The present study was conducted at Culbin Sands lagoon, NE Scotland, in 1994-1996, to investigate benthic invertebrate standing stock, and the energy flow from benthic invertebrates to shorebirds. Benthic invertebrate standing stock was estimated to be 500 kJ m⁻² yr⁻¹, and shore-bird consumption efficiency to be 18% of the available standing stock. A series of manipulative field experiments were then conducted to test the effects of shorebirds on benthic invertebrate densities and community structure. Birds were excluded from caged areas (exclosures), and benthic invertebrate densities (total and by class size) in caged and uncaged areas were compared for each season separately. During autumn-winter, especially the gastropod *Hydrobia ulvae* and larger-sized (>15 mm) clams *Macoma balthica* were observed to be the most impacted species, being significantly more abundant in bird-exclosures than in bird-accessed areas.

Keywords: shorebirds, invertebrates, prey-size selection, Culbin lagoon.

RESUMEN: EFECTOS DE LA DEPREDACIÓN POR AVES EN LA DENSIDAD Y ESTRUCTURA DE LA COMUNIDAD DE PRESAS. – En el mar del Norte, durante otoño-invierno, las llanuras intermareales sufren la afluencia masiva de aves migratorias (anátidas, limícolas y aves marinas) que utilizan las elevadas densidades de presas disponibles. El presente estudio fue llevado a cabo en la laguna de Culbin Sands, en el noreste de Escocia, durante los años 1994 a 1996 a fin de investigar la biomasa de invertebrados marinos y el flujo de energía desde los invertebrados bentónicos a las aves costeras. La biomasa de invertebrados bentónicos fue estimada en 500 kJ m⁻² yr⁻¹, y la eficiencia de consumo por parte de las aves costeras como el 18% de la biomasa disponible. Una serie de experimentos de campo manipulativos fue llevada a cabo para determinar los efectos de las aves costeras sobre las densidades de invertebrados bentónicos y sobre la estructura de la comunidad. Las aves fueron excluidas de áreas cerradas a su acceso. Las densidades de invertebrados bentónicos (totales y por clase de talla) en áreas cerradas y abiertas a su acceso fueron comparadas por separado para cada estación del año. En otoño-invierno, el gasterópodo *Hydrobia ulvae* y ejemplares de gran talla (>15 mm) del bivalvo *Macoma balthica* fueron las especies que sufrieron un mayor impacto, siendo significativamente más abundantes en zonas cerradas que en zonas abiertas al acceso de las aves.

Palabras clave: aves costeras, invertebrados, selección de presas por talla, laguna de Culbin.

INTRODUCTION

Sheltered coastal areas are often characterised by high benthic invertebrate production, and often support complex food webs, especially in estuaries, fjords and lagoons. On less exposed shores, the range of predators is greatly expanded compared with that on more exposed sediment coasts and on rocky shores, to include also large numbers of highly mobile forms, notably epibenthic crustaceans such as shrimps (e.g. brown shrimp *Crangon crangon*), crabs (e.g. shore-crab *Carcinus maenas*), fish such as gobies (e.g. common goby *Pomatoschistus microps*) and juvenile flatfish (e.g. plaice *Pleuronectes platessa* and flounder *Platichthys flesus*) (e.g. Evans, 1983). These areas are also very important feeding grounds for shorebirds. The term 'shorebird' refers to birds which have any activity such as resting, feeding or nesting within the shore system (Baird *et al.*, 1985). This term covers not just waders (Scolopacidae) but also wildfowl (Anatidae), gulls (Laridae), terns (Sterninae) and other aquatic birds that regularly use coastal habitats. Many of these species obtain a substantial proportion of their daily energy requirements, if not all of them, from intertidal areas. Therefore, where these birds occur in high densities, the impact of their predation pressure on the ecology of the intertidal zone might be considerable. For instance, Goss-Custard (1980), using direct observation, estimated that on shores around the British coast waders took between 25 and 45% of the autumn standing crops of their prey over the subsequent winter. Many other studies, based on indirect methods, estimated the consumption efficiency of shorebirds based on bird abundance, predation rates and energetic requirements. Some of these studies are presented in Table 1.

Although estimates of the energy flowing from prey to predators are important to understand an ecosystem and the consumption efficiency of a predator or group of predators, they might not reflect the real functional implications of a trophic link. For example, Paine (1980) showed that the most important functional link in a rocky shore community had little energy flowing along it. Also, many predators only consume parts of their prey, and their effects are often not lethal. Therefore, the least equivocal way to determine whether prey are significantly affected by predators is to carry out manipulative experiments or to observe a natural experiment. Moreover, energy flow and manipulative field experiments should be seen as complementary rather than alternative approaches to the study of the shore as a system.

According to Raffaelli and Milne (1987), impacts of birds on their prey communities are best assessed by manipulative experiments in which prey densities are compared between areas where birds have access (uncaged) and areas where birds are excluded (caged). This approach has been extensively applied in the Ythan estuary, Scotland, on an intertidal flat, where despite the high values of consumption efficiency by birds (Table 1), results showed no significant effects of bird predation pressure on benthic invertebrate communities, either on areas outside mussel beds (Raffaelli and Milne, 1987) or on mussel bed areas (Raffaelli *et al.*, 1990).

Culbin Sands lagoon, in the Moray Firth, NE Scotland, is a small lagoon 3 km long and 1 km wide, whose intertidal area is used by a relatively dense community of shorebirds (Table 2) feeding on benthic invertebrates, especially during autumn and winter. Although bird densities may not be as great

TABLE 1. – Consumption by birds (estimated as invertebrate production/ removal by birds) at several intertidal areas in W Europe.

Intertidal flat	Consumption by birds (kJ m ⁻² yr ⁻¹)	Consumption efficiency (%)	REFERENCE(S)
Grevelin Estuary, The Netherlands (NW Europe)	71.5	6	Wolff and de Wolff, 1977
Wadden Sea, The Netherlands (NW Europe)	103.6	17	Evans <i>et al.</i> , 1984
Tees Estuary, England, UK (NW Europe)	367.0	44	Evans <i>et al.</i> , 1984
Ythan Estuary, Scotland, UK (NW Europe)	873.6	37	Baird <i>et al.</i> , 1985
Tagus Estuary, Portugal (SW Europe)	103.0	12	Moreira, 1997

TABLE 2. – Wintering birds at several intertidal areas in NW Europe.

Total area References Bird density	Dutch Grevelin Estuary 140 km ²		Dutch Wadden Sea 1300 km ²		Tee Estuary, UK 17.5 km ²		Ythan Estuary, UK 2.4 km ²		Culbin Lagoon, UK 3 km ²		
	Wolff and de Wolff, 1977 ind. yr ⁻¹	ind. km ⁻²	Evans <i>et al.</i> , 1985 ind. yr ⁻¹	ind. km ⁻²	Evans <i>et al.</i> , 1985 ind. yr ⁻¹	ind. km ⁻²	Raffaelli <i>et al.</i> , 1990 ind. yr ⁻¹	ind. km ⁻²	Hancock, 1993 ind. yr ⁻¹	ind. km ⁻²	
Anatidae (wildfowl)											
Merganser	<i>Mergus serrator</i>	0	0	3900	3.00	0	0	0	0	11	3.66
Mallard	<i>Anas platyrhynchos</i>	0	0	0	0	0	0	0	0	36	12.00
Wigeon	<i>Anas penelope</i>	0	0	0	0	0	0	0	0	276	92.00
Greylag Goose	<i>Anser anser</i>	0	0	0	0	0	0	0	0	2	0.66
Shelduck	<i>Tadorna tadorna</i>	578	4.12	21000	16.15	161	9.20	50	20.83	74	24.66
Longtailed duck	<i>Clangula himalis</i>	0	0	0	0	0	0	0	0	2	0.66
Eider	<i>Somateria mollissima</i>	0	0	62000	47.69	0	0	500	208.33	10	3.33
Goldeneye	<i>Bucephala clangula</i>	0	0	1800	1.38	0	0	0	0	4	1.33
Scolopacidae (waders)											
Oystercatcher	<i>Haematopus ostralegus</i>	16430	117.35	120000	92.30	0	0	400	166.66	1219	406.33
Knot	<i>Calidris canutus</i>	2610	18.64	50000	38.46	0	0	60	25.00	1065	355.00
Sanderling	<i>Calidris alba</i>	0	0	0	0	0	0	0	0	65	21.66
Dunlin	<i>Calidris alpina</i>	6602	47.15	12000	9.20	0	0	400	166.66	1138	379.33
Curlew	<i>Numenius arquata</i>	2085	14.89	150	0.11	0	0	150	62.50	230	76.66
Redshank	<i>Tringa totanus</i>	559	3.99	10000	7.69	0	0	500	208.33	514	171.33
Turnstone	<i>Arenaria interpres</i>	337	2.40	2000	1.53	0	0	80	33.33	3	1.00
Bar-tailed Godwit	<i>Limosa lapponica</i>	805	5.75	30000	23.07	0	0	40	16.66	880	293.33
Grey Plover	<i>Pluvialis squatarola</i>	567	4.05	5600	4.30	0	0	0	0	49	16.33
Ringed Plover	<i>Charadrius hiaticula</i>	0	0	1100	0.84	0	0	30	12.50	33	11.00
Laridae (gulls)											
Gulls	Unspecified	4026	28.75	120000	92.30	0	0	0	0	0	0

at Culbin as in some other reported areas, the impact of predation by birds on the invertebrate communities may still be significant. The availability (standing stock) of prey species (benthic invertebrates) for shorebirds at Culbin Sands lagoon was studied from February 1994 to August 1996, and the energy flow from benthic invertebrates to shorebirds was investigated. Effects of shorebirds on benthic macrofauna densities and community structure were assessed through a series of manipulative experiments (caged areas as predator-exlosures; and uncaged areas as controls) conducted throughout the period 1995-1996, divided into three seasons: autumn-early winter (October 1995-December 1995); winter-early spring (December 1995-April 1996) and summer (June 1996-September 1996).

METHODS

The study area: Culbin Sands lagoon

The Moray Firth includes many areas of conservation importance classified as either National Nature Reserves (NNR) or Sites of Special Scientific Interest (SSSI). Culbin Sands area, on the southern shores of the Moray Firth and east of the Loch Ness, includes

three bars (Nairn; Culbin; and New Bars) that are a result of the breaching, three centuries ago, of a single bar across the mouth of the river Findhorn. Together they now represent the largest sand dune system in Britain with 3180 ha in area (Tilbrook, 1986). Between 1922 and 1931 the Culbin Bar area enclosing the Culbin Sands lagoon was acquired by the Forestry Commission, who decided to stabilize the sand dunes through plantation, successfully completed in the late 1960s. Culbin Sands area (including a forested area of 28 ha and a bared sand dune enclosing a lagoon with 1.5 ha of intertidal flats) was then notified as an SSSI in July 1973, and re-notified in 1981, under the Wildlife and Countryside Act.

The macrotidal Culbin Sands lagoon has a permanently submersed gully with a maximum depth of 2.5 m at high tide; closer to the mouth of the main gully, the sediment is coarser and poorer in silt content (Hanssen, 1993). The lagoon is a relatively undisturbed system, as it has been isolated from human disturbance for most of the last century, although in June 1995 and during the course of this study there was an unprecedented and unexpected event of cockle harvesting using tractor and mechanical rakes, after which access to the lagoon was once more restricted by a gated road, and permission from the authorities is now required.

Published scientific literature on Culbin Sands includes studies on its geology (Tilbrook, 1986; Pollard and McLennan, 1992), bird population (Campbell *et al.*, 1986; Mudge, 1986; Hancock, 1993), plankton (Adams and Martin, 1986), and commercially valuable molluscs and fish species (Hopkins, 1986). Unpublished available literature includes reports to the Nature Conservancy Council (Wells and Boyle, 1975; Bartrop *et al.*, 1980) and reports by the University of Aberdeen (Hanssen, 1993, van Schie, 1993, Mendonça, 1997).

Energy flow from benthic invertebrates to shorebirds

In order to estimate the benthic invertebrate standing stock at Culbin Sands lagoon, NE Scotland, benthic communities were studied from February 1994 to August 1996 at three sites, selected on intertidal areas near the main gully. The sites did not differ much in terms of sediment characteristics (median particle sizes of up to 120 μm for sites 1 and 3, and 130–140 μm for Site 2, and silt contents of 0–5% for all three sites; Hanssen, 1993; van Schie, 1993), but because differences in the hydrodynamic characteristics of the sites could impact the benthic communities, they were selected according to distance to the bar: Site 1 was in sheltered areas west of the bar; Site 2 closer to the bar; and Site 3 in sheltered areas east of the bar, but closer to the mouth of the gully than Site 1 (Fig. 1).

In February 1994, a pilot survey was conducted to determine the minimum amount of samples which represented the benthic invertebrate macrofauna (>500 μm) species density and diversity with 95% confidence interval. During this survey, 10 cores (of 11 cm diameter equivalent to 100 cm^2 area) were collected per site, showing that for most species six cores was the minimum number of samples to be collected. Exceptions were species with patchy distribution. *Mytilus edulis* mussel beds were not studied, although they occupy about 18000 m^2 at Culbin Sands (Mendonça, 1997). *Semibalanus* sp. were attached to dead shells and especially abundant on the poles erected during World War II as glider defences, more specifically at the levels reached by the high tide, and this species was also not sampled.

Following the conclusions of the pilot survey, six cores were then collected per site every 2–4 weeks, from May 1994 to August 1996. Samples were collected at low tide, to a sediment depth of 15 cm,

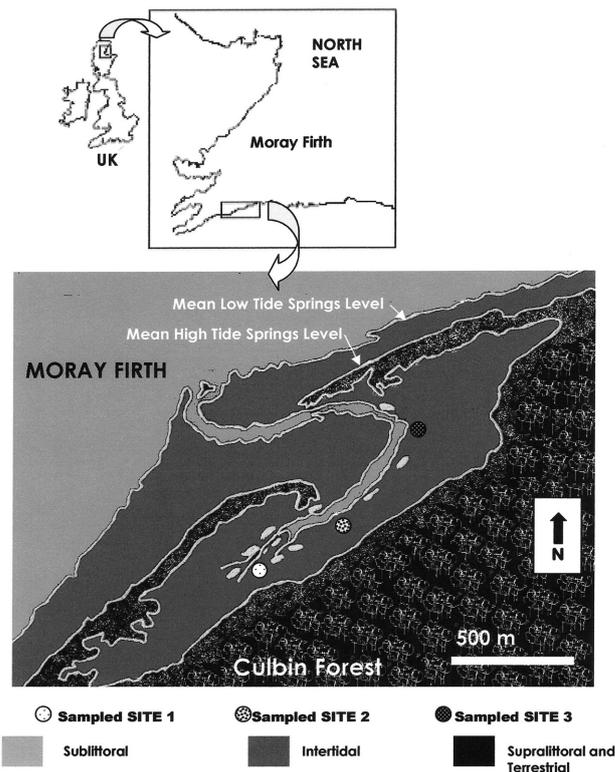


FIG. 1. – Culbin Sands in the southern part of the Moray Firth, NE Scotland, with indication of the three sites sampled to estimate benthic invertebrates standing stock. Site 1 was also where manipulative field experiments were conducted to study avian effects on benthic invertebrate communities. Lighter patches on the intertidal near the main gully represent mussel beds.

from within a randomly placed 1 m^2 quadrat (Raffaelli and Hawkins, 1996). Samples were subsequently sieved over a 500 μm mesh and preserved in alcohol (70%) till identification.

Core sampling was inefficient for large species such as lugworms *Arenicola marina* and *Carcinus maenas* crabs. Therefore, lugworm densities were estimated only in winter (February 1995 and February 1996) and summer (July 1995 and August 1996), by counting the number of casts in 10 quadrats of 0.5 m \times 0.5 m randomly placed at each site. Crab densities were sampled monthly at the three sites. As densities were very low on the intertidal flat, a push-net (0.5 m wide) was used along a 50-m-long transect in the main gully, to a depth of up to 0.5 m. All results were converted into ind. m^{-2} .

Standing stock or mean biomass ($\text{gAFDW m}^{-2} \text{yr}^{-1}$) was estimated for each species based on mean numbers for 1994–1995 and 1995–1996 and the mean individual ash-free dry weight (AFDW). AFDW was obtained from dry weight (DW) for each species using the conversion factors (Table 3). The mean individual DW was obtained from 30 individuals

TABLE 3. – Conversion factors for deriving AFDW from DW, and energy content (J mg^{-1}) in benthic invertebrate macrofauna ($>500 \mu\text{m}$). ASFD is ash free dry weight; DW is dry weight. $1 \text{ J} = 0.239 \text{ cal}$; $1 \text{ cal} = 4.187 \text{ J}$; $12 \text{ kcal} = 1 \text{ gC}$ (McNeill and Lawton, 1970).

TAXA	Size class (μm)	Conversion factor from DW to AFDW (Rumhor <i>et al.</i> , 1987)	Conversion factor from weight to energy content J mg^{-1} (weight type; reference)
Nemerteans	<1000	0.70	23.40 (DW; Ankar and Elmgreen, 1976)
Nematodes	<1000	0.70	23.40 (DW; Ankar and Elmgreen, 1976)
	≥ 1000	0.30	23.09 (AFDW; Brey <i>et al.</i> , 1988)
Annelids	<1000	0.70	Oligochaetes: 22.36 (DW; Brey <i>et al.</i> , 1988)
	≥ 1000	0.30	Polychaetes: 23.33 (AFDW; Brey <i>et al.</i> , 1988)
Arthropod/Crustaceans	<1000	0.70	22.40 (AFDW; Brey <i>et al.</i> , 1988)
	≥ 1000	0.30	22.40 (AFDW; Brey <i>et al.</i> , 1988)
Arthropod/ Insects	<1000	0.70	Chironomids: 23.81 (AFDW; Brey <i>et al.</i> , 1988)
	≥ 1000	0.30	Chironomids: 23.81 (AFDW; Brey <i>et al.</i> , 1988)
Molluscs/Gastropods	<1000	0.10	23.27 (AFDW; Brey <i>et al.</i> , 1988)
	≥ 1000	0.08	23.27 (AFDW; Brey <i>et al.</i> , 1988)
Molluscs/Bivalves	<1000	0.15	22.79 (AFDW; Brey <i>et al.</i> , 1988)
	≥ 1000	0.10	22.79 (AFDW; Brey <i>et al.</i> , 1988)

selected randomly from each size class considered. Individuals in samples were separated into size classes where possible. Maximum length was measured to the nearest millimetre and the individuals were divided into two classes, $<1000 \mu\text{m}$ and $\leq 1000 \mu\text{m}$, with the exception of bivalves in which maximum width was measured and they were divided into five classes: 500-1000, 1000-1500, 1500-2000, 2000-3000 and $>3000 \mu\text{m}$. For species with a shell (bivalves and gastropods) the shell-free dry weight (SFDW) was estimated. Gastropods (mostly *Hydrobia ulvae*) were not easily dissected from the shell because of their small size, so flesh dry weight (FDW) was estimated as 27% of the total dry weight, after the studies of Boyle and Raffaelli (1981) and Raffaelli and Boyle (1986) in Nigg Bay, also in the Moray Firth, NE Scotland, although flesh weight shows some degree of variation throughout the year. All material was dried to constant weight (70°C ; 24 h; in the incinerator). Biomass values in g were converted into J using conversion factors (also in Table 3).

The flow from benthic invertebrates to shorebirds for the whole Culbin Sands lagoon, NE Scotland, in terms of both biomass ($\text{gAFDW m}^{-2} \text{ yr}^{-1}$) and energy ($\text{kJ m}^{-2} \text{ yr}^{-1}$), was estimated based on bird densities (Table 2) and energetic requirements for these birds in NW Europe. A general daily ingestion rate of 30% of individual body weight was assumed, although many factors such as age, sex, season, time of day and reproduction cycle phase contribute to variations in body mass, metabolic rates, ingestion rates, and energy requirements of birds even within the

same species, as there is a relationship between body size, metabolism and ingestion rate (e.g. Furness, 1978; Cramp and Simmons, 1983; Feltham and Davies, 1996; Kelly *et al.*, 2002a, 2002b). Individual body weight for each species was selected from the lower values of the range, as these were more representative of the situation at the beginning of autumn-winter.

Manipulative field experiments to test avian impact on benthic invertebrates

The energy flow studies were complemented by manipulative field experiments to test effects of birds on their prey communities. Previous experiments have shown that caging experiments were more likely to succeed where the sediment is more stable and currents less strong (Reise, 1978). Therefore, away from the mouth of the gully, Site 1 was selected to deploy the caging experiments (Fig. 1). Caging experiments were not carried out on mussel bed areas of *Mytilus edulis*, as at Culbin lagoon shorebirds were rarely seen feeding on mussel beds.

Two types of enclosure were used: a set of six enclosures for all predators (shorebirds and mobile epibenthic fauna such as fish and crustaceans) were used to provide information on predator effects for the period October 1995-December 1995 and December 1995-April 1996; and a set of six enclosures for birds only were used to test effects of birds for the period June 1996-September 1996. Cages were dispersed randomly over the intertidal area. All

cages were 1 m × 1 m in area, and 30 cm high. The first set was a metal frame covered by 2 mm mesh and depressed 15 cm into the sediment; the second set had the same dimensions but consisted simply of stakes placed 1 m from each other, with strings wound round them 15 cm apart to a height of 30 cm and roofing also created with strings, as used by Raffaelli and Milne (1987). The experiments were monitored weekly during the low tide period to remove any drifting weed or other material, which collected on the cages. For the second set of experiments, bird footprints and some peck marks were found outside but never inside the bird enclosures, showing that despite the low cost and simple design, the cages were efficient.

In order to investigate effects of shorebirds on their prey, at the end of each of the three seasons considered in this study, six core samples of 11 cm in diameter were randomly taken from the sediment to a depth of 15 cm from each cage. For the second set of cages, sediment sampling avoided the area within 10 cm of the perimeter of the cage, just in case birds had gained access to it. For each season, six similar cores were taken randomly from the whole uncaged area surrounding the cages, in order to search for depletion of benthic invertebrates caused by birds. Core samples were sieved through a 1 mm mesh, since invertebrates smaller than 1 mm are not likely to be bird prey items. Benthic invertebrates were preserved in alcohol (70%) until identification and separation into size classes.

In order to determine whether there were any caging artefacts, during the seasons October 1995–December 1995 and December 1995–April 1996 three smaller cores (7 cm diameter, 10 cm depth) of sediment per treatment (from caged and uncaged areas) were collected for silt content studies. For the season June 1996–September 1996 caging effects on silt content were not studied as previous experiments by Raffaelli and Milne (1987) showed that the relatively large open area of these enclosures cause no artefacts. For silt content analysis, samples were dried to constant weight (70°C, 24 h; in incinerator), wet sieved through a 63 µm mesh, and dried again to constant weight to provide the percentage of silt (Holme and McIntyre, 1984). Percentages of silt content in the sediment between the treatments were compared by t-test or U-test depending on the dataset characteristics (e.g. Sokal and Rohlf, 1995). Due to the large number of tests carried out, a high significance level was considered ($P < 0.01$) to avoid

Type I errors. Also, to avoid potential problems of pseudoreplication (Hurlbert, 1984), the data of all samples from the same cage (for both invertebrate densities and silt content) were pooled to provide a single value for each cage.

The data on benthic invertebrates in sediment samples from these experiments were used to conduct two other tests: effects of shorebirds on the benthic invertebrate community density throughout the year; and effects of shorebirds on the benthic invertebrate community structure throughout the year.

To test the effects of shorebirds on the benthic invertebrate density, absolute frequencies of each species were compared between the treatments (caged and uncaged for each of the considered seasons) by ANOVA. Given the number of tests conducted, Sequential Bonferroni Tests with $\alpha = 0.05$ were carried out to find the critical P (probability) level of significance (Sokal and Rohlf, 1995).

To test predator size selection by shorebirds, relative frequencies by size-class of prey species (after arc-sin transformation; Zar, 1996) were compared between caged and uncaged areas by ANOVA, and Sequential Bonferroni Tests with $\alpha = 0.05$ were used to find the critical P level of significance.

Comparisons of individuals by size class were only possible for the most abundant species (*Hydrobia ulvae*, *Cerastoderma edule* and *Macoma balthica*) due to restricted size range encountered for other species, which were all about the same size.

RESULTS

Energy flow from benthic invertebrates to shorebirds

At Culbin Sands lagoon, NE Scotland, the overall standing stock of benthic invertebrates during the period 1994–1996 was estimated at 500 kJ m⁻² yr⁻¹ or 26 gAFDW m⁻² yr⁻¹ (Fig. 2). The biggest contributors to the standing stock values were the lugworm polychaete *Arenicola marina* and the cockle bivalve *Cerastoderma edule*. The overall annual consumption by birds was estimated at 18% of the available benthic invertebrate prey standing stock, and is equivalent to 90 kJ m⁻² yr⁻¹ or 5.98 gAFDW m⁻² yr⁻¹.

Mean density and standing stock values at the three sampled sites by individual species are presented respectively in Table 4 and Table 5.

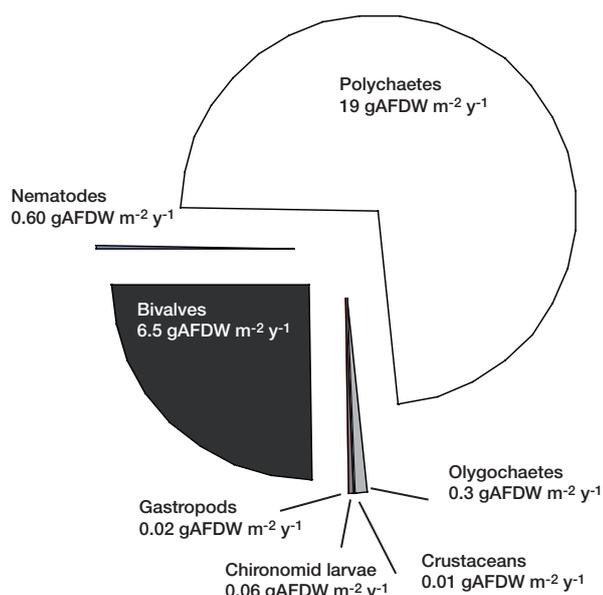


FIG. 2. – Overall standing stock (gAFDW m⁻² yr⁻¹) of benthic macro-invertebrates at Culbin Sands lagoon, NE Scotland, during the period 1994-1996. Values correspond to areas outside mussel bed areas, with *Arenicola marina* contributing 95% of the total stock of polychaetes, and *Cerastoderma edule* contributing 85% of the total stock of bivalves.

Manipulative field experiments to test avian impact on benthic invertebrates

As the silt content in sediment samples was not significantly different between caged and uncaged areas, and also between the two seasons in which net-type cages were used (i.e. between the October 1995-December 1995 and the December 1995-April 1996 experiments; $P > 0.05$ in all cases: t/U -test), it was concluded that there were no caging artefacts.

Benthic invertebrate densities in sediment samples from both caged (exclosures) and uncaged areas (bird-accessed areas) for all seasons showed no significant differences in densities of larger polychaete species such as *Phyllodoce mucosa*, *Pygospio elegans*, and *Scoloplos armiger* although there was some degree of depletion in uncaged areas for *Pygospio elegans* (Fig. 3). Effects of shorebirds on densities of other larger polychaetes such as *Polydora ciliata* were not analysed as this polychaete species was present in low densities in sam-

TABLE 4. – Mean density (ind. m⁻²) of individuals of most abundant invertebrate species during the periods 1994-1995 and 1995-1996 at the three sampled sites at Culbin Sands, NE Scotland. Infaunal species not listed showed an overall mean < 2 ind. m⁻²; crabs showed overall abundance ≤ 0.2 ind. m⁻².

Year Site	1994 - 1995			1995 - 1996		
	1	2	3	1	2	3
Nemerteans	1710	388	684	3210	342	342
Nematodes	300	80	250	350	75	280
Annelids/Polychaetes						
<i>Arenicola marina</i>	55	53	54	50	50	52
<i>Capitella capitata</i>	289	26	236	500	131	218
<i>Fabricia sabella</i>	9	4	52	4	13	5
<i>Nereis diversicolor</i>	5	5	13	4	4	6
<i>Nephtys hombergii</i>	0	5	15	0	5	10
<i>Ophelia rathkei</i>	0	25	30	0	5	10
<i>Phyllodoce mucosa</i>	66	52	66	53	13	50
<i>Polydora ciliata</i>	13	13	13	4	4	13
<i>Pygospio elegans</i>	26	26	52	105	131	79
<i>Scoloplos armiger</i>	54	30	13	53	4	26
<i>Travisia forbesi</i>	3	3	4	4	4	4
Annelids/Oligochaetes						
<i>Tubificoides benedini</i>	3000	421	1342	2315	263	315
Arthropods/Crustaceans						
<i>Bathyporeia pilosa</i>	5	210	131	6	157	13
<i>Corophium volutator</i>	5	0	0	10	0	0
<i>Eurydice pulchra</i>	0	0	5	0	0	4
Arthropods/Insects						
Chironomid larvae	290	13	150	13	3	26
Molluscs/Gastropods						
<i>Hydrobia ulvae</i>	10	0	0	6	0	0
<i>Littorina littorea</i>	13	10	10	13	6	6
<i>Retusa obtusa</i>						
Molluscs/Bivalves						
<i>Cerastoderma edule</i>	105	79	158	131	79	140
<i>Macoma balthica</i>	79	26	52	53	26	52
<i>Mya arenaria</i>	3	0	0	2	0	0
<i>Tellina tenuis</i>	13	5	5	13	5	6
Total (ind. m ⁻²)	6173	1559	3583	7046	1403	1803

TABLE 5. – Mean standing biomass (gAFDW m⁻²) of individuals of most abundant invertebrate species during the periods 1994-1995 and 1995-1996 at the three sampled sites at Culbin Sands, NE Scotland. Based on densities (Table 4) and mean individual weight for species (using N=30 ind. per species and size class). Infaunal species not listed showed an overall mean <2 ind. m⁻². Crabs *Carcinus maenas* (epibenthic) showed overall abundance ≤0.2 ind. m⁻².

Yer Site	1994 - 1995			1995 - 1996		
	1	2	3	1	2	3
Nematodes	0.075	0.021	0.060	0.093	0.022	0.071
Annelids/Polychaetes						
<i>Arenicola marina</i>	19.327	18.662	18.924	17.532	17.556	18.571
<i>Capitella capitata</i>	0.0820	0.007	0.060	0.143	0.036	0.063
<i>Fabricia sabella</i>	0.001	0.001	0.01	<0.001	0.003	0.001
<i>Nereis diversicolor</i>	0.022	0.020	0.046	0.014	0.014	0.021
<i>Nephtys hombergii</i>	0	0.012	0.044	0	0.012	0.035
<i>Ophelia rathkei</i>	0	0.008	0.012	0	0.002	0.005
<i>Phyllodoce mucosa</i>	0.050	0.037	0.052	0.037	0.009	0.035
<i>Polydora ciliata</i>	0.045	0.045	0.045	0.014	0.014	0.045
<i>Pygospio elegans</i>	0.091	0.091	0.272	0.225	0.271	0.170
<i>Scoloplos armiger</i>	0.323	0.170	0.074	0.323	0.227	0.145
<i>Travisia forbesi</i>	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001
Annelids/Oligochaetes						
<i>Tubificoides benedini</i>	0.842	0.061	0.190	0.642	0.092	0.115
Arthropods/Crustaceans						
<i>Bathyporeia pilosa</i>	<0.001	0.026	0.008	<0.001	0.022	0.002
<i>Corophium volutator</i>	<0.001	0	0	<0.001	0	0
<i>Eurydice pulchra</i>	0	0	<0.001	0	0	<0.001
Arthropods/Insects						
Chironomid larvae	0.231	0.005	0.020	0.005	0.002	0.012
Molluscs/Gastropods						
<i>Hydrobia ulvae</i>	0.001	0	0	<0.001	0	0
<i>Littorina littorea</i>	0.016	0.015	0.012	0.016	0.008	0.008
<i>Retusa obtusa</i>	0.012	0.003	0.006	<0.001	<0.001	<0.001
Molluscs/Bivalves						
<i>Cerastoderma edule</i>	6.385	5.014	10.625	2.325	1.375	3.370
<i>Macoma balthica</i>	2.379	0.782	1.560	1.591	0.786	1.562
<i>Mya arenaria</i>	0.631	0	0	0.427	0	0
<i>Tellina tenuis</i>	0.133	0.051	0.050	0.133	0.055	0.069
Total (gAFDW m ⁻²)	30.64	25.03	32.01	23.52	20.50	24.29
Total (kJ m ⁻²)	702	576	740	541	472	559

ples throughout the year, making it difficult to compare results between caged and uncaged areas.

For the gastropod *Hydrobia ulvae* there were significant differences in densities between caged and uncaged areas throughout the year, but this was not observed for other gastropod species such as *Littorina* spp. or *Retusa obtusa*. (Fig. 4).

The density of bivalves *Macoma balthica* also showed significant differences between caged and uncaged areas, with higher densities in caged areas (bird enclosures) during autumn-winter and winter-spring (Fig. 5).

For those species having significant differences between caged and uncaged areas, the same samples which provided the above results were analysed again, but this time after separating into size classes, and revealed the following results (Fig. 6):

- For gastropods *Hydrobia ulvae*, only the proportion of individuals of size class >3 mm was less abundant in bird-accessed areas during summer (P

significant, ANOVA, Bonferroni); and size class 2-3 mm also showed some degree of depletion from bird-accessed areas during summer (P just above level of significance, ANOVA, Bonferroni);

- For cockles *Cerastoderma edule*, only size class >15 mm showed some degree of depletion in bird accessed areas during autumn-winter (P just above level of significance), and was significantly less abundant in bird-accessed areas in winter-spring (P significant); and

- For clams *Macoma balthica*, size class >15 mm was less abundant in bird accessed areas all year round (P just above level of significance during autumn-winter, and P significant during the rest of the year), and size class 5-15 mm also showed some degree of depletion from bird-accessed areas during winter-spring (P just above level of significance).

This procedure could not be applied to the polychaete *Pygospio elegans* because specimens were all about the same size.

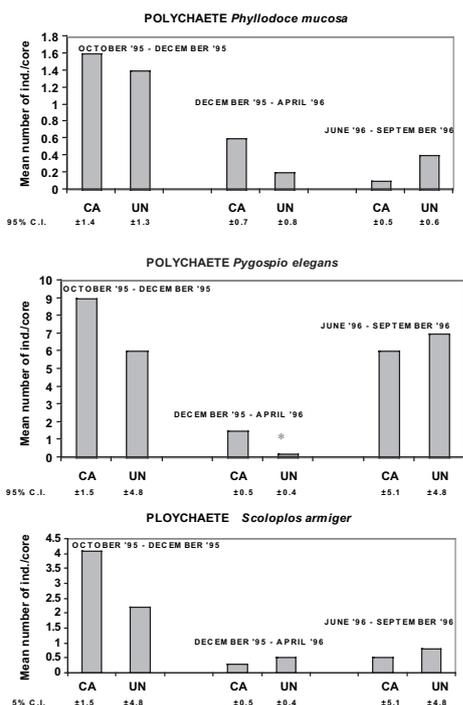


FIG. 3. – Testing the effects of shorebirds on benthic invertebrate (>1 mm) community density: absolute frequency of polychaetes (*Phyllocoe mucosa*, *Pygospio elegans*, and *Scoloplos armiger*) in caged (CA) and uncaged (UN) areas over one year at Culbin Sands lagoon, NE Scotland (*differences just above the level of significance; tests: ANOVA, Bonferroni).

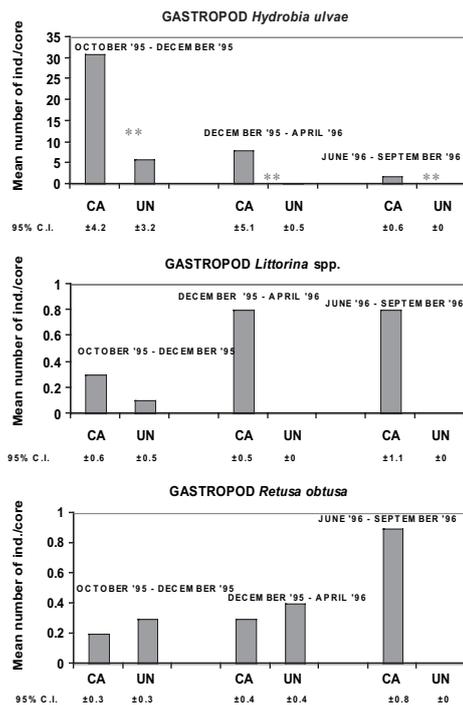


FIG. 4. – Testing the effects of shorebirds on benthic invertebrate (>1 mm) community density: absolute frequency of gastropods (*Hydrobia ulvae*, *Littorina* spp. and *Retusa obtusa*) in caged (CA) and uncaged (UN) areas over one year at Culbin Sands lagoon, NE Scotland (** significant differences; tests: ANOVA, Bonferroni).

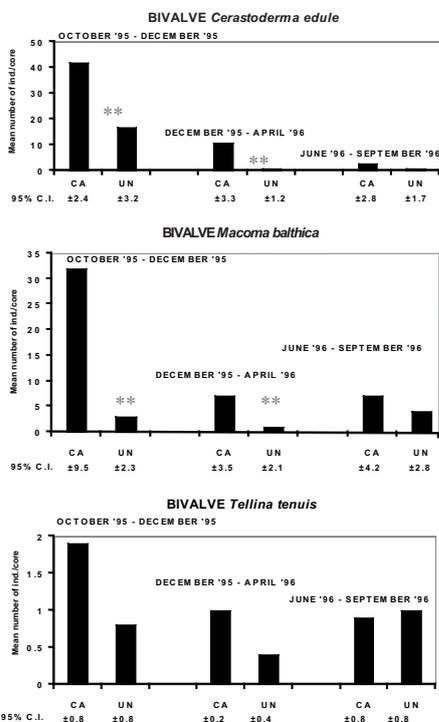


FIG. 5. – Testing the effects of shorebirds on benthic invertebrate (>1 mm) community density: absolute frequency of bivalves (*Cerastoderma edule*, *Macoma balthica* and *Tellina tenuis*) in caged (CA) and uncaged (UN) areas over one year at Culbin Sands lagoon, NE Scotland (** significant differences; * differences just above the level of significance; tests: ANOVA; Bonferroni).

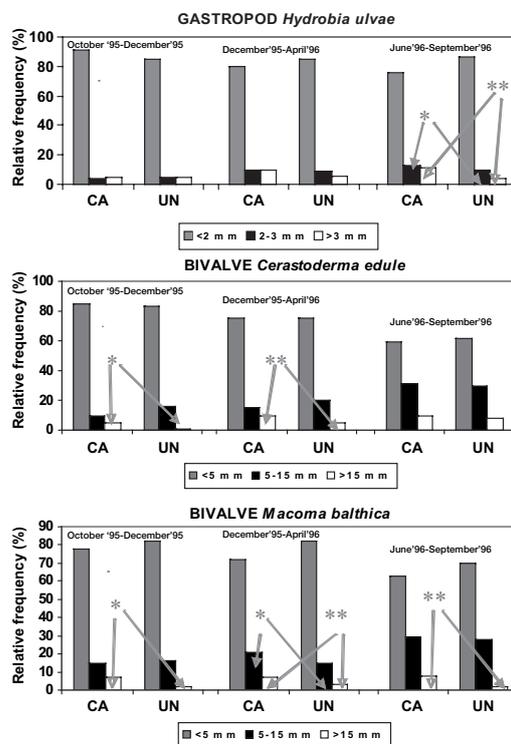


FIG. 6. – Testing the effects of shorebirds on benthic invertebrate (>1 mm) community structure: relative frequency of the three size-classes of *Hydrobia ulvae*, *Cerastoderma edule* and *Macoma balthica* in caged (CA) and uncaged (UN) areas over one year at Culbin Sands lagoon, NE Scotland (** significant differences; * differences just above the level of significance; tests: ANOVA, Bonferroni).

DISCUSSION

Energy flow from benthic invertebrates to shorebirds

Differences in standing stock of benthic invertebrates at Culbin Sands from 1994-1995 to 1995-1996, which showed a reduction of 22%, could have been due to natural variations, or most likely the consequence of the unexpected and unprecedented event of cockle harvesting which took place in June 1995. Harvesting by tractor affected the topography of the shore (Mendonça, 1997) and bivalves broken during the harvesting and left to decompose at the site probably contributed (at least temporarily) to anoxic conditions in the sediment, negatively affecting benthic macrofauna (e.g. Diaz and Rosenberg, 1995). Nevertheless, after the event there was no indication of shorebird population decline at Culbin Sands.

When the results obtained in the present study are compared with those obtained for other areas (e.g. Ythan estuary - Baird *et al.*, 1985; Dutch Wadden Sea - Boaden and Seed, 1985; and those listed in Table 1, although those estimates were in terms of removal from the annual production while in this study the data were in terms of removal from the standing stock), it may nevertheless be concluded that the study area could even support a larger population of shorebirds, as the consumption efficiency by the shorebird population in other areas was generally greater than that estimated for Culbin Sands lagoon. However, the efficiency value is likely to be greater if one considers only the standing stock of larger individual prey, which is likely to be selected by shorebirds.

Manipulative field experiments to test avian impact on benthic invertebrates

As inferred from the manipulative field experiments conducted in this study, during autumn-winter and winter-spring, when both birds and epibenthic predators (e.g. shrimps, crabs and fish) were excluded, there were no significant differences in benthic invertebrate prey densities between enclosures (caged areas) and controls (uncaged areas) for most benthic invertebrate infaunal species. Exceptions were only for larger mollusc species *Hydrobia ulvae*, *Cerastoderma edule*, and *Macoma balthica*. These differences were significant in both

periods, but they could not have been due to the presence of the epibenthic predators such as shrimps and fish because these prey sizes were too large to be taken by those predators (e.g. Becker and Chew, 1987). Additionally, epibenthic predators feed on bivalve siphon parts, which are anyway easily regenerated (e.g. Sandberg *et al.*, 1996). Moreover, if epibenthic predators had any significant effects on their prey, then it would be most obvious at this time of year, because they also have their recruitment in summer in areas of the North Sea (e.g. Evans, 1983; Mendonça, 1997), but since there were no demonstrable effects of epibenthic predators, it seems that the differences between predator enclosures (caged areas) and controls (uncaged areas) were due to the presence of shorebirds only. In fact, larger molluscs are likely prey for shorebirds such as knot *Calidris canutus*, dunlin *Calidris alpina*, redshank *Tringa tetanus* and bar-tailed godwit *Limosa lapponica* (all abundant in autumn-winter at Culbin) and shelduck *Tadorna tadorna*, (which was still being observed at Culbin in summer). Another wildfowl species abundant at Culbin is the wigeon *Anas Penelope*, but this is a herbivore species (e.g. Heinzl *et al.*, 1995). Some bird species such as the oystercatcher *Haematopus ostralegus*, especially abundant at Culbin, are known to specialise in larger bivalves in the Wadden Sea, preferring older cockles *Cerastoderma edule*, adult *Macoma balthica*, and juvenile *Mya arenaria* (e.g. Beukema and Cadée, 1996). Selection of larger prey by birds has also been observed in the Delaware Bay, USA (Bottom *et al.*, 1994; Andres, 2003; STC, 2003). As well as having direct impacts on their prey, shorebird predation pressure may also have indirect effects on other epibenthic predators, by reducing the available prey for juvenile fish and shrimps. In addition, shorebirds physically disturb the sediment during feeding activity, and the combined effects of predation and disturbance may be considerable (e.g. Bonsdorff *et al.*, 1995).

At Culbin Sands, many invertebrate species, especially bivalves, showed a peak of recruitment during the period September-November, just before the arrival of the massive influx of birds. This may reduce the overall effects of birds on the bivalve community. The occurrence of the bivalve recruitment in autumn at Culbin Sands was obvious from the tremendous increase in numbers of small bivalves found in caged areas, although the

presence of cages could also have produced exaggerated differences in numbers of small bivalves between caged and uncaged areas, as conditions in caged areas may favour settlement of larvae. However, cage artefacts seem unlikely because there were no differences in silt content between the caged and uncaged areas. Least likely but also possible, higher numbers of small bivalves as well as of small *Hydrobia ulvae* in caged areas during the periods October 1995-December 1995 and December 1995-April 1996 may also be associated with the macroalgal mats growing in caged areas, although they were cleaned every week. Macroalgae and other biogenic structures seem to promote higher numbers of infaunal species, until a point is reached where weed turns the sediment anoxic and populations start to decline (e.g. Yates *et al.*, 1996). Some authors (e.g. Turpie and Hockey, 1997) even relate shorebirds and weed mats, perhaps because shorebirds know that benthic invertebrates are probably more abundant in these areas. However, the depletion of *Hydrobia ulvae* from uncaged areas in summer (June 1996-September 1996) when string-type cages were used were most likely due to predatory pressure by shorebirds, which are still present during summer. Also, densities in caged areas during the summer experiment could be increased due to horizontal migration of benthic invertebrate species from uncaged to caged areas. However, with significantly lower densities of larger molluscs in uncaged areas also during autumn (October 1995-December 1995) and winter (December 1995-April 1996), it seems that differences between caged and uncaged areas in summer were most likely due to the presence of some birds which were over-wintering at these habitats and preyed on larger molluscs (e.g. Burger *et al.*, 1997). Finally, as the proportion of small molluscs (*Hydrobia* and bivalves) was not significantly different between caged and uncaged areas, the number of small molluscs in caged areas may simply indicate mollusc production, when effects of both epibenthic predators and birds are totally removed.

The results from the caging experiments also showed that differences in densities between caged and uncaged areas were more significant for *Macoma balthica* than for *Cerastoderma edule*. In fact, Piersma *et al.* (1993), and Kube *et al.* (1996) claim that the bivalve *Macoma balthica* is the preferred food for waders in the Wadden Sea, with *Hydrobia ulvae*,

Mytilus edulis and *Cerastoderma edule* being eaten when *Macoma balthica* becomes less abundant. In fact, several authors (e.g. Zwarts *et al.*, 1994; Piersma *et al.*, 2003) have observed that *Macoma balthica* has several advantages from the point of view of these predators: they have a high biomass/volume ratio; they are not excessively wide in comparison with the predator's beak width; they do not live too deep in the sediment; their shell is not as hard to break as that of other species such as *Cerastoderma edule*; and they are relatively abundant.

However, Prater (1981) and Wanink and Zwarts (2001) found that shorebirds also have a preference for larger polychaetes *Arenicola marina*, *Nereis* sp. and *Nephtys hombergii*. These polychaete species were abundantly present at Culbin, but probably because larger-sized molluscs (especially *Macoma balthica* but also *Cerastoderma edule*) were also abundantly available, shorebirds concentrated more on preying on molluscan prey, as consuming larger-sized prey is energetically more profitable and particular size ranges of each prey species are frequently favoured according to their profitability (Kalejta, 1993). The energetics and cost benefits of shorebirds feeding preferably on molluscs have been analysed by several authors (e.g. Wanink and Zwarts, 2001; Gills *et al.*, 2003, 2006a, 2006b; Rogers *et al.*, 2006), who concluded that the availability of molluscs as prey for shorebirds may even determine shorebird distribution and abundance.

Other bivalve species such as *Tellina tenuis* and *Mya arenaria* seemed to be non-preferred bivalve species, probably because *Tellina tenuis* was relatively small in body size compared with *Macoma balthica*, whilst *Mya arenaria* was probably too large for most bird species preying at Culbin Sands lagoon.

Despite controversy regarding the use of manipulative field experiments, the tests conducted throughout the year at Culbin Sands, NE Scotland, showed significant differences in densities of gastropods and bivalves between caged and uncaged areas, reflecting a negative effect by shorebird predation pressure on both prey community density and structure. Consequently, shorebirds at Culbin Sands had a marked impact not only on the relative composition of the invertebrate communities, but also on the population structure of individual prey species such as *Hydrobia ulvae*, *Cerastoderma edule* and *Macoma balthica*.

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