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Anticoagulation for the initial treatment of venous thromboembolism in patients with cancer (Review)

Akl EA, Vasireddi SR, Gunukula S, Barba M, Sperati F, Terrenato I, Muti P, Schünemann H

Akl EA, Vasireddi SR, Gunukula S, Barba M, Sperati F, Terrenato I, Muti P, Schünemann H.
Anticoagulation for the initial treatment of venous thromboembolism in patients with cancer.
Cochrane Database of Systematic Reviews 2011, Issue 6. Art. No.: CD006649.
DOI: 10.1002/14651858.CD006649.pub5.

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[Intervention Review]

Anticoagulation for the initial treatment of venous thromboembolism in patients with cancer

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Editorial group: Cochrane Gynaecological, Neuro-oncology and Orphan Cancer Group.

Publication status and date: Edited (no change to conclusions), published in Issue 1, 2013.

Citation: Akl EA, Vasireddi SR, Gunukula S, Barba M, Sperati F, Terrenato I, Muti P, Schünemann H. Anticoagulation for the initial treatment of venous thromboembolism in patients with cancer. *Cochrane Database of Systematic Reviews* 2011, Issue 6. Art. No.: CD006649. DOI: 10.1002/14651858.CD006649.pub5.

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ABSTRACT

Background

Compared to patients without cancer, patients with cancer who receive anticoagulant treatment for venous thromboembolism are more likely to develop recurrent venous thromboembolism (VTE).

Objectives

To compare the efficacy and safety of three types of parenteral anticoagulants for the initial treatment of VTE in patients with cancer.

Search methods

A comprehensive search for studies of anticoagulation in cancer patients including a February 2010 electronic search of: the Cochrane Central Register of Controlled Trials (CENTRAL), MEDLINE, EMBASE and ISI Web of Science.

Selection criteria

Randomized clinical trials (RCTs) comparing low molecular weight heparin (LMWH), unfractionated heparin (UFH), and fondaparinux in patients with cancer and objectively confirmed VTE.

Data collection and analysis

Using a standardized data form, data was extracted in duplicate on methodological quality, participants, interventions, and outcomes of interest that included mortality, recurrent VTE, major bleeding, minor bleeding, postphlebotic syndrome, quality of life, and thrombocytopenia.

Main results

Of 3986 identified citations, 16 RCTs were eligible: 13 compared LMWH to UFH, two compared fondaparinux to heparin, and one compared dalteparin to tinzaparin. Meta-analysis of 11 studies showed a statistically significant reduction in mortality at three months of follow up with LMWH compared with UFH (relative risk (RR) 0.71; 95% confidence interval (CI) 0.52 to 0.98). There was little

Anticoagulation for the initial treatment of venous thromboembolism in patients with cancer (Review)

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change in the effect estimate after excluding studies of lower methodological quality (RR 0.72; 95% CI 0.52 to 1.00). A meta-analysis of three studies comparing LMWH with UFH showed no statistically significant reduction in VTE recurrence (RR 0.78; 95% CI 0.29 to 2.08). The overall quality of evidence was low for LMWH versus UFH due to imprecision and likely publication bias. There were no statistically significant differences between heparin and fondaparinux for the outcomes of death (RR 1.27; 95% CI 0.88 to 1.84), recurrent VTE (RR 0.95; 95% CI 0.57 to 1.60), major bleeding (RR 0.79; 95% CI 0.39 to 1.63) or minor bleeding (RR 1.50; 95% CI 0.87 to 2.59). The one study comparing dalteparin to tinzaparin did not find a statistically significant difference in mortality (RR 0.86; 95% CI 0.43 to 1.73).

Authors' conclusions

LMWH is possibly superior to UFH in the initial treatment of VTE in patients with cancer. Additional trials focusing on patient important outcomes will further inform the questions addressed in this review.

PLAIN LANGUAGE SUMMARY

Blood thinners for the initial treatment of blood clots in patients with cancer

Patients with cancer are at an increased risk of blood clots. The blood thinner administered in the first few days can consist of unfractionated heparin (infused intravenously) or low molecular weight heparin (injected subcutaneously once or twice per day). These two blood thinners may have different efficacies and safety profiles. In this systematic review, data from 13 studies suggest that low molecular weight heparin is superior to unfractionated heparin in reducing mortality. However, there is not enough evidence to prove superiority in reducing recurrence of blood clots. We did not find data to compare the safety profile of these two medications.

SUMMARY OF FINDINGS FOR THE MAIN COMPARISON *[Explanation]*

| LMWH compared to UFH for the initial treatment of venous thromboembolism in patients with cancer | | | | | | |
|---|--|------------------------------------|----------------------------------|------------------------------|-------------------------------------|---|
| Patient or population: patients with the initial treatment of venous thromboembolism in patients with cancer | | | | | | |
| Settings: Inpatient or outpatient | | | | | | |
| Intervention: LMWH | | | | | | |
| Comparison: UFH | | | | | | |
| Outcomes | Illustrative comparative risks* (95% CI) | | Relative effect (95% CI) | No of Participants (studies) | Quality of the evidence (GRADE) | Comments |
| | Assumed risk | Corresponding risk | | | | |
| | UFH | LMWH | | | | |
| Death at 3 months Follow-up: median 3 months | 189 per 1000 | 134 per 1000 (98 to 185) | RR 0.71 (0.52 to 0.98) | 801 (11 studies) | ⊕⊕○○ low ^{1,2,3} | |
| Recurrent VTE Follow-up: median 3 months | 96 per 1000 | 75 per 1000 (28 to 200) | RR 0.78 (0.29 to 2.08) | 371 (3 studies) | ⊕⊕○○ low ^{3,4,5} | |
| Major bleeding - not reported | See comment | See comment | Not estimable | - | See comment | There is indirect evidence that both LMWH and UFH increase the risk of major bleeding compared with no anti-coagulation |
| Post phlebotic syndrome - not reported | See comment | See comment | Not estimable | - | See comment | |
| Quality of life - not reported | See comment | See comment | Not estimable | - | See comment | |

| | | | | | | |
|-------------------------------|---|-------------|-------------|---------------|---|-------------|
| Thrombocytopenia not reported | - | See comment | See comment | Not estimable | - | See comment |
|-------------------------------|---|-------------|-------------|---------------|---|-------------|

*The basis for the **assumed risk** (e.g. the median control group risk across studies) is provided in footnotes. The **corresponding risk** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

CI: Confidence interval; RR: Risk ratio;

GRADE Working Group grades of evidence

High quality: Further research is very unlikely to change our confidence in the estimate of effect.

Moderate quality: Further research is likely to have an important impact on our confidence in the estimate of effect and may change the estimate.

Low quality: Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate.

Very low quality: We are very uncertain about the estimate.

¹ Of the 11 studies, 10 clearly concealed allocation, one blinded patients, providers or data collectors, 11 blinded outcome adjudicators, and 10 used ITT.

² A relatively small number of events

³ We excluded 11 studies from the systematic review because the data for the cancer subgroup analysis was not reported. Of the 13 included studies, only three reported on the recurrence VTE outcome. An analysis of the same question not restricted to patients with cancer, demonstrated a likely publication bias in favor of LMWH.

⁴ Of the 3 studies, 2 clearly concealed allocation, none blinded patients, providers or data collectors, 3 blinded outcome adjudicators, and 2 used ITT.

⁵ CI includes values suggesting benefit and values suggesting harm

BACKGROUND

Glossary of terms found in [Table 1](#)

Description of the condition

Cancer status by itself increases the risk of venous thromboembolism (VTE) by four to six fold ([Heit 2000](#)). In addition, therapeutic interventions such as chemotherapy, hormonal therapy, and indwelling central venous catheters increase the risk of VTE in these patients ([Heit 2000](#)). Similarly, patients undergoing surgery for cancer have a higher risk of VTE than those undergoing surgery for benign diseases ([Gallus 1997](#); [Kakkar 1970](#)). Patients with cancer and VTE have a higher risk of death than patients with cancer alone or VTE alone ([Levitan 1999](#); [Sorensen 2002](#)).

This heightened hypercoagulable state might alter the response to anticoagulant treatment and the risk of bleeding. Compared to patients without cancer, patients with cancer who receive anticoagulant treatment for VTE are more likely to develop recurrent VTE with an annual risk of 21% to 27%, a two to threefold risk increase ([Hutten 2000](#); [Prandoni 2002](#)). These patients are also more likely to develop major bleeding with an annual risk of 12% to 13%, a two to six fold risk increase ([Hutten 2000](#); [Prandoni 2002](#)).

Description of the intervention

Heparin, low molecular weight heparins (LMWHs), fondaparinux, and danaparoid do not have intrinsic anticoagulant activity but potentiate the activity of antithrombin III in inhibiting activated coagulation factors. These agents constitute indirect anticoagulants as their activity is mediated by plasma cofactors. Recombinant hirudin, bivalirudin, and argatroban directly inhibit thrombin and are classified as direct anticoagulants ([Hirsh 2008](#)). Heparin and its low molecular weight derivatives are not absorbed orally and must be administered parenterally by intravenous infusion or subcutaneous injection ([Hirsh 1993](#)).

How the intervention might work

In the initial treatment of VTE, low molecular weight heparins (LMWH) and unfractionated heparin (UFH) might have a different comparative efficacy in patients with cancer than in patients without cancer. Subgroup analyses of a Cochrane systematic review showed that in patients without cancer there was no statistically significant difference between the effects of LMWH and UFH on overall mortality (odds ratio (OR) 0.97; 95% CI 0.61 to 1.56) ([van Dongen 2007](#)). However, in patients with cancer, LMWH resulted in a lower overall mortality compared to UFH (OR 0.53; 95% CI 0.33 to 0.85).

Why it is important to do this review

No systematic review has focused on the initial treatment of VTE in patients with cancer. While the above mentioned Cochrane review subgroup analysis compared the efficacy of these two drug classes it did not report on the safety of LMWH and UFH in this patient group. Furthermore, The Cochrane Collaboration has recognized that addressing all important outcomes including harm is of great importance to make evidence-based health care decisions. In addition, an analysis that includes an evaluation of direct comparative trials and subgroup analysis could prevent the potential pitfalls of subgroup analysis ([Oxman 2002](#)). A subgroup refers to a segment of the studied population with a specific characteristic that is relevant to the question under consideration (for example a subgroup of cancer patients with advanced disease).

OBJECTIVES

To compare the efficacy and safety of three types of parenteral anticoagulants (that is fixed dose low molecular weight heparin, adjusted dose unfractionated heparin, and fondaparinux) for the initial treatment of VTE in patients with cancer.

METHODS

Criteria for considering studies for this review

Types of studies

Randomized controlled trials (RCTs).

Types of participants

Patients with cancer and a confirmed diagnosis of VTE (acute deep venous thrombosis or pulmonary embolism). Patients could have been of any age group (including pediatric patients) with either solid or hematological cancer and at any stage of their cancer irrespective of the type of cancer therapy.

To include patients, deep venous thrombosis should have been diagnosed using one of the following objective diagnostic tests: venography, ¹²⁵I-fibrinogen uptake test, impedance plethysmography, or Doppler ultrasound. Pulmonary embolism should have been diagnosed using one of the following objective diagnostic tests: pulmonary perfusion or ventilation scans, computed tomography, pulmonary angiography).

Types of interventions

We considered comparisons of the following agents used in initial parenteral anticoagulation (typically the first five to 10 days): LMWH, UFH, or fondaparinux. We excluded studies in which thrombolytic therapy (for example streptokinase) was part of the intervention. The protocol should have planned to provide all other co-interventions (for example chemotherapy) similarly.

Types of outcome measures

Primary outcomes

- All cause mortality

Secondary outcomes

- Symptomatic recurrent deep venous thrombosis; events had to be diagnosed using one of the following objective diagnostic tests: venography, ¹²⁵I-fibrinogen uptake test, impedance plethysmography, or Doppler ultrasound
- Symptomatic recurrent pulmonary embolism; events had to be diagnosed using one of the following objective diagnostic tests: pulmonary perfusion or ventilation scans, computed tomography, pulmonary angiography or autopsy
 - Major bleeding
 - Minor bleeding
 - Postphlebitic syndrome
 - Quality of life
 - Thrombocytopenia

We accepted the authors' definitions of major bleeding, minor bleeding, thrombocytopenia, and postphlebitic syndrome as long as they were standardized.

Search methods for identification of studies

Electronic searches

The search was part of a comprehensive search for studies of anticoagulation in patients with cancer. We electronically searched the following databases: Cochrane Central Register of Controlled Trials (CENTRAL) (*The Cochrane Library* 2007, Issue 1), MEDLINE (1966 onwards; accessed via Ovid), EMBASE (1980 onwards; accessed via Ovid), and ISI Web of Science (February 2010). The search strategies combined terms relating to the anticoagulants, cancer, and study design. We list the search strategies in [Appendix 1](#).

Searching other resources

We handsearched the conference proceedings of the American Society of Clinical Oncology (ASCO) (starting with its first volume, 1982) and American Society of Hematology (ASH) (starting with its 2003 issue). We reviewed the reference lists of papers included this review and of other relevant systematic reviews (Dolovich 2000; Gould 1999; Hettiarachchi 1999; Quinlan 2004; Siragusa 1996; van Dongen 2007). We used the related article feature in PubMed to identify additional articles. We did not use language restrictions.

Data collection and analysis

Selection of studies

Two authors independently screened the title and abstract of identified article citations for potential eligibility. We retrieved the full text of articles judged potentially eligible by at least one author. Two authors then independently screened the full text article for eligibility using a standardized form with explicit inclusion and exclusion criteria (as detailed in the 'Criteria for considering studies for this review' section). The two authors resolved any disagreements about which articles were eligible by discussion or by consulting a third author.

Data extraction and management

We developed a data extraction form and pilot tested it. For English articles, two authors independently extracted the data from each study and resolved their disagreements by discussion or by consulting a third author. For non-English articles, one author extracted data. The collected data related to the following.

Participants

- Demographic characteristics (e.g., age, sex)
- Cancer characteristics (e.g., type, location, stage, time since diagnosis, estimated life expectancy, current cancer treatments, performance status)
 - Whether participants had deep venous thrombosis, pulmonary embolism, or both
 - Number of patients in each treatment arm

Interventions

- Type, dosage, and administration schedule of LMWH
- Dosage and administrative schedule of UFH
- Dosage schedule of fondaparinux
- Duration of initial parenteral therapy
- Type (oral anticoagulant versus LMWH) and duration of long-term anticoagulation

Outcomes

We attempted to extract both time to event data (for the survival outcome) and categorical data (for all outcomes). However, none of the studies reported time to event data for patients with cancer. For categorical data, we extracted the reported outcome data necessary to conduct intention-to-treat analyses. Outcome event rates were collected whenever they were reported in a trial. When the authors did not report and could not provide the number of events at specific time points, two biostatisticians estimated these numbers independently and in duplicate from survival curves, if available.

We attempted to contact authors for incompletely reported data. We decided a priori to consider abstracts only if authors supplied us with full reports of their methods and results.

Assessment of risk of bias in included studies

First, we assessed risk of bias at the study level using the Cochrane risk of bias tool. Two review authors independently assessed the methodological quality of each included study and resolved their disagreements by discussion. Methodological criteria included the following.

- Adequate sequence generation.
- Allocation concealment.
- Patient blinding.
- Provider blinding.
- Data collector blinding.
- Outcome assessor blinding.
- Analyst blinding.
- Percentage followed up and whether incomplete outcome data were addressed.
 - Whether the study was free of selective outcome reporting.
 - Whether the study was stopped early for benefit.
 - Whether the analysis followed the intention-to-treat (ITT) principle.

Second, we assessed the quality of evidence at the outcome level using the Grading of Recommendations Assessment, Development and Evaluation (GRADE) approach ([Cochrane Handbook](#)).

Measures of treatment effect

We collected and analyzed risk ratios (RRs) for dichotomous data. None of the outcomes of interest were meta-analyzed as a continuous variable.

Unit of analysis issues

The unit of analysis was the individual participant.

Dealing with missing data

All but two included studies reported 100% follow up. We analyzed the available data assuming that any data that could be missing were missing at random.

Assessment of heterogeneity

Heterogeneity between trials was assessed by visual inspection of forest plots, estimation of the percentage heterogeneity between trials which cannot be ascribed to sampling variation (I^2 statistic) ([Higgins 2003](#)), and by a formal statistical test of the significance of the heterogeneity. If there was evidence of substantial heterogeneity, the possible reasons for this were investigated and reported.

Assessment of reporting biases

We assessed reporting bias by trying to identify whether the study was included in a trial registry, whether a protocol was available, and whether the methods section provided a list of outcomes (to assess selective outcome reporting bias). We compared the list of outcomes from those sources to the outcomes reported in the published paper.

We assessed publication bias by creating an inverted funnel plot for the primary outcome of survival. We used the trim and fill technique to statistically evaluate the existence of publication bias ([Duval 2000](#)). We did not create funnel plots for the other outcomes due to the low number of included trials for each outcome.

Data synthesis

We calculated the agreement between the two independent review authors for the assessment of eligibility using the kappa statistic. For dichotomous data, we calculated the RR separately for each study. We then pooled the results of the different studies using a random-effects model.

Subgroup analysis and investigation of heterogeneity

We planned subgroup analyses based on characteristics of participants but did not conduct them as the needed data were not available.

Sensitivity analysis

We conducted sensitivity analysis by excluding studies with small and unbalanced arms.

RESULTS

Description of studies

Results of the search

The February 2010 search strategy identified a total of 8187 citations from which we removed the results of our January 2007 search. The title and abstract screening of the 8187 unique citations identified 59 as potentially eligible for this review. We included 16 studies and excluded the remaining 43. Agreement between authors for study eligibility was excellent ($\kappa = 0.94$).

Included studies

In all of the 16 included studies cancer patients constituted subgroups. Of these 16 studies, four studies reported data for the cancer subgroups (Prandoni 1992; Simmoneau 1993; Van Doormaal 2009 a; Van Doormaal 2009 b) and three studies (Breddin 2001; Hull 1992; Merli 2001) had follow-up publications reporting the cancer subgroup data (Green 1992; Kakkar 2000; Pineo 1997; Rodgers 1999). For two studies, we obtained the cancer subgroup data from the authors (Galilei 2004; Wells 2005). Seven studies did not report cancer subgroup data (Columbus 1997; Duroux 1991; Koopman 1996; Levine 1996; Lindmaker 1994; Lopaciuk 1992; Simmoneau 1997) so we used the data as reported in two published systematic reviews (Hettiarachchi 1999; van Dongen 2007).

Of the 16 studies, 13 compared a LMWH to UFH (total of 1016 participants), one compared dalteparin to tinzaparin (Wells 2005), one compared fondaparinux to enoxaparin (Van Doormaal 2009 a), and one compared fondaparinux to UFH (Van Doormaal 2009 b). None of the studies specified the types of cancer of the participants. In 15 of the 16 studies the initial parenteral anticoagulation was followed by oral anticoagulation for at least three months. In Duroux 1991, the long-term anticoagulation was either UFH subcutaneously or oral anticoagulation depending on the usual regimen of the participating center (Duroux 1991).

Excluded studies

Of the 43 excluded studies, in 11 studies patients with cancer constituted study subgroups but their outcome data were not available (Albada 1989; Belcaro 1999; Bratt 1990; Buller 2004; Fiessinger 1996; Harenberg 1990; Harenberg 2000; Holm 1986; Hull 2000; Luomanmaki 1996; Riess 2003). We excluded the remaining 32 studies for the following reasons: review (11), case report or series (4), letter to the editor or editorial (4), cohort study (3), no patients with cancer included (3), retrospective study (2), no relevant outcome (2), different long-term management (1), not randomized (1), survey (1).

Risk of bias in included studies

Allocation

Allocation was adequately concealed in 14 studies; it was not clear whether it was adequately concealed in two studies (Breddin 2001; Duroux 1991).

Blinding

All studies blinded outcome assessors. Only two studies blinded data analysts (Galilei 2004; Wells 2005) and only three studies blinded patients and caregivers (Hull 1992; Van Doormaal 2009 a; Wells 2005).

Incomplete outcome data

Follow up was 89% for Breddin 2001, 92% for Duroux 1991, and 100% for the remaining studies.

Selective reporting

We did not suspect selective reporting of outcomes for any of the studies. The cancer subgroup data were missing for a large number of studies.

Other potential sources of bias

Thirteen studies clearly used intention-to-treat analysis (Duroux 1991; Galilei 2004; Hull 1992; Koopman 1996; Levine 1996; Lindmaker 1994; Lopaciuk 1992; Merli 2001; Prandoni 1992; Simmoneau 1997; Van Doormaal 2009 a; Van Doormaal 2009 b; Wells 2005). None of the studies were stopped early for benefit.

Effects of interventions

See: [Summary of findings for the main comparison LMWH compared to UFH for the initial treatment of venous thromboembolism in patients with cancer](#); [Summary of findings 2 Fondaparinux compared to heparin for the initial treatment of venous thromboembolism in patients with cancer](#)

Low molecular weight heparin versus unfractionated heparin

Mortality

The number of fatal events was available for 11 studies (801 patients) at three months follow up (Columbus 1997; Duroux 1991; Galilei 2004; Hull 1992; Koopman 1996; Levine 1996; Lindmaker 1994; Lopaciuk 1992; Prandoni 1992; Simmoneau 1993; Simmoneau 1997). The pooled analysis showed a statistically significant mortality reduction in patients treated with LMWH compared with those treated with UFH (RR 0.71; 95% CI 0.52 to 0.98) (Figure 1). No heterogeneity was present ($I^2 = 0\%$). After excluding the three studies with small and imbalanced

arms (Duroux 1991; Lopaciuk 1992; Simmoneau 1993) the benefit remained borderline statistically significant (RR 0.72; 95% CI 0.52 to 1.00). The figure shows the inverted funnel plot for the outcome of death (Figure 2). The trim and fill technique did not suggest publication bias but we still suspected it because 11 studies did not report cancer subgroup data. Figure 3 summarizes the risk of bias for studies assessing this outcome. The quality of the body of evidence for mortality was low due to imprecision and likely publication bias (Summary of findings for the main comparison).

Figure 1. Forest plot of comparison: I LMWH vs. UFH, outcome: I.I Death at 3 months.

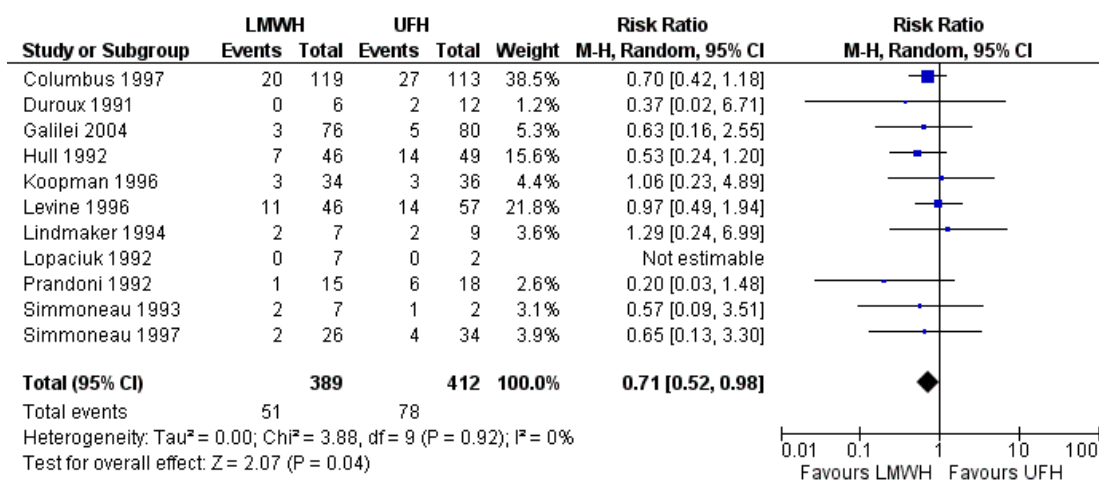


Figure 2. Inverted funnel plot for studies comparing the effect on mortality of LMWH and UFH as the initial anticoagulation in cancer patients with venous thromboembolism

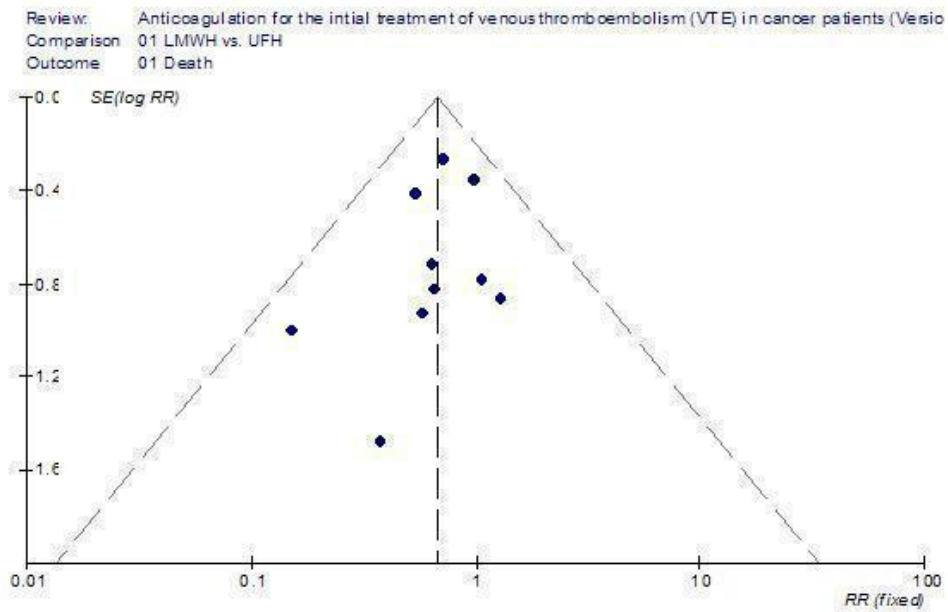


Figure 3. Risk of bias summary: review authors' judgements about each risk of bias item for included studies assessing mortality (LMWH vs. UFH).

| | Adequate sequence generation? | Allocation concealment? | Blinding of patients? | Blinding of providers? | Blinding of data collectors? | Blinding of outcome adjudicators? | Blinding of data analysts? | Incomplete outcome data addressed? | Intention to treat analysis? | Free of selective reporting? | Free of other bias? |
|----------------|-------------------------------|-------------------------|-----------------------|------------------------|------------------------------|-----------------------------------|----------------------------|------------------------------------|------------------------------|------------------------------|---------------------|
| Columbus 1997 | + | + | - | - | - | + | ? | + | ? | + | + |
| Duroux 1991 | + | ? | - | - | - | + | + | + | + | + | + |
| Galilei 2004 | + | + | - | - | - | + | + | + | + | + | + |
| Hull 1992 | + | + | + | + | + | + | - | + | + | + | + |
| Koopman 1996 | + | + | - | - | - | + | - | + | + | + | + |
| Levine 1996 | + | + | - | - | - | + | - | + | + | + | + |
| Lindmaker 1994 | + | + | - | - | - | + | - | + | - | + | + |
| Lopaciuk 1992 | + | + | - | - | - | + | - | + | + | + | + |
| Prandoni 1992 | + | + | - | - | - | + | - | + | + | + | + |
| Simmoneau 1993 | + | + | - | - | - | + | - | + | + | + | + |
| Simmoneau 1997 | + | + | - | - | - | + | - | + | + | + | + |

Recurrent venous thromboembolism (VTE)

No data were available for deep venous thrombosis or pulmonary embolism events separately. The data for recurrent VTE events were available for three studies (Breddin 2001; Galilei 2004; Merli 2001). The pooled analysis showed a non-statistically significant advantage of LMWH over UFH (RR 0.78; 95% CI 0.29 to 2.08) with low heterogeneity ($I^2 = 32.4\%$) (Figure 4). Figure 5 summarizes the risk of bias for studies assessing this outcome. The quality of the body of evidence for recurrent VTE was low due to imprecision and likely publication bias (Summary of findings for the main comparison).

Figure 4. Forest plot of comparison: 1 LMWH vs. UFH, outcome: 1.2 Recurrent VTE.

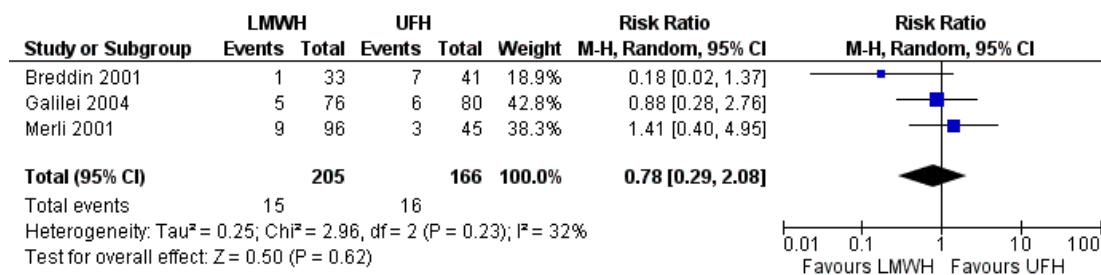


Figure 5. Risk of bias summary: review authors' judgements about each risk of bias item for included studies assessing recurrent VTE (LMWH vs. UFH).

| | Adequate sequence generation? | Allocation concealment? | Blinding of patients? | Blinding of providers? | Blinding of data collectors? | Blinding of outcome adjudicators? | Blinding of data analysts? | Incomplete outcome data addressed? | Intention to treat analysis? | Free of selective reporting? | Free of other bias? |
|---------------|-------------------------------|-------------------------|-----------------------|------------------------|------------------------------|-----------------------------------|----------------------------|------------------------------------|------------------------------|------------------------------|---------------------|
| Breiddin 2001 | + | ? | - | - | - | + | ? | + | ? | + | + |
| Galilei 2004 | + | + | - | - | - | + | + | + | + | + | + |
| Merli 2001 | + | + | - | - | - | + | - | + | + | + | + |

No data were available for bleeding outcomes, thrombocytopenia, postphlebotic syndrome, or quality of life.

Fondaparinux versus unfractionated heparin (UFH)

The pooled results of the two studies comparing fondaparinux to heparin (Van Doornaal 2009 a; Van Doornaal 2009 b) showed no statistically significant difference between the two agents for the outcomes of death (RR 1.27; 95% CI 0.88 to 1.84), recurrent VTE (RR 0.95; 95% CI 0.57 to 1.60), major bleeding (RR 0.79; 95% CI 0.39 to 1.63), or minor bleeding (RR 1.50; 95% CI 0.87 to 2.59). Figure 6 summarizes the risk of bias for these two studies. The quality of the body of evidence was moderate for mortality, major bleeding, and minor bleeding due to imprecision; and low for recurrent VTE due to inconsistency and imprecision (Summary of findings 2).

Figure 6. Risk of bias summary: review authors' judgements about each risk of bias item for included studies (fondaparinux vs. heparin).












| | Adequate sequence generation? | Allocation concealment? | Blinding of patients? | Blinding of providers? | Blinding of data collectors? | Blinding of outcome adjudicators? | Blinding of data analysts? | Incomplete outcome data addressed? | Intention to treat analysis? | Free of selective reporting? | Free of other bias? |
|---------------------|-------------------------------|-------------------------|-----------------------|------------------------|------------------------------|-----------------------------------|----------------------------|------------------------------------|------------------------------|------------------------------|---------------------|
| Van Doormaal 2009 a | + | + | + | + | + | + | - | + | + | + | + |
| Van Doormaal 2009 b | + | + | - | - | - | + | - | + | + | + | + |

No data were available for thrombocytopenia, postphlebotic syndrome, or quality of life.

Dalteparin versus tinzaparin

The study comparing dalteparin to tinzaparin (Wells 2005) found no statistically significant difference for the outcomes of death (RR 0.86; 95% CI 0.43 to 1.73), VTE recurrence (RR 0.44; 95% CI 0.09 to 2.16), major bleed (RR 2.19; 95% CI 0.20 to 23.42), or minor bleed (RR 0.82; 95% CI 0.30 to 2.21). Figure 7 summarizes the risk of bias for this study. The overall quality of evidence was moderate, due to imprecision.

Figure 7. Risk of bias summary: review authors' judgements about each risk of bias item for the included study (dalteparin to tinzaparin).

| | | | | | | | | | | | |
|------------|--|--|--|--|--|--|---|--|--|--|--|
| Wells 2005 |  |  |  |  |  |  |  |  |  |  |  |
| | Adequate sequence generation? | Allocation concealment? | Blinding of patients? | Blinding of providers? | Blinding of data collectors? | Blinding of outcome adjudicators? | Blinding of data analysts? | Incomplete outcome data addressed? | Intention to treat analysis? | Free of selective reporting? | Free of other bias? |

ADDITIONAL SUMMARY OF FINDINGS *[Explanation]*

| Fondaparinux compared to heparin for the initial treatment of venous thromboembolism in patients with cancer | | | | | | |
|--|--|------------------------------|----------------------------------|------------------------------|--|----------|
| Patient or population: patients with the initial treatment of venous thromboembolism in patients with cancer Settings: Inpatient or outpatient Intervention: Fondaparinux Comparison: heparin | | | | | | |
| Outcomes | Illustrative comparative risks* (95% CI) | | Relative effect (95% CI) | No of Participants (studies) | Quality of the evidence (GRADE) | Comments |
| | Assumed risk | Corresponding risk | | | | |
| | heparin | Fondaparinux | | | | |
| Death Follow-up: median 3 months | Study population | | RR 1.27 (0.88 to 1.84) | 477 (2 studies) | ⊕⊕⊕○ moderate ^{1,2} | |
| | 172 per 1000 | 218 per 1000 (151 to 316) | | | | |
| | Medium risk population | | | | | |
| | 170 per 1000 | 216 per 1000 (150 to 313) | | | | |
| Recurrent VTE Follow-up: median 3 months | Study population | | RR 0.95 (0.57 to 1.6) | 477 (2 studies) | ⊕⊕○○ low ^{1,2,3} | |
| | 117 per 1000 | 111 per 1000 (67 to 187) | | | | |
| | Medium risk population | | | | | |
| | 113 per 1000 | 107 per 1000 (64 to 181) | | | | |

| | | | | | | |
|---|-------------------------------|------------------------------------|----------------------------------|--------------------|--|--|
| Major bleeding Follow-up: median 3 months | Study population | | RR 0.79 (0.39 to 1.63) | 477 (2 studies) | ⊕⊕⊕○ moderate ^{1,3} | There is indirect evidence that both fondaparinux and heparin increase the risk of bleeding compared with no anticoagulation |
| | 67 per 1000 | 53 per 1000 (26 to 109) | | | | |
| | Medium risk population | | | | | |
| | 67 per 1000 | 53 per 1000 (26 to 109) | | | | |
| Minor bleeding Follow-up: median 3 months | Study population | | RR 1.5 (0.87 to 2.59) | 477 (2 studies) | ⊕⊕⊕○ moderate ^{2,4} | There is indirect evidence that both fondaparinux and heparin increase the risk of bleeding compared with no anticoagulation |
| | 79 per 1000 | 119 per 1000 (69 to 205) | | | | |
| | Medium risk population | | | | | |
| | 81 per 1000 | 122 per 1000 (70 to 210) | | | | |
| Post phlebotic syndrome - not reported | See comment | See comment | Not estimable | - | See comment | |
| Quality of life - not reported | See comment | See comment | Not estimable | - | See comment | |
| Thrombocytopenia - not reported | See comment | See comment | Not estimable | - | See comment | |

*The basis for the **assumed risk** (e.g. the median control group risk across studies) is provided in footnotes. The **corresponding risk** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

CI: Confidence interval; **RR:** Risk ratio;

GRADE Working Group grades of evidence

High quality: Further research is very unlikely to change our confidence in the estimate of effect.

Moderate quality: Further research is likely to have an important impact on our confidence in the estimate of effect and may change the estimate.

Low quality: Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate.

Very low quality: We are very uncertain about the estimate.

¹ Of the 2 studies, both concealed allocation, one blinded patients, providers, data collectors and outcome adjudicators, both used ITT and none was stopped early for benefit

² CI includes values suggesting benefit and values suggesting harm

³ I²=85%

⁴ I²=38%

DISCUSSION

Summary of main results

This systematic review found a patient important and statistically significant mortality reduction with the use of LMWH compared to UFH in the initial treatment of VTE in patients with cancer. The comparative effect on the incidence of VTE was not statistically significant. There were no statistically significant differences between fondaparinux and heparin nor between dalteparin and tinzaparin in the effects on the outcomes of interest.

Overall completeness and applicability of evidence

The completeness of the data is a major concern in this systematic review. First, of a total of 24 potentially eligible studies we did

not include 11 because the authors did not report the needed subgroup data for patients with cancer. These 11 studies would have contributed 340 additional participants to the meta-analysis (801 are currently included). If the treatment effect from those studies was different from the reported effect, their exclusion from the meta-analysis could have biased our results. Moreover, only three of the included studies reported cancer subgroup data for VTE recurrence and none reported cancer subgroup data for the bleeding outcomes.

Second, there is evidence of publication bias in favor of LMWH even when considering all studies comparing subcutaneous UFH to LMWH in the initial management of VTE for any patient (with or without cancer) (see [Figure 8](#), [Figure 9](#), [Figure 10](#) from an unpublished analysis). This affects our confidence in the results of the current analysis suggesting superiority of LMWH over UFH.

Figure 8. Funnel plot for mortality outcome for LMWH vs. SC UFH in all patients (unpublished)

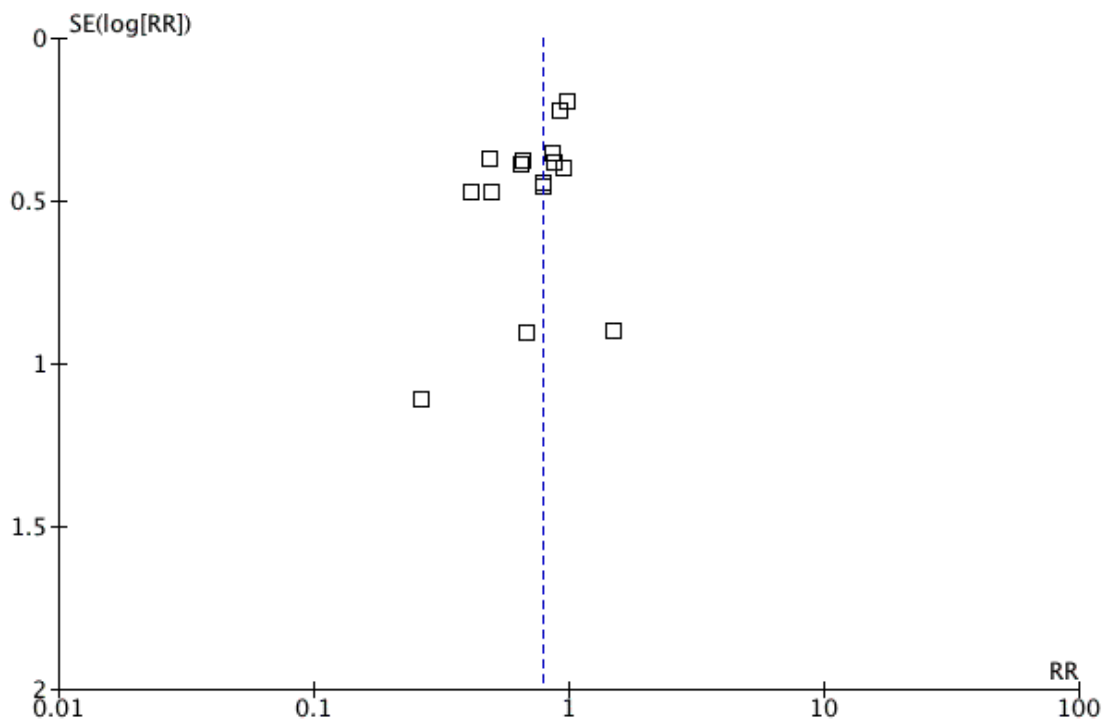


Figure 9. Funnel plot for recurrent VTE outcome for LMWH vs. SC UFH in all patients (unpublished)

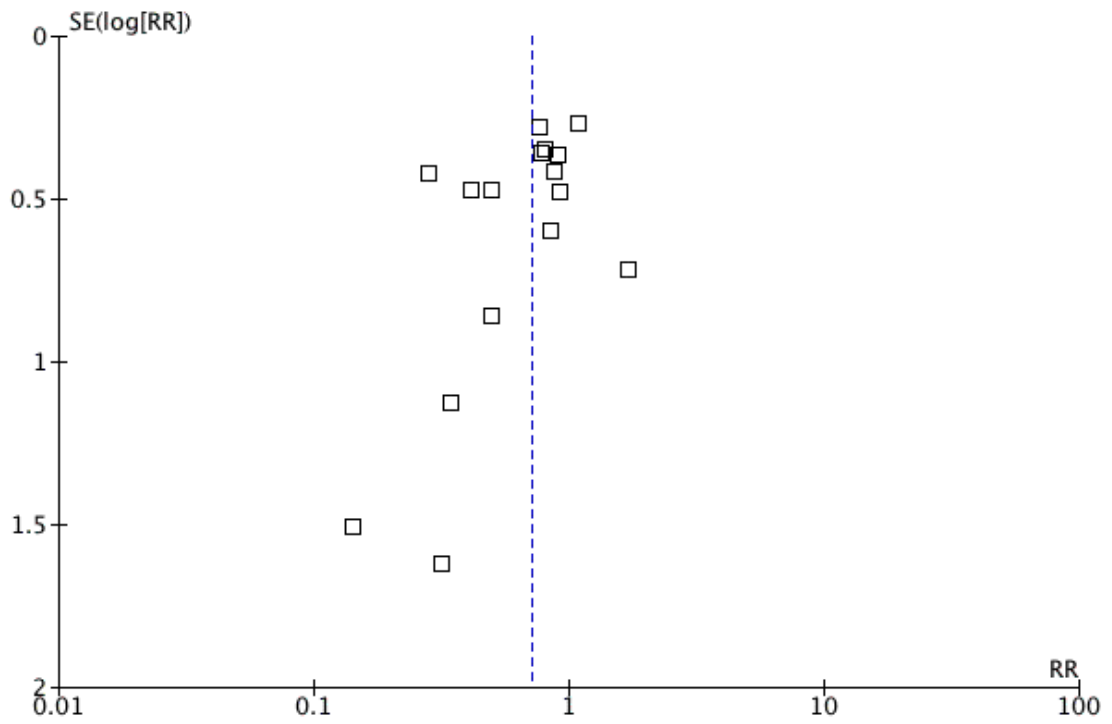
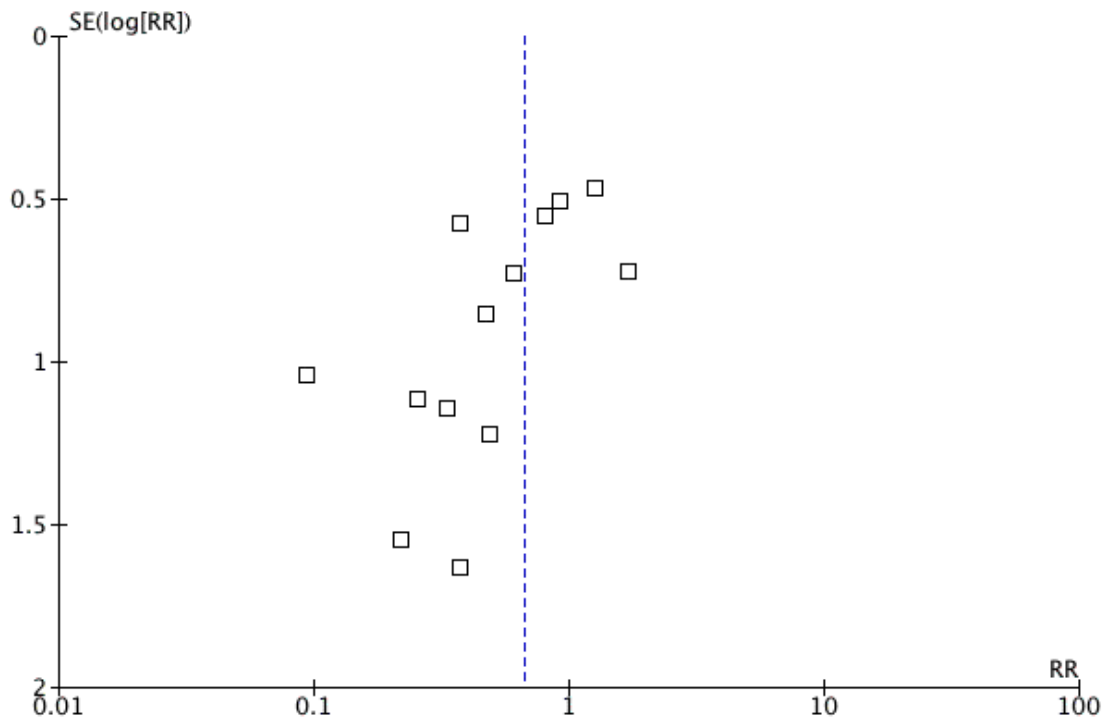


Figure 10. Funnel plot for major bleeding outcome for LMWH vs. SC UFH in all patients (unpublished)



Quality of the evidence

For the LMWH versus UFH comparison, the methodological quality for death and recurrent VTE outcomes was low due to imprecision and likely publication bias. For the fonaparinux versus heparin comparison, the quality of evidence was low for recurrent VTE (due to imprecision and inconsistency) and moderate for mortality and bleeding outcomes (due to imprecision). For the dalteparin versus tinzaparin comparison, the quality of evidence was also moderate for the outcomes of interest due to imprecision.

Potential biases in the review process

A potential limitation of our review is the limitation of the electronic search strategy to patients with cancer, while the data needed for this review came from studies not restricted to this subgroup. However, we think that the supplemental search strategies we used (in addition to the electronic search) were effective. In fact, our search strategy did not miss any of the studies reported in earlier systematic reviews on the topic.

Agreements and disagreements with other studies or reviews

Three previous systematic reviews compared the effects of LMWH and UFH on mortality in patients with cancer and with VTE. A 1999 review by Hettiarachchi et al included nine studies and 629 patients and resulted in an OR of 0.61 (95% CI 0.40 to 0.93) (Hettiarachchi 1999). A review by Gould et al included 279 patients and resulted in an OR of 0.57 (95% CI 0.31 to 1.03) (Gould 1999). Van Dongen et al conducted, in a Cochrane review, a subgroup analysis for patients with cancer and included six studies and 446 patients; it showed an OR of 0.53 (95% CI 0.33 to 0.85) (van Dongen 2007). While the current review includes more studies and patients (11 studies and 801 patients) than the three previous reviews, the resulting effect is consistent.

The two reviews by Hettiarachchi et al and van Dongen et al assessed the comparative efficacy of LMWH and UFH separately in patients with and without cancer (Hettiarachchi 1999; van Dongen 2007). While LMWH was superior to UFH in patients with cancer, as noted above, they were statistically equivalent in patients without cancer, with respective ORs of 0.94 (95% CI 0.60 to 1.47) and 0.97 (95% CI 0.61 to 1.56). However, the authors did not report testing statistically for subgroup effect.

AUTHORS' CONCLUSIONS

Implications for practice

LMWH is possibly superior to UFH in reducing mortality in the initial treatment of VTE in patients with cancer. The confidence in this effect is reduced by both the risk of bias in included studies and the likelihood of publication bias. However, there are additional advantages of LMWH related to subcutaneous administration and outpatient management (O'Brien 1999; Othieno 2007). One factor a patient might need to take into account when making this choice is the potential increase in out of pocket expenses with LMWH.

Implications for research

There is a need to conduct trials comparing anticoagulants in the

initial treatment of VTE that are restricted to patients with cancer. Researchers should consider making the raw data of RCTs available for individual patient data meta-analysis. Also, as recognized by the Cochrane Collaboration, addressing all important outcomes including harm is of great importance in making evidence-based healthcare decisions.

ACKNOWLEDGEMENTS

We thank Dr Merli, Dr Prandoni, Dr Siragusa and Dr Wells for providing us with data. We thank Ms Ann Grifasi for her administrative support.

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Kakkar VV, Howe CT, Nicolaidis AN, Renney JT, Clarke MB. Deep vein thrombosis of the leg. Is there a "high risk" group?. *American Journal of Surgery* 1970;**120**(4):527–30.

Kakkar 2000

Kakkar AK, Breddin HK, Kakkar VV, Kadziola ZA. Treatment of deep vein thrombosis in cancer: A comparison of unfractionated and low molecular weight heparin. *Blood* 2000;**96**(11):449A–A.

Levitan 1999

Levitan N, Dowlati A, Remick SC, Tahsildar HI, Sivinski LD, Beyth R. Rates of initial and recurrent thromboembolic disease among patients with malignancy versus those without malignancy: Risk analysis using Medicare claims data. *Medicine* 1999;**78**(5):285–91.

O'Brien 1999

O'Brien B, Levine M, Willan A, Goeree R, Haley S, Blackhouse G, Gent M. Economic evaluation of outpatient treatment with low-molecular-weight heparin for proximal vein thrombosis. *Archives of Internal Medicine* 1999;**159**(19):2298–304.

Othieno 2007

Othieno R, Abu Affan M, Okpo E. Home versus in-patient treatment for deep vein thrombosis. *Cochrane Database of Systematic Reviews* 2007, Issue 3. DOI: 10.1002/14651858.CD003076.pub2

Oxman 2002

Oxman A, Guyatt G. When to believe a subgroup analysis. In: Guyatt G, Rennie D editor(s). *Users' guides to the medical literature: a manual for evidence-based clinical practice*. Chicago: AMA Press, 2002:553–65.

Pineo 1997

Pineo GF, Hull RD, Raskob GE, Brant RF, Green D. Decreased mortality in cancer patients treated for proximal deep vein thrombosis with low-molecular-weight heparin as compared with unfractionated heparin. *Thrombosis and Haemostasis* 1997;**Suppl**:1566.

Prandoni 2002

Prandoni P, Lensing AWA, Piccioli A, Bernardi E, Simioni P, Girolami B, et al. Recurrent venous thromboembolism and bleeding complications during anticoagulant treatment

in patients with cancer and venous thrombosis. *Blood* 2002;**100**(10):3484–8.

Quinlan 2004

Quinlan DJ, McQuillan A, Eikelboom JW. Low-molecular-weight heparin compared with intravenous unfractionated heparin for treatment of pulmonary embolism - A meta-analysis of randomized, controlled trials. *Annals of Internal Medicine* 2004;**140**(3):175–83.

Rodgers 1999

Rodgers GM, Spiro TE. Treatment of cancer-associated deep-vein thrombosis with enoxaparin: comparison with unfractionated heparin therapy (Meeting abstract). Proceedings of the American Association for Cancer Research. 1999.

Siragusa 1996

Siragusa S, Cosmi B, Piovella F, Hirsh J, Ginsberg JS. Low-molecular-weight heparins and unfractionated heparin in the treatment of patients with acute venous thromboembolism: results of a meta-analysis. *American Journal of Medicine* 1996;**100**(3):269–77.

Sorensen 2002

Sorensen HT, Mellemkjaer L, Olsen JH, Baron JA. Prognosis of cancers associated with venous thromboembolism. *New England Journal of Medicine* 2000;**343**(25):1846–50.

van Dongen 2007

van Dongen CJJ, van den Belt AGM, Prins MH, Lensing AWA. Fixed dose subcutaneous low molecular weight heparins versus adjusted dose unfractionated heparin for venous thromboembolism. *Cochrane Database of Systematic Reviews* 2004, Issue 4 . Art. No.: CD001100. DOI: 10.1002/14651858.CD001100.pub2. DOI: 10.1002/14651858.CD001100.pub2

* Indicates the major publication for the study

CHARACTERISTICS OF STUDIES

Characteristics of included studies [ordered by study ID]

Breddin 2001

| | |
|---------------|---|
| Methods | Randomized controlled open label trial |
| Participants | 74 cancer patients with DVT but not PE (study subgroup); minimum age of 18 years |
| Interventions | Intervention: rivaroxaban weight based subcutaneous twice daily Control: UFH IV (continuous infusion of 1250 IU/hour) x 5-7 days Vitamin K antagonist (target INR >2) started on day 1 x 90 days A third group received rivaroxaban subcutaneous once day x 28 days and vitamin K antagonist on days 21-90 |
| Outcomes | Mortality, symptomatic DVT (not clear whether asymptomatic events included), PE, major bleeding |
| Notes | Funding: Knoll, Germany Follow up: 90 days Radiological surveillance: venography surveillance for DVT conducted at day 21 Setting: not reported |

Risk of bias

| Bias | Authors' judgement | Support for judgement |
|---|--------------------|---|
| Random sequence generation (selection bias) | Low risk | Quote: "Patients were randomly assigned to one of three groups, stratified according to site." Comment: definitely yes |
| Allocation concealment (selection bias) | Unclear risk | Not reported |
| Blinding of patients? | High risk | Quote: "open-label trial" Comment: probably no |
| Blinding of providers? | High risk | Quote: "open-label trial" Comment: probably no |
| Blinding of data collectors? | High risk | Quote: "open-label trial" Comment: probably no |
| Blinding of outcome adjudicators? | Low risk | Quote: "The venogram were assessed by two members of an independent committee who were unaware of the patients' treatment assignments and of whether the venograms were obtained before or after treatment." Comment: definitely yes |

Breddin 2001 (Continued)

| | | |
|------------------------------------|--------------|---|
| Blinding of data analysts? | Unclear risk | Not reported Comment: probably no |
| Incomplete outcome data addressed? | Low risk | 89% follow-up rate for VTE recurrence |
| Intention to treat analysis? | Unclear risk | Not reported |
| Free of selective reporting? | Low risk | Study not registered. No published protocol. All outcomes listed in the methods section reported on |
| Free of other bias? | Low risk | Study not stopped early for benefit |

Columbus 1997

| | |
|---------------|---|
| Methods | Randomized controlled trial |
| Participants | 232 cancer patients with proximal or distal DVT, PE or both; minimum age of 18 years |
| Interventions | Intervention: reviparin weight based subcutaneous twice daily at home Control: UFH IV (target aPTT 1.5-2.5) in the hospital x 5 days. Coumarin derivative (target INR >2) started on 1st or 2nd day x 12 weeks |
| Outcomes | Mortality, recurrent symptomatic venous thromboembolism, bleeding |
| Notes | Funding: Knoll AG Follow up: 12 weeks Radiological surveillance: no scheduled radiological surveillance for VTE was conducted Setting: patients could be treated at home, but the decision to do so was left to the treating physician |

Risk of bias

| Bias | Authors' judgement | Support for judgement |
|---|---------------------------|---|
| Random sequence generation (selection bias) | Low risk | Quote: "Randomization was performed with a computer algorithm." Comment: definitely yes |
| Allocation concealment (selection bias) | Low risk | Quote: "Randomization was performed with a computer algorithm and the use of a central 24-hour telephone service that recorded information on the patient before the treatment assignment was disclosed." Comment: central randomization |
| Blinding of patients? | High risk | Quote: "open international, randomized clinical trial" Comment: probably not |

Columbus 1997 (Continued)

| | | |
|------------------------------------|--------------|---|
| Blinding of providers? | High risk | Quote: “open international, randomized clinical trial” Comment: probably not |
| Blinding of data collectors? | High risk | Quote: “open international, randomized clinical trial” Comment: probably not |
| Blinding of outcome adjudicators? | Low risk | Quote: “Information on all suspected outcome events and deaths was reviewed and classified by a central adjudication committee whose members were unaware of the treatment assignments.” Comment: definitely yes |
| Blinding of data analysts? | Unclear risk | unclear |
| Incomplete outcome data addressed? | Low risk | 100% follow-up rate |
| Intention to treat analysis? | Unclear risk | Not reported |
| Free of selective reporting? | Low risk | Study not registered. No published protocol. All relevant outcomes listed in the methods section were reported on |
| Free of other bias? | Low risk | Study not stopped early for benefit |

Durox 1991

| | | |
|---|--|---|
| Methods | Randomized controlled trial | |
| Participants | 18 cancer patients with proximal DVT but no PE; minimum age 18 years | |
| Interventions | Intervention: CY216 (fraxiparin) 255 antiXa U/Kg twice daily x 10 days Control: UFH IV (target aPTT 1.5-2) x10 days After day 10 each center continued its usual anticoagulant regimen either by subcutaneous UFH at adjusted doses or by oral anticoagulants x 12 weeks | |
| Outcomes | Death, venous thromboembolism (venogram detected DVT), bleeding | |
| Notes | Funding: Sanofi-Choay Follow up: 12 weeks Radiological surveillance:venography surveillance for DVT conducted at day 10 Setting: not reported | |
| <i>Risk of bias</i> | | |
| Bias | Authors’ judgement | Support for judgement |
| Random sequence generation (selection bias) | Low risk | Quote: “Study was a randomized parallel group trial” Comment: probably yes |

Duroux 1991 (Continued)

| | | |
|---|--------------|---|
| Allocation concealment (selection bias) | Unclear risk | Not reported |
| Blinding of patients? | High risk | Quote: "Treatment could not be given double-blinded because of the different methods of administration and primarily the need for dose adjustment in the UFH group." Comment: probably not |
| Blinding of providers? | High risk | Quote: "Treatment could not be given double-blinded because of the different methods of administration and primarily the need for dose adjustment in the UFH group." Comment: probably not |
| Blinding of data collectors? | High risk | Quote: "Treatment could not be given double-blinded because of the different methods of administration and primarily the need for dose adjustment in the UFH group." Comment: probably not |
| Blinding of outcome adjudicators? | Low risk | Quote: "Principal judgement criterion was evaluated blinded by two independent radiologists(coded films)." Comment: definitely yes |
| Blinding of data analysts? | High risk | Quote: "Treatment could not be given double-blinded because of the different methods of administration and primarily the need for dose adjustment in the UFH group." Comment: probably not |
| Incomplete outcome data addressed? | Low risk | 92% follow-up rate. |
| Intention to treat analysis? | Low risk | Quote: "An intention-to-treat analysis including patients with premature cessation of treatment but in whom there was a D10 venogram was also undertaken." Comment: probably yes |
| Free of selective reporting? | Low risk | Study not registered. No published protocol. All relevant outcomes listed in the methods section were reported on |
| Free of other bias? | Low risk | Study not stopped early for benefit |

Galilei 2004

| | |
|---------------|--|
| Methods | Randomized controlled study |
| Participants | 156 cancer patients (study subgroup) with DVT of lower extremities and/or PE; minimum age of 18 years; minimum life expectancy of 3 months |
| Interventions | Intervention: nadroparin 80U/kg twice daily Control: UFH 1st dose weight adjusted IV, subsequent doses SC twice daily (target aPTT 50-90s) x 5 days warfarin (target INR 2-3) started the first two days x 12 weeks |
| Outcomes | Death; symptomatic recurrent VTE ; major bleeding, heparin induced thrombocytopenia |
| Notes | Funding: Gentium SpA, Como, Italy Follow up: 3months Radilogical surveillance: no scheduled radiological surveillance for VTE was conducted Setting: not reported |

Risk of bias

| Bias | Authors' judgement | Support for judgement |
|---|--------------------|---|
| Random sequence generation (selection bias) | Low risk | Quote: "Randomization was performed with a computer algorithm." Comment: definitely yes |
| Allocation concealment (selection bias) | Low risk | Quote: "Randomization was performed with a computer algorithm and the use of a 24 hour telephone service that recorded patient information before disclosure of the treatment assigned." Comment: definitely yes |
| Blinding of patients? | High risk | Quote: "open multicenter clinical trial" Comment: probably not |
| Blinding of providers? | High risk | Quote: "open multicenter clinical trial" Comment: probably not |
| Blinding of data collectors? | High risk | Quote: "open multicenter clinical trial" Comment: probably not |
| Blinding of outcome adjudicators? | Low risk | Quote: "Information on all suspected outcome events and deaths was reviewed and classified by a central adjudication committee blinded to treatment assignment" Comment: definitely yes |
| Blinding of data analysts? | Low risk | Quote: "open multicenter clinical trial" Comment: probably not |

Galilei 2004 (Continued)

| | | |
|------------------------------------|----------|---|
| Incomplete outcome data addressed? | Low risk | 100% follow-up rate |
| Intention to treat analysis? | Low risk | Quote: "Both analyses were performed on an intention-to-treat basis and included all patients who were randomly assigned to either strategy" Comment: definitely yes |
| Free of selective reporting? | Low risk | Study not registered. No published protocol. All relevant outcomes listed in the methods section were reported on |
| Free of other bias? | Low risk | Study not stopped early for benefit |

Hull 1992

| | |
|---------------|---|
| Methods | Randomized controlled trial |
| Participants | 95 cancer patients with proximal DVT (study subgroup); minimum age of 18 years |
| Interventions | Intervention: tinzaparin 175 antiXa U/kg subcutaneous once daily Control: UFH IV (target aPTT 1.5-2.5) x 6 days Warfarin (target INR 2-3) started on day 2 for 3 months |
| Outcomes | Mortality, symptomatic venous thromboembolism, bleeding |
| Notes | Funding: Heart and Stroke Foundation of Alberta and Novo Nordisk Follow up: 3 months Radiologica surveillance: no scheduled radiological surveillance for VTE was conducted Setting: inpatient |

Risk of bias

| Bias | Authors' judgement | Support for judgement |
|---|--------------------|--|
| Random sequence generation (selection bias) | Low risk | Quote: "A randomized, computer-derived treatment schedule was used to assign the patients to receive intravenous heparin or subcutaneous low molecular-weight heparin." |
| Allocation concealment (selection bias) | Low risk | Quote: "Before randomization, patients were stratified into groups according to a randomized, computer-derived treatment schedule was used to assign the patients to receive intravenous heparin or subcutaneous low molecular-weight heparin." Comment: probably yes |

Hull 1992 (Continued)

| | | |
|------------------------------------|-----------|---|
| Blinding of patients? | Low risk | Quote: “double blinded clinical trial.” Comment: probably yes |
| Blinding of providers? | Low risk | Quote: “double blinded clinical trial.” Comment: probably yes |
| Blinding of data collectors? | Low risk | Quote: “double blinded clinical trial.” Comment: probably yes |
| Blinding of outcome adjudicators? | Low risk | Quote: “Central adjudication committee was made by two committee members not involved in the patient’s care, and disputes were resolved independently by a third.” Comment: definitely yes |
| Blinding of data analysts? | High risk | Quote: “double blinded clinical trial.” Comment: probably not |
| Incomplete outcome data addressed? | Low risk | 100% follow-up rate |
| Intention to treat analysis? | Low risk | No loss to follow up and all patients randomized included in the analyses of outcomes |
| Free of selective reporting? | Low risk | Study not registered. No published protocol. All outcomes listed in the methods section were reported on |
| Free of other bias? | Low risk | Study not stopped early for benefit |

Koopman 1996

| | |
|---------------|---|
| Methods | Randomized controlled study |
| Participants | 70 cancer patients with proximal DVT without PE (study subgroup); minimum age of 18 years; minimum life expectancy of 6 months |
| Interventions | Intervention: nadroparin weight based subcutaneous twice daily at home Control: UFH IV (target aPTT 1.5-2) x 5 days Oral anticoagulation (target INR 2-3) started x 3 months |
| Outcomes | Death, recurrent symptomatic venous thromboembolism, major bleeding |
| Notes | Funding: Sanofi Winthrop Follow up: 6 months No scheduled radiological surveillance for VTE was conducted Setting: standard heparin was administered at the hospital and LMWH patient were allowed to be treated at home |

Koopman 1996 (Continued)

| <i>Risk of bias</i> | | |
|---|---------------------------|---|
| Bias | Authors' judgement | Support for judgement |
| Random sequence generation (selection bias) | Low risk | Quote: "After the patients gave informed consent, randomization (stratified according to center) was achieved by means of a central 24 hour telephone service." |
| Allocation concealment (selection bias) | Low risk | Quote: "After the patients gave informed consent, randomization (stratified according to center) was achieved by means of a central 24 hour telephone service." |
| Blinding of patients? | High risk | Quote: "This was an unblinded study" |
| Blinding of providers? | High risk | Quote: "This was an unblinded study" |
| Blinding of data collectors? | High risk | Quote: "This was an unblinded study" |
| Blinding of outcome adjudicators? | Low risk | Quote: "Documentation of all potential outcome events, including deaths, was submitted to an independent adjudication committee whose members were unaware of the treatment assignments." |
| Blinding of data analysts? | High risk | Quote: "This was an unblinded study" |
| Incomplete outcome data addressed? | Low risk | 99% follow-up rate |
| Intention to treat analysis? | Low risk | Quote: "The analyses were performed on an intention to treat basis" |
| Free of selective reporting? | Low risk | Study not registered. No published protocol. All the outcomes listed in the methods section were reported on |
| Free of other bias? | Low risk | Study not stopped early for benefit |

Levine 1996

| | |
|---------------|---|
| Methods | Randomized controlled study |
| Participants | 103 cancer patients with proximal or distal DVT without PE (study subgroup) |
| Interventions | Intervention: enoxaparin 1 mg/kg subcutaneous twice daily at home Control: UFH IV (target aPTT 60-85s) x 5 days Warfarin (target INR 2-3) started on evening of 2nd day for at least 3 months |
| Outcomes | Death, recurrent symptomatic venous thromboembolism, bleeding |

| | | |
|---|---|---|
| Notes | Funding: not reported Follow up: 90 days Radiological surveillance: no scheduled radiological surveillance for VTE was conducted Setting: LMWH given as outpatient (mean hospital stay=1.1±2.9 days); UFH given as inpatient (mean hospital stay=2.2±3.8 days) | |
| <i>Risk of bias</i> | | |
| Bias | Authors' judgement | Support for judgement |
| Random sequence generation (selection bias) | Low risk | Quote: "Patients were assigned to treatment through randomization over the telephone from a central line" Comment: definitely yes |
| Allocation concealment (selection bias) | Low risk | Quote: "Patients were assigned to treatment through randomization over the telephone from a central line" Comment: definitely yes |
| Blinding of patients? | High risk | Comment: probably not as no mention of blinding and the compared drugs administered using 2 different routes |
| Blinding of providers? | High risk | Comment: probably not as no mention of blinding and the compared drugs administered using 2 different routes |
| Blinding of data collectors? | High risk | Comment: probably not as no mention of blinding and the compared drugs administered using 2 different routes |
| Blinding of outcome adjudicators? | Low risk | Quote: "All reported outcome events were reviewed by a central adjudication committee whose members were unaware of the treatment assignments" Comment: definitely yes |
| Blinding of data analysts? | High risk | Comment: probably not as no mention of blinding |
| Incomplete outcome data addressed? | Low risk | 100% follow-up rate |
| Intention to treat analysis? | Low risk | No clear mention of ITT analysis. However, probably yes as no patients were lost to follow up and there was no mention of cross over |
| Free of selective reporting? | Low risk | Study not registered. No published protocol. All outcomes listed in the methods section were reported on |
| Free of other bias? | Low risk | Study not stopped early for benefit |

Lindmaker 1994

| | |
|---------------|--|
| Methods | Randomized controlled study |
| Participants | 16 cancer patients with DVT (below the inguinal ligament) but no PE (study subgroup) ; minimum age of 18 years |
| Interventions | Intervention: Fragmin 200 IU/Kg subcutaneous once daily Control: UFH IV (target aPTT 1.5-3) x 5 days Warfarin (target INR 2-3) x 3 months |
| Outcomes | Death, symptomatic pulmonary embolism, bleeding |
| Notes | Funding: Pharmacia AB Follow up: 6 months Radiological surveillance: no scheduled radiological surveillance for VTE was conducted Setting: not reported |

Risk of bias

| Bias | Authors' judgement | Support for judgement |
|---|---------------------------|---|
| Random sequence generation (selection bias) | Low risk | Quote: "Randomization was organized centrally using sealed envelopes stratified for each center in a block size of 20" |
| Allocation concealment (selection bias) | Low risk | Quote: "Randomization was organized centrally using sealed envelopes stratified for each center in a block size of 20" |
| Blinding of patients? | High risk | Comment: probably not as no mention of blinding and the compared drugs administered using 2 different routes |
| Blinding of providers? | High risk | Comment: probably not as no mention of blinding and the compared drugs administered using 2 different routes |
| Blinding of data collectors? | High risk | Comment: probably not as no mention of blinding and the compared drugs administered using 2 different routes |
| Blinding of outcome adjudicators? | Low risk | Quote: "All venograms were interpreted by a radiologist who did not know which of the treatments the patient had received or in which order the venogram has been performed." |
| Blinding of data analysts? | High risk | Comment: probably not as no mention of blinding |
| Incomplete outcome data addressed? | Low risk | 100% follow-up rate |

Lindmaker 1994 (Continued)

| | | |
|------------------------------|-----------|--|
| Intention to treat analysis? | High risk | “Of the 204 patients, 14 treated with UFH and 10 with Fragmin were excluded from the efficacy analysis” |
| Free of selective reporting? | Low risk | Study not registered. No published protocol. All outcomes listed in the methods section were reported on |
| Free of other bias? | Low risk | Study not stopped early for benefit |

Lopaciuk 1992

| | |
|---------------|---|
| Methods | Randomized controlled trial |
| Participants | 9 cancer patients with proximal or calf DVT without PE (study subgroup) |
| Interventions | Intervention: nadroparin 92 antiXa U/kg twice daily Control: UFH 1st dose IV, subsequent dose subcutaneous twice daily (target aPTT 1.5-2.5) x 10 days Acenocoumarol (target INR 2-3) started the 7th day x at least 3 months |
| Outcomes | Death, symptomatic pulmonary embolism, recurrent DVT, bleeding |
| Notes | Funding: Sanofi Follow up: 3 months Radiological surveillance: no scheduled radiological surveillance for VTE was conducted Setting: not reported |

Risk of bias

| Bias | Authors' judgement | Support for judgement |
|---|---------------------------|--|
| Random sequence generation (selection bias) | Low risk | Quote: “Study was a prospective, open, stratified, and randomized multicenter trial with a blind evaluation of phlebographic results” |
| Allocation concealment (selection bias) | Low risk | Quote: “they were randomly allocated by using a sealed envelope to either Fraxiparine or UFH group” Comment: no mention of sequential numbering and opacity |
| Blinding of patients? | High risk | Comment: probably not as no mention of blinding and the compared drugs administered using 2 different routes |
| Blinding of providers? | High risk | Comment: probably not as no mention of blinding and the compared drugs administered using 2 different routes |
| Blinding of data collectors? | High risk | Comment: probably not as no mention of blinding and the compared drugs administered using 2 different routes |

Lopaciuk 1992 (Continued)

| | | |
|------------------------------------|-----------|--|
| Blinding of outcome adjudicators? | Low risk | Quote: “blind evaluation of phlebographic results” Comment: yes for evaluation of DVT events |
| Blinding of data analysts? | High risk | Comment: probably not as no mention of blinding |
| Incomplete outcome data addressed? | Low risk | 100% follow-up rate |
| Intention to treat analysis? | Low risk | No clear mention of ITT analysis. However, probably yes as no patients were lost to follow up and there was no mention of cross over |
| Free of selective reporting? | Low risk | Study not registered. No published protocol. All outcomes listed in the methods section were reported on |
| Free of other bias? | Low risk | study not stopped early for benefit |

Merli 2001

| | |
|---------------|--|
| Methods | Randomized controlled trial |
| Participants | 141 cancer patients with DVT or PE (study subgroup); minimum age of 18 years |
| Interventions | Intervention: enoxaparin 1 mg/kg subcutaneous twice daily or 1.5 mg/kg subcutaneous once daily Control: UFH IV (target aPTT 55-80s) x 5 days Warfarin (target INR 2-3) started within 72h x 3 months |
| Outcomes | Mortality, symptomatic recurrent VTE, bleeding, drug induced thrombocytopenia |
| Notes | Funding: Aventis Follow up: 3 months Radiological surveillance: no scheduled radiological surveillance for VTE was conducted Setting: not reported |

Risk of bias

| Bias | Authors' judgement | Support for judgement |
|---|---------------------------|---|
| Random sequence generation (selection bias) | Low risk | Quote: “Patients were randomly assigned” |
| Allocation concealment (selection bias) | Low risk | Quote: “Randomization numbers were affixed to sealed treatment kits that contained study medication and were provided by the study sponsor” |
| Blinding of patients? | High risk | Comment: probably not as no mention of blinding and the compared drugs administered using 2 different routes |

Merli 2001 (Continued)

| | | |
|------------------------------------|-----------|--|
| Blinding of providers? | High risk | Comment: probably not as no mention of blinding and the compared drugs administered using 2 different routes |
| Blinding of data collectors? | High risk | Comment: probably not as no mention of blinding and the compared drugs administered using 2 different routes |
| Blinding of outcome adjudicators? | Low risk | Quote: "Outcome adjudication committee, which provided blinded outcome assignments for incidence outcomes" |
| Blinding of data analysts? | High risk | Comment: probably not as no mention of blinding and the compared drugs administered using 2 different routes |
| Incomplete outcome data addressed? | Low risk | 100% follow-up rate |
| Intention to treat analysis? | Low risk | Quote: "The efficacy analysis was performed on two study samples: all treated patients, who received at least one dose of study medication, and evaluable patients, which excluded all patients who met at least one of the criteria for non evaluability" Comment: the first analysis is ITT |
| Free of selective reporting? | Low risk | Study not registered. No published protocol. All outcomes listed in the methods section were reported on |
| Free of other bias? | Low risk | Study not stopped early for benefit |

Prandoni 1992

| | | |
|----------------------------|---|------------------------------|
| Methods | Randomized controlled trial | |
| Participants | 33 cancer patients with proximal DVT (study subgroup), minimum age of 18 years | |
| Interventions | Intervention: enoxaparin weight based subcutaneous twice daily Control: UFH IV (target aPTT 1.5-2.0) x 10 days Coumarin (target INR 2-3) started on day 7 for at least 3 months | |
| Outcomes | Death, symptomatic recurrent DVT, symptomatic pulmonary embolism | |
| Notes | Funding: not reported Follow up: 1, 3, 6 months Radiological surveillance: no scheduled radiological surveillance for VTE was conducted Setting: not reported | |
| <i>Risk of bias</i> | | |
| Bias | Authors' judgement | Support for judgement |

Prandoni 1992 (Continued)

| | | |
|---|-----------|---|
| Random sequence generation (selection bias) | Low risk | Quote: "Patients were allocated treatment by a prescribed randomisation schedule." Comment: definitely yes |
| Allocation concealment (selection bias) | Low risk | Quote: "Treatment was allocated by the sealed envelop method" Comment: definitely yes |
| Blinding of patients? | High risk | Quote: "Because the two regimens were given by different routes and because dose adjustments were necessary in the standard heparin group, we could not use a double blind design" Comment: probably not |
| Blinding of providers? | High risk | Quote: "Because the two regimens were given by different routes and because dose adjustments were necessary in the standard heparin group, we could not use a double blind design" Comment: probably not |
| Blinding of data collectors? | High risk | Quote: "Because the two regimens were given by different routes and because dose adjustments were necessary in the standard heparin group, we could not use a double blind design" Comment: probably not |
| Blinding of outcome adjudicators? | Low risk | Quote: "All clinical endpoints were reviewed by an adjudication committee from the coordinating center, unaware of treatment allocation or other details of patients." Comment: definitely yes |
| Blinding of data analysts? | High risk | Quote: "Because the two regimens were given by different routes and because dose adjustments were necessary in the standard heparin group, we could not use a double blind design" Comment: probably not |
| Incomplete outcome data addressed? | Low risk | 100% follow-up rate. |
| Intention to treat analysis? | Low risk | Quote: "intention to treat analysis was used" |
| Free of selective reporting? | Low risk | Study not registered. No published protocol. All outcomes listed in the methods section were reported on |
| Free of other bias? | Low risk | Study not stopped early for benefit |

Simmoneau 1993

| | |
|---------------|---|
| Methods | Randomized controlled study |
| Participants | 9 cancer patients with proximal DVT (study subgroup); minimum age of 18 years |
| Interventions | Intervention: enoxaparin 1 mg/kg subcutaneous twice daily Control: UFH IV (target aPTT 1.5-2.5) x 10 days Oral anticoagulation (target INR 2-3) started on day 10 for at least 3 months |
| Outcomes | Death, recurrent symptomatic venous thromboembolism, bleeding |
| Notes | Funding: not reported Followup: 3 months Radiological surveillance: no scheduled radiological surveillance for VTE was conducted Setting: not reported |

Risk of bias

| Bias | Authors' judgement | Support for judgement |
|---|---------------------------|---|
| Random sequence generation (selection bias) | Low risk | Quote: "The randomization code was drafted by means of a standard random number table randomizing in blocks of four" |
| Allocation concealment (selection bias) | Low risk | Quote: "The patients' treatment assignments were taken from sealed envelopes." |
| Blinding of patients? | High risk | Comment: probably not as no mention of blinding and the compared drugs administered using 2 different routes |
| Blinding of providers? | High risk | Comment: probably not as no mention of blinding and the compared drugs administered using 2 different routes |
| Blinding of data collectors? | High risk | Comment: probably not as no mention of blinding and the compared drugs administered using 2 different routes |
| Blinding of outcome adjudicators? | Low risk | Quote: "Venograms, perfusion lung scans, and pulmonary angiograms were subsequently reviewed by a central independent panel of two consultant specialists unaware of the treatment allocation" Comment: definitely yes |
| Blinding of data analysts? | High risk | Comment: probably not as no mention of blinding |
| Incomplete outcome data addressed? | Low risk | 100% follow-up rate |

Simmoneau 1993 (Continued)

| | | |
|------------------------------|----------|--|
| Intention to treat analysis? | Low risk | No clear mention of ITT analysis. However, probably yes as no patients were lost to follow up and there was no mention of cross over |
| Free of selective reporting? | Low risk | Study not registered. No published protocol. All outcomes listed in the methods section were reported on |
| Free of other bias? | Low risk | Study not stopped early for benefit |

Simmoneau 1997

| | |
|---------------|---|
| Methods | Randomized controlled trial |
| Participants | 60 cancer patients with PE (study subgroup); minimum age of 18 years; minimum life expectancy of 3 months |
| Interventions | Intervention: tinzaparin 175 antiXa U/kg subcutaneous once daily Controll: UFH IV (target aPTT 2-3) x 5 days Oral anticoagulation (target INR 2-3) started on 1st to 3rd day x at least 3 months |
| Outcomes | Death, symptomatic recurrent venous thrombus, major bleeding |
| Notes | Funding: Leo Pharmaceuticals Follow up: 90 days Radiological surveillance: no scheduled radiological surveillance for VTE was conducted Setting: the mean duration of anticoagulant treatment at a therapeutic dose before randomization was 18+/-6 hours in the patients assigned to unfractionated heparin and 18+/- 7hours in the patients assigned to low molecular weight heparin |

Risk of bias

| Bias | Authors' judgement | Support for judgement |
|---|---------------------------|---|
| Random sequence generation (selection bias) | Low risk | Quote: "central randomization was performed" |
| Allocation concealment (selection bias) | Low risk | Quote: "central randomization was performed with the use of a 24 hour computer service" |
| Blinding of patients? | High risk | Quote: "unblinded trial" Comment: probably not |
| Blinding of providers? | High risk | Quote: "unblinded trial" Comment: probably not |
| Blinding of data collectors? | High risk | Quote: "unblinded trial" Comment: probably not |

Simmoneau 1997 (Continued)

| | | |
|------------------------------------|-----------|--|
| Blinding of outcome adjudicators? | Low risk | Quote: "All the scans were reviewed independently and scored accordingly to this method by two readers, each unaware of the patient's treatment assignment" Comment: definitely yes |
| Blinding of data analysts? | High risk | Quote: "unblinded trial" Comment: probably not |
| Incomplete outcome data addressed? | Low risk | 100% follow-up rate |
| Intention to treat analysis? | Low risk | Quote: "The primary analysis was performed on an intention to treat basis" Comment: definitely yes |
| Free of selective reporting? | Low risk | Study not registered. No published protocol. All outcomes listed in the methods section were reported on |
| Free of other bias? | Low risk | Study not stopped early for benefit |

Van Doormaal 2009 a

| | | |
|----------------------------|---|------------------------------|
| Methods | Randomized controlled study | |
| Participants | 237 cancer patients with DVT, minimum age 18 years | |
| Interventions | <p>Intervention: fondaparinux was given subcutaneously once daily in fixed dose (5 mg if patients weighted less than 50 kg, or 7.5 mg if they weighted between 50 and 100 kg, or 10 mg if they weighted more than 100kg) and also received twice daily subcutaneous injections of placebo that appeared identical to enoxaparin</p> <p>Control: enoxaparin was given subcutaneously twice daily in a dose of 1mg/kg of body weight and a once daily subcutaneous injections of placebo that appeared identical to fondaparinux</p> <p>In all patients, VKA therapy was begun as soon as possible but not later than 72 hours after commencing initial therapy</p> | |
| Outcomes | Death, symptomatic recurrent VTE, bleeding | |
| Notes | <p>Funding: Sanofi/ Organon</p> <p>Follow up: 90 days</p> <p>Radiological surveillance: no scheduled radiological surveillance for VTE was conducted</p> <p>Setting: drug has administered by a home care service for home treatment</p> | |
| <i>Risk of bias</i> | | |
| Bias | Authors' judgement | Support for judgement |

Van Doornaal 2009 a (Continued)

| | | |
|---|-----------|--|
| Random sequence generation (selection bias) | Low risk | Quote: "Patients were randomly assigned by a computerized interactive voice response system" |
| Allocation concealment (selection bias) | Low risk | Quote: "Patients were randomly assigned by a computerized interactive voice response system" |
| Blinding of patients? | Low risk | Quote: "double-blinded, placebo controlled study" Comment: probably yes |
| Blinding of providers? | Low risk | Quote: "double-blinded, placebo controlled study" Comment: probably yes |
| Blinding of data collectors? | Low risk | Quote: "double-blinded, placebo controlled study" Comment: probably yes |
| Blinding of outcome adjudicators? | Low risk | Quote: "The study used central adjudication for all clinical outcome events" Comment: definitely yes |
| Blinding of data analysts? | High risk | Quote: "double-blinded, placebo controlled study" Comment: probably not |
| Incomplete outcome data addressed? | Low risk | 100% follow-up rate |
| Intention to treat analysis? | Low risk | Quote: "The analyses were calculated in the intention to treat populations" Comment: definitely yes |
| Free of selective reporting? | Low risk | Study not registered. No published protocol. All outcomes listed in methods section are reported on in the results section. All outcomes of interest, except for quality of life, reported |
| Free of other bias? | Low risk | Study not reported as stopped early for benefit |

Van Doornaal 2009 b

| | |
|---------------|--|
| Methods | Randomized controlled study |
| Participants | 240 cancer patients with acute symptomatic PE, with or with out associated DVT, minimum age 18 years |
| Interventions | Intervention: fondaparinx was given subcutaneously once daily in fixed dose(5 mg if patients weighted less than 50 kg, or 7.5 mg if they weighted between 50 and 100 kg, or 10 mg if they weighted more than 100kg) for 5-10 days Control: UFH received an initial intravenous bolus of at least 5000 international units, followed by at least 2500 international units per hour, administered as a continuous |

| | | |
|---|--|--|
| | intravenous infusion. The infusion was adjusted to maintain the activated partial thromboplastin time at 1.5 to 2.5 times control value In all patients, VKA therapy was begun as soon as possible but not later than 72 hours after commencing initial therapy and continued for at least 3 months | |
| Outcomes | Death, symptomatic recurrent VTE, bleeding | |
| Notes | Funding: Sanofi/ Organon Follow up: 90 days Radiologic surveillance: no scheduled radiological surveillance for VTE was conducted Setting: 14.5 % of fondaparinux group received outpatient basis treatment | |
| Risk of bias | | |
| Bias | Authors' judgement | Support for judgement |
| Random sequence generation (selection bias) | Low risk | Quote: "Randomization was performed at a central location with the use of a computerized, interactive voice response system that recorded information about the patient before his or her treatment assignment" Comment: definitely yes |
| Allocation concealment (selection bias) | Low risk | Quote: "Randomization was performed at a central location with the use of a computerized, interactive voice response system that recorded information about the patient before his or her treatment assignment" Comment: definitely yes |
| Blinding of patients? | High risk | Quote: "was conducted on an open-label basis" Comment: not blinded |
| Blinding of providers? | High risk | Quote: "was conducted on an open-label basis" Comment: not blinded |
| Blinding of data collectors? | High risk | Quote: "was conducted on an open-label basis" Comment: not blinded |
| Blinding of outcome adjudicators? | Low risk | Quote: "All suspected outcome events were reviewed and classified by a central adjudication committee whose members were unaware of the treatment assignment" Comment: definitely yes |
| Blinding of data analysts? | High risk | Quote: "was conducted on an open-label basis" Comment: not blinded |
| Incomplete outcome data addressed? | Low risk | 100% follow-up rate |

Van Doormaal 2009 b (Continued)

| | | |
|------------------------------|----------|--|
| Intention to treat analysis? | Low risk | Quote: "Efficacy analyses were based on data from all the patients who had been randomly assigned to a study group, whereas safety analyses were based on data from all the patients who actually received treatment." Comment: yes for efficacy outcomes |
| Free of selective reporting? | Low risk | Study not registered. No published protocol. All outcomes listed in methods section are reported on in the results section. All outcomes of interest, except for quality of life, reported |
| Free of other bias? | Low risk | Study not reported as stopped early for benefit |

Wells 2005

| | |
|---------------|--|
| Methods | Randomized controlled trial |
| Participants | 113 cancer patients with upper or lower extremity, minimum age of 18 years |
| Interventions | Intervention: tinzaparin 175 IU/kg subcutaneous once daily Control: dalteparin SC 200 IU/kg once daily. Patients had to receive therapy on an outpatient basis |
| Outcomes | Deaths; symptomatic recurrent VTE; major bleeding; minor bleeding |
| Notes | Funding: none Follow up: 3 months Radiological surveillance: no scheduled radiological surveillance for VTE was conducted Setting: patients had receive therapy on outpatient basis |

Risk of bias

| Bias | Authors' judgement | Support for judgement |
|---|--------------------|---|
| Random sequence generation (selection bias) | Low risk | Quote: "Randomization was performed in a computer generated blocks, with the block size unknown to the investigators" Comment: definitely yes |
| Allocation concealment (selection bias) | Low risk | Quote: "Randomization assignments were concealed in opaque envelopes. Envelopes were opened sequentially and only after patient consent form was signed" Comment: definitely yes |
| Blinding of patients? | Low risk | Based on personal communication with author |

Wells 2005 (Continued)

| | | |
|------------------------------------|----------|--|
| Blinding of providers? | Low risk | Quote: "All physicians and nurses who were involved in the patient's care were blinded except for the nurse who provided the initial care to the patient" Comment: definitely yes |
| Blinding of data collectors? | Low risk | Quote: "All physicians and nurses who were involved in the patient's care were blinded except for the nurse who provided the initial care to the patient" Comment: probably yes |
| Blinding of outcome adjudicators? | Low risk | Quote: "All physicians and nurses who were involved in the patient's care were blinded except for the nurse who provided the initial care to the patient" Comment: definitely yes |
| Blinding of data analysts? | Low risk | Based on personal communication with author |
| Incomplete outcome data addressed? | Low risk | 100% follow-up rate |
| Intention to treat analysis? | Low risk | Quote: "The primary analysis was intention to treat" Comment: definitely yes |
| Free of selective reporting? | Low risk | Study not registered. No published protocol. All outcomes listed in the methods section were reported on |
| Free of other bias? | Low risk | Study not stopped early for benefit |

Characteristics of excluded studies [ordered by study ID]

| Study | Reason for exclusion |
|-------------------------------|--|
| Albada 1989 | Data for cancer subgroup not available |
| Altundag 2005 | Letter to editor |
| Anton 2001 | Review |
| Bauer 2000 | Editorial |
| Belcaro 1999 | Data for cancer subgroup not available |
| Bick 2003 | Review |
| Booth 1981 | Case report |

(Continued)

| | |
|--------------------|---|
| Bratt 1985 | No relevant clinical outcomes |
| Bratt 1990 | Data for cancer subgroup not available |
| Brooks 1969 | Case report |
| Buller 2004 | Data for cancer subgroup not available |
| Dolovich 2004 | Review |
| Doukeris 2000 | Cohort study |
| Eikelboom 1998 | Case series |
| Elly 1969 | Case report |
| Fiessinger 1996 | Data for cancer subgroup not available |
| Gould 1999 | Review |
| Green 1992 | Letter to editor |
| Haage 2002 | Review |
| Handeland 1990 | No cancer patients in the study |
| Harenberg 2000 | Data for cancer subgroup not available |
| Harenberg 1990 | Data for cancer subgroup not available |
| Hettiarachchi 1998 | Review |
| Holm 1986 | Data for cancer subgroup not available |
| Holmstrom 1999 | Review |
| Hull 2000 | Data for cancer subgroup not available |
| Hull 2006 | Different long-term management: LMWH in intervention arm and vitamin K antagonists in control arm |
| Jahanzeb 2005 | Review |
| Leizorovicz 1994 | Review |
| Levine 2001 | Review |
| Luomanmaki 1996 | Data for cancer subgroup not available |

(Continued)

| | |
|--------------------------------------|--|
| Martin-Carbonero2002 | Cohort study |
| Menzoian 1983 | Retrospective study |
| Naschitz 1994 | Review |
| Prandoni 1988 | No control group |
| Prandoni 1990 | No cancer patients in the study |
| Prandoni 2005 | Review |
| Riess 2003 | Data for cancer subgroup not available |
| Sakuragi 2003 | Retrospective study |
| Siragusa 2005 | Not randomized |
| Turchetti 2003 | Cohort study |
| Warkentin 1995 | No relevant outcome |
| Wong 2003 | Survey |

DATA AND ANALYSES

Comparison 1. LMWH versus UFH

| Outcome or subgroup title | No. of studies | No. of participants | Statistical method | Effect size |
|---------------------------|----------------|---------------------|----------------------------------|-------------------|
| 1 Death at 3 months | 11 | 801 | Risk Ratio (M-H, Random, 95% CI) | 0.71 [0.52, 0.98] |
| 2 Recurrent VTE | 3 | 371 | Risk Ratio (M-H, Random, 95% CI) | 0.78 [0.29, 2.08] |

Comparison 2. Fondaparinux versus heparin

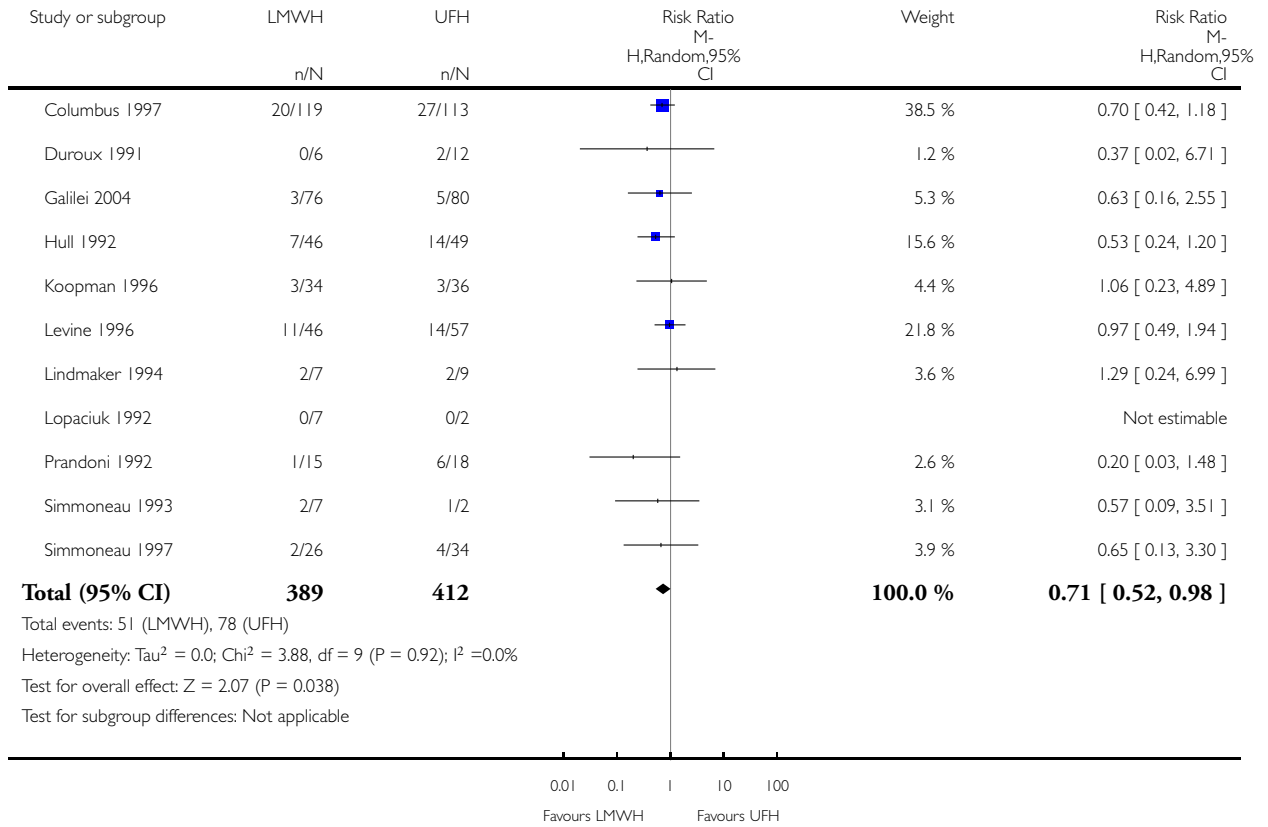
| Outcome or subgroup title | No. of studies | No. of participants | Statistical method | Effect size |
|---------------------------|----------------|---------------------|---------------------------------|-------------------|
| 1 Death | 2 | 477 | Risk Ratio (M-H, Fixed, 95% CI) | 1.27 [0.88, 1.84] |
| 2 Recurrent VTE | 2 | 477 | Risk Ratio (M-H, Fixed, 95% CI) | 0.95 [0.57, 1.60] |
| 3 Major bleeding | 2 | 477 | Risk Ratio (M-H, Fixed, 95% CI) | 0.79 [0.39, 1.63] |
| 4 Minor bleeding | 2 | 477 | Risk Ratio (M-H, Fixed, 95% CI) | 1.50 [0.87, 2.59] |

Analysis 1.1. Comparison 1 LMWH versus UFH, Outcome 1 Death at 3 months.

Review: Anticoagulation for the initial treatment of venous thromboembolism in patients with cancer

Comparison: 1 LMWH versus UFH

Outcome: 1 Death at 3 months

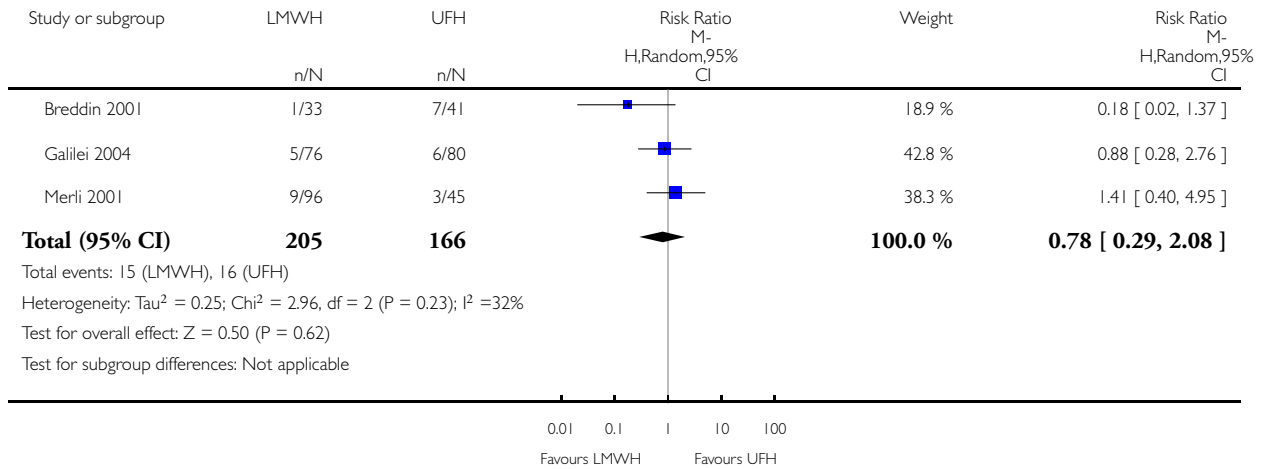


Analysis 1.2. Comparison 1 LMWH versus UFH, Outcome 2 Recurrent VTE.

Review: Anticoagulation for the initial treatment of venous thromboembolism in patients with cancer

Comparison: 1 LMWH versus UFH

Outcome: 2 Recurrent VTE

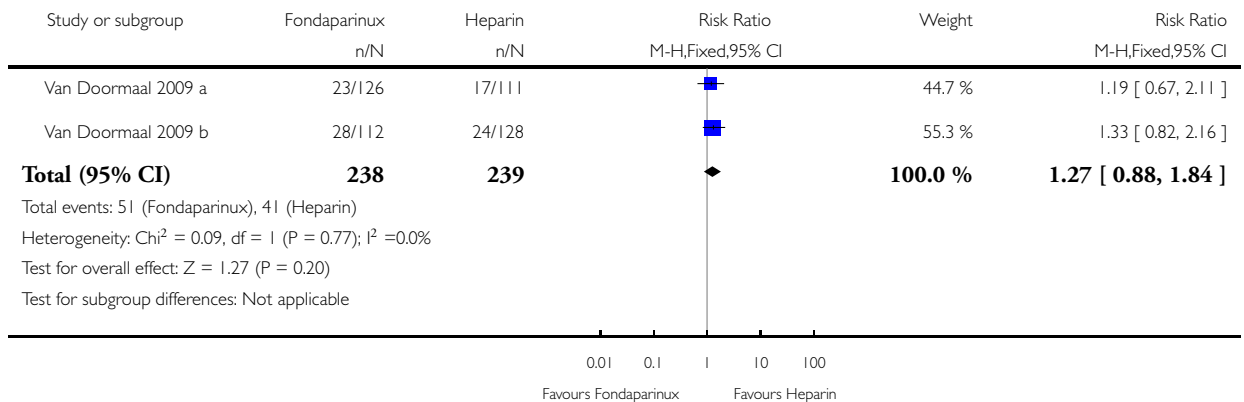


Analysis 2.1. Comparison 2 Fondaparinux versus heparin, Outcome 1 Death.

Review: Anticoagulation for the initial treatment of venous thromboembolism in patients with cancer

Comparison: 2 Fondaparinux versus heparin

Outcome: 1 Death

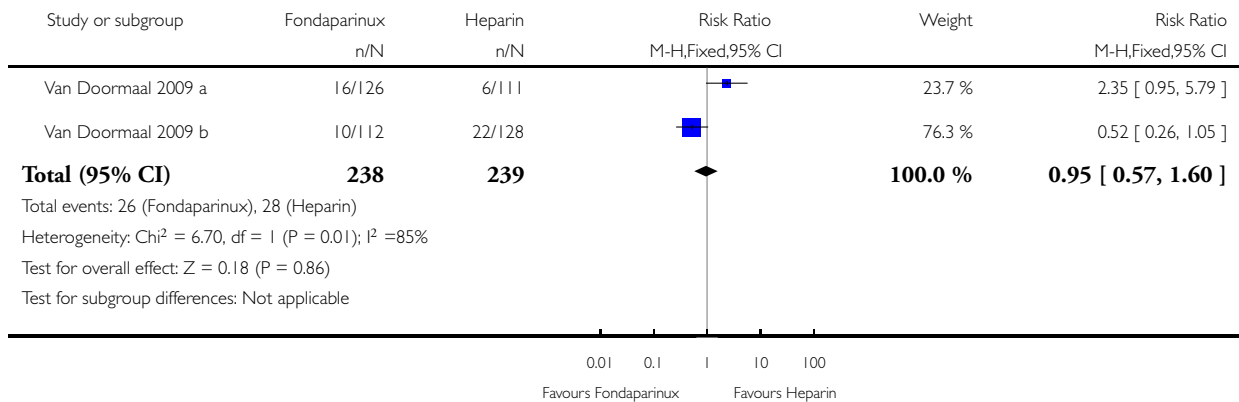


Analysis 2.2. Comparison 2 Fondaparinux versus heparin, Outcome 2 Recurrent VTE.

Review: Anticoagulation for the initial treatment of venous thromboembolism in patients with cancer

Comparison: 2 Fondaparinux versus heparin

Outcome: 2 Recurrent VTE

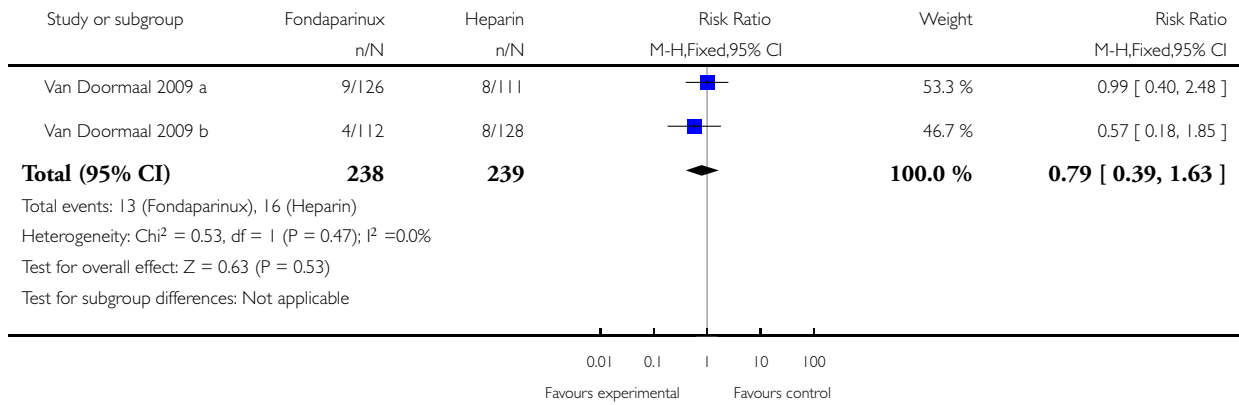


Analysis 2.3. Comparison 2 Fondaparinux versus heparin, Outcome 3 Major bleeding.

Review: Anticoagulation for the initial treatment of venous thromboembolism in patients with cancer

Comparison: 2 Fondaparinux versus heparin

Outcome: 3 Major bleeding

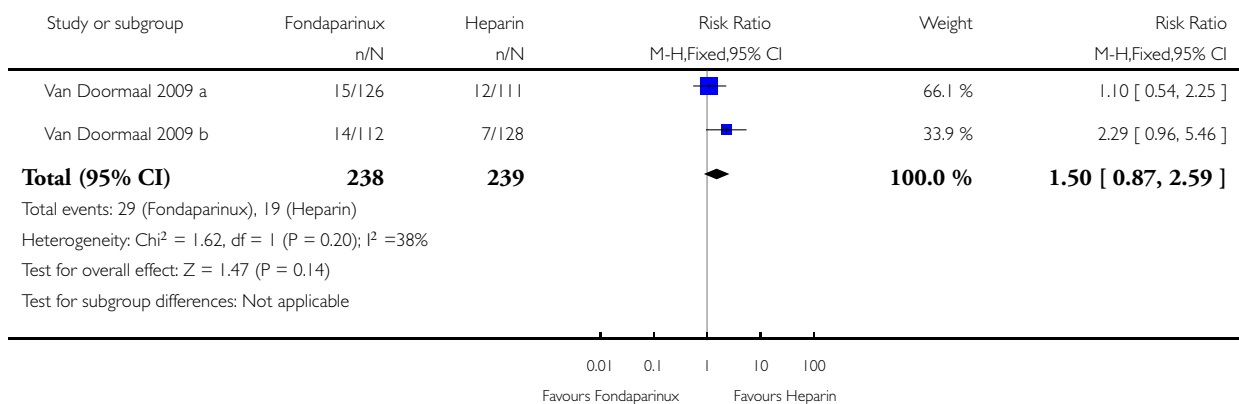


Analysis 2.4. Comparison 2 Fondaparinux versus heparin, Outcome 4 Minor bleeding.

Review: Anticoagulation for the initial treatment of venous thromboembolism in patients with cancer

Comparison: 2 Fondaparinux versus heparin

Outcome: 4 Minor bleeding



ADDITIONAL TABLES

Table 1. Glossary

| Term | Definition |
|-----------------------------|---|
| A priori | made before or without examination; not supported by factual study |
| Adjuvant therapy | assisting in the amelioration, or cure of disease |
| Anticoagulation | the process of hindering the clotting of blood especially by treatment with an anticoagulant |
| Antithrombotic | used against or tending to prevent thrombosis (clotting) |
| Coagulation | clotting |
| Deep vein thrombosis (DVT): | a condition marked by the formation of a thrombus within a deep vein (as of the leg or pelvis) that may be asymptomatic or be accompanied by symptoms (as swelling and pain) and that is potentially life threatening if dislodgment of the thrombus results in pulmonary embolism |
| Fondaparinux | an anticoagulant medication |
| Haemostatic system | the system that shortens the clotting time of blood and stops bleeding |
| Heparin | an enzyme occurring especially in the liver and lungs that prolongs the clotting time of blood by preventing the formation of fibrin. Two forms of heparin that are used as anticoagulant medications are: unfractionated heparin (UFH) and low molecular weight heparins (LMWH) |
| Heterogeneity | the quality or state of being heterogeneous, i.e. incongruous. This is a statistical technique to check whether study results are consistent |
| Hypercoagulable state | a state of excessive affinity to clotting |
| Impedance plethysmography | a technique that measures the change in blood volume (venous blood volume as well as the pulsation of the arteries) for a specific body segment |
| Kappa statistic | a measure of degree of nonrandom agreement between observers and/or measurements of a specific categorical variable |
| Metastasis | the spread of a cancer cells from the initial or primary site of disease to another part of the body |
| Parenteral nutrition | the practice of feeding a patient intravenously, circumventing the gut |
| Pulmonary embolism (PE) | embolism of a pulmonary artery or one of its branches that is produced by foreign matter and most often a blood clot originating in a vein of the leg or pelvis and that is marked by labored breathing, chest pain, fainting, rapid heart rate, cyanosis, shock, and sometimes death |
| Thrombocytopenia | persistent decrease in the number of blood platelets that is often associated with hemorrhagic conditions |

Table 1. Glossary (Continued)

| | |
|-----------------------|---|
| Thrombosis | the formation or presence of a blood clot within a blood vessel |
| Vitamin K antagonists | anticoagulant medications that are used for anticoagulation. Warfarin is a vitamin K antagonist |
| Warfarin | an anticoagulant medication that is a vitamin K antagonist that is used for anticoagulation |
| Ximelagatran | an anticoagulant medication |

APPENDICES

Appendix I. Search strategies for the electronic databases

| Database | Strategy |
|----------|---|
| MEDLINE | #1 Heparin/ #2 Heparin.tw #3 Heparin, Low-Molecular-Weight/ #4 (LMWH OR low molecular weight heparin OR nadroparin OR fraxiparin OR enoxaparin OR clexane OR lovenox OR dalteparin OR fragmin OR ardeparin OR normiflo OR tinzaparin OR logiparin OR innohep OR certoparin OR sandoparin OR reviparin OR clivarin OR danaproid OR orgaran).tw #5 1 OR 2 OR 3 OR 4 #6 Coumarins/ #7 Warfarin/ #8 (warfarin OR coumadin OR acenocumarol OR phenprocumon OR 4-hydroxicoumarins OR oral anticoagulant OR vitamin K antagonist OR VKA).tw #9 6 OR 7 OR 8 #10 (fondaparinux OR Arixtra).tw #11 (ximelagatran OR Exanta).tw #12 (Pradaxa or Dabigatran or rivaroxaban or Xarelto or apixaban).tw. #13 5 OR 9 OR 10 OR 11 OR 12 #14 Neoplasms/ #15 (malignan\$ OR neoplasm\$ OR cancer OR carcinoma\$ OR adenocarcinoma OR tumour OR tumor).tw #16 14 OR 15 #17 clinical trial.pt. OR random:.tw. OR tu.xs. #18 animals/ NOT human/ #19 17 NOT 18 |

(Continued)

| | #20 13 AND 16 AND 19 |
|---|---|
| EMBASE | <p>#1 Heparin/ #2 heparin.tw #3 Low Molecular Weight Heparin/ #4 (LMWH OR low molecular weight heparin OR nadroparin OR fraxiparin OR enoxaparin OR clexane OR lovenox OR dalteparin OR fragmin OR ardeparin OR normiflo OR tinzaparin OR logiparin OR innohep OR certoparin OR sandoparin OR reviparin OR clivarin OR danaproid OR orgaran).tw #5 1 OR 2 OR 3 OR 4 #6 Coumarin derivative/ #7 Warfarin/ #8 (warfarin OR coumadin OR acenocumarol OR phenprocumon OR 4-hydroxicoumarins OR oral anticoagulant OR vitamin K antagonist OR VKA).tw #9 6 OR 7 OR 8 #10 fondaparinux/ #11 (fondaparinux OR Arixtra).tw #12 ximelagatran/ #13 (ximelagatran OR Exanta).tw #14 (Pradaxa OR Dabigatran OR rivaroxaban OR Xarelto OR apixaban).tw. #15 5 OR 9 OR 10 OR 11 OR 12 OR 13 OR 14 #16 Neoplasm/ #17 (malignan\$ OR neoplasm\$ OR cancer OR carcinoma\$ OR adenocarcinoma OR tumour OR tumor).tw #18 16 OR 17 #19 Random:.tw. OR clinical trial:.mp. OR exp health care quality #20 animals/ NOT human/ #21 19 NOT 20 #22 15 AND 18 AND 21</p> |
| ISI (International Scientific Information) the Web of Science | <p>#1 heparin OR low molecular weight heparin OR LMWH OR low-molecular-weight-heparin OR nadroparin OR fraxiparin OR enoxaparin OR clexane OR lovenox OR dalteparin OR fragmin OR ardeparin OR normiflo OR tinzaparin OR logiparin OR innohep OR certoparin OR sandoparin OR reviparin OR clivarin OR danaproid OR orgaran #2 Coumarins OR Warfarin OR coumadin OR acenocumarol OR phenprocumon OR 4-hydroxicoumarins OR oral anticoagulant OR vitamin K antagonist OR VKA #3 fondaparinux OR Arixtra #4 ximelagatran OR Exanta # 5 Pradaxa OR Dabigatran OR rivaroxaban OR Xarelto OR apixaban #6 1 OR 2 OR 3 OR 4 OR 5 #7 malignan\$ OR neoplasm\$ OR cancer OR carcinoma\$ OR adenocarcinoma OR tumour OR tumor</p> |

(Continued)

| | |
|---|--|
| | #8 random\$ OR placebo\$ OR versus OR vs OR double blind OR double-blind OR compar\$ OR controlled #9 6 AND 7 AND 8 |
| CENTRAL (<i>The Cochrane Library</i> , latest issue) | #1 heparin OR low molecular weight heparin OR LMWH OR low-molecular-weight-heparin OR nadroparin OR fraxiparin OR enoxaparin OR clexane OR lovenox OR dalteparin OR fragmin OR ardeparin OR normiflo OR tinzaparin OR logiparin OR innohep OR certoparin OR sandoparin OR reviparin OR clivarin OR danaproid OR orgaran #2 Coumarins OR Warfarin OR coumadin OR acenocumarol OR phenprocumon OR 4-hydroxycoumarins OR oral anticoagulant OR vitamin K antagonist OR VKA #3 fondaparinux OR Arixtra #4 ximelagatran OR Exanta #5 Pradaxa or Dabigatran or rivaroxaban or Xarelto or apixaban #6 1 OR 2 OR 3 OR 4 OR 5 #7 malignan\$ OR neoplasm\$ OR cancer OR carcinoma\$ OR adenocarcinoma OR tumour OR tumor #8 6 AND 7 |

FEEDBACK

Cochrane Editorial Unit's report on feedback on anticoagulants reviews, 15 February 2011

Summary

Feedback received on this review, and other reviews and protocols on anticoagulants, is available on the Cochrane Editorial Unit website at <http://www.editorial-unit.cochrane.org/anticoagulants-feedback>.

Reply

N/A

Contributors

N/A

WHAT'S NEW

| Date | Event | Description |
|------------------|---------|--------------------------------|
| 28 November 2012 | Amended | Author contact details updated |

HISTORY

Protocol first published: Issue 3, 2007

Review first published: Issue 1, 2008

| Date | Event | Description |
|-----------------|--|--|
| 13 January 2011 | New citation required but conclusions have not changed | Updated search (February 2010) |
| 13 January 2011 | New search has been performed | Text revisions incorporated. New author added. |
| 5 November 2007 | New citation required and conclusions have changed | Substantive amendment |

CONTRIBUTIONS OF AUTHORS

EAA: protocol development, search for trials, screening, data extraction, data analysis, manuscript drafting, review coordination. SR: screening, data extraction. MB: screening, data extraction.

FS: screening, data extraction.

IT: screening, data extraction.

PM: data analysis, methodological advice.

HJS: protocol development, search for trials, data extraction, data analysis, methodological advice.

DECLARATIONS OF INTEREST

None

SOURCES OF SUPPORT

Internal sources

- State University of New York at Buffalo, Department of Medicine, USA.
- Italian National Cancer Institute Regina Elena Rome, Italy.

External sources

- Research Grants, Not specified.

H Schünemann: no personal payments from for-profit sponsors. Research grants and honoraria were received by research accounts or received by a research group that he belongs to from AstraZeneca, Amgen, Chiesi Foundation, Lily, and Pfizer, Roche and UnitedBioSource for development or consulting regarding quality of life instruments for chronic respiratory diseases and as lecture fees related to the methodology of evidence based practice guideline development and research methodology. Institutions or organizations that he is affiliated with likely receive funding from for-profit sponsors that are supporting infrastructure and research that may serve his work.

INDEX TERMS

Medical Subject Headings (MeSH)

Anticoagulants [*therapeutic use]; Dalteparin [therapeutic use]; Fibrinolytic Agents [therapeutic use]; Hemorrhage [chemically induced]; Heparin [therapeutic use]; Heparin, Low-Molecular-Weight [therapeutic use]; Neoplasms [*complications]; Polysaccharides [therapeutic use]; Randomized Controlled Trials as Topic; Recurrence; Secondary Prevention; Venous Thromboembolism [*drug therapy; mortality]

MeSH check words

Humans