

1 **A model-based analysis of metal fate in the Thames**  
2 **Estuary**

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9 **Abstract** The Thames Estuary (UK) is an industrialized, macrotidal ecosystem  
10 characterized by a long history of metal pollution. Nevertheless, a holistic un-  
11 derstanding of the metal fate is still missing. This study aims at identifying the  
12 main environmental mechanisms affecting metal behaviour in the Thames Estuary  
13 using copper and zinc as representative examples. A suite of multivariate statisti-  
14 cal analyses performed on data from long-term monitoring of metal distribution in  
15 the estuary indicated that total metal concentrations are primarily correlated with  
16 suspended solids, being thus indirectly influenced by the interaction between fresh-  
17 water discharge and the tide. These data were used to set up a three-dimensional  
18 hydrodynamic and water quality model to simulate the transport of sediments  
19 and metals within the estuary. Model results ratify that high metal concentrations

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might occur in the central part of the estuary as consequence of fine sediments resuspension. Such an effect of the hydrodynamics is highlighted by the differences between months characterized by low or high river discharge as well as neap or spring tide. We discuss the physical mechanisms of such transport processes and their direct implication for the management of sediment and metal contamination in estuarine areas especially in terms of long-term analysis. Developing a model able to assess future trends helps in planning the correct strategies for recovery and maintenance. Further research is needed to improve the accuracy of models of this kind as well as to investigate the potential effects of climate change for this and other similar systems.

**Keywords** Numerical modelling · estuarine hydrodynamics · salinity · metals · suspended sediments

## 1 Introduction

Estuaries are coastal water bodies where freshwater from continental sources is diluted by seawater from the marine environment. Thus, estuaries present hydrodynamics and biogeochemistry with both freshwater and marine characteristics (Hobbie, 2000), a condition that contributes to high biodiversity and to the provision of diverse ecosystem services. The abundance of such natural resources and the strategic position in terms of transport and food supply have turned estuaries into often densely populated and exploited areas, which have in many cases led to severe pollution conditions (Savenije, 2012; Lotze et al., 2006).

The Thames Estuary, as the recipient of waters from London, UK, is representative of a heavily engineered and industrialized macrotidal system. Its status affords special significance for researchers and managers due to its historical levels of pollution and relatively low residence time for an estuary of its size. Its urban and estuarine reaches were so severely polluted between early 1960s and late 1970s that it was called an ‘open sewer’ (Attrill et al., 1996). Historical sewage sludge dumping into the estuary together with other urban and industrial activities led to a legacy of metal accumulation in the sediments (Vane et al., 2015). In turn, such interaction with sediments is influencing the environmental risk and the residence time of pollutants (Hobbie, 2000; Bianchi, 2006). Metals attached to particles can be mobilized to the aqueous fraction, in which toxic effects might be noticed at trace concentrations (in the range of  $\mu\text{g L}^{-1}$ ) (Förstner and Wittmann, 2012). In fact, a recent study suggested that dissolved, adsorbed and colloidal metal in the tidal sediments from the Thames estuary might undergo high remobilization to the water column, where its fate will be greatly impacted by the hydrodynamics (de Souza Machado et al., 2018).

Copper and zinc, along with many other transition metals, are often mentioned as toxic and potentially bioavailable metals (Förstner and Wittmann, 2012; Paquin, 2003). In the Thames Estuary, these two metals consistently exceeded the Environmental Quality Standards (EQS) values of respectively 5 and 40  $\mu\text{g/L}$  (Pope and Langston, 2011). Since the 1980s, most water quality parameters have consistently improved due to stricter regulations, and some studies suggest that metal concentration is decreasing (Langston et al., 2003; Murray et al., 2011). Notwithstanding, the Thames Estuary was without any comprehensive studies on

65 metal behaviour in water or sediment until the 1990s (Attrill and Thomes, 1995)  
66 and it still lacks holistic studies on the fate of metal pollution.

67 Therefore, a better empirical and mechanistic understanding of the fate of  
68 metals in the Thames Estuary is essential to develop a more effective manage-  
69 ment. In particular, the combination of hydrodynamic and transport processes on  
70 metal behaviour needs to be investigated in detail, in order to predict variability  
71 of metals throughout the estuary especially from a long-term view. The set-up of  
72 a model represents a precious help in understanding the main natural dynamics,  
73 especially when continuous measurements are missing. For this reason, modelling  
74 studies were carried out for systems with similar characteristics in terms of level  
75 of industrialization and tidal range such as the Scheldt estuary (The Netherlands)  
76 (e.g., Gourgue et al., 2013; De Brye et al., 2010; Cai et al., 2012), the Seine estuary  
77 (France) (e.g., Thouvenin et al., 2007; Chauchat et al., 2009), the Ems (de Jonge  
78 et al., 2014) or the Derwent estuary (Tasmania) (e.g., Wild-Allen et al., 2013;  
79 Skerratt et al., 2013), though in all cases the focus on metals and the link with  
80 sediments still need improvement in terms of the models used. In fact, several au-  
81 thors point to the need to holistically address metal pollution in estuaries (Bianchi,  
82 2006; de Souza Machado et al., 2016).

83 We present here a list of the existing studies on the Thames estuary. Most of  
84 them considered a specific part of the estuary and a limited observation period. For  
85 instance, Baugh and Littlewood (2005) presented a three-dimensional (3D) model  
86 for the transport of cohesive sediments, which was later applied by Baugh and  
87 Manning (2007) for the Lower Thames Estuary. Analogous studies were performed  
88 also by Spearman et al. (2011) examining the effects of sand and mud interactions  
89 with a one-dimensional (1D) vertical model for the Outer Thames Estuary. A  
90 1D hydrodynamic and water quality model was set up by Murray et al. (2011)  
91 to investigate copper contamination in the estuary. Knaapen and Kelly (2012)  
92 included a lag effect for the response of the sediment concentration profile to flow  
93 variations and tested it for the Outer Thames Estuary. A morphological model was  
94 also set up by Rossington and Spearman (2009) in order to predict the effects of  
95 sea level rise on the long-term morphological evolution. Although these modelling  
96 studies have no doubt improved our knowledge of the mechanisms that underpin  
97 the transport of solutes and sediments in the estuary, there are still significant gaps  
98 in our understanding, for this and other estuarine systems, on the determining  
99 effects of tidal and freshwater forcing on the distribution of fine sediments and the  
100 related transport of metals. Furthermore, the complexity of the system is enhanced  
101 since metals behave as non-conservative constituents, i.e., they are subjected to  
102 a net loss or gain in concentration across the salinity gradient, due to different  
103 biogeochemical processes (Boyle et al., 1974; Bianchi, 2006; de Souza Machado  
104 et al., 2016). Only by understanding the response of the system to long-term  
105 changes we can begin to make progress in modelling these processes, enabling  
106 managers and other stakeholders to assess the effects of sea-level rise or other  
107 interventions.

108 This study integrates estuarine hydrodynamics, sediment transport and re-  
109 mobilization as well as fate of metals in a numerical model that represents the  
110 whole estuary. The model was designed to realistically represent the complex non-  
111 linear dependence of metal concentrations on different estuarine properties (e.g.,  
112 salinity) as a result of the interaction between freshwater discharge and tide. An  
113 exploratory analysis of the available data on metal distribution was performed in

114 order to identify the most important estuarine characteristics for the interactions  
115 between the flow field and the transport of sediments and metals. Then, a state-of-  
116 the-art 3D hydrodynamic and water quality model was set exploiting the Delft3D  
117 suite (Lesser et al., 2004). An entire year (2006) was modelled, in order to assess  
118 the ability of this model to compute metal concentrations during dry and rainy  
119 periods. The accuracy, applicability, and implications of the model are discussed in  
120 terms of a potential tool for the future management of metal pollution in estuaries.

## 121 **2 Materials and Methods**

### 122 **2.1 Study area**

123 The study area is the estuary of the River Thames, which discharges into the  
124 North Sea near London (UK). The Thames rises in the Cotswold Hills and runs  
125 for a length of about 350 km. Including its major tributary, the River Medway,  
126 the catchment covers an area of ca. 15000 km<sup>2</sup> (Figure 1). From London Bridge  
127 (assumed as the origin of the longitudinal coordinate directed seaward) the estuary  
128 becomes funnel-shaped, with the width increasing from 265 m to 8 km at the  
129 estuary mouth (close to Sheerness). The mean channel depth at the mean tidal  
130 water level increases from 2 m at Teddington Lock to 7 m upstream of London  
131 Bridge and 10 m downstream of London Bridge, up to values of 20 m in the  
132 deepest channels (Mikhailova, 2011; Mikhailov and Mikhailova, 2012). All these  
133 channels are subject to maintenance dredging. Along the Thames Estuary, three  
134 main weirs are present: Teddington and Richmond Locks in the upstream part,  
135 and the Thames Barrier downstream of London to defend the city from flooding  
136 due to tidal and storm surge effects.

137 [FIGURE 1 APPROX. HERE]

138 The Thames Estuary is macrotidal (tidal range larger than 4 m). The mean  
139 values of spring and neap tides at the estuary mouth are 5.3 and 3.3 m, respectively.  
140 The tidal wave is amplified up to London Bridge due to the prevalent convergence  
141 of the banks compared with bottom friction (e.g., Jay, 1991; Toffolon et al., 2006;  
142 Cai et al., 2012). From this point landwards, the tidal range rapidly drops because  
143 the convergence almost disappears (Mikhailov and Mikhailova, 2012). The mean  
144 discharge at Teddington dam is about 80 m<sup>3</sup>/s but during floods can reach 600-  
145 700 m<sup>3</sup>/s (Mikhailova, 2011). Tide effects are dominant over freshwater flow in the  
146 whole estuary, resulting in an intense vertical mixing and, hence, in a well-mixed  
147 estuary (Preddy, 1954). The estuary is influenced by the effects of tidal asymmetry,  
148 the distortion of the tidal wave that makes the flood period unequal in the duration  
149 to the ebb period, causing the flood currents to be faster than the ebb currents,  
150 at least during periods of low freshwater flow. If the period of water level rise is  
151 shorter than the period of water level fall, the maximum flood velocity exceeds  
152 ebb velocity and the tide is called flood-dominant. In the opposite case it is called  
153 ebb-dominant. The Thames is flood-dominant especially in the upstream part,  
154 whereas between Sheerness and Gravesend, maximum ebb current velocities are  
155 in excess of the flood. The switch of tidal dominance coincides with the narrowing  
156 of the channel (Thorn and Burt, 1978; Wang et al., 1999).

157 The Thames Estuary can be divided into three main sedimentation zones.  
158 The reach from Teddington to approximately Tower Bridge is characterized by

land-derived sediment, low suspended load and reduced deposition on the bed and banks. From Woolwich to Gravesend, suspended load and sedimentation are high, and bed sediments are composed of clay to fine sand. The estuarine turbidity maximum (ETM) usually occurs in the so called ‘Mud Reaches’ between Woolwich and Erith (18-24 km downstream of the London Bridge) and the Gravesend Reach (43-44 km from the London Bridge). The third zone, from Gravesend to the Sea Reach, is sandy and dominated by bed-load transport (Prentice, 1972). Mitchell et al. (2012) also showed the highly mobile characteristics of the ETM in response to tidal and freshwater forcing, with values of total suspended solids (TSS) varying from 0 to 600 mg/L upstream of London Bridge in response to reduction in freshwater flow from 400 to 30 m<sup>3</sup>/s from winter to summer.

The importance of understanding the variations in sediment budget over several decades is crucial (Baugh et al., 2013) because changes in dredging regime and other engineering schemes may effectively constrain different ‘pools’ of sediment in different parts of the estuary, to a greater or lesser extent. Moreover, the highest concentrations of metals in water coincide with high turbidity in the middle region. There are also many sewage treatment water effluents in this area and the resuspension of sediments is reinforced by tidal and wind influence (Pope and Langston, 2011). Attrill and Thomes (1995) showed a gradual decrease in the metal concentrations towards the North Sea and the absence of significant peaks in proximity of Teddington, suggesting that both the input from the sea and the river do not represent important sources.

## 2.2 Data sources and use

A major effort was made to obtain comprehensive information about metal behaviour in the whole estuary, which resulted in compiling several databases from various sources, as acknowledged below.

The exploratory analysis was based on the data provided by the Environment Agency of England and Wales (hereafter: ‘Environment Agency’, see [www.environment-agency.gov.uk](http://www.environment-agency.gov.uk)) containing several water quality parameters, including salinity, TSS, organic matter, water physico-chemistry and metal concentrations for the period from 2002-2011. The water quality stations are reported in Table 1. These data were available with certain irregular temporal resolution, e.g. salinity data were missing for 2002 and metal concentrations were not complete for the years 2010 and 2011. These point samples were obtained from boat-based surveys, which sometimes implied a potential lack of consistency regarding the tidal state at the time. Consequentially, these values must be treated with some caution where significant variation within tidal cycles can be expected. All salinity values are quoted without units and according to the practical salinity scale.

[TABLE 1 APPROX. HERE]

Water quality parameters were available at all monitoring points represented in Figure 1 except for Purfleet. Metals were available as ‘total’ and ‘dissolved’, but the dissolved fraction presented some inconsistencies with some values greater than the total concentration. Therefore, only the total concentration was considered in the analysis and the division into dissolved and adsorbed fractions was taken into account in the numerical model considering an empirically determined partition coefficient for each metal. Most of the complete data spanned a period of

205 seven years (2003-2009), which was considered representative for the exploratory  
206 analysis. Additionally, as water quality data were occasionally missing, monthly  
207 averages were calculated for all parameters. Regression analyses were performed  
208 for copper (Cu) and zinc (Zn): as these two metals are problematic contaminants  
209 in the Thames estuary (Murray et al., 2011; Pope and Langston, 2011), high fre-  
210 quency monitoring data were available and they are representative of ubiquitous  
211 anthropogenic metals in estuarine environments.

212 In addition to the above described data used for the empirical analysis, other  
213 datasets were used for the computation of the numerical model. The geomor-  
214 phology and bathymetry data were provided by the Port of London Authority  
215 (reference system WGS84/UTM31N, and Ordnance Datum Newlyn (ODN) for  
216 the vertical datum). Freshwater discharge (Q) of the River Thames measured im-  
217 mediately upstream of Teddington and discharge of River Medway were available  
218 from 1883 to 2012 with a daily resolution and were provided by the Environment  
219 Agency.

220 The water level (WL) was measured at a number of different observation points  
221 throughout the estuary (Figure 1) every 30 minutes by the Environment Agency.  
222 The seaward boundary condition was imposed at Shivering Sands and water lev-  
223 els were obtained from Delft Dashboard, making use of the International Hydro-  
224 graphic Organization (IHO) tide station (Intergovernmental Oceanographic Com-  
225 mission, 2003), because of the absence of available gauging stations. Since the  
226 water level time series were derived with astronomical tidal constituents, the ef-  
227 fects of storm surges are not considered in the numerical model. Nevertheless, a  
228 good correlation coefficient was obtained for measured and computed water lev-  
229 els in Sheerness (0.97 for the whole series, or 0.99 excluding storm surge events;  
230 see Figure S3 in the Supplementary Material). In order to recognize the effects of  
231 the tidal forcing, we separated periods of spring and neap tides. The division was  
232 based on the water level at Sheerness. Days with a tidal range greater than the  
233 median of the time series (4 m) were classified as spring tide, and lower values as  
234 neap tide.

235 The numerical model was additionally tested at higher temporal resolution in  
236 two periods (February and August 2011) exploiting fixed-point continuous mea-  
237 surements of turbidity (Mitchell et al., 2012). An approximate linear relationship  
238 was suggested between turbidity and TSS (1 NTU:1 mg/L). These data were col-  
239 lected at Chelsea and Purfleet (red dots in Figure 1) with probes located near the  
240 bank of the channel and attached to pontoons or floating jetties. They reflect the  
241 conditions about 1 m below the surface, thus representing lower than section-mean  
242 values especially when the velocities are low.

### 243 2.3 Implementation of the model

244 A reach of the Thames Estuary was selected to study the fate of metals, with  
245 a total length of about 120 km and a total area of about 580 km<sup>2</sup> (Figure 1).  
246 The computational grid was composed of 913×57 horizontal cells with 6852 active  
247 grid elements per layer, and 15 vertical layers. For the vertical discretization,  
248 a  $\sigma$ -approach (i.e., stretched coordinates with the same number of layers from  
249 the free surface to the bottom) was adopted. The cell area varies upstream to  
250 downstream from 300 to 170,000 m<sup>2</sup>. The same grid was used for the hydrodynamic

(Delft3D-FLOW) and water quality (Delft3D-WAQ) modules. Delft3D-FLOW, solves the turbulence-averaged, shallow water equations derived from the Navier-Stokes equations for an incompressible fluid under the Boussinesq assumption. Transport processes are modelled by an advection-diffusion equation (Lesser et al., 2004). A time step of 0.2 minutes was used. Delft3D-WAQ solves an advection-diffusion-reaction equation making use of the hydrodynamic results of Delft3D-FLOW. Suspended solids, copper, and zinc were implemented in the present study. For the water quality model, a time step of 5 minutes was used.

A simplified approach was adopted to simulate the exchange of sediments with the bed in Delft3D-WAQ, namely the S1/S2 model, where two bed layers denoted with S1 and S2 are simulated separately from the water layers (Lesser et al., 2004). Within the S1/S2 framework, the two layers are modelled as ‘inactive substances’ subject only to conversion processes and not to mass transport. In this study, only the upper S1 layer was assumed as relevant, and the exchange with the deeper layer S2 was considered negligible for the investigated time scales. Sediments were modelled as suspended solids of the type ‘inorganic matter’ (IM), with particles size defined indirectly through the sedimentation velocity. The reader is referred to the Supplementary Material for more details.

Metals were modelled accounting for partitioning, i.e. the distinction of total concentrations into dissolved and particulate fractions. The two fractions behave differently, in particular the particulate fraction is subjected to the same processes as suspended solids (resuspension and sedimentation), while the dissolved part is directly affected by advection and diffusion processes (e.g., Benoit et al., 1994).

The upstream boundary of the computational domain was chosen immediately downstream of the estuarine tidal limit at Teddington Lock. A cross-section located in the proximity of the Shivering Sands was adopted as the seaward downstream boundary, which included the nearshore area of the North Sea. The main statistics regarding discharge and water level used as boundary conditions are reported in Table 1 (see the Supplementary Material for more details). The weirs present in the estuary were not integrated in the model, possibly causing short-term inconsistencies between modelled and measured values in the landward areas. However, their exclusion from the model does not affect the main conclusions of the present study, which is focused on time scales longer than weir closing operations.

Measured values of salinity, total suspended solids (TSS), and total Cu and Zn (Table 1) were used as reference for setting the boundary conditions for the water quality model. For the River Medway, no detailed data were available, so the same boundary conditions of River Thames were imposed as representative for these freshwater bodies. Salinity was fixed as 0.35 for the freshwater inputs and 34 for the sea boundary (Weston et al., 2008; Sanders et al., 2001). TSS concentration was fixed at 25 mg/L for the rivers and 30 mg/L for the sea, given the average concentrations in the upstream and downstream sections reported in Table 1. Metal concentration was assumed 5  $\mu\text{g/L}$  and 20  $\mu\text{g/L}$  for the freshwater discharges, respectively for copper and zinc, and 7  $\mu\text{g/L}$  and 6  $\mu\text{g/L}$  for the sea boundary, following the values reported in Table 1 and suggested by Stevenson and Betty (1999).

The year 2006 was selected as a reference to develop the numerical model, due to the largest amount of data being available for this year. For setting the initial conditions, we performed preliminary simulations which led to regime hydrodynamic conditions, i.e. a simulation where fixed tidal amplitude and riverine

300 discharge were repeated until two consecutive tidal cycles give the same periodic  
301 result in terms of salinity distribution. The assumed tide and discharge were repre-  
302 sentative of average conditions of the estuary. Starting from this state, numerical  
303 simulations were run from November 2005, using the first two months as a spin-up  
304 period. Thanks to the spin-up period, initial conditions had no significant influ-  
305 ence on the results. Regarding the water quality model, we started from average  
306 conditions obtained by the available measurements, and the output of the spin-up  
307 months was used to initialize the period under investigation.

308 The model was calibrated by comparing measured and computed quantities  
309 and varying the parameters using a trial-and-error strategy based on expert' judge-  
310 ment. Bias, mean absolute error, root mean square error and correlation ( $\rho$ ) were  
311 evaluated to select the parameters. Most of the parameters were obtained refer-  
312 ring to the simulated year 2006, but some water quality parameters were calibrated  
313 considering also the results obtained for the higher temporal resolution dataset in  
314 February and August 2011. Roughness values were determined considering the  
315 sediment distribution (Baugh et al., 2013; Prentice, 1972; Mitchell et al., 2012;  
316 Lavery and Donovan, 2005) and evaluating the response of the model to changes  
317 in these parameters. Horizontal diffusivity and viscosity were assumed identical  
318 and dependent on the grid cell area to account for the correct amount of mixing,  
319 which can influence diffusive (Okubo, 1971) and hydrodynamic processes (Toffolon  
320 and Rizzi, 2009; Toffolon, 2013). The assumption of variable values along the es-  
321 tuary was necessary to obtain realistic longitudinal profiles of salinity (see details  
322 in Supplementary Material).

323 The model was used to reproduce the estuary behaviour for the entire year  
324 2006, but the evaluation of the model and the analysis of the results were focused  
325 on three representative months (February, July, and December), selected as typical  
326 of mean, low and high river discharge, respectively. To analyse the influence of the  
327 initial conditions on the final results, three additional single-month simulations  
328 were run starting from a regime condition and compared with the months extracted  
329 from the whole-year simulation. Finally, the model was compared to the data  
330 available with higher temporal resolution in February and August 2011, which  
331 were run as single-month cases. Thanks to the higher resolution, the dynamics of  
332 resuspension and sedimentation were analysed more in detail, showing differences  
333 between the ebb and flood phase which cannot be highlighted using the coarser  
334 dataset.

335 Further details of all the procedures considered in the calibration and validation  
336 of the model are provided in the Supplementary Material.

### 337 **3 Results**

#### 338 **3.1 Exploratory data analysis**

339 Main drivers of metal fate in the Thames Estuary have been identified by the per-  
340 formed statistical analysis. An overview of the longitudinal distribution of salinity,  
341 suspended solids, copper and zinc along the estuary is given in Figure 2. The salt  
342 intrusion curve presents a regular 'half-bell' shape, with the limit of the salinity in-  
343 trusion length located between Barnes ( $x = -17.7$  km) and London Bridge ( $x = 0$   
344 km). Salinity is subject to significant variations especially in the central part of



the estuary. The total suspended solids show a maximum (ETM) in Gravesend ( $x = 42.5$  km) and a region of high turbidity in the upstream reach up to London Bridge ( $x = 0 - 26.9$  km). TSS concentrations are small both in the freshwater area and in the nearshore area. It is worth noting that the concentration range is wide and outliers with very high concentrations can occur in the Mud Reaches. Also metal concentrations are usually higher in the central part of the estuary. Peaks in concentrations are related both to sediment resuspension and anthropogenic inputs from the adjacent city of London (Power et al., 1999; Pope and Langston, 2011). Zinc, in particular, presents local peaks where TSS concentration is higher, while copper shows a more uniform behaviour throughout the estuary. The tidal forcing effects on metal fate are also presented in Figure 2 by separating spring and neap tides. Among all parameters, suspended solids concentration is the most influenced by the tide, showing higher concentration during spring tide. Salinity, copper and zinc do not appear to be strongly influenced by tidal range variations. However, metals seem to correlate with TSS, displaying higher concentrations during spring tide, while salinity presents a slight opposite trend. Thus, contaminated particles are easily resuspended during tidal cycles.

[FIGURE 2 APPROX. HERE]

The correlation coefficient  $\rho$  and  $p$ -value matrices among the relevant parameters are reported in Table 2. Salinity shows a weak negative correlation with suspended solids and discharge, suspended solids and total metal concentrations are weakly positively correlated, while the strongest correlation exists between the concentrations of the two analysed metals. Taking altogether, this strongest correlation confirms that similar environmental fate processes are of major relevance for metal pollution within the estuary. Metal concentrations presents limited influence of salinity or discharge (Förstner and Wittmann, 2012), a result that supports the non-conservative behaviour, which is very common for metals (Paquin, 2003; Loder and Reichard, 1981).

[TABLE 2 APPROX. HERE]

Analysing each observation point separately (not shown), the correlation between suspended solids and metal concentrations becomes higher in the Mud Reaches area (for instance in Gravesend  $\rho = 0.48$  for TSS-Zn and  $\rho = 0.66$  for TSS-Cu), i.e. the highest concentrations of trace metals in the water coincide with high turbidity zones in the middle region. This highlights the role of resuspension and sediment remobilization due to tidal forcing as a critical driver of pollution in contaminated areas.

Figure 3 shows the opposite trend of suspended solids concentration and freshwater discharge in London Bridge, where the salinity decreases. It could be expected that higher freshwater discharge, producing higher bed shear stress, may lead to increased resuspension. Conversely, TSS increases during drought periods, a behaviour already highlighted by Mitchell et al. (2012). Indeed, the ETM magnitude increases with increasing tidal range as a consequence of enhanced sediment resuspension, and decreases with increasing freshwater flow, presumably because of both decreased speeds of flood tidal current (reduced resuspension in a flood-dominated estuary) and down-estuary movement of the salinity distribution. Furthermore, under high freshwater flow, the sediments are moved downstream from the seaward net flux of water. After periods of high freshwater flushing, fine sediments can also become unavailable for resuspension.

394 [FIGURE 3 APPROX. HERE]

### 395 3.2 Numerical model

396 The results of numerical simulations were compared against the available data  
397 by means of scatter plots (Figure 4). The agreement is especially good for the  
398 hydrodynamic results, i.e., water level and salinity. Larger deviations appear for  
399 suspended solids and metal concentrations. These are expected given some uncer-  
400 tainties in input values and boundary conditions, which were kept fixed for the  
401 inputs from the River Thames and the sea (see Section 2.3), since high-frequency  
402 data were missing. Information about the River Medway and possible inputs from  
403 London City was also missing. The intrinsic difficulties in the proper description of  
404 the relevant processes, limited by the absence of velocity measurements, prevented  
405 a more complete model calibration. We refer to Section 4 for a discussion about  
406 this and other limitations.

407 [FIGURE 4 APPROX. HERE]

408 The analysis of water levels is shown in Figure 4a, separately for each station.  
409 Excluding some outliers, which are due to few erroneous measurements by the tidal  
410 gauge (please refer to the Supplementary Material for more details), the simulation  
411 results agree with measured data for all stations. The only exception is Richmond,  
412 where the model tends to overestimate the steepening during the flood phase.  
413 Indeed, the tidal wave becomes asymmetric when it propagates from downstream  
414 to upstream. In this upstream section the rise of water level is sharper than the fall,  
415 especially when compared with more seaward stations (e.g., Southend), where the  
416 wave has an approximately sinusoidal shape (Figure 5). The steepening is visible  
417 both in the measured and computed water levels, but the emphasized behaviour in  
418 the modelled wave determines larger errors in the correlation calculation. Figure  
419 5 also reports on the distortion of the tidal wave, which is amplified from the  
420 sea to London Bridge and damped from London Bridge to Teddington due to  
421 the combined effect of friction and bank convergence (Mikhailov and Mikhailova,  
422 2012). Velocity variations are characterized by the same dynamics, with more  
423 irregular patterns in the upstream part showing a strong tidal asymmetry. In  
424 particular, at Richmond the velocity has large negative (flood) peaks, which can  
425 be responsible for increased resuspension. Additionally, it is important to mention  
426 that Richmond is located close to Teddington and Richmond Locks, which were  
427 not modelled but might affect the real water level and velocity.

428 [FIGURE 5 APPROX. HERE]

429 At the observation points (Figure 4b), salinity is plotted as depth-averaged  
430 values, because it does not show significant differences between surface and bottom  
431 values, as expected since the Thames is well mixed. Computed salinity shows good  
432 agreement with the measured values, with an overestimation only in the central  
433 part of the estuary, which is likely related to unaccounted freshwater inputs from  
434 combined sewer overflows. TSS and metal concentrations are also analyzed as  
435 depth-averaged values (Figure 4c-e). Although in this case substantial differences  
436 occur between surface and bottom concentrations, no information about the exact  
437 position of the measuring instruments was available. Moreover, there was a lack  
438 of a systematic procedure for collecting TSS data at the same time in the tidal  
439 cycle.

440 Thus, while the hydrodynamic model is accurate, the results are not so sat-  
441 isfactory regarding TSS (Figure 4c). The correlation coefficient has a lower value  
442 and no trends or systematic errors are visible with both over- and under-estimation  
443 in many locations, especially in the central part of the estuary. Despite the evi-  
444 dent lack in terms of the accuracy of the water quality model, the model is able  
445 to reproduce the correct range of variation of the reproduced parameters. Better  
446 correlation are shown for the two metals, but the same concerns are valid because  
447 their dynamics are strongly influenced by TSS.

448 However, model results highlight how metal concentrations strongly depend on  
449 sediment resuspension. Higher concentrations in the central part of the Thames  
450 Estuary are confirmed both by observed and modelled trends. It follows that a  
451 decrease in the inputs of metals from freshwater and sewage sources would not  
452 immediately affect the level of pollution of the estuary. The role of resuspension  
453 due to tidal forcing turns out to be a key process in such a system, resulting in a  
454 long-term source of pollution.

### 455 3.3 Sub-tidal variability of TSS

456 In order to address the concerns related to the scatter of the TSS correlation, the  
457 model was also compared with the data collected at higher temporal resolution  
458 in February and August 2011. Figure 6 shows the results for Chelsea, located in  
459 the upstream Thames, and Purfleet, in the Mud Reaches. The two months mainly  
460 differ because of the freshwater discharge, which was higher in February than in  
461 August.

462 [FIGURE 6 APPROX. HERE]

463 At Chelsea, measured TSS concentrations are lower in February than in Au-  
464 gust. According to the mechanistic inference from Figure 3, sediments were moved  
465 downstream during months of higher discharge, thus producing lower TSS concen-  
466 trations. In the model outputs, the response to changes in river discharge is not  
467 as relevant as expected, at either station. For Chelsea, there is a tendency for the  
468 model to underpredict the amount of settling that occurs during the slack water  
469 periods, causing (in February) a lack of available sediment for resuspension each  
470 tide (Figure 6a).

471 At Purfleet, differences were negligible between the two months, with slightly  
472 higher concentrations registered in February. The patterns in the shape of mea-  
473 sured and computed concentrations are more similar in this case. In particular,  
474 the reduction in concentration during the sedimentation phase is characterized by  
475 the same slope, suggesting that the settling flux is reasonably well simulated. Ad-  
476 ditionally, the range of variation is approximately the same, and in both cases the  
477 concentration drops to close to zero. However, the model shows a delay, which can  
478 be clearly observed at Purfleet. Especially in the ebb phase, concentration does not  
479 increase instantaneously with increasing bed shear stress as it does for the mea-  
480 sured values. Interestingly, the dynamics modelled on the right bank (green lines  
481 in Figure 6b,d, i.e. a location opposite to where the measurements were actually  
482 taken) shows better agreements with measured data. A possible explanation is the  
483 excessive secondary circulation simulated by the model because of a sequence of  
484 two sharp bends at Purfleet (see Figure 1).

## 485 3.4 Effects of tides and freshwater discharge on the large-scale dynamics

486 The overall response of the Thames estuary to different forcing conditions was  
487 considered using three specific months in 2006: February, July and December,  
488 characterized by mid, low and high values of freshwater discharge, respectively.  
489 The individual analysis of these three periods facilitates the evaluation of the effect  
490 of the riverine discharge. Figure 7 shows the envelopes of water level, longitudinal  
491 velocity and salinity for the three months. Velocity and salinity are calculated as  
492 averages over the water column in the point of maximum depth in each section.

493 [FIGURE 7 APPROX. HERE]

494 Water level is influenced both by freshwater discharge and tidal amplitude  
495 (Figure 7a). The influence of freshwater discharge is visible at the minimum water  
496 level in the upper part of the estuary. The highest minimum occurs during the  
497 month of higher discharge, while the lowest during the dry month. Conversely,  
498 the highest maximum occurs in February, when the tidal range was especially  
499 high (see Figure S4 in the Supplementary Material). Longitudinal velocity does  
500 not show important differences (Figure 7b), except for the upstream region where  
501 large peaks occur in February and July for negative (flood) velocities. These peaks  
502 are related to the asymmetry of the tidal wave, which is stronger in the upstream  
503 estuary leading to high bed shear stress in that area. Salinity envelopes show that  
504 the model correctly reproduces the movement of the salt intrusion limit (Figure  
505 7c). It shifts upstream during the driest month (July), while it moves downstream  
506 in December, in accordance with measured data that fall within the envelopes  
507 except for some isolated points.

508 Figure 8 shows the distributions of TSS and metals (depth-averaged concen-  
509 trations) along the estuary for the whole of 2006. Results are presented separately  
510 for neap and spring tide, and show clear differences in the two periods. The effect  
511 of freshwater discharge is taken into account by considering the same three rep-  
512 resentative months of the year as above. The major effect on TSS may be caused  
513 by the tide, because in February the maximum concentration occurs during spring  
514 tide (Figure 8a) and the minimum during neap tide (Figure 8b). This trend is  
515 amplified in February by the fact that the tidal range is higher during spring tides  
516 and lower during neap tides compared to the other two months (Figure S4 in the  
517 Supplementary Material). The first upstream reach seems to be influenced also  
518 by freshwater discharge, which produces higher resuspension in December when  
519 the velocity and bed shear stress are higher than in the other months. The mod-  
520 elled ETM is approximately located in the so called Gallion's Reach (Southern  
521 Outfalls), and not in Gravesend as suggested by measurements, but high concen-  
522 trations are simulated in the entire area of the Mud Reaches. Similar observations  
523 are valid also for metal concentrations, which also show a maximum in the Mud  
524 Reaches due to resuspension of metals attached to sediment (Figure 8c-f). The  
525 high concentrations in the regions close to the river and sea boundaries, and es-  
526 pecially for copper, are due to the inputs of the pollutants that are assumed as  
527 boundary conditions.

528 [FIGURE 8 APPROX. HERE]

## 529 4 Discussion

### 530 4.1 Performances of the model

531 The previous analyses show that the model performs well in reproducing the hydrodynamic quantities (water level) and the salinity intrusion. Unfortunately the  
532 absence of velocity measurements limit a complete calibration of the hydrodynamic  
533 model and can affect the set up of the water quality part. In fact, some uncertainties were revealed regarding the water quality model, especially for suspended  
534 solids. In this section the main results are discussed to provide further insights on the dynamics of such a complex environment.  
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538 A first important limitation is that the numerical simulation covers only a limited time period. Especially for the quantities related to water quality parameters  
539 and sediments, the actual distribution of the concentration strongly depends on the memory of the system. For example, the process of salinization in an estuarine  
540 system, i.e., the gradual replacing of freshwater by saline water through mixing  
541 (Savenije, 2012), takes time. The time needed is heavily related to the salinity distribution assumed as the initial condition for the simulation, which can lead to  
542 a different system response if the duration is too short. For instance, comparing  
543 single-month versus one-year simulations in Erith (see Figure S7 in the Supplementary Material), the salinity modelled in the short simulation is underestimated  
544 in December (high discharge), a condition that also affects TSS and metals, while the differences are almost irrelevant in July (low discharge). As a general recommendation  
545 to obtain accurate results, the duration of the simulations should be carefully designed to reduce the influence of the initial conditions, which can be  
546 very long for salinity and, in turn, for other transported quantities.  
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553 A second important issue is the vertical variability of the simulated concentrations. The analyses comparing computed and measured data were based on  
554 averages of the water column because, as already discussed, no information was available on the sampling depth. However, important differences exist between the  
555 concentration at the bottom and in the surface layer for TSS and metals, which are in principle reproduced by a 3D model, but currently there are no data available  
556 to validate the results. Furthermore, pollution sources deriving from, e.g., surface runoff, urban drainage, sewage treatment plants, domestic sewage, industrial  
557 wastewater discharge or agricultural activities (Neal et al., 2004; Attrill and Thomes, 1995; Power et al., 1999) from local urban areas were neglected, but are  
558 likely to be important.  
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564 The scarceness of accurate information strongly affects the set up of the model. Nevertheless, the model can help to optimize the spatial and temporal design of  
565 field studies to reduce data gaps for mass balances and to consider hydrologic dynamics. In spite of the limitations discussed above, we can conclude that the  
566 hydrodynamic and water quality modules implemented in the numerical model reproduced realistic environmental data. For this reason, the results can help in  
567 understanding the large variability of the mechanisms affecting the estuary, even if not completely accurate. In fact, the available measurements present significant  
568 gaps and inconsistencies given the intrinsic difficulties in setting up a continuous monitoring system. Additionally, the in-situ observations are representative of local  
569 conditions. Hence, a 3D model has the added value of being able to reproduce a complete overview of the system in a relative short time. With this tool, we could  
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576 be able to efficiently and accurately plan which parameters need to be monitored,  
577 when and where, for example the difference highlighted by the model between the  
578 right and left bank (Section 3.3), which would need to be confirmed by in-situ  
579 measurements.

580 Future improvements should mainly regard the complexity of sediment trans-  
581 port processes and the data available to calibrate and validate the model. For  
582 instance, some simplifications introduced in the model, e.g. neglecting flocculation  
583 and diversity of suspended solids were consequences of the lack of information  
584 regarding sediment size distributions. Considering these additional factors might  
585 improve the prediction of sediment concentrations during ebb and flood phases.

586 In conclusion, the numerical model was able to reproduce the correct range of  
587 variation of observed total suspended solids and total metal concentrations. We  
588 demonstrated that the Thames Estuary is very sensitive to variations of the tide:  
589 neap and spring tides lead to lower and higher suspended solids and metal con-  
590 centrations, respectively. The effects of changes in freshwater discharge are instead  
591 more appreciable observing the distribution of salinity, whereas a lack of sensitiv-  
592 ity was found in the sediment transport model compared with observed data. In  
593 general, the principal estuarine mechanisms, like the position of the salinity front  
594 or the presence of the estuarine turbidity maximum, were well represented. It is  
595 important to note that detailed understanding of the model and its advantages  
596 and drawbacks is only possible by considering the details of individual tidal cy-  
597 cles for high and low freshwater flow, given the impact of this variable especially  
598 upstream of London Bridge.

## 599 4.2 Generalisation of the results

600 The Thames Estuary constitutes a very complex environment, and the dynam-  
601 ics that contribute to transport, resuspension and sedimentation of sediments are  
602 not fully understood. The inherent complexities of erosion and deposition pro-  
603 cesses, especially regarding the influence of flocculation and other biogeochemical  
604 processes, may strongly affect the modelling of metals, as well. In this respect,  
605 fundamental uncertainties arise from insufficient information on the spatial dis-  
606 tributions of metals and bed sediments. All these issues, mostly due to the lack  
607 of observational data to calibrate and validate a complex 3D model, can yield  
608 significant uncertainties especially in the water quality results.

609 The findings presented here are of clear relevance to other similar systems and  
610 the modelling strategies presented in the literature to date. However the Thames  
611 is also different to similar heavy industrialized estuaries in the relative lack of  
612 restoration measures (Stark et al., 2017) due to lack of available space and due to  
613 the inherent nature of the management systems and governance processes. This  
614 implies a need for development of the present strategy of linking the fate of met-  
615 als with that of the sediments, clearly of interest given the likelihood of both of  
616 remaining in the larger system for longer periods than might be the case if the  
617 sediments and metals were released from the system. In all similar cases though,  
618 information on the fate of metals and the link with sediments must form part of  
619 the ongoing development of modelling approaches.

## 620 5 Conclusions

621 This study investigated the hydrodynamics and water quality of the Thames Estu-  
622 ary through monitoring and numerical modelling. The Thames is an industrialized  
623 and engineered macrotidal estuary and as such requires detailed data to illustrate  
624 the processes that govern its response to changes in environmental and anthro-  
625 pogenic factors. With the purpose of better understanding sediment and metal  
626 fate, the whole year 2006 was simulated by means of a three-dimensional model.  
627 Complex physical processes affecting metal fate were observed to arise from the  
628 interaction of the two main driving forces, i.e. the freshwater discharge and the  
629 tide. An exploratory analysis on the available data revealed the non-conservative  
630 behaviour of metals as well as the presence of a correlation between metal and  
631 total suspended solids concentrations.

632 Model results reinforce that the fate of metal contaminants strongly depends  
633 on sediment resuspension leading to higher concentrations in the central part of the  
634 Thames Estuary. The role of resuspension due to tidal forcing in that critical area  
635 constitutes a key process affecting metal aqueous concentrations. Even considering  
636 future trends of reduced input of metals from freshwater or sewage sources due to  
637 more restrict environmental regulations, metal accumulation in the sediments will  
638 remain an important sink, but also long-term source of pollution.

639 In the attempt to evaluate long-term trends, 3D models can now be considered  
640 affordable tools, and the main limitation is the availability of data to calibrate  
641 the parameters and to validate the outputs of the simulations. As soon as more  
642 observations will be available, the accuracy of the model results will increase and  
643 the final goal of investigating the fate of metals in the Thames Estuary under  
644 different climate change scenarios could be eventually reached.

645 These results are important in terms of our understanding of the fate of metals  
646 in all similar industrialized macrotidal systems. Where possible, the use of models  
647 to relate sediment transport to metal concentrations should be applied in such  
648 systems to assess the impacts of any changes that may affect the ways in which  
649 they function.

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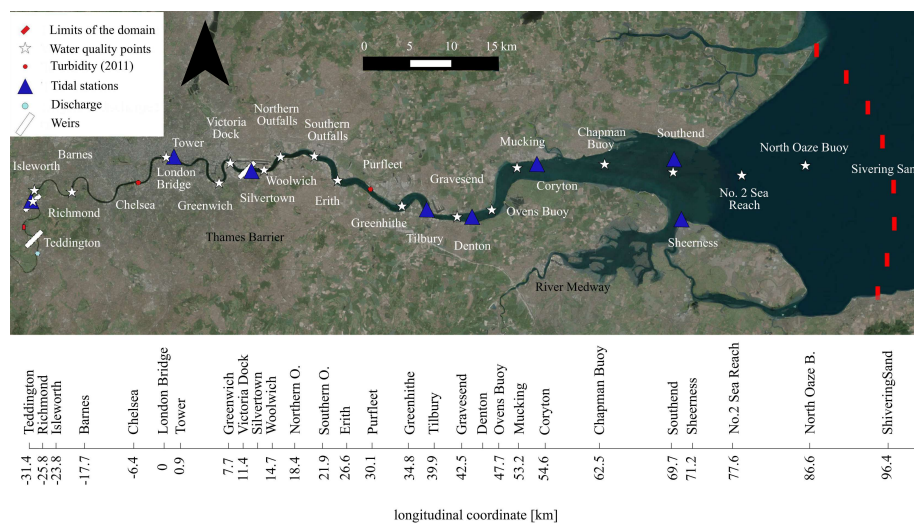
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**Fig. 1** The Thames Estuary with the boundaries assumed for the current study, the position of the weirs and the observation points.

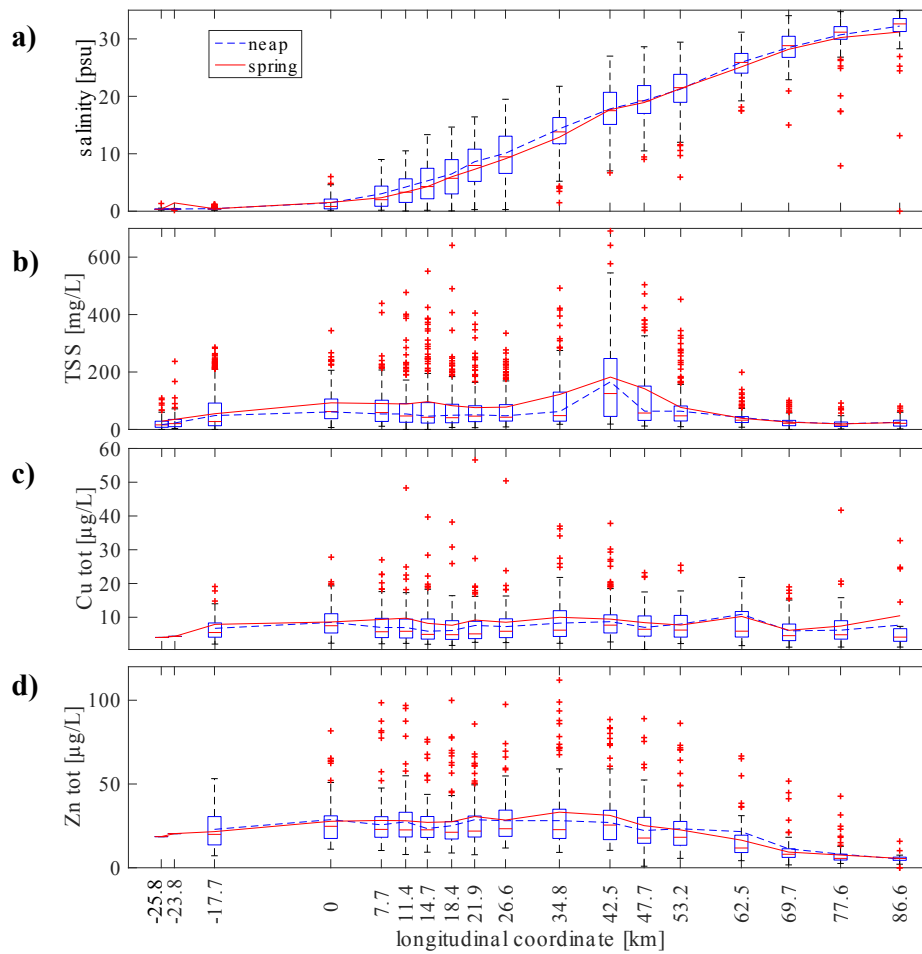
**Table 1** Main features of the boundary conditions (year 2006), and mean values of the measured quantities at the observation points.

	Quantity	Unit	Min	Mean	Max
River Thames	Discharge	( $\text{m}^3\text{s}^{-1}$ )	3.11	40.74	249
River Medway	Discharge	( $\text{m}^3\text{s}^{-1}$ )	1.56	7.13	87.97
Shivering Sands	Water level	(m)	-2.875	0.0005	2.975

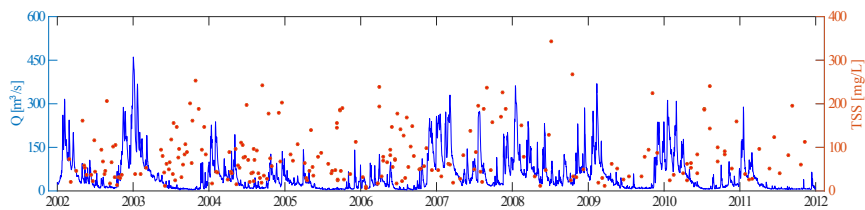
  

	Distance *	Salinity	TSS	Total Cu	Total Zn
	(km)	(-)	(mg/L)	( $\mu\text{g/L}$ )	( $\mu\text{g/L}$ )
Richmond	-25.8	0.36	23.7	4.02	18.60
Isleworth	-23.8	0.36	29.8	4.34	20.40
Barnes	-17.7	0.45	54.7	7.58	22.87
London Bridge	0	1.37	82.1	8.68	28.50
Greenwich	7.7	2.73	75.5	8.61	27.77
Victoria Dock	11.4	3.80	74.1	8.83	28.33
Woolwich	14.7	4.80	76.3	7.46	26.14
Northern outfalls	18.4	6.00	68.9	7.12	27.02
Southern outfalls	21.9	7.93	65.6	8.06	28.82
Erith	26.6	9.59	66.4	7.65	28.33
Greenhithe	34.8	13.56	95.4	9.25	31.04
Gravesend	42.5	17.29	174.1	9.11	29.53
Ovens Buoy	47.7	19.13	113.1	7.86	24.12
Mucking	53.2	20.85	73.6	7.86	23.19
Chapman Buoy	62.5	25.66	39.9	9.30	17.49
Southend	69.7	28.50	25.7	6.14	10.25
No. 2 Sea Reach	77.6	30.45	19.8	6.89	7.80
North Oaze Buoy	86.6	31.87	25.2	7.76	5.45

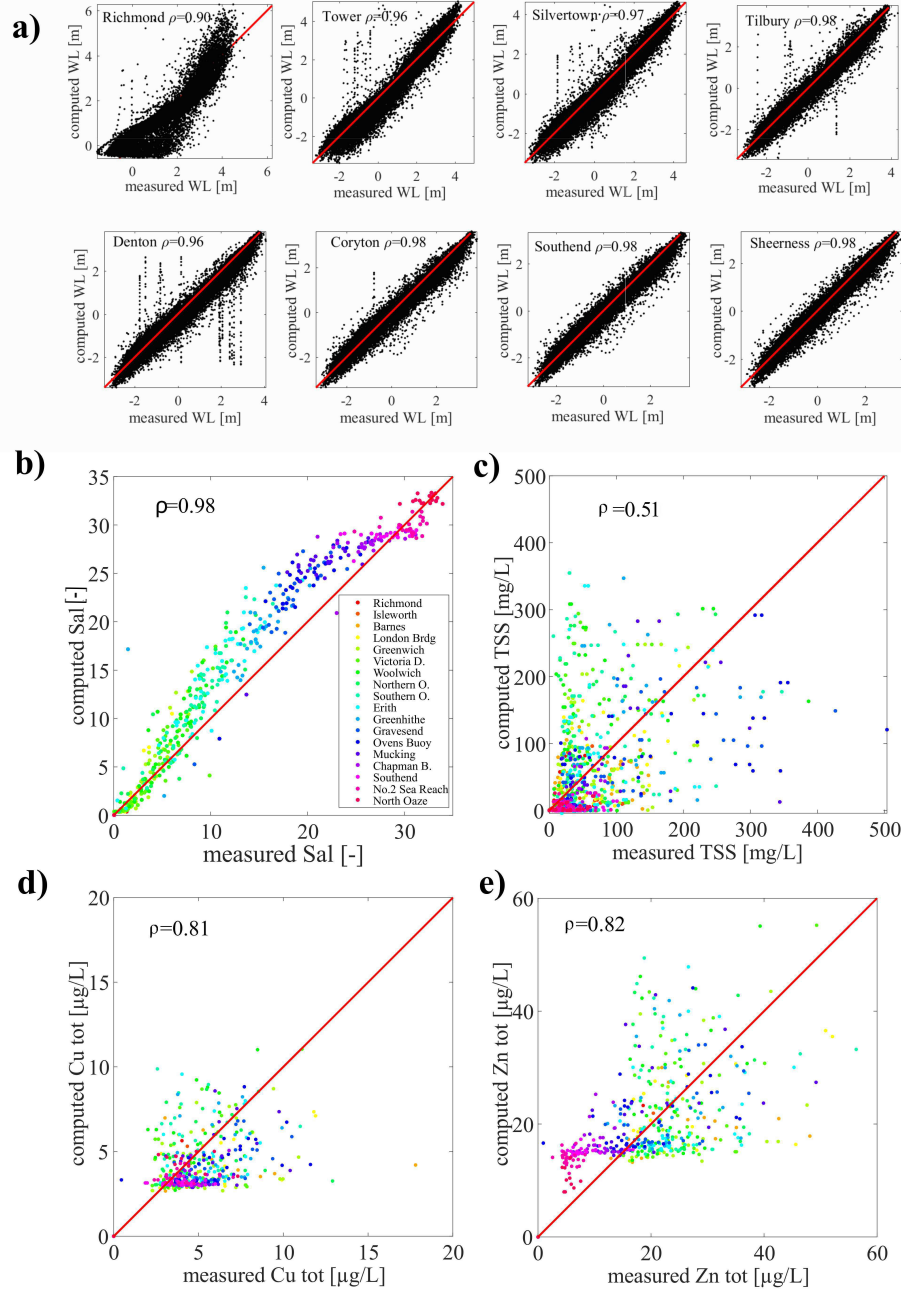
\* Distance is measured from London Bridge, assumed the head of the estuary, in the seaward direction.



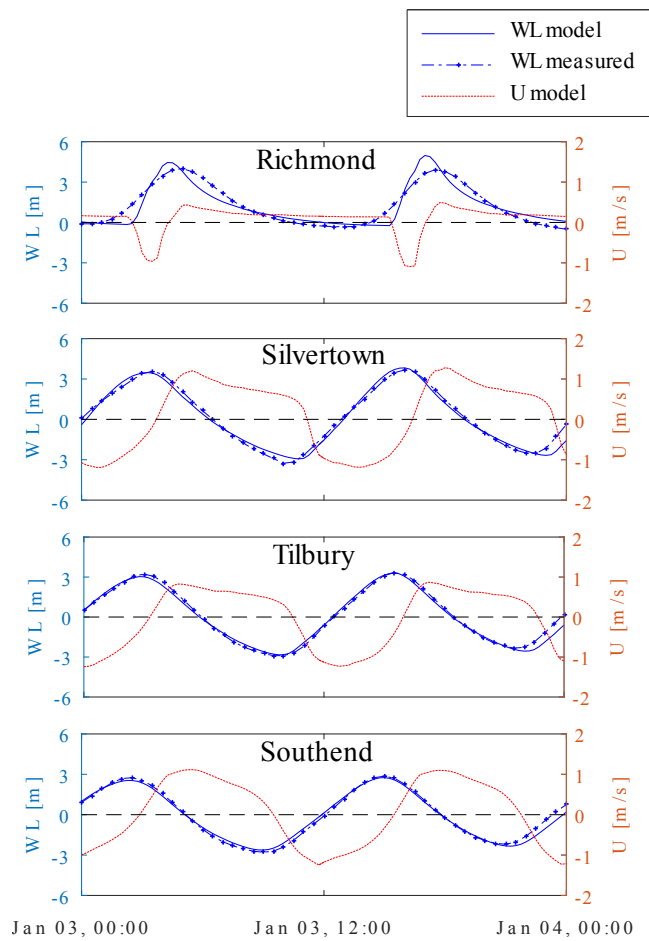
**Fig. 2** Box plots for: (a) salinity, (b) total suspended solids, (c) total copper, and (d) total zinc concentration in the estuary, using all available data (period 2003-2011 for salinity, and 2002-2009 for the other three quantities). Lines represent the average values during spring and neap tide (solid and dashed lines). Red crosses represent outliers.



**Fig. 3** Temporal records of freshwater discharge ( $Q$ , line) and suspended solids (TSS, circles) measured at London Bridge (longitudinal coordinate=0 km).



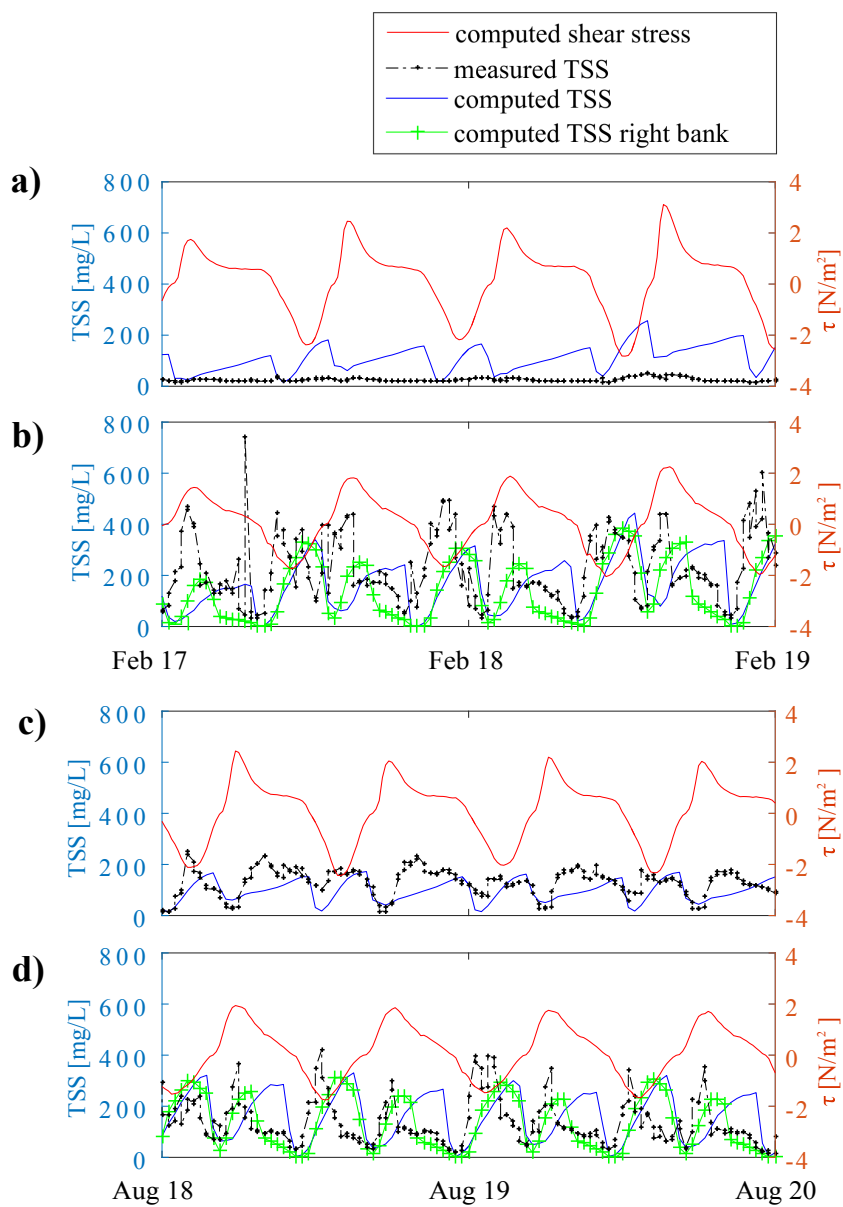
**Fig. 4** Scatter plots between modelled and measured values of: (a) water level, (b) salinity, (c) TSS, (d) total copper, and (e) total zinc concentration, in the estuary for a one-year simulation (2006).



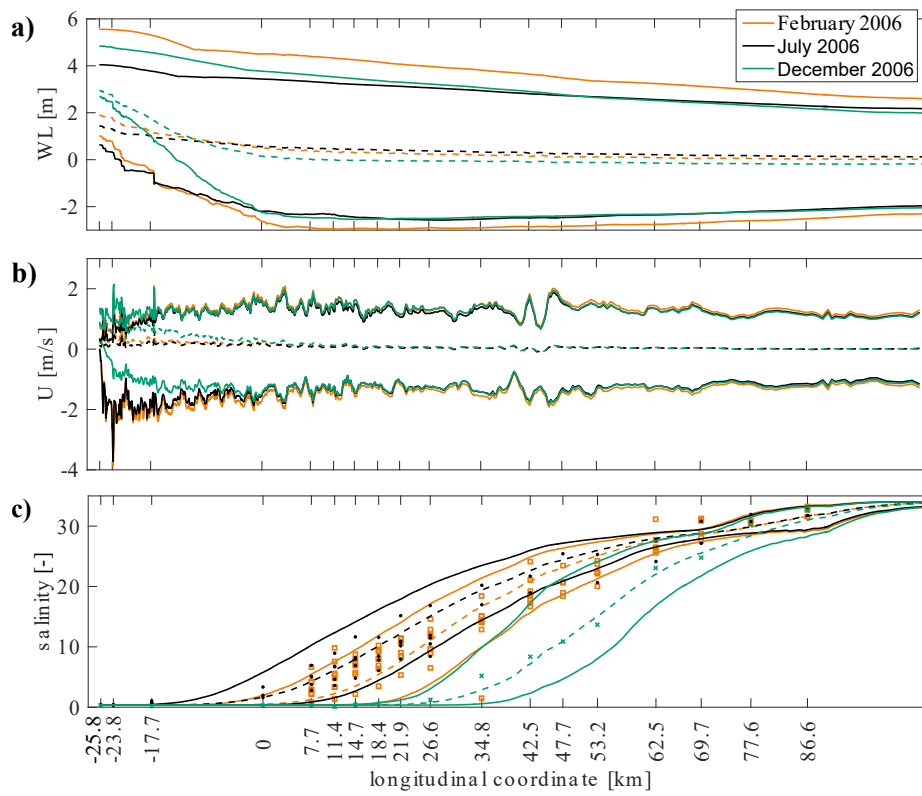
**Fig. 5** Water level (measured and modelled) and velocity (modelled) at different observation points within the estuary on a specific day (3 January 2006).

**Table 2** Correlation matrix for monthly averages of the main parameters ( $p$ -values are reported in parentheses).

	Q	TSS	SAL	Cu	Zn
Q	1 (-)	0.079 (0.020)	-0.181 (<0.001)	-0.103 (0.002)	-0.042 (0.218)
TSS		1 (-)	-0.271 (<0.001)	0.266 (<0.001)	0.394 (<0.001)
SAL			1 (-)	-0.010 (0.775)	-0.374 (<0.001)
Cu				1 (-)	0.651 (<0.001)
Zn					1 (-)

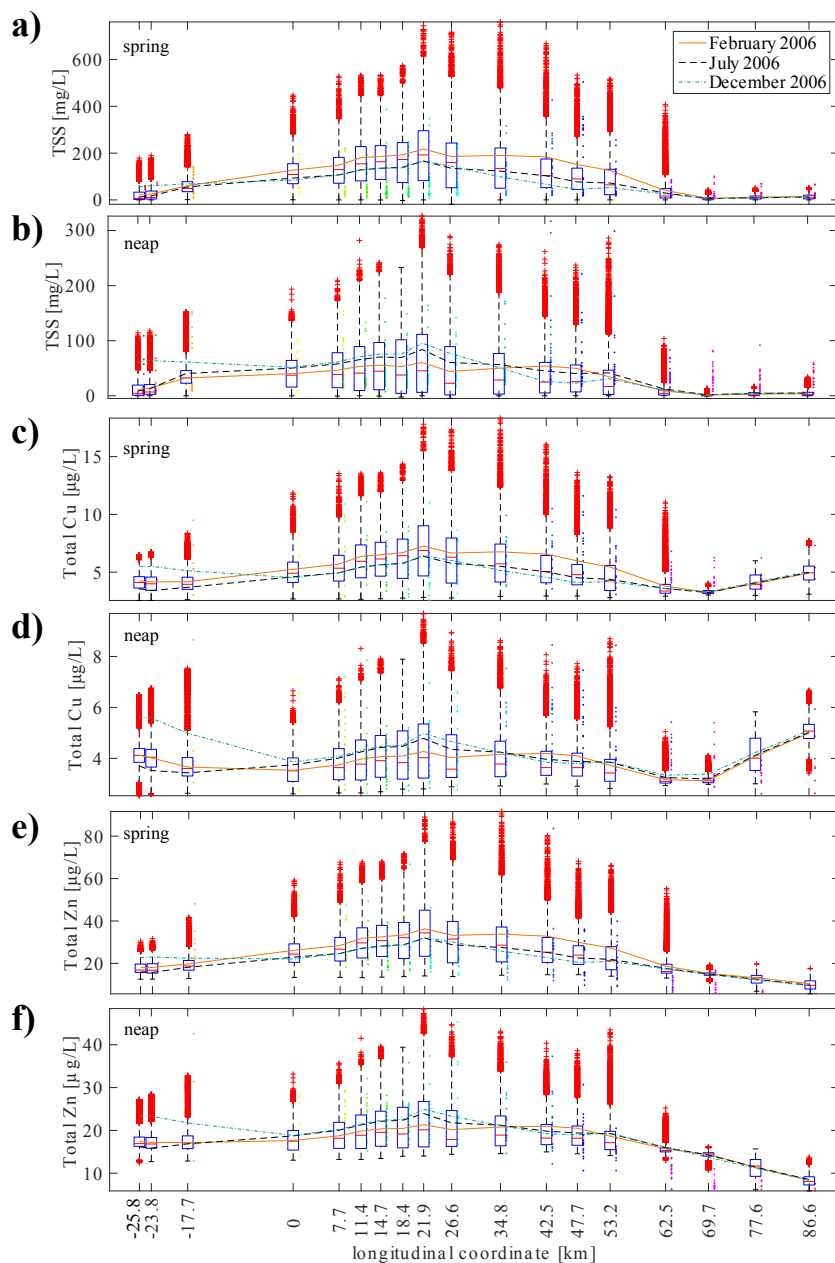


**Fig. 6** Comparison between model results and measurements of TSS at Chelsea (a, c) and Purfleet (b, d), in February (a, b) and August (c, d) 2011. Modeled bed shear stress is also indicated using the secondary axis.



**Fig. 7** Envelopes of modelled quantities in three significant months of year 2006 for: (a) water level, (b) longitudinal velocity and (c) salinity. Continuous lines represent minimum and maximum values, dashed lines represent mean values. Coloured dots represent measurements.





**Fig. 8** Box plots of TSS and metals in the water quality observation points for 2006: (a, b) TSS, (c, d) total copper, (e, f) total zinc, considering spring (a, c, e) and neap tides (b, d, f). Dashed lines represent mean values for three representative months (February, July and December 2006). Coloured dots represent measurements. Note that the range in the vertical axis is different for spring and neap tides.

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1 **Supplementary Material for**  
2 **“A model-based analysis of metal fate in the Thames**  
3 **Estuary”**

4 **Valentina Premier · Anderson Abel**  
5 **de Souza Machado · Steve Mitchell ·**  
6 **Christiane Zarfl · Kate Spencer · Marco**  
7 **Toffolon**

8  
9 Received: date / Accepted: date

10 **1 Discretization of the Thames Estuary**

11 1.1 Computational domain

12 The grid was composed of  $913 \times 57$  horizontal cells with 6852 active grid elements  
13 per layer, and 15 vertical layers. The cell area varies upstream to downstream from  
14 300 to 170,000 m<sup>2</sup>. The computational grid is shown in Figure 3. Figure 4 shows  
15 a detail of the bathymetry in the outer part of the Thames estuary.

16 In order to compare the model results with the available measurements, obser-  
17 vation points were created in the model where tidal gauges or water quality points  
18 were present throughout the estuary (Figure 1 in the main text).

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## 19 1.2 Initial and boundary conditions

20 The seaward boundary condition was set up using the water level time series  
 21 derived by the International Hydrographic Organization (IHO) using astronomical  
 22 tidal constituents in Shivering Sands. Figure 5 shows the correlation with the water  
 23 levels measured in Sheerness, highlighting the effect of storm surges. The discharges  
 24 and the water level used as boundary conditions for the numerical model are shown  
 25 in Figure 6, and the main statistics are reported in the main text (Table 1).

26 The weirs within the estuary were not simulated, but the absence of significant  
 27 effects was tested running a simulation with a barrier, which is represented in  
 28 the model by setting horizontal velocities at the position of the gate equal to zero.  
 29 First, half a month was run without the gate, then the gate was inserted for 5 hours  
 30 during a period of high water, according to an operational closure controlled by the  
 31 Environmental Agency. After 5 hours, the rest of the month was run without the  
 32 barrier. No differences were observed in salinity, water level and velocity envelopes.

33 Since the duration of the simulated period can strongly affect the final results  
 34 because of the influence of the initial conditions, different types of simulations  
 35 were run to represent the behaviour during one single month. For this purpose,  
 36 three single-month simulations were run starting from a regime condition, i.e. a  
 37 simulation with constant tide and riverine discharge where two consecutive tidal  
 38 cycles were repeated until they give the same periodic result in terms of salinity  
 39 distribution. Then, the selected month was simulated twice: the first time as a  
 40 spin-up period, and the second time to obtain the results to be analysed. The  
 41 scheme of the simulations is represented in Figure 7.

## 42 2 Sediment and metal model

43 Sediments are modelled in Delft3d-WAQ as suspended solids of the type ‘inorganic  
 44 matter’ (IM), with particle size defined indirectly through the sedimentation ve-  
 45 locity. The particles are eroded or settle depending on the local shear stress  $\tau$ . The  
 46 resuspension flux ( $\text{g m}^{-2}\text{d}^{-1}$ )

$$F_{res} = Z_{res} \max \left\{ 0, \frac{\tau}{\tau_{c,res}} - 1 \right\} \quad (1)$$

47 occurs only when  $\tau$  is larger than the critical value  $\tau_{c,res}$ , with  $Z_{res}$  the erosion  
 48 coefficient (Partheniades, 1962). The sedimentation flux ( $\text{g m}^{-2}\text{d}^{-1}$ )

$$F_{sed} = w_s C \max \left\{ 0, 1 - \frac{\tau}{\tau_{c,sed}} \right\} \quad (2)$$

49 is calculated only for values of  $\tau$  smaller than the critical shear stress  $\tau_{c,sed}$ , with  
 50  $w_s$  the sedimentation velocity ( $\text{m d}^{-1}$ ) and  $C$  the sediment concentration ( $\text{g m}^{-3}$ )  
 51 in the lower computational cell (Krone, 1962).

52 Metals are modelled accounting for partitioning, i.e. the distinction of total  
 53 concentrations into dissolved and adsorbed fractions. The two fractions behave  
 54 differently, in particular the adsorbed fraction is subjected to the same processes  
 55 as suspended solids (resuspension and sedimentation), while the dissolved part is

only affected by advection and diffusion processes (e.g., de Souza Machado et al., 2016). The dissolved fraction can be derived from the mass balance:

$$f_{df} = \frac{1}{1 + K_p C_{SS}}, \quad (3)$$

where  $K_p$  is the partition coefficient ( $\text{m}^3\text{g}^{-1}$ ) and  $C$  is the concentration of suspended solids. The particulate fraction is calculated as  $f_p = 1 - f_{df}$  (e.g., Barreto et al., 2011).

### 3 Implementation of the model

#### 3.1 Model parameters

The main numerical parameters and constants used in the implementation of the Delft3D-FLOW module are reported in Table 1. Roughness, expressed through the Chézy coefficient, was assumed  $75 \text{ m}^{1/2}/\text{s}$  in the first reach from Teddington to Tower (coarser sediments), then increasing linearly up to  $100 \text{ m}^{1/2}/\text{s}$  at Woolwich, and remaining constant and equal to this value for the muddy and sandy part of the estuary. These values were determined considering the sediment distribution (Baugh et al., 2013; Prentice, 1972; Mitchell et al., 2012; Lavery and Donovan, 2005) and evaluating the response of the model to changes in these parameters.

It is worth mentioning that for calculating the vertical turbulent eddy viscosity and the vertical turbulent eddy diffusivity the second-order turbulence closure model  $k$ - $\epsilon$  was chosen. The effect of the horizontal eddy coefficients is discussed in the following section.

The main parameters used for the implementation of Delft3D-WAQ are reported in Tables 2 and 3. Here we note that the sediment availability in the sedimentation layer S1 was observed to influence the concentration of TSS in the water column. To avoid limitation due to the fast emptying of the model's S1 layer, a surface density of inorganic matter ( $\text{IM}_{S1}$ ) of  $10^3 \text{ kg}/\text{m}^2$  was initially imposed, leading to a layer thickness  $z = \text{IM}_{S1}/\rho_s \sim 0.38 \text{ m}$ , given a solid particle density  $\rho_s \simeq 2.6 \cdot 10^3 \text{ kg}/\text{m}^3$ . Analogously, the initial mass of metals in the sediment layer was estimated by assuming that the ratio  $\text{metal}_{S1}/\text{IM}_{S1}$  is the same as the ratio between metal particulate and IM in the water column, computed with concentrations measured during the year 2006. The calculated values are  $20 \text{ g}/\text{m}^2$  for copper and  $100 \text{ g}/\text{m}^2$  for zinc. The partitioning coefficient  $K_p$  was derived from the dataset of 2006. For the cases in which dissolved concentration was greater than total, dissolved concentration was assumed equal to the total within analytic capabilities. The calculated value of  $K_p$  is  $7 \text{ m}^3/\text{kg}$  for both metals and was not very sensitive to salinity.

Other water quality parameters were calibrated especially considering the results obtained for the higher temporal resolution dataset in February and August 2011: sedimentation velocity  $w_s = 400 \text{ m}/\text{day}$ ; critical shear stress for sedimentation and resuspension  $\tau_{c, sed} = \tau_{c, res} = 0.2 \text{ N}/\text{m}^2$ . The erosion coefficient  $Z_{res}$  was assumed as variable along the estuary depending on sediment distribution:  $Z_{res} = 500 \text{ g}/(\text{m}^2\text{day})$  from Teddington to London Bridge,  $Z_{res} = 5000 \text{ g}/(\text{m}^2\text{day})$  from Woolwich to Mucking,  $Z_{res} = 500 \text{ g}/(\text{m}^2\text{day})$  from Chapman Buoy to the

97 sea boundary; transitional areas with linear variation of  $Z_{res}$  assumed among the  
 98 three previous reaches.

### 99 3.2 The effect of variable horizontal diffusivity

100 Horizontal diffusivity and viscosity are assumed identical, with a value variable  
 101 from 5 to 400 m<sup>2</sup>/s depending on the grid cell area  $A_g$  (m<sup>2</sup>) as follows:

$$D_H = \nu_H = \alpha \sqrt{A_g} \quad (4)$$

102 with  $\alpha = 0.1$  m/s. In fact, the amount of mixing that has to be included in the  
 103 model depends on the grid size because it is correlated with eddy size, which affects  
 104 the diffusion coefficient (Okubo, 1971), possibly influencing hydrodynamics and  
 105 transport processes (Toffolon and Rizzi, 2009; Toffolon, 2013). The assumption of  
 106 variable values throughout the estuary is necessary to obtain realistic longitudinal  
 107 profiles of salinity.

108 Here we report a comparison between two identical simulations run in February  
 109 2006 with different values of diffusivity and viscosity (Figure 8). In the first case,  
 110 the variable values as in the current study are used, while in the second example the  
 111 default constant values suggested by the Delft3D model are kept, e.g. a horizontal  
 112 diffusivity of 10 m<sup>2</sup>/s and a horizontal viscosity of 1 m<sup>2</sup>/s.

113 It is interesting to notice that the simulation with variable coefficients leads  
 114 to a more regular shape of the envelope, consistent with available measurements.  
 115 Conversely, constant values of diffusivity and viscosity lead to an envelope with  
 116 an unrealistic change of slope in the middle of the estuary.

## 117 4 Evaluation of model performances

118 Table 4 reports the values of the correlation coefficient and the Root Mean Square  
 119 Error (RMSE) for modelled and measured water level, salinity, TSS and metals  
 120 concentrations. The table refers to Figure 5 in the main text.

121 As shown in Figure 4a in the main text, modelled and observed water level  
 122 present a very good agreement except for few limited points. These outliers are  
 123 clearly due to erroneous acquisition by the tidal gauge system, in fact they show a  
 124 constant value for the observed water level. Since the data did not have any quality  
 125 flag, we did not exclude these potentially wrong acquisitions, which however do  
 126 not affect the overall good agreement as they are few acquisitions compared to the  
 127 long time-series we used. Two examples for Silvertown and Tower are shown in  
 128 Figure 1 and 2, respectively.

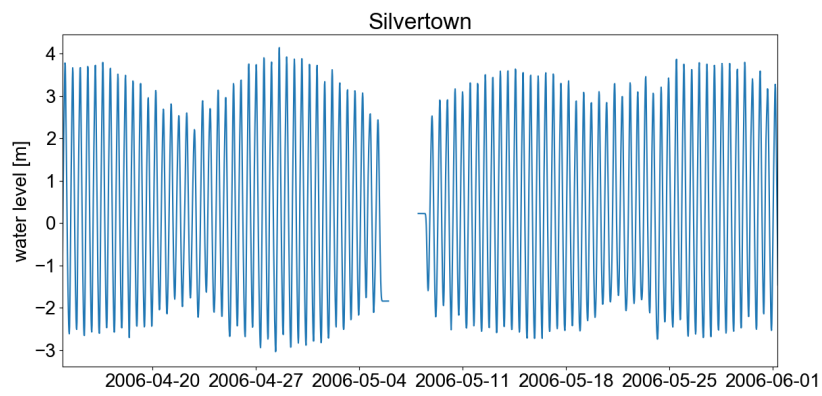
## 129 5 Duration of the simulation

130 To show how important the duration of the simulated period can be, a comparison  
 131 was made between the one-year simulation and three single-month cases (February,  
 132 July and December, characterized by mid, low and high river discharge, respec-  
 133 tively). Differences can be seen especially in the salinity and water quality results.  
 134 As an example, we analysed the behaviour in July and December 2006, when the

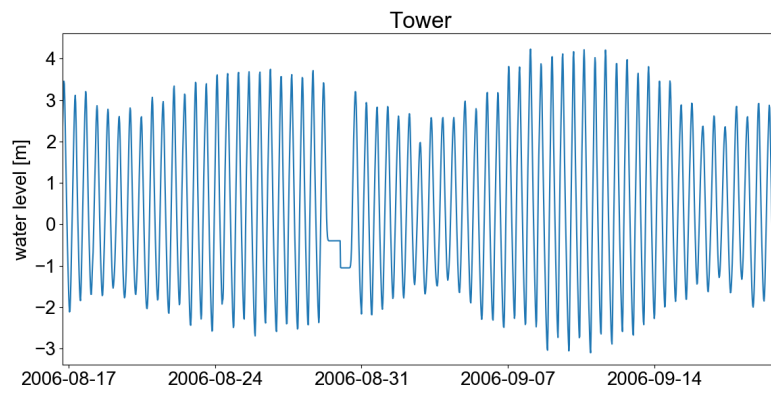
135 freshwater discharge was different, in the central location of Erith (Figure 9). In  
136 December, the salinity significantly differs between the two simulations, and the  
137 single-month simulation underestimates the salinity (i.e., predicts a shorter salt  
138 intrusion in the estuary), which in turn also modifies the TSS and metal con-  
139 centrations (Figure 9a). Conversely, for the dry month (July) the differences are  
140 irrelevant, with only small discrepancies reported for TSS and metals (Figure 9b).

## 141 **References**

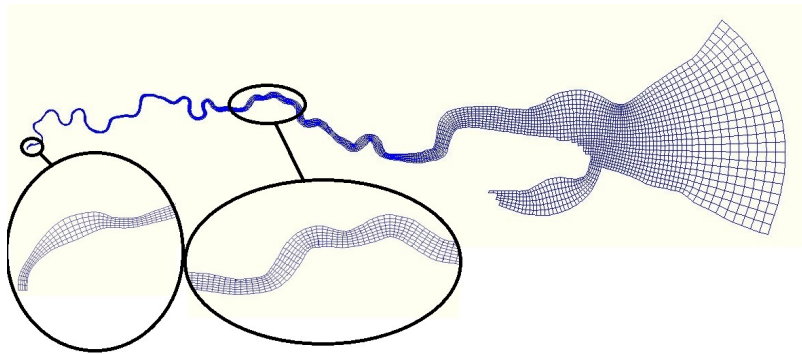
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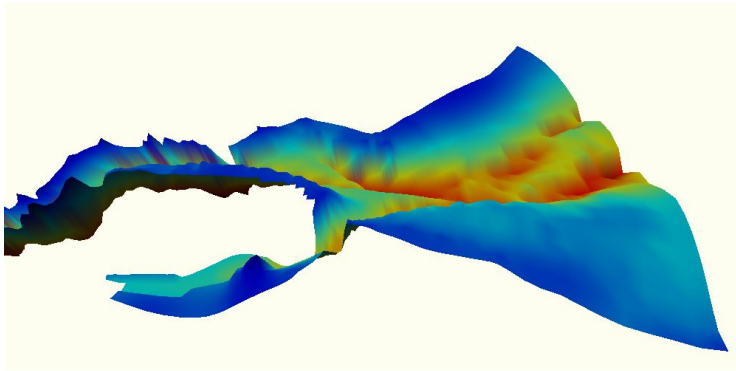
**Fig. 1** Details of some acquisition problems for the tidal gauge in Silvertown.



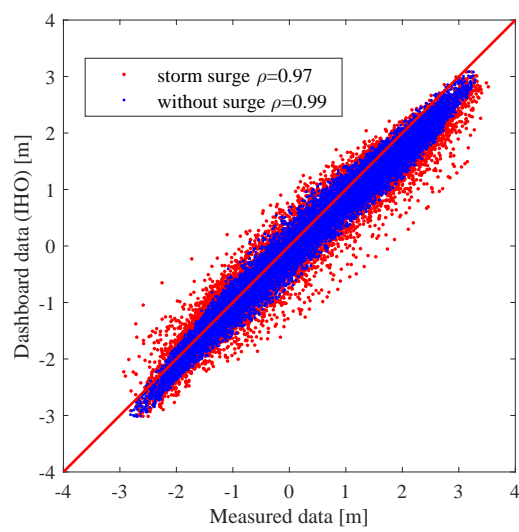
**Fig. 2** Details of some acquisition problems for the tidal gauge in Tower.



**Fig. 3** Details of the computational grid.

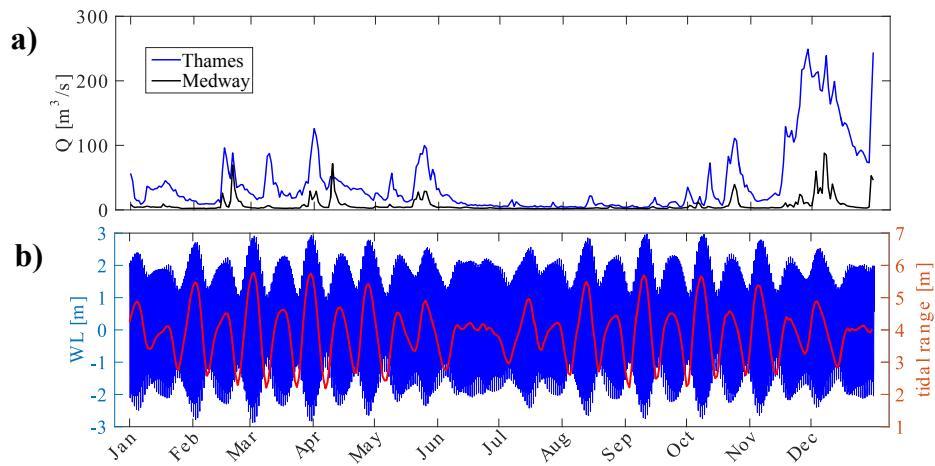


**Fig. 4** Details of the bathymetry in the outer part of the Thames estuary.

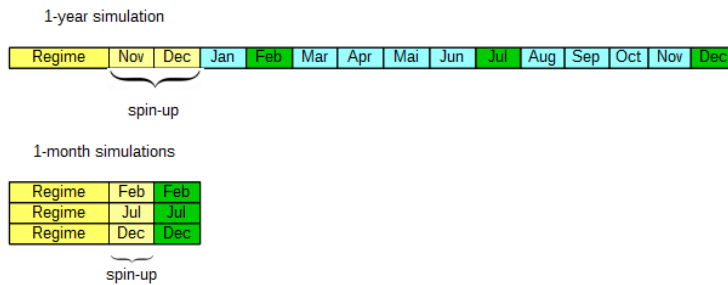


**Fig. 5** Scatter plot between astronomic water level prediction (IHO) and measured water levels in Sheerness. Red dots represent measurements characterized by storm surges.

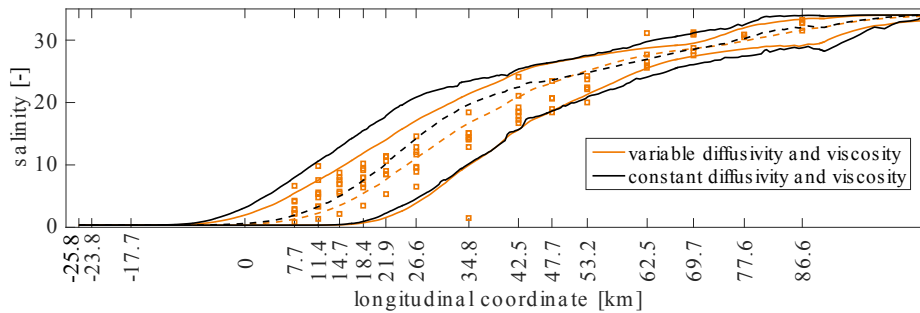




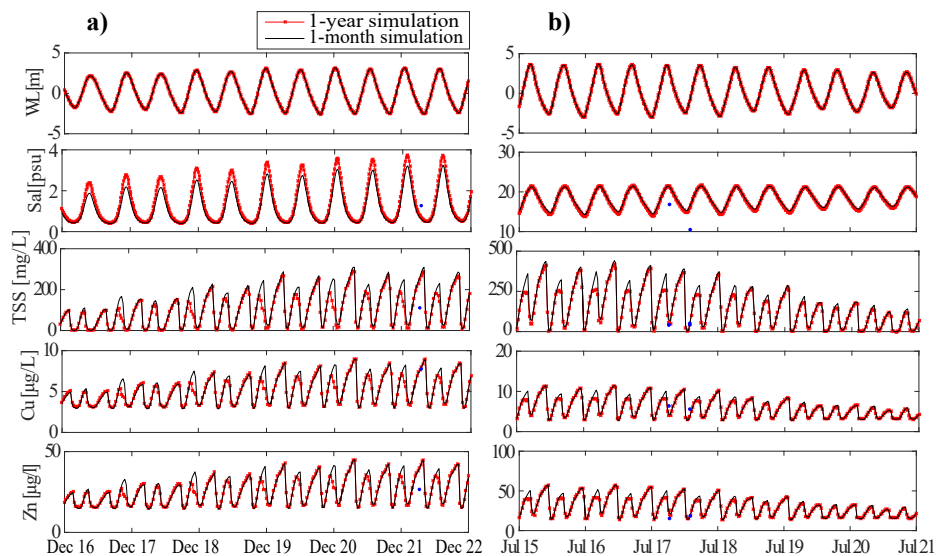
**Fig. 6** Boundary conditions used in the model for the year 2006: (a) discharges of the Thames and Medway rivers; (b) astronomic tide in Shivering Sands (blue line), with tidal range shown on the second axis (red line).



**Fig. 7** Scheme of the simulations that were run for the 1-year and the 1-month approach. Spin-up time was two months.



**Fig. 8** Salinity envelopes in February 2006 using variable diffusivity and viscosity and constant values along the estuary. Continuous lines represent minimum and maximum values, dashed lines represent mean values. Measurements are reported as coloured squares.



**Fig. 9** Comparison between one-year (dotted line) and single-month (continuous line) simulations in Erith for: (a) December 2006 and (b) July 2006. Blue dots represent measurements.

**Table 1** Main numerical parameters and constants used in the implementation of the model Delft3D-FLOW.

Description	Value	Unit
Number of grid points 3D simulation	M=915, N=59, K=15	-
Layer thickness from top to bottom	6.67	%
Time step	0.2	min
Thatcher-Harleman return time (surface)	0 (River Thames) 100 (sea boundary)	min
Thatcher-Harleman return time (bottom)	0 (River Medway) 0 (River Thames) 100 (sea boundary) 0 (River Medway)	min
Gravitational acceleration	9.81	m/s <sup>2</sup>
Density of water at background temperature and salinity	1000	kg/m <sup>3</sup>
Background water temperature	15	°C
Bottom roughness in u-dir. as Chézy	75-100 <sup>(a)</sup>	m <sup>1/2</sup> /s
Bottom roughness in v-dir. as Chézy	75-100 <sup>(a)</sup>	m <sup>1/2</sup> /s
Horizontal eddy viscosity	5-400 <sup>(b)</sup>	m <sup>2</sup> /s
Horizontal eddy diffusivity	5-400 <sup>(b)</sup>	m <sup>2</sup> /s

<sup>a</sup> 75 in the first reach from Teddington to London Bridge, then it increases linearly up to 100 in Woolwich and remains constant and equal to this value for the rest of the estuary.

<sup>b</sup> variable from 5 to 400 depending on the grid cell area.

**Table 2** Initial conditions used in the implementation of the model Delft3D-WAQ.

Initial conditions		
Description	Value	Unit
Inorganic matter in the water column	from restart file	g/m <sup>3</sup>
Copper in the water column	from restart file	g/m <sup>3</sup>
Zinc in the water column	from restart file	g/m <sup>3</sup>
Inorganic matter in S1 layer	10 <sup>6</sup>	g/m <sup>2</sup>
Inorganic matter in S2 layer	0	g/m <sup>2</sup>
Copper in S1 layer	20	g/m <sup>2</sup>
Copper in S2 layer	0	g/m <sup>2</sup>
Zinc in S1 layer	100	g/m <sup>2</sup>
Zinc in S2 layer	0	g/m <sup>2</sup>

**Table 3** Process parameters and constants used in the implementation of the model Delft3D-WAQ.

Process parameters		
Description	Value	Unit
Critical shear stress for sedimentation	0.2	N/m <sup>2</sup>
Sedimentation velocity	400	m/day
Critical shear stress for resuspension	0.2	N/m <sup>2</sup>
Zero order resuspension flux	500-5000 ( <sup>a</sup> )	g/(m <sup>2</sup> day)
Minimum depth for sedimentation	0.1	m
Partition coefficient Cu in the water column	7	m <sup>2</sup> /kg
Partition coefficient Cu in layer S1	7	m <sup>2</sup> /kg
Partition coefficient Zn in the water column	7	m <sup>2</sup> /kg
Partition coefficient Zn in layer S1	7	m <sup>2</sup> /kg

<sup>a</sup> Variable along the estuary depending on sediment distribution: from Teddington to London Bridge 500, then a transitional area with linear increase, 5000 from Woolwich to Mucking, transitional area with smooth decrease, and again 500 from Chapman Buoy to the sea boundary.

**Table 4** Correlation coefficient and RMSE for modelled and measured water level, salinity, TSS and metal concentrations.

	Corr. coeff.	RMSE
WL Richmond	0.904	0.620 m
WL Tower	0.962	0.535 m
WL Silvertown	0.970	0.499 m
WL Tilbury	0.977	0.404 m
WL Denton	0.965	0.511 m
WL Coryton	0.981	0.356 m
WL Southend	0.982	0.325 m
WL Sheerness	0.982	0.311 m
Salinity	0.982	2.52
TSS	0.513	65.4 mg/L
Copper	0.812	1.86 µg/L
Zinc	0.825	7.34 µg/L