

1 **Substantial energy input to the mesopelagic ecosystem from the seasonal**
2 **mixed-layer pump**

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12 **The “mesopelagic” is the region of the ocean between about 100 and 1000 m**
13 **that harbours one of the largest ecosystems and fish stocks on the planet^{1,2}.**
14 **This vastly unexplored ecosystem is believed to be mostly sustained by**
15 **chemical energy, in the form of fast-sinking particulate organic carbon,**
16 **supplied by the biological carbon pump³. Yet, this supply appears**
17 **insufficient to match mesopelagic metabolic demands⁴⁻⁶. The mixed-layer**
18 **pump is a physically-driven biogeochemical process⁷⁻¹¹ that could further**
19 **contribute to meet these energetic requirements. However, little is known**
20 **about the magnitude and spatial distribution of this process at the global**
21 **scale. Here we show that the mixed-layer pump supplies an important**
22 **seasonal flux of organic carbon to the mesopelagic. By combining mixed-**
23 **layer depths from Argo floats with satellite retrievals of particulate organic**
24 **carbon, we estimate that this pump exports a global flux of about 0.3 Pg C**

25 yr^{-1} (range 0.1 – 0.5 Pg C yr^{-1}). In high-latitude regions where mixed-layers
26 are deep, this flux is on average 23%, but can be greater than 100% of the
27 carbon supplied by fast sinking particles. Our results imply that a relatively
28 large flux of organic carbon is missing from current energy budgets of the
29 mesopelagic.

30

31 The mesopelagic ecosystem is found below the upper euphotic layer of the ocean where
32 solar radiation is so scarce that photosynthesis stops. The heterotrophic organisms
33 inhabiting this twilight region must therefore depend on other sources of energy. The
34 majority of the mesopelagic energetic requirement is believed to be supplied by organic
35 carbon exported from the surface by the biological pump^{1,3-6}. This transfer implicates
36 multiple physical¹²⁻¹⁴ and biological^{15,16} mechanisms, but gravitational sinking of
37 relatively large particles and aggregates is considered the main force driving this
38 pump^{3,15}.

39 One overlooked process that could contribute to the biological carbon pump by
40 supplying additional energy to the mesopelagic is the "mixed-layer pump¹⁰". This
41 pump is the mechanisms through which carbon is exported below the euphotic zone
42 due to variations in the depth of the surface mixed-layer⁷⁻⁹. In essence, organic matter
43 produced at the ocean surface is first transferred to depth by deep mixing and later
44 isolated there by the formation of a new shallower mixed layer. This succession of deep
45 and shallow mixed layers is the critical force that "pumps" carbon to depth. Because
46 fast gravitational sinking rates are not required, the mixed-layer pump can export
47 neutrally-buoyant and slowly-sinking particulate as well as dissolved organic
48 carbon^{12,13}, that otherwise would not reach the mesopelagic zone.

49 The organic carbon exported by the mixed-layer pump to the mesopelagic may be
50 either sequestered for climate-relevant time scales, or quickly remineralised and re-
51 exchanged with the atmosphere. Indeed, the fate of the carbon exported by the mixed-
52 layer pump depends on multiple poorly-constrained processes. Small, slowly-sinking
53 particles may be remineralised by the heterotrophic community during the summer
54 and the resulting CO₂ re-ventilated back to the atmosphere by the following winter
55 mixed layer. Under this scenario, the mixed-layer export would not contribute to long-
56 term carbon sequestration. On the other hand, the mixed-layer pump could also
57 sequester carbon for extended periods of time, if the slowly-sinking particles sank
58 below the depth of the following winter mixed layer^{12,17}. Regardless of its significance
59 for long-term carbon sequestration, the mixed-layer pump may supply a large fraction
60 of the energy required by the mesopelagic heterotrophic community and thus be an
61 important component of the biological carbon pump.

62 While the mixed-layer pump can occur on a variety of time scales⁷⁻¹¹, we focus on the
63 *seasonal* mixed-layer pump, which exports organic matter accumulated during the
64 previous summer or produced during the spring, when mixed layers are the deepest
65 and the water column is the least stable (Figure 1). During this spring period, brief
66 stratification events can occur (e.g. due to changes in the sign of the heat flux) and
67 generate conditions favourable for accumulation of fresh phytoplankton biomass⁸.
68 Because the water column is unstable, this stratification can be easily disrupted by
69 the passage of storms^{8,19-21} and the accumulated organic matter mixed deeper into the
70 water column. Thus, in the early spring, deep mixed layers can hold significant stocks
71 of organic carbon¹². Eventually, summer stratification is established by the formation
72 of a stable shallow mixed layer and the organic carbon mixed to depth remains
73 isolated from the surface, generating a seasonal export flux (Figure 1). Few regional

74 studies recognised that significant fluxes of organic matter may be exported by the
75 mixed-layer pump^{8,11,18,22}. However, its role in sustaining global mesopelagic
76 ecosystems remains to date unknown.

77 We combined satellite-estimates of particulate organic carbon (POC, see
78 Supplementary materials) concentration with estimates of the mixed-layer depth (z_m)
79 obtained from the Argo array to quantify POC stocks in the mixed layer. To assess the
80 magnitude of the seasonal mixed-layer pump, we focused on the transition from the
81 time of the maximum winter mixed layer (t_{\max}) to the time when summer stratification
82 is established (t_{strat}). During this period, progressively shallower mixed layers form
83 which eventually isolate part of the POC stock below the surface. The mesopelagic is
84 typically defined as the layer of the ocean below the euphotic zone²³. However, to
85 simplify the calculations, we conservatively estimated the magnitude of the seasonal
86 mixed-layer pump (E_{tot}) as the POC stock isolated below 100 m due to variations of the
87 mixed layer that take place between t_{\max} and t_{strat} . This nominal depth-threshold of
88 100 m is also commonly used in satellite and model estimates of export flux by the
89 biological carbon pump^{14,24-26}. We also accounted for the POC accumulated during the
90 previous summer below the mixed-layer before the deepest mixed layer is reached (see
91 Methods). We did not attempt to quantify stocks of fresh dissolved organic carbon
92 (DOC) produced in the spring, because DOC is not readily estimated from satellite
93 data. Finally, we used the relationship between E_{tot} and the depth of the winter mixed
94 layer (z_{\max}) to quantify the climatological magnitude and distribution of E_{tot} in the
95 global ocean.

96 The magnitude and spatial variability of the mixed-layer pump depends strongly on
97 the depth of the winter mixed layer (Figures 2 and S1), with its largest values found at
98 high latitudes in the North Atlantic, Southern Ocean and north-west Pacific. The

99 spatially-integrated climatological estimate of the magnitude of the seasonal mixed-
100 layer pump amounts to approximately 0.26 Pg C yr⁻¹ (range 0.10 and 0.53 Pg C yr⁻¹).
101 Therefore, the seasonal mixed-layer pump is responsible for a flux of carbon that is on
102 average 4% (range 2% – 6%) of the currently estimated global carbon export²⁵⁻²⁶. These
103 estimates are conservative, because they do not include the contribution of DOC and
104 because they are derived from a climatological value of z_{\max} , which can be significantly
105 smaller than values recorded in individual years.

106 In high-latitude areas where deep winter mixed layers are common, the proportion of
107 carbon flux by the mixed-layer pump with respect to current estimates of the biological
108 pump can be significant (Figure 3). In these regions, this proportion is on average 23%
109 (mean of the ratios presented in Figure 3 at latitudes >35°N and <35°S), but it can
110 increase to more than 100%. Our findings are in agreement with previous in-situ
111 nutrient budgets^{11,18,22} reporting that in regions of the North Atlantic the new
112 production (i.e., a proxy for export²⁷) generated before the summer stratification
113 equals the new production taking place during the spring bloom (i.e., after the
114 stratification is established). Collectively, these results demonstrate that in high-
115 latitude regions the mixed-layer pump supplies a major flux of organic carbon to the
116 mesopelagic.

117 Most methods for measuring carbon export detect the carbon flux generated by
118 particles that sink at relatively fast rates, but do not measure the redistribution of
119 neutrally-buoyant or slowly-sinking organic matter in the water column (see
120 Supplementary materials). Thus, it is unlikely that current global estimates of carbon
121 export include the contribution of the seasonal mixed-layer pump. Our new global
122 estimates should thus be considered as an additional flux of organic carbon to the
123 mesopelagic region that was previously not accounted for.

124 The mesopelagic ocean is one of the least explored places on the planet and this is
125 especially true in the very productive, but remote and often inaccessible high-latitude
126 regions. Yet, in these regions the interaction between physical, chemical and biological
127 processes sustains vast fisheries, affects the global cycling of chemical elements, and
128 contributes to regulating the Earth's climate^{1,28}. Here, we have synergistically
129 exploited satellite and in-situ observations to quantify a poorly-described mechanism
130 that depends on a high-frequency interaction between physical (ephemeral shallow
131 mixed layer formation) and biogeochemical (accumulation of particulate organic
132 carbon) processes. These high-frequency interactions are the most difficult to observe,
133 yet we have found that one of these interactions contributes a major flux of energy to
134 deep ecosystems. New methods are needed to continue filling this observational gap
135 and the growing array of autonomous Biogeochemical-Argo floats^{29,30} promises further
136 insights into how the hidden mesopelagic ocean functions.

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161 data analysis. G.D.O., L.P., R.J.B. interpreted the results and wrote the manuscript.
162 H.C. provided Bio-Argo data. All authors commented on the manuscript.

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164 financial interests.

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Figure 1. Schematic representation of the seasonal mixed-layer pump. In the spring the depth of the mixed layer (yellow line) reaches its maximum annual value. Before and during this event, ephemeral stratification events can occur due, for example, to intermittent changes in the heat flux from negative (out of the ocean, blue arrows) to positive (into the ocean, red arrows). These stratification events can result in new accumulation of organic matter, which is then re-distributed over the water column by subsequent deep mixing. Eventually, when the summer stratification is established, the deeply-mixed organic matter remains isolated below the sunlit layer, resulting in an export of carbon. Orange, white and green squares and circles represent small particles accumulated within and below the surface mixed layer during the previous summer and produced due to the ephemeral stratification events, respectively.

Figure 2. Relationship between winter mixed layer depth and export by the mixed-layer pump. (a) climatological deepest winter mixed layers (z_{\max} , black colours refer to regions with $z_{\max} < 100$ m and not considered in this study) and (b) estimates of particulate carbon export by the mixed-layer pump (E_{tot}).

Figure 3. Comparison between mixed-layer pump and biological pump. Ratio of carbon exported by the mixed-layer pump and estimates of the biological carbon pump by satellite-based algorithms: (a) $E_{tot}:\text{TotEZ}$ for reference 26, (b) $E_{tot}:\text{H11}$ for reference 24); and by two Earth System Models (c) GFDL-ESM2M and (d) HadGEM2-ES. Regions with ratios greater than 1 indicate our estimates of carbon export by the mixed-layer carbon pump are higher than current estimates of the biological pump. Black colours refer to regions with $z_{\max} < 100$ m and not considered in this study.

168 **Methods**

169 **Ocean Colour Data and POC estimates.** Surface POC (mg m^{-3}) was estimated
170 from remote-sensing reflectance data (8-day temporal and 4-km spatial resolution)
171 generated by the European Space Agency Ocean Colour Climate Change Initiative
172 (ESA OC-CCI) project³¹ using the standard NASA remote-sensing algorithm based on
173 the reflectance ratio at 490 and 555 nm³². To compute POC at latitudes south of 35°S
174 we used a Southern Ocean regional algorithm based on the reflectance ratio at 443
175 and 555 nm³³. Frequency distributions of the POC values estimated at the time of the
176 deepest mixed layer and of stratification are presented in Figure S2.

177 **Argo data and mixed-layer estimates.** The global Argo dataset was filtered to
178 remove floats that did not meet the following criteria: a) profiles were collected for at
179 least 365 days; b) all profiles had coincident measurements of temperature, salinity
180 and pressure; c) all pressure data increased monotonically between >0 and <2100
181 dbars; d) all temperature data were >-10 and $<+50^{\circ}\text{C}$; e) all salinity data were >0 and
182 <45 psu. Using only the floats that passed the filtering procedure, the depth of the
183 mixed layer, z_m (m), was derived using a density-based algorithm³⁴. The analysis is
184 based on all satellite data collected between 1997 and 2012 and all Argo profiles that
185 passed the above filtering procedure. Nevertheless, due to increased number of
186 satellite data points and of Argo profiles available from the year 2002 onwards, the
187 results presented below are mostly based on data from the years 2006-2011 (Figure
188 S3).

189 **POC flux generated by the seasonal mixed-layer pump.** To compute the carbon
190 flux generated by the seasonal mixed-layer pump, the following procedure was applied
191 to each float dataset that contained profiles for a minimum of 320 days:

192 1. The time (t_{\max}) and value (z_{\max}) of the deepest z_m were identified.

193 2. A timeseries of z_m was extracted starting at t_{\max} and conservatively ending 9 months
194 after z_{\max} . Only timeseries without missing data were selected. Timeseries without
195 missing data were defined as those timeseries for which the maximum time interval
196 between profiles did not exceed 5 times the modal time step between all profiles.

197 3. The beginning of the summer stratification was estimated based on a criterion
198 developed to account for the inherent geographic variability of z_{\max} . First, to ensure
199 that the transition to the summer stratification had begun, the “time of mid-shoaling”
200 was identified as the time after t_{\max} when z_m reached a value that was half of the
201 range of z_m during the timeseries. Then, from the part of the timeseries following the
202 mid-shoaling, the time t_{strat} was extracted after which z_m did not vary by more than
203 20% of z_{\max} per 10-day period for at least 30 days. The time between t_{\max} and t_{strat} is
204 indicated as Δt .

205 4. For each profile between t_{\max} and t_{strat} , the average surface POC was then extracted
206 from a grid of 8×8 satellite pixels centred on the location of and closest in time to the
207 profile. Only years for which all POC and z_m values were available during Δt were
208 used.

209 5. We assumed that the POC concentration is homogeneous in the mixed layer (optical
210 backscattering data from Bio-Argo floats have been used to verify this hypothesis, see
211 Supplementary materials and Figure S4). The POC stock in the mixed layer for each
212 profile was then computed as the product of the POC concentration at the surface and
213 the depth of the mixed layer.

214 6. The variation in the POC stock isolated below the mixed layer between times t_{i-1}
215 and t_i was estimated as:

216

$$217 \quad E(t_i) = \begin{cases} +POC(t_{i-1})[z_m(t_{i-1}) - z_m(t_i)], & \text{if } z_m(t_i) \leq z_m(t_{i-1}) \\ -POC(t_{i-2})[z_m(t_i) - z_m(t_{i-1})], & \text{if } z_m(t_i) > z_m(t_{i-1}) \end{cases} \quad (1)$$

218

219 where the formulation for $z_m(t_i) \leq z_m(t_{i-1})$ was used to compute the increase in the
220 POC isolated below the mixed layer at time t_i due to a shoaling of the mixed layer,
221 while the formulation for $z_m(t_i) > z_m(t_{i-1})$ was used to compute a decrease of the POC
222 isolated below the mixed layer due to re-entrainment after a temporary deepening of
223 the mixed layer.

224 7. The POC exported by the mixed-layer pump at the time of stratification was finally
225 estimated as the sum of POC stock variations below 100 m during all time steps
226 between the time of the deepest mixed layer and the time of stratification, multiplied
227 by the fraction $(1-B)$ of this carbon stock that is not due to POC present in the
228 mesopelagic before the deepening of the mixed layer (see below the explanation for
229 how B was estimated):

230

$$231 \quad E_{tot} = (1 - B) \sum_{t_{max+1}}^{t_{strat}} E(t_i). \quad (2)$$

232

233 The nominal depth of 100 m was chosen as the depth where the upper sunlit ocean
234 layer ends and where the mesopelagic zone begins. This is a common threshold for the
235 upper boundary of the mesopelagic⁶, and for the bottom of the euphotic zone,
236 especially in high-latitude regions²⁶. This depth is also consistent with other studies
237 estimating carbon export (e.g., IPCC CMIP5 models²⁵, as well as current satellite
238 estimates^{24,26}).

239 **E_{tot} parametrization based on z_{max} .** In order to provide a parametrization for E_{tot} , a
240 regression analysis was carried out between E_{tot} values and their corresponding values
241 of z_{max} . The bootstrap method (with 1000 simulated samples) was employed to
242 estimate the coefficients of this relationship and their uncertainties (Figure S5). This
243 relationship was then applied to climatological gridded winter mixed-layer depths
244 obtained from the publicly available z_{m} product³⁴ to obtain a global estimation of the
245 E_{tot} at a 1-degree resolution.

246 **Uncertainty estimates / Sensitivity analysis.** A sensitivity analysis was carried
247 out to estimate a plausible range of uncertainties associated with our E_{tot} values.
248 Specifically, we investigated how the derived values of E_{tot} are affected by the
249 following uncertainties: uncertainty in POC, z_{m} and the definition of t_{strat} .
250 Uncertainties for each of these variables are presented in Supplementary Table 1.
251 Results of this analysis are reported as the median value of the ratio of the nominal
252 values of E_{tot} calculated for each year and each float to the values of E_{tot} computed
253 when each parameter was varied separately. These results demonstrate that E_{tot} is
254 mostly sensitive to uncertainties in POC and z_{m} .

255 **Duration of the transition between z_{max} and z_{strat} .** One of the parameters
256 determining the value of E_{tot} is the duration of the transition between the timing of
257 the deepest mixed layer and of stratification (i.e., Δt). Figure S6 demonstrates that
258 this transition is rapid, with a median value of 20 days and 80% of the shoaling events
259 occurring 40 days after the deepest mixed layer.

260 **Estimating the mesopelagic background stocks of POC.** When mixed layers at
261 the end of the summer start deepening and begin transferring surface particles deeper
262 into the mesopelagic region, other particles may be already present below the mixed
263 layer. As a consequence, as mixed layers deepen, they not only transfer surface

264 particles to depth, but they also re-entrain existing mesopelagic particles. Therefore,
265 to accurately estimate the stock of carbon that is transferred to the mesopelagic by the
266 mixed layer pump, it is necessary to remove the contribution of these background
267 particles already present below the mixed layer from the signals recorded by satellite
268 sensors at the surface.

269 Because ocean-colour satellites only sense the upper part of the water column, to
270 estimate this contribution we employed a data set collected by Biogeochemical-Argo
271 floats. These floats were mostly deployed in regions with deep mixed layers and
272 mounted optical sensors that can be used to determine particulate backscattering
273 (b_{bp}), which is a proxy of POC (e.g., reference 10). We then computed the fraction
274 $B = E_{bck} : E_{tot}$ of background POC stock (E_{bck}) to E_{tot} as follows. We extracted each year of
275 data from each float and computed E_{tot} using the same methodology employed for the
276 core-Argo floats and satellite data employed for the main analysis. However, instead
277 of satellite estimates of POC, we used estimates of POC derived from the float b_{bp} data
278 in the mixed layer. For each year of data and each float, we then computed the
279 average background POC concentration below the mixed layer and above z_{max} during
280 the three months preceding t_{max} . The average stock of background POC present
281 between 100 m and z_{max} (E_{bck}) was computed by multiplying this average
282 concentration of background POC by the depth difference ($z_{max} - 100$). The bio-optical
283 model used to convert b_{bp} into POC is a simple multiplicative factor¹⁰, thus the
284 resulting values of B are independent of the conversion factor.

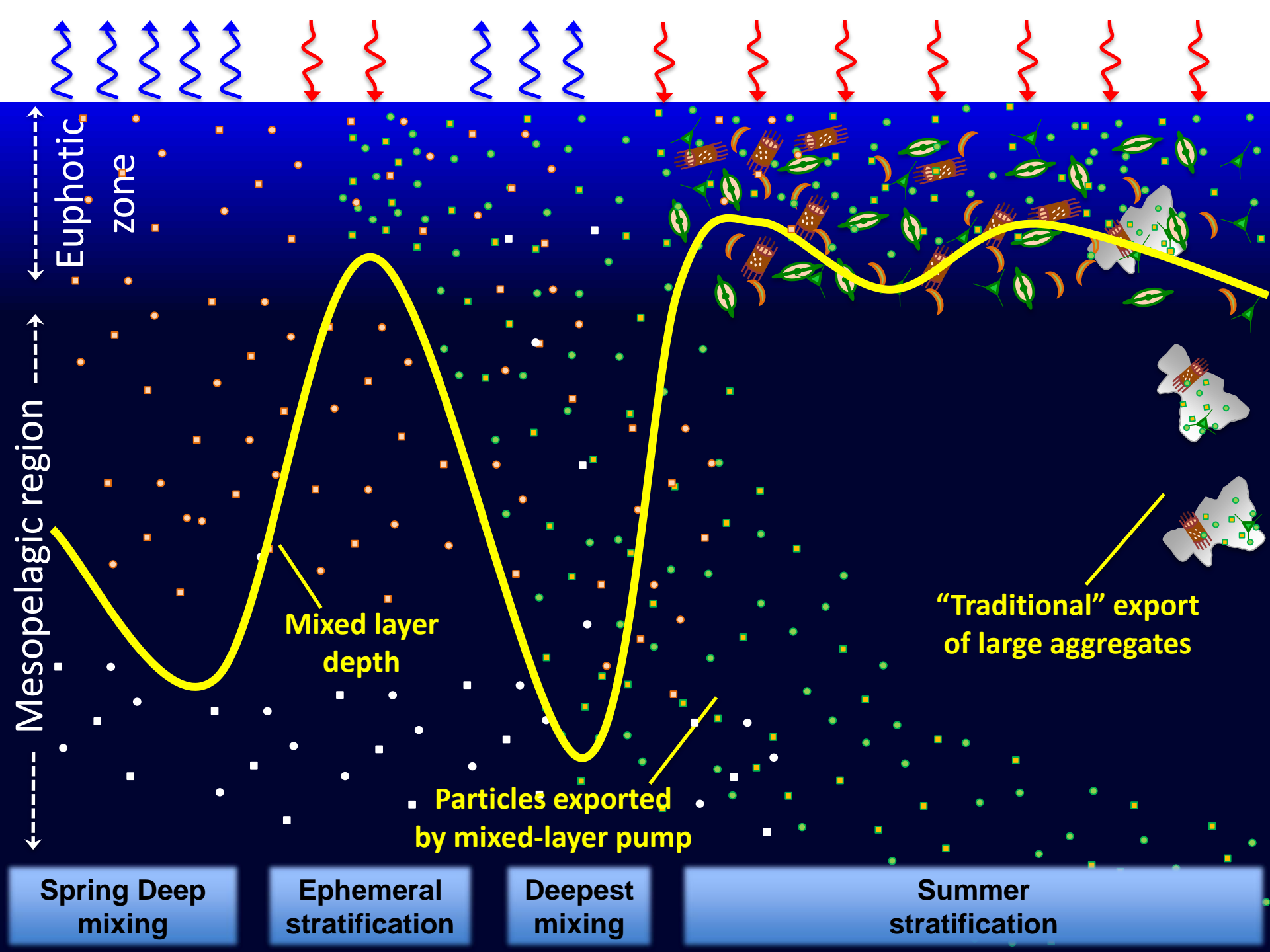
285 The average yearly locations and estimates of B for all floats are presented in Figure
286 S7. A total of 59 independent estimates were obtained, once data were filtered to only
287 include years where $z_{max} > 150$ m. Overall, the median B value was 0.51 ± 0.18 , where
288 the uncertainty range was computed as half the range between the 84th and 16th

289 percentile, which corresponds to one standard deviation if the distribution is normal.
290 We also tested the sensitivity of this result to the length of the period before z_{max} over
291 which the background is computed. We found that by varying this parameters by ± 2
292 months with respect to the nominal value of 3 months, B changed by less than 10%,
293 supporting the robustness of this result.

294 **Comparison with carbon export by the biological carbon pump estimated by**
295 **Earth System Models.** We compared our estimates of E_{tot} to estimates of the sinking
296 particulate carbon export flux at 100 m from two representative²⁵ Coupled Model
297 Intercomparison Project Phase 5 (CMIP5) models with explicit marine ecological
298 modules. We used the “historic” yearly simulation for the year 2005 from the US
299 NOAA GFDL-ESM2M³⁵ and UK MetOffice HadGEM2-ES³⁶.

300 **Data availability.** The satellite ocean-colour data used in the analysis are available
301 from the ESA OC-CCI website (<http://www.esa-oceancolour-cci.org>). Argo data are
302 available from the official Argo web site
303 (<http://www.argodatamgt.org/Documentation/Access-via-FTP-on-GDAC>). Climatological
304 gridded winter mixed-layer depths can be obtained from <http://mixedlayer.ucsd.edu>.
305 The US NOAA GFDL-ESM2M and UK MetOffice HadGEM2-ES datasets are made
306 available by the UK Centre for Environmental Data Archival (<http://www.ceda.ac.uk>).
307 Data from Bio-Argo floats are available from the Coriolis data centre
308 (<http://www.argodatamgt.org/Documentation/Access-via-FTP-on-GDAC>) and from the
309 Monterey Bay Aquarium Research Institute website
310 (<http://www.mbari.org/science/upper-ocean-systems/chemical-sensor-group/floatviz>).

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Euphotic zone

Mesopelagic region

Mixed layer depth

Particles exported by mixed-layer pump

“Traditional” export of large aggregates

Spring Deep mixing

Ephemeral stratification

Deepest mixing

Summer stratification

