

# Investigation of exogenous GnRH and opioid antagonists, alone and in combination, on gonadotropin and ovulatory responses in transitional mares under various progesterone environments



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#### Introduction

- Opioids have been shown to play a role in the seasonal anestrous state of mares by inhibiting GnRh.
- Progesterone priming has been used in transitional mares previously.
- Naloxone (Nal), an opioid antagonist, can cause an increase in LH and FSH in mares when administered. (Behrens et al. 1993; Irvine et al. 1994, Schlote et al. 1994, Davison et al., 1998).
- Naloxone has been shown to increase LH levels during high progesterone environments (Kouba, 2001).
- Deslorelin (Des), a GnRH agonist, is commonly used to promote ovulation in normally cycling mares, and has been previously used in anestrous mares (Williams et al., 2012).
- It is notoriously hard to predict ovulation in transitional mares, and conception rates are normally low (Hanlon, 2012).

## Objective

The objective of this experiment was to observe gonadotropin response in transitional mares after administering 1 of 3 different treatments under 3 different progesterone environments, the response of the first ovulatory follicle, and the subsequent conception rates.

## **Experimental Procedures**

- 18 transitional mares started on the project. 2 ovulated shortly after the first phase and therefore could not complete Phase 2, and another was eliminated because samples could not be collected.
- Of the remaining 15, the mares were randomly divided into 3 groups of 5. Each group was assigned a different treatment, either Des (1 ml), Nal (0.5 mg/kg BW), or both.
- All mares received 14 days of progesterone priming in the form of Regu-Mate when they had at least 3 follicles greater than or equal to 20 mm in size.
- At the end of the 14 days of Regu-Mate, when exogenous progesterone was high, mares entered Phase 1.
- During each phase, blood was drawn via an IV catheter every 15 min over a 6 hr collection period; 1 hr pre-treatment as a baseline, and 5 hrs posttreatment. Blood samples were centrifuged and plasma was harvested and frozen for later analyzation.
- After Phase 1, when the mares grew their first potentially ovulatory follicle (>35mm), they had Phase 2 performed, when both exogenous and endogenous progesterone levels were presumably low.
- All mares were bred (Al) to the same stallion of known fertility the day following Phase 2.

# **Experimental Procedures (cont)**

- Mares were bred on fresh semen every other day until ovulation was confirmed.
- Phase 3 occurred 7 d post-ovulation, when endogenous progesterone was high.
- Pregnancy checks were completed at 14 d postovulation.

#### Conclusions

- This experiment is still ongoing and all results are only for a portion of the mares.
- Analyzation of the frozen plasma will occur later in the summer and will test for LH, FSH, and progesterone levels.
- So far, the group receiving both Nal and Des have taken less time for follicles to reach an ovulatory size (Fig 1) and less time for those follicles to ovulate following Phase 2 (Fig 2).
- Conception rates initially seem lower for the group of mares receiving both treatments. However, at the time of writing this, more than a third of the pregnancy checks have yet to be completed.
- No real conclusions can be drawn until the remainder of the results are back.

# **Experimental Results**

Figure 1: Days between Phase 1 and Phase 2 **14** 11.8 11.5 Nal **Des** Des+Nal

Figure 2: Days between Phase 2 and Ovulation

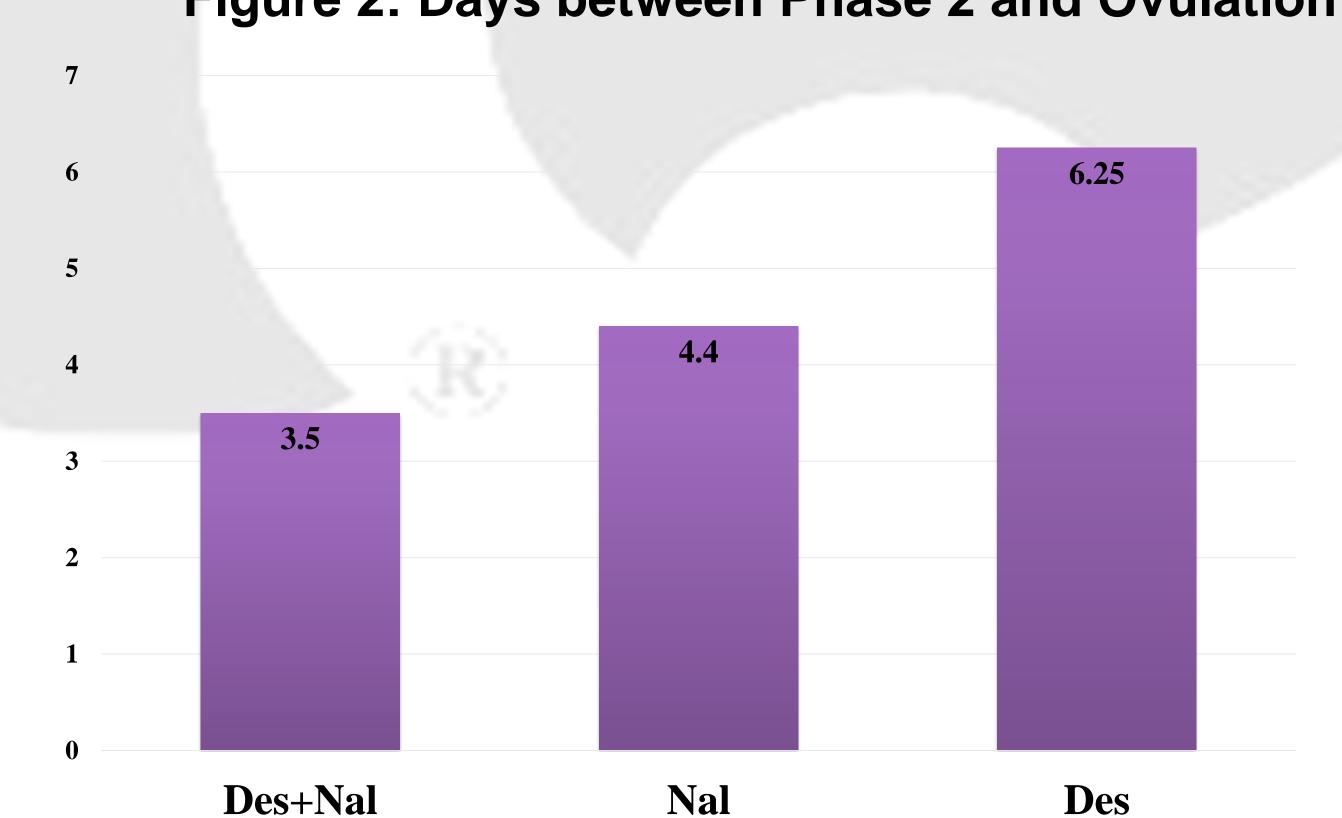


Figure 3: Conception Rates

