

Winter 1-2013

Volunteer Yearbook 2013

CentraCare Health

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Volunteer Yearbook

2013



Includes St. Cloud Hospital Volunteer Auxiliary Annual Report

CENTRACARE
 **St. Cloud Hospital**
Volunteer Services



Message from the Volunteer Auxiliary Board President

Greetings,



Phil Ruggiero

Wow, my first year sure went fast — so much to do and so little time.

After assuming the position of president, I quickly was reminded that it is easier to make suggestions than it is to be responsible for the decisions and results. Even so, I really enjoyed my first year and what we were able to accomplish including:

- Kick-off of our “450 by 2015” campaign to add 450 new volunteers by the end of 2014.
- Initiated a Gift Shop Marketing committee to increase sales 20 percent by July 2014.
- Sponsored the Health Care Auxiliary of Minnesota (HCAM) District D spring meeting. An enthusiastic 58 members attended and took tours of the hospital.
- Earned money from gift galleries, baby pictures, art sales and various other fundraisers (such as jewelry sales) to fund many worthwhile hospital projects that otherwise would not have been possible.
- Published another award-winning yearbook.

Our plans for 2013-14 are as follows:

- Continue the “450 by 2015” volunteer campaign.
- Initiate a volunteer transition program.
- Publish another award-winning yearbook.

Big plans need good people to make this happen. This is where each of you come in. We need people with ideas, drive and motivation to work on these projects. Are **YOU** up to the challenge? Stop by the Volunteer Office to offer your talents and ideas.

Sincerely,

Phil Ruggiero
Volunteer Auxiliary Board President
St. Cloud Hospital

The benefits of volunteering:

- Make a difference in the lives of patients and their families
- Use your talents, develop new skills and explore careers
- Socialize, network and meet new friends
- Receive recognition through events, awards, incentive tours and more
- Stay active and exercise
- Live a longer, happier, healthier life
- Enjoy complimentary meals and snacks
- Receive discounts from local businesses
- Receive special consideration for St. Cloud Hospital Volunteer Auxiliary scholarships

Are you interested in serving on the
Volunteer Auxiliary Board?



Volunteer Auxiliary Board
2012-2013

Contact the Volunteer Office for more information.
Call (320) 255-5638 or e-mail volunteer@centracare.com today.



Phil Ruggiero
President
STEP Force and
Link to Life



Barb McConnell
Vice President
Hospital Archives



Bob Nelson
Second Vice President
STEP Force



Marv Kustermann
Treasurer
Eucharistic Minister



Gordon Snyder
Assistant Treasurer
Mended Hearts



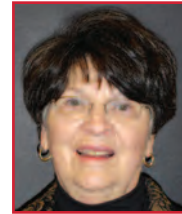
Kendra Flanagan
Past President
Gorecki Guest House
and Project H.E.A.L.



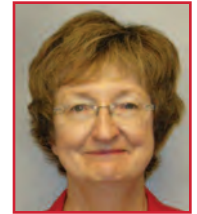
Art Carlson
Member at Large
Flower Delivery
and Tour Guide



Nancy Frobenius
Member at Large
Gift Gallery Buyer



LouAnn Garner
Member at Large
Newborn Nursery
and Tour Guide



Elizabeth Krauss
Member at Large
Center for
Surgical Care



Rosie Imgrund
Member at Large
Eucharistic Minister



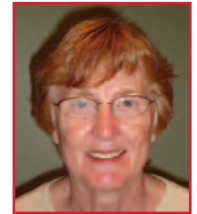
Jerry Ring
Member at Large
STEP Force



Pat Ring
Member at Large
Clerical Float Pool, Dispatch
and Information Desk



Kathy Schug
Member at Large
STEP Force



Virgie Zenner
Member at Large
Eucharistic Minister
and Hospice

Junior Volunteer Advisory Council
2012-2013



Whitney Adrian
President



Anna Hoover
Vice President



Sruthi Shankar
Secretary



Kholood Abuhadid
Member at Large



Rachel Ertl
Member at Large



Volunteers of the Month

July 2012



Pat Salzer
*Adult Volunteer -
Gift Gallery*



Julia Kuebelbeck
*College Volunteer -
STEP Force*



Brittney Bergquist
*Junior Volunteer -
Team Lead
and Gift Gallery*

August 2012



Mark Happe
*Adult Volunteer -
STEP Force
Dispatch*



Keenan Murphy
*College Volunteer -
Patient & Family
Care and Emergency
Trauma Center*



Rachel Bedel
*Junior Volunteer -
Team Lead*

September 2012



Phil Ruggerio
*Adult Volunteer -
Volunteer Auxiliary
Board, STEP Force
and Link to Life
Service Representative*

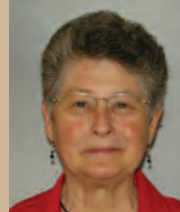


Karlee Cox
*College Volunteer -
Children's Center*



Sruthi Shankar
*Junior Volunteer -
Team Lead and
Junior Volunteer
Advisory Council*

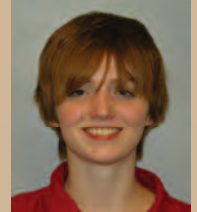
October 2012



Anne Ramler
*Adult Volunteer -
Patient & Family Care
and Family Birthing
Center Reception
Assistant*



Alex Funk
*College Volunteer -
Sleep Center*



Paula Murcurio
*Junior Volunteer -
Team Lead*

November 2012



Mike White
*Adult Volunteer -
Coborn Cancer
Center Infusion*



Nhan "T" Nguyen
*College Volunteer -
Emergency
Trauma Center*



Kaytlyn Brancel
*Junior Volunteer -
Gift Gallery*

December 2012



Andy G. Anderson
*Adult Volunteer -
STEP Force*



Brittany Miller
*College Volunteer -
Patient & Family Care
and Family Birthing
Center Reception
Assistant*



Kevin Bloch
*Junior Volunteer -
Team Lead*

Volunteers of the Month

January 2013



Margaret White
Adult Volunteer -
Pharmacy



Sarah Hansen
College Volunteer -
Patient & Family
Care



Katia Paz
Junior Volunteer -
Gift Gallery

February 2013



Fran Donlin
Adult Volunteer -
Eucharistic Ministry
and Information Desk



Taylor Nelson
College Volunteer -
STEP Force



Rachel Ertl
Junior Volunteer -
Junior Volunteer
Advisory Council
and Team Lead

March 2013



Bob Nelson
Adult Volunteer -
Volunteer Auxiliary
Board and
STEP Force



Ashley Torblaa
College Volunteer -
Patient Experience
Enhancement



Ashley Prigge
Junior Volunteer

April 2013



Ron Stewart
Adult Volunteer -
Emergency
Trauma Center



Aissatou Bah
College Volunteer -
Gift Gallery
and Administrative
Assistance



James Reineke
Junior Volunteer -
Team Lead

May 2013



Shirley Braun
Adult Volunteer -
Gift Gallery



Nathan Warnert
College Volunteer -
Emergency
Trauma Center



Claire Ruegamer
Junior Volunteer -
Team Lead

June 2013



Dave Klimek
Adult Volunteer -
STEP Force



Evan Thomas
College Volunteer -
Emergency
Trauma Center
and STEP Force



Alex Mayer
Junior Volunteer -
Team Lead



Volunteer Awards

Volunteer of the Year

Fran Donlin has volunteered more than 4,996 hours of her time since October 2008. Fran volunteers in Eucharistic Ministry as well as at the Information Desk as Director of First Impressions. Fran has been and continues to be a dedicated volunteer. As a Eucharistic Minister, Fran is known to be a listening ear and abundant with a compassionate smile. She goes above and beyond her scheduled hours regularly to ensure that patients that want the Eucharist have an opportunity to receive. She makes a connection with people that she meets and is a pleasure to work with. In the words of her Patient Access team members and supervisor, "Fran is a wonderful asset to our Info Desk team. We have enjoyed having Fran alongside us over the years."



Fran Donlin

Junior Volunteer of the Year



Sruthi Shankar

Sruthi Shankar is a Junior Volunteer with St. Cloud Hospital, serving more than 500 hours since August 2011. She participated in the first session of the Student Serve and Learn Program launched in June. Sruthi is on the Junior Volunteer Advisory Council, spent the past term as Secretary and currently is a Member at Large. She became a Junior Volunteer Team Lead in June 2012 and assists with coordinating a team of volunteers during her shift and training new Junior Volunteers. Sruthi, a junior at Tech High School, is always positive about volunteering and ready to help with any project. We are very impressed with her dedication to St. Cloud Hospital and the Junior Volunteer program. She is a great leader and role model for fellow Junior Volunteers. Thank you for all you do, Sruthi!

Rosalie Timmers Award and Scholarship

Congratulations to **Whitney Adrian**, recipient of the Rosalie Timmers Award and Memorial Scholarship for \$1,000. Whitney has volunteered more than 850 hours since 2009 as Junior Volunteer, Junior Volunteer Team Lead and Junior Volunteer Advisory Council President. Whitney said being a Junior Volunteer greatly influenced her career choice. A defining moment happened after spending time playing cards and talking with a patient whose leg was amputated. It was at this point when the patient's mood brightened, that Whitney knew she wanted to go into health care. "I love the feeling of helping people." A graduate from Apollo High school, she plans to attend the University of Minnesota Morris to become a forensic pathologist and eventually participate in a program like Doctors Without Borders.



Whitney Adrian

Rosalie Timmers Memorial Scholarship St. Cloud Optimist Club



Cassandra Roeder, Whitney Adrian and James Reineke (with Rosalie Timmers' daughter Bev Timmers-Lahr, far left, and Janene Riedeman, far right)



Rachel Bedel and Sruthi Shankar members of the Junior Volunteer Program, were recognized for their commitment by the St. Cloud Optimists Club.



Islam Abuhadid
Most Dedicated
Junior Volunteer



Siddharth "Sid" Paari
Most Spirited
Junior Volunteer



Total number of volunteers who provided service: 1,097

Age:

14-18	14%
19-25	21%
26-65	36%
66+	29%

Gender:

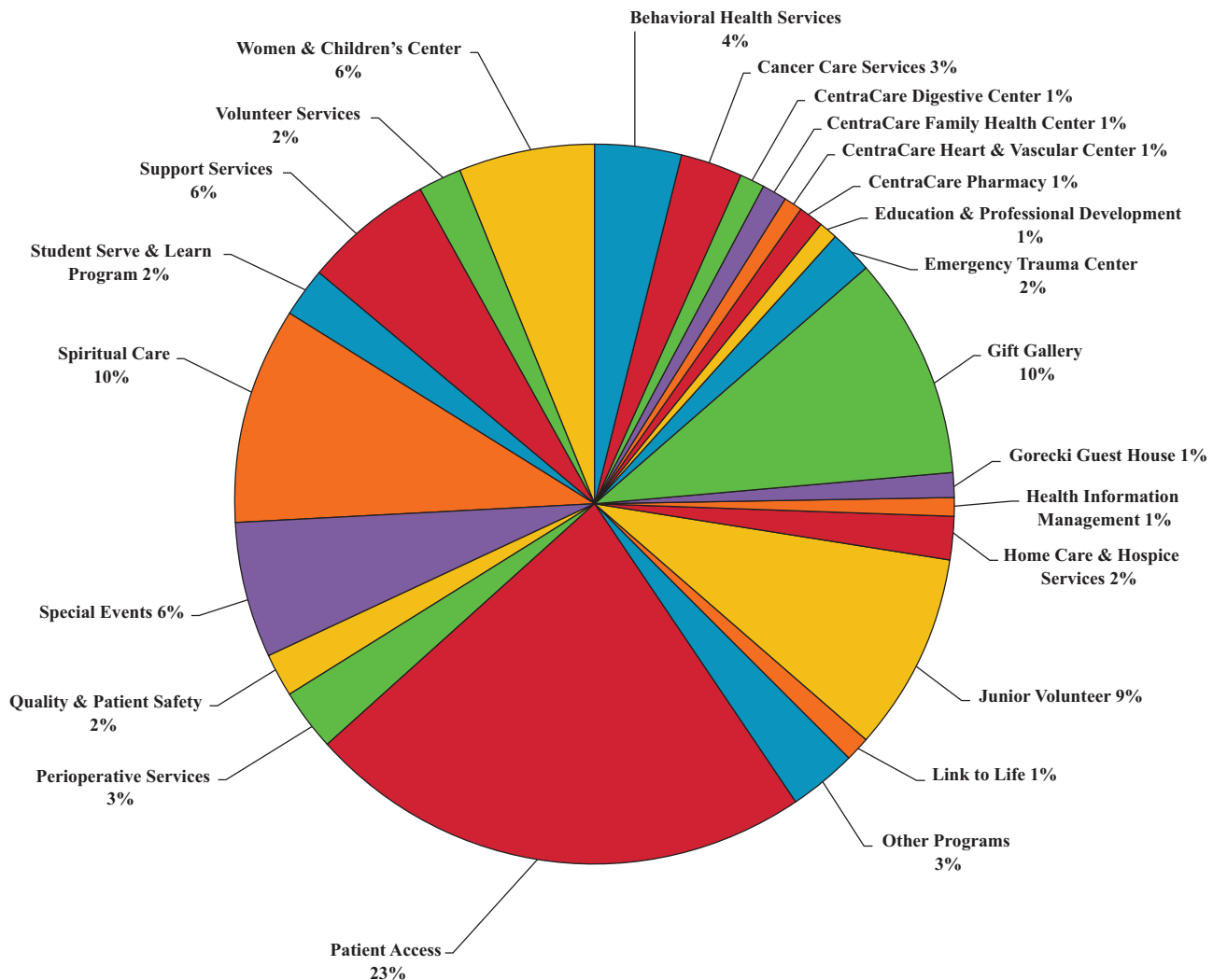
Female	76%
Male	24%

Race:

Caucasian (white)	91%
African American	3%
American Indian/AK Native	1%
Asian/Pacific Islander	3%
Hispanic	1%
Unknown	1%

- Total number of volunteer hours served: 111,252
- Value of services*: \$2,463,119
- Full-time employee equivalent: 59

Areas of Volunteer Service



* Based on 2012 Independent Sector value of volunteer time



Behavioral Health Services

Volunteer hours: 4,014 hours
Number of volunteers: 80

- Card Group
- Elder Network
- Journey Home
- Mental Health
- Tutor



Cancer Care Services

Volunteer hours: 2,851
Number of volunteers: 30

- Art Therapy Assistant
- Cancer Center Musician
- Coborn Cancer Center Infusion
- Coborn Cancer Center Reception
- Dietetics
- Enhancement Program
- Enhancement Program Assistant
- Facing Cancer Together through Caring Conversations
- Look Good... Feel Better® Program



CentraCare Digestive Center

Volunteer hours: 841
Number of volunteers: 9

- Endoscopy – CentraCare Health Plaza
- Outpatient Services/Endoscopy – St. Cloud Hospital



CentraCare Family Health Center

Volunteer hours: 754
Number of volunteers: 47

- CentraCare Family Health Center
- Project H.E.A.L.



CentraCare Heart & Vascular Center

Volunteer hours: 1,221

Number of volunteers: 18

- Cardiac Rehabilitation
- Mended Hearts



CentraCare Pharmacy

Volunteer hours: 1,117

Number of volunteers: 13

- Pharmacy



Education & Professional Development

Volunteer hours: 1,527

Number of volunteers: 21

- Computerized Education
- Education Department
- General Orientation Tour Guide
- Library Assistant
- Patient Library



Emergency Trauma Center

Volunteer hours: 2,523

Number of volunteers: 42

- Emergency Trauma Center Administration
- Emergency Trauma Center



Gift Gallery

Volunteer hours: 12,133

Number of volunteers: 109

- Gift Gallery Buyer
- Gift Gallery Buyer's Assistant
- Gift Gallery – CentraCare Health Plaza
- Gift Gallery – St. Cloud Hospital



Areas of Service

Gorecki Guest House

Volunteer hours: 1,376

Number of volunteers: 16

- Gorecki Guest House



Health Information Management

Volunteer hours: 1,211

Number of volunteers: 10

- Health Information Management – CentraCare Health Plaza
- Health Information Management – St. Cloud Hospital



Home Care & Hospice Services

Volunteer hours: 2,709

Number of volunteers: 63

- Home Care
- Hospice



Junior Volunteer

Volunteer hours: 10,051

Number of volunteers: 167

- Junior Volunteer
- Junior Volunteer Advisory Council
- JV Team Lead



Link to Life

Volunteer hours: 1,030

Number of volunteers: 18

- Link to Life Office Support
- Link to Life Service Representative



Patient Access

Volunteer hours: 25,589

Number of volunteers: 218

- Flower Delivery
- Greeter
- Information Desk
- STEP Force
- STEP Force Dispatch
- STEP Force Support



Perioperative Services

Volunteer hours: 3,421

Number of volunteers: 42

- Center for Surgical Care
- Central Processing Department
- Surgery Family Waiting Area



Quality & Patient Safety

Volunteer hours: 1,728

Number of volunteers: 36

- Patient & Family Care
- Patient Survey Translation



Special Events

Volunteer hours: 2,380

Number of volunteers: 183

- Benefit Fair
- Blood Drive
- Brat Sale
- Childcare
- Festival of Lights
- Gift of Hope Grief Boxes
- Health Care Auxiliary of Minnesota Board
- Lemonade Arts Festival
- Photo and Video Shoots
- Special Events



Spiritual Care

Volunteer hours: 11,207
Number of volunteers: 86

- Eucharistic Minister
- Hospital Archives
- Mission Integration
- No One Dies Alone (NODA) Program
- Spiritual Care Office Project
- Stephen Minister



Student Serve & Learn Program

Volunteer hours: 1,912
Number of volunteers: 24

- Administrative Assistance
- Patient Experience
- Retail



Support Services

Volunteer hours: 6,619
Number of volunteers: 32

- 6th Avenue Bistro
- Distribution
- Laundry
- Project Partners
- Riverfront Dining



Volunteer Services

Volunteer hours: 3,643
Number of volunteers: 62

- Clerical Float Pool
- Greeting Cards
- Volunteer Auxiliary Board



Women & Children's Center

Volunteer hours: 6,683

Number of volunteers: 92

- Animal-Assisted Therapy
- Child & Adolescent Specialty Center
- Children's Center
- Family Birthing Center Reception
- MyChart Activation Assistant
- New Baby Day Camp
- Newborn Nursery
- NICU Cuddler
- NICU Family Support Specialist
- NICU Harpist
- NICU Infant & Child Development
- NICU Parent to Parent Support
- NICU Photographer
- Sewing
- Women & Family Resource Center, Library Assistant



Other Programs

Volunteer hours: 2,992

Number of volunteers: 124

- Bone & Joint Class
- CentraCare Health Foundation
- CentraCare Kidney Program
- CentraCare Northway, Patient Escort
- Communications
- Dietetics
- Employee Health Services
- Health Care Directives
- Human Resources
- Intensive Care Unit
- Marketing Materials Distribution
- Medical Unit 2
- Move Team
- Nurse Ambassador
- Patient Care Support
- Purchasing
- Rehab Porter
- Sleep Center
- Speech Therapy
- Stroke Support Group, Co-Facilitator
- Tour Guide





See what's 'hopping' on the Peds Unit



He is soft and furry, capable of leaping small carrots in a single bound. Meet Fred, the super rabbit, and newest member of the Animal-Assisted Therapy (AAT) team. Fred, an Angora rabbit, has been visiting patients in the Pediatric Unit since April 2013. Fred's handler, Joan Johnson, is an employee at CentraCare Kidney Program – Health Plaza Dialysis.

Children who get visited by Fred experience less anxiety, pain and faster healing.



AAT consists of a certified handler and animal assisting in the treatment of patients to achieve specific health care goals. AAT helps promote physical, social, emotional and/or mental healing.



Do you have an animal and want to become an AAT volunteer? Dogs are the most requested animal; however other animals are allowed after extensive training and certification. For more information, contact Volunteer Services at (320) 255-5638.

Each day provides a different learning experience for volunteers in the Student Serve & Learn Program



The Student Serve & Learn Program that launched June 3 is a unique opportunity for students to have a condensed and meaningful volunteer experience in a health care setting during one of three sessions offered during the summer. Each session runs for four weeks for a total of 80 volunteer hours. While volunteers only needed to complete one session, many chose to continue into the next session because they found it so rewarding.

Rather than being trained on skills specific to a single area or department, volunteers are trained to serve the entire hospital and some clinics. They were able to choose from three learning tracks: retail, patient/guest experience or administrative assistance. They were the first volunteer group to use the Simulation Lab to help improve communication skills with patients and make them more comfortable when entering a patient room. Each day is different for volunteers as they work together to fulfill daily needs in both patient and non-patient areas in the Emergency Trauma Center, Center for Surgical Care, Women & Children's Center, Medicine Care Center, Inpatient Rehabilitation, Bone & Joint Center and Patient Access.

The Student Serve & Learn Program was very successful. June volunteer service hours from students increased 47 percent compared to last year. This program will continue throughout the school year.



“Getting to volunteer in a lot of different areas of the hospital, I learned a lot about the different people that work in the areas. Most people only think of doctors and nurses and don't see the behind-the-scene jobs that go into providing health care. Volunteering gives you a chance to learn about all the other options.”

- Ashley M.

Project '450 by 2015' campaign aims to grow volunteer numbers

Volunteers at St. Cloud Hospital, CentraCare Health Plaza and CentraCare Clinic help to make the patient stay a more positive experience. From greeting visitors and helping with way finding to providing comfort to patients, to filing papers or answering phones, the nearly 850 volunteers provide the extra hand so health care providers can focus on their patients. As St. Cloud Hospital programs and services have expanded, the need for additional volunteers has grown. To address that need, Volunteer Services launched Project 450 by 2015 on April 21, 2013, to attract an additional 450 volunteers by the year 2015. As part of recruitment efforts, colorful business-sized cards were created to hand out to encourage others to become a member of the team.



Volunteers and employees who make referrals are eligible for prizes: The top three people with the most successful referrals at different stages in the campaign will win a \$50 Coborn's gift card. All successful referrals through Jan. 1, 2015, will qualify for a chance to win the grand prize, an iPad.

The current referral program will continue as well. Any volunteer or employee who makes a successful referral will automatically receive a 20 percent off coupon to the Gift Gallery along with an entry into a monthly drawing for a \$25 Gift Gallery gift card. Successfully refer three volunteers and you will automatically receive a \$25 Gift Gallery gift card.



Group works to keep Bibles available

Due to infection control concerns, the St. Cloud Hospital needed to remove all Bibles from the hospital. The patients noticed this change and started to ask questions "Is this truly a Catholic hospital when Bibles are readily assessable in hotels but not here?" The Infection Control Department began brainstorming with representatives from across the hospital. The solution, which is now applied in multiple hospitals across the United States, is a cellophane wrapped Bible with a message stating if this Bible is opened, please take it home with you. Pictured to the left are some of the local Gideon members who provide thousands of Bibles to our hospital patients at no charge along with the hospital team that implemented the change.



Soldiers honor veterans for service

We Honor Veterans volunteer George Aleshire, along with Sgt. Lina Knox and Spc. Cara Blazei, presented Paul Hughey, Army National Guard, Vietnam, with a certificate to recognize his service to our county. Knox and Blazei, from the 34th Combat Aviation Brigade, worked with St. Cloud Hospital Volunteer Services and St. Cloud Hospital Home Care & Hospice Services to take part in several We Honor Veterans ceremonies June 3 in recognition of Memorial Day.

The volunteer activity is part of the Combat Aviation Brigade's mission to have soldiers help others in need in the community. By providing the opportunity for soldiers, other community groups and businesses to volunteer, the patient and guest experiences are enhanced.

"Having the soldiers there really made the recognitions very special," said Jackie Cvancara, hospice volunteer specialist for St. Cloud Hospital. "We would be thrilled to do it again."



Summary of Operations

St. Cloud Hospital Auxiliary



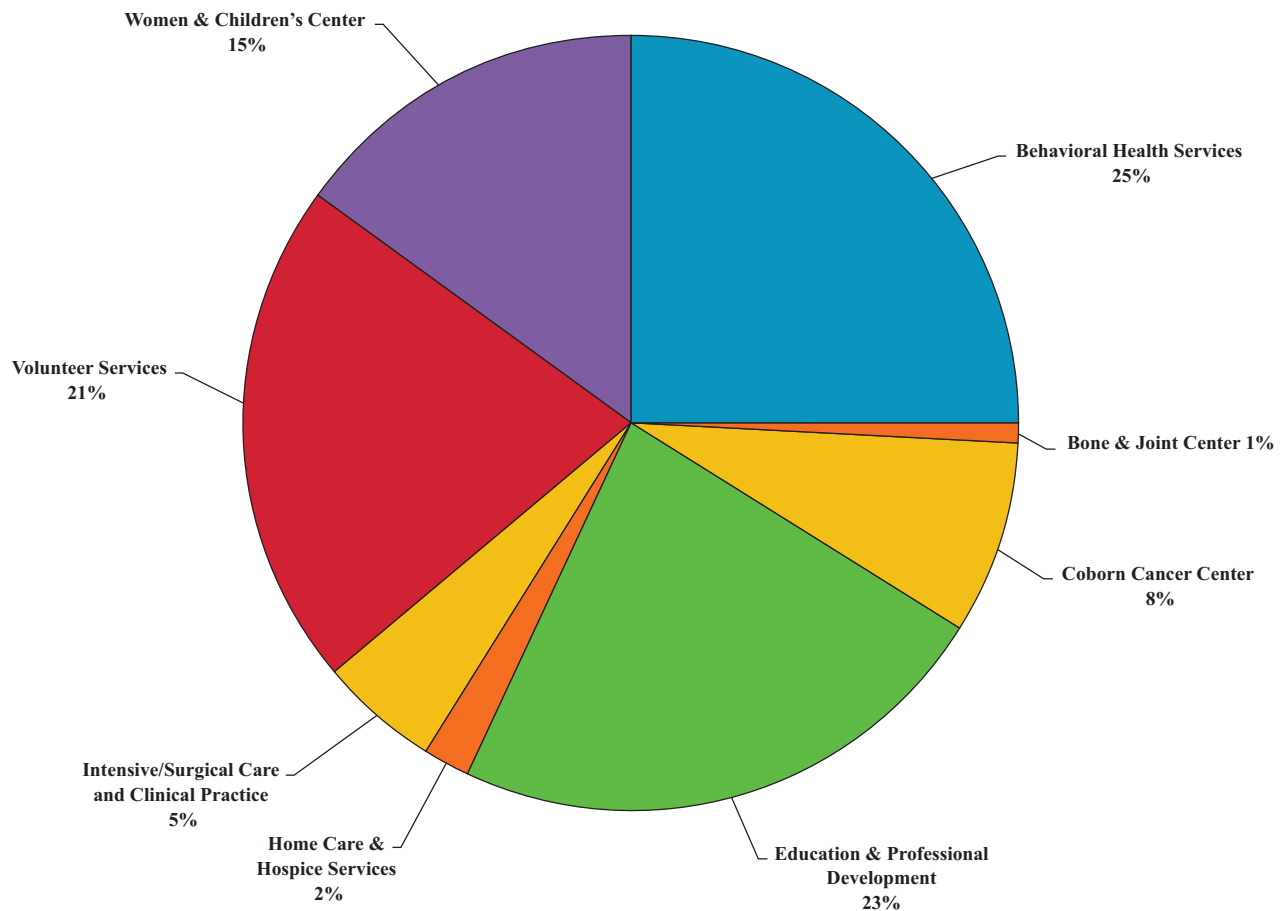
Revenue

Rollover Funding	\$9,467
Donations and Gift Gallery Revenue	\$69,077
Fundraisers	\$2,211
Newborn Photos	\$7,070
Art Commissions	\$620
Interest	\$7
Patron Membership Dues	\$5
Health Care Auxiliary of Minnesota (HCAM)	\$163
Total	\$88,620

Expenses

Projects Funded	\$65,262
Rollover Balance	\$17,999
Health Care Auxiliary of Minnesota (HCAM)	\$2,370
Marketing	\$1,489
Other	\$1,500
Total	\$88,620

Projects Funded





Behavioral Health Services\$15,827

- Adult Partial Hospitalization Program — blood pressure machine
- Child & Adolescent Behavioral Health — two DVD players and book supply for the lobby
- Clara’s House Adolescent Partial Hospitalization Program — resources and training items to be used to promote emotional regulation, self empowerment and coping techniques
- Clara’s House Child & Adolescent Partial Hospitalization Program — books for use in group therapy
- Clara’s House creative arts yoga program — furnish the new yoga space
- Clara’s House Adolescent Partial Hospitalization Program — patient education
- Clara’s House family group — psychoeducational videos and materials
- Clara’s House occupational therapy — items to help with sensory and motor needs of clients and to help promote safety
- Clara’s House recreation therapy: Child & Adolescent Partial Hospitalization Program — Garmin GPS units for geocaching, a Speed Stack Sport Pack and a portable disc golf basket to be added to the Lifetime Leisure curriculum
- Mental Health Inpatient — shoes to be used in the gym, vinyl serenity poster to be placed on a wall in the gym and Logitech wireless radios for streaming radio stations
- Recovery Plus services for adolescents — supplies to make fleece blankets

Bone & Joint Center\$500

- Quarterly reunion breakfast or lunch for former total knee and hip replacement patients

Coborn Cancer Center\$5,180

- ChemoCompanion Pocket Guides

Education & Professional Development\$15,000

- Purchase start up items to provide house-wide simulation
- Scholarships for St. Cloud Hospital employees and volunteers pursuing health care careers

Home Care & Hospice Services\$1,000

- Telemonitor Program to purchase two General Packet Radio Services (GPRS)

Intensive/Surgical Care and Clinical Practice\$3,500

- Clinical Practice Grief and Bereavement Program assessment of the current processes for supporting patients and families at the time of death and to host focus groups
- Nursing Research Project survey forms and statistical analysis by St. Cloud State University student or faculty

Volunteer Services\$13,655

- Dignity Closet — clothing for patients
- Gorecki Guest House — internet radio and speaker system to provide soothing music in the reception area
- Link to Life — delivery bags used by volunteers to carry Link to Life home communicators to client’s home for installation
- Volunteer Program — Cisco phones, touch screens and recruitment materials

Women & Children’s Center\$10,000

- Neonatal Intensive Care Unit — Gaumard Premie Hal simulation mannequin affectionately known as “Dennis” and essential kits to be used in simulation training

Total Funding\$64,662



Your donations benefit patients and families

St. Cloud Hospital volunteers oversee various programs that provide resources to make the patient and guest experience more positive. Here are ways you can contribute to make a difference:



- **Donate fleece to support LUV Blankets** – St. Cloud Hospital Volunteer Services is seeking donations of fleece to make LUV Blankets. These blankets are given to child and adolescent patients in the Emergency Trauma Center to provide warmth and comfort. Minimum fabric size accepted is 36" x 30". Bright colors and child-appropriate patterns for a hospital setting are appreciated.
- **Gorecki Guest House** – Guests are able to enjoy a daily continental-style breakfast, including coffee and hot chocolate (individual packets). We fill our candy dishes every day and are always in need of individually wrapped candies — chocolate is a favorite! Our guests also like to snack on microwave popcorn in the evening. Also needed are dryer sheets and HE powdered detergent to stock the laundry room. Gorecki Guest House is gratefully accepting gift cards from Coborn's, Shopko, Target, Sam's Club and Walmart.
- **Cell phones** – If you have recently upgraded your cell phone, please consider donating your old one. Volunteers work with local sheriff departments to distribute the refurbished phone to a person who does not have one. The phone will only be used for emergency 911 calls with no monthly service fee. We also accept phone chargers and accessories.
- **Books and magazines** – Children's and adult books help pass the time in family lounges. Magazines for our patient libraries are distributed and managed by volunteers. Magazines that are general interest such as *Good Housekeeping* or *National Geographic* can be up to a few years old and news magazines such as *Time* can be up to two months old.
- **Unused airline frequent flyer miles** – Do you have airline frequent flyer miles you are going to lose? Most airlines allow magazine subscriptions for points. Consider using the Health Science Library address, 1406 Sixth Avenue North, St. Cloud, MN 56303. For more information visit www.magsformiles.com.
- **Greeting cards** – Volunteers recycle old greeting cards (all personal information is discarded) and make them into new cards which are sold to raise funds to support the Recovery Plus Senior Helping Hands Volunteer Program.
- **Dignity Closet clothing** – The Dignity Closet provides clothing to patients who enter the hospital under difficult circumstances or whose clothing was cut off when they were admitted to the hospital. Items needed include new or gently used unisex sweatpants and sweatshirts, t-shirts, socks and underwear of all sizes.



For more information on ways you can give, contact the Volunteer Office at (320) 255-5638 or e-mail volunteer@centracare.com today.



Shop for a Cause

'Shop for a Cause' raises money, awareness of Auxiliary-funded programs

For a patient undergoing dialysis, getting enough protein is critical to fighting infection and illness. Too little protein is the number

one risk factor of death. Unfortunately, for many of these patients, insurance doesn't cover the cost of protein supplements. To help dialysis patients who otherwise couldn't afford protein drinks, the CentraCare Kidney Program turned to the St. Cloud Hospital Volunteer Auxiliary.

Thanks to the Auxiliary, dialysis patients now get the protein drink they need.

This funding is made possible in part from sales at the St. Cloud Hospital Gift Gallery. All proceeds go to the St. Cloud Hospital Volunteer Auxiliary, which supports many wonderful programs at St. Cloud Hospital that otherwise would not be possible. In fiscal year 2012, the Auxiliary provided \$121,200 in funding to more than 17 projects. Since 1982, the Auxiliary has granted more than \$2 million to support needed programs and services.

Other programs that have benefitted include: Child & Adolescent Partial Hospitalization Program at Clara's House, Inpatient Mental Health Unit at St. Cloud Hospital and Women & Children's Simulation Program.

Shop for a Cause took place June 20 and 21, 2013, at St. Cloud Hospital Gift Gallery, CentraCare Health Plaza Gift Gallery and the Gift Shop at St. Benedict's Senior Community – St. Cloud. Shoppers were able to enjoy 20 percent off storewide.



Featured Projects

Clara's House Partial Hospitalization Program

St. Cloud Hospital Volunteer Auxiliary helped provide funding to purchase additional tools and resources for children ranging in age from 9-14 years at Clara's House. These items will help children improve their coping skills, enhance communication and team building, and help manage stress. At Clara's House, youth have an opportunity to receive individualized and specialized care for mental health issues in an atmosphere that is warm, healing and supportive of their efforts to regain and maintain health.



Simulation programs add real-life learning

St. Cloud Hospital Women & Children's Center Simulation Program was able to purchase a Gaumard Premie high-fidelity mannequin affectionately known as "Dennis." The mannequin has programmable vital signs and physical responses to mimic many situations to give staff the training necessary to provide high quality and safe care to the smallest patients. Training also increases teamwork and communication skills between caregivers.

If practice makes perfect, role playing in the Simulation Lab is ideal for St. Cloud Hospital volunteers who are learning how to provide a superior patient experience. The lab features "Hal," a high-tech mannequin, and a realistic patient care environment.

As part of the patient experience learning track of the Student Serve & Learn Program that launched June 3, student volunteers go through a simulated patient experience using Hal as the pretend patient.

"This added practice will help volunteers feel more comfortable entering patient rooms," said Alison Dahlin, Specialist, Volunteer Program. "They also will learn proper rounding techniques, scripting and how to perform deliveries to patients. Volunteers have extra time to help with basic things that make a difference to patients and patient care staff."

Other goals for volunteers in the Student Serve & Learn Program include:

- Improving awareness of MyCare Boards and room signage and layout.
- Checking ID bands for flower deliveries, mail and other packages.
- Knowing basic operation of tray tables, call lights and thermostats.



ChemoCompanion Pocket Guides help patients on chemo journey

Coborn Cancer Center provides the ChemoCompanion Pocket Guide — filled with tips and wisdom — to patients newly diagnosed with cancer to help prepare them for the chemo journey. It is critical that patients understand the side effects and how to prevent/treat them to stay on "course," prevent hospitalization and enhance their quality of life. Having an easy-to-read resource about the primary side effects is critical to their success during treatment. The pocket guide is written by physicians, nurses and cancer survivors to provide information in an easy and fun to read format. Topics include preparing for chemo, what to expect the first day of treatment and side effects.



Gorecki Guest House

In 2012, the St. Cloud Hospital Volunteer Auxiliary generously awarded \$200,000 to be paid during a span of five years to the Gorecki Guest House endowment. The Auxiliary provided funding for the Gorecki Guest House endowment through the CentraCare Health Foundation. The endowment provides ongoing funding to reduce operating costs as well as provide a free or reduced stay to those with financial need.

St. Cloud Hospital Gorecki Guest House welcomes patients and family members of patients who are receiving medical care in the St. Cloud community. The house offers a comfortable, homelike atmosphere that allows families the opportunity to stay close to their loved ones. This beautiful home is maintained by a caring group of St. Cloud Hospital volunteers and staff who are available to assist guests with their hospitality needs.

From July 1, 2012, to June 30, 2013, the Gorecki Guest House welcomed 1,871 guests from 66 Minnesota counties and 32 states. All 12 guest rooms were occupied 173 nights and overall occupancy was 87 percent. We provided \$2,045 in charity care for families needing financial assistance. The Volunteer Auxiliary donated funds to purchase an internet radio and speaker system for the entryway, so guests can enjoy soft background music as they come and go throughout the day and evening. Guest satisfaction scores exceeded 97 percent.

“What a wonderful haven for families who need support and caring in a difficult time. It was so great to be so close to my loved one. Twice I was called in the middle of the night and I was at my mom’s side in 5-10 minutes.” - Mary, Northfield, MN

“Everyone was so nice and accommodating. The facilities were above and beyond our expectations. Thanks to everyone!” - Joe, Key West, FL



Volunteer Auxiliary Health Care Scholarships

The Volunteer Auxiliary generously awarded \$10,000 in scholarships to St. Cloud Hospital employees and volunteers. St. Cloud Hospital’s scholarship committee is dedicated to advancing the education of those pursuing health care careers.

2013 Scholarship Recipients

Kristin Blommel, employee	Jessica Meyer, employee
Tristina Brown, employee	Jessica Miller, employee
Matthew Fuchs, volunteer	Audra Popp, employee
Emily Gruber, volunteer	Haley VanderVoort, employee/volunteer
Jessica Jussila, employee	Mikaela Willhite, employee

“The scholarship allowed me to focus on my studies. I also felt encouraged to work harder because I knew someone else was investing in me and my future.”

- Kate Hoelscher,
Computerized Education Specialist,
Education & Professional Development,
St. Cloud Hospital, received her MBA
in 2011.

Volunteer Snapshots



John R. and Rita Y. (front) were congratulated by (from left) Greg Klugherz, Dr. Terry Pladson, Duane Rasmusson and Craig Broman for achieving 3,500 hours of volunteer service at the Volunteer Recognition Dinner 2012.



J.P. Martin was honored as Volunteer of the Year 2012. He also was recognized for achieving 8,500 volunteer hours at the Volunteer Recognition Dinner.



Link to Life volunteers and staff celebrate National Volunteer Week April 21-27.



Volunteers who achieved 3,000 hours were recognized at the Volunteer Recognition Dinner on Sept. 18, 2012.



Kathy F. (back row center) thanks the Junior Volunteers for playing piano for dinner guests in Riverfront Dining.



Senior Helping Hands volunteers (from left) Joanne E., Brian C., Eileen L., Julie G. (second from right) and Suz L., were honored with a special breakfast and limo ride during National Volunteer Week April 21-27, 2013. Also pictured is Recovery Plus staff member, Karen B. (center).

Volunteer Snapshots



Volunteers who achieved 600 hours were recognized at the Volunteer Recognition Dinner 2012.



The Animal-Assisted Therapy volunteer teams celebrate at the Volunteer Recognition Dinner.



Bailey N. and Brianna Z. work together to fold towels for Laundry Services.



Junior Volunteers staff a brat stand at Coborn's on Cooper Avenue. Proceeds are used to make LUV Blankets for children treated in the Emergency Trauma Center.



Leonette W., Lorraine R. and Peggy J. enjoy the festivities at the National Volunteer Week Celebration April 24, 2013.



Volunteers who achieved 400 hours were recognized at the Volunteer Recognition Dinner 2012.



27,000 hours
Ronald Hemmesch

20,000 hours
Nancy Frobenius

9,000 hours
Kathleen Henning

8,500 hours
J.P. Martin

7,500 hours
Bev Dornbusch
Corrine Janochoski

6,500 hours
Irene Patenaude

6,000 hours
Ilene Gasser
Gerry Keymer

5,500 hours
Marcey Putney

5,000 hours
Shirlee Bauer
Fran Donlin
Myrna Hurttgam
Ann Peterson

4,500 hours
Georgia Fruth
Shirley Loehr
LaDonna Merritt
Ken Norbie
Gary Riess
Pete Spindler
Martha "Marty" Stock
Eileen Warzecha
Mary Weyrens-Tasto

4,000 hours
Mary Pat FitzGerald
Morris Freier
John Reinhart
Janet Schnabel
Rosella "Rosie" Wood

3,500 hours
Ida Bohm
Mark Donlin
Terry Gregory
Steffi Lang
Lee Lengas
Warren Opp
Evelyn Pflipsen
Lorraine Rieland
Sandi Schulzetenberg
Delma Skaja

3,000 hours
Cathy Carriveau
Joanie Hoosline
Cara Johnson
Pat Kaufman
Eileen Kirchner
Millie Morgel
Eileen Roeder
Eileen Steffes
Terry Sylvester
Hugo Weyrens

2,500 hours
Sara Dorn
Willadene "Willa"
Krogman
Mary Jane Lauerman
Mary Ann May
Phil Ruggiero
Patricia Salzer
Connie Sanvik
Jerome Schendzielos
Sharron Schlagel
Jean Taylor

2,000 hours
Darlene Bartholomay
Shirley Braun
Betty Burns
Robert Diederichs
Dianna Fink
Jim Fischer
Linda Ganshert
Angeline Hipp
Lorraine Inderrieden
Shirley Kern
Jennifer Kipka
Joan O'Driscoll
Joan Patton
Kathy Terhaar
Jean Woods
Kathleen Zwilling

1,500 hours
George Aleshire
Dennis Barrett
Robert Berg
Helen Bettendorf
Alfred Binder
Kathleen Brummer
Art Carlson
Orpha DeLong
Marlene Dingman
Kendra Flanagan
LouAnn Garner
Paul Gauerke
Gayle Gilbert
Doris Grell
Sandra Johnson
Betty Kampa Miller
Florence Kral
Sandra Lindquist
Evelyn Moore
Robert Nelson

Marcia Rynestad
Dave Simondet
James Stang
Joyce Stewart
Eileen Terhaar
Michael White

1,000 hours
Mary Albu
Andrew "Andy"
Anderson
RoseMary Anderson
Joseph Blenker
Chad Brenden
Jane Brown
Joan Cahill
Earl Brian Carlson
Kathryn Carriar
Richard Chavez
Ronald Frick
Clinton "King"
Grundman
Doreen Grundman
Mark Happe
Florence Heim
John Houghton
Joann 'Jo' Johnson
Joanne Keck
David Klimek
Sue Luedtke
Nancy Lunde
Vicki Lundeen
Maggie McLaird
Jamie McMullen
Marlene Meyer
Dianne Mosford
Darlene Nastrom
Colleen Neu
Amy Robertson
Ken Roshia
Mary Sadlowsky
Dorine Salzl
Susan Seep
Marion Sell
Gordon Snyder
Ruth Sundby
Margaret Thomas
Mary Vos
Judith "Judy" Walters
Kathleen "Kathy"
Watkins
Kathleen Wenstrom
David Wermager
Margaret White
Dorothy Wilson
Donna Zniewski

900 hours
Loretta "Letti" Delk
Patricia Fitzharris
Denise Geiger
Kari Hartman
Evelyn Moore
Peggy Janson

Adeline Jasken
Deborah Jerome
Larry Joy
Pat A Kirmeier
Carole Lysher
Barb McConnell
Mary McMullen
Judy Rogers
Ronald Stewart
Christina Tomlinson
Leonette Welle
Virginia "Virgie" Zenner

800 hours
Whitney Adrian
Einass Alkhatib
Rita Bartl
Jennifer Breitzman
Magdalene Cigelske
Deb Crennen
Jerry Fischer
Twila Geiger
Penelope "Penny"
Gorman
Anna Hoover
Elizabeth Krauss
Leonore "Norie"
Mahowald
George Mathis
Mildred "Jeanne"
Molloy
Cheryl Nelson
Ronald Novotny
Sandra Payne
Ken Pierskalla
Vera Ranem
Kathryn "Kathy" Schug
Beata "Betty" Vigen
Linda Waring
Josephine "Josie"
Yaroshefski

700 hours
Kholood Abuhadid
Sharon Asselin
Steven Bemis
Joanne Elwell
Rachel Ertl
Barbara Gasperlin
Rich Hannig
Wallace Hitchcock
Bertha "Bebe" Huberty
Gordon Hurttgam
Mary Kay
Kerfeld-Bohm
James Kimlinger
Laura Mumm
Lynne O'Neill Willey
Mary Wolters
Bill Zimmerman

600 hours
Ian "Andy" Anderson
Bernice Atkinson
Aissatou Bah

JoAnn Bautch
Kaytlyn Brancel
Andrea Brasel
Paul Brixius
Mel Butkowski
Roger Dykhuizen
Joyce Eveslage
Bill Garner
Barbara Grachek
Sharon Harrell
Willard Hecht
Kim Hintermeister
Jean Johnson
Geraldine "Gerri" Jonas
Virginia "Ginny" Koshiol
Mary Kustermann
Gail Los
Donald Matakis
Jason Meemken
Mary Morton
Sharron Nistler
Nancy Peterson
Anne Ramler
Cynthia Rothstein
John Spanier
Tina Speaks
Bonnie Stachowski
Delores Stang
Eleen "Helen" Sundquist
Mary Ann Tourres

500 hours
Kalaiselvi "Selvi"
Arunachalam
Lori Buegler
Janet Dahl
Pat Demarais
Joyce Fossum
Carolyn Garlock
Chris Gordon
Priscilla Gray
Jeanette "Jan" Hannig
Marcia Heid
Rosemarie Imgrund
Thomas Jamison
Mary Kelsey
Catherine Makowsky
Mary Marx
Catherine Matros
Jonelle Orth
Vicki Peterson
Marion Philippi
Gwen Przybilla
Gerianne "Mitzi"
Rasmussen
Elaine Reinert
Jerry Ring
Patricia Ring
Jill Rooney
Martha Schelonka
Clarice Schroeder
Sruthi Shankar
Denise Sieben
Anne Slee
Patricia Smiglewski



Jackie Smith
Tracy Taufen
Louise Theisen
Lawrence "Larry" Thostenson
Patricia Yocum
Beverly Zenzen

400 hours

William "Bill" Aleshire
Bill Baker
Rachel Bedel
Barb Bestick
Kevin Bloch
Michele Busch
Suzanne Butkowski
Mary Carlson
Deborah Copa
David Dullinger
Stephanie Eswine
James Ferkinhoff
Richard Gangelhoff
Dorain Goetzke
Julie Grant
Mark Hughes
Steve Irlbeck
Carol Johnson
Brittany "Britt" Klehr
Karen Kleinschmidt
Linda Kmitch
Eileen Larsen
Roseann Lommel
Barb Marquardt
John McKiernan
Rita McKiernan
Rosemary Monk
Barb Nierengarten
Rosemary Novack-Smith
Judy Prom
Theresa Rosenberger
Kiin Sahal
Roger Schmidt
Natasha Seliski
Jane Torborg
Mary Woodward

300 hours

Islam Abubadid
Linda Baldwin
Joseph Bautch
Brittney Bergquist
Patrick Cartier
Luanne Cedergren
Shelby Eisenschenk
Patricia Feneis
Sarah Hansen
Debra Haus
Jerome Hess
Thomas Huffman
Jean Imholte
Paige Jochum
John Kantor
Linda Kappes
Pat K Kirmeier
Nancy Koski
Michael Lahr

Deanna Lamb
Dwayne Lamprecht
Samantha Lindeman

Angela Luksetich
Jacqueline Maleska
Fae Maslowski
Madonna Mattocks
Mary Michaud
Larry Miller
Jared Nordstrom
Katia Alora Paz
Daniel Pedersen
Kristine Peikert
Joan Rennie
Pat Royer
Georgia Sakry
Mary Schmitt
Christopher Sebas
Theresa Shrode
Maegen Skillingstad
Danelle St Marie
Betty Starr
Dom Warzecha
Katherine "Kasey" Westra
Sheelah Windfeldt
JoAnn Zezoney

200 hours

Adinan Abdulai
Vicki Abraham
Tara Adams
Sheila Ahrens
Hosam Alkhatib
Joelle Anderson-Burr
Carol Barrymore
Travis Baumann
Rebekah Blonski
June Bohlig
Tracey Boulton
Allen Chen
Pam Christianson
Lori Czech
Meredith DePree
Deborah Dokyi
Mindy Drinnin
Ayan Dubow
Jody Eisenschenk
Joanne Eveslage
Karen Ferkinhoff
Amber Fischer
Alan Fredrickson
Erica Gapinski
Rachel Gerdes
Elizabeth Hagen
Yu Hao
Linda Hendrickson
Julie Hieserich
Raphael "Ray" Hommerding
Barbara Johnson
Karen Kierzek
Cole Kircher
Mary Kittridge
Thomas Klecker
Haley Klundt
Mary Labernik

Adrienne Larson
Mary Libby
Joan Lombardi
Jean Lovelace
Geraldine Marquardt
Alexandra "Ali" Martin
Ashley Martin
Mary Jane Mathiasen
Alex Mayer
Michelle Meyer
Brittany Miller
Nasro Musa
Bethany Mustian
Taylor Nelson
Bailey Nemeth
Mary Neuman
Johnelle Novak
Renee Paul
Grant Pulliam
Michele Rosha
Rachelle Schmitt
Katherine Schulz
Paul Singh
Chandani Singh
Cheryl Smith
Jean Smith
Lori Stang
Janet Stark
Thomas Steil
Brett Stinogel
Linda Switzer
Cory Taylor
Robert Thienes
Evan Thomas
Amy Van Nevel
Nathan Warnert
Anna Warzecha
Janet Warzecha
Bonita Wiehoff
Brianna Zachman
Cindy Ziegler
Dick Ziminske

100 hours

Jessica Ackerman
Hiba Ahmed
Sahra Ahmed
Brittany Ahrens
Susan Albrecht
Judy Ament
Maxine Anderson
Travis Anderson
Loretta Anderson
Paige Armbrister
Kelly Arnold
Gina Athmann
Mohammad Ayyub
Cheryl Backes
Burton Bancroft
Alexander Baxa
Jared Baxa
William Becker
Lolade Bello
Dorothy Berg
Constance Berger
Kyle Bertram
Anne Brenner

Kathryn Chasteen
Merv Cihlar
Michaela Connolly
Jacqueline Cvancara
Alicia Darnell
Diane Driver
Kevin Duong
Lindsey Ehlert
Jamal Elmi
Kathleen Engel
Susan Fiedler
Nora Frempong
Matthew Fuchs
Alex Funk
Terese Gillitzer
Ashley Gregerson
Stephanie Grogan
Brayan Guevara
Hannah Gurbada
Abigail Haehn
Joanne "S. Colleen" Haggerty
Jennie Hamre
Holli Hanson
Jamie Heinen
Kathryn "Kay" Heinen
Sharon Henry
Alan Hnatko
Jennessa Hoffman
Zachary Hoggarth
Sylvia Hoihjelle
Kelsey Hunstiger
Samantha Hurrell
Caroline Jacobs
Tom Jacobs
Ryan Jameson
Rahmo Jidal
Joan Johnson
Melissa Johnson
Ella Johnston
Jennifer Kalpin
Terry Kantor
Andrew Karl
Kody Kasten
Elizabeth Kiley
Bo Kirsh
Michael Klein
Jocelyne Kleinsmith
Joy Klemish
Courtney Klinkhammer
Matthew Korpi
Cortney Kostreba
Janell Kramer
Casey Kunkel
Anna Leaf
Dayna Lindenfelser
William Lovegren
Kathleen "Suz" Luethmers
Erin Mahnke
Heather Martell
Madison Martin
Barbara Ann Mauer
Taylor McFarling
Patricia McLaird
James McMahan
Glenice Mehrwerth

Eleana Melcher
Ann Meyer
Kelsey Miller
Ifrah Moalim
Cheryl Motl
Kimberly Moy
Dennis Muehring
Rachael Mueller
Matthew Nahan
Ryan Nahan
Dotoo Nebi
Anita Neu
Debora Neu
Barbara Niebur
Mackenzie Nies
Carly Novak
Carmen Nusbaum
Amy Oehrlein
Florence Okokpujie
Krista Olson
Stephen Ostrowski
Siddharth Paari
Brittany Peltó
Johanna Peterson
Alexis Phillips
Cecilie Pravdica
John Prom
David Pullis
Barbara "Barb" Quesnel
Charlton Raisanen
Heidi Rajkowski
Steven Raml
Emily Rathbun
Taylor Reiner
Lucas Reitz
William Rosendahl
Joanne Rothstein
Alan Ruegamer
Claire Ruegamer
Madelyn Schnettler
Robert Seitz
Michelle Sininger
Terry Slingluff
Susan Smith
Keith Spinali
Megan Stein
Brianna Stephanie
Roxann Storms
Laura Streich
Marilyn Sutton
Peishan Tang
Julia Thelen
Thanh Tran
Tony Tran
Linda Trezn
Steve Van Slooten
Matthew Vierzba
Carol Virnig
Joel Vogel
Sharlene Wallack
Susan Williams
James "Jack" Wittenborg
Betty Wolterman
Jennifer Young



50 hours

Collette Adelman
 Bijesh Amatya
 Angelica Anderson
Ana Armour
 Callista "Callie" Arnzen
Daniel Bailey
 Susanne "Sue" Baron
 Tammy Bartlett
 Marie Bedard
Anna Bender
 Austin Bohlig
 Gabrielle Boser
Emily Brix
 Colleen Burton
 Rachel Cantu
 Kevin Carlson
 Katie Carlson
 Hannah Christensen
 Jody Cooper
 Annette Cunningham
 Robert Czaplicki
 Mary Danaher
 Laurel Dickerson
 Beth Donnelly
 Michael Dorle
 Debby Duncan
 Crystal Erickson
 Shegitu Felema
 Bibiana Gazett
 Jessica Grachek
 Nicholas "Nic" Greer
 Sharon Hadrich
 Dolores Hanisch
 Utku Hasbay
 Erika Hemminger
 Frank Hentges
 Sharon Hobbs
 Donna Holovnia
 Linda Hooser
 Abdinur "Abdi" Hussein
 Anna Kampa
Halie Kaufman
 Sharon Kimball
 Dean Kirkeby
 Victoria Klinnert
Halle Korte
 Erin Krueger
 Ahmed Kulane
Samuel LaBine
 Mariah Laudenschach
 Gary Leither
 Sara Lessman
 Mary Ley
 Zachary Ley
Madison Lutgen
 Trevor Mace
 Nicholas Maleska
 Astrid Mamona Yengo
 Cheryl Maras
 Kelsey Martin
 Jennifer McLaird
 Patricia McNary
Madeline Meier

Selamawit "Selam"
 Merawi
Samuel Meyer
Haris Mian
Anna Miller
Abigail Moeller
Mariah Moldaschel
Bailey Mumm
 Megan Murphy
 Roger Neils
 Carol Neis
 Gay Noack
 Moriah Novacinski
 Haley O'Brien
 Robert Okerlund
Molly Parries
Paige Pawlenty
 Alice Petersen
 Huong "Hilary" Phung
Hanna Pierskalla
 Adrian Pierskalla
 Marie Pierskalla
 Emma Plantenberg
Jensen Potts
 Shashi Prakash
 Maren Raden
 Nicholas Reuter
 Margaret Rice
 Megen Rosvold
 William "Bill" Ruede
 Paul Schoenberg
 George Schoephoerster
 Linette Simonson
 Joan Skroch
Sungho Sohn
 Jessica Stang
 Annette Stanlake
 Jocelyn Sullivan
Sara Swanson
 Julia Sybrant
 Mary Tacker
Courtney Therrien
Tristin Topinka
 Kimberly Tran
 Kelly Vouk
Andrea Walter
 Larry Wasmund
Olivia Wassen
 Stacy Watkins
 Kenneth Wendinger
Kathryn "Katie" Williams
Mindy Winter
 Vanessa Zachman
 Rocio Zafra Miranda
 Mary Ziegmeier
 Marge Ziminske

0-49 hours

Faisa Ahmed
 Wuby Akalu
 Grace Akubue
 Jordana Anderson
 Belinda Anderson

Thomas Baker
 Erin Belisle
 Anne Bezek
 Mary Bollig
 Philip Boyle
 Denise Brake
 Jacquelyn Braun
 Patricia Bresser
 Geraldine Briere
 Alyssa Brown
 Martha Bunde
 Amanda Burge
 Kelly Caspers
 Janine Chaney
 Joel Conzemius
 Joan Costello
 Becky Coulter
 Ashley Crasper
 Cynthia "Cyndy" Cumming
 Samantha Czeck
 Alison Dahlin
 Colleen Degree
 Kianna Doyel
 George Doyle
 Kelsey Ellstrom
 Alisha Elspenger
 Kelsey Fischer
 Pamela Frakes
 Meagan Friese
 Ryan Fuchs
 Kristine Gadacz
 Marisa Gaetz
 Bruce Ganfield
 Kathryn Ganfield
 Amber Gasner
 Mariah Geisenhof
 Bonnie Gohmann
 Chelsey Grassie
 Daniel Green
 Richard Gryczkowski
 Paul Guzik
 Fayth Harren
 Robin Hasslen
 Patrick Haws
 Kristen Heinen
 Bernadine "Bernie" Hennek
 Jane Hennen
 Shari Henson
 Ian Hiltner
 Katherine "Kathy" Hohmann
 Patricia "Pat" Jensen
 Sunnita "Sunny" Jensen
 Carolyn Jerabek-Kavanagh
 Kathrin "Kitty" Johansen
 Margaret King
 Elizabeth Klein
 Nicole Koll
 Haily Koopmeiners
 Elizabeth Krippner
 Olivia Lamont

Michelle Lehner
 Ashley Lench
 Leigh Lessard
 Megan Lewandowski
 Krista Listul
 Karen Loenikar
 Morgan Lutgen
 Shirley Lutgen
 Krista Muzny
 Kelvin Nelson
 Marion Nistler
 Teresa Norman
 Clairissa "Claire" O'Brien
 Gillo Odriel
 Gina Olson
 Jerald Peterson
 Ryan Peterson
 Sara Pfannenstien
 Molly Pflipsen
 Carol Pflipsen
 Kathleen Pflueger
 Mary Pikkaraine
 Jacqueline Pinkerton
 James Prince
 Cassandra Prince
 Mary Pull
 Laurie Pung
 Sarah Rapaway
 Judith Rassier
 Amanda Reh
 Sherri Reischl
 Megan Richert
 Cynthia Robertson
 Kamaria "Kami" Roth
 Penny Rubesh
 Joyce Salzer
 Claire Sautner
 Linda Scherer
 Theresa "Tess" Schneider
 Angela Schneider
 Natasha Scott
 Janice Sims
 Halee Sletta
 Katelynn Strelow
 Kara Swan
 Lydell Taylor
 Rita Taylor
 Sally Thayer
 Brian Thieman
 Georgia Thienes
 Michael Thienes
 Amy Tupper
 Laura Van Heel
 Haley Vandervoort
 Brittany Vonwahlde
 Rebecca Warzecka
 Geraldine Watercott
 Benjamin Watkins
 Chris Wenner
 Jenifer Weyer
 Ammie Whelan
 Jaelyn Wipper
 Morgan Wolle
 Ashley Wolter
 Michael "Mike" Woods

Retired volunteers 5+ years of active service (50 hours/year)

Marie Elsen 25 yrs
 Marjorie Lesnick 21 yrs
 Rita Young 19 yrs
 Dick Karpan 18 yrs
 Gary Steffes 17 yrs
 Lu Hick 16 yrs
 Joanne Neis 14 yrs
 Carol Hamilton 13 yrs
 Kit Henkemeyer 13 yrs
 Gerry Mahon 12 yrs
 Jim DeZurik 11 yrs
 Darrell Fashant 11 yrs
 Bev Kluball 11 yrs
 Bob Pearson 11 yrs
 Luella Schuette 11 yrs
 Diane Williams 11 yrs
 Sharon Cairns 10 yrs
 Bernie Ritter 10 yrs
 Lucille Courrier 9 yrs
 DeWayne "Chuck" Stenger 9 yrs
 Dolores Stolpman 9 yrs
 Monica Douglas 8 yrs
 Gloria Jacobs 8 yrs
 Peter Spenst 8 yrs
 Peg Walsh 7 yrs
 Jerry Howard 6 yrs
 Joyce McDonald 6 yrs
 Belinda Kroska 5 yrs
 Marilyn McPhee 5 yrs
 Kay Smidt 5 yrs
 Joyce Voigt 5 yrs

In Memoriam

Doris Allen
 Genevieve Bastien
 Angie Bemboom
 Richard "Dick" Cook
 Mavis Fast
 Fred Hatten
 Linda Hatten
 Corene Kain
 Rice Martin, AAT Dog
 Secret Martin, AAT Dog
 Pat Moss
 Betty Orren
 Rose Philippi
 Marce Powers
 Bob Prochaska
 John Quinlivan
 Amanda Roos
 Anne Marie Ruede
 Don Stephany
 Kathy Torborg

Special thanks to the volunteer supervisors:



Volunteer Supervisors Fiscal Year 2013

Sue Albrecht, *Volunteer Services*
Sally Allen, *Gorecki Guest House*
Dona Anderson, *Dietetics*
Gina Anderson, *Bone & Joint Center*
Larry Asplin, *Surgery*
Joyce Bromenschenkel, *Medical Unit 2*
Tristina Brown, *Coborn Cancer Center*
Patti Bruggeman, *Northway Family Health Center*
Wanda Buck, *Employee Health Services*
Kim Burnett, *Gift Gallery*
Karen Burzette, *Recovery Plus Addiction and Mental Health Services*
Rachel Calvert, *Women & Children's Center*
Jackie Cvancara, *Hospice*
Alison Dahlin, *Volunteer Services*
Tim Dalton, *CentraCare Heart & Vascular Center*
Stephanie Davis, *Women & Children's Center*
Craig Dewar, *Performance Improvement*
Lori Diedrichs, *Health Information Management*
Mark Donlin, *Spiritual Care*
Liz Doyle, *CentraCare Kidney Program*
Deb Eisenstadt, *Rehabilitation Center*
Melissa Freese, *Stroke Center*
Jodi Friedrichs, *CentraCare Kidney Program*
Jessica George, *CentraCare Heart & Vascular Center*
Keith Gerding, *Distribution*
Kristin Gjerset, *NICU*
Johanna Gravelle, *Patient Access*
Jessica Hackett, *Sleep Center*
Jennifer Hagen, *Pharmacy*
Rayette Heise, *Emergency Trauma Center*
Jennifer Heyne, *Link to Life*
Kasey Hiltner, *Medical Unit 2*
Angela Hinson, *Coborn Cancer Center*
Carleen Janey, *Outpatient Services*
Carol Johnson, *Facilities*
Elaine Kiffmeyer, *Patient Access*
Jen Kipka, *Volunteer, NICU March of Dimes*
Karen Kleinschmidt, *Volunteer, Health Care Directives*
Paul Knutson, *CentraCare Family Health Center*
Sue LaMotte, *Women & Children's Center*
Linda Langer, *Link to Life*
Abby Miller, *Administration*
Sandi Mulliner, *Speech Pathology*
Jeanine Nistler, *Communications*
Hannah Nordell, *Volunteer Services*
Shelly O'Leary, *Health Information Management*

Lisa Porter, *Obstetrics and Women's Clinic*
Elaine Prom, *Center for Surgical Care*
Deb Randall, *Home Care*
Megan Richert, *Volunteer Services*
Janene Riedeman, *Volunteer Services*
Aleen Roehl, *Intensive Care Unit*
Kelly Roering, *Medicine Care Center*
Kelly Rudolph, *Human Resources*
Vickie Ruegamer, *Education & Professional Development*
Juli Sanner, *Breast Center*
Mary Schaffer, *Hospital Archives*
Barb Scheiber, *Patient Care Support*
Susan Schleper, *Education & Professional Development*
Tracey Scott, *Center for Surgical Care*
Rena Sespene-Hinz, *Women & Children's Center*
Stacey Solomonson, *Central Processing Department*
Mark Stockinger, *Laundry*
Sam Stone, *CentraCare Digestive Center*
Cathy Tieva, *Medical Oncology Unit*
Melissa Torborg, *CentraCare Health Foundation*
Katie Tyler, *Pharmacy*
Chris Walker, *Mental Health Unit*
Shar Wallack, *CentraCare Family Health Center*
Carol Warren-Abbott, *Behavioral Health Services*
Carla Wilson, *Nutrition Services*
Gail Ziemer, *Education & Professional Development*

Volunteer Office Staff



Alison Dahlin, *Specialist, Volunteer Program*
Megan Richert, *Administrative Assistant*
Sue Albrecht, *Volunteer Program Assistant*
Hannah Nordell, *Volunteer Program Assistant*
Janene Riedeman, *Director, Volunteer Services*

Would you like to volunteer?

Contact the Volunteer Office for more information at
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"Be the change you wish to see in the world."
- Mahatma Gandhi