

Spring 2017

Uprising, Issue 3, [Spring 2017]

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Uprising



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UPRISINGMAGAZINE



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Uprising

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University of Northern Iowa



EDITOR'S LETTER

The founding four members of the *Uprising* Magazine organization would have never imagined their passions turning into a reality, let alone a yearly publication. Two years later, a group of twenty-three members have been able to put out the third issue of *Uprising*. Looking back at the beginning of our journey, I could have never pictured Uprising growing into what it is today. We were able to expand our boundaries of music and fashion, and focus on tackling social issues on our campus. We were fortunate enough to cover issues like Sexual Assault, Women's March, & The Black Lives Matter Movement.

Many students shared their stories with us, so we could share them with all of you. I could not be more proud of the hard working, devoted members we had on board with us this past year. They showed unity and worked as a team to complete this issue. With much anticipation and excitement, we present to you our third issue of *Uprising*.

A handwritten signature in black ink that reads "Diana Hernandez". The signature is fluid and cursive, with a large loop at the end of the last name.

Diana Hernandez
Editor in Chief



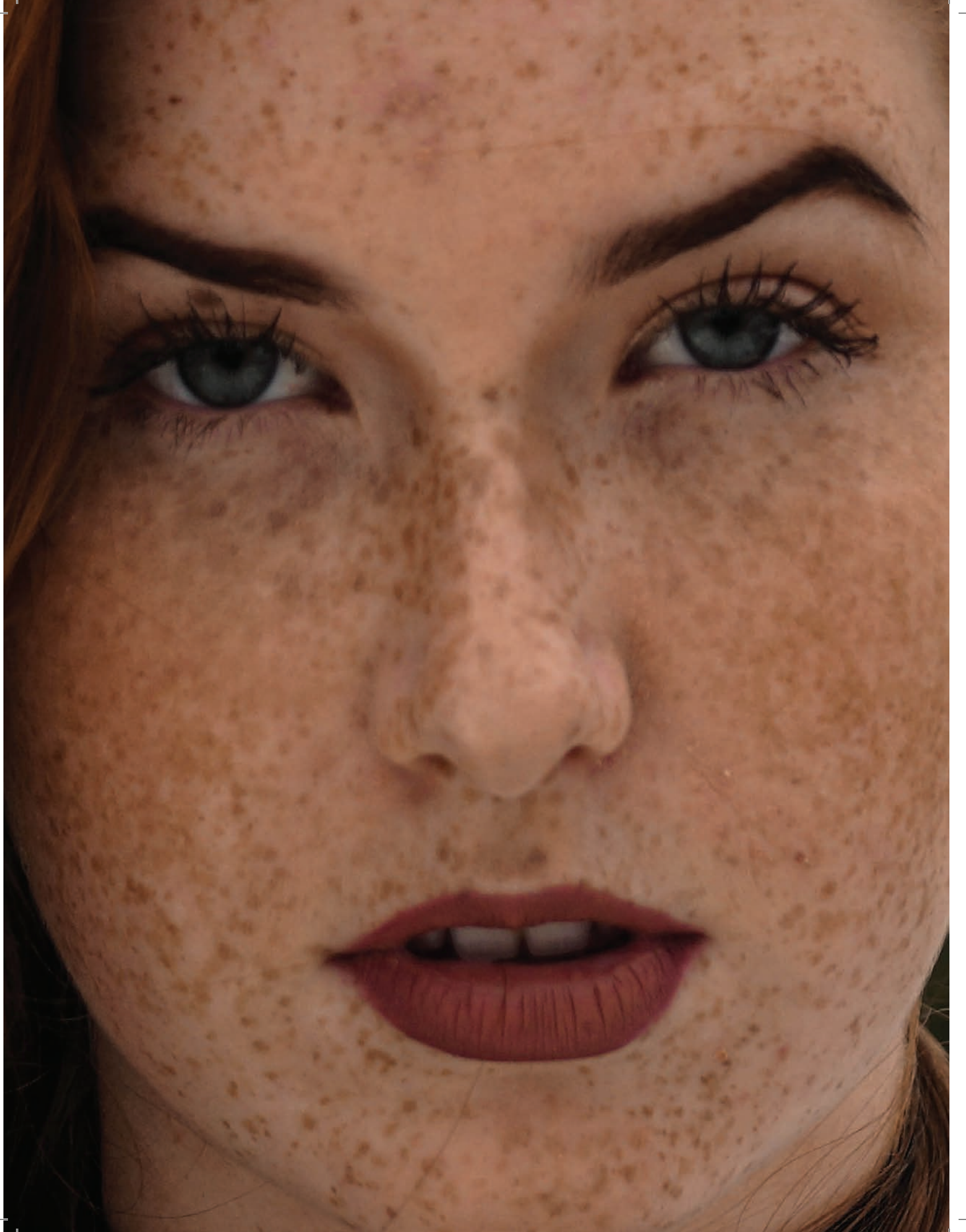
URBAN NOTIONS

With Des Moines's Metropolitan area growing faster than the corn in Iowa, redefining an urban style in our Midwest state has been on the rise as well. Mixing a bomber jacket with plain black jeans creates the look and feel of New York street wear without the New York price. It is easy to urbanize any small, Midwestern town with leather accents and bright metallics. These urban styles are easy to achieve with intentional fashion pairings.

PHOTOS KEVIN WIGGINS // MODELS KATE & AKRUTI // DESIGN MADI LUKE









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26,600
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An Interview with Textiles & Apparel Alum

RENALDO HAYWOOD

WORDS BRANDON LARSEN & DIANA HERNANDEZ // PHOTOS ADIS FAZLIC & BRANDON LARSEN // DESIGN MADI LUKE

As an entrepreneur, stylist, and father of 7-year-old Jayda Leigh, Renaldo Haywood may seem as though he barely has enough time to maintain his own rigorous schedule. Yet, Haywood has been able to launch his own clothing line called *Foreign Gents* based out of Iowa City. This Waterloo native graduated from East High School in 2007, and went on to further his studies at the University of Northern Iowa where he obtained his B.A. in Textiles and Apparel and Marketing.

With much ambition and hunger, this man was able to turn his childhood dreams into a reality. So what is the driving force behind his clothing line? Haywood was able to reminisce to a point in his life where he realized his passion. “Just remembering the many years going with the same school clothes you had 2 to 3 years previously, taking hand-me-downs from your peers, getting teased or made fun of was the worse by far as a child because you didn’t know how to control your emotions. I always tried to make the best of what I had. I knew then as a child, that it was a passion”, said Haywood. “I always told myself that whenever I get a chance to be able to have full control of my lifestyle/appearance I’m taking full advantage of it so I never looked back once I was able to do that.”

Having grown up in the area, Haywood had major influences. A majority of those influences came from a tight knit circle. “I have a huge family, I came from a family of 9, so it was different growing up. I had siblings that were four years older than me and I had siblings four-years younger than me, I was the middle

child. I felt they gave me the influence that pushed me, therefore achieving everything else I had on my mind,” said Haywood.

Haywood had sought after different cities, as any other student in Iowa would, as he approached graduation. New York, California, and Chicago are just a few of the cities he looked at before remaining true to his roots in the Cedar Valley. He was able to experience the Chicago lifestyle after graduation for a period of time. “Living in Chicago, I saw a different lifestyle. It was a city where I would see young minority men having the life I visioned. It was like a culture shock, you see all races of men being successful and that was a huge thing for me to see. Seeing young black men that are on the same financial level as any other race was something different for me. It was something I needed in my life... it was extra motivation because you sit and think to yourself that anything is possible if you have the right mindset. There was so much diversity there and that is a huge thing for me. In an rural area or smaller city, such as Waterloo, if you aren’t the average person you will stand out and will be judged by the majority whether you like it or not. That’s life.”

Haywood sought inspiration everywhere he went. He is inspired by many designers, actors and artists. “Pharrell Williams, Ric Flair, the Mafia, the Mad Men cast, the 60/80’s. All styles were unique and different in their own way,” said Haywood. Overtime, he eventually studied them and integrated some of their ways into his own life. The main driving factor that kept



Haywood motivated to obtaining his B.A. was growing up in poverty. “When you grow up poor there’s no other motivation you need. My daughter Jayda means the world to me and she helped guide me in the right direction. Without her, I wouldn’t be as balanced as I am now if it wasn’t for her and also making my mother, Laverta, proud. “I got an opportunity in 2012 to be able to sell suits thanks to a man named Bud Field. He has been a very important influence in my life. Simple and classic is the best way to explain my style. I feel the gentleman is a lost art nowadays. Men get judged for wanting to keep themselves sharp but I don’t think they should be judged by that. Everybody is different and as long as he’s taking care of things like a man should then there should never be a problem.” Imagine being a full time student, having tests and

project deadlines. Sounds like your typical college student, right? Now imagine raising a child on top of those tests and deadlines. This was Haywood’s reality during his time in college. “The professors were open minded and understanding. They used to let me bring my daughter up to the labs to finish projects. Words can’t even explain how much I admire and respect them. They had a totally different view than some of my other professors. Dr. Mord, Dr. Lynch and Dr. Strauss all had their own unique personalities. They also had in-depth knowledge in their fields.” The UNI community has always been seen and thought of as a family, being one. Having professors like the ones mentioned above are the little things that keep students like Haywood on track through their college career.



“SEEING YOUNG BLACK MEN THAT ARE ON THE SAME FINANCIAL LEVEL AS ANY OTHER RACE WAS SOMETHING DIFFERENT FOR ME. IT WAS SOMETHING I NEEDED IN MY LIFE.”

Haywood is an inspiration to many in the Cedar Valley community. A man who started with very little was able to turn what was once nothing, into something bigger than himself. He leads his life by making the

best out of the things that are given to him. “Life is what you make it, and it is important to know what obstacles you have to endure. You have to take things for what they are and make the best of them,” says Haywood. A young man with much aspiration and ambition goes to show everything a community has to offer such as the one at the University of Northern Iowa.

Check out Haywood’s clothing line, FOREIGN GENTS, on May 5th-6th in Iowa City, Iowa.

ARTIST TO WATCH FOR: **ELINOR**

Elinor Loring is a 20 year old aspiring photographer from Iowa City, Iowa who is nothing short of being on the right track. Loring is a BFA Studio Photography major who plans to travel after graduation. Eventually, Loring plans to apply at the School of Visual Arts in New York City. Her work is a depiction of the unruly struggles that many people face today, whether it is substance addiction or irresistible pleasures. This is the story behind her work.

UPRISING: What inspiration did you have for taking these photos? What message were you trying to get across to your viewers?

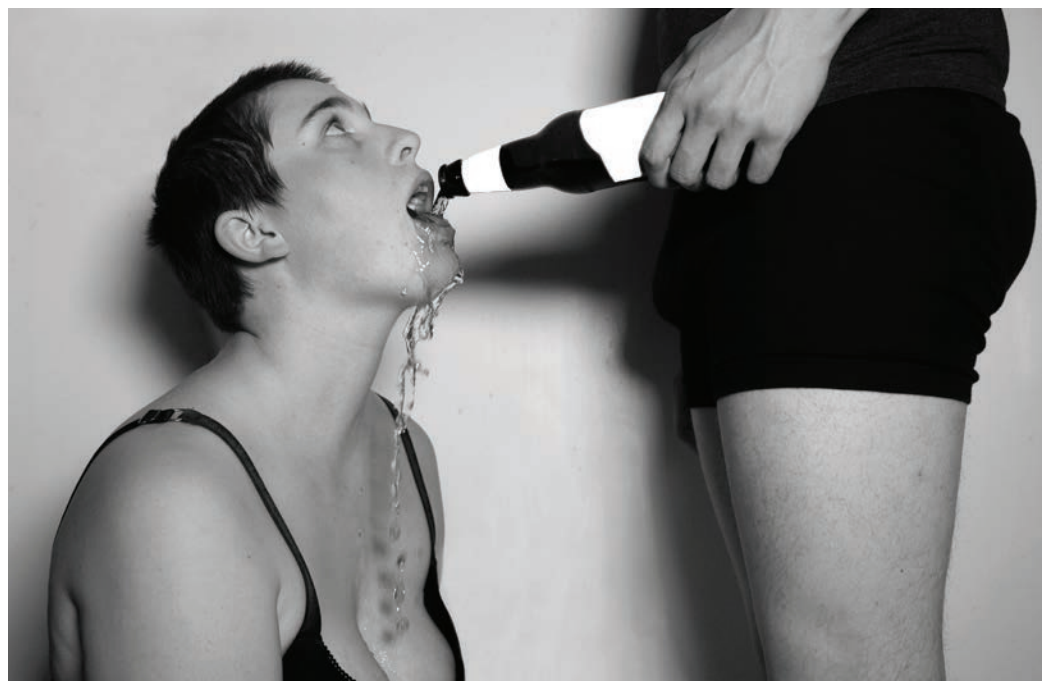
ELINOR: These images are from some recent and ongoing projects. Recently I've been drawing more inspiration from my personal psyche. I think a lot about my issues with control and moments in my life where I feel that I don't have control. The images of the bottle and cigarette are from the same series. In this project I thought a lot about the lust for harmful substances and how they limit a person's control. In both images, myself and another figure are present, but the viewer doesn't see their identity. I think that the sexual nature of the poses add to the lustfulness.

The other image is also a self portrait. This image is developing into a project I've been working on the semester called "Project RED".

In this, I'm using the red string to elicit an emotion of feeling trapped. The string is a soft yarn that I think that adds a sort of domestic vibe, but also adds a sexual component because of the red. I'm still processing the color red and what it makes me think about when making work. I'm excited to continue working with the color and making different pieces of work. I hope that my viewers see my work as something striking that sticks with them.

UPRISING: What drew you to becoming a photographer?


ELINOR: I think that I've always had a photographic mind. By that, I don't mean a photographic memory since I can barely remember last week, but more as how I see the world in stills and how I imagine images happening in the real world. I've always considered myself an artist from the time I was young, but it wasn't until high school that I started to fall in love with photography. I had a tiny little digital camera that I took everywhere with me. I finally got a nice camera for Christmas my sophomore year and the rest is history I suppose. I liked the idea of taking reality and morphing it into my own, by using myself, my friends and models to portray an idea or feeling. What I was making felt real to me and I loved it.



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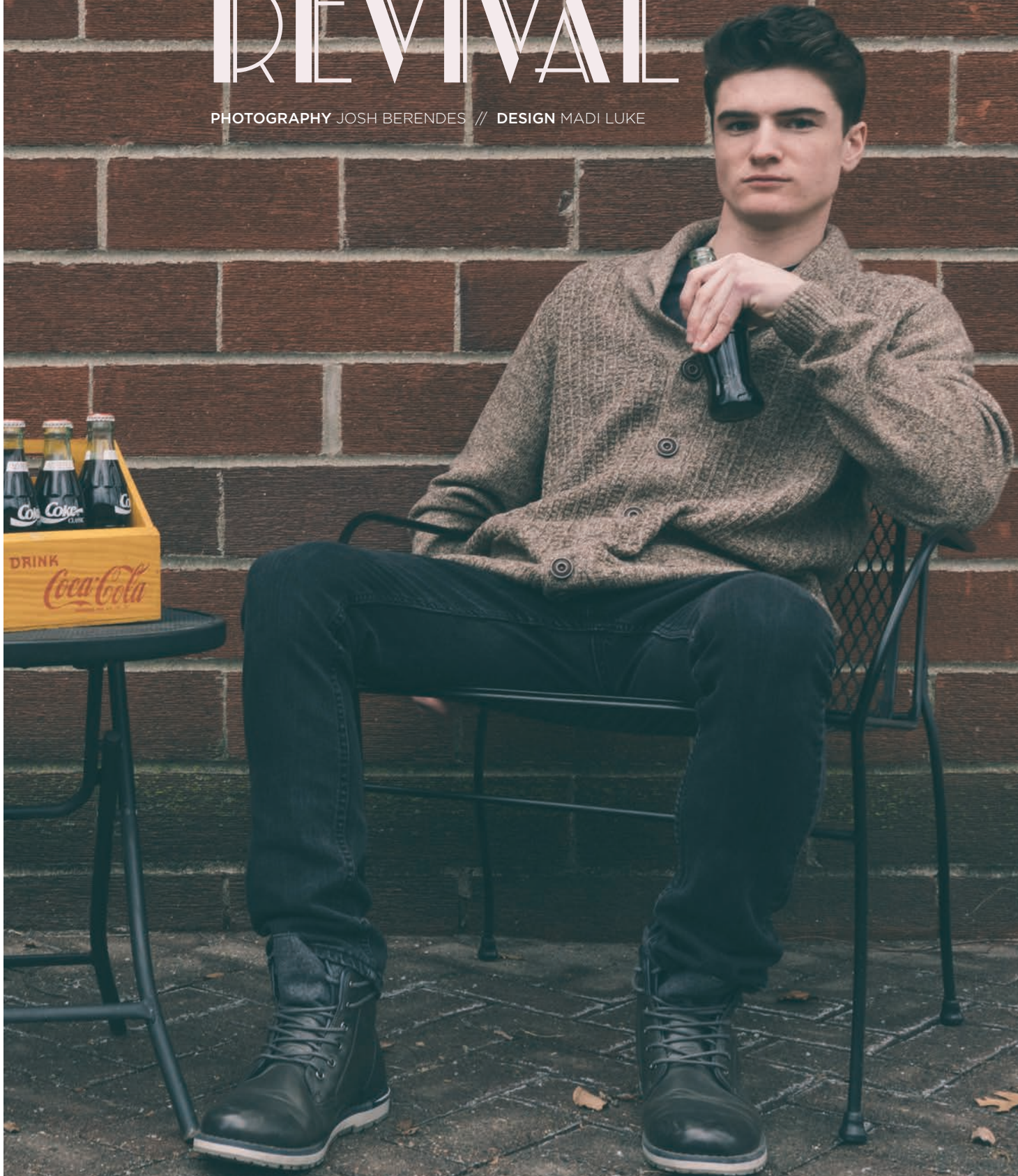


College students today have fallen in love with sustainability the movement that revolves around the idea of waste reduction and reusing old materials. Clothing and fashion is no exception. Combined with the fact that students are looking for better deals when shopping for clothing, thrift stores and vintage finds have quickly gained popularity. While these clothes may have been around when our parents were our age, this style is anything but outdated. Combining new and old pieces breathes new life into these old finds in a refreshing, modern way.

*Special thanks to Palace Clothiers for the featured apparel.
Check them out on Main Street.*

VINTAGE REVIVAL

PHOTOGRAPHY JOSH BERENDES // DESIGN MADI LUKE















STAGE DOOR

EMPLOYEE ONLY





ARTIST ON THE P

Cedar Rapids native, Rhys Davis, has always had a love for music. His career began during his senior year of high school when he created a song titled “Missing You” as a farewell tribute to his graduating class. Davis decided to put his aspiring music career on hold while playing football at Wartburg College. In the Fall of 2015, Rhys transferred to the University of Northern Iowa, where he decided to give music another chance. He dropped a mixtape called *College Street*, along with a few other singles. More recently, he joined a music group called The Teknitions, and was featured on their most recent album *Q1*. Rhys’ career has thrived this past year as he has been working on a sequel to his debut album. His second album, *College Hill*, is expected to drop April 15th.

UPRISING: Where did you get your start in the music industry?

RHYS: It might be cliché, but like a lot of artists, I started in my parent’s basement just experimenting with some things. But really, The Teknitions gave me my first start by adding me to their music group. The Teknitions are a great record company out of Waterloo, and I was blessed to receive the opportunity when I did.

UPRISING: Name a couple of artists that have always inspired you.

RHYS: If we start from when I was a kid, I was crazy about Eminem, 50 cent, Dr. Dre, Lil Wayne; honestly the list goes on. Drake, Logic, J.Cole, Kendrick Lamar, and Mac Miller were big for me in high school, as well as Wiz Khalifa. I just think each of these guys are just so true to their game, and that they are all great examples of sticking with the path and taking advantage of any opportunities.

UPRISING: What rappers influenced your rapping/singing career?

RHYS: All the artists I mentioned before definitely influence my style and form, but I think there is a difference between inspire and influence. I’m inspired by those that I would aspire to follow and stand next to; whereas I’m influenced by artists that I listen to day to day. There are artists that influence me to try something new or try something different because of new sound I might hear.

UPRISING: If you could hang out with any singer/rapper for one full day who would it be (dead or alive)?

RHYS: Bob Marley is the obvious answer, but I also think it would have been life changing to hang out with The Beatles for a day when they were back in their prime. No experience could compare to something like that. I just imagine what it’d be like to sit around and songwrite with them while they just strum and goof around, that would be amazing. If we’re talking modern day, I think I’d just wanna kick it with J.Cole.

UPRISING: Which song of your own is your favorite?

RHYS: I really like a lot of songs I’ve done, but I think my favorite that I’ve released is “All I Need” from the *College Street* album. *College Hill* is going to be full of songs that I love; “Someday” is probably my favorite that I’ve ever produced so far.

UPRISING: Where do you see yourself in 5 years?

RHYS: In five years? Honestly where does anyone with ambition see themselves in five years? I’ve always been taught that the sky’s the limit and you reap what you sow. God has a plan for everyone, but I would love to make a comfortable living making music. We are millenials who want to do it all and I’m no different; however it pans out I want to be doing anything I love to do.

RISE. RISE.

UPRISING: What separates you from other artists?

RHYS: That's the hardest question ever because just like any artist, I am who I am and I just approach every day as an opportunity to improve. Music is, in a way, a lot like sports. Any athlete would understand how important the "process" is. The process is to get better every day, doing the right thing, and sacrificing the things you want for the things that you need. My passion in music comes from the emotion and the energy it evokes, so I want my music to make others feel that energy.

UPRISING: Where would you like to see the music game going?

RHYS: I mean who knows. I would like to see the music industry monopoly come crumbling down. I admire the example of Chance the Rapper.

RHYS DAVIS





EXPERIENCE MITCH

WORDS & PHOTOS KENYON BROWNING
DESIGN EMILY HODGES

The small town of Denver, Iowa is home to many Iowans with prospering dreams and talents. Mitch Schumacher, 21, also known as Experience Mitch, is an aspiring rapper and songwriter who got his start with music at the young age of 13. Inspired by prominent artists such as PARTYNEXTDOOR, Kid Cudi, and Drake, Experience Mitch's music is great to sit back and listen to.

Mitch began his musical journey in middle school, making songs before and after school. Music has always been his passion, and he continually works to perfect his sound. When Mitch entered high school, he traveled around Iowa, Illinois, and Michigan, performing at small venues under the name Rapper Mitch. During this time, he worked to get his name out there and find his unique sound, which has developed him into the artist he is today.

RIENCE

Schumacher now goes by the name Experience Mitch. He chose this name because he wanted to create a unique experience for his audience. "I think life is all about experiencing new things and really taking the time to enjoy the experience, and I try to portray

this through my music", says Schumacher. When he switched to Experience Mitch, he started working to build a brand around himself. He created his soundcloud, experiencemitch, where he is able to upload new music he produces for everyone to hear.

Uprising was fortunate enough to sit down with Experience Mitch to talk about his inspirations and aspirations as a rapper and songwriter.

UPRISING: What music are you currently listening to?

MITCH: I am currently listening to HNDRXX by Future. The song "Incredible" on that album is my favorite. I feel a lot of soul in that song. My other current favorite song is "XO Tour Llif3" by Lil Uzi Vert, because the production is insane and Uzi's vocals are dope.

UPRISING: If you could hang out with any singer/rapper, dead or alive, for one full day who would it be?

MITCH: I will always choose to hang out with a dead person for a day as opposed to someone that is alive for this type of question, so I would have to pick Tupac. His music has always inspired me, and I feel like I could learn so much from him. If I had to pick someone alive, I would choose Justin Bieber or Drake for sure. That would be an experience.

UPRISING: Where do you want to be in 5 years?

MITCH: I want to be able to support myself as well as my family and friends with my music. I want to be able to make music and continue to give my fans an experience.

UPRISING: What is one tip that you have for other aspiring artists?

MITCH: "Don't let anyone tell you what you can't do. Make music you want to hear. Stay true to yourself."

Staying true to yourself is something artists need to remember, especially in such a tough industry. It is easy to stray from what you believe in, to conform to what everyone else is doing; or what is popular at the time. Too often, people in the rap

industry create songs that are similar to other rappers and what they produce. It is common to hear similar beats with different words, which causes people to follow trends instead of creating original music. Mitch strives to be original and unique with his music, constantly working to improve his sound, and also experiment with new sounds to grow as an artist. Sit back, relax, and Experience Mitch, we are sure you will have an experience.

To hear more of Experience Mitch, check him out on:

SOUNDCLOUD: experiencemitch

INSTAGRAM: experiencemitch

WEBSITE: experiencemitch.com

FURTHER INQUIRIES:
mgmtexperiencemitch@gmail.com

CHANCE: THE PEOPLE'S RAPPER

WORDS KENYON BROWNING // DESIGN MADI LUKE

Chance The Rapper has never sold any of his music, and has never signed to a record label. But at the 59th Grammy Awards, held at the Staples Center in Los Angeles, California, Chance The Rapper won Best New Artist, Best Rap Album, Best Rap Performance, as well as receiving four other nominations. And how did the 23 year old win awards without selling any of his music? Chance The Rapper is heading a revolution in the music industry; he is on the verge of changing the industry as we know it from buying new music to finding new artists to listen to.

Chancelor Bennett, aka, Chance The Rapper, has turned down multiple record labels to remain an independent artist. One of the hardest record labels for him to turn down was the offer from his mentor and close friend, Kanye West. He remains independent to prove to inspiring artists that it is possible, and he wants to them to have control over their music. He believes everyone should have freedom in releasing or selling their music.

**"I DO NOT SELL MY MUSIC
FOR FREE, I SELL IT FOR
FREEDOM."**

-BLESSINGS



How does Chance The Rapper make any money? Chance relies on his tours, concerts, and apparel to generate income. Chance just recently held the first ever music festival at U.S. Cellular Field, coined as Chance The Rapper's Magnificent Coloring Day Festival. This festival included all types of music, from Lil Uzi Vert, Tyler the Creator, Alicia Keys, John Legend, Lil Wayne, 2 Chainz, as well as a special appearance from Kanye West. This festival set a record attendance at U.S. Cellular, becoming the first time the stadium has ever sold out every seat. Another concert that stands out is the free concert he held in Chicago months before this year's presidential election. Once the concert was over, Chance led thousands of fans, mainly young millennials, to the polls for early voting.

The past 58 Grammy Awards artists were nominated by The Academy on the qualification of the amount of hard copies of music sold. This made it hard for independent or unsigned artists to even be considered for any awards. Especially for Chance, who made his first mark in the rap game in with the Mixtape 'Acid Rap' in 2013. This mixtape blew up and a lot of people

began to hop on the Chance The Rapper bandwagon, but even with the big following he could not win any awards. In 2017, Chance challenged the Academy by asking them to take into consideration streaming-only albums for nominations. The academy decided to pursue the idea, saying they need to evolve with the times. This decision received some backlash, as artists like Drake and Justin Bieber refused to attend this year's Grammy's by boycotting the event. This year's Grammy Awards was the first time streaming-only music was considered for nomination. Chance The Rapper's album, *Coloring Book*, stood out by being nominated for 7 awards, of which he won 3 of those.

So what does this mean for the music industry? This is great for all music fans, Chance is leading the revolution for more independent artists and will make it easier to discover and buy this music. This does not mean all artists will begin to sell their music for free, but music will now be much more accessible and affordable for everyone. We will not be forced to buy music from the greedy record labels, but from the artists themselves, which will allow all profits to go only to the artists. This change will also enable up and coming artists to become more involved in all award shows, so we can get a different representation at these awards besides the typical mainstream artists. The next change I would like to see would be radio stations actually playing the good music, not just the mainstream artists such as Katy Perry, Lady Gaga, and Justin Bieber. I have nothing against these artists, as they have great music, but I would like to see radio stations diversify their music with artists such as Frank Ocean, Travis Scott, and Chance The Rapper.

If you have not heard of Chance, or would like to hear more of his music, join the revolution by checking him out on SoundCloud, Datpiff.com, or Apple Music.

Here are all of his mixtapes:

10 Day (2012)- Chance The Rapper: The first ever mixtape released by the rapper. It was inspired and created by him when he received a 10 day suspension from school.

Uprising pick: *Nostalgia*

"NOW I'M OUT WORKING EVENINGS, BIRTHDAYS, EVEN TUESDAY, WEDNESDAYS, THURSDAYS, WEEKENDS REHEARSING VERSES MURDERING MERCH AND EVENTS."

-EVERYTHING'S GOOD

Acid Rap (2013)- Chance The Rapper: This mixtape is one of his most successful mixtapes and really brought him to that next level.

Uprising pick: *Good A Into, Favorite Song, Cocoa Butter Kisses, and Juice***

Surf (2015)- Donnie Trumpet and the Social Experiment: This was his first mixtape released on Apple Music for free. Surf really focuses on the band, but still includes some great verses from Chance.

Uprising pick: *Sunday Candy, Wanna Be Cool, and Windows*

Merry Christmas Lil' Mama (2016): Jeremih & Chance The Rapper: This mixtape was dropped recently by Chance and fellow Chicagoan Jeremih inspired by the Christmas Spirit.

Uprising pick: *Stranger at the Table*

Coloring Book (2016)- Chance The Rapper: This is the most recent mixtape that is sweeping the music industry and nominated for 7 Grammy's. Chance prides himself on the Gospel-like music he includes in this album.

Uprising pick: *All We Got, No Problem, Angels, Mixtape, and Same Drugs. Honestly just listen to the whole album!*



STERBURY

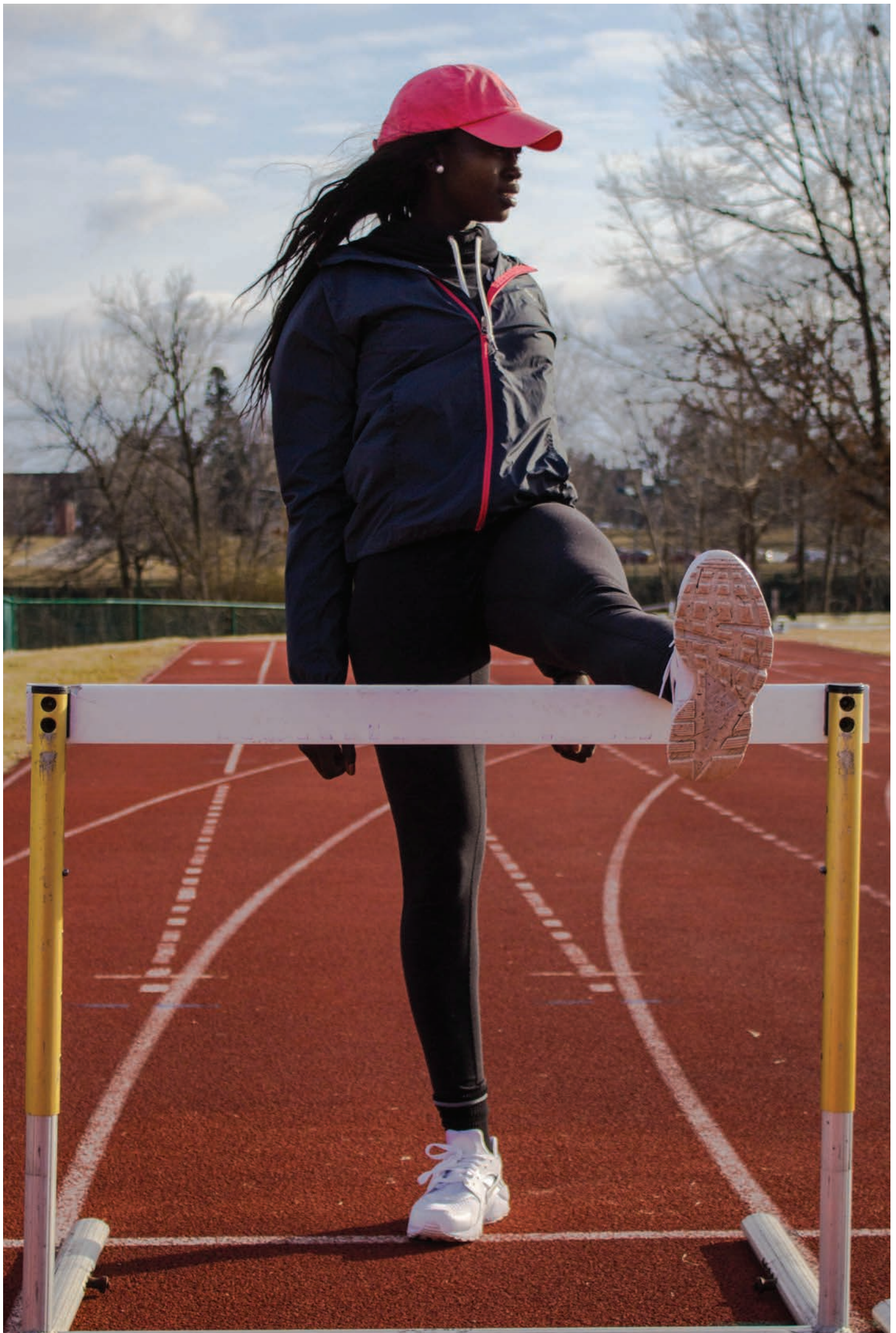


ATHLEISURE

Showing the relationship between everyday wear and maintaining a healthy lifestyle was the main influence behind showcasing this fashion trend. Society has shifted their thinking on athleisure. What was once considered look reserved for athletes, is now a must for the average college student. Comfortable, yet fashionable looks that can keep up with their busy lifestyle.

PHOTOS DIANA HERNANDEZ // **DESIGN** EMILY HODGES









WHY I

MARCH

WORDS SHEA O'MALLEY & MADI LUKE // PHOTOGRAPHY MARCH ATENDEES // DESIGN MADI LUKE

The Women's March took place on inauguration day this year where nearly 500,000 people took a stand to show that women's rights are human rights. After a tense election season, many were afraid of the future of the country and safety of many cultural groups. It was a march to defend the rights and equality of all. *Uprising* spoke with some attendees of the Women's March to gain further insight on their opinions of the march's purpose. Here are their stories.

"I march because men are still debating over my uterus and my reproductive right to choose. Our country, one of the most advanced in the world, still does not have paid parental leave. Pregnancy discrimination in the workplace is prevalent. Society still tells me that breastfeeding my child in public is wrong. I have to carry mace at night and worry about my safety when I'm not walking with a man home from the bar. Women are blamed for being "too drunk" in far too many instances of rape. I march because in 2017 women are belittled, unequally represented, underpaid, and harassed politically, socially and economically."

-Rachel Hickson, 23 of Oshkosh, WI

"I march for myself, for my family members and friends. I march for those who are unable to. I march for those who are scared and those who have been silenced. I march for those who do not even realize the importance of it just yet. I march so that everyone can have a voice, can be equal and can be free. I march so that we can have choices, be healthy and safe. I march so that love and acceptance can one day rise above all else."

-Kayla Martin, 30 of Austin, TX

"I march to stand up for women's right of choice over their own bodies and to voice my emphatic wish that all women are on an even playing field as men. That my daughter has all the same rights and agency as any man."

-Tim Ellsworth, 58 of Grinnell, IA

"I march because my life is so enriched by those who have fought (marched, gone on strike, been beaten, killed) for the rights I enjoy: the right to vote, the right to be educated, the right to control my reproduction, the right to own my own business. I march for all daughters and sons, that they will enjoy the rights and privileges I have, because we will not go back."

-Laura Ferguson, 52 of Grinnell, IA

"I just really wanted to stand in solidarity with women at a time that is very volatile for them and the rights that they'd been fighting for a really long time. I thought it was a really powerful message and it was a privilege to be another person in that half-million person crowd."

-Grant Gregory, 22 of Washington, D.C.

“It is not our differences that divide us. It is our inability to recognize, accept, and celebrate those differences.”

— Audre Lorde

“I marched that day because the women in my life are the people I look up to and admire the very most, and because I wanted to express my disagreement with a president who does not seem to believe that women can or should ever be viewed or appreciated in such a way.”

Daniel Mullin, 27 of Philadelphia, PA

“I decided to drive to Washington DC and participate in the March with my sister and daughter, Margaret. We marched for ourselves, but we also went for the women who couldn't go. As a mother, it was difficult to explain to my daughters how our new President could make ignorant, misogynistic statements about women. Nothing about his very public perceptions of women led me to believe that he would champion women's interests. The March was peaceful, but also loud and passionate and indignant. People came to the March for many different reasons... but the overriding concern of everyone there was that our new president would begin to chip away at the freedoms that were so hard fought and many recently won.”

Jodee Craven, 45 Rochelle, IL



“F” THE FEAR OF THE WORD: FEMINISM

WORDS SHEA O'MALLEY // **PHOTOS** ASHLEY GREGO
DESIGN MADI LUKE

Feminism is defined as the movement for social, political, and economic equality of men and women. In short, feminists believe in the equality of the sexes, but how do the American people feel about feminism? According to a 2013 Huffington Post/YouGov poll, 82% of men and women believe in the statement, “Men and women should be political, economic and social equals.” Although only 23% of women and 16% of men labeled themselves as a “feminist”, these poll results magnify the contradicting view which people have about feminism. While many people agree with the definition of feminism, they are also extremely reluctant to label themselves as a “feminist”. This fear of being labeled is common among millennials. The Spring 2016 Harvard Public Opinion Project poll results concluded that while 49% of Americans between the ages of 18 to 28 support the movement of feminism, only 27% affirmatively indicate that

they are feminist. So where is the disconnect? How is it possible that many Americans believe in gender equality, yet reject the feminist label? First off, there is confusion as to what exactly feminism is and what it means. Feminism, at its core, is the belief that men and women should be seen as equal and should be given the same opportunities. Although, there are many different misconceptions about feminism, one of the most popular misconceptions is that feminists are “man-haters”. Despite what many individuals believe, feminism is not the hatred of men, nor a plot to make men inferior to women. Instead, feminism aims to empower women so that they can be equal to men.

Another popular misconception about feminism is that all feminists are the same. The only thing that every feminist has in common is that they aim to achieve political, economic and social gender equality. There is no “one size fits all” for the concept of feminism. There are many faces of feminism, as well as different feminist perspectives and viewpoints. Simply put, anyone who believes in achieving gender equality is a feminist.



“1 IN 5 WOMEN HAVE BEEN RAPED DURING THEIR LIFETIME.”

A lot of times, one will ask themselves what feminism has done for them. To answer this question, the feminist movements throughout the past have shaped America's history and society. Feminism began in the United States during the 18th and 19th century when suffragists fought and won the right to vote and own property. The 1960s and 1970s brought a second wave of feminism where women gained access to education, increased political and workplace participation, gained access to abortion and birth control, and created resources to help victims of domestic violence and rape. The third wave of feminism began in the mid-90s and is still present today. The issues that feminists face today focus on combating rape culture, equal pay, reproductive rights and ending violence against women globally. The road towards gender equality has been paved by successful feminism movements of the past. These victories of past feminists have left many Americans with the privilege of not knowing a world where women were viewed as property, couldn't vote, and were unable to attend college. Most millennials have rarely experienced institutional or legal sexism which has therefore led them to believe that gender inequality is an issue of the past.

Many often question whether or not feminism is still necessary. And yes, while it is true that women today are far better off than the previous generations, it is arguable that feminism is still necessary. In America, 1 in 5 women have been raped during their lifetime and 1 in 3 women have been victims of domestic violence. Despite making up half of the population, women only make up 17% of Congress. Also, women earn around 30 cents less on every dollar for the same work as men (for blacks and latinos the gap is even larger). Women



in the United States aren't the only ones facing these kinds of problems. In many other countries women face drastic underrepresentation in the realms of political and economic power, with a majority of them living in poverty. These women are at risk of falling victim to honor killings, of being forced into sex slavery, undergoing the cultural practice of genital mutilation, and face far worse conditions than here in America. Today, feminists fight to end all of these patriarchal, misogynistic, and unfair practices in America, as well as all other nations worldwide.

Next time someone asks you if you consider yourself a feminist there are several factors that you should keep in mind before answering. For starters, be aware of that a feminist is defined as someone who believes in the political, economic and social equality of the sexes. It is essential to know that there is no one single type of feminist, and anyone who believes in equality of the sexes meets the criteria of a feminist. Remember to reject the misconceptions that bring negative connotations with the word feminism. Keep in mind all of the accomplishments of past feminists whose efforts paved the way for life of women today. Lastly, be aware of current women's issues in America, as well as those globally. If you take all of these factors into consideration before answering, you may find out that the "F" word isn't so scary afterall.

INSIDE THE MIND OF A MALE FEMINIST

People often have misconceptions associated with the word “feminism”. While the Feminist movement has mainly been dominated by females, there has been an increasing number of male feminists in the past few years. So what exactly is a male feminist and what do they stand for? Sam George, a 21 year-old student at the University of Northern Iowa, was able to sit down and answer a few questions discussing the common misconceptions many people have regarding feminism.

UPRISING: What is a male feminist?

SAM: A male feminist is someone of the male gender who buys into the idea of feminism. Not many men self identify as feminists because they believe it is a movement exclusive to women. All men in this world have a woman they care about; whether it is their mother, significant other, sister, etc. Additionally, being a male feminist frees oneself from being confined to gender roles placed on us by society.

UPRISING: How would you define feminism? What does it mean to you?

SAM: Feminism, to me, is defined by the typical definition of feminism; the social, political, and economic equalities of the sexes. Personally, it means gender roles, such as the genderization of certain tasks that are not reserved for one particular gender. To me, it means that anyone can do anything they want to do.

UPRISING: What made you take interest to become involved with the feminist movement?

SAM: Feminism does not only benefit women, it benefits everyone. To me, the premise behind feminism is common sense, but unfortunately it is a relevant conversation needed to be had in today's society.

UPRISING: What are some negative connotations that come with being a male feminist? Why is the word feminist considered gendered by our society?

SAM: If you do not have complete knowledge of what feminism is, it can be extremely misconstrued. The word itself makes it seem as though there is a gender connotation. I wouldn't necessarily say there are negative connotations regarding male feminists, there's just more uncertainty as to why feminism pertains to men.

“IT IS NOT
SOMETHING
CONFINED TO ONE
GENDER, RACE,
OR PARTICULAR
GROUP OF PEOPLE.
FEMINISM IS FOR
EVERYONE.”

UPRISING:

Some people are often offended or taken back when they hear the word feminism because of how it has been represented in our society through the media. Why do you think that is?

SAM: Today's media portrays the movement as forcing women into a particular role, whether it is hating people of the male gender or anything else. Feminism isn't confining, it's freeing. The movement encourages all people to live any life they choose; whether they are a single, stay-at-home spouse, a working parent, etc.

UPRISING: How has the Women's March impacted society and the media's representation of feminists around the world?

SAM: The Women's March has brought the topic of feminism more to the forefront. Huge strides have been made for the equality of women in this country but there is much progress that has yet to be made. Additionally, members of oppressed communities, such as the LGBTQ+ and racial/ethnic minority groups, raise the question of the lack of intersectionality within feminism. Society has been impacted by having to have the conversation of the idea of feminism. However, the movement needs to actively fight misinformation and advocates need to be more vocal in order to allow the movement to further progress.

UPRISING: What can the media do to change people's perspectives on feminism?

SAM: The media can do a better job of spreading the message of feminism in a nonpolitical way. The current media climate in our country does a terrible job of politicizing everything. Feminism should not have to be a political movement.

UPRISING:

Would you say that with the outcome of the election that there has been a big push for equality for women/all people?

SAM: 2016 was unprecedented in terms of the election in every way. It was the first time in American history that our two-party system has elevated a woman to the role of Presidential nominee. Regardless of a person's views on politics, it is historic. People on both sides of the spectrum have been challenged in their thinking of what role gender plays in our political system.

UPRISING: How important is it for society in general to know the meaning of feminism?

SAM: It is extremely important, especially in today's age of misinformation, for everyone to know the real meaning of feminism. It is not something confined to one gender, race, or particular group of people. Feminism is for everyone. It is also extremely important to realize that even people who do not identify as "feminists", still benefit from the movement whether they realize it or not.



SIGMA PHI EPSILON SEXUAL ASSAULT AWARENESS

WORDS MARIAH STAEBELL // PHOTOS DREW HAYS // DESIGN EMILY HODGES

One campus Fraternity, Sigma Phi Epsilon, has a philanthropy unlike any other on your college campus and focuses on the prevention and awareness of sexual assault. Statistically, one in 5 women and one in 16 men are sexually assaulted while in college. We spoke with Reed Shepherd, who is the Philanthropy chairman for Sigma Phi Epsilon. He was able to sit down with us to talk how much their fraternity does for sexual assault and raising awareness.

UPRISING: What is SAAW?

REED: Sexual Assault Awareness Week. A week long philanthropy put on by Sigma Phi Epsilon Fraternity raising money for Cedar Valley Friends of the Family, and spreading awareness of the unfortunate issue of sexual assault.

UPRISING: What do you do?

REED: We have several events going on all week. For example on the Monday of SAAW, we have a see-SAAW in front of the Union that our members take shifts riding for 24 hours, showing that sexual assault can happen at anytime. We also have different events throughout the week such as guest speakers, prevention programs, and self defense classes. All of our members are very passionate about this issue, and we try to get students to help us take a stand against sexual assault.

UPRISING: How does it affect local areas?

REED: We do our best to spread awareness, not only on campus, but all throughout the community, by speaking about sexual assault. By doing so, we are able to raise money for an organization that helps families and individuals that have been affected by this issue. The Sigma Phi Epsilon chapter at the University of Northern Iowa has actually been recognized nationally for our philanthropy which is very humbling and goes to show that we are truly making a difference.



UPRISING: How can someone on campus get involved with SAAW?

REED: You can get involved with SAAW by attending our events like the see-SAAW, talent show, or the self defense class. Donating to the cause would be another way to support sexual assault awareness. One event we have opened up to those that are not members, is participating in the talent show. Our fraternity has always had a talent show amongst our members and invited the public to watch and donate, but starting in 2017 we will be asking other organizations at UNI to enter acts. This change will hopefully spread awareness for sexual assault and get more people involved with recognizing the cause. We are also willing to work with those that contact them about ideas.



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THROUGH THE LOOKING GLASS

The revival of color block outfits has been one of the biggest upcoming trends this year. The contrast between black and white is one that has been seen throughout various social media outlets. Being able to emphasize the transition among men's and women's fashion has been one of our main focuses for this issue, maintaining that black and white does not always mean boring and dull.

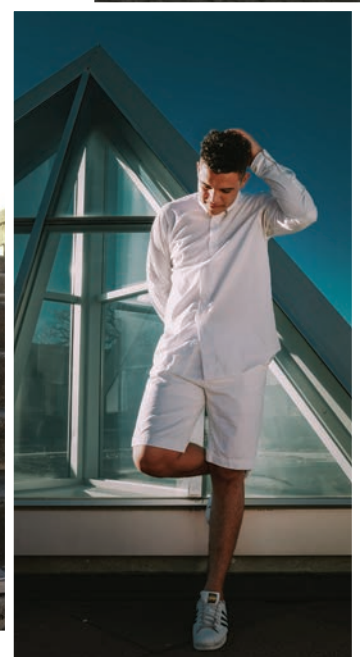
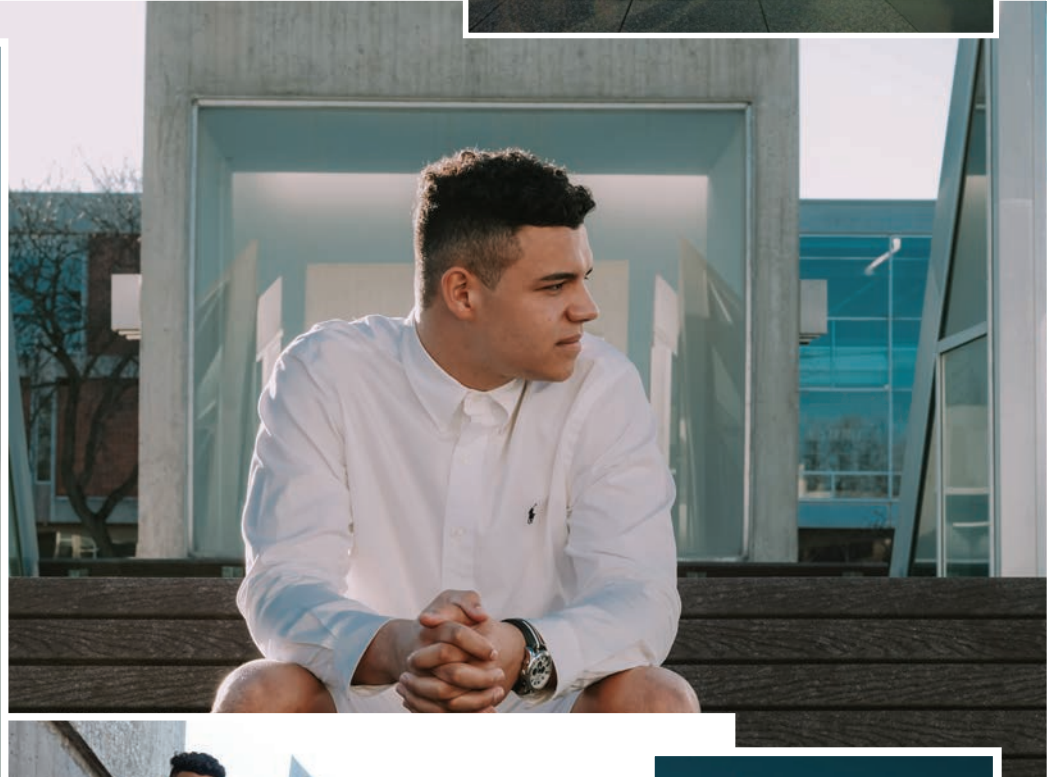
PHOTOS JOSH BERENDES
DESIGN MADI LUKE











BLACK LIVES MATTER

AN ARRANGEMENT OF INTERVIEWS WITH AFRICAN AMERICAN STUDENTS ON CAMPUS

WORDS CLAIRE GUDERJAHN // DESIGN EMILY HODGES

"GIVE US A CHANCE. ASK US QUESTIONS. WE LIKE TO BE HEARD."

Every individual is different. Every human being has a unique experience and a story that deserves to be heard. Throughout this process, I listened to the stories of several African American students here on campus. The following are excerpts of the interviews that I had with numerous individuals. While they bring light to an under-discussed topic, each statement is reflective of the individual, not that of the entire African American population at UNI.

What is Black Lives Matter (BLM) to you?

"Black Lives Matter is an international movement of people from all races who are shining light onto what's happening to black people."
—*Anissa Smith*

"It's raising awareness for the oppression that black people experience. You don't hear stories of a white cop handcuffing then shooting a white person."
—*Katia Alfore*

"It's the belief that every human life matters. On the media, you see oppression of black lives. A BLM movement on campus would look like the Black Student Union but with more activities and would be celebrated for longer than just black history month."
—*Damond Jones*

"I believe that the BLM movement is an opportunity for black members of the black community to come together in solidarity to support and to express that to the public. Some people think it's to go

against white lives. What people need to understand is that it is to support the community."
—*Jamal White*

"Black Lives Matter is a movement that stands for the progression of African Americans. Awareness of the social and racial injustice, especially with the criminal justice system. We really have never been treated equally. Some of the founders of BLM are also part of the LGBTQ+ community. We stand with all social injustices. I know that a lot of people think that Black Lives Matter is just for black people. No. We, as a community, want everybody. Because it doesn't just represent us. We stand for the Latinos. We stand for our Muslim brothers and sisters. We stand with our LGBTQ+ community. We stand with the women's march and anybody who is being oppressed.

One of the biggest things that I want people to understand is that we don't wear Black Lives Matter apparel to offend people. Sometimes it is meant to challenge

thought. Being in college, I am thinking about my future. If I had a son in an inner city like Chicago, he may get shot or pulled into gang violence. If I have a son and take him to a nice city like Trayvon Martin, he may get shot for going to the convenience store. Sometimes it feels like there is no safe zone for us. BLM is important for understanding the emotional impacts. There is not a strong enough emotional support system for the terrible things that happen to people just for being black. Just for things that they may not have even done. I worry about my black friends, especially the men. I wish that people would put themselves in that position and think about how you would feel if you had to think about being punished for something that you didn't do. That's what the BLM movement is for."
—*Ashley Drain*

Does UNI have the amount of diversity that you expected?

"I remember thinking 'Where's the diversity?'. I wanted to leave, but I



had to remind myself that I came here for my education.”

—*Taraya Johnson*

“When I walk around class, I feel like I’m carrying all the African Americans around on my back. I have to be careful not to act out, because that could make people think that all black people are like this.”

—*Deveion Campbell*

What are common misconceptions that you’ve noticed people on campus have?

“The biggest one is that people assume that I am mean just because I’m black. There are the assumptions that I listen to ghetto music or can dance. I don’t usually talk to people who I don’t know. Once I get to know them, they’ll tell me that I’m ‘actually pretty nice’. This shouldn’t be something that I have to fight against, but I experience this every day.” —*Damond Jones*

“The typical black stereotypes: that I’m a big-mouth. When I was in a

lab group, I felt tension from the other group members. They were really hostile towards me.”

—*Katia Alfore*

“People think that we hang around only African Americans. Because we’re at a predominantly white campus, it’s easier to cling on to the little nugget of multicultural students. We’re not trying to exclude anyone. People seem intimidated to approach us. They think that we are trying to avoid them. Really, we feel uninvited to join conversations. We are the minority.” —*Meka Mosley*

What are some of the main issues that people don’t understand about African Americans on campus?

“People do not understand what the African American culture is. They should know more about who we are. I would love to see people be more open-minded. Ask us questions if you don’t know something about us.” —*Dejah Covington*

“The problem is people who were raised to be afraid of us and our culture. There are people who genuinely want to know about these things but there are also people who just want to hear it so they can be rude or disrespectful. My solution: increase understanding of each other. Let’s make it a mutual ‘I want to learn about you and you learn about me.’” —*Taraya Johnson*

“There is a lot of pressure to look really good all the time, to present myself well. Because I’m not only representing myself, but I’m representing my whole race. Especially with people from small towns who have not met many black people. Their judgements of the entire race may be based off of the way that I act.” —*Ashley Drain*

“We are at 92% white caucasian community and an 8% diverse include blacks internationals, Hispanics etc. Given that, there are maybe 1,000 black students on campus so there is such little exposure.” —*Jamal White*

A NOTE ON TERMINOLOGY:

“Black is okay. Some prefer African American. Referring to African Americans as colored people is offensive because that is what they were called during Jim Crowe.”
—Meka Mosley.

The names reflect the way that people were treated and viewed. I wouldn't be surprised if in 50 years, African American is offensive. This is especially why the “n” word is always unacceptable. WE ARE NOT SLAVES
—Ashley Drain.

Where at UNI do you notice microaggressions?

Merriam Webster defines a micro-aggression as a comment or action that subtly and often unintentionally expresses a prejudiced attitude toward a member of a marginalized group.

“Around campus, people turn their head to avoid making eye contact. Sometimes they get unnecessarily surprised that I'm not ‘unkempt’. One time, I said something in the dorms, and someone turned around and said ‘excuse me, I don't speak black.’ Thankfully, my white friend stood up for me. For once, I didn't have to defend myself.” —*Taraya Johnson*

“Talking about slavery shouldn't make people so uncomfortable. People can openly talk about what Hitler did and 9/11 but talking about slavery is harder. We're nervous to talk about it because there is still that strong aggression. Don't be uncomfortable with it. You didn't do it. It was your ancestors. People don't need to be scared to talk about events in history.” —*Katia Alfore*

“My friend performed in Pride Cry last year. Afterwards, her white roommate said ‘Oh that's what I expected from black people’. Also, when I'm walking around, people in their cars sometimes throw gang signs at people. That is offensive and highly dangerous.” —*Ashley Drain*

“My hair. A girl came up to me and told me how cute my hair was and asked to touch it. I asked her if I could touch her hair and she looked at me like ‘why would you touch my hair?’ It happens to all of us all the time.” —*Meka Mosley*

“Being half-black, people view me as a ‘mediator’ or as an advocate. If you asked me, I identify as black more than white. People need to take the initiative to put themselves out there. I feel like people need me to

be the ‘connector’.” —*Mahlia Brown*

“It's harder in classes. If a race conversation comes up, everyone looks at the African American to respond. We were not all raised the same. We can't speak for others. History happened and we can move on from that. You support us we support you. We need inclusion all around.” —*Taraya Johnson*

Have recent events such as the Trump election and other political acts impacted you personally?

“Not at all. There was slight fear at first, but I've never been personally attacked. This is to be expected, as this is a predominately white institution.” —*Dejah Covington*

“The biggest thing that I've heard about was after the election when someone spat in someone's face and said ‘go back to where you came from.’” After that happened, the president sent an email to the student body, handling it appropriately.” —*Katia Alfore*

“The day after the election, I was walking with a friend, and I faced an encounter where this guy and I bumped into each other. I apologized and he said “watch where you're going. It's Trump's America now” That shook me. It was difficult to know that I even have white privilege over some others.”
—*Mahlia Brown*

“He has no reason to hate. The only person who voted for Trump that I know argued that he was the ‘better of the two.’” Katia sighed and looked down, “If I have children, the consequences will be his [the Trump voter] when the child is getting educated and needing medical attention. I feel threatened as both a woman and as a black woman.” —*Katia Alfore*

"I am more cautious now. I grew up in a predominantly white community so I know how to act. I just need to be especially careful."

—*Damond Jones*

Do you feel safe on campus?

"For the most part, yes. I still have to be cautious, but I do feel safe."

—*Damond Jones*

"I do. Maybe because I am so busy that I don't have time for fear."

—*Ashley Drain*

How do you gain your social support on campus?

"I feel supported by my African American friends but not by the entire campus as a whole. Waterloo has the biggest African American population in Iowa, but UNI has a such a low ratio of black students."

—*Ashley Drain*

"You have to think about it as a whole, other than us. Who will be there for us? Who will be there to support us? That can become hard. We're outnumbered on this campus." —*Taraya Johnson*

"We can't always talk to our families for social support. Many of them try to hush their children and retort by saying 'we don't talk about that.' So much of my support is from friends from the Black Student Union and other people who aren't in the African American community who reach out to us. It's not just black people. I know that some people have questions about it. Just ask! We love to talk about it, express ourselves about it, to know that other people care. It does matter to everybody else. We care about what others are going through as well." —*Ashley Drain*

What changes do you want to see on campus?

"Recognizing that there is an issue is the first step. Prejudice doesn't start by people getting shot and killed. It starts behind closed doors when people have radical ideas."

—*Ashley Drain*

"We put it on the minorities' backs to include themselves more. It can go both ways, absolutely. It shouldn't even be dependent on a category. Everything is dependent on the individual at the end of the day. More individuals can reach out to other people." —*Dawn Magee*

"We need to work towards an accepting environment where you don't see just a group of black individuals together with no integration. It's all about that integration of the multicultural community and the rest of the community and making sure that we support each other. The African American community lacks a lot of support that it needs." —*Jamal White*

What would success for BLM or African American representation on campus be? How do we make those changes?

"More student engagement in activities. Students should attend our events and enjoy them. A huge success was the Tunnel of Oppression." —*Dejah Covington*

"We would start to see reports diminishing. Something just has to go on the decline. I don't like that people feel uncomfortable. Why can't I just walk around comfortably without the stares like they do. I just want to keep the level of good spirits that I have every day. We want them to be comfortable, too. I mean this from the heart. We are lively. We are in good spirits, so

please stop assuming otherwise." —*Vonnisha Hill*

"More openness and acceptance on campus. More understanding of black people and more BLM events. The Tunnel of Oppression was great, but it should be more than just this one event. We should not be uncomfortable about discussing slavery. These were our ancestors, not us." —*Katia Alfore*

"I want to feel like an individual without being defined by my race. I have to pick and choose battles. I don't find it necessary to justify oneself. I get so tired of having to do that." —*Taraya Johnson*

"For people to be 'used to it.' I want to be seen as a person, not as something scary." —*Damond Jones*

What makes you most proud to be African American?

"The color of my skin, obviously. I think that culture defines a lot of the black population and the way that they've been brought up and the way that they act. Family describes much of the black population." —*Jamal White*

"Black is a really broad term. I think being black is so powerful. I represent strength. Being a black woman, I represent resilience, power, and striving to break these norms that do not reflect us. When people say that, it comes onto TV and you start to believe it. Mental chain reaction where we tear ourselves down in a way. We are constantly fighting that." —*Ashley Drain*

"My resilience. My courage. I know how to do my hair. I grew up in a black home which prepared me for how to act around others. My culture makes me black. My bravery. I know how to work hard for what I want." —*Katia Alfore*



Beauty

UNDEFINED

WORDS MIKAYLA DEARDEN, DIANA HERNANDEZ & BROOKLYN TWIST
PHOTOS ASHLEY GREGO // **DESIGN** EMILY HODGES

Beauty comes in all forms, shapes, sizes, colors and faces. It has become a genderfluid art of its own. Makeup, in the past, has been subjected only for women. However, more and more men are beginning to pick up the brush as well. One of the biggest makeup trends this past year was using makeup to achieve the “natural look”. We were able to showcase a male model, Skyler Lewinski and how he chooses to recreate this makeup trend.

Lewinski began wearing makeup a year ago, it all began with a color match at the popular cosmetic store, Sephora. “I got a color match and tried it out and ended up liking how it made my skin look flawless so I haven’t stopped wearing makeup since,” he confessed to us.

We live in a period in time where almost everything is seen as progressive. “For a guy, it is kinda scary to start wearing makeup because you feel you might get made fun of, but once you do it, you realize it’s not that serious,” says Lewinski. “Makeup to me is something to make you feel better about yourself. If you’re interested in trying it, I say try it. I mean it’s makeup, it comes off if you don’t like it not wearing it is an option.”



Nowadays, it is not out of the ordinary to see a man wearing makeup. If women can wear makeup, why can't men? Lewinski is able to handle criticism from people who say men shouldn't wear makeup, "I say if it makes a boy feel more confident, he should do it. Who cares about what others think? As long as you feel good about yourself, rock it however you want!"

Social media is one of the most popular ways to get information quickly. People are able to find beauty bloggers and their makeup tutorials on apps like Instagram and YouTube. Lewinski is inspired by celebrities and bloggers like DollFaceBeautyx, and Rihanna. "I would always watch tv and love how flawless they looked. I wanted to look like that, but in a natural way," says Lewinski.

Lewinski was able to show us how he creates his simple and naturally beautiful look. He begins by applying a primer that is best for his skin type. After priming his face, it's time to cover up any under eye circles. His solution is Becca Under Eye Corrector. It has a red tone that will cancel out any dark areas.

After color correcting is done, he applies Sephora Liquid Foundation with a beauty sponge to secure a flawless finish. This is a full coverage foundation that applies evenly to every skin tone and covers all blemishes that he may have.

When all the liquid products are on, he sets his face with the Laura Mercier Invisible Setting Powder. This powder keeps his makeup in place all day and night, while also prevents creasing. The best part about this powder is that it does not leave a heavy residue after application.

He then moves on to highlight and contour the face. The Anastasia Contour Palette is a great palette for use to get a subtle, natural highlight, and to contour cheekbones to perfection. One perk about this palette is the different shades available to choose from, making it an excellent product that works on all skin tones. Lewinski then takes a Morphe contour brush and applies the highlighter to the top of his cheekbones where the light naturally hits. Then, applies the contour to the nose, forehead, chin, and



cheekbones. This shades areas that need defining and makes everything more chiseled.

Some choose to add eyeshadow to this look by using the Urban Decay Naked 3 Palette. The colors blend easily, apply smoothly, and are well pigmented.
NOTE: This step is entirely optional.

To make this look pop even more, it is necessary to fill in the eyebrows and apply mascara. Lewinski prefers to use the Anastasia Eyebrow Pencil, he finds it perfect for filling in the blanks of eyebrows, making them look fuller without overdoing it. After filling in the eyebrows, he applies the Benefit Cosmetics Roller Lash Curling & Lifting Mascara. This mascara naturally curls the lashes and leaves his lashes looking full and beautiful without clumping.

The last step to completing his version of the natural look is the Urban Decay All Nighter Long-Lasting Makeup Setting Spray. Any setting spray will do, but this product in particular keeps makeup in place all day to maintain a continuously flawless, natural look.

SHRIMP

BALSAMIC GLAZE

AVOCADO SPREAD
*Avocados, shallots, garlic,
lemon juice, salt and pepper*

FETA CHEESE

GRAPE TOMATOES
AND BASIL LEAVES

SLICED FRENCH BAGUETTE

*Shrimp & Tomato Basil
Bruschetta*

SPRING TIME
Delights

*Smoked Salmon
Bruschetta*

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