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University of Northern Iowa Alumni Association

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Northern Iowa *Today*

The University of Northern Iowa magazine • Winter 1999

Reaching for wellness





When I was in college, I had to take four semesters of "physical education" to complete my graduation requirements. That didn't make much sense to an English major. I can remember scouring class schedules to see how many opportunities I had to enroll in badminton or ping pong to avoid some of the then seemingly more heinous choices!

How times have changed. PE requirements are a thing of the past. They weren't a bad thing, just generally ineffective in educating young people about the concept of fitness for life.

The story beginning on page 2 demonstrates the benefits of a holistic approach to fitness. UNI students are exposed to



philosophies, programs and facilities that can help them achieve a wellness lifestyle for a lifetime. That's a significant improvement over 4 hours of PE.

—smc

The University of Northern Iowa magazine

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Visit the university via the World Wide Web: www.uni.edu

Upswing in wellness at Northern Iowa

by Carole Shelley Yates



There is a variety of exercise options in the Wellness/Recreation Center, including the rock climbing wall (background), the walk/jog track (above), and numerous aerobic and weight-training machines.



The University of Northern Iowa plans on beating the stats once again. However, this time it's not statistics for sports, but rather, for students' lives—their knowledge of how to develop and maintain healthy lifestyles.

While national statistics show that nearly half of American youths ages 12-21 are not vigorously active regularly, numbers at Northern Iowa may show the exact opposite. Between the university's personal wellness classes under the School of Health, Physical Education and Leisure Services (HPELS) and the non-academic Wellness Recreation Services, students can choose from many options to become fit in body, mind and spirit.

With the opening of the new Wellness/Recreation Center north of the UNI-Dome last February, the School of HPELS and Wellness Rec Services (WRS) are housed under one roof, within easy access of each other and of students.

The brightly lighted, fully equipped facility appears to be doing exactly what it was supposed to do—enhance the personal, professional and academic lives of university students, faculty and staff through structured and self-directed activities, educational programs and services and skill-building activities.

Kathy Gulick, director of Wellness Recreation Services, points out that UNI students have been asking for a facility like the Wellness/Recreation Center for years. Originally her office opened the Health Beat fitness area in the East Gym and student use quickly filled up that space. "We've tried to do things along the way based on student requests. Students are looking for this kind of social, fitness center—we just had to make it available for them."

Julie Steinkamp, a senior health promotion minor, proclaims, while working out on a stepper, the WRC is "awesome. I'm often here all day because I can go to my classes, labs and work out all in one building."

Students often first explore the WRC's wellness facilities when they are enrolled in a personal wellness class. This General Education requirement is unusual given that most universities eliminated physical education requirements in the 1980s. But Jeanette Marsh, assistant professor of physical

education and a Personal Wellness class coordinator, says the three-credit class gives students a chance to understand wellness. They discuss nutrition, exercise, stress management, substance abuse and decision-making related to sexual behaviors and relationships. Students are also required to try two fitness activities—one to focus on fitness and the other to develop a recreational skill that could become part of a life-long wellness lifestyle. Sophomore Alicia Puttman tried lead climbing on the WRC's 40-foot wall for her skill lab in personal wellness. Before the WRC opened, Alicia said she wasn't physically active. But no—"I come here four times a week to work out on the aerobic machines."

"We really have such a broad continuum of fitness programs and facilities," Gulick notes. "Plus, the building was designed as a place for people to meet others. Students come here to exercise and to socialize—it's an easy way to get involved. The building and programs are very user friendly and not just for those who are already fit. You see people of all shapes and sizes and that's one of our goals."

Matt Haedt and Brandon Young, sophomores, say they used to lift weights in the Physical Education Complex, but felt that facility was mainly for athletes. "Now at the WRC we lift weights more often," Haedt explains, "and can also run on the indoor track."

Over 300 student employees teach fitness exercise land and water classes, supervise the circuit weight and aerobic machine areas, officiate intramural sports, work as personal trainers for beginners and exercise veterans and serve as lifeguards in the two pool areas. There's an 8-lap 25-yard pool and a leisure pool with a spiraling yellow water slide, water fountain and hot tub.

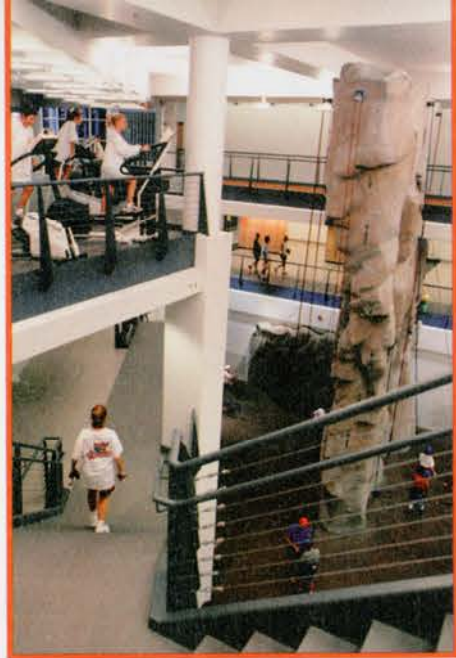
The WRC is open 106 hours a week to accommodate many schedules and many interests, says Tim Klatt, director of recreation and facilities. "In addition to fitness classes and aerobic equipment, many students participate in other building facilities—basketball or



An impromptu game of water ball in the leisure pool.



A staff member advises a student on the use of a step machine.



The Wellness/Recreation Center is an open space, allowing participants in various activities to interact.

racquetball courts—and sports clubs,” Klatt explains. “We encourage students to develop new sports clubs. Last fall we formed a water polo club and some students are interested in a hunting and fishing club and a roller hockey club.” Klatt also applauds the growing Outdoor Recreation Program that provides climbing wall clinics, outdoor canoeing and backpacking trips in northeast Iowa, to white water rafting in Tennessee. Plus, plenty of equipment can be rented including bikes, camping gear, cross-country skis, canoes and more.

Wellness Recreation Services also complements the personal wellness classes by providing students with a resource center and staff well-versed on wellness topics like healthy eating, sexual abuse issues, or substance

abuse. The resource area on the first floor includes self-care stations to help students diagnose minor illnesses, blood pressure screening and a relaxation room. Staff teach training programs in CPR, first aid, back safety and will work with university departments and also sports teams on wellness programs.

And because HPELS and Wellness Recreation Services programs are now in the same building, Marsh says some professional WRS staff are teaching personal wellness lab classes.

“Students get interested in the Wellness Center through the personal wellness classes and then continue using the building. The connection that was supposed to happen is happening. I hear students talking a lot about using the building,” Marsh says. She is quite pleased with this connection because she and other

personal wellness instructors are always working toward the Surgeon General’s goal of getting 80 percent of the population doing some sort of physical activity.

User numbers for the WRC show that many UNI students are taking advantage of the new facility. The month it opened (February 1998), 6,000 different students used the facility—approximately one half of the student population.

Are the personal wellness classes combined with the Wellness Recreation Services making a difference in helping students choose healthier lifestyles? Tom Davis thinks so. Davis, associate professor of health, has surveyed students in the personal wellness classes every other year since 1990 concerning their lifestyle habits and choices. He has collected data from hundreds of

students, primarily freshmen and sophomores, so he has a pretty good snap shot of student health behaviors.

Here’s what Davis found out about student health behaviors before the Wellness/Recreation Center opened in February 1998. Few UNI students use drugs, only 1-3 percent and about 12 percent smoke daily, although the number has gone up among women. Drinking is another story: about 80 percent surveyed have consumed alcohol in the 30 days before the questionnaire. And, in every year of data collection, more than 50 percent of students surveyed have done binge drinking (5+ consecutive drinks) in the 14 days before the questionnaire.

Given a choice between turning east to the local College Hill bars or turning west to the Wellness/Recreation Center, Davis hopes students will choose to

participate in healthy choices. Will they want to drink on Thursday nights or go to movie night in the lap pool? Last semester hundreds of UNI students chose to float on inner tubes as they watched “Jaws” and moved quickly to escape the scuba diver lurking below in the pool.

Many others so far have chosen the wellness direction. In October, some 3,000 students used WRC fitness facilities weekly. Tim Klatt visited one night and says the place was “humming. The leisure pool and slide were full, people were swimming laps, the fitness area was busy, the racquetball courts were buzzing, people were hanging on the wall and we still had 3 hours left of the day when the building closes at midnight. This place is doing what we hoped it would do.” **7**

Realizing a vision:

UNI dedicates the Wellness/Recreation Center

“The Wellness/Recreation Center is a monument to teamwork; a shared vision of students, faculty, staff and state legislators,” applauded University of Northern Iowa President Robert Koob at the building’s dedication on a windy November day last fall. Several hundred students, faculty, staff and state officials came to celebrate and see just what the Northern Iowa students said they wanted and were willing to give \$6 million in student fees to have. The result is a facility that houses the UNI School of Health Education, Physical Education and Leisure Services (HPELS), the university’s Wellness Recreation Services program and a multitude of ways students, faculty, staff and their



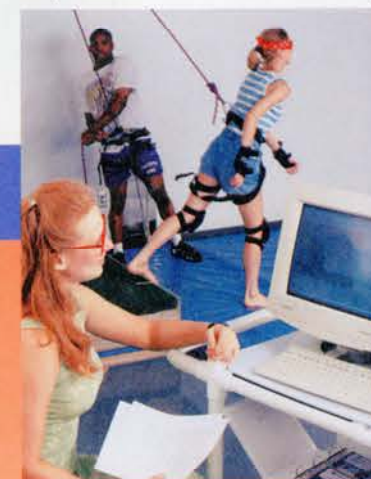
NISG vice president Scott Meskimen speaks during the dedication ceremonies.

families can stay healthy in body, mind and spirit.

While spectators watched students on the facility’s running track overlooking the ceremony in the gymnasium, several speakers emphasized the role Northern Iowa student leaders played in developing and planning the Wellness/Recreation

Center. Beth Krueger, former student government president, noted the student involvement in lobbying legislators and educating Regents members about the facility. The students’ voice resulted in facility aspects such as the leisure swimming pool with water slide.

Chris Edginton, director of the School of HPELS, related the history of the school facilities and the WRC, starting in the East Gym (Women’s Gym) in 1903 to now when all departments are under the same roof and have access to



The center provides state-of-the-art dance studios, classrooms and labs.

The formal portion of the ceremony gave way to building tours where guests watched a class of Personal Wellness students learning to climb the 40’ wall, noticed large

numbers of students working out on the aerobic equipment or using the circuit weight equipment and got slightly splashed when students zoomed down the twirling water slide in the leisure pool.

Upbeat music boomed from ceiling speakers and students of all shapes and sizes seemed to feel comfortable in the user-friendly nature of the center.

Building tours also included a walk through the HPELS new laboratories for biomechanics, biostatistics, exercise physiology, physical behavior lab, classrooms and faculty offices providing a state-of-the-art academic facility for the schools’ 600 majors/minors.

classroom and laboratory facilities to enhance their teaching needs. Kathy Gulick, director of university Wellness Recreation Services, said the facility created opportunities to respond to the desires and demands of students for physical activities. “Students are waiting at the door when we open at 6 a.m. and we have to push them out

at midnight when the WRC closes,” she noted enthusiastically. Some 3,000 different students used the facility in

any given week last fall and 800 attended fitness classes. The building also enhances program visibility with a model for comprehensive wellness and encourages cooperation between WRS staff and HPELS faculty.

Governor Terry Branstad planned to attend and run a victory lap around the gym, but the weather kept him in Des Moines. However, through the Iowa Communications Network, Branstad commended student leaders since 1991 for their role in the project. Substituting for the Governor, the UNI Panther and some students ran a victory lap to music from the Mini-

Panther Band and enthusiastic clapping from the crowd.



The recreational pool is popular with students and faculty and staff and their families.



GHC students in St. Lucia with health worker Clementine Mukeshimama (front).



Teaching dental hygiene to Bosnian children, Elk Run Heights Elementary School.

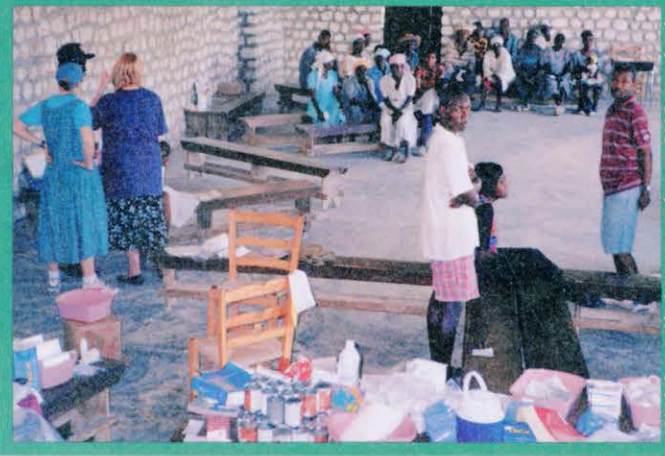
Blood pressure screening at a Mexican homeless feeding station.



by Carole Shelley Yates



The sun puppet on parade in Minneapolis.



Haitian clinic area where GHC worked.

HELPING MAKE A healthier world



They parade down the street, holding high the 12-foot tall red, orange and gold puppet sun figure to attract attention on the dirt streets of a St. Lucia shanty town. Soon a crowd of children gather around University of Northern Iowa students and faculty. The mothers follow, making a nice crowd, to hear how to brush your teeth or how to detect high blood pressure.

The bright sun puppet symbolizes health, vitality and the message of Global Health Corps, an international and domestic project program through Northern Iowa's health promotion and education division of the School of Health, Physical Education and Leisure Services.

Faculty members Michele Yehieli and Susan Koch and several students repeat their street parades several times a year in other countries, but more often in Iowa and nearby states.

Yehieli and Koch, health education faculty, founded Global Health Corps (GHC) in 1997 to give students hands-on experiences in public health helping underserved populations. This goal fits squarely with the university's experiential learning goals for all students.

With a background in international public health, Yehieli didn't feel UNI students were well prepared to deal with the changing U.S. demographics. "By 2050," she states, "there will no longer be one majority group. All ethnic groups will be a minority. My home state of California is almost there now with no group over 50 percent of the population. The trend is toward diversity."

Health faculty begin the students on a gradual path of classes and experiences to prepare them for domestic and international experiences in the Global Health Corps where the "global" includes the United States. Yehieli calls their basic educational format "street education" and says "we've gotten really good at this, at going to where the people are instead of expecting them to come to us."

Locally, the health puppets and

GHC students appeared at Elk Run Heights Elementary School to show Bosnian and Hispanic children the importance of body hygiene. They talked to the children about washing their hands, what to eat and why exercise is important. Last summer, Global Health Corps puppets and students talked about hygiene and dental care to 150 children in the Sac-Fox Indian Settlement School near Tama, Iowa. Later, during the Meskwaki annual pow-wow, the project participants offered diabetes and blood pressure screenings. Several Native American men in full ceremonial dress rolled up their shirt sleeves for a blood pressure check.

Global Health Corps emphasis is on showing Northern Iowa students that their skills and compassion are needed locally and internationally.



Global Health Corps goes to where the people are whether they're in Waterloo, Iowa, or St. Lucia, a Caribbean island.

In Waterloo, Global Health Corps works with the County Health Department and religious organizations on various clinics. To reach Hispanics, they hold clinics at the Catholic church most Hispanics attend. To reach Bosnians, they work at Lutheran Social Services.

Master's degree student John Sallis helped set up a health fair at Jubilee Methodist Church in Waterloo in conjunction with the free Jubilee Community Clinic. "We held the Health Fair in the church basement and opened it to the public," Sallis explains. "Mostly we had African-American church members 45-50 years old who definitely should be aware of their blood pressure."

Global Health Corps emphasis is on showing Northern Iowa students that their skills and compassion are needed locally and internationally. "Within every third world there's a first world and within every first world there's a third world," Yehieli states. "Therefore, we have to acknowledge the needs close to home." For every international project Global Health Corps accepts, Yehieli and students do 8-10 local or regional projects. To date, about 50 students have received credit for 25 Global Health Corps projects, serving some 3,500 people.



The Mexican Health Education Project a year ago changed Carrie O'Brien's view of herself

and the world, says the senior, who has a double major in health promotion and Spanish. She traveled with two faculty and eight other students to rural Indian villages and urban shanty towns in Mexico to help serve some 500 patients. O'Brien's work was primarily with blood pressure screening and serving as a translator. "I see the world differently now. I'm much more concerned about how the world needs to work together on health issues to better ourselves." She hopes to further this goal through the Peace Corps after she graduates from UNI.

Susan Dobie (BA '97, MA '98) translates her experience into realizing the benefit of giving to others. "After working with Global Health Corps locally and internationally, my world became much smaller and I realized poverty is close by." She now instructs Northern Iowa elementary school

Our comprehensive, intense program is very unusual for an academic institution.

health education courses.

"When I talk about dental health in class, I can tell students the reality of what I've seen working in Cedar Falls, Waterloo and Cuba. I want the students to understand that within Iowa and beyond not everyone is the same and they should expect that." Building from local to regional to international mission projects, students are "gently exposed to diversity," Yehieli says.

On the international missions, "street education" remains the main teaching avenue. Yehieli relates, "In St. Lucia, we went to fishermen's wharf where working class people live who are typically at high risk for certain diseases like heart disease and high cholesterol. We got permission to talk to the men at the wharf, pulled up orange crates and turned them over to sit on so we could talk to about 50 men about health concerns." In St., Lucia, 400 patients benefitted from GHC's public health messages.

Taking health education to the people, the Northern Iowa group set up a clinic along a village road where some 500 Haitians waited in line. They often taught mothers how to make a simple rehydration solution for babies. Yehieli states a leading cause of death in poor countries is dehydration caused by a lack of safe drinking water or sewage systems. "We made our homemade rehydration solution and watched several babies come out of coma within a few hours as we dripped the solution into their mouths. This solution is called Pedialyte in the U.S., but public health workers know how to make it at home and it can save lives." Some 2,000 patients were seen in highland field clinics there.

In Cuba, the mission members saw 200 patients at three clinics that Dobie recalls looked like they came straight

GHC information table at Meskwaki Pow Wow in Tama.



out of the 1950s due to the Cuban embargo.

"There was running water and indoor plumbing but no sterilization equipment. Even after taking all of the classroom work, I don't think any book can teach you what an actual mission can. Whether people are Communists or not, they have the same wants and needs, the same health concerns."

Extensive research occurs before each mission to understand the health issues, conditions and teaching tools. The International Health class gives students book training in diversity and helps them understand what poverty does to peoples' health status. The international missions are connected with a country's ministry of health or an international health organization.

Global Health Corps remains an unusual program in an educational setting, Yehieli asserts. "Usually if you have cross cultural training in health it's offered through an academic program—lectures, video, short-term immersion. Our comprehensive, intense program is very unusual for an academic institution."

Yehieli, who has traveled in 45 countries and studied in 15, is well aware of the reactions students may have. "The international one-week projects are like a mini Peace Corps," she notes. "On Monday the students are in total shock; on Tuesday they try to do their work; Wednesday is hump



GHC students on a central Mexico street corner use blood pressure screening as a tool to gather a crowd and teach other health topics.

day and they either blossom or a few break down; and by Thursday and Friday even the ones who broke down are brilliant and do health education with professional grace."

John Sallis would like to see Global Health Corps expand because "it's doing a lot of good for the community and for the students in it." Sallis (BA '97 biology) wants to enroll in Physician's Assistant school and says the GHC projects are helping him prepare.

Yehieli and Koch are pursuing a 16-hour certificate program and more external funding. Currently, international project funds come through the Meyer Scholarly Activity Seed Grant Fund and College of Education Experiential Learning and Undergraduate Research Funds. Yehieli would like the program to eventually become a nonprofit aid organization run by students to provide experiences in administration, budget processes and public relations. "And, I'd love to have an international base site in a key country where we could stay, rotate students and faculty in and out. An ongoing health clinic would be more meaningful for patients and students rather than the one- to two-week projects we now do."

Susan Dobie relates her idea of meaningfulness from a conversation she had in Spanish with Global Health Corp's translator in Cuba. He told the Northern Iowa students, "Your visit will never make the newspapers here, but I want you to know it was 'good news' to the people that you helped." **T**

access Distance network undone technology quality

In traditional Northern Iowa fashion, the emphasis of distance learning programs is on students and quality first.

by Gerald Anglum

People are clamoring to take Barbara Safford's school library media studies graduate program via the Iowa Communications Network. And school officials are clamoring to hire her graduates. Amidst her embarrassment of riches, she worries about things such as offering the convenience of more sites at the expense of group dynamics.

In 1993, Fred Rees longed earnestly for even a *farthing* of clamor. The music education graduate program was averaging 1.5 students per class. (yes, that decimal is supposed to be there). Thanks to the ICN, he's seen about a 1,500 percent increase, to an average of 22-25 students. That includes an increase in on-campus enrollment, too. Given his field, this is a high state of clamor.

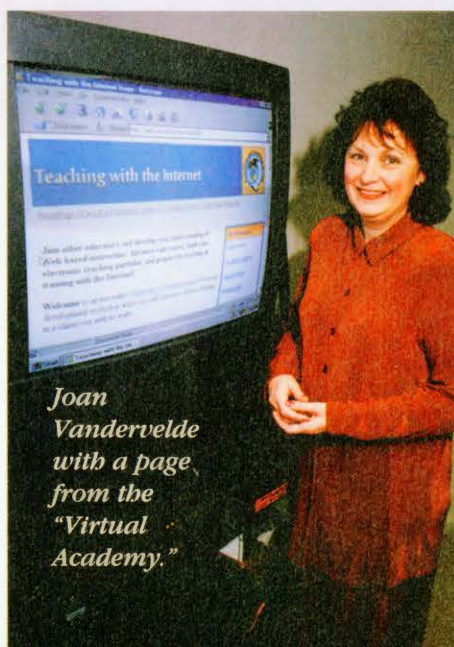
Joan Vandervelde couldn't possibly manufacture the kinds of real-life stories she encounters as she helps the College of Education deliver online professional development workshops for educators—such as the student whose course completion was delayed because the server that supplied his Internet access in Nairobi exploded when the U.S. Embassy there was bombed.

As various technologies unfold, faculty at Northern Iowa are infusing them into the curriculum in smorgasbord fashion, choosing from such options as instant messaging, list serves, chat groups, online testing, video conferencing and just plain e-mail. With each passing semester, the amount of materials being shared back and forth between faculty and students via the World Wide Web is growing dramatically.

While entities such as Information Technology Services, the Rod Library, and Continuing Education and Special Programs are beefing up high-tech central support, faculty are individualistic and entrepreneurial as they match technological options with their teaching styles, their course materials and their students' needs.

For example, Vandervelde and Safford have never even met, yet they seem to share an obsession with taking what they know about people, learning and technology, and then using it to sniggle out ways to make technology overcome its own shortcomings.

The effect on campus is richer curriculum, along with student exposure to the types of technologies many of them soon will be putting to



Joan Vandervelde with a page from the "Virtual Academy."



One of Fred Rees' graduate courses in music education.

work in their careers. Off campus, it's a brave new world, as UNI programs and people reach out especially to Iowa, but to a worldwide audience, as well.

In traditional Northern Iowa fashion, the emphasis of distance learning programs is on students and quality first. Faculty and staff are resisting the race to see who can slop the most curriculum and degrees onto the Information Superhighway the fastest.

"The Web has made a lot of institutions available," says Jim Bodensteiner, CESP's director of Credit Programs. "There's always going to be a market for the quickest and cheapest programs. The question for any institution is 'where do you want to fit in on the continuum? what's your mission?—and keep in mind your reputation."

"I think the university can take pride in what we do off campus," says Bodensteiner. "We don't just go out there and sell credits. None of the Regents institutions do that."

"One thing we're all trying to do is deliver the same quality via the ICN that we deliver on campus," says Safford. "When I started [ICN teaching in 1993], I was really adamant that I didn't want more than five sites, and no fewer than five students per site.

"This will be my 11th course on the ICN and I'm now comfortable enough to try what I didn't want to originally," says Safford. "Next time I'll be looking at about 45 students at eight sites. It's a tension—pedagogically, I like to have the group, but I can't make them drive three hours so I can have a group of five."

"In the traditional classroom, you have the students right there in front of you," says Belle Cowden, an instructional developer and coordinator with Continuing Education and Special Programs. "On the ICN, you have to rethink how you're going to engage and involve the students. In some cases you're trying to set up a collaboration between people at different sites. One professor actually reserves the ICN for

an extra hour to facilitate that."

"The person who's teaching over the ICN can't be camera shy," says Cowden. "It's a little awkward at first to see your face on the camera all the time. It takes a lot of patience in terms of waiting for a response. It takes a while for the student to say, 'OK, I'm brave enough to hit the mike and put the camera on me.'"

"We do a lot of group work," says Safford, who is now in the third cycle of her program, which combines both ICN classes and summer courses on the UNI campus. "They develop strong relationships within the site. Members of the group in the first Johnston site still go out to dinner together.

"Those kinds of relationships are important, particularly to librarians because they're kind of isolated around the state."

Safford and Rees agree that many of their students who attend at remote ICN sites simply would not be able to get their graduate degrees any other way. And getting

One thing we're all trying to do is deliver the same quality via the ICN that we deliver on campus.

the degree changes their lives. Some may get promotions or incremental salary increases, and some may choose to continue with further advanced degree work.

ICN availability made the difference for Janet Gray, library teacher at Gilbert Elementary in Gilbert, and media specialist at Crawford Elementary in Ames (half-time at each school).

"The introductory class was so interesting and motivating to me, thanks to Dr. Safford's enthusiasm and expertise, that I am quite excited about working on a master's degree instead of just a K-6 endorsement," says Gray.

"Just like my elementary students, I find the use of the new technologies highly motivating," says Gray.

"Lifelong learning is what we are all about and people are living longer, so I want to learn and use the updated skills and information that I will be receiving as long as I can for both professional and personal growth."

"Almost all of my students are already teachers," says Safford. "Most of them are women who have husbands and children. There is no way they could do this without the ICN. We do still ask people to come to campus for two summer sessions. Some things are not very effectively delivered on the ICN. This lets them work directly in the library and helps them build relationships with people."

The master's in music and music education program consists of 12 courses, eight on the ICN and the other four in two four-week summer sessions on campus. Rees and four other music professors have taught via the ICN, and the program is finishing its second three-year cycle.

"Both generations of students have been appreciative of having the program available," says Rees. "I guess the proof is that they stay with the program. It's a three-year sequence without any break, which speaks both to their motivation and the value of their initiative."

Whereas Safford, Rees and other ICN veterans are increasingly relying upon the Web to supplement their ICN courses for materials delivery and interactions, the Department of Teaching's "Virtual Academy" workshop series, through which Vandervelde works, is offered entirely via the Web.

Presently, the workshops include "Teaching with the Internet," "Training and Learning Online," "Teaching English with the Internet," and courses that relate the Internet specifically to elementary, middle school and high school programs.

Participants include K-12 teachers, community college instructors, school administrators, curriculum consultants, returning mid-career educators, and non-traditional teacher candidates. They come from rural and urban Iowa, as well as from American International Schools and Department of Defense Schools around the globe.

Offering the workshops online allows the "Virtual Academy" to transcend time zone barriers. For example, in November 1998, the academy's web site received 24,000 hits, and there wasn't an hour of the day the entire month in which there were no hits.

The freedom afforded by the Web also produces some interesting student success stories, such as the woman from Dubai who completed a course while hop-scotching across America, as well as the mother of four little boys in Ames who completed the course by routinely logging on at such times as 2 and 5 a.m.

But to Vandervelde, it's about more than just access. "By engaging teachers in research-based, inquiry-oriented, hands-on instructional activities using their own computers, they are able to develop proficiencies and practice integrating technology into their own curriculum.

"The electronic environment," she says, "is ideal for activities such as peer feedback, coaching, mentoring and daily listserv dialogue. Online learning provides opportunities for teachers to interact with their peers from other parts of the state and world, to share experiences, reflect with a group of like-minded souls, and evaluate whether the technology is affecting student achievement and motivation."

"I loved learning by the hands-on method, i.e. through the Internet," says Mary Forney, English teacher at Iowa Mennonite School in Kalona. "The only way to learn this information was to get in there and do it. The instructor was phenomenal—very helpful, enthusiastic, able to prod when needed and root for us to keep us moving! It was fun being linked to the other participants, too. We bonded in an e-mail way!"

Vandervelde's impression of how this business should work was affected by an online course she took from another university in which the professor went long periods of time without providing feedback.

"We try to provide feedback within 24 hours," says Vandervelde. "There's something about the intimacy of e-mail. Something about it becomes very personalized."

"When we started this in June 1997, we hoped to have 10 people sign up. We had 42. And we've had only a 10 percent attrition rate," says Vandervelde. "We're finding that niche. We've underestimated the need for options among customers for lifelong learning. Our biggest problem now is that they want more (courses)."

Knowing Vandervelde, they'll be getting more—but not at the expense of quality. **T**

UNI's decade-long leadership in restoring native prairies along American roadsides was recognized earlier this year by a \$760,000 appropriation in the federal highway spending bill. The funds will be used to design and construct a Native Roadside Vegetation Enhancement Center on campus.

As an outgrowth of the UNI Integrated Roadside Vegetation Management program (IRVM), begun in 1988, the new center will concentrate on production of at least 30 species of native prairie plants: perennial grasses, legumes and wildflowers. (See sidebar.)

Iowa's IRVM program replaces turf roadsides with diverse, perennial, native-plant communities—prairies—along state and county roads, approximately 600,000 acres.

"IRVM is a win-win situation," Daryl Smith, professor of biology and director of the new center, explains. "It's the right thing to do, and it's less expensive than the previous maintenance system for turf." By returning native plants to roadsides, large areas of land are no longer subjected to intensive mowing and herbicide spray, the traditional "cut and kill" methods for maintaining these areas.

Restoring even a small part of the vanished prairie in highway rights-of-way or as part of any landscape has

Creating prairies for tomorrow

by Susan Cornell



specific requirements: a diverse mix of plant species appropriate for the site, specialized planting equipment, mowing to control weed growth for the first growing season, and ideally, prescribed burns every few years as part of ongoing management.

But once the prairie is established, it is largely self-maintaining. Weeds can't get a foothold. Climate provides the necessary moisture. Waving

flowers replace manicured turf. Wildlife returns to its natural setting. Herbicide spraying is unnecessary, eliminating chemical runoff that contaminates ground water. Mowing is not needed, eliminating capital expense of personnel, equipment and energy consumption.

Valuing our heritage

"This is a wonderful opportunity to recapture our prairie heritage," Smith adds.

Twenty-eight million acres of tallgrass prairie in Iowa were virtually obliterated during the 19th-century westward movement of pioneers and settlers in America. The rich black soil provided the basis for a productive agriculture system. The myriad species of grasses and flowering plants that grew six to eight feet tall were considered enemies to be subdued or eliminated. Their thickly intertwined roots broke plow blades. They sucked up water far below crop roots.

But as early as 1911, the first inkling that prairie was being totally destroyed was noted by conservationists. In spite of these warnings, little was done to conserve native prairie until the first state prairie preserve was established in 1947. According to Smith, the last 25 years have increased public awareness and value of America's natural spaces.



White New England Aster



Prairie Blazingstar



Canada Wildrye



Indiangrass



yellow Sunflower



Rattlesnake Master



UNI's role in native plant materials for conservation

When the IRVM program came to UNI in 1988, a new emphasis on roadside vegetation was just beginning. Road departments all over the nation were trying to beautify the right-of-way and reduce maintenance costs at the same time.

"Prairie was a natural solution," Smith says. "For those of us involved in prairie restoration, it was great! Suddenly, here was a whole new use for native vegetation supported by significant state and federal funds."

The UNI IRVM has developed a leading reputation throughout the Midwest and beyond, according to Smith. Current outreach efforts include production and distribution of educational materials, quarterly newsletters and annual calendar/posters and hosting conferences and workshops. One newsletter reaches readers in 40 states and six Canadian provinces. The audience includes maintenance employees and policy makers in state and county road departments.

Smith's long-standing interest in natural areas has shaped UNI's involvement with prairie conservation. His bachelor's degree in science education from the University of Iowa was followed by a master's in natural science from the University of South Dakota. He returned to U of I for a Ph.D. in science education and then joined the science staff at UNI in 1967.

The first Earth Day in 1970 spurred Smith into a more active role in environmental work. During the '70s, he planted the UNI campus prairie and was instrumental in establishing the university's 155-acre Biological Preserve System. In 1979, Smith was appointed by former Governor Robert Ray to the Iowa Preserves Advisory Board. In 1990, he directed the 12th North American Prairie Conference, hosted by UNI, and continues to direct the

biennial Iowa Prairie Conference. He developed the prairie reconstruction portion of the master plan for the 8,500-acre Walnut Creek National Wildlife Refuge and Prairie Learning Center. Volunteer work for the Iowa Chapter of the Nature Conservancy, chairing the Iowa Prairie Heritage Week and his outreach as a speaker and consultant attest to his dedication.

Because native prairie plants are integral to IRVM, the UNI Biological Preserve System and Smith's experience with prairie reconstruction were critical

aspects for UNI's initial involvement in the roadside program.

The program staff, consisting of Smith, Kirk Henderson, Carole Kern and Greg Houseal, are aided by student volunteers and cooperative education participants.

"IRVM provides another dimension to UNI," Smith says. "Not many universities have this kind of program. It gives students an excellent opportunity to get experience in resource management." **VI**

Seeds for the future

The new Native Roadside Vegetation Enhancement Center will concentrate on developing native seed and plant materials, according to Daryl Smith, UNI biology professor and director of the new facility.

UNI's new center will release native seed to private growers, who will, in turn, increase it for use in roadside plantings by highway departments and for other prairie reconstruction efforts.

The facility will include office space for a small staff, room for seed-processing equipment and seed storage, a greenhouse for propagating plants for production plots and research, a building to house field equipment, and as much as 80 acres of production plots. Providing learning opportunities for students is an important consideration for site selection. "Our goal is to plan in 1999, break ground in 2000 and be operational in 2001," Smith says.

Kirk Henderson, Carole Kern and Greg Houseal will join Smith to accomplish the objectives for the new Native Roadside Vegetation Center: educate county managers to the value of native vegetation, increase the amount of native Iowa seed by creating large plots on campus, and concentrate on producing specific Iowa ecotype seed.

Besides the transportation emphasis, the UNI facility is unique for focusing on the development of prairie ecotype seed, descended from Iowa's original prairie landscape. This is an outgrowth of another UNI prairie/roadside program, the Iowa Ecotype Project, that has been collecting seed from existing prairie remnants for the past eight years. According to Houseal, such seed is preferred because it is adapted to local conditions, such as growing season, rainfall and soil types.

"The seed will be tagged by the Iowa Crop Improvement Association as 'Source-Identified' seed," Houseal says, "meaning we know where it's from. Currently, Texas, Oklahoma or Nebraska are the sources of most of the seed used in native plantings."

In addition to seed development, the center will conduct research to improve vegetation establishment and vegetation management practices. It will also expand current outreach efforts of UNI IRVM. Much of the work to be conducted by the center will be of value to highway departments around the nation, according to Smith.

"We want to help make local seed available in large amounts and at a price that will encourage all counties to bring back Iowa's prairies," Henderson says.

Students **FIRST** campaign will impact students both at home and abroad

Students First, the University of Northern Iowa's endowment campaign for student scholarships, kicked off on September 10. It has raised more than \$7 million of its \$10 million goal as UNI seeks to increase on-going, renewable resources to assist students.

Chicago-area co-chairs aid international students

Educational opportunity for international students is the focus of a recent gift donated to the Students First scholarship campaign by UNI alumni John and Charlene Muir, co-chairs of the campaign's Chicago region.

"Our interest in international students began during our personal travels around the world," John says. "We saw the need for better relationships between people of different countries, and a scholarship to help international students come to UNI seemed like one way to accomplish this."

"We've had such wonderful relationships with people from other countries that we wanted the same opportunities for today's UNI students," Charlene adds.

The Muirs were graduated from then Iowa State Teachers College in the early 1940s. Charlene earned a B.A. in home economics. John received a B.A. in science with an emphasis in chemistry, in addition to working 40 hours a week at John Deere & Co. After John's service in World War II, the Muirs moved to the Chicago area, where John continued his career as a sales engineer in mechanical and electric power transmission equipment. He retired from the position of manager of distributor sales, Midwest division, at Reliance Electric Co. 16 years ago.



Muir Scholarship students Evelyn Adom and Joseph Ogah from Ghana.

"The education I got at UNI really benefited my work," John says. "I used lots of math and physics during my entire career. I tell people that even though I didn't teach, there's a close correlation between teaching young people about science and 'teaching' older people to buy your products."

Charlene taught home economics before her marriage and later returned to education, this time tutoring homebound children for 15 years, as her family grew older. In fact, for most of their lives both Muirs have been very involved in education-related activities, including PTA, 18 years of service on the Eureka College board of trustees and fund-raising campaigns for UNI.

"Being involved in the Students First campaign has really been interesting," John says. "We've gotten to see some old friends, and we've worked with a good committee."

For their contribution to Students First, the Muirs turned to a charitable

gift annuity, an avenue for giving to UNI that they have used before. This type of annuity pays the donor a fixed amount for life in exchange for an irrevocable gift to the University of Northern Iowa Foundation. The Muirs can take an income tax deduction for the gift portion of the annuity. In the future, this gift will be added to the Muir scholarship endowment.

"We feel strongly that our charitable gift annuity is an important way to help others and help ourselves at the same time," John says. "The tax advantages and the ability to receive income for the rest of our lives make it a very attractive alternative. It has become the crux of our efforts to use our resources to help bring diversity to the UNI student body. And the scholarship will go on forever, we hope."

This year, the Muir Scholarship for International Students is helping six students, two from Ghana, two from Russia, one from Tanzania and one from Venezuela. Previous Muir scholarships have aided students from Ghana, Palestine, Romania and Rwanda.

"We're grateful that we are able to do this," Charlene says. "We've experienced the pleasures of friendship with people who live in other lands, visiting in their homes and having them visit ours. I like to think that today's UNI students will be able to say, 'I went to school with kids from all over the world.'"

Alderman Scholars Program will benefit CSBS students

The largest gift ever to the University of Northern Iowa Foundation, \$3.6 million from the estate of Everett Alderman, will establish the Alderman Scholars Program in UNI's College of Social and Behavioral Sciences (CSBS) for



Endowed scholarships really are a lasting gift. The donor's name becomes part of the fabric of the university. Students and faculty for years to come learn the story of why this scholarship exists.

"needy, worthy and appreciative students."

Ten students per year, majoring in design, family and consumer sciences; geography; history; political science; psychology; sociology, anthropology or criminology; or social work, will receive up to \$5,000 each. Eventually, this endowed scholarship program will provide financial support for 40 CSBS students each year for perpetuity. The awards are divided between men and women in the approximate proportion of the number of men and women enrolled at the university. Scholarships for men are called the A. Bruce Alderman Scholarship in honor of the donor's father, and scholarships for women are named the Gertrude Welty Alderman Scholarship in honor of the donor's mother and the Marthe Benson Alderman Scholarship in honor of the donor's wife. Both of Alderman's parents were graduated from UNI, then the Iowa State Normal School.

"This is a wonderful opportunity for a lot of deserving students who might otherwise not be able to receive a university education," says James Chadney, interim dean of the college. "It will attract students to the college and sends the message that UNI and the people who support it are committed to students who will be our future leaders."

"The wording 'needy, worthy and appreciative' provides a broad and

interesting flexibility in awarding these scholarships," says Aaron Podolefsky, interim provost and former dean of the college.

A committee has been defining characteristics of students who would be eligible for these awards, according to Chadney. "The wording is Dr. Alderman's," he explains. "'Needy' has been given the same definition as that used for Federal Student Aid. We've taken the word 'worthy' to mean students who have or are overcoming difficulties not of their own making. And 'appreciative' students are those who show promise of producing a good return on the investment represented by the award."

Applicants will submit a Free Application for Federal Student Aid (FAFSA), an essay describing any challenging circumstances they have faced and what they have done to deal with them, three recommendations, and an application form. An interview with a selection committee will help determine recipients.

In addition to scholarship support, \$75,000 of this gift will be used to sponsor the Everett Alderman Visiting Distinguished Lecture Series in that same college. This lecture series will expose students to instruction and scholarship that will "expand their horizons, stimulate their aspirations, enhance their understandings of the larger world and enable them to achieve their potential."

Benefits abound for everyone connected with endowed scholarships, according to Amy Davis, development director for the college. "Endowed scholarships really are a lasting gift," she says. "The donor's name becomes part of the fabric of the university. Students and faculty for years to come learn the story of why this scholarship exists."

Recipients gain more benefits than just financial support. Sarah Doolittle and Alex Knight are freshmen, both from Cedar Rapids, planning to major within CSBS. Each currently receives scholarship aid. "The scholarship award is like a validation for hard work," Knight says. "It gives me confidence that I can go ahead with my education." Doolittle adds, "The scholarship inspires me to give back. I hope to do the same thing when I'm established in my career."

Finally, according to Chadney, these scholarships attract "the kind of students who will contribute to every class they are in, every major they pursue. These students will be dedicated to the quality of their education. They will raise the level of scholarship throughout the university, and, importantly, they will provide a living legacy to the memory of Everett Alderman."

—Susan Cornell

Robert James Waller

Following the impulse of life

“Reflection kills all good things in the soul.”

Fictional character Texas Jack makes the observation in “Border Music,” but the sentiment belongs to the novel’s best-selling author Robert James Waller.

Waller admits he isn’t an overly analytical man and doesn’t waste much time contemplating his navel. Not when there’s so much life to live, so many experiences to savor and so much to learn.

Like jazz guitar.

“It’s something I’ve wanted to do since I was a boy,” says Waller (BA ’62, MA ’64), a Rockford, Iowa, native. “It got put aside over the years, although I’ve always played guitar. Finally, I decided a couple of years ago, this is your last run, kid, so do it.”

The former dean of the UNI School of Business (1979-86) is so passionate about jazz guitar that he practices five or six hours each day.

And he recognizes his success as author of the international best-seller *The Bridges of Madison County*, followed by *Slow Waltz in Cedar Bend*, *Border Music* and *Puerto Vallarta Squeeze*, bought him the freedom to indulge his musical interests.

“Bridges,” the bittersweet romance between photographer Robert Kincaid and Iowa housewife Francesca Johnson, stayed on the national best-seller list for three years and became a phenomenon.

Oprah Winfrey brought her talk show to Madison County where she interviewed Waller at the famous bridges. Waller recorded an album of songs related to “Bridges” and starred in the music video. Clint Eastwood directed and starred in the movie version of the book, and Meryl Streep earned an Oscar nomination for her portrayal of Francesca.

The money from “Bridges” also earned him some elbow room.

Waller sold his Cedar Falls home and now lives on a remote West Texas ranch, where his beloved dogs can run free.

The author keeps a low profile after a whirlwind six years of international book tours and intense media scrutiny. The past year has been particularly turbulent, with the break-up of his marriage to Georgia Waller.

“I’m not a man cut out to be in the spotlight and I’ve had more public exposure than I care to have. I live a reclusive life on the ranch and I’m perfectly content,” he says.

Recently, Waller has written several promising proposals for TV—“at someone else’s request”—but overall, he’s content to let dust gather on the word processor while he studies jazz chords.

“My life has never been that clear-cut. I get interested in something, it runs its course, then I do something else. There’s been no master plan. I just follow my hunches.

“I’ll try anything and if it doesn’t work out, I’ll do something else. And

over the years I’ve learned there’s just no substitute for hard work.”

He tried to instill that attitude in his students.

Waller taught management theory, economics and applied mathematics, and helped develop UNI’s undergraduate program in management. He also served on the committee that developed the master’s in business administration program. In the 1970s, he was appointed to a Cleveland, Ohio, scientific institute, where he developed theories for applying mathematical modeling techniques to public sector problems.

Waller grew up in Rockford, a small town near Mason City, and earned a full-ride basketball scholarship to the University of Iowa in 1957. He transferred to UNI, where he was starting guard on the team for three years. His doctorate is from Indiana University.

The daily grind of basketball practice taught Waller the “value of the small increment.” Students, particularly, must realize that one doesn’t learn in leaps and bounds, but rather in small steps, a little bit more each day, he says.

“It’s no-nonsense hard work. Using an analogy musicians use, college students have got to learn to play the scales. That’s not always the most interesting thing in the world to do, but it’s the equivalent to reading, writing and thinking. If you’ve got those three things, you can do just about anything you want to do.”

He doesn’t like offering advice:



Robert Waller talks with a faculty member of Valley West High School in Des Moines shortly after the release of Bridges.

Take your work seriously
and take the people you're
producing it for seriously,
but don't take **yourself**
seriously.

First, because no one listens to it, and second, "I'm a different kind of person and I'm not sure anything I'd have to say would matter. I wanted to live a different kind of life, so I've done and been many things."

Teacher, business dean, mathematician, think tank theorist, writer, photographer, globetrotter, singer and jazz guitarist—Waller has always followed his impulses.

And the former dean doesn't buy into the notion that the world is more complicated or challenging than when he was young. "An excuse not to challenge ourselves," he maintains. "There are the basics of the universe and they don't seem to change very much. But remember, you're talking to an old guy," Waller adds, laughing.

In his teaching days, mathematics kept his mind razor-sharp. Now he finds other ways, like jazz guitar, to keep sharp.

He considers himself a born teacher, but his chance of getting back to the classroom are remote. "I would have no patience now for the normal course of teaching," Waller confesses. "I'm just too old to mess with it. One reason I quit teaching was my empathy was completely gone. I

could see I shouldn't be teaching if I didn't empathize with the students."

However, he can't resist talking about what he believes are important lessons for students to learn. "Take your work seriously and take the people you're producing it for seriously, but don't take yourself seriously. That's one thing," Waller explains.

And don't be afraid to fail.

"If you think about failure with a capital 'F,' you're going to get real depressed and you won't take risks. I think of it as experimentation. Some experiments work out and others don't. Negative results have their own positive value. Whether it's in math or chemistry, guitar-playing or life, failures produce learning experiences."

Waller has had his share of disappointments, but "I've never let go of the idea that 'we'll see what happens around the bend.' The world judges a man too much in terms of failure and success. Any creative person will tell you that failures will far outweigh successes."

Discipline is another key to Waller's theory of success. He likes the idea of working up a sweat—mentally or

physically—at whatever task is at hand.

"I'm sure I got that from my father. He repeated it constantly: Get up early, work hard, work smart and hope something good happens. That's good advice. There's not much more to life than that," Waller observes.

Not surprisingly, Waller doesn't care if he leaves a legacy. In fact, he's left instructions that when he dies to "burn me, burn everything."

His funeral pyre will include manuscripts, private letters and papers, photographs and film negatives, computer discs, music and personal belongings.

"This is what I've come to do and when it's done, it's done. Immortality is overrated. In the last seven years I've become extremely sensitive to protecting myself and you never know what's going to be done to your stuff, how it's going to be used, after you're gone," he explains.

"So, burn it all when it's over. It was a helluva run."

—Melody Parker

Willis Greer

A diversity of experience

Willis “Bill” Greer could fly UNI’s corporate airplane, if the university had one. He could drive the semi that takes the football team’s equipment to games, or drive the team bus. He could even take pictures of the action at the game. While he serves UNI as dean of the College of Business Administration, his interests and experiences, go well beyond his chosen field of accounting.

Greer began flying in the 1960s, while still a student at Cornell University. “I learned to fly in a Piper J3 Cub, which is basically a tubular metal skeleton with fabric stretched over it. It has two seats, one in front of the other. It had a 65-horsepower engine and no electrical system, so you started it by hand like you would a model airplane. It also had no lights, no radios, just a control stick, rudders and throttle. It was a great fun plane to fly.”

Since obtaining his private pilot’s license in the J3 Cub, Greer has gotten his commercial license, a multi-engine rating and an instrument rating. He was even a flight instructor for a while. He now is part of a six-person partnership in a four-seat plane hangered at the Waterloo airport.

“It comes in very handy for going to meetings. In one month last semester, I flew to Minneapolis; Madison, Wisconsin; and Estherville, Iowa. It takes about an hour, so it saves a lot of time,” says Greer.

Greer also feels comfortable behind the wheel of an 18-wheeler. “I drove a semi up and down the West Coast for three years, mostly during the summers and on breaks, while I was on the faculty at the University of Oregon. I’m still licensed to drive a semi with double or triple trailers, a tanker and I have a HazMat endorsement to haul

hazardous materials. I’m also licensed to drive a bus up to 26,000 pounds, and a motorcycle. I guess I can drive almost everything there is out there to be driven,” Greer says with a chuckle.

Photography is another avocation of Greer’s. His work, mostly in black and white, adorns the walls of the CBA office. “I kind of like to find things that are out of place, scenery and patterns of one kind or another,” explains Greer.

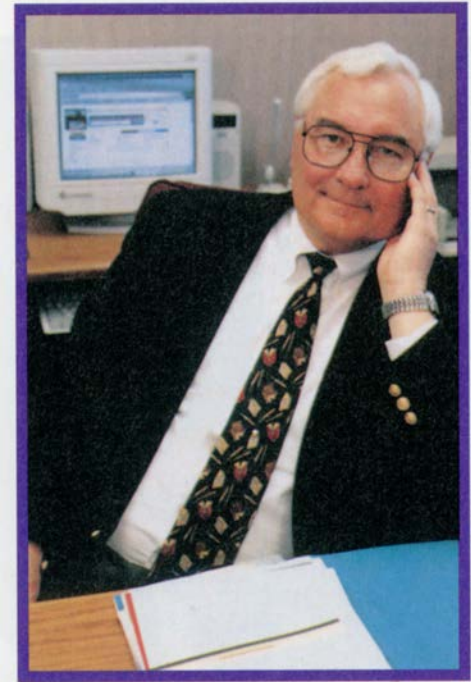
Greer met his wife, Mindy, while working a summer at a resort hotel on an island near Seattle. Their 35-year marriage has produced three children. Howard is a sheriff’s deputy in Oregon, Cathy is working on her MBA at the University of Oregon, and Charles is in the fifth year of his Ph.D. program in Berkeley, Calif.

Family vacations are often spent at their vacation home on a lake in Northwest Montana. “We go sailing in the summer, and skiing in the winter,” says Greer.

Greer began his academic career with a bachelor of science degree in 1961 from Cornell University, where he also received his M.B.A. in 1966, with distinction. Greer earned his Ph.D. from the University of Michigan in 1971.

He specializes in managerial accounting, structuring financial information to facilitate decision making, cost and proficiency analysis and valuing businesses. Greer also is a certified management accountant and a certified business appraiser.

During his career, he has taught at the University of West Indies in Trinidad under a Fulbright Grant, the University of Michigan, the University of Oregon, Dartmouth College, the Manchester Business School in England as a visiting scholar, the Navel Postgraduate School, Tohoku University

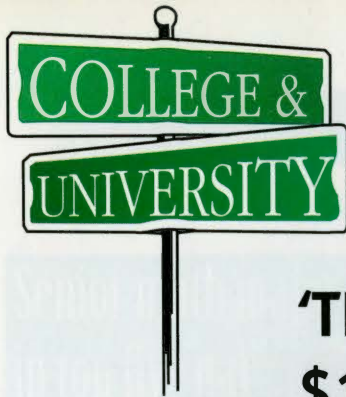


in Japan under a Fulbright Grant, and the University of Iowa. He has served as the chair in the Department of Administrative Sciences at the Navel Postgraduate School, associate dean for graduate programs at the University of Iowa College of Business, and head of the Department of Accounting at the U of I.

Two years ago, he decided to come up I-380 to accept his current position. “As an accounting faculty member at the University of Iowa, I was very aware of UNI and its reputation in accounting. When this job came open, I thought it would be a very attractive opportunity,” says Greer.

Under Greer’s leadership, the College of Business Administration has prospered. For instance, the university was listed by the National Association of State Boards of Accountancy in first place for the pass rate of first-time candidates on the Uniform Certified Public Accounting Examination of 1997. The Department of Management Information Systems currently boasts a 100 percent job placement rate, with most students receiving job offers before graduation. Eighty percent of the Finance graduates are placed at the time of graduation. The real estate program is the only one of its kind among Iowa’s four-year higher education institutions.

—DeWayne Purdy



'TEAMS' project receives more than \$1 million for teacher education program

The TEAMS project—Teacher Education Addressing Minority-language Speakers—at the University of Northern Iowa, has received a \$1,021,835 five-year federal grant to train native speakers of languages other than English to be teachers.

The grant, from the Office of Bilingual Education and Minority Language Affairs funds the collaborative project joining UNI's College of Education with Marshalltown Community College (MCC) and the Marshalltown Community School District. Co-directors, all faculty members in UNI's College of Education, are Deborah Tidwell, associate professor and director of the UNI Reading Clinic; and David Landis and Andrea

DeBruin-Parecki, both assistant professors.

"TEAMS is designed to prepare qualified and effective bilingual teachers," says Tidwell. "TEAMS teachers will help children whose first language is other than English learn actively, reflect on their learning and more fully participate in their schooling experience while developing English proficiency."

A bilingual career ladder program, TEAMS will enable successful completion of elementary teacher education for adults whose native language is not English. Bilingual adults who are currently working as paraprofessionals in schools, or who have recently graduated from high school, will be able to earn an undergraduate degree.

There are four key components to the TEAMS project. First is the delivery of a "2 + 2" elementary teacher education program in the Marshalltown community between MCC for the freshman and sophomore years, and UNI for the junior and senior years. The project also includes identifying and recruiting adults whose native language is other than English and who are interested in teaching as a career.

The fourth component is creating and maintaining a collaborative partnership between the project participants and the practicing teachers in the Marshalltown Community School District in order to support and improve effective teaching of students learning English as a second language.

Mozart opera discovery by UNI professor has Boston premiere

Music newly attributed to Wolfgang

Amadeus Mozart, found in 1996 by University of Northern Iowa music professor David Buch, had its modern-day world premiere in Boston on Oct. 30 by Boston Baroque, one of America's leading period-instrument ensembles.

Audiences heard strains of Mozart's music that pre-date and pre-figure his masterpiece, "The Magic Flute" in the concert performance of "The Philosopher's Stone" ("Der Stein der Weisen"). Written in 1790, the year before Mozart's death, this opera was

a collaboration of several composers. Although a small portion of the work had been tentatively attributed to Mozart in the past, Buch's scholarship has provided more evidence of the composer's contribution, a comic duet and substantial portions of the second-act finale.

Buch's research suggests a re-evaluation of Mozart's last two years. "The Philosopher's Stone" and another collaborative opera, "The Benevolent

Dervish" ("Der Wohltatige Derwisch"), indicate that "The Magic Flute" is one in a series of fairy-tale operas based on the same collection of stories.

"The Philosopher's Stone" and "The Magic Flute" were composed when Mozart was at the height of his prowess.

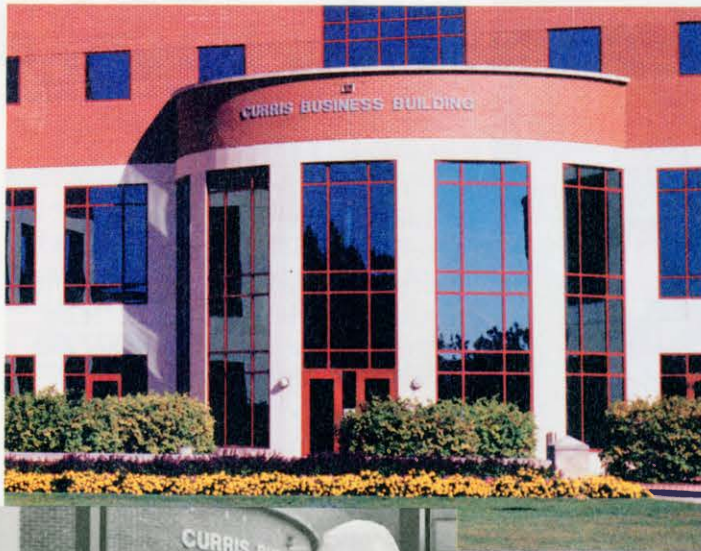
Buch made his dramatic discovery while studying manuscripts of musical scores in Hamburg, Germany, for a book he is writing on music in 18th-century theater. He edited the music and libretto for the premiere and serves as consultant for an upcoming CD to be released on the Telarc label.

Building naming honors Curris

The university celebrated the naming and dedication of the Curris Business Building, in honor of former university president Constantine "Deno" Curris, with a ceremony on Oct. 2. Curris served as president of UNI from 1983 until 1995. He is currently president of Clemson University in South Carolina.

Completed in 1990, the \$10.2 million Business Building houses classrooms, accounting and computer labs, conference rooms and faculty offices for the College of Business Administration. The Board of Regents approved the naming of UNI's Business Building as the Curris Business Building at the March 1998 meeting.

In the request to the Regents, UNI officials noted, "During his 12-year presidency, he [Curris] provided extraordinary leadership, emphasizing high quality undergraduate education, leadership in teacher education, and establishment of extensive international programs for UNI students.



President Koob talks with former presidents Curris and Maucker following the dedication ceremony for the Curris Business Building.

"President Curris' accomplishments are extensive, but were consistently built around his philosophy of the University of Northern Iowa as a student-centered institution. Emanating from his work, the university's student enrollment increased, and

UNI gained recognition both within the state and beyond for its academic excellence."

The request also stated that "one of the student-centered aspects of the institution that President Curris accorded high priority was an attractive and supportive physical environment. Toward that end he instituted significant changes that increased the physical attractiveness of the campus and worked effectively to secure additional funding for needed building construction and renovation."

New NIACC-UNI partnership aids student transfer

North Iowa Area Community College and the University of Northern Iowa have created a partnership which will have a significant impact for people entering technical fields. It will allow graduates of NIACC's Industrial Technology programs to obtain their bachelor's degree at UNI with just two additional years of study.

NIACC programs involved in the articulation include Electronics Technology, Mechanical Design

Technology, Tool & Die Technology, Automotive Service Technology and Climate Control Technology. Graduates of these two-year programs, which are intended to prepare individuals for immediate work, earn an Associate in Applied Science (AAS) degree. That degree has not typically transferred to four-year colleges



and universities until now.

"This partnership sends a clear message to high school students and parents, who are making decisions about higher education, that technology programs provide continuous learning opportunities, including the four-year degree," says Charles Johnson, industrial technology professor at UNI.

Senior math major ranks in top five nationally

Senior math major Suzanne Shontz received an honorable mention in the Alice T. Schafer Prize for Undergraduate Women in Mathematics. She ranked as one of the top five women undergraduates in the national competition. Established in 1990 by the Association for Women in Mathematics, the prize is given to an undergraduate woman in recognition of excellence in mathematics.

Shontz was nominated by the UNI Math Department due to her participation in three summer mathematics research programs, several mathematics competitions and her 3.97 GPA. She has participated in research programs at Cornell University, the University of Kentucky and the geometry center at the University of Minnesota.

Search for provost begins

The university has begun a national search for a Vice President for Academic Affairs and Provost to replace former Provost Nancy Marlin, who left earlier this year to accept a similar position at San Diego State University.

Among the desirable qualities cited by President Robert Koob for potential candidates are strong communication skills, because of a need to be in touch with various university constituencies, as well as support and belief in the mission and values set forth in the university's strategic plan.

Search committee members have selected veteran faculty members Scott Cawelti and Fred Abraham as co-chairs. Cawelti is a professor in the Department of English Language and Literature, in the College of Humanities and Fine Arts. Abraham is professor and head of the Department

of Economics in the College of Business Administration.

Other search committee members include:

James F. Lubker - Dean, College of Humanities and Fine Arts; Professor Lucille J. Lettow - Rod Library; Professor Susann G. Doody - School of Health, Physical Education & Leisure Services; Professor Syed Kirmani - Department of Mathematics; Associate Professor Beverly A. Kopper - Department of Psychology; Sue E. Grosboll - Director, UNI Museum; DeWayne Purdy - Communications Editor, Office of Public Relations; Reginald Green - Director, Academic Advising; Muriel Stone - Director, Placement and Career Services; Eunice A. Dell - Assistant Vice President, Administration & Finance; Matt Close and Stacy Kollasch - students.

Romanin named interim vice president for educational and student services

Thomas P. Romanin, associate vice president for educational and student services since 1976, has been named interim vice president for that division by UNI President Robert Koob.

Romanin will fill the vacancy created by the death of Sue E. Follon, who had been in the post since 1985. Romanin will serve until a successor is named following completion of a national search. The Educational and Student Services division has nine departments with approximately 300 professional and support staff.

Romanin has a Ph.D. degree in higher education from St. Louis University, and an M.A. in sociology



and a B.S. degree in history with a psychology minor, both from Kent State University.

While at UNI, Romanin has served a three-year assignment

as interim director of University Health Services, along with his other duties. He also served as executive secretary for the Board of Student Publications from 1978-1992, and has been faculty advisor to Omicron Delta Kappa National Leadership Honor Society since 1989.

Society of Manufacturing Engineers chapter receives award

The University of Northern Iowa chapter of the Society of Manufacturing Engineers (SME) received the Outstanding Student Chapter Award for the 1997-98 academic year. The award was presented at the Region 9 (Upper Midwest) Chapter Officials Conference in Waterloo.

The organization works on manufacturing issues, machining, computer controls, forming and fabrication, and production within the context of American manufacturing. They also conduct technical meetings, plant tours and do community service activities.

New aquatic learning center opens in biology greenhouse

Students can now learn the workings of an aquatic biosystem at a new facility on the UNI campus. Located in the Biology Greenhouse, the aquatic learning center houses a 1,000-gallon pond, a fast-moving stream, a waterfall and tanks that resemble stagnate ponds.

The pond has a variety of fish, algae and mosses, aquatic plants that grown in, on and under the water, and bog plants. Due to the dormancy of native plants during the fall, tropical plants have been added to the aquatic learning center.

The stream supports the growth of moss and other organisms on and between rocks, while the pond water is circulated in order to make it clean for fish and other organisms, according to UNI Biology Greenhouse manager Ron Camarata. "When you have a pond like we have, you need circulating water and a number of different plants to keep the water stable. By that, I mean free of

algae and suitable for fish," says Camarata. "I think students will start to understand the importance of clean water, and perhaps have a better appreciation for fish and plants, and the role they play in our environment."



Russian chemists visit campus

Two Russian chemistry professors recently visited the University of Northern Iowa campus while participating in an exchange between UNI and Herzen State University (HSU). Valentina Berestovitskaya and Vyacheslav Pak, the heads of organic chemistry and physical chemistry at HSU in St. Petersburg, Russia, visited UNI as part of an exchange sponsored by the American Council of Teachers of Russian.

While at UNI, both Berestovitskaya and Pak observed classes and gave a presentation on their research. Berestovitskaya presented her research on "Synthesis of Nitro Compounds," while Pak presented "Chemistry at Herzen State University" and "Surface Chemistry."

The visiting professors also met with the UNI chemistry professors who are working on research with them. They were able to begin new research, including the study of nitro-compounds, in collaboration with Berestovitskaya and James Macmillan, UNI associate professor of chemistry.

Financial report receives high marks

For the sixth consecutive year, the University of Northern Iowa has been recognized by the Government Finance Officers Association (GFOA) of the United States and Canada for the quality of its comprehensive annual financial report (CAFR).

The university received a Certificate of Achievement for Excellence in Financial Reporting, the highest form of recognition in the area of governmental accounting and financial reporting. UNI was one of only a dozen universities in the nation to receive the award, and the only one in Iowa.

An award of Financial Reporting Achievement has also been awarded to Gary B. Shontz, controller and university secretary, designated by UNI as primarily responsible for preparing the award-winning CAFR. Shontz credited the team effort of the accounting section of his office for winning the award. Those people working toward the award were Bruce Rieks, assistant controller and chief accountant; Bryan Segerstrom, accounting manager; and Denise Bouska, staff accountant.

National Program for Playground Safety receives federal grant

The National Program for Playground Safety has received a three-year federal grant from the Department of Health and Human Services through the Centers for Disease Control and Prevention in Atlanta, that will continue its programs into the 21st century. Donna Thompson, project director and a UNI professor of physical education, says the grant will provide \$550,000 per year for the 1998-



2001 funding cycle.

The National Program for Playground Safety was established at UNI in 1995 by a grant from the Centers for Disease Control and Prevention in Atlanta. Through its efforts, people—parents, educators, child care directors, city leaders, park officials and

administrators responsible for playground structures and their maintenance—have been given access to current information about safety and appropriate playgrounds.

The program maintains an 800 number hotline—1-800-554-PLAY—to respond to playground safety issues. Through October 1998, it has responded to 6,700 calls. It also maintains a web site—www.uni.edu/playground—that has received nearly 27,000 visits through this same period.



President Koob, senior management major Andrea Nechanicky and John Deere Waterloo Works General Manager Mike Triplett unveil the plaque designating the John Deere Auditorium

John Deere Auditorium designation honors gift

Room 109 in the Curris Business Building was officially named the John Deere Auditorium this fall in recognition of a gift of \$250,000 from the John Deere Foundation.

A plaque near the southeast entry to the room was unveiled by John Deere Waterloo Works General Manager Michael Triplett and Andrea Nechanicky, a UNI junior from Buckingham, representing UNI business majors.

The gift, made to the University of Northern Iowa Foundation, supported remodeling of the auditorium, which often hosts visitor functions and public events. The John Deere Foundation gift also supported the creation of an ICN room in the Curris Business Building.

Student selected for “dream” job



University of Northern Iowa senior Fred Hexom, an electronic media major, will intern on the Late Show with David Letterman. He will work with the Late Show’s writing staff during the 1999 spring semester. Hexom, who’s from Dubuque, Iowa, was one of seven interns selected from 26 candidates who were interviewed.

“Interning for the David Letterman Show is like a dream come true,” he says. “This is exactly how I wanted to finish my college education.”

Hexom is a two-time recipient of the Eugene Grossman Scholarship and has been on the dean’s list every semester.

College is Possible campaign promotes affordability

On Oct. 27, a national campaign was kicked off to increase public awareness of the affordability and financing options in higher education. The "College is Possible" campaign is led by the American Council on Education, with support from the U.S. Department of Education and more than 1,000 colleges and universities.

Two primary themes are emerging from the campaign. First, that there are viable options for financing a college education, and that colleges are doing their part to control their costs.

"It will highlight the availability of financial aid, highlight a more realistic picture of college costs, generally point out that even if the process for applying for financial aid or college is complicated, the people ought to pursue it, because, in fact, in the end, there is no reason that anyone could not go to college," says UNI President Bob Koob.

When discussing the expense of college and availability of financial aid, Koob says UNI is a prime example of the affordability of a college degree. "Our tuition is routinely less than the national average for a four-year degree, it runs \$10,000 a year less than the average private college, for example. We have readily available financial aid. Over 70 percent of the students at UNI are on financial aid."

Through the strategic plan process, Koob says UNI and the other state universities are good stewards of the taxpayers money and student's tuition dollars. "We have in fact delivered on the need for cost control, and now believe that the three Iowa institutions, UNI among them, offer the highest possible quality for the



dollars that are spent here."

The focus of the campaign will be to assist colleges and universities in engaging in a public dialogue on these issues, clarifying and expanding the public understanding of issues related to financing a

postsecondary education.

Conveying the message, "College is Possible," is very important, says Koob. "Statistics will show you, that over the last 20 years, the only folks who have been able to keep up with the changing cost of living, the only folks able to have an increase in their personal discretionary income, are those with a college education or beyond."

Educational Talent Search receives federal funds

The Educational Talent Search (ETS) program has been awarded a \$303,123 grant by the U.S. Department of Education for annual funding over the next four years.

The ETS program, established in 1985 and located at the UNI Center for Urban Education in Waterloo, is designed to help students from the 6th grade through age 18 prepare for and acquire a post-secondary education. The five-member program staff works with approximately 1,300 students in 13 schools in a four county area to develop student academic and career skills.

The intermediate ETS program, for grades 6-8, includes the following services: study skills; workshops and tutoring; academic advising, including high school course selection; job shadowing and career exploration; career interest assessments; and goal-setting activities.

The ETS high school program includes the following services: study skills workshops and tutoring; re-enrollment assistance for dropouts; college admissions assistance, including application assistance, campus visits, ACT/SAT registration and strategies, and financial aid counseling; and exposure to cultural events.



The UNI Educational Talent Search program, located at 715 East 4th St., Waterloo, is funded by the University of Northern Iowa and the U.S. Department of Education. The free program serves students in Black Hawk, Bremer, Butler and Chickasaw counties.

Conference championship belongs to UNI volleyball

While the Missouri Valley preseason rankings picked the Panther volleyball team second, the team had other ideas riding a 23-match winning streak into a first-round NCAA matchup with Indiana. The Hoosiers upset the Panthers but the team can look back on the 1998 campaign with pride.

Northern Iowa opened its season Labor Day weekend with a second-place finish at the Florida State Invitational, falling in the final match to the host Seminoles. They finished second the following weekend at the Northern Illinois invitational. The Panthers then went on to win their next 23 matches, the second longest streak in school history, which took them to the NCAA tournament.

The Panthers swept the Missouri Valley with an 18-0 record becoming only the second team in league history

to accomplish that feat; the 1995 Panthers were the first.

The team compiled a 25-3 overall record and cracked the national top 25 for the second time in school history, climbing to no. 24 in the final regular-season ranking. This was the Panthers sixth trip to the NCAA tournament; they got there by winning their sixth conference tournament title.

Northern Iowa had the conference Player of the Year, Shannon Perry, and head coach Iradge Ahrabi-Fard was voted Valley Coach of the Year. Two other players joined Perry on the Missouri Valley All-Conference squad, Holly VanHofwegen and Alexandra Auker. All three players return next year.

UNI again ranked among the national leaders in attendance, finishing 13th as it averaged 1,510 in nine home dates.

UNI ranks number one in graduation rates

An NCAA report shows that at the University of Northern Iowa, there is meaning to the term student-athlete. The 1998 NCAA graduation report shows that student-athletes at UNI graduated from college at a rate higher than the general student body.

The study, required by federal law, reports the graduation rate for all student-athletes who entered school as freshmen in 1991-92 and earned a degree within six years at the association's 302 Division I schools.

Northern Iowa ranked first in graduation rates among Missouri Valley Conference members, according to the NCAA report, at 69 percent.

Panther football posts winning season

The Northern Iowa football team, after a slow start, finished the season strong compiling a 7-4 record. The Panthers have had consecutive 7-4 seasons under second-year head coach Mike Dunbar while playing a very competitive non-conference schedule.

The Panthers started the year strong, defeating I-A Eastern Michigan 13-10. They came home to host then second-ranked McNeese State at Memorial Stadium in Waterloo because of construction delays in replacing the UNI-Dome roof.

Starting quarterback Todd Goebbel, a senior transfer from Kent University in Ohio, was lost for the season late in the McNeese game due to his fifth concussion, a career-ending injury. The Panthers took the Cowboys into overtime before losing 20-17. Sophomore signal-call Ryan Helming

made his first start the next week at Southern Illinois.

The Panthers were 2-4 mid-way through the season then won their final five games including a 10-6 win over Western Illinois which was then ranked second, nationally. Northern Iowa finished 3-3 in the Gateway Conference, tied for third with Youngstown State behind champion Western Illinois and Illinois State. The Panthers record was not good enough to get them to the I-AA playoffs.

"I think the I-AA committee has a

very, very difficult time selecting 16 teams from 119," says Dunbar. "You lose four games, you're out, period. It doesn't matter who you play. We lost some games early that we shouldn't

have; we won some we weren't expected to. They're not taking the 16 best football teams in my opinion." UNI's 1998 schedule was ranked the seventh toughest in I-AA by the NCAA News.

Five Panthers were named to the 1998 Gateway All-Conference first team: wide receiver Mike Furrey; offensive linemen Matt Beals and Brad Meester; linebacker Matt Pedersen and

defensive back Tyree Talton.

1998 Results

Eastern Michigan*	13-10 W
McNeese State	17-20 L/OT
SOUTHERN ILLINOIS	20-27 L
Stephen F. Austin	14-10 W
SOUTHWEST MISSOURI	21-24 L
ILLINOIS STATE	23-38 L
Cal Poly	31-7 W
INDIANA STATE	31-28 W
YOUNGSTOWN STATE	42-14 W
WESTERN ILLINOIS	10-6 W
Winona State	66-7 W

*Division I-A opponent
Home games in bold
CONFERENCE GAMES



From the Executive Director

As the first semester comes to a close, one realizes what an activity-packed fall we have enjoyed!

The re-opening of the UNI-Dome with a new roof took place in early October. The Panther football team was happy to return to the friendly confines of "Home in the Dome." The Business Building had its naming dedication and is now the Curris Business Building. Former President Curris and his wife, Jo Hern Curris, were present for the celebration, which was attended by friends and colleagues.

Later in October, we celebrated Homecoming. The Alumni Association Board of Directors met on Friday afternoon followed by the Annual Meeting of the Association. At the Annual Meeting new Board members were elected and we are pleased to welcome Beth Jorgensen Ahrenholz '98, Phillip Johnson '68, '69, Linda Lundstrom Cook '89, Tom Sheldahl '58 and Nicole Needham Wee '93, '97 as new Board members. Their loyalty, enthusiasm and energy will carry us into the new century. Beverly Wynn Riess '78 passed the gavel to president-elect Lillian



Zietlow Nichols '67 at the annual meeting. On behalf of the Board, I would like to acknowledge the fine work Beverly did, not only as president of the organization, but also as a Board member as she worked her way through the chairs. Her dynamic personality, energy and contagious laugh are the obvious things we will miss. However, we will also miss her leadership skills and her ability to bring a group together as a team for the common good of the organization. Thank you, Bev, for sharing your time and talents with us.

Bradley Halverson '95 has left his position as assistant director of alumni relations at the University of Northern Iowa. Brad accepted a position earlier this fall as the director of marketing and communication for



www.unialum.org

the UCLA Alumni Association. Memberships in our Association grew significantly under Brad's direction. Additionally, he developed the Student Alumni Association, designed and implemented our website and supervised the student telemarketers. We wish Brad well with his career advancement. We will be in contact with him on a regular basis, however, as he has agreed to serve as the president of the Los Angeles Alumni Club.

The assistant director for alumni relations position has been filled with the hiring of Christopher Wolf. Chris graduated from UNI in 1996 with a B.A. in psychology and is currently working on his M.A.Ed. in student affairs. He has assumed the responsibilities previously handled by Brad. We are delighted to have Chris on staff and he is doing an outstanding job for the Association.

Many of you are taking advantage of our web site and our discussion forum. It is wonderful to hear from you. Please stay in touch. By e-mail you can reach us at HYPERLINKmailto:info@unialum.org, see us at the World Wide Web at <http://www.unialum.org>, or toll free by phone at 1-888-UNI-ALUM (1-888-864-2586). We look forward to hearing from you.

—Noreen Hermansen, MA '71

Sharing the Future *A message from Lillian Zietlow Nichols '67*

As President of the Alumni Association's Board of Directors, I am proud that the University of Northern Iowa Alumni Association has been the "Keeper of Traditions" for graduates and friends since 1879. We share these traditions and memories with over 90,000 alumni. Since the early 1980s, we have been a dues-paying organization. This year we have more than 6,700 members and a record number of student members—approximately 1,100.

The University of Northern Iowa Alumni Association is governed by a 26-member volunteer board representing a variety of class years, professions and geographic locations. Board terms are three years and a member may be re-elected once. We meet four times a year and our annual meeting (for all members) is held during Homecoming. This year's "Panther Reign" Homecoming was accompanied by rain, thunder, and lightning, but that didn't stop the parade or dampen the spirit and attendance at our pre-game tailgate party. Make plans to attend next year's Homecoming events, including our annual meeting, Oct. 9!

While being the "keeper of traditions" may conjure up visions of brittle treasures

wrapped in tissue paper in a dusty attic, the Alumni Association has joined the digital age at our web site <http://www.unialum.org>. A calendar of events, information about programs & services, membership application, plus much more is there for you. Use the secure on-line merchandise order form to get your UNI-Dome replica, the first in a limited edition series of UNI campus landmarks, or your Purple Pantry cookbooks. New to our site is the UNIAA Discussion Forum, our official listserv, another way to talk to UNI friends, discuss topics of the day and share experiences through the UNI Alumni Association. Currently over 500 members and non-members have subscribed. If you don't have a computer with Internet access, check out your local public library as many have public access computers for

ALUMNI, LAWMAKERS TO MEET

The UNI Polk County Alumni Club will host the Alumni Association legislative breakfast on February 2. Legislators and association members are invited to the event which will run from 7-9 a.m. in room 118 of the State Capitol building.

the World Wide Web. In addition, a password protected web site for Alumni Association Members, which includes a Members-Only E-directory, has been added. We are very proud of our Webmaster, Jason Ulaszek, and the many options he has provided for UNI alumni to stay in touch.

Our Office of Alumni Relations, at 204 Commons, maintains the database for all University of Northern Iowa graduates and friends, keeping track of current addresses, family, and career information. Don't be one of our "lost alumni;" contact us by mail, phone, e-mail, or via our web site to submit your current address and/or information for Class Notes.

We were all "students first" here at UNI. Now as alumni, we share the past through fond memories of our college years and can share the exciting future of UNI through membership in the Alumni Association. We look forward to our growth in membership and to new levels of service and programming for you.





ALUMNI CLUB NEWS

DES MOINES

On August 13, 1998 the Des Moines Club hosted a "Panther Send-Off" for freshmen and their parents. Director of Enrollment Management Clark Elmer and Director of Alumni Relations Noreen Hermansen '71 served Panther Tracks ice cream and cookies. Beverly Wynn Riess '78, President of the University of Northern Iowa Alumni Association introduced Student Alumni Ambassadors Chris MaGee and Amy Grotjohn '97, who talked about student life at UNI. Mark Yontz '91, President of the Des Moines Alumni Club introduced his new daughter (and future UNI student) and told the group about the activities of the Club in Des Moines. Also attending this event, which the Club plans to hold annually, was Alumni Association Board member Leland Thomson '56.

CEDAR RAPIDS/IOWA CITY

The Cedar Rapids/Iowa City Club has had a busy fall. The first Wednesday of September, October and November the Club held breakfast meetings. In September, Sam Weaver, new men's basketball coach, spoke about his coaching philosophy and his expectations for the team this year. Muriel Stone, director of Placement and Career Services, visited with those present about the services of her office. At the October meeting President Robert Koob '62 presented an overview of the activities of the university for the upcoming year, followed by comments from Mike Dunbar, head football coach. In November, coaches Mark Manning (wrestling) and Tony DiCecco (women's basketball) talked about their programs. The breakfast meetings were very successful and Club President Gary Sundberg '78 would like, in addition to other offerings, to continue the early morning meetings again next fall. If you have suggestions for programs, please feel free to call him at (319)362-4331.

DALLAS

Jon Shepherd '90, new president of the Dallas Club, organized an after work event at Sam's Café on October 23rd. Approximately 50 alumni attended and had the opportunity to meet University of Northern Iowa President Robert Koob '62. President Koob spoke about the activities at the university and responded to questions from the group. Also in attendance were Joe Mitchell, vice president for advancement, and Noreen Hermansen '71, director of alumni relations.

MINNEAPOLIS/ST. PAUL

The Twin Cities Alumni Club welcomed the five academic deans from the University of Northern Iowa to their meeting November 11. Eric Hyde '71 introduced each of the college deans who talked about college programs and activities. Following their comments, they responded to questions from the alumni group. Deans attending were Bill Greer, College of Business Administration; Tom Switzer, College of Education; James Lubker, College of Humanities and Fine Arts; Gerald Intemann, College of Natural Sciences; and James Chadney, Interim Dean, College of Social and Behavioral Sciences. Eldon Miller, Special Assistant to the Vice President, and Director of Alumni Relations Noreen Hermansen were also in attendance.

CHICAGO

The 6th Annual Holiday Brunch was held December 6, 1998 at the Drake Hotel in Oakbrook. President Koob spoke to the alumni about the vision for the University of Northern Iowa. He thanked those present for their involvement in the Students First Scholarship Campaign and shared with them interesting statistics about the financial needs students face as they pursue their educational goals. The event was hosted by Chicago Club Presidents Carolyn Weseman Golmon '68 and Barbara Illian '70. Alumni Association Board of Directors present were Charlie Papousek '54, Evelyn Black Yeaton '41, Carl Boyd '87, and Eric Stoneman '89. Also attending were Vice President for Advancement Joe Mitchell and Director of Alumni Relations Noreen Hermansen '71.

KANSAS CITY

Kansas City Club Presidents Julie Wood Stoll '85 and Chad Harberts '93 have organized a series of event for alumni living in the Kansas City area. The Other Place in Overland Park has become the headquarters for the UNI Alumni Club and has lots of UNI décor on the walls. Events held this past year include a Royals game, after work gatherings and a family outing. For more information about the Kansas City Club, call Julie at home (913)851-3404 or work (913)722-6200 or Chad at home (913)831-7321 or work (816)235-1034.

Student Alumni Ambassadors share Panther pride

How many people does the UNI-Dome seat? Are there fun things to do in the residence halls? How many books and periodicals does Rod Library have? What can I do during my free time? How many bells are in the Campanile? How much is UNI's tuition?

Over 16,400 fans, YES!, almost a million, 180 student organizations equal a ton of fun, 47 bells, and \$2,666 for Iowa residents, respectively.

UNI's Student Alumni Ambassadors (SAA) offer all this knowledge and much more! SAA is made up of 50 of UNI's most active and enthusiastic students who love



sharing their Panther pride. These busy students volunteer to lead campus tours, help with special UNI and alumni events like Preview Days and receptions, and get involved with community service projects such as Adopt-a-Highway and American Education Week at local elementary schools.

Already this year, Ambassadors have planned the New Student Bash, the Family Fest tailgate, and several Homecoming events. SAA members also prepared UNI students to spread their college knowledge at their high schools during semester break.

SAA was recognized as the "Most Outstanding Student Organization" for the month of October by Student Organizations and Activities.

The support of the alumni allows us to sponsor so many events and provide a wonderful experience for campus visitors. Thank you for all your support. We couldn't do it without you!

Andrea Nechanicky
VP of Alumni Association, SAA

'33 Elaine C. Homan, 2-yr, BA '36, served as a delegate to county, district and state Republican conventions in 1998. She was also involved in campaign activities for Jim Lightfoot for Iowa Governor.

Walter F. Bloom, BA, and **Emma J. Smith Bloom**, 2-yr, celebrated their 65th wedding anniversary Dec. 7, 1998. They live in Colorado Springs, CO.

'39 Eugene C. Bovee, BA, had seven paintings and drawings on display in September 1998 at the Lawrence, KS, public library as part of the exhibit by the Lawrence Tuesday Downtown Painters, a group of senior artists.

'40 Florence Hackbarth Hecht of Larchwood, **Lucille Ross** of West Des Moines, **Nadine Wood Hosefield** of Ellston, **Clara Duer Hassel** of Ringsted, **Beverly Knowles Metzger Cook** of Manley and **Miriam Townsend** of Humble, TX, have kept a round robin letter going for 58 years to keep in touch after graduation.

'50 Sharon Markland, 2-yr, BA '62, and her husband **Wayne Markland**, BA '65, retired to Alamogordo, NM.

'51 Jean Conger Saxton, 2-yr, authored a book, *Moving Right Along*, about her 14 different relocations and the many friends, environments and skills acquired along the way. She currently lives in California.

Robert A. Mehlhouse, BA, has been retired for five years, and is a four-year survivor of acute leukemia. He travels and bowls on a senior league.

Thomas Gibney, BA, MA '57, retired after teaching math and holding administrative assignments for 45 years in Iowa, Illinois and Ohio. His wife, **Ellen Dunleavy Gibney**, 2-yr '54, taught elementary for 32 years in Iowa and Ohio. They currently live in Toledo, OH.

'52 Harold L. Burshtan, BA, retired in 1992 after working for 41 years in school administration, including 21 years as high school principal in Wheaton, IL.

'53 Ardyce McCormack, 2-yr, retired after teaching elementary school for 30 years, including 27 years at Primghar.

'55 Margaret C. Saxton, BA, is a substitute teacher in Huntsville, AL. She is active in many groups, and has served as director of the District 1 Garden Club of Alabama. She has seven grandchildren.

Linnea L. Graen, 2-yr, BA '65, retired in 1994. She now enjoys volunteering, and was recently involved in a three-and-a-half-month teaching assignment in Nepal.

Rita Beisner Einspahr, 2-yr, retired after 22 years as an elementary librarian in Shawnee Mission Schools, Shawnee Mission, KS.

Lois Mussett, BA, has been enjoying retirement since 1993. She recently moved to a new house

after 30 years at the same address.

Norma Abbas Palmer, BA, serves on the Franklin General Hospital Board of Trustee in Hampton.

Duane G. Wombolt, BA, is a professor of medicine at Eastern Virginia Medical School. He also serves as president of the Clinical Research Association.

'56 Carl Albert, BA, MA '63, was inducted into the Hall of Fame for Performing Arts at Washington High School in Cedar Rapids. He retired as theatre director there in 1996.

William E. Winfrey, BA, recently retired as director of Blacksburg Parks and Recreation in Blacksburg, VA. He is currently the head junior varsity football coach at Blacksburg High School. **Grace Upham Nelson**, 2-yr, BA '72, retired from teaching at Fredericksburg, where she has taught junior high and elementary math. She now plans to spend time traveling and volunteering.

Jerald Graetz, BA, MA '68, and his wife, **Lauretta Brunsvold Graetz**, BA '57, are both retired from teaching and live in Burnsville, MN. Jerald works part-time at Byerly's in the winter and Crystal Lake Golf Club in summer. Lauretta teaches half-time at Apple Valley High School.

'57 Laila Knute, 2-yr, retired from East Greene Community School, where she taught third grade. Her teaching career spanned almost 33 years. She now plans to travel and spend time with her grandchildren.

Jenese Miller Truelsen, 2-yr, retired after a career in education that lasted 41 years, including the last 27 teaching at Rhodes Elementary in Milton, FL.

'58 Marjorie Wood Faulkner, 2-yr, has taught the transitional first-grade class in the Clarke Community School District since 1980. The unique program fits the needs of children who have finished kindergarten but are not yet ready for first grade.

Don Moody, BA, MA '61, retired after 28 years as principal at Hempstead High School in Dubuque. He was honored with a reception where the school gymnasium was named the Donald C. Moody Gymnasium.

Richard Kapler, BA, is president of the Iowa-District West of the Lutheran Church-Missouri Synod. His career in the ministry has taken him to New Hampshire, Michigan and Ames. He has also authored a book, as well as many magazine and journal articles.

Constance Curtis-Rameyer, 2-yr, BA '71, retired after an education career that spanned 35 years, most of which were spent teaching elementary in Ackley-Geneva.

'59 Gordon Sanford, BA, MA '63, received a "Friend of Education" award from the Oelwein Community Education Association. His career as a teacher lasted 33 years.

'60 Joseph Fackel, BA, continues to practice law. He was recently appointed associate professor at St. Ambrose University, where he has taught business law classes in the MBA program for 12 years. He is also chairman for the Quad Cities Jazz Festival.

'61 Don Burton Jr., BA, retired from teaching at South Hamilton High School,

where he had been a math teacher and coach since 1969. His teaching career spanned 37 years.

Melvin D. Lewis, BA, retired after teaching science for 33 years at Goleta Valley Junior High in Santa Barbara, CA.

Don Breshears, MA, is now the high school vocal music teacher for Lamoni Community Schools.

Michael F. O'Brien, BA, retired in 1997 after teaching art for 34 years at the Seoul American High School in Seoul, Korea.

Kenneth Nakakura, MA, retired after teaching industrial arts and technology for over 34 years in the Los Angeles Unified School District.

'62 Paul D. Jones, BA, retired from teaching after 35 years. He taught biology, chemistry and physics at Montezuma Community Schools.

'63 Ruth May Melick, BA, has been appointed pastor of Bedford United Methodist Church in Bedford.

Gene Schaeffer, BA, retired after teaching science for 28 years at Roland-Story High School.

Sondra Schwinke Elliot, BA, retired from teaching elementary school in Fredericksburg.

She was there for 26 years.

Judy Spain, BA, MA '67, was awarded the University of Wisconsin-Stout Distinguished Service Athletic Award. She worked in residence life at the university almost 30 years, and was very active in the women's athletics department.



Judy Spain

'64 Patsy Wilson Martin, BA, has been teaching English for 33 years. She also saw her daughter graduate from Northwest Missouri State University last spring with a teaching degree.

Loydene Bartholomew Keith, BA, MA '67, was appointed dean of students at California State University, Fullerton. She joined the university in 1984 and previously served as director of student life.



Loydene Keith

'65 Roger Nichols, MA, SpEd '76, retired from East High School in Sioux City, where he was a counselor. His career in education spanned 38 years.

Dennis Brechwald, BA, is a guidance counselor at Fairview and Lincoln Schools in the Spencer School District.

David Chalgren, BA, retired after teaching middle school art for 28 years in Waunakee, WI. During that time, he served as art department chair and was named 1997 teacher of the year. His wife **Diane Moore Chalgren**, BA '66, serves as interim director of the Instructional Media Development Center at the University of Wisconsin-Madison.

'66 Gary Christiansen, BA, works as a technical trainer for Bandag Inc., in



Muscatine. He has trained customers in all 50 states, as well as in India and New Zealand, and will continue to develop and deliver training programs to Bandag customers worldwide.

Bruce D. Taylor, BA, teaches computer classes at Vernon Middle School of the Marion Independent School District, where he also serves as middle school athletic director.

Marlin L. Oeltjen, BA, works for the city of Cedar Rapids in housing rehabilitation. He is also active with his church and Habitat for Humanity.

David Bernhard, BA, was named the interim director of pharmacy for Marion Health Center in Sioux City.

'68 Suzanne Milder Evans, BA, joined the Lake Mills Community School as a learning assistant for the library media center. She was previously an elementary teacher at Newman Catholic in Mason City.

'69 Gerald Peterman, MA, recently retired after teaching science for 34 years, including 32 years at Denison Middle School. He has taught computer technology for the past two years, and ended his dedicated teaching career by winning the Teacher of the Year Award from the Denison Wal-Mart.

Don Helvick, MA, retired after a 35-year career in education. Throughout the years he has served as a teacher, elementary principal and superintendent. Most recently, he spent 10 years with the Department of Education as school improvement specialist, manager of the school choice program and school finance consultant.

Dennis R. Coon, BA, MA '79, was appointed pastor to First and Trinity United Methodist churches in Des Moines.

John F. Frele, BA, published a book titled *Counterfeit Community: The Exploitation of Our Longings for Connectedness*. He is a professor of political science at Le Moyne College in Syracuse, NY, where he specializes in teaching democracy, citizen participation and community.

John W. Sorenson, BA, MA '74, SpEd '79, EdD '93, was promoted to associate dean of arts and human studies at Hawkeye Community College in Waterloo. He has been with Hawkeye since 1980.

Marcia McKown Hummel, BA, MA '73, is completing her ninth year on the board of directors for the American Indian Scouting Association. Her husband **Steve Hummel**, BA '74, recently co-hosted the Dragonfly Society of the Americas' annual meeting in Valentine, NE.

'70 Susan Replogle McCurdy, BA, MA '83, was promoted to administrative consultant for budgeting and finance in the Iowa Department of Education. She acts as a department liaison to the School Budget Review Committee in addition to leading a team of education finance experts.

Richard H. Edwards, BA, works as a juvenile court officer in Sioux City and is active in juvenile delinquency prevention.

'71 Ilene Hegg Pavelko, BA, has taught elementary for 26 years in Wisconsin, including 20 years at Melrose-Mindoro Schools. She recently wrote a musical play titled, "Happy Birthday, Wisconsin!" to celebrate the state's sesquicentennial. The play was performed by 110

fourth- and fifth-graders.

Patricia Jo Slobojan, MA, MA '80, SpEd '83, was nominated to the Democratic ticket for the Scott County Supervisor race.

Mark McCright, BA, teaches middle school social studies for East Buchanan, as well as serving as head boys' basketball coach and technology director for the school district.

Shirley Ringoen DeBerg, BA, retired after teaching elementary in Ackley-Geneva for 31 years. She looks forward to volunteering and traveling.

'72 Susan Ladd, BA, was named president of the Iowa Association of Student Financial Aid Administrators (IASFAA) as well as secretary of the Midwest Association of Student Financial Aid Administrators (MASFAA). She is currently the director of financial aid operations at Drake University.

Becky Berg, BA, teaches at St. Michael's Preschool. She was previously a sixth-grade teacher at Seton in Algona.

Robert Newsom, BA, MA '77, was named the new superintendent at the Rudd-Rockford-Marble Rock School District. He was previously the middle school principal in Indianola for 12 years.

Jim Loos, MA, works as a full-time music instructor for Des Moines Area Community College at the Ankeny campus.

Karen Bottjen Hoyt, BA, has taught art for 11 years at Marion High School. Her husband, **Bob**, BA '73, is the principal at Vernon Middle School.

Stan Galbraith, BA, MA '89, a German teacher for Fort Dodge Senior High, was awarded the American Association of Teachers of German and Goethe Institute of New York Award. He also recently received a Rockefeller Grant, which gave him the opportunity to study in Austria.

'73 Beth Dunkel Westpfal, BA, received a master's of science in mathematics education from Wayne State College. She teaches developmental mathematics as an assistant professor at Briar Cliff College in Sioux City. **Dennis Moss**, BA, was hired by Sheaffer Pen Co., as packaging supervisor.

Jeanette M. Watson, MA, is enjoying her retirement and travels often, most recently to Greece and Hawaii.

Jeffrey Hoppenworth, BA, was appointed vice president and personal trust business development officer for First Trust Co., in Milwaukee.

Ed Berry, BA, is the new principal at MFL MarMac High School. He had been teaching math at Solon High School before accepting the position.

Martha West, BA, MA '73, teaches sixth grade at Indianola Middle School and was recently named 1998 Woman of the Year by the Indianola Business and Professional Women organization. She also finished a term as president of the board of directors of the National Balloon Classic.

Dennis Elge, BA, MA '87, teaches fourth grade at Franklin Elementary in Marshalltown. His wife, **Lois Barz Elge**, is a second grade teacher at Woodbury Elementary in the same town.

'74 Georgia Ann Waller, BA, has an art exhibit titled *Nuevo Geo* featured in the Museum of the Big Bend located on the campus of Sul Ross State University in Alpine, TX.

Linda Macrae, MA, earned her educational administration degree from Drake. She lives in Northwood and is the media director for Northwood-Kensett.

Dean M. Cooper, BA, is director of partnership marketing for GMAC Home Services, Inc. in the Better Homes and Gardens Real Estate Service Group. GMAC recently purchased the group from the Meredith Corporation.

Lou Ogaard, MA, is head coach for the Bismark High School boys soccer team. The team was ranked second in the nation during the spring of 1998, according to the National Soccer Coaches Association of America/Umbro Boys High School Top 20 Soccer Poll.

Paul Peterson, BA, MA '77, is an instructor at North Iowa Community College in Mason City. He teaches classes in communications, journalism and writing, and also serves as the college newspaper adviser.

Barb Binley Bakker, BA, MA'95, was inducted into the UNI Athletic Hall of Fame. She is a health teacher and head volleyball coach at Dike-New Hartford High School.

'75 Julie Stone, BA, joined Skiff Medical Center in Newton as a physical therapist. She will be working mainly with orthopedic outpatients.

Steven Opsal, BA, was elected to the board of directors of First Federal Savings Bank, which is headquartered in Sioux City. He is also president of the Grinnell 2000 Foundation and a director of the Grinnell Regional Medical Center.

Scott Van Houten, BA, '88, teaches middle school math in Spencer.

David W. Bone, BA, is dean of students at Butte Falls High School in Butte Falls, Oregon. He is retired from the U.S. Navy Reserve as a Senior Chief Petty Officer with two achievement medals.

'76 Alan D. Opehm, BA, recently relocated with his wife Joni and three children from Urbandale to Iowa City. He is the controller of Hawkeye Medical Supply.

Leslie Donn Cuveller, BA, works as the director of religious education at Our Lady of Mt. Camel in Lawler and is a substitute teacher.

Jim Buckels, BA, is a painter and printmaker in Des Moines. He has been featured in exhibits across the United States, and recently saw a book featuring 60 of his paintings and autobiographical information published.

Patricia Davis Colburn, MA, is president of the Iowa Foreign Language Association, which is an organization of foreign language educators from all levels. She teaches German at Buena Vista University.

'77 John Robertson, MA, has acted as technical director for the theater department of Iowa Central Community College in Fort Dodge for 20 years. He teaches English and theater at ICCC.

Joye Lore-Lawson, BA, MA '91, received the 1998-1999 Outstanding Educator Award for post-secondary education by the Iowa Foreign Language Association. She is an instructor at Indian Hills Community College in Centerville, where she teaches courses in Spanish, French and English as a second language.



'79 Dave C. Underwood, BA, is an internal medicine physician at Walter Reed Army Hospital.

David L. Pritchard, BA, was named president of The Hardfield Co., a Fort Worth, TX, corporation. He also continues to practice law at the Law Office of David L. Pritchard.

Galen Reinsmoen, MA, accepted the position of superintendent with the Ed-Co School District, which includes the towns of Edgewood and Colesburg. He was previously principal at the West Delaware of Manchester Middle School.

Thomas A. Riter, BA, is a farm broadcaster at KFKA radio in Greeley, CO. He also serves as regional director for the National Association of Farm Broadcasters.

Mickey Lowry Edwards, BA, was named the Pella/Knoxville regional team leader for the Christian Opportunity Center. In this position, she will be responsible for support and services for 130 disabled adults and students in Marion County, as well as leading a staff of 145.

Tamara Montgomery Buljic, BA, now teaches fifth grade in Storm Lake. She previously taught in Cedar Falls.

'80 Lyman J. Hansen, BS, is a pilot flying with the civil air patrol in search and rescue in the state of Washington.

Paul Swanson, BT, was named supervisor of engineering at Siebe Appliance Control Division in Winterset.

Teresa Beghtol Dayton, BA, is a senior employee trainer at Farm Bureau Financial Services in Des Moines.

Jill Dannenbring, BA, EdSp '83, was hired as the director of operations at the Plains Area Mental Health Center in Cherokee.

Joseph E. Pierce, BA, was elected executive vice president and treasurer of Mid-America Group, Ltd.

Marcia McMahon May, BA, is a team leader for Opportunity Village in Eagle Grove. Her responsibilities include supervising residential and support services for disabled and handicapped people in the area.

Kathy Varnum Oberheu, BA, joined Perfect Match Personnel as a branch manager of the Mesa, AZ, location.

Charlotte Upham, BA, owns Upham Income Tax & Bookkeeping in Tama, which she opened in 1982.

'81 Tamara Wilson Kenworthy, BA, was hired as senior account executive at Essman/Associates, Inc., an integrated marketing and communications agency.

Michelle Stasi Moran, BA, was hired as program director for the American Cancer Society. She is in charge of running cancer control programs for eight Iowa counties.

Kimberly Severson Flke, BA, is in her second year as the Title I reading specialist at J. Haley Elementary in Irving, TX. She co-wrote a \$5,000 grant for the school's reading and math labs.

Randy J. Wadle, BA, was named vice president of information technology for Maytag Appliances. He has been with the corporation since 1984.

'82 Peter Clausen, BA, is an owner and operator of Clausen Companies, a family-owned trucking and warehousing company in Clinton.

John C. Couture, BA, is a systems specialist for

Sprint in Kansas City, MO. He is married as has a son, J.C., who is 8.

'83 Steve Muntz, BA, MA '84, teaches media and journalism classes at Marshalltown Community College. His wife **Lisa Harnack Muntz**, BA, is an adoption social worker for Heart International Children Services.

James S. Gleason, BA, is currently a sales representative for Mitchell International Electronic Publishing Group.

Joleen (Frost) Frick, BA, graduated from DePaul University with a Master's in Business Administration in June 1998. She recently joined Chicago Institute of Neurosurgery and Neuroresearch as the vice president of Managed Care and Business Development.

'84 Debi Martens, BA, was named Harlan Mother of Young Children of the Year.

Timothy C. Johnson, BA, teaches second grade in Douglas County Schools in Castle Rock, CO.

Patti Vincent, BA, MA '98, teaches Spanish and is the assistant girls' volleyball coach at South Tama County High School.

Shirley Hunziker, BA, joined East Buchanan High School as the AEA-7 resource room teacher.

Robert Olson, MBA, has been retired for 13 years, but continues to work part-time as a variation analyst for John Deere. He also spends time with his grandchildren, and enjoys golfing and other hobbies.

Patrick Moore, BA, is a computer analyst for National Computer Systems in Iowa City. His wife

Sharon Fahey, BA, is a computer analyst for IBM Global Services. They have three children.

'85 Scott Reed, was hired as a project manager for Gateway. He is responsible for developing and managing information technology projects.

Christopher J. Kealy, BA, is a senior manager in tax consulting for the Dallas office of Ernst &

Young, LLP, a major accounting firm.

Kelleen A. Neiber, BA, teaches special education at Johnston Middle School, where she is also a student adviser.

Morgan S. Bickel, BA, was promoted to division vice president of U.S. Home Corp., Thompson Division in Minneapolis.

Debra Kasischke Juehring, BA, moved to Winter Springs, FL, where she is a fourth-grade teacher with the Seminole County School System.

James Wandro, BA, is now a teacher at Valley High School in West Des Moines after teaching in Johnston for ten years. His wife, **Kelley Markham Wandro**, BA, works at a CPA firm in West Des Moines.

Doug Toay, BA, is vice president of commercial lending for Magna Bank. He also served as team captain for the UNI Athletic Fund Drive. His wife, **Penny Surma Toay**, BA '86, teaches and is head of the English department at Columbus High School in Waterloo.

'86 Lawrence J. Byrnes, BA, a Navy lieutenant, graduated from U.S. Navy Test Pilot School at Naval Air Station in Patuxent River, MD.

'87 James R. Clapsaddle, BA, MA '89, is a major (select) in the United States Air Force Medical Service Corps. He has served in Southern California and Alaska, and is currently stationed in Germany.

Lori Cottrell Ehrhardt, BA, joined Lamoni Community Schools as a middle school science teacher.

Tracy Randall Liebermann, BA, SpEd '89, is a school psychologist for the Grant Wood Area Education Agency. Her husband, **Jeff**, '88, is the associate director of development for the College of Liberal Arts at the University of Iowa Foundation.

Michael Olson, BA, was named assistant vice president at the Grinnell State Bank.



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'88 **Kellie Bliss**, BA, was hired as an account supervisor at Hoffman York, a Milwaukee-based advertising agency.

Mark Watts, BA, is the coordinator of training and documentation in computer services at Grinnell College.

Joseph Kramer, BA, was named high school principal at BCLUW. He had previously worked for the Wichita Public School System in Wichita, KS.

Julie Armentrout, BA, received a doctorate in special education from Southern Illinois University. She is a staff trainer for the Protestant Guild for Human Services, Inc. in Waltham, MA.

Randy Lansing, BA, has been named the new city administrator/utility manager in Cascade.

Wendy Ziemann Suddendorf, BA, was selected the 1998 Texas Elementary Teacher of the Year by the Association of Texas Professional Educators. She is a kindergarten teacher at Fiest Elementary in Houston.

Nyra Sondag, BA, teaches middle school and high school special education for the Tri-Center Community School District.

Mary "Meg" Healy, BA, joined the Keota Community Clinic as a physician assistant.

Shelly Neith Clyde, BA, is a captain in the U.S. Army in Fort Riley, KS. She is chief of the nutrition care division at Irwin Army Community Hospital.

'89 **Scott Johnson**, BA, has been named the assistant vice president of Associated Bank Green Bay in the trust administration division.

Becky Ziemann Hayes, BA, is a manager with the Principal Financial Group in Des Moines.

Kimberly Gordon Miller, BA, is employed at the Des Moines Register as an account executive.

Jene' Daub, BA, now teaches second grade for North Tama. She has previously taught special education in Iowa City and Guam.

George Lake, MA, was named director of the Buchanan County Economic Development Commission.

Susan Bunch, BA, is now the coordinator of youth programs at the Eldridge United Methodist Church.

Pat Hogan, BA, joined Union Middle School, where he will serve as the physical education instructor, wrestling coach and athletic director.

'90 **Timothy J. King**, BA, was ordained as a minister in the Reformed Church in America at Bethany Reformed Church in Des Moines. He is now the pastor at Riverside Community Reformed Church in Hammond, IN.

John Hunchis, BA, was hired as a benefits consultant for Midwest Benefits Inc. in Grafton.

Dan Stehn, MA, was named principal at Crestwood High School in Cresco. He was previously the high school principal in Emmetsburg.

Jacqueline S. Bohr, BA, is a senior database administrator for Principal International in Des Moines.

Scott Frederick, BA, is lead digital pre-press operator for the graphic services department at Rockwell-Collins in Cedar Rapids. His wife **Kelly Frederick**, BA, is a special education and resource teacher at Truman Elementary in Cedar Rapids.

Norm Bogunia, BA, is the afternoon announcer at WRVV in Harrisburg, PA. His wife, **Terri**

McNurlen Bogunia, BA, has been a teacher with Franklin County Head Start in Chambersburg, PA, for the past six years, where she is now a site supervisor.

Rachelle Guge Hodges, BA, teaches middle school math in Fort Madison, as well as working part time as a home and community based services outreach worker for River Center for Community Mental Health.

John Reimann, BT, is a supplier development specialist at John Deere Davenport Works in Davenport.

'91 **Kent Abrahamson**, BA, was appointed principal for Anson Middle School in Marshalltown.

Stacie Whitchelo Heitland, BA, teaches third grade in Ventura.

Dennis Jordan, BA, was named a private banking officer at Firststar Bank Iowa. He had served as director of service operations.

Dale M. Klein, BA, is a sales associate for Micro House International, which specializes in technical software.

'92 **Julianne Gassman**, BA, MA '96, was presented the Leadership Award from the Camp Adventure program, which is a summer camp program for children of military personnel. She has worked as a counselor, director and coordinator for the program all over the world.

Steven P. Neighbors, BA, moved to Denver, CO, to open a regional office for AMRESO Capital originating commercial real estate loans in the mountain and Pacific coast states.

Sean Wolfe, BA, is director of finance for Marian Medical Services.

James Wichman, BA, is the elementary principal for Ventura Community School.

'93 **Craig Wohlers**, BA, was named president of The Knowledge Foundation Inc., a Boston-based conference and publishing company that provides information to scientific and business communities.

Christopher L. Nuss, BA, is currently in his third year of law school at the University of Iowa, where he is a member of the staff for the *Journal of Corporation Law*.

Kathryn Bye Cordova, BA, works for Honeywell, Inc. as a principle analyst in Scottsdale, AZ.

Aimee Weld Hospodarsky, BA, teaches third grade in Monticello. Her husband, **Todd Hospodarsky**, teaches high school economics and history in the same town.

Jason Kaiman, BA, was promoted to consumer banking manager for Norwest Bank in Pleasant Hill.

Jana L. Middleswart, BA, teaches fourth grade at Schertz Elementary School in San Antonio, TX.

Ty Doermann, BA, was named the city administrator for West Branch. He was previously the community development director for the city of Preston.

Chad Harberts, BA, was promoted to director of athletics marketing and promotions at the University of Missouri-Kansas City. The new position entails overseeing the marketing efforts for the athletic department, as well as managing the UMKC radio and television network. He is also president of the Kansas City chapter of the UNI Alumni Association.

Holly Mahan Vos, BA, is a senior financial analyst at AmerUs Life Holdings.

Joseph C. Judge, BA, graduated from law school in 1997 from the University of Iowa and is now an associate with the Lane & Waterman law firm in Davenport. He worked previously as an accountant.

'94 **Nicole M. Van Cleave**, BA, is working as an audiologist at the St. Louis Hearing-Speech Center.

Darren A. Herrold, BA, is coordinator of an alternative high school at Ballard High School in Huxley.

Patrick Skelton, BA, was hired as a loan officer with First National Bank in Missouri Valley.

John Page, BA, is an underwriting analyst for Liberty Mutual Insurance in Acton, MA.

Staci J. Prochaska, BA, was named assistant director of alumni programs for the University of Iowa Alumni Association. She will be in charge of coordinating the spring reunion weekend, the homecoming reunion weekend and other educational outreach programs across Iowa.

Brent J. Seehusen, BA, works at Wal-Mart as a support manager, and will soon be entering their management trainee program.

Timothy S. Fox, MA, accepted the position of executive director for the Northern Prairie Regional Economic Development Corporation.

Pamela Hobart, BA, teaches health and skills for adolescents at Smart Intermediate School in Davenport. She is also eighth-grade volleyball and basketball coach.

Brenda P. Bargaquast, BA, is controller of a metal stamping company in Grand Rapids, MI.

Kelli R. Hackbart, BA, is stationed at Ft. Clayton in Panama. She plays the trumpet in the 79th Army Band.

Lance E. Menster, BA, is a mathematics specialist at Kennedy Elementary in Houston, TX, where he coordinates the elementary curriculum and program.

Michelle Boyd, BA, is a paginator for the Fort Dodge Messenger newspaper.

Steve Waldstein, BA, received the Dean's Citation for Academic Excellence for graduating with a master's degree in technology education with a perfect 4.0 grade point average.

Denise Ramthun Marine, BA, was selected the 1998 Activity Director of the Year by the Activity Directors Association of Missouri. She is a certified recreation therapist, and became an associate with Eden Alternative in 1996.

Kelli Lovick Harms, BA, accepted a position with Winnebago Industries Inc. in Forest City as a public relations representative.

Karl Thomsen, MM, joined Iowa Wesleyan College as an assistant professor of music.

'95 **Michael E. Brammer**, MBA, received a master's in biomedical engineering at the University of Iowa. He is a senior project engineer at Fleetguard, Inc. in Cookeville, TN.

Rene Duregger, MBA, is continuing her education at the University of Iowa in biology. She



Denise Marine



previously worked as a performance auditor for the State of Iowa Auditor's Office.

Clint S. Taylor, BA, is an associate sales manager for the Southwestern Co., where he works with students in Iowa and Wisconsin.

Heather C. Kogle, BA, was promoted to manager for the second largest Brass Plum junior's department for Nordstrom in Seattle, WA.

Nicole Staley-Barber, BA, teaches fourth-grade math and science at Taylor Ray Elementary in Rosenberg, TX.

Jennifer Middents, BA, was hired as a service representative for the Fleet Customer Services Department of Bandag, Inc. in Muscatine.

Mark Epperson, BA, teaches ninth-grade English in Humboldt. He also coaches eighth-grade boys basketball, and is an assistant coach for boys' high school basketball.

Jason M. Wartrick, BA, was promoted to bank officer at NationsBank in Mason City/Clear Lake, where he is an account relationship officer for commercial and agricultural clients.

Justine Kelding Rogers, BA, teaches in rural Texas near San Antonio. She is also pursuing a master's in school counseling at Southwest Texas State University.

Carla A. Marsh, BA, was promoted to group leader in manufacturing in the document control department of Centeon in Kankakee, IL. Centeon manufactures blood plasma products for hemophiliac patients.

Donald Harris III, BA, is an assistant unit supervisor with the Iowa Department of Corrections.

Troy Geraets, BA, teaches second grade for the Lamar Consolidated Independent School District in Richmond, TX. His wife **Jennifer Klipping Geraets, BA**, teaches bilingual kindergarten in the same district.

Matt Harris, BA, was accepted the position of corporate sales manager with the Myrtle Beach Pelicans Baseball Club, which is a Class A affiliate of the Atlanta Braves in the Carolina League. He was previously the general manager for the Beloit Snappers, a minor league team based in Beloit, WI.

James Barth, BA, teaches junior high geography and history at Adair-Casey. He is also assistant varsity football coach, boys' basketball coach and head junior high boys' track coach.

Nancy Slife, BA, was hired as a naturalist at Calkins Nature Center. She is also an adjunct biology instructor at Ellsworth Community College in Iowa Falls.

Brent Hutchings, BA, works for the Armstrong-Ringsted Community School District as a juvenile court liaison as well as an assistant football coach.

Joe Surma, BA, is a television reporter for KWWL in Waterloo.

Melanie Brown, BA, is a programmer/analyst for First Chicago Mercantile Services in Chicago.

Brian Grimm, BA, worked after graduation as an emergency room technician at Iowa Methodist Medical Center for two years. He now attends medical school, and will graduate in December 1999.

Anthony J. Strait, BA, joined the law firm of



Anthony Strait

Shook, Hardy & Bacon in Kansas City as an associate in corporate finance and banking. He graduated from the University of Iowa College of Law in 1998.

'96 **Sandi M. Hogan, BA**, lives in Colorado where she is a DJ at KYSL 93.9 FM in addition to working at Omni Real Estate in reservations for property management.

Ted Swensen, BA, is a financial planner at American Express Financial Advisors in Algona. He previously worked for Honeywell as a financial auditor.

Andrew Schafer, BA, graduated from the University of Iowa with a Master of Science in Statistics. He now works as an actuary with the Principal Financial Group in Des Moines.

Terri Wiley, BA, serves as coordinator of volunteer services for Oregon Public Broadcasting. She also volunteers at a shelter for women in domestic abuse situations.

Michelle Weltzin, BA, is a prevention specialist at New Directions in Clinton, where she works with the youth and community in drug prevention. She previously worked with Gateway AmeriCorps Project as a projects team leader.

Beth A. Scherman, BA, was promoted to computer analysis at Hormel Food Corp.

Boone Boten, BA, is a supervisor for Marketlink Inc. in Storm Lake.

Melissa Britton Hesner, BA, teaches science for East Buchanan High School.

Elizabeth K. Jones, BA, teaches seventh- and eighth-grade reading in San Antonio, TX.

Joel Stauffer, BA, was honored with the Richard Riggelman Young Speech Coach Award by the Iowa High School Speech Association. He is a language arts teacher at MOC-Floyd Valley High School in Orange City.

'97 **Emily Allen, BA**, joined the Corydon Larger Parish as an associate pastor.

Todd Millang, BA, works as a commercial real estate broker for CB Commercial/Hubbell Commercial.

Kimberly Roos Mouw, BA, teaches elementary special education and is the head volleyball coach in the Le Mars Community School District.

Sherry M. Collins, BA, was hired as editor for the *Today* magazine. She has worked at the Fort Dodge Messenger since October 1997.

Kristin Kaczmarek, BA, is teaching first grade in Hayward, CA.

Nancy A. Vavricka, BA, substituted in the Cedar Rapids Community School District, then tutored in Center Point-Urbana.

Kristi Brlerly, BA, currently attends graduate school for student development in post-secondary education.

Jason Wedgbury, BA, joined the Riceville Community School District as a physical education and health instructor, and is also head wrestling and assistant football coach.

Ann Hall, BA, works at Bremer-Butler Hospice as a volunteer coordinator.

Andrea Hawley, BA, is the fourth-grade resource teacher for South Tama Intermediate.

Holly McGraw Mueller, BA, teaches special education for the East Buchanan School District.

Kelly Carson, BA, teaches elementary special education in Humeston.

Kory Alfred, BA, is the new parks and recreation

director in Mt. Pleasant. He was the head of recreation programs in Quincy, IL, before coming to Mt. Pleasant.

Kim Marzan, BA, joined Immaculate Conception School in Charles City as the physical education teacher.

Joshua Katcher, BA, teaches fifth- and sixth-grade social studies in Riceville. He also serves as assistant football coach.

Abby Callanan, BA, teaches kindergarten in Ventura.

Terri Bohr, BA, teaches social studies at St. Mary's High School in Storm Lake. She will also serve as assistant girls' basketball coach and senior class sponsor.

Joan Pemble, BA, teaches fifth grade part-time in Johnson School in the Spencer School District.

Julie Sweat Spece, BA, was hired to teach in the self-contained special education room for Central in the East Buchanan School District.

Malinda Mechem, BA, is the communications coordinator for Softbite Solutions, a technology consulting firm, in Downers Grove, IL.

'98 **Neil Griffin, MA**, was hired as the coordinator of the educational technology services at Bainbridge College in Bainbridge, GA.

Erin Tokheim, BA, is pursuing her doctorate in medical psychology at the University of Alabama in Birmingham.

Shannon Snyder, BA, is employed as a personal lines technician at Pharmacists Mutual in Algona.

Jim Young, BM, accepted the position of band director in Villisca.

Julie Stanek, BA, teaches Title I at South Tama Primary.

Lincoln Morgan, BA, is the social studies teacher at Robert Blue Middle School in Eagle Grove. He also serves as assistant baseball coach for Eagle Grove High School.

Christy Zoulek, BA, is now an art instructor North Fayette Middle School.

Susan Balik Craft, BA, is the middle school math instructor for Garner-Hayfield Community Schools.

MARRIAGES

'80s **Becky Ziemann, BA '89** & **Michael Hayes, Carol Meters, BA '82** & **Chris Holmes, Mary Ragyakier & Douglas McGill, BA '82.** **Toni Fitzgerald & Anthony Lehman, BA '83.**

Amy Bullen, BA '83 & **Bruce Campbell. Debra Nielsen, BA '86** & **Jerry Hinshaw. Lisa Powers & Craig Monson, BA '87. Mary Jo Archibald, BA '87** & **Brent Hoffman. Carol Schindler & Thomas Neils, BA '88. Cynthia Smith & Marcus Knodle, BA '88. Brenda Fenn & Robert Ryan, BA '88.**

Patricia Stephan, BA '88 & **Dervan Anderson. Jodi Joens, BA '89** & **Ralph Torres. Gina Hess & Michael Gary, BA '89. Carissa Waag & Scott Jacobs, BA '89.**

'90s **Aimee Weld, BA '93** & **Todd Hospodarsky, BA '95. Kathryn Bye, BA '93** & **Fabian Cordova. Helen Evans & Michael Trembly, BA '90. Susanna Bartel, BA '90** & **Donald Kelso. Janel Lucas, BA '90** & **Harry Nagel. Carrie Pettyjohn & Chad Elkin, BA '90. Christine Nieto & John Stevens, BA '90. Jennifer Kingfield, MA '90** & **Rob Ashbridge. Maria**



Mollison & **Thomas Steffen**, BA '90. **Kris Ritchie**, BA '91 & Darin Jones. Susan Smith & **Marilyn Ling**, BA '91. **Kerstin Ecker**, BA '91 & Paul Bruton. Cheryl Coyle & **Edward Rosheim**, BA '89; MA '91. Megan Smith & **Chad Alan Martin**, BA '92. Michele Davison & **Mark Mess**, BA '92. Lorrie Lohmann & **Shawn Franklin**, BA '92. **Angela Elbe**, BA '92 & Randy Hartin. **Krista Taylor**, MBA '92 & Ben Thier. Angela Thomson & **Chad Nott**, BA '92. **Rebecca Despenas**, BA '90; MA '92 & Scott Brant. **Lisa Clarkson-Reuter**, BA '92 & David Nebel. Jodi DeSantis & **Eric Helming**, BA '92. Trudy Zeimet & **Scott Hallgren**, BA '93. Suzanne Oleson & **David Olberding**, BA '93. Cathleen Foley & **Michael Ahrens**, BA '93. **Molly Donovan**, BA '93 & Jeffrey Morreim. **Sarah Hutchins**, BA '93 & **Ross Hawker**, BA '92. **Marci McKillip**, BA '93 & Brian Dunlap. Tamara Anderson & **Timothy J. Price**, BA '93. Christine Cook & **Mark Chambliss**, BA '93. **Terri Carlson**, BA '93 & John Robinson. **Tracye Ainsworth**, BA '93 & Christopher Harper. **Melissa Long**, BA '93 & Jeff Heller. **Kasey Lueders**, BA '93 & Eric Jennings. April Neubauer & **David Winkie**, BA '93. **Shannon Sander**, BA '94 & Jeffrey W.Welzien. **Jennifer Leach**, BA '94 & **Eric Heath**, BA '96. **Vickie Sallis**, BA '94 & Bernard Moore, JR. **Kelli Lovick**, BA '94 & Mason Harms. **Jamee Maurer**, BA '94 & Shawn Klein. **Shannon Bunger**, BA '94 & Robert Closson, JR. Jenny Noojbail & **Sean Vidal**, BA '94. **Jane Kauten**, BA '94 & Peter Lutz. Kelly Glosser & **Shane Swan**, BA '94. **Laura Huedepohl**, BA '94 & Eric Veal. Joanna Thompson & **Peter Yezek**, BA '94. Amanda Byrne & **Joseph Reysack**, BA '95. Misha Pregon & **Jeremy Schwanebeck**, BA '95. **Teresa Olson**, BA '95 & Trent Lange. **Michelle Wise**, BA '95 & **Eric Masterson**, BA '95. **Stacey O'Hara**, BA '95 & Aaron Auger. **Kathleen Sweet**, BA '95 & **Casey Christofferson**, BA '94. **Jean Chibak**, BA '95 & Cgraig Schlatter. **Ann Wolfe**, BA '95 & Curt Bouchard. **Kelly Dolan**, BA '95 & Kim Bakerink. **Tricia Torgerson**, BA '95 & Chad Hammar. **Jennifer Keen**, BA '95 & **Philip Minor**, BA '94. Jennifer Rieckmann & **Brett Corrick**, BA '95. **Julie Monaghan**, BA '95 & Jason Gillihan. **Kristen Oolman**, BA '95 & Jeffrey Monson. **Katie Potthoff**, BA '95 & **David Graham**, BA '95. Mandi Hurlebaus & **Will Hjortshoj**, BA '95. **Amy Marie Otting**, BA '96 & **Timothy Beermann**, BA '97. Christy Stacey & **Jonathan Yetley**, BA '96. **Sandra Kalous**, BA '96 & **William Gruman**, BA '97. **Natalie Rasmusson**, BA '96 & **Corey Crumbaugh**, BA '96. **Kathrine Holder**, BA '96 & Rob Dickey. **Tamara Wilkinson**, BA '96 & **Ryan Loecher**, BA '97. **Deana Rosel**, BA '96 & **Ryan Trotter**, BA '98. **Kelli Tetmeyer**, BA '96 & **Eric Kisgen**, BA '97. **Sally Snyder**, BA '96 & Terry Filer. **Marcia Barth**, BA '94; MA '96 & **Michael Leick**, BA '91. **Annette Green**, BA '96 & **Grant Ericksen**, BA '97. **Kimberly Hayes**, BA '96 & Charlie McKenna. **Erin Ruhde**, BA '96 & Jason Peterson. Laura Eldridge & **Todd Yahnke**, BA '96. **Heldi Brandt**, BA '96 & **Cory Burkle**, BA '97. **JoAnn Lohse**, BA '96 & **Barry Huedepohl**, BA '96. **Deanna Stoakes**, BA '96 & Sean Watters. **Lori Zosulis**, BA '96 & Dan Finowski. **Mikaela Wittwer**, BA '96 & Scott Bachinski. Staci Jensen & **Kevin Musich**, BA '96. Renae DeHarde & **Thad Haes**, BA '96. Erin Feye & **Gregory Franich**, BA '96. **Kelly Shepard**, BA '96 & **Alan Brown**, BA '96. **Tara Daurer**, BM '96 & **Drew Anderson**, BM

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BIRTHS

'70s **Martha & David Pritchard**, BA '79, Fort Worth, TX, daughter, Molly, born May 25, 1998.

'80s **Bruce & Kimberly Gordon Miller**, BA '89, Urbandale, son, Erik, born August 18, 1997. **Lisa & Mark Watts**, BA '88, Sully, son, Samuel, born May 5, 1998. June & **Michael Brammer**, BA '89, Cookeville, TN, daughters, Laura, born September 5, 1997, and Christina, born

January 21, 1996. Keiko & **Cameron Fetty**, BA '87, Phoenix, AZ, daughter, Sasha, born May 1, 1998. **James & Teresa Beghtol Dayton**, BA '80, Urbandale, daughter, Rosemary, born Dec. 11, 1997. Brian & **Barbara Wenger**, BA '81, Mechanicsburg, PA, son, Logan, born Aug. 7, 1998. **James & Kristen Johnson Geiger**, BA '81; MA '82, Golden Valley, MN, daughter, Klarissa, born Aug. 6, 1998. Dawn & **Michael Bissell**, BT '83, Knoxville, TN, son, Alec, born Aug. 5, 1998. Bruce & **Debbie Bergan Cook**, BA '86, Greenfield, son, David, born Sept. 14, 1997. Brian & **Julie Schroeder Falline**, BA '87, Shorewood, MN, son, Kade, born July 3, 1998. Debra & **James West**, BA '88, Omaha, NE, twin daughters, Allison & Lauren. Francis & **Darcy Dietrich Pacheco**, BA '89, Sacramento, CA, daughter, Christina, born Aug. 29, 1998. **John**, BA '89 & **Valorie Koester Hagener**, BM '87, Indianola, daughter, Joslyn, born May 27, 1998.

'90s **David**, BA '90 & **Deborah Schildberg Boyer**, BA '91, West Des Moines, son, Mason, born Aug. 11, 1998. **Stan**, BA '90 & **Leslie Duinink Shollenbarger**, BA '92, Columbia, MO, daughter, Molly, born July 24, 1996 & Megan, born June 8, 1998. Michael & **Kerri Espey Brisch**, BA '90, Clinton, daughter, born June 27, 1998. Darrin & **Julie Waters Plowman**, BA '92, Adair, daughter, Kennedy, born June 26, 1998. **Nick**, BA '92 & **Roxanne Weldon Pace**, BA '92, Traer, son, Adison, born July 6, 1998. **Treg & Carla Thomas Marcellus**, BA '92, Cedar Rapids, daughter, born July 14, 1998. David & **Linda Albaugh Kuhn**, BA '93, Des Moines, son, Brandon, born Jan. 30, 1998. **Richard**, BA '93 & **Shannon Kueny Gilbride**, BA '96, Omaha, NE, daughter, Kayla, born Dec. 9, 1997. Ron & **Holly Mahan Vos**, BA '93, West Des Moines, son, Andrew, born Sept. 2, 1998. Dyanna & **Scott Lee Davidson**, BA '93, Cedar Rapids, twins, daughter Ashley & son Alexander, born June 19, 1998. **Michael Lynn**, BA '94 & **Tricia Eastman Johnson**, BA '96, South Elgin, IL, daughter, Alexandra, born July 10, 1998. **Tiffany & Eric Walter**, BA '96, West Des Moines, son, Mason, born April 15, 1997.

DEATHS

'10s **Helen Wilson Rutledge**, 1-yr '14, Ft. Dodge, died July 16, 1998.

'20s **Vallie Strohbehn Lewis**, 2-yr '23, Bettendorf, died Sept. 8, 1998. **Neola Stevens Avary**, 2-yr '24, Marion, IL, died Aug. 22, 1998. **Eulalie Sauve Rathbone**, 2-yr '24, Westland, MI, died Aug. 18, 1997. **Avis Hamil**, 2-yr '24, Onawa, died Aug. 23, 1998. **Lois Patten Winnike**, 2-yr '24, Somonauk, IL, died July 13, 1998. **Isabelle Sanftner Dahl**, 2-yr '25, Algona, died Sept. 18, 1998. **Gladys Beatty Holthaus**, 1-yr '26, Edgewood, died Aug. 1, 1998. **Edith Emerson Ganiere**, BS '28, Jesup, died Oct. 11, 1998. **Eileen McCracken Bruce**, 2-yr '28, Greene, died Aug. 27, 1998. **Jessie Dinse**, 2-yr '24; BA '28, Tipton, died Sept. 7, 1998. **Beatrice McFadden Lent**, 2-yr '28, Pocahontas, died Aug. 2, 1998. **Alice Rowley Brown**, 2-yr '27; BA '29, Cedar Falls, died Sept. 30, 1998. **Eva Diers Coulter**, BS '29, West Branch, died Sept. 9, 1998. **Florence Hartwig**, 2-yr '28; BA '29, Santa Barbara, CA, died Aug. 19, 1998. **Lois Small Wellborn**, 2-yr '29, Olney, MD, died April 3, 1996.



Sue Follon, vice president for educational and student services, died Wednesday, Nov. 4, at Methodist Hospital, Rochester, Minn., following a year-long battle with cancer. She had been at UNI since 1985.

Follon's tenure at UNI will be remembered by her many lasting accomplishments, including the addition of Wellness and Recreation Services and the Center for Multicultural Education to the division, and the creation of the Leadership Studies Program. Other notable accomplishments include the construction of the ROTH residence hall, expansion of Maucker Union and, what some consider to be her crowning achievement, the construction of the Wellness/Recreation Center.

Early in her tenure at UNI, according to Clark Elmer, director of the Admissions and Enrollment Management, it became clear that the focus of the Division of Educational & Student Services would be on students. This student-centered philosophy resulted in the creation of a mission statement for the division that reflected and reinforced that focus. That mission statement hangs in her office and in the nine department offices under her direction.

Follon was very supportive of the programming in the residence halls, especially of the role hall coordinators have played with teaching/advising students. The residence halls also were wired for computer access and cable TV.

Follon worked hard to find financial resources for students through scholarships, grants and work study. Financial aid support increased substantially with her leadership, and she initiated the Direct Loan Program at UNI.

Director of Academic Advising Regina Green puts a different twist on Follon's accomplishments. "She was a great listener, always supportive and trusted people to do the right things. She was not an empire builder but an advocate for students. She would consistently question how what we did effected students. So in short her greatest accomplishments were all the students who think of UNI fondly."

"No matter the issue, Sue always placed students first," according to Keith Saunders, assistant director of governmental relations and former NISG president. "She served as a guiding force for a number of student leaders, including myself, in helping them to achieve their goals and in making them believe they could accomplish anything," recalls Saunders.

"Sue personified community at UNI," says UNI President Robert Koob. "The warmth and understanding she demonstrated in her work with students and colleagues was a hallmark of her leadership. Her contribution to the sense of community here was incalculable. We will miss her very much."

"I will always remember she brought compassion, humanity and civility to

every aspect of her relationships with students, faculty and staff. She was an excellent listener who was able to calm and soothe through empathy and understanding strident voices. You were always comfortable in her presence because you felt you were with a friend," recalls Registrar Phil Patton.

Follon, who was the first woman to be named a vice president at UNI, was hired by former UNI President Constantine "Deno" Curris, now president at Clemson University in South Carolina. Curris says, "Jo and I are deeply saddened by the news of Sue's passing. She leaves a marvelous legacy of service to the state and to higher education. She was a person who never sought the limelight, but who accomplished so much on behalf of others, particularly in the area of equal rights.

"In terms of her role as vice president, I think of her strong student orientation and the caliber of people she hired for student services' people who were devoted to student development and the philosophy of a student-centered university."

Follon came to UNI following nine years as executive director of the Iowa Commission on the Status of Women. For her efforts at the ICSW, she received the ICSW's Cristine Wilson Medal for Equality and Justice, awarded only when the Commission deems there is a worthy recipient. Charlotte Nelson, Follon's successor at the ICSW, says Follon put so much effort into the passage of the addition of women to the Iowa Constitution, that she thought it was ironic that she died the day following its passage.

"I hope Sue was aware of this successful milestone," says Nelson. "I am so sad to hear of her passing. During her years of leadership with the ICSW, she made a significant

difference in the lives of women and girls in this state."

Follon was appointed to the Commission by then Iowa Gov. Robert D. Ray, and together, they worked to establish the Iowa Women's Hall of Fame. Ray says he was saddened by her death. "Sue was a wonderful person with whom to work. I believe she moved the cause of women's rights so far—as much as any person I know."

Follon was a 1963 graduate of Iowa Wesleyan College, Mt. Pleasant, with a B.S. degree in biology and chemistry. She received a master's degree in student personnel services from UNI in 1970, and the Ed.D. degree in higher education administration from Drake University in 1983.

She held active leadership roles in numerous civic organizations and was past chair of the Executive Director's Association of the National Association of Commissions for Women and a past president of the Iowa Association of Women Deans, Administrators and Counselors.

Memorials may be made to the United Methodist Church of Volga, Iowa 52077 or the Dr. Sue Follon Scholarship for Women in Leadership, in care of the UNI Foundation, University of Northern Iowa, Cedar Falls, Iowa 50614.

REMEMBERING SUE FOLLON



'30s **Robert Henry**, BA, Idaho Falls, ID, died May 4, 1998. **Irene Oleson Horsley**, 2-yr '30, Waterloo, died Aug. 20, 1998. **Marie Barber Radebaugh**, 2-yr '30, Rippey, died Aug. 2, 1998. **Lillian Enlow**, BA '30, Cedar Falls, died Aug. 17, 1998. **Ruth Andrews Willeke**, 2-yr '30, Aplington, died Sept. 1998. **Ada Traxler Parsons**, 2-yr '30, Unionville, MO, died Aug. 26, 1998. **Irma Fricke**, 2-yr '30, Marshalltown, died Aug. 27, 1998. **Lorraine Curtis**, 2-yr '30, Mason City, died Sept. 15, 1998. **Wanda Booth Walter**, 2-yr '30, Ackley, died Aug. 22, 1998. **Anita Tellin**, 2-yr '30, Washington, died Aug. 8, 1998. **Elva Shillington Seymour**, 2-yr '31, Minburn, Oct. 7, 1998. **Helen Harney Reier**, 2-yr '31, Bettendorf, died Sept. 26, 1998. **Marjorie Watson**, 2-yr '31, Des Moines, died July 20, 1998. **Steve Knudsen**, BA '31, Ames, died Aug. 23, 1998. **Lillian Ernesting Meyerhoff**, 2-yr '31, Readlyn, died Aug. 17, 1998. **Helen Keller Icenbice**, 2-yr '32, Deep River, died Aug. 27, 1998. **Marianne**

Laton Martinson, BA '33, Littleton, CO, died Aug. 28, 1998. **Lenore Steege Dresch**, 2-yr '33, Wooster, OH, died Sept. 8, 1998. **Kathryn Langford Radavich**, 2-yr '33, Wick, died June 18, 1998. **Evelyn Fagan Johnson**, 2-yr '30; BS '34, Cedar Falls, died Sept. 28, 1998. **Marion Yavorsky Martin**, BA '34, Belle Plaine, died Aug. 11, 1998. **Hilda Miller**, 2-yr '30; BA '35, Rock Valley, died Oct. 2, 1998. **Eleanor Olson**, 2-yr '36, West Des Moines, died Aug. 1, 1998. **Otilla Mikesh**, 3-yr '27; BS '36, Protivin, died July 20, 1998. **Mildred Williams Caldwell**, 2-yr '36, Columbus Junction, died Aug. 13, 1998. **Lawrence Schaefer**, BS '37, Donnellson, died Nov. 5, 1998. **Theo Oster Martens**, 1-yr '33; 2-yr '37, Waterloo, died Aug. 1, 1998. **James North**, BA '39, Vail, died Sept. 4, 1998. **Leila Stevenson**, 2-yr '33; BA '39, Cedar Rapids, died Aug. 8, 1998.

'40s **Mabel Clark Kriz**, BA '40, Marion, died Aug. 4, 1998. **E. Lucille Dohlgren**

Hemingway, BA '42, Iowa City, died Aug. 23, 1998. **Dorothy Boger Mayes**, BA '42, Greenfield, died Oct. 3, 1998. **Eva Myers Deist**, 2-yr '42, Fairmont, MN, died July 20, 1998. **Louise Mason Gravatt**, BA '43, Traer, died Sept. 5, 1998. **Norma Truesdell Faust**, BA '43, Coggon, died July 11, 1998. **Lols Johnson Jons**, 2-yr '44, Primghar, died July 7, 1998. **George Harris**, BA '47, Omaha, NE, died July 30, 1998. **Winnifred McMillan Siamis**, 2-yr '42; BA '48, Cedar Rapids, died July 22, 1998. **Cyril Powers**, BA '48, Waterloo, died Aug. 22, 1998. **Donald Ray Bachman**, BA '49, Tempe, AZ, died Sept. 24, 1998.

'50s **Marian Marie Holtz**, 2-yr, Avoca, died June 15, 1998. **William Westberg**, BA '50, Clear Lake, died July 29, 1998. **James Bliss**, BA '50, Keokuk, died Aug. 5, 1998. **Gerald Boddicker**, BA '50, Rapid City, SD, died Aug. 3, 1998. **Kenneth Stoakes**, BA '50, Clear Lake, died Dec. 25, 1997.

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UNI ALUMNI CLASS NOTES

Marilyn Moon Thompson, 2-yr '50, Red Oak,
 died Sept. 23, 1998. **Vivian Fee Rowley**, 2-yr '52,
 Knoxville, died Jan. 3, 1998. **Lorena Eickelberg
 Gregg**, 2-yr '33; BA '52, LeClaire, died Oct. 3, 1998.
LaVerne Lantz, BA '52, Delafield, WI, died Sept. 22,
 1998. **Adelie Roelofs Jackson**, BA '52, Clayton,
 CA, died July 27, 1996. **Robert Watson**, BA '53,
 Des Moines, died July 17, 1998. **Melinda
 Hantelmann Dieter**, BA '53, Cedar Falls, died Aug.
 1, 1998. **Lucille Lenius Rogers**, 2-yr '45; BA '53,
 Sumner, died Aug. 4, 1998. **Janet Sellers Jewell**,
 BA '54, Ames, died Aug. 27, 1998. **Dale Higdon**, BA
 '55, Waterloo, died Nov. 6, 1998. **Mayrose Lane**, BA
 '56, Waverly, died Nov. 8, 1998. **Edna Wood
 Howard**, 2-yr '57, Dunlap, died Oct. 11, 1998.

'60s **Clarence Shaffer**, MA '60, Charles City,
 died Sept. 26, 1998. **Thomas Virgil
 Nally**, 2-yr '51; BA '56; MA '61, Spencer, died Sept.
 17, 1998. **John Abuhl**, BA '61, Waterloo, died Aug.
 10, 1998. **Laura Riveland Soreide**, 2-yr '43; BA
 '61, Panora, died Aug. 13, 1998. **James Gran**, MA
 '55; EdD '63, Sioux City, died Aug. 10, 1998. **R.
 Wayne Mooers**, BA '50, MA '65, Mesa, AZ, died
 June 19, 1998. **Donald Southall**, BA '65, Arlington,
 VA, died Aug. 6, 1998. **Richard Anthony
 Hancock**, BA '69, Kalona, July 8, 1998. **William
 Gowans**, MA '69, New Hartford, died Nov. 6, 1998.

'70s **Sue Follon**, MA '70, Cedar
 Falls, died Nov. 4, 1998. **Russell C. Davis**, BA '64; MA '71, Clear
 Lake, died Aug. 13, 1998. **Buron
 Jacobson**, BA '73, Cresco, died Oct. 3,
 1997. **Loras Fisher**, BA '71; MA '73, Des
 Moines, died April 1, 1998. **John
 Pulkrabek**, BA '74, Bay City, MI, died Aug.
 6, 1998. **Charles L. Fisher**, BA '76,
 Spencer, died Sept. 17, 1998. **George
 O'Brien**, BA '79, Ottumwa, July 31, 1998.

'80s **Claudette Montano**, BA '81,
 Waterloo, died Aug. 9, 1998. **Cinda Rae Barz**, BA '82, Austin, TX, Sept.
 10, 1998. **Peter John Larson**, BA '82; MA
 '84, Waimila, HI, Sept. 19, 1998. **Mark C.
 Reed**, BA '84, San Francisco, CA, died Aug.
 5, 1998. **Steve Prochrow**, BA '87,
 Davenport, FL, died Oct. 25, 1998. **John
 Fadiga**, BA '87, Centerville, died Aug. 19,
 1998.

'90s **Caroline Risius Dahlk**, BA
 '91, Des Moines, died Oct. 3,
 1998. **Daniel J. Miller**, BA '97, Cedar
 Falls, died July 25, 1998.

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Making a habit of wellness

by Kathy Gulick, director, Wellness and Recreation Services



We all know getting rid of a nasty habit can be difficult and establishing a healthy habit is easier said than done. Most of us also have learned from experience that willpower is not a reliable tool for overcoming the temptations of falling back into old habits.

Health behavior is a complicated process. James Prochaska, Ph.D., and other behavioral science colleagues formalized the Stages of Change Theory after years of clinical observation and extensive research. This behavior change model illustrates the stages through which one travels on the road to a new health habit: from a firm conviction to maintain *status quo* (pre-contemplation stage), through conditions of *maybe* or *someday* (contemplation stage), *tomorrow* (preparation stage), *now* (action stage), and finally arriving at *forever* (maintenance stage). Generally, individuals ready for action represent no more than 15-20 percent of a population needing to make a change, while those contemplating and preparing represent 80-85 percent.

We health professionals are often asked, "Does your program really make a difference in people's behaviors?" Success can't always be measured by a resulting behavior. If a particular program/service focuses on the 80-85 percent of those likely to change in the future, success may lie in moving people from one stage in the behavior change process to the next. For example, studies show that each time a smoker tries to quit and fails, that smoker learns something from the experience and is more likely to succeed in quitting at the next attempt. A smoker who completes a smoking cessation class and then lapses back into smoking is still closer to quitting than a smoker who didn't attend a class at all.

The best wellness promotion plan provides services that work for people at each stage of their attitude and behavior

change process. A multi-faceted plan is most likely to see resulting change in the attitudes and behaviors of its population. This is happening at UNI.

UNI administrators are to be commended for their recognition that one's personal well-being impacts one's academic and professional life and for their endorsement of efforts that enhance student, faculty, and staff well-being. Strategy 2.4 of the UNI Strategic Plan intends to "ensure that all members of the UNI community have the opportunity to enhance their well-being."

Following are some examples of university wellness-related initiatives as they relate to various stages of change.

■ Pre-Contemplation.

At this stage, policies or experiences that force a person to confront health concerns, are most likely to trigger thoughtful interest.

- HIV and blood pressure screenings, blood chemistry profiles, and health risk appraisals that alert people to health risks.
- UNI No Smoking Policy prohibits smoking in university buildings.
- Required educational programs for students who have violated university policies related to drinking.
- Interventions taken on behalf of students with eating disorders.
- UNI's required General Education course, Personal Wellness.
- Required or extra credit attendance by students at programs that bring home health information in practical ways.
- Posters, displays, and public service announcements throughout campus.

■ Contemplation.

At this stage, food for thought and motivational programming is valuable.

- National Depression, Eating Disorder, and Alcohol Screening Days, the AIDS Memorial Quilt Display, and other public health programs and panel presentations.

- Testimonials of visiting speakers and influential mentors within campus departments.
- Personal consultation services available within University Health Services.

■ Preparation and Action.

It is important during these stages to provide information, self-help materials, and direct assistance to persons who have made the decision to make a healthy lifestyle change. Removing barriers to healthy choices is important.

- Self-help materials for faculty, staff and students in the Wellness Resource Lab.
- Availability of the Wellness/Recreation Center, smoking cessation classes, the Personal Trainer and Wellness Mentor Programs, WRS incentive programs, healthy weekend social activities for students, and De-Stress Days.

■ Maintenance.

It is easy to fall back into old habits. UNI provides on-going support for healthy living.

- Substance-free, quiet lifestyle, and wellness housing for students.
- On-campus support groups.
- Excellent benefits and insurance plans.
- Publications such as the *CampusNewsNetwork* and *Words of Wellness*.
- Community-building activities and campus-wide celebrations.

Wellness is a positive and proactive approach to life, a choice to enjoy each day to the fullest in the best possible health. Wellness promotion involves walking with people along the way to their desired healthy lifestyles and creating environments conducive to and supportive of healthy living. UNI is taking a leading role in providing those opportunities for students, faculty, and staff.

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How **they make a difference:**

Nancy's work in the community helps make Cedar Falls a better home away from home for UNI students. LeRoy's work on the UNI Foundation Board of Trustees helps create new buildings and more opportunities for students. This "First Couple of Cedar Falls" puts students first by creating an endowment for a Presidential Scholarship, the most prestigious scholarship offered at UNI.

Why **they put Students First:**

"The students who come here have always left Cedar Falls a better place. We thought it would be appropriate to reward the very best students who come to UNI."



LeRoy and Nancy Redfern
Cedar Falls, Iowa



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