

---

1 **Extremes in East African hydroclimate and**  
2 **links to Indo-Pacific variability on interannual**  
3 **to decadal timescales**

4 CAROLINE C. UMMENHOFER \*

DEPARTMENT OF PHYSICAL OCEANOGRAPHY,  
WOODS HOLE OCEANOGRAPHIC INSTITUTION, WOODS HOLE, MA, USA

5 MARCO KULÜKE,

UNIVERSITY OF HAMBURG, GERMANY

6 JESSICA E. TIERNEY,

DEPARTMENT OF GEOSCIENCES,  
UNIVERSITY OF ARIZONA, TUCSON, AZ, USA

revised for

**Climate Dynamics**

---

\* *Corresponding author address:* Caroline C. Ummenhofer, Department of Physical Oceanography, Woods Hole Oceanographic Institution, Woods Hole, USA; email: cummenhofer@whoi.edu

## ABSTRACT

7  
8 East African hydroclimate exhibits considerable variability across a range of timescales, with  
9 implications for its population that depends on the region's two rainy seasons. Recent work  
10 demonstrated that current state-of-the-art climate models consistently underestimate the  
11 long rains in boreal spring over the Horn of Africa while overestimating the short rains in  
12 autumn. This inability to represent the seasonal cycle makes it problematic for climate  
13 models to project changes in East African precipitation. Here we consider whether this  
14 bias also has implications for understanding interannual and decadal variability in the East  
15 African long and short rains. Using a consistent framework with an unforced multi-century  
16 global coupled climate model simulation, the role of Indo-Pacific variability for East African  
17 rainfall is compared across timescales and related to observations.

18 The dominant driver of East African rainfall anomalies critically depends on the timescale  
19 under consideration: Interannual variations in East African hydroclimate coincide with sig-  
20 nificant sea surface temperature (SST) anomalies across the Indo-Pacific, including those as-  
21 sociated with the El Niño-Southern Oscillation (ENSO) in the eastern Pacific, and are linked  
22 to changes in the Walker circulation, regional winds and vertical velocities over East Africa.  
23 Prolonged drought/pluvial periods in contrast exhibit anomalous SST predominantly in the  
24 Indian Ocean and Indo-Pacific warm pool (IPWP) region, while eastern Pacific anomalies are  
25 insignificant. We assessed dominant frequencies in Indo-Pacific SST and found the eastern  
26 equatorial Pacific dominated by higher-frequency variability in the ENSO band, while the  
27 tropical Indian Ocean and IPWP exhibit lower-frequency variability beyond 10 years. This is  
28 consistent with the different contribution to regional precipitation anomalies for the eastern  
29 Pacific versus Indian Ocean and IPWP on interannual and decadal timescales, respectively.  
30 In the model, the dominant low-frequency signal seen in the observations in the Indo-Pacific is  
31 not well-represented as it instead exhibits overly strong variability on subdecadal timescales.  
32 The overly strong ENSO-teleconnection likely contributes to the overestimated role of the  
33 short rains in the seasonal cycle in the model compared to observations.

# 34 1. Introduction

35 Variations in East African hydroclimate across a range of timescales have the potential to  
36 greatly affect the livelihood of the region’s population. Recurring drought conditions across  
37 East Africa in recent decades, such as those in 1998, 2000, 2005, and almost continuously  
38 post-2008 especially during 2009–2011 (Nicholson 2014, 2016a), have redoubled research  
39 efforts to elucidate their origin. Droughts in the Horn of Africa have been linked to Indo-  
40 Pacific sea surface temperatures (SST; Funk et al. 2014; Hoell and Funk 2014; Funk and  
41 Hoell 2015; Hoell et al. 2017), partially driven by anthropogenic aerosol emissions (Rowell  
42 et al. 2015), changes in the tropical Pacific Ocean (Lyon and DeWitt 2012; Lyon 2014), in  
43 particular changing zonal Pacific SST gradients (Liebmann et al. 2014), a westward extension  
44 of the Indo-Pacific warm pool and a strengthening of the Walker circulation (Williams and  
45 Funk 2011) leading to enhanced upper-level easterlies over East Africa (Liebmann et al.  
46 2017), a warming Indian Ocean (Funk et al. 2008; Williams et al. 2012), and anomalous  
47 subsidence over East Africa associated with unusually strong equatorial westerlies over the  
48 Indian Ocean (Hastenrath et al. 2007, 2010), amongst others.

49 Anomalously dry and wet conditions in East Africa have been attributed to different  
50 climatic drivers; some of the apparent disagreement amongst studies in that regard is likely  
51 due to differences in study design: this arises from addressing different seasons or timescales  
52 (interannual versus decadal variability), using different data sets (especially pronounced in  
53 this data-sparse region), and varying analysis periods due to the non-stationarity of the  
54 climatic drivers in the region (e.g., Nicholson 2015, 2017). It is therefore of interest to  
55 investigate these aspects systematically in a consistent framework, such as that provided  
56 by an unforced multi-century simulation with a global coupled climate model. Here we  
57 use a 1300-yr pre-industrial control simulation from the National Center for Atmospheric  
58 Research (NCAR) Community Earth System Model (CESM) to compare the role of Indo-  
59 Pacific variability on East African rainfall on interannual and decadal timescales.

60 East Africa exhibits much drier conditions in the annual mean sense compared to other

61 tropical land areas, with a distinct bimodal rainfall distribution (Yang et al. 2015). Nicholson  
62 (2016b) linked the region’s aridity to the Turkana low-level jet, strongest during the June–  
63 September dry season, that suppresses rainfall, with the region’s orography also playing  
64 a role (Christensen et al. 2013). Rainfall across the Horn of Africa is characterised by  
65 the semi-annual passage of the Intertropical Convergence Zone (ITCZ), which results in  
66 two rainy seasons in the region: the so-called “long rains” during March–May (MAM) and  
67 the “short rains” during September–November (SON). Investigating atmospheric convective  
68 stability over the region, Yang et al. (2015) attributed these distinctive seasonal features  
69 to the ventilation mechanism: the atmosphere over East Africa is convectively stable year-  
70 round due to the import of low surface moist energy from the relatively cool Indian Ocean;  
71 the two rainy seasons represent the exception when SST in the western Indian Ocean rise  
72 and less stable air is transported onto East Africa. Using idealised atmospheric general  
73 circulation model (AGCM) experiments, Ummenhofer et al. (2009b) assessed the role of  
74 Indian Ocean SST during enhanced East African short rains. They found extreme short  
75 rains to be primarily due to increased onshore moisture flux convergence driven by local  
76 warm SST in the western Indian Ocean, rather than a strengthened zonal SST gradient  
77 across the equatorial Indian Ocean associated with the Indian Ocean Dipole (IOD; Saji  
78 et al. 1999; Webster et al. 1999; Black et al. 2003). Related to this, recent warming trends  
79 in the western Indian Ocean may be responsible for increasingly wetter short rain seasons  
80 (e.g., Liebmann et al. 2014).

81 On interannual timescales, East African rainfall variability has been associated with  
82 Atlantic variability (Camberlin and Okoola 2003; Williams et al. 2012), the El Niño-Southern  
83 Oscillation (ENSO; e.g., Janowiak 1988; Ogallo 1988; Mutai et al. 1998; Reason et al. 2000;  
84 Giannini et al. 2008; Parhi et al. 2016), the IOD (e.g., Saji et al. 1999; Webster et al. 1999;  
85 Black et al. 2003; Manatsa et al. 2012; Manatsa and Behera 2013), zonal equatorial easterlies  
86 (Hastenrath et al. 2004), the Mascarene High (Manatsa et al. 2014), and the Southern  
87 Annular Mode (SAM; Manatsa et al. 2016). Links between East African rainfall variability



88 and ENSO are especially pronounced later in the year (e.g., Janowiak 1988; Ogallo 1988;  
89 Mutai et al. 1998; Reason et al. 2000). The question has been raised whether these impacts  
90 are a direct response to ENSO-forcing, or more the result of an indirect effect through  
91 ENSO’s influence on Indian Ocean SST (Goddard and Graham 1999; Latif et al. 1999;  
92 Black et al. 2003). Parhi et al. (2016) found the East African short rains to be impacted by  
93 ENSO during its mature phase through enhancing Indian Ocean surface warming, leading to  
94 increased column water vapour content and higher atmospheric vertical instability across the  
95 region. Large-scale variability across the broader Indo-Pacific thus likely plays a role, though  
96 the relative contributions from the Pacific and Indian Ocean, as well as their co-variability,  
97 vary on decadal timescales.

98 Investigating interannual variability of the onset and demise of the East Africa long  
99 rains, Camberlin and Okoola (2003) found that both Atlantic and Indian Ocean SST were  
100 important: a delayed onset of the long rains was associated with warm SST in the South  
101 Atlantic and cool SST in the Indian Ocean, leading to enhanced equatorial easterlies and  
102 divergent flow over East Africa; such a configuration resulted in a westward displacement of  
103 the ITCZ, delaying the onset of the long rains (Camberlin and Okoola 2003). Anomalous  
104 warm Indian Ocean SST, often associated with the positive phase of the IOD (Saji et al.  
105 1999; Webster et al. 1999), result in enhanced low-level easterly moisture transport and  
106 convergence over East Africa (Ummenhofer et al. 2009b) or a weakening of the westerly  
107 flow that transports moisture away from the region over the northern Indian Ocean (Black  
108 et al. 2003). The strength of the central Indian Ocean equatorial surface winds also exhibits  
109 strong control on East African climate (Hastenrath et al. 2004): short rains are deficient  
110 when development of the zonal circulation cell over the Indian Ocean is weak in response to  
111 anomalously cool SST in the western Indian Ocean. Central Indian Ocean equatorial winds  
112 thus have been proposed as a useful predictor of East African rainfall (Hastenrath et al.  
113 2004). Funk et al. (2014) instead used two SST indices based on the western Pacific SST  
114 gradient and central Indian Ocean SST as predictor for boreal spring rainfall, capturing most

115 major drought events in recent years. Analysing the potential predictability of SST-forced  
116 East African rainfall in AGCM simulations, Bahaga et al. (2015) found the IOD to play a  
117 dominant role for predicting interannual variability compared to ENSO. In contrast, low-  
118 frequency variations in prediction skill after the climate shift in the mid-1970s was thought  
119 to be due to ENSO interfering with the Indian Ocean’s influence (Bahaga et al. 2015).

120 Investigating East African rainfall post-1998, Nicholson (2016a) found droughts to be  
121 more frequent and persistent after 2005 compared to the earlier period, consistent with a  
122 decline in total water storage in the Horn of Africa between 2002 and 2010 (Omondi et al.  
123 2014); equally severe droughts were also encountered in the 1950s and 1970s and an extensive  
124 multi-decadal drought in the early 19th century (Nicholson et al. 2012). Using a 139-year  
125 precipitation record, Nicholson (2015) evaluated the time-dependence of the impact of ENSO,  
126 IOD, and equatorial zonal winds in the central Indian Ocean for East African short rains and  
127 found marked variations on decadal timescales: zonal winds exhibited the most consistent  
128 link, compared to ENSO and IOD, especially pronounced during wet years. Extremely wet  
129 conditions were associated with several of these drivers acting in concert, while drought  
130 conditions had more varied causes (Nicholson 2015, 2017).

131 Decadal changes in the strength of the Walker circulation are intimately tied to the  
132 strength of ENSO’s influence on East Africa: a strong Walker cell over the Pacific and  
133 a weak one over the Indian Ocean during 1920–1960 was associated with strong links to  
134 ENSO, overall drier conditions, and suppressed interannual variability in the East African  
135 short rains. When the Pacific Walker cell weakened and the Indian Ocean one strengthened  
136 post-1961, the short rains became more variable and wetter (Nicholson 2015). Similarly,  
137 Manatsa and Behera (2013) described an epochal strengthening in the relationship between  
138 the IOD and East African rainfall post-1961, with 73% of short rain variability in East Africa  
139 explained by the IOD, up from 50% in previous decades. After 1997, this increased further  
140 to 82%, explaining spatially coherent events across the region and frequent rainfall extremes  
141 (Manatsa and Behera 2013). Awange et al. (2014) found variability in water storage over the

142 Nile Basin to be significantly associated with the IOD during their study period 2002–2011.  
143 The effect of Indian Ocean SST on East African rainfall is most pronounced during the short  
144 rains, though Williams and Funk (2011) argued that warming Indian Ocean SST in recent  
145 decades were also associated with reduced long rains for the March–June season in Ethiopia  
146 and Kenya.

147 Investigating decadal trends in East African rainfall, Ongoma and Chen (2016) found  
148 a long-term decrease since the 1950s over the region  $35^{\circ}$ – $40^{\circ}$ E,  $5^{\circ}$ N– $4^{\circ}$ S; largest negative  
149 annual trends were incurred during the 1960s, while during the 1990s and 2000s drying  
150 was especially pronounced during the long rain season (e.g., Nicholson 2017, and references  
151 therein). The latter is of particular concern as droughts during the long rains affect crops  
152 and livestock across the region (e.g., Ongoma and Chen 2016; Vrieling et al. 2016). Investi-  
153 gating recent changes in Horn of Africa precipitation in observations and SST-forced AGCM  
154 simulations, Liebmann et al. (2014) found the MAM rainy season to have become drier and  
155 the October–December months wetter since 1979; they linked the former to an increased  
156 zonal SST gradient between the Maritime Continent and the central Pacific, while the latter  
157 was associated with warming in the western Indian Ocean. Williams et al. (2012) also found  
158 East Africa to be increasingly influenced by the southern tropical Indian Ocean since the  
159 1980s, which led to convergence of dry air over East Africa, reducing moisture advection  
160 from the Congo Basin and thus lowering convection and rainfall locally. Vigaud et al. (2017)  
161 suggested that a more frequent dry regime in May since 1998–99, associated with an earlier  
162 onset of the monsoon and Somali jet, could account for a recent abrupt shift observed in East  
163 African long rains. They related this shift to off-equatorial warming in the western Pacific  
164 modulating the long rains on multi-decadal timescales. Similarly, Lyon (2014) attributed  
165 more frequent MAM droughts in East Africa post-1998 to multi-decadal natural variability  
166 in the tropical Pacific. In contrast, Hoell et al. (2017) suggested that human-induced changes  
167 in tropical SST exacerbated the effect of natural Pacific decadal variability, enhancing East  
168 African drying during the long rain season. Tierney et al. (2015) showed that the recent

169 drying in the Horn of Africa was unusual in the context of the last 2000 years and likely  
170 related to warming temperatures associated with rising greenhouse gases.

171 For 21st Century projections, Conway et al. (2007) found no clear trend in annual East  
172 African rainfall, but an indication of decreased MAM and increased SON values based on  
173 six different Coupled Model Intercomparison Project phase 3 (CMIP3) models. Shongwe  
174 et al. (2011) also described increases in the mean and extreme precipitation during the short  
175 rains based on 12 CMIP3 models. This was associated with a positive IOD-like warming  
176 projected for the 21st Century, resulting in enhanced moisture convergence over East Africa  
177 due to a weakened descending branch of the Walker cell (Christensen et al. 2013). Cook  
178 and Vizy (2013) used a regional climate model forced with a medium-emissions scenario  
179 based on a six-member ensemble of CMIP5 models to investigate changes in East African  
180 rainy seasons: the projections indicated shorter and drier long rains across East Africa due  
181 to strong warming over the Sahara and anomalous dry anticyclonic flow from the northern  
182 Arabian Sea. This was also consistent with projected increases in dry days over East Africa  
183 Vizy and Cook (2012), while the short rains were prolonged due to a northeastward shift in  
184 the South Indian convergence zone (Cook and Vizy 2013).

185 Recent work demonstrated that current state-of-the-art climate models consistently over-  
186 estimate the short rains, while underestimating the long rains over the Horn of Africa (Tier-  
187 ney et al. 2015; Yang et al. 2014). According to Yang et al. (2014), the CMIP5 historical  
188 simulations therefore erroneously indicate a slight wettening trend for the long rains in the  
189 20th Century in response to the radiatively forced change. In contrast, the atmospheric  
190 model intercomparison project (AMIP) experiments with observed SST forcing exhibit East  
191 African precipitation trends consistent with observations and also have a more realistic sea-  
192 sonal cycle. Tierney et al. (2015) found future projections were unrealistically dominated  
193 by a weakening of the Walker circulation predicting increasingly wetter conditions for East  
194 Africa, while the observations and palaeoclimate records suggest extensive drying. This  
195 inability to represent the seasonal cycle makes it problematic for current state-of-the-art cli-

196 mate models to project changes in precipitation for East Africa. Here we explore whether this  
197 also has implications for the model’s representation of interannual and decadal variability in  
198 East African precipitation during the long and short rain seasons.

199 The remainder of the paper is structured as follows: Section 2 describes the observational  
200 and reanalysis products and climate model simulation. In Section 3, the simulated charac-  
201 teristics of East African hydroclimate are compared to observations. Links between East  
202 African hydroclimatic extremes and Indo-Pacific climate anomalies are detailed in Section  
203 4. Section 5 assesses spectral properties of SST of relevance for East Africa in the Indian  
204 and Pacific Ocean basins, respectively. Our main findings are summarised in Section 6.

## 205 **2. Data sets and model**

### 206 *a. Observational and reanalysis products*

207 A series of monthly global gridded observational and reanalysis products were used to  
208 assess the representation of the model’s climate conditions. At  $2.5^\circ$  horizontal resolution,  
209 these include the National Centers for Environmental Prediction (NCEP)/National Cen-  
210 ter for Atmospheric Research (NCAR) reanalysis (NNR; 1948–present; Kalnay et al. 1996;  
211 Kistler et al. 2001) and the 20th Century reanalysis (20CR; 1871–2011; Compo et al. 2011);  
212 SST at  $1^\circ$  horizontal resolution from the UK Hadley Centre HadISST (1870–present; Rayner  
213 et al. 2003); and precipitation at  $0.5^\circ$  horizontal resolution from the Global Precipitation  
214 Climatology Centre (GPCC; version 6; 1901–2010; Schneider et al. 2013). Quantifying un-  
215 certainties in precipitation is especially difficult over Africa due to the poor distribution of  
216 the rain gauge network. Awange et al. (2016) compared six newly available satellite-based  
217 precipitation products over the Horn of Africa and found them to be consistent with GPCC  
218 for the overlapping study period 2003–2010. Here, the common analysis period was taken  
219 as 1901–2010, though results were repeated for the more recent period post-1957 with im-  
220 proved data coverage. Given the robustness of the results, we only show analyses for the

221 longer period 1901–2010.

222 *b. Climate model*

223 We make use of output from the Community Earth System Model (CESM), a fully cou-  
224 pled state-of-the-art global community climate model developed by NCAR, which is part of  
225 CMIP5. The atmospheric component of the model, the Community Atmosphere Model ver-  
226 sion 4 (CAM4), provides considerable improvements to the earlier version of the model, such  
227 as changes in the deep convection parameterisation through subgrid-scale convective momen-  
228 tum transports (Gregory et al. 1997; Richter and Rasch 2008), which improved subtropical  
229 westerly biases, the excessive mid-latitude jet in the Southern Hemisphere, and representa-  
230 tion of ENSO. The finite volume scheme was used for the dynamical core component due  
231 to its superior transport properties and new horizontal grid discretisations ( $1.9^\circ$  by  $2.5^\circ$  and  
232  $0.9^\circ$  by  $1.25^\circ$ ) were made for improved computational processing (Neale et al. 2012). For  
233 further information on the mean climate of CAM4 in fully coupled simulations, see Neale  
234 et al. (2013).

235 The ocean component of CESM consists of the Los Alamos National Laboratory Parallel  
236 Ocean Program Version 2 (POP2; Smith et al. 2010) and the Community Sea Ice Model  
237 (Briegleb et al. 2004). The horizontal resolution is roughly  $1^\circ$  with refined meridional spac-  
238 ing in the tropics and 60 vertical levels with improved resolution in the upper 160 meters  
239 with uniform 10-meter resolution. Some significant efforts for the improved subgrid-scale  
240 parameterisations have been made in recent years for POP2, as summarised in detail by  
241 Smith et al. (2010) and Danabasoglu et al. (2012). Some of the relevant updates to the  
242 topic of this study are the inclusion of space-time dependent thickness and isopycnal dif-  
243 fusivity (Danabasoglu and Marshall 2007), anisotropic horizontal viscosity and diffusivity  
244 (Jochum and Potemra 2008; Jochum 2009), the parameterisations for mesoscale eddy flux  
245 (Danabasoglu et al. 2008), and submesoscale eddies (Fox-Kemper et al. 2011).

### 246 **3. East African hydroclimate**

#### 247 *a. Mean, correlation, and seasonal cycle*

248 Characteristics of East African precipitation in Fig. 1 highlight how mean rainfall, its  
249 variability, and important teleconnections compare between observations and the model.  
250 Long-term mean annual precipitation across the region is characterised by rainfall amounts  
251 of 800–1400 mm/yr for much of the region, with drier conditions of only 200–400 mm/yr  
252 over the Horn of Africa (Fig. 1a,b). While the model captures reduced precipitation in the  
253 Horn region, the precipitation minimum of less than 200 mm/yr seen at the tip of the Horn  
254 in observations is too wet in the model. The model simulates the enhanced precipitation  
255 over the Ethiopian Highlands, but the high-rainfall region extends too far west and south  
256 compared to observations. Year-to-year variability of annual precipitation is low for the  
257 Horn of Africa, in particular near the tip of the Horn, a feature well-represented by the  
258 model (Fig. 1c,d). The model overestimates precipitation variability further inland, though.

259 It is well-known that East African precipitation is affected by Indo-Pacific variability  
260 associated with ENSO (e.g., Janowiak 1988; Ogallo 1988; Mutai et al. 1998; Indeje et al.  
261 2000; Lyon and DeWitt 2012) and the IOD (e.g., Goddard and Graham 1999; Saji et al. 1999;  
262 Webster et al. 1999; Black et al. 2003; Behera et al. 2005; Hastenrath 2007; Ummenhofer  
263 et al. 2009b; Manatsa et al. 2012; Manatsa and Behera 2013). To take into account the  
264 seasonal evolution of ENSO and IOD events, the precipitation time-series used in Fig. 1 has  
265 been shifted to cover the September to August months. The correlation between annual  
266 precipitation and the Niño3.4 index as the spatially averaged SST in the central equatorial  
267 Pacific ( $5^{\circ}\text{N}$ – $5^{\circ}\text{S}$ ,  $170^{\circ}$ – $120^{\circ}\text{W}$ ) and the Dipole Mode Index (DMI; Saji et al. 1999) is shown  
268 in Fig. 1e–h. Precipitation in the Horn of Africa region in observations is positively correlated  
269 with ENSO, with higher correlations for the latitude band  $5^{\circ}\text{N}$ – $5^{\circ}\text{S}$  and along the coast, while  
270 negative anomalies are seen south of  $10^{\circ}\text{S}$  and north of  $10^{\circ}\text{N}$  (Fig. 1e). The broad features  
271 of the ENSO-precipitation correlation are captured by the model (Fig. 1f), though the area

272 of high correlations is much stronger and more restricted to the coast and the southern Horn  
273 compared to observations. East African precipitation in observations and the model is also  
274 positively correlated with the IOD, though the correlation coefficient over the Horn region  
275 is overly strong in the model (Fig. 1g,h).

276 To better understand hydroclimatic variations in East Africa, precipitation is averaged  
277 over the land-points within the region  $10^{\circ}\text{N}$ – $5^{\circ}\text{S}$ ,  $40^{\circ}$ – $52^{\circ}\text{E}$  as delimited by the box in Fig. 1  
278 that includes Somalia, parts of Ethiopia and Kenya. The spatial extent of the region is  
279 determined by being an area of interest that has recently experienced severe drought con-  
280 ditions (e.g., Nicholson 2014) and its hydroclimatic features are simulated by the model.  
281 In the comparison between observations and simulated East African hydroclimate, the lim-  
282 ited number of high-quality records that are available for the gridded observational product  
283 across the region should be kept in mind.

284 The seasonal cycle of the precipitation time-series, spatially averaged across the land-  
285 points in the Horn of Africa region (cf. spatial extent highlighted in Fig. 1) is shown for  
286 the observations and model in Fig. 2. The seasonal cycle highlights the two rainy season  
287 characteristics of East African hydroclimate in observations: the long rains during MAM  
288 and the short rains during SON (Fig. 2a). The large year-to-year variability during the  
289 rainy seasons and less so for the intervening drier months is also apparent. In the model, the  
290 seasonal cycle of the total rainfall overemphasises the short rains with a mean ranging from  
291 70–120 mm/month in SON, compared to a mean of 30–60 mm/month in the observations  
292 (Fig. 2a,b). In contrast, the model long rains are considerably underestimated in the model.  
293 Given the importance of the Turkana low-level jet in suppressing rainfall (Nicholson 2016b),  
294 a bias in the jet in the model could contribute to biases in the short and long rains. The  
295 climatological MAM winds at the 850hPa level in the model over the entry region of the  
296 Turkana jet are somewhat stronger and exhibit a northerly bias compared to observations:  
297 i.e., the jet is angled from the southeast in the observations, rather than directly from the  
298 east in the model (figure not shown). During SON, the alignment of the Turkana jet over the



299 entry region is well-represented in the model, though the jet is weaker than in observations,  
300 which could contribute to the positive bias in the short rains in the model.

301 The bimodal rainfall distribution of the seasonal cycle in observations is better reflected  
302 in the convective precipitation in the model (Fig. 2c), though the model peak in the long rains  
303 is shifted towards May, compared to April in the observations. The large-scale precipitation  
304 in the model (figure not shown) exhibits a small contribution to the total rainfall, more or  
305 less uniform throughout the year, a bias common to climate models that rain too frequently  
306 in the 1–10 mm/day category (e.g., Dai 2006, and references therein). For the remainder  
307 of the study, we therefore focus our analyses on the convective precipitation in the model  
308 which has a more realistic seasonal cycle and precipitation amounts for the Horn of Africa  
309 region of interest here.

#### 310 *b. Time-series and extremes*

311 The precipitation time-series for the Horn of Africa region are given for the MAM and  
312 SON season in the observations and model in Fig. 3. Highlighted are individual seasons with  
313 extreme hydroclimatic conditions, defined as those with the highest/lowest 10% of seasonal  
314 precipitation over the length of record. In addition, we also define sustained periods of  
315 above- and below-average MAM and SON rainfall, respectively. Such multi-year drought  
316 or pluvial periods are defined on the 5-yr running mean of the time-series. A drought or  
317 pluvial is defined to occur when the running mean exceeds a cutoff value of  $\pm 1$  standard  
318 deviation. The starting point of a drought/pluvial was taken as the year when the running  
319 mean crossed the threshold of  $\pm 0.5$  standard deviation prior to the point of exceeding the  
320 cutoff value of  $\pm 1$  standard deviation. The endpoint of the drought/pluvial occurred when  
321 the running mean no longer exceeds the cutoff value of  $\pm 1$  standard deviation. In addition  
322 to incorporating the extreme conditions at the height of a drought or pluvial, this definition  
323 also includes the years leading *into* it. The approach chosen here follows Ummenhofer et al.  
324 (2011).

325 Extreme dry MAM seasons in the Horn of Africa region are all characterised by a rain-  
326 fall deficit exceeding -20 mm/month, with 1992 being the driest year with a deficit of -30  
327 mm/month (Fig. 3a). Dry MAM seasons occurred primarily during the 1920s, the late 1940s  
328 to early 1960s, and since the 2000s. Prolonged MAM drought conditions were observed dur-  
329 ing the 1940s and 1950s, and more recently in the 2000s, consistent with Nicholson et al.  
330 (2012). In contrast, the Horn experienced anomalously wet long rains at the start of the  
331 20th century, with many extreme wet MAM seasons falling into those periods, as well as  
332 prolonged pluvial conditions (Fig. 3a). For the SON season, increasingly wetter short rains  
333 since the 1960s are apparent in the observations, consistent with Liebmann et al. (2014),  
334 with the majority of extreme SON seasons occurring post-1960 (Fig. 3b). With a rainfall  
335 anomaly in excess of 100 mm/month, 1997 experienced the wettest SON seen in the record.  
336 It was a strong El Niño event with concurrent positive IOD conditions in the Indian Ocean  
337 (Saji et al. 1999; Webster et al. 1999), resulting in widespread flooding across East Africa  
338 (e.g., Birkett et al. 1999). Prolonged drought conditions for the SON season occurred in  
339 the 1930s to the 1950s, consistent with the MAM season and Nicholson et al. (2012). From  
340 Fig. 3a,b it is also apparent that the magnitude of the rainfall anomalies during extreme wet  
341 years is considerably larger than during the extreme dry years. On the other hand, during  
342 the 20th Century, it appears that prolonged drought conditions are more persistent than  
343 pluvial conditions. It has to be noted, though, that the length of the observational record is  
344 limited and non-stationarity in the climate system needs to be kept in mind in this regard.

345 It is therefore of interest to assess extreme dry and wet conditions, as well as prolonged  
346 drought and pluvial periods in an extended record. The corresponding precipitation time-  
347 series for the Horn of Africa region over the 1300 years in the CESM simulation is therefore  
348 shown in Fig. 3c,d. The extended record provides considerably larger sample size of extreme  
349 dry/wet years, as well as more realisations of prolonged drought/pluvial conditions. The  
350 asymmetry in the magnitude of the rainfall anomalies between extreme dry and wet years  
351 in the observations is less pronounced in the model: minimum and maximum values in

352 the model varies from -19 mm/month to 35 mm/month for MAM and -49 mm/month to  
353 50 mm/month for SON. Prolonged drought conditions, incurred for 263 MAM (272 SON)  
354 seasons over the length of record, compared to 261 pluvial MAM (268 SON) seasons, are  
355 also readily apparent.

356 A power spectral density (PSD) analysis of the MAM precipitation time-series reveals  
357 a dominant period of 3–4 and 50 years in the observations, significant at the 95% level  
358 (Fig. 3a), while a peak at approximately 5 years in SON is not significant (Fig. 3b). In the  
359 model, significant peaks for MAM occur around 4 and 6 years, as well as at multi-decadal  
360 to centennial frequency (Fig. 3c). For SON, a broad peak in the 3–4 year range and at 6  
361 years is apparent (Fig. 3d). Peaks in the 3–6 year range are most likely associated with the  
362 well-known influence of ENSO on East African precipitation (e.g., Janowiak 1988; Ogallo  
363 1988; Mutai et al. 1998; Indeje et al. 2000; Lyon and DeWitt 2012).

364 The distributions of rainfall during dry/wet and drought/pluvial seasons for the long  
365 and short rains for MAM and SON in the observations and model are further detailed in  
366 Fig. 4. In the observations, the extreme dry (wet) MAM seasons recorded a median seasonal  
367 rainfall of 40 mm/month (90 mm/month), compared to 52 mm/month (76 mm/month) for  
368 the drought (pluvial) conditions (Fig. 4a). In contrast in the model, extreme dry (wet)  
369 median rainfall during MAM were 12 mm/month (36 mm/month), while droughts (pluvials)  
370 were characterised by a median seasonal MAM rainfall of 18 mm/month (28 mm/month;  
371 Fig. 4b). As such, dry and wet extremes during MAM in the observations differed by a factor  
372 of  $\sim 2$  and a factor of  $\sim 3$  in the model. While the model consistently underestimates MAM  
373 rainfall, the variability across dry/wet extremes and droughts/pluvials is better represented.  
374 Dry extremes and droughts do not feature a large interquartile range, while wet extremes  
375 and pluvials do (Fig. 4a,b). This is seen in both the observations and model and is consistent  
376 with larger rainfall deviations during wet compared to dry conditions (cf. Fig. 3).

377 For the short rains, dry (wet) extreme SON seasons recorded 25 mm/month (80 mm/month)  
378 in the observations, compared to 46 mm/month (76 mm/month) in the model, with the lat-

379 ter consistently wetter than the observations (Fig. 4c,d). Similarly, SON median rainfall  
380 during pluvial (drought) conditions was 48 mm/month (34 mm/month) in the observations  
381 compared to 87 mm/month (66 mm/month) for the model. Again, the range in the rain-  
382 fall amounts during wet extremes and pluvials for SON is larger than for dry extremes and  
383 droughts.

384 We further explore the characteristics of dry/wet and drought/pluvial years in the Horn  
385 of Africa region in Fig. 5, which shows the seasonal cycle of precipitation in the observations  
386 and model during the years when the MAM and SON seasons, respectively, were classified  
387 as extreme in Fig. 3. To assess whether the seasonal cycle during seasons with extreme  
388 hydroclimatic conditions deviates significantly from average conditions, we used a Monte  
389 Carlo test (cf. Ummenhofer et al. 2011): For each category (dry/wet/drought/pluvial),  $n$   
390 represents the number of years falling into this category. We randomly picked  $n$  years and  
391 determined their mean seasonal cycle for each category. This was repeated 10,000 times to  
392 produce a probability density distribution of expected precipitation by month for a given  
393  $n$ . The gray shading in Fig. 5 represents the lower and upper bounds of a 90% confidence  
394 interval for the randomly generated distribution. Where the blue/orange lines lie outside  
395 the gray shading, the precipitation differs significantly from average seasonal conditions.

396 For the MAM season, extreme dry/wet seasons were characterised by significantly re-  
397 duced/enhanced rainfall during these months for both the observations and model (Fig. 5a,b).  
398 In contrast, rainfall conditions returned to average for the remainder of the year (with the  
399 exception of dry MAM seasons recording above-average rainfall during the short rains in  
400 the observations). Similarly, drought and pluvial periods during MAM also experienced  
401 significant dry and wet deviations from average conditions only during the MAM season  
402 in the observations and model, but not during the rest of the year (Fig. 5c,d). Extremes  
403 during the SON season, on the other hand, exhibited large deviations in the rainfall not  
404 only during SON, but earlier in the year as well for both observations and model (Fig. 5e,f):  
405 dry SON seasons also recorded significant dry conditions during April–May and July in the

406 observations and for June–December in the model, while wet SON extremes in the model  
407 already exhibited significantly wetter conditions from July onwards. For drought and pluvial  
408 conditions, drier conditions early in the year only occurred for observed SON droughts, with  
409 rainfall anomalies otherwise more restricted to the SON season (Fig. 5g,h).

410 It is apparent that an asymmetry exists in regard to the seasonality of rainfall anoma-  
411 lies depending on the timescale under consideration: For the MAM season, the deviations  
412 in rainfall are restricted mostly to the long rain season only, irrespective of the timescale.  
413 However, dry (wet) SON seasons are characterised by a considerable decrease (increase)  
414 throughout most of the year (Fig. 5e,f); in contrast, prolonged drought/pluvial SON seasons  
415 record reduced/enhanced precipitation only during the short rains, respectively (Fig. 5g,h).  
416 Such nonlinearity in precipitation conditions with regard to timescale is crucial for under-  
417 standing variations in East African climate and hints at differing mechanisms responsible for  
418 anomalous hydroclimatic conditions in the region on interannual and decadal timescales, as  
419 well as for drought and pluvial conditions, as suggested by Nicholson (2015). In the model,  
420 there is a bias to underestimate the long rains and overestimate the short rains, potentially  
421 linked to biases in the Turkana jet as discussed before. Despite this, as in observations,  
422 dry/wet SON seasons in the model are also associated with significantly lower/higher pre-  
423 cipitation throughout much of the year, including both long and short rains, compared to  
424 conditions only being anomalous during the short rains during drought/pluvial periods. In  
425 the following, we thus explore how the dry/wet and drought/pluvial conditions in the Horn  
426 of Africa relate to broader Indo-Pacific climatic anomalies in the observations and model.

## 4. Links between East African hydroclimatic extremes and Indo-Pacific climate anomalies

### *a. Indo-Pacific climate anomalies for extreme hydroclimatic conditions – MAM*

The climate anomalies for MAM during extreme hydroclimatic conditions are given for observations in Fig. 6. Years with enhanced East African long rains (+20 mm/month) are characterised by drier conditions across the eastern Indian Ocean, including the Maritime Continent and western Australia during MAM (Fig. 6a). These rainfall patterns are consistent with anomalous descent over the IPWP and ascent over East Africa, as seen in the 700hPa  $\Omega$  field and the 200hPa velocity potential (Fig. 6e,q). The latter reflects large-scale vertical motions associated with shifts in the Walker circulation. Low-level wind convergence over the East African coast and divergent anomalies over the Maritime Continent are also seen (Fig. 6i). Significant warm SST anomalies occur over the tropical Atlantic and the subtropical North Pacific (10°–25°N; Fig. 6m). The Indian Ocean is characterised by cool SST, albeit mostly not significant, apart from locally in the southeast Indian Ocean.

Years characterised by dry conditions over East Africa (-20mm/month) also record reduced rainfall over the southern Arabian Peninsula and the northern Indian subcontinent (Fig. 6b). The unusually dry regions are subject to large-scale descending motion over the broader Indian region, while there is anomalous ascent over the IPWP (Fig. 6f,s). Dry years in East Africa are also characterised by warm SST across the eastern equatorial Pacific reminiscent of El Niño conditions (Fig. 6o).

The precipitation patterns for East African pluvial and drought periods exhibit similar features to dry and wet years, but the anomalies are of reduced magnitude (Fig. 6c,d). A pronounced positive anomaly in 200hPa velocity potential is seen over the IPWP region and adjacent land areas and extending towards the southeast to Madagascar during pluvial episodes in the observations (Fig. 6r). In contrast, prolonged drought episodes during MAM are associated with La Niña-type SST anomalies in the Pacific and cool SST in the central

453 Indian Ocean. The 200hPa velocity potential indicates significant negative anomalies over  
454 the IPWP region and anomalous descending motion over the African continent (Fig. 6t).  
455 Overall, the composite anomalies between dry/wet extremes and drought/pluvial episodes  
456 are broadly similar for MAM for the observations (Fig. 6). A striking exception is the Pacific  
457 SST anomaly pattern during MAM dry extremes and drought episodes, resembling El Niño  
458 and La Niña conditions, respectively (Fig. 6m–p).

459 Similar to the observations, East African wet years in the model are also characterised  
460 by significantly more MAM precipitation over the Arabian Peninsula and into the Indian  
461 subcontinent (Fig. 7a) in line with anomalous ascent over these regions (Fig. 7e,q). The  
462 equatorial Indian Ocean exhibits easterly wind anomalies at the 850hPa level and conver-  
463 gence over coastal East Africa during MAM (Fig. 7i). Enhanced southwesterly onshore flow  
464 over the Indian subcontinent accounts for wetter conditions there. Anomalous cool SST  
465 anomalies are seen in the tropical Atlantic and Pacific, the latter reminiscent of La Niña  
466 conditions, while the northern Indian Ocean is anomalously warm and the southern Indian  
467 Ocean cool (Fig. 7m). The simulated precipitation pattern for dry years is broadly consistent  
468 with the pattern in observations, with dry conditions over East Africa and into the Arabian  
469 Peninsula and the Indian subcontinent (Fig. 7b). Regions of anomalous ascent/descent dur-  
470 ing dry years are consistent with the rainfall pattern and opposite to those seen during the  
471 extreme wet years (Fig. 7f).

472 The large-scale atmospheric circulation during wet years in East Africa indicates a shift  
473 in the Walker circulation with broadscale descending motion over the eastern and central  
474 equatorial Pacific seen in the 200hPa velocity potential (Fig. 7q) and associated with cool  
475 SST anomalies there (Fig. 7m). In contrast, anomalous ascent occurs over the western  
476 Indian Ocean with warm SST, including over India, the Arabian Peninsula, and East Africa  
477 (Fig. 7m,q). The SST and large-scale Walker circulation anomalies during dry years in East  
478 Africa are reversed (Fig. 7o,s). Overall, extreme dry and wet years in East Africa in the  
479 model during MAM exhibit anomalies of opposite sign. As such, the anomaly patterns are

480 relatively symmetric with regard to sign, unlike the signals in observations which are much  
481 less linear during dry and wet years.

482 The modeled precipitation anomaly pattern for pluvial and drought periods is similar to  
483 dry and wet extremes during MAM (Fig. 7c,d). Interestingly, the significant SST anoma-  
484 lies in the Pacific shift from the eastern Pacific for extreme dry and wet seasons to the  
485 western Pacific for drought and pluvial periods in the model (Fig. 7m–p). Consistent with  
486 this, significant velocity potential anomalies of opposite sign are also located more over the  
487 western Pacific and centred over the East African region for prolonged hydroclimatic condi-  
488 tions. Williams and Funk (2011) previously suggested that a westward shift in the Walker  
489 circulation over the IPWP contributed to the reduced East African long rains during the  
490 March–June months in recent decades.

491 *b. Indo-Pacific climate anomalies for extreme hydroclimatic conditions – SON*

492 During the short rain season, East African wet years in observations are characterised by  
493 dry conditions over the Maritime Continent and much of Australia (Fig. 8a). The rainfall  
494 anomalies are associated with anomalous descent over the Maritime Continent region, while  
495 ascending anomalies occur over the western Indian Ocean and African continent (Fig. 8e,q).  
496 Easterly low-level winds across the tropical Indian Ocean are enhanced during SON (Fig. 8i).  
497 The Indo-Pacific SST anomalies are reminiscent of a positive IOD and El Niño event, with  
498 cool SST in the eastern Indian Ocean, warm in the west, and warm SST anomalies in excess  
499 of 0.5K across the eastern and central equatorial Pacific (Fig. 8m). This is consistent with  
500 more variable and wetter short rains with a warmer western Indian Ocean (Liebmann et al.  
501 2014), a strengthening of the Walker cell over the Indian Ocean (Nicholson 2015), and a  
502 strengthening of the IOD-East African rainfall relationship in recent decades (Manatsa and  
503 Behera 2013).

504 In contrast dry East African years during SON exhibit cool SST over the Indian Ocean  
505 and in the equatorial Pacific reminiscent of La Niña conditions (Fig. 8o). Changes in the



506 zonal circulation over the Indian Ocean region and adjacent land areas include westerly low-  
507 level winds over the eastern Indian Ocean, accounting for wet conditions over the Maritime  
508 Continent (Fig. 8b,j). Drought and pluvial years in East Africa exhibit patterns of Indo-  
509 Pacific climate anomalies during SON broadly consistent with those during extreme dry/wet  
510 years (Fig. 8). However, the magnitude of and area of significance for the anomalies is  
511 considerably reduced for the lower-frequency extremes in the observations. This is likely due  
512 to the fact that the number of years in the drought and pluvial periods is small, owing to  
513 the short observational record.

514 In the model, wet years in East Africa are characterised by enhanced rainfall over East  
515 Africa and the Arabian Peninsula, while the Maritime Continent and western half of Aus-  
516 tralia experience dry conditions (Fig. 9a). The rainfall patterns are associated with extensive  
517 ascending anomalies over the western Indian Ocean and adjacent land areas, while the east-  
518 ern Indian Ocean and IPWP region are characterised by descending motion, as seen in both  
519 the  $\Omega$  field at 700hPa and velocity potential at 200hPa (Fig. 9e,q). Significant easterly flow  
520 anomalies occur across the equatorial Indian Ocean and extending into East Africa (Fig. 9l).  
521 The SST during wet years in East Africa exhibit features of an El Niño event in the Pacific,  
522 with significant warm SST in the central and eastern equatorial Pacific in excess of 0.5K. In  
523 addition, positive IOD conditions occur in the Indian Ocean, with anomalous cool SST in  
524 the eastern Indian Ocean off Java and Sumatra and warm in the west, and warm SST in the  
525 tropical Atlantic (Fig. 9m). The situation during dry years in East Africa is reversed during  
526 SON (Fig. 9).

527 During pluvial and drought years in East Africa in the model, significant rainfall anoma-  
528 lies during SON are restricted to East Africa only (Fig. 9c,d). Significant SST anomalies are  
529 reduced in magnitude overall. However, SST conditions in the Indian Ocean are still reminis-  
530 cent of positive and negative IOD events for pluvial and drought periods, respectively, and  
531 associated with anomalous ascent/descent over the East African region (Fig. 9n,p,r,t). For  
532 East African prolonged hydroclimatic extremes, significant anomalies in SST, vertical veloc-

ities at 700hPa or 200hPa velocity potential over the Atlantic have disappeared, while they are very much reduced in magnitude and spatial extent over the tropical Pacific, especially for pluvial periods, compared to wet/dry years.

## 5. Low-frequency variability in the Indian and Pacific Oceans

It is of interest to further investigate Indo-Pacific variability in relation to timescale, given that there are indications that interannual to decadal East African precipitation anomalies seem to be associated with significant SST anomalies in the Pacific and Indian Ocean basins, respectively. Fig. 10 shows the correlation between East African precipitation and SST, both unfiltered and band-pass filtered (10–20 years), for MAM and SON in the model. It is apparent that at interannual timescales, East African precipitation during both MAM and SON is highly correlated to tropical SST in all the ocean basins, in particular across the Indian and Pacific Ocean (Fig. 10a,c). On decadal timescales, however, significant correlations between East African precipitation and SST are limited to the western Indian Ocean, the eastern Indian Ocean and IPWP area, as well as the Pacific, reminiscent of the extratropical component of the Interdecadal Pacific Oscillation (IPO) pattern. No significant correlations to the eastern Pacific are apparent on these longer timescales (Fig. 10b,d).

It should be noted that the correlations between East African precipitation and Indo-Pacific SST (Fig. 10a,c) are overly strong in the model, compared to observations especially in MAM (figure not shown). This is consistent with results in Fig. 1e–h, namely that the correlation between the DMI and Niño3.4 index and precipitation over the Horn of Africa region is overestimated in the model. It suggests that the model over-emphasises the interannual variance, compared to observations, likely due to an unrealistically strong ENSO-teleconnection (cf. Fig. 1e–f). This could be consistent with other CMIP5 models, as shown by Funk and Hoell (2015) when decomposing Indo-Pacific SST into a component

558 associated with ENSO and a trend mode with strong warming in the western Pacific and  
559 IPWP area since the 1990s. While the trend mode in the CMIP5 models is consistent with  
560 observations and associated with significant drying in parts of East Africa, the ENSO mode  
561 exhibits too much warming in the eastern Pacific (Funk and Hoell 2015). East African  
562 precipitation responses to Indo-Pacific (multi-)decadal variability, such as that associated  
563 with the recent warming hiatus (e.g., Kosaka and Xie 2013; England et al. 2014), might  
564 thus not be captured well due to the model underestimating Indo-Pacific variability at low  
565 frequencies compared to ENSO-related interannual variability.

566 Furthermore, a gridpoint-by-gridpoint PSD analysis is performed on SST in the obser-  
567 vations for the period 1870–2010 and the 1300-yr model simulation. The resultant longest  
568 significant period for each gridpoint is shown in Fig. 11 for the MAM and SON season. In  
569 the observations, the tropical Pacific Ocean is characterised by strong subdecadal variabil-  
570 ity, while the North Pacific, North Atlantic, Indian Ocean, and large parts of the Southern  
571 Ocean exhibit low-frequency variability on timescales of 30 years and longer (Fig. 11a,c).  
572 The broad features of dominant frequencies are consistent for the MAM and SON season,  
573 with the following exceptions: the western South Pacific during SON exhibits variability on  
574 the 16–24 year timescale compared to shorter sub-decadal variability in MAM; the eastern  
575 Indian Ocean off Java and Sumatra in proximity to the eastern pole of the IOD is charac-  
576 terised by low-frequency variability on timescales of 30 years and longer during MAM, but  
577 shows variability in the 10–20 year range during SON (Fig. 11a,c). However, limitations  
578 in data availability and the short length of record pose challenges for this analysis using  
579 observationally-based products, as some of the results could be artifacts of the interpolation  
580 methods used in data-sparse regions.

581 In the 1300-yr model simulation, clear spatial variation in the low-frequency signal is  
582 also apparent, varying from interannual in the tropical regions of the three ocean basins to  
583 multi-decadal on timescales longer than 35 years for much of the Southern Ocean, North  
584 Atlantic and Arctic Ocean (Fig. 11b,d), consistent with Monselesan et al. (2015). In the

585 Pacific, the longest significant periods in the eastern equatorial region in particular do not  
586 exceed 10 years, while the subtropical gyres exhibit lower-frequency variability on decadal  
587 to multi-decadal timescales. Such low-frequency variability is also seen in the equatorial  
588 central-western Pacific ( $130^{\circ}$ – $160^{\circ}$ E,  $10^{\circ}$ S– $10^{\circ}$ N). The Indian Ocean north of  $30^{\circ}$ S in the  
589 model is characterised for the most part also by variability not exceeding 10 years. However,  
590 the central and northern Indian Ocean locally exhibit variability with longer periods in excess  
591 of 25 years, in particular during SON (Fig. 11d). This pattern is consistent with Tozuka  
592 et al. (2007), who showed that the leading EOF of low-pass filtered SST, which explained  
593 37% of decadal variability in their 200-yr SINTEX-F1 simulation, had enhanced loading in  
594 the northern and western Indian Ocean, while the eastern equatorial Indian Ocean exhibited  
595 less low-frequency variability. This is also consistent with findings by Tierney et al. (2013).

596 Overall, Fig. 11 seems to suggest that while SST in the eastern equatorial Pacific are  
597 dominated by higher-frequency variability in the ENSO band ( $\sim$ 4–7 years), the tropical  
598 Indian Ocean and western Pacific exhibits lower-frequency SST variability beyond 10 years.  
599 This could explain the different contribution to regional precipitation anomalies for the  
600 Pacific and Indian Ocean on interannual and decadal timescales, respectively, as shown  
601 here for East Africa (Figs. 6–9; see also Tierney et al. 2013) or previously for Southeastern  
602 Australia (Ummenhofer et al. 2009a, 2011). In the model, the dominant low-frequency  
603 signal in the Indian Ocean is not well-represented and the model instead exhibits overly  
604 strong variability on the subdecadal timescale (Fig. 11b,d). This could be linked to overly  
605 strong coupling between ENSO and the IOD in the model, while the strength of the ENSO-  
606 IOD coupling relationship in observations has decreased in recent decades (Ham et al. 2016).  
607 Given the limited observational record, considerable uncertainty remains as to the strength of  
608 the low-frequency variability in observations in the Indian Ocean. However, underestimating  
609 the low-frequency variability in the Indian Ocean in the model, while at the same time  
610 overestimating the effect of ENSO on East African rainfall – either directly or through  
611 overly strong ENSO-IOD coupling (e.g., Ham et al. 2016) – might account for the over-

612 estimate of SON precipitation in the seasonal cycle compared to observations (Fig. 2). This  
613 feature is commonly encountered in present-generation climate models, which makes rainfall  
614 projections in the vulnerable Horn of Africa region problematic (Tierney et al. 2015).

## 615 **6. Conclusions**

616 Recent work demonstrated that current state-of-the-art climate models consistently over-  
617 estimate the short rain season, while underestimating the long rains over the Horn of Africa  
618 (Yang et al. 2014; Tierney et al. 2015). This inability to represent the seasonal cycle makes it  
619 problematic for climate models to project changes in precipitation for East Africa. Here we  
620 explore whether this has also implications for interannual and decadal variability during the  
621 long and short rains in East Africa. To investigate these aspects in a consistent framework,  
622 we used an unforced multi-century CESM simulation to compare the role of Indo-Pacific  
623 variability on East African rainfall on interannual and decadal timescales.

624 Precipitation in the Horn of Africa in observations positively correlated with ENSO  
625 within  $5^\circ$  of the equator and along the coast, while negative anomalies were seen poleward of  
626  $10^\circ\text{N/S}$ . Broad features of the ENSO-precipitation correlation were captured by the model,  
627 though the area of high correlations was much stronger and more restricted to the coast  
628 and southern Horn compared to the observations. East African precipitation also correlated  
629 positively with the IOD, though the correlation coefficient over the Horn region was overly  
630 strong in the model. It was also apparent that the magnitude of the rainfall anomalies during  
631 wet extremes was considerably larger than during the dry extremes, while in observations  
632 prolonged droughts were more persistent than pluvial conditions. It should be noted, though,  
633 that the length of the observational record is limited and considerable non-stationarity of  
634 the climatic drivers exists in the region (Nicholson 2015).

635 An asymmetry was apparent in regard to the seasonality of precipitation anomalies in  
636 observations depending on the timescale under consideration: For the MAM season, the

637 deviations in rainfall are restricted mostly to the long rain season only, irrespective of the  
638 timescale. However, dry (wet) SON seasons are characterised by a considerable decrease  
639 (increase) throughout most of the year; in contrast, prolonged drought/pluvial SON sea-  
640 sons record reduced/enhanced precipitation only during the short rains, respectively. Such  
641 nonlinearity in precipitation conditions with regard to timescale is crucial for understanding  
642 variations in East African climate and hints at different mechanisms responsible for anoma-  
643 lous hydroclimatic conditions in the region on interannual and decadal timescales.

644 We further explored how the dry/wet and drought/pluvial conditions in the Horn region  
645 related to broader Indo-Pacific climate anomalies in the observations and model during the  
646 long and short rain seasons. Interannual variations in East African hydroclimate coincided  
647 with significant Indo-Pacific SST anomalies, including those associated with ENSO, and  
648 linked to changes in the Walker circulation, regional winds and vertical velocities over East  
649 Africa in observations and the model. During dry/wet years in East Africa, Indo-Pacific  
650 climate anomalies reminiscent of ENSO were seen in the model during both MAM and SON,  
651 while this was only the case during SON in the observations. During East African pluvial  
652 and drought years, significant SST anomalies in the Indian Ocean, resembling positive and  
653 negative IOD events, respectively, appeared associated with anomalous ascent/descent over  
654 the East African region. For East African pluvial/drought years, significant anomalies in  
655 SST,  $\Omega$  field at 700hPa or 200hPa velocity potential over the Atlantic Ocean disappeared  
656 and were much reduced in the Pacific, compared to wet/dry years. Interestingly, for MAM  
657 the significant SST anomaly in the Pacific shifts from the eastern Pacific for extreme dry/wet  
658 seasons to the western Pacific for drought/pluvial periods in the model.

659 We thus compared the correlation between East African precipitation and SST for inter-  
660 annual and decadal timescales. It is apparent that at interannual timescales, East African  
661 precipitation during both MAM and SON is highly correlated to tropical SST in all the ocean  
662 basins, in particular across the Indian and Pacific Ocean. On decadal timescales, however,  
663 significant correlations between East African precipitation and SST are limited to the western

664 Indian Ocean, the eastern Indian Ocean and IPWP area, as well as the Pacific, reminiscent  
665 of the extratropical component of the Interdecadal Pacific Oscillation (IPO) pattern. No  
666 significant correlations to the eastern Pacific are apparent on these longer timescales.

667 Furthermore, dominant frequencies in Indo-Pacific SST were assessed and found the trop-  
668 ical Pacific characterised by strong subdecadal variability, while the North Pacific, North At-  
669 lantic, Indian Ocean and large parts of the Southern Ocean exhibited variability on timescales  
670 of 30 years and longer in observations. This broad pattern was consistent for MAM and SON,  
671 except for the eastern Indian Ocean off Java and Sumatra characterised by variability on  
672 timescales of 30 years during MAM, but showing variability in the 10–20 year range during  
673 SON. In the 1300-yr simulation, the longest significant periods in the equatorial eastern Pa-  
674 cific did not exceed 10 years, while the subtropical gyres exhibited variability on decadal to  
675 multi-decadal timescales. The Indian Ocean in the model was characterised for the most part  
676 also by variability not exceeding 10 years. However, the central and northern Indian Ocean  
677 locally exhibited variability with longer periods in excess of 25 years, in particular during  
678 SON. These results suggest that while SST in the eastern equatorial Pacific are dominated  
679 by higher-frequency variability in the ENSO band ( $\sim 4\text{--}7$  years), the tropical Indian Ocean,  
680 in particular in the north and west, exhibits lower-frequency SST variability beyond 10 years.  
681 Underestimating the low-frequency variability in the Indian Ocean in the model, while at  
682 the same time overestimating the effect of ENSO on East African rainfall – either directly  
683 or through overly strong ENSO-IOD coupling (e.g., Ham et al. 2016) – might account for  
684 the over-estimate of SON precipitation in the seasonal cycle compared to observations. This  
685 feature is commonly encountered in present-generation climate models, which makes rainfall  
686 projections in the vulnerable Horn of Africa region problematic (Tierney et al. 2015).

### 687 *Acknowledgments.*

688 Use of the following data sets is gratefully acknowledged: Global Precipitation Climatology Center  
689 data set by the German Weather Service (DWD) through <http://gpcc.dwd.de>, NCEP/NCAR reanalysis

690 data provided by NOAA/OAR/ESRL PSD, Boulder, Colorado, USA, through <http://www.cdc.noaa.gov>;  
691 Hadley Centre HadISST by the UK Met Office, and the Twentieth Century Reanalysis Project supported  
692 by the U.S. DOE, Office of Science Innovative and Novel Computational Impact on Theory and Experiment  
693 program, Office of Biological and Environmental Research, and NOAA Climate Program Office. We also  
694 gratefully acknowledge use of CESM output and thank NCAR for producing and making available their  
695 model output. Comments by two anonymous reviewers are gratefully acknowledged as they helped improve  
696 an earlier version of the manuscript. The project was supported by the U.S. National Science Foundation  
697 under OCE-1203892, C.C.U. also through the *Penzance* and *John P. Chase Memorial Endowed Funds*,  
698 and the *Investment in Science Fund* at WHOI, and M.K. through the Research Internships in Science and  
699 Engineering (RISE) program by the German Foreign Exchange Service.



## REFERENCES

- 702 Awange, J. L., V. G. Ferreira, E. Forootan, Khandu, S. A. Andam-Akorful, N. O. Agutu,  
703 and X. F. He, 2016: Uncertainties in remotely sensed precipitation data over Africa.  
704 *International Journal of Climatology*, **36**, 303–323.
- 705 Awange, J. L., E. Forootan, M. Kuhn, J. Kusche, and B. Heck, 2014: Water storage changes  
706 and climate variability within the Nile Basin between 2002 and 2011. *Advances in Water*  
707 *Resources*, **73**, 1–15.
- 708 Bahaga, T. K., G. M. Tsidu, F. Kucharski, and G. T. Diro, 2015: Potential predictability  
709 of the sea-surface temperature forced equatorial East African short rains interannual vari-  
710 ability in the 20th century. *Quarterly Journal of the Royal Meteorological Society*, **686**,  
711 16–26.
- 712 Behera, S. K., J.-J. Luo, S. Masson, P. Delecluse, S. Gualdi, A. Navarra, and T. Yamagata,  
713 2005: Paramount impact of the Indian Ocean Dipole on the East African short rains: A  
714 CGCM study. *Journal of Climate*, **18**, 4514–4530.
- 715 Birkett, C., R. Murtugudde, and R. Allan, 1999: Indian Ocean climate event brings floods to  
716 East Africa’s lakes and the Sudd Marsh. *Geophysical Research Letters*, **26 (8)**, 1031–1034.
- 717 Black, E., J. Slingo, and K. R. Sperber, 2003: An observational study of the relationship  
718 between excessively strong short rains in coastal East Africa and Indian Ocean SST.  
719 *Monthly Weather Review*, **131**, 74–94.
- 720 Briegleb, B., C. Bitz, E. Hunke, W. Lipscomb, M. Holland, J. Schramm, and R. Moritz,  
721 2004: Scientific description of the sea ice component in the Community Climate System  
722 Model, version 3. Tech. rep., NCAR Technical Report No. NCAR/TN-463+STR.

- 723 Camberlin, P. and R. E. Okoola, 2003: The onset and cessation of the “long rains” in eastern  
724 Africa and their interannual variability. *Theoretical and Applied Climatology*, **75**, 43–54.
- 725 Christensen, J. H., et al., 2013: Climate phenomena and their relevance for future regional  
726 climate change. *Climate Change 2013: The Physical Science Basis. Contribution of Work-*  
727 *ing Group I to the Fifth Assessment Report of the Intergovernmental Panel on Climate*  
728 *Change*, T. F. Stocker, D. Qin, G.-K. Plattner, M. Tignor, S. K. Allen, J. Boschung,  
729 A. Nauels, Y. Xia, V. Bex, and P. M. Midgley, Eds., Cambridge University Press, Cam-  
730 bridge, UK, 1217–1308.
- 731 Compo, G. P., et al., 2011: The Twentieth Century Reanalysis project. *Quarterly Journal*  
732 *of the Royal Meteorological Society*, **137**, 1–28.
- 733 Conway, D., H. C., D. R., and A. Persechino, 2007: GCM simulations of the Indian Ocean  
734 dipole influence on East African rainfall: Present and future. *Geophysical Research Letters*,  
735 **34**, doi:10.1029/2006GL027597.
- 736 Cook, K. H. and E. K. Vizy, 2013: Projected changes in East African rainy seasons. *Journal*  
737 *of Climate*, **26**, 5931–5948.
- 738 Dai, A., 2006: Precipitation characteristics in eighteen coupled climate models. *Journal of*  
739 *Climate*, **19**, 4605–4630.
- 740 Danabasoglu, G., S. C. Bates, B. P. Briegleb, S. R. Jayne, M. Jochum, W. G. Large, S. Pea-  
741 cock, and S. G. Yeager, 2012: The CCSM4 ocean component. *Journal of Climate*, **25**,  
742 1361–1389.
- 743 Danabasoglu, G., R. Ferrari, and J. C. McWilliams, 2008: Sensitivity of an ocean general  
744 circulation model to a parameterization of near-surface eddy fluxes. *Journal of Climate*,  
745 **21**, 1192–1208.

746 Danabasoglu, G. and J. Marshall, 2007: Effects of vertical variations of thickness diffusivity  
747 in an ocean general circulation model. *Ocean Modelling*, **18**, 122–141.

748 England, M. H., et al., 2014: Recent intensification of wind-driven circulation in the Pacific  
749 and the ongoing warming hiatus. *Nature Climate Change*, **4**, 222–227.

750 Fox-Kemper, B., et al., 2011: Parameterization of mixed layer eddies. Part III: Implemen-  
751 tation and impact in global ocean climate simulations. *Ocean Modelling*, **39**, 61–78.

752 Funk, C., M. D. Dettinger, J. C. Michaelsen, J. P. Verdin, M. E. Brown, M. Barlow, and  
753 A. Hoell, 2008: Warming of the Indian Ocean threatens eastern and southern African food  
754 security but could be mitigated by agricultural development. *Proceedings of the National*  
755 *Academy of Sciences*, **105**, 11 081–11 086.

756 Funk, C., M. D. Dettinger, J. C. Michaelsen, J. P. Verdin, M. E. Brown, M. Barlow, and  
757 A. Hoell, 2014: Predicting East African spring droughts using Pacific and Indian Ocean  
758 sea surface temperature indices. *Hydrology and Earth System Science*, **18**, 4965–4978.

759 Funk, C. and A. Hoell, 2015: The leading mode of observed and CMIP5 ENSO-residual sea  
760 surface temperatures and associated changes in Indo-Pacific climate. *Journal of Climate*,  
761 **28**, 4309–4329.

762 Giannini, A., M. Biasutti, I. Held, and A. Sobel, 2008: A global perspective on African  
763 climate. *Climatic Change*, **90**, 359–383.

764 Goddard, L. and N. E. Graham, 1999: Importance of the Indian Ocean for simulating rainfall  
765 anomalies over eastern and southern Africa. *Journal of Geophysical Research*, **104 (D16)**,  
766 19 099–19 116.

767 Gregory, D., R. Kershaw, and P. M. Inness, 1997: Parametrization of momentum transport  
768 by convection. II: Tests in single-column and general circulation models. *Quarterly Journal*  
769 *of the Royal Meteorological Society*, **123**, 1153–1183.

770 Ham, Y.-G., J.-Y. Choi, and J.-S. Kug, 2016: The weakening of the ENSOIndian Ocean  
771 Dipole (IOD) coupling strength in recent decades. *Climate Dynamics*, doi:10.1007/s00382-  
772 016-3339-5.

773 Hastenrath, S., 2007: Circulation mechanisms of climate anomalies in East Africa and the  
774 equatorial Indian Ocean. *Dynamics of Atmospheres and Oceans*, **43**, 25–35.

775 Hastenrath, S., D. Polzin, and P. Camberlin, 2004: Exploring the predictability of the ‘short  
776 rains’ at the coast of East Africa. *International Journal of Climatology*, **24**, 1333–1343.

777 Hastenrath, S., D. Polzin, and C. Mutai, 2010: Diagnosing the droughts and floods in  
778 equatorial East Africa, during boreal autumn 2005-08. *Journal of Climate*, **23**, 813–817.

779 Hastenrath, S., D. Polzin, and C. Mutain, 2007: Diagnosing the 2005 drought in equatorial  
780 East Africa. *Journal of Climate*, **20**, 4628–4637.

781 Hoell, A. and C. Funk, 2014: Indo-Pacific sea surface temperature influences on failed con-  
782 secutive rainy seasons over eastern Africa. *Climate Dynamics*, **43**, 1645–1660.

783 Hoell, A., M. Hoerling, J. Eischeid, W.-X. Quan, and B. Liebmann, 2017: Reconciling the-  
784 ories for human and natural attribution of recent East Africa drying. *Journal of Climate*,  
785 **30**, 1939–1957.

786 Indeje, M., F. H. M. Semazzi, and L. J. Ogallo, 2000: ENSO signals in East African rainfall  
787 seasons. *International Journal of Climatology*, **20**, 19–46.

788 Janowiak, J. E., 1988: An investigation of interannual rainfall variability in Africa. *Journal*  
789 *of Climate*, **1**, 240–255.

790 Jochum, M., 2009: Impact of latitudinal variations in vertical diffusivity on climate simula-  
791 tions. *Journal of Geophysical Research*, **114** (C01010), doi:10.1029/2008JC005030.

792 Jochum, M. and J. Potemra, 2008: Sensitivity of tropical rainfall to Banda Sea diffusivity  
793 in the Community Climate System Model. *Journal of Climate*, **21**, 6445–6454.

- 794 Kalnay, E., et al., 1996: The NCEP/NCAR 40-year reanalysis project. *Bulletin of the Amer-*  
795 *ican Meteorological Society*, **77**, 437–471.
- 796 Kistler, R., et al., 2001: The NCEP-NCAR 50-year reanalysis: Monthly means CD-rom and  
797 documentation. *Bulletin of the American Meteorological Society*, **82**, 247–267.
- 798 Kosaka, Y. and S.-P. Xie, 2013: Recent global-warming hiatus tied to equatorial Pacific  
799 surface cooling. *Nature*, **501**, 403–407.
- 800 Latif, M., D. Dommenges, M. Dima, and A. Grötzner, 1999: The role of Indian Ocean sea  
801 surface temperature in forcing East African rainfall anomalies during December–January  
802 1997/98. *Journal of Climate*, **12**, 3497–3504.
- 803 Liebmann, B., et al., 2014: Understanding recent eastern Horn of Africa rainfall variability  
804 and change. *Journal of Climate*, **27**, 8630–8645.
- 805 Liebmann, B., et al., 2017: Climatology and interannual variability of boreal spring wet  
806 season precipitation in the eastern Horn of Africa and implications for its recent decline.  
807 *Journal of Climate*, **30**, 3867–3886.
- 808 Lyon, B., 2014: Seasonal drought in the Greater Horn of Africa and its recent increase during  
809 the March–May long rains. *Journal of Climate*, **27**, 7953–7975.
- 810 Lyon, B. and D. G. DeWitt, 2012: A recent and abrupt decline in the East African long  
811 rains. *Geophysical Research Letters*, **39** (L02702), doi:10.1029/2011GL050337.
- 812 Manatsa, D. and S. K. Behera, 2013: On the epochal strengthening in the relationship  
813 between rainfall of East Africa and IOD. *Journal of Climate*, **26**, 5655–5673.
- 814 Manatsa, D., B. Chipindu, and S. K. Behera, 2012: Shifts in IOD and their impacts on  
815 association with East African rainfall. *Theoretical and Applied Climatology*, **110**, 115–128.

- 816 Manatsa, D., Y. Morioka, S. K. Behera, C. H. Matarira, and T. Yamagata, 2014: Impact  
817 of Mascarene High variability on the East African ‘short rains’. *Climate Dynamics*, **42**,  
818 1259–1274.
- 819 Manatsa, D., C. Mudavanhu, T. D. Mushore, and E. Mavhura, 2016: Linking major shifts  
820 in the East Africa ‘short rains’ to the Southern Annular Mode. *International Journal of*  
821 *Climatology*, **36**, 1590–1599.
- 822 Monselesan, D. P., T. J. O’Kane, J. S. Risbey, and J. Church, 2015: Internal climate memory  
823 in observations and models. *Geophysical Research Letters*, **42**, 1232–1242.
- 824 Mutai, C. C., M. N. Ward, and W. Colman, 1998: Towards the prediction of East Africa  
825 short rains based on sea surface temperature-atmosphere coupling. *International Journal*  
826 *of Climatology*, **18**, 975–997.
- 827 Neale, R., J. Richter, S. Park, P. Lauritzen, S. Vavrus, P. Rasch, and M. Zhang, 2013:  
828 The mean climate of the Community Atmosphere Model (CAM4) in forced sst and fully  
829 coupled experiments. *Journal of Climate*, **26**, 5150–5168.
- 830 Neale, R. B., et al., 2012: Description of the NCAR Community Atmosphere Model (CAM  
831 5.0). Tech. rep., NCAR Technical Note, NCAR/TN-486+STR, 289 pp.
- 832 Nicholson, S. E., 2014: A detailed look at the recent drought situation in the Greater Horn  
833 of Africa. *Journal of Arid Environments*, **103**, 71–79.
- 834 Nicholson, S. E., 2015: Long-term variability of the East African “short rains” and its links  
835 to large-scale factors. *International Journal of Climatology*, doi:10.1002/joc.4259.
- 836 Nicholson, S. E., 2016a: An analysis of recent rainfall conditions in eastern Africa. *Interna-*  
837 *tional Journal of Climatology*, **36**, 526–532.
- 838 Nicholson, S. E., 2016b: The Turkana low-level jet: mean climatology and association with  
839 regional aridity. *International Journal of Climatology*, **36**, 2598–2614.

- 840 Nicholson, S. E., 2017: Climate and climatic variability of rainfall over Eastern Africa.  
841 *Reviews of Geophysics*, doi:10.1002/2016RG000544.
- 842 Nicholson, S. E., A. K. Dezfuli, and D. A. Klotter, 2012: A two-century precipitation dataset  
843 for the continent of Africa. *Bulletin of the American Meteorological Society*, **93**, 1219–1231.
- 844 Ogallo, L. J., 1988: Relationships between seasonal rainfall in East Africa and the Southern  
845 Oscillation. *Journal of Climatology*, **8** (1), 31–43.
- 846 Omondi, P. A., et al., 2014: Changes in temperature and precipitation extremes in the  
847 Greater Horn of Africa region from 1961 to 2010. *International Journal of Climatology*,  
848 **34**, 1262–1277.
- 849 Ongoma, V. and H. Chen, 2016: Temporal and spatial variability of temperature and  
850 precipitation over East Africa from 1951 to 2010. *Meteorology and Atmospheric Physics*,  
851 doi:10.1007/s00703-016-0462-0.
- 852 Parhi, P., A. Giannini, P. Gentile, and U. Lall, 2016: Resolving contrasting regional rainfall  
853 responses to El Niño over tropical Africa. *Journal of Climate*, **29**, 1461–1476.
- 854 Rayner, N. A., D. E. Parker, E. B. Horton, C. K. Folland, L. V. Alexander, and D. P. Rowell,  
855 2003: Global analyses of sst, sea ice and night marine air temperature since the late nine-  
856 teenth century. *Journal of Geophysical Research*, **108** (4407), doi:10.1029/2002JD002670.
- 857 Reason, C. J. C., R. J. Allan, J. A. Lindesay, and T. J. Ansell, 2000: Enso and climatic  
858 signals across the indian ocean basin in the global context: Part i, interannual composite  
859 patterns. *International Journal of Climatology*, **20**, 1285–1327.
- 860 Richter, J. H. and P. J. Rasch, 2008: Effects of convective momentum transport on the atmo-  
861 spheric circulation in the Community Atmosphere Model, version 3. *Journal of Climate*,  
862 **21**, 1487–1499.

- 863 Rowell, D. P., B. B. Booth, S. E. Nicholson, and P. Good, 2015: Reconciling past and future  
864 rainfall trends over East Africa. *Journal of Climate*, **28**, 9768–9788.
- 865 Saji, N. H., B. N. Goswami, P. N. Vinayachandran, and T. Yamagata, 1999: A dipole mode  
866 in the tropical Indian Ocean. *Nature*, **401**, 360–363.
- 867 Schneider, U., A. Becker, P. Finger, A. Meyer-Christoffer, M. Ziese, and B. Rudolf, 2013:  
868 GPCP’s new land surface precipitation climatology based on quality-controlled in situ data  
869 and its role in quantifying the global water cycle. *Theoretical and Applied Climatology*,  
870 doi:10.1007/s00704-013-0860-x.
- 871 Shongwe, M., G. van Oldenborgh, B. van den Hurk, and M. van Aalst, 2011: Projected  
872 changes in mean and extreme precipitation in Africa under global warming. Part II: East  
873 Africa. *Journal of Climate*, **24**, 3718–3733.
- 874 Smith, R., et al., 2010: The Parallel Ocean Program (POP) reference manual,  
875 ocean component of the Community Climate System Model (CCSM). Tech. rep.,  
876 Los Alamos National Laboratory Tech. Rep. LAUR-10-01853, [Available online at  
877 <http://www.cesm.ucar.edu/models/cesm1.0/pop2/doc/sci/POPRefManual.pdf>], 141 pp.
- 878 Tierney, J. E., J. E. Smerdon, K. J. Anchukaitis, and R. Seager, 2013: Multidecadal variability  
879 in East African hydroclimate controlled by the Indian Ocean. *Nature*, **493**, 389–392.
- 880 Tierney, J. E., C. C. Ummenhofer, and P. B. deMenocal, 2015: Past and future rainfall in  
881 the Horn of Africa. *Science Advances*, **1**, e1500682.
- 882 Tozuka, T., J.-J. Luo, S. Masson, and T. Yamagata, 2007: Decadal modulations of the Indian  
883 Ocean Dipole in the SINTEX-F1 coupled GCM. *Journal of Climate*, **20**, 2881–2894.
- 884 Ummenhofer, C. C., M. H. England, G. A. Meyers, P. C. McIntosh, M. J. Pook, J. S.  
885 Risbey, A. Sen Gupta, and A. S. Taschetto, 2009a: What causes Southeast Australia’s  
886 worst droughts? *Geophysical Research Letters*, **36** (L04706), doi:10.1029/2008GL036801.



887 Ummenhofer, C. C., A. Sen Gupta, M. H. England, and C. J. C. Reason, 2009b: Contribu-  
888 tions of Indian Ocean sea surface temperatures to enhanced East African rainfall. *Journal*  
889 *of Climate*, **22**, 993–1013.

890 Ummenhofer, C. C., et al., 2011: Indian and Pacific Ocean influences on Southeast Australian  
891 drought and soil moisture. *Journal of Climate*, **24**, 1313–1336.

892 Vigaud, N., B. Lyon, and A. Giannini, 2017: Sub-seasonal teleconnections between con-  
893 vection over the Indian Ocean, the East African long rains and tropical Pacific surface  
894 temperatures. *International Journal of Climatology*, **37**, 1167–1180.

895 Vizzy, E. K. and K. H. Cook, 2012: Mid-twenty-first-century changes in extreme events over  
896 northern and tropical Africa. *Journal of Climate*, **25**, 5748–5767.

897 Vrieling, A., M. Meroni, A. G. Mude, S. Chantarat, C. C. Ummenhofer, and C. A. J. M.  
898 de Bie, 2016: Early assessment of seasonal forage availability for mitigating the impact of  
899 drought on East African pastoralists. *Remote Sensing of Environment*, **174**, 44–55.

900 Webster, P. J., A. M. Moore, J. P. Loschnigg, and R. R. Leben, 1999: Coupled ocean-  
901 atmosphere dynamics in the Indian Ocean during 1997–98. *Nature*, **401**, 356–360.

902 Williams, A. P. and C. Funk, 2011: A westward extension of the warm pool leads to a  
903 westward extension of the Walker circulation, drying eastern Africa. *Climate Dynamics*,  
904 **37**, 2417–2435.

905 Williams, A. P., et al., 2012: Recent summer precipitation trends in the Greater Horn of  
906 Africa and the emerging role of Indian Ocean sea surface temperature. *Climate Dynamics*,  
907 **39**, 2307–2328.

908 Yang, W., R. Seager, M. A. Cane, and B. Lyon, 2014: The East African long rains in  
909 observations and models. *Journal of Climate*, **27**, 7185–7202.

910 Yang, W., R. Seager, M. A. Cane, and B. Lyon, 2015: The annual cycle of East African  
911 precipitation. *Journal of Climate*, **28**, 2385–2404.

## 912 List of Figures

- 913 1 Regional precipitation and correlations with ENSO and IOD for (left) observa-  
914 tions and (right) model, all for annual values (averaged for September–August  
915 months): (a,b) total precipitation (mm/year); (c,d) standard deviation of  
916 precipitation (mm/year); (e,f) correlation coefficient between the Niño3.4 in-  
917 dex and precipitation; and (g,h) correlation coefficient between the Dipole  
918 Mode Index and precipitation. The black box indicates the region used for  
919 time-series analysis. Stippling indicates significant correlations at the 95%  
920 confidence level. 42
- 921 2 Seasonal cycle in precipitation (mm/month) over East Africa (cf. land-points  
922 in the box in Fig. 1) for (a) observations, (b) model total precipitation, and  
923 (c) model convective precipitation. The mean seasonal cycle (red line) and its  
924 standard deviation (blue shading) are shown. 43
- 925 3 Seasonal precipitation (mm/month) anomaly time-series averaged over East  
926 Africa, along with power spectral density (PSD) plot for (a,c) MAM and (b,d)  
927 SON seasons in (a,b) observations and (c,d) model convective precipitation.  
928 In the time-series, red lines indicate a 5-yr running mean and blue (orange)  
929 dots indicate years identified as extreme wet (dry), and blue (orange) lines  
930 pluvial and drought periods. Gray dashed horizontal lines indicate the zero  
931 line and  $\pm 1$  standard deviations. PSD plots show variance for the dominant  
932 cycles, with the blue lines indicating a 95% confidence level according to a  
933 theoretical Markov spectrum. 44

- 934 4 Boxplot of seasonal precipitation (mm/month) over East Africa for (a,b)  
935 MAM and (c,d) SON seasons for (a,c) observations and (b,d) model con-  
936 vective precipitation for all years (black) and years identified as dry/drought  
937 (orange) and wet/pluvial (blue) in Fig. 3. The horizontal lines of the box  
938 indicate the 75% quantile, median, and 25% quantile, while the whiskers the  
939 95% and 5%, stars maximum and minimum values, and the solid dot the mean. 45
- 940 5 Seasonal cycle in precipitation (mm/month) over East Africa for (a–d) MAM  
941 and (e–h) SON extremes for (left) observations and (right) model convective  
942 precipitation. Gray shading indicates the average seasonal cycle, while orange  
943 and blue lines represent the mean seasonal cycle during  $n$  years identified as  
944 (top) dry and wet or (bottom) drought and pluvial. Where the orange/blue  
945 lines lie outside the gray shading, the values are significantly different from  
946 the long-term seasonal cycle at the 90% confidence level (according to Monte  
947 Carlo testing). 47
- 948 6 Observed MAM composite climate anomalies during extreme MAM hydrocli-  
949 mate conditions in East Africa as identified in Fig. 3a for (a–d) precipitation  
950 (mm/month), (e–h) vertical velocity  $\Omega$  (Pa/s), (i–l) winds at the 850hPa level  
951 (m/s), (m–p) SST (K), and (q–t) velocity potential at the 200hPa level ( $10^6$   
952  $\text{m}^2/\text{s}$ ). Stippling and red vectors indicate anomalies that are significant at the  
953 95% level according to a two-tailed  $t$ -test. 48
- 954 7 Model MAM composite climate anomalies during extreme MAM hydrocli-  
955 mate conditions in East Africa as identified in Fig. 3b for (a–d) precipitation  
956 (mm/month), (e–h) vertical velocity  $\Omega$  (Pa/s), (i–l) winds at the 850hPa  
957 (m/s), (m–p) SST (K), and (q–t) velocity potential at the 200hPa level ( $10^6$   
958  $\text{m}^2/\text{s}$ ). Stippling and red vectors indicate anomalies that are significant at the  
959 95% level according to a two-tailed  $t$ -test. 49
- 960 8 As Fig. 6, but for the SON months. 50

961	9	As Fig. 7, but for the SON months.	51
962	10	Correlation between model East African precipitation and SST are shown for	
963		(a,c) raw and (b,d) low-pass filtered data for the (a,b) MAM and (c,d) SON	
964		seasons. A Butterworth bandpass filter was used with a high- and low-pass	
965		frequency cutoff of 10 years and 20 years, respectively. Stippling indicates	
966		significant correlations at the 95% confidence level.	52
967	11	Longest dominant period of SST variance (in years) for (a,c) observed and	
968		(b,d) model for the (a,b) MAM and (c,d) SON season, respectively, based on	
969		power spectral density analysis of SST at each gridpoint to determine where	
970		the 90% (95%) confidence level according to a theoretical Markov spectrum	
971		is exceeded for the observations (model).	53

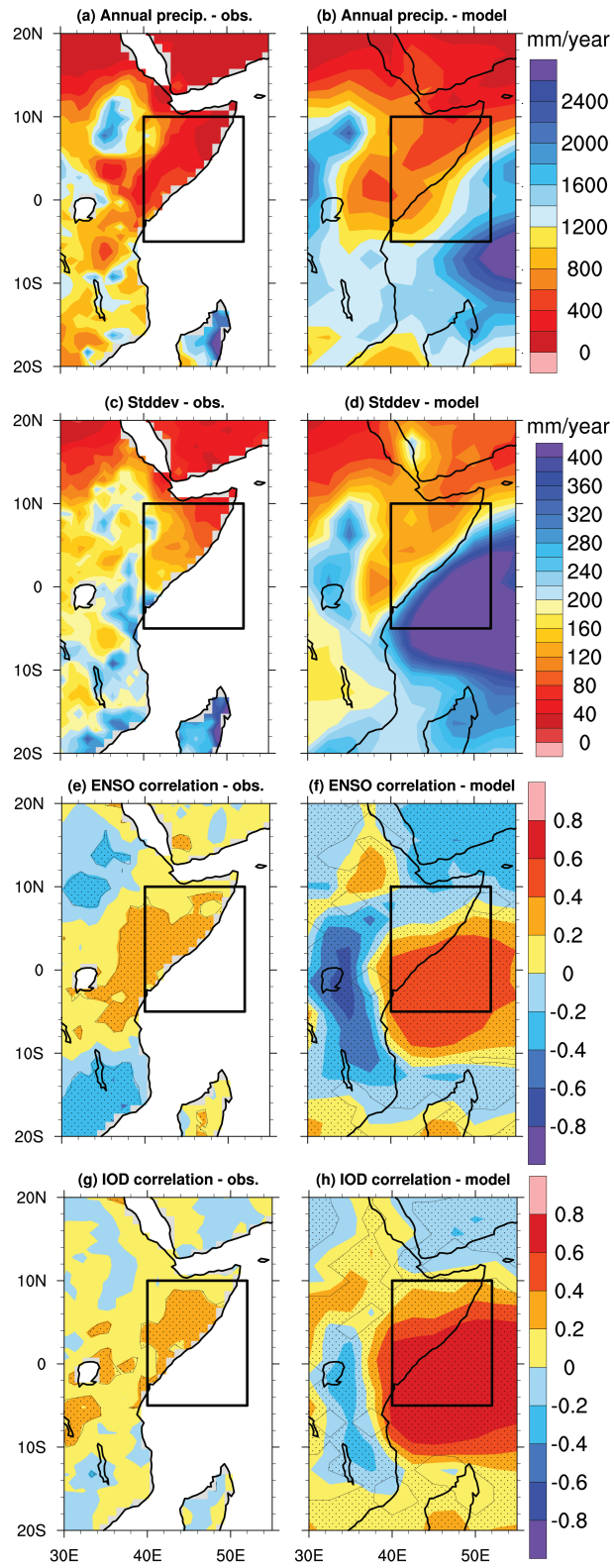


FIG. 1. Regional precipitation and correlations with ENSO and IOD for (left) observations and (right) model, all for annual values (averaged for September–August months): (a,b) total precipitation (mm/year); (c,d) standard deviation of precipitation (mm/year); (e,f) correlation coefficient between the Niño3.4 index and precipitation; and (g,h) correlation coefficient between the Dipole Mode Index and precipitation. The black box indicates the region used for time-series analysis. Stippling indicates significant correlations at the 95% confidence level.

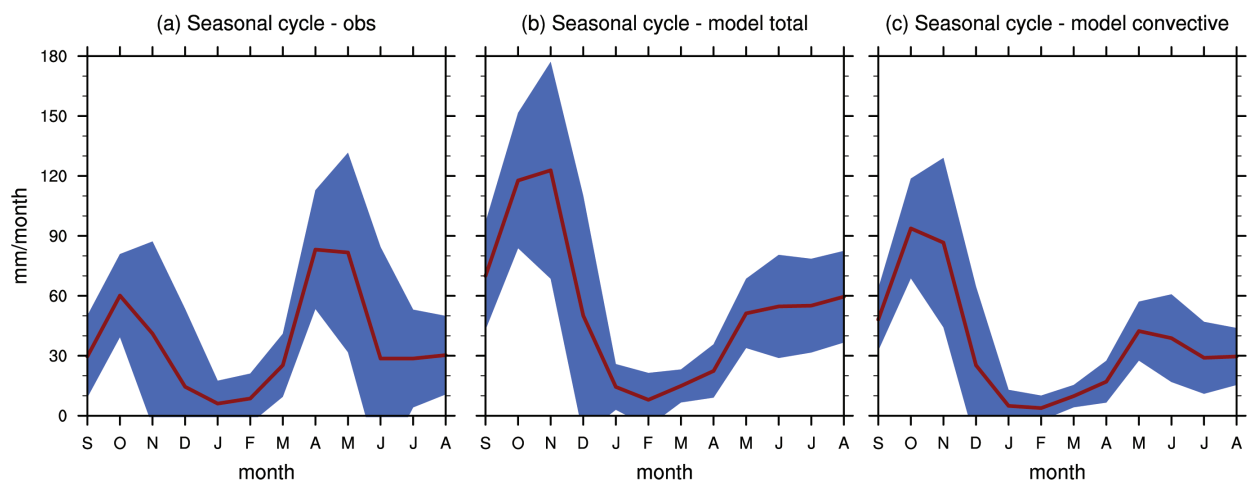


FIG. 2. Seasonal cycle in precipitation (mm/month) over East Africa (cf. land-points in the box in Fig. 1) for (a) observations, (b) model total precipitation, and (c) model convective precipitation. The mean seasonal cycle (red line) and its standard deviation (blue shading) are shown.



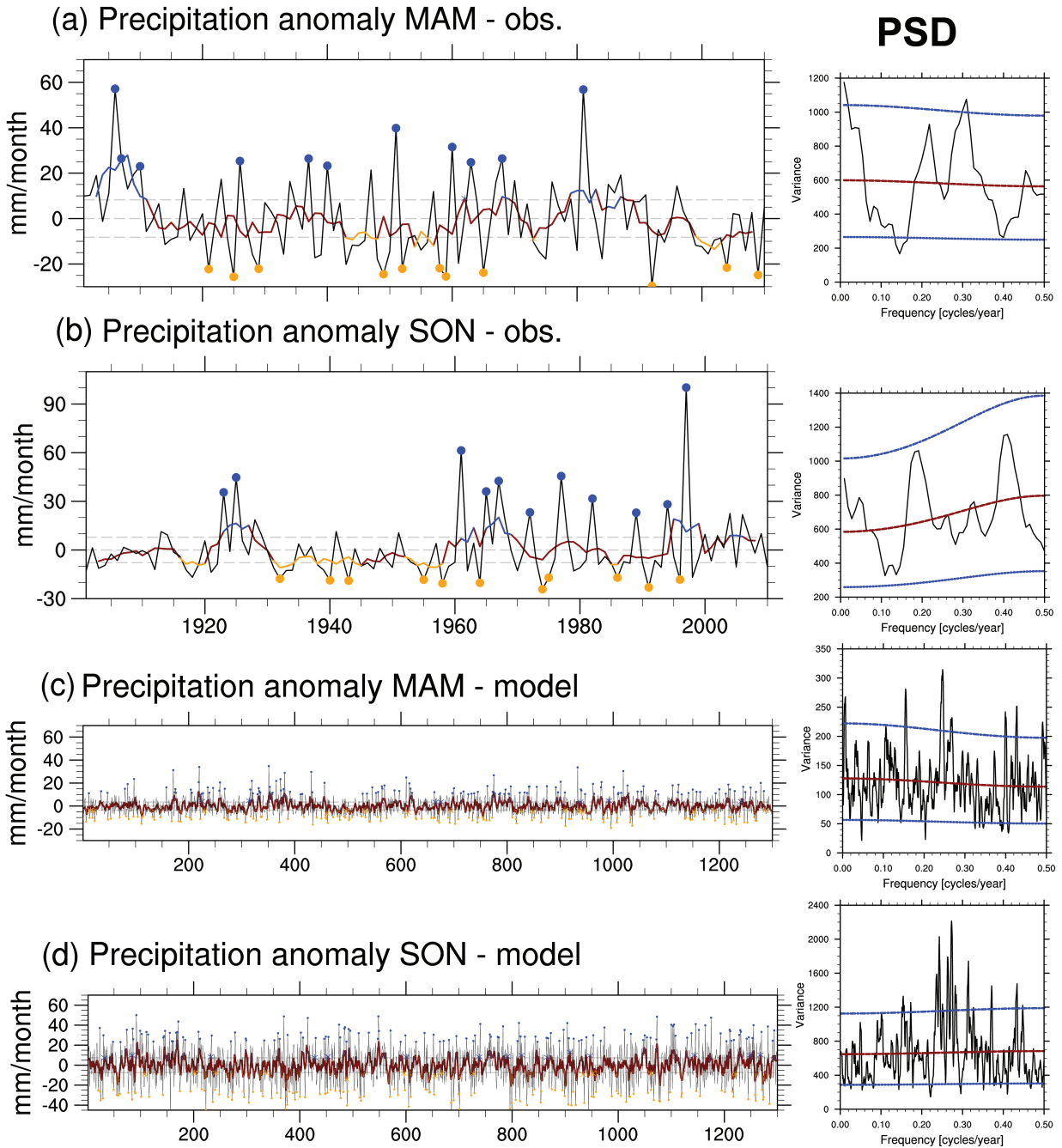


FIG. 3. Seasonal precipitation (mm/month) anomaly time-series averaged over East Africa, along with power spectral density (PSD) plot for (a,c) MAM and (b,d) SON seasons in (a,b) observations and (c,d) model convective precipitation. In the time-series, red lines indicate a 5-yr running mean and blue (orange) dots indicate years identified as extreme wet (dry), and blue (orange) lines pluvial and drought periods. Gray dashed horizontal lines indicate the zero line and  $\pm 1$  standard deviations. PSD plots show variance for the dominant cycles, with the blue lines indicating a 95% confidence level according to a theoretical Markov spectrum.

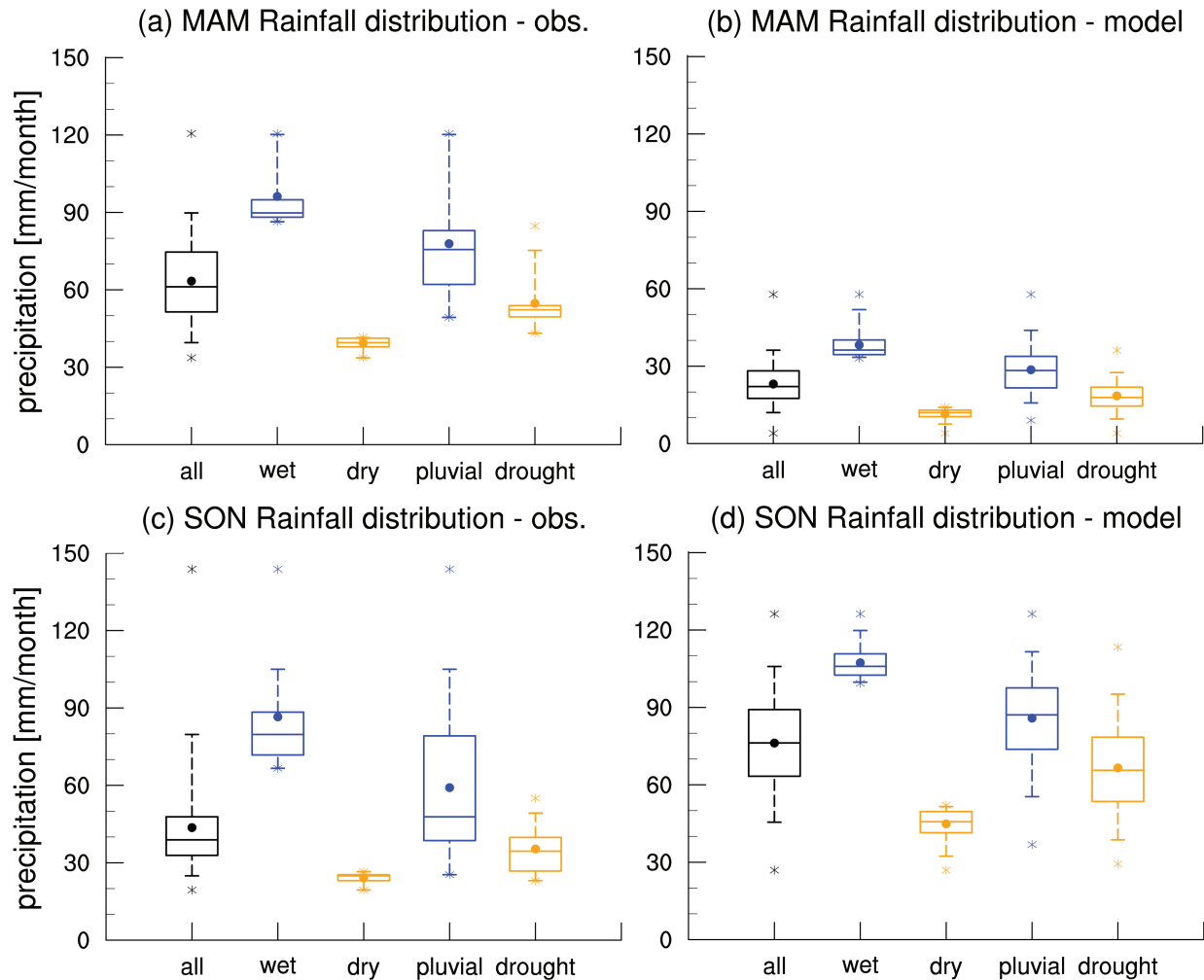
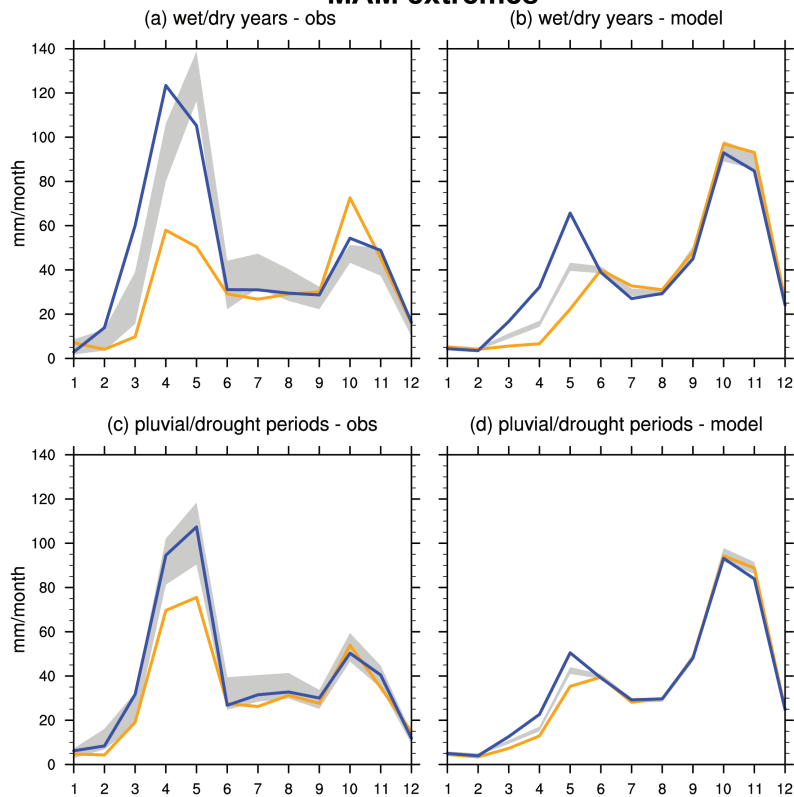


FIG. 4. Boxplot of seasonal precipitation (mm/month) over East Africa for (a,b) MAM and (c,d) SON seasons for (a,c) observations and (b,d) model convective precipitation for all years (black) and years identified as dry/drought (orange) and wet/pluvial (blue) in Fig. 3. The horizontal lines of the box indicate the 75% quantile, median, and 25% quantile, while the whiskers the 95% and 5%, stars maximum and minimum values, and the solid dot the mean.

### MAM extremes



### SON extremes

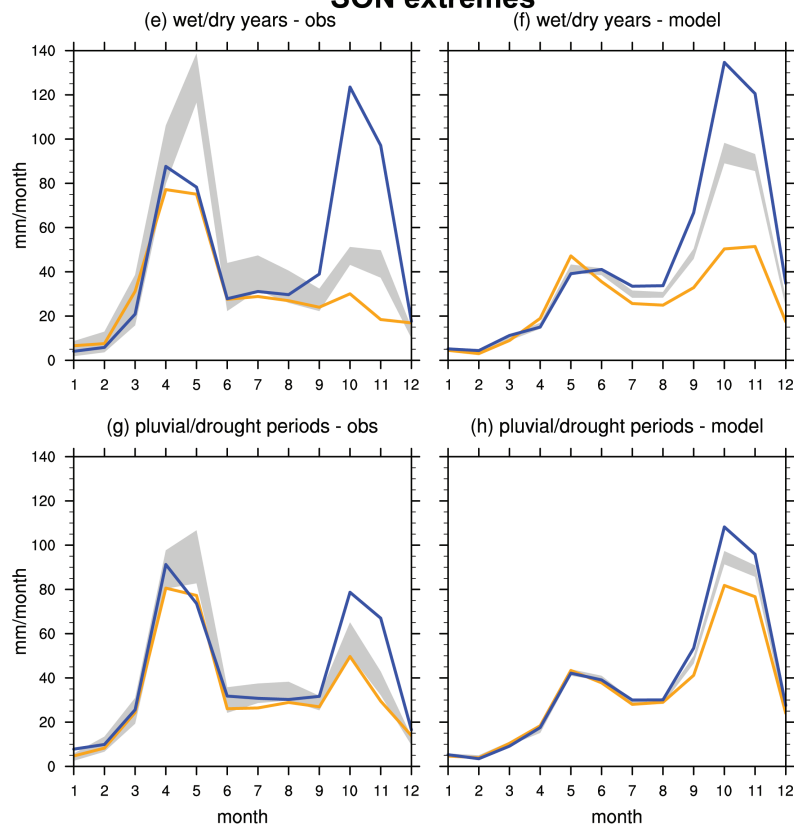


FIG. 5. Seasonal cycle in precipitation (mm/month) over East Africa for (a–d) MAM and (e–h) SON extremes for (left) observations and (right) model convective precipitation. Gray shading indicates the average seasonal cycle, while orange and blue lines represent the mean seasonal cycle during  $n$  years identified as (top) dry and wet or (bottom) drought and pluvial. Where the orange/blue lines lie outside the gray shading, the values are significantly different from the long-term seasonal cycle at the 90% confidence level (according to Monte Carlo testing).

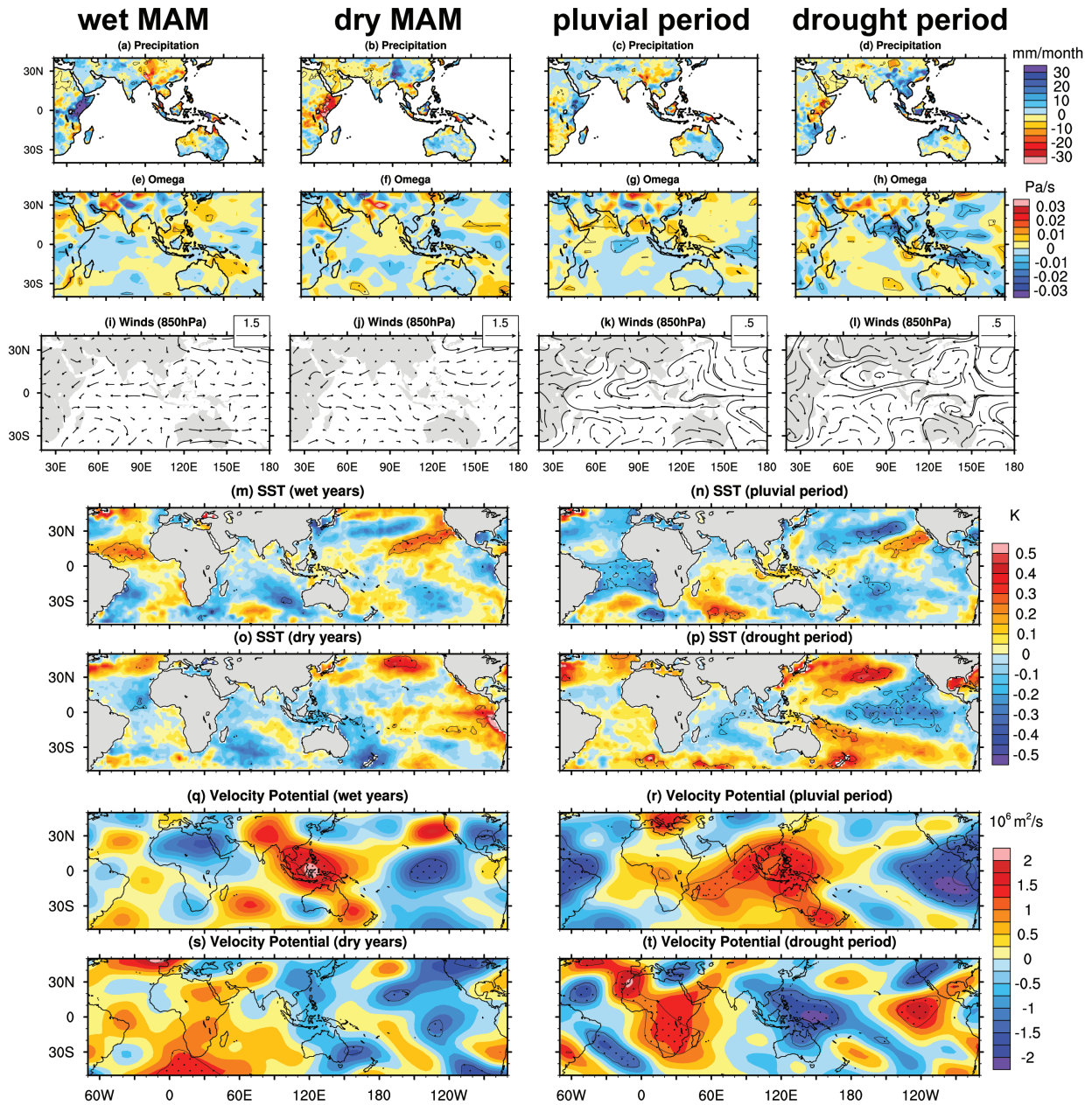


FIG. 6. Observed MAM composite climate anomalies during extreme MAM hydroclimate conditions in East Africa as identified in Fig. 3a for (a–d) precipitation (mm/month), (e–h) vertical velocity  $\Omega$  (Pa/s), (i–l) winds at the 850hPa level (m/s), (m–p) SST (K), and (q–t) velocity potential at the 200hPa level ( $10^6 \text{ m}^2/\text{s}$ ). Stippling and red vectors indicate anomalies that are significant at the 95% level according to a two-tailed  $t$ -test.

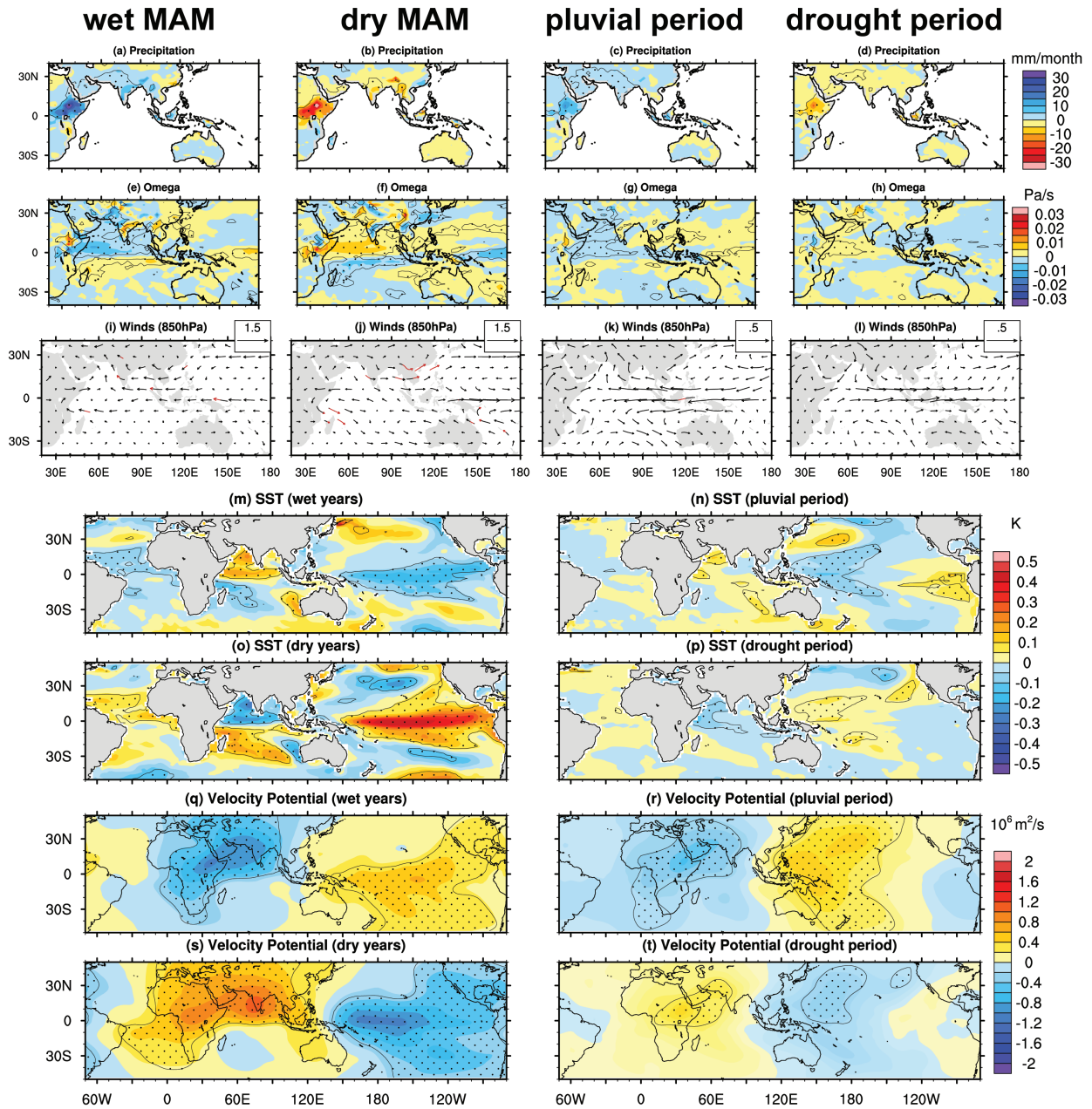


FIG. 7. Model MAM composite climate anomalies during extreme MAM hydroclimate conditions in East Africa as identified in Fig. 3b for (a–d) precipitation (mm/month), (e–h) vertical velocity  $\Omega$  (Pa/s), (i–l) winds at the 850hPa (m/s), (m–p) SST (K), and (q–t) velocity potential at the 200hPa level ( $10^6 \text{ m}^2/\text{s}$ ). Stippling and red vectors indicate anomalies that are significant at the 95% level according to a two-tailed  $t$ -test.



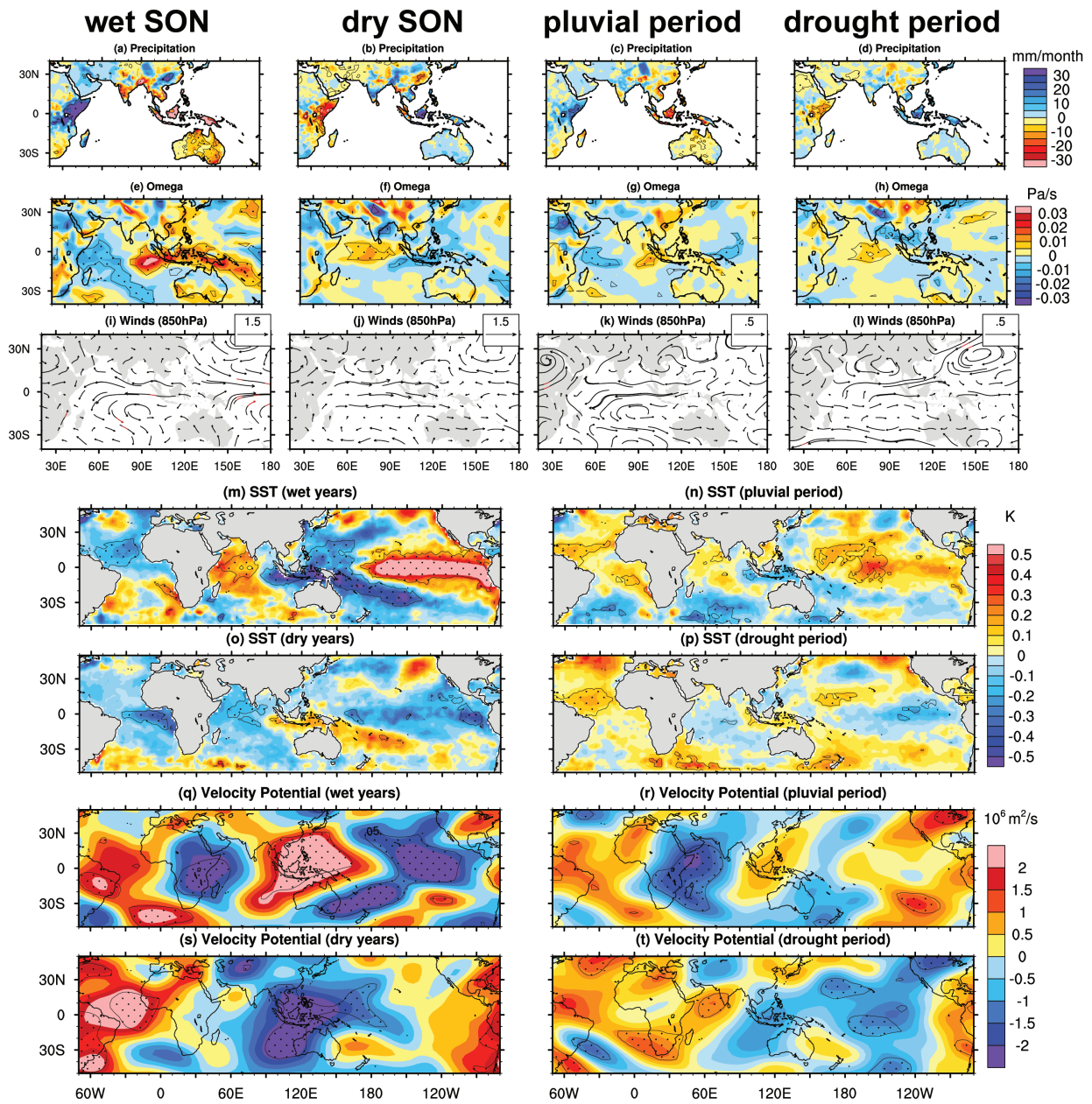


FIG. 8. As Fig. 6, but for the SON months.

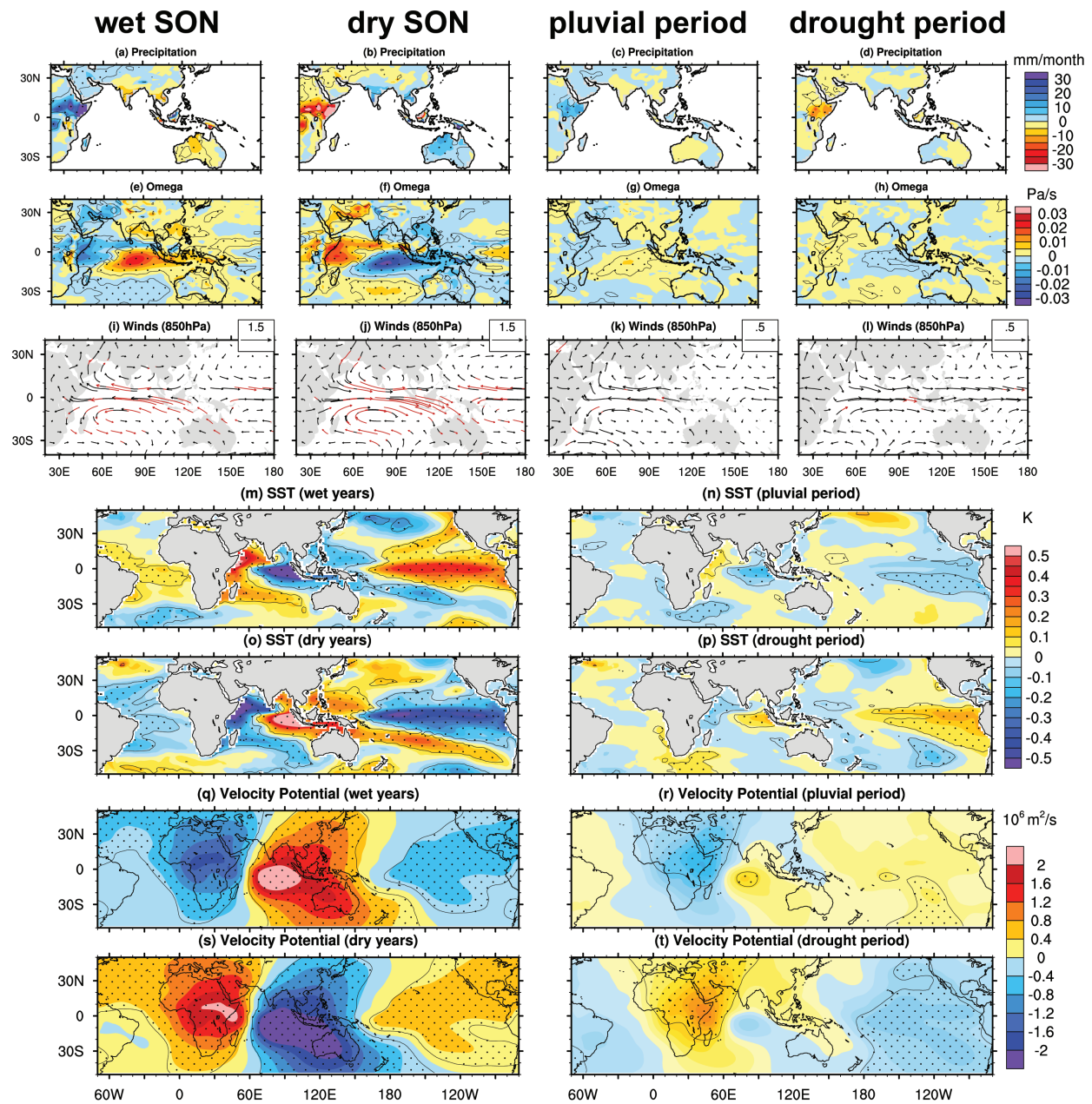


FIG. 9. As Fig. 7, but for the SON months.



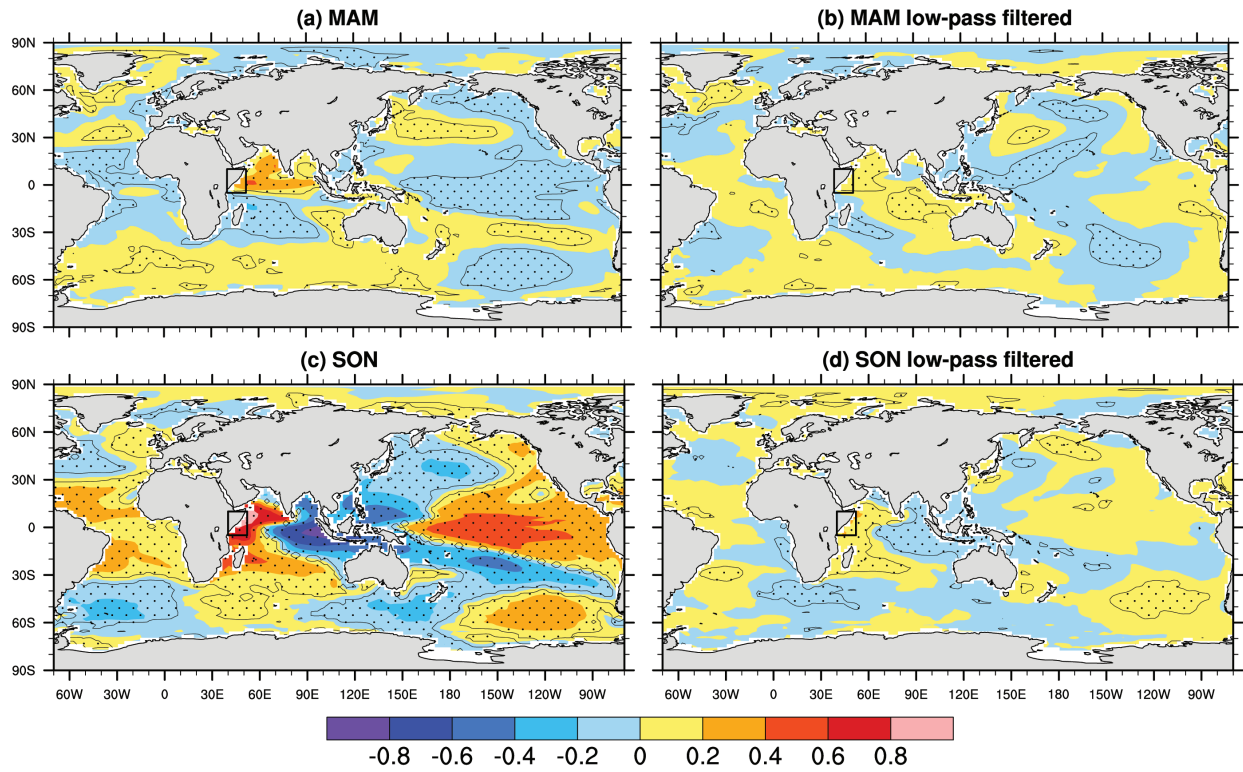


FIG. 10. Correlation between model East African precipitation and SST are shown for (a,c) raw and (b,d) low-pass filtered data for the (a,b) MAM and (c,d) SON seasons. A Butterworth bandpass filter was used with a high- and low-pass frequency cutoff of 10 years and 20 years, respectively. Stippling indicates significant correlations at the 95% confidence level.

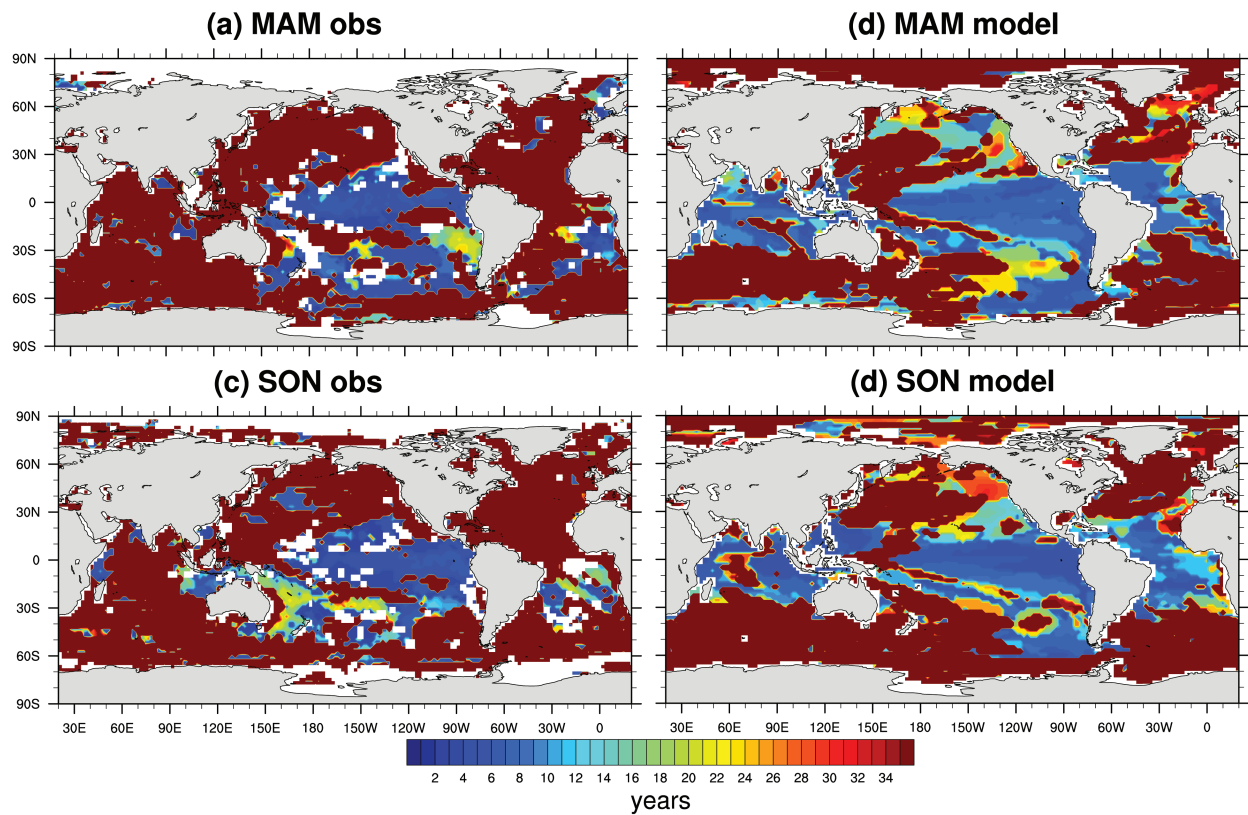


FIG. 11. Longest dominant period of SST variance (in years) for (a,c) observed and (b,d) model for the (a,b) MAM and (c,d) SON season, respectively, based on power spectral density analysis of SST at each gridpoint to determine where the 90% (95%) confidence level according to a theoretical Markov spectrum is exceeded for the observations (model).