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1 Socially induced stress and behavioural inhibition in response to angling  
2 exposure in rainbow trout

3

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19

20 **Abstract**

21

22 It is well known that fish can learn to avoid angling gear after experiencing a catch-and-  
23 release event, *i.e.* after a private hooking experience. However, the possible importance of  
24 social information cues and their influence on an individual's vulnerability to angling remains  
25 largely unexplored, *i.e.* social experience of a conspecific's capture. We examined the effects  
26 of private and social experience of hooking on the stress response of fish and subsequent  
27 catch rates. Hatchery reared rainbow trout (*Oncorhynchus mykiss*) were implanted with heart  
28 rate loggers and experimentally subjected to private or social experience of hooking. Private  
29 and social experience of angling induced an increased heart rate in fish compared to naïve  
30 control fish. While private experience of hooking explained most of the reduced vulnerability  
31 to capture, we found no clear evidence that social experience of hooking affected angling  
32 vulnerability in fish that had never been hooked before. While both private and social  
33 experiences of angling constitute significant physiological stressors for rainbow trout, only  
34 the private experience reduces an individual's vulnerability to angling and in turn affecting  
35 population-level catchability.

36

## 37 **Introduction**

38

39 Recreational fishing is common in all industrial countries (Arlinghaus et al. 2015). In contrast  
40 to commercial fisheries, recreational fishing is a leisure activity where only a portion of the  
41 catch is kept for nutritional purpose (Cooke & Cowx, 2006; Cooke et al. 2018). Worldwide  
42 reports about declining and collapsed fish populations have mainly been attributed to  
43 commercial fisheries (Worm et al. 2009). However, increasing attention about recreational  
44 fishing and its induced impact on fish population has risen in some countries (Cooke & Cowx  
45 2004; Post et al. 2002; Lewin et al. 2006). To support angler satisfaction and reduce the  
46 impact of recreational fishing, fisheries managers have implemented harvest regulations and  
47 other management strategies, such as stocking (Arlinghaus et al. 2007; FAO, 2012). One  
48 approach to deal with the potential of angling-induced overfishing are size-based harvest  
49 regulations that involve mandatory catch-and-release (C&R) of undersized fish, and the  
50 promotion of voluntary C&R of harvestable fishes where fish are released back to the water  
51 following capture and unhooking (Bartholomew & Bohnsack 2005; Cooke & Schramm,  
52 2007; Policansky, 2002). The concept behind C&R relies on the conservation of fish  
53 populations, with the intention to sustain catch rates (Arlinghaus et al. 2007). Achieving these  
54 aims demands releasing fish without substantial injuries and other lasting sub-lethal  
55 physiological and behavioural impacts. Literature reviews have revealed substantial  
56 interspecific and contextual variation in post-release impacts and mortality, including hook-  
57 related injuries and physiological/behavioural responses to C&R, demanding species-specific  
58 research to evaluate the effects of C&R (Arlinghaus et al. 2007; Cooke & Suski, 2005).

59 In addition to potential lethal impacts, C&R can produce multiple sub-lethal stress  
60 responses, including elevated plasma concentrations of cortisol (Meka & McCormick 2005;  
61 Pankhurst & Dedual 1994), increased cardiac activity (*i.e.* heart-rate, cardiac output and

62 stroke volume) (Anderson et al. 1998; Cooke et al. 2001; Cooke et al. 2002), as well as  
63 behavioural changes for a certain period following the release (Koeck et al. in press; Klefoth  
64 et al. 2011). As a consequence, individual fish can develop hook avoidance behaviour through  
65 private experiences of hooking (Askey et al. 2006; Beukema, 1970a, 1970b; Klefoth et al.  
66 2013; Raat, 1985; van Poorten & Post, 2005; Young & Hayes, 2004). In addition, population-  
67 level catchability has been found to be affected by angling effort without necessarily all fish  
68 being hooked and released (e.g. Koeck et al. in press; Kuparinen et al. 2010; Alós et al. 2015;  
69 Wegener et al. 2018). Experimental pond studies with carp (*Cyprinus carpio*) (Beukema,  
70 1970a; Klefoth et al. 2013; Raat, 1985) and pike (*Esox Lucius*) (Beukema, 1970b) have  
71 suggested that social learning might play a role in observed decreases of overall catchability.  
72 These studies suggested that physiological and behavioural stress responses from previously  
73 caught individuals may also carry over to affect non-hooked conspecifics, eliciting a hook  
74 avoidance behaviour in these individuals through a social learning mechanism (Laland et al.  
75 2003), thereby decreasing the overall catchability of the targeted fish population. The only  
76 study directly testing this hypothesis was conducted in largemouth bass (*Micropterus*  
77 *salmoides*) (Wegener et al. 2018), but it failed to find evidence that social learning reduced  
78 catchability in this species. However, as social behaviours and the ability to learn differ  
79 considerably in freshwater fishes (Coble et al. 1985), the results on largemouth bass by  
80 Wegener et al. (2018) may not be generalizable to other species.

81         Social learning is defined as long term behavioural changes to a stimuli derived from  
82 the interactions with or observations of other individuals, *i.e.* public information use (Mesoudi  
83 et al. 2016). Social learning has an obvious adaptive value to private learning in terms of risk  
84 avoidance. For example, if an individual can learn to identify a threat by observing the  
85 behaviour of experienced individuals without taking the risk itself, it could have an equally  
86 good chance of responding adequately when faced with a similar threat (Laland et al. 2003).

87 Social learning is however not restricted to observation. For example, chemicals cues released  
88 from the epidermis of injured fish are known to function as alarm signals (Schreckstoff) that  
89 can trigger a response in the receiving fish (Brown & Smith, 1997; Chivers & Smith, 1998).  
90 Moreover, by developing associations between alarm chemicals and the aversive response of  
91 conspecifics towards an initially neutral predator, an individual may learn to identify the  
92 predator and evoke an avoidance response against it, even in the absence of conspecifics or  
93 alarm chemicals (Griffin 2004). It is unknown whether such effects occur in hook-and-line  
94 fishing, where the threat cues are mainly related to olfactory and visual stimuli, and if the  
95 experience of observing conspecifics being hooked and released will affect physiological  
96 responses and cause behavioural changes (Meekan et al. 2018).

97         The aim of the present study was to evaluate the effect of angling experience and its  
98 impact on catch rate and heart rate - used as a proxy to measure stress response (Wendelaar  
99 Bonga, 1997) - by exposing rainbow trout (*Oncorhynchus mykiss*) in ponds to different levels  
100 of angling exposure, followed by catch-and-release angling. Based on the documented  
101 learning capacities of fish, as well as the known physiological and behavioural stress  
102 responses of previously hooked fish, we tested the following hypotheses: i) social experience  
103 of C&R reduces the vulnerability compared to naïve fish and fish only exposed to angling  
104 associated disturbance, but not to the same extent as fish with private experience of hooking,  
105 and ii) the physiological stress response will reflect the angling experience that fish have been  
106 subjected to, *i.e.* the highest stress response is expected in fish with private experience of  
107 angling, followed by fish with social experience and be the lowest in naïve fish.

108

109

110

111

112 **Methods**

113

114 *Experimental design*

115

116 To evaluate the relative contribution of private vs. social experience of fish to angling, we  
117 conducted a triplicated angling experiment in 4 semi-controlled ponds stocked with size  
118 matched rainbow trout. The experiment consisted of two steps; first the angling exposure  
119 treatments (Fig 1B) followed by a period of angling trials during which catch-rates were  
120 quantified and compared across treatments, and served as a vulnerability assessment of fish to  
121 the different levels of angling exposure they had been subjected too (Fig 1C). The angling  
122 exposure consisted of four treatments (Fig 1B): 1) a private exposure treatment during which  
123 fish were caught and released back to the same pond to ensure the private experience of  
124 angling; 2) a social exposure treatment where fish experienced only the social stimuli of other  
125 conspecifics fighting on the line, 3) a control: were fish had no exposure treatment and  
126 remained naïve to angling; and 4) a second control treatment called disturbance treatment  
127 with fish exposed to hook-less angling gear to account for the possible effects of the  
128 disturbance related to the angling method itself. The experiment was repeated 3 times  
129 between 8<sup>th</sup> September and 9<sup>th</sup> November 2016. To control for possible pond effects, the  
130 treatment order was changed between experimental rounds so that no treatment was repeated  
131 within the same pond. Additionally, stress response of fish was assessed by implanting a  
132 subset of fish in the last round of the experiment with heart-rate loggers, recording changes in  
133 heart rate as a proxy of stress response of fish to angling treatments. The experiments were  
134 approved by the Ethical Committee for Animal Research of the University of Gothenburg  
135 (Licence 15.2014 and licence 165-2015) and comply with Swedish and European law.

136

137 *Experimental set-up and fish*

138

139 The study was conducted in the facilities of the Swedish sport fishing association  
140 (Sportfiskarna) at Sjölyckan, Gothenburg, Sweden (57°41'36.1"N 12°2'11.8"E). The  
141 experimental system consisted of four ponds (30 × 24 × 2 m; L × W × D, 1440 m<sup>2</sup> each) with  
142 a constant inflow from Lake Delsjön (mean temperature ± s.d: round 1: 18.1 ± 1.0 °C; round  
143 2: 12.0 ± 2.0 °C; round 3: 7.8 ± 0.9 °C). Prior to the experiment, the ponds were drained and  
144 cleaned from macrophytes and debris, then stocked before each experimental round with  
145 sized-matched rainbow trout (163 fish per round; mean ± s.d: mass = 391.6 ± 55.1 g; fork  
146 length = 31.6 ± 1.5 cm) transported from the Källefäll hatchery (58°10'12.3"N 14°4'47.6"E).  
147 On arrival, fish were first let to settle for at least an hour in holding tanks (2 × 2 × 0.5 m; L ×  
148 W × D) supplied with aerated Lake Delsjön water at ambient temperature, then anaesthetized  
149 (in round 1 and 3: MS-222 at 150 mg l<sup>-1</sup> buffered with NaHCO<sub>3</sub> at 300 mg l<sup>-1</sup>; in round 2:  
150 benzocaine 400 mg l<sup>-1</sup>), measured for mass and fork length and tagged with a passive  
151 integrated transponder (PIT) (23 × 3.65 mm, 0.6 g, Texas Instruments, Dallas, Texas, USA) to  
152 enable individual identification. PIT-tags were inserted into the abdominal cavity through a  
153 small incision and followed by cutaneous application of an antiseptic paste (Vetofish,  
154 SELARL Vétérinaire, Martigues, France). Following tagging and surgical implantation, fish  
155 were placed in a recovery tank (1 × 1 × 0.5 m; L × W × D) for observation. When each fish  
156 had resumed normal swimming and respiratory motion, they were distributed randomly  
157 among the four experimental ponds and left to acclimate for 8 days (Fig 1A). No difference in  
158 mass was found between the treatments following the random pond distribution (ANOVA: F  
159 = 0.486, p > 0.05 for all comparisons). No food was provided during the experiment, but  
160 naturally occurring invertebrates such as Trichoptera were present in the ponds.

161



162 *Heart rate logger implantation*

163

164 To measure the stress response in fish during the different angling exposures, a subset  
165 of 30 individuals in round 3 - equally distributed between social exposure, private exposure  
166 and control treatment - were surgically implanted with bio-loggers (39.5 × 13 mm and 11.8 g,  
167 DST milli-HRT, Star-Oddi, Gardabaer, Iceland) capable of measuring time-stamped  
168 (accuracy ± 1 min month<sup>-1</sup>) heart rate and temperature (resolution 0.032 °C, accuracy ± 0.2  
169 °C). These fish are from here on referred to as the heart rate logger-fish. For consistency  
170 between treatments, since in the disturbance exposure treatment no fish received a bio-logger,  
171 a subset of 10 individuals were sham operated, which means that they underwent identical  
172 surgical treatment as the heart rate logger-fish, but no bio-loggers were implanted.

173 The bio-loggers were programmed to derive an average heart rate from 6 second-long  
174 measures of electrocardiogram (ECG) sampled at a frequency of 100 Hz. The bio-loggers  
175 were programmed to record at two different sampling frequencies; one high frequency period  
176 (one measurement per min) that covered the 5 hours around the angling trials between 13:30  
177 and 18:30 (see below for details) and one low frequency period (one measurement per 10  
178 min) that covered the other 19 hours of the day. For validation purposes, all logged heart rate  
179 measurements are graded with a data verification quality index (QI) by the software supplied  
180 by the manufacturer, ranging from 0-3, whereby QI0=Great, QI1=Good, QI2=Fair and  
181 QI3=Poor. To ensure the highest possible accuracy, only measurements graded with QI0 were  
182 used in the present study following Brijs et al. (2018) and Brijs et al. (2019).

183 Before implantation of the bio-loggers, the fish were first individually anaesthetized in  
184 MS-222 as described above. When the fish had lost equilibrium and stopped ventilating they  
185 were positioned on its side on water-soaked rubber foam on a surgical table. During the  
186 surgery, the gills were continuously flushed with aerated 10 °C water containing 75 mg l<sup>-1</sup>

187 MS-222 and 150 mg l<sup>-1</sup> NaHCO<sub>3</sub> to maintain anesthesia. The bio-loggers were inserted  
188 through a ~30 mm incision along the mid-ventral line approximately 40 mm posterior to the  
189 pectoral fins, and positioned longitudinally in the pericardial cavity and anchored to the  
190 muscle, following Brijs et al. (2018) and Ekström et al. (2018).

191

### 192 *Angling exposure treatments*

193

194 Following the 8-days acclimation period, fish from each pond were exposed to different  
195 angling treatments (Fig 1B). The initial sample size in each treatment was set to 40 except for  
196 the social exposure (n=43) (see social exposure treatment section). In each round, all exposure  
197 treatments were conducted simultaneously for one hour of angling per day on three  
198 consecutive days.

199         In the private exposure treatment, the aim was to evaluate how the private experience  
200 of being caught and released affected the stress response and angling vulnerability. Two  
201 experienced anglers, placed on each short side of the pond, used a spinning rod (braided line:  
202 resistance 4.5 kg; 1 m fluorocarbon leader, resistance 4.9 kg; and barbless hook (Gamakatsu  
203 G-code, Worm 39, Size 3)) baited with a dead shrimp. Anglers chose freely where to cast,  
204 how long to keep the bait at one spot and the depth at which the bait was presented. Caught  
205 fish were landed as quickly as possible and transferred with a knotless landing net to a water-  
206 filled bucket, to be unhooked and identified. During the remainder of the angling event, the  
207 caught fish were kept in recovery tanks (1 × 1 × 1 m; L × W × D) with a constant refill of  
208 aerated water. Immediately after the angling event, all caught fish were transferred back to  
209 their corresponding pond, hence a fish could only be caught once in each angling event but  
210 potentially up to three times during the three days of treatment. In the event of deep-hooking,  
211 fish were euthanized with a sharp blow to the head.

212 In the social exposure treatment, the aim was to evaluate the effect on vulnerability  
213 and stress by exposing the fish to the social stimuli of other conspecifics being hooked and  
214 fighting on the line. To ensure that the fish experienced the social stimuli of other individuals  
215 being hooked, each daily exposure began with an angler catching one fish in the pond. When  
216 the first fish was caught and identified by its PIT-tag number, it was not released back to the  
217 same pond, instead it was transferred to a non-experimental pond. This procedure was done to  
218 reduce the risk of confounding effects from catching all the vulnerable fish first while leaving  
219 less vulnerable fish within the pond (Koeck et al. 2018). During the remainder of the social  
220 exposure, rainbow trout not used in the experiment were caught in the non-experimental pond  
221 and gently transferred to the treatment pond where they were displayed for approximately 30  
222 seconds, fighting freely in the pond while on the angler's line. After the display, the fish were  
223 transferred back to the non-experimental pond and a new fish was caught for display. The  
224 number of displayed individuals (including the first catch) was kept equal to the number of  
225 individuals caught in the simultaneously conducted private exposure treatment (total captures  
226 in round 1; n = 37, round 2; n = 41, round 3; n = 39). The purpose of this procedure was to  
227 expose the fish to a similar level of disturbance/opportunity to acquire social information  
228 about fishing threat, as experienced directly by individuals in the private exposure treatment,  
229 without providing any focal fish with private experience of C&R. The difference in initial  
230 sample size between the social exposure and the other angling treatments (43 compared to 40  
231 per replicate) was set to compensate for the daily removal of one individual.

232 A disturbance treatment was included in the experimental design to account for the  
233 possible effects of disturbance related to the angling method itself *i.e.* likely non-threatening  
234 disturbance caused by casting and retrieving the tackle and the anglers' movements around  
235 the ponds. The disturbance treatment was performed in the same way as in the private

236 exposure treatment but without using bait or hooks. No angling was conducted in the control  
237 treatment.

238

### 239 *Vulnerability assessment*

240

241 48 hours after the last day of angling exposure treatment (Fig 1B), standardized angling was  
242 conducted simultaneously in all experimental ponds for one hour during four consecutive  
243 days (Fig 1C). Two experienced anglers were randomly allocated to each pond, with one  
244 angler positioned on each short side of the pond. Every tenth minute, the anglers changed  
245 ponds and position to randomize differences in fishing technique and skills. As in the private  
246 exposure treatment, barbless hooks baited with shrimp were used. Caught fish were kept in  
247 recovery tanks during the remainder of the angling event and, after identification, released  
248 back to their respective ponds. Each individual could thus potentially be caught up to four  
249 times. When one round of angling was complete, the ponds were drained and the fish were  
250 sampled for mass and length measurements, before the ponds were refilled and stocked with a  
251 new batch of fish for the next experimental round following the same procedure. The time of  
252 day of the angling exposure was adjusted between rounds to account for seasonal changes in  
253 light conditions, so that each angling exposure ended approximately one hour before sunset.

254

### 255 *Data handling and statistical analysis*

256

257 All data subjected to statistical analyses were assessed to ensure that they did not violate the  
258 assumptions of the models used. A Cox proportional hazard regression (“coxph” function,  
259 “survival” package, R) was modelled to analyse associations between treatment and time-to-  
260 event, *i.e.* to what degree the angling exposure treatments affected the chances of an

261 individual being caught over time. The model accounted for only one event per individual, *i.e.*  
262 the response variable was the time until first catch. Because of the marked decrease in water  
263 temperature over the course of the experiment, temperature (instead of round) was added as a  
264 covariate to the survival model. Non-significant interaction between temperature and  
265 treatments indicated however that temperature did not affect catch rate in a specific treatment,  
266 and the interaction term was thus excluded from the final model (Table 1). Furthermore, not  
267 all individuals in the private exposure treatment were caught during the exposure angling  
268 (proportion caught fish round 1; 0.8, round 2; 0.825, round 3; 0.75). Since uncaught  
269 individuals in the private exposure treatment lacked private experience of C&R, they were  
270 discarded from the main analysis.

271 For quantifying heart rate response to angling, an individual hourly mean heart-rate  
272 was calculated and used in further analyses. The effects of angling disturbances on heart-rate  
273 following the three periods (*i.e.* acclimation period, angling exposure and vulnerability  
274 assessment) was investigated using a linear mixed model. In this model, hourly mean heart  
275 rate was used as dependent variable. Angling exposure treatment, period and day were  
276 included as fixed factors. Fish ID and hour of day were used as random effects. In this  
277 analysis, heart rates recorded between the start of an angling period and the following 24 h  
278 (*i.e.* 15:00-15:00) were defined as a day so that the acclimation period included the last three  
279 days and angling exposure and vulnerability assessment included three and four separate  
280 days, respectively. The heart rate data was analyzed using SPSS Statistics 22 (IBM Corp.,  
281 Armonk, NY, USA).

282

## 283 **Results**

284

285 *Effects of angling exposure on subsequent vulnerability to angling*

286

287 Across all treatments, the private exposure treatment had the most pronounced effect on  
288 subsequent catchability and significantly reduced capture vulnerability by 72.6% relative to  
289 fish from the control treatment (Table 1, Fig. 2). The social exposure treatment produced a  
290 non-significant decrease in angling vulnerability of 23.4% relative to fish in the control  
291 treatment (Table 1, Fig. 2). Fish in the disturbance treatment reduced angling vulnerability by  
292 only 8.9% relative to control treatment, which was not significant (Table 1, Fig. 2). Capture  
293 vulnerability was generally increased with temperature (Table 1), which did not interfere with  
294 exposure treatment (non-significant interaction; see method section). No difference in catch  
295 rate was found between the sham, control and private heart rate logger-fish when comparing  
296 proportions of individuals caught for the first time ( $\chi^2 = 1.14$ ,  $df = 2$ ,  $p > 0.05$ ), indicating that  
297 the implantation procedure and presence of heart-rate logger did not bias the catch rate  
298 results.

299

### 300 *Heart rate response to angling treatments*

301

302 No difference in heart rate was found between the private exposure and control treatment  
303 during the acclimation period (Table 2, Fig 3A). However, during the two last days of the  
304 acclimation period, the heart rates in the social exposure was significantly higher than the  
305 control treatment while private exposure and social exposure showed no differences in their  
306 heart rates (Table 2, Fig 3A). During the first day of angling exposure, we found a  
307 pronounced significant increase in heart rate in the private exposure treatment, while an  
308 intermediate significant increase was seen in the social exposure treatment relative to the  
309 control treatment (Table 2, Fig 3B). During the second and third day of angling exposure, the  
310 peak heart rate response in the private exposure treatment was somewhat reduced relative to

311 the first treatment day such that the private exposure treatment were not significantly different  
312 from the social exposure treatment (private vs. social; mean daily difference in heart rate  $\pm$   
313 S.E, p-value; Day 1:  $3.19 \pm 0.70$ ,  $p < 0.001$ ; Day 2:  $0.07 \pm 0.68$   $p = 0.91$ ; Day 3:  $0.74 \pm 0.68$   $p$   
314  $= 0.28$ ) (Fig 3B). However, both the private and social exposure treatment had a significantly  
315 higher heart rate compared to the control treatment during all three days of angling treatment  
316 (Table 2, Fig 3B). When analysing the daily effects of angling on heart rate across treatment  
317 groups, all three treatments differed significantly during the first day of vulnerability  
318 assessment (Social > Private > Control: Table 2, Fig 3C). In the subsequent days, the peak  
319 heart rate response during angling was gradually reduced in all treatments, and during the last  
320 two days of vulnerability assessment no difference in heart rate was found between the  
321 treatments except between private and control treatment during the final day (Table 2, Fig  
322 3C). For cardiogram of all individual fish, see supplementary figure S1.

323

## 324 **Discussion**

325

326 In agreement with previous studies on decreased catch rate and catchability in C&R  
327 recreational fisheries (e.g. common carp: Beukema 1970a; Klefoth et al. 2013; rainbow trout:  
328 Askey et al. 2006; van Poorten & Post 2005; and brown trout (*Salmo trutta*): Young & Hayes  
329 2004), we found that the private experience of C&R is the main contributor to decreased  
330 vulnerability in rainbow trout and that caught individuals demonstrate a more distinct  
331 physiological stress response (Anderson et al., 1998), as indicated by elevated heart rate,  
332 compared to uncaught individuals. Our results also indicate that social experience and angling  
333 disturbance do not significantly contribute to decreased vulnerability in C&R fisheries for  
334 rainbow trout. However, our results also point out that the social experience of hooked

335 conspecifics alone suffices to induce an increase in heart rate, providing evidence of a  
336 cardiovascular stress response in rainbow trout to social experience of C&R.

337         The fact that fish that had previously experienced hooking (*i.e.* fish from the private  
338 exposure treatment) were caught substantially less frequently than fish indirectly exposed to  
339 angling (*i.e.* socially experienced fish) and fish naïve to angling (*i.e.* from the control  
340 treatment) suggests that additional mechanisms (e.g. physiological and behavioural) not  
341 quantified here are affecting vulnerability. Possible factors that were unique to previously  
342 hooked fish that might explain their increased subsequent hook avoidance relative to fish in  
343 the social exposure treatment, include repeated visual stimuli of other conspecifics being  
344 hooked, combined with hook injury, physical exhaustion and air exposure, which have been  
345 found to result in elevated plasma levels of stress indicators, such as cortisol and glucose  
346 (Arlinghaus et al. 2009; Cooke et al. 2001; Donaldson et al. 2010; Pullen et al. 2017).  
347 Moreover, it is possible that these factors triggered a tertiary stress response in the privately  
348 hooked fish (Barton, 2002; Wendelaar Bonga, 1997), leading to behavioral changes following  
349 C&R (Halttunen et al. 2010; Schreer et al. 2005; Arlinghaus et al. 2009; Klefoth et al. 2011).  
350 In addition, the reduced heart rate displayed during the subsequent days in the private  
351 exposure treatment may also indicate that fish habituated to the stressor of C&R angling  
352 (Barton et al. 1987). However, the continuous decrease in heart rate in the private exposure  
353 treatment might also have been related to the gradual decrease in water temperature (Eliason  
354 & Anttila, 2017), as indicated by the continuous decrease in heart rate in the control group.

355         Our study was conducted with hatchery fish, which represent both a strength and a  
356 limitation. First, hatchery fish are a suitable model when studied in semi-natural environments  
357 such as the ponds used here because they are likely better adapted to ponds compared to wild  
358 conspecifics. The greater degree of domestication of hatchery reared fish and the associated  
359 adaptation to stressful situations during handling (Woodward & Strange, 1987) seems to



360 increase the readiness to take baits presented by anglers compared to wild fish (Koeck et al.  
361 2018; Mezzera & Largiadèr, 2001). Indeed, the rainbow trout used in the present study have  
362 been artificially selected since the 90s (personal communication with Källefäll Hatchery),  
363 which has probably favoured bold and stress-resistant phenotypes (Berejikian 1995; Johnsson  
364 & Abrahams, 1991; Biro & Post 2008), while decreasing the overall phenotypic variation  
365 compared to a wild population (Fleming & Eium, 1997). As learning capacities might differ  
366 between individuals within a population, some individuals might rely on social information to  
367 a higher degree (Lucon-Xiccato & Bisazza 2017). Thus, the use of hatchery fish, which have  
368 been selected for bold phenotypes, could have influenced the importance of social  
369 information transfer, which potentially could be more important in wild populations with less  
370 bold phenotypes.

371         There are also other reasons that could have reduced the importance of social  
372 information transfer on subsequent vulnerability in the present study. Importantly, in addition  
373 to the direct experience of being hooked, fish in the private exposure treatment were  
374 surrounded by other fish with previous hook experience, whereas fish in the social exposure  
375 treatment only briefly experienced already hooked individuals. Experienced individuals could  
376 act as demonstrators (Johnsson & Sundström, 2007; Kelley et al. 2003; Vilhunen et al. 2005),  
377 reinforcing the hook avoidance behaviour in other individuals during the final vulnerability  
378 assessment. The behavioural influences of social learning could thus be stronger in conditions  
379 where hooked fish are present, in contrast to the experimental conditions we induced.  
380 However, in the absence of such experimental information, our work on rainbow trout joins a  
381 related paper on largemouth bass (Wegener et al. 2018), suggesting that social learning to  
382 avoid future capture may not be strongly expressed in hatchery-reared rainbow trout. Whether  
383 social learning exists in wild trout constitutes an important question for the future.

384           In conclusion, the results presented in the current study show that social exposure to  
385 caught individuals can transmit sensory information that is received by nearby observers and  
386 translated into a stress response. However, such stress responses were not strong enough to  
387 cause significant declines in subsequent vulnerability to angling. In contrast, private  
388 experience of hooking strongly affected subsequent vulnerability to capture, which can  
389 negatively affect angler satisfaction (Arlinghaus et al. 2014; Beardmore et al. 2015) and  
390 reduce the ability of managers to assess fish stocks based on catch rate data alone (Arlinghaus  
391 et al. 2017). Our study adds a mechanistic insight into the repeated empirical observation that  
392 continued C&R angling will lead to a drop in catchability. These declines in catch rates  
393 constitutes a challenge to fisheries managers interested in maintaining high catch rates for the  
394 benefits of anglers (Camp et al. 2015). Previous studies suggesting effects of social learning  
395 on catch rates (e.g, Beukema 1970b, Raat 1985) may indicate either species-specific effects or  
396 the need for continuous presence of demonstrators with private experience for social learning  
397 to exert an impacts on catch rates.

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624

625 **Figure Legend**

626 **Figure 1.** Schematic figure of experimental setup with the different angling treatments in each  
627 pond. Blue = Control; Purple = Disturbance; Red = Private; Green = Social; and Black =  
628 demonstrator fish from the non-experimental pond used in the social exposure treatment. A)  
629 Acclimation period before angling; B) Angling exposure treatment; and C) Vulnerability  
630 assessment when all ponds were fished. Timeline represent the duration in hours for each  
631 period as well as the resting time between the angling treatments and vulnerability  
632 assessment.

633 **Figure 2.** Survival curves based on the Cox proportional hazard regression model, illustrating  
634 the remaining proportions of uncaught individuals across days, for the four exposure treatments  
635 (Blue = Control; Purple = Disturbance; Red = Private; and Green = Social) during the  
636 vulnerability assessment. Day 0 denotes the day before angling, and day 4 denotes the last  
637 angling day.

638 **Figure 3.** Mean heart rate per treatment following acclimation period, angling exposure and  
639 vulnerability assessment. Statistical change in heart rate was analysed from the start of an  
640 angling period (symbolized by the angler) until the following angling event (15:00-15:00). A)  
641 Acclimation period before angling, B) Heart rate during the angling exposure treatment and  
642 C) Heart rate during the vulnerability assessment. (Blue = Control; Red = Private; Green =  
643 Social).

644 **Table Legend**

645 **Table 1.** Cox-proportional hazard regression, estimating the effect of treatment and  
646 temperature on the time individuals remained uncaught during the vulnerability assessment.  
647 Control treatment is the reference level. The number of events refers to the total number of  
648 caught fish.

649 **Table 2.** Parameter estimates from the linear mixed model examining the effect of angling  
650 treatment, period (*i.e.* acclimation, angling exposure treatment and vulnerability assessment)  
651 and the corresponding day on heart rate response. Control treatment was used as reference  
652 levels. Fish ID and time was used as random effects.

653

654

| <i>Parameter</i> | <i>Estimate</i> | <i>exp(coef)</i> | <i>Se(coef)</i> | <i>z-value</i> | <i>p-value</i> |
|------------------|-----------------|------------------|-----------------|----------------|----------------|
| Disturbance      | -0.0924         | 0.9116           | 0.1422          | -0.605         | 0.515          |
| Social Exp.      | -0.2672         | 0.7654           | 0.1445          | -1.849         | 0.064          |
| Private Exp.     | -1.2968         | 0.2733           | 0.1907          | -6.799         | < <b>0.001</b> |
| Temperature      | 0.0264          | 1.0267           | 0.0125          | 2.104          | < <b>0.05</b>  |

n= 411, number of events= 328. Likelihood ratio test= 68.21 on 4 df, p < 0.001

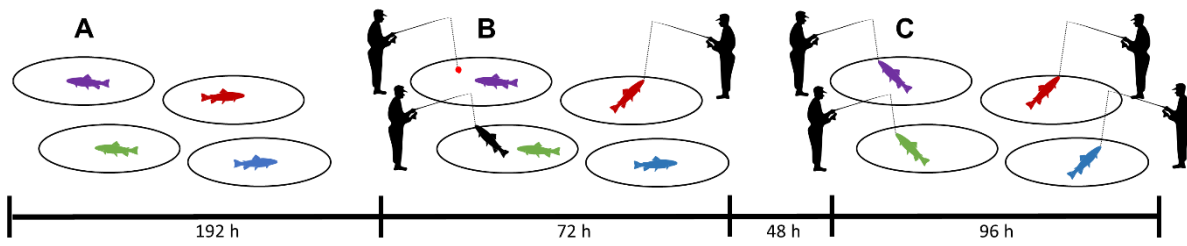
655

656 TABLE 1

657

| <i>Period</i> | <i>Day</i> | <i>Parameter</i> | <i>Estimate</i> | <i>Std. Err</i> | <i>Df.</i> | <i>t-value</i> | <i>p-value</i> |
|---------------|------------|------------------|-----------------|-----------------|------------|----------------|----------------|
| Acclimation   | 1          | Intercept        | 67.80           | 4.202           | 577.63     | 16.13          | < <b>0.001</b> |
|               |            | Private          | 0.75            | 0.562           | 647.46     | 1.34           | 0.179          |
|               |            | Social           | 0.11            | 0.599           | 647.49     | 0.19           | 0.848          |
| Acclimation   | 2          | Intercept        | 65.62           | 4.610           | 508.57     | 14.23          | < <b>0.001</b> |
|               |            | Private          | 0.51            | 0.620           | 651.67     | 0.82           | 0.408          |
|               |            | Social           | 1.36            | 0.656           | 651.67     | 2.07           | < <b>0.05</b>  |
| Acclimation   | 3          | Intercept        | 59.86           | 5.929           | 263.84     | 10.09          | < <b>0.001</b> |
|               |            | Private          | 1.31            | 0.808           | 425.66     | 1.63           | 0.104          |
|               |            | Social           | 1.82            | 0.857           | 425.70     | 2.13           | < <b>0.05</b>  |
| Exposure      | 1          | Intercept        | 49.75           | 4.964           | 189.18     | 9.41           | < <b>0.001</b> |
|               |            | Private          | 6.94            | 0.676           | 656.95     | 10.26          | < <b>0.001</b> |
|               |            | Social           | 3.75            | 0.716           | 656.95     | 5.23           | < <b>0.001</b> |
| Exposure      | 2          | Intercept        | 34.19           | 4.445           | 13.92      | 7.69           | < <b>0.001</b> |
|               |            | Private          | 5.49            | 0.658           | 647.58     | 8.35           | < <b>0.001</b> |
|               |            | Social           | 5.42            | 0.699           | 647.95     | 7.75           | < <b>0.001</b> |
| Exposure      | 3          | Intercept        | 51.23           | 4.880           | 296.20     | 10.49          | < <b>0.001</b> |
|               |            | Private          | 4.32            | 0.661           | 660.97     | 6.54           | < <b>0.001</b> |
|               |            | Social           | 3.58            | 0.701           | 660.98     | 5.11           | < <b>0.001</b> |
| Vulnerability | 1          | Intercept        | 39.77           | 5.203           | 58.41      | 7.64           | < <b>0.001</b> |
|               |            | Private          | 3.12            | 0.725           | 663.80     | 4.30           | < <b>0.001</b> |
|               |            | Social           | 5.08            | 0.770           | 663.65     | 6.60           | < <b>0.001</b> |
| Vulnerability | 2          | Intercept        | 30.69           | 4.013           | 3.71       | 7.64           | < <b>0.01</b>  |
|               |            | Private          | 2.30            | 0.649           | 625.28     | 3.54           | < <b>0.001</b> |
|               |            | Social           | 2.98            | 0.688           | 622.61     | 4.32           | < <b>0.001</b> |
| Vulnerability | 3          | Intercept        | 38.48           | 4.792           | 49.16      | 8.03           | < <b>0.001</b> |
|               |            | Private          | 0.55            | 0.674           | 658.89     | 0.82           | 0.408          |
|               |            | Social           | 0.76            | 0.715           | 658.37     | 1.06           | 0.287          |
| Vulnerability | 4          | Intercept        | 24.92           | 0.631           | 234.21     | 39.47          | < <b>0.001</b> |
|               |            | Private          | 1.36            | 0.651           | 619.00     | 2.10           | < <b>0.05</b>  |
|               |            | Social           | 0.43            | 0.673           | 619.00     | 0.650          | 0.516          |

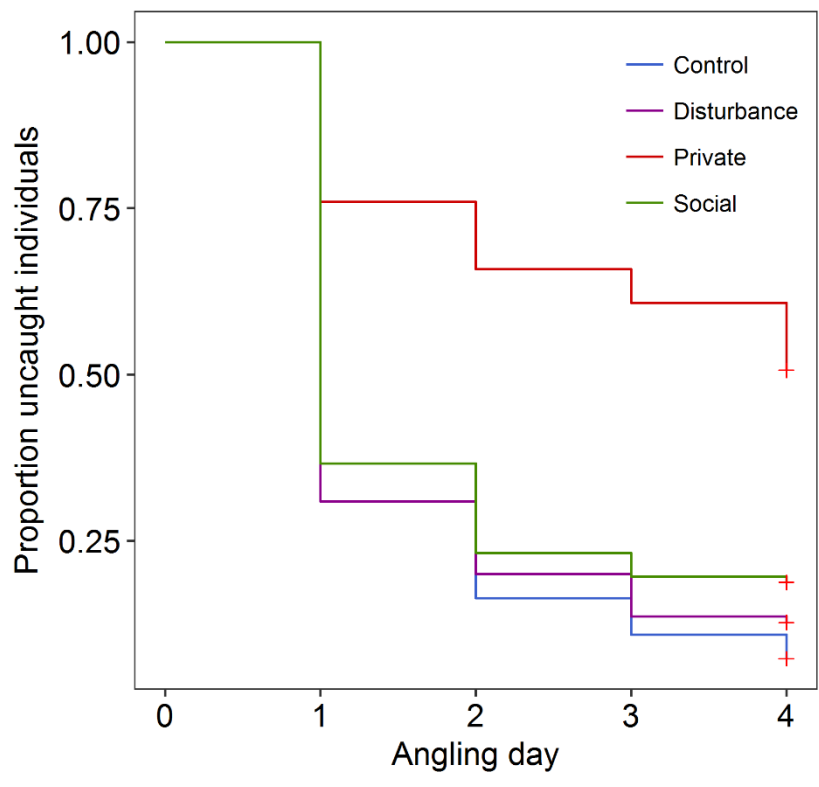




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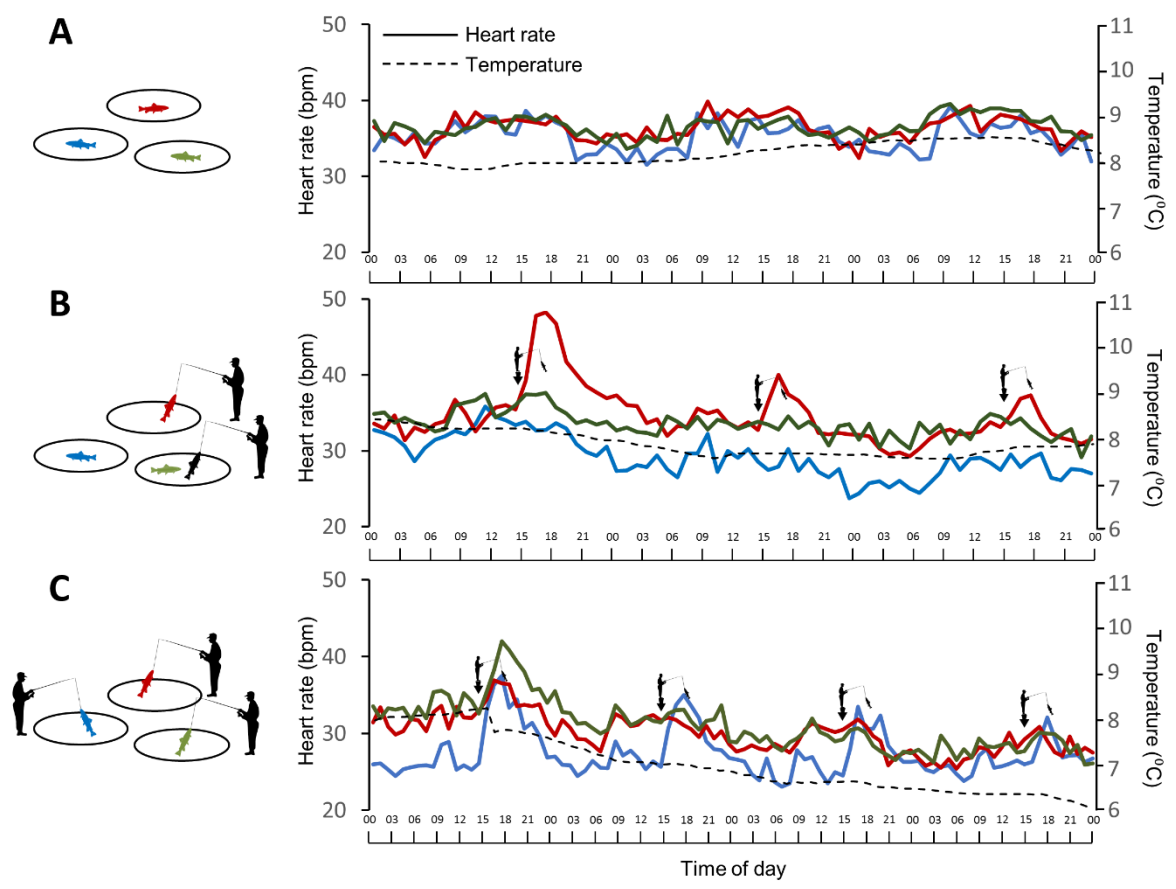
661 FIGURE 1

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677 FIGURE 2

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680 FIGURE 3