

**PENGEMBANGAN STRATEGI PARTISIPASI AKTIF  
UNTUK MENINGKATKAN KEMAMPUAN MOTORIK ANAK  
CEREBRAL PALSY SPASTIK DI SLB D YPAC**

**DISERTASI**

*Diajukan untuk memenuhi sebagian syarat untuk memperoleh gelar  
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**PENGEMBANGAN STRATEGI PARTISIPASI AKTIF UNTUK  
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PALSY SPASTIK DI SLB D YPAC**

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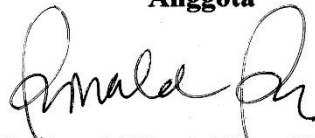
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## ABSTRAK

Riksma Akhlan (2019), Pengembangan Strategi Partisipasi Aktif untuk Meningkatkan Kemampuan Motorik Anak Cerebral Palsy Spastik di SLB D YPAC

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Layanan akademik dan perkembangan untuk anak-anak dengan cerebral palsy harus berjalan seiring. Layanan pengembangan keterampilan motorik dapat diberikan oleh para guru di sekolah. Layanan ini membutuhkan strategi pembelajaran yang sesuai dengan kebutuhan siswa dan sistem kerja yang terorganisir. Tujuan dari penelitian ini adalah untuk mengembangkan strategi pembelajaran untuk meningkatkan perkembangan motorik, yaitu kesadaran diri, pelepasan ketegangan dan kontrol postur pada siswa cerebral palsy spastik. Strategi pembelajaran ini disebut strategi partisipasi aktif. Metode yang digunakan dalam penelitian ini menggunakan pendekatan *Mixed-Method Exploratory Sequential Design*, yang dilakukan dari Juni 2017 hingga Juni 2018. Strategi ini merupakan perluasan pendekatan medis dan pendidikan. Perluasan kedua pendekatan tersebut menjadikan strategi ini memiliki pendekatan interdisipliner dalam proses pengembangan layanan. Strategi partisipasi aktif terdiri dari tiga tahap, yaitu tahap penilaian, tahap pengembangan program, dan tahap implementasi program layanan. Strategi telah diterapkan pada empat anak cerebral palsy spastik berusia 6 - 12 tahun. Praktisi strategi adalah para ahli (dokter), guru sumber, guru komponen, orang tua, kepala sekolah, dan tim asesmen. Mereka adalah komponen di sekolah. Intervensi dilakukan oleh guru sumber, guru komponen dan orang tua. Strategi dalam penelitian ini terbukti efektif karena telah terus diterapkan di sekolah dan dampak layanan pembelajaran pada siswa menunjukkan hasil yang positif.

Kata kunci : cerebral palsy spastik, kesadaran diri, kontrol postur duduk, pelepasan ketegangan, strategi partisipasi aktif

## **ABSTRACT**

Riksma Akhlan (2019), *Active Participation Strategy to Enhance Motoric Development Student with Spastic Cerebral Palsy at Special School for the Physically Challenged.*

Promotor : Prof. Dr. H. Sunaryo Kartadinata, M.Pd

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*Academic and developmental services for children with cerebral palsy must go hand in hand. Development services in motoric skills can be provided by the teachers at school. The services requires a learning strategies that can fulfill the needs of children with cerebral palsy and organised work systems. The purpose of this study was to develop learning strategy to enhance the ability of self-awareness, release tension and sitting postural control in children with cerebral palsy. The learning strategy is called an active participation strategy. The study used a mixed-method approach with exploratory sequential design., from June 2017 to June 2018. The strategy was an expansion of medical and educational based-approaches. The expansion of two approaches makes the strategy have an interdisciplinary approach in developing services process. The active participation strategy consists of three steps, i.e. assessment, development of services program, and implementation. The intervention was applied to four children with cerebral palsy, aged 6-12 years old. The strategy practitioners were experts (doctors), source teacher, component teachers, parents, principals, and assessment team. Interventions were carried out by the source teacher, component teachers, and parents. The strategy in this study finds to be effective as it has continuously implemented at school and the impact of learning services on students shows positive results.*

*Keywords:*

*cerebral palsy spastic, active participation strategy, body awareness, release tension, sitting postural control*

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