Contents lists available at ScienceDirect

Quaternary Geochronology

journal homepage: www.elsevier.com/locate/quageo

Research paper

Comparing the accuracy and precision of luminescence ages for partiallybleached sediments using single grains of K-feldspar and quartz

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ARTICLEINFO

Keywords: Single grains Post-IR IRSL K-feldspar OSL Quartz Partially-bleached

ABSTRACT

Glacial settings are considered to be the most challenging context for the application of luminescence dating. The optically stimulated luminescence (OSL) signal of quartz is often preferred for luminescence dating in partiallybleached settings as it resets (or bleaches) more rapidly in response to sunlight than the post-IR IRSL (pIRIR) signal of K-feldspar, and can therefore better characterise the well-bleached part of the partially-bleached De distribution. However, the relative bleaching extents of single grains of quartz and K-feldspar have not yet been compared for sedimentary samples from the natural environment. Here we compare the D_e distributions and accuracy and precision of ages determined using single grains of quartz and K-feldspar from sedimentary samples deposited in a proglacial setting with independent age control. We found that the extent of bleaching of the OSL signal of quartz and pIRIR₂₂₅ signal of K-feldspar was similar (with similar over-dispersion), and therefore the pIRIR₂₂₅ signal bleached to similarly low levels as the OSL signal of quartz in this partially-bleached setting. We also observed a consistent offset in over-dispersion between quartz and K-feldspar of $\sim 10\%$ that can be linked to scatter arising from internal dose-rates of K-feldspar and should be included when applying age models. The results here demonstrate that the accuracy and precision of ages determined using the pIRIR₂₂₅ signal of single grains of K-feldspar were similar to the OSL signal of quartz. However, K-feldspars were 5-18 times more efficient than quartz at determining the population of interest for age calculation as a larger proportion of Kfeldspar grains emitted a detectable luminescence signal in comparison to quartz. These findings contradict our current understanding of the bleaching of K-feldspar and quartz grains in the natural environment, and are likely applicable to other partially-bleached settings (e.g. fluvial, alluvial).

1. Introduction

Luminescence dating determines the time elapsed since a mineral grain (quartz or K-feldspar) was last exposed to sunlight and then buried in the natural environment. In environments where there are opportunities for prolonged exposure to sunlight (e.g. aeolian), the luminescence signals of individual grains are typically well bleached prior to burial (i.e. all grains were reset to zero). However, in settings where there are limited opportunities for sunlight exposure due to grains being transported and deposited by turbulent, sediment-laden water columns, the luminescence signals of grains are typically partially bleached prior to burial (i.e. only a proportion of the grains were reset to zero). By analysing single grains of quartz or K-feldspar, the well-bleached part of a partially-bleached D_e distribution can be identified (Duller, 2008) and

an accurate burial age can be determined using a minimum age model, e.g. the minimum age model (Galbraith and Laslett, 1993; Galbraith et al., 1999) or the internal external uncertainty (IEU) model (Thomsen et al., 2007).

Luminescence dating in partially-bleached settings often produces large age uncertainties (e.g. > 20%; Small et al., 2018) due to the difficulty in characterising the population of interest for age calculation in comparison to well-bleached sediments. In settings where there are limited opportunities for sunlight exposure, the optically stimulated luminescence (OSL) signal of quartz is often preferred for luminescence dating over the infra-red stimulated luminescence (IRSL) signals of Kfeldspar as the OSL signal of quartz has the potential to bleach more rapidly in response to sunlight than the IRSL signals of K-feldspar (Godfrey-Smith et al., 1988; Buylaert et al., 2012; Colarossi et al.,

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https://doi.org/10.1016/j.quageo.2019.101007

Received 29 January 2019; Received in revised form 18 June 2019; Accepted 18 June 2019 Available online 19 June 2019 1871-1014/ © 2019 The Authors. Published by Elsevier B.V. This is an open access article under the CC BY license

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2015). Therefore, it is more likely to be able to characterise the population of interest for age calculation better than the pIRIR₂₂₅ signal of K-feldspar. However, a major disadvantage of OSL dating of quartz in partially-bleached settings (e.g. glacial, fluvial) is that the OSL signals are usually dim (e.g. Preusser et al., 2006; Smedley et al., 2017a,b; Trauerstein et al., 2017) as the quartz grains have not experienced repeated, prolonged cycles of sunlight exposure and burial prior to burial, which is required to sensitise the OSL signal. Alternatively, the IRSL signals of K-feldspar can have an intrinsic brightness that is not dependent on sensitisation (e.g. Krbetschek et al., 1997). Therefore, in some settings it may be advantageous to use single grains of K-feldspar instead of quartz.

Studies have shown that single-grain De distributions determined using the post-IR IRSL signal of K-feldspar could determine ages in agreement with the OSL signal of quartz for well-bleached sediments (e.g. Fu et al., 2015; Reimann et al., 2012). In contrast, only one glaciofluvial sample from alpine Switzerland has been used to compare the bleaching extents of both signals in a partially-bleached setting (Gaar et al., 2014), and many studies that do not use single-grain analyses suggest that the OSL signal of quartz is always better bleached than the post-IR IRSL signal of K-feldspar (e.g. Fu et al., 2015; Colarossi et al., 2015; Möller and Murray, 2015). At present, there is a lack of studies that directly compare the single-grain De distributions and ages determined using the post-IR IRSL signal of K-feldspar and the OSL signal of quartz for partially-bleached sediments with independent age control. It is essential that we use single-grain analyses for this comparison as typically more K-feldspar grains give light than quartz grains; thus, any multiple-grain analyses would not be a fair comparison because the signal would be averaged across more grains for K-feldspar than quartz. Therefore, the aim of this study is to determine whether it would be more advantageous to use K-feldspar or quartz grains for luminescence dating in partially-bleached settings (e.g. glacial, fluvial, alluvial) by comparing the single-grain De distributions, and accuracy and precision of ages. We use a suite of sediments deposited by the former British-Irish Ice Sheet that have experienced variable extents of bleaching prior to burial and have independent age control.

2. Methods

2.1. Sample descriptions

Seven sedimentary samples taken from proglacial sediments deposited during the retreat of the last British-Irish Ice Sheet were used in this study (Fig. 1). Each sample was constrained by independent age control provided by radiocarbon or cosmogenic nuclide dating (Table S1). The samples were taken from a range of depositional settings in a glacial environment and sourced from variable bedrock types. OSL analysis of quartz has shown that the samples had variable degrees of scatter in dose-recovery experiments arising from intrinsic luminescence characteristics (over-dispersion ranging from 0 to 30%; Table 1) and the extent of bleaching in nature due to variable scatter measured in the burial doses (over-dispersion ranging from 27 to 86%; Table 1). OSL ages for all the samples here have been previously published (see Table S1 for details).

2.2. Equivalent doses (D_e)

Grains of K-feldspar used to determine equivalent doses (D_e) were extracted by treating each sample with a 10% v/v dilution of 37% HCl and with 20% v/v of H₂O₂ to remove carbonates and organics, respectively. Dry sieving then isolated the 180–212 μ m (sample T3COF4) or 212–250 μ m (all other samples) diameter grains for all samples. Density separation using sodium polytungstate provided the 2.53–2.58 g cm⁻³ (K-feldspar dominated) fractions, which were not etched using hydrofluoric acid. Finally, grains of K-feldspar were mounted on a 9.8 mm diameter aluminium single-grain disc for

analysis, which contained a 10 by 10 grid of 300 µm diameter holes.

All luminescence measurements were performed using a Risø TL/ OSL DA-15 automated single-grain system equipped with a 90 Sr/ 90 Y beta source (Bøtter-Jensen et al., 2003). The luminescence signal was detected through a blue filter pack (BG39, BG3) placed in front of the photomultiplier tube. Single aliquot regenerative dose (SAR) protocols (Murray and Wintle, 2000) were used for the post-IR IRSL analyses performed at both 225 °C (the pIRIR₂₂₅ signal) and 290 °C (the pIRIR₂₉₀ signal) (Thomsen et al., 2008; Thiel et al., 2011). The IRSL measurement performed at 50 °C within the pIRIR₂₂₅ protocol provided the IR50/225 signal used for analysis. Preheat temperatures of 250 °C and 320 °C for 60 s were used prior to stimulations of 2 s using the infra-red laser at 50 °C and then 225 °C or 290 °C, respectively. An elevated temperature bleach of 330 °C for 200 s was performed using the IR LEDs at the end of each L_x/T_x cycle. The location of the single-grain discs within the TL/OSL reader was checked at room temperature, rather than elevated temperatures to prevent thermal annealing of the IRSL signal (after Smedley and Duller, 2013). The first 0.3 s and final 0.6 s of stimulation were summed to calculate the initial and background IRSL signals, respectively.

The grains were accepted after applying the following screening criteria and accounting for the associated uncertainties: (1) whether the test dose response was greater than three sigma above the background, (2) whether the test dose uncertainty was less than 10%, (3) whether the recycling and OSL-IR depletion ratios were within the range of ratios 0.9 to 1.1, (4) whether recuperation was less than 5% of the response from the largest regenerative dose and (5) whether the singlegrain D_e values were not from a population of very low doses that were identified to be inconsistent with the geological context of the sample (i.e. < 1 ka) by the finite mixture model (FMM) using the $\sigma_{\rm b}$ values estimated for each sample (Table 1). Note that only two K-feldspar grains (0.4% of the total number of grains analysed) from sample T4ADES01 failed this criteria. De values were calculated from all grains passing all the screening criteria. The average dose model (ADM; Guérin et al., 2017) and the minimum age model (MAM; Galbraith and Laslett, 1993; Galbraith et al., 1999) were used to determine ages for samples deemed to have been well bleached and partially bleached prior to burial.

2.3. Dose-recovery experiments

Dose-recovery and residual dose experiments were performed using the pIRIR₂₂₅ signal on the K-feldspar grains from samples T3COF4, T4BATT03, T4ADES01, T4WEXF03 and T8SKIG02. The grains were first bleached for 16-h in a SOL2 solar simulator. The grains were then given a 16 Gy and a 0 Gy beta dose for the dose-recovery and residual dose experiments, respectively, before measuring the single-grain D_e values using the protocols outlined in Section 2.2. The residual doses measured for each sample were then subtracted from the De value determined for the dose-recovery experiments to assess the suitability of the SAR protocol. The results confirmed that the SAR protocol was appropriate as each sample could recover the given dose within $\pm 10\%$. The D_e distributions determined for the dose-recovery experiments are shown in Fig. S1 and quantify the minimum over-dispersion arising from intrinsic sources of uncertainty shown in Table 1 (Thomsen et al., 2005); this ranged from 18 to 27% for the pIRIR₂₂₅ signal (Fig. S1). The over-dispersion values for the dose recovery dose distributions determined using quartz and K-feldspar did not correspond to one another, the over-dispersion values for samples T3COF4, T4BATT03 and T8SKIG02 were larger for the K-feldspar grains than quartz, while those for sample T4ADES01 were the same and the over-dispersion value for the K-feldspar grains for sample T4WEXF03 was lower than for quartz.

2.4. Dose-rates

External beta dose-rates were determined from U, Th, K and Rb



Fig. 1. Locations of the samples taken for luminescence dating in this study, in addition to the sites sampled for the existing independent age control, which is associated with the burial age of the luminescence samples. These are plotted over the European Marine Observation and Data Network (EMODnet, http://www.emodnet.eu) topographical data.

concentrations from milled and homogenised bulk sediment samples using inductively coupled plasma mass spectrometry (ICP-MS) and atomic emission spectroscopy (ICP-AES). External gamma dose-rates were determined using in-situ gamma spectrometry. Water contents were estimated considering the field and saturated water contents, and the environmental history for each sample. Cosmic dose-rates were calculated after Prescott and Hutton (1994). All dose-rate information is presented in Table S2.

Internal K-contents of density-separated fractions were determined for multiple-grain aliquots of each sample using an X-ray fluorescence spectrometer attachment on a Risø TL/OSL reader (Kook et al., 2012; Stevens et al., 2018). Internal K-contents were also measured for single

Table 1

Summary of luminescence dating using the OSL signal of quartz and the pIRIR₂₂₅ signal of K-feldspar for the same samples. The number of grains that were used to determine a D_e value (n) are shown as a proportion of the total grains measured (N), in addition to the grain yield (n %). G-values (%/decade) were measured using the pIRIR₂₂₅ signal for three aliquots of K-feldspar for each sample, and are presented as weighted means and standard errors. Note that σ_b was calculated for all samples and signals by combining the intrinsic overdispersion in quadrature with overdispersion arising from external microdosimetry (estimated at ~20% from D_e distributions determined using the OSL signal of quartz as well bleached). All MAM D_e values determined for K-feldspar included an additional 10% overdispersion added in quadrature due to the scatter caused by variability in the internal dose-rate. The uncertainty on the age is also presented as a percentage of the age (Uncertainty %). The independent age control was provided by Rowlands (1971)¹, Smedley et al. (2017a)², McCarroll et al. (2010)³, Smedley et al. (2017b)³, Small et al. (2018)⁴ and Bradwell et al. (2019)⁵ (see Table S1 for details).

		Dose-rate (Gy/ ka)	Intrinsic OD (%)	G-value (%/dec.)	n/N	n (%)	Total OD (%)	Age Model	$\sigma_{\rm b}$	D _e (Gy)	Age (ka)	Uncert. (%)	Independent age (ka)
T3COF4	Kf	1.93 ± 0.15	18 ± 1	1.3 ± 0.9	56/1200	5	71 ± 1	MAM	0.30	36.7 ± 5.0	19.0 ± 3.0	16	≤22.0 ± 3.6 cal ka
	Qtz	1.13 ± 0.07	6 ± 1	-	73/7100	1	84 ± 1	MAM	0.20	31.1 ± 4.3	27.6 ± 4.2	15	BP^1
T4BATT03	Kf	2.99 ± 0.19	27 ± 1	1.4 ± 0.8	64/300	21	41 ± 1	ADM	-	$82.0~\pm~4.3$	$27.4~\pm~2.2$	8	25.9 ± 1.6^2
	Qtz	$2.01~\pm~0.10$	5 ± 1	-	67/2600	3	38 ± 1	ADM	-	57.9 ± 3.2	$28.8~\pm~2.1$	7	
T4ADES01	Kf	3.19 ± 0.22	20 ± 1	1.3 ± 0.8	38/500	18	56 ± 1	MAM	0.30	$57.0~\pm~6.9$	$17.9~\pm~2.5$	14	$\leq 25.1 \pm 1.4^3$
	Qtz	2.22 ± 0.13	21 ± 1	-	77/5900	1	48 ± 1	MAM	0.35	41.9 ± 6.5	$18.9~\pm~3.1$	17	$\geq 20.8 \pm 1.2^3$
T4ABER01	Kf	3.34 ± 0.22	-	1.5 ± 0.7	63/300	21	46 ± 1	ADM	-	$68.5~\pm~3.9$	$20.5~\pm~1.8$	9	$\leq 20.8 \pm 1.2^{3}$
	Qtz	2.35 ± 0.14	0 ± 0	-	33/2400	1	34 ± 1	ADM	-	45.1 ± 3.3	$19.2~\pm~1.8$	9	
T4WEXF03	Kf	1.49 ± 0.16	22 ± 1	2.1 ± 0.7	51/500	10	86 ± 1	MAM	0.30	$29.1~\pm~4.8$	$19.5~\pm~3.8$	19	$\leq 25.8 \pm 1.4^4$
	Qtz	0.61 ± 0.03	30 ± 1	-	44/3700	1	86 ± 2	MAM	0.35	$13.4~\pm~2.8$	$21.8~\pm~4.7$	22	$\geq 21.2 \pm 1.9^4$
T8SKIG01	Kf	2.56 ± 0.20	-	1.1 ± 0.7	124/300	41	38 ± 1	MAM	0.35	$61.6~\pm~6.1$	$24.1~\pm~3.1$	13	$\leq 26.4 \pm 1.5^5$
	Qtz	1.64 ± 0.10	-	-	70/900	8	39 ± 1	MAM	0.25	$37.8~\pm~2.4$	$23.1~\pm~2.1$	9	$\geq 21.6 \pm 1.2^5$
T8SKIG02	Kf	$2.40~\pm~0.20$	25 ± 1	0.8 ± 0.6	128/300	43	45 ± 1	ADM	-	$58.0~\pm~2.6$	$24.2~\pm~2.3$	9	$\leq 26.4 \pm 1.5^5$
	Qtz	$1.48~\pm~0.10$	15 ± 1	-	81/1000	8	27 ± 0	ADM	-	$33.9~\pm~1.2$	$23.0~\pm~1.8$	8	$\geq 21.6 \pm 1.2^5$



Fig. 2. Abanico plots of the single-grain D_e distributions for sample T8SKIG02 determined using the OSL signal of quartz and $IR_{50/225}$, $pIRIR_{225}$ and $pIRIR_{290}$ signals of K-feldspar. The grey bar highlights the ADM D_e value determined for the D_e distribution ($\pm 1 \sigma$).

grains of sample T8SKIG02 that had previously been measured for a D_e value. Grains were kept in the single-grain disc and placed directly into a Brüker M4 Tornado μ -XRF instrument (beam spot size: $\sim 25\,\mu\text{m}$, effective K, Ca sampling depth $\sim 30\,\mu\text{m}$, Na $\sim 5\,\mu\text{m}$) after Buylaert et al. (2019). Internal K-contents were calculated as a mean (\pm standard error) of three repeated measurements on the same grain (acquisition time 45 s each).

3. Signal selection

The use of different signals for luminescence dating of K-feldspar was assessed using sample T8SKIG02 as the single-grain D_e distribution determined using the OSL signal of quartz had the lowest D_e value of all the samples (Fig. 2a; over-dispersion = $27 \pm 1\%$). The single-grain D_e distributions determined using the IR_{50/225} signal of K-feldspar (Fig. 2b) extended to lower D_e values than the equivalent D_e distributions determined using the pIRIR₂₂₅ signal of K-feldspar (Fig. 2c). It is likely that this reflects the larger fading rates of the IR_{50/225} signal from single grains in comparison to the pIRIR₂₂₅ signal, or that such signals are prone to sensitivity changes that are not correctly monitored by the SAR protocol (Kars et al., 2014a). The IR_{50/225} age (14.9 \pm 1.4 ka) for sample T8SKIG02 (Fig. 3) underestimated the OSL age determined from



Fig. 3. Comparison of ages for sample T8SKIG02 determined using the OSL signal of quartz and $\rm IR_{50/225}$, pIRIR_{225} and pIRIR_{290} signals of K-feldspar.

quartz (23.0 \pm 1.8 ka), which also suggests the $\rm IR_{50/225}$ signal is suffering from anomalous fading and requires fading correction. However, performing accurate single grain fading measurements and corrections is difficult and so a post-IR IRSL signal is preferred for further analysis here.

The single-grain D_e values determined from K-feldspar for sample T8SKIG02 extended to larger doses using the pIRIR₂₉₀ signal (Fig. 2d) than the $pIRIR_{225}$ signal (Fig. 2c). Also, the $pIRIR_{290}$ signal yielded an older age for sample T8SKIG02 (30.8 \pm 3.0 ka) than the pIRIR₂₂₅ signal (24.2 \pm 2.3 ka) and the OSL signal of quartz (23.0 \pm 1.8 ka) (Fig. 3). This may suggest poor dose recovery of the pIRIR₂₉₀ signal (e.g. Oin et al., 2018 and references therein) or reflect that the pIRIR₂₉₀ signal is more difficult to bleach in nature than the pIRIR₂₂₅ signal and the OSL signal of quartz. The latter is consistent with Smedley et al. (2015) who demonstrated that the pIRIR₂₂₅ signal of most K-feldspar grains can bleach to similarly low levels, whereas the bleaching rates for the pIRIR₂₉₀ signal of individual K-feldspar grains was more variable between grains, with fewer grains bleaching to lower levels than the pIRIR₂₂₅ signal. Given that the inherent bleaching rate of the pIRIR signal is likely important when grains are deposited in environments with limited opportunities for sunlight exposure prior to burial, the pIRIR₂₉₀ signal of K-feldspar was not used for analyses here. Alternatively, the pIRIR₂₂₅ signal was used to determine luminescence ages for K-feldspar for the suite of proglacial sediments and compared to results determined using the OSL signal of quartz; this is consistent with previous studies performed in glacial settings (e.g. Smedley et al., 2016).

4. Total dose-rates

The total dose-rates calculated for the density-separated K-feldspar fraction of the seven samples ranged from 1.49 ± 0.16 to 3.34 ± 0.22 Gy/ka (Table S2). The purity of the density-separated fraction was assessed on a multiple-grain basis using XRF (Fig. 4a). The results suggest that the 2.53–2.58 g cm⁻³ (K-feldspar dominated) fractions were ~10–14% K, while the 2.58–2.62 g cm⁻³ (Na-feldspar dominated) fractions were ~4–8% K. The K-content of the < 2.53 g cm⁻³ fraction was also measured to assess the effectiveness of this density separation for these samples. The results suggest that the < 2.53 g cm⁻³ fraction had similar K-contents to the K-feldspar-dominated fraction (2.53–2.58 g cm⁻³), and therefore that separating at 2.53 g cm⁻³ made little difference to the bulk K-content of the density-separated K-feldspar fraction. However, it is possible that density separation at 2.53 g cm⁻³ may have removed a small proportion of

individual grains with weathering coatings and/or products which were undetectable to the multiple-grain XRF measurements.

The internal K-contents of single grains of the K-feldspar separate were assessed for a subsample of 59 randomly selected grains from sample T8SKIG02 using a µXRF. The results suggested that the K-feldspar separate was composed of variable feldspar types, including both alkali and plagioclase feldspars (Fig. 4b), with internal K-contents ranging from 0 to 14%. The mean \pm standard error of the single grain measurements was 8 \pm 1% K, which is broadly consistent with the multiple-grain measurement (10% K), given that the µXRF was performed on a different subset of 59 grains. The internal K-contents are compared to the T_p signal-intensity emitted by each grain for the pIRIR₂₂₅ signal (Fig. 5a) and suggest that the brightest grains are those of end member composition, but that measurable pIRIR₂₂₅ signals can be emitted from grains with internal K-content ranging from 0 to 14% K, where the proportion of grains equated to 14% (0-2% K), 5% (2-4% K), 0% (4-6% K), 5% (6-8% K), 24% (8-10% K), 10% (10-12% K) and 43% (12-14% K). Only for 21 out of the 59 randomly selected grains a D_e value was determined using the pIRIR₂₂₅ signal (Fig. 5b). These grains tended towards the end member compositions, where 81% of the grains giving D_e values had internal K-contents > 7% and 19% had internal K-contents < 3%. If the internal beta dose-rate provided by K within the feldspar grain was a dominant control of the single-grain De distribution, then there would be a relationship between the internal Kcontent and the single-grain De values. However, Fig. 5b shows that there was no relationship between internal K-content and De value, which is consistent to findings from previous studies (e.g. Buylaert et al., 2019; Smedley et al., 2016; Trauerstein et al., 2014). Therefore it is likely that any relationship between De and the internal K-content is masked by scatter arising from a combination of additional factors such as the extent of bleaching in nature, intrinsic luminescence characteristics and/or external microdosimetry. Moreover, Buylaert et al. (2019) suggest that there is significant variability in single-grain internal Rb concentrations that do not correspond to internal K-contents and also that single grain measurements of K-feldspar are not as accurate as we often assume; these factors may also mask any such relationship.

The mean \pm standard error internal K-content of the 21 grains analysed using the μ XRF (9 \pm 1% K) is similar to that determined from multiple grains of sample T8SKIG02 using multi-grain XRF (10% K); this is consistent with the suggestion of Smedley et al. (2012) that an internal K-content of 10 \pm 2% should be applied to account for the variability observed in grains used to determine D_e values from a density-separated K-feldspar fraction. Applying an assumed internal K-content of 10 \pm 2% included 38% of the grains within \pm 2% K



Fig. 4. (a) Internal K-contents (mean \pm standard deviation of three measurements) for multiple grains of the density-separated feldspar fractions determined using the XRF. (b) Ternary diagram showing the feldspar compositions of individual grains analysed using the μ XRF. Note that all values shown are the mean of three measurements and range from orthoclase (Or; K-rich), to albite (Ab; Na-rich) to anorthoclase (An; Ca-rich).



Fig. 5. Internal K-content (mean \pm standard error of three measurements) determined from the μ XRF plotted against the response to a test-dose (T_n) (a) and D_e values (b) for the pIRIR₂₂₅ signals of K-feldspar grains. The dashed grey line in (a) marks the approximate signal-intensity screening criteria threshold. The solid grey line in (b) marks an internal K-content of 10%, while the dashed and dotted grey lines mark \pm 2% and \pm 4% K, respectively.

(i.e. $\pm 1 \, \sigma$) and 81% of the grains within $\pm 4\%$ K (i.e. $\pm 2 \, \sigma$). Smedley and Pearce (2016) used LA-ICP-MS to measure mean (\pm standard error) internal U and Th concentrations of 0.3 ± 0.1 ppm and 1.7 ± 0.4 ppm, respectively, for a sample that contained similarly variable internal K-contents to those analysed here (Fig. 5a and b). Therefore, internal U and Th concentrations of 0.3 ± 0.1 ppm and 1.7 ± 0.4 ppm, respectively were applied to determine the corresponding internal alpha and beta dose-rates.

5. Anomalous fading

Fading experiments were performed on three multiple-grain aliquots (2 mm in diameter) per sample after each sample had been stimulated for 500 s at 290 °C (90% power) using the IR LEDs to remove any natural dose. Each aliquot was given a 21 Gy dose and L_x/T_x values were determined using the SAR protocol, but where different delay times were inserted in between the preheat and IR stimulation; this included a prompt measurement and delay times of ca. 1 h, 5 h and 10 h. The prompt measurement was recycled and all aliquots determined L_x/T_x values that were within $\pm 1 \sigma$ of one another. Fading rates (g-values, Aitken, 1985) were then determined for each aliquot and normalised to a t_c of two days (Huntley and Lamothe, 2001, Fig. 6). The uncertainties on the individual g-values measured varied from 1.1 to 1.6% due to the large uncertainty in the fit of the data, which is typical of fading measurements for the pIRIR signal (e.g. Smedley et al., 2016). To derive a more reliable estimate of the fading rate, the weighted mean and standard error was calculated for pIRIR₂₂₅ signals (1.4 \pm 0.3%/decade), and was lower than the corresponding g-value for the IR_{50/225} signal (2.9 \pm 0.2%/decade). Given that the pIRIR₂₂₅ fading rate is low (\leq 1.5%/decade) for each sample (Table 1) and in line with earlier pIRIR₂₂₅ studies (e.g. Roberts, 2012; Trauerstein et al., 2014; Kolb and Fuchs, 2018), we did not correct the pIRIR₂₂₅ ages for fading.

6. Signal-intensity distribution

The pIRIR₂₂₅ signal emitted from K-feldspar grains was generally brighter than the OSL signal emitted from quartz grains for the same



Fig. 6. Histograms of the individual g-values determined for aliquots of samples in this study (three per sample).

sample. The cumulative light sum plots which are based on the testdose signal recorded after the natural luminescence measurement (Fig. S2) show that a larger proportion of K-feldspar grains emitted a measurable signal in comparison to the number of grains emitting a measurable OSL signal from quartz. A total of 90% of the OSL signal emitted by quartz grains was from 4 to 16% of the brightest grains, whereas 90% of the pIRIR₂₂₅ signal emitted by K-feldspar grains was from 14 to 45% of the brightest grains. The greatest difference was observed for sample T3COF4 where 90% of the brightest pIRIR₂₂₅ signal was emitted by 45% of the K-feldspar grains, while 90% of the brightest OSL signal was emitted by 13% of the quartz grains (Fig. S2a). This difference in signal intensities emitted by individual grains of quartz and K-feldspar translated into a greater number of K-feldspar grains passing the screening criterion and determining a D_e value than quartz (Table 1; Fig. S2). The D_e yield for the K-feldspar grains from all the samples ranged from 6 to 57% of all the grains analysed, which was significantly larger in comparison to the range of quartz grains from 1 to 8% (Table 1).

7. Burial ages

The single-grain De distributions determined using the pIRIR₂₂₅ signal of K-feldspar and the OSL signal of quartz for each sample are shown together in Fig. 7. To determine accurate ages for partiallybleached samples, it is important to quantify the amount of scatter that would be inherent to the De distribution if it had been well bleached prior to burial so that those grains that form the well bleached part of the partially-bleached D_e distribution can be identified; this is referred to as σ_b for the MAM. The scatter in a single-grain D_e distribution determined using the pIRIR₂₂₅ signal of K-feldspar that was well bleached prior to burial will arise from grain-to-grain variations in internal doserate and anomalous fading, in addition to the factors that are also characteristic of quartz (intrinsic luminescence characteristics, external microdosimetry). The over-dispersion arising from variability in intrinsic luminescence characteristics (Thomsen et al., 2005) was quantified using beta dose-recovery experiments (Table 1; Fig. S1), while over-dispersion of $\sim 20\%$ was assumed to have arisen from external microdosimetry similar to that observed for quartz (Smedley et al., 2017b). Note that the relative over-dispersion arising from external microdosimetry will be slightly lower for K-feldspar than quartz as a proportion of the total dose-rate for K-feldspar is provided by an internal dose-rate whereas quartz is internally inert. However, most of the samples in this study have relatively high dose rates where the internal beta dose-rate contributes only \sim 20–30% of total dose rate, and so the discrepancy in the over-dispersion caused by external microdosimetry for quartz and K-feldspar is likely to be small. For sample T4WEXF03, the internal beta dose-rate contributes 46% of the total dose-rate and so the difference in over-dispersion for quartz and K-feldspar caused by external microdosimetry is likely to be larger; however, the contribution of partial bleaching to the over-dispersion is dominating the D_e distribution in comparison to other factors.

The amount of over-dispersion expected to have been caused by internal dose-rates in the single-grain D_e distributions was estimated using grain-specific dose-rates calculated from the μ XRF results. The absolute standard deviation of the grain-specific dose-rates was divided by the total dose rate to estimate an over-dispersion value for the D_e distribution that was arising solely from variability between grains in the internal beta dose-rates. The over-dispersion estimated to have arisen from the internal dose-rates for only those grains from the K-feldspar separate that gave D_e values using the pIRIR₂₂₅ signal was 13%. This estimates that an additional ~10% should be added in quadrature when determining the σ_b value for MAM to account for the scatter arising from internal dose-rates, which is consistent with the ~10% (GDNZ13) suggested by Smedley and Pearce (2016) for an aeolian sand from New Zealand with similar geochemical composition. Given that the pIRIR₂₂₅ signal was used to determine the single-grain D_e

distributions and the fading was negligible (Section 5), no additional scatter was incorporated into σ_b to account for variability caused by anomalous fading. The scatter arising from variability in intrinsic luminescence characteristics, external microdosimetry and internal doserates were combined in quadrature to determine σ_b for the MAM. The pIRIR₂₂₅ ages calculated for all the samples are plotted against the quartz OSL ages in Fig. 8a and the over-dispersion is shown in Fig. 8b.

8. Discussion

The single-grain De distributions determined for quartz and K-feldspar for the same samples were broadly consistent as evidenced by a relationship between quartz and K-feldspar over-dispersion values (Fig. 8b). When the over-dispersion data were fit with a linear function, the size of the intercept (~13%) on the K-feldspar axis can potentially be explained by the over-dispersion arising from internal dose-rate variations estimated at 13% from µXRF measurements. For six out of the seven samples (samples T4BATT03, T4ADES01, T4ABER01, T4WEXF03, T8SKIG01 and T8SKIG02), there was good agreement between the ages determined using the pIRIR₂₂₅ signal of K-feldspars and the OSL signal of quartz, in addition to the independent age control (Table 1). However, for sample T3COF4, the age determined using the pIRIR₂₂₅ signal was younger than the OSL signal of quartz (Fig. 8a), but agreed with the independent age control (Table S1). Some independent age control for sample T3COF4 is provided by a radiocarbon age of a mammoth bone in the Tremeirchoin cave, NE Wales, which is overlain by till. When the radiocarbon age was re-calibrated using INTCAL13, it suggests that the till was deposited $\leq 22.0 \pm 3.6$ cal ka BP (Table S1), but there is some uncertainty over the reliability of this radiocarbon age. The accuracy of this radiocarbon age is supported by the Bayesian Sequence model for ice retreat across the northern Irish Sea Basin incorporating cosmogenic nuclide and luminescence ages determined using single grains of quartz, which constrains retreat to the Isle of Man after ice has pulled-back from the Cheshire Plains to 20.8 \pm 0.7 ka (Chiverrell et al., 2018). However, the large uncertainty on the quartz OSL age means that no firm conclusion can be drawn from the comparison with independent age control.

The D_e distributions of sample T3COF4 determined using both quartz (Fig. 7b) and K-feldspar (Fig. 7a) were broadly bimodal. Both De distributions suggest that very few grains in this sample were well bleached prior to burial and that this sample has therefore experienced very limited exposure to sunlight. This very poor bleaching was likely because the grains were transported in a deeper water column than the other sedimentary samples in this study; this has been interpreted from the sedimentary characteristics. Given that the pIRIR₂₂₅ signal of Kfeldspar grains reset more slowly in response to sunlight than the OSL signal of quartz (Colarossi et al., 2015), it is expected that the resulting single-grain $D_{\rm e}$ distributions determined from K-feldspar would not be reset to similar extents to those determined from quartz in such deep water settings; however, the single-grain De distributions measured for T3COF4 using K-feldspar and quartz were similar. Previous studies have shown how shorter wavelengths that are more efficient at bleaching the OSL signal of quartz are attenuated to greater extents in turbid water columns in comparison to the wavelengths that are more efficient at bleaching the IRSL signals of K-feldspar (e.g. Jerlov, 1970; Kronborg, 1983; Sanderson et al., 2007). This may explain how the luminescence signals of K-feldspar grains were reset to similar extents in the deep water column as the quartz grains.

The agreement between the D_e distributions (Fig. 7; Fig. 8b) and ages (Fig. 8a) determined using the pIRIR₂₂₅ signal of K-feldspar and OSL signal of quartz suggests that the extent of bleaching in nature (or external microdosimetry) was likely the most dominant sources of scatter in these samples. More importantly, the consistency between the D_e distributions suggests that the pIRIR₂₂₅ signals emitted by single grains of K-feldspar were bleached to similar extents as the OSL signals of single grains of quartz in this proglacial setting. This is consistent



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Fig. 8. Comparison of the luminescence ages (a), and overdispersion (OD) (b) determined from single-grain D_e values determined for each sample using the OSL signal of quartz and pIRIR₂₂₅ signal of K-feldspar. Note that the errors bars show $\pm 1 \sigma$ ranges for each datapoint.

with the findings of King et al. (2014) which suggest that the quartz OSL signal, IRSL₅₀ and post-IR IRSL₂₅₀ signals of K-feldspar bleached at the same rate across the same bar feature on a proglacial outwash plain of a modern glacier in Norway. Our data suggest that any residual doses incorporated into the burial dose caused by the slower bleaching rate of the pIRIR₂₂₅ signal in comparison to the OSL signal of quartz were negligible in comparison to the burial dose, or the small residual dose is compensated by small fading rates (e.g. Kars et al., 2014b). This provides data from the natural environment to support the laboratory experiments of Smedley et al. (2015) which showed that the pIRIR₂₂₅ signal of most grains bleach similarly to low levels in response to sunlight. Therefore, the pIRIR₂₂₅ signal of single grains of K-feldspar can characterise the last depositional cycle that grains have experienced prior to burial. By fully characterising the well-bleached part of a partially-bleached De distribution, the pIRIR225 signal of single grains of K-feldspar can determine accurate luminescence ages in partiallybleached environments where grains have limited exposure to sunlight (e.g. glacial, fluvial, alluvial). Moreover, the precision of the OSL ages determined using the pIRIR₂₂₅ signal of K-feldspars is similar to the OSL signal of quartz (Table 1) as a similar proportion of grains can characterise the minimum age population. However, due to the larger proportion of K-feldspar grains emitting a measurable signal in comparison to the OSL signal of quartz, luminescence dating of K-feldspar was 5-18 times more efficient than quartz at determining De values in the population of interest used for age calculation.

The more even distribution of signal-intensity across K-feldspar grains shows that characterising the true nature of a partially-bleached D_e distribution would be more difficult when the signal is averaged across multiple-grain aliquots in comparison to quartz. Greater signal averaging across K-feldspar grains in comparison to quartz may explain the discrepancy between OSL ages for quartz and K-feldspar published in other studies which is alternatively linked to residual doses of K-feldspar (e.g. Fu et al., 2015; Colarossi et al., 2015; Möller and Murray, 2015). By comparing D_e distributions from single grains of quartz and K-feldspar, we provide a reliable test of relative bleaching in nature and demonstrate that K-feldspar can be used to provide accurate and precise ages in partially-bleached environments when the signal analysed is from a single grain.

9. Conclusion

Glacial settings are considered to be the most challenging context for the application of luminescence dating and often produce large age uncertainties due to the difficulty in characterising the population of interest for age calculation in comparison to well-bleached settings. The OSL signal of quartz is often preferred over the post-IR IRSL signal of Kfeldspar for luminescence dating in glacial settings as the OSL signal has greater potential to bleach rapidly in response to sunlight exposure. Therefore, the OSL signal of quartz may better characterise the wellbleached part of the partially-bleached De distribution than K-feldspar. However, this has never been tested using De distributions determined using single grains of both quartz and K-feldspar for a suite of partiallybleached samples with independent age control. Here we present single-grain De distributions for partially-bleached sediments which suggest that the extent of bleaching of the OSL signal of quartz and pIRIR₂₂₅ signal of K-feldspar was similar (with similar over-dispersion). Therefore, the pIRIR₂₂₅ signal has the potential to bleach to similarly low levels as the OSL signal of quartz in partially-bleached environments. When comparing the over-dispersion values determined for the OSL signal of quartz and pIRIR₂₂₅ signal of K-feldspar, there was a systematic offset of ~10% over-dispersion, which could be explained by scatter caused by variability in the internal dose-rates of K-feldspar; thus, an additional 10% was incorporated when applying age models. The new findings here demonstrate that the pIRIR₂₂₅ signal of K-feldspar can be used to determine luminescence ages in glacial settings and produce ages with similar accuracy and precision as the OSL signal of quartz. However, due to the larger proportion of K-feldspar grains emitting a measurable signal in comparison to the OSL signal of quartz, luminescence dating of K-feldspar was 5-18 times more efficient than quartz at determining D_e values in the population of interest used for age calculation. These findings are in contrast to our existing understanding of the bleaching of K-feldspar and quartz grains in the natural environment, and are also likelyapplicable to other partially-bleached settings (e.g. fluvial, alluvial).

Acknowledgements

The samples in this study were originally used to determine OSL ages for quartz as part of the BRITICE-CHRONO project, a Natural Environment Research Council consortium grant (NE/J008672/1). Thanks to D. Small for providing the information on the independent age control. J.-P. Buylaert and G. Újvári received funding from the European Research Council under the European Union Horizon 2020 research and innovation programme ERC-2014-StG 639904 – RELOS. R. Smedley benefited from a AUFF guest researcher grant (AUFF-F-2018-6-1 1) awarded by Aarhus University.

Appendix A. Supplementary data

Supplementary data to this article can be found online at https://doi.org/10.1016/j.quageo.2019.101007.

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