HHS PUDIIC ACCESS



Author manuscript *J Huntingtons Dis*. Author manuscript; available in PMC 2018 November 27.

Published in final edited form as:

J Huntingtons Dis. 2016 December 15; 5(4): 357-368. doi:10.3233/JHD-160185.

Phenotype Characterization of HD Intermediate Alleles in PREDICT-HD

Correspondence to: Jane S. Paulsen, Ph.D., Department of Psychiatry, University of Iowa Carver College of Medicine, 1-305 MEB,
Iowa City, IA 52242-1000. Tel: (319) 353-4551; Fax: 353-4438; predict-publications@uiowa.edu.

PREDICT-HD INVESTIGATORS, COORDINATORS, MOTOR RATERS, COGNITIVE RATERS

Edmond Chiu, Joy Preston, Anita Goh, Stephanie Antonopoulos, and Samantha Loi (St. Vincent's Hospital, The University of Melbourne, Kew, Victoria, Australia);

Christopher A. Ross, Mark Varvaris, Maryjane Ong, and Nadine Yoritomo (Johns Hopkins University, Baltimore, Maryland, USA); William M. Mallonee and Greg Suter (Hereditary Neurological Disease Centre, Wichita, Kansas, USA);

Randi Jones, Cathy Wood-Siverio, and Stewart A. Factor (Emory University School of Medicine, Atlanta, Georgia, USA);

Roger A. Barker, Sarah Mason, and Natalie Valle Guzman (John van Geest Centre for Brain Repair, Cambridge, UK);

Elizabeth McCusker, Jane Griffith, Clement Loy, Jillian McMillan, and David Gunn (Westmead Hospital, Sydney, New South Wales, Australia);

Michael Orth, Sigurd Süßmuth, Katrin Barth, Sonja Trautmann, Daniela Schwenk, and Carolin Eschenbach (University of Ulm, Ulm, Germany);

Kimberly Quaid, Melissa Wesson, and Joanne Wojcieszek (Indiana University School of Medicine, Indianapolis, Indiana, USA); Mark Guttman, Alanna Sheinberg, Albie Law, and Irita Karmalkar (Centre for Addiction and Mental Health, University of Toronto, Markham, Ontario, Canada);

Susan Perlman and Brian Clemente (UCLA Medical Center, Los Angeles, California, USA);

Michael D. Geschwind, Sharon Sha, Joseph Winer, and Gabriela Satris (University of California, San Francisco, San Francisco, California, USA);

Tom Warner and Maggie Burrows (National Hospital for Neurology and Neurosurgery, London, UK);

Anne Rosser, Kathy Price, and Sarah Hunt (Cardiff University, Cardiff, Wales, UK);

Frederick Marshall, Amy Chesire, Mary Wodarski, and Charlyne Hickey (University of Rochester, Rochester, New York, USA); Peter Panegyres, Joseph Lee, Maria Tedesco, and Brenton Maxwell (Neurosciences Unit, Graylands, Selby-Lemnos & Special Care Health Services, Perth, Western Australia, Australia);

Joel Perlmutter, Stacey Barton, and Shineeka Smith (Washington University, St. Louis, Missouri, USA);

Zosia Miedzybrodzka, Daniela Rae, Vivien Vaughan, and Mariella D'Alessandro (Clinical Genetics Centre, Aberdeen, Scotland, UK); David Craufurd, Judith Bek, and Elizabeth Howard (University of Manchester, Manchester, UK);

Pietro Mazzoni, Karen Marder, and Paula Wasserman (Columbia University Medical Center, New York, New York, USA); Rajeev Kumar, Diane Erickson, Christina Reeves, and Breanna Nickels (Colorado Neurological Institute, Englewood, Colorado, USA);

Vicki Wheelock, Lisa Kjer, Amanda Martin, and Sarah Farias (University of California, Davis, Sacramento, California, USA); Wayne Martin, Oksana Suchowersky, Pamela King, Marguerite Wieler, and Satwinder Sran (University of Alberta, Edmonton, Alberta, Canada);

Anwar Ahmed, Stephen Rao, Christine Reece, Alex Bura, and Lyla Mourany (Cleveland Clinic Foundation, Cleveland, Ohio, USA); Executive Committee

Principal Investigator Jane S. Paulsen, Jeffrey D. Long, Hans J. Johnson, Thomas Brashers-Krug, Phil Danzer, Amanda Miller, H. Jeremy Bockholt, and Kelsey Montross.

Scientific Consultants

Deborah Harrington (University of California, San Diego); Holly Westervelt (Rhode Island Hospital/Alpert Medical School of Brown University); Elizabeth Aylward (Seattle Children's Research Institute); Stephen Rao (Cleveland Clinic); David J. Moser, Janet Williams, Nancy Downing, Vincent A. Magnotta, Hans J. Johnson, Thomas Brashers-Krug, Jatin Vaidya, Daniel O'Leary, and Eun Young Kim (University of Iowa).

Core Sections

Biostatistics: Jeffrey D. Long, Ji-In Kim, Spencer Lourens (University of Iowa); Ying Zhang and Wenjing Lu (University of Indiana). Ethics: Cheryl Erwin (Texas Tech University Health Sciences Center); Thomas Brashers-Krug, Janet Williams (University of Iowa); and Martha Nance (University of Minnesota).

Biomedical Informatics: H. Jeremy Bockholt, Jason Evans, and Roland Zschiegner (University of Iowa).

CONFLICT OF INTEREST

Jane S. Paulsen has served on an advisory board for Lundbeck, LLC and has a consulting agreement with ProPhase, LLC. Jeffrey D. Long has a consulting agreement with NeuroPhage, LLC, and is a paid consultant for Roche Pharma (F. Hoffman La-Roche Ltd.) and Azevan Pharmaceuticals, Inc.

Isabella De Soriano, Courtney Shadrick, and Amanda Miller (University of Iowa, Iowa City, Iowa, USA);

Phyllis Chua and Angela Komiti (The University of Melbourne, Royal Melbourne Hospital, Melbourne, Victoria, Australia); Lynn Raymond, Joji Decolongon, Mannie Fan, and Allison Coleman (University of British Columbia, Vancouver, British Columbia, Canada);

Ali Samii, Emily P. Freney, and Alma Macaraeg (University of Washington and VA Puget Sound Health Care System, Seattle, Washington, USA);

Nancy R. Downing^a, Spencer Lourens^b, Isabella De Soriano^c, Jeffrey D. Long^{c,d}, Jane S. Paulsen^{c,e,f,*}, and the PREDICT-HD Investigators and Coordinators of the Huntington Study Group

^aTexas A&M Health and Science Center College of Nursing, 8447 Old Highway 47, Bryan, Texas 77807

^bDepartment of Biostatistics, Indiana University School of Medicine, 410 West 10th Street, Suite 3000, Indianapolis, Indiana 46202

^cDepartment of Psychiatry, Carver College of Medicine, University of Iowa, 500 Newton Road, Iowa City, Iowa 52246

^dDepartment of Biostatistics, College of Public Health, The University of Iowa, 145 N. Riverside Drive, Iowa City, Iowa 52246

^eDepartment of Neurology, Carver College of Medicine, The University of Iowa, 200 Hawkins Dr #2007, Iowa City, Iowa 52242

Department of Psychology, The University of Iowa, 328 Iowa Ave, Iowa City, Iowa 52242

Abstract

Background: Huntington disease (HD) is a neurodegenerative disease caused by a CAG repeat expansion on chromosome 4. Pathology is associated with CAG repeat length. Prior studies examining people in the intermediate allele (IA) range found subtle differences in motor, cognitive, and behavioral domains compared to controls.

Objective: The purpose of this study was to examine baseline and longitudinal differences in motor, cognitive, behavioral, functional and imaging outcomes between persons with CAG repeats in four ranges: normal (26), intermediate (27–35), reduced penetrance (36–39), and full penetrance (40).

Methods: We examined longitudinal data from 1379 participants (280 normal [NA], 21 intermediate [IA], 88 reduced penetrance [RP], and 986 full penetrance [FP] allele ranges). We used linear mixed models to identify differences in baseline and longitudinal outcomes between groups. Three models were tested: 1) no baseline or longitudinal differences; 2) baseline differences but no longitudinal differences; and 3) baseline and longitudinal differences.

Results: Model 3 was the best fitting model for most outcome variables. Differences between the NA and the FP group account for the majority of significant findings. Some differences between the RP and NA groups were significant. While there were baseline and longitudinal trends of declining performance across increasing CAG repeat length groups, we found no significant differences between the NA and IA groups.

Conclusions: We did not find evidence to support differences in the IA group compared to the nongene-expanded controls. These findings are limited by a small IA sample size.

Keywords

Huntington disease; intermediate alleles

INTRODUCTION

Huntington disease (HD) is an inherited, autosomal dominant neurodegenerative disease caused by a CAG repeat expansion on chromosome 4 [1]. For people in the affected range of 36 or more CAG repeats, age of disease onset is related to length of CAG repeat, with longer CAG repeats associated with earlier age of onset [2]. HD symptoms include motor, cognitive, behavioral, and functional changes, with a formal diagnosis based on the presence of characteristic motor signs [1].

Current genetic testing guidelines define ranges for disease manifestation based on CAG repeat length: 26 = normal (NA); 27–35 = intermediate (IA); 36–39 = reduced penetrance (RP); 40 = full penetrance (FP) [3]. Persons in the RP range may not develop a formal diagnosis in their lifetimes [4]. Individuals in the IA range are highly unlikely to develop a formal diagnosis, although there are several notable case reports. Several authors present cases of persons with 27–34 CAG repeats demonstrating chorea and involuntary movements, sometimes accompanied by saccadic changes, dystonia, cognitive changes, depression, anxiety, irritability, and cortical and/or caudate atrophy [5–9].

More recently, evidence from large observational studies suggests that persons in the IA range display subtle abnormalities in motor, cognitive, and behavioral domains compared to controls. In an analysis of the Cooperative Huntington's Disease Observational Research Trial (COHORT), 50 of the 1985 participants were in the IA range and demonstrated worse saccade velocity, dystonia, and performance on the Stroop Color and Word test compared to controls [10]. In an analysis of the Prospective Huntington At Risk Observational Study (PHAROS) by Killoran et al. [11], 50 of the 983 participants were in the IA range and had significantly worse apathy and suicidal ideation than controls. The authors of that article suggest the IA range might represent prodromal HD or a behavioral subphenotype. The purpose of the current analysis was to examine baseline and longitudinal differences in motor, cognitive, behavioral, functional and imaging outcomes between persons in the IA range and persons in the NA, RP, and FP ranges who participated in the Neurobiological Predictors of Huntington's Disease (PREDICT-HD) study.

MATERIALS AND METHODS

Participants and data

Participants included in this analysis came from the PREDICT-HD study. PREDICT-HD is a prospective, international, 32-site study that follows persons who previously underwent testing for the HD gene expansion. Those who tested with their longest allele length 36 participated as gene-expanded cases and those with longest allele length 35 participated as control participants. A total of 1379 individuals are included in the data set: 1078 cases and 301 controls, with more than ten years of follow-up data available for some participants. All participants provided written informed consent and were treated in accordance with the ethical standards of each site's institutional review board. Inclusion criteria required independent HD genetic testing prior to entering the study, and required all individuals be age 18 and above at the time of study entry. Exclusion criteria mandated that cases must not have sufficient motor signs for a clinical HD diagnosis at study entry, no history of traumatic

brain injury or other central nervous system injury or diseases, no pacemakers or metallic implants, no prescribed use of antipsychotic or phenothiazine-derivative antiemetic medication in the past six months, and no clinical evidence of unstable medical or psychiatric illness. This dataset is ideal for exploring disease progression in HD prior to motor diagnosis due to the large sample of premanifest individuals and longitudinal data. These data may be sensitive to subtle changes that potentially begin several years before motor diagnosis.

Measures

We selected a sample of cognitive, motor, behavioral, functional and imaging measures from the PREDICT-HD battery that have shown sensitivity to disease progression [12–17]. Measures from the Unified Huntington's Disease Rating Scale [1] include total motor score, Stroop Color and Word Test [18], and Symbol Digit Modalities Test (SDMT) [19]. Behavioral variables include the total and subscale scores from the Frontal Systems Behavioral Scale (FrSBe) [20] and the Symptom Check List 90 (SCL-90-R) [21]. Functional variables include the total scores from the Everyday Cognition (ECog) scale [22], and the World Health Organization Disability Assessment Schedule 2.0 (WHODAS 2.0) [23]. Both participant-rated and companion-rated versions of the WHODAS and ECog are included to account for the possibility of decreased reliability of self-reported functioning resulting from disease progression [13–17]. We also included MRI measures for striatal volume processed using BRAINS image processing software [24].

Participant stratification and analysis aims

Progression groups were defined by CAG repeat length according to American College of Medical Genetics (ACMG) and American Society of Human Genetics (ASHG) [3] guidelines as follows: NA 26, IA 27–35, RP 36–39, and FP 40. The primary aim of this analysis was to examine differences between IA individuals and the NA group, with particular attention paid to cognitive and behavioral manifestations. Based on previous studies that support a behavioral subphenotype for the IA range, our hypothesis was that IA individuals would demonstrate worse average performance compared to the NA group with respect to behavioral measures. In PREDICT-HD analyses, IA individuals are usually grouped with controls [25].

Statistical analyses

All analyses were performed using the statistical software program R (version 3.1.2), and maximum likelihood was used throughout. First, sample sizes, measures of centrality, and measures of variability were obtained for the demographic variables age (at baseline) and years of education. Analysis of variance (ANOVA) *F*-tests were used to determine whether an overall statistically significant difference in means existed between groups. Pearson's chi-squared test was used to assess differences in gender proportion by group. Second, linear mixed models (LMMs) [26] were used for the longitudinal analysis. Each outcome of interest was analyzed separately, using the following predictors: time, group, and interaction between time and group. We included the covariates age (at baseline), years of education, and gender to control for these variables. Time was measured as duration of follow-up for all

Three models were assessed for each outcome: Model 1 = no baseline group differences or group differences over time; Model 2 = baseline group differences but no group differences over time; and Model 3 = baseline group differences and group differences over time. The Akaike information criterion (AIC) [27] was used to select the optimal model from among the three. The AIC is known for its ability to select a model that balances the two competing goals of model building: adequacy of the model fit to the observed data and model parsimony (simplicity). LMMs yield unbiased parameter estimates under the assumption that the missing data are ignorable [28]. After the optimal model was selected, *t*-tests were carried out to assess differences at baseline and over time between the IA and NA groups, RP and NA groups, and FP and NA groups.

RESULTS

Demographics

Our dataset consisted of 1379 participants in four ranges according to their longest CAG repeat allele: 280 were in the NA range, 21 were in the IA range, 88 were in the RP range, and 990 were in the FP range. Demographic data, including group, gender, years of education, and age are presented in Table 1. Statistical evidence at the 0.05 level concluded that there were differences in mean age at baseline and years of education between groups, with all *p*-values < 0.0001. Therefore, age (at baseline) and years of education were not available for one IA and four FP participants. Consistent with the female/male ratio in both the COHORT and PHAROS studies, our sample was approximately two-thirds female. Previous data indicates that more women than men complete HD genetic testing [29]. The PREDICT-HD sample consisted of individuals who had already been tested and thus our female/male ratio is representative of the population who underwent testing.

Longitudinal analysis via LMMs

Table 2 presents results from the LMMs (estimates, *t*-test statistics, and model fit) via the process described above. Model 3 (both baseline and longitudinal differences between groups) was the best fitting model for most of the outcome variables. Model 1 (no baseline or longitudinal differences) was the best fitting model for disinhibition, and Model 2 (baseline differences but no longitudinal differences) was the best fitting model for several measures. However, there were no statistically significant differences in baseline or longitudinal outcomes between the IA and NA groups. The vast majority of significant findings were due to differences between the NA and FP groups, indicated by *t*-test results with absolute magnitude of 2 (these appear in bold in Table 2). These findings are consistent with already published data from the PREDICT-HD study [15, 16].

In order to aid in digesting the large number of results, Figure 1 provides a graphical representation of *p*-values from the statistical tests conducted in Table 2. On the *x*-axis, *p*-values are plotted separately for the differences between the three groups—IA, RP, and FP—

compared with the controls on the 31 outcome variables examined (*y*-axis). Baseline differences are plotted using solid lines, while longitudinal differences are plotted using dashed lines. Horizontal dashed lines are plotted at y = 0.05 in order to aid in assessing significance of results. Model 1 was optimal for one outcome (FrSBe disinhibition) and this outcome is the last variable listed on the x-axis (see Figure 1 key). The dashed line for the slope disappears as variable number increases. This is due to the fact that the optimal model (selected via the AIC) for some variables did not include group differences over time. Also, as shown in Table 2 and noted above, Model 1 was the best fit for FrSBe disinhibition, (i.e., no intercept or slope comparisons available). Therefore, no points are plotted for this variable in Figure 1, which explains the gap at the final variable in Figure 1. In summary, Figure 1 provides graphical demonstration of the lack of significant differences between the IA and the NA group across all measures.

While there were no significant baseline or longitudinal differences between the IA and NA group, our data do indicate evidence of gradient effects on several measures, including behavioral measures. Gradient effects are defined by evidence of increasing impairment or dysfunction from the NA group to the FP group (these appear in italics in Table 2). For instance, if considering a cognitive measure for which higher values are indicative of cognitive impairment, a gradient effect would be said to exist if the NA group had the lowest baseline mean (slope), followed by the IA group, then the RP group, and finally the FP group. Evidence of baseline gradient effects were found for participant-rated WHODAS, TMS, Beck Depression Inventory (BDI), SCL-90 obsessive compulsive scale, SCL-90 global severity index, SCL-90 positive symptom distress index, FrSBe executive subscale, and FrSBe total. Evidence of longitudinal gradient effects were found for Stroop Color and Word Test – color condition, Stroop Color and Word Test – interference condition, companion-rated WHODAS, striatal volume, SCL-90 obsessive compulsive scale, participant-rated ECog memory, and companion-rated ECog language.

Figures 2, 3, and 4 provide visual representation of the longitudinal changes in three measures with known sensitivity to changes in prodromal HD: the SDMT, TMS, and striatal volume [15]. In these visual representations, those in the IA group show patterns of change similar to those in the NA group, while those in the RP group show patterns similar to those in the FP group.

DISCUSSION

This is the first known study to examine both baseline and longitudinal differences between IA and NA, RP, and FP allele ranges in a large sample. While we found evidence of baseline and longitudinal differences between the groups, we did not find evidence of differences between the IA group and the NA group. Most of the differences were between the FP and NA groups, with a few baseline and longitudinal differences between the RP and NA groups. Given the large number of outcome measures examined, we expected to find some significant differences between IA and NA groups, even if just by chance. Negative findings are consistent with current genetic testing guidelines that indicate persons in the IA range

are unaffected by the HD gene expansion [3]. However, it is possible that with a larger sample size of IA participants some of these differences would be significant.

Some researchers have postulated that environmental or genetic modifiers might cause some people within IA ranges to express a behavioral subphenotype, including increased depression, apathy, suicidal thoughts, suicide attempts, and history of psychiatric disease [6, 11]. We did not find evidence to support a behavioral subphenotype for the IA group in our sample, although several baseline gradient effects were found in behavioral measures, including obsession, depression, anxiety, hostility, and global severity and positive symptom distress on the SCL-90. At the same time, significant baseline differences in the RP group compared to the NA group (shown in Figure 1) included two behavioral measures, depression (BDI) and hostility (SCL-90). The RP group also showed significant changes over time in longitudinal SDMT, companion-rated WHODAS, and striatal volume compared to the NA group. This suggests that even those in the RP range who do not display motor signs required for a definitive diagnosis of symptomatic HD exhibit some of the characteristics associated with manifest HD. Gradient effects are suggestive of a toxic gainof-function pathology in HD (i.e. pathology increases with increased CAG repeat length even if it does not meet diagnostic criteria for manifest HD). This is consistent with the findings for the RP group described above.

Longitudinal gradient effects were also present for frontal behaviors affecting executive function and total frontal behaviors score. However, the only longitudinal gradient effect for a behavioral measure that was observed was for SCL-90 obsessive compulsive scale. We did find the presence of increased baseline depression and hostility behavioral symptoms in the RP group compared to the IA and NA groups, which suggests that increased CAG length might be associated with behavioral changes even though they are not apparent in our IA sample. However, we did not find longitudinal differences between RP and NA groups on any behavioral measures.

Our data also showed longitudinal gradient effects for some cognitive outcomes (Table 2), including Stroop Color and Word Test – color and interference conditions, and participantrated ECog memory and companion-rated ECog language. The RP group showed a decline in performance compared to the NA group over time on SDMT. There were baseline gradient effects for the participant-rated WHODAS and longitudinal gradient effects for the companion-rated WHODAS. There was a baseline gradient effect for the TMS and longitudinal gradient effect for the striatal volume. Therefore, we have evidence of gradient effects across groups in all domains: behavioral, cognitive, functional, motor, and imaging. These findings could change with larger sample sizes for the IA and RP groups since phenotype expression is likely to be heterogeneous, even in the RP range [30].

The precise mechanism of neurological damage in HD is unclear, although it likely involves multiple processes [31]. Two proposed pathways include a cumulative damage model and a one-hit model The cumulative damage model is supported by the negative association between CAG length and age of onset. However, the one-hit model supports the phenomenon of a threshold for manifest HD at 36 CAG repeats. Although our data demonstrate gradient effects for several measures across the CAG length ranges, there still

appears to be a clear threshold for formal HD diagnosis at 36 repeats. Of course, disease pathology in HD could involve both cumulative damage and threshold effects [32], with increasing amounts of mutant protein overwhelming neuronal repair systems once it reaches a threshold accumulation [31].

Figures 2, 3, and 4 reinforce that participants in the IA group show patterns of change similar to those in the NA group, while those in the RP group show patterns similar to those in the FP group. Genetic counselors and clinicians encounter the issue of explaining the significance of CAG repeat lengths in the IA and RP ranges to individuals undergoing HD genetic testing. Indeed, subtle differences between the IA and the NA group are evident in Figures 2, 3, and 4. In Figure 2, the upward slope for performance by controls on the SDMT is indicative of practice effects [25]. The RP and FP groups show downward slopes indicative of cognitive impairment that overrides practice effects. While the IA group slope is slightly positive, it is flatter than the control group slope, which might indicate subtle cognitive changes that result in reduced ability to benefit from practice effects. In Figure 3, the slope for TMS is slightly negative, unlike the slopes for the RP and FP groups. Thus, the motor phenotype is not displayed by the IA group in our sample. Figure 4 shows that striatal volume decreases over time in all groups, which might be correlated with aging. While the slope in the IA is not significantly different from the control group, the striatal volume is slightly lower and a longitudinal gradient effect was evident in the data.

More data are needed before definitely stating that the IA range displays some of the changes associated with HD, including whether it might involve a behavioral subphenotype. We already have evidence that there are likely environmental and genetic factors that impact whether persons in the RP range develop manifest HD. Once we have more specific information regarding the factors that impact phenotype expression in the IA and RP ranges, it might become increasingly important to more accurately report the length of a person's longest CAG repeat allele. Little attention is given in the literature to the issue of inconsistent reporting of CAG repeat lengths, which occurs in up to 51% of tests [33]. The ACMG/ASHG guidelines state that acceptable error rates for CAG repeat lengths is ± 2 repeats for alleles with less than 50 repeats [3]. This error rate might not be acceptable for individuals at the edge of one of the repeat ranges. In the future, HD genetic testing might require a two-tier approach using an additional long-read sequencing platform such as PacBio [34, 35] for persons with CAG lengths in the equivocal ranges (i.e., within 2 CAG repeats of another range).

The major limitation of our findings is the small sample size of participants with CAG alleles in the IA and RP ranges compared to NA and FP groups. The 21 participants in our IA group represent 1.5% of our sample. This is not overly surprising considering that prevalence of IA in the general population is low, with estimates ranging from 1.9%–6% [36–38]. The RP group of 90 represents 6.4% of our sample. Previous studies indicate that the CAG repeat length in the general population is bimodal, with an average of 17 for those with longest alleles in the NA range and 41 in the FP range. CAG repeat lengths 28–38 are less common [11].

A caveat to our analysis when comparing behavioral results from IA analyses in the COHORT and PHAROS studies with PREDICT-HD is that these three observational studies define case and control groups differently. In PREDICT-HD, all participants know their HD gene status prior to enrollment; cases are persons who tested positive for the HD gene expansion and controls are persons who tested negative. In COHORT, participants do not have to know their gene status to enroll and controls consist of spouses or caregivers. In PHAROS, all participants are at risk for HD but do not know their gene status; cases are positive for the gene expansion and controls are negative for the gene expansion. Therefore, it is reasonable to expect that behavioral outcomes might differ between at-risk individuals who know their gene status versus those who do not. There is evidence that persons who feel as though they will cope poorly with positive results self-select to not complete HD genetic testing [39]. Furthermore, genetic testing protocols and pretest counselling might screen out individuals who are more psychologically vulnerable [40]. Therefore, our sample, which only includes persons who have chosen to undergo testing for the HD gene expansion, might not be representative of all individuals at risk for HD in terms of psychological functioning. This could explain why we found less evidence of behavioral differences between those in the IA and the NA range than the studies that included participants who are blinded to their HD gene expansion status.

Conclusion

Our data compared baseline and longitudinal differences in cognitive, behavioral, functional, motor, and imaging outcomes across NA, IA, RP, and FP CAG range groups. We found evidence of baseline and longitudinal differences in the RP and FP groups compared to the NA group. We also found gradient effects on a number of measures across domains, supporting a cumulative damage effect for the CAG repeat expansion. On the other hand, only persons in the RP and FP ranges had outcome measure results significantly different from NA range participants, supporting a threshold phenomenon of HD pathology at 36 CAG repeats. More data are needed to accurately characterize the IA subphenotype.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

ACKNOWLEDGEMENTS

We thank the PREDICT-HD sites, the study participants, the National Research Roster for Huntington Disease Patients and Families, the Huntington's Disease Society of America and the Huntington Study Group. This research included collaboration with the Institute for Clinical and Translational Science at the University of Iowa, which is supported by the National Institutes of Health (NIH) Clinical and Translational Science Award (CTSA) program, grant U54TR001356. The CTSA program is led by the NIH's National Center for Advancing Translational Sciences (NCATS). This publication's contents are solely the responsibility of the authors and do not necessarily represent the official views of the NIH.

This research and the PREDICT-HD study are funded by Neurobiological Predictors of Huntington's Disease grant 5R01NS040068 from the NIH, National Institute of Neurological Disorders and Stroke (NINDS), awarded to JSP; grants A3917 and 6266 from CHDI Foundation, Inc., awarded to JSP; and Cognitive and Functional Brain Changes in Preclinical Huntington's Disease (HD) grant 5R01NS054893 from NIH/NINDS awarded to JSP.

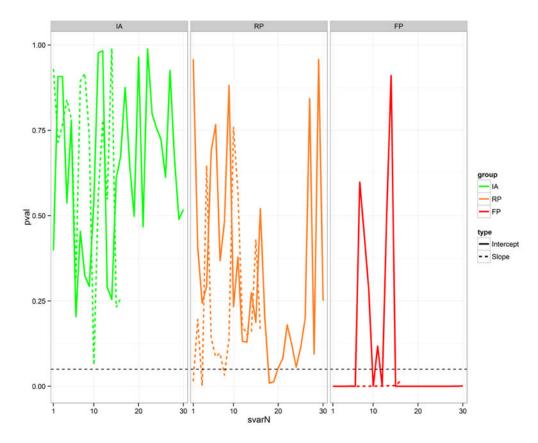
REFERENCES

- [1]. Unified Huntington's Disease Rating Scale: reliability and consistency. Huntington Study Group. Mov Disord 1996;11(2):136–42. doi: 10.1002/mds.870110204
- [2]. Lee JM, Ramos EM, Lee JH, Gillis T, Mysore JS, Hayden MR, et al. CAG repeat expansion in Huntington disease determines age at onset in a fully dominant fashion. Neurology 2012;78(10): 690–5. doi: 10.1212/WNL.0b013e318249f683 [PubMed: 22323755]
- [3]. ACMG/ASHG statement. Laboratory guidelines for Huntington disease genetic testing. The American College of Medical Genetics/American Society of Human Genetics Huntington Disease Genetic Testing Working Group. Am J Hum Genet 1998;62(5):1243–7. doi: [PubMed: 9545416]
- [4]. Quarrell OW, Rigby AS, Barron L, Crow Y, Dalton A, Dennis N, et al. Reduced penetrance alleles for Huntington's disease: a multi-centre direct observational study. J Med Genet 2007;44(3):e68. doi: 10.1136/jmg.2006.045120 [PubMed: 17361007]
- [5]. Andrich J, Arning L, Wieczorek S, Kraus PH, Gold R, Saft C. Huntington's disease as caused by 34 CAG repeats. Mov Disord 2008;23(6):879–81. doi: 10.1002/mds.21958 [PubMed: 18307262]
- [6]. Ha AD, Jankovic J. Exploring the correlates of intermediate CAG repeats in Huntington disease. Postgraduate medicine 2011;123(5):116–21. doi: 10.3810/pgm.2011.09.2466 [PubMed: 21904093]
- [7]. Groen JL, de Bie RM, Foncke EM, Roos RA, Leenders KL, Tijssen MA. Late-onset Huntington disease with intermediate CAG repeats: true or false? J Neurol Neurosurg Psychiatry 2010;81(2): 228–30. doi: 10.1136/jnnp.2008.170902 [PubMed: 20145031]
- [8]. Kenney C, Powell S, Jankovic J. Autopsy-proven Huntington's disease with 29 trinucleotide repeats. Mov Disord 2007;22(1):127–30. doi: 10.1002/mds.21195 [PubMed: 17115386]
- [9]. Squitieri F, Esmaeilzadeh M, Ciarmiello A, Jankovic J. Caudate glucose hypometabolism in a subject carrying an unstable allele of intermediate CAG(33) repeat length in the Huntington's disease gene. Mov Disord 2011;26(5):925–7. doi: 10.1002/mds.23623 [PubMed: 21370274]
- [10]. Ha AD, Beck CA, Jankovic J. Intermediate CAG Repeats in Huntington's Disease: Analysis of COHORT. Tremor and other hyperkinetic movements 2012;2. doi:
- [11]. Killoran A, Biglan KM, Jankovic J, Eberly S, Kayson E, Oakes D, et al. Characterization of the Huntington intermediate CAG repeat expansion phenotype in PHAROS. Neurology 2013;80(22): 2022–7. doi: 10.1212/WNL.0b013e318294b304 [PubMed: 23624566]
- [12]. Aylward EH, Harrington DL, Mills JA, Nopoulos PC, Ross CA, Long JD, et al. Regional atrophy associated with cognitive and motor function in prodromal Huntington disease. Journal of Huntington's disease 2013;2(4):477–89. doi: 10.3233/JHD-130076
- [13]. Downing NR, Kim JI, Williams JK, Long JD, Mills JA, Paulsen JS, et al. WHODAS 2.0 in prodromal Huntington disease: measures of functioning in neuropsychiatric disease. Eur J Hum Genet 2014;22(8):958–63. doi: 10.1038/ejhg.2013.275 [PubMed: 24327189]
- [14]. Duff K, Paulsen JS, Beglinger LJ, Langbehn DR, Wang C, Stout JC, et al. "Frontal" behaviors before the diagnosis of Huntington's disease and their relationship to markers of disease progression: evidence of early lack of awareness. J. Neuropsychiatry Clin. Neurosci 2010;22(2): 196–207. doi: 10.1176/appi.neuropsych.22.2.196 [PubMed: 20463114]
- [15]. Paulsen JS, Long JD, Johnson HJ, Aylward EH, Ross CA, Williams JK, et al. Clinical and Biomarker Changes in Premanifest Huntington Disease Show Trial Feasibility: A Decade of the PREDICT-HD Study. Frontiers in aging neuroscience 2014;6:78. doi: 10.3389/fnagi.2014.00078 [PubMed: 24795630]
- [16]. Paulsen JS, Long JD, Ross CA, Harrington DL, Erwin CJ, Williams JK, et al. Prediction of manifest Huntington's disease with clinical and imaging measures: a prospective observational study. Lancet Neurol 2014;13(12):1193–201. doi: 10.1016/S1474-4422(14)70238-8 [PubMed: 25453459]
- [17]. Williams JK, Kim JI, Downing N, Farias S, Harrington DL, Long JD, et al. Everyday cognition in prodromal Huntington disease. Neuropsychology 2015;29(2):255–67. doi: 10.1037/neu0000102
 [PubMed: 25000321]

- [18]. Stroop JR. Studies of interference in serial verbal reactions. J Exp Psychol 1935;18:643–662. doi: Doi 10.1037/0096-3445.121.1.15
- [19]. Smith A Symbol Digit Modalities Test: Manual (revised) Los Angeles: Western Psychological Services; 1991.
- [20]. Grace J, Malloy P, Psychological Assessment Resources I. FrSBe, Frontal Systems Behavior Scale: Professional Manual: Psychological Assessment Resources; 2001.
- [21]. Derogatis LR. SCL-90-R: Symptom Checklist-90-R : Administration, Scoring, and Procedures Manual: NCS Pearson; 1996.
- [22]. Farias ST, Mungas D, Reed BR, Cahn-Weiner D, Jagust W, Baynes K, et al. The measurement of everyday cognition (ECog): scale development and psychometric properties. Neuropsychology 2008;22(4):531–44. doi: 10.1037/0894-4105.22.4.531 [PubMed: 18590364]
- [23]. Ustun TB, Chatterji S, Kostanjsek N, Rehm J, Kennedy C, Epping-Jordan J, et al. Developing the World Health Organization Disability Assessment Schedule 2.0. Bull World Health Organ 2010;88(11):815–23. doi: 10.2471/BLT.09.067231 [PubMed: 21076562]
- [24]. Magnotta VA, Harris G, Andreasen NC, O'Leary DS, Yuh WT, Heckel D. Structural MR image processing using the BRAINS2 toolbox. Computerized medical imaging and graphics : the official journal of the Computerized Medical Imaging Society 2002;26(4):251–64. doi: [PubMed: 12074920]
- [25]. Paulsen JS, Long JD. Onset of Huntington's disease: can it be purely cognitive? Mov Disord 2014;29(11):1342–50. doi: 10.1002/mds.25997 [PubMed: 25142616]
- [26]. Laird NM, Ware JH. Random-effects models for longitudinal data. Biometrics 1982;38(4):963– 74. doi: [PubMed: 7168798]
- [27]. Akaike H A new look at the statistical model identification. IEEE Trans Automat Contr 1974;19:716–723. doi:
- [28]. Little RJA, Rubin DB. Statistical analysis with missing data 2nd ed. New York: Wiley; 2014 278 p.
- [29]. Scuffham TM, MacMillan JC. Huntington disease: who seeks presymptomatic genetic testing, why and what are the outcomes? J Genet Couns 2014;23(5):754–61. doi: 10.1007/ s10897-013-9678-z [PubMed: 24399092]
- [30]. Panegyres PK, Shu CC, Chen HY, Paulsen JS. Factors influencing the clinical expression of intermediate CAG repeat length mutations of the Huntington's disease gene. J Neurol 2015;262(2):277–84. doi: 10.1007/s00415-014-7559-5 [PubMed: 25380582]
- [31]. Ross CA, Tabrizi SJ. Huntington's disease: from molecular pathogenesis to clinical treatment. Lancet Neurol 2011;10(1):83–98. doi: 10.1016/S1474-4422(10)70245-3 [PubMed: 21163446]
- [32]. Sugaya K Modeling the polyglutamine aggregation pathway in Huntington's disease: from basic studies to clinical applications. Subcell Biochem 2012;65:353–88. doi: 10.1007/978-94-007-5416-4_15 [PubMed: 23225011]
- [33]. Quarrell OW, Handley O, O'Donovan K, Dumoulin C, Ramos-Arroyo M, Biunno I, et al. Discrepancies in reporting the CAG repeat lengths for Huntington's disease. Eur J Hum Genet 2012;20(1):20–6. doi: 10.1038/ejhg.2011.136 [PubMed: 21811303]
- [34]. Doi K, Monjo T, Hoang PH, Yoshimura J, Yurino H, Mitsui J, et al. Rapid detection of expanded short tandem repeats in personal genomics using hybrid sequencing. Bioinformatics 2014;30(6): 815–22. doi: 10.1093/bioinformatics/btt647 [PubMed: 24215022]
- [35]. Huddleston J, Ranade S, Malig M, Antonacci F, Chaisson M, Hon L, et al. Reconstructing complex regions of genomes using long-read sequencing technology. Genome Res 2014;24(4): 688–96. doi: 10.1101/gr.168450.113 [PubMed: 24418700]
- [36]. Costa Mdo C, Magalhaes P, Guimaraes L, Maciel P, Sequeiros J, Sousa A. The CAG repeat at the Huntington disease gene in the Portuguese population: insights into its dynamics and to the origin of the mutation. J Hum Genet 2006;51(3):189–95. doi: 10.1007/s10038-005-0343-8 [PubMed: 16372132]
- [37]. Goldberg YP, McMurray CT, Zeisler J, Almqvist E, Sillence D, Richards F, et al. Increased instability of intermediate alleles in families with sporadic Huntington disease compared to similar sized intermediate alleles in the general population. Hum Mol Genet 1995;4(10):1911–8. doi: [PubMed: 8595415]

- [38]. Sequeiros J, Ramos EM, Cerqueira J, Costa MC, Sousa A, Pinto-Basto J, et al. Large normal and reduced penetrance alleles in Huntington disease: instability in families and frequency at the laboratory, at the clinic and in the population. Clin Genet 2010;78(4):381–7. doi: 10.1111/j. 1399-0004.2010.01388.x [PubMed: 20236117]
- [39]. Rivera-Navarro J, Cubo E, Mariscal N. Analysis of the Reasons for Non-Uptake of Predictive Testing for Huntington's Disease in Spain: A Qualitative Study. J Genet Couns 2015;24(6):1011– 21. doi: 10.1007/s10897-015-9840-x [PubMed: 25921556]
- [40]. Meiser B, Dunn S. Psychological effect of genetic testing for Huntington's disease: an update of the literature. West J Med 2001;174(5):336–40. doi: [PubMed: 11342513]

Downing et al.

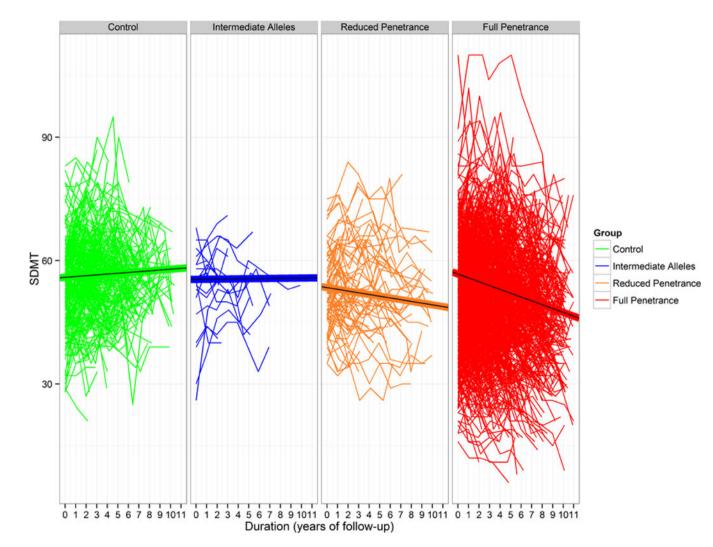


Solid lines represent tests for baseline differences and dashed lines represent tests for longitudinal differences. Key: 1 = Symbol Digit Modalities Test; 2 = total motor score of the Unified Huntington's Disease Rating Scale; 3 = Striatal; 4 = Stroop Color and Word Test – color condition; 5 = Stroop Color and Word Test – interference condition; 6 = Stroop Color and Word Test – word condition; 7 = Everyday Cognition (ECog) memory – companion rated; 8 = World Health Organization Disability Schedule (WHODAS) – companion rated; 9 = ECog language – companion rated; 10 = Frontal Systems Behavioral Scale (FrSBe) – executive subscale; 11 = ECog executive functioning; 12 = Symptom Checklist 90 (SCL-90) – obsessive compulsive subscale; 13 = ECog memory – participant rated; 14 = ECog visual spatial – companion rated; 15 = FrSBe total; 16 = SCL-90 positive symptom total; 17 = ECog language – participant rated; 18 = Beck Depression Inventory (BDI); 19 = SCL-90 – hostility subscale; 20 = FrSBe – apathy subscale; 21 = SCL-90 positive symptom distress index; 22 = SCL-90 – depression subscale; 23 = SCL-90 – Global Severity Index; 24 = SCL-90 – psychotism; 25 = SCL-90 – anxiety subscale; 26 = WHODAS – participant rated; 27 = ECog executive functioning – participant rated; 28 = SCL-90 phobic anxiety; 29 = ECog visual spatial – participant rated; 30 = SCL-90 paranoid ideation; 31 = FrSBe disinhibition subscale.

Fig. 1.

Visualization for *p*-values comparing intermediate (IA), reduced penetrance (RP), and full penetrance (FP) groups to controls.

Downing et al.





Plots of linear trends over time by group for Symbol Digit Modalities Test (SDMT) adjusted for age, gender and education.

Downing et al.

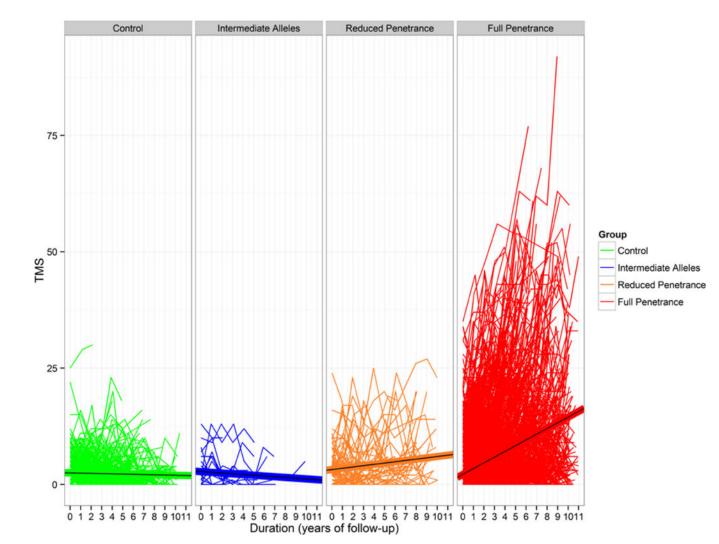
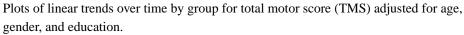
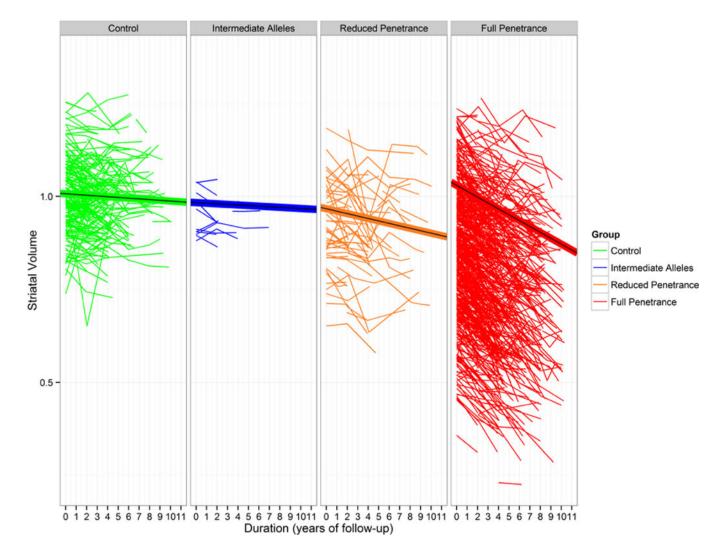


Fig. 3.



Downing et al.





Plots of linear trends over time by group for striatal volume adjusted for age, gender and education.

Table 1

Demographic variables

Group	п	% Female	Years education mean* (SD)	Years education median [range]	n	Age (baseline) mean* (SD)	Age median [range]
Control	280	64	14.80 (2.59)	15.50 [8–20]	280	43.67 (11.95)	44.69 [19.15– 83.73]
IA	20	65	15.55 (2.42)	16.00 [12–20]	21	47.27 (10.42)	45.05 [24.21– 69.99]
RP	88	60	14.49 (2.70)	14.00 [8–20]	88	48.69 (11.45)	48.09 [20.80– 75.85]
FP	986	64	14.46 (2.60)	14.00 [8–20]	990	38.99 (9.91)	38.46 [18.11– 67.90]

IA = intermediate; RP = reduced penetrance; FP = full penetrance.

⊳
L
ho
r N
lar
SDL
ğ
īpt

Table 2

Author Manuscript

Author Manuscript

Linear mixed models results table

				I	Intercepts							Slopes	s			
Vietello (Dest months)			Estimates	ates		t-tests	t-tests: group vs. NA	s. NA		Estimates	lates		t-tests:	NA vs. 0	t-tests: NA vs. 0, group vs. NA	s. NA
Variable (Best model ht)	Domain	NA	IA	RP	FP	IA	RP	FP	NA	ΡI	RP	FP	NA	IA	RP	FP
Stroop word (3)	Cog	105.02	100.27	105.61	99.38	-1.27	0.30	-4.95	-0.07	0.51	-0.55	-1.19	-0.47	1.01	-1.72	-7.22
Stroop color (3)	Cog	83.76	81.90	82.09	78.82	-0.62	-1.05	-5.46	0.29	0.20	0.19	-0.76	2.57	-0.20	-0.46	-8.16
Stroop interference (3)	Cog	47.55	46.94	48.01	45.30	-0.28	0.40	-3.45	0.39	0.30	0.17	-0.31	5.13	-0.28	-1.47	-8.09
SDMT (3)	Cog	56.35	54.33	56.28	52.14	-0.84	-0.05	-5.83	0.20	0.23	-0.22	-0.73	2.34	0.09	-2.44	-9.72
WHODAS (p) (3)	Func	12.80	13.30	13.50	14.28	0.51	1.28	4.68	0.21				5.24			
WHODAS (c) (3)	Func	13.44	12.07	13.95	13.77	-0.99	0.70	0.77	-0.002	0.04	0.36	0.37	-0.21	0.10	2.14	3.69
TMS (3)	Motor	2.32	2.44	2.76	4.86	0.12	0.83	8.37	-0.05	-0.21	0.23	1.18	-0.48	-0.36	1.29	10.30
Striatal (3)	Imag	1.02	1.02	1.00	0.85	0.12	-1.16	-16.00	-0.002	-0.004	-0.009	-0.02	-1.88	-0.30	-3.14	-13.36
BDI (3)	Beh	5.17	6.09	7.84	8.68	0.46	2.61	6.21	-0.06				-0.97			
SCL-90 obsession (3)	Beh	51.01	51.07	53.53	56.44	0.02	1.51	5.71	-0.41	-0.25	-0.02	0.13	-2.90	0.28	1.35	3.38
SCL-90 depression (2)	Beh	49.05	49.09	51.13	53.58	0.01	1.34	5.27	-0.11				-1.58			
SCL-90 anxiety (2)	Beh	46.59	47.49	48.75	50.20	0.35	1.58	4.79	-0.12				-1.88			
SCL-90 hostility (2)	Beh	48.25	49.96	51.57	52.68	0.68	2.47	5.84	-0.20				-3.23			
SCL-90 phobic anxiety (2)	Beh	46.82	45.74	49.11	49.62	-0.43	1.67	3.70	0.17				2.66			
SCL-90 paranoid ideation (2)	Beh	47.38	48.64	48.58	49.31	0.65	1.15	3.29	-0.17				-4.17			
SCL-90 psychoticism (2)	Beh	48.91	48.00	51.93	53.33	-0.31	1.91	5.04	-0.15				-2.25			
SCL-90 global severity index (2)	Beh	48.82	49.56	51.27	53.28	0.25	1.54	5.06	-0.14				-2.11			
SCL-90 positive symptom total (3)	Beh	49.64	50.73	50.53	52.86	0.42	0.64	4.13	-0.87	-1.36	-0.57	-0.58	-8.29	-1.13	1.40	2.44
SCL-90 positive symptom distress index (2)	Beh	46.70	48.35	48.82	50.35	0.73	1.74	5.28	-0.22				-3.64			
FrSBe executive (3)	Beh	24.56	25.77	25.81	26.71	0.61	1.19	3.63	-0.25	-0.94	-0.20	0.10	-2.82	-1.86	0.31	3.53
FrSBe disinhibition (1)	Beh								-0.005				-0.20			
FrSBe apathy (2)	Beh	11.71	11.66	12.87	13.62	-0.04	1.93	5.60	0.08				3.03			
FrSBe total (3)	Beh	55.10	57.11	57.85	59.51	0.51	1.32	3.73	-0.37	-1.25	-0.09	0.24	-2.12	-1.20	0.79	3.08
ECog executive functioning (p) (2)	Cog	1.23	1.22	1.24	1.37	-0.09	0.20	4.05	0.008				1.70			

J Huntingtons Dis. Author manuscript; available in PMC 2018 November 27.

⊳
2
₹
2
0
2
\geq
B
S
Ω
Ξ.
σ
+

				IJ	Intercepts							Slopes	es			
			Estimates	ates		t-tests	t-tests: group vs. NA	s. NA		Estimates	ates		t-tests	t-tests: NA vs. 0, group vs. NA), group v	s. NA
Variable (best inodel 111)	Domain	NA	ΑI	RP	FP	ΥI	RP	FP	NA	ΥI	RP	Η	VN	ΥI	RP	FP
ECog language (p) (2)	Cog	1.19	1.17	1.26	1.41	-0.16	1.29	6.86	0.006				1.51			
ECog memory (p) (3)	Cog	1.50	1.33	1.35	1.54	-1.06	-1.52	0.67	-0.02	0.004	0.007	0.01	-2.25	09.0	1.43	3.20
ECog visual spatial (p) (2)	Cog	1.17	1.11	1.17	1.27	-0.69	0.05	3.55	0.01				3.18			
ECog executive functioning (c) (3)	Cog	1.23	1.23	0.09	0.09	-0.03	0.88	1.57	-0.005	-0.03	0.01	0.05	-0.38	-0.58	0.57	3.44
ECog language (c) (3)	Cog	1.14	1.02	1.13	1.18	-1.05	-0.15	1.07	-0.01	0.002	0.01	0.02	-1.24	0.34	1.47	3.65
ECog memory (c) (3)	Cog	1.29	1.18	1.21	1.31	-0.75	-0.90	0.53	-0.004	-0.009	0.03	0.04	-0.39	-0.13	1.66	3.79
ECog visual spatial (c) (3)	Cog	1.22	1.07	1.13	1.23	-1.14	-1.09	0.11	-0.005	-0.005	0.02	0.03	-0.49	0.01	1.40	3.11

Best model fit = (1) no baseline group differences or group differences over time; (2) baseline group differences but no group differences over time; (3) baseline group differences and group differences over time. Values 2 appear in **bold**; gradient effects appear in italics. NA = normal; IA = intermediate; RP = reduced penetrance; FP = full penetrance; p = participant version; c = companion version; Stroop word = Stroop Color and Word Test - word condition; Stroop Color and Word Test - color condition; Stroop interference = Stroop Color and Word Test - interference condition; SDMT = Checklist 90 - psychoticism subscale; FrSBe Executive = Frontal Systems Behavioral Scale - executive subscale; FrSBe disinhibition = Frontal Systems Behavioral Scale - disinhibition subscale; FrSBe Checklist 90 - anxiety subscale; SCL-90 hostility = Symptom Checklist 90 - hostility subscale; SCL-90 anxiety = Symptom Checklist 90 - phobic anxiety subscale; SCL-90 psychoticism = Symptom Depression Inventory; SCL-90 obsession = Symptom Checklist 90 - obsessive compulsive subscale; SCL-90 depression = Symptom Checklist 90 - depression subscale; SCL-90 anxiety = Symptom Symbol Digit Modalities Test; WHODAS = World Health Organization Disability Assessment Schedule 2.0; TMS = total motor score of the Unified Huntington's Disease Rating Scale; BDI = Beck apathy = Frontal Systems Behavioral Scale - apathy subscale; ECog = Everyday Cognition scale; Cog = cognitive; Func = functional; Imag = imaging; Beh = behavioral.