Questionnaire

E-mail: Use your frequent email address for future contacts. Name of your University: Student ID number: The email, University and student number validates the data and it is necessary for the prize draw.
1. Year of university 1 st 2nd 3rd
2. How old are you? 17-19 20-24 25 and over
3. What is your country of origin?
4. Which of the following describes you? Male Female
5. Where do you live? Student hall of residence Rented accommodation Home with parents Other
6. How much do you weigh? (stones) (kgs)
7. How often do you have a drink containing alcohol? Never (If selected, skip to question 15) Monthly or less 2-4 times a month 2-3 times a week 4 or more times a week
8. How many drinks containing alcohol do you have on a typical day when you are drinking? 1 or 2 3 or 4

	5 or 6 7 to 9 10 or more
0	How often do you have six or more drinks on one occasion? Never Less than monthly Monthly Weekly Daily or almost daily
sto	. How often during the last 6 months have you found that you were not able to op drinking once you had started? Never Less than monthly Monthly Weekly Daily or almost daily
ex D	. How often during the last 6 months have you failed to do what was normally pected of you because of drinking? Never Less than monthly Monthly Weekly Daily or almost daily
to	. How often during the last 6 months have you needed a first drink in the morning get yourself going after a heavy drinking session? Never Less than monthly Monthly Weekly Daily or almost daily
aft	. How often during the last 6 months have you had a feeling of guilt or remorse er drinking? Never Less than monthly Monthly Weekly Daily or almost daily

14. How often during the last 6 months have you been unable to remember what happened the night before because of your drinking?

0	Never										
Less than monthly											
	Monthly										
	Weekly										
	Daily or almost daily										
	Have you or someone else been injured because of your drinking? No										
		but not in the last year									
_	Yes, during the last y										
you	16. Has a relative, friend, doctor, or other health care worker been concerned about your drinking or suggested you cut down? No Yes, but not in the last year Yes, during the last year										
you The 1 la 1 p 1 fl	17. What is your drinking like during a typical week? We realize this will only be a rough estimate, but please indicate the number of units you usually drink on each day of the week in the boxes below. The units of a 'drink' are equivalent to: 1 large glass of wine = 2 units 1 pint of beer = 2 units 1 flavoured alcohol drink (Alcopop) = 1.5 units Single measure of spirits = 1 unit										
	Monday										
	Tuesday										
	Wednesday										
	Thursday										
	Friday										
	Saturday										
	Sunday										
follo drir	18. Not counting just a few sips, how often do you think students in each of the following categories typically consume alcohol? Include beer, wine, spirits and mixed drinks in your answer. Just give your best estimate of what is most typical for each category (tick one box only for each category).										
		Never	1-2 per year	Once a Month	Twice a Month	Once a Week	Twice a Week	Daily			
a. y	ourself		0	0	0	0	0				
b. your Friends											
c. S	c. Students in your year										
d. Males in your year											

e. Females in your year				0	0	•		
f. All university students	0	0	0	0			0	
,			1					
 How many alcoholic of average typically consumes estimate of what is most category). 	ne at p	arties o	r social	occas	sions? J	ust give	your be	est
	0	1	2	3	4	5	6	7+
a. yourself								0
b. your Friends								0
c. Students in your year	•							
d. Males in your year		0			0			
e. Females in your year		0			0			
f. All university students	•						0	
consume NO alcoholic di Just give your best estim % 21. Overall, what percent been drunk on at least or Again, just give your best	rinks a ate (fr age o	at all? om 0% f studen	to 100%	ur Un t 7 da	iversity			
consume NO alcoholic di Just give your best estim % 21. Overall, what percent been drunk on at least or Again, just give your best % 22. Have you ever exper	rinks a ate (fr	at all? om 0% f studen asion in nate (fro	to 100%	ur Un t 7 da	iversity ys?	year do	you thir	ık have
consume NO alcoholic di Just give your best estim % 21. Overall, what percent been drunk on at least or Again, just give your best % 22. Have you ever exper	rinks a ate (fr	at all? om 0% f studen asion in nate (fro	to 100% Its in you the las m 0 to 1	ur Un t 7 da	iversity ys?	year do	you thir	ık have
consume NO alcoholic di Just give your best estim % 21. Overall, what percent been drunk on at least or Again, just give your best % 22. Have you ever expert due to, a drinking occasion	rinks a ate (frage one occurrence) at estimates on?	at all? om 0% f studen asion in nate (fro	to 100% Its in you the las m 0 to 1	ur Un t 7 da 100%	iversity ys?) s, any of	year do	you thir	ık have
consume NO alcoholic di Just give your best estim % 21. Overall, what percent been drunk on at least or Again, just give your best % 22. Have you ever expert due to, a drinking occasion a. Blackout or memory la	rinks a ate (frage one occurrence) at estimates on?	at all? om 0% f student asion in nate (fro	to 100% Its in you the las m 0 to 1	ur Un t 7 da 100%	iversity ys?) s, any of	year do	you thir	ık have
consume NO alcoholic di Just give your best estim % 21. Overall, what percent been drunk on at least or Again, just give your best % 22. Have you ever exper due to, a drinking occasion a. Blackout or memory la b. Been embarrassed by	rinks a ate (frage one occurrence) at estimates on?	at all? om 0% f student asion in nate (fro	to 100% Its in you the las m 0 to 1	ur Un t 7 da 100%	iversity ys?) s, any of	year do	you thir	ık have
consume NO alcoholic di Just give your best estim % 21. Overall, what percent been drunk on at least or Again, just give your best % 22. Have you ever exper due to, a drinking occasion a. Blackout or memory la b. Been embarrassed by c. Been in a fight	rinks a ate (frage one occurrence) at estimates on?	at all? om 0% f student asion in the did, in the actions	to 100% Its in you the last m 0 to 100% Iast 6 m	ur Un t 7 da 100%	iversity ys?) s, any of	year do	you thir	ık have
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consume NO alcoholic di Just give your best estim % 21. Overall, what percent been drunk on at least or Again, just give your best % 22. Have you ever experi due to, a drinking occasion a. Blackout or memory la b. Been embarrassed by c. Been in a fight d. Engaged in unprotecte e. Missed a lecture/class	rinks a ate (frage one occurrence) at estimate one occurrence occur	at all? om 0% f student asion in the directions	to 100% Its in you the last 6 m A contract of the last 6	ur Un t 7 da 100%	iversity ys? s, any of	year do	you thir	ık have
consume NO alcoholic didust give your best estim % 21. Overall, what percent been drunk on at least or Again, just give your best % 22. Have you ever experdue to, a drinking occasion. a. Blackout or memory lab. Been embarrassed by c. Been in a fight d. Engaged in unprotected. Engaged in unprotected. Missed a lecture/class f. Required emergency memory memory memory memory memory and services and services and services are services.	rinks a ate (frage one occurrence) at estimate one occurrence occur	at all? om 0% f student asion in the directions	to 100% Its in you the last 6 m A contract of the last 6	ur Un t 7 da 100%	iversity ys? s, any of	year do	you thir	ık have
21. Overall, what percent been drunk on at least or Again, just give your bes	rinks a ate (frage one occurrence on?	at all? om 0% f student asion in the asion in the actions	to 100% Ints in you the lass m 0 to 100% Iast 6 m Y Compared to 100%	ur Un t 7 da 100%	iversity ys? s, any of	year do	you thir	ık have

	. Have you, in the last 6 months, e Yes No	ver	used other drugs while drinking alcohol?
25	. If "yes", what other drug?		
	Marijuana		Amphetamines
	Ecstasy		Heroin
	Cocaine		LSD
	Magic mushrooms		Other
Re			s concerning personal attitudes and traits. e statement is true or false as it pertains to
	. I never hesitate to go out of my v True False	vay	to help someone in trouble.
	. I have never intensely disliked ar True False	ηуο	ne.
_	. There have been times when I w True False	as	quite jealous of the good fortune of others.
0	. I would never think of letting som True False	ieoi	ne else be punished for my wrong doings.
0	. I sometimes feel resentful when True False	l do	on't get my way.
tho	. There have been times when I fe ough I knew they were right. True False	elt li	ke rebelling against people in authority even
-	. I am always courteous, even to ρ True False	eo	ole who are disagreeable.

33. W Tr	ue	on't know something I don't at all mind admitting it.						
□ Tr	34. I can remember "pretending to be ill" to get out of something. True False							
☐ Tr	35. I am sometimes irritated by people who ask favours of me. True False							
stater false, stater such terms	Now read the following statements about the effects of alcohol. If you think the statement is true or mostly true, then mark "true". If you think that the statement is false, or mostly false, or rarely happens to most people, then mark "false". When the statements refer to "drinking alcohol", you may think in terms of any alcohol drink such as beer, wine, whiskey, vodka, gin, or various alcoholic mixed drinks. Answer in terms of how you think alcohol affects the typical or average drinker. It is important that you respond to every statement.							
True	False							
D		People become harder to get along with after they have had a few drinks of alcohol						
		People feel sexier after a few alcoholic drinks						
		Parties are not as much fun if people are drinking						
		A person can do things better after a few drinks of alcohol						
	Drinking alcohol is O.K. because it allows people to join in with others who are having fun							
		When talking with people, words come to mind easier after a few drinks of alcohol						
		Drinking alcohol makes people worry less						
	Drinking alcohol makes people feel more alert							
		Most people think better after a few drink of alcohol						
		People understand things better when they are drinking alcohol						

A person enjoys people of the opposite / same sex more after she / he has been drinking alcohol (answer question according to sexual

People do stupid, strange, or silly things when they drink alcohol

Drinking alcohol makes a person feel less up-tight

Alcohol makes people feel more romantic

Drinking alcohol loosens people up

orientation)

		Alcohol makes people more relaxed and less tense					
	0	People laugh a lot and do silly or crazy things when they have been drinking					
		t's fun to watch others act silly when they are drinking alcohol					
	0	People become dizzy and are apt to fall over when they drink alcohol					
		People can control their anger better when they are drinking alcohol					
		Alcoholic beverages make parties more fun					
		Alcohol makes people better lovers					
		After drinking alcohol, a person may lose control and run into things					
		Drinking alcohol relaxes people					
		People become loud and noisy when they drink alcohol					
		Drinking alcohol helps students to do their coursework					
	People become more interested in people of the opposite / same sex after a few drinks of alcohol (answer question according to sexual orientation)						
□ Ye □ No	In the past, we have sent you a Personalised Drinking Profile. Have you read it? Yes No Did you find it useful? Yes						
□ No							
If no,	please	explain.					