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# **Social Health and a Healthy Social life based on Wisdom and Intellectuality**

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## **Abstract:**

## **Introduction:**

Human kinds are social animals, and are pleased living together pleasantly and positively in mental and physical forms. Without positive living and to live in challenges and clashes is bad and catastrophic, but what's the way out? One of the way that seems not so costly, with no war and seems that can direct and put the world in peace or in a good running order will be wisdom and intellectuality transfused by many scientific centers and the wise men, then we intended to survey the social health and a healthy social life based on wisdom and intellectuality to find a way out of that problems in our living world.

**Methods:** It is a survey and observational method. Some news agency, internet, mass and social media were also surveyed and observed to collect the data that was needed to be used.

**Results:** In 2018 about 140 top reports, broadcasted from around the world many of them unfortunately reported badly as negative and unpleasant ones from challenges and clashes between nations and the countries. The world also witnessed crises, protests, clashes, ups and downs such as Jamal Khoshaghji murder, Trump withdrawal from the agreement and France protest movement in the same year. About 8 years clashes, killing and baking children in Syria, Iraq territories and also mass killing of Rohingya civilians, gang rapes, and other sexual violence are other examples happened.

**Conclusion:** The results claimed that the world is in danger and should and must be freed of the faced problems and it is a global concern. Wise and intellectual thoughts and decisions should be taken and come to account to solve them. Improving human morality, social integrity, filling the gaps and human elements development such as social capital can and may be the way out.

**Keywords:** Social health, Healthy life, Wisdom, Intellectuality, Peace

## **Introduction:**

If we ask each other that what is one of the best and loveliest wishes and aims of human being in the world we live in, may there will be so many replies and answers, but what is the answer really or what is that can overlap all the possible answers to the said question, probably not the most men of the science and academics but the public will cite that it is a healthy society, social health and or having a good life. Then what the way is out? Is it true or not? Are some other scientists and researchers agreeing with this? If yes how and what? Do we have it in the world now, may not enough or none. Is the world running based on knowledge and wisdom tree fruits? What is the real and stable way to reach a healthy world for a healthy life or how social health is gained? We have so much knowledge, sciences and so many scientists, why must we be faced with different kind of problems and challenges in the world, every day killings, too. It seems that in our time, the ignorance of history and identity has strongly suspended our generation and human morality and social cohesion is under threat and being forgotten; damages caused by the catastrophic issues has weakened the community psychological conditions every day, then a look to intellectuality or wisdom based on well knowledge seems necessary [1]. Decisions have not become better and more satisfying, and we have not been more intellectual as Maxwell said that we live in the world of information and knowledge, but it brings to mind that what we have done is not a satisfying life with all the information and knowledge. As Olalla says, it is enough to turn on the radio or television or to read newspaper headlines to be familiar with the problems and challenges that the humanity is faced with, today [2-3].

McDonald (2001) has also stressed on the need for accessing wisdom and points out that most of us have knowledge, but a few of us have got wisdom and we have not reached to wisdom and intellectuality for directing a good and a better life [4]. We have basically agreed that knowledge gained through schools, universities and research centers or so many other places could be a useful thing for human living and can help us to make a better life not for ourselves but also for animals and our living environment, too. But is it really what it should be now and is the world problem less and without any challenges? Aren't we ashamed of our children in the future and won't we? Then what's the way out and what should be done and reformed? Is knowledge problematic or it is not well processed and transformed with no useful results? What our children are learning or are they only and information and knowledge tanker useless? What knowledge produces and what is the outcome of it, is it Bomb, drug, nuclear weapons and so many destructive tools for making ruins, explosion and killing, and is it satisfactory and the expectation we had and have from knowledge? May it is like flour, raw, and should be baked into a cake to be edible, if yes, but how? Now it seems that a good and logic revolution is needed in knowledge grasping and its outcome to make and get the best use of it, but how and when, where, who and whom?

According to Maxwell, from Kohn sayings, an intellectual revolution, but not a scientific one, should be happened. In his view, in the current researches the most emphasis has been performed on increasing and enhancing the knowledge itself that should be directed to logical researches based on what that can boost and shape individual and social wisdom [2]. In this research then our aim is to survey the way to social health and a healthy society based on knowledge, wisdom and intellectuality.

**Methods:** In the present study, a survey and observational method was used. Some news agency, internet, mass and social media were also surveyed to collect the data that was needed to be used. However, always there is a specified method or methodology to do a research based on it, but We believe that sometimes no needed to call out a complex method since it's so observable and plain and not needed to be explained and repeated. Most of us every day hear from and listen to mass media and social media the news. Are news hopeful and make us happy or as the American saying "No News is good News" why and what this phrase speak out? TV, Radio, internet, Medias all, newspapers, satellite, and mobiles send us bad news, wars and killing news from around the world every 24 hours. Much less good and satisfying news is broadcasted. The survey data was then based on following these tools and the speaking of the people daily like war and killing news in Yemen, Syria, Iraq, Afghanistan, and Libya by wild killers and even in America by citizens' guns in the streets, at schools and dance centers. The data were gotten from all this sources through days and weeks and We thought to make a way out of it or explain it to other researchers and wise people to show and put forward a way or method to be skilled efficient to end the said challenges. No better items We think can be found than the tools We said for collecting these kinds of data and information in the world with the best colleges, universities and research centers and with so much knowledge we produce every day and week.

**Results:** The data and information showed that we are faced with a very dangerous world not only for its humankind but for animals and also our living environment. The people are fighting for their rights since it is not given to them properly in their countries by even their rulers, the countries and nations quarrels with their nabours in Asia, Africa, Europe and all around the world. Medias broadcast the killing news from Middle East every hour badly. This can make the world bad and doesn't direct us to peace and a healthy social life or social health. The world is darker every year, clashes and animosity is increasing in every four corners of the world day by day. The crimes is universal and the criminals are spreading and most of them intentionally and supported by the formal rulers so called state terrorism. The crises happened during the recent years was uncounted and destructive vs. good and pleasant events for people seeking peace in their world. As one of the reporting agency "ISNA<sup>1</sup>" has reported in the last recent year (2018) about 140 top reports from around the world many of them had been unfortunately reported badly as negative and unpleasant ones from challenges and clashes between nations and the countries, internal or external (ISNA Report). In 2018, the world also witnessed crises, protests,

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<sup>1</sup> [www.isna.ir](http://www.isna.ir)

clashes, ups and downs. It can be said that most of all under the auspices of the historic visit of the leaders of the United States and North Korea, the murder of Jamal Khoshaghji, the withdrawal of Trump from the agreement and the protest movement of the Zhelta vest in France. (The yellow vests movement or yellow jackets movement is a populist, grassroots political movement for economic justice that began in France in 2018. An online petition posted in May reached 300,000 signatures by mid-October and was followed by regular mass demonstrations beginning on 17 November).

The World's Most Wanted Fugitives list was first published by the U.S. Federal Bureau of Investigation and American publishing and media company Forbes in April 2008 [5]. Forbes debuted yet another list in May 2011, following the death of Osama bin Laden: FBI Most Wanted Terrorists [6].

It is about 8 years that people are killed and fell down as victim by dangerous methods in Syria and Iraq territories. For example in January 20 – Turkey, led by President Recep Tayyip Erdoğan, announces the beginning of a military offensive to capture a portion of northern Syria from Kurdish forces, amidst the ongoing Kurdish–Turkish conflict [7-8]. And in November 27 Ukraine declares martial law after an armed incident in which Russia seized three Ukrainian ships in the disputed Kerch Strait two days earlier [9]. Generally or short and to the point we had 2 world war with a huge population being injured, homeless, and disabled or killed in the world. The 2017-19 Rohingya genocide in Myanmar is another sample that began on 25 August 2017 when the Myanmar military forces and local Buddhist extremists started attacking the Rohingya people and committing atrocities against them in the country's north-west Rakhine state. The atrocities included attacks on Rohingya people and locations, looting and burning down Rohingya villages, mass killing of Rohingya civilians, gang rapes, and other sexual violence [10].

Humans are responsible for causing changes in the existing environment that can hurt animals and plant species. We take up more space on Earth to build homes and cities. Forest plantation is equally threatened by urbanization. We pollute habitats. Human activity often changes or destroys the habitats that plants and animals need to survive and human activities are threatening the existence of forest plantation. If adequate conservation measures are not put in place, the plantation will completely be deforested and degraded in the nearest future [11]. We conclude then that these all bad events and crisis happened is resulted from a factor or actor, who is that? Why He/She or It does it? May there is a problem? The causative factor should be surveyed, defined and analyzed to reach the root and the main cause for solving the problem or stopping it. Generally speaking, we are not faced with a society, a world that it should be, we as human are not living in an admirable humanity and unique world, no social health and no healthy social life is provided such that is and was expected in the era of space rovers, computer, technology, nanotechnology, safer methods of travelling and so many other inventions. It seems that the Quantity and the Quality of the present world don't come together and feel us jokey.

**Discussion:** Then it seems that we have lost many things and the most important we have lost is the core foundation of how and what makes us **Human** meaning frankly that the **humanity** is lost. We have not the ability to stop, think and look deeply at the world around us. Now this is the question, where we go, what is the aim for us in so called the living world? We are proud of standing on the shoulder of knowledge, science and scientist giants and in the era of conquering the space and launching rovers to Mars and much more Kilometers far away where both Voyager 1 and Voyager 2 have reached "Interstellar space" at present and they continue their unique journey through the universe forever. Now there are so many questions unreplied on the Earth, it seems puzzled what the task of us in space is, may some space war called "star war" again. It should be a thing that is alive and capable to make them, then what and how, the animals, fishes, stones or the fairies, or it may be the human, we forgot to put in the list! Chatterjee, 2010, says that though naturalism and cognitivism have often been accused of dehumanizing the humankind by abolishing the fact/value and the nature/culture dichotomies and equating man with machine or animal, the slide down the slippery slope had begun long ago; maybe, when wisdom was replaced by knowledge as the aim of human life [12]. Eliot (1954) claims that; "where is the wisdom we have lost in knowledge and where is the knowledge we have lost in information" [13]?

McDonald (2001) has also stressed on the need for accessing wisdom and points out that most of us have knowledge, but a few of us have got wisdom and we have not reached to wisdom and intellectuality for directing a good and a better life [4]. Chang (2012) believes that transforming knowledge into wisdom at first is based on understanding the difference between knowledge and wisdom, more people as he says have not a deep and proper understanding of the two terms and the difference they have with each other, because they are inherently very close together in meaning. He pointed out that knowledge must be learned and wisdom must be experienced and it is the proper use of knowledge; wisdom creates insight, vision and correct judgment [14]. It seems that wisdom is making a positive impact on life and a life that is not based on wisdom, will not be viable and may collapse soon. To solve the problems and crises confronting humanity today, technology, knowledge and techniques available can be of necessity conditions, but not the sufficient condition [15].

This is the question what is the challenge that we couldn't reach the wisdom through knowledge. Why so many schools, libraries and information centers, books, librarians and information agents, uncounted universities, research centers, scientists and academic degrees couldn't make a good quality of life, where is the social health found? What obstacle is on the way of processing transforming knowledge into wisdom and intellectuality? What is truly going on behind us? What shall we do and when? Social capital is not gained, the good result of knowledge, science and wisdom. We can change our world and if we think that we cannot change the entire world around us, but we can change our own tiny fragment of the world.

**Conclusion:**

We can change and alter the human life by choosing humanity and by good and positive thinking to add the human element and make people understand and forcing them to wish and expect something worth that is 'quality' which is far more important than speed or quantity, wisdom not huge information or knowledge, deep understanding of knowledge results, applying the results not save and only memorize knowledge. We should find the best social capital and gain it for making a healthy social life through information and knowledge hierarchy since information is made from data, knowledge from information and knowledge in accompanying with human experience can make science and then we get to wisdom when and where we will have the wise men not only scientist, men full of knowledge and science that can be so dangerous if not directed well. The proper and positive result of knowledge should be transformed into wisdom and wisdom can be gained through good experiences presented by books, media, wise men, films, tale and stories reading for children from childhood, being infused by teachers, families, radio and TV during a long time little by little. The nations and people should try and used to do it frankly and willingly. The gap of generations should be considered and the elderly and experienced people transfer their positive and more applicational knowledge results to the youths. Wars and clashes between the nations should be considered catastrophic and stopped for saving humanity and the world for ever wisely. The wise men or the men of wisdom should rule the nations and the people based on wisdom and intellectuality resulted in good and logic judgment, intuition, insight, arbitration, self-actualization, social capital such as culture, kindness, group participating, cooperation, forgiveness, effectively functioning of social groups that include such things as interpersonal relationships, a shared sense of identity, a shared understanding, shared norms, shared values, trust, cooperation, humbleness, generosity, tolerance, conscientiousness and sympathy, politeness, reciprocity, abnegation and effort and trying to put the world or even the limit living area around us in peace. It isn't and doesn't seem a utopia and can be put into practice in wisdom not knowledge itself alone. The wise men and intellectuals should be active and not prefer the state of being secluded away from the people and society when and why they are needed and try to transfuse wisdom behaviors and morality through different methods and Medias in which the society culture and behaviors will be changed and improved and this is I think the ultimate goal of all Divine religions and Prophets and their believers and even some non-believers. We should and must have necessary concerns on our living world since it seems that human morality and social cohesion is under threat and being forgotten and circled in danger! In the hope of good days; God will.

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