Impact of the introduction of black raspberries in a standard diet and a western-style diet on colitis and colorectal cancer risk in mice

Daphne Rodriguez, Korry Hintze, Abby Benninghoff

Colorectal Cancer (CAC)



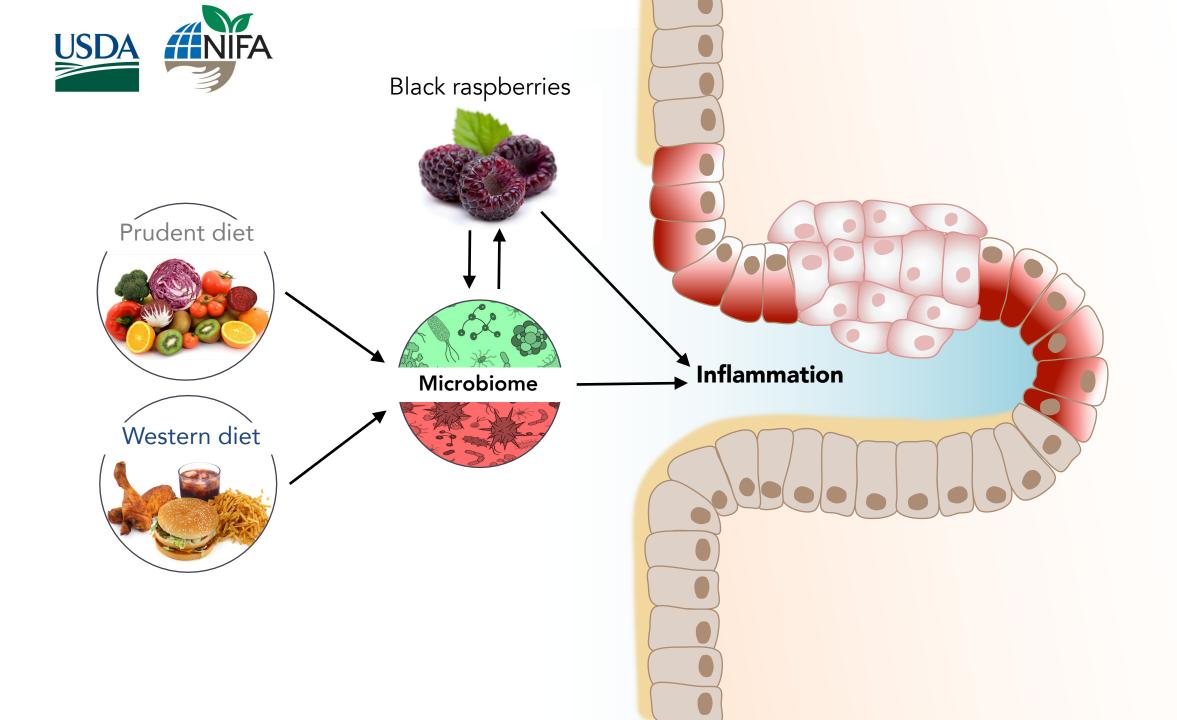
2nd leading cause of cancer death

- 1. 4 Million people suffer from inflammatory bowel disease (IBD).
- IBD is the primary risk of CAC.
- CAC is predicted to be responsible for 51,000 deaths in 2019.

Inflammatory Bowel Disease



- Patients diagnosed with colitis and Crohn's Disease with prolonged colitis are at high risk.
- Overall health cost of more than \$1.7 billion.
- Treatment include anti-inflammatory drugs.
- Intervention studies to reduce colonic inflammation could reduce the progression of CRC including diet.



Total Western Diet for Rodents





 Based on energy density macro and micro nutrient of the 50th percentile intakes reported in NHANES.

 Past studies showed a 2.8-fold increase in tumor outcome in mice fed the TWD.

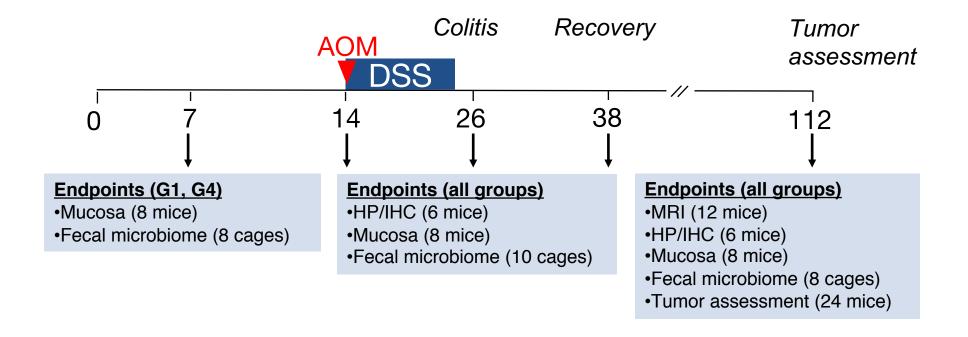
 Reduce inflammation by supplementation of different foods such as black raspberries

OBJECTIVE

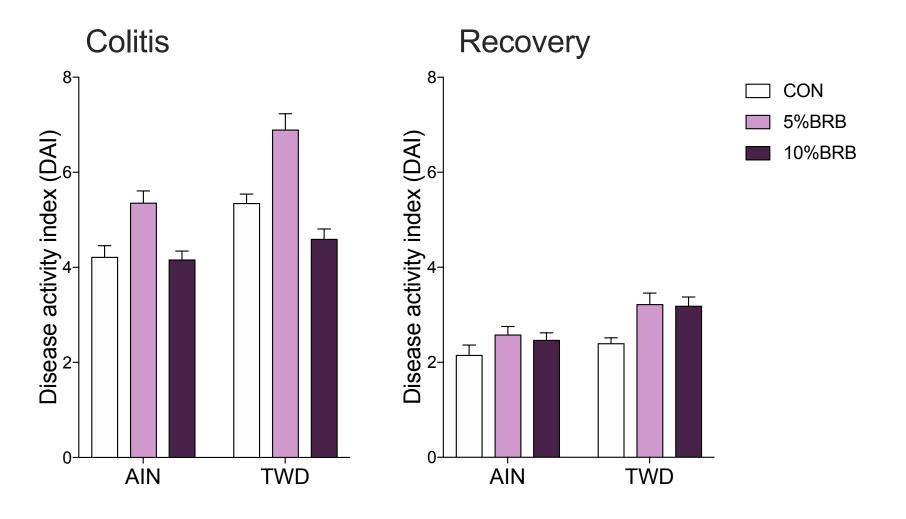
The goal of this study was to compare the efficacy of dietary intervention with whole, freeze-dried black raspberries on colitis and colon tumorigenesis in mice consuming either a standard diet or a Western type diet that emulates typical U.S. nutrient intakes.

Study design

G1 AIN93G	
G2 AIN93G	+5% BRB
G3 AIN93G	+10% BRB
G4 TWD	
G5 TWD	+5% BRB



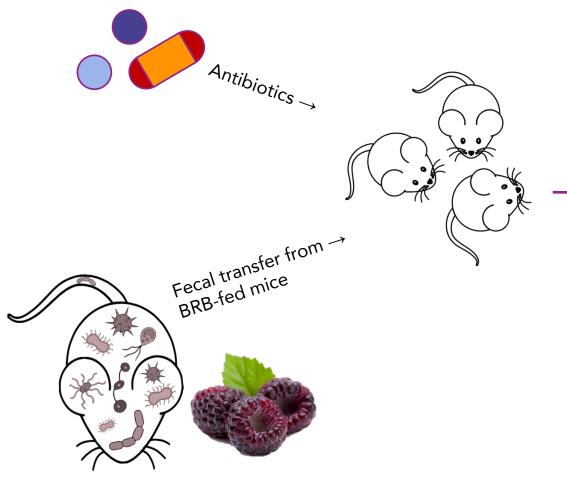
Early results – colitis symptoms



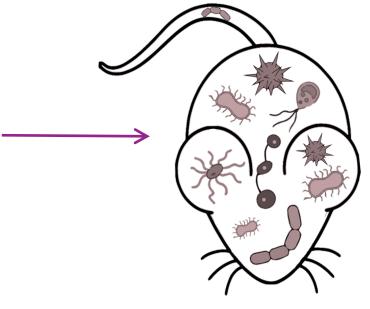
Ongoing Data Analysis

- Body weight gain
- Food intake
- Organ weights
- Tumor outcome
- Microbiome analysis
- Inflammatory Biomarkers
- Gene expression

Future work



Mouse with BRBconditioned gut microbiome



Is the protection by BRB against colitis conferred to recipient mice when the microbiome is transferred?

ACKNOWLEDGEMENTS

- USTAR Applied Nutrition Research,
 Utah State University
- USDA NIFA AFRI grant no.
 2018-67017-27516 and 2014-67017-21755
- Special Thanks to:

Abby Benninghoff Michaela Brubaker

Korry Hintze Elizabeth Park

Kerry Rood Abbey Horrocks

Heloisa Rutigliano Sam Vassar

Aaron Olsen Eliza Owens

Canyon Neal

Sumira Phatak





