

Utah State University

DigitalCommons@USU

---

USU Student Folklore Fieldwork

Student Folklore Fieldwork

---

Fall 11-15-2018

## Muffin Monday's

Kresten Erickson  
krestentek@gmail.com

Follow this and additional works at: [https://digitalcommons.usu.edu/student\\_folklore\\_all](https://digitalcommons.usu.edu/student_folklore_all)

---

### Recommended Citation

Erickson, Kresten, "Muffin Monday's" (2018). *USU Student Folklore Fieldwork*. Paper 376.  
[https://digitalcommons.usu.edu/student\\_folklore\\_all/376](https://digitalcommons.usu.edu/student_folklore_all/376)

This G1: Groups/Social Customs is brought to you for free and open access by the Student Folklore Fieldwork at DigitalCommons@USU. It has been accepted for inclusion in USU Student Folklore Fieldwork by an authorized administrator of DigitalCommons@USU. For more information, please contact [digitalcommons@usu.edu](mailto:digitalcommons@usu.edu).



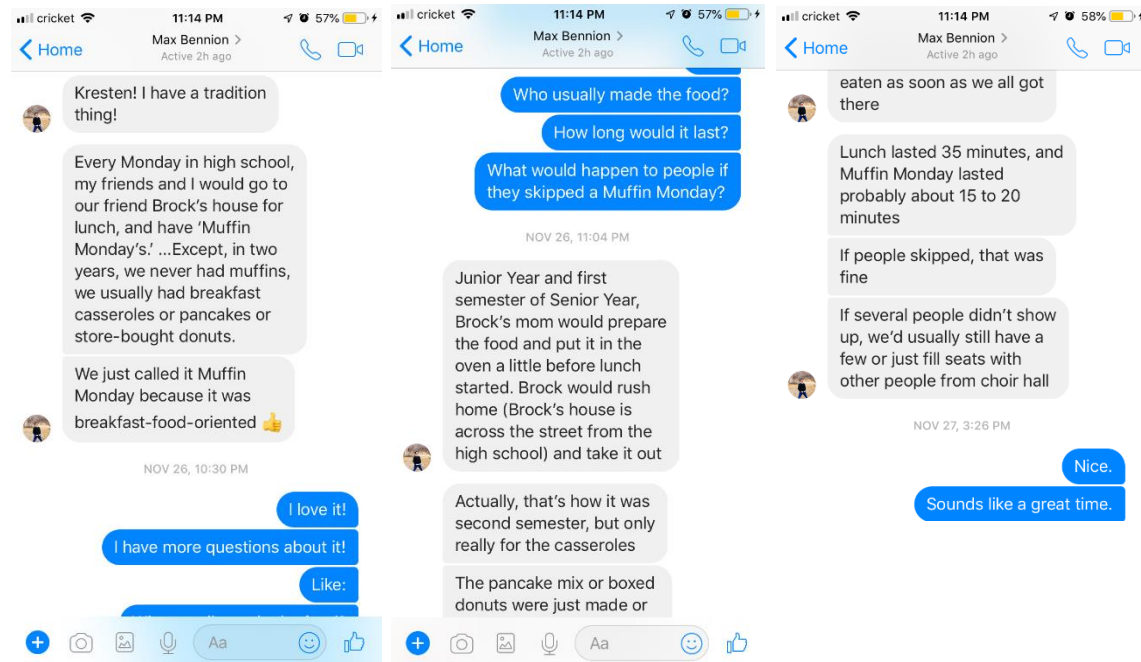
**Title:** Muffin Monday

**Genre:** Calendar Custom

**Informant:** Max Bennion is my brother-in-law. He grew up Payson, UT. He has just recently graduated from high school and is now attending the University of Utah. He is the younger sibling of my wife, Abigail. They have no other siblings. Max is studying Broadcast Journaling, and he is very into writing, acting, film, and television. Max has done a lot of acting in his life, and he loves to share stories, act things out, and use his imagination. Max would often come up with various names for his groups of friends, and he loves looking for things that would bind people together

**Context:** Max directly messaged me through Facebook Messenger after I posted on Facebook asking for my friends to share various food related traditions with me. He shared the initial concept of “Muffin Monday’s,” and a while later I messaged him back with some follow up questions. Max was a part of this tradition while he was in high school. Max had very tight knit group of friends while he attended Payson High School. They would observe this tradition during the short lunch break that they had during school, and they would go across the street to a friend’s house to eat whatever food their friend’s mom would make for them. Apparently, they never actually had muffins.

**Text:**



**Texture:** Max seemed really excited to talk about this tradition. After I initially posted on Facebook he was the only one that directly messaged me about his tradition rather than just commenting on my post. Max and I talk quite a bit together online, and so this conversation felt very natural. Max really likes to talk, and he loves to share stories, so it was easy to have him share about this tradition of his. He hasn't stayed super well connected with a lot of his high school friends since he graduated, so I was happy to see that he still was thinking back fondly on memories with them.

Kresten Erickson  
Utah State University  
Intro to Folklore  
Dr. Lynne S. McNeill  
Fall 2018