# An assessment of the effectiveness of a kindergarten day care parent education program on the development of parents' problem solving abilities. 

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# AN ASSESSMENT OF THE EFFECTIVENESS OF A KINDERGARTEN DAY CARE PARENT EDUCATION PROGRAM ON THE DEVELOPMENT OF PARENTS' PROBLEM SOLVING ABILITIES 

A Dissertation Presented
By
LUCILE H. LAYTON

Submitted to the Graduate School of the University of Massachusetts in partial fulfillment of the requirements for the degree of

DOCTOR OF EDUCATION
September 1978
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AN ASSESSMENT OF THE EFFECTIVENESS OF A KINDERGARTEN DAY CARE PARENT EDUCATION PROGRAM ON THE DEVELOPMENT OF PARENTS" PROBLEM SOLVING ABILITIES

## A Dissertation Presented

## By

## LUCILE HEACOCK LAYTON



DEDICATION

To the memory of my father, Rev. Roland Tillman Heacock, a scholar and humanitarian; and to my mother,

Lucile LaCour Heacock.

## ACKNOWLEDGEMENTS

Many people have assisted me in gaining my doctorate and in completing this dissertation. First, I wish to recognize and thank my Dissertation Committee, whose intellectual guidance and steadfast faith led me so capably to the achievement of this goal.

To Dr. David Day, the Chairman of my Committee, whose leadership, encouragement and direction facilitated the development.

To Dr. Irene Nystrom, committee member, who contributed so much to this study in terms of technical acumen and creativity, and whose friendship, support, and relentless efforts in my behalf at the Day Care Center, I deeply value.

To Dr. Dalton Jones, who served as my "outside member" and whose brilliant mind and infectious spirit and friendship over the years of working on this doctorate helped me towards a clearer understanding of the parents and children involved in this program.

To Dr. Kenneth Washington, who served as Chairman of my Committee during the writing of my position paper and qualifying examination and who set the tone for me of hard work and dilligence in the pursuit of this goal.

And last, and most important, to my children, Deborah, Marshall, Morris, Timothy and Alyssa, who shared their mother for so long with the dream of accomplishing this goal. To my sister, Joan, who facilitated the last leg of this journey with her skillful assistance and encouragement and to all my friends who have shared this dream with me.

## A B S TRACT

An Assessment of the Effectiveness of a Kindergarten Day Care Parent Education Program on the Development
of Parents' Problem Solving Abilities
B.A., Willimantic State College, 1966
M.A., American International College, 1971

Ed.D., University of Massachusetts
Directed by: Dr. David E. Day

A most important issue in early childhood education today is the effectiveness of parent education as a part of the preschool programs. Several university sponsored research projects, concentrating on parent intervention as components of group preschool programs, or as separate home-based projects, have had varying success in raising children's IQ scores. Those programs which involved parents and trained them to become the major intervention agent have proven to be the most beneficial to both participating children and parents.

Day care programs present special problems for the operation of parent training. This is due primarily to the fact that parents whose children qualify for federally funded Title XX Day Care must not only be economically low income, but must also be employed or attending school full time.

This research study attempted to structure an educational training program for parents whose children attended a kindergarten class in a day care center; all were working or attending school.

Nineteen of the twenty-four eligible parents, responded to mailed questionnaires and needs assessments, and indicated their in participating in an educational training program.

The focus of the four month training program was upon the development of problem solving abilities of both parents and children through the acquisition of seven specific behavioral objectives. Two important and unique features of the program were that it was held at the day care center site, utilizing the facilities and staff and in addition, the curriculum was based on increasing cognitive abilities that were characteristic of all young children, rather than a curriculum designed to alleviate deficits presumed to be prevalent in all low socio-economic families.

Only six of the original nineteen parents completed the full training. The post-training assessments revealed that all six mothers and children displayed significant improvement in their problemsolving behavior. However, an important issue became why two-thirds of the parents failed to complete the full training while the other one-third were able to do so. A telephone interview was conducted to ascertain the reason. An analysis of this data plus information gleaned from the demographic survey of these parents revealed that those who failed to complete the program were for the most part single mothers who were heads of households and were on the lower end of the economic disadvantaged scale, in terms of incomes. Results also showed that even though the training format and curriculum content had proven to be effective, it was not appropriate for all parents.

The conclusion was drawn that some parents, particularly single mothers who were heads of households and functioning on incomes at or below the poverty level, often could not cope with any added responsibilities and strains in their daily lives. Consequently, they were unable to complete the entire training program even though they had indicated interest.

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## C.H A P TER I <br> INTRODUCTION

One of the most significant contributions made in the field of education during the decade of the 1960's was the proliferation of early childhood programs financed by the federal government. These programs were specifically designed for young children of the nation's poor, predominantly those of racial and ethnic minorities. The whole push to educate the economically disadvantaged was part of President Lyndon Johnson's "War on Poverty Program," which was institutionalized by the Economic Opportunity Act of 1964. Under that act, thousands of poor children from across the nation were enrolled in federally funded pre-school intervention programs called Head Start.

The arguments leading to the establishment of Head Start and other pre-school education programs came from a number of outstanding educators and psychologists. Among them were Benjamin Bloom (1964) and J. McVicker Hunt (1961). Their arguments addressed the importance of early experience in a child's development, especially cognitive development. Bloom further hypothesized that for "extremes in environment, there were clear cut differences in the level of intelligence reached by children, but that their $I Q$, which was depressed because of negative environment, could be raised if placed in the proper educational environment." (p. 68)

The conceptions of the role of the family and of early experience was not new, but they gained momentum during the 1960's. A strong argument developed for parent participation in early education programs. It was contended that a child's early experiences affects subsequent intellectual growth and educational achievement. Children who grow up in homes disadvantaged by racial discrimination and poverty are likely to have a deficit of experiences presumed to be essential to academic achievement in public school (Deutsch, 1964; Hunt, 1961). It was further theorized that this deficit which was perceived to be a consequence of the family and community became cummulative during the pre-school and elementary school years. Therefore, it was felt that intervention should involve parents in order to assist them in providing a more adequate educational environment for their young children.

Parent involvement in compensatory programs is a complex concept, both in theory and in practice. It covers a range of participatory forms-from parents as paid paraprofessionals, parents as recipients of skill training, tutors of their own children, and parents as advisors or decision-makers for school programs and day care centers.

However, there are relatively few programs for parents who have children enrolled in full day care and who are working or attending school on a full time basis. Most educational programs have been for parents residing in homes. In addition, the majority of training programs for parents have had objectives based on the deficit argument, for example, increasing children's language and
cognitive skills for better public school performance. There have been few programs with the objective of increasing children's problem solving behaviors, which are based on developmental patterns characteristic of most children.

This research study will concentrate upon the involvement of parents of children in full day care programs and will evaluate the effects of a training and education program founded on problem solving behaviors.

The focus on children's problem solving behaviors was selected because it is developmentally based and because these behaviors encompassed the specific concerns raised by parents in a needs assessment that was conducted prior to the study.

## Purpose of the Study

The purpose of this research project was to assess the effectiveness of a kindergarten day care parent education program on the development of parent's problem solving abilities. The participants were low-income working and welfare parents whose children attended a kindergarten class in a large state-funded day care center in Springfield, Massachusetts.

## Importance of the Study

The importance of this study lies in the fact that it deals with a population upon which only a limited number of studies have been made regarding parent education. The population is income eligible parents whose children attend day care programs which are funded by state and federal monies. Day care presents special problems
for the operation of parent training programs due primarily to the fact that these parents are bound by rigid eligibility requirements that specify that they have to be working towards self-sufficiency and/or self-support through either employment or school. As a consequence, parents who may wish to be involved more in their child's schooling or perhaps their own personal growth and development are hampered by restraints upon their time and energy because they are employed or going to school.

Another important aspect of the study is the curriculum which is based on utilizing and increasing cognitive abilities that are characteristic for most young children rather than a curriculum of activities designed to make-up deficits that are assumed to be prevalent in low socio-economic families.

## Objectives of Study

The major goal of the research was to assist parents and their children in the development of problem solving abilities through the acquisition of seven specific behavioral objectives. They are as follows:

1. Parents and children will increase their observational skills.
2. Parents and children will learn to ask new and different kinds of questions.
3. Parents and children will use language behaviors for relating, comparing and organizing objects and events.
4. Parents and children will increase their skills to relate
and compare things and events in their daily environments by solving problems.
5. Parents and children will learn to better understand each other's perspective and way of viewing a problem situation.
6. Parents and children will learn to make better choices on the basis of concrete evidence.
7. Parents and children will learn to consider alternative answers and solutions to problems.

## Summary of Behavioral Objectives

Parents were encouraged to view problem solving behaviors for themselves and their children as an important aspect of education. A beginning emphasis on problem solving began with the awareness that the senses-sight, touch, taste and smell-can bring them and their child new information about the world. They also were helped to see that the more the different senses are developed and used, the more information is obtained. They became aware of the possibility that for a child under eight the use of physical actions and of observing and listening could be as important for constructing knowledge as the use of language.

The seven behavioral goals were based on the knowledge that children of kindergarten age want to initiate activities, to explore, to discover the relationships in their environments and to use the this knowledge in constructing further knowledge. They, as parents, were encouraged to support children's curiosity by allowing them to utilize their need to manipulate, smell, taste and look at whatever
is around them. Parents were also encouraged to probe and discover what was in their environments and how objects and events were related for solving problems. They were also encouraged to increase the number of meaningful experiences they had with their children. Parents were shown that many of the interactions which they initiate with their children can promote problem solving behavior by creating a conflict or problem and that an effective means for solving the conflict is how they phrase and ask questions.

Another important behavioral goal which parents and children worked towards internalizing was thinking how things related by comparing them with what they already know or with new things and noting similarities and differences. These processes helped parents and children become aware of knowledge as an understanding of relationships. For example, a child was helped to learn the concept of volume by playing with measuring cups and observing and feeling that the one measuring cup is large because it holds more, and that another cup is smaller since it holds less. By playing with different size containers, the child discovers that the "biggest" cup can't always be called the "biggest," for when comparing it to another that holds more but looks less, the original cup is not the "biggest."

Parents also learned that problem solving was facilitated if the child could think of differences in points of view. Young children often consider something only from their point of view or perspective and not what others may perceive or think. It was important to understand that this behavior on the part of five and six year olds is common and with additional time and more experiences they will

# begin to coordinate their own perspectives with what others are thinking and may be perceiving, and then information. 

## Design of the Study

The educational training program for parents of kindergarten students in a day care center was unique because of the following features:

1. Training took place in the kindergarten classroom at times designated by the parents as convenient to their work schedule, during the noon hour, in the afternoon, and in the evening. The classes were approximately one and one-half to two hours long.
2. The trainers were members of the day care staff. Learning centers were areas of the kindergarten classroom which included the block corner, art and science area, library and reading readiness center.
3. Upon completion of three weeks of classes, there was a follow-up period lasting three months. This included monthly home visits made by the trainer to observe parental use of the curriculum guide with their children.
4. The curriculum and teaching methods were designed towards the development of the seven problem solving behaviors.

The assumption directing this study was that parents' participation in the educational program would increase their problem solving behaviors and their children's problem solving behavior and that these behaviors would be observable as described by the seven problem solving behavioral objectives. This assumption was to be tested.

## Limitations of the Study

1. One practical limitation of this study was that there was no control group with which to compare any changes which might have been brought about through the training program.
2. Another limitation was that if the training program (treatment) was successful, the results would not show what aspect of the program was most responsible.
3. A further limitation was that one can only generalize the findings on groups that are similar to the population described in this study.

## Definitions of Terms

Parent Training. - (For this study). The development of problem solving abilities through the implementation of the seven problem solving behaviors.

Problem Solving.-The perception of conflict and the process of recognizing the relationships between the elements of a conflicting situation and alternatives for resolution of the conflict.

Full Day Care. - The care of a number of children away from their homes for more than four hours of the day. In this study, the term will refer to children cared for in a day care center for seven or more hours, while their parents are working or in school. Children are given educational, nutritional and health care while in attendance.

## Rationale for Post Training Telephone Interview

During the three month phase of the training program, between the initial one-month group training classes and the end of the evaluation period, six mothers out of the nineteen that completed the pre-assessment and the three weekly training classes were unable to complete their participation in the program. In addition, seven parents did not participate in the end of the training assessment sessions. Thus, there was a lack of post-training data on thirteen of the nineteen parents. Due to this condition, it was decided to follow-up these thirteen families with a telephone interview questionnaire to determine the reasons for their non-participation. It was felt that this information would be useful to analyze in relation to the data from the six parents that successfully completed the study.

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                        CHAPTER I I
            REVIEW OF THE LITERATURE
                            An important issue in early childhood education today is the
nature of parent education and training programs. This chapter, the Review of the Literature, will examine such fundamental concerns as:
1. The interactions which transpire between parents and children which influence their cognitive, social and emotional development.
2. The ability of families to meet their child care functions and to provide for growth and development of their chidren.
3. The effectiveness of selected parent intervention programs for improving the pre-school child's school performance and achievement.
4. The need for parent education for parents of children enrolled in day care programs.
5. The need for programs that incorporate general developmental trends in children.
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Parental Behavior and Its Effect on the Child
While it has been obvious for some time that parents greatly affected their children's development, it is not clear just what aspects of that interaction between the parent and child are relevant for understanding parental influences on cognitive and emotional development
of young children. However, knowledge of parental influence on early development, especially that which is pertinent to the day care population, has helped to provide a basis for planning and practice in day care facilities and home-based programs.

Over the years, there have been many studies made, the results of which suggest that there are global clusters of parental (mostly maternal) behavior which affect children's educational capabilities as well as their affective and social development.

Researchers, Rosen and D'Andrade (1959), Crandall et al., (1960) and Chance (1961), found that the manner in which mothers respond towards their children, as well as their interaction patterns with them has a great deal to do with the child's achievement level in school. These studies also suggest that parents who train their children from an early age to be independent in thinking and acting, while supporting their needs for emotional dependence, help that child develop the independence necessary for school success and have children who are high achievers.

There has also been evidence from observations and parental reports which show that maternal warmth, high emotional involvement and interaction and general parental interest, are positively associated with children's achievement (Milner, 1951; Rosen, D'Andrade, 1959; Bing, 1963; Baumrind and Black, 1967; Slaughter, 1968; Solomon et al., 1969).

Slaughter's study did show that low income Black mothers as compared with middle-class Black mothers may accompany their warmth and support for the child with negative attitudes towards both teacher
and school (Slaughter, 1968). On the negative side of the picture, parents who over-indulge, over-protect, and actually display an intrusiveness in the lives of their children, cause a lowering of reading and IQ scores after the child reaches four years of age (Stewart, 1950; Bayley and Shaeffer, 1964).

Bronfenbrenner (1958) suggested that middle class mothers differ from working class mothers in their acceptance of their children's behavior. Middle class mothers were more democratic and responsive to the child's feelings, whereas, working class mothers were concerned with external standards of conduct and adherence to community norms. Other studies of parental behavior and its effect on children were done by Baldwin, Kalhorn and Bresse (1945). These studies supported the fact that children who were high achievers had parents who treated them warmly and provided them with emotional support and encouragement. Then in 1968, Bronfenbrenner's review led him to conclude that there was a particular way that parents and children interacted which enhanced the child's psychological development. He believed that the key element in the early years was the involvement of the parent and child in verbal interaction around a cognitively challenging task.

Just as Bronfenbrenner and other psychologists felt that certain patterns of interaction in the home can shape children's psychological development, other researchers were noting the manner in which parental behavior affected a child's cognitive development.

In studies by Watts, Barnett and Harfar (1973), and White, Watts, Barnett, Kaban, Marmor and Shapiro (1973), it was noted that
the major difference in the human interaction experienced by welldeveloping children and less developing children was that the mothers of the former group spent much more time directly participating in their intellectually valuable experiences than did the mother of the latter group, although both mothers employed many techniques to participate in their children's experience, including teaching, helping, entertaining, conversing and simply sharing in the activity like a playmate. However, mothers of intellectually wellsdeveloping children were much more selective in their participation of their child's intellectual experience; while mothers of less well=developing children were more likely to become involved in socio-physical experiences like "rough-housing" and "play-fighting."

An additional relationship between parental behavior and its effect on children is evident in a number of studies. Parents' expectations, attitudes and values influence their children's behavior, and formation of the children's own expectations, attitudes and values. It has been found that mothers who have high aspirations for their children and who put pressure on them for school achievement, influence the child's motivation to achieve (Rosen and D'Andrade, 1959; Bing, 1963; Wolf, 1964). In addition, when mothers expressed satisfaction with their child's level of achievement, it reinforced their further achievement efforts (Rosen and D'Andrade, 1959). Several studies have also shown that low income mothers value achievement highly (Mannino, 1962; Coleman, 1966; Hess et al., 1968). However, there are indications that many Black mothers and probably those of other ethnic minorities feel a sense of powerlessness regarding their
ability to help their children achieve in school (Kamii and Radin, 1967; Hess et al., 1968; Slaughter, 1970).

## Conclusions

Parent Intervention programs like the ones discussed show that the attitudes and behavior of the mothers toward themselves and their children are capable of improving. In fact, the benefits of these programs not only flow to the target child but also to the other children in the family and in the neighborhood as well. Programs which have attained the most success have incorporated both home visits and group meetings.

Two of the most successful mother intervention projects were based upon the principle that the "psychological development of the young child is enhanced through his involvement in progressively more complex, enduring patterns of reciprocal, contingent interaction with persons with whom he has established a mutual and enduring emotional attachment" (Bronferbrenner, 1967a).

## The Ability of Families to Meet Their Child Care Functions and to Provide for Their

 Children's Growth and DevelopmentThe family is the primary and most fundamental influence on the lives of children. It acts as the mechanism for delivering to young children the educational and developmental stimuli which will shape their later lives. However, not all families are able to adequately fulfill their child-rearing functions.

In 1976, the National Council of Organizations for Children and Youth published a fact book called Bicentennial Assessment on the Status of America's Children (1976). Statistical data quoted was based on 1974 census figures and concerned changes in the American family structure, children in poverty, child health problems, child care needs as well as federal program serving children.

Statistics given showed that in 1974 more than 17.6 million children lived in families with incomes of less than the True Poverty Standard of $\$ 7500$ per year. Of those, about 5.5 million were under the age of six years of age (Census, 1974). It was also found that certain groups of children were more likely to be members of poor families. Those were: children in families headed by women-51.5 percent were living below the official poverty level. Others were large families, less educated families, rural and southern families, and minority families. In 1974, children in Black families were $3 \frac{1}{2}$ times as likely to be officially poor as were white children.

## Selected Government Programs for Children

There are a number of federal programs which attempt to alleviate the conditions of poverty by providing funds that can be used to support services to young children and their families. Those which most benefit children, in the form of cash to families are: Aid to Families with Dependent Children (AFDC), Unemployment Compensation, and Social Security Survivor or Disability Benefits, Supplemental Security Income and Veterans Benefits. Those of most benefit to children in the form of inkind assistance are: Food stamps, Title I Educational Programs and Head Start.

Child Health programs like Medicaid and the EPSDT-Early and Periodic Screening Diagnosis and Treatment-assist millions of low income children and families needing medical treatment and services. Maternal and child health programs provide services to low income mothers and children in an attempt to reduce infant mortality. The school lunch program is one of the most important and comprehensive nutrition programs for children. In 1975, 1.9 million students in 89,000 schools received either free lunches or lunches at a reduced rate. In addition, there was also a School Breakfast Program and Special Food Service Program for low income and handicapped children in day care and other non-residential settings.

## Need for Day Care Services

Imperative to the needs of mothers-poor working and single mothers-and equally important to the developmental needs of children in most families, are quality day care services, either in the home or a center. In fact, there are families of adequate economic means who have two parents in the home but who still may wish for at least a few hours of day care where their children can meet and interact with other pre-school youngsters to learn about the world around them and develop their skills. More important, those families, who for economic or family reasons, cannot care for their children all or part of the day must have viable choices of child care services. The quality of the day care service, where many children have to spend a major part of their lives, is a vital concern to state and federal 1icensing agencies (HEW, 1974).

According to a national study, Windows on Day Care (1972), three-fifths of all centers reviewed nationwide were of fair or poor quality. The problem of quality is not, however, unique only to the day care centers used by poor people. However, poor children's home environment is often characterized by densely crowded, dilapidated structures with inadequate and unsanitary conditions. The question arises of how these families, living in the extremes of poverty, can be helped to educate and rear their children adequately.

## Radical Intervention

One program which attempted to reach families with children living under these circumstances and assist them towards normal development was the Milwaukee Project (Heber et al., 1972). The goal of this intervention was the removal of the child from his home with subsequent placement into a more growth producing environment (Rehabilitation of Families at Risk for Mental Retardation [Heber, 1971]). The population consisted of forty Black mothers and their infants living in a depressed area of Milwaukee. The intervention began when the child was three months of age. At that time, he/she was placed under the care of a highly trained teacher who was responsible for the child's total care. Each child remained in the home until his mother was sufficiently confident in the teacher to allow her child to go to a center. From the time the child entered the home until he was twelve to fifteen months old, he had one primary caregiver. As the child aged, the adult/child ratio increased, until at the age of two years to five years, there was a three to one ratio of children to adults. There was an educational program for infants and mothers
which was characterized by the creation of an "enduring one to one relationship which involved a reciprocal interaction around interesting and challenging activities." The teacher remained the primary agent of the intervention. Group experiences were introduced which emphasized both language and structured cognitive activities. Mothers were given job training, as nurses aids and the like, in order to raise their employment potential.

At twelve months, the children's mean IQ was raised from 75 or less to just under 115. By two years of age, the experimental group's IQ had risen to 120 . In respect to statistics and $I Q$, the program was a success. There was little doubt, that the program would continue to succeed as long as intervention lasted.

However, two questions remained. When intervention ended, what would happen to the gains? Was it likely that children would retain their superior levels of cognitive development when they returned to their communities? And what of the children's identity formation in relation to their families and other children in the neighborhood from whom they had been removed?

The Milwaukee Project was a radical form of intervention which completely changed the child's deprived environment and substituted for it a middle-class environment. It also delegated primary responsibility for the child's development to others completely alien to the child's family. In addition, it was impractical for implementation, and in reality destructive to the family unit, for it did not allow the family to develop the necessary prerequisites to sustain itself or the growth of its members.

Bronfenbrenner (1974) believed that by providing certain systems of support of families, so that they perform their child rearing tasks-proper nutrition, health, employment, housing and educationpoor families would not need special intervention programs any more than do middle class families.

## Ecological Intervention

Another well known study which made a radical change or reorganization of the environment in which children were living was the famous Skeels Experiment (1938) of thirty years ago. The children were orphans residing in an orphanage. They were removed and placed in an institutional ward for mentally retarded adults. The retarded women were each assigned a child for whom they were principally responsible. The experimental group of children were cared for by these attendants and older girls who spent an appreciable amount of time with "the children playing, talking and training them." The children's IQ was raised 28 points-from 14 to 92 . IQ's of other children in the control group, who remained in the orphanage, dropped 26 points.

The factors that existed in the Skeels Experiment were somewhat the same as those in successful intervention programs (Levenstein, 1970; Karnes, 1972, 1970)-the development of a warm, emotional relationship which evolved between mother and child where the mother gives and receives responses from the child (Levenstein, 1970).

Effectiveness of Selected Parent Intervention Programs
In 1970, Gray contrasted a pre-school program with a program which taught mothers to support and foster the development of their children. He found that the parent-intervention program in the home showed equal effectiveness as the pre-school program. In addition, its costs were lower and it allowed vertical diffusion to younger children in families as well as horizontal diffusion through the neighborhood. The results from Gray's study suggest that a home parent education program that teaches mothers to teach their own children could be either a supplement or an alternative to a preschool program.

Other studies of parents being trained as educators were made by Weikart and Lambie (1969) and Gordon who used paraprofessionals as parent educators to teach parents specific activities to be used with infants during the first year of their lives.

Investigators, Gilmer (1969), McCarthy (1968), Levenstein (1969), Karnes et al. (1969), noted positive effects on parents' attitudes about themselves as well as increased IQ scores on their children. These studies have shown that parent behavioral changes can affect their young children's behavior. Although it is not clear how these effects come about, it is felt that good effects are more likely to result when training and involvement are intensive and when both the parents and the children's needs are met.

An increasing number of researchers have concentrated upon the study of programs to foster intellectual development of children through parents' training. Klaus and Gray (1968) utilized home
visitors to actively engage parents in the education of their children as a supplement for a pre-school program. Significant difference was found in the experimental and the control group. Experimental group families showed rapid development, however, it was not known the long range effects or whether home stimulation would be sufficient to maintain development without continued support.

## Verbal Interaction Project

The Levenstein model, The Verbal Interaction Project, Levenstein (1972, 1970), took place in the Suburban Long Island Community of Mineola. It had for its experimental group predominately Black infants two to three years of age.

The parents represented the upper level of economic disadvantage, with only twenty-five percent of the families on the welfare lists. In fact, the educational level was rather high for an economically disadvantaged group, eleventh graders. The nature of the intervention was semi-weekly visits to the homes by a trained paraprofessional called "a Toy Demonstrator," her job was to stimulate interaction between the child and the mother using a kit of toys and books which she brought with her. These items were chosen for their verbal, perceptual, conceptual, and motor stimulus properties and were of increasing complexity. These materials used were referred to as Verbal Interaction Stimulus Materials (VISM). During each training session, the demonstrator emphasized the importance of mother/child play interaction and verbalization.

The process through which the Levenstein approach achieved substantial increase in IQ was based upon the development of warm reciprocal verbal relationship between mother and child. It was this process of the two person system, not emphasis on the child alone, which sustained and fostered the child's growth. Since the participants remained together even after the intervention program ceased, the momentum continued reinforcing itself. Parent involvement in the child's learning was primary and the emphasis was on the role of parent as the teacher; the Toy Demonstrator was secondary. Levenstein's instructions to the home visitor was as follows:

Treat the mother as a colleague in a joint endeavor in behalf of the child. Share your verbal stimulation techniques with her by demonstrating them in play with her child; then draw her into your play and take a secondary role as soon as you can while she repeats and elaborates what she has seen you do. Encourage her to read and play with the child between Home Sessions. Keep constantly in mind that the child's primary and continuing educational relationship is with his mother; do all you can to enhance that relationship. (Levenstein, 1970a, p. 429)

Certain specific factors contributed to the population of children in Levensteins' study to make and maintain IQ gains. One factor was the warm, emotional relationship which evolved between the mother and child, especially those which were around verbally challenging activities.

Perhaps another reason for her success was due to her procedures for selecting her participants. It is not known how carefully her screening process was for the participating parents; however, it is known that they were not a severely deprived population.

Dr. Merle Karnes, set up a series of programs for disadvantaged mothers in Urbana, Illinois in 1970. She employed a variety of intervention strategies similar to Levenstein's as far as home visits were concerned. In her attempts to motivate mother's enthusiasm; Karnes experimented with several unique techniques which included: paying mothers a stipend of $\$ 1.50$ per hour to attend the meetings and to furnish transportation. Mothers who attended the program were given eleven educational toys designed to create opportunities for verbal development. In addition, they were given recognition by the home demonstrators as being vitally important members of the intellectual team.

In another study, Karnes (1970), and her colleagues sought to learn if there were any factors in the children's background which influenced their capacity to profit from home-based intervention. They noted that in their study mothers who worked full time showed markedly lower test scores and measures of performance in program activities. In addition, these mothers had poorer attendance at weekly meetings and received low ratings on the quality of the motherchild interaction observed during home visits.

Taking these findings into account when assessing the consistently inferior pattern of response exhibited by both mother and child in families where mothers were employed, Karnes stated:

It seems fair to conclude that in spite of verbal support of the parent training program, the six mothers who were fully employed did not have the time or the energy to implement program goals. In general mothers employed on a full time basis outside the home cannot
effectively participate and their children may be better served through day care placement. (Karnes, p. 260-261).

Karnes! conclusions regarding the negative effect of working parents on the child's achievement may not be completely valid for she is drawing on a small number of cases-six-and from an extremely disadvantaged population. Perhaps in a less disadvantaged group, like Levenstein's, the negative effects of full time employment would be minimal.

Additionally, although there seems to be some validity in Karnes' conclusions, it should be mentioned that from the author's experience, working parents often seem to be more highly motivated towards improving the overall circumstances of the family. They seem to want what is best for children's growth and development; however, a long intensive and extensive parent intervention program may not be what can realistically fit into their busy schedules. A less structured type of parent education program might have proven more successful.

Some federally sponsored programs have shown that the following characteristics seem important in order to help families meet their child care functions and to provide for their more optimum development. Of especial importance in parent/education programs are the following characteristics found in Karnes, Levenstein and Gordon's Projects:

1. Frequent home visits in which parents and children are encouraged through example and with the aid of appropriate materials to engage in discussions around tasks which are progressively more difficult in order to stimulate the child's cognitive functioning.
2. The parent's status as the primary agent of intervention is given support, for intervention programs which place the parent in a subordinate role is counter-productive.
3. All members of the family can be involved in parent intervention programs. In this way vertical diffusion to younger children can be maximized, and older members too can participate as agents of intervention.

## The Need for Parent Education for Parent's Enrolled in Day Care Centers

The concept of assisting parents to learn to employ specific techniques which could help raise their children's IQ and over-all development has been the goal of both group pre-school programs with parent intervention components and home-based programs (Gordon, 1972, 1973; Levenstein, 1972; Karnes, 1968; Karnes et al, 1969).

However, day care programs are unique and offer problems to any effort to provide parent training classes. Perhaps what is needed is a less structured form of parent education offered in the day care center setting. Parents could be encouraged to discuss the development of their child with the staff and should be permitted whenever possible to parțicipate in the program and observe their child at work and play in the center. In this manner, parents who are employed, going to school or need day care for reasons of their own or their children's inability to cope with pressures, could do so and still be given some assistance in helping to raise their children.

## The Need for Programs Which Support the <br> Developmental Trends in Children

One major belief permeating the philosophy and planning of most programs for children is that the welfare of children can best be met by combining comprehensive services which they need-health, nutritional, social, psychological and educational. If infants and young children are to be truly served, concern for their welfare, health and education must be translated into services for the entire family.

In the context of curriculum for early development programs, the physical, emotional and social needs are the same regardless of the family. However, the ways in which these needs can best be met will vary according to the population being served. The early development programs are founded on beliefs and assumptions about the nature of childhood, and about the developmental processes that are particularly basic and relevant for optimum growth and behavior of young children (Dowley \& Bromwich, 1972).

A program's effectiveness depends on how appropriate it is to the child's developmental level and whether or not the experiences it provides will supplement rather than duplicate those he is receiving elsewhere. It is necessary, as Nicholas Awastasiow notes, to match the Early Child Development Programs to the childbearing practices of the family and the child's level of development, in this way he maintains that the probability that learning will take place will be maximized. Additionally, program developers should look at day care within the context of the kinds of services children need to grow and develop. Careful and thoughtful attention should be given to where
the child is coming from and what his requirements are for optimum growth. Georgia McMurray (1976) in discussing day care program planning believes that a major obstacle to effective programming is its lack on continuity and future orientation.

We talk about day care in isolation, as if it is unrelated to elementary and higher levels of education, health and social services. Instead we seem to operate very narrowly, programming our day care and early childhood programs in accordance with current day-today activities. (p. 27)

She maintains that this makes the plans for such programs restrictive and narrow in scope.

We must find a way to refocus attention on a longitudinal, developmental approach to early childhood programming. We need to take a good long and close look at what we're doing and determine whether the program is taking the child anywhere in relation to both his past and future.

In this respect any program planning for young children must consider the real and significant differences among children from different ethnic, cultural and economic groups. The values which the group holds must be supported. Bruner reminds us, however, that it is essential to remember that there are stages in development regardless of individual or cultural conditions that move forward. That "there is a universality of human culture, which is observable in all society and classes of children. They are: curiosity, play, playfulness, and anticipation" (Bruner, 1970). The fostering of these characteristics should be incorporated in planning programs for children in all developmental levels.

Over a decade ago, J. McVickers Hunt (1961) posed the problem of the match in describing the connection between the child's intellectual organization and the teaching environment. Thus, giving importance to educational programs which support the developmental trend in children.

## SUMMARY

Accumulating evidence suggests that parents have a great amount of influence upon the behavior and development of their children, especially their cognitive and academic achievement. Also, programs which teach parents skills in educating their children can be effective supplements or alternatives to pre-school education. However, the pervasive conditions of poverty under which more than 17 million children in America exist, does not allow their families to provide adequately for their development. This condition as well as the fact that more than $6 \frac{1}{2}$ million children under the age of six have mothers who work or study full-time mandates the need for more comprehensive and developmental day care programs.

Parent education and other supportive systems for family care should be a part of the day care center program, but this system must be flexible and include a variety of arrangements geared to variable schedules and needs of parents. In addition to meeting these needs the program should account for the general development trends in children in order to make the curriculum meaningful and helpful for the total life of the child.

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CHAPTER I I I
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## Procedures

This chapter contains a detailed discussion of the procedures used for this investigation.

1. The Development of the Parents Curriculum Guide
2. Development of the Needs Assessment and Questionnaire
3. Development of Assessment Measurements
4. Description of the Training Program
5. Description of the Assessment Procedure

## Parent Curriculum Guide

This guide was developed in conjunction with the day care center's educational consultant. Emphasis was placed on the construction of knowledge through the use of problem solving processes. The Guide presented a variety of activities for parents to use to assist their children to explore and discover relationships in their environment through observing, questioning and listening. Problematic situations were a part of the activities that the child was motivated to solve through the process of relating events and objects and discovering similarities and differences. The curriculum emphasized the use of action schemas by manipulating objects and using this information to construct new relationships and new knowledge. Activities focused on problems that helped the child become aware of relationships using concepts of time, space and causality. For example, mothers were
encouraged to engage in activities with their children as many times aspossible-when preparing dinner, watching television, reading, etc.--and to:

Take objects such as buttons, peas, toothpicks, paper clips, stones, and ask your child: Will you arrange these things into several groups from one to ten? How does each group differ from the one before and the one after? (Your child may count each thing in each grouping and determine that the objects will differ on the basis of one; your child may categorize the groups on the basis of some characteristic of the objects, for example, putting all things of wood into groups; however, the child will begin to discover that in each grouping from one through ten the difference between each group is that it is one less than the one after and one more than the one before-and that this difference doesn't depend on what objects are used in the groups.)

The parents were instructed in the Guide to create at least two activities to do with their children at home each week. There was an evaluation form which parents were requested to utilize to assess the effectiveness of these activities. This was done for the purpose of motivating the parents as well as having some method for evaluating the parents use of the Guide. Most of the activities described problematic situations that would be common in homes and neighborhood; by doing these, parents would become more aware of other times and events where they could pose problems for their children, helping them to construct new knowledge.

## Development of Parent Questionnaire

and Needs Assessment
This questionnaire and needs assessment was developed in order to assess what parents felt were their greatest need in the area of
child rearing and child development, with their kindergarten aged children. The questionnaire was based on a survey used by Harvard Preschool Project (Watts et al., 1973).

Parents were asked to rate themselves on their skills in working with their children in the following areas:

1. Their knowledge of child development patterns.
2. Their skills in creative expression.
3. Their use of positive approaches to disciplining their child.
4. Specific child rearing methods.

Also surveyed were questions related to the frequency of certain interactions parents had with their children, for example:

1. How often do you and your child go shopping?
2. How often does your child watch television?
3. How often do you watch television with your child? What programs do you watch? Do you and your child discuss the programs before or after viewing them?
4. Does your child talk a great deal to you?
5. Are you trying to develop certain social skills in your child? In general, what qualities are you trying to develop? How are you doing this?

The information obtained from the survey enabled the program developer to specify the area of concentration for the training program. The broad category of problem solving was decided on since it was developmentally based, incorporated the concerns of parents as assessed by the questionnaire, and because it covered a range of abilities that were helpful for adaptation in many situations.

At each training session, the weekly behavioral goals were discussed in detail. Parents participated in specific activities to reinforce the goals set forth. For example, mothers worked directly with the child to reinforce concepts learned in small group meetings with other parents, also home work assignments from the previous week were reviewed and evaluated.

## Description of Assessment Procedures

In order to ascertain the effectiveness of the treatment, it had to be decided what factors in the parent's behavior were altered as a result of the treatment. Since the major goals were to effect their problem solving abilities and to become aware of how to use and increase their children's abilities, the pre- and post-evaluative measurements tested for these specific abilities. The two measures were administered for the pre-assessment and for the post-assessment to determine the amount of change in parent's behaviors.

The pre-training assessment was administered in April and the post-training in August. A Saturday was selected and parents and their children came to the day care center at different time periods of two hours each. During this period the assessment measures were administered. Prior to the two assessment sessions, a selected group of staff from the day care center were chosen to set up the testing situation and to rate the behavior of parents and children. These staff individuals were trained for the rating process, and the same individuals were used for the pre- and post-assessment.

It has been hypothesized that the goal of increasing parents and children's problem solving behaviors could be obtained in a
training program operated at the day care center site, and that this goal would be observable through an increase of problem solving behaviors. These behaviors were assessed through the "What Would You Do?" Questionnaire and the Parent-Child Problem Solving Encounters Test.

Chapter IV will present an analysis of the data derived from the two measurements to assess for the degree of this hypothesis.

## Development of Assessment Measurement

## "What Would You Do?" Questionnaire

The purpose of the questionnaire was to assess the ability of parents to choose a solution which provided the most opportunities to utilize the seven problem solving behaviors. Out of a group of three choices one was the best for it utilized more of the behaviors for solution to a problem. If the parents chose the best solution (incorporated more problem solving behaviors), they were given 8 points, 7 points for the second best alternative and 6 points for the third. The What Would You Do Questionnaire had fifteen common activities that would occur in the home and that described a problematic situation which the parent or parent-child dyad could solve in several different ways. After reading the situation, the parents were to choose one of the three alternatives for resolving the conflict.

Parent-Child Problem Solving Encounters Assessment

Since no existing assessment of parent-child interaction in problem solving situations could be found, a measurement scale had to be developed to assess how the parent-child dyad utilized the seven behaviors.

The design was based upon six different play activities often found in pre-school centers. A rating scale which assessed the number of questions asked plus the number of minutes spent in observing before beginning that activity, was developed.

The six play areas were art table, balloon table, sand and water tables, sacks and letters and blocks. Eight trained raters observed each mother and child and rated them (see Appendix E).

The format used for the problem solving encounters included six mother-child dyads in one of the six activity centers for a period of fifteen minutes with rotation to a new activity until all six activity areas had been completed. A rating scale was used to assess behaviors at each area. The purpose of the rating scale was to standardize an observation and to secure a quantitative appraisal. Possible questions which parents and children asked one another while interacting in the problem solving encounters were listed. If asked, Yes-No Column was marked. Other questions were listed and rated in terms of their reflection of the problem solving process used in the training. For each encounter, the number of questions asked were totalled for each parent child dyad.

## The Description of the Training Program

Each week parents participated in a small group training class which was held at various times during the day, the noon hour, after noon, and evening sessions. These classes were taught by the trainer and an assistant who was a member of the teaching staff. Each class session covered different objectives, for example, the objective for the first class session was to introduce the concepts to be covered
during the entire training-the seven behavioral objectives listed below.

The lessons consisted of the use of lectures, discussions, role playing and child and parent verbal interaction around activities that fostor skills of observation questioning and listening. These were based directly on the seven behavioral objectives defined as goals of the training program. The seven goals were:

1. Parents and children will learn to increase their observational skills.

Parents were helped to learn techniques towards the development of observation, that is, observation for understanding. This objective was defined as being aware of the situation where the behavior is occurring in order to ascertain why the child responds in that manner.
2. Parents and children will learn to increase their ability to ask questions.

Emphasis was placed on the importance of asking the kind of questions which will help the parent to understand what the child is thinking. Parents will also be helped to know how items and events in the home situation can be used for children's problem solving.
3. Parents and children will learn to use language (speaking and listening) around the skills of relating comparing and organizing activities.

Parents were trained to use words to refer to what the child is doing and playing, words which describe their actions when doing something. They are also helped to model linquistic patterns simultaneously with the action patterns.
4. Parents and children will learn to increase their skills to relate and compare things and events in daily environment.

Parents were helped to understand that comparing and relating are significant procedures in problem solving and that they are a special kind of observation. Comparing means examining two or more experiences and thinking about the properties as to how they are similar and how they differ. Relating is showing the relationship between the two.
i.e. In examining a piece of string and a mbber band children can be asked to tell how they are similar-how different, or how they can be used.
5. Parents and children will learn to understand each other's perspective and way of viewing a problem situation.

Parents are trained to assist their child in improving their problem solving abilities by: knowing how he/she thinks, at what level they can relate things to each other, think of alternatives and know what can or cannot be changed. With this kind of information, the parent will understand that many times a child's responses are not wrong but based on how he/she perceives and understands a situation which they learn (from observation) was quite different from how they (the parents) perceive and understand many situations.
6. Parents and children will learn to make choices on the basis of concrete evidence and give a logical (rational reason for that choice).

Through a variety of activities parents are trained to understand why they should help their children base the choices on what is real and concrete. This is easier for a child to understand and when based on that factor, children are more apt to make correct choices. Parents were shown the importance of helping the child verbalize the reasons for making a certain choice.
7. Parents and children will learn to consider alternative answers and solutions to problems.

In this behavior, parents are shown that there is usually more than one manner of doing something, and the way to find out what is best is the process of relating each solution to the problem and thinking about or acting out the consequences of using that solution.

The major instruments of treatment were the three training class sessions and the monthly home visits. The goal of the training classes was the emphasis upon the basic concepts of problem solvingkeen observation, listening and questioning through an understanding of the seven behavioral goals. Besides those, mothers were shown through modelling, the kinds of behavior that fosters the type of relationship with her child that leads to optimum learning. She was also encouraged to verbally interact often with her child around interesting activities, i.e. (those found in the home Curriculum Guide) to give good explanations and to show approval of the child's efforts (Levenstein, 1972a).

Strongly related in importance to the class sessions were the monthly home visits made by the trainer. It was on those occasions that the mother and child were observed working on problem solving activities from the Curriculum Guide. The trainer answered questions, showed modelling behavior to reinforce learnings.

## CHAPTER IV <br> Analysis of the Data

This dissertation was a study of the effectiveness of a four month training program for the development of parents and children's problem solving abilities.

Thirteen of the nineteen parents enrolled in the training program did not complete the full session. Their reasons for dropping out and how this relates to those who remained is one issue to be discussed, also, what implications this may have for parent-education in day care centers where parents were working or attending school on a full time basis. Two sources of information will be scrutinized in an attempt to understand the unique factors which influenced the decision of these mothers (Demographic Data and a post-training Telephone Interview). At the same time this source will give some indication of why the six mothers were able to complete the training with evident gains.

From this data analysis some issues will be focused on in the final chapter of this dissertation and will include a discussion of why some parents did not complete the program, why other mothers were able to complete it, and what factors seem to be related to both groups. This discussion will help provide information on development and effectiveness of parent education programs for day care centers where parents are either working or going to school full time.

## Demographic Data

The demographic data on the two groups of mothers who comprised the studies population-Group I (completed training) and Group II (did not complete full training) -is shown in Table 1. An analysis of this data reveals that the educational level of the mothers who completed training to be higher than those who did not. In fact, all mothers from Group I had had at least one year of college, whereas, eleven of thirteen Group II mothers, were high school graduates. It is possible that Group I mothers from their college experiences had developed some positive patterns of response to meeting class schedules, home work assignments and general teacher expectations.

Four of the mothers from Group I had husbands in the home, which meant that presumably, they had additional help in the form of babysitters and transportation assistance. At least one mother received encouragement from her spouse in achieving the training goal. (He attended two of the class sessions with her.)

In Group II, only four of the thirteen families had fathers present in the home. The other nine were single females who were heads of households.

In regard to the income level of the two groups, four Group I families reported income at $\$ 10,000$. Two were paying tuition to the day care center. No families in Group II had incomes that high. The housing status also showed a variance between the two groups. Five of the families in Group I were buying their own homes, whereas, in Group II, ten of the thirteen parents rented and lived in apartments. Three mothers in Group II were currently on welfare.

## Table 1

Demographic Data Group I-Group II
(6) Parents who completed training (13) Parents who dropped out of
Parent training
A. Family Characteristic

Intact Family 4
Single Parent 2
B. Employment Status

Working 4
Student 2
Other 0
C. Number of Children in Family

2
$3 \quad 2$
31
D. Educational Level
(\# of mothers)
3 yrs. College $\quad 1$
2 yrs. College 2
1 yr. College 3
E. Housing Status

Rents 1
Own Home 5
F. Socio-Econ. Level
\$10,000-above 4
\$6000-\$8500 2
A. Family Characteristics

Intact Family 4
Single Parent 9
B. Employment Status

Working 10
Student 0
Case Work* 1
Other 2
C. Number of Children in Family

7
2
2
3
4
1
D. Educational Level

High School 11
B.S. Degree

1
1 yr. College 1
E. Housing Status

Rents 10
Own Home 3
F. Socio-Econ. Level

| $\$ 10,000$-above | 0 |
| :--- | ---: |
| $\$ 6000-\$ 8500$ | 10 |
| Below $\$ 6000$ | 3 |
| Welfare** |  |

*Work status deferred because of medical need of child or parent. **Receiving welfare subsidies.

This information shows that all of the mothers in Group I were not as solid economically disadvantaged as those in Group II. Their circumstances often were reported to be unstable, with husbands periodically "laid off" from work, causing their incomes to plummet well below the $\$ 10,000$ figure that they reported. Even though there were four intact families as part of Group II, all families in Group II had incomes under $\$ 7500$ including the nine women heads of households in the same group.

Therefore, this demographic information does indicate that the Group I mothers were living in "better" circumstances, and had more education than mothers in Group II. These differences may be related to the fact that Group I mothers stayed in the program, however, the differences are not great enough, nor is there information of what these differences meant in terms of daily living. Also, the groups are not large enough to suggest that demographic circumstances were the main factors for the differences in participation. It was important to add to this demographic information more data that could be compared with it, and then with the participation differences of the two groups for determining important relationships.

## Post-Training Telephone Interview

The problem of finding answers to the question of why parents dropped out of the Training Program seemed best answered by asking them directly. Consequently, it was decided to develop a questionnaire and to find a neutral person (preferably a parent who had completed the training) to make the interviews via telephone. It was also felt that a similar inquiry should be made to mothers who
completed the training in order to make a comparative assessment of the two groups.

The following questions were put to the thirteen mothers in Group II (those who did not complete the training).

1. Why did you drop out of the training program?
2. Did the political climate at the center (controversy between parents and board) effect your decision?
3. Did you benefit in any way from your limited involvement in the training program? Specify.
4. Did the trainer visit your home to observe you and your child engaging in activities from the Curriculum Guide? How beneficial was the session to you and your child?
5. Explain the ways this program could have been made more interesting and/or meaningful to you.
6. Under what conditions could you have completed the training program?
7. What would you have changed regarding the training program to have motivated you to have completed the program?
8. What do you recall as being the most interesting feature or component of the training?

Parents who completed four months training program were asked the following set of questions by the telephone interviewer.

1. Why did you decide to participate in the parent training program in problem solving? Were you satisfied with the results? Please explain in what ways.
2. Were you able to develop any additional insights or skills as a result of your participation in the P.T.P.? Please specify.
3. Discuss how these skills helped you to become a more effective parent-more effective teacher of your child.
4. Explain how often and under what circumstances you utilized the Home Curriculum Guide with your child.
5. What motivated you to continue as a participant in the training program?
6. In what ways do you think that the political climate at the Early Childhood Centers (Parents vs Board) interferred with the training program.
7. Even though you completed the training, it was often difficult for you to attend all the scheduled sessions. What would you recommend should be done in the future to get sustained participation and attendance in parent training programs?
8. Specify in what ways the training program could have been made more meaningful-more interesting?

## Discussion of the Telephone Interview <br> as Shown in Table 2

The Post-Training Telephone Interview proved to be a revealing factor in assessing why some mothers dropped out of the training. It seems that there was no one major reason, however, the fact that there were numerous and varied causes, some positive, some negative, might indicate that the mothers were under resourced-lacked the ability to find alternative solutions.




All of the six Group I mothers who completed the training stated that they felt it was beneficial to them in their roles as parents and teachers of their chilren. They also stated that both they and their children enjoyed the sessions and activities and felt that they had learned to better understand how their children thought in problem situations. Seven mothers in Group II said that even though they had only limited involvement, they felt that they had definitely gained new insights in the importance of observation and questioning abilities. Three stated that they gained somewhat in this area and three flatly stated that they had not learned anything which was beneficial to them.

There was unanimous agreement among the six Group I mothers that the training had taught them better communication skills. They also mentioned that they were more observant, better listeners and asked more thoughtful questions more frequently when conversing with their children.

When Group I mothers were asked how the program could have been changed to have become more interesting, four felt it was adequate and needed no changes. One parent suggested more involvement of other siblings in the family, another stated that the kindergarten teachers could have been more integrally involved. Group II mothers were asked the same question. Five stated that they felt it had been interesting and did not need changing, and two felt that the curriculum could have been more challenging for kindergarten children. One mother expressed the desire to have had more emphasis placed on home visits-that they should have been longer and more frequent.

The question was asked of Group II mothers whether the political atmosphere at the center had influenced their decision not to continue in the training program. Twelve said "no," and one parent said "yes," she felt that the training program was being used as a sounding board to influence parents.

When Group I mothers were asked if they felt the climate at the center had adversely influenced the participation of the other parents, three felt it had greatly affected them, two felt it had limited effect and only one felt it had no effect.

Mothers in Group II were questioned as to why they had dropped out. There were a wide variety of responses. Five stated that they tried to attend the training sessions, but that their work schedules were such that they simply could not get home from work, accomplish family responsibilities and make the training class. One mother stated that she was experiencing personal problems. Another was hospitalized with an emergency operation. Two stated unequivocally that they were just not interested in trying to change themselves, one saying, "I am too old to change my ways of dealing with my children!" The other mother stated, "My child, has been going to this center for three years. If she hasn't learned enough to get through public school by now, there is nothing I can do!" Finally, two mothers were sending their children somewhere for vacations and two had transportation problems.

Both groups were asked if they still used the curriculum guide with their children. Five mothers in Group I stated that they used it on a regular basis in conjunction with homework and family activities.

One other stated she made up problem solving activities similar to those in the guide. Of the five parents in Group II who had received the Curriculum Guide, four were still using it. One had finished all the activities with her child and given it to her sister to use with her children. The other eight parents had not received a Guide because they stopped regular attendance in the training program.

## What Would You Do Questionnaire

This test was designed to measure parents ability to choose the correct solution for some simple activities that they could engage in with their children around the home. They were to choose one of three possible answers, the correct one included one or more of the seven specific problem solving behaviors. The answers to each of the fifteen questions were weighted in terms of the amount of problem solving behavior, they recieved eight points, the next response received seven points and the third alternative, for example, the one with the least amount of problem solving behavior received six points.

Table 3 gives raw scores for the Pre- and Post- "What Would You Do?" Questionnaire and the rank ordering for each participant.

## Discussion

For three children, $H L, F O$, and NE, their rank ordering in terms of the total number of questions asked, pre- and post-training, remained the same. The other three's ranking changed with JE dropping from fourth to fifth place pre- and post-. NE dropped from third to fourth place, pre- and post-, and HA sixth to third place, pre- and post-. It is difficult to determine the individual effects versus

## Table 3 <br> What Would You Do Questionnaire

|  | Raw Scores |  |  | Amount of Change <br> Rank Ordering |  |
| :--- | ---: | ---: | ---: | :--- | :--- |
| JE | 71 | West-Test | 100 | JE | $21+6$ |
| FO | 42 | JE | 92 | WE | $61+2$ |
| WE | 39 | HA | 88 | FO | $24+5$ |
| JO | 31 | HO | 80 | JO | $37+4$ |
| HO | 24 | JO | 68 | HO | $56+3$ |
| HA | 24 | FO | 66 | HA | $64+1$ |

A score of 120 is the best possible for this test, i.e., a person could receive 8 points for each of the 15 questions.
the training program from this rank ordering. By comparing the rank ordering of amount of change scores, it appears that the training program was most important, for three of the children, since HA, the child with the least number of questions asked (pre-testing) became third highest on the post-testing. For the amount of change, JO, who was ranked fifth in the total number of questions asked pre- and post-training, was in second place for the amount of change rank ordering and NE who was third and fourth for the total number was third for the amount of change. For the other children, their amount of change was not as great, although they asked more questions, pre- and post-. Therefore, there is some evidence for individual effects by comparing the rank ordering on amounts of change for mothers and children. It appears that there is more consistency between the two ranks, and therefore more evidence that the program had a greater effect.

Mothers and children NE and JO, remained in the top half. Mothers and children, FO, and HO remained in the bottom half. Mother and children, HA and JE changed their relative positions.

This data also offered some evidence to indicate what Effect the Situation (i.e., the testing environment) might have had on the mother's and children's question asking behaviors. The analysis of the rank ordering indicated that the training program had a greater effect than both individual differences and the situation.

The rank ordering of number of seconds spent in observing was not done since this variable proved to be more difficult to measure and therefore less reliable. Although the analysis of pre-/postscores did show a positive change.

Appendix I presents a further analysis of the Parent/Child Problem Solving Encounters. A rank ordering of mothers' and children's number of questions asked pre- and post-testing and the amount of change are presented in order to determine if those individual mothers and children who asked the least number of questions are the same mothers and children who asked the least number of questions on the post-assessment.

Table 4 shows that for all the mothers, as a group and individually, there was a significant difference in the scores they received on the questionnaire, thus indicating that the Training and Curriculum Guide had positive effects. The analysis of rank ordering of raw scores, pre- and post-training, does not clearly suggest that either the program or individual differences had a greater effect. By comparing the rank ordering of the change scores with the rank ordering of the post-training scores, there is more indication that the training program had a greater effect than individual differences, since the relative rankings remain almost the same for five of the six mothers. However, since the amount of the scores received changed from pre- and post-training, especially for four mothers, it appears very significant. There is evidence that the training program and Curriculum Guide had the most positive effect.

In reflecting upon the varied reasons parents in Group II gave for dropping out of the training program before its completion, it appears that some of them are similar to the problems of this type of the population. Group II represented a lower socio-economic level of economically disadvantaged parents whose children attended the day

Table 4
Children's Pre- and Post-Questioning Scores

| Pre-Test | Post-Test | Amount of Change | Rank Ordering |
| :---: | :---: | :---: | :---: |
| Но - 17 | Но - 24 | 7+ | 1. HA - 19+ |
| FO-12 | FO-22 | $10+$ | 2. JO - 13+ |
| NE - 8 | NE-17 | 12+ | 3. NE - 12+ |
| JE - 4 | JE - 15 | 11+ | 4. JE - 11+ |
| Jo - 3 | Jo - 16 | 13+ | 5. FO-10+ |
| HA - 1 | HA - 20 | 19+ | 6. $\mathrm{HO}-7+$ |

care center. Many of their responses reflected prototype behavior typical of lower socio-economic members. For example, they may not have had adequate opportunities to develop a positive self-image, nor they may not have appreciated the objectives of the program or what it may have led to in other areas of their lives. It has been suggested that poor people sometimes need concrete rewards to reinforce their ability to achieve a goal, and to sustain interest. Merle Karnes (1969a), recognized this and offered incentives to low income mothers who would participate in her mother's training program. This incentive was $\$ 1.50$ per hour for baby sitter costs and transportation.

The findings of researchers Morans and Lourie (1967) which showed that there was a wide variation in the ability of poor mothers to cope with the depressive inadequacies of their existence, so as to positively effect the children's learning, supports some of the findings from the Telephone Interview and Demographic Data. It is possible that Group II mothers reached a higher level of frustration with their additional responsibilities of attending a Training Program, plus the burdens of being the head of a household and managing on insufficient incomes. Morans and Lourie (1967) showed this in their data. Also, since the dropout time was different for each mother in Group II, there is some indication that stress due to situational factors affected their participation, since individuals in general, respond differently to stress factors.

Summary
The analysis of the data gathered from the two assessments for the six mothers and children who completed the program indicated that the training at the day care center, the home visitations and the parent's use of the Curriculum Guide had a positive effect on the mothers and children's problem solving behavior. The analysis does not indicate which factor was most effective, for example, the training, or the home visitation, or the Curriculum Guide.

To conclude, the analysis of the information of those mothers and children who completed the program and of those who did not complete the training was more related to their socio-economic and family conditions than to the program itself. This conclusion is supported by the data showing the changes for those mothers and children who did complete the program since these differences were great. Also, mothers in both groups reported that they enjoyed the initial training sessions in the day care center and the use of the Curriculum Guide. Therefore, there is evidence to suggest that the Training Program and the Curriculum Guide are effective for some socio-economic disadvantaged mothers who are enrolled in government supported day care centers and who are working and attending school full time.


#### Abstract

C H A P T ER V

SUMMARY, DISCUSSION AND IMPLICATIONS This chapter will present a summary discussion of several features of the study and will attempt to draw some conclusions regarding parent-education programs for day care centers for socio-economic disadvantaged parents.


## Review of the Study

Nineteen parents of children attending kindergarten class participated in this Parent Education Training Program. Thirteen completed only a portion of the program, failing to complete the post evaluation assessment. Six mothers and their kindergarten age children completed the parent education program. The analysis of the evaluation data was presented in the preceding chapter. At this time, it seems appropriate to review the main goals and format of the training program. Parents and children who completed the program showed positive gains in the development of problem-solving behaviors; also some of the parents who completed only a portion of the program indicated that they considered their partial involvement to have been effective.

It was felt by the program developer that problem solving was a significant area of concentration, because it is developmentally based and because these behaviors encompass the specific concerns raised by parents in the Needs Assessment, and cover a wide range of
both cognitive and affective skills. The format of the program consisted of three small group training classes. These were held at the kindergarten classroom at the day care center over a three week period and followed by three monthly home visits. A Parent Curriculum Guide consisting of approximately fifty problem-solving activities was given to parents as well as homework assignments and evaluation forms.

The goal of the program was for parents and their children to acquire seven specific problem solving behaviors which were:

1. Learning to increase their observational skills.
2. Learning to ask new and different kinds of questions.
3. Learning to use language behaviors for relating, comparing and organizing objects and events.
4. Learning to increase their skills to relate and compare things and events in their daily environments by solving problems.
5. Learning to better understand each other's perspective and way of viewing a problem situation.
6. Learning to make better choices on the basis of concrete evidence.
7. Learning to consider alternative answers and solutions to problems.

This educational intervention program presented in three weekly sessions consisted of lectures, role playing, modeling behaviors, interaction between mothers and children in their classroom around problem solving activities and group discussions. All seven of the
defined behavioral goals were covered during this period. Parents were given the Curriculum Guide to utilize over the next three months. Homework assignments from the Curriculum Guide were distributed; the evaluation forms were returned to the kindergarten teacher and the trainer on a weekly basis.

Monthly home visits were made to assess the progress of parents and children around activities in the Curriculum Guide. As a result of this four month training program, six mothers and their children showed positive gains in their problem solving behaviors. This evidence indicated that the study achieved limited success. Some of the thirteen parents who completed partial amounts of the training program also benefited as many concluded in the Post-Training Telephone Interview. Therefore, the training format and the content of training, for example, the focus of problem solving behaviors, seems to be relevant for parents of young children. It will be worthwhile to test the particular program in the day care situation to determine how effective it can be in relation to other demographic and situational factors that characterize parents in day care programs.

## A Comparison of Four Outstanding Parent Intervention

## Programs With This Research Study

Several researchers have attempted to determine how the child's response to intervention was influenced by the degree of deprivation of his family. Herzog and colleagues (1972a, 1972b) studied children from disadvantaged families who were enrolled in intervention programs. She attempted to isolate the variables which would differentiate the levels of deprivation within this relatively homogeneous group. She
found two factors which she believed made a difference: the number of years of education of the mother, and the ratio of persons per room in the home. Herzog found that children in the less deprived group gained more from the program, and retained it longer. She reported these findings in a paper entitled, "The Less They Have, The Less They Learn" (1972a, 1972b). This concept by Herzog is supported by the results of the four well-known parent intervention projects sited below, as well as, the outcome of this research study.

Phyllis Levenstein's successful study had a sample which was less disadvantaged than that of Karnes', Gray's or Weikart's. The average education of parents in her project was eleventh grade. However, in one of her control groups, those children who attained the highest increase in IQ were from families where none of the fathers were absent from the home, all of the mothers had finished high school, the size of the families were small, and none of the families were on welfare. Whereas, in Gray's Study, the families selected did not possess any of the above characteristics. Consequently, the gains in children's IQ's were much lower, which again supports Herzog's thesis.

Looking at the results of this study may also lend support. A11 Group II mothers (did not complete the program) in comparison to Group I mothers (completed the program) had lower incomes-under \$7500. Nine families had no fathers present and three were on welfare. These social and motivational characteristics of deprivation in response to this intervention study tended to support the theory, The Less They Have, The Less They Learn.

Merle Karnes' sample was more economically disadvantaged than Levenstein's, however, she introduced a variable which may have helped sustain the interest of her mothers, thus allowing for her project to succeed. She provided them incentives in the form of a stipend of $\$ 1.50$ per hour to attend the class sessions. The emphasis of her curriculum, like Levenstein's, Gray's and Weikart's, was on guided involvement of the mother and child dyad as an interactive system around cognitively structured activities.

## Curriculum Emphasis

In the studies of group intervention projects by Gray and Weikart, $(1968,1970)$, both had samples from extremely deprived families, however, the emphasis was away from the parent as primary agent of intervention, and on the group pre-school program. . This shift was even more pronounced in Weikart's Study where the home visitor's role was defined as the expert tutor-thus de-emphasizing the importance of the mother and her role of educator of her child. This, in combination with the fact that the samples were very disadvantaged, may well be why the children of Gray's and Weikart's projects failed to attain the level of gains as in Levenstein's and Karnes'.

The curriculum of this experimental program which stressed the development of enduring relationship between mother and child around cognitively challenging tasks proved to be beneficial to all Group I parents and chidlren as shown by the evaluative data of this study. However, the parents in Group II of this study differed from the sample in the four experimental programs described above for they were
full day care parents who were working or going to school full time. This factor complicated the implementation of a parent education program. Also, the fact that certain of these parents (Group II) were less able to cope with their oppressive environment, because they were under additional stress (sole heads of households, working eight hours per day, and living on poverty level incomes) further compounded the implementation of the program.

Results from this study imply that an intensive parent education component as part of the day care center program will be a difficult, but not impossible feat to implement, for structured programs of this nature require stamina, motivation and commitment on the part of parents who are enrolled. These characteristics may well be the very ones that many disadvantaged parents do not have.

The researchers knowledge of the families involved, plus the results of evaluative data have allowed her to draw certain conclusions about parent training programs in day care centers. They are:

1. Parent education-although beneficial-should not be considered in terms of a monolithic concept that can or should be prescribed for all parents in an economically disadvantaged population. Just as in the middle class sector, some parents need and will benefit from parent education, others will not.
2. Participation in Parent Education Programs must be a self selected procedure in order to succeed. Motivation in terms of interest and attitude is a high predictor of success.
3. Parents who are in the lowest level of economic deprivation have needs which are environmental in nature. Placing emphasis upon an educational training can be counter-productive until families' basic needs for security are met.
4. Programs for economically disadvantaged day care parents must take into account the varied pressures which effect their lives and place limits on the time and energy.

## Conclusion

Results from this research study indicated that the objectives for the training program for parents and children were valid, and that in combination with certain socio-economic circumstances, participatory parents can reach these objectives. However, this study also showed that although the training format and content of the training may be valid, it is not appropriate for all parents. It appears that parents with low incomes who are mothers, single heads of households, and particularly minority members, have more situational stress that can prevent them from successfully completing the program.

In addition, parents whose children are enrolled in government financed (usually Title XX) day care programs may have other complications because of the eligibility requirements. The right of their children to attend fully subsidized day care is directly dependent upon parent's work status or economic status (must be proverty level making under ( 7500 per year for a family of four). They must be employed, in school or in training programs leading towards employment. As a consequence most day care parents may have less time to devote to
educational goals for their children and themselves, even if they are aware of the possible benefits and have the interest to attend. When parents are employed or attending school full time, their schedulesoften do not allow them enough time to complete a long-term parent training program.

To conclude, the parent-training program which was researched in this dissertation was designed for a day care center's group of parents and children for increasing and utilizing their problem solving behaviors. This training program could be considered neither a success nor a failure. Six mothers out of the sample of nineteen successfully completed the training, and the evaluative data showed that for all of them their problem solving behavior significantly improved. In addition, even though the other thirteen parents did not complete the training, a few of them indicated in the Telephone Interview, that they benefited from the limited training sessions, home visits and Parent Curriculum Guide. This study did show that in addition to a meaningful curriculum and training procedure, a parent education program has to adapt more to the individual circumstances of the families enrolled. This finding has been indicated in a number of studies on parent education and linvolvement. Whether a program can ever be developed that has valid objectives, as well as meeting the varied unique circumstances of families is a major question. This research, however, given the findings of this study is in a much better position to continue to work on solving this problem.

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# 1011 He 

Early Childhood Centers of Greater Springfield, Inc.

PreSchool Corolla Hes dentin ubumuo
Springpald, Allan 01100
758-9518

Infant-Toddlos Gentles 797 Stabs Stand
Spruingfided, He we 01109 788.0492

Mrs. Sucilo He. Saylon Erect. Diriachet

- Dear Parents:

We have encouraged and usually had a good level of parent participation at the Early Childhood Centers of Greater Springfield, Inc. We know that many parents are already highly invalved with their children's development. However, often they are not very knowledgeable about the most effective ways to help in their child's learning.

We realize that the needs of parents are not similar. We would like to make a. careful assessment of your specific needs and interest in this area. Based on this information, we will then be able to set up a Pilot Program in Parent Education designed specifically for you parents of our kindergarten childran at this center.

Will you please take the next few minutes here with us to carefully answer the questions in the questionnaire. We will be hare to assist you in: what aver. way you may need.

Sincerely,

Lucile H. Layton
Executive Director
LHL/Ej

## Name:

## Address:

Name of your child in Kindergarten at Early Chilohood: Date of Eirth:

How long has your child attended Early Childiood?

1. About how often do you take your child along with you when' you go shopping?
$I$ daily
IT weekly
$\sqrt{7}$ monthly
$\square$ less than once a month
$\square$ never
2. About how often do you talk to your child about things he/ she has seen on Ty?
```
\(\square\) daily
17 weekly
17 monthly
\(\square\) less than once a month
17 never
```

3. If your child asks you a question you cant t answer, about how often do you try to find the answer by looking in a boos?
Always
$1 /$ Usually
17 Once in a while
$I$ Nat often
1 Never
4. Aboist how much do you talk to your child at meal time?
$1 /$ A great deal
$1 /$ Once a month
$1 /$ Same
$\square$ Just a little
17 Not much
5. About how often do you take your child on a trip out of town?
1 Once a week:
IT Once a month
$I$ A few times a year
I Less than since a year
$I$ Never
f. When your child has a chance to choose what to to around the house, about how often does he/ she choose to look at a book or magazine?
1 Almost every day
1 Often
$\square$ Once in a while
17 Seldom
11 Never
6. Do you and your cinild look at books together?
7. If this a regular part of your schedule?

How long a session?
9. Do you feel this is important to your child's learning?
10. Do you read the story to your child or is it mostly looking
ot pictures?
$\qquad$
11. Is :ow: child trying to learn to read?
12. How do you help in this process?

How much dc you read to your child?
IT A great deal
17 Quite a bit
17 Some
IT Just a little
$\Gamma$ Net at all
13. Do you feel you need additional skills in helping your child learn to read or understand the meaning of words? Explain
$\qquad$
14. Does your child watch TV regularly? which programs?
15. Do you regulate which shows your child watches? How much he watches?
15. Do you feel you could benefit from knowing more about selection of TV programs For cinildren?
17. Each child is unique, of course, and each hes different skills or some things he does better than other tilings. Why: it is your cinild like as far as different skills are concerned?

## Language [speech] development. Does he/sha talk a great deal to you or other adults? IT yes IT no Wi "h other children? yo y os no

Doss he reason things out?

Is heishe good with his hands [building or making things]? IT Yes $I 7$ no

Did you or some member of the family spend time with him/her teaching him/har these things?
$I$ yes $\square$ no
Drawing expressive play. Does he/she draw a lot or does he/she mostly color in coloring books?
$I$ Draws pictures
IT Colors in coloring books
Social skills: Does he. get along with adults? yes $\bar{T}$ mo With other children? $\overline{7}$ yes $\overline{1}$ no
18 Are you trying to develop certain skills in your child?

How are you trying to do this?
19. To what extent do you think his first five years are impportant to developing certain skills?
Explain

What:s important for a parent to do for a child in this
respect?
21. Ir general, what qualities are you trying to develop/ ericourage in your child?

How nite you trying to do this?

What about qualities you ara not too pleased with? Does your child have any? inst?

How do you deal with these?
22. To what extent do you feel that what parents do in a child's first five years of life is important to a child's personality?

Whet are the most important thinge a parent should do for
a child in this respect?
23. If your child graduates from High School, what do you expect are his or her chances of getting a gáod job?
ITExcellent
Y Good
$1 /$ Fair
1 Poar
$1 /$ Very poor
24. In cenemal, what kinds of grades do you expect your child to cet from school as he/she continues on?
17 Excellent
If Above averege
17 Average
17 Selow average
IT Failing
25. How often doधs your child see you reading books, papers or magazines?
$I T$ Daily
$\Gamma$ Weekly
$\bar{I}$ Monthly
$\Gamma$ Hore than one daily and weekly
17 None
25. Cun you think of any specific events or circumstances that have had an effect on your child's personality?
27. How often do you visit with friends who live in a different part of the city than you?
I Daily
17 Weakly
17 Monthly
1 Less than once a month
IT Never
28. Haw often does your child help his/her father when he is woiking on a project?
17 Very often
IT Quite often
I/ Sometimes
17 Not often
1 Never

How would you rate your wills in working with children? fate yourself from 1-5, [1] being the lowest and [5] being
the highest. the highest.

1. My knowledge about the way children grow and develop, physically, socially, and emotionally.
2. Do I Le a positive approach in handing my child?
3. Ability to remain controlled in difficult situations.

4 Ability to use good judgement in emergencies.
5. Creative use of materials in the one to use with your
child.

Check any of the following that you would be interested in. I would like to learn more about a child's...............

IT physical growth
17 social development
IT intellectual development
IT all areas

## 1. Activity

Cut out shapes that could male the difforent alphabet letlers; i.e.', straight lines, long and short, and half circles, big and lictle.

## Materials

Cercboerd or heavy paper
What would you do?

1. Take the shapes, e.g., 2 straight lines, one i.ong one siont and a small half circis and meine the lestem "p,", then as! the child to repeat the name of the letwer.
 then ask the child vinat you macto.
2. Givo your rinuio a Few stinips and こi-cies and then ast, "What larters can You mase with thesa Dieces?"

## Answer

$\qquad$
2. Activity

## Migterials

A clethesline at chaido height and 20 clotinespiris
What would you do?

1. Prini a lecter of the elphadet on each cloinespin. Ask the chifét to look for real thinge tu harg from
 ciotnaspin to use for hanging the i. eans on the inme.
2. Print e letter of the eiphebei on ench cioinesoim, بrite each lettar of the Elphabet on e sepersite piece of paper; hang the piecss of peper on the line: matcining the letters vitth the fisees of paper: asis the chijd tine rame of each lecis.-
3. Prinit a letter of the alphabet or eect ciottresoin; Nimite each letter of tive Eiphaciou on a sionarate piece of faper; iay the piecse of papat with the letters written on them on the floom, wut of crdar: put ine ciochespims on the line in erder [frem it to $Z]$ ancl then es!, "Can you hang up tins $j=t i=r s "$ How will you know yinere to hang tie díffereril levers?

3．ActiviEy

## MaEer．izls

OId comic books，coloring too＇s，or ready－to－te discardad picture books，scissors，pajte or glue，heavy paper，or cstaboard．
Winヨ：weuld z゚Oぃ do？
1．Fiane a saquerse of pictures on the table thet lal！ a stary and $\equiv$ ajo $\because$ our child to iall sro secry usiro Hhe picuras that are iaid out．
2．Ask the crilit $=0$ tell a story usint tine pietures on the teizle．
ق Flace thi pictures on Eteble of orl the floor：out of order nite asik．＂Uen you usa these piotures to むail e story Fut than in an cicis so enet ting teil sume Etory．

Ans：e－ $\qquad$

A．AOB E

## MEさかにコこう玉

Mossurine Eups ir differare suzes．bleaks ef differont sizes．

## what vould you do？

1．Plece the measuring cups in order from Diggest to snali＝st aru zuplain to youi onlo irat the cuja 三r＝ in oncer since thej go from smaliest to biggesit o： bxggest to sitallest．
2．Nizina a staircese from the blocks ant ask，Mrov youlc we incow where to put the ceise orl che stoits，geing fram smali to bis？
3．Ask the shilic，：tow do the blocks ant clips ge ecgetnen？ Ans：：er $\qquad$

3 Arcievty

## incerjals

Unsonted ciean ci．ctioss
What Nolile you do？
1．Show your chisd the separata pilss you make winen you sort lammery：momis file，CyRthie：s pile，the cowel pile，s：c．

2．Flees tine clotioss in a large pile and begin serving； Asir your cizild，＂Will you holp me sore she clothe into different piles？＂［If the chill sorts different than you，ask why he／she placed the items together in that way．］
3．As you sort the＝lathes，hold up each item att say： ＂fere is Anoy＂e sack，it goes in tin ie pile．＂

Angrier $\qquad$

## 5．4ct2kざy

Fit e 3 piece of carbon paper between 2 sineets of white paper．

## Materials

Hitite paper，csricon paper，ballpoint pen
Their wewid you de？
$\therefore$ UrBan a pisturg of anything on top sheet；remove tine cEntra ara strait he cinild that you have two identical

E Yous and your onilld both draw pictures on the too sheets of twa set．After removing tie ceric say，＂Look，I have two pictures that are the same？How dict that hate per？＂，［aFter simile answers 引jk，＂Are your pictures the same？
3．Ask the arijct te drat a picture of sone object on the top sineet．After sineihe is fimisined，esl himitier to remove the carbon to Find out what happened．

## Answer

$\qquad$

## 7．Activity

## 

A large jar withe aids opemira，an egg merton，and an as－ sortment of tie Following：Dobby fins，tanthciciss，paper－ cine，buttons，coins，sixty pins，cut up plastic straw： beads：and dried beans．
：What would you co？
i．Fill the jor $v i$ isth all the objects and ask，＂Cen you set all these things into different comportment of the egg carven？：［AFter the child has sorted a Feu：ask＂Why do tinase tilings gu together？
2．Sort out e few of the items into the different com－ portmerits，place all the bobby pins together，all the paper clips and buttons，and then ask，＂will you finish sorting out the different objects that are in the glass jer．＂

Cut out end save a variexy or unusual picewros of dir̄̃ernent kinds of photographs, drawings, cartoche, Eilhowottes, black and whita and color (sems of same object or objaces).

## Matsrials

Plcture magazines, oils carcis and colering beaks, seisenr:s
What mould you cia?

1. Sort the pictures imto files of differan= arimeia and explain to your cinild why the antmals are the same, altholigh some ars photographes sone are orzuings, anet soms are carroons, 日iv.

 4 legs, ence zhose that cian"t. ast. your chill "kive did I sari the piles inte these cifferen: pileo:".
 thirik of weys to sont these pievures?" Afrer suruing E Fou, esk why do rinse thingu go toyetiner.

Answar $\qquad$

Fjll a rachbeezn halfusy to the ucp: piede $\therefore$ on e bevingor

 durins bath tirie fair chindu--....

## Marerials

Washbesir or betitub, pitchar, Diasizic tups, belis, epomes. medicine dropper, empty detergerth botties, newpeper. seiseza botiles, funnel: ege beater: tlosks, serews, plastic tubun

Whet would you do?

1. Fill the bathtub with some of the above ajjacte, tinzir say so yout dinid, "You can play with these and as careful rot to spill any weigr on the fincr:.
2. When cinild is rakiry a bath, piace some of tha sivove oijecrs in the tub, and jois with the cinile in piaying wien then in the vocer; duning your olay, asio some of ino following questions: "inich of these Fiosts?" iTry peper, piastic, sponge, suap; metel, a butile opened and closedj. "Why does this one Fiaer?" or "Why dees this one sink?"


 whicir cbjects sink and uthzen Floar." 「Proceea to select eli those thec sinic enc: then eil choss thet flast, demorstrevirg co your cilild the concepts =f sinking and flearing]. Tiry the Foliowirg: Say =a your child, $\because I$ em going te put this, peper in the
 up water ard whan becomse too incovy oric surits."



Ar:s:: $\qquad$

TH. ACtivity
Verer vin rumbers on whe yordectok with edinetye tepz

## Mocerybs



## anヨา 1:0wify you do?








 to your cilit that same are shorior finan outstes Enc soins arg lomjer tham otite-s.


 on poper che lsrgtio of each btem.
3. Ask your onilo, "CEn you Finc out if atme thinge in un: lizehen amo enomeer trian the yarasionco Lonesur if

 the yercistidk rigine on ries fioct, Euen with the poubin

 then Enc with the abseat in orsem to krow eccuratsuy if *ie object is loriger or sheruer then time yoririor\%?

When you open sean of juies，punch just one hole．
Matericle
Juice cen

## What would you do？

1．Say，＂ilill you pour your juice？＂：‘AFEer chily observes that it doesnit pour，say］＂मhat＂s hap－ pening？＂［After discussing ressuri，lei child punch a second role］＂bsice you raght？＂＂Hinat＂s happening now？＂
2．Say，＂I vouici like to sinow you sonetining acout the can of juice．अhen $\bar{I}$ try to pour thie juice with just ona hole in tie can，the juice won＇t pour becausa the air is folding the juzce ir．Hon Efter I funch a second hole in the cain，the juice will essily pour cut．＂

3．Leeve the can on the tabie：mine tie dinlad discoyers thet the juice coes not：Num out as it usuelly doss： sey：＂What do you reset to do ritt the cen जo thet you can moner youm iluc＝？＂
ans？：sr $\qquad$
i2．Activicy

Mずきローラ．als
Paper，peste，seissors，oid scrajs sucin zs：String． yarm，cut up pieces of plestic，Eluminum foll，cle gim wrappers，cloin，ribbon，rickrack，papsir clips：bobby mins，pictures，photas：ฏreen sismus，FEEthers，bark， leaves，sticks，seeds，macaroni，cimed beams．
lfinat yould you do？
1．Ar－renge tive mateniels on the table，keepina peper meterials grouped togetner an separate from othier materiels．Say，＂wili you make a coilage pasting the paret things on top of the peper and ofiner things that are not paper on the bottom．＂
2．Say to youm child，＂Here is a pile of things tinet you cen stizk on tim paper．hake arytining you went， but be sure to use just the fighi amount of gius：：
ङ．Vith your childtegir stickirg tine dojecte and morape on tine faps：anyway you want，if some of the materielo want t stick say：＂I wonder whst I cen wse to moke this scey on？？

## Matery

 and tajuci cegether will disl，actsecrs，cimuons

What bould you rio？
1．Flace E Large piaed of peper cit 犬ic \％icar arid sey，



 we will 7 are it ar：the Eect．＂

2．Fiace a inece piece of pyper on rine Floor and lie down and say，＂Gn you inace the oull bl口e of my body？i＂






 ir youd ca： 0 ：$\quad$ ．







$\therefore \because=3 \mathrm{mar}$ $\qquad$

## 14．Activity

## MEverzals


raner ？ouly yru do？

 and ther．haine to it to her is the Jumes fermi $\because$ ．Uow Fandem ithe map by
 ＂：i＂stree\％．＂
2．Sfiread tive paper oni tha loor，merk out the var，wus houses，stores，c！Ejgramids：vacミit．locs．or ycur
 Thay are eli locetey or：this sireet we live ar． I have given you a ciue by oituing vie initiel of sorie of tine nemes of ：＝00ple whe live in soni：of in！e houses on cur strest＂
3. First take a mail: to lack for thinge tinat you and your child wili wani to fut on your mas: a playgroline, the vecent loi, a tialsphome folo: en empty garagre, ifron' = house, your housu, घnc $=0$ on. When yuu gö tovite, sproed the paper on the floor and help your cinild mert out where each tining will go. "Vinere should ws begin??" If Tyron:s house is hers, winet will go between hie house arid our house? How can we help ofiners to know that thess are our houssa and oiner things on the streai? Ie the score bigger than our houso? Which irey ciaes the school bus cura? How can we show minere tine schoc? tue goes, afrer it leaves tio frorti cf aur house?"

## Answer

15. R=civity

## Maticerejs

```
A iarge riece ni= parer
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 esents or your life?" :HoH sen we represerit these special timas =0 vinct we can snc: tion on your
 some evenios such es the diy ine was boirn, wher you moved to :Here you live mow, tine dey his baby breenser was born.] fifter you and your crille hava diecussed a way ic reprasent these specia? times uhich couid be by an old pinotogrean, draiting pictures, putting e dace an a piece of paper, or the name of the event, then say, "Can you sibicir thess special evencs in orcier or, your time line?" [Hewe your clothesiline where he can resch it: if along a wsij. it wonit be in the Nay'.]
2. Say to your child, "I tnink it would be fun if we made a tine linefor you. First we will start with tha day you vere born. Here, you make a picture of a baiby and then hang it at the beginning of the clothesline. Whem you are Finisinad, we will do the next imporisant thing in your life which was the day you went to trie day cere senter." Continue to suggest 5 or Evencs, having chille defty them on cards: and tinen heng tham in order on the lino.
3. With the index cards or pieces of paper and crayons or markers, draw pictures to represent several important events in your child's life. Put these pictures on the clothesline with the clothespins, arranging them in an unordered way and then say, I have some pictures of special events in your life. See if you recognize them and then put them in the right order."

Answer

## A P P END I X C First Training Session

Welcome-parents and explain-the purpose of the Parent's Education Program.

Explain general objective - To teach parents to initiate activities that present Problem Solving situations to children, so that they can develop Problem Solving Abilities which are defined as Observational, Listening and Questioning Abilities.

Problem Solving - is a science and science involves aware focus observation. Being able to zero in is a powerful investigative skill. It means concentrating (for children for a short period of time), ignoring what is irrevlevant. Parents, to help a child begin the process of keen observation, you will have to help keep the rest of the world at bay (quiet for a few moments) and let observation happen. Children should be encourqged to observe with several senses -- Seeing, Feeling, Tasting, Hearing. Remember! To your child, your attention and approval encourages him/her to continue the activity, A smile, nod and comment will assure that an activity will continue.

For you and your child to Solve a Problem, you must first be able to relate things that are in the Problem Situation to what you already know: How do you do this? You must be aware of how they are similar and different to each other and to what you know. You must be aware how things can be changed or not changed.

Examples of common Problem Solving Situations. (Show how they are solved by relating).

Ask parents, "When you are lost in a strange city or town, what would you do?"

To understand a Problem Solving Situation for a child, ask, "How do your children find something that is lost?" I will give an example first.

Child, one morning calls: Mommie, where is my shoe I can't find it?"

Mother should respond this way if she wants to assist in developing Problem Solving Skills:"Where do you think your shoe can be? Could it be where you found it before?"

Ask questions which help a child to think. Increase their motivation by showing your interest. "Let's stop a minute and think of the places it could be." Or, "Let's sit down and make a list."

Problem Solving underlies school performance. Your youngster will be going, in a few more weeks to Public School. He/she will be receiving much less personal attention. He/she will be doing more things in a group setting. There will be a greater demand on their own problem solving skills. There will be more paper and pencil tasks which they will be expected to work on alone.

It is important that during the next few weeks before Public School that they augment skills learned in Kindergarten. Research shows that children's success in Grades 1,2 and 3 is related to later achievement in school. This is the crucial time that they acquire the concept toward school.
-BEHAVIORS.
READ FROM CHART 8/- On this chart are listed the specific behavior or objectives of the Parent Education Course:

## 1. PARENTS AND CHILDREN WILL LEARN TO INCREASE THEIR OBSERVA--TIONAL SKILLS.

SAY: . "I would like you to go out into the classroom in the role of an Observer. To be an objective Observer, one must record only what is actually happening. If when you go into the room, your child wants to interact with you simply say, 'Not Now!'

FIVE MINUTES--Send all parents into the classroom (three teams of two) to observe any child. They must write a description of just what they see.
COME BACK IN RCCM -- Discuss what each had recorded. Ask:

1. Did each observer see different things?
2. How did they feel?
3. Did you notice behavior you don't often see?

FIVE MINUTES -- Read from Chart ${ }^{\text {tr }}$ Behavior:
2. PARENTS AND CHILDREN WILL LEARN TO INCREASE THEIR ABILITY TO ASK QUESTIONS.

A simple question of "why" shows a child is trying to establish a relationship. . Why do babies cry and sleep all the time? Why is the sun hot? Why can't I stay up late like Johnnie can?"
LISTEN FOR QUESTIONS CF HOW, WHEN OR WHY.

Almost any kind of questions may come from children. But what kinds come from adults? What questions do you usually ask children? Using questions to stimulate discussion and thinking is a common teaching technique. Questions are best and most successfully used if the parent/teacher does not already know the answer, if there is generally no correct answer, or if the questions ask for opinions and experiences of your child. Ask:

> "How do you feel about it?"
> "What do you think?"
> "How would you describe it?"
> "What do you think is important about it?"
> "What does it feel/look/taste/smell/sound like to you?" "What do you think is the best way to find out?"

These questions stimulate lively discussion. You and your children can come to conclusions together. If you want to diagnose, be honest:
"I want to see if you can tell how many clothespins are here. How many are there?"

Parents -- I would like you to increase your questions of Why? When? How? Where? Pose these types of questions during work and play with your child. This helps them.to think.

FIVE MINUTES'-- NOW LET'S GO BACK INTO THE CLASSROCM. I would like you"to focus on your child. Write the questions your child asks and the activity he/she is engaged in.

Come back into classroom. Ask each parent to read at least one question they heard the child ask. Write on Board.

Ask Parents: "Which of these questions do you think facilitate proolem solvivigiz ( Guid releationships).

Role Play--Set on table interesting and unusual objects. Ask parents to pretend they are children. The task is to create something or do something with these objects --an activity. Ask other parents to observe how they approach the problem. (Let them know they can ask me questions).

FIVE MINUTE DISCUSSION --Ask other parents their reactions. Ask role players how they felt when they role-played. Ask if it would have helpted while role playing they had asked more questions of each other or me.

Role Play again-- Eight or ten size units or rods. "Now I'm going to put some different objects on the table. (Using two different parents, set up items on the table). Ask third parent to be the teacher this time. Parents' role playing children ask questions that guide the use of materials of the teacher.

Main Goal--for the teacher to ask questions, encourage role-playing parents to look at similarities, differences of materials, to use what they already know, and think about alternative uses of materials.

For example. Have you considered this for being aware of the relationships and to help you to discover a way to use these materials? Also, by being aware of how things are similar or different, you become aware of how things can be changed, or how they can not be changed.

Summarize Session. Go to the Board. Point out questions which helped parents in their role. Look at objects, noting similarities and differences, how they could be changed and how they remained the same in some ways. Also did they become aware of what the other person was thinking?

## GO BACK TO CHART. LOOK AT THIRD OBJECTIVE:

## 3. PAREATS AND CHILDREN WILL LEARN TO USE LANGUAGE AROUND THEIR XILIS OF RELATING, COMPARING AND CRGANIZING ACTIVITIES.

POINT OUT - Through the use of questions, we have been using, this is the type of language we want to encourage. "When interacting with children, use words which relate to events, activities and objects that are present or going on at the mement so that the child can understand the meaning of words.

AS YOU SAY THE WORD, DO THE ACTION ASSOCIATED WITH IT.(SHOW EXAMPLE $\boldsymbol{T}_{\mathbf{T}}$-RUN, HIT, PLACE. USE THE MCST CORRECT WORD DE SCRIBING THAT BEHAVIOR. DON'T USE "BOO_BOO' FOR BURN,ST̄RAPE.

Cne of the major characteristics of five or six year olds is that they constantly talk and

TEN MINUTES -- Send parents into the Classroom. Go to their child. After this activity has been completed, ask:

1. How often did they use questions parents and children?
2. How and under what circumstances did the child use language?
3. How did you feel working this way with your child.

END SESSION - With Home work assisgnment. Homework to be done during the week with your child, and sent back to Mrs. G. Remember, do the evaluation sheet. Classes will be held:

> | TUESDAY NIGHT | THURSDAY NIGHT | FRIDAY NIGHT |
| :--- | :--- | :--- |
| $6: 30-8: 00 \mathrm{PM}$ | $6: 30-8: 00 \mathrm{PM}$ | $6: 30-8: 00 \mathrm{PM}$ |

| 1 | 1 | 1 |
| :--- | :--- | :--- |
| 2 | 2 | 2 |
| 3 | 3 | 3 |
| 4 | 4 | 4 |
| 5 | 5 | 5 |
| 6 | 6 | 6 |

Discuss-- Every child thinks different thoughts. Uses opjects in different ways. Some will not do as well as they should. Your job as a parent is to find out how your child is thinking or solving problems.

HOW CAN YOU DO THIS IN THE HOME? Parents can come up with suggestions, observing, asking questions like "What are you thinking?" "How did you get that answer?" "How is this a better way?"

One way is to set up situations that require children to think, then observe them in the activity that they are engaged in.

Let's look at this situation and what is concrete. (Closthes Line, pins, pictures and real objects). Concrete things had to relate. What is concrete is real.

DEFINITION OF CONCRETE: That which is observable. Ask to observe concrete things. "Some of you will use concrete evidence as a way of finding out what children think".

NUMBER 8 --Observable answer to problems. Go back to "What does this mean to you now? Let's go back to the novel activities. Remember, how to role-play. Basically, this is choosing alternative answers and solutions. Basically, they are trying to think of what I'm thinking. Choosing alternatives. How is it similar? How is it different? Pick a logically correct answer, arriving at the best solution is picking the best relationships in order to be aware of similarities and differences.

HOME WORK ASSIGNMENT for next class. Have three different situations. Write up for purpose of discovering how child thinks. Help child to understand the thinking process. Parent could role play where you describe what you are thinking. Do this often. This will help their child understand their point of view.

## TRAINTNG SESSICN

## HOMETHORK ASSTGNAENT

A) Make a clothes line the child's heigiat. ( 26 clothespins are needed. With a majic marlser, put all the letters of the alphavet on the clothespins or place letters on a sheet of paper and pin to clothes line. You and your child should cut out pictures of objects. paxents siiould encouracge their child to select the pictures. Ask your child, "Can you match the picture with a letter? "will you clic the picture with a letter. :on the clotnes line?" For many pictures thera are sevexal letters that can be used. This is good for a child to become ariare oi altemative hays or describing or naming a picture. When the child makes a choice you should ask: "Why did you choose that letter"?

If a child does not knor how to match a nicture rith a letter the parent should not tell the answer throwgh civesions: i.e.. "Did you notice tines nere man doozs on the builaing?" "Do apartment houses have coors like that on the first floorg" (Here is a case where the child may name a building an apartment house rather tran a mecical conter wiere doctor's mork)
E) The Evaluation

Write dotra an evaluation of this activity。

1. Did it go well?
2. Hhat were the problens?
3. Dia the chila enjoy it?
4. What questions dia you ask that seered to nelp your cinild?
5. What dic the child leaxn?
6. Did you enjoy doing this activicy with your child?.


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SECOND TRAINING SESSION
May 10, 12, 13
Review definition of Problem Solving.
Review 7 behaviors from large chart-Give a brief resume of last training session.

Evaluation of homework activity-ask one parent to present this. Ask other parents what they thought of activities.

Write on blackboard particularly good comments-collect evaluation. Being covering new work-now focus on remaining 5 behaviors for this training session.

## 4th Behavior

Parents and children will learn to increase their skills to relate things and events in their daily environment.

## 5th Behavior

Parents and children will learn to increase their skills to compare objects and events in the natural environment.

Ask parents to see if there is any differences between no. 4 \& 5 behaviors-wording is somewhat different but the meaning is similar. Discuss with parents the fact that there is really no difference for when we compare objects and events that is a way of relating themWHEN I SHOW YOU THIS PIECE OF STRING AND THIS ELASTIC BAND-How are they related?

Let's write on the board what you think as you try to relate these two objects.

As you can see, some of you thought how the two are similar. Point to these comments, i.e., some may have said: "How they are alikeThey are both used to hold things together."
"We use them both at home."
"They are both thin."
Some thought how they are different, e.g.,
"They are made of different material."
"One stretches and one doesn't."
"One is a line," and "One is a shape."
With these examples we can see that to relate things and events in our daily lives, we think how they are similar or the same as other things we see at the moment and to what we already know.

Write on board-Ask how they are similar and how they are different.

## SIMILAR

String -- Elastic band

## DIFFERENT

String -- Elastic band

4 characteristics
Now ask! "Can we change a string into an elastic band?" "No, it is not possible!"

So we know that the elastic band and the string are not related by being physically the same object, but we do know that they are similar in terms of the functions they serve, i.e., TO HOLD THINGS TOGETHER.

And we know that they are different, they are made of different material.

## Process of Problem Solving

When you have to solve a problem at home, it is important to think about it in terms of how similar it is to other things and what we already know. How is it similar, how is it different, and what could be changed. Try to think about other problems which were similar.

Can anyone here give me an example of a recent problem you had in your home. We will try to analyze it by relating.

Write on board - similarities - differences that parents will suggest and also how or if anything can be changed. THIS IS VERY CRITICAL IN PROBLEM SOVLING.

## Activity

Classification/grouping items which have something in common. Let parents classify then bring in 2 child.

Use the egg carton container. Use 10 items (5 from egg carton activity in lst training session, 5 new ones). We call this process, classification. We do this all the time, that is we need to classify or put object into groups where they all share things in common, i.e.

If someone says to us,
"I brought a new car!" We immediately know what he/she brought. We know what all cars share in common. We know how they can differ from one another. We have a visual image of them. Knowing this helps us to communicate to solve problems. For our children, they don't know as much as we do, but are learning
how things are similar and different, how they can be changed, and how they can be grouped. They learn this mostly by using objects. If we look at these 10 objects again, children will be using these in a variety of situations as you have done, or will do and through their activity will classify them.

## 6th Behavior

Parents and children will learn to understand each others perspective and ways of viewing a problem situation.

## DISCUSSION

Every child thinks different thoughts and uses objects in different ways. Some children will not be able to do as well as they should. Your job as a parent is to find out how your child is thinking or solving problems and assist, support, and enhance that process.

How can you do this in the home?
Ask parents to think of ways this can be accomplished. Perhaps they will say by:

1. Observing
2. Questioning - like, what are you thinking? How did you get that answer? How is this a better way?

Another way is to set up a situation that requires the child to think.
Here, set up a problem situation for two parents to role play. The problem could be: How to raise some money for a classroom weekend camping trip. The parents are to try to know what the other is thinking.

After this role play, discuss. Ask these questions to the group:

1. "What did each parent try to do to find out what the other was thinking?"
2. Ask the two role players: "What was most effective in finding out how the other person was thinking?"
3. "Did this awareness help to solve the problem?"

Then say:
"If you are to help your child improve his/her problem-solving abilities, it is important to know how he/she thinks-at what
level can they relate things, think of alternatives and know what can and cannot be changed. With this information, you then know what situations to develop that will interest your child-and very important, you will know that many of his responses are not wrong-but are based on how he/she perceives and understands-which is very different from how we perceive and understand many situations."
"Let us find out some of the ways our children think. I want you to go into the classroom for 10 minutes and start playing with your child. Try to find out what your child is thinkingi.e., what does the activity mean to him/her, what is their understanding of what he/she is playing or how to play?

After they return to the classroom, discuss their activity with the children ask:

1. What did you discover about your child's thinking?
2. How did you do this?
3. Was it new information for you?
4. Did this awareness help you to interact with your childand did it help you to understand what kinds of questions you might ask your child?
5. If you feel you didn't get any awareness of how your child was thinking-what could you do to solve this problem? (Encourage other parents to make suggestions.) A part of our assignment this week will be to explore ways of understanding your child's thinking.

Help your child to understand your way of thinking. Remember role plan-thinking out loud. Do this often.

Now we should move on and look at our last two objectives.

## Objectives 7 \& 8

\#7 Parents and children will learn to make choices on the basis of concrete evidence and give a logical rational (reason) for their choice.
\#8 Parents and children will learn to consider alternative answers and solutions to problems.
"Let's take the \#7 first and, to understand this, we will review the activity we did a few minutes ago-when the 10 objects had to be sorted and classified. In this activity, you were dealing with concrete materials (Lift up some of the items). They are real and your choices were based on looking at the feeling these real objects and relating these perceptions to what you knew. For our purposes, we will consider anything that is real in our environment as concrete and to be real, it has to be actual-not artificial, illusory, or apparent-but occurring in fact, fundamental, essential. Therefore, when you make a choice on concrete or real evidence, you are more likely to make the best choice. Let us use an example. When you go shopping at the supermarket, why do you choose one head of lettuce over another? (Have several parents respond).
"Here is a good example where our choice is guided by what is real and concrete and generally we choose the best head of lettuce we can find. Now, when you buy a new dress or pair of slacks, what do you consider? Is it real? Are your choices guided by what is essential and not what is just apparent or illusory?"

I know that we don't always make choices, on this basis, especially in regard to clothes, but perhaps if we did more often, we would save money and not find ourselves wearing something only once or twice.

CHILD SHOULD MAKE CHOICES ON CONCRETE EVIDENCE.
> "For children it is very important that they learn to make choices on the basis of concrete real evidence. For example, when your child selects a certain TV show, what do you think guides his/her selection? (Put some of the parents' suggestions on the board.) Then ask: How many of these reasons are essential ones? That's right-not many-for we can see that most of them are only apparent since they are readily changed from moment to moment and may in fact not be related at all to what your children want to see.

How do children make choices?
"Let us take another example. How does your child choose a snack food? (List some reasons on board and include the particular snack, e.g., cereal).

Again, we can see that some of these reasons are not really related to the particular snack. That is, the child isn't choosing because he/she knows the cereal has vitamins or is good for him/her, or is easy to eat, but makes his/her choice on the basis of how the box looks, if he/she saw it on TV, the prize inside, etc.

Parents should explain reasons to child. Then act as role models.
Now what if you had a problem at home-you wanted your child to choose fruits moreoften for a snack food; what could you do to help your child make this choice? (After parents give some reasons summarize these by saying: "One way to help your child is to tell him/her why you think it is good to eat fruit-to supply the essential reasons to your child and then to help your child know that other foods such as cookies, potato chips, etc., do not meet these reasons but they are eaten for other reasons-and to let your child name these. Often if your child knows why he/she should eat certain foods he/she will choose themfor it makes sense and is not just an adult rule that for them can seem very unrelated and only followed since you have the power. This last statement moves us into the last objective.
\#8. Parents will consider alternative solutions to problems.
It is important that children become aware of alternative solutions to problems; and they can with your help by allowing your child to have more than one choice and to help him/her think about each choice. Since our young children cannot know about all the alternatives and relationships as we can, they will need assistance in sometimes describing and/or demonstrating these alternatives. Your child will often act out the consequences in order to find out which is the best. For example, when you say to your child:
"You can watch TV for 15 more minutes before bedtime; or if you go to bed now, I will read you a story."

How will your child make a choice in this situation? Most likely he/she will make it on the basis of their past experiences of watching TV and listening to a story and how much enjoyment each offered; but they may not think, at the same time, about such reasons as (1) listening to a story would be a time with Mom or Dad, and I don't get to spend much time with her/him or (2) watching 15 minutes more of TV means only a part of a show, or (3) the show on TV is one I don't really like, or (4) if we read, I can choose the story.

For your child to be aware of all these reasons, they need to be described to your child to help him know what is similar about the two choices and what is different; then your child can make a choice or solve the problem on the basis of what is essential.

And, very important is when they have a choice, they begin to think about the reasons for each; and they begin to realize that there are good logical reasons for why they are asked to do something.

ALLOW CHILD CHANCES TO MAKE CHOICES.
I know there are many times during the day when you cannot give your child opportunities to choose among several alternatives but I also know that there are many times that we can; and that with explaining the reasons for each alternative and letting the children test out each different alternative to find out which is best, they will begin to act more independently and become better problem solvers.

On the board, let us list 5 or 6 times or activities that occur in our homes, where we could have several alternatives for the child to choose; e.g., No. 1 could be choosing the cereal for breakfast (child has a selection of 3 or 4 different kinds.)
T.V. SHOWS.

List 5 more, then say:
How would you help your child become aware of the similarities and differences across each choice?

Choose one of the parent's suggestions for the above. List some of the parent's suggestions.

If parents don't suggest these ideas, include them:

1. Asking the child what is the same among the choices.
2. Asking the child what is different about each choice.
3. Asking the child how are the differences related to other things that have to be considered.
4. Asking the child what they know about each choice from what they have done before.
5. Letting the child select one choice and test it out and then another choice and testing it out until all choices have been acted upon in order to find out which is the best choice for the problem. Remember their capacity to think about all the consequences of one choice has not developed and will not until 11 or 12 years of age. Therefore, they will not think the same as you and in this case will not think about the several possibilities.

OFTEN SEVERAL SOLUTIONS TO PROBLEMS.
Parents and children will learn to consider alternatives answers and solutions to problems.

Ask:
"What does this mean to you?" (Have several parents respond.) Yes, that's right, there is usually more than one answer to a problem; more than one way of doing something and the way to find out which is the best, is a process of relating each solution to the problem and thinking about or acting out the consequences of using that solution, e.g., (you need to go shoppingthere are three times in which you could go. How do you choose the best alternative? (Have parents suggest how they would decide.) You can see by your suggestion that you thought about some of the consequences of each time and then were able to choose the best time. And notice that in this process you made judgments on the basis of what was concrete or real-the actual events. Also, this process was a comparison, for you had to decide what was different by going at one time then another and what remained the same for all the times.

Let us take another example. How do you decide to buy a new car? You have several alternatives, of course, for there are several models; how do you choose which is the best for you? (List their reasons on the board.)

Again, we can observe that for many of us, our choices are guided by knowing what is different about each model. What is the same and therefore, not a factor in our final choice. And knowing these differences and similarities is a matter of knowing what is real; also we have to consider our finances and the expense of maintaining the car in relation to other expenses; and if it is to be shared, the preferences of others. All of the things one may consider before making a choice or choosing among alternatives.

Let us try another exercise so we can see how important this process of considering all alternatives is.

We will imagine that we have moved the kindergarten program and the Infant-Toddler Center to another location, since this building's new owners do not want outside educational functions in their building. Three locations have been cited:

1. A different church building on State Street about two miles from here; the rooms are in a wing of the church and the kindergarten classroom and Infant-Toddler program would share the same physical space.
2. A closed clothing store on State Street that has a large open area that could be divided into classroom and office space for both programs.
3. Empty classrooms in elementary school on Avenue. The school has been bought by the city government and leased out to different community groups. We would have the first floor of the three story structure.

In making our choice, we have to look at several things.

```
What is real or concrete.
What is different, what remained the same?
What is similar?
```

Consider cost.
Give assignment for next week.

Begin with the question, "Have any of you changed some of the ways you respond to your children since the training sessions started?

Discuss the responses. Write on board those responses that go with one of the eight objects. Example: If they are asking more questions, put a star or check by the response, or if they are trying to find out how their child thinks, put a check by the response.

Then ask, "How did your child react to your new behaviors? What kind of learning did you observe for your child?"

Discuss their responses. (Hopefully some of these will show that children were more motivated to participate in activities and enjoyed their parents involvement.)

## Ask:

"Have you changed in terms of how you solve problems?"
(If possible use an example from a parent who applied some of the eight objectives in solving a problem. Describe the steps the parent went through.)

From the discussion, review the eight objectives. Take each one separately. Start with No. 1 and give several examples of each. Examples:
\#1 Parents and children will learn to increase their observational skills.

Ask:

> "What did we learn about good observing?" After parents give their responses, say: We learned for this objective to only use what we observe for understanding and to be aware of the situation where the behavior is occurring, so we know what the child is responding to. Also, when we have doubts about what the child is feeling, perceiving, or thinking, then we should ask the child, do not read into children's behavior (for it is easy to do, and often we are wrong: For example, if one $4-y e a r-o l d ~ c h i l d ~ w a s ~$ hitting another 4-year-old child, what could be some of the reasons?) (Encourage parents to think of as many reasons as possible; if not, mention, include that children are playing and this is all part of the game.)

With this example, you can be aware of all possible things that affect the child's behavior, and for the parent or teacher to know why the child reponds or acts the way he/she does, means you must be a GOOD OBSERVER.

Also, as we have often pointed out, if you are to set up good problem situations for your child to solve, you must observe and find out what your child can do now, how he solves problems, and his/her interest before you can help and encourage your child's growth.

Read the second objective.

## \#2 Parents and children will learn to increase their ability to ask questions!

THIS IS VERY IMPORTANT, how to ask good questions. We know that we need to understand our children and the kinds of thinking they are capable of. Also, we know the way certain things, right in the home situation can be used for children's problem-solving. Specifically, we can create good questions and probe child's thinking around things and events in the home. Example:

1. How does it work?
2. Why?
3. Are the similarities or how is it the same? or different?
4. What stays the same, can ew change it?
5. How can we make something the same as this one? different?
\#3 Our Third Objective (parents and children will learn to use language around their skills or relating, comparing, and organizing activities.)

IT IS IMPORTANT (ESPECIALLY FOR YOUNG CHILDREN WHOSE WORDS MAY BE LIMITED, NOT FULLY UNDERSTOOD, AND USED ARBITRARILY.) To remember to use words that refer to what the child is doing and playing, words which describe your actions when doing something. Also, talk about similarities, differences, how things go together, and how they change.
\#4 Parents and child will learn to increase their skills to relate things and events in their daily environment.

For number 4, how do we relate things in our environment? We relate things by understanding what things about them are permanent and what is changeable. Also what can be done to make things the same or different.

For example: How is this evening's training session related to the one week before last?

Put on board -- Similarities - Differences
Ask: What could we do to make this training session the same as last week? What can be changed? Discussion.

When children are young and there is much in their environment that still does not make sense to them. Their efforts to be aware and to understand is a process of relating discovering similarities and differences among objects and events. They learn:

1. How things change when something is added or taken away.
2. How somethings don't change, when other situations or objects do.

This whole effort to understand how their environment works is best accomplished through problem-solving.

## Object 4 \& 5

Objectives $4 \& 5$ are very similar. No. 4 says "Parents and children will learn to increase their skills to relate things and events in their daily environment."

No. 5 says parents and children will learn to increase their skills to compare objects and events in their natural environment.

Wording is somewhat different. Relate and compare. The meaning is similar for when we compare objects and events that is a way of relating them.

Example:
WHEN I SHOW THIS STRING AND THIS ELASTIC BAND, How are they related?
Let parents respond.
Some of you thought the two are similar. Some may have said they are alike, "They hold things together." They are both thin-we use them both at home-some may have said the way they are different-made of different material. One stretches and one doesn't. One is a line, one is a shape.

With these examples we can see that to relate things and events in our daily lives, we think how they are similar or the same as other things we see at the moment and to what we already know.

## Behavior 6

Parents and children will learn to understand each other's perspective and way of viewing a problem situation. At this point ask parents who attended first session and did homework if they found out how their child thinks. Remember it takes a long time before you feel comfortable in knowing how a child may view a situation. If you ask enough questions and establish communication with your child you will be more comfortable.

To help your child understand how you solve problems, try thinking out loud-remember, we spoke about looking into the refrigerator. Say, let's see what we can have for supper? To find out what your child is thinking, observe him/her-question him/her. Ask what are your thinking? How did you get that answer? How is this a better way?

Do you remember what we decided the word "concrete" means? We decided that aspects or characteristics that are real and essential and that are factual-that is we can observe them with regularity, are concrete and those characteristics that are only apparent, illusory, and inferred are not concrete.

Our No. 7 Behavior is
(Parents and children will learn to make choices on the basis of concrete evidence and give logical rationale for their choice) We could ask-why is it important for children to make choices on the basis of concrete evidence. It is important so that they understand the consequence of their choice. They will better understand this, if their reasons for choosing are concrete. They can visualize it and repeat the same choice. Also, they gain a sense of contrl over their environment, as well as the ability to act independently. If evidence and reasons for choice are concrete, children can justify their choice. It will be a rational or logical choice for they are basing their decisions on what is real and essential in a situation.

Now for our lsst objective - \# \#8
Parents and children will learn to consider alternative answers and solutions to problems.

This follows number 7 as if you and your child are to know what is concrete evidence and use concrete evidence for choosing, there must be alternative solutions to choose from in order to find out if you are right. For example, in solving a problem a child may not be sure of the best solution. He/She must be given the opportunity to try out more than one, so he knows for sure that a particular choice was best. If, on the other hand, there is only one choice for the child, they will often not be able to think why it is the best choice and if there is no one ot give him the solution they will be unable or less able to think of the best solution.

Parents-when you yourslef are limited to one choice, there is less reason for you to think why it is the best choice (and in many cases, it will not be) and as important, you will not discover that there may be several good solutions and answers to problem situations.

Place special objects out for child to see and touch. The first person you will buy a present for is an adult man, i.e., father, uncle, grandfather. What would you choose?

As the child makes a selection ask, why did you choose that one? The parent will repeat the same sequence for (1) an adult woman, sister, aunt, and (2) a friend of the child's. Each time ask why that selection was made.

After parents return list on board some of the reasons for selection. In each case have parent identify whether the child was thinking about the other person and kept in mind his interests, needs, or what he/she uses. Some children's choices will be made upon consideration of the other person's perspective, other children may not consider the other's view point at all. Continue this for other persons.

Then, discuss how important this ability is if children are to relate, i.e., to discover similarities and differences, what remains constant, and what changes in their environment. Children need to consider several view points as aspects of a situation simultaneously not just their own, if they can become good problem solvers. In this exercise, the problem was choosing from among alternatives.

How much do you consider your child's view point or way of thinking?
Certainly if this was done more, our behavior toward the child would be more appropriate and also for the child if they consider our view point (how we think) they too would act more appropriately. And for them (children) it is more difficult to understand what and how we are thinking. So remember to describe many times your thoughts to your child.

To help your children become better problem solvers, I am going to give you a curriculum guide to use at home. (Pass out and spend a few minutes going through it.) This guide has several activities with instructions and questions to follow. I would like you to do one each day with your child over the next month. In your guide at the end of each chapter, there are two blank sheets for you to evaluate your involvement with your child and to describe an activity that you developed that promotes problem solving. Every Monday, beginning June 6, you should send one of the sets in with your child to Mrs. Gonsalves and she will forward them to me. It doesn't matter which set from the guide as there are 6. If you want to start in the middle of the guide to do those activities, preceding the set do so. But, I would like you to try to complete the entire guide and use each evaluation paper for the different groups. It is important for me to know how you are doing-what is good about the activities and what you don't like-what your child is gaining and how you can see where these eight problem solving objectives can be used many times and in many ways in your home.

AT this point, go through the guide from the beginning turning the pages until you reach the two parent sheets. Have parents write their names and date on these two sheets before they return them to the school on each Monday. List the dates of Mondays-June 6, 13, 20, 27 th. Parents are to return the sets. There will be a home prize for the home. Something for the parent and the child.

Explain about the need for home visits to go over the sessions parents missed. Try to get this, then try to get all sets to be completed in one week.

Schedule home visits.

TRAINING SESSION

## HOMEWORK ASSIGNMENT

A) Make a clothes line the child's height. ( 26 clothespins are needed. With a majic marker, put all the letters of the alphabet on the clothespins or place letters on a sheet of paper and pin to clothes line. You and your child should cut out pictures of objects. Darents should encourage their child to select the pictures. Ask your child, "Can you match the picture with a letter? "Will you clip the picture with a letter, on the clothes line?" For many pictures there are several lettexs that can be used. This is good for a child to become aware of alternative ways of describing or naming a picture. When the child makes a choice you should ask: "Why did you choose that letter"?

If a child does not know how to match a picture with a letter the parent should not tell the answer through quesicions: i.e.. "iid you notice tinere were many doors on the building?" "Do apartmeni houses have coors like that on the first floor?" (Here is a case where the chila may name a building an apartment house rather tisan a medical center where doctor's work)
B) The Evaluation

Wirte down an evaluation of this activity.

1. Did it go well?
2. That were the problems?
3. Did the child enjoy it?
4. What questions cid you ask that seemed co nelp your cinild?
5. What did the child learn?
6. Did you enjoy doing this activity with your child.?

## APPENDIX D

## PARENTS HOME CURRICULUM GUIDE

## Danc Pacents:

Femching chisdien horr to go abour eolying probless in crascidered by many to bs the fumamental misxion of eincaition. It is axgreat that since it is invossibie to pordict tinct komio Ledge a child will need in this rapidly cbanging worlic ua giowle hoip him or hot to leam to solve probilar. in echeccion thut uili prequre hin for vexiety of siveriteme and for such mattere yet to be disenverevi.

Closaiy relliced to problem anlving ztilis are thone of
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 ard neate poseibio attezmaçves. It is feit that thia zamo Custiculum Guide will help you co catheace yerz chaite? ublinty (20)8

bo Defina problems。
C. Use ordering eocuence in probiem eolving.
a. Finz poswtiale coluticas

 activitios and that you can use this guime kor years to comso sincerely。
zucile H. Ieaytan

fifth the use of the senses, prion krowlerae ard curiosity, your child learns how tinirge and events axe similar and different, what remains the same across change and ho: things change. These leanings are a process of constructing knowledge ox understanding of his/hex environment. The activities doacrijoed in this book are roblom-nolving afinations. There is a proton for there ia conflict for Sone is familiar and notes of a situation down. embers



A large caxdboard box Material.s: scisbors tape (the wider, the hetter) some unfamil.tar to your child.
assocter small objects of variour testures and sizes, some famillar and
some unfamilitar so your: child.
Tape the top of the box closed. Cut a 3-inch hole on two opposite sides of the bos and let your child decorate the box however he/she would like.

## to play

 HOW Fill the box with several objectis. place the box in front of your child so that he/she can reach-mut not seem-into it. Mhe object of the game is to iancisy each oojech by leeling if. is is correct. he/she pulls it out to see if he/she is correct.If not correct, these go in one group; the correctly named objecte go into another group.
When child is puzzled, ask, "Can you think of something that the object is similar to or reminds you of?" "How is it different frcm something that you may have thought it :aas?"
Norf jit is your turn; have your chjild sel.ext several objects to put in the box for you to gutess. nis you try to name objects, describa your process of feeling can choose
A Time to Lisicen

snother good activity is to use a peg-board and rubber band and model for your child how you can change a square into a rectangle by simply moving the pegs around on the boards withoui removing the band.
Encourage your child to explore making a variety of shapes with the rubber bands on the peg boards. Ask:
"What happens when you chancse a squate into a rectangle?" (Child should
come up with an answer that jncticates he/she knows that sides get longer)
or a circle into a square (you malre four corners.)
"Does the area in the middle change?" "How do you lenow if it changes?" (Encourage child that he/she can estimaire this by counting number of peg holes enclosed by the rubier bonds?)
Through this activity, child begjns to discover that in some cases area stays the same, while the lengich and midit of the sides may chançe. Also, child ogine one discover that that enclosed shapes are all on a continum




prepare a lunch or dinner that has several distinct tastes and smells-do this When menttime errives, ask your child if hol әЧS/万u IT PTru ies to guess what food he/she is eating.
 of identifying the food. Ask:
"价at does it taste like?"
"What other kinds of food taste like the one you are tasting?"
Hon is a good activity for you to share with your child. Have your child select process of choosing is an excellent solve) and you wear the blindfold and guess the similax and chose that taste different than the one you are testing.
Evaluate one of the preceeding activities; answer these questions. A. What did your child learn?
B. What did you learn?
C. What questions did you use and how did they help your child?
D. What problens did your child solve? i
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 created for you
Guide. Include Describe an activity you:
the use of the carriculum
the questions you asked.
Pante the pictures on the cardaoard. paste thoroughly; the better you paste,
 5 intervals - 10,15:20,25.
"Sit down with your child and ask: "Elere is a picture that has been cut into several pieces; can you put the pieces together to malce the picture whole again?"
Be sure to challenge your child; if the puzzle is too easy, child will not have to use problem-solving skill.s of discrimination and thinking what is similar about the piacea, how they go togethex, and relating the picture to a visual jmage.
Sometimes ask, "What are you thinking about that helps you to put the puzzle together?'
If puzsle is too difficult, describe the picture for the child, place one or mind while you work?"
 This antenna do langer than that nne. (Yous child has to think of the aize of tho ono antenna in Kelationehip to the other ono. and knot that longer means moro of the antanna.) Ino antenna sinould be on rop of the ry. Your child has to think of whers hs stande in ralation to the IV and that top maans a certain Dsiva your car surourad the tablo. (Your child has to think of ralatIng the movanent of the car in relationohip to the table and that has to think or relate the position of the ball in reistionship to
The ball fa nearer to the chair than to the door, (Yere your ahild the chajx and doox and know that nearex means closex.)



Fisut, give your child some veight words of light, lighter, Ilghest, heavy,
$\begin{aligned} & \text { First, give your child some weight words of light } \\ & \text { beavier, heavient, and have him/her Iist and comp }\end{aligned}$
will show these relationsinips. Whill e yom child j.s holatng different objects,
astr:
"Which one is Iightex'?" "访y ins it I jghtert"
How put the heaviex thing in one hand axil tate tals object (one chat vetghs more
one in lighters" "Heavior?" "Woighs more?
$\begin{aligned} & \text { observing that weight is not } \\ & \text { undersiond by comparing one }\end{aligned}$
Lunsniy only
"\#hich
cierice of
holds)
8 a
\& bui i.

of Dixection
Forraxd, over the chair.
Later in the game, ask:
"Why did we say 'over fhe chair'?" "What does over mean?"
"Fhat does under mean?" "ro the leet?" "Bacitwards?"
Inen say, "IE we were not using a car ana truck and J. asked you to expluin what backwarde means, what wowld you do?" "In front of?" "Eorvard? ( 3 y answerng chese guesp pui that into relationghin with something else
in order to esplain the rejationship of a particular direction.)
Building Blocks size, Shape, and position

When your child $1 s$ playing with blocks introduce the words that describe relationships, e.g., blggex, biggest. little, short, long, longer, fatter, thin; or shape worde, circle, ball, round, square, rectangle, triangle, cube, position words, on top of, on the bottome under, behind, in the midide, next to, in botween, in froni of, lext, right, etc.
By using these words, your child will begjn to spontaneously use them while thinking and showing these relationships with blocks. But also, you may
supply a word that they may not knor represents a particular relationship.
Ask: "Con you explain what you have bujlit?" mhich clock is the biggest there than a circle?" same size or equal. to beticer Ask: "Can you explain what you have built?"
of the three?" "Why does a square block fit "What size of blocis do you need to make that this one?" and so on.
Blocks are one of the best medjums to represent relations; for use as symbols for gomething else, e.g., houses, bridge, people, cars, irucks. By using blocks a child has to think of the relationship of the block to the real thing, or What it symbolizes and when he/she builds something with bloclss, they have to think of the many relationships of size, distance, balance, posicion, direction, weight, or reciprocally, as they play with the blocks these concepts and relationships are discovered.
Mother Dificicult Relaidonshin that Your child Needs to Experience
opporitas -
Many Tinus.
the same time. for
癸
down."
t."

Directions and to Relate An Activity for Helping Your child Keep in Mind Several solve the problem of followthe Movement of mis/Lter Body Say, "Let's play a direction game, First listen carefully to everything I say.
Then, see if you can do as I said." r closet." "Hop to your closet, thing you saw in your
"skip around tile table, whisper your name twice, sit t down, emile. "mourn your toes twice, couch your elbows once, jat che top of your head twice."
Hook in the left hand comer, close the drawer, tell me
Gradually build to more complicated instructions.
The game should be challenging. Ask your child to give you a series of directions. can be related by directions. think of sequences of places and things to co that can be related by directions. "Open the top
"Open the top drawer. what Start with simple directions. This will help him/her to set (classification) will hove a donjon, ad ad division.
of ming from a quart of minus, how many days

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a special day.

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When you want to represent a certain amount with a number, bet your g ember glasses
child rill begin co
variate of whinge your child will begin co
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school. : whether you
it change be
always
avs bo

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only
Uging Real Things for Learning the Number. Systen
As many timers as possible, e.g., when preparing dinnex, watching T. V. : Reading, Si.tting, otc., take soine real things such as buitons, poas, toothoicks, papex clips, Btones, and ask:

$$
\text { "Will you arronge these things into groups from } 1 \text { through } 10 ? "
$$

(Fork in a space where the child can put the different groupings in a line formation)
"How does each group differ from the one before and the one after?" (Your child can count each thing in each grouping and deteimine that the groups differ on the basis of 1 )
Ask:
"TE $T$ wanted to make another grown of 5 buttons, Fhat could you do?" (Your cinild vill be able to obaerve tinat there axe 5 butions in the grouping of 5: and arier srudying the other groupings, obsexve that he/she can put togethex a group of 2 bittons and a group of 3 buttons to make another group of 5.) (or your child may put together a group of 4 buttons and the group uf $I$ bution to malse azother groun of 5).
pak? "Is there anoiher way to malie a group of fio" Can we take buttons away from some groups to make 5?"
(ailow youx child time to discover that he/sine can remove a certaln amount from each gxoupling above 5 to malke another group of 5.)

[^0]Challenge your child vi.th additional problans. 1



Maliting an Inventoxy With pencil and papex, you and your child can make an Inventory of things in the house; keep a watrien record of the resusts. coun" "windows?" "ifo: many chatrs'" "SoEas?" "V.s?" Ji "Ioys" Periodically, ask your child to many sockes do you have? shines? "Mas an amount changed?" "Why?" cheols the inventory with

## the  :0  <br> 

 nugntions: if not repeat anci startangirezig. Then agk youx child.) Help him to read the numbers 3.1 .
1.1 inches axe before that numbex 11 inches axe before that numbex and that
inchea are beroro that: number.
and 1.2 and that pointing to 1.1 means that you measure $t$
 to the eionect inch that ls gustielento?

> Ieng your child to undergtend that the bord inch rosers to that patcincular ars wo use this particulan undi so chat we say 2 inchea, othex pcople
> thinge can be made and meagured and that whe
will knof wat: I ength ve are referming to.

He vill
 ahead or
question. ask:

At other timess
"保en does the length of something chenge"

- 5
when you noर voyA gron the lerrot
ธ5uTY7 vธya
 os're : Evrruqeuios IB it still a
is thing: somare, is ic gotll ciollec̉ a scquare?")
of
" $=$ slde
 on or talse



Some activities with number cards: place one set of cards on a cable or on the floor. place one set of "Can you put them in order? your child to close miner he opens his eyes. ask: "Can
 Whoso two activities are especions got of 4. ox how the set of 5 is different the set of 3 is di.ferexi on the basis of one additional member. point to one card place both seta of cards on the table or on the floor. number of buttons to and asses: "Can yo match this one?" "Now I have three buttons." point to a card with two
two
5
5 - zeyfaboz tie quo:zna tho's pareu I buttons?"
ジ
Atter the prevtous activities have been done many times and you feel that your child minstand
"Can you dxow nome khings that will go with eacin numezal?"
"Aftec you have finished, put the crowing with each numberal. ${ }^{\text {n }}$
With only the numberals, ask: "What numerals vould we use to show a group of two al Extend it by asking: "I'am at nuneral shows how many are left?"
thinfing of a group of 7 cookides.
Askr your child to think of situations that you can describe with ono or moxe of the numeiral. 5.
Number strips
9-1 neh by 1.2-inch sheet), felt-tip markers or crayons, rule, scissors.
Materials:
With a ruler, divide the paper into nine l-inch wide stirps.
twelve l-inch squares. color and cut the strips as follows:
color one strip orange; cut it into 12, 1-inch squares.
color one strip green; cut it into 6, 2-inch strips.
color one strip blue; cut it into 4,3 -inch strips.
4-inch strips.
6-inch strips.
it into 3.
it into 2 .
Divide each
strip into

Lioj bibe will mion da nattamin．
tho length tha 1 dea doen pua cko carual to
 2t othex timejo sals cusarkons Iitm theas： Set your chila juge
 Bho wi．1．dincovo of mathes picao cinange althoucin
$\qquad$ 3.




Anks＂Tf $x$ mancod to divice the broma gtrip into thie sipo oz piecs（polut to an
 and puacing them ovar toblem titin othos nizeg of stejpa．

An Empty Egg caxton
Hercove tine top from the ogg cartong number the oeotions of the certon from 1 througit 12.
and macaron!
"240ヶ7009 פfut us 2hia
Tiris cen be arstanded by amjring: "Fhen you gnit thinge into the diffarent 2nis.

Natior - Ona of the Most Beautiful and Irn Medinns for problenmsolving
water


Noiny did chat happan?" chisa, asts "
make
Uaing the Discariac Matezials in Your Noighborhood

2. Evaluate one of the preceeding activities. Anstors these questions:

1. What did your child learn?
2. Fhat did you leam?
3. Mat guastions did you uso and how did they help your child?
A. mat problon(s) did your child solve?
Snrtion)
$\ln n$
(Acranging
OL
from manal

- 



- onas over tho nort largest atide in the gerieg. Have your child placa small the atich and then ams
procera to dre the
 FFMAl, CHO2 $=5$

> Eopeat this explanation for ench stick.
the ch11d con
"fiow can we maise ach metds equal of tho mamor" "man nozst biggestr" "HON many fhould ve talse asay from the biggeac th one and tine meme ag this ono?: (point to ngitt one in noxien hom many would have to then eendomiy choose two etckok fxom the Dexios and of the other atick.) bo added of takin atay from one

## 


then
there are 6 aifferent
of numberals of 1.2.
"Hov many dixfaxant wayo can you arrango thome numbaraler"
and 3.
CROSS CLASSIFICASYION
Obtedn equase pieces of cardboard or wood eveniy divided into 4 speces as shown

Have avadinble 2 to 3 sers of the follaring gcomernic shapesi Squares, trianglew. airclem. diamonde. Bach whape ahould corac in 4 dikerant colore
glue, yolsow, red, \& whtio
Next, you choonc Erom among these shapes 3\% y yollou triangle and put it into mace 1. have trlengle for mace
"mat will go into spact 38"


Suis puw uvini

## don'z have anybining in ehe spaco alue baciatiae it is tina mlus triangle.

$\stackrel{4}{0}$ the cons and the coes wot undmxwidnd a matrix. you procerd to placo thoso we woula pur olrcla and
co the blue ofrcia on
tha yollow color of Ury 7 matoob oxpladning why yeu chaoge colos: bluas then on the nont chars 26 a - 4 Eaxambe cissciot fhnon n-rn put mhat

## nTh Ahn Cixmh toro Erain

 chat bsens on the columnes. If child cannoif anmias these or tho corxect direlo in square 3 . a yollot eircla 50 that it makes hiue trifancio matel in color the tha triangia."

"Fity did you put a blua circia in $x$
"Can you eznd the miesing objocts for the spacos?"
The child has to dotermine that columes era ehepe and that rows are color.
blue eircle
yellow triangle blue triengle
Your child can put in apaces 2 ond a y yellow and blue triangle or acquare or dismond each of these would be logical and complete the matriss with tiro cilmenolons considared.
Agtar your abile has solved several of these matriss problems, use items instoid of numbars. ©.g., picture carda of difforent aizam (or toy caxb, airplenct. boats. and trains) and arrange two in two dilfierank apaceas as auch:

Lex,

holder)
Malsing a puppet i.s better than fuving one
Viafin ail old ba?l. ask:

On the table, have another old ball. for yourself, some glue, 2 paper towel rolls,
majic markers, scissou:g, fabric, buttons; fringe: feathers, ribion, or anything
else that can be used for decoration.)
Ifi chlild does not suggest cutting hole roll, ask:
"If I were to cut: a hole fin the boll here, could it be uged for smathing to hold
Afiex discussing the use of the papex towel roll, cut a hole into the ball just large enough to inseit the roll. The roll should estind below the head so that clothes can be attached. rhen esk,
"pould you like to make a face on the ball?" "On the table, there are some other
"tems for you to use to make some cllothos and whatever you ilke to put on the puppot."
IWen, you proceed to malie your punpet along with your chisd, verbally describing some of yol:1 actions and huw you make decigions as to bor you were golng co decorate the puppet.
"How will we remember our paxts?"
If we wait until. tomorrow, Jackson will. he home and you can invite him to see the play."

## sost of the activitise risurabed in thin boot sin in ail the other intoractions that

i.s pinnesing and zaking questions. As your child gets older, verbal skilles become more important as the way to represent what he/she fnows and to express tholt feolings, with this in mind. it is important that you be awace of bow you une vords. some thinge to remembar are:

> Chileiren need to heax all linds of words:
Woxds that tell what they see Words that tel. what they do forda that te?l hov ihey fee?

## wocds weat deactibe how flungs wor?

st osto ouoomos 10 nor. $\operatorname{Hoq}$ puraspiepun anois riowid the conteri: that

 inks Jimpy sirould knoil
voung. he won't be thi
ing

 meuch:"

## -OH-


 lamm vinot eath of
tjme
want to become more pro and
and hov yous
0 and
ithal sce.
What you thinle, s
is ossential if you Avoia many intency with vords.
 bus, ox in general, Just waiting for something, n.th:
Can vou think of djeffexent thinçs that stant with the same letiex and the same scund as your name? Let us tiy, T ilin help jou anci then I vill do it to. AちS「:
"Flati"s your namo?" (Child yespoirle ivlth neme)

ine lecter aE hics neme; a. go, iE hib name was Bi.lly,
he coula zay bonooin:
"fishat: do you sat:?" (He/she could siay: "beans') "Lner gueations:


$$
\begin{aligned}
& \text { in sand whereever } \\
& \text { your chjl } \alpha_{6} \text { espec }
\end{aligned}
$$

$$
\begin{aligned}
& \text { child, verbally des } \\
& \text { to make two piles }
\end{aligned}
$$

take too long for

$$
\begin{gathered}
\text { te } 8 \\
\text { ask }
\end{gathered}
$$

$$
\begin{aligned}
& \text { as wel } \\
& 5 \text { exam. }
\end{aligned}
$$

$$
\begin{aligned}
& \text { Well as } \\
& \text { example: }
\end{aligned}
$$

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\begin{aligned}
& \text { can be found } \\
& \text { ly contalners }
\end{aligned}
$$

can be found

$$
\begin{aligned}
& \text { in obj } \\
& \text { I use }
\end{aligned}
$$

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\begin{aligned}
& \text { If I use } \\
& \text { containex }
\end{aligned}
$$

$$
\begin{aligned}
& \text { i'c is the biggest containex } \\
& \text { f these to make one hill." }
\end{aligned}
$$

izes.

$$
\begin{aligned}
& \text { this cup, it } \\
& \text { here; I think it } \\
& \text { When your child }
\end{aligned}
$$

suof
erbally des

$$
\begin{aligned}
& \text { tall } \\
& \text { ribe }
\end{aligned}
$$

$$
\begin{aligned}
& \text { cions that will help your child to dis } \\
& \text { to know what he/she is thinking while }
\end{aligned}
$$

$$
\begin{aligned}
& \text { "Why does your car move slowly in the sand?" (Child has to think } \\
& \text { about the relationship between the size of the car, the type of } \\
& \text { push he used, and the quality of the misture of the sand.) } \\
& \text { "Does your cup have more sand than mine?" "How do you know?" } \\
& \text { "Car you remake the pile that was jusi pushed flat?" }
\end{aligned}
$$

PARENTP 3 COMMENTS

:ialme
plece of cerbon naper botween two sheets of white paper; draw a picture Fut a pil of anything on the cop sin arrange into a group, with two pictures. Make a serjes of pictures being the same; aslu:
"can you find tro pictures that are the same?"
"Why are they the mame?"
Make a sexies of three piciures with
picture that js diEfexent?"
Have your child prepare several sets of dramings with the wite and carbon papers.
Ask:
"can you arxange or put inito a group 4. of your pictuces bith each one being the same in some way?" "With two being tine same in some way?" "Ihree?"
"can you chooge a group of 3 or 4 piciuies and then ask me how they are the "can you in some vay?" "How one hs difierent ficm the othex?" washers, and rubber weshers
Fill the jar with all the objects then ask: "Can you sort these into the
different compartments of the egg carton?"

[^1]"Is there another way that they could be groupede"
your
 bolits :rith nuts.) boboy pins, toothpioks, paper clips, buttons, There are many chings aroun together and sorted or cilasisified into dirioceirt subgroups or grouns by adding to or taking away of by thinking about din discuss the way things have
things (cans on shelf, toys, grouped in your household; ask yaur child to regroup
table ware, books, etc) and don ${ }^{1}$ torget to ask'why?"
examples will illustrate this important concept. consider someining rxom moxe their own pexspert.ivo, je.jition or see an object. Very often children at this age reapong to something on the basia and not, necessarily. on them to understand. nt how they want to understand: the basis of how you would understand bonething or want

You and your child on ini:o a store to buy your chindie firiend a that he likes the ijke, althougin he may
a coordinate Jike, the choices riend may that are available and what he likes.
Materials:
Then ask, "NOW, can you draw something as jit would look on the side and then from above?"
"Way don't you draw three difierent pictures and I will try to guess when I an Joosking at them from above and from heside." Your child may need help with this activity, for it is difficult for him to think of hov something may look from atove and Erom benide. It may be helpful to ask, "What can help you to know hov someihing looks from beside and from above?" You rould lilie your child to suggest to go to the object and lools at it from a side position and then to look at it from above, After he/she has done this, he/she may be able so draw something that would be gimllax to each perspecifve, Don't expect accurate dravings and if your clild thinks that ne/she has shom it as beat he/she can, accept that.
Another good variation of this activity is for you to stand beside something or to lonk at something farom above ox below, and ask, "Can you explain how the object (or thing) ?ooks to me when I stand here?". After your child atiempte to explain, have him/her come next to f vi how to dascribe that particular point of yiew.

Tnink of
 long as 1t s somathing $\gamma$ Yrour jol $i s$ to Elnd out what it is I＇m
 staxt by sayjng asing me questions．rell me when you think you know what itn to be it＂ we will stop the game It you guess what a in thinting： chink of cood guescions．＂Ask，＂Hould it help D：$:$ pereone＂＂shat cruestiong could you ask o： 2 pezsons hild
＂Iting ＂It helps us エビ e． After you and your child benome proficient．in guosging bili in the house，or whexeevel： to think of thinge that you are．Fox：erumole： ＂${ }^{9} \mathrm{~m}$ thinking of something that we use only a vaiy few fimes during the yearn But hixen He do use it；it is bec （ ＂I am thinking of something that ing function is to maje us more confortable．
You and your child take turns telling a story, leaving out certain words. Use sign language to give the meaning of the misting wotas.
My cat wallked
The story continues:

$$
\begin{aligned}
& \text { play the same game leaving out action words such as walk, rum, skip. jump, hop. Act } \\
& \text { out the word you are leaving out. fox the other person to guess. }
\end{aligned}
$$

he to
Under the fence, up
This game can develop into the popular activity of improvization; for this, you and your

$$
\begin{aligned}
& \text { This game can develop into the popular actaviey or luph ittle, poem, story. For this } \\
& \text { chila act out all or more of the sentence siayingo song tity }
\end{aligned}
$$

your
vord
the car.
the driveray.

$$
\begin{aligned}
& \text { ar ear, t } \\
& \text { you are } \\
& \text { how many } \\
& 2 \text { wordsi, }
\end{aligned}
$$

acting out.

$$
\begin{aligned}
& \text { ow many fords } \\
& \text { words, eice. }
\end{aligned}
$$

$$
\begin{aligned}
& \text { vard, tivo fingers - } 2 \text { words, exc. } \\
& \text { the first pecond. or third vord. }
\end{aligned}
$$

the hill.
Motion
Make undex action with your hand.
Make down action with your hand
hill, around the block.
the word you are wanting the other person to guess

$$
\begin{aligned}
& \text { or indicate by fingers } \\
& \text { sometimes the second word is easier than the }
\end{aligned}
$$

$$
\begin{aligned}
& \text { one } \\
& \text { out } \\
& \text { the }
\end{aligned}
$$

HOYS

$$
1307
$$

story
sirst.

$$
\begin{aligned}
& \text { int } \\
& \text { the }
\end{aligned}
$$

pmblems in social sitiuations fnvolve interactions with other comething not maing somewhere, ox playing a certain game. Whatever che source ontinuously emphasized in these ectivities; i, eso bespecially shen interpersonal conhe other people involved. beconing aware of the vieruestions:
flict:s axise, ask these question
> "Whac. do you think I an thinking (or feeling)?"
"Hhet do you think (name of friend or finiends) wasivere thinking?"
"Why do you think that (name of friend) wanted to play that gane?"
"shy do you think that I wank you to do this?"
"What are you feeling?"
"why do you seel this way?"
and fecling It is very helpful to vexbally describes for krow accuritely what your thoughts and feelinge axe. find vexy ofrin they should know, for you have told them many then at 5 and 6 years of
 event. And as common. is the fact that. their den behavions.
from considexing the why and reasons for otheris beh
to spur you on.
Begin mising something with a very small spoon; and say aloud: "I wondor why I can't mix chis vely wel. 1 today?"
When something has spilled, begin soaking the ligild up with a sponge already Why?" When some object is out of reach and difficult or impoछsible to retrieve with your hands, say, "How can I get the (name of object)?"
pumposefully unscren a light bulb partially, and then fum on the svitch and say. "Now. why doesn't that light go on?"

[^2]This is an excellent activity that should be much fun for your child as voll an an excellent problem. for the cinld will observe that he oppositie dixection of where he want the buclset for go. "phy do you have to pull the rope (xoint these directions out.)
t:o go thai wayz"
your chind shoula
and the bucket is b
rake one of your child's paint brushes and tape on the end of the bruch another 8 inch sticus with masking tape; axrange some paper and paints for your child and eatension on the ond, tine bxugh

Some "rimat If's"
Cause and Effect relationghjps can be clarified by asking questions; there are many situations in your forample: effect relationships:
"What will happen to the mills if. we add chocolate syrup to it?" "vimat will happen io " "would the ind cream
Freezer?" "ivy not?" "would fine jefe cream go backs to its original Ion n if we put tit back into the "pint will Happen to a ballon if we poke it with a pin? lcontime your child's answer by poling

 help, that all the air cant get out or balloons and this njessuse hales the balloon go around the balloon pushes down on ward.)
"What will happen to red paint if t we mix it with yellow?"
"What if the sun stopped shining?"
 उとctescd anonym ne
"If we don't want the fees cream to get too hard, what should wa lo?"
"If we want to make the jello firm in a hurry, what should wo doe"
That さ上 :9taximat

| at the ariety of objects on the toble. you hold up a morem f carchoard, <br> plece a variety of kjtchen utenstis on the tabia; you and your child look towel, newopasex: while you ranove one olojeci; ithen ank your child to try to guese which objert is missing. After hefshe has guessed, lei your chj hida an object while you try to guess. <br> After playjing with a handan set of objectis: remorye these and place a set of objects on the table that are relatedi e.g. eating utansijs: and as soriment of different labelled cans. different crayons, different colored socise, and then montinve with the guestringo |
| :---: |
|  |  |
|  |  |
|  |


Accicents in tho Home, Noighboxhood, storo, or matle vindting

Most nnytimio is good for proolem-solving
"Why does the soap tum into suds?"

As your cook....................
"Now I wj.l scrub your back and I am grinc to go around in little cjrcles.
you feel the circles on your back? In what ditection are they golng?"
"Lei's compare our hands, Do gou think they made this bate of soap to fit my
hand or your hand?" "why"
"Now I wj.l. scrub your back and I am grinc to go arouncl in little circles.
you feel the circles on your back? In what divection are they golng?"
"Lei's compare our hands, Do you think they made thts base of soap to fit m
hand or your hand?" "Fhy?"
falk about, what you are doing; describe your actions and the eftect that joux actions have on object:s.
"Now I wj.l. scrub your back and I am grinc to go arouncl in little cjrcles.
you feel the circles on your back? In what divection are they golng?"
"Lei's compare our hands, Do you think they made this base of woap to fit m
hand or your hand?" "Fhy?"
can偖
time................
At bath






Materials: piccures of things in your house such as a pictuxe of a chair,
Glue, sciesors
paste the pictuxes on white 5 by 8 indi inder cards
place the cards face up on the table. Eoint to one card at a time
play che game again : only this time you poinc to the real. thing and ask child to pick out the matuing picture cards.
yay
your
Ask:
"What fo the difference becween tho real thing and the plcture?"
picturas are two-dimensional

与ati.

Antoher: use of the carcas
is

$$
\text { t. } 0
$$

draw a sencence with them
down.

$$
\text { your chilld picks } 3
$$

curns then the things on the piciture cairds.
that answers the ricales e.g..

$$
\begin{aligned}
& \text { Your chilld picks } 3 \text { cards and turns them } \\
& \text { an bentence using the things on his cards. }
\end{aligned}
$$

$$
\begin{aligned}
& \text { make a bentence using the enaugs on } \\
& \text { yout take your turn. keep plaing until. }
\end{aligned}
$$

Another usc of the carcis is for a ridito gane.

$$
\begin{aligned}
& \text { a good oppoxtunlcy to use language in an } \\
& \text { a a pichyo of a cinain, a towel, and à dish. }
\end{aligned}
$$

place the cards face ur on a table. Malse un a ridilo about one of pount child to point to the card
"pick up a piciure of something that rhymes vith pun."
"pict uo a picture of something that has many noving parits." ask your child to maise uo friter youx child selects the wight caxd, ask your play this gameo
One s cardis.
ming other : 50, end of nltennake rusno Memoxy.

$$
\begin{aligned}
& \text { 14 } \\
& \begin{array}{l}
\text { "I stood on the chaix und reached for the dish } \\
\text { on the towel and it didn: }
\end{array} \\
& \begin{array}{l}
\text { "I stood on the chaix and reached for the dish and theng the dish fell } \\
\text { on the towel and it didn: " hreak!" (wor, wes I Iuciry)" }
\end{array}
\end{aligned}
$$



"onat letters can you make with these pieces?"
(

 this ig an excellencent ways and that all the jerctars the mame but that the lecters can be used in different ways andecos themsel.ves siny tihe same but chil.d; 2xe
uofzo
and remember this is a very inous chances; and shat lind of an are necessary to change .e.r lossary to keep
Eeature
place
can you

- өxn7oṭá e 7xezs the ghapes to star pleture. the begtrming
you find.sh the picture.
a whole and how
Matching Line
print a letter of che alphabet on one side of each clothespin
write each lecter of the alphabet on a sepaxate piece of paper
Lay the pieces on paper with the letien whitten on them on the floor-mout Lay the pieces on paper the cjothespins on the line in order. Ask, the ajphajest jun the rj.ght order?"
"Can you hang up the letters of the efomanlied side of clothespin.) (If or men child mows alphobec. Amother varior the alphabet finst inct ash: " last letter of the alphaket the latrit first:?
a child's clothesline, (a rope or string across a wall at child's height)
clothespins (at leasc 26 ) a colleution of real things pictures of things
Materials:

> Activity:
or--
Or-
Use a few clothespins from the middle of the alphabet and ask, "Can you finjsh
the alphabi Ine in the right ordor""
Another excellent activity with the clothespins that helps your child materstand
ordexing or puting things into rel ationship is to have your child lools for real
thing to hand from each clothempin; e.g.
"Caxk you pin some things on the clothes.i.jre that: go in orcier?"
like an order to you, for your child, it is.
and the one after?"
 is a cotal set.

This will help your child understand how objects can be
This will help your chind also that: thexe atce many different
arranged differently and ajects.
relationships between objection



$$
\text { more no I }=0 \text { ? }
$$


"Can you fhink of another way we could sort the foodz"
has beex no systematil.c way of
t random; in this
the basis for grouping,
-ptoyesnoq өū ut seəre his is gece and how toys are stored. cileaning materials, books: magazines, knicklmacis: plants, écol

[^3]


for concreteness.
 pue oбueч̆ вsoxoe oures
 uT.beq noर 95 grouping could be made. पотдount qeun lexe スoчz


 wher Renember to model cries away, describe why you bui certain objecis in cellain axeab. bohavior yoursolf, vesbally descibing your actiong;

 MOH sioxivo pontp (in! neveyto 5ot whur and nor ued sur "2.7. ор noर proos रem xorno 2.ev!" "phy did you clasity the objecis this vay?"
: scrotisonb osay? xoquษuค caれion tasls. but it is important io create ning your child's problemmsolving skills around chassini-





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1. Evaluate cne of the preceeding activitien. Ansucrs these questions:
2. What did your child learn?
3. What did you leam?
4. What questions did you use and her did they help your child?
5. What problem(@) did your child colve?
6. Time parent spent observing obs and objects before varipulaing therm. $\qquad$
7. Tine child spent observing box and objects before manipulating then. $\qquad$
8. Parent asked child what objects would fit Into the 3 slots cut from bor. -
9. Child asked parent shat objects world fit into the 3 slots cut Inca box. -
10. Parent told child what objects mould fit and what objects koisld not ERt. -
11. Parent attempted to fix th 3 objects iso the bozo -
12. Child attempted to fit the objects into the bor: without help frow parent. -
13. Child essen parent to put the objects into the bo\%o -
14. Patent acini min would hainan if the moet were tumid to a different gobitiono-
15. Parent cold cold to tush che beat co different gesicions in
Ii. Parani did not observe the zelationaito between the slots cuts from box acc the different peaifiens of the boat. -
16. Parent verivelly deactibed wist helene vas dome roxie attexfiling to fill the objects into the bon. -
 to lit tim ojycers into che ber.o-


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in Amount of time parent spent observing objects in aand table before verbally responding or nanipularing objectz． $\qquad$
2．Amount of time child spent observing objects in saud table before verbally responifig or manipulating objects． $\qquad$
Ies
3．Pasent manipulated and played with materials in samo table．－
4．Child played with macerielo in sand table．－
5．Parent verbaily described what he／ske was doing while playing with materiais．－

6．Child varbally jescribed what he／she sas doing fhile playling uith objects in sand tabla．－

7．Child nociced（by looking or verbally announcing）thac cones were differant in length．$\infty$

E．Child asked parent why cones sere disferenc．
9．Child obsarved thst sand case cut at aifferent rates from tine cones（ratbally describad action or looked incently at setion of sand；repseced action of filling comer ama observing the aand coming cuto）$\rightarrow$

10．Child aaked parment why cami came out at differemit rates and apeeds， or＂dificerent19＂。。

11．Parant told child that cones serz different sizes（eithar by length，sire of end or hole）．－

12．Pareat told child wich t！p 13．Child asbod parent to acreve the ips on the containers．

14．Parent actempted to verew the tipe on the different containers．－ 15．Parent asked child shy of the tipg did not ift the containers，

16．Parent askod child miat would happen if the fummel were used for filling concainers with sand。－

17．Child attesneted to fill the containers with，and using only， the scoops．－
18．Child asked parent to heip fill the containezs with sand．－
15．Parent filled the containers with sand using only the scoop．
20．Parent filled the containers with sand using the funnel and scoopo－

1. Time parent apeat observing obz and objects before manipulating them. $\qquad$
2. Tinc child spent observing box and objecta beiore manipuleting then. $\qquad$
Yes
3. Parent asked child winct objects vorid fit into the 3 siots cut
4. Cifld asked parent khat objects mould fit into cha 3 sioco cué froze box. -
S. Earent rold chisd what objecto would fit and vian objoctz sonid not fit. -
5. Frreni attesped to Eix ths objects into the box. -
6. Child attemped to Iit the objecto into che bji: without inelp Ezea parent. .
D. Chisa caise pazent to put tre objecta inco che boxc .
 difEerent cosktiomo-
7. Parent told cisila to turn che bcat co cisefereat posicions in orcer to Eit the best inco the difesiant siotso -
8. Eerart did nos cineerva the zelationahis between the 3ictis cui frem box and the different pesitions of the both. -
9. Taxent veribaly described uinst hefane wos doing ritie atrentring to Ei= tine objecte into the bon. -
 to Eit tha coycces luto the tozo -

TIre parent spent observing materials on table before verbally responding or manipulating materials. $\qquad$
Time child spent observing materials on table before verbally responding or manipulating materials.

Yes
Ho
Parent asked child what was the ane and/or different about
the activity (or materials). Child asked parent what the different materials were for. Child asked parent to use the different materials. -

Child used some of the material in combination with the coloring book without suggestions or help from parent. -

Parent told child that she different materials were to be used wish the coloring book. -

Parent told child what to male with the different materials. Parent told skald hoe to usa the different materisiz... Parent asked child how the different materials could be used. -

Parent used the materials in combination with the coloring boo\%o -
Parent verbally described wist leashes was doles while noticing wits the materfits.

Child verbally described what he/she was doing wile working with the materials. $\omega$

Amount of time parent observed materials in water table before responding to child or playing with objects.

Amount of time child observed materials in water table before responding to parent or playing with objects. $\qquad$
Parent played with objects in water table. Child played with objects in water table. -
Parent verbally described what he/she was doing while playing with objects. -
Child verbally described fiat hefahe was doing winkle playing with objects.-
Parent asked questions that required the child to do something with objects in mater table...

Child discovered leak in pouring exp. Parent cold child wis cup was leaking. Child asked parent why cup was leaking. Child manipulated cup to find source of leak. Parent manipulated cup to ind source of leak. Parent asked child wing cup was leaking Child asked patent why the owe cap would not fit the container. 15. Farer tried to screw the cap on the container. Perez cold child why cap would not fico - -
8. Parent coked child why cap would rot fifo. -
19. Parent suggested co child to try cap on the two containers.- -
20. Child attempted to screw cap on the twi bottles on table nest water table without asking parent for help. -
21. Child used water cup with tubes and cups. (Without parent prompting)
22. Parent told child how to use the pump and tubes andor cups. -
23. Parent asked child how pump could be used. -
24. Parent showed child how pump could be used.-
Child asked parent to fix the tube that was stuffed. -
Parent tried to reroove the paper inside the tube.
Parent asked child why the water did not go through the tubes -
that was stuffed. -
Parent told child ghy the water would not go through the tube. -

## BALLOONS

Time parent spent obecring materials before verbally responding or manipulating materials $\qquad$
Tine child spent observing materials before verbally responding or manipulating materials $\qquad$
Yes
Parent asked child what was the same and/or different about the materials (or activity). -

Child asked parent what the balloons were for. -
Child asked parent what the materials (string, glue, fern) were for. Child asked parent to make a face on the balloon. -

Child asked parent to find mother piece of string for the balloon.
Child asked parent to glue yean on the balloons -
Parent aster child what he/she could do with the balloons and - ceterials. ~

Parent ashed child winy there were mscerinls (yam, acting glues felt pieces) frith the balloons.

Cizild observed that clue three bailcoms ware different blues (by veriual description or action indicating measuring). -
2. Pavane told child that balloons were difieceme sizes ans the bit: ones were for biz people (logo, farces, teacher) anu i moll ones for child. - $\quad$ - $\rightarrow$
3. Parent asked child that would happen if ha/she pasted buttons and for glue on the balloons.-

Parcae used materials and constructed something new. -
Child used naterisis and constructed something new without help or esgrestions from parent. -

Parent verbally described what he/sin was doing while working with Eve materials. -

Child verbally described rita he/she was doing wile working with the materials. -

Parent told child what to do with the balloons and different meteriais。"

Parent told child how to use the materials. -
Child obtained an additional piece of string for the third balloon without help from the parent. -

## BALLOONS CORE'd.

- Parent told child who to obtain enother piece of etring for the third ballnon. -

Parent helpod child make something new from his/her balloon. -

Jc Amount of time parent cbserjed matericis in area $\qquad$ -
2. Amount of time child observed materials in area $\qquad$ ${ }^{\circ}$

## Yes Ho

3. Parent asked "what if" questions that required the child to co something with the objects.
4. Farent verbally referred to numbers or well. -
5. Child verbaily referred to numbera on wall.
6. Parents verbally suggested a relationship betwnen numbers on walls and blocks. -
7. Child verbally suggested a relationahip between mumers on wall and blocks. -
8. Parents piaced blocks under amber caras on wail.
9. Child pleced blocks uncic: nabuers carcis on wali。
10. Paremt played with car in bleck area,
11. Child played with car in block crea.
12. Child asked perent why the sox of theels wess thers; of winat the wheels were for
13. Rarent told child how to fix the truck.,
14. Parent showed child how to fir the truck. -
15. Parent played with truck without Eixing the wineis. -
16. Child plajed uith trick in black aran withowt firing tha ricels. -
17. Parent atterpied to fix the wheelis on truck without invoiving the child.
18. While parent worked on cruck, verbally described what heishe was doing.
19. Child atcompred to fix the wheels on truck wiehout imolving parent (includes asking for help).
20. Child Ferbally described what halshe was deing while working on the truck.
21. Child asked parent to Elx the eruck. -
22. Parent asked ${ }^{\text {whay }}$ questions。 -
23. Child verbally announced that different blocks were in the area. -

## APPENDIX E

## Mothers

Pre-Test
Number of Questions
$J E-58$
$H O-56$
$F O-52$
$H A-47$
$N E=24$
$J O-18$

Post-Test
Number of Questions

$$
J E-87
$$

HO - 76
FO - 75
HA - 62
NE - 66
J0 - 45

Amount of Change

```
JE - 20 +
HO-27 +
FO - 15,+
HA - 42 +
NE - 29 +
50 - 23 +
```


## Discussion

The rank ordering of mother's and children's scores showed that for four (4) mothers--JE, JO, FO, HO--their relative position stays the same on the pre and post testing. For two (2) mothers--HA and NE--they changed positions between the testing; however, the change was only between their two standings. Therefore, it can be assumed that both the Training Program and the effect of individual mothers may have influenced the increase in scores, for example, mothers that were predisposed to asking more questions before the training, asked more questions after the training, and those that asked less before the training, asked less after the training. However, the change score and the rank ordering show that the two (2) mothers who asked fewer questions relative to the whole group, actually had breater increases from the pre-testing, than the other mothers,
with Mother NE showing an increase of 42 questions compared to Mother JE who had 29 for an increase, but who was the top ranked mother in terms of number of questions asked. Mother JE increased 29 questions which was a greater increase than for three other mothers. Therefore, these change scores and ranks indicate that the Training Program was more effective than individual differences.
Pre-Training Parent/Child Problem-Solving Encounters, April 23, 1977
No. of Questions

Post/Test Parent/Child Problem Solving Encounters, August 23, 1977
Table 6
Questions
$\mathrm{P}=$ Parent $\quad \mathrm{C}=$ Child

| Activities | Jeffery$\mathrm{P} \quad \mathrm{C}$ |  | $\begin{aligned} & \text { Hamilton } \\ & \mathrm{P} \quad \mathrm{C} \end{aligned}$ |  | Ford |  | $\begin{aligned} & \text { Nelson } \\ & \text { P } \quad \mathrm{C} \\ & \hline \end{aligned}$ |  | Hodge <br> P C |  | Johnson <br> P C |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1. Water Table | 12 | 3 | 4 | 0 | 14 | 2 | 9 | 2 | 10 | 3 | 5 | 2 |
| 2. Art Table | 18 | 3 | 16 | 4 | 17 | 3 | 21 | 1 | 12 | 5 | 12 | 1 |
| 3. Balloons | 19 | 2 | 10 | 2 | 15 | 2 | 7 | 5 | 15 | 4 | 3 | 2 |
| 4. Blocks | 16 | 4 | 14 | 3 | 9 | 7 | 10 | 5 | 18 | 4 | 6 | 3 |
| 5. Sand Table | 7 | 0 | 12 | 3 | 7 | 0 | 11 | 1 | 9 | 3 | 8 | 3 |
| 6. Sacks \& Letters | 15 | 3 | 6 | 5 | 13 | 8 | 8 | 3 | 12 | 5 | 11 | 5 |
| Total | 87 | 15 | 62 | 20 | 75 | 22 | 66 | 17 | 76 | 24 | 45 | 16 | This table shows actual number of questions asked by each mother and child

while engaging in various problem solving encounters.
Pre-Training Parent/Child Problem Solving Encounters
Observation Time
Table 7
$\mathrm{P}=$ Parent $\quad \mathrm{C}=$ Child

| Activities | Teffery <br> $\mathrm{P} \quad \mathrm{C}$ |  | $\begin{aligned} & \text { Hami } \\ & \mathrm{P} \end{aligned}$ | $\begin{aligned} & \text { lton } \\ & \text { C } \end{aligned}$ | Ford |  | Nelson$\mathrm{P} \quad \mathrm{C}$ |  | Hodge <br> P C |  | Johnson P C |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1. Water Table | $\begin{aligned} & 15 \\ & \text { sec } \end{aligned}$ | $8$ <br> sec | 0 <br> sec | $\begin{aligned} & 0 \\ & \mathrm{sec} \end{aligned}$ | 0 <br> sec | $0$ <br> sec | $0$ $\sec$ | $0$ <br> sec |  | $\begin{aligned} & 0 \\ & c \\ & \text { sec } \end{aligned}$ |  | $\begin{aligned} & 0 \\ & \mathrm{sec} \end{aligned}$ |
| 2. Art Table | $\begin{gathered} 0 \\ \text { sec } \end{gathered}$ | 0 <br> sec | $\begin{gathered} 0 \\ \text { sec. } \end{gathered}$ | $\begin{aligned} & 0 \\ & \text { sec } \end{aligned}$ | $0$ sec | $\begin{aligned} & 0 \\ & \text { Sec } \end{aligned}$ | $\begin{array}{\|c\|} \hline 15 \\ \text { sece } \\ \hline \end{array}$ | $\begin{aligned} & 15 \\ & \text { sec } \end{aligned}$ |  | $\begin{aligned} & 0 \\ & c \quad \text { sec } \end{aligned}$ |  | $\begin{aligned} & 12 \\ & \mathrm{c} \text { sec } \end{aligned}$ |
| 3. Balloons | $\begin{array}{r} 5 \\ \text { sec } \\ \hline \end{array}$ | $\begin{aligned} & 0 \\ & \text { sec } \end{aligned}$ | $\begin{aligned} & 5 \\ & \text { sec } \end{aligned}$ | $\begin{gathered} 15 \\ \text { sec } \\ \hline \end{gathered}$ | $\begin{aligned} & 5 \\ & \text { sec } \end{aligned}$ | $\begin{aligned} & 7 \\ & \text { sec } \\ & \hline \end{aligned}$ | $\begin{gathered} 0 \\ \text { sec } \end{gathered}$ | $\begin{aligned} & 0 \\ & \text { sec } \\ & \hline \end{aligned}$ |  | $\begin{aligned} & 17 \\ & c \quad \text { sec } \\ & \hline \end{aligned}$ |  | $\begin{gathered} 0 \\ \hline \end{gathered}$ |
| 4. Blocks | $\begin{gathered} 0 \\ \text { sec } \end{gathered}$ | $\begin{aligned} & 0 \\ & \text { sec } \end{aligned}$ | $\begin{aligned} & 0 \\ & \text { Sec } \end{aligned}$ | $\begin{aligned} & 0 \\ & \text { sec } \\ & \hline \end{aligned}$ |  | $\begin{aligned} & 10 \\ & \text { sec } \end{aligned}$ | $\begin{aligned} & 10 \\ & \text { sec } \end{aligned}$ | $\begin{aligned} & 0 \\ & \text { Sec } \\ & \hline \end{aligned}$ |  | $\begin{aligned} & 0 \\ & c \\ & \hline \end{aligned}$ |  | $\begin{aligned} & 0 \\ & c \quad \text { sec } \end{aligned}$ |
| 5. Sand Table | $\begin{gathered} 0 \\ \text { sec } \end{gathered}$ | $\begin{aligned} & 0 \\ & \text { sec } \end{aligned}$ | $\begin{aligned} & 3 \\ & \text { sec } \end{aligned}$ | $\begin{aligned} & 0 \\ & \text { sec } \end{aligned}$ | $\begin{aligned} & 7 \\ & \text { sec } \end{aligned}$ | $\begin{aligned} & 0 \\ & \text { sec } \end{aligned}$ | $\begin{aligned} & 0 \\ & \text { sec } \end{aligned}$ | $\begin{aligned} & 0 \\ & \text { sec } \\ & \hline \end{aligned}$ |  | $\begin{gathered} 0 \\ \text { c_sec } \\ \hline \end{gathered}$ |  | $\begin{aligned} & 0 \\ & c \quad \text { sec } \\ & \hline \end{aligned}$ |
| 6. Sacks \& Letters | $10$ | 12 | $\begin{aligned} & 15 \\ & \text { sec } \end{aligned}$ | $\begin{gathered} 15 \\ \hline \end{gathered}$ | $\begin{gathered} 3 \\ \text { sec } \end{gathered}$ | $\begin{aligned} & 17 \\ & \text { sec } \end{aligned}$ | $\begin{aligned} & 10 \\ & \text { sec } \end{aligned}$ | 5 | 15 | $\begin{gathered} 15 \\ \text { sec } \\ \hline \end{gathered}$ |  |  |
| Total | 30 | 20 | 23 | 30 | 15 | 34 | 35 | 20 | 48 | 27 | 27 | 22 |


[^0]:    Repeat this sequance with other numberiz.

[^1]:    you tell me why the djfferent wing are grouped together?"

[^2]:    to get the object from this chair to that chaix?" use pulleys at each end so that the rope can easily go axound. burlet on the bottom part or. the use only the bucket some object on the seat of one chair, and say: "Can you use only the

[^3]:    these questiones
    
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