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Grand Valley State University

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**GV FRESHMEN
GROW INTO
STARTING ROLES**

SEE A7



GRAND VALLEY
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VOL. 49 NO. 37

THURSDAY, JANUARY 22



**BOTRUFF
OVERCOMES
DEVASTATING INJURY**

SEE A7



**STUDENT TO
COMPETE IN MISS
TEEN USA PAGEANT**

SEE A3



**YOUNG ALUMNI
FOCUSES ON GROWTH
OF GV COMMUNITY**

SEE A6

Fulton: 'My son mattered'

Trayvon Martin's mother encourages students to act against discrimination

BY AUDRA GAMBLE
DIGITAL@LANTHORN.COM

Less than three weeks away from what would have been her son's 20th birthday, Sybrina Fulton gave the keynote address during Grand Valley State University's Martin Luther King Jr. Day events.

Wendy Wenner, acting vice president of inclusion and equity at GVSU, felt Fulton was the perfect fit to speak on a day honoring one of the most famous advocates for non-violence.

"(Fulton) has inspired us all to educate ourselves and our children about civil rights and the right to full participation for all of our children in this society without the fear of violence," Wenner said.

Fulton's son, Trayvon Martin, was shot and killed by George Zimmerman on Feb. 26, 2012.

Following the death of her son and the resultant country-wide frenzy, Fulton hoped to make sure no one else had to go through her pain.

"Trust me, you do not want to walk in these boots," Fulton said. "You have family members that die, but when you have a child die, that's a different level of pain."

Fulton's speech at the GVSU Fieldhouse on Monday was the first in a series of three speeches she gave at surrounding universities. Her message to young college students is simple: get involved.

Many students at GVSU are the same age as what Trayvon Martin would have been, and his mother wants her son's peers to shape the future of their nation.

"We encourage our young people to come up with innovative ways, creative ways so they can make positive change in their community," Fulton said. "We're laying the groundwork to pass it on to them, so they have to decide how (they) want the fabric of America to look like."

"It becomes not only our country, but their country as well because now they are participants in what's going to happen to them in the future. I



GV | KEVIN SIELAFF

A MOTHER'S PAIN: Sybrina Fulton, Trayvon Martin's mother, spoke at three colleges in the Grand Rapids area to commemorate Dr. Martin Luther King Jr. and his life accomplishments.

think this country is in a lot of trouble. I think we're in turmoil right now."

Since the death of her son in 2012, countless others have been killed due to what Fulton calls "senseless gun violence." Some of the most notable gun violence-related deaths in recent months are the deaths of Michael Brown in Missouri and 12-year-old Tamir Rice in Cleveland.

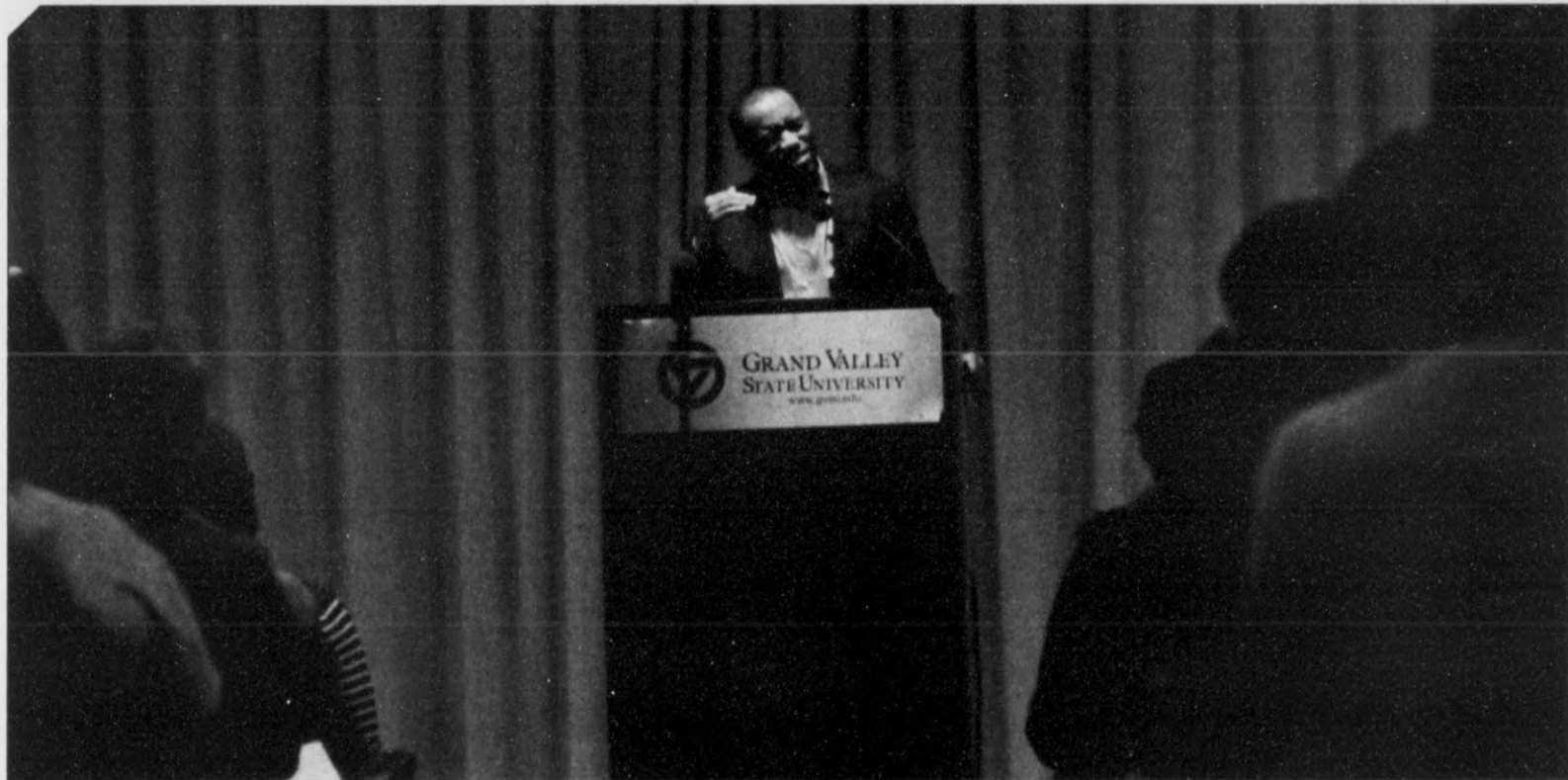
"I think about Mike Brown's family, I think about the Sandy Hook families, the Aurora fami-

lies," Fulton said. "There's just so many things that are occurring through senseless gun violence and we have to do something about it. We can't continue to remain silent."

And silent she was not. Fulton spoke about the pain she felt after losing her son.

"I still have two sons," Fulton said. "I have one

SEE FULTON ON A2



KEYNOTE: Marc Lamont Hill, an award-winning journalist, speaks to Grand Valley State University during MLK Commemoration Week. Hill addressed the role college students should play in societal issues, namely that they must say something and work together to achieve goals.

Change through social activism

Journalist inspires collaboration to create change

BY HANNAH LENTZ & DREW HOWARD
NEWS@LANTHORN.COM

Grand Valley State University students gathered in the Grand River Room to hear author and activist Marc Lamont Hill speak about social injustices in the world today and the role of college students to create change.

In addition to being a social justice activist and award winning journalist, Hill is the host of HuffPost Live and has been a political contributor for both CNN and Fox news. Hill has also been named one of the nation's most influential black leaders.

In line with the theme of "No More Silence" for Martin Luther King Jr. Commemoration Week, Hill focused his speech on the idea that people need to not only speak up about the problems the world is experiencing, but also listen to what others have to say to work together toward a common goal of equality.

Hill talked about the legacy of Martin Luther King Jr., the idea of American optimism, integration and the necessity for young people to stay involved in the problems of today.

"We live in a world where people don't listen," Hill said. "Part of it is the culture of selfishness that has become our norm. We are told that to be successful, we have to beat each other."

Hill applied this idea to the current fascination with social media outlets such as Instagram, Facebook and Snapchat as well as the competition that exists across the world for who is "doing more" than the other. In today's culture, everyone is looking to be the star of their own show and not looking into the long term and larger picture developments that are possible, Hill said.

Additionally mentioned was the necessity of integration and working together for the greatest possible result. By working together, there can be a closer connection between different issues such as education, nutrition, the environment and the war on drugs, Hill said.

"There is a clear connection between these issues," Hill said. "Work together, struggle together, but you have to listen to each other."

Kin Ma, assistant professor of geography and planning, said Hill was chosen to speak at GVSU be-

cause he is one of the prominent, young intellectual voices for the African American community.

"Hill has been consistently engaging young audiences to think more deeply about the American experience," Ma said. "He speaks directly about the current issues of the day, such as racial discrimination and sexuality, and the challenges of high rates of incarceration for minorities. He has really dealt with some of these societal problems."

Ma said if he were to describe Hill in two words, those words would be thoughtful and engaging.

As Hill is a professor of African American Studies at Morehouse College, he has acquired many opportunities to talk with young people about the issues emphasized in his speech.

Bobby Springer, associate director of the Office of Multicultural Affairs, said Hill is making his mark on things happening around the country.

"What he has learned in his studies and his travels, he's a very bright individual and a traveled man, not just around the country but abroad as well," Springer said. "He has a feel for what's happening around the world."

Facing the parking problem

Lakers seek more car lots

BY LUCAS ESCALADA
NEWS@LANTHORN.COM

With more than 7,200 parking spaces available on the Allendale Campus, the ever-increasing population of Grand Valley State University students is bound to struggle to find a space. Since not all parking spaces are open to all students, finding open spots late at night or during peak hours can be tough.

Sophomore Jordan Chrisspell went for a late night run at the Kelly Family Sports Center last week. When she returned to her home in the Niemeyer Living Center, she could not find a place to park her car. After driving around for 20 minutes, Chrisspell finally decided to park in Lot J, behind Laker Village, and walk to Niemeyer from there.

For students like Chrisspell, the answer is simple: build more parking.

"We need more lots for students as well as faculty," Chrisspell said. "Spots that are located close to our buildings, not spots that we have to walk 10 or more minutes to reach during single digit temperatures, rain, snow, etc."

Chrisspell drives her car multiple times a week, usually during busy periods when many students are leaving and entering the university. She said it is easy to find parking during the day, but she often finds herself driving to multiple lots in order to find a parking spot.

Chrisspell thinks the best way to solve the parking problem is by building more parking spots, or by building

SEE PARKING ON A2

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THE GRAND VALLEY COMMUNITY #LANTHORN**



NEWS BRIEFS

GVPD FINALISTS FOR "TOGETHER FOR SAFER SCHOOLS" PROGRAM

The "Together for Safer Schools" grant program has named the Grand Valley State University police department a finalist in the competition to receive all new security equipment from STANLEY Security.

With all new STANLEY Security products, GVPD will be able to improve on-campus security and increase safety for students and faculty. Equipment includes video surveillance systems, fire and intrusion systems and security threat assessment.

The winner of the competition will be chosen through votes submitted by students and faculty online. The top prize is \$200,000 worth of STANLEY Security equipment with a runner-up prize of \$75,000.

Voting opened on January 19 and will stay open until February 13.

To vote, go to www.stanleysaferschools.com.

GV AUTHORS TO HEADLINE WRITERS SERIES

Authors Beth Peterson and Todd Kaneko are set to headline the latest Writers Series at Grand Valley State University to talk about their most recent pieces of work.

Todd Kaneko, assistant professor of writing at GVSU, is an author and poet known for his contributions to the Los Angeles Review along with his book "The Dead Wrestler Elegies."

Beth Peterson, assistant professor of writing at GVSU, is a non-fiction writer that is set to finish her first book of lyrics centering on a disappearing glacial landscape in Normandy.

For more information on the event, get in touch with Oindrila Mukherjee at (616) 331-8034.

GRAND RAPIDS MAYOR TO INCORPORATE FEEDBACK FROM GV STUDENTS

Grand Rapids Mayor George Heartwell plans to incorporate feedback given from Grand Valley State University students on how to draw in and preserve talent in the city.

Heartwell mentioned the students' contributions during his 2015 State of the City address. The mayor noted that he will put into action three of the 10 recommendations he received from students in December.

An example of an idea presented was a smartphone application that will contain information about Grand Rapids such as local restaurants, tourist locations and shops, among other things.

The mayor plans to take it a step further by creating a Millennial Advisory Board that will provide young and experienced representatives the chance to contribute ideas for the Grand Rapids community.

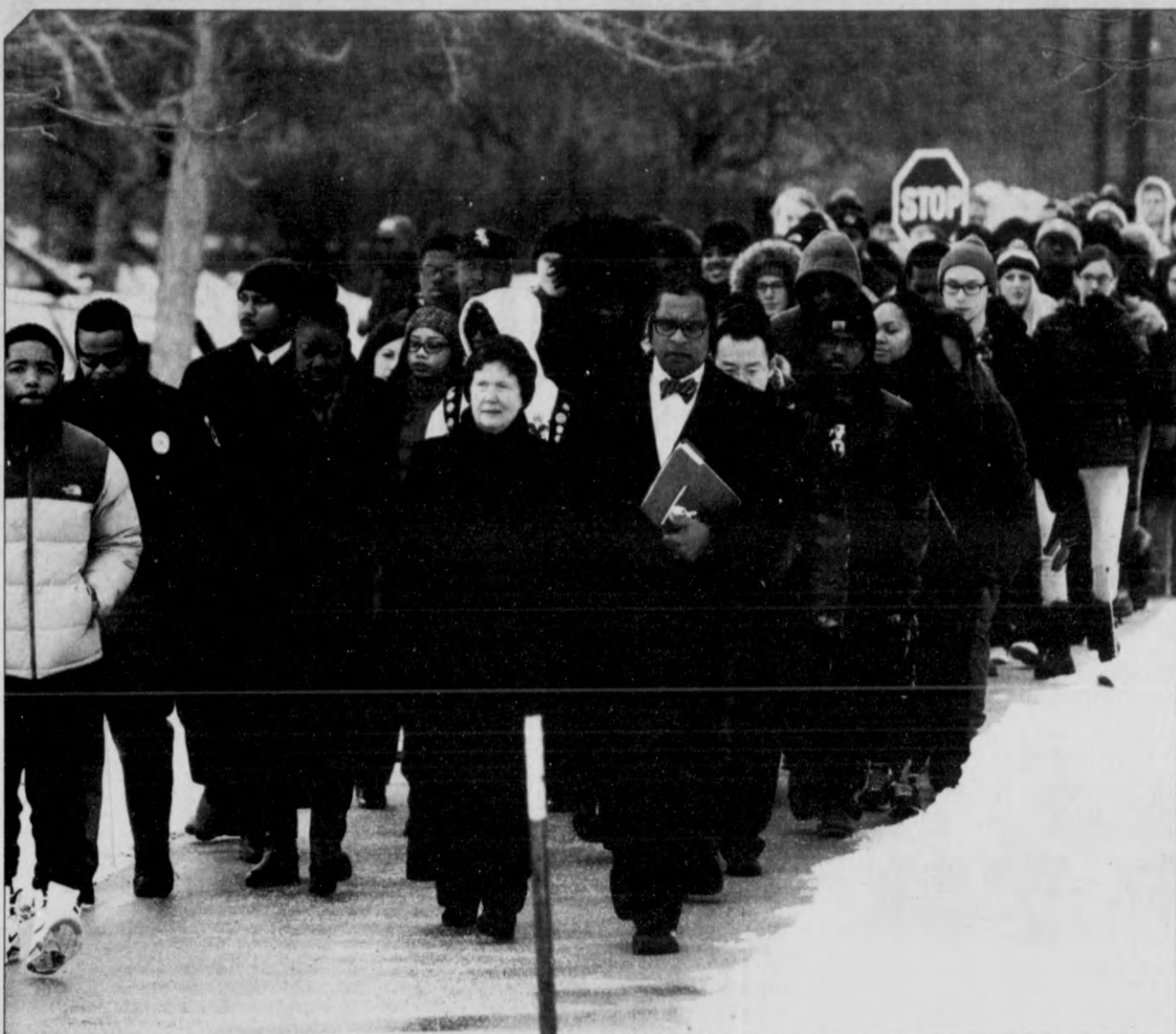
CANDIDATE FOR VICE PRESIDENT OF INCLUSION AND EQUITY GIVES SPEECH

Carmen Suarez, one of three candidates up for vice president of Inclusion and Equity at Grand Valley State University, gave her presentation for consideration on Jan. 20.

Suarez, chief diversity officer and associate vice provost for Student Affairs at the University of Idaho, shared some of the ideas she would implement if she were hired for the job.

Suarez discussed new ways of giving stakeholders enduring multicultural education to expand cultural competency, cultivating a center for cultural advancement, and creating new structural initiatives for the surrounding community.

For more information, contact Michelle Coffill at (616) 331-2221.



STARTING DISCUSSION: Sybrina Fulton, mother of Trayvon Martin, leads a silent march across the GVSU Allendale Campus. She spoke to students as a part of Martin Luther King Jr. Day events and addressed current racial issues.

FULTON

CONTINUED FROM A1

in heaven, that's Trayvon, and I have one here on Earth, that's Javaris Fulton. The very worst day of my life was to see my son in a casket stretched out before the church."

At first, Fulton thought her youngest son was killed because of the hoodie he wore. But she soon realized that was not the case.

"Although this is an un-

comfortable subject, the very thing that caused my son to lose his life was the color of his skin," Fulton said.

However, Fulton warned those in attendance to still be a part of the conversation, even if they did not share the same skin color as her.

"A lot of times people don't feel connected to the story because of the color of (Trayvon's) skin, or because of the racial or maybe a sexual orientation of a person, or the religion of

a person," Fulton said. "But maybe it's your religion next time, that's why it becomes important. We're all United States citizens and we have certain rights. What we're asking is that people observe those rights. It was my group this time, maybe it's your group next time."

Fulton encouraged members of the Grand Rapids community to become members of local nonprofits and other organizations that fight for the same causes she does. She

stressed being an active participant in the uncomfortable but necessary conversations about discrimination in America.

"(This is) what's happening to your country," Fulton said. "Are you going to continue to sit back and do nothing or are you going to participate in what's going on in your country?"

GO TO:
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FOR MULTIMEDIA CONTENT

PARKING

CONTINUED FROM A1

two-story parking garages. She said the parking situation is getting out of hand, and the university needs to do something about it.

"I can't afford to waste my gas money circling lots, pay parking tickets for parking in commuter lots after residential lots fill up or afford to lose my appendages with long

walks in single digit temperatures," Chrispell said.

According to Tim Thimmesch, associate vice president of Facilities Services, the university has no plans to expand parking. Thimmesch said the university's Department of Public Safety conducts an annual, weeklong parking survey to determine parking lot usage.

"This usage information, along with new building construction plans, helps us to

decide when existing parking is sufficient or whether to recommend new parking lot construction," Thimmesch said.

Less than 85 percent of the parking spaces are occupied during peak periods, Thimmesch said.

While Chrispell believes there is a lack of parking spaces, Thimmesch said parking surveys indicate spaces are available.

"Open spaces may not be as

convenient as someone would like," Thimmesch said, "But there are vacant locations."

A reason that might encourage GVSU to build more parking is the addition of a new housing complex. Although Thimmesch said there are no plans to build parking with the new building, the situation is still being evaluated. Thimmesch said location is an important factor when considering new parking.



SPACE ISSUES: Grand Valley State University students MacKenzi Krieger and Sean Truskowski battle over a parking spot. There are currently no plans to build additional parking on campus, according to Tim Thimmesch from facilities.

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GV student to compete in Miss Teen USA

BY CONSTANCE TURNBULL
NEWS@LANTHORN.COM

This summer, the Miss Teen USA Beauty Pageant will feature teens from every state in the country. Miss Teen Michigan is a Grand Valley State University student.

Freshman Maria Rendina prevailed over 56 candidates in September 2014 to become the pageant's representative for Michigan. At the start of this year, she assumed her title and is currently getting ready to compete in the Miss Teen USA pageant, which will take place on Aug. 22 in the Bahamas.

In preparation for this competition, Rendina has hired a personal pageant coach who will walk her through the intricacies of competing nationally. On Jan. 29, Rendina will leave Allendale and fly to Atlanta, Georgia to get her dress fitted for the upcoming event.

Though there are many different state beauty pageants, Rendina felt that Miss Teen USA was the most applicable to her.

"Miss Teen USA is more personalized," Rendina said. "It is more about the candidate than other pageants."

Miss Teen Michigan was Rendina's first beauty competition. She explained that it took three years to convince her father to allow her to take part in a pageant.

"I want to win Miss Teen USA because of my Dad,"

Rendina said.

Rendina said that best part of becoming Miss Teen Michigan was the look on her parents' faces as her title was announced. The Rendina family is no stranger to success - Maria has two older brothers who have competed in and won state championships for wrestling.

In addition to her pageant preparations, Rendina is very excited about her broadcasting major at GVSU. She first gained an interest in broadcasting when working in the business; she got to look behind the scenes to see how different shows work and this sparked her curiosity. Rendina hopes to one day work as news anchor.

In addition to being a member of the broadcasting community and holding the title of Miss Teen Michigan, Rendina is an active member of Delta Zeta Sorority. She has managed to balance her different duties while maintaining a high GPA.

Rendina said keeping up with school requires a lot of dedication because a lot of broadcasting classes are focused around group work and recordings which can clash with a busy schedule. While many students have their weekends free to plan projects and activities, Rendina has most of her weekends booked for appearances. At the time of her interview, the Monroe County beauty queen had just returned from a trip to Mott Children's Hospital in Detroit, doing bed-

side visits and taking part in cupcake therapy.

In spite of her many duties, Rendina still has time to devote to those she loves. Her sorority sisters speak very highly of her and her "infectious energy."

Bridget Van Den Branden, an active member of the Xi Psi chapter of Delta Zeta, said Rendina has a smile that can make anyone's day better.

"She's a 2 a.m. sister," Van Den Branden said. "I know that if I need her, she will be there. Rendina is a natural born leader and organizer, and she gives 100 percent of herself in everything that she does."

This dedication is shown in Rendina's determination to win Miss Teen USA. Not only does she want to win the competition to make her parents proud, but she is excited for what that she can accomplish with this opportunity.

"I have overcome so much already with finally getting my Dad to agree to my participating and winning my first pageant," Rendina said. "I know that I am made for something bigger."

By winning this pageant, Rendina said she hopes it will give her the ability to promote some amazing things.

"I am a very positive person," Rendina said. "I know that with positivity, confidence, a strong mind and faith in God, anyone can get to amazing places."



BRIANNA OLSON

MAKING AN IMPRESSION: Maria Rendina, a GVSU freshman, received the title of Miss Teen Michigan. She will take part in the Miss Teen USA pageant on Jan. 29.



ARCHIVE

ENTERTAINMENT: Grand Valley State University students watch the presentations on stage at last year's Presidents' Ball. The theme of this year's ball is Grand Gatsby.

Behind the scenes of Presidents' Ball

BY DUANE EMERY
DEMERY@LANTHORN.COM

Presidents' Ball is an annual celebration held for Grand Valley State University students, faculty and community members who contribute to it. The Presidents' Ball will be held on Feb. 6, with a cocktail hour beginning at 5:30 p.m. and dinner starting at 6:15 p.m. Dancing runs from 8:30 p.m. to 12:30 a.m. Student Senate has been working with the

Laker Traditions Team to put the event together since May.

Emma Moulton, the event coordinator and executive vice president of Student Senate, said this year's theme is Grand Gatsby. Participants are encouraged to dress for the era, but it isn't necessary.

"The theme is kind of a 1920s take with feathers, black and gold, very grand," said LeaAnn Tibbe of the Office of Student Life. "It takes a lot

MLK Service Day works with local nonprofits

BY ALLISON RIBICK
ARIBICK@LANTHORN.COM

Grand Valley State University students will have the opportunity to engage in a service opportunity in honor of Dr. Martin Luther King Jr. on Jan. 24 from 9 a.m. to 3 p.m.

The national day of service is part of Martin Luther King Jr. Commemoration Week at GVSU. The Community Service Learning Center and the MLK Week Executive Planning Committee are sponsors for the event.

Students will meet in the Grand River Room in the Kirkhof Center before heading to volunteer at various nonprofits in the Grand Rapids area. Students will learn about the Civil Rights Movement, ways they can impact their community and how to make social change.

"(MLK) was a big proponent of services to others," said Laura Murnen, a graduate assistant for service initiatives in the Office of Student Life and coordinator of the event. "The event is really focusing on that service learning proponent, trying to build that awareness of how is your service impacting the community, how are you living up to MLK's legacy - really it's a neat program, in that sense."

Once students meet and sign in, they will split up into three groups and travel with site leaders to three worksites: Rays of Hope International, Grandville Arts and Humanities in the Cook Library and Mel Trotter Ministries.

Rays of Hope International is a ministry organization that ships essential resources and is involved in projects to help provide countries in need with clean water, medical supplies, food and education.

In the Cook Library at the Grandville Avenue Arts and Humanities, students will help set up an event for younger members of the community, which involves a discussion on being more aware of stereotypes in our society

and being more open minded.

Mel Trotter Ministries offers meals, homeless shelters and various programs like counseling, job training and transitional housing for individuals in the Grand Rapids area.

"We're really focusing on civic mindedness," Murnen said. "We made specific learning outcomes and we really looked for nonprofits that could speak to that."

Following these service projects, GVSU history professor Louis Moore will speak about Martin Luther King Jr. and the importance of volunteering.

"It's kind of what Martin says, is that there has to be better human relations between us - and volunteering helps breaks that down," Moore said. "It's also suggesting there's only so much legislation that can be passed to help people, so at a certain point, humans have to be involved on that lower level and interconnect with each other and help each other out."

Moore spoke of the newly released movie "Selma," which shows how people volunteered their time, talent, bodies and efforts in order for African Americans to vote without re-

strictions or obstacles. "I think you see that a lot in today's protests," Moore said. "These are people who are volunteering to change society. You know, the Black Lives Matter protests - it's not just black people, it's everybody. They're putting their bodies on the line to demonstrate that there's humanity in all of us, and that's ultimately what's going to save us, what's going to bring us true democracy."

Registration for the MLK Jr. Day of Service is full, but walk-ins will be accepted the day of, pending space.

"The event is really focusing on that service learning proponent, trying to build that awareness..."

LAURA MURNEN
GRAD ASSISTANT

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Fighting to live vs. fighting to survive



BY ANUSH YEPREMYAN
EDITORIAL@LANTHORN.COM

I was watching a documentary the other day about life in Guatemala,

and the precipitate from seeing it cannot leave anyone indifferent.

Guatemala is a petite country in the Central America with turbulent and heartbreaking past. It attracts people with its natural beauty, hospitality and low prices. The average cost of living is 250 dollars per month living frugally. The country is also known for its poor living conditions; 51 percent of the population lives in rural areas.

Four American students, who were studying business

and economics, decided to go to Guatemala and live on a dollar a day, which is a complete poverty, for 56 days. They pushed themselves out of their comfort zone, tried to live by the rules of that region, had a taste of a different culture and exposed themselves to a different vision or perspective. They worked under the same conditions as the native population and took loans in a local bank in order to live from hand to mouth.

Chichicastenango Mar-

ket, sometimes called Chichi, caught my attention. Handmade products are very common in the area due to poverty and survival atmosphere. It was interesting to watch how women would carry big heavy baskets on their heads.

They also showed an ordinary day of an ordinary family. It was painful to watch families with little children sleep in one room on the floor, suffering lack of nutritious food and pure water. Some children could not finish school because the

family could not afford 25 dollars to buy school supplies. The child had to quit school and work on a farm in order to help the family out. What was amazing to me was the fact that local people had so little, but they were ready to give so much. They treated the American students as part of their family, not as foreigners. This proves that people there live in a tight community, ready to help one another.

This survival mode makes you appreciate all you have, look at life with

a different perspective and do something good for people around you and across the oceans. I would like to follow their example and go to Guatemala. I think it would have been a great experience; perhaps I could affect some people's lives and contribute to building better future. As Miriam Beard said, "Travel is more than seeing the sights; it is a change that goes on, deep and permanent, in the ideas of living."

QUESTION OF THE ISSUE

Have you ever spoken out or acted against a social issue you thought was wrong?



MADELINE SMITH

"Yes, a kid was getting bullied and I told the people to stop because that's not the right thing to do."

YEAR: Sophomore
MAJOR: Allied Health Science
HOMETOWN: Hudsonville, Mich.



EMILEE SILGEY

"Yes. Someone made a comment that used racial stereotyping and I explained that it was not accurate."

YEAR: Sophomore
MAJOR: Nursing
HOMETOWN: Muskegon, Mich.



KAITLYN VAUGHN

"Yeah, I want to start a 'Be Kind Campaign' on campus because you never know what people are going through."

YEAR: Senior
MAJOR: Hospitality and Tourism
HOMETOWN: Madison Heights, Mich.



JOSH AKENA

"Yes because if I feel strongly about something I will gladly stand up for the little guy."

YEAR: Senior
MAJOR: Exercise Science
HOMETOWN: Stockholm, Sweden



BRIAN BERLIN

"No. I'm more of an introvert because I believe things will work out eventually."

YEAR: Senior
MAJOR: Clinical Exercise Science
HOMETOWN: Ada, Mich.

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The goal of the Grand Valley Lanthorn's opinion page is to act as a forum for public discussion, comment and criticism in the Grand Valley State University community. Student opinions published here do not necessarily reflect those of the paper as an entity.

The Grand Valley Lanthorn aims to be a safe vehicle for community discussion. The Lanthorn will not publish or entertain any forms of hate speech, but will not discriminate against any other views, opinions or beliefs. The content, information and views expressed are not approved by nor necessarily represent those of the university, its Board of Trustees, officers, faculty or staff.

Reader submissions on the opinion page appear as space permits, and are reserved for letters to the editor only, all other reader-generated content

can be submitted to the Grand Valley Lanthorn's YourSpace page by emailing community@lanthorn.com.

Letters to the editor should include the author's full name and relevant title along with a valid email and phone number for confirming the identity of the author. Letters should be approximately 500-650 words in length, and are not edited by the staff of the Grand Valley Lanthorn outside of technical errors for clarity.

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PROBLEM

VALLEY VOTE

Do you think most GVSU students know what can and can't be recycled or composted?

YES 35%
NO 61%
NO OPINION 4%

THIS ISSUE'S QUESTION:

Have you ever spoken out or acted against a social issue you thought was wrong?

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BLOG

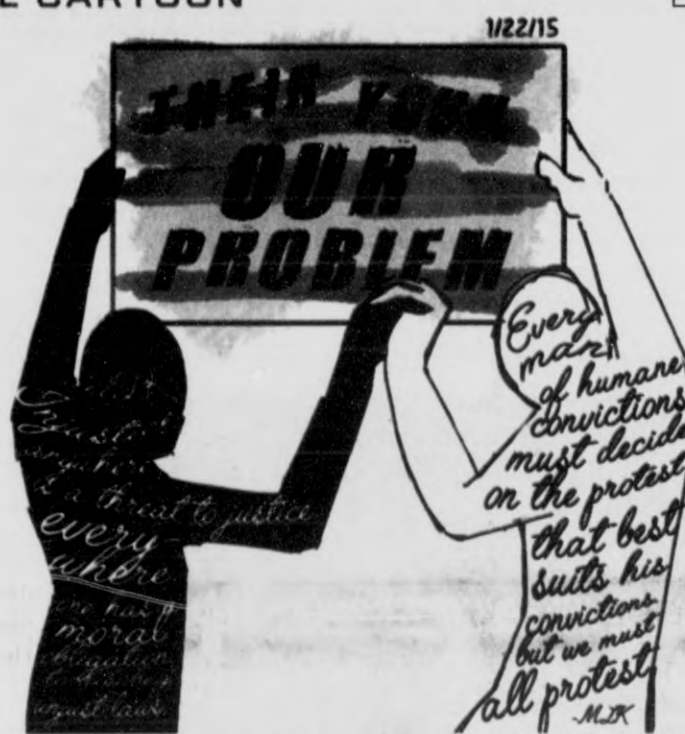
The legal, dangerous and concealed supplement: DMAA

By Tyler Madden,
Junior, Biomedical
Science

LANTHORN.COM

GVL EDITORIAL CARTOON

By Leah Fishwick



editorial@lanthorn.com

EDITORIAL

Find your voice

Students at GVSU should take action in creating change both on campus and in their communities

Over the past 47 years since Dr. Martin Luther King's assassination, there has been a rather strange trend in how Dr. King has been represented. As the years go by, the quotes that circulate on social media become more and more tame.

Dr. King was an amazing orator, and he was an amazing advocate for nonviolence and racial equality. But it is important to remember that Dr. King stood for so much more than that. He was very anti-war and held strong political views. Dr. King encouraged citizens to speak out and act when they felt that the established law was unjust. In fact, he felt people had a moral obligation to break laws that were unfair, just as much as they had an obligation to follow those laws that were fair.

While we at the Lanthorn are not in any way encouraging students to break the law, we are encouraging students to (peacefully and constructively) speak up about injustices around them.

Dr. King said, "We who engage in non-

violent direct action are not the creators of tension. We merely bring to the surface the hidden tension that is already alive."

This message is very similar to the message Sybrina Fulton, Trayvon Martin's mother, shared with students on Monday. Ms. Fulton encouraged students to get involved and participate in actively creating a new fabric for America to wrap itself in, one that is devoid of discrimination and racial profiling.

In the past year, there has been a great deal of turmoil in the national discussion. United States citizens are currently having conversations about family planning, police brutality, gun control, drone ethics, the wealth gap and many other hot-button issues.

The Lanthorn encourages Grand Valley State University students to take a stand. While the education students receive in the classroom is important, college is also the perfect time to hold meaningful conversations about important issues like the ones listed above. Once students leave the academic world, chances to have

constructive, meaningful conversations dwindle significantly.

Historically, it has been the college students in this country and others that start the waves of social change. This country is dealing with some incredibly important issues right now, and it falls upon the shoulders of the young people of this country to start the chain reaction that leads to meaningful progress.

Again, we want to reiterate that in no way is the Lanthorn encouraging GVSU students to riot, incite or participate in violent actions or hate speech.

But we do encourage you to make use of the multiple free speech zones on campus, to write letters and emails to your congressional representatives, to take to social media to express your opinions or even write a letter to the editor of the Lanthorn.

As President Obama said in his State of the Union address Tuesday night, it's 2015, people. It's time to make some significant progress forward.

Staying fit while staying warm



BY JESSICA HODGE
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Losing weight is the top New Year's resolution that was reported to USA.gov. Yes, I am that stereotypical college kid who gained the 'freshman 15' and have yet to lose it a year later. So I decided to also have the typical resolution this year and start to get healthy.

It was a lot easier to get off the couch and go to the gym when it was a 10-minute process. But now that winter has rolled around, it can take up to 30 minutes to scrape all of the snow off your car, push your car out of the parking spot, find a new parking spot at the gym and then start your workout. Since it takes so long to get there, it barely seems worth it to go. Sometimes, however, you don't need to leave your warm room at all to get a good workout in.

There are a ton of good workout routines and moves that can be done in your dorm room with minimal or no equipment. Depending on what you're looking to workout, there are a variety of exercises to do.

For your abs, crunches or

sit-ups are the standard workouts. But change it up a little! A normal plank or side planks are a great way to tighten up a muffin top. Or, if your roommate is feeling up to it, do a partner leg lift exercise.

Want to buff up your arms? You can easily do a few rounds of triceps-dips with just a stable chair. If you have weights, you can do a few reps of bicep curls. No weights? Try using a textbook; we all know those weigh a few pounds!

If you want stronger legs, there are a few exercises to pick from. Squats and lunges are the most popular workouts. Another simple workout is a wall sit.

If you're looking to do cardio, that may be a little bit harder to do inside. However, the main goal of cardio is to

get, and keep, your heart rate up. Try doing high-knees or butt kickers, but be conscious if you're not on the first floor.

What is the other awesome part about all of these exercises besides being convenient for you? You can multi-task! Another big problem with working out is the time it takes up. With these workouts, you can easily read a chapter in your biology book or flip through some flash cards while doing lunges up and down your building's hallway.

Getting healthy isn't all about the workouts, it's about your diet too. So be sure to always make time for healthy routines and healthy food for a healthy lifestyle. Good luck to all of you, it's easier than you think!

ACES, GVPD present on alcohol awareness

BY GABRIELLA PATTI
GPATTI@LANTHORN.COM

"Don't drink and drive" and "Don't do anything stupid" are the common lessons repeated to young drinkers, said Eric Klingensmith, coordinator of Crisis Intervention and Alcohol Campus Education and Services (ACES). However, there are many lessons regarding alcohol that are not being taught.

Klingensmith and Grand Valley Police Department Officer Minh Lien hosted a session at Grand Valley State University on Tuesday called Alcohol: Truth, Lies and Consequences. The goal of the event was to offer students an educational opportunity in a safe setting to become informed about health, safety and consequences when it comes to drinking.

"We want to put basic information out there for students to be healthy and safe," Klingensmith said.

Contrary to popular belief, one thing students will not hear from this program

is that they cannot drink. Instead, Klingensmith said students are adults and can make their own choices.

"We all go down the highway a little fast when we are making a choice," Klingensmith said. "You have to be willing to deal with consequences."

The brain becomes affected by alcohol at 0.08 percent, the point at which it is considered binge drinking. The consequences of drinking to excess include impaired driving and judgment, exhaustion and sickness, Klingensmith said.

Many people do not realize that becoming sick from alcohol is the first sign of alcohol poisoning. This can be extremely dangerous for students who have blacked out when drinking, Klingensmith said.

"Your body doesn't always respond because the brain is chemically knocked

out," Klingensmith said.

A safe alcohol level is between 0-0.06. Anything higher can lead to blackouts, tolerance and the lack of willpower. People can become tolerant to any substance put in their body, leading them to believe that they need more, Klingensmith said.

"We all go down the highway a little fast when we are making a choice."

ERIC KLINGENSMITH
ACES COORDINATOR

One of the biggest problems regarding college drinking is the fact that students often over drink or do not realize how much they are drinking. Klingensmith

reinforced the message that a "drink" is equal to one shot.

In reference to the GVPD's role in alcohol responsibility tactics, Lien said GVPD is not seeking to get students in trouble; however, they have to respond to troubled behavior.

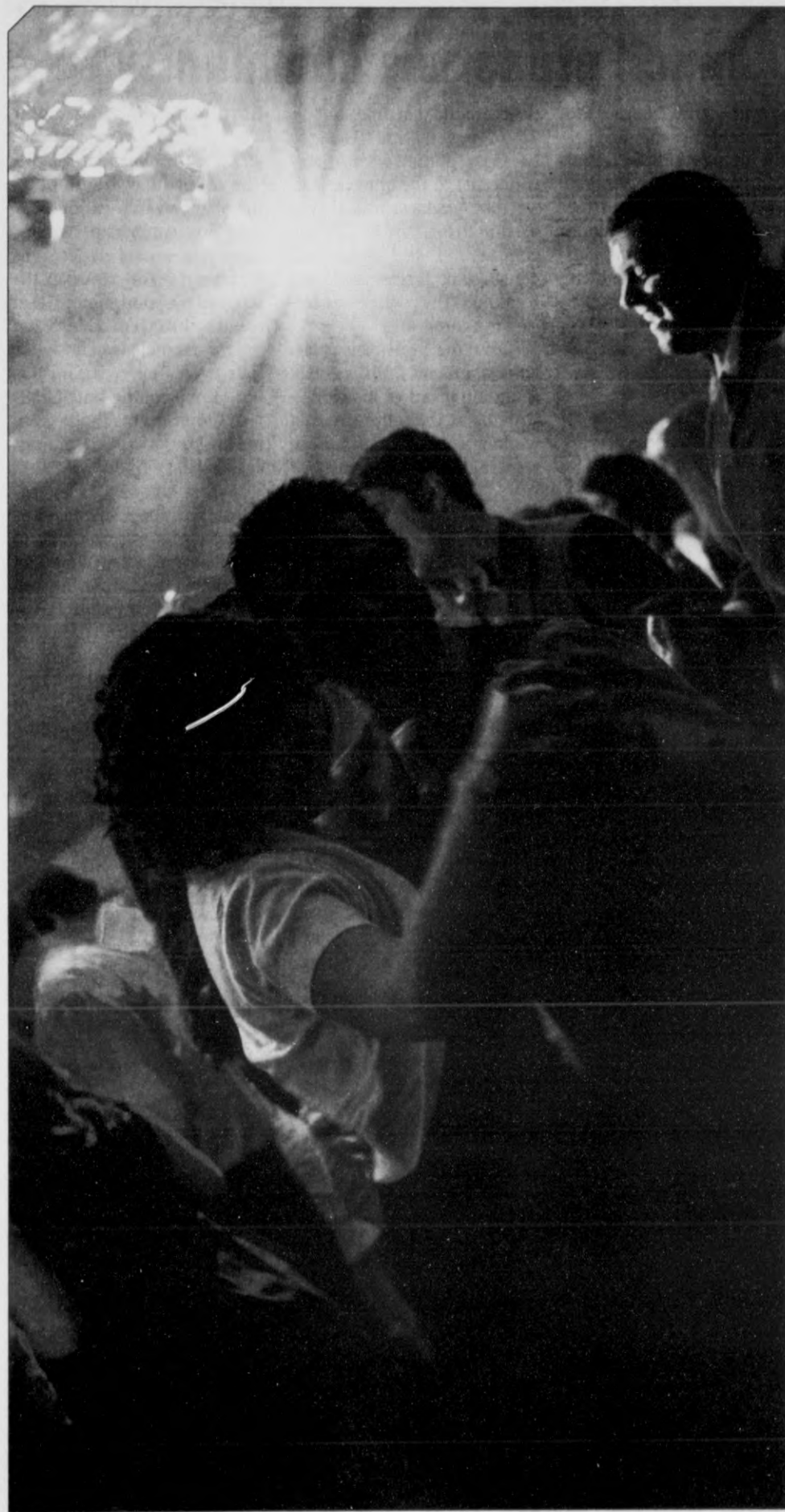
Presenters warned designated drivers to not allow open alcohol containers into their cars. If the seal is cracked, it is considered open.

Often, the first sign that someone has been drinking is the smell, Lien said.

Students should remember never to run, and if they act politely, the situation will be easier and proceed at a quicker and more efficient pace.

Another presentation will occur on Tuesday, Feb. 12 from 6 p.m. to 7 p.m. It is LIB 100 approved.

GO TO:
www.gvsu.edu/aces
FOR MORE INFORMATION ABOUT THE PROGRAM



ALL NIGHT LONG: Grand Valley State University students dance at last year's 007 themed Presidents' Ball. This year, GVSU is bringing the 1920s back with a Grand Gatsby theme.

BALL

CONTINUED FROM A3

of people to pull it all together, and we have a lot of student volunteers."

At the award ceremony, three individuals will receive recognition. This year, the Laker of the Year award will go to Deb Rambadt, the marketing manager at campus dining.

"Laker of the Year is a significant honor," Rambadt said. "It's quite humbling when I consider the level of commitment I see from students, faculty, staff and administrators. This award is a reflection on the entire campus dining team and the work my colleagues do to support my interactions with the campus community."

The Student Award for Faculty Excellence will recognize David Eick, a professor of modern languages and literature. Moulton said this award is for, "a faculty member students feel goes above and beyond to help their students." The final award, the President's Appreciation award, will be presented to George Heartwell, mayor of Grand Rapids.

After dinner, two different areas to dance are available. One will have a live DJ while the other will have a jazz band where the GVSU swing dancing club will give dancing tips. As in the past, the dancing portion of the evening is when most of the crowd arrives to the event. Last year, attendance clocked in between 4,000 and 5,000, Moulton said.

"It takes a lot of people to pull it all together, and we have a lot of student volunteers."


LEAANN TIBBE
OFFICE OF
STUDENT LIFE

Other features of the ball include a candy bar and a photo booth where attendees can get their pictures taken with their friends.


While tickets will be available until the day of the event, there are a limited number of them for both dinner and dancing.

Tickets are available at the 2020 information desk in the Kirkhof Center and are \$15 for dancing and \$30 for dinner and dancing. Transportation to the event will be provided from both the Allendale and Pew campuses.

GO TO:
www.gvsu.edu/presidentsball
FOR MORE INFORMATION



THEME OF THE WEEK



MARTIN LUTHER KING

Enter to win prizes & a shout out on Instagram, Twitter or Facebook by using #Lanthorn every week

Facilities TIP



Intake more warm liquids during the winter months, switch from iced to hot coffee.

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MONEY.
TODAY.

ARTS AT A GLANCE

SUPER SCIENCE SATURDAY

2015 has been named the International Year of Light, and in an effort to celebrate such recognition, the Padnos Hall of Science will be hosting Super Science Saturday: The Wonder of Light. The event is a science extravaganza for the West Michigan community, which will provide educational activities and opportunities for attendees to experience light in different forms. The event integrates activities into categories such as science, engineering, technology, history, art and more. The event will be on Saturday from 10 a.m. to 4 p.m. and is free and open to the public.

THE MOUSETRAP

Agatha Christie's murder mystery will be gracing the stage of the Grand Rapids Civic Theatre through Feb. 1. The play follows snowed in, stranded house guests who become subject to a classic "whodunit" murder case. This play has the longest initial run of any play in history, recently surpassing its 25,000th performance. Christie's show follows a tradition of secrecy that involves a twist ending, something the audience is typically asked not to reveal after seeing the play. Curtain times are 2 p.m. for matinee and 7:30 p.m. for evening. Tickets range from \$16-\$28. For more information, visit www.grct.org.

DR. GRINS COMEDY NIGHT

John Heffron will be taking over Dr. Grins at The B.O.B. on Saturday, bringing a range of comedic material. His show content ranges from bar hopping adventures to married life. This Detroit-native burst onto the comedic scene during his college days, and continues to bring his youthful personality to his shows today. His show will be making an appearance throughout the weekend, starting tonight at 9 p.m., two shows on Friday and three shows on Saturday. For more information and to purchase tickets, visit www.20-monroe.seatengine.com/venues/dr-grins/events/5960/shows.

SUN STEREO AT THE INTERSECTION

For those interested in electronic music with a blend of Beatlesque vocal harmonies, The Stache will be presenting Sun Stereo Saturday night. This seven-piece group has shared the stage with bands such as The Main Squeeze, UV Hippo, Parliament Funkadelic and Keller Williams. They have also performed at numerous festivals around the country, including the Mumford & Sons Gentlemen of the Road Tour, SOHO Music Festival and at the Navy Pier. The group recently released their second full-length album in the fall of last year and is featuring a taste of the album at their show on Saturday. The show is open to those 18 and older with doors opening at 7 p.m. and tickets sold at \$10.

Leadership experience highlights skills

BY COLLEEN SCHONFIELD
LAKERLIFE@LANTHORN.COM

The ability to lead effectively is one of the main aspects and qualities that today's employers are searching for in college graduates. Grand Valley State University's First Year Leadership Experience is designed specifically with this in mind, where leadership roles are presented by showcasing how they can be practiced throughout campus and beyond.

FYLE is a six week session that aims to sculpt students into those who know how to utilize leadership skills to motivate, build respect and network with other leadership-minded peers. The program is also designed to enhance a student's personal philosophy of leadership while developing basic leadership skills and learning about the many leadership opportunities offered throughout GVSU.

Valerie Guzman, assistant director of the Office of Student Life, leadership and service initiatives, said the program provides students with a variety of learning outcomes.

"A few examples are awareness of self in regards to their own abilities, personality, values, commitments, leadership style, awareness of the importance inclusive practices as a leader, etc.," she said. "We focus on individual values with the framework of the social change model of leadership development."

This is the first year that the program is being offered during the winter semester and currently has 24 students enrolled. The program is open to all first year and transfer students who are interested in future leadership roles.

Nicole Wilson, an adviser for FYLE, said the program acts more as a stepping stone for leadership opportunities around campus, such as becoming a residential assistant

or a transitions leader.

"It acts as a gateway for networking opportunities because we have GVSU staff and upperclassmen as facilitators," Wilson said.

Each of the six weeks of FYLE are given a designated theme, starting the session with an overview of exploring leadership and team building, and ending at week six with networking, celebration and empowerment.

"The core of the program is for students to reflect and get to know themselves," Wilson said. "(FYLE) gets them to ask the question, 'What is my leadership style?'"

Guzman said one of the highlights of the program involves participants being able to bond with small groups and create authentic relationships and connections with other students and FYLE facilitators. By the end of the six weeks, she said students will be acclimated to leadership develop-

ment opportunities at GVSU, and feel empowered to pursue those opportunities.

"After graduating from GVSU and entering their communities and professions, GVSU students need to be prepared to take on challenges," Guzman said. "Taking the initiative to participate in FYLE and other leadership development experiences helps to fine tune their leadership abilities and knowledge, and this will certainly aid them in their future."

FYLE began on Tuesday and will end on Feb. 24. The next FYLE session will begin during the fall of 2015 for those unable to attend the winter session, or who are graduates/upperclassmen of FYLE interested in serving as a facilitator.

GO TO:

www.gvsu.edu/leadership/first-year-leadership-experience-47.htm
FOR MORE INFORMATION

Young Alumni Council preserves community ties

BY MADDIE FORSHEE
MFORSHREE@LANTHORN.COM

Of the many decisions that accompany soon-to-be graduates, Grand Valley State University's Young Alumni Council works to make sure that one of those decisions is to stay involved with the community and foster new relation-

ships with other alumni, no matter where they may end up.

The Young Alumni Council serves to continue the connection between alumni and the university as they transition from being students to graduating and being on their own. The council was created in 2008 after there was a noted gap between the alumni populations due to a growth of GVSU stu-

dents around that time.

"(Young alumni) want to be engaged, they want to stay connected to the university after they graduate and they're used to being part of (GVSU's community)," said Alexis Rangel, assistant director of alumni relations. "The council was created to address that."

Over the years, the council has grown from a small sounding board of individuals working at the university to a working council with multiple responsibilities. In the past two years, three committees have formed within the council: the funding committee, the engagement committee and the activities committee.

The Young Alumni Council has become much more hands-on in the work that they do. Whether it's hosting events, volunteering at events or raising money for alumni, the committee is directly involved.

Rangel said the Young Alumni Council wants to extend the excitement of being a first-year student and getting involved on campus to afterward, when those students graduate. The council gives them a channel through which to stay connected to the community they had once spent much time in.

The Young Alumni Coun-

cil currently has 29 volunteer alumni from a variety of majors and employment sectors. The council has a limit of 35 members, and it tries not to exceed two members per graduation year so that all decisions which are made can span the scope of the young alumni that could be involved.

The council usually holds four events per year, including Homecoming and Gradfest. Other events range from networking to sports outings as a group.

When it comes to the national level, the council and its volunteers try to plan events to get alumni in different areas of the country together. In the past, there have been events in Seattle, Los Angeles and Chicago.

Jarrett Martus, a member of the Young Alumni Council, said the council tries to tie in a fundraising aspect to every event they host.

"We are trying to educate young alumni on the importance of giving back once they've graduated," Martus said.

Applications for the 2015-2016 academic year are due on June 30, 2015.

LOG ON TO:

www.lanthorn.com
TO READ THE FULL STORY



CONTINUING CONNECTIONS: Members of the GVSU Young Alumni Council pose at their Life 101 event last May.

COURTESY | ALEXIS RANGEL

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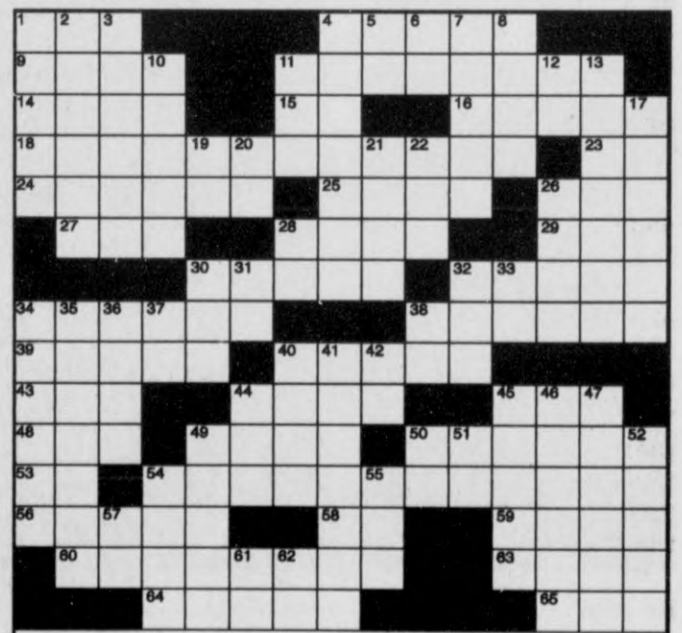
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*must be submitted by a student, faculty or staff GVSU email address



CLUES ACROSS

- 1. Mandela's party
- 4. Gives up territory
- 9. Yellow edible Indian fruit
- 11. Storefront coverings
- 14. King of Huns
- 15. Atomic #18
- 16. Jive talk for ignored
- 18. D. Tart's third novel
- 23. Three-toed sloth
- 24. Gained through effort
- 25. Macaw's genus
- 26. Helps little firms
- 27. A large group of pheasants
- 28. Baby bed
- 29. English dictionary (abbr.)
- 30. Yellow-fever mosquitos
- 32. Liquefy
- 34. Add a supplement
- 38. Insistence on traditional correctness
- 39. Milk, butter & cheese
- 40. = to 10 amperes
- 43. Mined mineral
- 44. Greek god of war
- 45. Don't know when yet
- 48. Fellow
- 49. Detailed criteria for a piece of work
- 50. Special Spanish dish
- 53. Atomic #46
- 54. CBS This Morning hostess
- 56. Rubber tree genus
- 58. Pa's partner
- 59. A tiny bubble in glass
- 60. Lost light
- 63. Surface boundary
- 64. Islands
- 65. = to 1/100 yen

CLUES DOWN

- 1. Subside in intensity
- 2. ___ Hale, Am. revolutionary
- 3. Leafstalk herbaceous plant
- 4. Price of a ride
- 5. 1/2 an em
- 6. Execute or perform
- 7. Narrative poems
- 8. Breathe deeply and heavily
- 10. 1/40 inch button measure
- 11. Morally reprehensible person
- 12. For instance
- 13. Members of U.S. Navy
- 17. Crown
- 19. Old English
- 20. Libyan dinar
- 21. Goddess of the rainbow
- 22. Catch
- 26. Fern spore mass clusters
- 28. Music disc
- 30. All without specification
- 31. ___ denotes past
- 32. A young canine
- 33. Biblical Sumerian city
- 34. ___ Hitler
- 35. Marched in a procession
- 36. Patchy in color
- 37. Trauma center
- 38. Time after midday
- 40. The expanse of a surface
- 41. Develops into
- 42. Equally
- 44. 4th month (abbr.)
- 45. Nervous & taut
- 46. Emits blood
- 47. Assert without proof
- 49. Saturates in liquid
- 50. No. Italian river
- 51. Article
- 52. Mayflower cooper John
- 54. Filippo ___, Saint
- 55. Begetter
- 57. Old Dominion state
- 61. Raised railroad track
- 62. Point midway between N and E

QUICK HITS

GVSU BRACES FOR LSSU ON THURSDAY NIGHT

There's no shortage of bad blood between the Grand Valley State men's basketball team and Lake Superior State.

GVSU defeated its GLIAC North foe in a 75-70 win at Fieldhouse Arena 364 days ago. The teams were involved in an on-court skirmish in the matchup, which resulted in a number of ejections.

The Lakers of LSSU got their revenge later in the 2013-14 season by handing GVSU an 89-69 in Sault Ste. Marie, Mich.

This season, both teams are in the thick of the GLIAC North Division race: GVSU is 5-5 in league play; LSSU is 8-2.

The teams tip off at 8 p.m. at Fieldhouse Arena.

GLIAC SALUTES PAIR OF GVSU STUDENT ATHLETES

Two Grand Valley State student athletes picked up weekly GLIAC awards on Tuesday following their standout performances in Allendale last week.

Senior transfer Amy Cymerman (Pittsford, N.Y.), a runner for the track and field team, was tabbed as the GLIAC Female Track Athlete of the Week after placing first in the mile (4:54.93) at the Mike Lints Alumni Open in the Kelly Family Sports Center on Friday.

Cymerman's performance is the third-fastest time on the NCAA Division II Provisional list this season.

The conference also recognized GVSU junior diver Taylor Wiercinski for her performance against the University of Indianapolis on Saturday.

Wiercinski notched a pair of victories on the 1-meter and 3-meter boards, earning scores of 288.45 and 275.77, respectively. Both were good enough for NCAA Division II 'A' cuts.

GVSU athletes have accounted for 10 of the 20 weekly swim and dive honors this season.

D2 HOCKEY CLUB HOPES TO PACK THE GEORGE

It won't just be another game at the Georgetown Ice Arena on Friday night.

The Spartans of Michigan State come to town for an ACHA Division II Northeast showdown with the Lakers, who are currently the No. 2 team in the conference poll. The Spartans, meanwhile, own the No. 7 spot.

The Laker pep band will be in attendance for the puck drop, which takes place at 9 p.m. GVSU students get in free by showing their I.D.

VARSITY SCHEDULE

WOMEN'S HOOPS

Tonight vs LSSU 6pm

Saturday @ Northwood 4pm

MEN'S HOOPS

Tonight vs LSSU 8pm

Saturday @ Northwood 6pm

TRACK & FIELD

Friday @ Indiana 1pm

Saturday @ Indiana 1pm

SWIM & DIVE

Saturday vs Findlay 1pm

Next men up

For freshmen duo, the future is bright and the force is strong

BY JAY BUSHEN
SPORTS@LANTHORN.COM

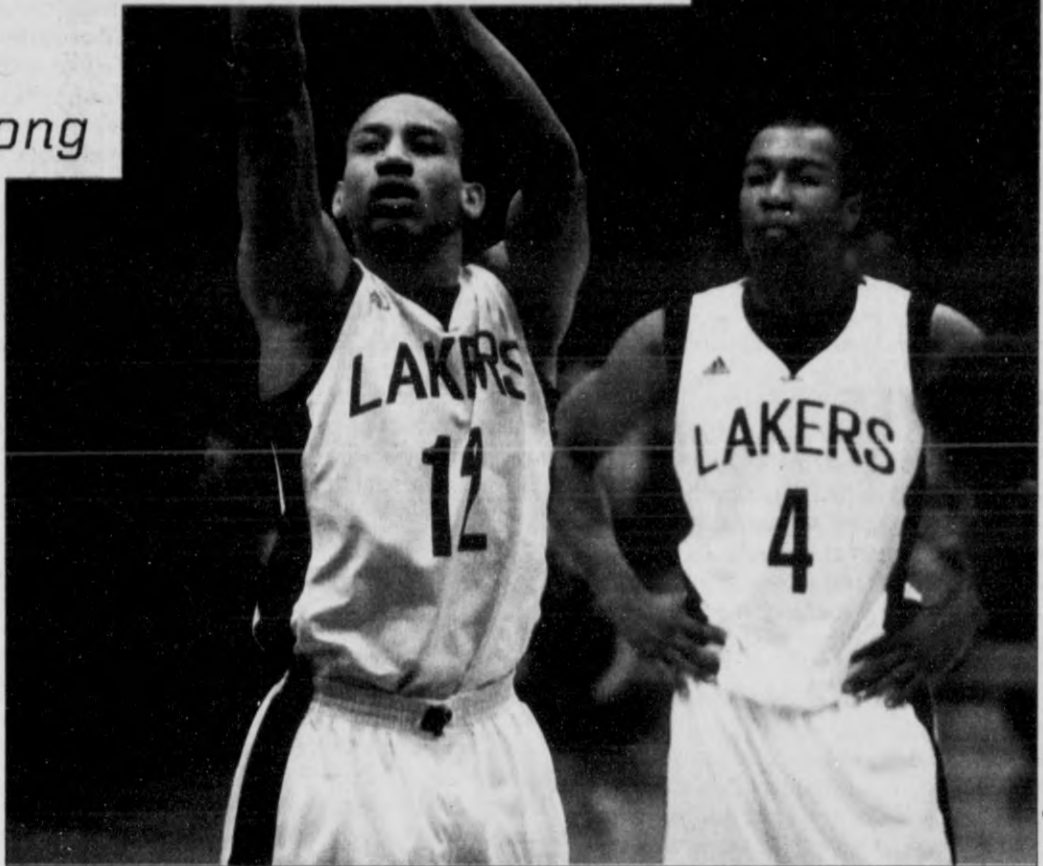
When the Lakers of Lake Superior State step onto the court for an intergalactic rematch of last year's "Fight at Fieldhouse Arena" against the Lakers of Grand Valley State in time for Pizza Wars on Thursday night, GVSU coach Ric Wesley could trot out any number of starting lineups -- and Wesley's Lakers will be ready to roll with the (proverbial) punches.

They've had to all season. A long, long time ago, in a crossover tournament far away, GVSU sent out its first five for the season-opening tip. But the troops have been under attack ever since. In that span, five different starting combinations have been patched together, six different players have earned at least one start and the 11 "starters" have combined to miss about 30 games due to injury. Those injuries have taken their toll, and, on account of the team's 5-5 GLIAC record, the Lakers are on the outside looking in if the GLIAC Tournament begins today.

But it doesn't. And with 12 games left to play, GVSU fans have every reason to envision a new hope. The Lakers are not only within empirical striking distance (one game back of the would-be eighth seed), but also expecting a return of the junior transfer, Aaron Hayes, the heir apparent to Rob Woodson at point guard. After missing six straight games, Hayes returned to practice this week and could play as soon as Thursday night -- and all is well that ends well. The Lakers may be bruised with much to prove and no time to lose, but they're close.

A pair of freshman guards, Sam McClendon and Myles Miller, have a lot to do with that.

"They've been doing great," said Ryan Sabin, the only Laker to start every game this season. "Myles is more of a spark off the bench. He's going to go in there and shoot, he's going to score. That's kind of his role, like a J.R. Smith or Jamaal Crawford. Sam can run the show for us, he's more of a point guard, a strong guard. He's heady, he's smart.



LIGHT SPEED: Myles Miller (#12) and Sam McClendon (#4) have filled in nicely for the GVSU basketball team. Both freshman guards have started six games for the team this season.

"Two different guards but they're the best of friends so it's kind of funny. Those guys are inseparable, it's crazy. But it's good to have them both, they give us two different styles."

Like Hans Solo and Chewbacca, it seems there is much to like about McClendon (Southfield, Mich.) and Miller (Ottawa Hills, Mich.) -- albeit for different reasons.

McClendon (6'0, 190) is a strong on-ball defender who uses his physicality to his advantage. He's got quick hands, a frame built to drive the lane and a season of prep-school hoops under his belt. The former Orchard Lake St. Mary's High School team MVP played last at Score Academy, a prep school in North Carolina, where he recorded averages of 18.3 points, 5.8 assists, 5.4 rebounds and 1.7 steals per game in 2013-14.

He has 43 points, 14 assists and a .452 shooting percentage this season. He's started six straight games for the Lakers, and is a big reason the team ranks third in GLIAC play with 8.5 steals per night. He's got 16 steals on the year -- and he's playing with a dislocated finger.

"I've been trying to get adjusted to the tempo, it's very different from high school," McClendon said. "I've just got to get adjusted to my teammates, still trying to find chemistry. But me and Myles, we get together really well on and off the court. We help each other out."

Miller is a 5-foot-8, 155-pound slasher and former McDonald's All-America nominee at Ottawa Hills (where he recorded a 3.86 GPA). Like McClendon

SEE M. HOOPS ON A8

No keeping her down

Botruff rises above knee injury, shines at GV

BY BRYCE DEROUIN
BDEROUIN@DAILYPRESS.NET

Jammie Botruff emerges from the Grand Valley State University locker room wearing a gray GVSU T-shirt and black sweats. She is embraced by her friends and family who made the 58-mile trip to Marquette to watch Gladstone's all-time leading scorer.

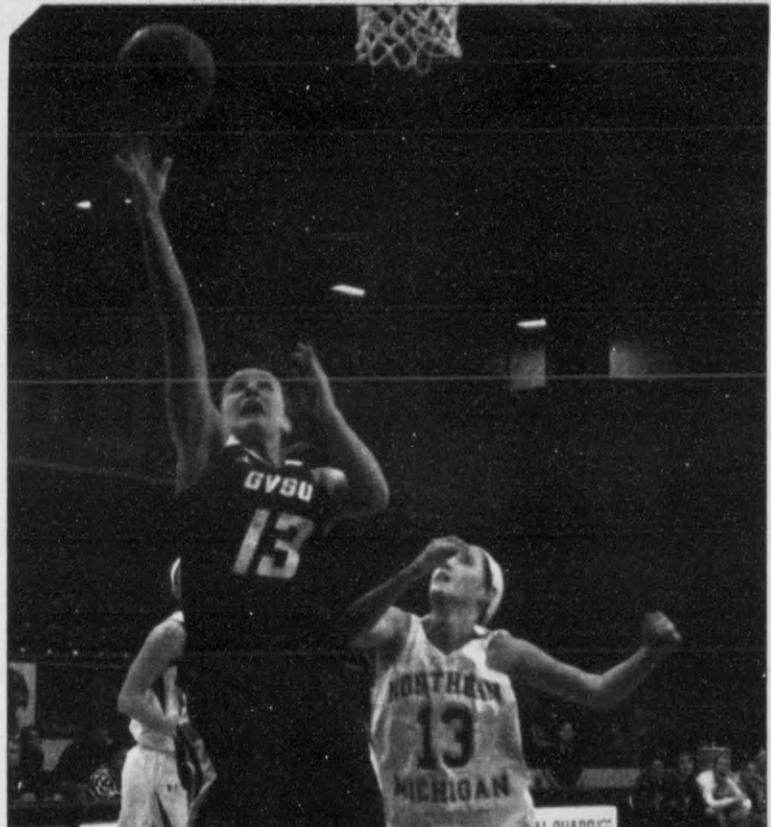
Botruff takes turns hugging loved ones and snapping photos in various poses with her girlfriends. She is all smiles and has many reasons to be happy. The junior just played a key role down the stretch in GVSU's 68-61 victory over Northern Michigan University, Thursday -- securing two defensive rebounds in the final four minutes and knocking down the go-ahead 3-pointer that gave GVSU a

lead it would not relinquish.

Botruff was inserted into the starting lineup four games ago. In those four games where Botruff has started, GVSU is 3-1. But just over a year ago, celebrating a GVSU victory with the people closest to her was the furthest thing from her mind. Instead of worrying about what photo of her friends she would post on Instagram to commemorate one of the brightest moments of her collegiate career, her mind was racing and dealing with the idea that she would never step foot on a basketball court, again.

"They said I would probably never play again," she said.

The troubles started during her freshman year when it was discovered that Botruff had three stress



ADVERSITY: Jammie Botruff lays in a shot against Northern Michigan University last week. Botruff recently overcame a serious knee injury.

SEE BOTRUFF ON A8

A look at diversity of GV Athletics



BY PETE BARROWS
PBARROWS@LANTHORN.COM

I have a day dream, and every time I pick up a football, Scotty beams me back to my childhood backyard. Let me tell you, it is so choice. If you have the means, I highly recommend

picking your own Transporter up.

The fresh cut Buffalograss unrolls like shag carpet beneath my feet when I close my eyes tight enough on the trip, and I'm welcomed back home to the faint smell of fermenting crab apples nestled about the swing-set my old man built by hand. The adjacent barren patch between the sandbox and the shade of the Dogwood was our end zone, and I visited it often.

Dressed head to toe in an off-brand Honolulu blue jersey, silver pants and plastic helmet ensemble my grandma picked up on sale at K-Mart, I was uncatchable as the impossibly twisting helicopter seeds rained down by squirrels from the maples above. Adorning the uniform was the number 20 emblazoned across the chest in a crisp white.

As my dad humored four-year old Pete by playing linebacker for hours,

I was Barry Sanders -- a blur of blue that made looking running around in circles look good -- and you couldn't tell me differently. The furthest thing from my mind was that Barry was black and that I was white.

All I knew was that Barry was Barry and that Barry was the best at what he did. And in the sphere of sports -- ability -- not adherence to arbitrarily determined societal standard and preferences, is the primary currency. We live in an imperfect world, and sports are often a reflective microcosm of it, but teams that make it a practice to enlist players by skin, hair or eye color, religion, sexual orientation, pinky size or favorite ice cream flavor historically don't succeed.

It's a truth realized when pioneers like Jack Johnson, Jessie Owens, Kenny Washington, Earl Loyd and Jackie Robinson boldly blazed trails

in their respective sports and made waves with their contributions not just as inherent civil leaders, but as transcendent athletes.

It's a truth Grand Valley State University was primed to accept when it opened its doors in 1960 rural Bible-belt West Michigan as liberal education institution with less than 200 incoming freshman and a dream of doing things a particular way.

The sports didn't come until 1965 when PE department head Dave Sharporn founded a men's cross-country team. Men's golf followed in the same year, as did men's varsity basketball, rowing and tennis in 1966. In 1968, freshly inaugurated University President Arend D. Lubbers authorized the construction of GVSU's

SEE COLUMN ON A8

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NCAA Division II changes meal, snack policy for athletes

DII delegates pass 17 of 19 proposals to take effect Aug. 1

BY NICK DEMAAGD
 NDEMAAGD@LANTHORN.COM

In a slew of bills passed by NCAA delegates on Saturday, Division II sports will see changes very much akin to Division I.

Many of the bills were passed with overwhelming majority. One of which is unlimited meals and snacks for student athletes as well as unlimited entertainment incidental

to their athletics participation. Another piece of legislation that passed allows athletes from every sport but football to participate in up to two hours of team practice activities a week outside the playing season.

Despite the many changes coming to Division II sports, Grand Valley State Director of Athletics Tim Selgo isn't too worried about the impact the changes will have. The only proposal that was of concern to Selgo was a membership-sponsored proposal that would permit two

games in baseball, softball, soccer and women's volleyball to be played as conference challenge events and be exempt from the annual maximum amount of contests allowed.

"I worry about adding games to the season because it's unhealthy for student athletes," Selgo said. "There are no huge changes otherwise, in regards to practices."

By eliminating limitations on the publicity surrounding a prospective student athlete's signed commitment, modifying current tryout leg-

islation, simplifying legislation related to student athlete travel expenses and who pays for them, establishing a national collegiate championship for sand volleyball and many more - it seems student athletes are the beneficiaries of the revisions.

Other revisions include:
 --Permission for strength and conditioning coaches to carry out voluntary summer workouts for fall sports as early as June

--New standards schools must abide by when denying transfer-

related requests
 --Identifying infractions pertaining to early recruiting contact and evaluation violations as institutional infractions, meaning a student athlete's eligibility would not be affected

--Allowing student athletes to engage in fundraising or promotional events before college enrollment if the student has graduated from high school and signed a written commitment

--Change to eligibility requirement for foreign tours

BOTRUFF

CONTINUED FROM A7

fractures in her foot. She was forced to wear a boot for six months, before eventually having to get right knee surgery to repair the cartilage that was torn in the back of the kneecap. Her kneecap began shattering and cracking. The doctors then took out the torn cartilage, leaving her knees to rub bone against bone.

When she came back, she was having setbacks with swelling and other ailments inside the knee. The pain forced her to have a sit-down with the GVSU training staff and head coach Janel Burgess. That's when the bad news was first delivered to her.

"Last year, right before Christmas break, we were going to the University of Indianapolis and we were at practice and we were going to eat after, and pretty much Coach Burgess and our trainer told the team and myself that -- no one told me this during surgery -- but when they said surgery wasn't successful, they said I would probably never play again."

Botruff did what any collegiate athlete would do when they're told they can no longer play the game that's engulfed many hours of their lives; she cried. She went home for Christmas break and for three days agonized at the idea of never being able to play the sport that brought her immense joy in her life.

"First I cried. Then I didn't know what I was going to do," Botruff said. "Basketball was the only thing I've ever known. I loved playing it. It's all I ever did; I would spend hours on end in the gym."

"They started talking to me and asking questions about what I wanted to do with my kids in the future; because these (knees) are what you have to walk on for the rest of your life. It really hit me hard. I feel like I've grown a lot in that there is more in life than basketball, but my heart is still set on it."

Road to recovery

Once the tears dried, Botruff's competitive instincts kicked in. She went and saw the same physical therapist who treated her injuries since she was in the eighth grade -- Dan Howes of Northwoods Rehabilitation.

"I said, 'Hey I had surgery, they don't think I will play again, what do you think I should do?'" Botruff said about her first conversation with Howes. "He said, 'Let's get on the treadmill.'"

Stubbornly, Botruff tried to return just 10-12 weeks after having surgery, but due to the early return, she had a setback. As a result, she spent the beginning of March until September rehabbing and strengthening her knee. Botruff worked with Joe Tofferi, who is the strength and conditioning coach and also works out of iMove in Grand Haven.

Tofferi first began opening up and loosening Botruff's hips and ankles in an attempt to relieve all the pressure that was being forced upon her knees. Then, he had Botruff run on an anti-gravity Alter-G treadmill to regain her cardio. Now, her focus is just trying to limit the amount of swelling that pops up from time to time.

"If it wasn't for him taking a chance on me, I would never be where I am today," Botruff said about Tofferi. "It was definitely a slow process, but I had the mentality that it would be a marathon. I kept trying to do a couple sprints and I would have relapses. But when it got to the heart of it, I knew it would be a marathon for me to get back."

For the love of the game

With her injuries behind her, Botruff is finally able to focus on basketball. Since December, she's been at her healthiest point of her GVSU career and it has showed. Against Wayne State, she scored a then career-high 13 points and grabbed five rebounds in an 89-63 GVSU loss. Two games later, she made her first-career start in a 72-66 win against Walsh University and responded by recording seven points, six rebounds, three steals, two assists and a block. In the following game against Malone University, she tallied

another career-high, scoring 14 points on 6-of-9 shooting during a 85-60 victory.

"I just think she's the definition of a blue-collar hardworking woman who has had to fight through adversity and is now playing how I knew she would play as long as she was healthy," Burgess said about Botruff. "It's taken her a lot of hard work to get there. She's just relentless and so, so fun to coach."

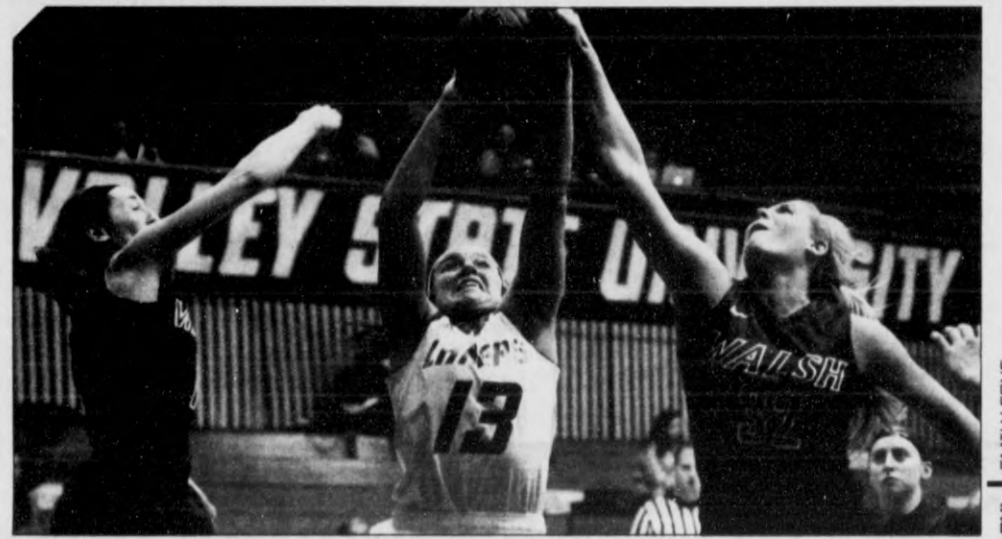
On Thursday, Botruff's blue-collar mentality was on full display. She defended and forced NMU's 6-foot-3 center Courtney Lemon into misses, took a charge and hit a cold-blooded 3-pointer to give GVSU a 61-58 lead with 3:50 left in the game. She finished with 9 points on 3-of-6 shooting, but even points and wins can't equal the satisfaction Botruff gets from just being on the court.

"It feels awesome. I'm finally feeling healthy," Botruff said. "Coach (Burgess) loves my effort and my rebounding and just being able to stick shots. I'm feeling a lot more confident -- even attacking the hoop. It just feels great to be out there."

As she continues to make an impact on the court for GVSU, the bones in her right knee will continue to rub against one another. At this point, her knee won't get any better, but it won't get any worse, either. Botruff will have one last surgery after her senior season is over, where she will have new cartilage installed, a microfracture and a rod in her patella to keep the kneecap in place. Eventually, her days on the basketball court will be over once she hands in her GVSU jersey and goes under the knife, one last time.

There are questions about how the final surgery will affect her post-basketball life; if she'll be able to move around and play with her future children as they grow up. But right now, she's not concerned about those questions. Right now, she's just worried about helping her team compete for a GLIAC championship and playing the game she loves, while she still can.

ORIGINALLY PUBLISHED BY THE DAILY PRESS



PERSEVERANCE: Grand Valley State's Jammie Botruff attacks the rim in a 2013 game against Walsh. Botruff knocked down a clutch second-half 3-pointer at NMU last week.

GVL | EMILY FRYE

COLUMN

CONTINUED FROM A7

Fieldhouse, and student Katie McDonald's write-in choice finished just ahead of the Voyagers, Bruisers, Warriors, Bluejays, Ottawas, Archers - all alternative mascot options - in the polls.

No sooner than the Laker athletic program was born, it began making strides on the straightaway to race ahead along the sporting equality curve.

Dan Poole signed on as a member of the second-year basketball team in 1968, and by the time his career concluded in 1971, was GVSU's career

leader in rebounding (1,270). He still holds that distinction today and ranks 11th in career points (1,431).

He - as well as track star Bob Eubanks - are also the first African-Americans inducted into the GVSU hall of fame and made the cut in the inaugural class.

In the same year Poole hung up his sneakers and powder blue shorts, Athletic Director Charles Irwin resourced funds so that Joan Boand could get her women's basketball and volleyball projects off the ground. In its next trick, GVSU became the first college in Michigan to award athletic scholarships to women by offering Donna Sass Eaton in

1974, and the titles kept coming.

As of today, GVSU has won 17 national championships in six sports, and has been national runners-up thirteen times in eight sports. Fourteen of those titles have been contributed by women's teams under legendary coaches like Boand, Doc Woods, Jerry Baltes and Dave Dillanni. It's frequently argued that GVSU has constructed the premiere athletic program in all of Division II sports by brick laying contributions from athletes and coaches of all different colors, creeds, shape, sizes and sex.

When Martin Luther King, Jr. spoke on Aug. 28, 1963, of a dream about a nation that citizens would be

judged not by the color of their skin but by the content of their character, a diverse and prosperous athletic program was probably not foremost on his mind. But it's progress.

Just as GVSU's campus has evolved from the Kirkhof Center out alone in the corn into a beacon of higher learning, and its athletic program has developed from a few conjoined extracurricular activities into a national power, the civil rights movement has come a long way. In sports and otherwise.

And still, we're not there yet. We may never be.

Despite an immaculate new library raised against Kirkhof that emanates advancement out of its glass

walls, GVSU has expansion projects lined up beyond the end of the decade. Despite 17 national championships, GVSU has it sights set on 18. Despite progress in accordance to Dr. King's precepts, stories of unsightly hate and injustice still splatter the news on both ESPN and BBC.

It's crucial to look forward and dream about the future, just as it is equally essential to look back and remember the dreams logged in history worth keeping alive. It's the dreams that guide us - even if they're never fully realized - and it's the pursuit of them that's as imperative as the actualization.



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Guess Who?

I am a rock drummer and vocalist who was born on January 14, 1969 in Ohio. I rose to prominence in the early 1990s with the band Nirvana. I have since become the founder and lead singer of another successful band.

Answers: Dave Grohl

CUPID'S WORD SEARCH

I O P K Y A T C H R B E C B H A G Q V P
 H L U A S O P O R P F A D L Q E N I V H U T
 I U V R Y H S K D E G A L A T E N I G U I T
 X E G L H R F S A B T D M M C T C A E H H
 A N F L L O U D L R R U O B H Q N K H H
 U I S O P D M G U U E C V E O X A P E K
 D S R L T I P L U A S B I N C C D C A M
 S O L F R S O V M R S C E I O R G I R E
 E U S E P I E G S Y E H D T L U H T T C
 L M R F B A M G M O D A I N A S C O N N
 D I H E L C N Y D G M C M N E T H I X E A
 N N L A M I F D L I Q P N L E A S E S M
 A C V P T Q Q L Q L V A E A A B U S E O
 C Q U E D I N P U C S R G R V L O M E R R
 K M E E T I N G U Y S P N E O R U A S P K
 H R H I D E S T I N Y E O F X Q D S H G
 G G A M A R E S T A U R A N T U O I T F
 F I L O V E Q K V H V N F A E R K P V
 K H U P C E U S S E L F F U R T E K N L
 U B Y I V L H I M A E R D Y A D N K C R

Find the words hidden vertically, horizontally & diagonally throughout the puzzle.

WORDS

ADMIRER
 ADORE
 APHRODISIAC
 BOUQUET
 CANDLES
 CHAMPAGNE
 CHOCOLATE
 CRUSH
 CUDDLE
 CUPID
 DANCING
 DATE NIGHT
 DAYDREAM
 DESSERT
 DESTINY
 DINNER
 EXOTIC
 FEBRUARY
 GREETINGS
 HEART
 HUG
 KISSES
 LITHIUMSINE
 LOVE
 MEETING
 MOVIE
 MUSIC
 POEM
 PRESENT
 PROPOSAL
 RESTAURANT
 ROMANCE
 TRUFFLES
 VALENTINE

M. HOOPS

CONTINUED FROM A7

don, he has 16 steals on the year and has started six games. He makes the most of his 12.5 minutes, too, scoring 3.5 points a night with a .526 shooting percentage. The team is 5-1 with him in the starting lineup. And he can dunk.

"I don't like to tell a lot of people," he said. "It takes a lot of energy to get up there."

For GVSU, it's going to take a lot of energy to rally back into the thick of GLIAC North contention down the stretch. The Lakers may have to endure more injuries before it's all said and done, but especially since the pair of freshmen seems to be developing at light speed, they've got a fighting chance.

"When the fans are all in their dorms or maybe out at

a party having fun -- me and Sam are right in here," Miller said before practice Tuesday. "When they come to watch us play games, they'll know we're putting in hundreds of shots, hundreds of crossovers and working those slides to get steals. I think it would be great for them to see us without that consistency and even grow, so it'd be nice to hopefully (have) a packed house in here some time."

If you like pizza, George Lucas, lightsabers or GVSU basketball, fly over to Fieldhouse Arena to witness the all-Laker battle on Thursday at 8 p.m. If you can't, feel free to check out these up-and-coming freshman guards at any of their six remaining home games this season.

The force certainly appears to be strong with these ones.

WORD SCRAMBLE

Rearrange the letters to spell something pertaining to heart health.

IVNES

□ □ □ □ □

Answers: Veins

GV on the grind in Georgia

Lakers look to make statement in National Duals

BY MARK WASHBURN
MWASHBURN@LANTHORN.COM

With sore muscles and sweat drenching their bodies, the wrestlers roll up the mats since practice has come to a close. Just another day of discipline, just another day of technique, just another day of wrestling. But this isn't just another wrestling team.

Wrestling was cut by the GVSU athletic department in the 1990s. This is the same varsity program that produced dozens of NAIA and NCAA Division II national champions. GVSU club wrestling has come into its own during the 21st century, and the 2014-15 club wrestling team is here for the take down. This year's team is young, but it's wrestling as tough as ever.

There is a huge reliance on the experienced wrestlers who have been with the program for

many years. Bobby Tymes (157) and Joe Stolp (125) have wrestled for four years, while juniors Gabe Stepanovich (165) and Eric Dietz (174) are returning All-Americans.

"We've created a culture in a way. The more you have multi-year guys, the more you are going to get that," said 9th year head coach Rick Bolhuis. "They will clean things up whether it be technique or to push somebody extra hard, and it's not always the same voice that's doing it."

This is especially helpful when it comes to preparation, as the veteran guys show up and work hard at every practice. Bolhuis and the rest of the staff doesn't need to set the tone because the four-year wrestlers and All-Americans set the tone for the team.

Of course a good team and good practices are one thing, but what about the team chemistry?

"This year we get along very well. We always hang out together outside of practice and always

do extra stuff together," Stolp said. "It's really the closest I've ever felt to a team so far."

Earlier in the season, GVSU was able to take down two scholarship opponents in Mott Community College and Davenport University. The Lakers defeated Mott 37-18, winning seven of 11 weight classes. That same day, GVSU came back from a 20-point deficit to top the DU Panthers 28-26.

"Beating Davenport and schools like that makes us feel good because those kids are getting paid to wrestle (with scholarships) and we are paying to wrestle, so it just shows that we care a lot and that we (are) committed," Stepanovich said.

This weekend, the Lakers will be heading down to Dalton, Ga. for the National Collegiate Wrestling Association (NCWA) National Duals. With the team seeded fifth this year, it will have some solid competition to grapple with. Liberty

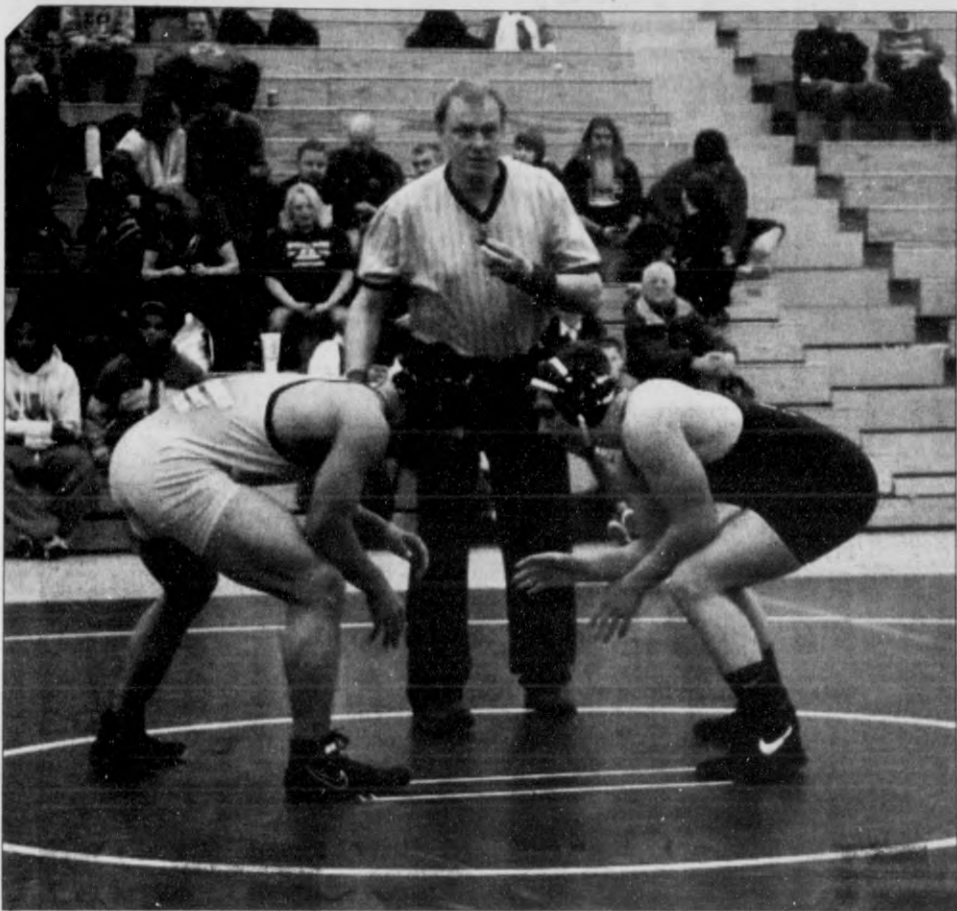
University, the Apprentice School, University of Central Florida and Middle Tennessee State are ranked ahead of GVSU.

"I think it's exciting because sometimes we don't get to face those tough teams unless we are at these national tournaments," Stepanovich said. "We get to see who the tough guys are and get some good matches in."

Performing well this weekend is vital for the team's success later in the season, as the points garnered will carry over to the NCWA Individual National Championships this March in Allen, Tex.

"Now we start cranking it up as we get ready to go and make a statement at this point in the year," Stolp said. "We are ready to work hard and meet some goals."


The NCWA National Duals will be held on Friday and Saturday.



COURTESY | KATIE HAYNES

ON THE MAT: Grand Valley State wrestler RJ Smith readies to face another team during a recent competition. The Lakers will head to Dalton, Ga. this weekend for the NCWA.

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Talkin' hockey

Q&A with GV's Division III club hockey coach, Charlie Link



CHARLIE LINK

BY ABBEY HAJI-SHEIKH
HAJI-SHEIKHA@LANTHORN.COM

AH: So Coach Link, I talked to a couple of your boys last semester and they told me you have some pretty impressive hockey experience. Where did you play?

CL: I played in Muskegon and Grand Rapids, Traverse City...

AH: Wow, you're just all over the state!

CL: I am! Yes I am.

AH: I heard you have some scouting experience as well?

CL: Yes, for the [Muskegon] Lumberjacks, yes. I used to be a scout.

AH: Oh used to be, okay. When you played, when you transitioned from playing to scouting and coaching, is there anything you brought from your playing days into your coaching techniques?

CL: Ah, not really. I have friends that coach at higher levels so I got a lot of experience through

them when I helped coach the high school over at Mona Shores. The coach there is very knowledgeable, he actually played for Western [Michigan]. Learned a lot from him, and another friend of mine played for the Chicago Blackhawks for like 15 years so I got a lot of stuff from him; I'm around a lot of hockey players and I just pick their brains.

AH: Sounds like you just have an endless vat of knowledge at your disposal!

CL: I do, I certainly do. I'm not as smart as you think I am.

AH: My uncle Steve, Steve McPhee, practices with the Red Wings sometimes, he knows a lot of the guys there now, a lot of alumni too, he's kind of the same way. Always talking hockey and learning new things about it. He's a goalie though, so he's a little weird.

CL: Yeah, exactly, being around people you can go to for tips and tricks is pretty valuable. That's pretty cool though, that he does that. Was it old time Red Wings?

AH: I have no idea; he just practices with them sometimes and plays in alumni games on occasion.

CL: Oh, I see! It's cool playing with the professional guys. I was actually fortunate enough to be with the Mona Shores team when Justin Abdelkader was there.

AH: Oh no way! He went to Michigan State after that, right?

CL: Yep, yep, and now he's with the Wings. I like to think I had a hand in helping him get to where he is now, but it was pretty evident that he was gonna go somewhere.

AH: Oh yeah, I'm sure. With that experience, is there anything valuable that you teach your players off the ice, having been a player yourself?

CL: Well, the main thing with college guys, the thing to remember, is that you're playing as long as you possibly can before going into the real world, so the main thing is school. I think that's very important.

AH: Yeah, that is, definitely.

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Announcements

Become a Leader in Public Health! Earn your Master of Public Health at GVSU. Fall 2015 applications are due February 1! For more information: www.gvsu.edu/grad/mp/h/

Rhythm In Blue dance team will be having auditions on Sunday, January 25th. Auditions will be held in the Fieldhouse dance studio from 2-5pm. Open to girls and guys. If interested contact shieldsi@mail.gvsu.edu or hopkinmi@mail.gvsu.edu

First Year Leadership Experience (1/20, 1/27, 2/3, 2/10, 2/17, 2/24) from 6pm-8:30 pm, location TBD. The First Year Leadership Exploration is a 6-week leadership emersion program designed to assist newer leaders in creating and enhancing their personal philosophy of leadership while developing basic leadership skills and learning about all of the leadership opportunities that the GVSU community has to offer. FYLE teaches leadership through interactive activities and discussion led by student leaders and GVSU staff. Please contact Valerie Jones at jonesval@gvsu.edu for more info.

Free ultrasound scans for pregnant mothers! If you are at least 20 weeks pregnant and have already received your complete OB ultrasound scan, you are eligible to participate in GVSU's Diagnostic Medical Sonography scan lab. Every Wednesday from 10am to 2pm, appointments are available for volunteers to receive ultrasound scans by supervised students. If interested contact teftm@gvsu.edu

G3 is for grandparents and grandchildren (ages 8-12). Participants will enjoy the college experience of living and dining on campus and attending classes.

Grandparents and grandkids attend hands-on classes together. Evening activities will include swimming, rock climbing, volleyball, biking, and games. Visit <http://www.gvsu.edu/g3/>.

Announcements

Come get fit in our Campus Rec GroupX classes! You are able to purchase an All-Class pass online or in the Fitness and Wellness office in the Rec Center! Classes are available every weekday! If interested contact mclaulee@gvsu.edu

Immigration Law interactive discussion with attorney Richard Kessler on January 21, 5-7 p.m., in the Mary Idema Pew Library Multipurpose Room. Hosts: ACLU-GVSU Chapter

Stephen Sondheim's COMPANY opens Jan. 30 and concludes Feb. 8 in the Louis Armstrong Theatre. Tickets are \$14, \$12, and \$6.

Take \$2 off any number of tickets by mentioning this offer. Buy your tickets at the Louis Armstrong Theatre box office or call 616-331-2300. Tickets may also be purchased on-line at Startickets.com without a discount. Tickets at the door are \$1.00 additional.

Twisting Fate, a Greek mythology based Grand Valley TV show is calling for extras for an upcoming spotlight party on Saturday, January 18 from 7pm to 11pm. With a small donation of \$3.00 at the door experience a live DJ, food, and your chance to be featured on a TV show! If interested contact twistingfategvstate@gmail.com or like us on Facebook at [Facebook.com/twistingfategvstate](https://www.facebook.com/twistingfategvstate)

West Michigan YATEC Youth and Adults Together Encountering Christ is a Christian community that is dedicated to spreading the gospel. The youth and adults of YATEC are given the opportunity to grow in personal faith by witnessing and serving others. YATEC conducts weekend retreats and community events that offer hands on leadership opportunities; spiritual growth, personal relationships, and a Christ centered community. If you are ready to become part of a community that is thrilled to love you the way God loves you, visit westmichyatec.org or call Andrea at (616) 813-0347.

Employment

Looking for a part time babysitter/ nanny for one newborn baby girl. To start in February or March. Must have experience with newborns and must have or be willing to obtain CPR/First Aid certification. Flexible scheduling ability is preferred. If interested contact atcadence.eddie@gmail.com with a resume and reference list

Main St. Pub is looking for hosting staff and servers who have availability on Tuesdays & Thursdays from 11-4. We are also in need of a marketing intern. Stipend provided. Please apply in person and ask for a manager.

MOKA is currently hiring for a variety of direct support positions throughout our service areas. Openings include: Residential Support Staff - Part time, full time and on call Community Support Staff - Flexible assignments working with individuals one-on-one.

Mentors - Part time 1st programs. Please visit www.moka.org, select the Careers tab and apply online today!

MOKA is seeking experienced leaders to supervise residential treatment homes. These are full time positions with benefits. Requires an associate's degree, and at least one year experience working with adults or children with disabilities or other vulnerable individuals. Apply online at www.moka.org, job IDs 814, 815, 816 and 813

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2007 Ford F150 - Super Crew cab, loaded, cloth interior, excellent condition, 110,000 miles. Call or text Dave at (616) 773-8223 or email dzionkowski91@gmail.com

Black Microwave \$10 TV \$10 Dish set \$5 If interested contact 313-673-2747 **Must be willing to pick up items

Calling all country fans! For sale are upper level club seats for Kenny Chesney's show at Ford Field on August 22. Hard copy tickets, \$100 each. If interested contact 248-513-0289.

For sale: Ipod Nano - 7th generation Red (Latest Model). Includes earbuds and charger. In very good shape. \$77. If interested contact banashaj@gvsu.edu

For Sale: Schwinn Airdyne exercise bike, excellent condition. Will sell for 350 or best offer. If interested contact 331-7183 or wezemand@gvsu.edu

Long Hair Male Cat 9 years old. Front declawed, neutered, all shots. Free to good home, preferably relatively quiet without other pets. This is a very laid back and affectionate cat. Lately, he's not getting along with our other male cats.

Housing

3 bedrooms available Jan 1st in large heritage hill home downtown Grand Rapids. House is walking distance to GVSU CHS building. Rooms are \$400 each. If interested mail oliverka@mail.gvsu.edu to set up a showing.

Housing

Looking for a roommate or a sublease?, i need a place to stay for the winter 2015 and if can be extended to the summer that will also be fine by me. my contact number is 6314045912 and my email is adjomahj@mail.gvsu.edu

House in the Heart of East Town. Subleser needed ASAP: \$400/mo. Lease duration: ASAP-July 31. Fenced-in backyard, Art Room, Storage Room, Washer and Dryer. If interested contact lendmann@mail.gvsu.edu

Looking for a male or female subleser starting mid-May until mid-August. Copper Beech Townhouses. If interested please email haslerm@mail.gvsu.edu

Looking for female subleser in Meadows apartments. Rent is \$439 a month, ASAP - July. Private room, private bath. Utilities average to \$30-\$40. If interested please email hayesann@mail.gvsu.edu

Looking for some guys to room with in meadows next year in Style-A. If interested contact 269-967-8710.

Looking for someone to take over my lease for the Winter 2015 semester ASAP! January-early May. \$420 a month, Campus View Townhomes. If interested email vazgec11@gmail.com

Roommate needed. Looking for a male or female in High Tree Town Homes until May. Rent is cheap. If interested contact 231-225-5032

Subleser needed for room in downtown off-campus house beginning January 3. Contact Taylor at taylorkeeper07@gmail.com if interested.

Subleser Wanted end of Semester (April-August 2015) \$400/month 4 bedroom, 1 1/2 bathroom house. The house is located downtown on Valley Ave. NW. 5 minutes to Pew Campus and 20 minutes to Allendale. Washer and Dryer is included. If interested contact 231-633-4707

Roommates

Female roommate sublease needed ASAP: \$400/mo. 1000 sq ft 2 bed/1 bath partially furnished home 3 minutes from GVSU. This is a sunny house on a lake - to share with one other female GVSU student. References and lease required.

Looking for a female subleser starting in July at Copper Beech. 4 bedroom furnished town home, \$420 a month utilities. Please let me know ASAP if you are interested baldridd@mail.gvsu.edu

Looking for a female subleser for the winter semester of 2015 until May. January is already paid for! It is a meadows style A apartment bordering the pool and across from the study room. If interested email me at ruppm@mail.gvsu.edu

Looking for a girl subleser: Downtown Grand Rapids (Veto St.) May 2015-July. \$400/month. Free Internet and Trash. Willing to negotiate other bills (consumers/dte) Please email koonsa@mail.gvsu.edu with any questions!

Looking for a subleser ASAP!! 48 West 4 Bedroom Town House (4 1/2 Bathrooms) 2 ROOMS available for the Winter 2015 semester! \$445/month. Male or Female There will be two guys living there as well. If interested contact borindr@mail.gvsu.edu

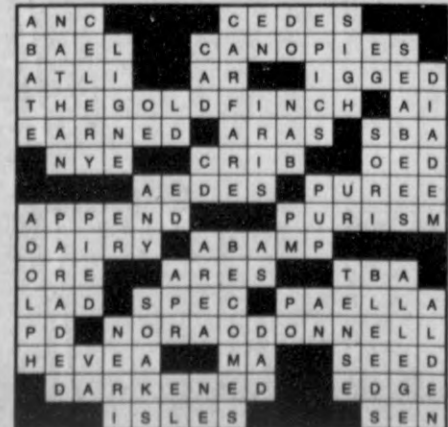
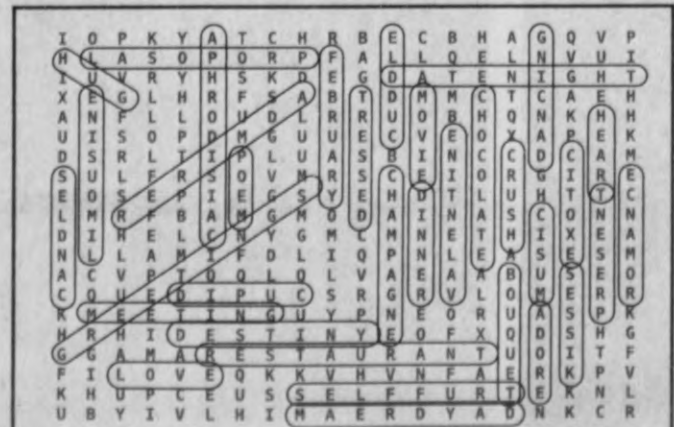
Looking for a subleser in Copper Beech Townhomes in Allendale during the months of April through August 3rd. Rent is \$390/month plus utilities (only electric). A girl is preferred. If interested contact kingk@mail.gvsu.edu

Looking for male or female subleser starting January - Early May. Rent is \$410 a month. 4 bed, 1 3/4 bath. Campus View Townhome. Call or text for more info 616.272.8659

Looking for one female to live in Country Place with three fun, studious, clean, and lively girls! 9 month lease starting 8/25/15 If interested contact cauzills@mail.gvsu.edu

Looking for one roommate in our house near the Standale Meijer. We live in a 4 bedroom house with 3 boys, 1 girl, and a kitten. Rent is \$400/month, which includes all utilities. Please contact Kyle at (810) 922-8878.

ANSWERS TO PUZZLES



MIP? DUI?
Mark Caldwell
616.915.6576
markmcalldwell.com