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Grand Valley State University

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## Softball, baseball prepare for first games of season

SPORTS, A7



# GRAND VALLEY Lanthorn

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ARTS, A6

GV TO DEBUT STUDENT-DIRECTED PRODUCTION 'BEYOND THERAPY'

## Land purchased for commuter lot

GV spends \$1.2 million to expand university parking along main Rapid route, will complement development of Laker Line

BY STEPHANIE BRZEZINSKI  
SBRZEZINSKI@LANTHORN.COM

The Grand Valley State University Board of Trustees approved the \$1,249,000 purchase of 18 acres of land for a new commuter parking lot during its Friday meeting.

University Counsel Tom Butcher said the property is currently an unoccupied wooded area between Collindale and Maynard avenues off Lake Michigan Drive. Butcher said the land will be used for a new park and ride between the Pew and Allendale campuses.

"We've been watching and looking for a convenient place to establish a convenient park and ride that would allow fac-

ulty, staff and students to park there and go to either campus," Butcher said.

He added that the new lots are necessary because GVSU commuters need more parking options. Currently, about 400 to 500 cars park near the Meijer in Standale, and another 100 park behind the Walker Fire Station. The new lots will be on the major Rapid bus route and will be part of the bus rapid transit project.

"It is our hope that we would build this out in phases as that develops," Butcher said.

Mary Eileen Lyon, associate vice president for University Communications, said tuition will not be increased to help pay for this. Instead,

the money will come from the Campus Development Fund.

"We will be monitoring the progress of the Rapid's Laker Line bus project that will run on Lake Michigan Drive between our Pew Grand Rapids Campus and the Allendale Campus," Lyon said. "And we'll see if we can receive federal funds to minimize our total costs of construction."

Lisa Haynes, assistant vice president of Pew Campus Operations and Regional Centers, agreed that the new parking lots are necessary. Haynes said that even though there are two park and ride lots already, they are often so crowded that many students cannot find a spot.

"The purchase of the land

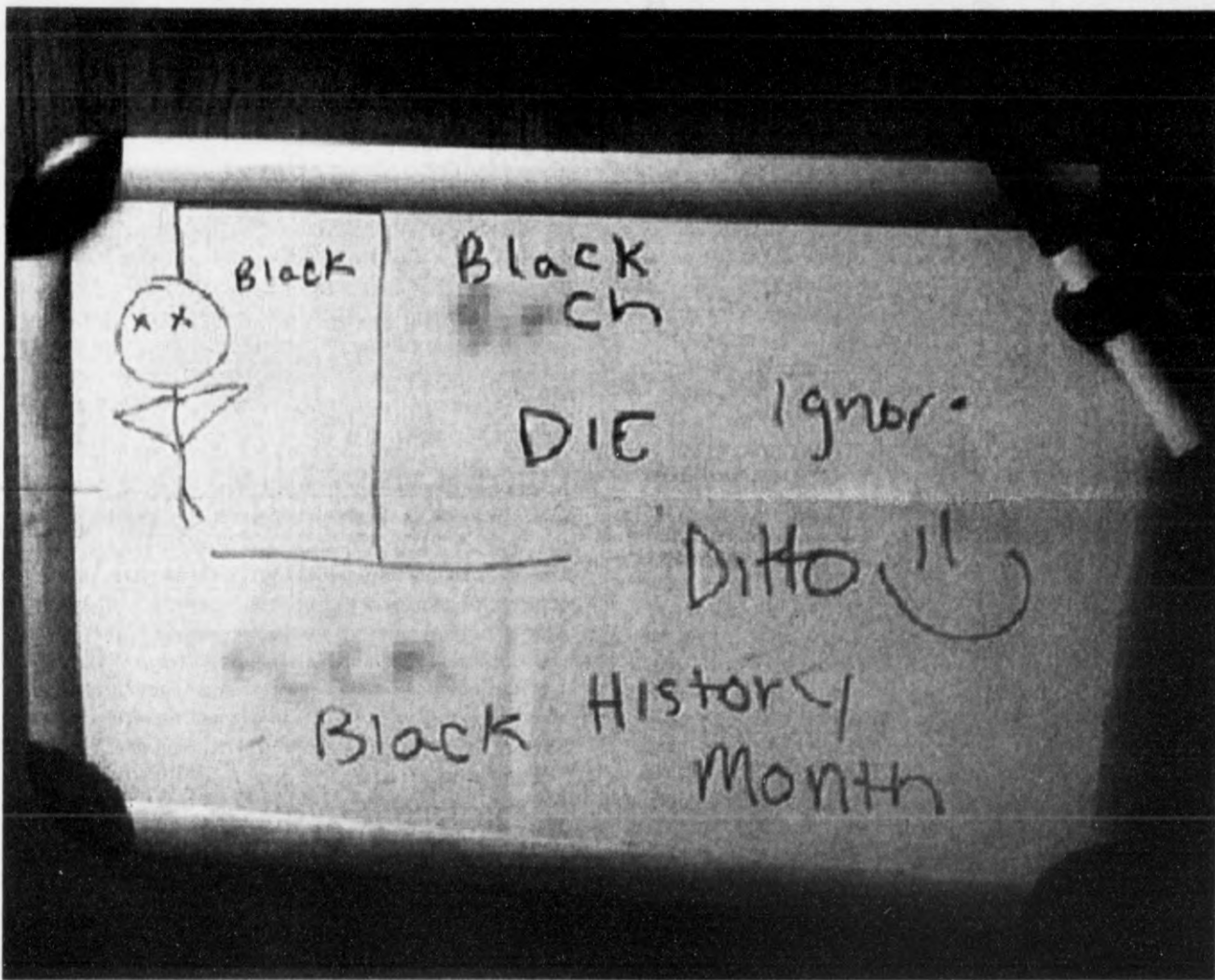
is to help with providing alternatives to students that choose not to park on campus," Haynes said. "We have been investigating the expansion of park and ride spaces due to the sheer demand of people utilizing this option. This was a proactive purchase to compliment the development of the Laker Line."

She added that the Grand Valley Police Department will not be enforcing the new parking lots because they do not enforce the current park and ride areas.

Although they do not know exactly when construction will begin, Haynes said the project will most likely be completed in 2015.



## GV REACTS TO RACISM



**Unrestrained bias:** A bias incident was reported at GVSU when a student found racially offensive language and drawings on the door of their dorm room in Copeland Living Center. GVPD is looking for help in identifying the individual responsible.

### Campus officials ask for help identifying perpetrator

BY CLAIRE FODELL  
ASSISTANTNEWS@LANTHORN.COM

In Grand Valley State University's Copeland Living Center, a white board on the outside of a freshman student's door was vandalized on Monday. A drawing of a person being hanged was drawn on the board

with "F--- black history month" written below it.

"The entire campus community ought to be outraged," Dean of Students Bart Merkle said.

Merkle was notified about the incident on Monday afternoon in a weekly review meeting with various departments on campus.

Since then, he has been in contact with several students who have been affected by the incident. Merkle said he wants to make sure they won't let this incident hinder their comfort on campus.

Parents of GVSU students have

SEE BIAS ON A2

## Board accepts gifts given to university

GV receives more than \$7 million

BY CLAIRE FODELL  
ASSISTANTNEWS@LANTHORN.COM

Grand Valley State University's Board of Trustees had its first meeting of the year on Friday and formally accepted monetary gifts to the university received in the last quarter.

Karen Loth, vice president for development on the board, gave a summary of the more than \$7 million in gifts and pledge payments given to GVSU from Oct. 1 through Dec. 31 of 2013.

"All of the gifts received will impact students, primarily through academic programs, scholarships and faculty support," Loth said.

She added that the fall semester brought in the second highest amount that the university has ever accepted.

"This is primarily the result of overall increased fundraising efforts and gifts received during the Shaping Our Future comprehensive campaign," Loth said.

The Shaping Our Future campaign has been around

since 2007 and gifts for the campaign helped fund the development of the Mary Idema Pew Library Learning and Information Commons as well as the L. William Seidman Center.

Overall, donation numbers are up 12.1 percent from last year. Loth said parent giving is at an all time high — up 21 percent from last year — while alumni donors are down from last year by 2.8 percent.

The Campaign and Special Projects area of donations received more than \$1.1 million for the Common Ground Initiative at

the Hauenstein Center for Presidential Studies and for athletics to construct a rehabilitation center and other projects. Loth said this area in University Development is now only \$900,000 away from a \$2 million goal.

"University Development set this goal to further the university's strategic plan," she said.

This is an annual goal that the university plans to reach by the end of this fiscal year on June 30.

**All of the gifts received will impact students...**

KAREN LOTH  
VP FOR DEVELOPMENT

## GV students reach out to local youth as 'College Positive Volunteers'

BY PETER CHHUM  
PCHHUM@LANTHORN.COM

Prior to entering college, students are forced to tackle the obstacles of standardized testing, college applications and rising tuition costs. In addition, some students are forced to go through this process alone.

The Community Service Learning Center is combating this trend by offering training sessions for Grand Valley State University

students to become "College Positive Volunteers." CPVs are college students who are aware of how they impact the college readiness and the enthusiasm of the youth they interact with.

"I know that I would not have been able to do everything that I did coming into college without the help I received, so I think it's important to help others find

SEE VOLUNTEER ON A2



**Getting ready:** Students introduce themselves and speak about why they are interested in becoming a College Positive Volunteer. These volunteers will help students preparing to enter college tackle the obstacles that come with it.

GVL LAINE GIRARD

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## VOLUNTEER

CONTINUED FROM A1

the resources that are available to them," said Sam Tonks, a CPV and freshman at GVSU.

CPVs volunteer in local communities starting with students in kindergarten and ranging up to seniors.

"It can all start with a simple conversation that you can have with kids that can get them excited," said Kelsey Rice, a staff assistant at the CSLC. "They know what college is, or they've heard about it before, but it's all about getting them excited about what they can do in life and showing them college is a route to help get them there."

According to 2008 census data, 36 percent of Michigan's working adults ages 25-64 hold at least a two-year degree. This runs slightly below the national average of 38 percent.

In a projection made by

the Georgetown University Center on Education and the Workforce, 62 percent of Michigan's jobs will require post-secondary education by 2018.

The CPV training program is a college access platform. It teaches college students how to familiarize youth with the application process to assure future students a smooth college entrance.

The goal is to increase college enrollment, especially for underrepresented students, by aiding them with information and support regarding college preparation. Rather than giving them a brochure, they can ask questions directly to college students.

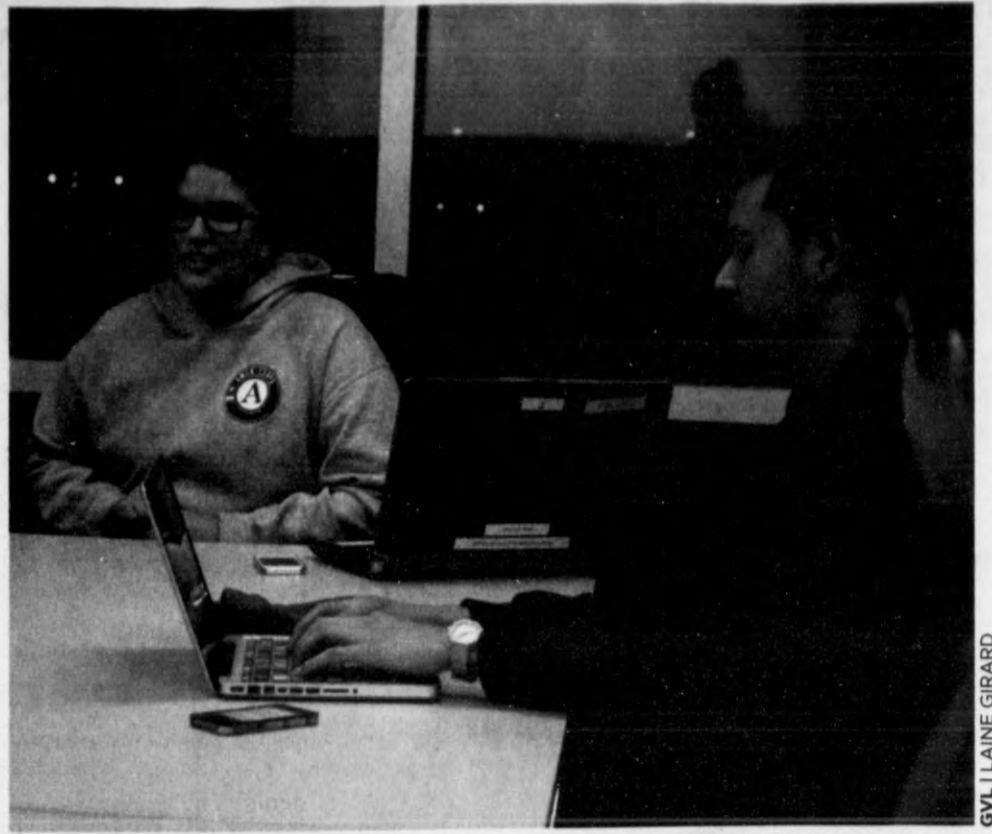
"If just one person in each training session that I've done could talk to five kids, and that grew more, then that could later turn to one hundred kids and it's that much more going to college," Rice said. "Everyone is able to benefit as a CPV. Our state receives a more edu-

cated workforce, Grand Valley is well represented from our students, and the K-12 youth benefits from the motivation and help."

The CPV training program addresses the four main barriers that most frequently prevent students from attending college: affordability, academic preparedness, a lack of understanding about how to apply, and social capital — the idea that college is unattainable.

"Oftentimes affordability is the easiest excuse as to why kids don't go to college. It's easier to say you can't afford it than it is to say you don't think you can do it," Rice said. "That's why this is so important. It teaches kids early on that college is attainable and can open up more opportunities for them."

The CPV Training program takes place once a month with the next session scheduled for March 18 at 7 p.m. To register, visit [www.gvsu.edu/service](http://www.gvsu.edu/service).



**Being the change:** Students meet to go over the process and requirements of becoming a College Positive Volunteer. CPVs work to encourage K-12 students to attend college.

GVL | LAINE GIRARD

## BIAS

CONTINUED FROM A1

also been in contact with Merkle. He said he has received multiple phone calls from parents voicing concerns for their children.

"We value freedom of expression, and we don't always have to like each other or agree with each other, but nobody has the right to act in intimidating or threatening ways," he said.

The GVSU housing department has also been in contact with students. On

Monday evening, the department sent an email to residents living on campus to alert them about the incident and ask for help in identifying the perpetrator.

"This type of behavior is unacceptable and inconsistent with the values and standards of our GVSU community," the email stated. "Any behavior that is threatening to any member of our community is an attack on the safety of all."

GVSU will be hosting residential student community

meetings to discuss the incident and will continue to offer support to students who were affected, said Andy Beachnau, vice provost for Student Affairs and director of Housing and Health Services.

As of now, there are no leads regarding who committed the bias act, Merkle said. He requested that students with any information about the incident contact the housing department or the Grand Valley Police Department. GVPD has already received a bias incident report and is

investigating the act.

Anthony Clemons, vice president of the Diversity Affairs Committee of Student Senate, said it is common for bias incidents to go unreported, although students have a few different outlets in which they can confide.

Clemons said the most accessible way for students to report bias incidents is to fill out a Bias Incident Report form. The forms can be found at [www.gvsu.edu/bias](http://www.gvsu.edu/bias) as well as in any office located on campus. Students can also contact administration directly.

"Visiting the Dean of Students Office is also beneficial in ensuring that your voice is heard, but that form is also a valuable resource to making sure that if you ever feel belittled, disrespected or discriminated against, you will be heard by administration," Clemons said.

Clemons said the Diversity Affairs Committee is always willing to listen to student concerns, and it advocates for a campus free of discrimination. The committee will be revitalizing its "Speak Up" campaign for the fall to encourage students to educate others about bias incidents rather than just watch them happen.

Clemons said he hopes these efforts will bring GVSU one step closer to being a discrimination-free campus.

"Don't let others define our community," he said. "We need to define it, and I hope we can define it as more inclusive than we have as of late."

## NEWS BRIEFS

### William Crawley to act as executive director of Johnson Center for Philanthropy

Yesterday, William Crawley officially assumed the role of interim executive director of Grand Valley State University's Dorothy A. Johnson Center for Philanthropy. Crawley has served in the acting role for the past six months in place of Executive Director James Edwards, who is out on medical leave. Crawley is also the associate dean of the College of Community and Public Service and serves as the college's representative for university development. He started at GVSU in 2002 working as a professor of criminology.

### R.A.D. seminar to be offered by Women's Center

The Women's Center is offering students a three-hour introductory seminar tomorrow about the Rape Aggression Defense model. R.A.D is designed to increase self-awareness and teach the fundamentals of self-defense and prevention. The seminar will go from 1 p.m. to 4 p.m. and instructors will include Campus Community Police Officers from the Grand Valley State University Police Department. The course is worth one credit hour and is offered in the fall and winter semesters through regular class enrollment. For more information go to [www.gvsu.edu/women\\_cen/module-event-index.htm](http://www.gvsu.edu/women_cen/module-event-index.htm).

### Honors College to host Mary Coucher from IBM Corp.

As part of the Frederik Meijer Lecture Series, the Honors College is hosting Mary Coucher, vice president of Intellectual Property Management at IBM Corp. Coucher will share with students her experiences from a 30-year career in information technology, international business and higher education. Coucher is responsible for technical support of IBM's \$1 billion income licensing business and negotiations across the globe with a wide variety of clients. The lecture is from 5:30 p.m. to 7:30 p.m. at the L. William Seidman Center on the Pew Campus.

### Student Senate election process set to begin

Application packets to join Grand Valley State University's Student Senate will be available Monday. For more details about the requirements to join the election process, visit [www.gvsu.edu/studentssenate](http://www.gvsu.edu/studentssenate).

At the Lanthorn we strive to bring you the most accurate news possible. If we make a mistake, we want to make it right. If you find any errors in fact in the Lanthorn, let us know by calling 616-331-2464 or by emailing [editorial@lanthorn.com](mailto:editorial@lanthorn.com).

## Lanthorn

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# GV students, professors research weight loss methods

BY HANNAH LENTZ  
HLENTZ@LANTHORN.COM

Gov. Rick Snyder recently announced that combatting obesity is now a statewide health initiative under the direction of the Michigan Department of Community Health.

At Grand Valley State University, a group of faculty and students are contributing to the fight by conducting a study to test a model of a team-based approach for patient centered care regarding obesity.

The researchers will include a professional team of licensed social workers, bachelor nursing students and athletic training students. The group is looking for participants from

the campus community to take part in a weight loss program.

The program will consist of four foundational behavior-based educational sessions that focus on overall wellness, nutrition, eating behaviors and physical activity. These sessions will occur every other week over the course of eight weeks.

In addition, the program will be individualized based on each participant's personal interests and health goals. All aspects of the study will work toward a better understanding of personal health and ways to deal with weight related problems.

"Weight gain is mul-

tifactorial," said Brenda Pawl, director of special projects for the Vice Provost for Health at GVSU. "Sedentary lifestyle changes result in a loss of muscle mass and a gain in fat mass, which equates to a slower metabolism. Additionally, stress, which often includes a lack of sleep, can cause hormonal and emotional responses to food for students."

On GVSU's Allendale Campus, the Health and Wellness Center maintains a focus on healthy and responsible weight control using the "Health at Every Size" approach. With this angle, on-campus dietitians stress the importance of creating a healthy relationship with food, rather than dieting. They are also looking into the emotional and personal reasons people are invested in food, which is an aspect that will also be focused on in the study.

"Chronic dieting limits the ability of people to trust their body and can negatively impact their self-esteem," said Lori Schermers, consulting dietitian. "People have a more peaceful relationship

with food when they focus on taking care of their body through wholesome nutrition, intuitive eating, pleasurable activity and acceptance of their natural body weight."

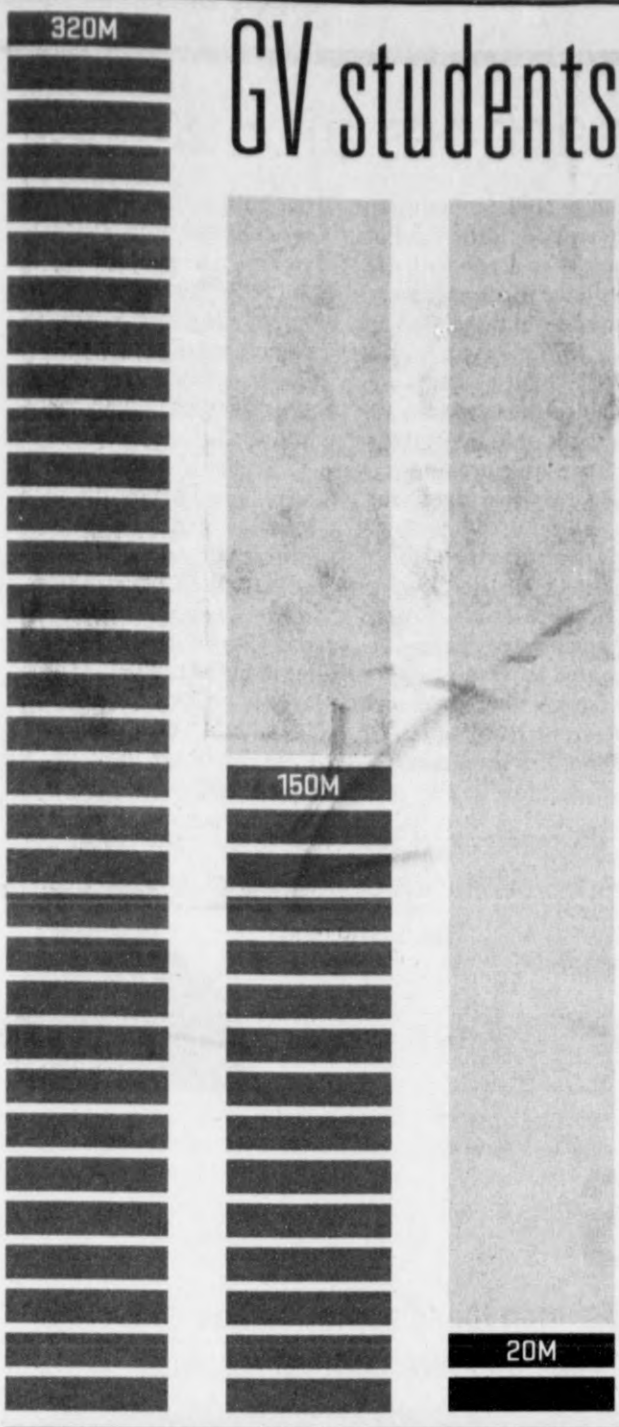
According to the National Heart Association, more than 154.7 million American adults aged 20 and older are overweight or obese. The total costs related to overweight and obese individuals' health related needs is estimated to be \$254 billion with the potential to reach \$957 billion by 2030.

The most common diseases related to obesity are diabetes and cardiovascular disease. The estimated annual medical cost for people with obesity is roughly \$1,400 higher than the annual medical cost of those with normal weight.

"Ninety-five percent of people who lose weight gain it back within five years," Schermers said. "This is evidence that diets don't work. Exploring one's current relationship with food, weight and activity is an important part of attaining a healthy lifestyle."

**This is evidence that diets don't work.**

LORI SCHERMERS  
CONSULTING DIETITIAN



U.S. POPULATION  
OVERWEIGHT ADULTS (>20)  
OVERWEIGHT CHILDREN (2-19)

## 31.3% OBESITY RATE IN MICHIGAN

OBESITY IN THE U.S.

## CLAS guides applications for professional schools

BY ERIN GROGAN  
EGROGAN@LANTHORN.COM

Each year, 100 to 150 students from Grand Valley State University apply to professional medical and dental schools. Beginning the application process can be stressful, and students are often under a lot of pressure to do it correctly.

To help relieve some of this pressure, the College of Liberal Arts and Sciences Academic Advising Center hosted a professional school application workshop Tuesday.

Applicants have to complete a primary application, a secondary application and often need to take part in an interview. Primary applications need standardized test scores, letters of recommendation, personal statements and transcripts.

"It's all about a holistic view nowadays, so having a strong GPA is definitely important and having a strong MCAT score is important, but it's not all they look for," said Julie Amon, a CLAS adviser. "You want to be a well-rounded applicant, and even though you may not think it's related to medical school, there's a lot of transferable skills."

Some of these include people and leadership skills, Amon said. She recommends that applicants describe these skills through personal experiences, as medical schools would rather hear about lessons learned from past mistakes than about accomplishments.

CLAS senior adviser JoAnn Litton agreed, asking, "Is an MIP the kiss of death? No, but you

have to say it up front. The people reading your applications are all human beings. They have kids and acknowledge that we all make mistakes, but be honest, own up to it, say what you learned from it, and move forward. It's a lot better to tell them up front."

Standardized tests, such as the Dental Admissions Test and the Medical College Admissions Test, are also required for admission to professional schools. Litton said those who have signed up for a test date should try to not change it as it will cost them financially. She also said it could be hard to find another spot as every testing site in Michigan is already full for May.

"I've never met a student who's said 'I am 100 percent ready to take an exam,'" Litton said. "Everyone's got some butterflies in their stomach. Whatever it might be, just live with it."

Litton and Amon agreed that it is important that students apply as early as possible and release their application to their adviser. Submission dates for most applications begin during the first week of June, though the final deadline is not until Aug. 25. While this gives students all summer to work on the application, it is more likely that students will get accepted into a program if they apply early.

A recording of the application workshop will be available to students who were unable to attend. In addition, CLAS will be hosting a professional school fair March 19 from 11 a.m. to 3 p.m.

**You want to be a well-rounded applicant...**

JULIE AMON  
CLAS ADVISER



**Self portrait:** The Portrayal of Women on Social Media project was initiated out of a desire to further shed light on how social media has reinforced the messages that media has been giving out for decades to women.

## Living in a selfie society

Photo exhibit portrays women in social media

BY GABRIELLA PATTI  
GPATTI@LANTHORN.COM

Today's college students are no strangers to social media. They scroll through Instagram on the bus, check Twitter on the walk to class and Snapchat in between. At Grand Valley State University, several students explored the effects of this growing trend through photography.

From Feb. 18 through March 9, the photography project called "The Portrayal of Women on Social Media" will be displayed in the Gary and Joyce DeWitt Exhibition Space located in the Mary Idema Pew Library.

The project features 12 images of six high school girls. In each set of photos, there is a picture of the girl in her natural state without make-up and in the process of doing something that she loves. The second photo is of the same girl dolled-up and posed in the way that she believed to be social-media worthy.

"What started as a simple assignment for one of our final projects at Grand Valley turned into an eye opening journey. It is very difficult to walk away from an experience like this unchanged," said Makenna Brooke Runion, the photographer for

the project and a GVSU alumna.

Runion took the photos for a women and gender studies capstone project done by GVSU students Amanda Hentsch, Sashara Campbell and Elizabeth Batten.

The images' stark contrasts led the students to a powerful statement.

"We were supposed to choose a gender justice issue that we are very passionate about and produce the programming to spread awareness to the issue," Campbell said. "This is our way of fighting back and educating this campus about negative beauty ideals."

The group began the project in the fall of 2013. The participants became dedicated to helping women see their true selves rather than a falsified "perfect" image that the media has made so popular among women.

"The need for women to know their true beauty and worth is made only more vital by the images that media has chosen to be the standard," Runion said. "It is not novel news that the general overall body image of girls in America is not very positive."

The group is concerned that the culture in the U.S. has set women up

for failure by placing unnaturally high beauty standards on them that are nearly impossible to reach.

"It is important to take away the overall message that social media plays an increasing role in the pressures of unrealistic body imaging on women, and it is very hard to conform to these images," Hentsch said. "These photos display the two ideals: the actual natural beauty and the beauty that the media places on women."

The project was a student initiative put on with the help of GVSU's Women's Center.

Jo Ann Wassenaar, associate director of the Women's Center, encouraged women to use social media in a positive way.

"We should be standing up and calling it out when behavior is not correct," Wassenaar said.

GVSU has resources on campus for students struggling with body image, and Wassenaar encourages individuals to visit the Women's Center for support.

"An important part of this is the idea of sisterhood," Runion said. "It makes it easier when you are surrounded by women who believe in you."

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# Why we should leave the blue-structure preachers alone



BY NIKKI FISHER  
NFISHER@LANTHORN.COM

It's a sight that has become commonplace on the GVSU campus: a man (sometimes two, sometimes with small children) preaching (sometimes, yelling) under the giant blue structure called the "Transformational Link" between AuSable Hall and the Little

Mac Bridge. One of these blue-structure preachers (BSPs) who frequents this spot usually carries a cardboard sign which lists the various sins which, he believes, send you to Hell. Refuse to accept Jesus as your Savior, he says, and you'll go to Hell. Smoke weed, and you'll go to Hell. Embrace your homosexuality, and—well, you get the picture.

Whenever, I walk past this man and his sign, I imagine them as checklist. If the BSPs are correct, I am certainly Hell-bound.

Here at GVSU, however, we place such an emphasis

on tolerance that sometimes we risk being intolerant of those who do not share our tolerance. I've seen the following scene many times. Students cluster around the BSPs, most of them listening quietly or smoking a cigarette. Inevitably, one in the crowd gets flustered enough to get in a heated argument with man, ardently challenging his views on religion, sexuality, etc. Almost inevitably, both end up looking like jerks.

There are many reasons I think we should leave the BSPs alone. First of all, nobody is going to change their minds. These

men are clearly and deeply entrenched in their belief systems. In every argument I have witnessed, both parties get so angry that their hands shake, but neither end up changed, at least not for the better.

Second of all, believe me or not, I think the BSPs' intentions are good-hearted. I cannot imagine that anybody would subject themselves to angry college students once a week for the mere sadistic value of condemning others. I imagine that, despite their ill-received rhetoric, they are truly trying to save young people from the

wrath of Hell. Sometimes, I even wonder if the kind of people who argue with the BSPs have the same good-hearted intentions. Perhaps, those who stand up for others do exhibit nobility, but I imagine those who incite argument only to prod the fire have less pure intent.

No, this does not mean that the value of intentions overrides the value of actions. No, despite my previous claim, this does not mean we are always obligated to be mind-numbingly tolerant, even to beliefs which are hateful.

What this does mean is we must know how to pick

our battles. Ask yourself a series of questions before you react to people like the BSPs: Are this person's intentions good? Is this person hurting anyone? Is there anything I can say which will change this situation?

Arguably, some of us have been hurt or offended by these men, who sometimes antagonize passersby with a spiteful question. If this has been you in the past, I am sorry. But if you let them offend you, you are only doing yourself an injustice.

If this is you in the future, please keep walking.

## QUESTION OF THE ISSUE

### WHAT LONG-STANDING ACTION COULD GVSU TAKE TO PREVENT THREATENING ACTS OF RACISM?



"I believe the best action would be to incorporate a comprehensive racism awareness and education segment into transitions, and perhaps dorm life year-round."

JORDAN STEDMAN  
Junior  
Chemistry  
Byron Center, Mich.



"A long-standing action GV can take is to enforce consequences and really investigate as to why students do such hateful things to their peers."

KIARRA MOORE  
Freshman  
Biology  
Detroit, Mich.



"The best action GVSU can take to prevent threatening acts of racism is to educate students what constitutes racism; things people may not view as racist may actually be racist."

AARON VILLARREAL  
Freshman  
Biomedical Science  
Allen Park, Mich.



"I think that GVSU should have stronger consequences for the person who committed the act, and should also make the acts more public so people are actually aware of what's really happening."

MEGAN PONKE  
Freshman  
Biomedical Science  
Yale, Mich.

## Lanthorn Editorial Board

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The Grand Valley Lanthorn aims to be a safe vehicle for community discussion. The Lanthorn will not publish or entertain any forms of hate speech, but will not discriminate against any other views, opinions or beliefs. The content, information and views expressed are not approved by nor necessarily represent those of the university, its Board of Trustees, officers, faculty or staff.

Reader submissions on the opinion page appear as space permits, and are reserved for letters to the editor only, all other reader-generated content can be submitted to the

Grand Valley Lanthorn's YourSpace page by emailing [community@lanthorn.com](mailto:community@lanthorn.com).

Letters to the editor should include the author's full name and relevant title along with a valid email and phone number for confirming the identity of the author. Letters should be approximately 500-650 words in length, and are not edited by the staff of the Grand Valley Lanthorn outside of technical errors for clarity.

To make a submission, email at [editorial@lanthorn.com](mailto:editorial@lanthorn.com) or by dropping off your submission in person at:

0051 KIRKHOFF CENTER  
GRAND VALLEY STATE UNIVERSITY  
ALLENDALE, MI 49401  
616-826-8276

Got something to say?  
We'll listen.

[editorial@lanthorn.com](mailto:editorial@lanthorn.com)

## VALLEY VOTE

Do you think theft is a problem among students at GVSU?  
YES - 53% NO - 47%

## THIS ISSUE'S QUESTION:

Should GVSU do more to promote intercultural respect?

LOG ON & VOTE  
LANTHORN.COM

## WEB EXCLUSIVE

Read the blog

"Class pressure"  
by Rick Lowe



## EDITORIAL

# SPEECHLESS

The appalling bias incident reported in the freshman living center makes us wonder whether GVSU should be more forceful about teaching intercultural respect.

There are no words to communicate our shock and distaste for the bias incident recently reported to have occurred in one of Grand Valley State University's freshman living centers. According to reports that first began circulating through Instagram, an African American student in Cope-land Living Centers found threatening messages on the white board mounted on her dorm door. Someone had written "F--- black history month" and "Black b--- die," and the phrases were accompanied by a terrifying drawing of a person — labeled "black" — being hanged.

With complete incredulity, we can only step back and say, "seriously?" What has to be going on in a person's mind to pause at someone's door, conceive of a despicably racist phrase and violent image, and commit to communicating it? What discourse did the offender think s/he was furthering? Why did they think this message was worth the time to communicate?

If the act was committed in jest for shock effect, the offender has been sorely misguided in his/her idea of comedy. Racism is not funny — especially not when paired with violence.

Dean of Students Bart Merkle said in Claire Fodell's front page article that the entire campus community should be outraged.

He needn't worry. We are beyond outraged.

This act is humiliating and painful to view — certainly for our fellow African American students, but also for anyone capable of thoughtfulness, tolerance, respect and empathy.

Discrimination is not Grand Valley. Hatred is not Grand Valley. Ignorance is not Grand Valley.

We, as a community of students and open-minded thinkers, are being terribly misrepresented by these types of acts — and, yes, we meant plural. Acts. As in "more than one."

Just last week, GVSU hosted an open discussion between students in the company of administrators so that they could communicate their experiences and complaints. The event was geared toward African Americans and was hosted partly in response to a Twitter campaign wherein students used the hashtag #bbgvsu (being black at GVSU) to expose their confrontations with racial ignorance and discrimination. Some participants noted, with great

shock from listeners, that they had been victimized in the classroom or the dorm by people who freely used the word "colored" or were curious about "nappy hair."

To hear the stories and know that, in many cases, offending students go uncorrected is disheartening.

To the administrators at GVSU, we know that you work to fight discrimination and encourage intercultural community building through a number of programs. But it seems as though many students here still dwell in ignorance and hatred. The ones who most need to learn tolerance and respect are likely not the ones voluntarily investing time in the intercultural competence programs.

Perhaps said competence needs to be a mandatory element of student development. Perhaps guidance is needed in the form of necessary General Education requirements that address contemporary forms of discrimination and encourage students to recognize all who are different as fellow human beings with feelings and needs and rights.

It is absolutely terrifying that, at the college level, some people still need to be taught respect.

## GVL EDITORIAL CARTOON | CHRISTY SPIELMAN



EDITORIAL@LANTHORN.COM

# Senator reflects on 2014 to-do list



BY SCOTT ST. LOUIS  
STUDENT SENATE

Student Senate's Educational Affairs Committee has been working hard on many projects this semester benefiting the academic well-being of the university. Vice President Scott St. Louis, Senator Michael Jones, and Senator Shannon Blood have been working with the Library Student Advisory Council, and Brian Merry, Head of Operations and User Services for University Libraries, to examine ways in which the space in the

Mary Idema Pew Library can be used more efficiently to prevent perceptions of overcrowding during Exam Cram at the end of the semester. The Educational Affairs Committee hopes to assist the library with its Exam Cram events at the end of the semester.

On the university curriculum front, Senator Michael Jones has been in contact with Professor Beau Dooin, the chair of the Movement Sciences Department, and will request that the department provide opportunities to obtain a minor in Exercise Science and the Sports Management emphasis of the Sports Leadership program by Fall of 2015. Senator Dave Inda is working with the Honors College and the Department of Economics

to assist in the creation of more Honors sections for Economics courses. He is also hoping to advocate for incoming freshman student athletes to be able to schedule their classes earlier, in order to reduce the amount of scheduling difficulties that may occur for these students.

Outside of Allendale, Senator Ella Fritzscheier has been acting as a liaison this semester for our satellite facilities in Traverse City and Muskegon, communicating with students in these areas to ensure that their voice is heard by the Senate. Senator Tobias Hutchins is working on a resolution which will demonstrate Student Senate's support for an addition to the Elliot-Larsen Civil Rights Act that is currently being discussed in the

Michigan state legislature. The addition to the law would provide the same fairness in hiring protections to interns as are already provided to normal employees, preventing discrimination along the lines of race, religious views, gender and a number of additional factors.

Finally, Senator Adam Hukkala is working with Dean Merkle on an e-mail that will potentially be sent to all GVSU faculty, encouraging them to review "Open Textbooks" that are available online for free in a database hosted by the University of Minnesota. If a handful of professors choose to adopt an Open Textbook for their course, thousands of student dollars could be saved.



## We the People: Curing the plague of ignorance during Black History Month

Dear editor:

As young educators in the making, we all live for teachable moments. Each day we are taking in new information, experiences and attitudes, and most of these experiences are shared with friends, family or even other staff members here at Grand Valley State University. Unfortunately, a student has decided to misuse his/her First Amendment right, by putting hateful slander on a Black female student's door, and we the National Pan-Hellenic Council, would like to take a moment to properly correct this student and anyone else who may identify with the words placed on the white board, or emotions inferred from the slander.

To those of you who may be opposed to celebrating other ethnicities in special months, allow us to explain why Black History Month is relevant:

Black History Month began as the second week in February in 1926 (in celebration of the birthdays of Abraham Lincoln and Fredrick Douglass, respectively), created by Carter G. Woodson, a member of Omega Psi Phi Fraternity, Inc., in celebration and to inspire teachers to teach students about African-American contributions to our country. It wasn't until years later in 1976 on the wave of Civil Rights, the development of Black History Studies, and our nation's bi-centennial that our Michigan President Gerald R. Ford, endorsed the change from going from a week to a month.

Most students do not know that "Daniel Hale Williams was the first man to staff an interracial hospital and perform the first open-heart surgery in the U.S.; that Ernest Everett Just was the pioneer in areas including fertilization, experimental parthenogenesis, hydration, cell division, dehydration in living cells and ultraviolet carcinogenic radiation effects on cells; Charles Drew pioneered methods of storing

blood plasma for transfusion and organized the first blood bank in the U.S; Bessie Coleman was the first black woman to earn a pilot's license by going to France to learn French and be trained there to fly and then come back to the U.S. to fly; or that our beloved Super Soaker was created by Lonnie Johnson" (biography.com): ALL AFRICAN AMERICANS.

It's foolish to omit blacks or any other race for that matter from the master narrative of our great country. Before Christopher Columbus came to the "new" world, America was a place, with inhabitants, and were doing fine without the domination of another group. The challenge then, is to stay honest about our history, acknowledge everyone involved, and respect the complex color arrangement of who we are as a nation. Our history negates contributions, ideals, ethnicities, and truths in hope to create a more "picturesque" representation of who we are. If we as a nation, a Laker nation for that matter, were to take seriously the opportunities to learn why black history is relevant to each and every one of us, then we could begin a journey of healing and forwardness. If we as a Laker Student Body chose to not take advantage of the programs, classes, faculty, students, or to even read this article, then slanderous words will always be found on someone's door. Knowledge is power, and ignorance is bliss. Choose to be empowered.

Signed,

Alpha Phi Alpha Fraternity, Inc.  
Alpha Kappa Alpha Sorority, Inc.  
Delta Sigma Theta Sorority, Inc.  
Kappa Alpha Psi Fraternity, Inc.  
Omega Psi Phi Fraternity, Inc.  
Phi Beta Sigma Fraternity, Inc.  
Zeta Phi Beta Sorority, Inc.  
Sigma Gamma Rho Sorority, Inc.  
Iota Phi Theta Fraternity, Inc.

## Response to GV administrators' reaction to 'No more billboards'

Dear editor:

Since President Haas has not yet publicly apologized or expressed support for the administrators who meted out threats and intimidation against the editor of the Lanthorn, I decided I might as well join the discussion.

The GVSU administration response to the editorial from December 5, 2013, "No More Billboards" compares unfavorably to some of the most notorious mis-managers in popular culture—the bureaucrats of the movie Office Space.

In the movie, the main character—Peter Gibbons—works for a tech company. Every day for Peter is regimented and stultifying routine, an endless exercise in pointless procedures and superficial interaction. Surrounded mostly by bland and clueless co-workers, Peter sees work less as productive enterprise and more as a struggle to salvage his humanity.

One day, he fails to file a routine report. In response, six different bosses admonish him for the oversight. At least regarding freedom of speech, Grand Valley is somewhat more efficient. Only three administrators felt the need to admonish the editor of the Lanthorn, Lizzy Balboa.

Peter's bosses are merely incompetent. The three GVSU administrators, whoever they are, seem more malevolent. However misguided, Peter's bosses encourage him to be more communicative. In contrast, GVSU administrators took it upon themselves to tell Lizzy Balboa to shut up.

They called her on her personal phone.

They attacked her as an individual. They attacked her as an American exercising her Constitutional rights. The spoken and unspoken warnings were clear. Don't criticize the people with the money. Don't criticize university policy of selling public space for private endorsements. Don't think that you are in any way independent of our surveillance and control. No more scholarship money for you, they threaten.

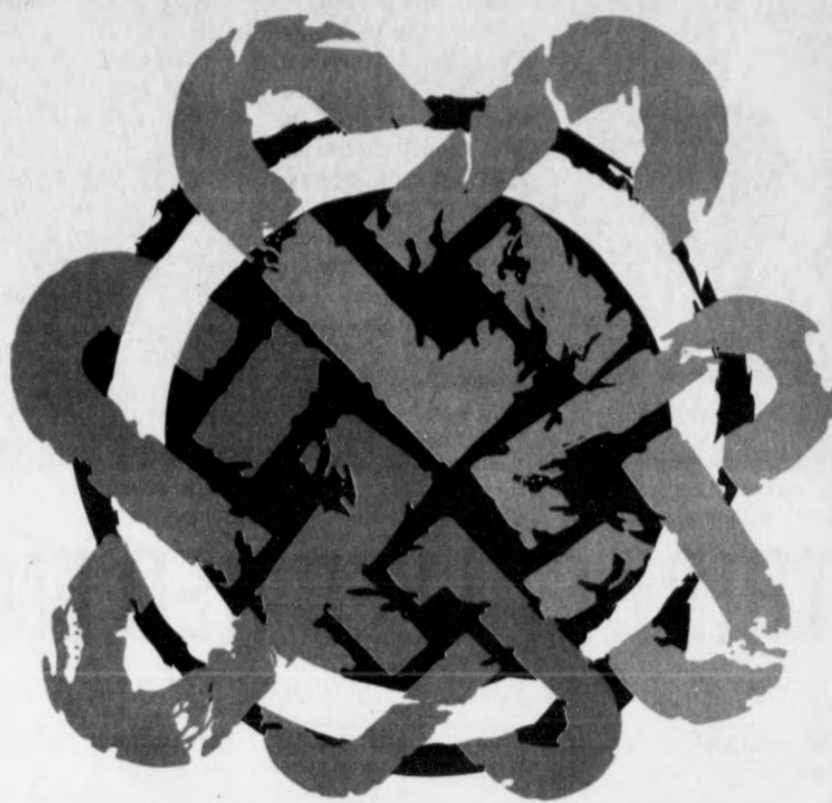
Peter's supreme boss, Bill Lumbergh—super-annoying, condescending, witless and humorless—seems mild by comparison. At least Peter knows his nemesis. Our bosses dwell in a shadow world of anonymous offices, nameless and faceless servants of money and power. In this case, they became manifest as a disembodied voice on a phone, as a personal threat issued to a student for behaving like an American in an allegedly free and open democratic society.

Freedom of speech means that we support the right of people to say things we disagree with. Stalin supported the right of people to say things he agreed with. So did Mao, Saddam Hussein, Mbutu Sese Seko and many other such 'leaders.'

Their ilk don't like disagreement and criticism, that much is clear. I would merely point out a larger emerging truth at GVSU—surrender your Constitutional rights at the big copper-clad archway. Rights and freedom cost money around here.

George Lundskow  
Department of Sociology

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4. Find the 7 luck leprechans in Kirkhof on Monday 3/10
5. Fill out the form below and turn it in to the Lanthorn office.



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**Lanthorn**  
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ARE YOU AT LEAST 21 YEARS OF AGE? YES / NO

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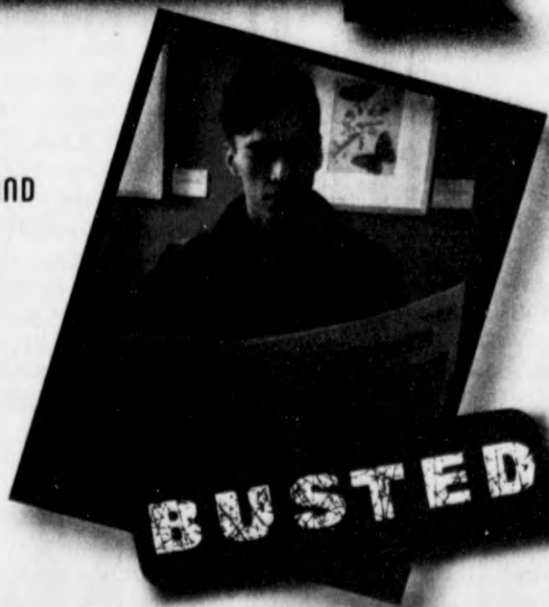
*Reading the Lanthorn*

NAME: RUBEN HANOHANO

MAJOR: BROADCAST, PR, AND DANCE

CLASS/ YEAR: JUNIOR

WHY RUBEN  
READS THE LANTHORN:  
BECAUSE I HAVE FRIENDS IN IT



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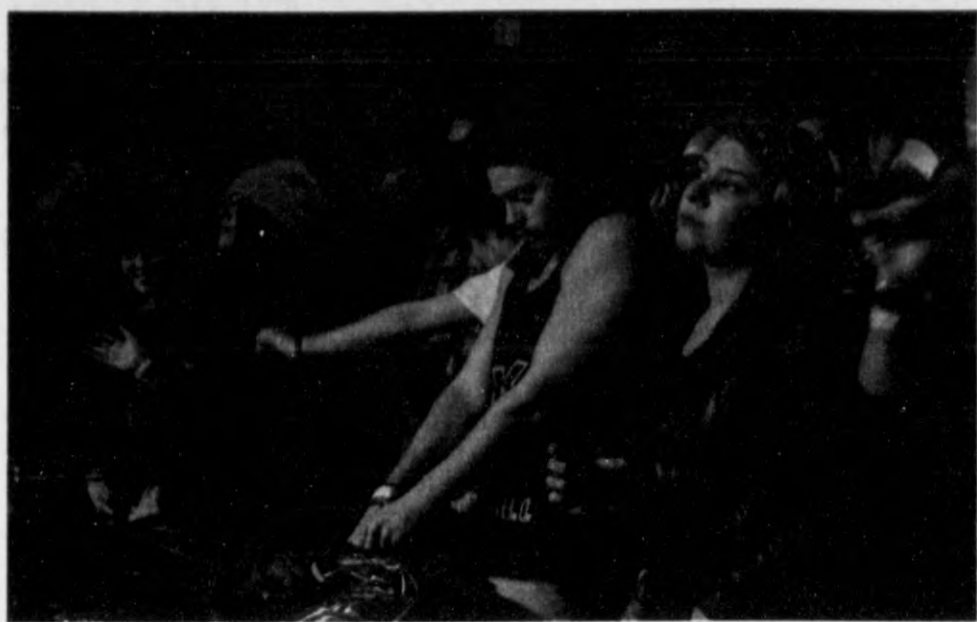
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GVL | HANNAH MICO

**Getting excited:** DJ Shub (left) and DJ Bear Witness (right) of A Tribe Called Red perform at The Pyramid Scheme on Thursday night, drawing a diverse and energetic crowd.



GVL | HANNAH MICO

**Dancing:** The crowd was energetic while A Tribe Called Red performed their set, which included a mix of electronic, reggae and classic Native American music.

# A TRIBE CALLED RED ENLIGHTENS AND ENTERTAINS

Trio of Canadian DJs visited The Pyramid Scheme to captivate listeners, play mix of electronic, reggae and classic music

BY DAVID SPECHT  
DSPECHT@LANTHORN.COM

With electronic dance music now firmly planted in mainstream music and music festivals alike, it's not often that an artist within the genre can claim to produce a truly unique sound. But when A Tribe Called Red — a trio of indigenous Canadian DJs — visited The Pyramid Scheme on Feb. 13, it brought with it not only a unique sound, but also a meaningful message.

Since 2007, Ottawa natives Ian "DJNDN" Campeau, Dan "DJ Shub" General and Bear Witness have been blending subgenres of electronic music, such as trap and house, with elements of First Nations

music such as vocal chanting and drumming — a fusion of genres that has been dubbed "powwow-step." The group began performing at various dance clubs but quickly gained international attention, affording it the opportunity to tour worldwide.

According to local EDM producer Spencer Briley, ATCR seems to follow its own creative flow, making for music that isn't easily labeled.

"It ranges from dance tracks to jam tracks, taking influences from Dutch house, moombahton and dubstep," Briley said. "It resembles a work-in-progress fusion of STS9 and Bassnectar in that it maintains a tribal feel that is

reminiscent of the early days of dubstep."

On Thursday evening, the structure of ATCR's set was tantamount to that of a typical DJ in that each track seemed to spill over into the next, making for smooth transitions between each song. The genres varied greatly and did so frequently, making for a performance that truly kept the audience guessing what would come next.

And while samples from well known hip hop tracks such as Sean Paul's "Get Busy" might not be a rarity within the realm of DJing, blending that type of sample with First Nations music most definitely is — an aspect of ATCR that,

according to local Native American activist Jonathan Rinehart, is helping to make the Native culture more accessible to others.

"What they're doing is utilizing modern technology to convey a political message," said Rinehart, who was at the show on Thursday. "The group was mixing traditional music with more modern music, and one thing that we can look at through that is social change; once we start to look for more things that we have in common rather than divide us, we can stop moving apart."

Rinehart said he believes that if they can bring people of different cultures together

to dance and to celebrate through events such as ATCR's performance, then they can continue to build momentum toward racial equality.

One element of ATCR's show on Thursday that further demonstrated this notion was a traditional hoop dancer who, using large hoops, told tales onstage during the set.

"He formed spheres with the hoops, which was a representation of creation," Rinehart said. "All of the different hoops are circles of life. No matter what you are; Latino, Asian, Caucasian, African American — all of those hoops are interwoven, supporting one another. If you

take any one part of that away, any one of those hoops, that creation falls apart."

Another notable feature of ATCR's performance was a series of visuals projected behind the DJs, which featured video clips from discriminatory film portrayals of Natives. According to the group, these images are repurposed samples meant to speak out on aboriginal issues such as perpetuated negative images, as well as their lost culture.

Judging from the crowd response and audience participation Thursday night, ACTR seems to have found an effective medium through which to convey their message.

# The Perugino Quartet performs for the Arts at Noon series

BY SHELBY PENDOWSKI  
SPENDOWSKI@LANTHORN.COM

The audience chatted away prior to the performance of the Perugino String Quartet on Feb. 19. With the first strike of the violin, though, the auditorium of Grand Valley State University's Cook-DeWitt Center fell silent.

Violinists Eric Tanner and Barbara Corbato, cellist Stacey Bosman Tanner and GVSU assistant professor of violin Gregory Maytan are the Perugino String Quartet. The group, GVSU's affiliate string quartet, has previously performed for the Arts at Noon series and welcomed the invitation to return to perform again.

"A lot of reasons (people should attend performances): they get exposed to new, familiar styles of music and get to see what it's like put together live in a quartet setting, which is totally different from a large band or ensemble," Tanner said.

The quartet performed two pieces by American composer Aaron Copland and four pieces by composer Felix Mendelssohn, written chiefly in the early Romantic period. Mendelssohn's pieces, inspired by the passing of his sister, in-

corporate the angst he felt from the loss with the Romantic style. It is the juxtaposition of the harmony in Copland's pieces and the vigor in Mendelssohn's pieces that inspired the group to pair them together for this performance, Tanner said.

Arts at Noon was created to bring various performance and visual opportunities to GVSU. Since the series' inception, the weekly event has featured musicians, artists and dancers.

"String quartets, I guess, aren't that common," Bosman Tanner said. "So it's a treat to hear all these composers, and the repertoire is amazing."

Following the performance, the group felt great about the live interpretation of the program's repertoire. This was the second occasion that the quartet performed this set list and the earlier performance made this one even better, said Bosman Tanner.

"I always think it is neat for a student to be able to experience a live classical performance," Maytan said. "One of the things we like to do a lot is encourage students to go to concerts...it is very different than just turning on a TV."



GVL | MARISSA DILLON

**Making music:** The Perugino String Quartet performs in the Cook-DeWitt Center. The members are, in order, Eric Tanner, Gregory Maytan, Stacey Bosman Tanner and Barbara Corbato.

# 'Beyond Therapy' finds humor in the absurd, suffering

Play turns psychological suffering into humor, embraces serious questions about relationships

BY MARY MATTINGLY  
ARTS@LANTHORN.COM

If you take psychological suffering in the right frame of mind, you can find the humor in it.

While this concept may seem counter-intuitive, it is

the central theme to Christopher Durang's play, "Beyond Therapy."

"I think that's particularly meaningful for this play," director Matthew Fowler said. "There's a lot of psychological suffering that happens on-

stage and behind the scenes, but at the end of the day you can find the humor in it."

"Beyond Therapy" runs Feb. 21 through Feb. 23 at Grand Valley State University as a part of the Performance Studio Series, which are fully

staged, student directed and acted productions that take place in the Louis Armstrong Theatre. The comedy tells the story of Manhattanites Bruce and Prudence as they seek a stable relationship through personal advertisements at the prompting of their therapists. The show embraces questions concerning bisexuality, therapy and relationships.

Fowler, a senior and double major in theater and communications, was appointed director of the show based on an application process. Unlike most productions where the play is chosen first and then a director is hired, Fowler was able to designate that he wanted to direct "Beyond

Therapy." He has been a fan of the play the majority of his college career.

"It kept resurfacing for me. What better way to top off my time here at Grand Valley than to do this one play," Fowler said. "The thing about Durang is he's got a very unique sense of humor that I'm naturally attracted to, myself, and I hope other people are. He lives in this boundary of what is socially acceptable and what is not. Oftentimes his characters completely abandon social rules but live within the boundaries

enough to be acceptable."

The plot centers on the relationship between Prudence and Bruce. Bruce, who has a boyfriend named Bob, is advised by his therapist to explore his heterosexual side. The play also explores the relationships the two characters have with their therapists. Each character has a chance to finally express their views when they converge at a restaurant.

In order to develop their onstage relationship, both Cody Robison, who plays Bruce, and co-star Emilee Miller, who plays Prudence, have been using techniques developed by acting coach Sanford Meisner. The method helps actors live in the moment by listening to what the other has to say and then responding accordingly.

"It allows the relationship to be fluid. You're not stuck on one particular method, and the specifics of the general conflict have a little leeway," Robison said. "There are a lot of ways to say 'I love you,' and depending on the context of how it is said, however the character you are interprets it gives them a basis on how to respond."

"Cody makes it really easy to work with him because he fully becomes his character in the moment. Both of us react

in the moment; he makes it really easy to react to all his actions," Miller added. "We continue to do it in different ways. Some are more dramatic than others. We work really well together; he makes it easy to become uncomfortable Prudence."

While the show's premise may seem absurd to audience members, the themes portrayed are relatable.

"What I admire about Durang is that he uses dark themes, but in a humorous way," Fowler said. "One of the major themes is that you're getting older each day and you (need to) find someone to hook up with now or die alone. You have to accept someone who's not perfect and not what you're looking for or you'll run yourself mad looking for the right person or die alone with cats."

While being director is hard work, the final product is worth it.

"You get really close with your actors, your crew, you've got people who will back you on things," Fowler said. "There's just that reward of leading people, and being passionate about something you love and other people who share that passion to create something beautiful. There's nothing like it."

Beyond Therapy runs Feb. 21 at 7:30 p.m., Feb. 22 at 2 p.m. and 7:30 p.m., and Feb. 23 at 2 p.m. Tickets are \$6 in advance and \$7 the day of the show.

**BEYOND THERAPY**  
by Christopher Durang  
directed by Matthew Fowler

Feb 21 & 22: 7:30pm  
Feb 22 & 23: 2:00pm  
LOUIS ARMSTRONG STAGE  
GVSU performing arts center  
GVSU BOX OFFICE  
616.331.2300

**There's a lot of psychological suffering...**

**MATTHEW FOWLER**  
STUDENT DIRECTOR

tening to what the other has to say and then responding accordingly.

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"Cody makes it really easy to work with him because he fully becomes his character in the moment. Both of us react



## SPORTS SHORTS

### Crandall reaps weekly GLIAC award

Senior guard Dani Crandall of the Grand Valley State University women's basketball team was named the GLIAC North Division Player of the Week for the second time this season on Monday after notching the team's best scoring performance in nine years. Crandall turned in the best statistical output of her career in a 70-67 overtime victory at home against Northwood University on Saturday. She scored a career-high 36 points — the most by a GVSU player since Nikki Reams scored 36 in February 2005 — and collected 10 rebounds for her third double-double of the season.

### Franklin named T&F Athlete of the Week

Senior sprinter Kalena Franklin of the Grand Valley State University women's indoor track and field team was tabbed as the GLIAC Indoor Track & Field Athlete of the Week on Tuesday after notching four qualifying marks at the GVSU Big Meet.

Franklin was the third straight Laker to garner the award and the fourth to claim the honor this season.

She finished first in the 60 meter hurdles by crossing the finish line in 8.33 seconds for the third-fastest mark in all of the NCAA Division II this season, and set a school record with a first-place time of 24.32 seconds in the 200 meter dash.

The West Branch, Mich. product also earned qualifying marks on the Distance Medley Relay and 4x400 meter relay teams.

### GVSU lacrosse picked to win GLIAC

The GLIAC lacrosse coaches have slated Grand Valley State University as the top team in the conference this season in the 2014 GLIAC Lacrosse Preseason poll.

The league's head coaches took part in the balloting but were not allowed to vote for their own team.

GVSU received all eight first-place votes (64 points) after it posted an 8-0 record in 2013, when the Lakers won the conference's first-ever regular season and tournament championships.

## GLIAC

### SCHEDULE

#### W. HOOPS

Tonight vs SVSU 6 p.m.  
Saturday at Wayne State 1 p.m.

#### M. HOOPS

Tonight vs SVSU 8 p.m.  
Saturday at Wayne State 3 p.m.

#### BASEBALL

Friday at USI 3 p.m.  
Saturday at USI 2 p.m.  
Sunday at USI 1 p.m.

#### MEN'S TENNIS

Friday at ODU 3 p.m.  
Saturday at Findlay 12 p.m.  
Sunday at Tiffin 10 a.m.

#### TRACK AND FIELD

Friday - GVSU Tune-Up 3 p.m.

#### LACROSSE

Friday at Adelphi 3 p.m.

#### SOFTBALL

Saturday vs Winona State 11 a.m.  
Saturday at Lewis 3 p.m.  
Sunday at Upper Iowa 10 a.m.  
Sunday vs UWP 2 p.m.

## BASEBALL

# HOME RUN KING SWINGS FOR HISTORY IN 2014

## No. 4 Lakers to begin year with series at No. 5 USI

BY JAY BUSHEN  
SPORTS@LANTHORN.COM

The Grand Valley State University baseball team closed out its 2013 campaign two wins and one home run away from a truly historic year under first-year head coach Jamie Detillion.

GVSU posted its second-best season in program history with a third-place finish at the NCAA Division II Baseball National Finals and appears to have a roster capable of duplicating the success this year.

"I wouldn't say I expected to be there that quick," Detillion said. "We definitely work for it — and I don't think there should ever be a drop-off in what we expect or do since we've been there so many times as a program. It's kind of hard not to envision the season without that being a part of the process."

The Lakers will begin as the No. 4 team in the National Collegiate Baseball Writer's Association Division II poll and certainly appear to have the bats to compete among the nation's best teams.

All eyes will be on senior first baseman Giancarlo Brugnioni early on, because the slugger is just one blast away from emerging as the school's only all-time home run leader.

Brugnioni's 32 career jacks match the totals of Dustin Vugteveen (2000-01) and Larry David (1979-1982) in the GVSU record book.

"I don't really think about that," said the NCBWA pre-season All-American First Team honoree. "If it happens it happens. I hope it does obviously, but I've just got to stay within myself. I've really been working hard on trying to cut down on strikeouts; that's a big thing I really had to approach this season."

He highlights a roster full of talent, which also includes a trio of pre-season All-Region First Team selections in junior second baseman Kevin Zak, junior outfielder Jamie Potts and sophomore pitcher Patrick Kelly.

Zak led the team with a .387 batting average a year ago while racking up 82 hits, 49 runs, 38 RBI, 14 doubles, and 12 stolen bases.

Potts, who is also an All-American tight end for the football team, rounds out the three-headed monster in the GVSU lineup. He hit .379 in 2013 and contributed with 66 hits, 31 runs, 38 RBI and 10 stolen bases.

"We've got a couple pretty talented guys who have made some pretty big strides," Detillion said. "It's mostly leadership. They work hard physically and do the right things to put themselves in position to succeed on the field."

Kelly pitched his way to an 8-2 record with a 2.20 ERA in 77.2 innings of work last season on his way to being named the 2013 GLIAC Freshman of the Year.

He figures to lead an inexperienced pitching staff that lost a number of key arms in the offseason, including the all-time Division II saves leader, Brad Zambron.

"Two of the guys we think will be starters are pretty tall guys, hard throwers," Kelly said. "They

came from junior colleges and you can tell they have pitched for a long time. They're going to come in and throw strikes and help us win."

The team has one of the toughest early-season schedules in the nation, starting with a trio of nine-inning games at the No. 5 University of Southern Indiana this weekend.

The Lakers seem to have the leaders in place to make another run in 2014, but they're still taking it one step at a time.

"We can't get too far ahead of ourselves with this World Series talk," Brugnioni said. "It's still February. We've got to win a couple games first, get on our feet, and mesh as a team first before we can even start talking about goals like that."

## GV ALL-TIME HOME RUN LEADERS

1. Giancarlo Brugnioni:  
32 (2010-pres.)

1. Dustin Vugteveen:  
32 (2000-01)

1. Larry David:  
32 (1979-82)

4. Terry Smith:  
29 (1978-81)

5. Steve Anderson:  
26 (2009-12)

6. Cory Maguire:  
25 (2007-10)

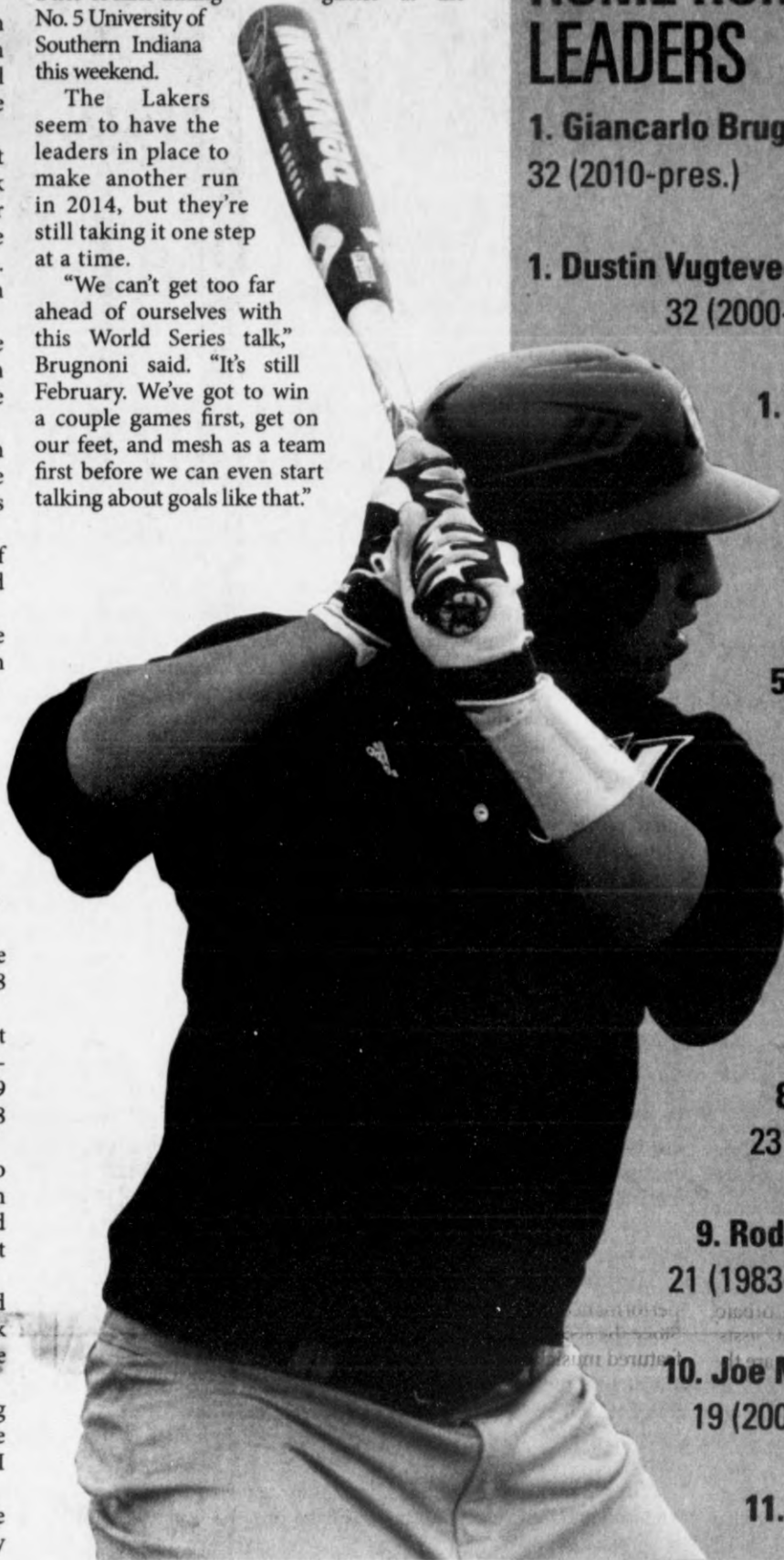
7. Jeff Fox:  
24 (1995-98)

8. Nick Smith:  
23 (2005-07)

9. Rod Brunelle:  
21 (1983-85)

10. Joe Mertes:  
19 (2002-04)

11. Four tied: 18



## SOFTBALL

# No. 3 softball starts anew, seeks players to step up

BY PETE BARROWS  
ASSISTANTSPORTS@LANTHORN.COM

"Every day is a new opportunity," Cleveland Indian pitching great and first-ballot MLB Hall of Famer Bob Feller once said. "You can build on yesterday's success or put its failures behind and start over again."

"That's the way life is, with a new game every day, and that's the way baseball is."

Softball is no different, and as the Grand Valley State University softball team embarks upon the 2014 season, the challenge at hand will be to both continue to build on past success while starting again with a new team and style currently under development.

The Lakers finished 46-9 in 2013 as one of four final NCAA Division II collegiate softball teams left playing in late May.

In 2014, GVSU will begin the season where last year's ended, ranked No. 3 in the preseason National Fastpitch Coaches Association (NFCA) poll behind the defending champion University of Central Oklahoma and runner-up Kutztown University, with aspirations to return to the NCAA World Series Tournament for the second time since 2002.

"I know everybody is excited to get back on the field," said senior Brittany Taylor, who will make the jump from left field to center this season. "We have a lot to prove after finishing the way we did last year and we're excited to show that GVSU is still a top-ranked team for

a reason."

The Lakers will begin 2014 without the services of a 2013 senior class comprised of center fielder and leadoff hitter Nellie Kosola, second baseman Kayleigh Bertram, pitcher Hannah Santora, catcher Emily Holt, right fielder Emily Jones, utility players KC Christopher, Maggie Kopas, and last but not least, GVSU's very own 'Sultan of Swat,' designated cleanup hitter Katie Martin.

Martin was GVSU's record holder in career batting average, hits, runs, doubles, RBI, total bases, walks, on-base percentage, slugging percentage and has tattooed more home runs than any other student-athlete, male or female, in GLIAC history; she became the first-ever two-time recipient of the Daktronics National Player of the Year award last season.

"We're not really looking at it as replacing them or living up to what they did, but focusing on what we do best and making that work for this team this year," senior first baseman Tonya Calkins said.

With the understanding that last season is over, and that replacing irreplaceable players and more than 50 percent of a team's production is a daunting challenge, the Lakers will begin to address concerns in more detail as the snow melts and the fields slowly begin to thaw.

And as the winter evolves into spring, so too will the Lakers. From a power-orientated team with a rigid identity that slugs to score to a speed-orientated team

in flux that gets on-base and manufactures runs through small-ball tactics.

A new team with different players and the same goals -- to be competitive in the GLIAC and gain entry into an NCAA regional.

"I told the girls last year was a great year, but that one's finished and we go from here," GVSU skipper Doug 'Doc' Woods said. "We'll just try to do the best we can and I think we have a good core of players to work with to put together a good season."

A core of five seniors return to the diamond for the Lakers, including Brittany Taylor, her twin sister Brianna, Calkins, Miranda Cleary and Kayla Hurd.

Brianna Taylor, a three-time All-GLIAC First Team short stop, will man the hole once again for the Lakers and will look to steady the lineup. Calkins and Cleary, an All-GLIAC First Team third baseman, will once again cover the corners, providing GVSU with a steady and seasoned infield.

Last season, the outfield composed of Brittany Taylor, Kosola and Jones started every game for the Lakers, although this season, only Taylor returns.

"I'm really excited to see how we all fit," Brianna Taylor said. "We have all the talent in the world. It's just a matter of whether or not we can put it all together and play a good softball game. We have the goods to compete in the GLIAC and the nation, but it will be interesting to see how we come together as a team."

Brianna Taylor will enter her last year around at GVSU in any sport ranked fourth in career batting average (.387) and slugging percentage (.613), fifth in home runs (22), and eighth in on-base percentage (.436). Cleary is currently ranked third in Laker career history in home runs (37), fifth in RBI (127) and slugging percentage (.582), and ninth in walks (63).

Only this season, instead of making ticker-tape parade rounds along the base paths following towering home run shots, they'll be asked to produce in new and different ways.

Sophomore Sara Andrasik, who was named the 2013 GLIAC Freshman of the Year and an All-America honorable mention honoree after going 20-4 with a 1.59 ERA, 161 strikeouts and two no-hitters in 149.2 innings pitched, will take over as the No. 1 starter.

The Lakers will begin their season Saturday and Sunday with an indoor tournament at the Rosemont Dome just outside of O'Hare airport in Rosemont, Ill. GVSU will begin to put the pieces together as it faces four DII opponents.

It will be the first time in four years that the Lakers have started a season without Martin and crew on the roster.

It will be the 2014 squad's first time to play a real game together, and GVSU's first official game back since a 7-2 loss to Kutztown in last year's semifinal. An opportunity to move on, to build fresh and start a new season — and the Lakers are excited to have it.



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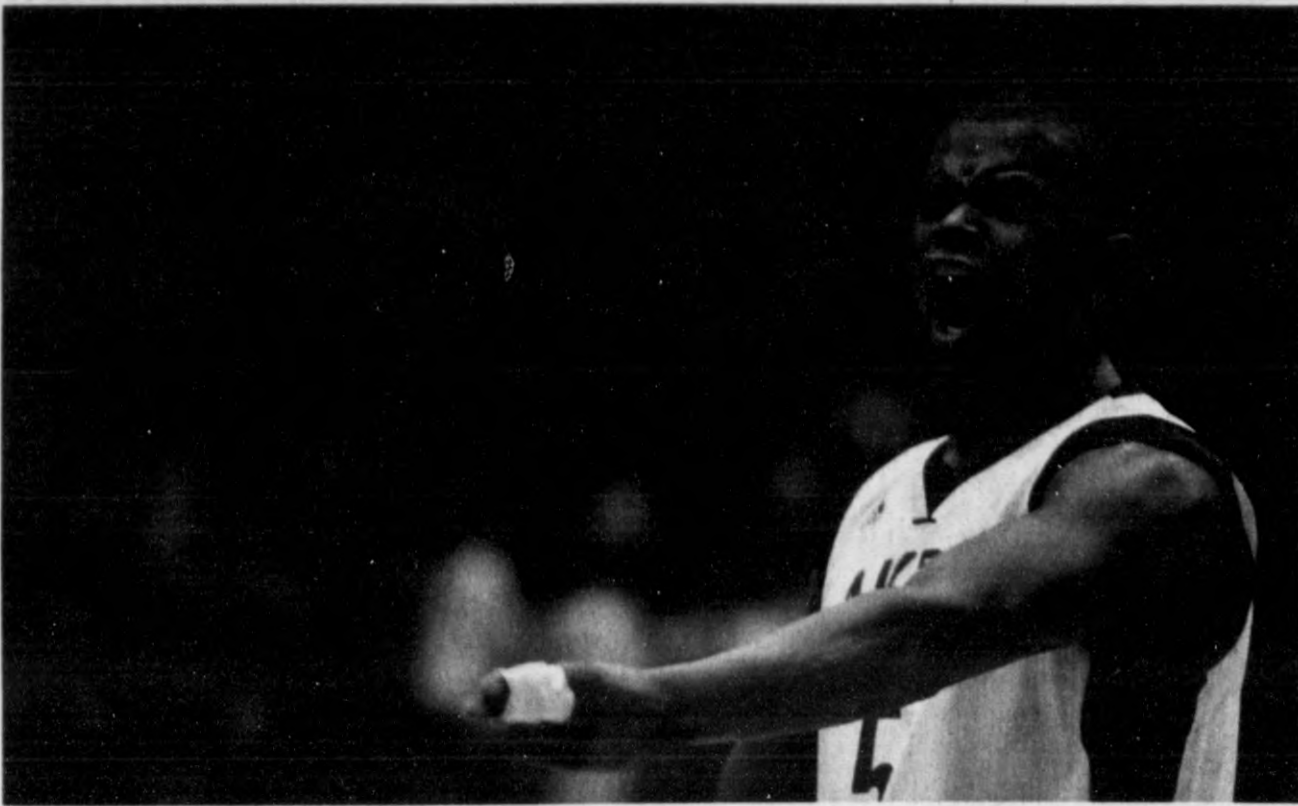
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M. BASKETBALL

TRACK & FIELD



GVL | JEMILY FRYE

**Bright future:** Grand Valley State University freshman Trevin Alexander, though in his first year on the men's basketball team for the Lakers, has worked his way onto the starting lineup for the team. He is known by his teammates to enter "beast mode."

## Bright freshman develops quickly on team Alexander adds energy, muscle as starter

BY JAY BUSHEN  
SPORTS@LANTHORN.COM

Freshman forward Trevin Alexander may be known as a cerebral individual off the court, but once his sneakers squeak the hardwood, he's been known to enter "beast mode."

Alexander recently worked his way into the starting lineup for the Grand Valley State University men's basketball team and has found a way to provide a spark with his enthusiasm and versatility for the playoff-seeking Lakers.

"I bring intensity," he said. "I like to get the crowd into it, bring the energy, clap in a guy's face and get hyped. When I get a block I like to yell and bring that fire into the game."

Not the type of personality one might expect from a former National Honor Society participant, but the type of interior presence that is too valuable to leave on the bench.

It's a surprisingly multidimensional skill set for a first-year player.

The 6-foot-6 rookie has been making the most out of his 18.3 minutes per game so far this season, and his per-game averages prove it. He ranks first on the team in offensive rebounds (2.0), second in total rebounds (5.0), third in blocked shots (0.4), and fourth in steals (0.9).

He and junior center Darren Washington may not be bonafide inside scoring threats just yet, but they bring

defense, rebounding and 470 pounds of muscle to the starting rotation.

It's not easy for opponents to score in the paint.

"Trevin likes to throw around his big body," Washington said. "He's a big dude, he's heavier and stronger than he looks. It's already tough with our guards, who have been playing really good defense as of late, but Trevin's a big body, I'm a big body, and it's tough to get down there."

Alexander has the nifty footwork on the low block to draw multiple defenders, which makes it easier for outside gunners like junior guard Ryan Sabin or sophomore guard Darren Kapustka to get open looks from long range.

The freshman also has a smooth shot for a big man and has scored in double figures seven times this season to go with a pair of double-doubles.

"He's been terrific for us, a key part of our lineup," Washington said. "At the beginning of the season, honestly I didn't know he was a scorer like he is, but coach gave him the green light. He's got range from 17 feet all the way out to the three-point line."

Head coach Ric Wesley said the light isn't exactly flashing, but Alexander has still exceeded his hopes

through 23 games.

"He's got good strength even though he doesn't have tremendous height," Wesley said. "He can play with the big guys around the basket, has a good outside shot and is a good passer so he can do some things at the arc and free-throw line."

Still, the most impressive aspect of Alexander's game may be his basketball IQ. He simply has not made the consistent mistakes one might expect from a first-year player.

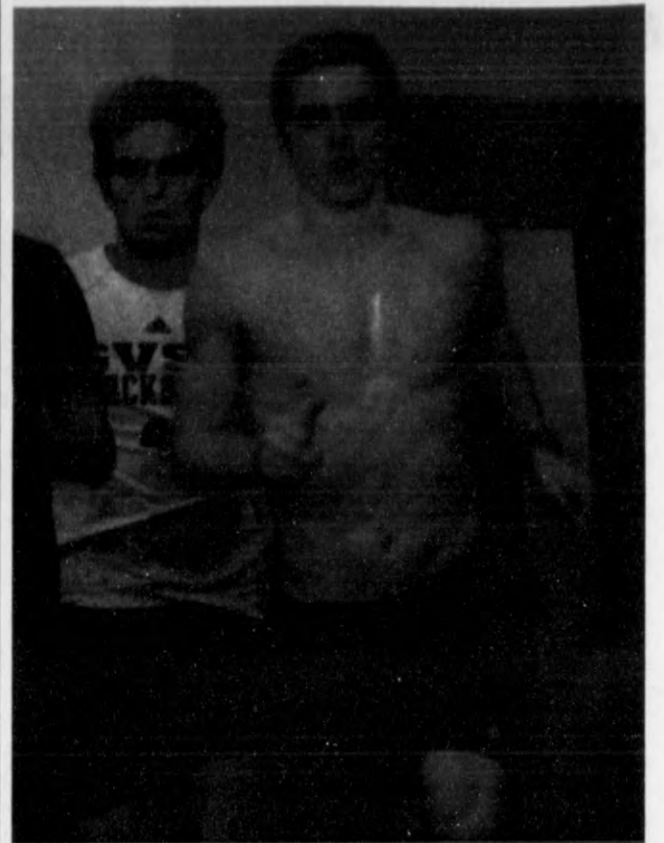
The same can be said about his focus in the classroom, and he's got his mama to thank for that. He said he was raised in a house that always placed academics above basketball.

His on-court persona reflects it. "The things that tend to stand out are when I see him mentally get ahead of the game and anticipate the next play," Wesley said. "It's not always a slam dunk or a three-point shot, but it's the small nuances within the game that seem to stand out — being in the right place at the right time."

It's a beastly combination of brains and brawn, and if he continues to develop, he'll have a big career ahead of him as a student athlete at GVSU.

**...it's the small nuances within the game...**

**RIC WESLEY**  
HEAD COACH



GVL | HANNAH MICO

**Obligations:** Ethan Barnes runs with his teammates in practice. The runners learn to manage their time wisely.

## Runners master time management with team

BY TATE BAKER  
TBAKER@LANTHORN.COM

The short list of priorities for an average college student often includes cramming at the last possible moment to pass an exam while finding time to donate plasma in order to pay for the \$5 cover charge at this weekend's kegger.

But some of these millennials are too busy putting in 12-hour days seven days a week to further their passions.

These individuals are known as "student athletes."

The student athletes belonging to head coach Jerry Baltes' track and field program are expected to manage 10 to 15 hours of practice a week, a full load of classes, and weekends that belong to a team for the majority of the school year.

"There's no question to whether it's worth it or not," sophomore distance runner Ethan Barnes said. "You see the athletes who have been through coach's program, and what they go onto do with their lives after is remarkable. You definitely sacrifice long days in the process, but at the end, I can imagine how 'worth it' it's going to be."

The average athlete needs to be deliberate with the time they have in order to maintain a healthy lifestyle and avoid feeling overwhelmed with expectations both on and off the track.

They consistently have to micro-manage every aspect of their daily lives so they don't fall into a downward spiral.

"My day usually starts at 6:30 a.m. with our first practice of the day," Barnes said. "After that, I have a heavy load of classes in the morning. Then practice again at 2 p.m. After practice, I focus on my studies for a couple of hours, then head to bed and wake up in the morning to do it all over."

Perhaps in comparison, the aforementioned

partying plasma-donors don't have it so bad after all. They may even begin to question how members on the track team stay eligible.

Well, they have done more than stay eligible. The women's track and field team has won the USTFCCA Indoor Scholar Team of the Year award for three straight years dating back to 2010, and the men also got in on the action by winning the award in 2013.

"The biggest thing for our kids is that they keep everything in perspective," Baltes said. "It's a day-by-day process. You can't go through the motions and expect to have success on and off the track. We preach to our kids to stay on top of things. I think they do a good job of that."

The day-by-day process has yielded results for the Laker program on a year-to-year basis, and Baltes' teams, that often comes in the form of championships or accolades at the national level.

It's not easy to consistently stay on their grind, but the light at the end of the proverbial tunnel seems to shine a brighter shade of Laker blue every year.

"The great thing about our team is that everyone understands the struggle each individual goes through for this team in order to succeed," sophomore thrower Jay Lechner said. "Everyone goes through the long days, but we know that if we achieve our goals, it will all be worth it."

So to those party-seeking procrastinators struggling to make it through the winter semester, just remember that your agenda could be a whole lot more demanding.

Work hard, stay focused on the process, and watch your goals come to fruition.

Or, if you have time, head over to the Kelly Family Sports Center on Friday at 3 p.m. to witness the Lakers' dedication live at the GVSU Tune-Up meet.

**There's no question to whether it's worth it or not.**

**ETHAN BARNES**  
SOPHOMORE



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W. LACROSSE

# Captain Lowe sets bar high for GV lacrosse

Junior guides Laker squad for third straight season, helps build fresh program

BY ADAM KNORR  
AKNORR@LANTHORN.COM

Grand Valley State University christened a brand new athletic program three years ago in women's lacrosse. When the fledgling team met early in its inaugural season, it was tasked with picking a captain.

The young program fittingly chose a freshman.

The program exceeded all expectations in its first two seasons while growing into the team to beat in the GLIAC, and as it enters its third year, Sarah Lowe is still the captain.

Lowe tried to pinpoint exactly what makes her such an ideal captain for the team as the Lakers gear up to hit the bulk of their season.

"I don't know if leaders are born or made," she said. "I'm really loud and outgoing and that attributes a lot of the reason that I'm in the position I am.

"A lot of situations I've been put in have allowed me to grow my leadership skills and have a strong voice on the team."

Aside from her strong vocal skills, she had something going for her that many on the inaugural team did not — experience.

The lifelong athlete first picked up lacrosse in seventh grade and continued her development through high school, where she was

named a captain for both the lacrosse and ski teams at Okemos High School.

Lowe's six years of experience in the sport set her at a higher peg than many of her teammates right off the bat — and she hasn't disappointed.

She originally intended to play lacrosse at Michigan State University, but after one semester, she decided to head to Allendale to play for head coach Alicia Groveston at GVSU.

Lowe lived up to expectations in her first season as a redshirt freshman. She scored nine goals and, befitting of a captain, dished out 21 helpers to hold the team lead in assists.

After being chosen as captain again in her sophomore season, Lowe simply upped her level of play. Once again, she led the team in assists, this time with 20, to match her impressive 20-goal total. She was named to the All-GLIAC Second Team and led her team to its first GLIAC Championship.

"Her understanding of the game really helps her to be successful and express what coach wants," said Alyssa Neumen, the 2013 GLIAC Defender of the Year. "She's very good at being vocal and at getting her points across."

The Lakers, who are now two games into their 2014 campaign, will look to Lowe not only to replicate her statistical success from



On the move: Junior Sarah Lowe leads an attack for the Grand Valley State University lacrosse team. Both Lowe and the lacrosse program came to GVSU in 2011, and Lowe has served as the team captain every year since.

COURTESY | DOUG WITTE

seasons past, but also to meld the plethora of young Lakers into a cohesive unit. Her strong vocal presence and blindingly apparent skill make her a leader for the newer players to gravitate toward.

During GVSU's 1-1 start, Lowe has seen her early-season role take that of a goal-scorer. In a 16-10 loss at No. 14 Lindenwood University, she notched two goals, one of which gave the

Lakers a brief lead.

In the second game, a 21-4 obliteration of McKendree University, Lowe was one of four Lakers to tally a hat trick, tying her for the team lead with five goals this season.

Not that stats matter much to the captain.

"It's not about being the person who scores a lot of goals or gets all the glory," she said. "It's about helping my teammates be the best

they can be."

And help she does.

The third-year veteran has come to understand the program and its inner workings as well as anyone. As Groveston has built the program up, the current juniors and seniors have been able to lend a hand in its development and shape.

This year's team features seven freshmen, all of whom need guidance in adjusting to and understanding the

demand and intensity of collegiate sports.

"The captains have done a great job of imparting wisdom before they get here," Groveston said. "We've developed our own style and the new players have come in and not really known my expectations.

"Sarah has done a really good job of making sure they're aware of what they need to accomplish. She can make friends with anyone."

# Club volleyball team wins OSU tourney

Lakers maintain No. 1 ranking in NCVF after emerging victorious over MSU, Purdue

BY LUCAS RAINS  
LRAINS@LANTHORN.COM

The Grand Valley State University women's club volleyball team entered the 'NCVF Scarlet & Grey Classic championship' at Ohio State University over the weekend as the only NCAA Division II school in the rankings.

The tournament, which featured some of the best club volleyball teams in the country, eventually came to an end — and GVSU remained the No. 1 team in the latest polls.

The Lakers certainly proved they are worthy of the designation as they swept the competition.

The Buckeyes' B squad came in as the top NCVF Division II team while Michigan State University was ranked No. 2. Purdue was at No. 10 in the DI polls.

The tournament win was huge for GVSU, as it provided the team good tests to prepare for nationals.

"It's really nice to be able to be in tough games like that and know we are able to finish," head coach Anna Tollefson said. "The experience of being in those situations early in the year just builds confidence on a player's ability to execute when we're at nationals and facing similar situations.

"It's that feeling of 'we've been here before' — and succeeded."

The Lakers opened the pool play round with wins over the University of Pittsburgh and Xavier University in straight sets. GVSU advanced to the power pool play, where it ousted the University of Cincinnati with ease. The Lakers went on to take the first set against MSU's B team and eventually pulled out a hard-fought 33-31 win in the second.

GVSU earned a first-round bye in the gold championship bracket but faced off against

nationally-ranked Purdue University in the second round. The Lakers quickly dispatched the Boilermakers 25-15 in both sets.

The semi-finals featured a battle between two of the best teams in the country.

Top-ranked GVSU played against host OSU's B team, where the Lakers came out on top 25-11, 25-23. The win propelled them to the championship game against the University of Wisconsin. After 25-18 and 26-24 wins, the Lakers walked away as champions.

Senior Jaimie Brandon and freshman Erika Witherspoon earned All-Tournament Team honors. Brandon was also named the tournament MVP.

"The win helped us build more confidence in ourselves and our abilities to go out there and not only compete with other top programs, but also beat them," Brandon said.

GVSU's B squad, which is currently an honorable mention in the DII rankings, made it to the semi-finals, but eventually dropped its match against the University of Florida to get bounced from the tournament.

The focus of the team looking ahead is staying healthy and working on the little things in practice.

"We have several players who were sick this weekend, and I really want everyone healthy and injury free from here on out," Tollefson said. "Other than that, we are going to continue to keep improving in practice, working on our technical skills and our game-play situations. We want to get tougher and clean up our execution."

This weekend, GVSU will host a 4-on-4 fundraising tournament. The tournament is open to any female GVSU students, and it will help the team reach its fundraising goals for nationals.

"We unfortunately could not field enough teams due to a large tournament down at Purdue, which many of the teams from around the area are attending," GVSU club volleyball president MaKenzie Branderhorst

said. The Lakers are scheduled to play next against MSU on March 23. Beginning April 2, GVSU will travel to Reno, Nev., to play in the national tournament.

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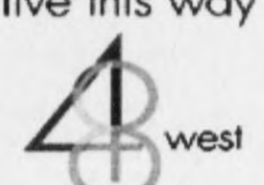
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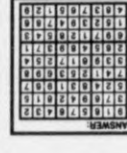
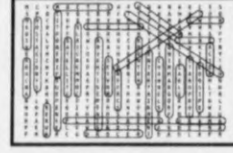
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O N C I G G O M Y W M E Y T M A S W E N  
E O D T P S S E R I E S L P A A V W R Y  
D I A P F L G D R B C H Y E C W M E S P  
I T L O S A W A K G C K T D V T U N E T  
V A V R A I L D A U S R A C G I W K A B  
E C H E T C O V Y O B O E T N L S T C Y  
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O D W I L E D R E B B T T H M C T E O A  
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C Y K S I M G I V E I N R N A B R O M N  
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N L G P K D Y M O C K W I L O K R P G L  
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D P E N R A H N H S F K M E P B C H D U  
R A R S F L A T S C R E E N C D R A M A  
F E U E L V W S B D T I N A N N E T N A  
F M N H C G D R O C E R T D A D L A F R

Find the words hidden vertically, horizontally & diagonally throughout the puzzle.

### WORDS

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- ADVERTISEMENTS
- ANCHOR
- ANTENNA
- BROADCAST
- CABLE
- CHANNELS
- COMMERCIALS
- CORPORATE
- DRAMA
- ENTERTAINMENT
- EPISODE
- FIBER OPTIC
- FLATSCREEN
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### WORD SCRAMBLE

Rearrange the letters to spell something pertaining to crafts.

**K T N G I T N I**

Answer: Knitting

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I was born on March 14, 1879 in Germany. I was a legendary theoretical physicist and grew to become an iconic "genius" of math and science.

Answer: Albert Einstein

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ABCDEFGHIJKLMNOPQRSTUVWXYZ

## CRYPTO FUN

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Determine the code to reveal the answer!

Solve the code to discover words related to roller skating.  
Each number corresponds to a different letter.  
(Hint: 10 = e)

**A. 8 15 16 14**

Clue: Skating location

**B. 19 11 10 10 20 2**

Clue: Motion devices

**C. 20 9 22 10**

Clue: Tie

**D. 23 4 2 15 22**

Clue: Melody

Answers: A. rink B. wheels C. lace D. music

## SUDOKU

	1	8			6	4		2
			9	4				
5			8					
7		1		5		6	9	
							5	4
	6					3	7	
			1					
	5						8	6
4		3						

Level: Advanced

### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

### Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!