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Where do we play?

Grand Valley Tennis team frustrated by lack of indoor court in the midst of winter months



Sports | B1

LAST LAKER STANDING

Grand Valley's funniest students to step out for annual stand up competition Friday night



A & E | B4

GRAND VALLEY Lanthorn

STUDENT-RUN NEWSPAPER AT GRAND VALLEY

Thursday, February 10, 2011

www.lanthorn.com



The Internet is SHRINKING

Diminishing number of Internet IP addresses will cause problems future users

GVL Photo Illustration and graphic / Eric Coulter and Alana Holland

By Molly Waite
GVL Assistant News Editor

The Internet is running out of addresses to allocate to its users.

Last week, the American Registry for Internet Numbers (ARIN), the nonprofit organization that assigns addresses, announced that it allocated the last available addresses. Andrew Kalafut, assistant professor in Grand Valley State University's School of Computing and Information Systems, said that this will become a problem for the university and all Internet users.

"The Internet is a network of connected computer networks, all able to

communicate with each other," Kalafut said. "IP (Internet protocol) addresses identify each computer on the Internet, just as a street address identifies a building. When we send packets of data over the Internet, devices called routers look at the destination IP address and use this to decide where to send the packet of data. This is similar to the post office looking at the street address on an envelope and deciding where to send the envelope."

There are different versions of the Internet protocol, but most computers run on version four, Kalafut said. The protocol, which allows computers to communicate over the Internet, specifies a fixed length of address.

John Curran, CEO of ARIN, said

So... how's the Internet work?

The Internet is a network of connected computer networks, all able to communicate with each other. IP (Internet protocol) addresses identify each computer on the Internet, just as a street address identifies a building.

in a press release that the old pool of Internet Protocol addresses had about 4.3 billion addresses.

"A billion sounds like a lot," Curran said. "But when you think that

there's nearly 7 billion people on the planet, and you're talking about two, three, four, five addresses per person (for some Web users), obviously 4.3 billion isn't enough."

With addresses running out fast, Internet users are facing a serious issue. Computers that cannot get new addresses will not be able to communicate over the Internet, Kalafut said.

"The solution to this is a new version of the Internet Protocol, version six, which allows addresses four times as long," Kalafut said. "This allows vastly more addresses, more than 340 undecillion."

Although one undecillion is equal

See Internet, A2

Student Senate to approve budget today

Lauren Ringger
GVL Staff Writer

What would you do with \$1 million?

For most college students, such a sum is incomprehensible. But Grand Valley State University's Student Senate must answer that question every year when it constructs the yearly budget.

"When creating the budget, each council is thoughtfully considered for what will be best for them, as well as campus," said Natalie Cleary, Student Senate's vice president of public relations. "It is a long process and we put a lot of effort into it."

The Student Senate will vote to finalize the proposed budget today.

"The vote should run smoothly," Cleary said. "The proposal has been on the table for three weeks now, and all of the student organizations

See Student Senate, A2



CLEARY

Inside this issue



GVL Archive / Andrew Mills

Vagina Monologues

GV students will deliver the university's 10th-annual performance this weekend

lanthorn.com



Notes From Abroad: Going with the flow

GVL blogger Erin Kelly learns how to follow the crowd in Kingston, England.

What's Inside

- A2 News
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- B1 Sports
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Sticks and stones break bones, but words start a protest

Social media is changing the way people communicate, organize

By Anya Zentmeyer
GVL News Editor

Three weeks into the chain of radical civil-ian protests that have the Egyptian government and its people still reeling, Grand Valley State University student Nadine Morcos said it feels strange not being able to contact her friends and family back home since the government in Egypt shut down the Internet.

"It was very weird not being able to access my friends and family's Facebook pages or call them or find them on Skype," she said.

Half South African and half Egyptian, Morcos moved came to GVSU a little more than a year ago to work toward a liberal studies degree with an emphasis on international relations and non-profit organization. She said social network-

ing has always been a prominent channel of communication, even before it was used in protest.

"That Mubarak forced a shutdown of ISPs proves that there is a growing understanding that many young people use the Internet as their primary form of communication today," said Danielle Leek, associate professor of communications at GVSU.

Although the actual power of its aid in the protest movement is under scrutiny by many, Brian Bowe, visiting professor of communications and Middle East studies faculty member at GVSU, said there is no denying the hand social networking sites like Twitter and Facebook have had in the crisis in the Middle East.

"Social media has proven to be very effective in circumventing the traditional kind of handcuffed media in countries like Egypt and Iran," Bowe said. "As such, it can be a really important tool for giving people that kind of information that they need to organize and advocate for their grievances."

While seeking his doctorate at Michigan State

See Social networking, A2



Photo manipulation / Alana Holland

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Internet

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to a 1 followed by 36 zeros, Kalafut said the sheer number won't completely correct the problem. Computers that only have the old version four addresses cannot directly communicate with computers that only have new version six addresses.

"From the computer in my office, I cannot access websites that only have a version six address," Kalafut said. "There are not many of these now, but in the future there likely will be."

Because GVSU's websites only have the version four addresses, anyone using version six IP address will have difficulty accessing GVSU Internet resources.

Kalafut has discussed this upcoming issue with students in his Computer Networking class

and plans on bringing it up in Data Communications later in the semester.

"The students seem to be very interested in the problem and how things got the way they are," he said. "I think most of them understand that making this transition is a difficult problem."

While Kalafut said it is unlikely the IP transition will yet affect the average student much, GVSU will have to take steps in the future to provide for those students, faculty and staff using version six.

"As more and more content gets added to parts of the Internet that only have the new IP version 6 addresses, GVSU would have to update to support it, otherwise we would not be able to easily access this new content." assistantnews@lanthorn.com

Student Senate

continued from page A1

were sent the proposal, and no concerns have been brought to us yet."

The reserve fund will decrease 1.31 percent this year, leaving \$86,500 in emergency funds.

Jarrett Martus, Student Senate president, said the reason for the reserve decrease is because student organizations are becoming more fiscally responsible. Martus said because councils are starting to grasp the budget process Student Senate does not need to keep as much money in the reserve fund.

The top three councils that receive the most funding are Sports Council, Spotlight Council and Cultural Council.

The Sports Council is proposed to receive \$358,000 in funding, a 2.29 percent increase from last year.

"Funding is increasing because there continues to be new teams starting up due to student interests, and these have associated costs like coaching, training, facilities and officiating," said Bob Stoll, director of Student Life Sports. "There are currently 51 sports and recreation organizations with over 1,000 student athletes involved. There are teams associated with

national organizations. It costs a lot to run these programs safely and at a competitive level."

The Sports Council includes organizations such as rowing, lacrosse and volleyball. Organizations within the Sports Council also hold fundraisers and pay to participate.

Spotlight Productions is proposed to receive \$120,000 worth of funding, the same amount the organization has received for the past two years. Spotlight puts on several campus-wide events every year, the largest being the homecoming concert. Spotlight also brings in comedians and puts on Rocky Horror Picture Show, Battle of the Bands, Open Mic Night and several other programs.

The Cultural Council comes in third for the largest budget. It receives \$75,000, a 14.77 percent decrease.

There are several other areas to which Student Senate allocates money such as Presidents' Ball, the Creation Station and the Academic Conference Fund.

"We are budgeting funds that go back out to the students," Martus said.

The vote to finalize the budget is at 4:30 p.m. today in Room 2204 of Kirkhof Center. lringger@lanthorn.com

Social networking

continued from page A1

University, Bowe and a few other graduate students were published in a journal article that explores the phenomena of social networking as a tool of protest. Although Bowe agrees on the important role social networking has played, he said it is just as easy to overestimate how effective social media has been.

"Not to say that it's not an important tool - it's just that Egypt has shown that it is possible to shut down the Internet and really stop, or at least limit, the effectiveness as an organizing tool," he added.

Likewise, professor of communication studies Corey Anton said he believes social networking is on the global rise.

"I think in the globe it's going to be a rule changer," Anton said. "It will completely change the way politics are done, especially in small geographically dense areas. There are movements right now to try to cut against the role of anonymous information."

Like with all good things, however, Bowe said there is darker side to social networking in these less developed nations that has a far less game-changing outcome. The transparency of social networking is both its strength and its weakness.

"Social media can also be used as a tool of surveillance," Bowe said. "There were reports out of Iran that once the

protests had died down, secret police then was able to go through and use social media to track down protesters and arrest them, crack down on them, and there's also reports that that is starting to happen in Egypt."

With 175 million registered users, Twitter's global reach has some American's wondering whether or not large-scale protest through social networking might spread to the United States. Bowe thinks it already has.

"...Social media is changing things in ways that I don't think we fully grasp yet," he said. "It is connecting people and changing us from this model of simply receiving communications to being active participants. So instead of just reading a news story, then I post it and comment on it, and all my friends see it - and not just my friends but my connections - and maybe they then post it to their social networks."

Anton said, however, he has little faith of seeing any real, tangible differences in the U.S. in regards to social media and protest.

"I think there are a lot of shadow-skulkers and basement dwellers who are very animated about YouTube and their political platforms and beliefs on their Twitters and things, but would they step out?" Anton said. "Would they put their heads on a chopping block in a public place for it? I don't think so. Not in the way that these people in a

"(Social media) is connecting people and changing us from this model of simply receiving communications to being active participants."

-Brian Bowe
GVSU professor

third world would - that have basically everything to gain and nothing to lose."

Bowe said social media has been a powerful player, but it isn't the star.

"It would be wrong for us to say that social media is driving the debate," he said. "These are grievances that have been bubbling up for a long time."

And although Bowe said it's hard to say what the future holds for social networking, one thing is for certain: it's here to stay.

"What it has done is it has offered a forum, it's helped give voice to the voiceless, and it's also helped people connect and understand that their grievances were shared by others and to see the extent to which they are shared by others," he said. "So no - I don't think it's a fad. I think this is changing the way we communicate across space, across time, in ways that I don't think we grasp yet." news@lanthorn.com

BRIEFS!

GV NEWS

1

Students for Life group attend March for Life in D.C.

Last month, 25 GVSU students from the Students for Life group attended the March for Life in Washington D.C. The group marched from the Capitol to the stairs of the Supreme Court with more than 250,000 others to make a statement against abortion, which was legalized when Roe v. Wade was passed in 1973. Members of Students for Life also attended the Students for Life of America conference, where they heard famous speakers and politicians in the anti-abortion movement.

For more information about Students for Life, visit www.studentsforlifegvsu.org.

2

Kenneth R. Venderbush Student Leadership Award accepting nominations

Nominations for the Kenneth R. Venderbush Student Leadership Awards are due to the Dean of Students Office (STU 202) no later than 5 p.m. on Friday. The award will be presented to a senior at the Awards Banquet on April 11.

A candidate for the award must be a senior enrolled Fall and/or Winter semester, demonstrate a significant contribution to student life through volunteer student representation, committee involvement, student organization leadership, residence hall leadership or athletic leadership and participation, and must be in good academic standing. Academics should be balanced with extracurricular involvement and should reflect a solid performance by the individual.

To nominate a qualified student, visit www.gvsu.edu/dos. Click on "Forms," then select the Kenneth R. Venderbush Award Nomination Form. The nomination should be sent to the Dean of Students Office in a sealed envelope marked "Confidential," and the envelope should indicate the form enclosed is nomination for the Kenneth R. Venderbush Award.

For more information, please contact Sue Willemssen at (616) 331-3585.

3

Laptops can now leave library

For those students, faculty and staff who check out laptops from the Zumberge Library on the Allendale campus, there is good news - those laptops can now leave the library. The loan period for laptops has also been extended to four hours with no renewals and no holds. The laptops are issued on a first-come, first-served basis.

For more information, please visit the Zumberge Library front desk, call at (616) 331-3500 or email library@gvsu.edu.

GV professors receive fellows honor

By Eric Higgins

GVL Intern

Grand Valley State University professors Paul Leidig and Nael Barakat have been named fellows in their professions.

"Being named a member of a society recognizes that the fellow is among the most accomplished and respected professionals in the field," said Paul Plotkowski, dean of the College of Engineering and Computing. "Fellow is the top rank of membership in a professional society."

Leidig, director of the School of Computing and Information Systems, received the Lifetime Distinguished Fellow Achievement Award from the Association of Information Technology Professionals Educators Special Interest Group, according to a GVSU press release.

"Professor Leidig was recognized for long and outstanding service to his profession and his professional society including extensive leadership," Plotkowski said.

Barakat, chair of the mechanical engineering emphasis in the School of Engineering, was named a Fellow of the American Society of Mechanical Engineers.

"Professor Barakat was recognized for his technical accomplishments and his service to his profession through leadership and his extensive mentoring of students and young engineers," Plotkowski said.

Leidig, who has been a professor for about 30 years, said he is in good company with fellows who were named in previous years.

"I'm one of 14 that have received this award,

"...It was just a real honor to be put with a group that have worked their whole career in this area."



LEIDIG

and most of the others are retired or near retiring, and so it was just a real honor to be put with a group that have worked their whole career in this area," he said.

He added to him, the award means recognition of his dedication to the field.

"Well, I guess it means that an institution or an organization - the Association of Information Technology Professionals, which has about 3,000 or 4,000 active members of IT professionals - the fact that dedicating a lot of years into working for the group was recognized," Leidig said. Barakat, who has been a professor for nine years, said that the award is an encouragement.

"This recognition is a great motivator for me to help more and go further in educating young engineers and in promoting engineering as a profession that is absolutely necessary for our society," he said.

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Grand Valley Lanthorn

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EDITORIAL

Well, it's... uh...

For something that is utilized every day by a vast number of users in every facet of today's society, not many people know how the Internet works or exactly what it is, indicating a fundamental problem with society's curiosity.

Remember "The Matrix"? Jam-packed with action that blew your mind, philosophy that made you question reality and an appropriately-cast line of characters that topped off the experience, the line of "Matrix" movies sparked one of the biggest (and yet so short-lived) crazes of the early century.

In one particular scene in the second movie, Neo stands on a balcony inside of Zion (the real world) and is joined by Councillor Hamann. They engage in small talk and eventually decide to take a walk to the engineering room, where Hamann says he likes to walk at night. Upon entering the room, Hamann says, "Almost no one comes down here, unless, of course, there's a problem. That's how it is with people - nobody cares how it works as long as it works."

Well doesn't that just about sum it up? Although the movie is based in a fictional realm set up to pull its audience away from reality, this quote from the movie is one of those overlapping statements that force an audience to question its real-life principles. The fact of the matter is in real life, as in the movie, people don't care about how something works as long as it does what it's supposed to do.

And we're not talking about useless bits of knowledge like how the amount of news that happens in a day always exactly fits the size of a newspaper or trivial things like how those newspapers magically end up on the news stands every Monday and Thursday - you would only care if they weren't there when they were supposed to be.

But we're talking about systems and technology that have become pillars of society through mass use and integration. We all know that cell phones allow us to connect to other cell phones through a series of satellites and cellular towers, but what process allows our voices to be carried miles upon miles across the world in an instant? We all know how to print off our research papers before class, but what process does a computer go through to transcribe exactly what appears on your computer screen onto an organized bundle of papers? For that matter, how does a computer do most of the things it does? It's one thing to explain to your parents that pages of text don't have to be deleted one letter at a time in Word (true story), but there are much bigger questions that elude even the most tech-savvy among us.

The biggest mystery by far is how the Internet works. Everyone uses the Internet, especially on college campuses, but if someone woke up after 20 years in a coma and, in the process of trying to reintegrate into society, said to you, "Excuse me, could you tell me what the Internet is?" would you be able to say, "It's a series of interconnected networks linked together on a giant server that relay information back and forth"?

Probably not. And that's just the simple answer.

Even a basic understanding of the technology that holds our increasingly interconnected world together can not only help us solve problems when they arise, but also help us prevent those problems from occurring. No one person can be expected to know everything about everything, but maybe it's time that we take the time to learn some of the ins and outs of things that we use every day.

The student-run newspaper of Grand Valley State University

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EDITORIAL CARTOON



GVL / Dan Sills and Shaun Morton

YOUR INSIGHTS

How does the internet work?



"That is such a challenging question, but ultimately there are electric waves in the universe that allow us to utilize a wide array of resources."

Ann Hartlieb
Junior
Psychology
Schoolcraft, Mich.



"Al Gore has a magic wand and he waves it over his home computer and the Internet works."

Kyle McMillen
Sophomore
Group social studies
Lake Odessa, Mich.



"Satellites. I'm thinking satellites. When you communicate with someone in China, how else would you do it? It isn't wires or cables."

Shawn French
Junior
Exercise science
Grand Haven, Mich.



"There are underground tubes, of course, with gerbils that carry information."

Mike Kaurich
Senior
Political science
Sterling Heights, Mich.



"That's kind of a big question, don't you think? Do you want a technical answer? Yeah, it works by spitting 1's and 0's across the globe at supersonic speeds."

Tim Kelch
Senior
Engineering
Midland, Mich.

GVL STUDENT OPINION

Students should embrace los foreign languages



GVL Columnist

Foreign languages are sexy. There is something about those Spanish rolled 'r's and the German phlegm-inducing 'h's that get me all hot and bothered.

Too much information? Apologies.

This is why a poll conducted a couple of weeks ago by the *Grand Valley Lanthorn* has got me... well, hot and bothered. This time, however, I am hot with frustration and bothered with bother. The poll asked if students should be required to learn a foreign language and an alarming 41 percent of the poll-takers said "nein."

Now, disregarding the fact that the ability to speak another language

makes you sound 100-percent more Rico Suave, there are countless other reasons why learning a foreign tongue shouldn't just be available, but required.

Before I get into that, though, let me just say that I am terrible at Spanish. I took it for three years in high school and am currently in my third semester here at GVSU, but I am still nowhere near proficient. It's not as if I get kicks off of mispronouncing present progressive forms or that the difference between "to be" and "to go" is particularly challenging, but my mind prefers thinking about things besides reevaluating the way I look at language. Like Sudokus.

But where I fail at Spanish is also where the most merit lies—and every foreign language teacher says this at one point or another—because studying how another

language works helps in analyzing my own language: American.

I say "American" to differentiate between the other forms of the English language, where "color" adds a 'u' and "theater" ends in an 'e' and "soccer" doesn't "exist." Only in language is our country so stubborn to ignore the European traditions, despite their superiority. Well, that and the metric system. And health care...

At this point, it should come as no surprise that English is the most confusing language in the world, and that is even taking into account the societies that use a series of clicks and pops to communicate. With that confusing bundle of words and phrases out of the way, it should be no problem learning another language, right?

Whatever the answer may be ("no," the answer is "no"), it doesn't take

away from the fact that we will all likely come in contact with a person who only speaks in a language besides English, whether it is for work or on vacation or on a study abroad trip (which is a bit of both worlds, really).

The point is, even though foreign languages may suck, they have a lot of pragmatic value. A foreign language can teach one about their own language by showing the intricacies and overlooked aspects in relation to each other. It is a skill that can come in handy at the most inane parts of a person's life, like calculus or how to tie a Windsor knot.

Therefore, every student should be required to learn a foreign language. Once this is accomplished, the world will be a much sexier place.

cslattery@lanthorn.com

see LANTHORN.COM to view Andrew Justus' blog >>> "A NATION OF IMMIGRANTS"

LETTER TO THE EDITOR

Feb. 7 editorial a product of imperialist culture

Dear Editor,
I have no doubt that the author of the 02/07/2011 editorial about the Egyptian uprising had decent, even noble, intentions. However, the editorial merely evinces how powerful the culture of imperialism in America is. The author's main contention is that Egypt will require U.S. intervention or involvement to represent the "will of the people." Like many U.S. analyses of foreign policy, this one is radically ahistorical. History may not be important to those of us who live in comfort and relative affluence, but it is to those who have been brutally oppressed for many years.

First, U.S. military aid to Egypt during Mubarak's regime has hovered at around 1.3 billion dollars annually ("Egypt's Military-Industrial Complex," *The Guardian*, 02/04/2011). As noted by Ahmad Al-Sayed El-Naggar, the purpose of this military aid is not to augment Egypt's ability to protect itself from external threats (obviously not in perceived U.S. interests), but rather to strengthen the regime's domestic security and to facilitate its ability to control popular movements. This has been a long standing policy, defended many times by many presidents, usually with veiled threats about radical Islam and earnest attestations of the importance of "stability" in the region. We

may conveniently forget these facts, but Egyptians are not so insouciant about the sources of their oppression.

Second, the U.S., as of now, seems intent on supporting Omar Suleiman in a "transitional" phase that will eventually lead to "free elections"—although the words "free elections" should be interpreted in concordance with their standard political meaning: elections that end in results we can accept ("Obama Backs Suleiman-Led Transition," *New York Times*, 02/05/2011). According to Pepe Escobar ("Sheik al-Torture": *Washington's New Man in Cairo*, *Asia Times*, 02/08/2011), protesters routinely refer to Suleiman as "Sheik al-Torture" and are quite familiar with his long record of abuses. Essentially, Omar Suleiman is Hosni Barak without the damning connotations (Mubarak II as he is commonly called); and this support indicates that U.S. will implement a standard script: Defend stability. When that becomes untenable because of popular uprisings, make righteous pronouncements about liberty and democracy in public; in private, move quickly to find another leader who can carry out your desires without subjecting you to justified obloquies.

Again, I believe the author had decent intentions and I have

no doubt that the author earnestly believes that U.S. involvement is needed to save the Egyptian uprising from the clutches of another brutal autocrat. However, in light of history, this is not a plausible scenario. Furthermore, the entire idea the U.S. has a right to become involved lies on a dubious moral principle. Would we (the citizens of the U.S.) accept the right of Iran to become involved in our elections? One might retort that the U.S. has been a beacon of hope and democracy and that therefore our intervention is more justified; however, the historical record belies such a claim. Another retort might be, "the U.S. is different now; the U.S. is on the side of human rights." Suppose that assertion was made by one of the U.S.'s official enemies, say Iran. Would we even bother to laugh?

I do not know what will happen in Egypt, but I do know one thing: it should be up to the Egyptians to decide.

- Bo Winegard, GVSU Senior, Psychology.

see LANTHORN.COM to view ANOTHER LETTER >>> EGYPT CRISIS

Want us to publish your thoughts? Email us at editorial@lanthorn.com

Valley Vote

Should the Cultural Council's budget be cut?

Yes: 54%

No: 46%

This week's question:

Is it important to understand how technology works?



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GVL OPINION POLICY

The ultimate goal of the Grand Valley Lanthorn opinion page is to stimulate discussion and action on topics of interest to the Grand Valley Community.

Student opinions do not reflect those of the Grand Valley Lanthorn.

The Grand Valley Lanthorn welcomes reader viewpoints and offers three vehicles of expression for reader opinions: letters to the editor, guest columns and phone responses.

Letters must include the author's name and be accompanied by current picture identification if dropped off in person. Letters will be checked by an employee of the Grand Valley Lanthorn.

Letters appear as space permits each

issue. The limit for letter length is one page, single spaced.

The editor reserves the right to edit and condense letters and columns for length restrictions and clarity.

All letters must be typed.

The Grand Valley Lanthorn will not be held responsible for errors that appear in print as a result of transcribing handwritten letters or e-mail typographic errors.

The name of the author may be withheld for compelling reasons.

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GV student wins national award for animal advocacy



Lena Spadacene honored for cage-free egg campaign

By Eric Higgins
GVL Intern

Although she received the Humane Society of the United States' (HSUS) student leadership award, Grand Valley State University senior Lena Spadacene said she is the more excited about the campaign that got her there than the award itself.

"To receive national recognition is an honor, but I am more excited about the concept of a cage-free campaign receiving institution-level acknowledgement," she said. "It's one thing to buy cage-free eggs at the store once in awhile, but it's another thing for 1.4 million eggs a year to be purchased from hens that aren't subject to cages so small they hardly have the room to turn around."

Spadacene, co-founder of GVSU's own HSUS chapter, said getting involved in bringing cage-free eggs to GVSU was something that was decided upon because of the immediate impact it would have.

"A cage-free campaign was the ultimate decision

for HSGV's first campaign because we knew that if it were to come into fruition it would benefit the most animals in the least amount of time," she said. "The life of a hen is grim - with her beak burned off, skin rubbed raw, and wings, neck, and legs continuously getting caught in the wiring, we felt this would be a minor, yet substantial improvement for birds in our area."

Josh Balk, who is a spokesperson for the HSUS, said because of what Spadacene was able to accomplish, GVSU was able to become a more humane university.

"Eggs from caged hens come from hens confined so tightly, they can't even spread their wings," he said. "In fact, each hen is given less space than a single sheet of paper to lift for her entire life. By switching to cage-free eggs, the campus, because of Lena's phenomenal leadership, took a move in the more humane direction."

According to the HSUS website, "unlike battery hens, cage-free hens are able to walk, spread their wings and lay their eggs in nests, vital natural behaviors denied to hens confined in cages."

To help bring cage-free eggs to GVSU, Spadacene worked with Campus Dining and its sustainability initiative, called the Green Team, to collect petitions from students and

faculty. She said she received hundreds of signatures from people to help her cause.

"We collected hundreds of signatures from students, professors, staff, and Campus Dining employees within 48 hours of making the campaign public in March," she said. "We would have continued to share the support of the campus through signatures if Campus Dining hadn't responded so quickly by granting us a final meeting to discuss the issue."

Spadacene also said that Campus Dining helped in investigating cage-free facilities in the area.

"The most rewarding part about working with the Green Team was that they concurred with our vision of improving animal welfare and Grand Valley's environmental stewardship - not only did they help investigate cage-free facilities but they focused on places within 150 food miles," she said. "Their dedication and environmental consciousness is beyond any other dining facility that I know."

Cage-free eggs have become such a big issue that in 2009, the state of Michigan became the second state to outlaw the cage confinement of hens. Because of Spadacene's efforts, according to a press release, GVSU is the first university in Michigan to serve cage-free eggs exclusively.

news@lanthorn.com

Courtesy photo / Lena Spadacene
Humane dining: Senior Lena Spadacene poses with a dog. Spadacene received a student leadership award from the Humane Society for her involvement in bringing cage-free eggs to GVSU last year.

DOWNTOWN DINING

Dine downtown without breaking the bank

By Samantha Butcher
GVL Managing Editor

With the lethal combination of crippling student loan debt, mounting unemployment and rising tuition, today's college students are anything but wealthy. It may seem like a \$5 footlong is the only affordable luxury these days, but those willing to venture downtown will find a wealth of affordable and unique meal options awaiting their forks.

Late night pizza
Georgio's Pizza
15 Ionia Ave. SW
Grand Rapids, Mich.



Courtesy photo / Google Images

Gone are the days of debating over pizza toppings. At Georgio's Pizza downtown, hungry pizza lovers can order huge individual slices for less than \$5 apiece.

The best part, however, are the hours - Georgio's is open until 10 p.m. Sunday through Tuesday and 3 a.m. Wednesday through Saturday, which makes it the perfect stop after a Griffins game or concert in nearby Van Andel Area or a late night out.

Georgio's expanded to Grand Rapids after 15 years of catering to the late-night pizza cravings

of Michigan State students. The pizzeria redefines what a pizza can be - some of its more than 50 options include eggplant parmesan, pesto tortellini, taco, gyro and potato and bacon. Prices range from \$2.75 per slice for a basic cheese to \$4.25 per slice for stuffed options, such as stuffed chicken fajita and stuffed chicken.

Whole pies are also available and can be ordered online for in-store pickup or delivery to Grand Rapids residents.

www.georgiosgourmet-pizza.com



Courtesy photo / Google Images

Giant portions
XO Asian Cuisine

58 Monroe Center
Grand Rapids, Mich.

Chinese take out is a staple for poor college students, but XO Asian Cuisine has all the affordability of cheap take out coupled with a refined setting, creative menu and huge portion sizes that virtually guarantee a second meal.

XO offers dishes from the Chinese, Japanese and Thai traditions with sushi, sashimi and noodle and rice dishes. Most generic "Asian" restaurants fail to maintain the authenticity of the dishes they serve, but XO goes above and beyond that expectation. It manages to maintain each culture's distinct flavor while catering to a wide range of tastes and preferences.

Entrees range from \$8 to \$15 with most hovering around \$10.

The atmosphere at XO is casual but still upscale, which makes it an excellent option for date night.

XO Asian Cuisine is open from 11 a.m. to 10 p.m. Monday through Thursday, 11 a.m. to 11 p.m. Friday and Saturday and noon to 9 p.m. on Sundays.

www.xoasiancuisine.com

Innovative and delicious meals exist within every price range, and those willing to venture away from Allendale can find culinary gems without breaking the bank.
Happy eating!

managingeditor@lanthorn.com

Gluten-free soups
Electric Cheetah

1133 Wealthy St.
Grand Rapids, Mich.

All soups are not created equal - something the Electric Cheetah knows well.

This quirky Grand Rapids institution tends to skew to the more expensive end of the spectrum, but affordable and delicious gems can be found on its Uncle Cheetah Soup Shop menu. Here, 12 ounces of soup cost just \$5 - even after pairing your soup with a half of a grilled cheese sandwich with white cheddar and goat cheese for \$3 or a small salad for \$4, you can enjoy a classic combo without breaking the bank.

While the combination of a grilled cheese and soup may be classic comfort food, the Electric Cheetah's offerings are anything but traditional. The restaurant offers a rotating selection of 12 soups with inventive flavors such as dill havarti, hot roasted corn with pork, pumpkin chorizo and roasted red pepper and asiago. The majority of soup offerings are gluten free, and there are always several vegetarian selections on the menu.

The Cheetah also has a craft root beer menu with 18 varieties from across the country available for \$3.

Finish your meal with two of the Cheetah's famous fresh-baked cookies for \$2. The cookies are baked to order, so order them early.

The Electric Cheetah is open 11 a.m. to 9 p.m. Monday through Wednesday, 11 a.m. to 10 p.m. Thursday and Friday, 10 a.m. to 10 p.m. Saturdays and 10 a.m. to 4 p.m. Sundays.
www.electriccheetah.com



Courtesy photo / Google Images



Courtesy photo / Google Images

Happy Hour hamburgers
Stella's Lounge
53 Commerce Ave.
Grand Rapids, Mich.

Stella's is a hard-rocking, veg-an-friendly bar located a block from the Urban Institute of Contemporary Arts. Stella's boasts cheap drinks, loud music and a throwback to the good old days with vintage arcade games. The

majority of the menu at Stella's is 100 percent vegan, but its black angus beef-stuffed burgers are delicious enough to satisfy even the staunchest carnivores. The giant burgers - stuffed with extras such as cheese, bacon, and jalapeños - cost \$6 during the bar's 2 to 6 p.m. daily Happy Hour and just \$3 on Thursday nights. Vegan lentil burgers are also available.

The bar has an impressive selection of drinks to accompany the meal with more than 200 whiskeys. Beers at Stella's range from \$2 to \$4 while drinks cost \$3, and wine is \$4 per glass.

Stella's Lounge is open from 11:30 a.m. to 2 a.m. Monday through Saturday and noon to 2 a.m. on Sundays.

www.stellasgr.com



Courtesy photo / Google Images

Satisfying sandwiches
4th Street Deli

528 Seward Ave.
Grand Rapids, Mich.

4th Street Deli is only one year old, but the Grand Rapids sandwich shop has already found a loyal customer base. It's no surprise, considering the deli's menu caters to even the pickiest eaters - the menu features 100 sandwich options as well as a selection of salads and six rotating soup choices.

Prices start at \$5.50 for a half sandwich or \$7.50 for a whole.

While the size of the menu might imply repetition, these sandwiches are anything but boring. The recipes feature fresh, gourmet ingredients to accompany its outside-the-box soups.

The deli is open 10:30 a.m. to 7:30 p.m. on weekdays.
www.4thstreetdeli.com

BODIES REVEALED

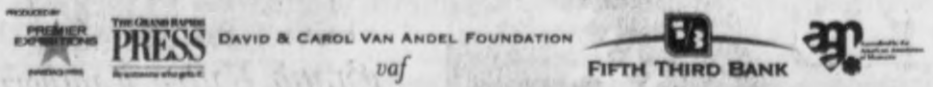
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SWIM AND DIVE B2
GLIAC TOURNAMENT AT
JENISON HIGH SCHOOL



NOWHERE TO PLAY

Lack of indoor home court frustrates GV tennis team

By Jon Adamy
GVL Staff Writer

Looking at the Grand Valley State University men's and women's tennis schedule, one can see familiar matchups with in-state rivals such as Davenport University and Ferris State University.

But there is one thing notably absent when looking at the Lakers' schedules: home matches.

The Lakers will be spending virtually all of the next two months competing on the road due to the fact that GVSU does not currently have an indoor facility where the tennis teams can practice or host visiting teams. The tennis teams are not set to host a single match at home until late April when they can move to the outdoor courts.

The lack of indoor facilities means that the men's team, along with the No. 15 women's tennis team, wakes up around 6:20 a.m. on most weekdays and drives to an indoor facility to practice in Grand Rapids. GVSU head coach John Black said it's not easy to find a place for the team to compete off campus.

"Unfortunately, most years we travel more than we're at home," he said. "That's mainly because we don't have an indoor facility on campus, and it's very difficult to get court time at the private tennis club, or enough court time to do an actual match. So we do travel quite a bit."

Junior Josh Kazdan said it's embarrassing that GVSU does not have any kind of indoor facility for the tennis teams to practice. He said he has heard of plans to build a new indoor facility, but still has not seen anything

come to fruition.

"They told me it would be done by my junior year, and this is already my junior year and it hasn't even been started," he said. "I don't know why they don't have one. If Hope College and Calvin College have them I don't see why Grand Valley, the best out of all the schools in our area, doesn't have anything even close to that."

Senior Chelsea Johnston said the hardest part about constantly competing on the road is not enjoying the advantage of having fans outside of her coaches and teammates during matches.

"It's definitely frustrating because we drive 20 minutes to practice at least every day to and from, so that just adds a lot more time and it just takes away a little bit of the experience," she said. "When we're down in Indy they have their own facility and it's just a really great atmosphere to play tennis in."

Johnston added that she's disappointed she doesn't get to showcase her skills to GVSU fans until the team goes outside in April.

"It would be really nice to look out into the crowd that you know that aren't just your coach or the other girls that are on the court at the moment," she said. "If we aren't cheering for each other, then nobody else is, so that makes us really pull together as a team."

The two-and-a-half month-long road trip continues for the men's team this weekend as they compete in the Grand Rapids City Tournament which begins tomorrow. The women will have a weekend off before traveling to Illinois to take on Lewis University on Feb 18.

jadamy@lanthorn.com



No court: Senior Chelsea Johnston returns a ball during an outdoor practice. The lack of facilities confines the tennis team to off-campus tennis clubs and away games during the winter months.

Women's hockey players place fourth in 'Universiade'

By Greg Monahan
GVL Sports Editor

When three Grand Valley State University women's hockey players and their coach left the United States to compete in the World University Games in Erzurum, Turkey, they admittedly didn't know exactly what to expect.

But as soon as the team arrived for the Opening Ceremonies, it was clear they were in for an experience of a lifetime.

"We got there and we had the opening ceremonies, and it was literally like the Olympics," said Ashley Rumsey, who captained Team USA for its two-week stint in Turkey. "We walked into this huge stadium, full of people, with the flag and the rest of the team. We're all dressed in the same gear and when we got in, the crowd just erupted. It was unreal."

Rumsey, along with teammates Shelby Kucharski, Chelsea Minnie and 19 athletes from other American universities, represented the first women's hockey team to compete in the World University Games from the United States. GVSU head coach Cory Whitaker was also an assistant coach on Team USA.

The 11-sport event, called 'Universiade' in Europe - a combination of 'University' and 'Olympiad' - hosted thousands of athletes from 57 different countries.

"It was an amazing time," Whitaker said. "I don't think you can really put it into words as to what kind of experience it was. It was just phenomenal in every sense of the word."



Trip to Turkey: Three GVSU players represent Team USA in their gear. The team competed against Olympic-class talent from across the globe in the World University Games.

The team had a chance to bring home a bronze medal in its final game, but lost 3-1 to Team Slovakia despite outshooting the Slovaks 28-21.

USA finished 2-5 in the tournament, but considering the competition, Whitaker said he was not upset with his team's performance. Team Canada and Team Slovakia used the equivalent to Division I athletes from its home country, and Team Finland skated a handful of women who earned bronze medals in the 2010 Winter Olympics in Vancouver.

But USA Hockey rules require America to send non-scholarship athletes to the Games.

"Apples to apples, I am extremely

happy and impressed with the way our team performed," Whitaker said. "Especially when you consider teams like Finland and Slovakia essentially brought their national team. That's who they've been playing with, who they've been practicing with, and those teams have played together for years."

Rumsey said she was impressed by the caliber of play and athletic talent from each country her team competed against.

"There were girls way taller than me, and I'm tall for a women's player," said Rumsey, who stands 5 feet 8 inches tall and finished with the second-most points on Team USA with

six. "There was a goalie, in butterfly position, and her head was taller than the crossbar, actually her shoulders came to the crossbar. Try to find a hole in that."

She said while she was disappointed by the loss, the experience provided an "unbelievable" atmosphere and made the hefty price tag and missed class time worth it.

For Kucharski, she said she was happy just to get the chance to compete, especially since she was a member of the first-ever women's team at the Universiade.

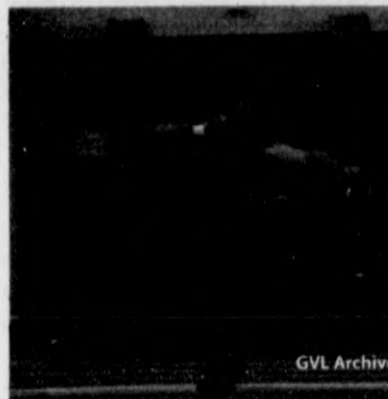
"I never expected or thought I would have the chance to play for my country through the ACHA," she said. "I am so grateful for the opportunity. The ACHA is a great example of how far women's hockey has come and the expectations for the talent in the league in the future are high. I can't wait to have the chance to tryout and hopefully compete again in two years in Slovenia."

After the games concluded, the closing ceremonies brought the same allure as the beginning of the Games, albeit in a different way.

"The closing ceremony was the complete opposite (from the opening ceremony)," Rumsey said. "We were walking around, everybody from all the countries was trading jackets, t-shirt, hats and gloves. I have a Russian warm-up jacket, a Polish scarf, a Spain jacket. It was crazy. You don't know how to speak the language so we all just pointed at things and traded them in the middle of the stadium, it was just amazing."

sports@lanthorn.com

SPORTS SHORTS



TRACK AND FIELD ATHLETES TO BE FEATURED IN SPORTS ILLUSTRATED'S "FACES IN THE CROWD"

Grand Valley State University's Sam Lockhart and Matt Armstrong will be featured in the Feb. 14 edition of *Sports Illustrated* in the section titled "Faces in the Crowd."

Armstrong and Lockhart were nominated after both broke school records in the shot put at the Laker Early Bird on Jan. 7.

The section features the achievements of up-and-coming student-athletes from around the nation. Professional athletes such as Tiger Woods, Andy Roddick, Paul Pierce, Michelle Wie, Marion Jones and Tim Tebow have all graced the section's pages over the years.

The magazine hits newsstands today, and "Faces in the Crowd" will be on page 25, while the article will be available online at <http://sportsillustrated.cnn.com/scorecard/faces/2011/01/31>

Weekend Schedule

ICE HOCKEY

Friday 2 p.m.: W. Hockey v Northern Michigan in Holland
Friday 9 p.m.: M. Hockey v Miami (Ohio)
Saturday 9:30 a.m.: W. Hockey v Ohio State in Holland
Saturday 8 p.m.: M. Hockey v Miami (Ohio)

SWIM AND DIVE:

Today 10:30 a.m.: M./W. GLIAC Conference Championships
Friday 10:30 a.m.: M./W. GLIAC Conference Championships
Saturday 10:30 a.m.: M./W. GLIAC Conference Championships

TRACK AND FIELD:

Friday 12 p.m.: M. Track GVSU Big Meet
Friday 4 p.m.: W. Track GVSU Big Meet
Saturday 9:30 a.m.: M. Track GVSU Big Meet
Saturday 10 a.m.: W. Track GVSU Big Meet

TENNIS:

Friday 4 p.m.: M. Tennis at Grand Rapids City Tournament
Saturday 12 p.m.: M. Tennis at Grand Rapids City Tournament

BASKETBALL:

Today 5:30 p.m.: M. Basketball at Ashland
Today 7:30 p.m.: W. Basketball at Ashland
Saturday 1 p.m.: M. Basketball at Lake Erie
Saturday 3 p.m.: W. Basketball at Lake Erie

BASEBALL:

Friday 3 p.m.: vs. Carson-Newman College in Greenwood, S.C.
Saturday 7 p.m.: vs. University of Tampa in Greenwood, S.C.
Sunday 11 a.m.: Lynn University in Greenwood, S.C.

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Grand Valley Lanthorn

Haas elected to NCAA Division II Presidents Council

By Greg Monahan
GVL Sports Editor



HAAS

Already the president at Grand Valley State University, Thomas J. Haas now has yet another responsibility to the university and the GLIAC.

It was announced Friday that Haas was elected to the NCAA Division II President's Council, the main governance body in Division II athletics. His responsibilities will include representing both GVSU and the GLIAC on the Division II board.

"I am very honored by this election," Haas said. "It's a four-year appointment, and I know I'm going to be working with budget and strategic planning, which is of course very important to the success of any organization."

Haas joins other collegiate presidents and chancellors on the council, each of whom are assigned to a specific sub-committee. Haas will sit the

budgeting sub-committee and will have a hand in financial planning for Division II athletics.

Haas said he was nominated by presidents within the conference.

"I was asked by a number of my colleagues in GLIAC to see if I was interested in being nominated when a slot was made open," he said. "I was very humbled by that, and I said that I'd be very happy to be considered and serve, and they in turn sent a letter on my behalf nominating me for this appointment."

This is not the first occasion in which a GVSU president has been appointed to the President's Council. Haas follows former university presidents Ar-end D. Lubbers and Mark Murray as

a member on the council, which meets four times per year to discuss issues and make bureaucratic decisions in Division II athletics.

But as Haas accepts his invitation to the position on the Division II board, GVSU loses representation from Athletic Director Tim Selgo, who recently completed a four-year appointment on the NCAA Management Council.

Haas was quick to point out Selgo's work with the NCAA and to recognize the contributions in Selgo's tenure.

"(Selgo) was very instrumental in his own Division II leadership role," he said. "His leadership here at Grand Valley State University is, in my mind, second to none."

Selgo served as the chair of the NCAA Management Council in his third year on the board, and headed up Division II's Life in the Balance program, which worked to decrease the length of the Division II sports seasons

by a small number of games.

"We believe in Division II there should be a balance between academics and athletics," Selgo said. "We felt that the number of contests was starting to creep up toward where Division I is at, and we didn't want that. Therefore we set about making reductions across the board."

As Selgo leaves his post, Haas' appointment will ensure GVSU still has direct representation in NCAA Division II athletics. Following former school leaders, Haas said he sees his role on the President's Council as part of the job of a GVSU president.

"I do see it (as a tradition at GVSU)," he said. "I think it's important that we provide service and leadership, given that we've been successful. You can't just sit back and expect others to come forward with the efforts that are required to provide the experiences for our student athletes and student athletes



GVL Archive / Eric Coulter
Sports talk: Athletic Director Tim Selgo speaks at a past event. Selgo recently completed a term on the NCAA Management Council.

across the nation."
Haas' four-year term began in January and will run through early 2015.
sports@lanthorn.com

SWIMMING & DIVING

Women gain edge in Conference with home-pool advantage

By Kevin VanAntwerpen
GVL Staff Writer

The Lakers are undoubtedly the most comfortable of the nine swim and dive teams competing at this year's Great Lakes Intercollegiate Athletics Conference. That is because, while most teams have to travel long distances, this year's GLIAC tournament is being held at Jenison High School, a mere 5.5 miles away from the Grand Valley State University Allendale Campus.

"It's always nice when you don't have to travel," said GVSU head coach Andy Boyce. "You can just relax in a comfortable space."

The GLIAC tournament began Wednesday afternoon and will continue into Saturday evening. Junior swimmer Carly Bush said the remaining rest is especially important during such a long meet.

"After a while into the week, we get knots in our shoulders," she said. "So we're really trying to get enough rest and to avoid getting sore. It's a huge blessing that we can go back and sleep in our own beds and eat home-cooked meals. It's a huge advantage to be in a comfortable environment."

After taking second place in last year's GLIAC tournament, the women's swimming and diving team hopes the home field advantage and a strong freshman lineup will help it break through to first place this year.

"Last year we were second in the conference," Boyce said. "We graduated a few girls, but mostly we're stronger than ever. We've added real depth to our freshman class. It's an ex-

tremely competitive conference, and it's going to come down to the wire."

Boyce noted several additions to the freshman class from whom he expects to see strong results - breast stroke and free stroke swimmer Danielle Vallier, fly swimmer Caitlyn Madsen, and divers Katie Vulpetti and Jennifer Root.

The women's team has been in top form so far this year. Of the four conference meets in which it has swim, only one ended in defeat - a five-point loss against Wayne State University that came down to the final relay.

Regardless of hopes and expectations, Bush insisted that meets as long and intense as the GLIAC tournament are always unpredictable, and instead of worrying about the future, the team simply focuses on making the best of the opportunity.

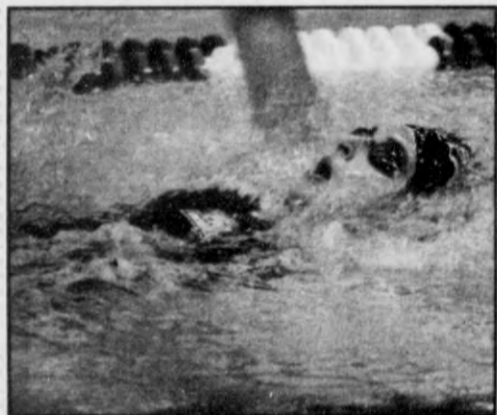
"We're just going to go out there and have fun with it," she said. "Everyone's feeling really good in the pool right now. We're looking to go out strong and find out what we're capable of. You can never predict a meet like this. You just don't know what's going to happen."

If the GVSU women win the conference championship, it would be the second conference title in program history.

kvanantwerpen@lanthorn.com



BUSH



GVL Archive

Tournament: Freshman Ellen Wiese swims at a past meet.

WAYNE STATE RIVALRY Women's past GLIAC finishes

- 2010 2nd place - 783.5 points
118 points back of Wayne State
- 2009 1st place - 897 points
28 ahead of Wayne State
- 2008 2nd place - 639 points
161 points back of Wayne State



GVL Archive

And they're off: Senior Justin Pattermann fights for first place during a past meet. The men's team placed first in 2010.

GVSU men aim to defend GLIAC back-to-back conference titles

By Zach Seganik
GVL Staff Writer

The journey began in October when the season was just kicking off. Now February, the goal is still the same for the Grand Valley State University men's swimming and diving team: defend its GLIAC title.

After a regular season marked by first-place finishes at the Calvin (College) Invitational and the Doug Coers Invite at Ball State University, several shattered pool and school records, and an undefeated record against conference foes, winning a second straight conference championship is just the next step.

All the roads have led to Jenison High School and the GLIAC conference championship, where the GVSU men's swim and dive team will put all their practice to work. The meet started yesterday and will go through Saturday evening.

"We have been working the whole year for this and this is our last hurrah to try to get as many people to the national championships," said GVSU head coach Andy Boyce. "We are hoping for a conference championship."

Even though the Lakers handled all GLIAC competition in the regular season, they

are not taking any team lightly.

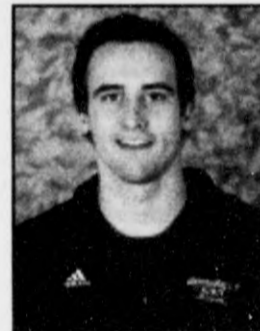
"Ashland University and Wayne State University are definitely comparable foes," Boyce said. "We finished up the season strong and we have been cutting back on the training and resting up. We are going to need to be strong across the board. The more people we can qualify in the top eight from preliminaries, the better."

Senior swimmer Justin Pattermann believes the team matches up solidly even with some of the opposition's strengths.

"I think we will fare really well. We are going to have some tough competition, but with our depth on the team, I think we will be able to hold them off," Pattermann said. "The breaststroke events are going to be really big for Ashland University. Also, Wayne State University has really good sprinters, so the 50 and 100 freestyle are going to be really big for them."

While the season has progressed, different individuals have strengthened their performance in the pool. Senior swimmer and team captain Jordan Schrottenboer has taken notice and thinks it will be an overall team effort.

"I've been swimming pretty well lately, and then junior swimmer Aaron Beebe,



SCHROTTENBOER

"I actually can't think of anyone who is not stepping up and doing really well."

-Josh Schrottenboer
GVSU senior

of course, is doing really well like he typically does," said Schrottenboer. "I actually can't really think of anyone who is not stepping up and doing really well. Freshman Michael Griffith has really stepped up the past couple meets and has been really fast this semester. I'm pretty excited to see what he does."

As the swimmers have tapered their workouts to rest and get completely healthy, the divers have slowly progressed into more difficult dives. However, through the training and progression, Schrottenboer and the other captains have emphasized a couple of keys for the team.

"One of the big things that we captains have been trying to stress this year is confidence and trusting your training," Schrottenboer said. "It really helps the guys go out and keep focus. It seems that everyone has shown that confidence this year."

Boyce, meanwhile, feels the team is as prepared as they can be.

"It will be exciting," he said. "They have worked extremely hard to this point and all their work will pay off here in the end. The intensity has definitely picked up (in practice) and they are ready and excited for the conference championship."

zseganik@lanthorn.com

WAYNE STATE RIVALRY Men's past GLIAC finishes

- 2010 1st place - 866 points
156 ahead of Wayne State
- 2009 2nd place - 835.5 points
64.5 back of Wayne State
- 2008 1st place - 665 points
31 ahead of Wayne State

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MEN'S BASKETBALL

GV football players fill in for wounded basketball players

Augustus, Grimes join basketball team to relieve injured basketball players

By Brady Frederickson
GVL Staff Writer

Just two weeks ago, the Grand Valley State University men's basketball team was defying the odds of sports health and comfortably sitting atop the GLIAC North Division.

The team had dropped a January road game at then-No.4 Hillsdale - its first conference loss of the season - but the No. 13 Lakers had made it through the first-half of the season injury-free and looked to carry that health for the rest of the season.

Fast-forward to February, and those same healthy, first-placed Lakers are now injured and one game behind now-first-place Ferris State University. In a short two-week period, the Lakers have lost senior guard K'Len Morris (knee), and juniors Nick Wadell (knee) and Alvin Storrs (concussion).

Despite the rash of injuries, GVSU has fought through this tough stretch with help from a familiar place: the Laker football team. Juniors Jovonne Augustus, a wide receiver, and Isiah Grimes, a quarterback, have swapped shoulder pads for shorts to assist the short-handed basketball team.

"(GVSU head coach Ric) Wesley contacted me since they were in a tough spot, and we just put our heads together and looked at Jovonne and Isiah in terms of 'pros' and 'cons'," said GVSU head football coach Matt Mitchell, who also said graduating senior Kyle McMahon was expected to play, but could not due to recovery from thumb surgery. "Both guys are athletic enough that they can get in and play some minutes to take pressure off the starters."

Augustus and Grimes both point to prior experience as keys to their swift transition from football to basketball. Grimes, who has yet to see action since joining the team, played three years of varsity basketball at South Haven High School, earning second

"Both guys are athletic enough that they can get in and play some minutes to take pressure off the starters."

-Matt Mitchell

GVSU head football coach

team All-State honors in his junior and senior seasons.

"Making the switch (from football to basketball) shouldn't be too hard," said Grimes, who redshirted in 2009. "I feel like I know enough about the game to where I won't be lost with what the team is talking about. I feel that once Jovonne and I get in there and know what's going on, we should be able to go out there and help out."

Prior to arriving at GVSU, Augustus, who has logged 12 minutes of playing time this season, played three years of varsity basketball at Grand Rapids Creston High School as well as two years in junior college at the College of the Canyons in California.

"The basketball coaches said we should pick up the plays pretty fast because our football playbook is so deep with plays and sets," said Augustus, who caught a team-high nine touchdown passes last football season. "But basketball shape is way different from football shape."

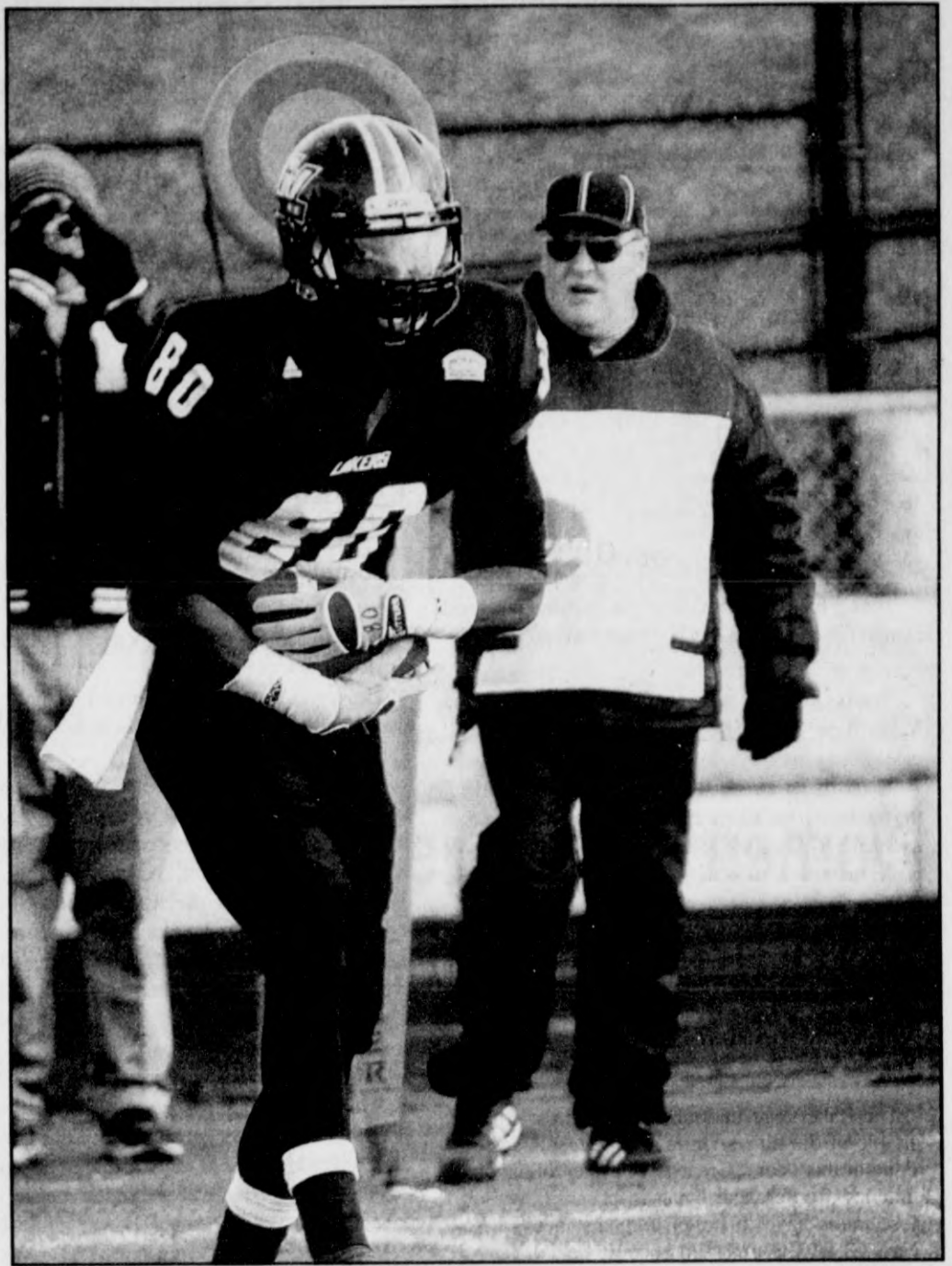
Getting into basketball shape as well as understanding the playbook was a concern for both players, but as the practice mounts, so will the experience. Wesley said he sees



GRIMES



AUGUSTUS



GVL Archive / Eric Coulter

Shedding the shoulder pads: Junior wide receiver Jovonne Augustus catches a football in a past game. Augustus and his teammate Isiah Grimes now play for the basketball team due to the numerous injuries.

the additions as a positive for everyone involved.

"Those guys are doing a good job and we really appreciate coach Mitchell and the football program to come out and help us," Wesley said. "Jovonne gave us eight minutes and a three-pointer against Lake Superior State, and each day at practice the guys get more

comfortable with what we're doing."

Wesley and Mitchell have not put a timetable on Augustus and Grimes' participation with the team, and will take it on a week-by-week trial. The revamped GVSU men will return to the court tonight on the road against Ashland University.

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SCANLIFE

arts entertainment

THE DOORS OF PERCEPTION

Projection Film Series will explore psychology behind movies

By Josh Brunsting
GVL Staff Writer

Some things just go well together. Peanut butter and jelly, Sonny and Cher, Laurel and Hardy: these are just a few pairs that you can't imagine having one without the other.

Thanks to a long-running film series held at Grand Valley State University, you can toss psychology and cinema into that very pile.

Entitled "Projection: The Psychology Film Series," the world of psychology and the visual medium of film are blended once a week through special screenings of newer and classic films ranging from iconic classics like Quentin Tarantino's "Pulp Fiction," to lesser known gems like the 2007 film, "4 Months, 3 Weeks, 2 Days."

The inspiration for this series is not only intellectual, but also cultural, with regards to the campus of GVSU. "When I got here, I noticed that there weren't nearly as many ongoing cultural activities being offered on campus as I thought there would be," said founder and GVSU professor Brian Bowdle. "Now, given that GVSU had pretty much seen itself as a commuter college until recently, this was understandable. But with more and more students living on or just off campus, I thought the time might be right to create something new and fun right here."

Fans of any type of film will have their favorite genre portrayed during the series, as it's a goal of Bowdle's to vary the films that are screened each series.

"We've shown everything from spaghetti westerns to Japanese anime, with the occasional documentary

or experimental film thrown in for good measure," he said. "And we always try to cover a wide range of psychological topics - prejudice, dreaming, depression, memory, sexuality, and so on - with the movies we pick. There really isn't any well-defined process we use when putting together each semester's series. I guess we just aim for a sense of balance."

However, the educational aspect of these films is also something that Bowdle hopes to focus on with this film series.

"Another one of the goals was to tie the film series to my academic discipline - psychology - by following each movie with an open-ended discussion of the movie's psychological content," he said. "At first, I was a little worried that having to relate each film to a psychological issue would limit the kinds of films I could show, but this fear proved to be unfounded. After all, nearly every movie that's ever been made is about people, and wherever there are people, you're going to find a fair amount of psychology."

This year's series is as varied as they come. Kicked off by Christopher Nolan's 2010 hit film, "Inception," the series is only three films in, with a total of nine films remaining. Screenings are held every Wednesday at 6 p.m., with the next screening held on February 16. The film being shown will be the 2007 Lee Isaac Chung film, "Munzurungabo."

"I ultimately want this series to offer a variety of critically-acclaimed films that examine or illustrate important psychological issues and concepts, with each film followed by an open-ended discussion," Bowdle said. Films screen in Room 114 of Lake Michigan Hall.

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GVL Photo Illustration / Kendall Gilbert

Upcoming films



HERZOG

Encounters At The End Of The World (Herzog, 2007)

Directed by legendary documentarian Werner Herzog, "Encounters At The End Of The World" is both a haunting documentary of Antarctica and its landscapes, as well as a look into what these isolating landscapes can ultimately do within one's own psyche. The film is Herzog's look at people who live and work in Antarctica, and instead of truly shining a light solely on these people, he shines a light on the effects that their given habitat has had on their mental landscapes.



BUNUEL

Belle De Jour (Bunuel, 1967)

Starring iconic actress Catherine Deneuve, "Belle De Jour" follows a young housewife who decides to spend her afternoons working as a prostitute. Directed by the master of surrealist film, Luis Bunuel, the film is a striking look at a woman who lives a relatively mundane life, and strives to truly live. Lacking an intimacy or physicality with her husband, housewife Severine Serizy truly wants to have thrills in her life, something that Bunuel believes is deep within each of us.



CONDON

Kinsey (Condon, 2004)

A film based on the life of Professor Alfred Kinsey, "Kinsey" looks at the life of the historic pioneer of sexologic research. The film itself is focused on a man who ultimately became the grandfather of sexual behavior and the study of it as a psychological brand, but itself is an interesting look at sex, and the consequences it may or may not have on and in humans. Starring a top-tier cast including Liam Neeson, Peter Sarsgaard and Laura Linney, "Kinsey" is the rare biopic that says as much as the man it focuses on.

FUNNY BUSINESS

Students prepare for Last Laker Standing Semifinals Friday

By Patrick Nothafft
GVL Staff Writer

Jerry Seinfeld once said there are four levels of comedy: making your friends laugh, making strangers laugh, getting paid to make strangers laugh and making people talk like you because it's so much fun.

Ten Grand Valley State University students will try to reach the second level Friday night when they take the microphone in the semifinals of the fifth-annual Last Laker Standing comedy competition.

The Spotlight Productions event, which begins at 9 p.m. in the Kirkhof Center's Grand River Room, draws its name from NBC's "Last Comic Standing," but other than the similar titles, the two stand-up comedy competitions have little in common.

Instead of having several rounds of cuts like its television counterpart, Last Laker has only two elimination rounds. In the first elimination round, members of the Spotlight Productions Comedy Committee trimmed the field down from 25 entrants to the 10 contestants who will perform Friday.

"They are all very funny," said Spotlight Productions Comedy and Speaker Chair Alyson Greenwell, who helped critique each of



GVL Archive / Eric Coulter

Returning champ: Senior Greg Kort delivers his routine at last year's Last Laker Standing. Kort has taken home the title twice and is favored to win again.

the 25 auditions. "We had a very hard time narrowing it down to 10. Those that are left are very talented, and anyone of them could win."

Voting from the audience members and three judges will determine which five contestants continue to the final round, held on Feb. 25. Unlike "Last Comic Standing," the three judges in Last Laker do not give the performers instant feedback. Instead, they cast their votes confidentially.

It is no secret that GVSU senior Greg Kort is the preliminary favorite this year after taking home the title in 2009 and 2010. The film and video major said that he wants to do well in the competition, but it's never been about winning.

"As long as I make people laugh, I don't care if I place at all," Kort said. "I have no problem with anyone being funnier than me during the show because when I'm not up there I'm an audience

member, and I want to enjoy the show, too."

Kort, who opened for the 2008 "Last Comic Standing" winner, Iliza Schlesinger, during her 2010 performance at GVSU, said taking the audience into consideration when writing material often leads to a successful set.

"When I write my sets, I keep the Last Laker audience in mind," he said. "My sets in the past have included Grand Valley-related jokes, and when it's more of an inside joke, I think they find it funnier."

Gender jokes are also a staple of most comedians' routines, as the oddities among male and female behaviors usually resonate with at least some part of the audience.

GVSU freshman Jesse Routhier decided to begin his competitive stand-up career with a 3-minute commentary on "some things that girls do." While he went over his routine and waited for his name to be called, he peeked into the audition room and saw that all of the judges were female.

"(My set) wasn't anything horrible, but I thought that I maybe shouldn't be bashing girls for the entire time, so I had to change what I was going for," Routhier said. "Even though I practiced it for a long time, I had 15 minutes to come up with something else, and I was really nervous about it."

Routhier's improvised set launched him into the semifinals and provided the film and video student with experience in adjusting his material on the fly - a task that can give even the most seasoned comic some anxiety.

GVSU senior Ryan McKernan made it to the final round of the 2009 Last Laker competition and has been performing stand-up comedy for six years. He still says that it is the most difficult form of comedy.

"When you do stand up, it's not like the other forms of comedy," he said. "It's like the high-wire act of comedy - you're up there alone with your own material, and you're really kind of marketing yourself."

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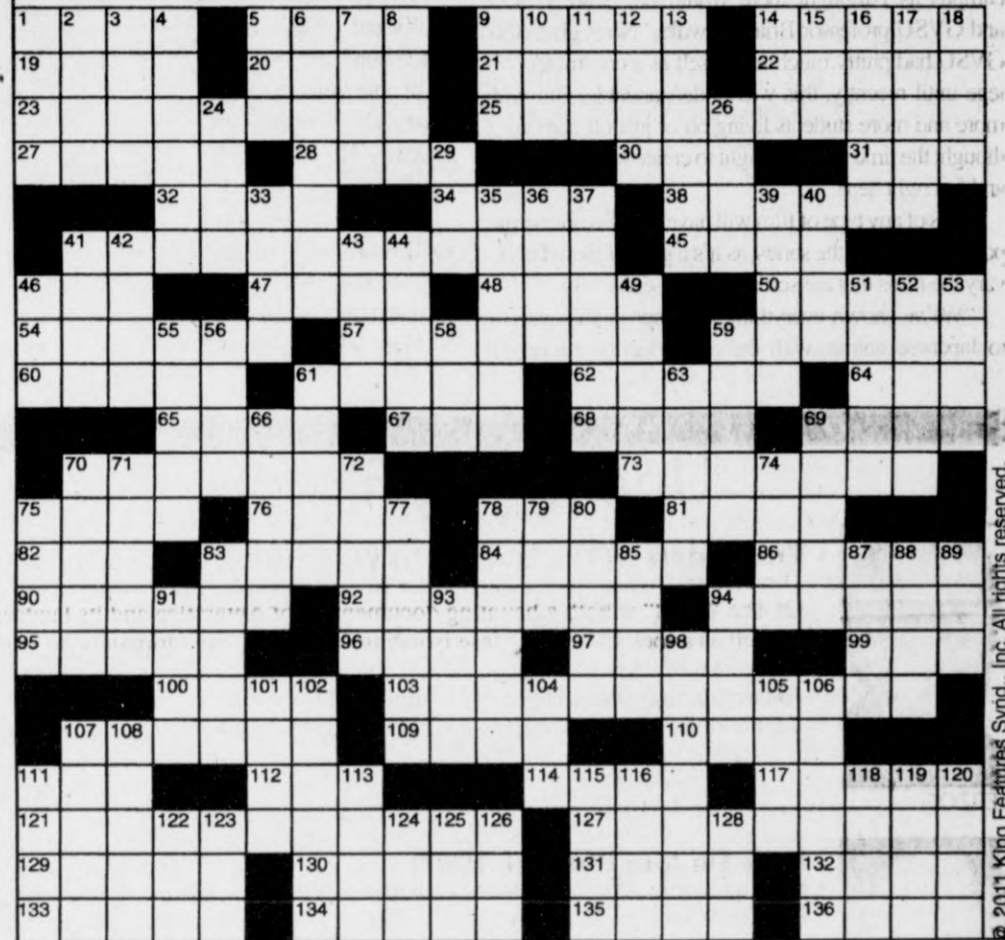
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TRICKY BUSINESS

Super Crossword

- ACROSS**
- 1 Dollops
 - 5 Russian ruler
 - 9 '87 Peace Prize winner
 - 14 Incur, as bills
 - 19 "Thanks —!"
 - 20 Dingy digs
 - 21 Jargon
 - 22 Crop up
 - 23 Clothing store?
 - 25 Gary Cooper in "High Noon"?
 - 27 Asian nation
 - 28 Jab
 - 30 Genetic info
 - 31 Poetic preposition
 - 32 Stoltz or Seavreid
 - 34 Actress Periman
 - 38 Brazier bits
 - 41 Seats picked up in the Senate?
 - 45 Bank (on)
 - 46 Tai — (martial art)
 - 47 Recruit-to-be
 - 48 Baseball's Sammy
 - 50 Coaxed
 - 54 Plane place
 - 57 Bedroom furniture
 - 59 Elbow —
 - 60 Available
 - 61 Photo finish
 - 62 Bright
 - 64 Part of MST
 - 65 Mediocre
 - 67 Mason's need
 - 68 Any
 - 69 Deplores
 - 70 Scandinavian computer?
 - 73 Puts another worm on the hook?
 - 75 Composer Janacek
 - 76 Chip off Woody's block
 - 78 Archaeological site
 - 81 Class ring?
 - 82 Galley feature
 - 83 Absolutely adored
 - 84 "— Gay"
 - 86 Socialite Perle
 - 90 Anti-knock stuff
 - 92 Glisten
 - 94 Chaos
 - 95 Puppeteer Lewis
 - 96 Israeli dance
 - 97 Counterfeit
 - 99 States, for short
 - 100 Mighty mite
 - 103 Marina statistics?
 - 107 Corelli composition
 - 109 Macpherson
 - 110 Word form for "minute"
 - 111 Salon request
 - 112 La-la lead-in
 - 114 Castle material
 - 117 Contaminate
 - 121 NBA hand-cappers?
 - 127 "One really thick steak, please?"
 - 129 Simpson of fashion
 - 130 Paul of "American Graffiti"
 - 131 Currier's partner
 - 132 Siegmeister or Wiesel
 - 133 Greek sandwiches
 - 134 Atlanta campus
 - 135 AMEX rival
 - 136 Take-out order?
 - 8 Stink
 - 9 "— of You" ('84 hit)
 - 10 — Branco, Brazil
 - 11 Caravansary
 - 12 Like fine wine
 - 13 Tulsa type
 - 14 Brit. fliers
 - 15 Psych Geller
 - 16 More congenial
 - 17 PC enthusiasts
 - 18 Parisian papa
 - 24 Mata —
 - 26 Singer Georgie
 - 29 Significant years
 - 33 "Take — leave it!"
 - 35 Sounded like a serpent
 - 36 Seth's son
 - 37 Evaluate
 - 39 Divulge, with "out"
 - 40 Bronte heroine
 - 41 Detective Charlie
 - 42 Nonstandard contraction
 - 43 A swan was her swain
 - 44 Country star Brooks
 - 46 Comic Margaret
 - 49 Strong suit
 - 51 Entire range
 - 52 Senator Kefauver
 - 53 Cozy rooms
 - 55 Pacts
 - 56 Each
 - 58 Monty's milieu
 - 59 Loon's relative
 - 61 Demi or Dudley
 - 63 It multiplies by dividing
 - 66 Declare
 - 69 Bendix role
 - 70 TV host Robin
 - 71 Major artery
 - 72 Swanky
 - 74 Soprano Gluck
 - 75 See
 - 83 Down
 - 77 Block
 - 78 Go off track
 - 79 Print-shop supply
 - 80 Emulates O'Meara
 - 83 With
 - 75 Down, "Gigi" author
 - 85 Turn pages
 - 87 Andrew of "Melrose Place"
 - 88 "Guarding —" ('94 film)
 - 89 Flock o' docs
 - 91 Irish island group
 - 93 Inland sea
 - 94 Big
 - 98 Ignites
 - 101 Conductor Klemperer
 - 102 Christie sleuth
 - 104 Bandleader Brown
 - 105 Till
 - 106 Laughed loudly
 - 107 Disreputable
 - 108 Aquatic animal
 - 111 Unexpected obstacle
 - 113 "Excuse me"
 - 115 Exiled dictator
 - 116 Dark blue
 - 118 Run in, neutral
 - 119 Sedaka or Simon
 - 120 Dendrologist's concern
 - 122 Arafat's grp.
 - 123 Part of USA
 - 124 Funnyman Philips
 - 125 Prepare to feather?
 - 126 Farm feature
 - 128 Nationality suffix



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GO FIGURE!

by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

	+		×		30
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	+		÷		2
13		18			17

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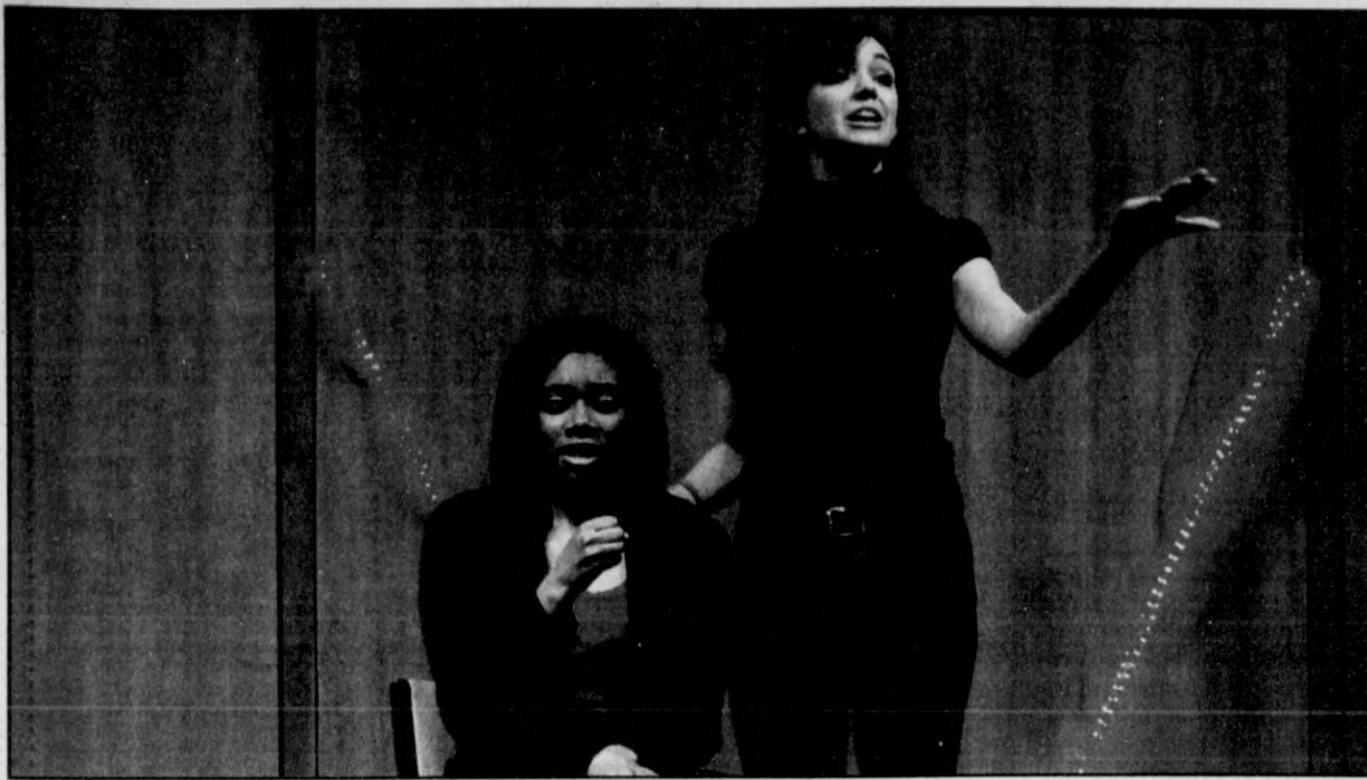
DIFFICULTY: ★★★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

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Look for Go Figure answers online at LANTHORN.COM

Answers
Super Crossword



Decade of display: Two students participate in last year's performance of The Vagina Monologues. The show has been performed at GVSU for a decade.

The Vagina Monologues: 10 years of a global effort at GV

Women break free from silence of domestic, sexual abuse

By Rebekah Young
GVL Staff Writer

What do you think about your vagina? This is the question playwright and activist Eve Ensler poses at the beginning of her provocative 1994 production, "The Vagina Monologues," which explores various stories about the female experience.

Grand Valley State University celebrates its 10th production of the monologues with V-Week, aimed to bring light to women's sexuality and issues such as rape, battery and incest. The Women's Center has placed tables in Kirkhof Center to raise awareness and funds to combat violence against women and girls.

V-Week leads up to GVSU's student and volunteer-organized production of the monologues. This year's performances, backed by a team of 75 activists including students, staff and community members, will take place at 7 p.m. on Friday and Saturday in the Fieldhouse.

"Half of the world's population has a vagina," said Anna Bennett, administrative chair for the event. "These stories aren't really all that 'out there' when you stop to think about it. They just focus on topics that people usually don't talk about."

The monologues, which Ensler compiled from the stories of more than 200 women she interviewed, cover a broad range of topics including sexuality, abuse and female empowerment.

"There isn't one general theme or story line - it's just women sharing their stories," Bennett said. "Some are funny, and some are very hard to hear. It's really the full range of emotions and experiences."

Since its first run in New York theaters, the play has sparked the global effort of the non-profit V-Day charity to support victims of violence and sexual abuse.

Kirsten Zeiter, special projects chair, described the monologues as a collection of stories to change the overall story of women, which she said has been mostly silent so far. The purpose of the show is to give women a voice.

"Issues facing women worldwide are diverse, but the silence is almost universal," Zeiter said. "For different cultural reasons, these issues aren't talked about it a lot of places. This gives women a moment to shout, metaphorically and literally, to get people aware. It's uncomfortable for people at first, but we're raising the awareness needed to break the silence and bring real solutions."

The V-Day spotlight piece is "Myriam Merlet," which pays tribute to Merlet and other activists in Haiti. The spotlight piece selected for GVSU's production is "They Beat the Girl Out of My Boy... Or So They Tried," which recognizes the transgender community.

Tickets for the show are \$10 for students and \$20 for non-students. Tickets can be purchased at the GVSU 20/20 Information Desk or online at startickets.com.

Proceeds from V-Week and "The Vagina Monologues" will go to the GVSU Women's Center, the YWCA of West Central Michigan and the Center for Women in Transition. They will also



Awareness: A student delivers a monologue to bring attention to women's issues worldwide.

"(These stories) just focus on topics that people usually don't talk about."

-Anna Bennett

Administrative chair

support the V-Day Spotlight cause, the Democratic Republic of Congo.

Despite its title and subject matter, Ensler's play is not just for female audiences.

"I really feel like 'The Vagina Monologues' has something for everybody," Bennett said. "Not everyone will relate to every monologue, but the show definitely opens your eyes to different issues women face and is very educational and empowering."

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Art is the disease, and art is the cure

Psychiatric destigmatization or polarization in film, literature

In film and literature, mental illness is often objectified and produced as grim, dangerous or profound. The images and words capture a scene in which those afflicted

Elijah Brumback

GVL A&E Editor

come into extreme suffering, perhaps a breakthrough, then reassimilation into the society often responsible for their misfortune.

When a film or book takes on the role of trying to examine or explain mental illness, the words "I wanted it to feel real" are some of the first to come tumbling out of the proud director's or acclaimed writer's mouths, but what does the phrase actually mean? Of course it could mean simply that the creator just wanted it to be realistic, but that begs the question, if the subject matter was so concerning, why not explore it and document it in reality? Why dress it up theatrically?

It's generally understood that movies and many popular novels are leveraged for their entertainment value. So when the media takes to a social issue such as mental illness, the most identifiable upshot is the large number of people it will reach. Even if the contact is only slightly peripheral, the presence of the issue is omnipresent. However indirectly beneficial it seems, awareness is heightened, the internet buzzes, people begin Googling schizophrenia, PTSD, megalomania, depression and the like, and for a moment while a book hangs on a bestseller list or movie is in theaters, people are exposed.

In the past several films have been touted as beautiful and genuine portrayals of the struggle against mental illness. One Flew Over the Cuckoo's Nest, A Beautiful Mind, even Forrest Gump have had their share of scrutiny and praises, and though the subjects are serious and the meaning thoughtful, how are they described in passing?

"What's that movie where Jack Nicholson plays that crazy guy?" and "Remember that movie where Russell Crowe goes insane from being a genius?" This how these films are remembered and talked about. Is it helpful? Does it benefit the condition displayed and acted?

It would seem that today the terms mental illness and crazy person have become synonymous. It's simple to describe something or someone you don't know as crazy, but what has labeling someone or something as crazy done to help understand it.

As art in the broad sense of the word goes, movies and other media dominate the social and cultural realm, especially here in the United States. In the media industry, it is said that content is determined by what the public demands. If that truly is the case, then it would appear that the public demands violence, gratuitous nudity, explosions, luxury, people calling each other retards, and the occasional peppering of exotic foreign cultures.

While this may be a rather bleak look at the entertainment landscape, it is not too far off in scope and where the industry seems headed as a generalization.

On a more promising note, some media genres, such as comic books or graphic novels, have found a place, which allows them to tell stories of mental illness and other human plights in a new way, a way that doesn't objectify or victimize, but relays the complexity of struggling with something beyond personal control.

In a new book entitled "Psychiatric Tales," first-time author Darryl Cunningham enlists the graphic format to boldly and starkly give insight into the world of mental illness. Drawing on his years spent as a health care assistant at an acute psychiatric ward in England, as well as his own experience with acute depression, Cunningham has crafted a brutal and powerful look at mental illness with an aim at "stigma-busting."

"This is needed because fear and ignorance of mental illness remains widespread in society," Cunningham told NPR. "We don't tolerate sexism or racism these days, but people with mental health problems are still fair game," he said.

A promising turn in the media industry, Cunningham's novel is a step in the right direction for what should be expected in the earnest representation of a subject that perpetually affects so many lives. What Cunningham's book isn't, is a half-hearted attempt at trying to make something "feel real". Hollywood might take note.

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A beautiful portrayal? Books and movies such as A Beautiful Mind (pictured) give a skewed perception of the realities of mental illness.

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