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Shelter

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Shelter

My father was a shelter from the storm

A stoic man
Sometimes uncomfortable with relationships
Easy to anger
Easy to forgive
A demanding perfectionist
A deeply loving parent

I loved him and I hated him But mostly since he has passed on I understand him, I miss him

He was always rock solid steady, in a storm He was like an old oak beamed house With a warm fire burning within He was an unwavering provider He was grounded He was dependable

I mostly remember strong hands A warm side to lay against A soft understanding voice.

-Paul Sorenson



"Untitled"
-Chris Hield

COFFEE BEAN WIFE

YOU'RE MY COFFEE, I SIP OF YOU

TASTE YOUR SWEETNESS, BITTERNESS TOO

ADDICTION SO STRONG, I KNOW I CAN'T BREAK

THE RUSH THAT I GET, ONLY YOU MAKE

YOUR CAFFEINE BLOOD, PUMPS THROUGH MY VEINS

I'M HIGH AS A CLOUD, TIED UP IN YOUR CHAINS

A DOUBLE ESPRESSO WITHOUT SUGAR OR CREAM

I'M DRUNK OFF YOUR POISON, DRUNK OFF YOUR BEAN

THE CUP THAT YOU FILL, 'S MY TEMPLE OF LIFE

AND THUS I BECOME, YOUR COFFEE BEAN WIFE

- KAT ZEMAN