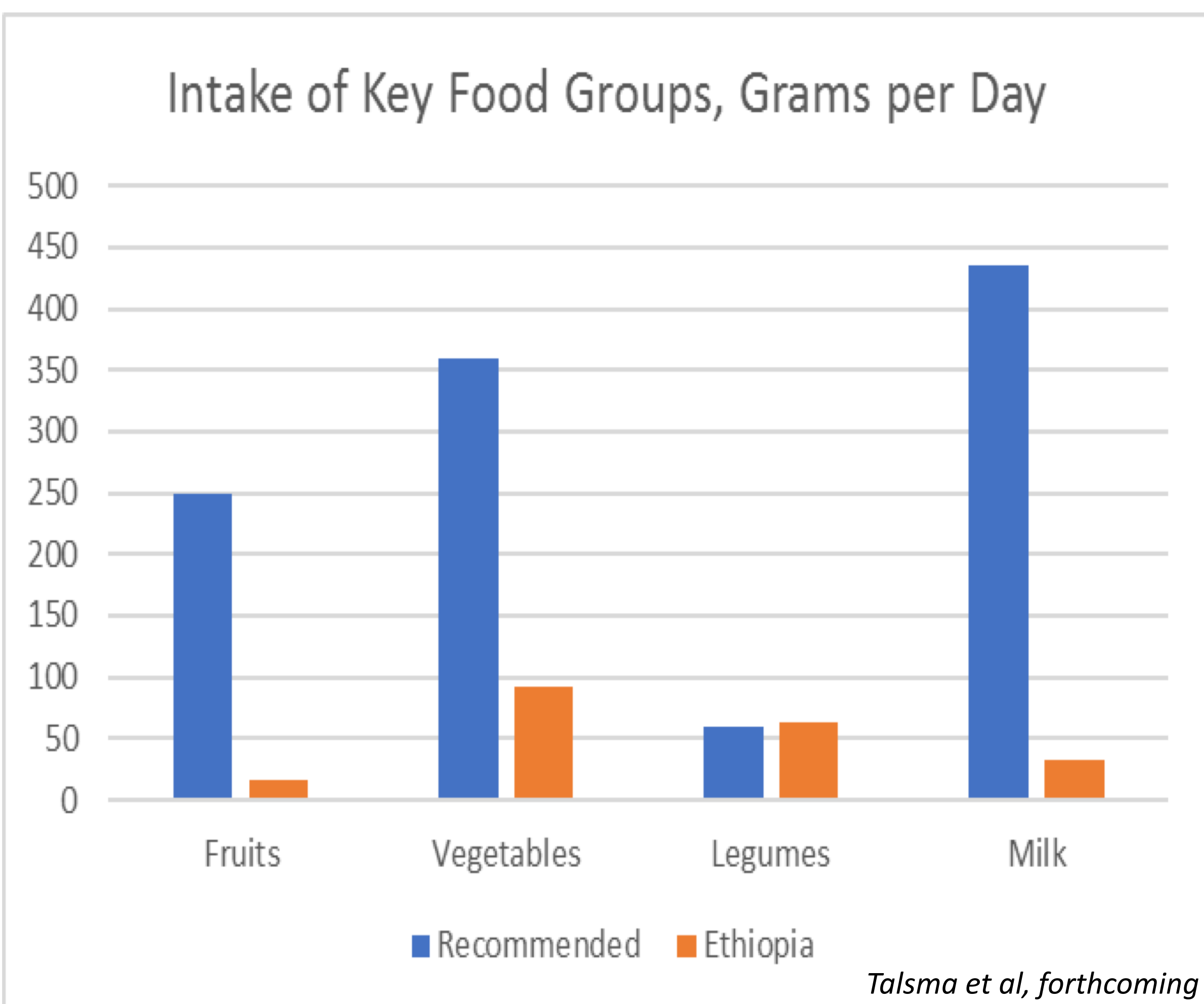


Context

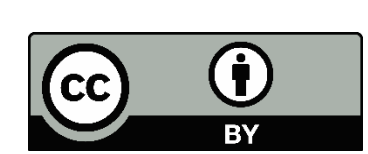
Ethiopia has made significant progress on stunting reduction but faces pervasive challenges of poor diet quality. **Food systems developments must support improvements in diet quality.**

A4NH researchers and national partners contribute **knowledge to accelerating food system transformation** within the **Agriculture Growth and Productive Safety Net Programs** as part of the **National Nutrition Plan to end childhood malnutrition by 2030.**



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PUBLIC HEALTH

A Food systems approach to healthier diets in Ethiopia



Artwork by Julie Abraham

We start with the consumer: diet quality requirements should inform needed food system transformations. **Identifying dietary gaps is essential.**

Develop well-formulated **food-based dietary guidelines** to foster better understanding of what a healthy diet is among consumers, the food industry, and policymakers to inform optimal policies and practices across this spectrum.

Strengthen food systems thinking across sectors to guide and direct the food system transformations needed.

Work beyond research to involve policymakers, the private sector, and other stakeholders to enable optimal dietary changes.

Targeted impact areas

- **Enhance food systems thinking and knowledge** through work with MSc students.
- Use research results to **support the Ministry of Health, local/regional partners** implementing the **Seqota Declaration.**
- Develop tools such as a **Healthy Eating Index** to monitor adherence to food-based dietary guidelines



RESEARCH PROGRAM ON Agriculture for Nutrition and Health

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