

Culture independent real-time PCR reveals extensive polymicrobial infections in hospitalized diarrhoea cases in Kolkata, India

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35 **Abstract**

36 Culture independent identification of diarrhoeal etiologic agents was performed using DNA
37 harvested from diarrhoeal stool specimens with SYBR Green based real-time PCR targeting
38 *Vibrio cholerae*, *Vibrio parahaemolyticus*, *Campylobacter spp.*, *Shigella spp.*, and 3 different
39 pathotypes of diarrhoeagenic *Escherichia coli*. Conventional culture dependent methods
40 detected bacterial enteropathogens in 68 of 122 diarrhoeal stool specimens. Of 68 specimens,
41 59 (86.8%) had single pathogen while the remaining 9 (13.2%) had polymicrobial infections
42 with multiple pathogens. Reanalysis of the 68 specimens by culture independent real-time
43 PCR methods showed 25 (36.8%) specimens contained single pathogen while 43 (63.2%)
44 specimens contained mixed infections with multiple pathogens. The prevalence of such high
45 level of polymicrobial infections would not have been detected if real-time PCR was not
46 utilized. Culture dependent analysis assigned 54 of the 122 selected archived specimens as
47 'no known aetiology'. However, reanalysis of these samples by real-time PCR showed
48 presence of single or multiple pathogens among 34 (63%) of these specimens. Estimation of
49 relative pathogen load by real-time PCR in the stool specimens indicated the inability of
50 conventional culture dependent methods to detect the pathogens was related to lower colony
51 forming units of the pathogen as reflected by lower Ct values. Detection of high levels of
52 polymicrobial infection by real-time PCR indicate that in the settings like Kolkata and around,
53 which is endemic for cholera and other enteric diseases, the concept of one pathogen one
54 disease might need to be re-evaluated.

55 **Introduction**

56 Globally, about two billion cases of diarrhoeal diseases occur every year. It is considered as
57 the second leading cause of death in children less than five years old, killing about 1.336
58 million children every year [1]. India contributes about 77% of the child deaths in southeast
59 Asia and 18% of the global child deaths due to diarrhoea [1]. The irony lies in the fact that
60 most diarrhoeas are treatable and most of the diarrhoeal deaths are preventable. Diarrhoea
61 should thus be attended rapidly and effectively to detect the causal aetiology and to avoid
62 significant morbidity and mortality as well as to prevent secondary transmission.

63 Polymicrobial infections in diarrhoeal diseases have been reported extensively in countries
64 where sanitation is compromised and where availability of safe drinking water is restricted
65 [2-8]. In some cases, polymicrobial infections have been considered as a major factor
66 contributing to the severity of diarrhoea [4]. Despite using all modern days bioassay based
67 tools, various hospital and community based diarrhoeal surveillance studies have consistently
68 been unable to detect a causal aetiology in about 30% of the specimens [8-12]. This has
69 stressed the need for more sensitive, specific and rapid detection assays for identifying
70 pathogens from diarrhoeal stools.

71 Culture dependent methods to identify the enteric pathogens as pure culture followed by
72 characterization through various biochemical tests are considered as gold standard. But it
73 takes considerable time to confirm the aetiology. Further to this an enormous number
74 bacterial species that resides in the human gut are yet to be cultured. In spite of being able to
75 culture hundreds of enteric bacteria, 80- 90 % of gut flora still remains as unculturable.
76 Culture independent techniques for identifying and to characterize these uncultivable floras
77 are currently being perused. In the post genomic era, culture independent rapid detection
78 assays have been developed of which real-time PCR based assays have gained much interest

79 [13-19]. This study is a part of such a trend in identifying enteropathogens directly from stool
80 specimens.

81 **Materials and methods**

82 **Archived diarrhoeal stool specimens and DNA extraction**

83 Stool specimens were collected from hospitalized diarrhoeal patients after obtaining informed
84 consent and the study was approved by the Institutional Ethical Committee. Samples were analyzed
85 by culture dependent methods for the detection of bacterial, viral and parasitic
86 enteropathogens [8]. In brief, diarrheal stool specimens were streaked on selective plates,
87 colonies grew on the plates were tested through limited number of biochemical tests for
88 presumptive identification. Confirmation of the pathogens were done afterwards through
89 pathogen specific tests. The *ompW* PCR were performed for the species confirmation of *V.*
90 *cholerae*. Strains of *V. parahaemolyticus*, *Shigella* spp and *Salmonella* spp were serotyped
91 using commercially available antisera (Denka Seiken, Tokyo, Japan, BioRad, Marnes-la-
92 Coquette, France). *V. cholerae* O1 strains were serotyped using antisera prepared in NICED.
93 Three different lactose-fermenting colonies isolated from each sample were picked from
94 MacConkey agar plate and included in the multiplex PCR assay for the detection of different
95 diarrhoeagenic *E. coli* that include enterotoxigenic *E. coli* (ETEC, inclusive of both heat-
96 labile and heat-stable enterotoxin producers), enteropathogenic *E. coli* (typical and atypical
97 EPEC) and enteroaggregative *E. coli* (EAEC). The diarrhoeal stool specimens were stored
98 frozen at -80 °C in aliquots of 500 µl each. A total of 122 specimens were selected from the
99 archive of which 68 had aetiologies of bacterial pathogens and remaining 54 were assigned as
100 'no known pathogen' (Fig. 1). Among the 68 specimens, *Vibrio cholerae*, *Vibrio*
101 *parahaemolyticus*, *Campylobacter* spp., *Shigella* spp., enterotoxigenic *Escherichia coli*
102 (ETEC), enteropathogenic *E. coli* (EPEC) and enteroaggregative *E. coli* (EAEC) were
103 identified among 29, 11, 8, 14, 7, 1 and 9 specimens, respectively. Of the 68 specimens, 59
104 were indentified to contain single pathogen and 9 were with mixed pathogens. One aliquot of
105 the selected specimens were thawed and used for DNA extraction by QIAmp DNA stool mini
106 kit (Qiagen, USA). The real-time PCR reanalysis for abovementioned pathogens were
107 performed using 1 µl of DNA solution.

108 **Bacterial strains and culture condition**

109 Bacterial strains for *V. cholerae* O1 (N16961 and O395), *V. parahaemolyticus* (KXV139),
110 *Campylobacter* spp. (*C. jejuni* IDH1138, *C. coli* IDH797, *C. fetus* IDH1156), *Shigella* spp. (*S.*
111 *sonnei* 500228, *S. boydii* 500202, *S. flexneri* ATCC12022), ETEC (500205), EPEC (11044)
112 and EAEC (2075) were used to validate SYBR Green real-time PCR based species specific
113 detection assay. Luria broth (LB) supplemented with 1%, 3% and 0.5% NaCl was used for
114 culturing *V. cholerae*, *V. parahaemolyticus*, and *Shigella* spp., respectively. Diarrheagenic *E.*
115 *coli* was also cultured in LB supplemented with 0.5% NaCl. *Campylobacter* spp. was
116 cultured for 48 h at 37 °C in brain heart infusion agar plates supplemented with 5% serum
117 under microaerophilic conditions.

118 **SYBR Green real-time PCR with pure culture**

119 The 10 pairs of real-time PCR primers used in this study for the detection of *V. cholerae*, *V.*
120 *parahaemolyticus*, *Campylobacter* spp., *Shigella* spp., ETEC, EAEC and EPEC. *V. cholerae*
121 O1 antigen coding region specific primers were used as described by Hoshino *et al*, [20].
122 Primers for *V. parahaemolyticus* and *Campylobacter* spp. were used as described by
123 Kurakawa *et al* [21]. Primers for invasion plasmid antigen H (*ipaH*) were used as specific
124 primers for *Shigella* spp. [22]. One set of ETEC primers (5'-
125 GGCGACAAATTATACCGTGC-3' and 5'- AAACATATTTGGTGCTGTCGC-3') specific
126 to labile toxin (*lt*) gene was developed, while another set specific to stable toxin (*st*) were
127 used as described by Fukushima *et al* [16]. Reverse primers specific to virulence gene *aggR*
128 of EAEC (5'-TCGGAAAAGAAGCTTACAGCC-3') and virulence gene *eaeA* of EPEC (5'-
129 CAGAGATCGCGACTGAAGC-3') were developed and used in combination with respective
130 pathogroup specific forward primers [16]. Validation of the species specific detection of
131 enteropathogens (*V. cholerae*, *V. parahaemolyticus*, *Campylobacter* spp., *Shigella* spp.,
132 ETEC, EPEC and EAEC) by real-time PCR was made using boiled lysate as source of DNA
133 template prepared from pure culture and SYBR Green as detecting dye. Boiled lysate was

134 prepared by suspending one loopful of pure culture in 200 μ l of PBS, boiled for 10 min,
135 centrifuged for 5 min at 10000 x g and debris free 1 μ l clear supernatant was used directly for
136 real-time PCR. PCR primers were adjusted to a final concentration of 0.6 pmole/ μ l in a 20 μ l
137 of reaction volume with 1X Power SYBR Green master mix (Applied Biosystems, USA).
138 The real-time PCR was performed in a 7900 HT Fast real-time PCR machine (Applied
139 Biosystems). During pre-PCR, tubes were heated to 50 $^{\circ}$ C for 2 min followed by 95 $^{\circ}$ C for 10
140 min. Subsequently, complete 35 cycles of PCR were performed using 94 $^{\circ}$ C for 20 s, 55 $^{\circ}$ C
141 for 20 s and with an extension step of 72 $^{\circ}$ C for 50 s. Fluorescence signals were measured at
142 the extension step of each of the cycle. Amplicon specificity was established through melting
143 (T_m) curve analysis [23]. The T_m values of the amplicons generated against DNA from each
144 of the included pathogens with respective primers are presented in Fig. 2. Single peak for the
145 amplicons specific to O1 *wb* of *V. cholerae* O1 (Fig. 2A), 23S rDNA of *V. parahaemolyticus* (B),
146 *lt* of ETEC (C), *st* of ETEC (D), *eaeA* of EPEC (F), 16S rDNA of *Campylobacter spp.* (G) and *epaH*
147 of *Shigella spp.* (H) is evident. The *aggR* amplicon of EAEC, gave dual peak (Fig. 2 E) which
148 may be considered due to difference in GC content (high G:C content in one area versus
149 another) within the amplicon. Specificity of *aggR* amplification was further confirmed by
150 visualization of single band in the agarose gel electrophoresis. All PCR assays used in this
151 study produced single amplicon when analyzed through agarose gel electrophoresis. Ability
152 to detect specific pathogen was established as this assay could produce single amplicon even
153 with mixed DNA template based on the usage of specific set of primers with similar melt
154 curve generating same T_m as compared to a situation when tested individually with purified
155 DNA template (Fig. 2). For all assays, negative controls were included that comprised of
156 PCR grade water as well as lysates prepared from heterologous organisms.

157 **Detection and relative quantification of pathogens by real-time PCR**

158 Bacterial suspensions from pure culture were made and subsequently dilution plating was
159 performed using 10 folds diluted suspensions to estimate number of colony forming units
160 (CFU)/ ml of the suspension. From each of the serial dilution tubes as generated for dilution
161 plating, 100 μ l of suspension was taken out to prepare boiled lysate and 1 μ l of which was
162 used in the real-time PCR. Threshold cycle (Ct) values obtained for each of the dilutions were
163 plotted against normalized CFUs and organism specific standard curve was generated. DNA
164 extracted from diarrhoeal stool specimens was used directly for detecting enteropathogens
165 and pathogen specific Ct values were recorded. Obtained pathogen specific Ct values were
166 plotted on standard curve for an estimation of the load of the pathogen when present in the
167 diarrhoeal stool in the form of single or multiple pathogens and expressed as CFU/ ml
168 equivalence.

169 **Results**

170 **Bacterial enteropathogen detection by real-time PCR**

171 Real-time PCR assay successfully detected *V. cholerae*, *V. parahaemolyticus*, *Campylobacter*
172 *spp.*, *Shigella spp.*, ETEC, EAEC and EPEC when boiled lysate prepared from respective
173 strains were used. The melt curve analysis of the product obtained in the real-time PCR assay
174 is presented in Fig. 2. Detection of specific melting curve with characteristic T_m for each
175 species confirmed specificity of real-time PCR detection. Amplification was possible only
176 with homologous combinations of pathogen and its primer pairs. A linear relationship was
177 established between the Ct value and number of viable cells included in the assay that ranged
178 between 10^9 CFU/ ml and 10^4 CFU/ ml and such relationship was subsequently utilized to
179 estimate pathogen load equivalence in the stool specimens (Fig. 3).

180 **Application of real-time PCR for pathogen detection in stool specimens and estimation** 181 **of pathogen load**

182 Of 68 specimens, 59 were previously identified to contain sole pathogen and 9 had mixed
183 pathogens by culture dependent methods (Fig. 1). Reanalysis of the 59 specimens by culture
184 independent real-time PCR showed presence of mixed pathogens in 34 specimens and 25
185 contained sole pathogen (Fig. 1). In fact, all pathogens detected by culture based assays were
186 also detected in respective specimens by real-time PCR. Detection of additional pathogens
187 through real-time PCR assay resulted in an increase of mixed infections from ca.13% to ca.
188 50%.

189 Reanalysis of these 68 specimens by real-time PCR showed matching detection of culture
190 based aetiologies with a pathogen load equivalence ranging between 10^9 and 10^6 CFU/ ml (Ct
191 values ranged between 13 and 23). Interestingly, Ct value for the pathogens that remained
192 undetected by the culture dependent methods ranged between 25 and 30 that corresponded to
193 pathogen load equivalence ranging between 10^5 and 10^4 CFU/ ml. A comparative analysis on
194 the pathogen detection among the 68 specimens by real-time PCR against culture dependent
195 methods is presented in Table 1.

196 The culture independent real-time PCR detection of pathogens was subsequently extended
197 to 54 specimens, which were assigned as "no-known pathogen" by culture dependent
198 methods. The presence of pathogens was detected by real-time PCR in 34 of 54 specimens
199 which were originally assigned as "no-known pathogen" (Fig. 1, Table 2). Of the 34
200 specimens, 25 and 9 had single and mixed pathogens, respectively. Analysis of pathogen
201 specific Ct values obtained with real-time PCR positive 34 specimens showed pathogen load
202 equivalence that ranged between 10^5 and 10^4 CFU/ ml equivalence.

203 **Discussion**

204 This study was initiated to detect bacterial enteropathogens directly from stool specimens
205 and that targeting pathogen specific virulence genes or rDNA regions. This was an effort to
206 understand the inadequacy, if any, of culture dependent methods in comparison to culture

207 independent assays. Culture independent real-time PCR based reanalysis of 68 specimens
208 (including sole and mixed pathogens) revealed detection of all aetiologies that were identified
209 by culture dependent methods thereby validating the real-time PCR methods. Interestingly,
210 real-time PCR detected additional pathogens in most of these specimens. In fact, many of the
211 samples, which were reported to contain sole pathogen, were shown to have multiple
212 pathogens following reanalysis by real-time PCR (Fig. 1, Table 1).

213 The real-time PCR assay revealed an interesting relationship between pathogen load and
214 aetiologies as detected by culture dependent methods. The culture dependent methods based
215 aetiologies was detected in specimens with pathogen load 10^6 or more CFU/ ml. Analysis
216 also revealed 10^4 CFU/ ml equivalence was the limit for detecting pathogens by the real-time
217 PCR assay. This relationship also remained valid with specimens that were identified to have
218 mixed pathogens by culture dependent methods; pathogen load ranged between 10^6 and 10^7
219 CFU/ ml equivalence. Approximately one third of hospitalized diarrhoeal cases yielded
220 mixed infections by culture dependent methods as shown in several studies in impoverished
221 settings including recently in Kolkata [3,4,6-8]. While culture dependent methods showed
222 presence of mixed pathogens among 9 (13.2%) cases, real-time PCR based detection
223 increased the percentage of mixed pathogens to 50% (Fig. 1). Comparative analysis of
224 pathogen detection by culture dependent vs. culture independent real-time assay is presented
225 in Fig. 4. It is evident from Fig. 4 that good number of specimens contained multiple
226 pathogens. In fact, in some cases presence of 4 enteropathogens were also detected. Therefore,
227 the real-time PCR based reanalysis established that mixed infections are much higher than
228 previously conceived.

229 Diarrhoeal surveillance studies have shown that approximately 30% of the specimens do
230 not yield any known aetiologies in diverse geographic settings. A recent study conducted in
231 Kolkata showed that 27.9 % of the stool specimens from hospitalized diarrhoea patients did

232 not yield any pathogen despite examining the samples for 26 known diarrhoeal pathogens [8].
233 In this study we therefore extended our analysis to examine 54 specimens that were assigned
234 as 'no known pathogen' by culture dependent methods. However, when examined by real-
235 time PCR 34 of these 54 specimens showed presence of one or more pathogens (Figs. 1 and
236 4). The density of the pathogens present in these specimens ranged between 10^4 and 10^5
237 CFU/ ml equivalence. Existence of pathogen below 10^6 CFU/ ml equivalence, a load below
238 the detection limit, to be considered as basis for under detection of aetiologies by culture
239 dependent assays. This study therefore unequivocally confirmed the ability of culture
240 independent real-time PCR to detect enteric pathogens at lower densities in stool specimens
241 where culture dependent methods failed to detect the same. Considering reanalysis of 122
242 specimens, real-time PCR detected 102 specimens with one or more pathogens in contrast to
243 68 specimens with aetiologies by culture dependent methods.

244 Detection of multiple pathogens in single diarrhoeal stool specimen indicates that the
245 subjects living in this impoverished setting are assaulted by multiple enteric pathogens at any
246 given time. Therefore, the concept of one pathogen one disease might need to be re-evaluated.
247 This study has been carried out with limited number of bacterial enteropathogens. Inclusion
248 of real-time PCR based detection methods for other viral and parasitic pathogens may further
249 enhance the melange of pathogens harboured by subjects living in poorly hygienic conditions.
250 Relative distribution of the pathogens as detected by culture based methods (Table 1 and Fig.
251 4) should not be construed as true representation of their degree of associations among
252 clinical cases in settings of Kolkata and around as selection of these specimens were only
253 made for a comparative analysis between culture dependent and independent assays.

254 Polymicrobial infections are common in settings of low resource countries. This is in stark
255 contrast to what is seen in the sanitized developed country settings where the aetiology of
256 diarrhoea is due to single pathogen. As majority of the patients came from low income group

257 living in poorly hygienic conditions, detection of multiple pathogens in diarrheal stool
258 specimens indicated gross contamination in food and water that they consumed. Synergistic
259 action of microorganisms impacting each other in the polymicrobial infection situations has
260 already been reported for wound infections as well as diarrhoeal cases caused by either
261 EAEC or EPEC [24,25]. Preferential association between enteric pathogens present as mixed
262 infection has also been demonstrated recently [26]. Consumption of grossly contaminated
263 food and water by the majority of the patients living under impoverished conditions lead to
264 infection by multiple pathogens and subsequently to hospitalization. However, the
265 significance of contrasting densities (about 100 folds more of one pathogen as compared to
266 another) of enteric pathogens in mixed infection needs to be addressed in greater detail
267 through a case-control field study to portray actual scenario. Clinical findings of the status of
268 patients having mixed infection will be described in a distinct work. Detection of
269 polymicrobial infections with pathogens in lower densities by the real-time PCR assay raised
270 a concern on likely existence of potentially good number of human carrier. Polymicrobial
271 infections among hospitalized patients thus clearly emphasized the need to pursue more
272 exploratory approach to understand the epidemiological, inter-microbial interactions and
273 clinical implications of the presence of more than one pathogens.

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276 cholera toxin: A tribute to SN De", Kolkata, India during October 25-27, 2009.

277 **Transparency Declaration**

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282 Author's Contribution

283 AS prepared DNA from the faecal samples, performed all Real time PCR assays quantified
284 the load of pathogens present in the stool specimens. SSG, SG, SD, SG and PM isolated the
285 different bacterial pathogens microbiologically from the stool specimens. TK and KN
286 designed some of the primers for this study. AS, AKM, TR, YT, GBN, RKN analyzed the
287 results and wrote the paper. All authors read and approved the final manuscript.

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- 356

357 TABLE 1. Real-time PCR based reanalysis of diarrhoeal stool specimens with aetiologies by
 358 culture dependent methods

359

360 Aetiology	361 Number of specimens ^a with designated pathogen when analyzed by					
	362 Culture dependent methods ^b			363 Culture independent methods ^c		
	364 Single (%)	365 Mixed (%)	366 Total	367 Single (%)	368 Mixed (%)	369 Total
370 <i>V. cholerae</i>	23 (33)	6 (8.8)	29	2 (2.9)	31 (45.5)	33
371 <i>V. parahaemolyticus</i>	9 (13.2)	2 (2.9)	11	3 (4.4)	27 (39.7)	30
372 <i>Campylobacter spp.</i>	3 (4.4)	5 (7.3)	8	1 (1.4)	10 (14.7)	11
373 <i>Shigella spp.</i>	12 (17.6)	2 (2.9)	14	10 (14.7)	12 (17.6)	22
374 ETEC	6 (8.8)	1 (1.4)	7	4 (5.8)	9 (13.2)	13
375 EPEC	1 (1.4)	-	1	1 (1.4)	3 (4.4)	4
376 EAEC	5 (7.3)	4 (5.8)	9	4 (5.8)	12 (17.6)	16

375 ^aTotal number of diarrhoeal stool specimens analyzed were 68 by both culture dependent and culture
 376 independent methods

377 ^bEnteropathogens detection was performed on freshly collected stool specimens following
 378 conventional techniques as described [8].

379 ^cEnteropathogens detection was performed through real-time PCR assay using archived specimens
 380 stored at -80 °C.

381

382 TABLE 2. real-time PCR based reanalysis of diarrhoeal stool specimens with ‘No known
 383 pathogen’ by culture dependent methods

384

385 386 387 388 389 390 391	Aetiology	Number of specimens ^a with designated pathogen when analyzed by					
		Culture dependent methods ^b			Culture independent methods ^c		
		Single (%)	Mixed (%)	Total	Single (%)	Mixed (%)	Total
392	<i>V. cholerae</i>	-	-	-	3 (5.5)	2 (3.7)	5
393	<i>V. parahaemolyticus</i>	-	-	-	7 (12.9)	4 (7.4)	11
394	<i>Campylobacter spp.</i>	-	-	-	-	3 (5.5)	3
395	<i>Shigella spp.</i>	-	-	-	4 (7.4)	8 (14.8)	12
396	ETEC	-	-	-	9 (16.6)	5 (9.2)	14
397	EPEC	-	-	-	-	-	-
398	EAEC	-	-	-	2 (3.7)	-	2

399

400 Out of 54 specimens 34 were found to contain bacterial pathogen and 20 specimens remained as ‘No
 401 known pathogen’

402 ^aTotal number of diarrhoeal stool specimens analyzed were 54 by both culture dependent and culture
 403 independent methods

404 ^bEnteropathogens detection was performed on freshly collected stool specimens following
 405 conventional techniques as described [8].

406 ^cEnteropathogens detection was performed through real-time PCR assay using archived specimens
 407 stored at -80 °C.

408

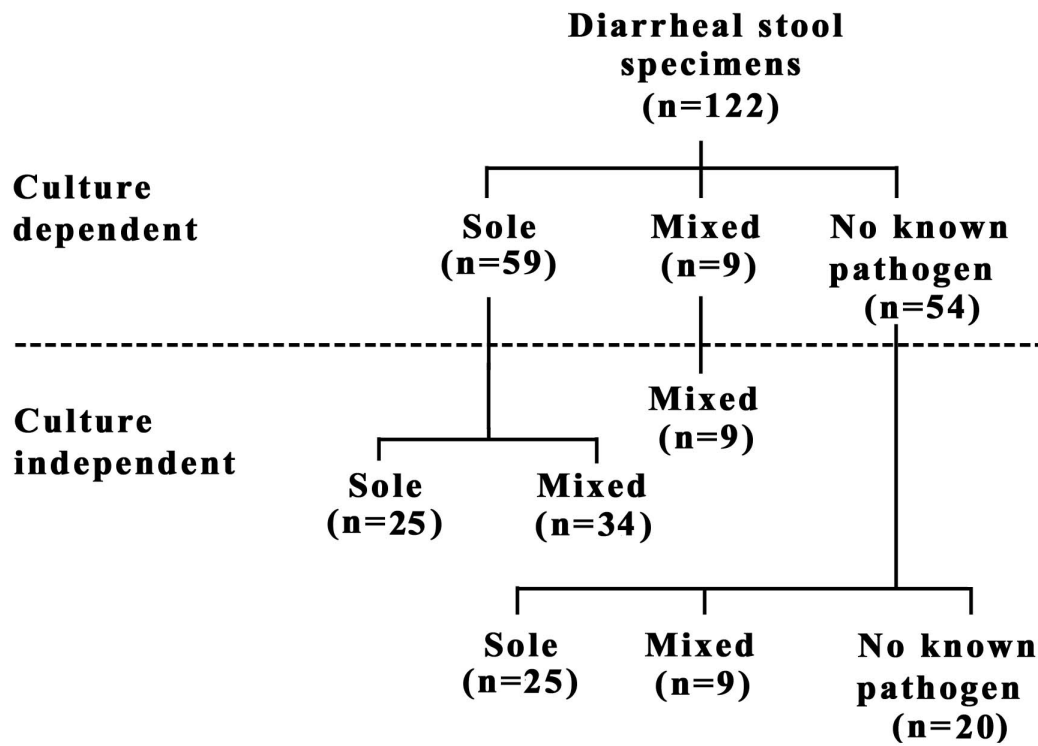


Fig.1 Comparative analysis for detecting pathogens by culture dependent and independent methods

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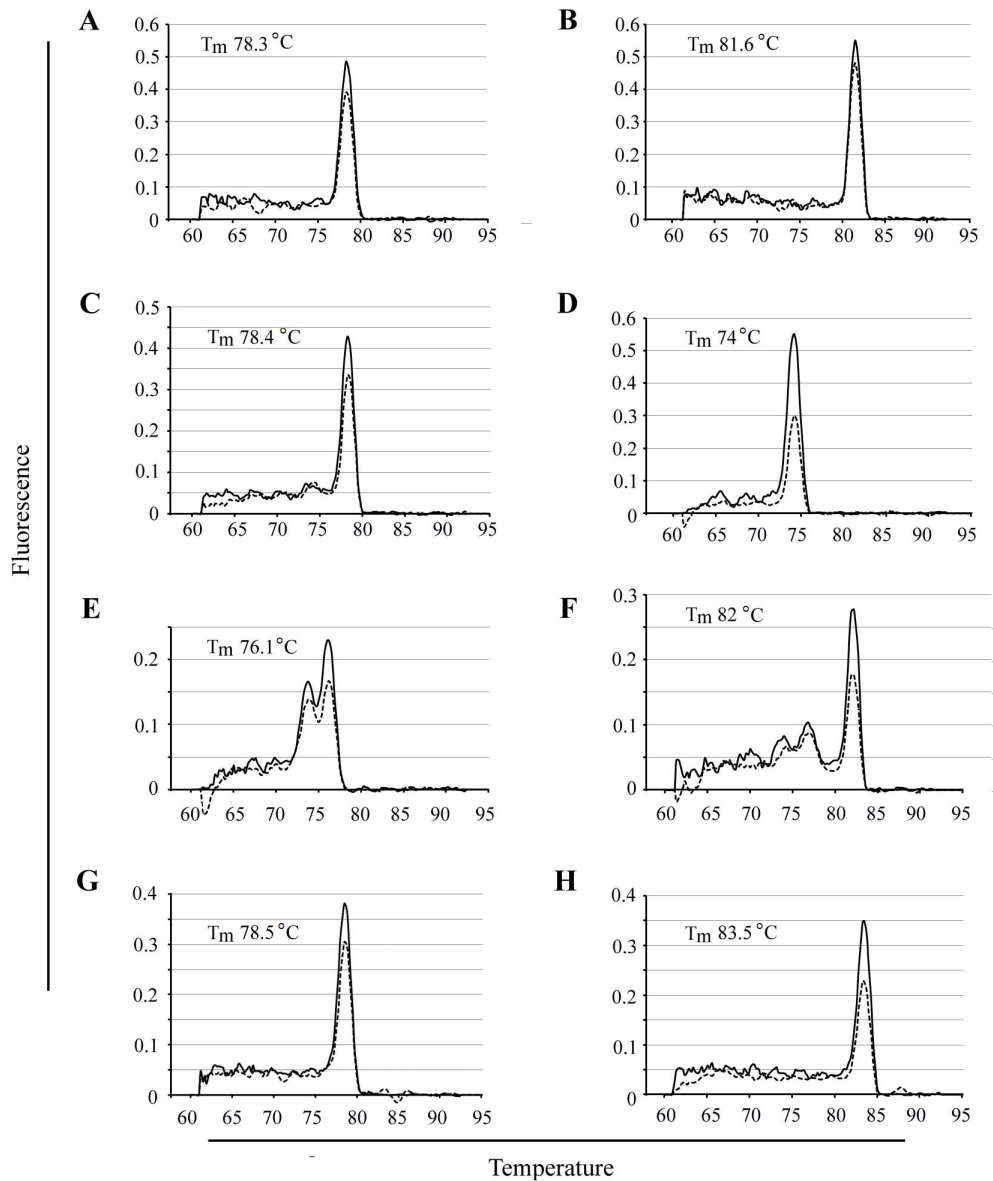


Fig. 2 Melting curve analysis of real-time SYBR Green PCR amplicons of (A) *wb* of *V. cholerae* O1, (B) 23S rDNA of *V. parahaemolyticus*, (C) *lt* of ETEC, (D) *st* of ETEC, (E) *aggR* of EAEC, (F) *eaeA* of EPEC, (G) 16S rDNA of *Campylobacter spp.* and (H) *epaH* of *Shigella spp.* Temperature of melting (T_m) of the amplicons specific to 7 different pathogens are indicated. In all the panels bold line (—) represents analysis of PCR amplicons obtained against DNA from each of the abovementioned pathogens used individually with respective primers whereas broken line (---) represents analysis of PCR amplicons obtained against mixture of 1:100 times diluted DNA (all abovementioned 7 pathogens) with pathogen specific primers.

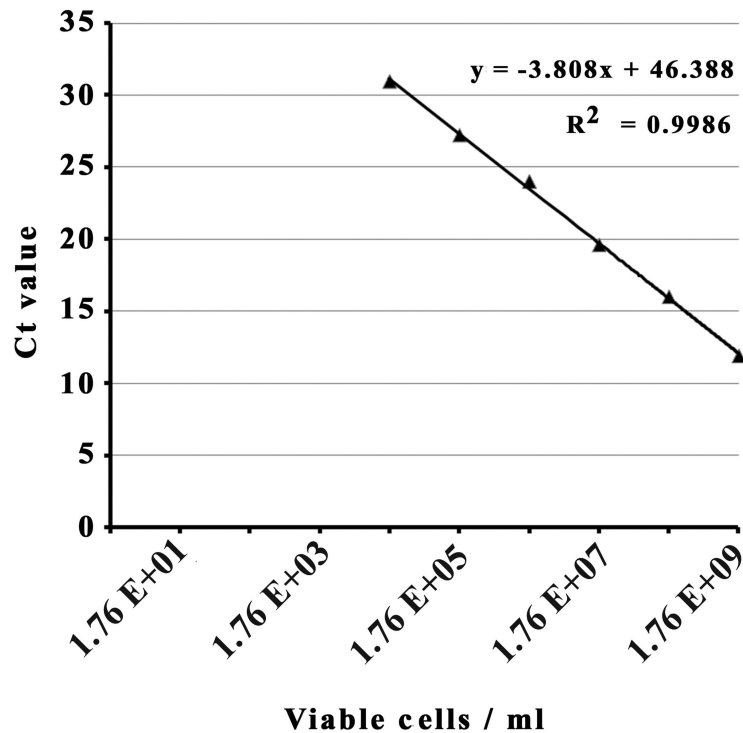


Fig. 3 Standard curve generated by plotting varying number of *V. cholerae* viable cells against corresponding Ct value obtained in a real-time PCR assay carried out in 20 μ l reaction volume with SYBR Green as detecting dye. Estimation of actual counts of viable cells were made by dilution plating method using 10-fold serial dilution of the cells. The average Ct value for duplicate samples obtained per dilution was used for plotting.

