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Human Retinal Gene Therapy for Leber Congenital Amaurosis Shows Advancing Retinal Degeneration Despite Enduring Visual Improvement

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Abstract

Leber congenital amaurosis (LCA) associated with retinal pigment epithelium-specific protein 65 kDa (*RPE65*) mutations is a severe hereditary blindness resulting from both dysfunction and degeneration of photoreceptors. Clinical trials with gene augmentation therapy have shown partial reversal of the dysfunction, but the effects on the degeneration are not known. We evaluated the consequences of gene therapy on retinal degeneration in patients with *RPE65*-LCA and its canine model. In untreated *RPE65*-LCA patients, there was dysfunction and degeneration of photoreceptors, even at the earliest ages. Examined serially over years, the outer photoreceptor nuclear layer showed progressive thinning. Treated *RPE65*-LCA showed substantial visual improvement in the short term and no detectable decline from this new level over the long term. However, retinal degeneration continued to progress unabated. In *RPE65*-mutant dogs, the first one-quarter of their lifespan showed only dysfunction, and there was normal outer photoreceptor nuclear layer thickness retina-wide. Dogs treated during the earlier dysfunction-only stage showed improved visual function and dramatic protection of treated photoreceptors from degeneration when measured 5–11 y later. Dogs treated later during the combined dysfunction and degeneration stage also showed visual function improvement, but photoreceptor loss continued unabated, the same as in human *RPE65*-LCA. The results suggest that, in *RPE65* disease treatment, protection from visual function deterioration cannot be assumed to imply protection from degeneration. The effects of gene augmentation therapy are complex and suggest a need for a combinatorial strategy in *RPE65*-LCA to not only improve function in the short term but also slow retinal degeneration in the long term.

Disciplines

Medicine and Health Sciences | Veterinary Medicine

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Human retinal gene therapy for Leber congenital amaurosis shows advancing retinal degeneration despite enduring visual improvement

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Leber congenital amaurosis (LCA) associated with retinal pigment epithelium-specific protein 65 kDa (*RPE65*) mutations is a severe hereditary blindness resulting from both dysfunction and degeneration of photoreceptors. Clinical trials with gene augmentation therapy have shown partial reversal of the dysfunction, but the effects on the degeneration are not known. We evaluated the consequences of gene therapy on retinal degeneration in patients with *RPE65*-LCA and its canine model. In untreated *RPE65*-LCA patients, there was dysfunction and degeneration of photoreceptors, even at the earliest ages. Examined serially over years, the outer photoreceptor nuclear layer showed progressive thinning. Treated *RPE65*-LCA showed substantial visual improvement in the short term and no detectable decline from this new level over the long term. However, retinal degeneration continued to progress unabated. In *RPE65*-mutant dogs, the first one-quarter of their lifespan showed only dysfunction, and there was normal outer photoreceptor nuclear layer thickness retina-wide. Dogs treated during the earlier dysfunction-only stage showed improved visual function and dramatic protection of treated photoreceptors from degeneration when measured 5–11 y later. Dogs treated later during the combined dysfunction and degeneration stage also showed visual function improvement, but photoreceptor loss continued unabated, the same as in human *RPE65*-LCA. The results suggest that, in *RPE65* disease treatment, protection from visual function deterioration cannot be assumed to imply protection from degeneration. The effects of gene augmentation therapy are complex and suggest a need for a combinatorial strategy in *RPE65*-LCA to not only improve function in the short term but also slow retinal degeneration in the long term.

neurodegeneration | outer nuclear layer | retinal structure

Hereditary blindness can be caused by genetic defects in retinal pigment epithelium (RPE) cells, where a continuous supply of 11-*cis*-retinal chromophore is produced by the visual cycle, or in photoreceptors, where light photons captured by chromophore molecules signal vision (1). One of the key components of the visual cycle is the retinoid isomerase encoded by the RPE-specific protein 65 kDa (*RPE65*) gene (2). Mutations in *RPE65* cause Leber congenital amaurosis (LCA), a severe childhood blindness (3). *RPE65*-associated LCA (*RPE65*-LCA) is a complex disease in which vision loss results from two pathological mechanisms—dysfunction and degeneration of photoreceptors (3–6). *RPE65*-LCA has been proclaimed to be the first successfully treated inherited retinopathy using gene augmentation therapy (7–10), and the treatment has resulted in substantial improvement in vision that endures at least 3 y (11).

Whereas we showed that gene therapy corrects the biochemical blockade leading to visual dysfunction and converts *RPE65*-LCA from a two-mechanism disease into a simple retinal degeneration (9), it has not been determined if therapy also treats the retinal degeneration component. It is hypothesized that correction of the

underlying cellular dysfunction in a human recessive retinal degeneration will promote greater neuronal survival by slowing the natural rate of photoreceptor loss. Gene therapy experiments that have evaluated photoreceptor degeneration have been performed mainly in mouse and dog models treated at young ages (12–18) and have implied that at least a subset of photoreceptors could be rescued from degeneration. However, accumulating evidence has suggested that human *RPE65*-LCA, which can show degeneration prenatally or within the first years of life (19, 20), is better modeled at the more advanced disease stages in older animals (3, 21).

We evaluated the visual function and retinal degeneration in treated and untreated eyes of patients with *RPE65*-LCA and in the dog model of this disease. Gene therapy resulted in remarkable and lasting improvements in visual function, but serial measurements of outer photoreceptor nuclear layer (ONL) thickness showed continuing progression of photoreceptor loss. Our human and canine results are consistent with the hypothesis that the majority of photoreceptors in the degenerative phase of *RPE65* disease is destined for progressive loss. Treatment of *RPE65*-LCA should evolve into a two-pronged intervention that not only leads to visual restoration in the short term but also, improved photoreceptor survival in the long term.

Significance

The first retinal gene therapy in human blindness from *RPE65* mutations has focused on safety and efficacy, as defined by improved vision. The disease component not studied, however, has been the fate of photoreceptors in this progressive retinal degeneration. We show that gene therapy improves vision for at least 3 y, but photoreceptor degeneration progresses unabated in humans. In the canine model, the same result occurs when treatment is at the disease stage equivalent to humans. The study shows the need for combinatorial therapy to improve vision in the short term but also slow retinal degeneration in the long term.

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Results

Human *RPE65*-LCA: Natural History of Photoreceptor Degeneration.

Our cohort of *RPE65*-LCA patients (Tables S1 and S2), including those patients as young as 3 y of age, had abnormal ONL thickness at a majority of sampled retinal locations (Fig. S1), consistent with previous reports of loss of photoreceptors detectable at the earliest ages evaluated to date (6, 19, 20, 22–24). Untreated *RPE65*-LCA eyes were examined longitudinally to measure the rate of progression of this early-onset retinal degeneration. Patient 23 (P23) illustrates the spatiotemporal progression of retinal degeneration (Fig. 1 *A–D*). Optical coherence tomography (OCT) scans across a 15-mm extent along the vertical meridian crossing the fovea (Fig. 1*A*) show the intraretinal backscattering differences that delineate retinal sublaminae corresponding to different cell layers (20). Quantitatively, the ONL thickness shows changes at most retinal locations (Fig. 1*A* and *B*). Thinning of the ONL fraction (ONL thickness of the patient divided by mean normal thickness at the same retinal location) at most extrafoveal retinal locations showed log-linear progression (Fig. 1*C*), which is consistent with a model wherein the photoreceptor degeneration follows an exponential decay after a retinal locus-specific onset of photoreceptor degeneration (25, 26). To a first approximation, kinetics of ONL loss followed similar exponential decay rates irrespective of retinal location. This invariant exponential decay was estimated from the median value of the population of slopes calculated from each of the consecutive pairs of measurements. The onset of progressive degeneration phase was estimated at each retinal location by extrapolating along the median slope to 0 log ONL fraction, and all of the data was replotted to illustrate how a single underlying natural history can predict disease progression across multiple retinal locations at different disease stages (Fig. 1*D*).

Fifteen patients (ages 7–29 y at first visit) (Table S1) were examined serially (over periods ranging from 1.2 to 6.7 y, average = 4.6 y) to understand better the inter- and intraretinal variation of the natural history of retinal degeneration in *RPE65*-LCA (Fig. 1*E*). ONL thickness fraction from all retinal locations and all patients showed a wide variation when plotted against chronological age (Fig. 1*E*). There was a weak negative correlation with age both at inferior (slope = -0.015 log/y; $r^2 = 0.12$) and superior (slope = -0.016 log/y; $r^2 = 0.11$) retinal loci (Fig. 1*E*). To form a predictive natural history of disease applicable to *RPE65*-LCA, we calculated the median of the exponential rates across all patients, all retinal locations, and all consecutive pairs of measures ($n = 426$). On adjustment for the individual and locus-specific onset of the progressive degeneration phase, the underlying natural history (Fig. 1*F*) was highly consistent ($r^2 = 0.91$) with a steeper slope (-0.04 log₁₀/y) compared with the same data plotted against chronological age.

Natural History of Visual Sensitivity in Human *RPE65*-LCA. Patients with *RPE65*-LCA show a substantial loss of light sensitivity unexplained by the amount of underlying photoreceptors (3, 6, 10, 22, 27). It is important to emphasize, however, that the patients do not lose all visual function. Often, there is measurable remnant vision that is mediated by rods, cones, or both (11, 22, 27). The source of this remnant vision or its natural history is not understood in *RPE65*-LCA. We next asked the question: what would be the expected change in sensitivity during the time span of measured ONL thinning? For simple retinal degenerations, a change in sensitivity should be proportional to the square of the change in ONL thickness (6). For the median exponential degeneration rate of -0.04 log/y, the corresponding change in sensitivity would be -0.08 log/y (Fig. 1*G*, expected). Progression of vision loss is expected to be similar to simple retinal degenerations, although the absolute sensitivity is dissociated from ONL thickness (6). To evaluate this hypothesis, we measured the change in

light sensitivity along the vertical meridian at the same retinal locations and in the same patients as those patients included for the study of ONL change over time (Table S1). Unexpectedly, there was little detectable change measured in sensitivity. A regression line fit to the visual function data over a time horizon extending to 6 y showed a slope of -0.02 log/y (Fig. 1*G*, observed; -0.007 log/y if the regression line was forced to go through the origin), which was more shallow than the slope expected from the underlying photoreceptor degeneration.

Gene Therapy Does Not Slow the Progressive Retinal Degeneration in *RPE65*-LCA.

To determine the consequences of subretinal gene therapy on retinal degeneration, three analyses were performed: (i) intraocular comparisons were made of ONL fractions between treated and untreated retinal regions of the same eye; (ii) interocular comparisons were made of ONL fractions between study eyes and contralateral control eyes; and (iii) the progression of the ONL fraction in study eyes was compared with the expected natural history of *RPE65*-LCA. All analyses were performed along the vertical meridian. Treated regions in study eyes received the subretinal therapeutic vector and showed a significant improvement in visual function during the 90-d period after surgery. Control regions in study eyes did not receive the subretinal therapeutic vector and did not show change in visual function parameters during the same time period.

The first analysis is illustrated by the intraocular comparison data from the study eyes of P7 and P2; control [Fig. 2*A*, red bars (inferior retina)] and treated [Fig. 2*A*, green bars (superior retina)] regions are shown. For the control region in P7, the mean ONL fraction was 0.73 at baseline and reduced to 0.45 at 3 y later. For the treated region, the ONL fractions were 0.52 and 0.32 at baseline and 3 y later, respectively. Results in the study eye of P2 showed a similar reduction of ONL fraction at 3 y compared with baseline for both types of regions (from 0.57 to 0.38 at the control region and from 0.49 to 0.35 at the treated region). When ONL fractions from study eyes were compared, there was no significant difference ($P = 0.91$, Mann–Whitney rank sum) at baseline between regions (treated quartiles = 0.22, 0.40, 0.57; untreated quartiles = 0.24, 0.29, 0.57). At the last available visit after the treatment (Table S2), retinal regions showed thinner ONL compared with baseline, but there remained no significant difference ($P = 0.66$) between treated and untreated regions (treated quartiles = 0.17, 0.25, 0.36; untreated quartiles = 0.16, 0.26, 0.42).

In the second analysis, ONL fractions from treated study eyes and untreated control eyes (Tables S1 and S2) were compared. There was no significant difference ($P = 0.70$, Mann–Whitney rank sum) at baseline between eyes (study eye quartiles = 0.22, 0.40, 0.57; control eye quartiles = 0.22, 0.33, 0.51) when considering matched retinal regions ($n = 36$ regions in nine patients) that were later found to have been successfully treated in study eyes. At the last available visit, retinal regions showed thinner ONL compared with baseline, but there remained no significant difference ($P = 0.99$) between the eyes (study eye quartiles = 0.17, 0.25, 0.36; control eye quartiles = 0.16, 0.26, 0.44). Similarly, for untreated regions in study eyes and their matched regions in control eyes ($n = 37$ regions in nine patients), there were no significant differences in ONL fraction at baseline ($P = 0.79$) or at the last visit ($P = 0.52$).

In the third analysis, data from study eyes were compared with the expected model of the natural history of degeneration (Fig. 2*B*). For these analyses, the start of the degeneration phase was estimated from the ONL thickness fraction measured at baseline, and all posttreatment time points were then plotted with respect to the baseline value. The great majority of 45 control regions (11 eyes) (Fig. 2*B*, *Left*) showed progressive thinning of the ONL that was not substantially different from the natural history observed in untreated eyes. There were rare locations that showed no change or greater than expected deviation. For the 36 treated regions, the results were similar (nine eyes) (Fig. 2*B*, *Right*); the

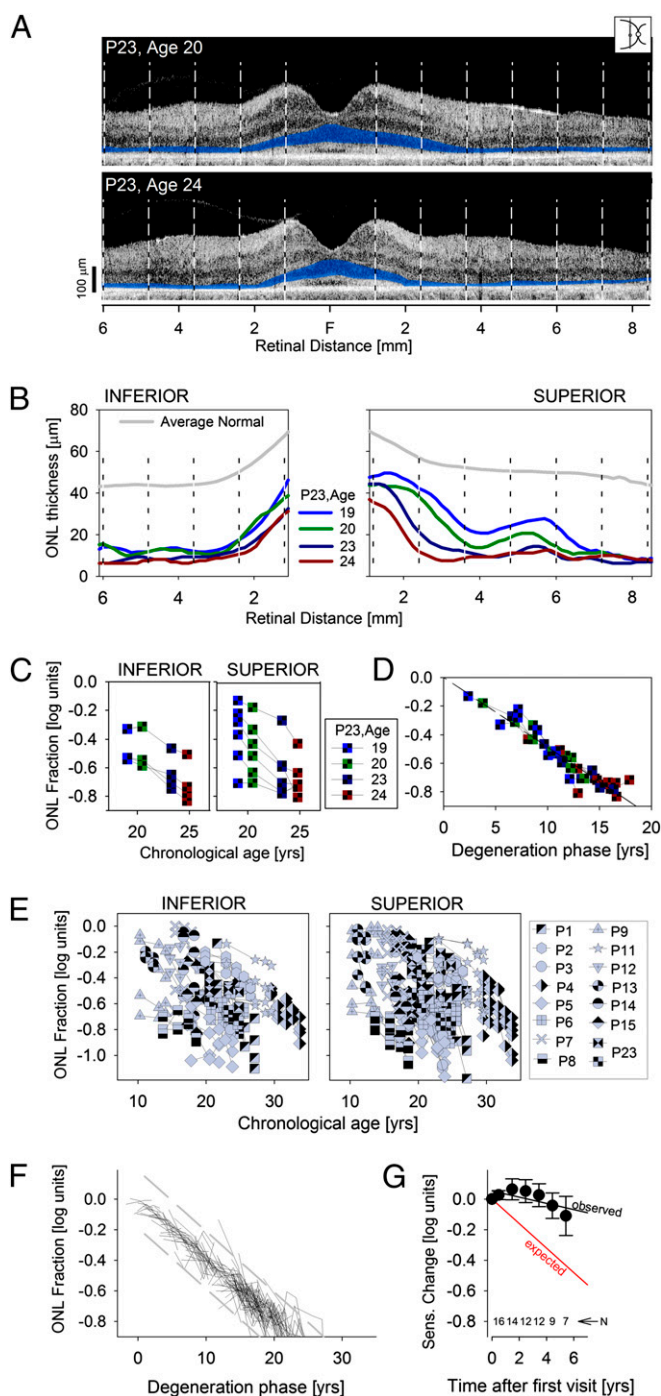


Fig. 1. Natural history of disease in untreated human *RPE65*-LCA. (A) Cross-sectional OCT retinal scans in P23 performed along the vertical meridian (inset) at ages 20 and 24 y. Vertical dashed lines delimit the 10 extrafoveal regions quantified. ONL is highlighted in blue for visibility. F, fovea. (B) ONL thickness of P23 as a function of eccentricity at ages 19, 20, 23, and 24 y shows progressive thinning at most retinal locations. (C) Logarithm of the ONL fraction against age supports an underlying exponential decay function describing progression. (D) Data from C replotted after horizontal shifts accounting for differences in the onset of degeneration at each retinal region. (E) ONL thickness in untreated *RPE65*-LCA eyes shows an extremely wide spectrum of results with a weak tendency of thinning as a function of chronological age. (F) Data from E replotted after horizontal shifts accounting for differences in age of onset. Results show a predictable natural history underlying the progressive degeneration in most patients. Dashed lines delimit the range of deviation (± 2 SD) of the data from the model. (G) Average visual sensitivities measured at the same retinal locations in the

great majority progressed along the expected natural history, with rare regions showing no change or greater than expected deviation. When the ONL fraction deviations between the measured data and the natural history model were compared, there were no statistically significant differences between treated regions in study eyes, control regions in study eyes, and all loci in untreated eyes ($P = 0.81$, Kruskal–Wallis ANOVA on ranks). In summary, all three analysis methods supported the conclusion that gene therapy has not modified the natural history of progressive retinal degeneration in the *RPE65*-LCA patients.

Early Visual Improvements Persist Up to 3 y After Human Gene Therapy.

Visual sensitivity at the control regions of treated eyes was not significantly changed compared with baseline (Fig. 2C). The regression line showed a nearly zero slope (0.02 log/y) instead of a slope of -0.08 log/y expected based on the retinal degeneration rate estimated at the same retinal locations. In a subset of patients, visual function data for up to 4.5 y (average = 2.1 y, $n = 6$) before treatment were available (Fig. 2C, purple symbols) and consistent with the stability observed posttreatment. These results mirrored our observations in untreated control eyes (Fig. 1G). At the treated retinal locations, there were substantial improvements in visual sensitivity averaging 1.6 (range = 0.8–2.4) log units better than baseline within a short (30–90 d) period (Fig. 2C). Long-term evaluation of the treated locations showed mostly stability or additional improvement of the sensitivities (Fig. 2C, regression slope 0.04 log/y), results that were in contrast to the continuing degeneration measured at the same locations of the same eyes (Fig. 2B).

Natural History of Photoreceptor Degeneration in *RPE65*-Mutant Dogs.

Next, we asked whether the posttreatment results of advancing retinal degeneration despite enduring visual improvement were unique to human *RPE65*-LCA or also occurred in an animal model of the disease. *RPE65*-mutant dogs are the only large animal model for *RPE65*-LCA and are known to show congenital visual dysfunction followed later by retinal degeneration (5, 17, 28–32). First, we defined the natural history of the canine disease. The thickness of the ONL layer recorded with noninvasive cross-sectional OCT retinal imaging was used to estimate the spatial pattern of the onset and progression of the retinal degeneration. Histological data in a limited number of dogs were also used in the analyses. Normal dogs showed thicker ONL in the superior (tapetal; nonpigmented RPE) retina compared with inferior (nontapetal; pigmented RPE) retina (Fig. 3A). *RPE65*-mutant dogs at 5 y of age could show nearly normal ONL thickness topography (Fig. 3B). By 8 y of age, there was substantial thinning of the ONL, with detectable photoreceptors remaining across the central (visual streak) retina extending into the superior retina (Fig. 3C).

Five locations in inferior, superior, and central retina were chosen (squares in Fig. 3A–C) to quantify the natural history of ONL changes in *RPE65*-mutant dogs compared with normal dogs (Table S3). At all five locations, normal eyes showed a small amount of ONL thinning (-0.014 log/y) over the first 8 y of dog life (Fig. 3D–F, gray circles and lines). In *RPE65*-mutant eyes, at the two inferior retinal loci, ONL fraction measurements were consistent with the onset of the photoreceptor degeneration occurring near 4.9 y (Fig. 3D). At the two superior retinal loci, there was a similar natural history, but disease onset was delayed to 5.3 y (Fig. 3E). At the central retinal locus (nasal to the optic nerve on or near the visual streak), most of the eyes showed normal or near-normal ONL thickness. Limited data from a 10-y-old dog

same patients are stable over time and do not conform to the expected slope (red) estimated from the ONL degeneration. Error bars are SE. Numbers of eyes contributing to each data point are shown.

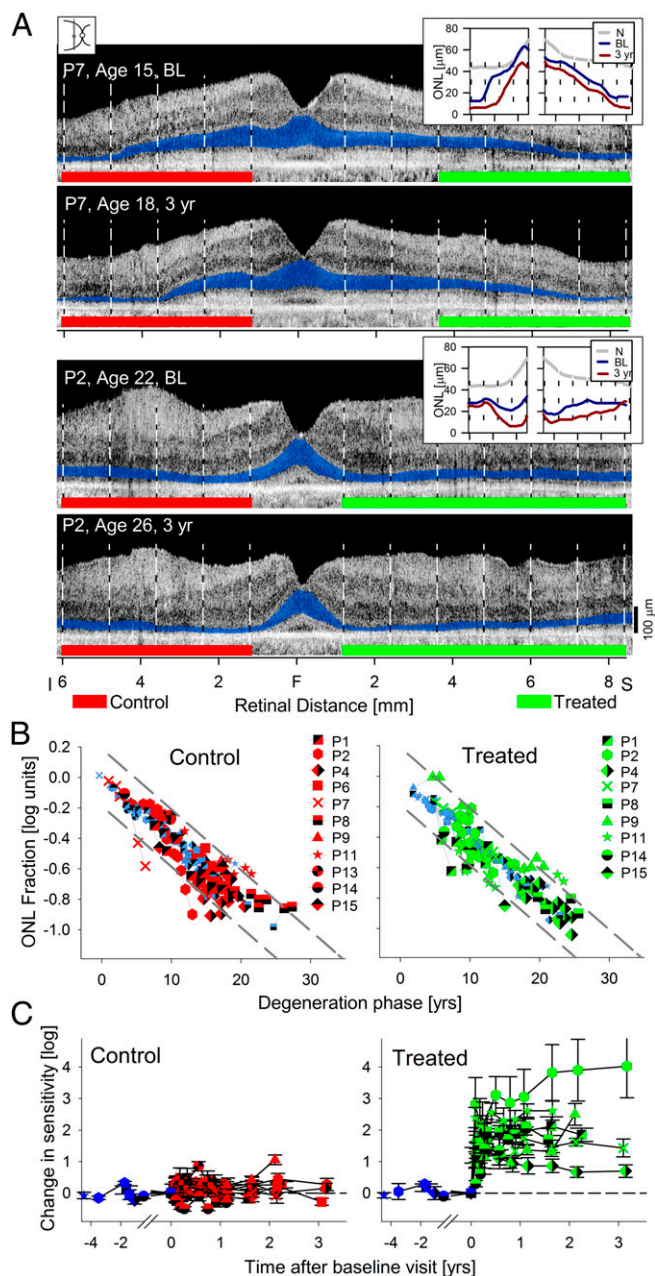


Fig. 2. Photoreceptor degeneration in human *RPE65*-LCA eyes that have had gene therapy. (A) Cross-sectional OCT scans in two patients, P7 and P2, at baseline (BL) and 3 y after treatment. Green lines demarcate the region superior to the fovea that received a subretinal injection and that visual function measurements showed significant improvements in sensitivity. Red lines demarcate the untreated control retinal regions. ONL is highlighted in blue for visibility. (Insets) Thickness of the ONL at BL and posttreatment time points compared with mean normal (N) shows degeneration occurring at most loci. (B) ONL measures in control (Left) and treated (Right) retinal regions plotted on the natural history of *RPE65*-LCA disease defined in Fig. 1. The progression in control and treated regions is, for the most part, indistinguishable from the natural history. (C) Visual sensitivities measured at control (Left) and treated (Right) retinal locations in the same patients. Control locations show stable sensitivities before and after surgery. Treated locations show a dramatic improvement after the surgery that is retained over time. Pretreatment measures are shown with purple symbols in B and C.

were consistent with the onset of photoreceptor degeneration being delayed to as much as 7 or more y (Fig. 3F). In summary, *RPE65*-mutant dogs displayed only the dysfunction component

of the *RPE65* disease for an extended period ranging to at least one-quarter of their lifespan. Onset of retinal degeneration in *RPE65*-mutant dogs occurs relatively late at ages equivalent to ~30 human y (33).

Gene Therapy in *RPE65*-Mutant Dogs Rescues Progressive Retinal Degeneration only When Delivered Before the Onset of Retinal Degeneration. Results from two dogs illustrate the long-term success in preventing the photoreceptor loss when *RPE65* gene therapy is delivered before the onset of retinal degeneration (Fig. 4 A and B). Dog 23 (D23) received a subretinal injection in the central and inferior nasal retina of the right eye at the age of 0.3 y. Electroretinogram (ERG) recordings for the first 3 y after treatment were markedly improved for rod and cone amplitudes compared with untreated eyes (34, 35). ERGs at age 9.7 y remained sizable, suggesting a durability of functional gains by rods and cones for nearly a decade (Fig. S2). By OCT, ONL thickness was undetectable outside the injected region, but there was substantial ONL remaining within the treated region (Fig. 4A). Quantitative results were consistent with nearly normal ONL thickness within the treated region in infero-nasal and central retina (Fig. 4 C and E, green diamonds), relatively retained ONL in the supero-nasal retina (Fig. 4D, green diamond), and severe retinal degeneration consistent with the natural history of disease in untreated supero-temporal and infero-temporal retinal locations (Fig. 4 C and D, red diamonds). D25 received, at age 1.9 y, a subretinal injection that extended from near the optic nerve into superior retina. ERG recording nearly 5 y after the treatment at 6.7 y showed significant functional improvement (Fig. S2). ONL thickness topography at age 6.7 y indicated that there was a retained area corresponding to the treatment region (Fig. 4B). Quantitative results in the inferior untreated retina were consistent with the natural history (Fig. 4C, red up triangles). In the treated superior retina, however, ONL thickness in D25 was within the normal range and substantially greater than expected from the natural history of *RPE65* disease (Fig. 4D, green up triangles). The treated one-half of the central retinal region of D25 had near-normal ONL thickness, which was expected from the natural history. These results underscore the importance of understanding spatiotemporal distribution of the disease to interpret therapeutic effects (Fig. 4E).

ONL thickness mapping and quantitative measurements were performed in three additional eyes (D24, D26, and D27) (Table S3) injected subretinally in the superior retina at ages 1.8–2.4 y and evaluated at ages 6.6–7.2 y (Fig. 4 C–E). All three eyes showed significant ERG improvements nearly 5 y after the treatment at ages of ~7 y (Fig. S2). ONL fraction in control regions outside of the injection region was not different from the natural history of *RPE65* disease in dogs (Fig. 4 C and E, smaller red symbols). In treated superior retinal regions, ONL fraction was normal or near normal, showing substantial rescue compared with the natural history of *RPE65* disease (Fig. 4D, smaller green symbols).

The eyes of the five early-treated dogs were examined by histology at the end of the study (Table S3). Histology results were well-correlated with those results obtained with noninvasive OCT imaging. The findings for D23, D25, and D26 are illustrated (Fig. 5 and Fig. S3). In general, photoreceptor morphology was normal in the center of the treatment area, with an intact ONL and preservation of inner retinal layers (Fig. 5B and Fig. S3 B and E). Towards the margins of the treatment areas, the ONL gradually thinned, and photoreceptors became shorter, broader, and more disoriented (Fig. 5C and Fig. S3C). Outside the treatment boundary, there was an abrupt loss of photoreceptors, with prominent retinal gliosis and loss of layer organization (Fig. 5D). *RPE65* immunolabeling showed distinct cytoplasmic labeling within the treatment areas (Fig. 5B1), but none outside (Fig. 5D1). It appeared that *RPE65* expression was most intense in the center of the treatment area and less intense and uniform towards the edges.

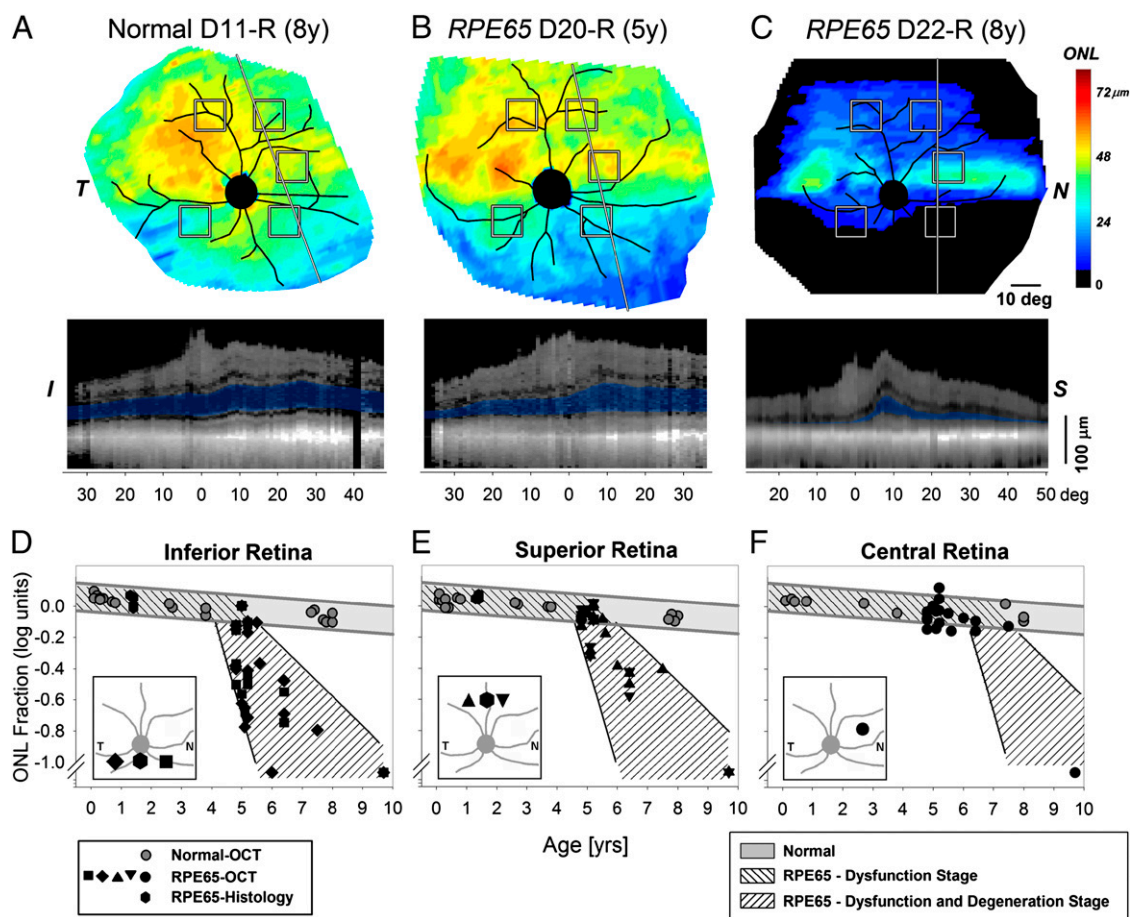


Fig. 3. Natural history of retinal degeneration in *Rpe65*-mutant dogs shows regional effects. (A–C) Photoreceptor (ONL) thickness topography in a normal dog compared with two *Rpe65*-mutant dogs at different ages. ONL thickness topography is mapped to a pseudocolor scale. *I*, inferior; *N*, nasal; *S*, superior retina; *T*, temporal. Reconstituted OCT scans along a superior–inferior meridian (line) are shown in *Lower* with the ONL layer highlighted in blue. Retinal distances are specified relative to the point closest to the optic nerve. Note that the OCTs shown are reconstituted from ultra-wide angle maps covering more than $80^\circ \times 80^\circ$ ($\sim 24 \times 24$ mm) sampled at 1° . (D–F) ONL thickness quantified as a function of age at five retinal locations (shown as squares in A–C): two inferior loci (D), two superior loci (E), and a nasal central visual streak locus (F). Gray symbols represent normal animals; black symbols represent *Rpe65*-mutant dogs. Gray lines approximate the expected range of normal results. Hatched regions within gray lines show the dysfunction-only stage, and hatched regions within black lines show the dysfunction and degeneration stage of *Rpe65* disease. *Insets* are $60^\circ \times 60^\circ$ and show the five retinal locations sampled with OCT and two locations sampled with histology. Overlapping symbols have been moved horizontally to aid in their visibility.

Of interest, regardless of the expression of the *RPE65* transgene in the treated regions, there were no apparent changes in the size and number of the vacuolated RPE inclusions that are characteristic of the disease (35).

When gene therapy was performed in eyes of mutant dogs older than 4.8 y (Table S3), an age when at least part of the retina shows photoreceptor loss in most of the animals, visual function improved within 1 mo (Fig. S2), but retinal structural results obtained 1 y later did not show a positive modification of the natural history of photoreceptor degeneration (Fig. 4 F–J). Illustrating these results are D19 injected in the infero-temporal retina (Fig. 4F) and D22 injected in the supero-nasal retina (Fig. 4G) at ages 5.1 and 6.4 y, respectively. When imaged more than 1 y later, there was no obvious retention of ONL thickness corresponding to the treated regions. Quantitative results in dogs treated after 4.8 y of age (D16, D17, D19, and D22) showed ONL fraction consistent with the expected natural history of disease both in treated (Fig. 4 H–J, green symbols) and untreated (Fig. 4 H–J, red symbols) locations. These results are consistent with the hypothesis that gene therapy after the onset of retinal degeneration did not substantially modify the natural history of disease in the mutant dog.

Discussion

Gene augmentation therapy for human *RPE65*-LCA, as performed in four independent clinical trials, has resulted in substantially improved visual function within days to weeks after treatment (7–10), and the functional gain has been durable for as long as 3 y (11, 36) (Fig. 2C). These positive results bode well for the ability of gene therapy to partially ameliorate the severe and lifelong visual impairment experienced in *RPE65*-LCA. It is important to remember, however, that this vision loss is caused by a combination of a biochemical chromophore deficiency and a progressive degeneration of cone and rod photoreceptor cells (3). Restoration of *RPE65* expression through gene therapy is thought to treat the chromophore deficiency, but it has also been assumed that treating the primary biochemical deficiency would slow or arrest the (presumed) secondary degeneration. Here, we test this assumption by determining if there is progression of retinal degeneration in patients with *RPE65*-LCA treated with gene therapy. We find that gene therapy causes substantial and durable vision improvement but does not slow the natural history of photoreceptor degeneration. Our findings have similarities to treatments applied to the CNS that lessen symptoms but do not slow the neurodegeneration (37, 38). The practical implication

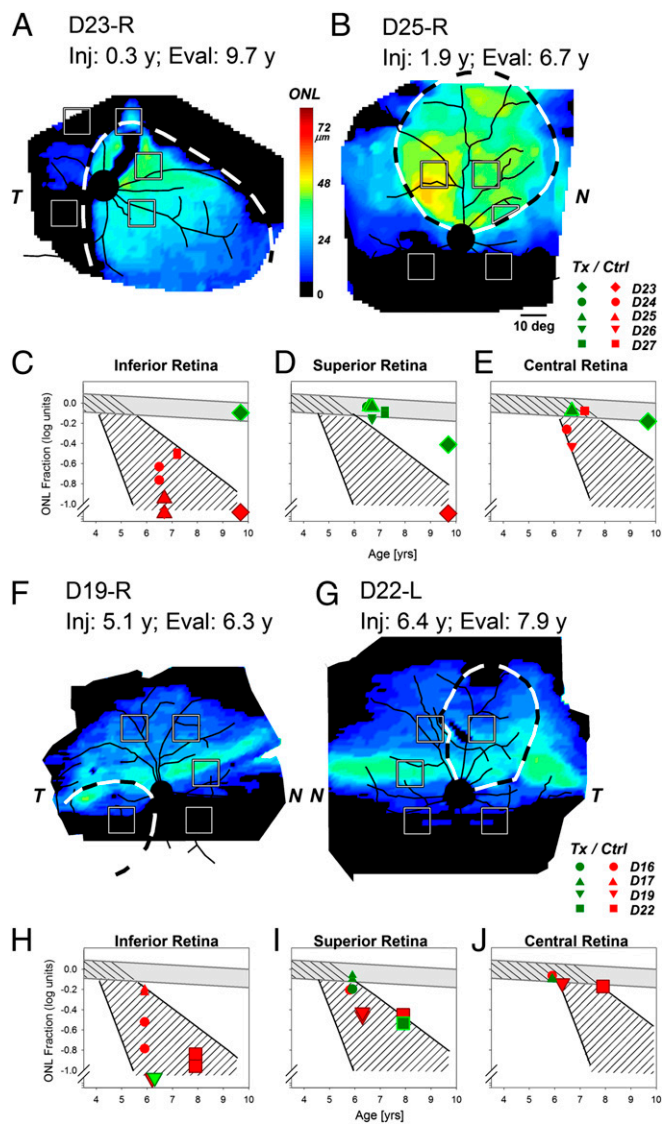


Fig. 4. Gene therapy applied before and after the onset of retinal degeneration in *Rpe65*-mutant dogs. (A and B) Photoreceptor (ONL) thickness topography in two dogs (D23 and D25) treated before the onset of the degeneration and evaluated ~5–9 y later. There is much better retention of ONL thickness within the treatment region (dashed lines) compared with outside the treatment region. (C–E) ONL thickness quantified as a function of age at five retinal locations in five dogs treated before the initiation of degeneration. Red symbols correspond to retinal locations outside the treatment region, and green symbols correspond to locations within the treatment region. (F and G) ONL thickness topography in two dogs (D19 and D22) treated after the onset of degeneration. There is no evidence for thicker ONL within the treatment regions compared with outside the treatment regions. (H–J) ONL thickness quantified as a function of age at five retinal locations in treated eyes. Both untreated control (red symbols) and treated (green symbols) regions are not substantially different compared with the natural history of disease. Larger symbols in C–E correspond to data shown in A and B, and larger symbols in H–J correspond to data shown in F and G.

of our results is that human treatments of *RPE65*-LCA should address the need to slow or arrest the retinal degeneration that is present and ongoing in these patients, no matter how young they are when considered for enrollment in clinical trials to treat the dysfunction component of their complex disease.

To determine success of any treatment intended to slow the rate of retinal degeneration, an estimate should first be made of the

rate of natural progression without treatment. For *RPE65*-LCA, the momentum toward treatment in the clinic was so great after proof-of-concept success in animals that there was no waiting for natural history data to emerge. Treatment for a genetic retinal disease, for the first time in history, took priority, and early reports of visual improvement seemed to validate that it was unnecessary to establish a rate of retinal degeneration. Now, as plans are announced to extend these initial trials to treating very young patients, both eyes, and greater retinal areas, we felt the need to revisit first principles. We made serial measurements of ONL thickness in untreated eyes of *RPE65*-LCA patients and estimated the rate of photoreceptor loss to be, on average, $-0.04 \log_{10}/y$ ($-9.6\%/y$) under a delayed exponential model of disease (25, 39–41). This progression rate is comparable with the rate estimated in a different retinal degeneration caused by *MYO7A* mutations using similar methods and longitudinal data (26) and within the range of progression rates estimated from visual function measures in other retinal degenerative diseases (25, 40, 41).

How do our estimates of the rate of progression of retinal degeneration in human patients compare with animal models of *RPE65*-LCA? *Rpe65*^{-/-} mice show an onset of degeneration near 3–4 mo (4, 42) and a degeneration rate averaging $-0.22 \log_{10}/y$ (21). Assuming an allometric relationship between rates of neurodegeneration and maximum lifespan (33), the *Rpe65*^{-/-} mouse disease is much slower than human disease (6, 19–24, 43–45), with an onset that is equivalent to 9–12 human y and a rate that corresponds to $-0.006 \log_{10}/human\ y$. *RPE65*-mutant dogs were also known to have slow photoreceptor degeneration (5, 29, 30, 32), but the details of spatiotemporal progression were unknown. Our results showed that the onset of degeneration ranges from 5 to 8 y depending on retinal location. By allometric scaling, this range corresponds to 31–48 human y. The progression rate in *RPE65*-mutant dogs averaged $-0.33 \log_{10}/y$, corresponding to $-0.05 \log_{10}/human\ y$. Thus, both murine and canine models show an extended period (up to 25% of their lifespan) with a retina-wide dysfunction-only phase that does not seem to have an equivalent in human *RPE65*-LCA at any age observed to date (6, 19–24, 43–45). Human *RPE65*-LCA is best modeled in older animals clearly displaying the dysfunction as well as degeneration phases of *RPE65* disease. During this combined phase, the rate of progression in the canine model seems to be more similar to the human disease compared with the rate observed in the murine model.

Preclinical experiments of gene augmentation therapy have been mostly performed in young *RPE65*-mutant animals at a disease stage preceding the onset of photoreceptor degeneration, and most investigations have focused on the restoration of visual function and safety of the intervention (12, 13, 34, 35, 46–52). Here, we evaluated the retinal degeneration in five younger dogs treated during the dysfunction-only stage of disease by longitudinally following them for 5–11 y after treatment. The results showed unequivocal survival of the photoreceptors within the treated region that would have otherwise degenerated. Non-invasive OCT studies localized the region of preservation, and histological studies showed intact ONL and preservation of inner retinal layers. Our studies confirm and extend previous studies (14, 17, 35), and they support the hypothesis that, in *RPE65*-mutant dogs, early treatment of the primary RPE defect prevents the later onset of photoreceptor degeneration. Similar experiments in mutant mice treated early with gene therapy have shown survival of cone (12, 13, 15, 16) and rod photoreceptors (49). Investigation of the mechanism(s) causing photoreceptor cell loss (18, 53–56) has been mostly performed in untreated eyes to date. Extension of such studies to eyes undergoing gene therapy (18) would be important to clarify molecular underpinnings of the observed modification of natural history. Furthermore, the newly discovered vitamin A isomerization pathway originating in Muller

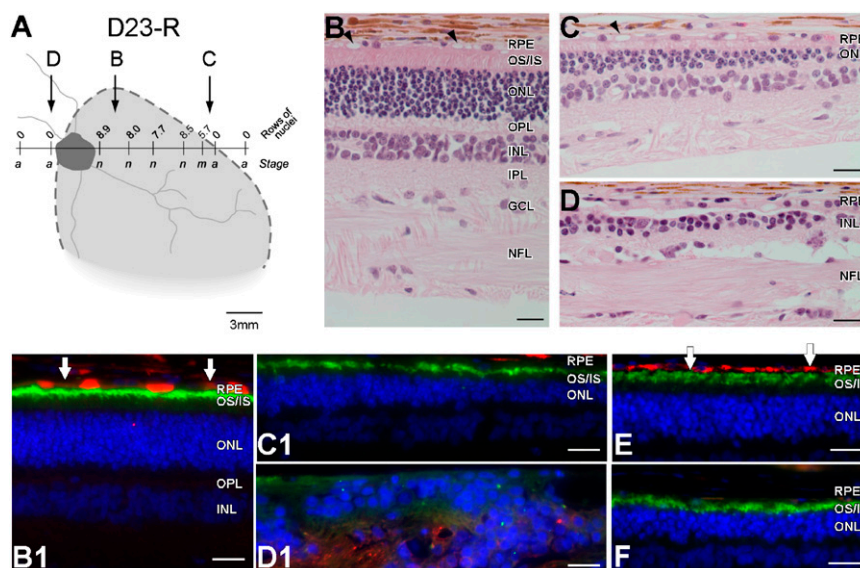


Fig. 5. Histologic evaluation of the *RPE65*-mutant dog D23 treated at 0.3 y before the onset of retinal degeneration shows remarkable rescue of photoreceptors from degeneration when assessed over a decade later. (A) Schematic representation of the *en face* image showing the treatment area (dashed lines), on which is superimposed the ONL rows (mean of three values in area sampled) and disease staging (a, advanced atrophy with gliosis and loss of retinal layer organization; m, moderate photoreceptor loss with 1/3 to 1/2 of ONL remaining; n, normal) assessed at 11.2 y. (B–D) Representative photomicrographs taken from areas identified in A. In the treatment area, there is normal retinal preservation (B), although the RPE shows vacuolated inclusions typical of the disease (arrowheads). At the edge of the treatment border (C), the photoreceptor layer becomes markedly attenuated and is absent (D) outside of the treatment region. (B1, C1, and D1) Double immunolabeling with RPE65 (red) and rod opsin (green) taken from regions corresponding to B–D. Labeling in RPE is present inside the treatment region (B), with some cells intensely labeled and others (vertical arrows) showing weaker immunolabeling. In the transition zone (C1), RPE65 labeling is absent, and opsin labeling reflects rod OS shortening and disorientation; outside the treatment area (D1), the photoreceptor layer is absent, and the inner nuclear layer (INL) is disorganized. (E and F) Control sections from WT dog (E) and *RPE65*-mutant dog in early stages of degeneration (F) show, respectively, the presence (red) or absence of specific RPE65 immunolabeling in the RPE. GCL, ganglion cell layer; NFL, nerve fiber layer; OPL, outer plexiform layer; OS/IS, outer and inner segment layer; INL, inner nuclear layer; IPL, inner plexiform layer. (Calibration: 20 μ m.)

cells and subserving cones (57) may be found to contribute to the differences in (cone or rod) photoreceptor survival.

Our cohorts of *RPE65*-LCA patients who received gene therapy (9, 11, 36) showed remarkable and lasting improvements in visual function, but our serial measurements of ONL thickness now show that photoreceptor loss has continued along a trajectory no different from the expected natural history. In parallel experiments that we performed in older *RPE65*-mutant dogs, gene therapy applied after the onset of retinal degeneration did not seem to increase photoreceptor survival. To explain both findings, we postulate that there exists a critical limit in terms of accumulating molecular changes that are detrimental to photoreceptor survival under this condition of severe *RPE65* dysfunction. There is evidence for molecular changes occurring in rod and cone photoreceptors in the predegenerative phase of *RPE65* disease (17, 18, 32, 54, 58), and a specific translocation of one of the proapoptotic Bax isoforms from the cytosol to mitochondria has been observed to correlate with the initiation of photoreceptor cell loss (54, 55). To date, there has been a paucity of murine studies of gene therapy in older animals after the onset of retina-wide rod degeneration (6, 59). Expansion of such studies is required to better understand the molecular changes that are associated with inevitable loss of photoreceptors or successful protection from degeneration following gene augmentation therapy.

RPE65-mutant animals are not alone in requiring gene augmentation therapies to be applied in a predegenerative phase. Several murine models of primary photoreceptor diseases—such as mice with *Aipl1*, *Rpgrip1*, *Pde6b*, *Bbs4*, and *Cngb1* defects—show improved photoreceptor survival when therapies were applied before or at the early stages of retinal degeneration (60–64). To date, there has been only one demonstration of gene augmentation therapy applied after the onset of retinal degeneration that showed improved survival of photoreceptors (65). It remains

to be determined whether this difference in outcome of canine retinitis pigmentosa GTPase regulator (RPGR) disease vs. other photoreceptor or RPE diseases in mouse models is because of species differences in the pathophysiology of disease or other treatment variables.

Untreated eyes of *RPE65*-LCA patients showed abnormal but stable visual function at the same retinal locations that were showing progressive loss of photoreceptors over the same observation period. Similarly, in treated eyes, the improved visual function in the short term did not diminish in the longer term with the progression of degeneration. These pairs of seemingly paradoxical findings may be explained by a number of hypotheses alone or combined. Two of these hypotheses involve the source of the remnant function driven by a chromophore, the identity, source, and concentration of which are currently unknown. A first hypothesis proposes that in *RPE65*-LCA, unliganded opsin molecules are in excess to chromophore molecules. Then the available chromophore would effectively limit detection of light, and visual function would be lost only when degeneration reduces the number of opsin molecules to be equal or less than the chromophore molecules available. A second hypothesis is that the chromophore production increases with progression of *RPE65* disease and associated accumulation of retinyl esters within the RPE. This hypothesis has been raised to explain an age-related increase in sensitivity observed in *Rpe65*^{-/-} mice (21). An increase in chromophore production could partially compensate for the loss of photoreceptors by increasing the proportion of regenerated opsin molecules in remaining cells. A third hypothesis would involve cones as the basis of stable visual function and the majority of rods showing the progressive degeneration. All three of these hypotheses could possibly explain the results in untreated eyes with ~5 log units loss of light sensitivity but are unlikely to explain the observations in the treated eyes, where (rod-mediated) sensitivities can

approach within 1 log unit of normal. A fourth hypothesis, more consistent with our data, is that *RPE65*-LCA photoreceptors show a spectrum of preapoptotic cellular stress states. At one end of the spectrum are functionally silent cells that are next in line to be lost to degeneration, and at the other end are healthier and functionally potent cells that will survive the longest. In this case, degeneration would progress with a constant rate of exponential decay after the disease onset (25, 26, 39–41). Initially, there would be little loss of function, but later, vision would be affected more and more at the late-disease stages with RPE atrophy, when there is loss of a critical number of last-remaining functionally potent (rod and cone) photoreceptors. Preliminary evidence for such a progression is observed as falling off a “cliff” of visual function near the peripheral boundaries of the visual field (27).

Gene augmentation therapy in *RPE65*-mutant patients, mice, and dogs has shown relative safety and remarkable improvement in visual function (11, 16, 35). Future human studies are being proposed to continue and expand the same therapeutic strategy. However, there is mounting evidence for a need to refine the initial approaches. One need for refinement is to understand sufficiently the visual cycle of human foveal cones to make the treatment efficacious for visual acuity (11). Another need, revealed in the present study, would be to seek a more complete therapeutic outcome that involves both visual improvement and structural rescue in extrafoveal retinal regions. The latter direction can be determined experimentally in older *Rpe65*-mutant mice and dogs that show both dysfunction and degeneration

phases of the disease. In other words, there is a need to advance the therapy by taking a step back to proof-of-concept studies in animals at ages that better model the human patients. Among the possibilities to consider for refinement is delivery of agents to prevent the loss of retinal cells, such as neuroprotective, pro-survival, or antiapoptotic factors or antioxidants (66–69), sequentially or simultaneously with a more advanced version of gene augmentation therapy to increase chromophore to the remaining rod, extrafoveal cone, and foveal cone photoreceptors.

Materials and Methods

Human Subjects. Patients ($n = 23$) with *RPE65*-LCA were included (Tables S1 and S2). Informed consent was obtained. Procedures followed the Declaration of Helsinki guidelines and were approved by the institutional review board. Fifteen of the patients were enrolled in the clinical trial (NCT00481546). Methodological details are provided in *SI Materials and Methods*.

Dogs. *RPE65*-mutant ($n = 16$) and normal ($n = 11$) dogs were included (Table S3). All procedures involving animals (34, 35, 48, 65, 70) were performed in compliance with the Association for Research in Vision and Ophthalmology Statement for the Use of Animals in Ophthalmic and Vision Research and had Institutional Animal Care and Use Committee approval. Methodological details are provided in *SI Materials and Methods*.

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