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Designing Reliable Impact Evaluations

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The Workforce Investment Act

Implementation Experiences and Evaluation Findings

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15 Designing Reliable Impact Evaluations

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This chapter reviews the U.S. experience in evaluation of job training programs over the past 40 years, examines why it is so difficult to reliably estimate the impacts of training programs with nonexperimental methods, and discusses ways to make experimental evaluations more feasible and cost-effective. We focus exclusively on *impact* evaluations, studies that seek to measure the contribution of a training program to improving worker outcomes *above and beyond what the same workers would have achieved without the training* (known as the counterfactual). Other types of workforce-focused evaluations—such as process studies of program implementation, or participation analyses that examine program targeting—while important, are not considered here.

A major distinction in our discussion is between experimental impact evaluation methods and nonexperimental impact evaluation methods. The experimental method randomly assigns eligible applicants for a training program to two groups, a treatment group that is allowed to enter the program and a control group that is not allowed to enter the program. Only by chance will subsequent outcomes of the two samples differ, unless the training improves treatment group outcomes. The difference in average outcomes between the treatment and control groups, tested for statistical significance (to rule out chance as the explanation of the observed difference) is the measure of program impact.

Nonexperimental impact evaluation methods also measure outcomes for a sample of training program participants, but—not having done random assignment—have no similar control group to compare to; instead, preprogram earnings of participants or earnings of some set of nonparticipants (called a comparison group) must be used as the counterfactual. The challenge is how to find a valid comparison group and then how to control for any remaining treatment group/comparison group background differences. The obvious approach is to select the comparison group from those who were eligible for the program but chose not to enroll. However, given that they chose not to enroll, they must be different from those who chose to enroll.

The alternative is to choose a comparison group from among those not eligible to enroll (e.g., from a different time period or a different geographic area, or not meeting one of the enrollment conditions). Again, whatever the condition is that makes the comparison group ineligible to enroll will also make them different from those who did enroll. Of course, a nonexperimental evaluation can and would control for observed differences between the treatment group and the comparison group, but nothing guarantees either that the only differences are in observed characteristics, or that the nature of the correction for those observed differences is correct. Thus, as we argue in detail below, those commissioning nonexperimental evaluations will always be left with the nagging concern that the nonexperimental methods chosen were not successful in producing accurate impact estimates.

A BRIEF OVERVIEW OF U.S. EVALUATIONS OF TRAINING PROGRAM IMPACTS

Serious evaluation of government employment and training programs began in the United States in the 1960s, with nonexperimental impact analyses of programs funded by the Manpower Development and Training Act (MDTA). To estimate training impacts, analysts needed estimates of earnings with training and estimates of the counterfactual—what earnings would have been, for the same individuals, without training. Earnings with training were observed. The challenge was to estimate earnings without training. Some early MDTA studies took preprogram earnings for trainees as the benchmark. The impact of treatment could then be estimated as the change in earnings from before training to after training.¹ This approach clearly gave estimates of program impacts that were too large, and the reason was clear. People generally enter job training programs when they are at a low point in their labor market trajectory—e.g., when they are unemployed. As a result their earnings tended to rise, even quite substantially, even without training's assistance. The pre–post change measure credited this natural rebound to the employment and training intervention, giving the appearance of a program impact where there was none.

As it became clear that preprogram earnings were not a good counterfactual, MDTA analysts turned to comparison group strategies, in which training participants' counterfactual earnings were estimated using a sample of similar workers in a comparison group who did not enroll in training. As noted above, the measure of program impact was the difference in average outcomes between participant and comparison group members, usually adjusted for measured differences in background characteristics between the two populations.

In the 1970s, the USDOL sponsored a number of comparison group-based evaluations to measure the impacts of their training programs and demonstrations from that decade. Launched with high expectations, these efforts ended in disappointment. In many cases, the results were unclear or inconsistent; in others, they were overshadowed by controversy, often acrimonious, about the ability of the methods used to produce accurate results. The first of these efforts was a series of evaluations of the USDOL's major job training program for disadvantaged workers, CETA. The second was a set of over 400 demonstrations of employment and training programs for youth under the Youth Employment Demonstration Program Act (YEDPA). Most of these demonstrations involved nonexperimental evaluations.

More than a half dozen CETA evaluations produced widely divergent estimates of the impact of the program on participants' earnings, even though all the studies were based on essentially the same data (Barnow 1987). These differences in results were apparently due to differences in the assumptions underlying nonexperimental methods. And since those assumptions could not be tested or verified with data, there was no way to know which estimates were most reliable.² Moreover, when researchers applied the same set of nonexperimental methods to data drawn from a social experiment, where the experimental estimate provided an unbiased benchmark, the results were again widely dispersed and generally did not replicate the experimental findings (LaLonde 1986; Maynard and Fraker 1987; Heckman and Smith 1995). This experience led an expert panel convened to advise the USDOL on the evaluation of JTPA to recommend strongly that JTPA be evaluated with experimental methods (Stromsdorfer et al. 1985).

Similarly, when evaluations of YEDPA of the late 1970s were reviewed by a National Academy of Sciences committee, the committee concluded that "Despite the magnitude of the resources ostensibly devoted to the objectives of research and demonstration, there is little reliable information on the effectiveness of the programs in solving youth employment problems . . . It is evident that if random assignment had been consistently used, much more could have been learned" (Betsey, Hollister, and Pappageorgiou 1985, p. 22).

These recommendations led to the National JTPA Study, in which over 20,000 job training applicants in 16 local programs across the country, including both adults and youths, were randomly assigned either to go into the program or into a control group that was excluded from the program. The study had two major conclusions: 1) that the adult program components were cost-effective, and 2) that the youth programs had no discernable positive effects, and for some youths (those with arrest records) might have had a negative effect (Orr et al. 1995). When the study findings were released, Congress cut the youth program by 90 percent but maintained funding for the adult program.

Since the JTPA study, the USDOL has successfully used randomized designs for many of its other program evaluations and demonstration projects. For example, Job Corps, a residential training program for youth, was evaluated with an innovative design in which a national probability sample of sites was drawn and a small number of program applicants were randomly assigned to control status in each site (Schochet et al. 2008). The USDOL also followed up on the negative findings for youth in the JTPA evaluation by testing two approaches that had shown promise in previous evaluations—that of the Center for Employment Training (Miller et al. 2005) and the Quantum Opportunities Program (Schirm et al. 2006)—in an attempt to find more effective ways to serve disadvantaged youth. Because the studies had randomized designs, there was no disputing the findings when they showed both programs to be ineffective.

Reliance on experimental designs has continued at the USDOL up to the present. For example, a recent randomized study of Project GATE (Growing America through Entrepreneurship) measured the impact of providing microenterprise start-up services on participant employment and earnings (Benus et al. 2008). The USDOL's evaluation of Individual Training Accounts randomized consumers between three different voucher/counseling approaches (McConnell et al. 2006) to get unbiased measures of the *differential* effectiveness of the three strategies. A similar approach is being taken in the WIA impact evaluation, which will use random assignment to determine which consumers participate in which WIA program components (Mathematica Policy Research 2009). Another randomized study just under way at the USDOL, the Young Parents Demonstration, will have a true control group that receives no special services.³

THE CURRENT CONSENSUS

Frustration with the failure of nonexperimental methods to yield unequivocal estimates of program effects in cases such as CETA and YEDPA led to a consensus among evaluation specialists within the U.S. federal government that, where feasible, random assignment is the method of choice for evaluating public programs. Bell (2003) has argued that random assignment is almost always possible in federal workforce evaluations, even for mainline labor market interventions like local economic development assistance and UI benefits. This consensus among the technical experts has in turn led policymakers to accept experimental designs not only as scientifically accurate, but also as a way to avoid the methodological debates that often accompany the presentation of nonexperimental results, detracting from their credibility and deflecting the policy discussion from substance to method.

Experimental methods are also appealing to policymakers for their simplicity. In contrast to the statistical complexity of many nonexperimental methods, the experimental method is relatively simple and

intuitively understandable. Even nontechnical policymakers can appreciate the logic of a contrast between two groups, one exposed to the program and the other not, but differing otherwise only by chance. This makes experimental studies more accessible and credible to laypeople in the policy process.

For these reasons, not only has the number of social experiments funded and conducted in the United States increased enormously over the last three decades, but on a number of occasions, random assignment evaluations have been mandated by Congress.⁴ For example, the landmark welfare reform act passed in 1996 directed the Secretary of Health and Human Services to evaluate the programs funded under the act and "to the maximum extent feasible, use random assignment as an evaluation methodology."⁵ Similarly, the Education Sciences Reform Act of 2002, which established the Institute of Education Sciences, defined "scientifically valid education evaluation" as evaluation that "employs experimental designs using random assignment, when feasible, and other research methodologies that allow for the strongest possible causal inferences when random assignment is not feasible"⁶ Congress has mandated random assignment evaluations of a number of specific programs in health, labor, housing, welfare, and education.

CHALLENGES TO THE CONSENSUS

One might ask, of course, whether nonexperimental evaluation methods have become more reliable in the 25 years since the publication of the National Academy of Sciences panel conclusions quoted above. There has, in fact, been a great deal of work on nonexperimental estimators during that period, and there is some evidence that they have gotten more reliable. Using the same dataset that LaLonde (1986) employed in his classic analysis of nonexperimental evaluations of CETA, Dehejia and Wahba (1999) show that the propensity score matching approach proposed by Rosenbaum and Rubin (1983) could replicate the experimental estimates with remarkable fidelity. And a recent meta-analysis by Greenberg et al. (2006) shows that, on average, 20 nonexperimental impact analyses of six job training programs yielded estimates that were quite similar to those obtained by nine randomized experiments.

After closer examination, however, these studies are less encouraging than they might originally seem. A reanalysis of the Dehejia-Wahba study by Smith and Todd (2005) found that the results were strongly sensitive to sample selection and specification of matching variables. In particular, although it was possible to find a nonexperimental approach that yielded estimates similar to the (known) experimental results, equally plausible approaches—in fact, only slight variations in the nonexperimental methods—yielded results different (sometimes very much so) from the experimental results. This is similar to the range of estimates from apparently reasonable nonexperimental methods which was noted by the National Academy of Sciences and others 25 years ago.

In Greenberg et al.'s meta-analysis, the nonexperimental studies reviewed evaluated different programs than the experimental studies examined.⁷ The finding of no difference, on average, between experimental estimates for one set of programs and nonexperimental estimates for another set of programs does not address the key question—whether nonexperimental methods estimate the true impacts *for a given pro-gram*. Furthermore, Greenberg et al.'s study seems to confound period with method: all but one of the nonexperimental estimates are from before 1988, and all but two of the experimental estimates are from after 1988.

TESTS OF NONEXPERIMENTAL ESTIMATES AGAINST EXPERIMENTAL BENCHMARKS

A number of studies do compare experimental and nonexperimental impact estimates of job training impact for the same program, and they consistently find that nonexperimental estimates fail to replicate the experimental findings when taken one program at a time. Pirog et al. (2009), for example, examine 18 articles that explicitly compared propensity score matching (PSM), difference-in-differences (DD), or regression discontinuity design (RDD) estimates with estimates for the same program drawn from randomized experiments. Their summary assessment was that "... all [econometric corrections] are sensitive to the sampling frame and analytic model used ... these corrections do not uniformly and consistently reproduce the experimental results; therefore, they cannot be relied upon to provide a satisfactory substitute for random assignment experiments" (p. 171).

Of particular relevance here is one of these studies, Glazerman et al. (2003), which examines 17 "within-study" comparisons of experimental and nonexperimental estimates of the impacts of training programs—i.e., studies that used both a randomized control group and a nonexperimental comparison group to estimate impacts for the same program. On the basis of their review, Glazerman et al. conclude that nonexperimental methods often produce estimates that differ from experimental findings by policy-relevant margins. The other paper that looks predominantly at nonexperimental validation studies for employment and training programs is Bloom et al. (2005). The bottom line of that assessment is that "... with respect to what methods could replace random assignment, we conclude that there are probably none that work well enough in a single replication, because the magnitude of [program group versus comparison group] mismatch bias for any given nonexperimental evaluation can be large" (p. 224).

WHY IT IS NOT WORKING (THE NONEXPERIMENTAL APPROACH)

The inconsistent performance of nonexperimental methods in evaluations of job training programs is not surprising. Job training programs are characterized by a selection process that is very difficult to replicate in choosing a nonexperimental comparison group. As noted earlier, the most common case is that individuals apply to training programs when they have lost their jobs. This means that, at the point of application, their earnings are atypically low. Even without any intervention, many of these individuals would become employed again and their earnings would rise. Figure 15.1 shows the path of monthly earnings from the National JTPA Study (Orr et al. 1995) over a 30-month period beginning 12 months before application to the program (month 0). As can be seen, average earnings of program applicants bottomed out in the month prior to application and then rose steadily for the next 18 months to a level roughly double the preprogram level. This is without any assistance from the JTPA program; the figure charts the progress of the control group sample. This exhibit illustrates the famous "preprogram dip" first noted by Ashenfelter (1978), and the natural recovery from the dip.⁸

It is the net addition to this upward trajectory caused by the program that an experiment measures, using as its benchmark a control group that experiences the same preprogram dip as the training group and then exhibits the recovery from that dip that the training group would have experienced in the absence of training. To yield a valid estimate of program impact, a nonexperimental method must be able to replicate—either through selection of the comparison group or through statistical adjustments—both the preprogram dip and the subsequent natural recovery of earnings. Many of the methods frequently used in nonexperimental evaluations are not well-suited to this task.

For example, immediate preprogram earnings (in, say, months -8 to -1) cannot be used as the basis of matching program participants to

Figure 15.1 Earnings Relative to Month of Program Entry, JTPA Control Group



a comparison group. Such an approach will almost certainly result in a comparison group with lower normal earnings than the participants, whose earnings are temporarily depressed. Comparison group earnings will stay down in the outcome period while participant earnings naturally rise even if the intervention has no effect. This will impart an upward bias on the participant minus comparison group impact estimates. Nor can participant/comparison group differences be removed through time-invariant covariates (e.g., education, demographics, etc.) in impact regressions or by methods that model time-invariant error terms. The mismatch between participants and comparison group members concerns the dynamics of earnings patterns over time. This essentially rules out both the use of propensity score matching on baseline characteristics and fixed effects estimators.

We want to be clear that our position is *not* that nonexperimental methods are never successful. Our position is simply that one cannot count on their success *a priori* and—in the absence of a randomized evaluation of the same program—cannot reliably tell *ex post* whether they have been successful. From over 40 years of experience with these methods, the American evaluation community has come to the conclusion that, if we are to base policy on evaluation results, the stakes are too high to accept this kind of risk and uncertainty. Until the evaluation community is convinced that some nonexperimental method can produce consistently reliable estimates of program impact in a given policy area, policymakers in that area will remain skeptical of all nonexperimental estimates. To date, whenever such estimators have been tested against an experimental benchmark they have been found wanting.

However, our critique suggests necessary critieria for a more reliable approach to designing nonexperimental methods to estimate training impacts: statistically control for (e.g., via regression, or better, propensity score matching) detailed patterns of pretraining employment and earnings when comparing participant and comparison group postprogram outcomes to obtain impact measures. The control variables used should include variables that measure the time pattern of earnings prior to job loss (this would have to be measured well before job loss) and the timing of job loss (i.e., binary employment indicators, perhaps by quarter). Recent work by Hollenbeck (2011) and Heinrich, Mueser, and Troske (2008) satisfies these necessary criteria. Nevertheless, we suspect that these necessary criteria are not sufficient; i.e., that even these improved propensity score methods controlling for rich measures of recent employment and earnings will not replicate "gold standard" experimental results. These improved methods are simply not that different from the earlier approaches (e.g., Heckman, Ichimura, and Todd 1997; Bloom, Michalopoulos, and Hill 2005) that have failed replication. More precisely, we can sometimes find nonexperimental methods that pass a replication test, but this is not enough. To be useful, we need an algorithm—a rule specified before looking at the data—that identifies which estimate will be used; and it is that estimate that needs to pass replication, i.e., to provide an unbiased result just as does an experiment.

It is possible that the new results imply such an algorithm and that it would replicate the experimental results. But this has not been tested, and we are skeptical. We therefore urge the European Commission (EC) not to proceed with a purely nonexperimental approach until such an algorithm is proposed and shown to replicate multiple experimental results. Experiments take many years and they are expensive. Nevertheless, the alternative—making policy based on flawed nonexperimental methods—is much worse. The United States has gone down that path, spending billions of dollars on training programs which were later shown to have small or even negative impacts (e.g., JTPA; see Orr et al. 1995). Proceeding with unproven nonexperimental evaluation methods as a guide to policy is setting up the EC to repeat the United States' mistakes.

MAKING EXPERIMENTS MORE FEASIBLE AND AFFORDABLE

As a final point, we note that recent advances in experimental methods in the United States are making random assignment studies more feasible and affordable. Feasibility has been enhanced by a number of methodological developments, including:

• spreading the control group over many sites, so that very few individuals have to be turned away from program participation

by the random assignment "lottery" in any location—a method used in the National Job Corps Study (Schochet et al. 2001);

- allowing program operators to increase the odds of assignment to the treatment group for preferred applicants (proposed for the Upward Bound evaluation; Olsen et al. 2007); and
- conducting "bump up" experiments in which *more* of the intervention is applied to the treatment group than in a normal program, rather than applying *less* than the customary amount to the control group (proposed for evaluating the impact of UI benefits; Bell [2003]).

Beyond these methodological advances, advances in data collection strategies can substantially lower costs and increase data quality. Early evaluations of training programs used survey data. However, survey data have several major disadvantages: high cost, leading to relatively small sample sizes; nonresponse bias due to imperfect survey tracking and refusals; large measurement error for contemporaneous outcomes (Duncan and Hill 1985; Bound and Krueger 1991; Bound et al. 1994); and limited retrospective histories due to the weakness of recall.

With the spread of computer technology in the administration of (near) universal public programs (e.g., social insurance programs), the role of surveys and thereby the cost of data collection for evaluations can decline sharply, while simultaneously increasing coverage, data quality, and earnings history. In most cases, intermediate and long-term follow-up can be left entirely to administrative data, such as UI quarterly wage data or Social Security Administration annual earnings records. Surveys need only be used for short-term follow-up to determine usage of "similar" training services outside the program being studied and to capture richer descriptors of the employment obtained by sample members.

Existing direct comparisons suggest that findings from survey and administrative data are often qualitatively similar. However, administrative data clearly underreport earnings, apparently omitting earnings from the informal sector (Kornfeld and Bloom 1999; Wallace and Haveman 2007). There is also some evidence of differential nonresponse between treatment and control groups in surveys (Schochet, Burghardt, and McConnell 2008). In light of these mixed indicators, reliance on administrative sources of earnings data is certainly appealing for reasons of economy. It is on the economy and efficiency front that the USDOL now looks to improve its use of experiments.⁹ That random assignment studies provide the "gold standard" of scientific reliability has for now been firmly established as the main lesson of past and ongoing job training evaluations in the United States.

Notes

- 1. See Bell et al. (1995) for an in-depth history of U.S. training program evaluations and their impact estimation methodologies, from the MDTA era through the mid 1990s.
- 2. See Heckman and Hotz (1989) for a (much later) attempt to address this lack of ability to test implicit assumptions.
- Personal correspondence with Young Parents Demonstration study leader Karin Martinson, October 28, 2009.
- 4. Greenberg and Shroder (2004) summarize more than 200 completed social experiments; many more have been finished (and others initiated) in the five years since.
- 5. Public Law 104-193, Sec. 413(b)(2).
- 6. Public Law 107-279, Sec. 102 (19)(D).
- 7. In the one case where both a nonexperimental and an experimental evaluation of the same program were included, Job Corps, the latter was conducted 18 years after the former.
- For more recent analyses of the National JTPA Study data with respect to this issue, see Heckman and Smith (1999).
- 9. Discussions with ETA evaluation staff, October 29, 2009.

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