

1 **Research Article**

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3 **Preoperative brain imaging using functional near-infrared**  
4 **spectroscopy helps predict cochlear implant outcome in**  
5 **deaf adults**

6

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27

28 **Word/number counts:**

29 Introduction: 918

30 Discussion: 1,794

31 Number of tables: 6

32 Number of figures: 9

33

### 34 **Acknowledgements**

35 We thank the cochlear implant users and control subjects who took part in this study and the  
36 Nottingham Auditory Implant Programme for their help with recruitment. This research was  
37 funded by the National Institute for Health Research (NIHR) Biomedical Research Unit  
38 Program, and was partly supported by funding from the Medical Research Council. C.A.A.  
39 was supported by an NIHR doctoral award and by an educational sponsorship from Cochlear  
40 Europe Ltd. The views expressed are those of the authors and not necessarily those of the  
41 NHS, the NIHR, or the Department of Health.

42

43

44 **Abstract**

45 Currently it is not possible to accurately predict how well a deaf individual will be able to  
46 understand speech when hearing is (re)introduced via a cochlear implant. Differences in brain  
47 organisation following deafness are thought to contribute to variability in speech  
48 understanding with a cochlear implant and may offer unique insights that could help to more  
49 reliably predict outcomes. An emerging optical neuroimaging technique, functional near-  
50 infrared spectroscopy (fNIRS), was used to determine whether a preoperative measure of  
51 brain activation could explain variability in CI outcomes and offer additional prognostic  
52 value above that provided by known clinical characteristics. Cross-modal activation to visual  
53 speech was measured in bilateral superior temporal cortex of profoundly deaf adults before  
54 cochlear implantation. Behavioural measures of auditory speech understanding were obtained  
55 in the same individuals following six months of cochlear-implant use. The results showed  
56 that stronger preoperative cross-modal activation of auditory brain regions by visual speech  
57 was predictive of poorer auditory speech understanding after implantation. Further  
58 investigation suggested that this relationship may have been driven primarily by group  
59 differences between pre- and post-lingually deaf individuals. Nonetheless, preoperative  
60 cortical imaging provided additional prognostic value above that of influential clinical  
61 characteristics, including the age-at-onset and duration of auditory deprivation, suggesting  
62 that objectively assessing the physiological status of the brain using fNIRS imaging  
63 preoperatively may support more accurate prediction of individual CI outcomes. Whilst  
64 activation of auditory brain regions by visual speech prior to implantation was related to the  
65 CI user's clinical history of deafness, activation to visual speech did not relate to the future  
66 ability of these brain regions to respond to auditory speech stimulation with a CI. Greater  
67 preoperative activation of left superior temporal cortex by visual speech was associated with  
68 enhanced speechreading abilities, suggesting that visual-speech processing may help to

69 maintain left temporal-lobe specialisation for language processing during periods of profound  
70 deafness.

71

72 **Keywords**

73 Cochlear implantation; Cross-modal plasticity; Functional near-infrared spectroscopy;

74 Prognostic imaging; Speechreading; Superior temporal cortex

75

## 76 **Introduction**

77 A cochlear implant (CI) can partially-restore hearing to profoundly deaf individuals. While  
78 cochlear implantation improves speech understanding for most users, large individual  
79 variability in CI outcome exists (Blamey et al., 2013; Lazard et al., 2010; Summerfield et al.,  
80 1995; UK, 2004). Prior to cochlear implantation, estimates of prognosis are used to set and  
81 counsel patients' expectations about their likely clinical outcomes and to inform their decision  
82 of whether or not to undergo cochlear implantation. The prognostic information available can  
83 also be used to help anticipate and tailor how rehabilitation resources can be optimally allocated  
84 and applied to patients. Thus, the ability to accurately predict clinical outcome is of great  
85 importance for both CI candidates and their clinical team.

86

87 Currently, estimates of CI outcome in adults are based on preoperative factors that include  
88 duration of deafness (Blamey et al., 2013; Holden et al., 2013; Summerfield et al., 1995), age-  
89 at-onset of deafness (Blamey et al., 2013; Teoh et al., 2004), residual hearing (Gantz et al.,  
90 1993; Lazard et al., 2012a), and hearing-aid use (Lazard et al., 2012a), amongst others.  
91 However, estimates suggest that these established factors, when taken in combination, can only  
92 account for up to 20% of the variability observed in CI outcome (Lazard et al., 2012a).  
93 Therefore, currently there is no accurate predictor of how an individual will fare with a CI, and  
94 identification of an accurate prognostic marker is crucial to help clinicians better predict  
95 clinical outcomes.

96

97 Differences in brain organisation and how it adapts to auditory deprivation may contribute to  
98 cochlear implant outcome. Evidence shows that the brain has a remarkable ability to adapt to  
99 sensory deprivation; in profoundly-deaf individuals, responses to somatosensory (Auer et al.,  
100 2007) and visual stimuli (Dewey et al., 2015; Finney et al., 2001) have been observed in

101 auditory brain regions. In deaf white cats, it has been shown that this cross-modal plasticity  
102 within auditory brain regions can compensate for deafness by supporting enhanced visual  
103 abilities, such as visual localisation and motion detection (Lomber et al., 2010). Likewise in  
104 humans, profoundly-deaf individuals can display superior visual speechreading skills  
105 compared to normal-hearing listeners (Auer & Bernstein, 2007; Rouger et al., 2007) that have  
106 been associated with enhanced activation of bilateral superior temporal cortex (STC) by visual  
107 speech (Capek et al., 2008) and faster neural processing of visual speech information within  
108 the STC (Suh et al., 2009). While this cortical plasticity may prove beneficial for  
109 communication following deafness (i.e., by supporting better speechreading), it has also been  
110 suggested that these adaptations to deafness may have a detrimental effect on auditory  
111 rehabilitation with a CI (Sandmann et al., 2012).

112

113 The idea that cortical plasticity could be detrimental to hearing restoration is supported by  
114 evidence from visual-evoked potential (VEP) studies in experienced adult CI users. These  
115 studies found that increased cross-modal activation of the right auditory cortex by non-  
116 linguistic visual stimuli was related to poor auditory speech understanding in pre- (Buckley et  
117 al., 2011) and post-lingually deaf CI users (Sandmann et al., 2012). Furthermore, right  
118 superior-temporal PET activation by speechreading, soon after cochlear implantation, was  
119 negatively correlated with auditory speech understanding following six months of CI use  
120 (Strelnikov et al., 2013). However, whether cross-modal activation of auditory cortex by visual  
121 speech before implantation is linked with auditory speech understanding with a CI remains  
122 unexamined (Anderson et al., 2017a; Campbell et al., 2014; Lyness et al., 2013).

123

124 To address this, we used functional near-infrared spectroscopy (fNIRS), an optically-based  
125 neuroimaging technique. fNIRS uses near-infrared light to non-invasively image the

126 haemodynamic response to neuronal activity (Boas et al., 2014; Huppert et al., 2009). Due to  
127 its optical nature, one of the major advantages of fNIRS is its compatibility with the magnetic  
128 and electronic components of CIs, making it an ideal imaging modality for testing CI  
129 populations, affording long-term and repeated neuroimaging of CI recipients using the same  
130 tool both pre- and post-operatively (Anderson et al., 2017a, 2017b). Here, we use fNIRS pre-  
131 operatively to investigate the relationship between cortical activation and future CI outcome.  
132 Along with the potential for post-operative follow-up of patients, the benefits of using fNIRS  
133 pre-operatively in this way include its portability and flexibility that enable patients to be  
134 scanned in more comfortable and less constrained environments, as well as its low running  
135 costs and short imaging times. All of these factors place fNIRS as a technique that could be  
136 readily integrated into clinical practice and CI candidacy assessments, if research shows it to  
137 offer valuable prognostic information.

138

139 We used fNIRS to measure activation to visual speech within the STC of deaf individuals  
140 before cochlear implantation. Firstly, we aimed to understand whether fNIRS measures of  
141 cross-modal activation obtained preoperatively could predict future clinical outcomes for CI  
142 candidates. To do so, we examined the relationship between preoperative cross-modal  
143 activation to visual speech and postoperative measurements of auditory speech understanding.  
144 Based on available evidence, we hypothesised that greater preoperative levels of cross-modal  
145 activation to visual speech within auditory cortex would predict poorer future speech  
146 understanding with a CI. Next, we investigated the influence of preoperative clinical factors,  
147 such as the duration and age at onset of deafness, that are known to influence CI outcome: we  
148 examined whether preoperative brain imaging using fNIRS could offer incremental prognostic  
149 information and value above that already provided by these known clinical factors. Lastly, to  
150 explore underlying mechanisms of the relationship between preoperative brain activation and

151 post-operative outcomes, we examined whether greater cross-modal activation to visual speech  
152 before implantation was associated with greater speechreading proficiency and weaker cortical  
153 response to auditory speech after implantation.

154

## 155 **1. Materials and methods**

### 156 **2.1 Participants**

157 The study was approved by the Nottingham 1 Research Ethics Committee (REC reference:  
158 12/EM/0016) and was sponsored by Nottingham University Hospitals NHS Trust (Research &  
159 Innovation reference: 11IH007). All participants were native English speakers with self-  
160 reported normal or corrected-to-normal vision, without any known language, cognitive, or  
161 motor disorder or previous brain injury. Three patients and two control subjects were left  
162 handed. All participants gave written informed consent before taking part.

163

164 Seventeen adults with bilateral profound deafness who had consented to cochlear  
165 implantation were recruited through the Nottingham Auditory Implant Programme. All  
166 participants met UK national guidelines for cochlear implantation (NICE, 2009). Namely,  
167 participants had unaided pure-tone air-conduction thresholds of  $\geq 90$  dB hearing level at 2 and  
168 4 kHz in both ears, a best-aided auditory word recognition score of  $\leq 50\%$  on the Bamford-  
169 Kowal-Bench (BKB) sentence test (Bench et al., 1979), and had been deemed suitable CI  
170 candidates by the Nottingham Auditory Implant Programme. For clinical characteristics of  
171 the sample see Table 1. All participants were implanted unilaterally with a Cochlear<sup>TM</sup>  
172 Nucleus<sup>®</sup> 6 device with CP910 sound processor that employed the advanced combination  
173 encoder (ACE<sup>TM</sup>) stimulation strategy. None of the participants experienced any  
174 complications during their CI surgery and no abnormalities were identified on post-operative  
175 X-ray. Furthermore, for all participants, all implantable electrodes were situated within the



176 cochlea and post-operative impedances were within normal range on all electrodes. All  
177 participants were stimulated in monopolar configuration, and comfort and threshold levels  
178 were estimated for each electrode position by the clinical team according to standard clinical  
179 protocols.

180

181 Seventeen normal-hearing (NH) adults were also recruited to serve as a control group. The  
182 group's mean age (57 years,  $SD=16.8$ ) was approximately matched to that of the CI users  
183 mean age (58 years,  $SD=13.9$ ). All participants had normal hearing thresholds, defined here  
184 as average pure-tone air-conduction hearing thresholds of  $\leq 20$  decibels (dB) across  
185 frequencies 0.5, 1, 2 and 4 kHz in both ears.

186

## 187 **2.2 Experimental design**

188 Preoperative brain imaging using fNIRS was conducted at the participants' earliest  
189 convenience after having consented to receive a CI, but before undergoing surgery (T0). At  
190 T0, CI users were tested in their best-aided condition, i.e. wearing their hearing aids if they  
191 used them in everyday life (see Table 1). Brain imaging was also conducted with NH control  
192 subjects to enable group comparisons of cortical activation. Behavioural measures of visual  
193 speechreading ability were also obtained at T0 for both groups. Post-operative behavioural  
194 measures of auditory speech understanding (CI outcome) were obtained in the same  
195 individuals approximately six months after activation of their CI device (T1, average duration  
196 of CI use = 6.13 months,  $SD=0.4$ ). At T1, CI users were tested in their best-aided condition  
197 wearing their preferred listening devices (i.e. CI and optional contralateral hearing aid). The  
198 mean retest interval between T0 and T1 for CI users was 8.2 months ( $SD=1.2$ ).

199

## 200 **2.3 Testing conditions**

201 Testing was carried out in a double-walled sound-attenuated booth. Participants were seated  
202 in front of a visual display unit at a viewing distance of one metre, with a centrally located  
203 Genelec 8030A loudspeaker mounted immediately above and behind the visual display unit.  
204 All stimuli were presented using the MATLAB<sup>®</sup> computing environment (Release 2014b,  
205 The MathWorks, Natick, MA). Visual components of the stimuli were presented on the visual  
206 display unit. To reflect the typical level of conversational speech, auditory components were  
207 presented through the loudspeaker at 65 dB SPL (A-weighted root-mean-square sound  
208 pressure level averaged over the duration of each sentence). This was measured at the  
209 listening position with the participant absent using a Brüel & Kjær 2250 sound level meter  
210 and free-field microphone (Type 4189). Prior to the commencement of each test, participants  
211 were provided with written instructions to ensure understanding and consistency of  
212 instructions given.

213

#### 214 **2.4 fNIRS data acquisition**

215 At T0, cortical activation was measured using a continuous-wave fNIRS system (ETG-4000,  
216 Hitachi Medical Co., Japan). The ETG-4000 is a commercial system that emits a continuous  
217 beam of light into the cortex and samples at a rate of 10 Hz. The system measures  
218 simultaneously at two wavelengths, 695 nm and 830 nm, to allow for the separate measurement  
219 of changes in oxygenated haemoglobin (HbO) and deoxygenated haemoglobin (HbR)  
220 concentrations. This specific choice of wavelengths has been shown to minimise cross-talk  
221 error between the two chromophores (Sato et al., 2004). A dense sound-absorbing screen was  
222 placed between the fNIRS equipment and the participant to attenuate the fan noise generated  
223 by the equipment. This resulted in a steady ambient noise level of 38 dB SPL (A-weighted).

224

#### 225 **2.5 fNIRS stimuli**

226 The Institute of Hearing Research (IHR) Number Sentences (Hall et al., 2005) were presented  
227 as speech stimuli during the acquisition of fNIRS measurements. The corpus comprised  
228 digital audio-visual recordings of 90 sentences, each spoken by both a male and female  
229 talker. Each of the sentences contained between four and seven words, three of which were  
230 designated keywords. For the purpose of this experiment, the speech material was presented  
231 in a visual-only condition (V-ONLY, i.e. speechreading) where the visual component of the  
232 recording was shown but the auditory component was muted. The speech material was also  
233 presented in an auditory (A-ONLY) and audio-visual (AV) condition that is reported and  
234 analysed elsewhere. Rest periods consisted of a uniform background with a fixation cross  
235 presented in place of the talker's mouth.

236

## 237 **2.6 fNIRS paradigm**

238 Thirty IHR number sentences were randomly selected without replacement for presentation  
239 in each of the conditions, with the restriction that an equal number were spoken by the male  
240 and female talker in each condition. The speech stimuli were presented in a block-design  
241 paradigm interleaved with rest periods. Each block comprised six concatenated sentences,  
242 evenly spaced to fill a 24 s block duration. Five blocks were presented for each stimulus  
243 condition. During these blocks, the participants were instructed to attend to the talker and to  
244 always try to understand what the talker was saying. To encourage sustained attention  
245 throughout the experiment, an attentional trial was presented after two of the 15 stimulus  
246 blocks. These blocks were chosen at random, and therefore the attentional trials occurred at  
247 unpredictable positions within the experimental run. Two seconds after the cessation of a  
248 chosen block, two alternative words were presented on either side of the fixation cross; in a  
249 two-alternative forced-choice task, participants were asked to press one of two buttons to  
250 indicate which word had been spoken in the immediately preceding sentence. Following the

251 participant's response, an additional 5 s rest was added to the start of the ensuing rest period.  
252 Rest periods were included to allow the haemodynamic response elicited by the stimulation  
253 block to return to a baseline level. The durations of the rest periods were randomly varied  
254 between 20 and 40 s in 5 s increments.

255

256 Prior to fNIRS scanning, participants first completed a short familiarisation run to ensure that  
257 they understood the experimental procedure. During the familiarisation session, one block of  
258 each of the conditions was presented. In order to avoid pre-exposure to the experimental  
259 stimuli, the familiarisation blocks comprised speech material (BKB sentences (Bench et al.,  
260 1979)) that were different from the material presented during the fNIRS measurements and  
261 the subsequent behavioural testing. Following each stimulation block, an example of the  
262 attentional control task was also presented.

263

## 264 **2.7 Optode placement**

265 Two 3×3 optode arrays were placed bilaterally over the participant's temporal lobes.  
266 Together these comprised ten emitter and eight detector optodes with a fixed inter-optode  
267 distance of 30 mm, providing a penetration depth into the cortex of approximately 15 mm  
268 (Strangman et al., 2014). This resulted in a total of 24 measurement channels (12 per  
269 hemisphere).

270

271 The optode arrays were positioned on the participant's head so as to ensure good coverage of  
272 the STC. Optode positioning was guided by the International 10-20 System (Jasper, 1958) to  
273 promote consistency across participants and test sessions. Specifically, on each side, the  
274 lowermost source optode was placed as close as possible to the preauricular point, with the  
275 uppermost source optode aligned towards Cz. Consistency of optode positioning across test

276 sessions at the individual level was further ensured by reference to photographs taken during  
277 the initial testing session.

278

279 To evaluate the consistency of optode positioning across individuals, the procedure was  
280 piloted on six adult volunteers who did not take part in the main experiment. After  
281 positioning the arrays as described above, the optode positions, plus anatomical surface  
282 landmarks, were recorded using the Hitachi ETG-4000's electromagnetic 3D Probe  
283 Positioning Unit. For each volunteer, the digitized optode positions were registered to a  
284 standard atlas brain, 'Colin27'(Collins et al., 1998), using the AtlasViewer tool (Aasted et al.,  
285 2015), allowing their locations to be visualized relative to underlying cortical anatomy. The  
286 standard deviation in the position of each optode was between 2.9 and 8.8 mm. Assessment  
287 of the mean optode positions suggested that the array provided good coverage of STC (Fig.  
288 1).

289

## 290 **2.8 Definition of Region of Interest**

291 The region of interest (ROI) was the posterior portion of bilateral superior temporal cortex  
292 (STC), based on evidence that speech is processed in the temporal lobes bilaterally (Hickok &  
293 Poeppel, 2007) and that fNIRS responses to speech are also expressed bilaterally in these  
294 regions (Wiggins et al., 2016). Examples of deafness-induced cross-modal plasticity have been  
295 reported in both hemispheres (Buckley et al., 2011; Chen et al., 2016; Doucet et al., 2006;  
296 Strelnikov et al., 2013), however the precise role of plasticity in each hemisphere remains  
297 uncertain (Anderson et al., 2017a). Therefore, in the first instance we examined activation  
298 bilaterally. However, recognising that each hemisphere has a different specialisation with  
299 regards to speech processing (Cardin et al., 2013; Hall et al., 2005; Lazard et al., 2012b; Zatorre  
300 & Belin, 2001), in follow-up analyses we examined each hemisphere separately.

301

302 In order to assess the sensitivity of our fNIRS measurements to the underlying cortical  
303 regions, using the AtlasViewer tool (Aasted et al., 2015) a Monte-Carlo code for simulating  
304 the probabilistic path of photon migration through the head (Boas et al., 2002) ('tMCimg')  
305 was run with  $1 \times 10^7$  simulated photons launched from each optode position. The resultant  
306 sensitivity profiles suggested that channels #9, 10 and 12 (left hemisphere) and channels #20,  
307 21 and 23 (right hemisphere) provided appropriate sensitivity to the posterior portion of STC  
308 (as reported in references (Anderson et al., 2017b; Wiggins et al., 2016)).

309

## 310 **2.9 Behavioural test of speech understanding**

311 The CUNY Sentence Lists (Boothroyd et al., 1985) were employed to obtain a measure of  
312 speech understanding. The CUNY corpus was employed primarily due to its routine use as a  
313 clinical outcome measure by CI programmes across the UK. Additionally, this corpus was  
314 not presented during fNIRS scanning, thus helping to limit training effects within and across  
315 testing sessions. The CUNY Sentence Lists include 25 standardised lists each comprising 12  
316 sentences that vary in length and topic. Each list contains between 101 and 103 words spoken  
317 by a male talker. Two CUNY lists (i.e. 24 sentences) were randomly selected without  
318 replacement for presentation in each stimulation condition. Speech understanding was  
319 measured in A-ONLY, V-ONLY, and AV conditions. However for the purposes of the  
320 present study we focus only on speechreading ability before implantation (T0) and auditory  
321 ability following six months of CI use (T1) as a measure of CI outcome. Whilst AV speech  
322 recognition is important in everyday life to CI users, traditionally, both preoperative CI  
323 candidacy and post-operative CI outcome are assessed by A-ONLY performance in UK  
324 clinics. Separate analysis of AV speech recognition using an additive model is fully reported  
325 in CAA's doctoral thesis (Anderson, 2016).

326

327 The 24 sentences were presented in random order. After each sentence presentation, the  
328 participant was instructed to repeat back all words that they were able to identify. All words  
329 correctly reported by the participant were recorded by the researcher on a scoring laptop  
330 before initiation of the next trial. The scoring method ignored errors of case or declensions.  
331 Prior to commencement of speech understanding testing, all participants completed a short  
332 familiarisation run. BKB sentences were employed during the familiarisation run in order to  
333 avoid pre-exposure to the CUNY corpus.

334

### 335 **2.10 Pre-processing of fNIRS data**

336 We used analysis methods similar to those used in a number of previous studies conducted in  
337 our laboratory (Dewey et al., 2015; Wiggins et al., 2015; Wiggins et al., 2016). Raw fNIRS  
338 recordings were exported from the Hitachi ETG-4000 into MATLAB for use with routines  
339 provided in the HOMER2 package (Huppert et al., 2009) and custom scripts. Raw light  
340 intensity measurements were first converted to change in optical density (Huppert et al.,  
341 2009). Wavelet motion correction was then performed to reduce the impact of motion  
342 artefacts on the fNIRS signal. Wavelet filtering can enhance data yield and has emerged as a  
343 favourable approach for use with fNIRS data (Molavi et al., 2012). The HOMER2  
344 `hmrMotionCorrectWavelet` function (based on (Molavi et al., 2012)) was used which assumes  
345 that the wavelet coefficients have a Gaussian probability distribution and so applies a  
346 probability threshold to remove outlying wavelet coefficients that are assumed to correspond  
347 to motion artefacts. A probability threshold was set to exclude coefficients lying more than  
348 1.5 inter-quartile ranges below the first quartile or above the third quartile.

349

350 Following motion-artefact correction, a bandpass filter of 0.01–0.5 Hz was applied to reduce  
351 sources of physiological noise in the data including high-frequency cardiac oscillations, low-  
352 frequency respiration and blood pressure changes. The fNIRS signal was next converted into  
353 estimates of changes in HbO and HbR using the modified Beer-Lambert law with a default  
354 differential path-length factor of six (Huppert et al., 2009). As bandpass filtering is unable to  
355 remove all physiological noise from fNIRS recordings (Huppert et al., 2009), the  
356 haemodynamic signal separation method of Yamada et al. (Yamada et al., 2012) was also  
357 applied. This algorithm separates the fNIRS signal into estimates of the functional and  
358 systemic components, based on expected differences in the correlation between HbO and  
359 HbR in each component. Specifically, a positive correlation between changes in HbO and  
360 HbR is assumed in the systemic component, whereas a negative correlation is assumed in the  
361 functional component. The functional component of the signal was identified by the  
362 algorithm, extracted from the fNIRS signal and retained for further analysis.

363

364 In order to quantify the level of cortical activation, the pre-processed fNIRS signal was  
365 subjected to an ordinary least squares general linear model (GLM). The GLM design matrix  
366 included three boxcar regressors, one for each stimulation condition. The two response  
367 periods following the two attentional trials were also modelled in the design matrix as  
368 transient events occurring at the time the two words were presented on screen. All regressors  
369 were convolved with the canonical haemodynamic response function provided in SPM8  
370 [<http://www.fil.ion.ucl.ac.uk/spm>]. After completing the first-stage OLS estimation at the  
371 single-subject level, we used the Cochrane-Orcutt procedure (Cochrane et al., 1949) to  
372 correct for serial correlation. Briefly, this involved fitting a first-order autoregressive process  
373 to the model residuals and transforming the original model according to the estimated



374 autoregressive parameter (see (Plichta et al., 2007)). We then re-estimated the beta weights  
375 based on the transformed model (second stage).

376

377 The beta weights of the canonical HRF term were extracted for each stimulation condition, at  
378 each measurement channel, and for each participant. As described above, the haemodynamic  
379 signal separation method employed here (Yamada et al., 2012) assumes a fixed linear  
380 relationship between HbO and HbR in the functional response. Therefore, the results of all  
381 statistical analyses are identical regardless of whether conducted on the beta weights  
382 extracted for the HbO or HbR parameter. For simplicity, only results pertaining to the beta  
383 estimates of the HbO parameter of the functional component are presented here. These beta  
384 weights were used to quantify the amplitude of cortical activation to speech compared to rest.  
385 The resultant beta weights were averaged across the ROI measurement channels and were  
386 subjected to further statistical analysis as outlined below.

387

## 388 **2.11 Pre-processing of behavioural data**

389 Auditory speech understanding and speechreading ability, measured using the CUNY  
390 Sentence Lists, were quantified as the percentage of words reported correctly (% correct). In  
391 order to make the data more suitable for statistical analysis, the rationalised arcsine transform  
392 (Studebaker, 1985) was applied using Matlab. Firstly the arcsine transform ( $T$ ) was applied as  
393 follows:

$$394 \quad T = \arcsine \sqrt{\frac{X}{N+1}} + \arcsine \sqrt{\frac{X+1}{N+1}}$$

395 The 'asin' function in Matlab was used to return the inverse sine (arcsine) for each value of  
396  $X$ , where  $X$  represents the total number of words reported correctly and  $N$  represents the total  
397 number of words presented. This was then transformed linearly:

398  $R = 46.47324337T - 23$

399 where  $R$  indicates the resulting rationalised arcsine-transformed score (rationalised arcsine  
400 unit, RAU). This transformation extends the original percent correct scale outwards in both  
401 directions from 50%, creating bigger differences as the extremes of the range are approached.  
402 Consequently, this transformation makes the rationalised arcsine scale linear and additive in  
403 its proportions whilst producing values close to the original percentage scores for values  
404 between approximately 15 and 85% (Studebaker, 1985). Subsequently, the transformed  
405 scores were subjected to statistical analysis.

406

## 407 **2.12 Statistical analysis**

408 Following the pre-processing of neuroimaging and behavioural data, resultant data were  
409 analysed using IBM® SPSS® Statistics software (Release 22.0, Armonk, NY: IBM Corp.).  
410 Bivariate linear regression analysis was performed to test whether bilateral STC response to  
411 visual speech before implantation was predictive of future CI outcome. Normality of the  
412 distribution of bilateral STC activation to visual speech was confirmed. While the  
413 Kolmogorov-Smirnov test indicated that the distribution of CI outcome data did not  
414 significantly differ from normality, visual inspection of the histogram did indicate slight  
415 negative skew, despite applying the rationalised arcsine transform to the raw performance  
416 data. This skew was somewhat anticipated given the significant benefits that cochlear  
417 implantation can provide, particularly within the first six months following implantation  
418 (Lenarz et al., 2012). However, post-hoc diagnostic measures of the regression model verified  
419 that the assumptions of bivariate linear regression were met: a scatterplot indicated linearity  
420 between the predictor and dependent variable, visual inspection of histograms and normal P-  
421 P (probability-probability) plots indicated that the standardised residuals of the regression  
422 model were normally distributed and that the assumption of homoscedasticity was met.

423

424 Multiple regression was conducted to examine whether pre-implant STC activation to visual  
425 speech provided incremental predictive value above that of influential clinical characteristics  
426 (covariates). For each regression model conducted, the covariate/s of interest was first entered  
427 as a predictor variable into Block 1, with pre-implant STC activation to visual speech then  
428 entered as a predictor into Block 2 of the model. For all models, histogram and scatterplots  
429 confirmed that the standardised residuals were normally distributed and the assumption of  
430 homoscedasticity was met. Furthermore, the Durbin-Watson statistic indicated that the  
431 assumption of independent errors was met, and the Variance Inflation Factor indicated that  
432 multicollinearity was low between the predictor variables in Block 2 of the models and was  
433 not problematic.

434

435 All data are publicly available through the University of Nottingham's Research Data  
436 Management Repository (<http://dx.doi.org/10.17639/nott.322>)

437

## 438 **2. Results**

### 439 **3.1 Does cross-modal activation to visual speech predict CI outcome?**

440 As anticipated, a high level of variability in CI outcome was observed across the group of CI  
441 users, with auditory performance ranging from 1–100% correct after six months of CI use.  
442 Both preoperative brain imaging and postoperative CI outcome data were available for 15 CI  
443 users: one participant displayed excessive motion and poor contact between fNIRS optodes  
444 and the scalp resulting in poor data quality. This participant was therefore not included in any  
445 analysis involving brain imaging data. Another CI user was withdrawn from the study at T1  
446 for unrelated medical reasons and was therefore not included in the outcome prediction  
447 analysis.

448

449 Bivariate linear regression analysis revealed that bilateral STC activation to visual speech  
450 before implantation was significantly predictive of future CI outcome,  $F_{(1,13)}=16.59$ ,  $p=.001$   
451 (Table 2, Model A). Furthermore, cortical activation to visual speech was able to explain 56%  
452 of the variance observed in CI outcome ( $R^2=.56$ ), with an adjusted  $R^2$  of .53 indicating good  
453 generalizability of the regression model. In line with our hypothesis, Fig. 2 illustrates that a  
454 negative relationship existed (Pearson's correlation coefficient  $r=-.75$ ,  $p=.001$ , 2-tailed),  
455 whereby individuals showing greater bSTC activation to visual speech before implantation had  
456 poorer auditory speech understanding following six months of CI use. We next conducted  
457 separate regression analysis of cortical activation to visual speech within the left and right STC  
458 (Table 2, Model B and C). This confirmed that the predictive relationship was not driven  
459 predominantly by one cerebral hemisphere (left STC:  $r=-.68$ ,  $F_{(1,13)}=10.85$ ,  $p=.006$ , 2-tailed;  
460 right STC:  $r=-.55$ ,  $F_{(1,13)}=5.69$ ,  $p=.033$ , 2-tailed).

461

462 Here, analysis was conducted across the whole group of CI patients ( $n=15$ ) as this participant  
463 group is representative of the heterogeneous population that present to clinical CI programmes.  
464 Whilst, we know that one of the most significant predictors of CI outcome is the age at which  
465 the onset of deafness occurs, this variable can only account for a small proportion of the overall  
466 variance in outcome in pre- and post-lingually deaf individuals (Summerfield & Marshall,  
467 1995).. Furthermore, when the onset of deafness occurs (pre- or post-lingually) can influence  
468 the extent of cortical plasticity that takes place and the association with future CI outcome  
469 (Buckley & Tobey, 2011). Indeed, it is apparent from Fig. 2 that group differences between  
470 pre- and post-lingually deaf individuals seem to be driving the predictive relationship observed  
471 here between cortical activation and CI outcome. To investigate this further, we next removed  
472 the five pre-lingually deaf subjects from the analysis. Bivariate linear regression analysis

473 showed that the predictive relationship between activation to visual speech and CI outcome  
474 could not be replicated in the remaining subgroup of post-lingually deaf individuals (n=10;  
475 bilateral STC:  $r=-.41$ ,  $F_{(1,8)}=1.576$ ,  $p=.245$ , 2-tailed; left STC:  $r=-.02$ ,  $F_{(1,8)}=.005$ ,  $p=.947$ , 2-  
476 tailed; right STC:  $r=-.33$ ,  $F_{(1,8)}=.982$ ,  $p=.351$ , 2-tailed). Therefore, the result appears to be  
477 driven by the subgroup of pre-lingually deaf individuals. Subsequently, confounding factors  
478 including the duration and age-at-onset of deafness are further explored in following analyses.  
479

### 480 **3.2 Can measuring cortical activation provide additional prognostic value?**

481 To investigate whether the preoperative cortical measure of bilateral STC activation to visual  
482 speech could offer incremental prognostic value above that of known clinical factors  
483 influencing CI outcome, we next considered its predictive ability when controlling for  
484 influential preoperative characteristics of the CI candidates, including the age-at-onset and  
485 duration of deafness prior to cochlear implantation (Blamey et al., 2013; Green et al., 2007;  
486 Lazard et al., 2012a; Summerfield et al., 1995; Teoh et al., 2004). Indeed, in Fig. 2, it can be  
487 seen that those individuals displaying the highest levels of pre-implant STC activation to visual  
488 speech and poorer CI outcome were pre- and peri-lingually deafened, whereas individuals  
489 displaying the lowest levels of pre-implant STC activation to visual speech and better CI  
490 outcome were predominantly post-lingually deafened. Furthermore, we have seen that the  
491 predictive relationship between activation to visual speech and CI outcome observed here could  
492 not be replicated when examining post-lingually deaf individuals alone. In addition, existing  
493 research has also demonstrated positive associations between speechreading ability and the  
494 amplitude of temporal-lobe response to visual speech in pre-lingually (Capek et al., 2008;  
495 Capek et al., 2010) and post-lingually deaf adults (Lee et al., 2007). However, the relationship  
496 between pre-implant speechreading ability and CI outcome is unclear, as both positive and

497 negative relationships are reported in the literature (Gantz et al., 1993; Hay-McCutcheon et al.,  
498 2005), respectively).

499

500 Subsequently, we examined 1) the age-at-onset of bilateral hearing loss, 2) the duration of  
501 bilateral hearing loss prior to implantation, and 3) the CI candidate's pre-implant speechreading  
502 ability as potential covariates that could have predictive power and influence the relationship  
503 between pre-implant cortical activation and future CI outcome. A Pearson's correlation matrix  
504 was used to examine the relationships between these clinical characteristics with i) pre-implant  
505 STC activation to visual speech, and ii) CI outcome (Table 3). This confirmed that associations  
506 between the covariates and predictor and dependent variable existed in the anticipated  
507 directions.

508

509 Separate hierarchical linear regressions were conducted to estimate the ability of bSTC  
510 activation to predict CI outcome independently of each covariate. The regression models  
511 indicated that including bSTC activation as a predictor added significant incremental  
512 predictive value above that of each of the covariates. Specifically, bSTC activation accounted  
513 for an additional 18% of the total variance in CI outcome above that already explained by the  
514 age-at-onset of deafness ( $\Delta R^2=.18$ ,  $\Delta F_{(1,12)}=5.78$ ,  $p=.033$ , Table 4), an additional 35% of the  
515 variance above that explained by the duration of deafness ( $\Delta R^2=.35$ ,  $\Delta F_{(1,12)}=9.73$ ,  $p=.009$ ,  
516 Table 5), and an additional 40% of the variance above that explained by speechreading ability  
517 ( $\Delta R^2=.40$ ,  $\Delta F_{(1,12)}=11.03$ ,  $p=.006$ , Table 6). Furthermore, the standardised beta coefficients  
518 ( $\beta$ ) of bSTC activation were significant in each regression model, indicating that pre-implant  
519 bSTC activation to visual speech was a significant individual predictor of CI outcome when  
520 controlling for the effects of the said covariate (see Tables 4-6).

521

### 522 **3.3 Mechanisms underlying the predictive relationship**

523 To investigate the mechanisms underlying the observed predictive relationship between pre-  
524 implant cortical activation and future CI outcome, we next explored whether this negative  
525 relationship with CI outcome was due to the recruitment of auditory brain regions by visual  
526 speech limiting the same regions' ability to respond to auditory speech stimulation with an  
527 implant. Correlational analysis revealed no evidence that greater bSTC activation to visual  
528 speech before implantation was associated with smaller bSTC activation to auditory speech six  
529 months after implantation ( $r=-.03$ ,  $p=.93$ , 2-tailed,  $n=15$ ). This suggests that a stronger STC  
530 response to visual speech during deafness does not preclude future activation of the same  
531 cortical regions by auditory stimulation with a CI.

532

533 We then further examined cross-modal activation of bilateral STC by visual speech to better  
534 understand what the activity may represent. Fig. 3 displays pre-operative activation patterns  
535 across the optode arrays using contrast image data. As can be seen here, cortical activations to  
536 visual speech (compared to rest) were largely non-significant across both CI and NH  
537 participants. Plotting the group-averaged time courses in the bilateral STC ROI revealed  
538 that plausible haemodynamic responses to visual speech were measured both in deaf individuals  
539 prior to implantation and NH control subjects (Fig. 4). Fig. 4 shows evidence of substantial  
540 between-subject variability in the amplitude of cortical activation to visual speech in both  
541 groups. These findings of non-significant and variable response amplitudes to visual speech  
542 are largely consistent with fMRI evidence, suggesting that these cortical-response features may  
543 reflect individual variability in the speechreading networks of both NH (Hall et al., 2005) and  
544 profoundly deaf adults (MacSweeney et al., 2001).

545

546 To examine whether cortical activations to visual speech differed between deaf individuals and  
547 control subjects, we conducted an independent samples t-test on the mean amplitude of bilateral  
548 STC response. This analysis showed no evidence of a significant group difference in amplitude  
549 of bilateral STC activation ( $t_{(31)}=.28$ ,  $p=.79$ , 2-tailed; Fig. 5). Inspection of the left and right  
550 hemisphere separately also revealed no evidence of a significant difference in cortical  
551 activation between the two groups (left:  $t_{(31)}=.07$ ,  $p=.94$ ; right:  $t_{(31)}=.36$ ,  $p=.72$ , both 2-tailed;  
552 Fig. 5). Therefore, the level of cortical activation to visual speech within auditory brain regions  
553 does not seem to be enhanced in deaf subjects, compared with NH individuals.

554

555 While no group-difference in STC activation to visual speech was observed, a Mann-Whitney  
556 U test indicated that a significant group difference in speechreading ability did exist ( $U=73.5$ ,  
557  $z=-2.45$ ,  $p=.01$ , 2-tailed; Fig. 6), with deaf individuals prior to implantation displaying greater  
558 speechreading abilities (Median = 12.5 RAUs,  $n=17$ ) compared to NH controls (Median = -  
559 9.2 RAUs,  $n=17$ ). Furthermore, correlational analysis revealed that pre-implant  
560 speechreading ability was positively associated with pre-implant bSTC activation to visual  
561 speech in the CI group ( $r=.57$ ,  $p=.026$ , 2-tailed,  $n=15$ , Fig. 7). Further exploration of this  
562 relationship showed that this positive association existed in the left hemisphere ( $r=.62$ ,  
563  $p=.013$ , 2-tailed,  $n=15$ , Fig. 8) but not in the right hemisphere ( $r=.35$ ,  $p=.19$ , 2-tailed,  $n=15$   
564 Fig. 8), in line with the suggestion that the left STC maintains its linguistic function during  
565 deafness regardless of the sensory input modality (Cardin et al., 2013). Conversely, there was  
566 no evidence of such a relationship between bilateral STC activation to visual speech and  
567 speechreading ability in the NH control group ( $r=.02$ ,  $p=.95$ , 2-tailed,  $n=17$ , Fig. 7).  
568 Therefore, greater STC activation to lip-reading may reflect a cortical adaptation in deaf  
569 individuals that provides a functional benefit by supporting better speechreading abilities, and  
570 which is predominately lateralized to the left hemisphere.



571

572 Further to this, bSTC activation to visual speech was seen to be negatively correlated with the  
573 age-at-onset of bilateral hearing loss ( $r=-.63$ ,  $p=.013$ , 2-tailed,  $n=15$ ; Fig. 9A), and was  
574 positively correlated with the duration of bilateral hearing loss ( $r=.55$ ,  $p=.034$ , 2-tailed,  $n=15$ ;  
575 Fig. 9B). That is, a greater amplitude of bSTC activation to visual speech was associated with  
576 an earlier onset and a longer duration of auditory deprivation. Therefore, the level of pre-  
577 implant cortical activation to visual speech within STC is associated with the patients' history  
578 of auditory deprivation.

579

### 580 **3. Discussion**

581 A clinically-viable objective tool that can help to more accurately predict outcomes following  
582 cochlear implantation is needed for use with adult CI recipients in order to better counsel their  
583 expectations and to help make more informed treatment decisions. Here we report  
584 neuroimaging and behavioural evidence from deaf adult CI candidates, indicating that fNIRS  
585 measurements of cross-modal activation to visual speech within auditory brain regions  
586 obtained preoperatively can provide additional prognostic information about future CI  
587 outcome. Specifically, stronger preoperative cross-modal activation of auditory brain regions  
588 by visual speech was predictive of poorer auditory speech understanding after implantation.  
589 However, this relationship appeared to be driven by group differences between pre- and post-  
590 linguually deaf individuals. Whilst the results suggest that, in principle, measures of cortical  
591 activation acquired before implantation could aid in the more accurate prognosis of CI  
592 outcome, if such cortical recordings are to be usefully applied in clinical practice, the sensitivity  
593 and specificity of the measure to predict good and poor CI outcome in individual candidates  
594 must first be established in a larger sample.

595

596 There is significant heterogeneity within adult CI-using clinical populations (e.g. Blamey et  
597 al., 2013; Lazard et al., 2010, 2012a), and so a heterogeneous group of CI candidates were  
598 recruited to this study in order to best represent a typical clinical sample. Participants were also  
599 tested in their best-aided condition as this enabled measurement of real-world, functional  
600 outcomes with a CI. While these differences in aiding amongst participants (see Table 1) could  
601 influence analysis of bilateral auditory activations, the current study focusses on bilateral  
602 cortical activation to silent visual speech (with no auditory stimuli present), and so this potential  
603 confound did not pose concern. Subsequently, the current sample consisted of serial patients  
604 listed for implant surgery from the Nottingham Auditory Implant Programme that included  
605 pre- and post-lingually deaf adult CI recipients, regardless of their duration of deafness, hearing  
606 aid history and deafness aetiology. Analysis of this heterogeneous group indicated that stronger  
607 preoperative cross-modal activation of auditory brain regions by visual speech was predictive  
608 of poorer auditory speech understanding after implantation. However, further investigation of  
609 the subgroup of post-lingually deaf individuals only showed that this relationship may be  
610 driven by group differences between pre- and post-lingually deaf individuals.

611

612 Indeed, it has been established that pre- and post-lingually deaf individuals may show different  
613 patterns of cortical reorganisation and levels of speech understanding with a CI. For instance,  
614 we know from existing studies that pre-lingually deaf subjects show greater cross-modal  
615 reorganisation in bilateral temporal lobes (Lee et al., 2001; Finney et al., 2001; Kral & Sharma,  
616 2012), which is linked to poor CI outcome (Buckley et al., 2011). Furthermore, it is well-  
617 established that a number of variables including the age-at-onset and duration of deafness can  
618 affect speech outcomes in adults with a CI (Blamey et al., 2013; Lazard et al., 2010, 2012a;  
619 Summerfield & Marshall, 1995). However, together such known variables only account for a

620 small proportion of variance in speech outcomes with a CI, and up to 80% of the variance  
621 remains unaccounted for in post-lingually deaf individuals (Lazard et al., 2012a).

622

623 As the predictive relationship observed here across the whole group appeared to be largely  
624 driven by such interrelated confounding factors, these were subsequently examined.  
625 Specifically, our analysis examined whether bilateral STC activation to visual speech before  
626 implantation was able to offer any predictive value above that already provided by influential  
627 clinical characteristics of the listener (see Tables 4-6), including the age at onset of deafness,  
628 duration of deafness, and speechreading ability. Both negative and positive associations have  
629 been reported between speechreading ability and CI outcome (Hay-McCutcheon et al., 2005;  
630 Gantz et al., 1993, respectively). Here, we observed a negative correlation between pre-implant  
631 speechreading proficiency and post-implant auditory performance ( $r = -.40$ ,  $p = .14$ , 2-tailed).  
632 Although this correlation did not reach statistical significance, the coefficient is consistent with  
633 a moderate correlation and thus was likely lacking power due to the small sample ( $n=15$ ).  
634 Whilst assessing speechreading ability would offer a simpler way of providing prognostic  
635 information compared to neuroimaging, here we show that fNIRS was able to provide unique  
636 predictive value (40%) over that explained by preoperative speechreading ability. Furthermore,  
637 a national study conducted in a large heterogeneous population has previously reported no  
638 evidence of a relationship between pre-implant speechreading ability and CI outcome ( $r = .16$ ;  
639 Summerfield & Marshall, 1995). Therefore, the value of speechreading proficiency as a pre-  
640 operative measure of post-operative outcome remains uncertain.

641

642 Amongst the clinical covariates examined here, the age-at-onset of bilateral HL was the only  
643 non-cortical factor that was able to significantly predict future CI outcome and was seen to  
644 correlate most highly with amplitude of STC activation to visual speech. Importantly, the

645 current findings indicated that preoperative activation to visual speech measured using fNIRS  
646 was able to provide significantly more and unique predictive value above the age-at-onset of  
647 bilateral HL, duration of deafness, and pre-implant speechreading ability. Thus, pre-implant  
648 imaging using fNIRS could offer objective, supplementary prognostic information that could  
649 help to improve upon the accuracy and reliability of current clinical predictions of CI outcome.  
650 However, due to sample-size limitations, it was beyond the scope of the current study to  
651 establish whether the fNIRS cortical measure could offer further explanatory power above all  
652 of these clinical factors combined. Further studies examining larger groups of pre-lingually  
653 deaf adults and post-lingually deaf adults separately would help to elucidate any potential links  
654 between the extent of cross-modal plasticity in auditory areas and CI outcomes.

655

656 In order to gain mechanistic insight into this unique predictive ability of the preoperative fNIRS  
657 measurements, we examined what pre-implant cross-modal activation to visual speech may  
658 have reflected. Existing reports show that adults with early-onset (Auer et al., 2007; Bernstein  
659 et al., 2000; Ellis et al., 2001) and late-onset deafness (Rouger et al., 2007) display greater  
660 speechreading abilities compared to NH listeners. Likewise, here we show that deaf individuals  
661 were more proficient at speechreading compared to NH control subjects, providing an adaptive  
662 strategy to aid spoken communication during deafness. Neuroimaging studies have  
663 investigated whether differences in cortical activations to visual speech underlie this  
664 behavioural adaptation to deafness. While greater levels of bilateral STC activation to visual  
665 speech have been demonstrated in congenitally (Capek et al., 2008) and post-lingually  
666 deafened individuals compared to NH control subjects (Lee et al., 2007), conversely this group  
667 difference has also been demonstrated in the opposite direction (MacSweeney et al., 2002).  
668 Furthermore, evidence tells us that each hemisphere has its own specificity, in particular  
669 regarding speech processing (Cardin et al., 2013; Hall et al., 2005; Lazard et al., 2012b; Zatorre

670 & Belin, 2001), and so as well as examining bilateral activation, we also examined each  
671 hemisphere separately.

672

673 Here we found no evidence of a group difference in either direction in the level of bilateral  
674 STC activation to visual speech. However, correlational analysis did reveal that greater cortical  
675 activation to visual speech, in the left but not the right hemisphere, was related to better  
676 speechreading ability in deaf individuals, whereas no such relationship existed in NH control  
677 subjects. Thus, greater recruitment of superior temporal brain regions by visual speech in the  
678 absence of reliable auditory input appears to provide a functional benefit for deaf individuals  
679 by supporting better speechreading abilities. Furthermore, correlational analysis indicated that  
680 greater cortical activation to visual speech was associated with a longer duration and earlier  
681 age-at-onset of auditory deprivation, suggesting that this cortical adaptation may develop as a  
682 function of the patient's clinical history of deafness. Our findings corroborate previous fMRI  
683 evidence that greater responsivity to visual speech within the left posterior superior temporal  
684 brain region is functionally related to greater speechreading ability in profoundly deaf  
685 individuals, whereas greater responsivity to visual speech within the right posterior superior  
686 temporal brain regions appears to offer no such communicative advantage (Capek et al., 2008;  
687 Capek et al., 2010; Lee et al., 2007). Our findings support the notion that, in the absence of  
688 auditory input, the left STC may still retain its linguistic function regardless of the sensory  
689 input modality (Cardin et al., 2013).

690

691 While greater pre-implant STC activation to visual speech appears functionally advantageous  
692 during deafness, conversely, it has been speculated that the processing of non-linguistic visual  
693 stimuli (Buckley et al., 2011; Doucet et al., 2006; Lee et al., 2001; Sandmann et al., 2012) and  
694 visual speech (Rouger et al., 2012; Strelnikov et al., 2013) within temporal brain regions of CI

695 users negatively influence CI outcome through a deleterious effect on the ability of the auditory  
696 brain regions to respond to auditory stimulation. However, here, the data provide no evidence  
697 that responsiveness of bilateral STC to visual speech before implantation was inversely related  
698 to the responsiveness of bilateral STC to auditory speech after implantation. Thus, the current  
699 findings provide no evidence to suggest that greater recruitment of auditory brain regions for  
700 processing visual speech during deafness limits the future capacity of these brain regions to  
701 respond to auditory speech when later stimulated with a cochlear implant. While the current  
702 study focuses on understanding the link between brain organisation before implantation and  
703 future CI outcome, the findings are somewhat complementary to recent longitudinal evidence  
704 of changes in brain activation observed from before to after implantation, which shows that the  
705 auditory and visual modality do not compete against each other but rather work cooperatively  
706 following cochlear implantation (Anderson et al., 2017b). Furthermore, that responsiveness of  
707 auditory brain regions to cochlear implant stimulation is not substantially affected by cross-  
708 modal reorganization has been demonstrated previously in a cortical area involved in cross-  
709 modal function in congenitally deaf animals (Land et al., 2016). It should be noted in the  
710 current study that fNIRS provides only an indirect measure of cortical activation and the trade-  
711 off between visual and auditory activation (or rather, its absence). It is therefore difficult to  
712 make firm conclusions about the cortical mechanisms using the fNIRS technique alone.  
713 However, the aforementioned supporting evidence from animal models, including in vivo  
714 neuron recordings, does provide complementary evidence to support the current argumentation  
715 and findings in humans presented here.

716

717 Whilst the current study aimed to quantify CI outcome as the level of auditory speech  
718 perception ability in quiet following implantation, the results indicated that some participants  
719 performed at or near to ceiling. Therefore, for some individuals, it was not possible to

720 accurately or fully estimate their level of auditory performance with a CI due to the constraints  
721 of speech perception testing in quiet conditions and use of a percent correct measurement scale.  
722 Future research should consider employing a more sensitive test, such as speech perception  
723 testing in noise. However, it is important to note potential problems associated with using such  
724 methods with CI users, including participant listening discomfort, de-motivation and/or  
725 emotional distress. Use of more ecologically valid tests would improve the validity and  
726 generalisability of future findings.

727

## 728 **Conclusions**

729 Significant heterogeneity exists within adult CI-using clinical populations. Although a number  
730 of clinical characteristics are known to influence CI outcome, a large proportion of variance  
731 still remains unexplained and may be accounted for by brain reorganisation during the period  
732 of deafness. This study investigated whether preoperative imaging of auditory brain regions  
733 using fNIRS could help to explain a proportion of the remaining variability and improve upon  
734 the accuracy and reliability of prognostic information that is currently available to CI  
735 candidates and their clinical team. The current findings in a heterogeneous group of pre- and  
736 post-lingually deaf CI users provide evidence of a predictive relationship between activation  
737 of temporal brain regions by visual speech before implantation and future auditory speech  
738 understanding with a CI following six months of use. This negative relationship appeared to  
739 be driven by the subgroup of pre-lingually deaf individuals. Whilst it was apparent that this  
740 relationship was influenced by other interrelated confounding factors, including the age-at-  
741 onset of deafness, duration of deafness, and speechreading ability, subsequent analyses  
742 indicated that preoperative cortical imaging was able to provide significant predictive value  
743 above that provided by these influential clinical characteristics. Thus, the use of fNIRS as an

744 objective measure prior to cochlear implantation may enable us to deliver more accurate  
745 prognostic information to adult CI candidates.

746

747 Cortical activation of left auditory brain regions by visual speech prior to implantation was  
748 positively associated with speechreading ability in deaf, but not hearing, individuals. This  
749 demonstrates that, whilst the sensory modality of cortical regions may change during deafness  
750 (i.e. from audition to vision), these regions maintain their function (i.e. specialisation for  
751 language processing), supporting enhanced speechreading proficiency during periods of  
752 deafness. Activation of auditory brain regions by visual speech prior to implantation was not  
753 related to future level of cortical activation evoked by auditory speech stimulation with a  
754 cochlear implant, but was negatively related to the age-at-onset of deafness and positively  
755 related to the duration of deafness. These findings indicate that activation of auditory brain  
756 regions by visual speech prior to implantation: i) may help to maintain the linguistic  
757 specialisation of left temporal-lobe regions during periods of deafness, ii) does not negatively  
758 impact on the ability of these brain regions to respond to future auditory stimulation with a CI,  
759 and iii) is influenced by the CI user's clinical history of deafness.

760

## 761 **Conflict of interest**

762 The authors declare that they have no conflict of interest.

763

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929 **Tables**930 **Table 1: Clinical characteristics of the sample**

Subject ID	Age	Onset	Duration	Hearing aid T0	Hearing aid T1	CI Side	CI T1	CI outcome
CI_01	52	51	10 months	Left	Yes	Right	6.1	97
CI_02	37	Birth	37	Bilateral	Yes	Right	7.1	61
CI_03	67	44	23	None	No	Right	6.2	91
CI_04 <sup>a</sup>	64	24	40	Bilateral	Yes	Left	6.1	92
CI_05	59	20	39	Left	No	Right	6.4	97
CI_06	38	Birth	38	Bilateral	Yes	Right	6.4	10
CI_07	50	25	25	Bilateral	Yes	Right	5.3	99
CI_08	60	52	8	Bilateral	Yes	Left	6.0	100
CI_09	78	45	33	Bilateral	No	Right	5.7	93
CI_10	70	30	40	Left	No	Left	6.1	64
CI_11	57	3	54	Right	No	Right	6.0	85
CI_12	64	5	59	Bilateral	Yes	Left	6.0	28
CI_13	36	4	32	None	No	Right	6.5	1
CI_14 <sup>b</sup>	76	65	11	Right	-	Left	-	-
CI_15	43	42	4 months	Left	No	Left	6.1	88
CI_16	78	43	35	Bilateral	No	Left	6.1	67
CI_17	53	25	28	Bilateral	Yes	Right	6.0	95
<b>Mean (SD)</b>	<b>56.6</b>						<b>6.1 (0.4)</b>	
<b>N=15</b>	<b>(13.9)</b>							

931 <sup>a</sup> Excluded from neuroimaging analysis due to poor fNIRS data quality932 <sup>b</sup> Withdrawn at T1

933 Table summarising key clinical characteristics of the CI patients in the study. Age = age at  
934 implantation (years); Onset = age at onset of bilateral hearing loss (years); Duration =  
935 duration of bilateral hearing loss (years, unless otherwise specified); Hearing aid T0 = side of  
936 hearing aid worn during testing at T0; Hearing aid T1 = contralateral hearing aid worn during  
937 testing at T1; CI side = side of cochlear implantation; CI T1 = duration of CI use at T1 since  
938 activation of CI device (months); CI outcome = auditory speech understanding (% correct) at  
939 T1. Original source: Anderson et al. (2017b).



940 **Table 2: Summary of bivariate regression statistics for STC activation in the prediction**  
 941 **of CI outcome**

Dependent <i>CI OUTCOME</i>	R <sup>2</sup>	Adj. R <sup>2</sup>	F	<i>b</i>	SE <i>b</i>	$\beta$	<i>t</i>
<b>Model A</b>	.56	.53	16.59 ( <i>p</i> =.001)				
<i>Constant</i>				99.88	9.30	-	10.74 ( <i>p</i> =.000)
<i>b</i> STC ACTIVATION				-743.47	182.56	-.75	-4.07 ( <i>p</i> =.001)
<b>Model B</b>	.46	.41	10.85 ( <i>p</i> =.006)				
<i>Constant</i>				98.49	10.58	-	9.31 ( <i>p</i> =.000)
<i>l</i> STC ACTIVATION				-642.91	195.16	-.68	-3.29 ( <i>p</i> =.006)
<b>Model C</b>	.30	.25	5.69 ( <i>p</i> =.033)				
<i>Constant</i>				86.78	10.10	-	8.59 ( <i>p</i> =.000)
<i>r</i> STC ACTIVATION				-384.50	161.24	-.55	-2.39 ( <i>p</i> =.033)

942 *P*-value (2-tailed), *n*=15

943 Model A = bilateral STC (*b*STC), Model B = left STC (*l*STC), and Model C = right STC  
 944 (*r*STC) activation to visual speech before implantation.

945

946

947 **Table 3: Correlations of covariates with cortical activation and CI outcome**

		Covariates			Predictor	Dependent
		ONSET	DURATION	SPEECHREADING	bSTC ACTIVATION	CI outcome
<b>Covariates</b>	ONSET	-	-.72 ( $p=.002$ )	-.56 ( $p=.029$ )	-.63 ( $p=.013$ )	.67 ( $p=.007$ )
	DURATION		-	.60 ( $p=.018$ )	.55 ( $p=.034$ )	-.46 ( $p=.086$ )
	SPEECHREADING			-	.57 ( $p=.026$ )	-.40 ( $p=.141$ )
<b>Predictor</b>	bSTC ACTIVATION				-	-.75 ( $p=.001$ )
<b>Dependent</b>	CI OUTCOME					-

948 Pearson's correlation coefficient ( $P$ -value), 2-tailed (not corrected for multiple comparisons),  
 949 all  $n=15$ .

950 ONSET = age at onset of bilateral hearing loss; DURATION = duration of bilateral hearing  
 951 loss; SPEECHREADING = pre-implant speechreading ability; bSTC ACTIVATION = pre-  
 952 implant bilateral superior temporal cortex activation to visual speech; CI OUTCOME =  
 953 auditory speech understanding after six months of CI use.

954

955 **Table 4: Summary of hierarchical regression statistics when controlling for age-at-onset**  
 956 **of bilateral hearing loss**

Dependent <i>CI OUTCOME</i>		R <sup>2</sup>	Adj. R <sup>2</sup>	F	ΔR <sup>2</sup>	ΔF	b	SE b	β	t
<b>Model 1</b>	<b>Block 1</b>	.44	.40	10.40 (p=.007)	-	-				
	<i>Constant</i>						40.24	13.29	-	3.03 (p=.010)
	<i>ONSET</i>						1.33	.41	.67	3.23 (p=.007)
	<b>Block 2</b>	.63	.56	10.00 (p=.003)	.18	5.78 (p=.033)				
	<i>Constant</i>						76.16	18.77	-	4.06 (p=.002)
	<i>ONSET</i>						.65	.45	.33	1.44 (p=.176)
<i>bSTC ACTIVATION</i>						541.12	224.99	.55	-2.41 (p=.033)	

957 *P*-value (2-tailed), n=15

958 ONSET = age at onset of bilateral hearing loss; bSTC ACTIVATION = pre-implant bilateral  
 959 superior temporal cortex activation to visual speech.

960 **Table 5: Summary of hierarchical regression statistics when controlling for duration of**  
 961 **bilateral hearing loss**

Dependent <i>CI OUCTOME</i>		R <sup>2</sup>	Adj. R <sup>2</sup>	F	ΔR <sup>2</sup>	ΔF	b	SE b	β	t
<b>Model 2</b>	<b>Block 1</b>	.21	.15	3.45 (p=.086)	-	-				
	<i>Constant</i>						106.77	19.56	-	5.46 (p=.000)
	<i>DURATION</i>						-1.06	.57	.46	-1.86 (p=.869)
	<b>Block 2</b>	.56	.49	7.75 (p=.007)	.35	9.73 (p=.009)				
	<i>Constant</i>						103.30	15.17	-	6.81 (p=.000)
	<i>DURATION</i>						-.15	.53	.07	-.29 (p=.775)
	<i>bSTC ACTIVATION</i>						707.02	226.63	.71	-3.12 (p=.009)

962 *P*-value (2-tailed), n=15

963 *DURATION* = duration of bilateral hearing loss; *bSTC ACTIVATION* = pre-implant

964 bilateral superior temporal cortex activation to visual speech.

965 **Table 6: Summary of hierarchical regression statistics when controlling for pre-implant**  
 966 **speechreading ability**

Dependent <i>CI OUTCOME</i>		R <sup>2</sup>	Adj. R <sup>2</sup>	F	ΔR <sup>2</sup>	ΔF	b	SE b	β	t
<b>Model</b> <u>3</u>	<b>Block 1</b>	.16	.09	2.46 (p=.141)	-	-				
	Constant						86.48	12.17	-	7.11 (p=.000)
	SPEECHREADING						-.74	.47	.40	-1.57 (p=.141)
	<b>Block 2</b>	.56	.49	7.70 (p=.007)	.40	11.03 (p=.006)				
	Constant						99.43	9.94	-	10.00 (p=.000)
	SPEECHREADING						.08	.43	.05	.19 (p=.851)
	bSTC ACTIVATION						768.87	231.47	.77	-3.32 (p=.006)

967 *P*-value (2-tailed), n=15

968 SPEECHREADING = pre-implant speechreading ability; bSTC ACTIVATION = pre-  
 969 implant bilateral superior temporal cortex activation to visual speech.

970

971

972 **Figure captions**

973 **Figure 1: Mean position of fNIRS optodes and measurement channels**

974 Measurement channels are labelled numerically, source optodes are indicated in red and  
975 detector optodes are indicated in blue.

976

977 **Figure 2: Pre-implant STC activation to visual speech predicts CI outcome**

978 Scatterplot of bilateral STC activation to visual speech before implantation and future CI  
979 outcome, with best fitting regression line shown (n=15). Filled markers represent data  
980 obtained from post-lingually deaf CI users, and open markers represent data obtained from  
981 pre- and peri-lingually deaf CI users.

982

983 **Figure 3: Group-level cortical activation map for visual speech**

984 Amplitude of cortical activation to visual speech for normal-hearing controls (NH, n=17) and  
985 CI users before implantation (CI, n=16), colour coded by t-value. Significantly activated  
986 channels revealed by one-tailed t-tests ( $p < .05$ , FDR corrected) are highlighted.

987

988 **Figure 4: Group-averaged time courses of cross-modal activation to visual speech.**

989 Changes in HbO (red) and HbR (blue) concentration, as well as HbT levels (purple), during  
990 the presentation of visual speech (stimulation period indicated by shaded grey bar) shown for  
991 normal-hearing controls (labelled NH) and CI users before implantation (labelled CI), panelled  
992 by ROI. Coloured shading indicates  $\pm 1$  standard error across participants.

993

994 **Figure 5: Mean amplitude of cross-modal activation to visual speech**

995 Bar graph showing mean amplitude of cross-modal activation to visual speech (beta weight)  
996 for normal-hearing controls (NH, n=17) and CI users before implantation (CI, n=16), panelled  
997 by ROI. Error bars represent  $\pm 1$  standard error. n.s.; non-significant.

998

999 **Figure 6: Speechreading ability in control subjects and CI users before implantation**

1000 Box-plot displaying speechreading ability (words correctly identified, RAU) for normal-  
1001 hearing controls (NH, n=17) and CI users (CI, n=17) before implantation. \* $p = .01$ , 2-tailed.

1002

1003 **Figure 7: Pre-implant STC activation to visual speech and speechreading ability**

1004 Scatterplot of pre-implant bilateral STC activation to visual speech and speechreading ability  
1005 with regression lines shown, panelled by group NH (n=17) and CI (n=15). Filled markers  
1006 represent data obtained from post-lingually deaf CI users, and open markers represent data  
1007 obtained from pre- and peri-lingually deaf CI users.

1008

1009 **Figure 8: Correlation between left and right STC activation and speechreading ability in**  
1010 **CI users**

1011 Scatterplot of pre-implant STC activation to visual speech and speechreading ability in CI users  
1012 (n=15) with regression line shown, panelled by ROI. Filled markers represent data obtained  
1013 from post-lingually deaf CI users, and open markers represent data obtained from pre- and peri-  
1014 lingually deaf CI users.

1015

1016 **Figure 9: Correlations between cross-modal activation and clinical history of deafness**

1017 Scatterplot of pre-implant bilateral STC activation to visual speech with (A) age-at-onset of  
1018 bilateral hearing loss, and (B) duration of bilateral hearing loss, with regression lines shown  
1019 (n=15). Filled markers represent data obtained from post-lingually deaf CI users, and open  
1020 markers represent data obtained from pre- and peri-lingually deaf CI users.