

4-1987

## Beacon Light: April 1987

St. Cloud Hospital

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*Saint Cloud Hospital*  
**Beacon Light**

**Couple shares volunteer experience**

**Independent living made easier by Lifeline system**

**A**dvanced technology makes possible an array of benefits not enjoyed by our ancestors — in many cases, not even our parents. Our society is a mobile one. No longer are we geographically attached to our extended family by living in the same dwelling or even in the same state. Yet, we like to keep in touch and be assured that our family members are well.

From almost anywhere in the world, we can 'reach out and touch' those we love by telephone. The telephone revolutionized communication and has proved to be a key tool in every area of business. The utilitarian values of the telephone are endless.

In the community of St. Cloud, the telephone is helping people who are alone to feel secure should they need assistance. Together with the Lifeline System, the telephone provides an added protection for those who wish to live independently.

The Lifeline System at Saint Cloud Hospital (SCH) was begun in July 1984 by the volunteer services department. Under the direction of Barbara Brown, the program was put together to provide an emergency response system for those who live alone in St. Cloud and the surrounding communities.

Lifeline allows people to call for help when no one else is around. The user wears a necklace with a one-inch square button on the end which is depressed in time of need. The button activates a signal through a Lifeline System box in his/her home which rings the emergency trauma unit (ETU) at Saint Cloud Hospital. The ETU staff then calls the user to find out if he/she is in need. In case the user is unable to answer the phone, the next step is to call a responder.

"Each user has responders," said Agnes Wieber, an active 80-year-old who volunteers at SCH. She prefers to live independently but after two hip replacements and a



**ABOVE:** As a retired Northwestern Bell employee, Harvey Johnson lends his knowledge of telephones and a friendly face to SCH by helping Lifeline subscribers understand their systems.

**LEFT:** Harvey and Gladys Johnson, Saint Cloud Hospital volunteers.

heart attack, her children wanted some insurance that she could get help quickly if needed. "My responder lives down the hall from me and she has a key to my apartment. I wear my necklace faithfully and feel confident that I'm in good hands."

"Responders live in close proximity to the user. If the first responder can't be reached, the ETU has a list of other responders such as friends, neighbors or family members to call," Gladys Johnson, Saint Cloud Hospital volunteer, explained. "If no one can be reached, an ambulance is called." Names of users are given to the Murphy Ambulance Company.

Gladys and Harvey Johnson are volunteers who work solely with the Lifeline System. As a retired Northwestern Bell telephone employee, Harvey belongs to Telephone Pioneers of America. This group of retirees is renowned for its community service. They donate equipment to install

Lifeline Systems as well as the needed expertise.

"We got involved with volunteering to install Lifeline Systems because we enjoy getting out and visiting with people," Harvey said. "These users like being in their own homes or apartments and having Lifeline saves them a lot of money compared to nursing home care. It gives their families peace of mind to know this service is available."

The monthly fee of \$16 is paid by the subscribers, family members or county social services. Saint Cloud Hospital auxiliary donates money toward units to be kept on hand when needed.

"I can come and go as I please and in the evenings I feel completely secure," Weiber said. "Even if I'm outside near my apartment, my Lifeline System works if I need help."

The Lifeline System has two tangible components besides the telephone. One has been described already as the necklace

with the remote control button. The second component is the streamlined box that hooks up through the phone system. This box comes complete with easy-to-follow directions which are in clear view on top. There is a yellow reset button which should be depressed twice every day to let the ETU know the user is OK. There is also a switch to turn off if the user is going to be away for a period of time.

Most referrals come from family members. During the course of three years, 160 people have been served. There were 86 Lifeline Systems in use as of March 1. The age range is from 23-93 with some subscribers using the system temporarily.

*Written by Anacleta Walters*



**Versatility makes woman a valuable SCH volunteer**

Outgoing, friendly and willing are just some of the words used to describe the versatile volunteer, Karen Corbin.

Corbin started with volunteer services at Saint Cloud Hospital in December 1985. On Tuesday she volunteers on the maternity unit and on Wednesday she occasionally helps with the hospital's second grade tour program.

Corbin enjoys volunteer work and has found that it helps her feel more comfortable talking with people. "Volunteering is something I can do without being committed to a job that I have to be at every day," she said.

"My favorite area is working in obstetrics. The nurses are great to work with and best of all, I get to snuggle the babies," Corbin said with a chuckle.

Corbin feels her volunteer work is an asset to the nurses. "It gives them more time to spend with the patients. I can offer them an extra

**Volunteer**, page 4

**ON THE COVER:** (Left) Snuggling babies is one of Karen Corbin's favorite volunteer activities. (Middle) Junior volunteer Lisa Knafla loves working in the coffee shop. (Right) Through their efforts, volunteers Ethel Boyle and Carol Otto helped establish a monthly art exhibit at Saint Cloud Hospital. See the stories on this page and pages 3 and 4.



## Occupational Therapy

# Patients strive for improvements in daily living skills

**EDITOR'S NOTE:** April is National Occupational Therapy Month. We commend the staff of occupational therapy for its outstanding contribution to the overall efforts of Saint Cloud Hospital's rehabilitation services.

Doing process — that's what occupational therapy is all about. Occupational therapy gets its name from the verb "to occupy" as in "to do." In occupational therapy, patients actively participate in a doing process to re-establish lost abilities as a result of illness or injury.

This multi-faceted rehabilitation discipline focuses on helping people use all of their capabilities in order to regain or develop maximum independence in their life situations. Saint Cloud Hospital occupational therapists work with people having a wide variety of health-related problems. Their patients may have suffered a stroke, injured a tendon in their hand, have rheumatoid arthritis, an emotional crisis or may be experiencing chronic pain.

Occupational therapy is diverse. It is diverse in that the therapists are concerned with the physical, emotional, cognitive and social areas of the patient's health in order to establish the best possible treatment program. "We take in to account these potential areas of concern for all the patients we serve," said Donna Revier, chief occupational therapist. "The priority, however, will change from one individual to another, depending on the primary problem and therapy needs."

The individual needs can be closely tied to the type of injury or problem that the patient experienced. For example, with depressed patients, greater emphasis is placed on emotional and social needs, whereas the major emphases for stroke victims are physical and cognitive skills.

Since the goal of occupational therapy is to provide patients with the skills necessary to live useful, self-sufficient lives, and the patients' diagnoses are so varied, the 18 therapists on staff have become specialized. These specialties include adult rehabilitation, pediatric intervention, mental health, hand therapy, chronic pain management, cardiac rehabilitation, the industrial clinic and home care. Keep in mind, however, that the therapists are trained in all areas of occupational



Regaining finger dexterity is a key component in occupational therapy. Certified occupational therapy assistant, Bobbi Olson, watches closely as Alfred Weisz masters a pegboard activity.

therapy but specialization is used to better meet the patients' needs.

After patients are referred to occupational therapy by a physician and evaluated by a therapist, they become involved in treatment either individually or in a group setting. If they are homebound, they may be seen at home through SCH's home care department.

The range of treatment methods are vast, always with the purpose of improving performance of daily living skills. They fall into four major categories: (1) exercise to prepare the body to increase muscle strength; (2) simulated tasks, generally a craft, to focus on specific processes that need to be emphasized. This can be a cognitive process such as decision making or a physical process such as hand exercises; (3) functional life tasks such as dressing, hygiene, feeding, and cooking; (4) prevention of further injury, either in the form of education or adaptive devices such as hand splints.

Examples of these activities can be found through the use of fully-equipped kitchens located in both the mental health unit and the rehabilitation unit. The rehabilitation kitchen is adapted for wheel chair accessibility. These kitchens are used for skill development in homemaking activities of cooking, cleaning, laundry and to evaluate safety in regards to independent living. The kitchens allow patients to plan, prepare and become self-sufficient all at the same time.

Hand activities are also used

extensively throughout occupational therapy. A hand, or craft, activity allows the patient to go through the planning, preparing and executing of a project which requires the same decision-making

process needed in daily situations. Hand activities may vary from patient to patient since physical capabilities and symptoms can easily vary.

Treatment also involves the use of micro computers. "We are currently using computers to work with patients having cognitive and visual perceptual problems," Revier said. "Our programs are user friendly and give patients immediate feedback on their efforts. We also have programs designed to help skill development of assertiveness, parenting skills and a vocational interest survey."

The variety of activities required by occupational therapists is beneficial to patients in a number of different ways. "The patients need to concentrate, plan, make responsible decisions and use their hands," she said. "Occupational therapy provides the chance to integrate, in an active work setting, that which they have learned from the occupational therapist, or achieved in physical and speech therapy, or from group therapy."

Written by Karen Steele

## Stroke does not stop energetic 81-year-old occupational therapy patient

"This monkey business sure put a cramp in my style," Althea "Gran" Hallenborg, 81, said of her stroke.

If one could meet this woman, it would be easy to realize how important an active lifestyle is to her, and how a stroke can be difficult to handle. Prior to her stroke, she knitted, crocheted, cooked, sewed and sold Avon door-to-door.

She was hospitalized at Saint Cloud Hospital for two weeks following her Dec. 28 stroke that caused the right side of her body to be dysfunctional. This factor was a double nuisance because, not only was she right-handed, she also loved to paint. She learned to paint from her daughter, a class she took in Brainerd, and from the man on the channel 2 art show. She completed her first landscape painting and was working on other projects when the stroke occurred.

Following her release from the hospital, she participated in home care occupational therapy with Donna Revier, chief occupational therapist. Twice weekly visits to



Althea Hallenborg can't wait to get back to one of her favorite hobbies — painting.

Occupational therapy, page 4

## Artistic volunteers coordinate hospital's monthly art exhibit

Art work of different mediums can be seen in the first floor hallway of Saint Cloud Hospital between the chapel and the emergency trauma unit. Each month an artist is featured whose productions add beauty and elegance along a well-traveled passageway.

The art exhibit special project is staffed by Carol Otto and Ethel Boyle, two Saint Cloud Hospital volunteers. Their involvement in this project began one year ago when the hospital decided to remodel the first floor hallway and begin featuring art work of area artists. The intent was to create a friendly atmosphere and provide a link with the community. After much thought about color schemes, special panels were purchased for the art work.

Otto and Boyle bring their talent as watercolorists to this special project. Their expertise enable them to contact artists, discuss qualifications and schedule art showings. Traveling to area art galleries is a real treat and takes a lot of time. This is the best way they have found to get in touch with new artists and to stay informed about popular, well-received mediums.

"There are many watercolorists in the area," Boyle said, "but we try not to be partial. We like to try

a different medium each month. At different times we have displayed lithographic prints, oils, acrylics, sketches and photography."

Otto and Boyle send each artist a procedure statement which explains the hospital insurance policy and contains the agreement about the artist's display month at Saint Cloud Hospital. A complete list of art work and its monetary value is submitted by the artist also.

Otto and Boyle coordinate the schedules of the artist who is leaving for the month and the artist who will be showing. It is their goal that the hall always be adorned with art work even though there may be a day or two lapse.

Artists are responsible for packing their art pieces and loading everything for transportation. The new exhibitor is met at the main entrance of the hospital with carts which are used to take the pieces down the hall to the proper spots for hanging.

"Depending on the artist, he or she may or may not stay to supervise arrangement and hanging. Some are very definite about what goes where and beside which; others are just too busy and allow us to use our judgment," Otto said.

"Each piece is cleaned before



Volunteers Carol Otto and Ethel Boyle ensure the proper placement of each piece of artwork in the main floor hallway of the hospital.

hanging and after it is hung we touch it up in case of fingerprints," Boyle explained.

According to Otto, everyone benefits from the art exhibit. People walk through the halls to view the paintings — some of them would rather be here than at an art gallery where there is pressure to buy. The artist gains exposure under circumstances very low-keyed compared to galleries.

The visitor can enjoy a pleasing atmosphere, the patient finds cheer along the hallway and the hospital itself gains because people give positive feedback.

In most cases, a piece of art work may be purchased. A percentage of all sales goes to the hospital auxiliary who in turn buys

permanent art work for the hospital.

Artists have the opportunity to display their work again after 18 months if they are interested. New artists are always being sought in the geographic area served by Saint Cloud Hospital. If artists would like to be considered as an exhibitor, they may call Barbara Brown in volunteer services at Saint Cloud Hospital.

Otto and Boyle agree this project is very enjoyable and they have had a lot of fun doing it.

"We work well together," Otto said, "which makes all the difference in the success of any project."

Written by Anaclea Walters

## Dedicated junior volunteer closing in on 1,000 hour goal

Four years ago, Lisa Knafla had no idea she would dedicate more than 700 hours of her time to helping others.

Now the Saint Cloud Hospital junior volunteer is pushing for 1,000 hours by the end of May.

Knafla, 18, started with volunteer services in December 1982. Since then, volunteering has proved to be a rewarding experience, according to Knafla. "I feel better because I am helping so many people," she said. "It gives me personal gratitude. It has to be experienced in order to know what it feels like."

Knafla started when a group of her friends all decided to become volunteers.

Currently she works six hours a week. On Mondays she helps in admissions and on Fridays she can be found volunteering in the coffee shop.

Although she enjoys volunteering in every area of the hospital, working in the coffee



Sauk Rapids High senior Lisa Knafla has been volunteering at SCH for the past four years. Working in the coffee shop is one of her favorite duties because she is able to meet people.

shop is her favorite because of the contact with people. "I get to be around so many different people. I get to see patients, visitors and employees," she said.

"I have learned how to help and meet people. I have also learned a lot about the hospital," she said.

"I try to be really friendly; getting to know the new volunteers. It is hard because there are so many that come in and out."

Because of the friendships and experience gained, Knafla recommends volunteering to everyone.

Besides working at the hospital, Knafla is finishing her senior year at Sauk Rapids High School and has a part-time job working about 10 hours a week. She is also active in the high school theater department, speech team, concert choir, concert band, stage band, pep band, marching band and varsity band. However, volunteering has never interfered with school or activities, according

to Knafla.

"My friends think it is neat that I can dedicate myself," she said. "I have learned how to relate and deal with different situations a lot better. Some of my friends have never experienced or seen someone who is critically ill," she continued. "Since I have been working at the hospital it doesn't bother me as much as it used to."

One of the most interesting and humorous experiences, according to Knafla, is when the expectant parents come to admissions, especially if it is their first baby. "The mother is nice and calm and the father acts like he is the one having the baby. He is just a bundle of nerves," she said.

Knafla will probably continue her volunteer work throughout the summer, she said. In the fall she plans to attend Augsburg College in Minneapolis. She is leaning toward a theater major.

Written by Chris Hanson



## Women find friendship through volunteer work at SCH



For Margaret Kuehnl and Grace Kalscheuer, volunteering in SCH's coffee shop is just one of the many activities they share.

"Hmmm, I don't know. Say Margaret, have you ever been angry with me? Now's the time to tell me."

"Oh Grace, you know better than that. We get along too good together."

For two Saint Cloud Hospital volunteers who demand to keep busy, the role of friend is never pushed aside.

Margaret Kuehnl and Grace Kalscheuer met about six years ago when they began volunteering together in the hospital coffee shop. They soon became fast

### Occupational therapy

Continued from page 2

hair, writing, using a pair of scissors and picking objects up with her hand. "It was absolutely frustrating," she said. "I usually do not fly off the handle, but to not be able to do something I've been doing my whole life is frustrating."

"It seems I've been figuring all my life — in the lumber mill, in a department store, making draperies, as an office cashier," she continued. "When you come to the telephone and you cannot make sense of the numbers, they're all jumbled up, you just don't know where to begin."

Hallenborg began her rehabilitation while in the hospital working with a physical therapist to aid her walking, a speech pathologist to help her with her speech and an occupational therapist to help her with dressing and hygiene tasks.

It was through Revier that she relearned the daily living skills needed in order to be independent at home. "Donna had me getting in and out of the bathtub, cooking, baking muffins, getting things in and out of the cupboard, reading recipes and things like that," she

friends. "I got tuned into her right away," Kalscheuer said. "Sometimes you just know there are people that you will hit it off with right away and Margaret was one of those people. Maybe it was because I got to train her in," she chuckled.

Working every Thursday morning and often filling in on other days gives the women an opportunity to do what they love most — be around people. "While volunteering we get to meet, talk to and work with so many nice people," Kuehnl said. "You get to meet new people and see old

said.

Opening and closing clothespins, picking up small objects, dialing specific telephone numbers and writing were some of the activities that Revier had Hallenborg do to restore her finger dexterity. Her pencil was inserted into a special plastic holder to make it easier to grasp. "Once Althea learned that she could increase her independence through continued occupational therapy, she was highly motivated to work not only when I was at her home," Revier said, "but to continue with 'home work' between our visits."

Hallenborg's therapy concluded in early March and she is now able to write with her right hand, cook meals, do housecleaning and perform most of the activities she did prior to the stroke. She plans to continue her painting when she can manipulate the brush to her satisfaction. "Occupational therapy has helped me know that with exercise and practice I will be able to paint again soon," she said.

Written by Karen Steele

friends that you might not otherwise see."

Volunteering in itself is something the women take pride in and it shows through the work they do. "Volunteering is something that makes you feel good when you walk up and help someone with something — even if it's just pouring another cup of coffee," Kalscheuer said. "It makes you feel like you're doing a good deed for the person."

When the pair retired from their jobs and sought outlets for their time, they realized that volunteering would be an excellent way to keep busy and socialize with others. "Ever since I can remember some friends talking about volunteering at the hospital, it was something I wanted to do," Kalscheuer said. "I told myself that if that day ever came, I was going to volunteer at this hospital."

For Kuehnl, who is within walking distance to the hospital, volunteering seemed a natural way to spend part of her time.

To look at these two women's schedules, one would think that time is something they need a little more of in order to accommodate all their activities. Together they go swimming at the YMCA, ride

### Volunteer

Continued from page 1



Volunteer Karen Corbin assists the maternity unit staff with many activities including checking the accuracy of the birth certificates.

pair of hands," she said. "If I know the nurses have been busy, I will come in a little earlier to help out. Or if there is still more to be done after my shift, I will stay because it can get really busy on this floor."

Some of Corbin's responsibilities, according to Eve Pearson, assistant manager of the maternity unit, are to help take care of the meals, deliver mail and flowers, show the new mothers the different options available in baby photographs, check the accuracy of the birth certificates with the parents and help with the discharge procedure.

Corbin is outgoing, friendly and has a willing personality as well as a caring attitude, according to Pearson. "She has a good rapport with all the staff members on the floor and it is because of her

bicycles at the senior center, eat lunch and always keep in touch when one is out of town. A major activity the women are tentatively planning is a trip to Hawaii next year.

The hospital is not the only place these two women volunteer. Kuehnl divides her volunteer time between the Heritage Center and the VA Medical Center. She also keeps busy with her job at the Sunwood Inn and her activities with her church group and the St. Cloud Women of Today.

Kalscheuer has volunteered at the public library and also donates her time to the mission store. She enjoys spending time with her quilting group, the mission group and her family. "I can be busy every day of the week if you want me to," she said. "It is very good therapy for anybody and everybody."

Volunteering at the hospital has been an enjoyable experience for the pair and they...

"Hey did you know we pussy willows are blossoming? We should go hunt for some pussy willows."  
"Yeah, we'll have to do that."

Written by Karen Steele

pleasant personality," she said.

"She doesn't just sit down with her arms crossed and wait for something to happen. She is always looking to see what she can help with," Pearson said.

Corbin feels she is an organized person who can accomplish a lot in a short amount of time. "I seem to have a system and I can get the job done," she said.

The friendships she has made volunteering on the maternity unit is an enjoyable part of her job. "Sometimes you have the opportunity to see the parents coming out of the delivery room. It is like being a part of the family. It is such a happy floor to work on," Corbin said.

Written by Chris Hanson

## Survey reflects community support of hospital's decision to become smoke-free facility

Saint Cloud Hospital is joining the growing number of health care facilities in Minnesota who are becoming smoke free. Hospitals and health care professionals are concerned about people's right to clean air and the need to educate people about smoking-induced disease.

The hospital's multidisciplinary smoke-free task force, which began meeting in August 1986, first determined through an internal survey that seven of 10 employees and volunteers supported the idea of the hospital becoming smoke free.

Next, a community survey was done in early February to determine community reaction to the proposed smoke-free policy.



Sister Paul Revier, senior vice president of patient care services

Minnesota Survey Research questioned 404 individuals from the hospital's primary and secondary service area in a telephone survey. The results were again supportive of the task force goal — to make Saint Cloud Hospital smoke free. In the questions, seven of 10 persons supported a no-smoking policy for patients, visitors and hospital staff. Six of 10 said that seeing a health professional smoke influenced

others to smoke; and seven of 10 agreed that a no-smoking hospital will improve the quality of care. The dangers of second-hand smoke are apparently well-recognized since nine of 10 agreed that smoke from another person's cigarette is dangerous to one's health.

The task force's recommendation to become smoke free by November 19, 1987, D-Day, was officially endorsed by the hospital's Board of Trustees on March 19.

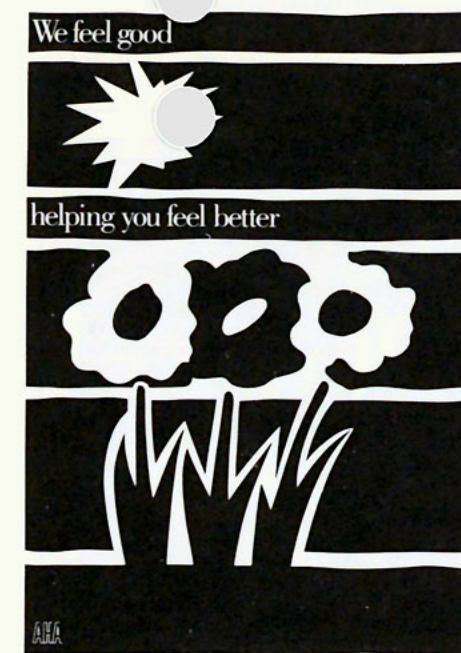
Preparation and transition are very necessary. An internal and external public relations campaign is planned. Gradual phasing in of additional restricted and no smoking areas will take place over the next six to eight months. Also, plans for positive incentives to

support and assist smokers are under way. The task force recognizes the addictive nature of smoking; psychological and physiological dependence require support and attention.

Saint Cloud Hospital, as a regional medical center in Central Minnesota, is committed to bettering the health of persons it serves. Education and promotion of a smoke-free lifestyle among its employees, patients and visitors is a natural goal for our institution in our quest toward disease prevention and wellness.

Written by Sister Paul Revier, senior vice president of patient care services

## Plans underway for National Hospital Week events



National Hospital Week May 10-16, 1987

Following the theme "We Feel Good Helping You Feel Better" Saint Cloud Hospital joins hospitals across the nation in celebrating National Hospital Week, May 10-16.

The 1987 National Hospital Week theme emphasizes the fact that the staff of Saint Cloud Hospital feels good about the care they provide to patients and support given to the community of St. Cloud. The employees get a sense of satisfaction, not just from helping sick patients get well, but from helping all members of the community improve their health.

To kick off the week's festivities, Saint Cloud Hospital will sponsor displays at Crossroads Shopping Center in St. Cloud May 8 and 9. These displays will highlight various hospital services and

programs. Rehabilitation services, the maternity unit, the alcohol and chemical dependency center and the pharmacy are just a few of the 20 departments that will be featured.

Saint Cloud Hospital will also have its annual employee recognition dinner on Monday, May 10. Employees who have worked five, 10, 15, 20, 25, 30, 35 and 40 years at Saint Cloud Hospital will be honored at a dinner at the Del-Win Ballroom and each will receive a special gift. Two hundred six employees and

12 retirees will be honored this year.

Other activities planned for the week include an ice cream social, prayer service, treasure hunt and a special blood drive for autologous donors.

National Hospital Week is sponsored each year by the American Hospital Association and its 6,000 member hospitals. Saint Cloud Hospital joins this national observance to strengthen communications and understanding among its patients, employees and the community.

## Ethics presentation scheduled for Nurses Week

The health care agencies of St. Cloud are joining forces to honor the professional nurses in their facilities during National Nurses Week, May 3-9.

A presentation "Image of the Nurse as Ethical Decision-Maker" will be given by Patricia Crisham, RN, PhD, at 7:30 p.m. on Tuesday, May 5, at the Holiday Inn. A social hour and reception will follow. Crisham is responsible for the moral and ethical curriculum for the graduate program of the school of nursing at the University of Minnesota.

"We are encouraging all professional nurses to attend this program," said Linda Chmielewski, director of nursing — inpatient services at Saint Cloud Hospital.

"This will give them the opportunity to get together with other nursing professionals in the community."

The presentation is being

sponsored by Saint Cloud Hospital, the St. Cloud Veterans Administration Medical Center, the College of St. Benedict, the public health agencies from Benton, Stearns and Sherburne counties, and the Central Minnesota Directors of Nursing — Long-Term Care. The program is worth one contact hour and is free and open to all nursing professionals.



## Beacon-Bits

Each month the Saint Cloud Hospital auxiliary sponsors an art exhibit in the hospital's main floor corridors. This month's exhibit features acrylics by Ruth Traut, of Willmar. The work can be seen and purchased during gift shop hours which are from 9 a.m. to 8 p.m. weekdays, 10 a.m. to 5 p.m. Saturdays and noon to 4 p.m. Sundays.

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A program on Parkinson's disease will take place from 8:30 a.m. - 2:30 p.m. on April 22 in the Hoppe Auditorium at Saint Cloud Hospital. It is designed for health care professionals, Parkinson's disease patients and their families. Cost is \$21 and preregistration is requested by April 17. For more information or to register, call 255-5642.

\*\*\*\*\*

The Sauk Rapids Women of Today is sponsoring a baby photo contest with proceeds going to Saint Cloud Hospital to purchase an ice machine for the labor and delivery area. Two winners will be named in each of two categories: infant (three to 14 months) and toddler (14 to 30 months). Each winner will receive a \$50 savings bond. Cost is \$2 and the entry deadline is April 30. Winners will be announced May 15. For more information, call Kay Gapinski (Mondays and Wednesdays) at 251-8609.

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A special dinner to honor former directors of the Saint Cloud Hospital School of Nursing will take place at 6 p.m. Friday, June 12, in the hospital's personnel dining room. All alumni and nursing faculty are invited to attend. To make reservations (by May 15) or for more information, call 255-5658.



Saint Cloud Hospital

# Beacon Light

April 1987



## Saluting Saint Cloud Hospital's volunteers

Stories begin on page 1.

### Suggestion awards presented at dinner

About 40 people attended the Saint Cloud Hospital 12th Annual suggestion committee awards dinner in February. Of the 184 suggestions received in 1986, 45 were approved and awarded.

This year's suggestion committee awards dinner was particularly notable because it was the last one. The hospital's suggestion system is being temporarily discontinued.

Vice president of patient care support services Niels Nielson, presented assistant home care manager Vicki Dahl, with her suggestion award as Tom Fillenworth, former personnel manager, emcees.



# Beacon Light

1406 Sixth Avenue N. St. Cloud, MN 56301

April 1987 Vol. 38 No. 4

Address Correction Requested

Saint Cloud Hospital, founded in 1928, is a 489-bed hospital sponsored by the Sisters of the Order of St. Benedict and the Diocese of St. Cloud. Saint Cloud Hospital adheres to the Ethical and Religious Directives of the Catholic Church in providing health care services to the community it serves.

Saint Cloud Hospital is fully accredited by the Joint Commission on the Accreditation of Hospitals (JCAH).

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