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Beacon Light: January 1961

St. Cloud Hospital

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BEACON
LIGHT

13

Volume XII Number 5

SAINT CLOUD HOSPITAL

January, 1961

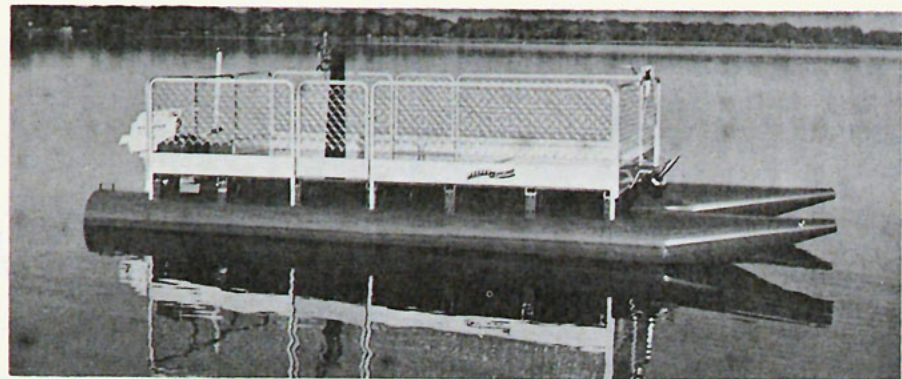
I can
no other answer make
but Thanks
and THANKS
and ever
THANKS.

william Shakespeare.

Thank you Employees

from the Sisters...

Cruising down the river--a little early in the season, but not early in anticipation. A huge "THANK YOU" to all for the unbelievable gift of the pontoon boat. How it all came about and how it was so successfully kept secret until Christmas Eve, we will never know. April 1st is the date of arrival (you don't suppose this is an April Fool joke!) and we hope that all will not only see the boat--but will enjoy a cruise down the river as our guests.



from the Patients ...

Patients pondered these words over and over. "Did the doctor really say no, I won't be well enough to be home for Christmas. Perhaps that is why the nurse told me about visitors regulations for Christmas and New Years Day. She knew... but, no--it must be a mistake. . ."

And from room to room, stinging, searing thoughts were groping for answers, for solutions. "Who would set up the tree this year, and give out gifts; who would cook and bake and frost the Christmas cookies? Would someone be sure the skates would be under the tree? Would the alarm clock be set? Do they...will they...can they...how can this be? ...and then what will I do?"

But Christmas came with joy and peace even through misty eyes. From room to room, heartfelt gratitude poured forth: "My grandchildren were here; the baby has grown so! The meals are very tasty--everyone so cheerful, so kind, so thoughtful! They decorated my room! The carolers sang beautifully! It was wonderful to hear Mass over the Hospital Station! Words cannot express what Christmas in the Hospital has meant!"

Hearing these sentiments expressed, makes one want to relay the message to the people who generously gave beyond their duty to bring Christ and the spirit of Christmas to all the patients especially during the holiday season. Thank you all!



... And more than 230 employees accepted the invitation to come to the annual Epiphany Party on January 5. Perhaps they weren't surprised to see their fellow workers as the honored performers in the program because the proverbial grapevine is an effective means of communications.

Sister Jameen opened the evening's festivities with a welcome to everyone and a sincere expression of gratitude to the employees for their loyalty and service.

Our M.C. for the evening was none other than Mr. Emmet Shaughnessy, who introduced the guest performers and colored the interludes with laughter by his jokes and stories. (We won't mention the time he "forgot" the punch line.)

Performers for the evening, all employees, included:

Patricia Stalberger, Record Room, who played a gay medley of Christmas music on the piano. Pat is a rather newcomer to our family, so her willingness was doubly welcome.

The Secretaries from the Business Offices gave a lovely group recitation on "The Day Before Christmas in the Business Office". Incidentally, they not only worked this out themselves, but they also wrote it in poetic style, so if you need a love sonnet for your best girl friend, you now know where to put your request.

Dean Martin and Jerry Lewis from X-Ray were there too. You know them as Ervin Smith and Dave Knuesel. They set up (?) and trimmed (?) a Christmas tree with neither tree nor trimmings, only noises and pantomime. Miss Glorian Wippich supplied the background music and Ronald Burg, the sound effects. When the tree was fully "trimmed" in all its glory, the entire x-ray group stood around it and sang a Christmas carol.



The Meemken Twins, (shall we call them the Accordion Twins?) Coletta, R.N., from 4 South, and Julitta, R.N., from 2 South, had everyone tapping their feet to the rhythm of their music. Had the aisles been wider, we may have had some gay dancers unable to resist the tempting tunes.

Patricia Wright, R.N., 2 North, piano student of Mr. William Ibes, played the gay "Sleigh Ride", then accompanied Miss Mary Merden, R.N., 2 North, while she sang a medley of three Christmas Carols, one in French, one in English and one in German. Both graduates of '59, this twosome worked together to produce lovely music even in their student days.

As a grand finale, girls from the kitchen, bakery and cafeteria provided a humorous skit called, "Memories from the Old Family Album". We will long remember Grandpa and Grandma reminiscing over the old family album while memories in form, body and costume walked down the aisle and over the stage. If you were there, you know what we mean; if you were not--well, it just cannot be explained. Once again, thanks to Pat Wright, all was accomplished with appropriate music.



After the program, Father Riley extended a warm "thank you" to everyone in every department for the contribution and cooperation in the important service of caring for Christ's sick.

Before the drawing for the door prizes, Sister Jameen, in behalf of all the Sisters, thanked the employees for all the Christmas gifts and good wishes.

Thank You

Of the many expressions of gratitude for the employee and student parties and for the student Christmas dinners, we share with you a few of our thank you notes. As we go to press, preparations are being made for the other student dinners which will be held this week.

Dear Sister James,
It is very seldom that a large family like ours has the opportunity to eat dinner together, that is why we appreciated the Freshman dinner so much. Besides the delicious food, the lovely decorations and the entertaining speakers, we enjoyed the evening with our instructors on an informal basis. May God bless you for all you have done to make us more at home - away from home. Sincerely,
The Freshmen

Dear Sister James and all the Sisters,
Although Christmas is over, your Epiphany party reminded us that the Christmas spirit remains.
Thank you for the entertaining program, the delicious food and

Sisters,
Please accept our thanks for the Christmas party. It was delightful to be together with you during this holy and joyous season. Also, thank you for the beautiful and useful gifts which you gave us.
The Senior Class

Dear Sister James and Sisters,
We wish to thank you for a very enjoyable Christmas party. It was delightful to be together with you during this holy and joyous season. Also, thank you for the beautiful and useful gifts which you gave us.
The Senior Class

Thank you for the "extra special" gift of masses during this Holy Season. Your cards were beautiful.

Sincerely,
especially for the and thank you so much for the opportunity to work in our fine hospital. I appreciate all of you and the fine people that make up the hospital.

GRACE-WEISS HALENBECK SCHOLARSHIP

Five junior student nurses were recipients of memorable gift scholarships during the Christmas season. The Grace-Weiss Halenbeck Scholarships were established in 1954. Funds for these \$200.00 tuition scholarships have been provided by Dr. P. L. Halenbeck in memory of his deceased wife.

To be eligible recipients, students must possess qualities and professional skills, attitudes and interests that are indicative of development into a truly Christian woman and professional nurse.

Students receiving scholarships were: Catherine Altermatt, Celestine Salzl, Jean Schulzetenberg, Delores Prairie and Mary Lou O'Malley.

THAT ALL MAY BE ONE

CHURCH UNITY OCTAVE - January 18 to 25

The Church Unity Octave originated with the Society of Atonement in 1908 to promote religious unity. From the time of Pope Pius X to our present Pope John XXIII, the repeated prayer has been "that all may be one".

This year, the octave takes on special significance as we have been repeatedly reminded by our Bishop. This time reemphasizes the importance of charity and prayer for the cause of Christian Unity, a unity which is the principal aim of the coming General Council.

Watch the bulletin boards for the scheduled Church Unity prayers in our Hospital Chapel.

Christmas Carolers

From day to day we see good effects from music on our patients and employees, but when Christmas comes, familiar carols and folk songs are tuned up a little louder and hummed in the hearts of all. Even our 92 year old patient was asked numerous times to offer her rendition of "Stille Nacht".

But the greatest total response we see is when carolers go through the halls to share their Christmas joy with us.

Our students prepared us with Advent Hymns and St. John's Seminarians opened our Christmas season:



Other groups: Faculty of Tech High School
X-Ray Personnel & Students
V. F. W. Junior Girls Unit
St. Cloud Hospital Sisters' Schola
Holy Redeemer Lutheran Church Choir

St. Anthony's Grade School
St. Augustine's Girls Choir
Daughters of Isabella Chorus

The glee club from the College of St. Benedict ended our twelve days of Christmas in a most beautiful manner. Thanks to all!

DEACON DAY

Shortly before Christmas, we again had the pleasure of providing the setting for a field trip for our future priests. Their enthusiasm in learning first hand the facts concerning this area in which they may serve as potential pastors, makes this informative day a wholesome combination of work and pleasure.



As they toured through the departments, pertinent questions were asked regarding practical applications of scientific theories. Pictured is Mr. Ervin Smith R. T. explaining to the group the significance of x-ray in diagnosis and therapy.

The day was climaxed by a talk by Father Riley, Chaplain. Although the day was tightly scheduled, time was reserved for a discussion period with freedom for questions and answers.

Since this is an annual event, we eagerly anticipate subsequent "Deacon Days".

DISTRICT III MEETS

The Minnesota Hospital Council District III met at Saint Cloud Hospital on Wednesday, January 18.

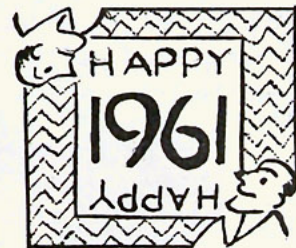
Glen Taylor, Executive Secretary of the Minnesota Association, addressed the group on "Presentation of Hospital Costs to the Community".

Mrs. C. R. Richter, a member of our Auxiliary and Chairman of District III Minnesota Hospital Women's Auxiliary, presented a paper on the relationship between the Hospital and the Auxiliary and between the Auxiliary and the Community.

All the material presented was interesting and very helpful.

"Meet me in the Lobby..."

The Hospital Lobby is the most convenient place to have your friends or relatives wait for you when they come to pick you up as you go off duty. Waiting in the Lobby is more pleasant than in your congested work areas.



It has been said,
"Things will be better."
Perhaps this is the year,
for, have you noticed--
no matter how you look
at it, this year is bound
to turn out right!

--Changing Times



January is the National Foundation Month. The NEW National Foundation includes research and treatment of congenital birth defects and arthritis as well as polio.



WHAT ABOUT GEORGIA & NEW ORLEANS?

One hundred years ago the Civil War was fought. During this Centennial year, 1961, our Bishop wrote a letter to the people asking for prayers "for the express purpose of developing in the people of today a re-dedication to the principles of democracy and the national heritage of Christian ideals which helped to make our country the greatest nation in the world.

"The Civil War was . . . fought primarily for establishment in the minds of the American people the dignity and rights of all human beings regardless of race or color. The Providence of God brought it about that after the war, we still remained a united nation in spite of differences."

Thoughts concerning the Centennial year commemorating the Civil War and the birthday of Abraham Lincoln, the President of that period, renew in our minds historical highlights in maintaining the American idea and the tradition our Founding Fathers gave in the Declaration of Independence:

"That all men are created equal; that they are endowed by their Creator with certain unalienable rights; that among these are life, liberty and the pursuit of happiness; that to secure these rights, governments are instituted among men, deriving their just powers from the consent of the governed."

Current situations in Georgia and New Orleans, particularly cause us concern over the reality of these ideals. It is fitting that we reread the letter from our Bishop; that we pray God "that there will be brought about a unity of purpose and action that will maintain the position of the United States in the world and bring the blessings of liberty and peace to all men."



Miss Mary Ann Morris, St. Cloud, completed a one year course awarding her a certificate in Histologic Technique. Miss Morris will write the registry exam in March which qualifies her as a Registered Histology Technician.



Feast of Purification or Presentation - Feb. 2
Greet Mary, the gate of heaven, for she presents the King of Glory, the new Light.

February 3 -
St. Blaise was a practicing physician, later became a bishop and finally a martyr. He is asked to intercede against illnesses of the throat and all other illnesses. The St. Blaise blessing of throats is one of the aids to sanctify our daily lives.

*Prefer
nothing
to the
love of
Jesus
Christ*



St. Scholastica - Feb. 10
This saint was the twin sister of Saint Benedict who wrote our rule.

HOSPITAL HAPPENINGS. . .

4 South. The pride and delight of our Pediatric Department, the "Merry-go-round" gift of Dr. P. Halenbeck, is given a whirl by Janice, Danny and Bobby, children of staff nurse, Mrs. Theodora Musielewicz. The young patients spend many happy hours galloping on the three big horses.

Miss Janice Flint joined us as a new staff nurse. Welcome, we are happy to have you as a member of our team.

2 North. Did you take a good look at the big geometrical stars hanging in the hall? They are made of drinking straws, thread, efforts and ingenuity of Miss Carol Zabinski, Assistant head nurse. Carol states it is a time consuming project--she is now taking orders for next Christmas, but we understand labor is very high !

December also brought a new member to our staff, Mrs. Judith Vogel, P. N.

2 South. The pantry on 2 South must be a bright place with the sparkle of new diamonds. Three of our hospital aides, Mary Viere, Joan Goebel and Virginia Kascht accepted engagement rings at Christmas time.

We are happy to welcome back Mrs. Carol Partch R.N. and Mrs. Collette Haakonson R.N. O. R. Miss Jane Chakel, staff nurse, has resigned her position to take up the duties of a housewife as of Saturday, January 21. On that day she will become Mrs. Raymond Motzko, and a new resident of Browerville, Minnesota.

The O. R. staff proudly rejoiced with Mrs. Orlow Severson, former staff nurse, on arrival of Gene Charles--her fifth son and the first new arrival in the St. Cloud Hospital for 1961.



SEWING ROOM



Many a "fine seam" has been turned out by Mrs. Margaret Rau, who celebrated her 74th birthday on December 1st. Widowed 31 years ago, she has kept her "Singer" humming here for over fifteen years; sewing has been her life-time occupation. Mrs. Rau's one son, Donald is employed here in our paint shop. Her five grandchildren are her pride & joy.

MAINTENANCE



Have you heard of Henry's "Fixit Shop"? It is located in the sub, sub-basement Extension 314. Even cameras are fixed here, we proved it !

Mrs. Fred Reber, M. T., has a new baby girl. Congratulations !

ART DISPLAY

An exhibition of oil paintings and water colors is on display in the library of the Nurses' Home and will remain available for interested viewers until February 11.

The paintings are a comprehensive gathering from private collections of the work of Don Humphrey, former St. Cloud artist. Mr. Humphrey was born in Milwaukee, Wisconsin, came to St. Cloud in 1950 and lived here until the time of his death in 1958.

Humphrey was an artist widely known for his painting, sculpturing, wood carving, craft work and particularly his chalice making. Hand-wrought from sheets of sterling silver, they represented a skill of ancient origin. He worked in silver with the same techniques and types of hand tools used by such famed silversmiths as the sixteenth century Benvenuto Cellini. His sparkling, fresh water colors and richly toned portraits and landscapes in this exhibit, demonstrate his painting at its best.

A self-portrait of the artist is included in the showing with most of the remainder of the paintings showing scenes which most viewers of this area will find familiar. Villagers and farmers along Highway 52 west of St. Cloud might well find a familiar church steeple, a scene of their barn, a tumble-down frame building made beautiful through the artist's eye and hand. St. Cloud residents will find a familiar scene in the vicinity of Holy Angel's Church and perhaps one of his best water colors is of an early spring scene near Sartell where the Sauk River joins the Mississippi.

All are welcome to visit the library to view the display. The library is open from 8:00 a. m. to 9:30 p. m. daily.

-- Guest Reporter.



We extend our sympathy to Mrs. Ralph Dingmann on the death of her Father and to Mrs. Marjorie Massman on the death of her Grandfather. May they rest in peace.

SENIOR CLASS NOW NUMBERS SIX

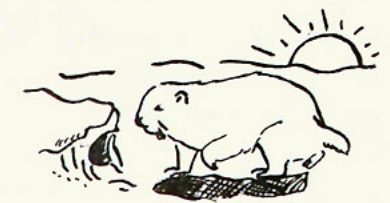


The X-Ray personnel and students recently welcomed Miss Karen Bates as a new member of the senior class of the School of X-Ray Technology. Miss Bates is a transfer student from Naeve Hospital at Albert Lea.

Another bride-to-be received a diamond on Christmas Eve--Miss Bernice Valerius who is employed in the Laundry.

FIELD TRIP

Four of our part-time employees senior students at Cathedral High School, joined 33 of their classmates in making a whirlwind tour of Chicago, New York and Washington D.C. Lucy Justin and Marilyn Willis, who work in the Cafeteria and Jerome Knuesel Jr. and John Lansing, porters, enjoyed their four-day educational trip.



The Beacon Light is the monthly publication for employees of the St. Cloud Hospital, St. Cloud, Minn.

PROFESSIONAL POST-GRADUATE SEMINARS

for
PHYSICIANS, DENTISTS, NURSES

Doctors

Place: St. Cloud State College
Stewart Hall, Room 204

Time: Mondays 7:30 p. m. - 9:30 p. m.
January 23 through February 20

Nurses

St. Cloud State College
Stewart Hall, Room 207-209

Nurses Seminars will be held on
the same dates, same time.

Dinner Meeting, Tuesday,
February 28 - St. Cloud Hotel

Program: Cancer
Heart and Chest Diseases
Other Chronic Conditions

Cardiac Conditions
Rehabilitation

Faculty: Sumner S. Cohen, M. D.
Specialist in Chest Diseases
Glen Lake Sanatorium

Meyer S. Belzer, M. D.
Belzer Clinic, Minneapolis

J. T. Jabbour, M. D.
Neurologist, U. of M.

Mrs. Bernice Crawford, R.N., R.P.T.
Consultant, P. T. Hospital Services

Arthur C. Kerkhof, M. D.
Specialist in Heart Diseases

Harry Dando, C. C. T.
Coordinator of Rehabilitation
Fairview Hospital, Minneapolis

Miland E. Knapp, M. D.
Director of Rehabilitation and
Physical Medicine

Miss Catherine Haas, R. N.
Clinical Instructor
Rehabilitation Institute

Arnold J. Kremen, M. D.
Clinical Professor of Surgery
University of Minnesota

Henry Howard, District Supervisor
Vocational Rehabilitation
St. Cloud, Minnesota

Warren Lawson, M. D., Chief,
Radiology & Occupational Health
Minnesota Department of Health

Dr. John McNamara
Clinical Psychiatrist, St. Cloud

William J. Lick, M. D.
State Medical Consultant

Miss Edith Stillar, R. N.
Rehabilitation Supervisor
Fairview Hospital, Minneapolis

Roland F. Neumann, M. D.
Orthopedic Staff
Gillette State Hospital

Frederick M. Owens, M. D.
Clinical Professor of Surgery
University of Minnesota



THE PINK SLIP

You have already been introduced to two departments of the Women's Auxiliary Volunteer Services: The Volunteer in Administration and the Volunteers in Outside Activities--The Favors Committee and the Puppet Committee.

In this issue we wish to salute our volunteers who serve in Central Service. There are approximately eleven Auxilians who contribute their services in this department each week. An average of 42 hours a month is given by these women, performing such tasks as: preparing plastic sheets for hot packs; packaging the hot packs; rolling bandages; making taped tongue depressors; manufacturing nasal slings; marking syringe and needle envelopes; cutting and packaging cellu-cotton; and making many other serviceable items that are dispensed from this department.

The volunteers come on duty daily between the hours of 9:00 a.m. and 4:00 p.m. and some volunteers come during the evening hours between 7:00 p.m. and 9:00 p.m. These women feel that the many thanks which they receive from the C.S. staff makes them feel needed and well rewarded.

A tip of the hat to our Central Service Volunteers:

Mrs. Max Landy	Mrs. John Gelz
Mrs. Ben Varner	Mrs. A. J. Nolden
Mrs. William Panno	Mrs. Edward Mund
Mrs. Arthur Habstritt	Mrs. William Clemens
Mrs. Leonard Wilhelm	Mrs. William Kraines
Mrs. William Van Vickle	



Mrs. Max Landy, Volunteer in Central Service, also Membership Chairman of the St. Cloud Hospital Women's Auxiliary.

Mrs. Landy cheerfully complied with our request for her opinion regarding volunteer work. The following article and poem are hers.

Having been brought up in a family whose philosophy of life has included community service, I was thrilled to become a member of the St. Cloud Hospital Women's Auxiliary. Here was my chance to put the old adage, "It is more blessed to give than to receive", into use. Upon enrolling in the "Volunteer Corps", I was asked to help out in Central Service. Now, I will admit that for a moment, rolling bandages, packaging hot packs, or making taped tongue depressors, did not have the "romantic color" of a Florence Nightingale which I, in my own mind, had pictured. But after spending an hour or so with Sister Roger, who very patiently orientated me in her department, I was convinced that Central Service was the "main artery" of the Hospital.

Now after almost two years of helping in this department, I have reevaluated my attitude toward volunteer work. I still feel as I always have, that "It is more blessed to give than to receive", but instead of being the "giver", I now feel that I have also been the "receiver". The friendships that I have made among the Auxilians and among the Hospital staff, have more than repaid me for the little effort it has cost me. I am most grateful to all who made this opportunity for "giving" possible to me.

No doubt you've seen the ladies
In the hospital dressed in pink,
They aren't in white, like nurses
And that makes you stop & think.

"Who are they?"
You ask at the desk,
"The ladies so cheerful
In pink smocks bedecked?"

They're Hospital Auxilians,
Of the Volunteer Corps,
They're here to give patients
Services galore.

You'll find them in the office,
They'll greet you at the door,
They help in Central Service
Or with children on four.

It must be fun, I say again--
I'd like to take my turn,
How do I go about it,
And where do I go to learn?

Our membership chairman
Will enroll you real quick--
In a cherry colored smock
You'll look real slick.

Blackburn 1 - 6776
Is the number you can call,
You too, will get enjoyment
By giving service large or small!

We hear that "Pedi-the-Puppet"
is very popular on the Pediatric floor--
the children love him dearly!

