CentraCare Health DigitalCommons@CentraCare Health

Nursing Posters

Posters and Scholarly Works

2015

Using Core Competencies to Help Staff Remain Proficient

Mary Leyk

Follow this and additional works at: https://digitalcommons.centracare.com/nursing_posters
Part of the Other Nursing Commons

Recommended Citation

Leyk, Mary, "Using Core Competencies to Help Staff Remain Proficient" (2015). *Nursing Posters*. 54. https://digitalcommons.centracare.com/nursing_posters/54

This Book is brought to you for free and open access by the Posters and Scholarly Works at DigitalCommons@CentraCare Health. It has been accepted for inclusion in Nursing Posters by an authorized administrator of DigitalCommons@CentraCare Health. For more information, please contact schlepers@centracare.com.



CENTRACARE ♣ St. Cloud Hospital



Using Core Competencies to Help Staff Remain Proficient ...

Mary Leyk MSN, RN-BC, ONC

St. Cloud Hospital, St. Cloud, Minnesota



Problem

Implement a competency program that engages staff compared to usual computerbased training modules

Objective: Design a multi-modal competency program for bedside nursing staff.

Plan

- Annual Needs Assessment
- Utilize unit-based ROE (Research Orientation Education) Committee to assist with development and completion by staff
- Develop quarterly topics with adequate time for completion
- Topics based on Orthopaedic Nursing Core Competencies and Core Curriculum for Orthopaedic Nursing
- · Use multiple teaching delivery methods to enhance the learning process (Benner, Kiel)
- Utilize Leadership member for Performance Improvement trends

Team Members

Mary Levk, RN - Bone & Joint Center Educator ROE Chair

Angie Moscho, RN - Bone & Joint Center Director

Crystal Ahner, PCA Megan Botz, RN Danielle Botzek, RN

Lisa Hall, RN Nicci Kulaf, RN

Jessica Rekowski, LPN

ad-hoc members:

Sadie Seezs, RN

Gina Anderson-Malum, RN - Total Joint Specialist Kelen Sohre, RN - Orthopedic Trauma Specialist

Mary Levk; LevkM@centracare.com

Process

Quarter ONE

Traction low volumehigh risk

 Poster presentation – scenario/ handout to complete

Developed by Educator and Ortho Trauma Specialist

Quarter **TWO**

Mobility increased falls noted in recent quarters

 Demonstration – three identified patient movements: lateral transfer, micro-turn/ micro-shift, bed to chair transfer

Developed by bedside staff (ROE members), verified by Educator; all ROE members validate all staff

Quarter THREE

Pain implementing new Pain Protocol to streamline medication use

 Exemplar – patient story describing pain management using non-medication intervention using defined criteria

Developed by Educator with Specialists; post stories on Education Board

Quarter FOUR

Palliative Care highly requested need from staff

• Puzzle - crossword puzzle with clues for various aspects of Palliative Care

Developed by staff RN (ROE member) collaborating with Palliative Care Department; ROE members correct puzzles

Q1 - Traction



Progress

- Fach module allowed 4-8 weeks to complete
- ROE members involved with development, implementation and encouraging staff to complete in timely manner
- Implemented July 2014
- Review staff satisfaction using Survey Monkey at completion of program in July
- Review Patient Satisfaction survey scores for pain for July 2015 and October 2015

References

Benner, P. (1984). From novice to expert: Excellence and power in clinical nursing practice. Menlo Park, CA:

Addison-Wesley Bullock, L.M., Paris, L.G., Terhaar, M. (2011). Designing an outcome-focused model for orientating new graduate nurses. Journal for Nurses in Staff Development 27(6) 252-257.

Dyess, S., Parker, C.G. (2012). Transition support for the newly licensed nurse: A programme that made a difference, Journal of Nursing Management, 20 615-623.

Kennedy, J.M., Nichols, A.A., Arafeh, J.M. (2012). Nursing department orientation: Are we missing the mark? Journal for Nurses in Staff Development 28(1), 24-26

Kiel J. M. (2012). Analysis of restructuring orientation to enhance nurse retention. The Health Care Manager, 31(4), 302-307. doi:10.1097/HCM.ob013e31826fe29820130918125735111924

NAON. (2007). Core curriculum for orthopaedic nursing, 6th ed. Pearson Custom Publishing: Boston, MA. National Association of Orthopaedic Nurses.

NAON. (2007). Orthopaedic nursing core competencies: Across the life span 3rd Ed. Philadelphia, PA: National Association of Orthopaedic Nurses.

Wolfensperger Bashford, C., Shaffer, B. J., & Young, C. M. (2012). Assessment of clinical judgment in nursing orientation. Journal for Nurses in Staff Development, 28(2), 62-65. doi:10.1097/NND.ob01 3e31824b4155 20130918131124106920 3496

Q3 - Pain Management



Q4 - Palliative Care

