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Nursing Skin Integrity Guidelines: A New Approach to Skin Care

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CentraCare St. Cloud Hospital

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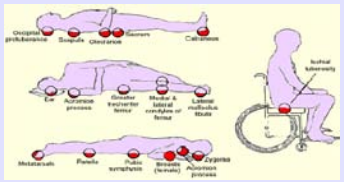
What is Nursing Skin Integrity Guidelines?

- A nursing driven order to provide evidence based skin integrity interventions.
- Provides a streamlined process for immediate application of best practice interventions for identified skin impairments.
- The interventions can be implemented based on assessment findings and clinical judgment.
- Provides a guideline for consulting the WOC Nurse including: when wounds are not healing, all pressure ulcers, and ostomy needs.

Pressure Points = Pressure Ulcers



Remember: Redistribute Pressure

- Turn every two hours
- Elevate heels
- Consider a Mattress Overlay
- Remove all tubes and lines from under the patient

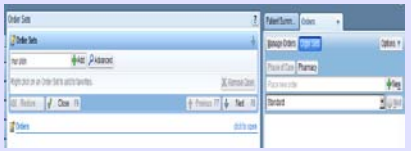
Which Guideline Do I Choose?

Incontinence	Select the Incontinence Guidelines	Suggested Interventions:
Reddened Folds	Select the Skin Folds Guidelines	Suggested Interventions:
Deep Tissue Injury or Stage 1	Select the Stage 1/Deep Tissue Injury Guideline	Suggested Interventions:
Stage 2	Select the Stage 2 or Abrasion Guideline	Suggested Interventions
Stage 3, 4 or Unstageable	Select the Stage 3, 4, or Unstageable Guideline	Suggested Interventions
Skin Tears	Select the Skin Tear Guideline	Suggested Interventions

** Photos obtained from www.bing.com/images**

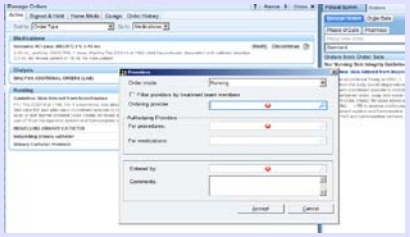
How to Place the Order?

1. Select Manage Orders and Order Sets
2. Search Nursing Skin Integrity



3. Select the appropriate guideline

4. Sign the Nursing Order



Where to Find the Interventions?

Each shift review Skin Integrity Orders that are listed within the Shift Report: