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Development and Implementation of a Pediatric Palliative Care Program



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Why is a Pediatric Palliative Care Program Important?

- 1. Builds family memories and preparation of child's death while celebrating the child's life.
- 2. Reduces length of stay
- 3. Implements care with end of life interventions
- 4. Improves quality of life
- 5. Provides hope in life and death.

Steps to Establishing a Pediatric Palliative Care Program

- 1. Tap Into Successful Resources
- 2. Establish a Family Advisory Board
- 3. Build a Business Plan
- 4. Integrate Existing Systems
- 5. Provide Focused Nursing Education
- 6. Build Collaboration
- 7. Measure Your Success

Definition Question	% Response				
What is the definition of palliative care?		Percent of staff responding that correctly 58.5% identified the definition of palliative			58.5%
Bereavement care to a child who is dying.	7.3				
Care provided to a child who is expected to die within the next year.	7.3	care (#3)	•		
Care for a child who has a life-limiting illness in which they are not expected to live to adulthood.	58.5				
 End-of-life care provided to a child who is not showing signs of being cured. 	26.8				
	Not	Somewhat	Somewhat		Verv
Likert Scale Questions	Comfortable	Uncomfortable	Comfortable	Comfortable	
What is your comfort level in taking caring of a child who is not expected to be cured of his or her illness?	7.3%	19.5%	36.6%	34.1%	2.4%
What is your comfort level in managing pain in a child who is not expected to live?	15.0%	17.5%	27.5%	37.5%	2.5%

Needs Identified by Staff Nurses:

- 1. Helpful ways to assist the family in coping with the situation in a way that they will understand.
- 2. Pain Issues and pain management.
- 3. How to initiate difficult conversations.
- 4. What to say and not to say.
- 5. How to support family and staff.
- 6. Age appropriate interventions.
- 7. Psychological and social support available.
- 8. Research that has been done on family needs.
- 9. What it takes to set up palliative care at home.
- 10. Case studies

Where do we go from here?

- Consult team made up of: Clinical Nurse Specialist Social worker Chaplain
- 2. Educational sessions have been provided and will continue to be offered
- 3. Referrals have increased 100% in 2013
- 4. Marketing and outreach will continue to be a priority.