

12-5-2018

Vitamin E: A Possible Preventative Measure for CTE

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Recommended Citation

Roth, Dylan and Dargis, Cameron, "Vitamin E: A Possible Preventative Measure for CTE" (2018).
Undergraduate Research Symposium (URS). 15.
<https://mushare.marian.edu/urs/15>

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Vitamin E: A Possible Preventative Measure for CTE

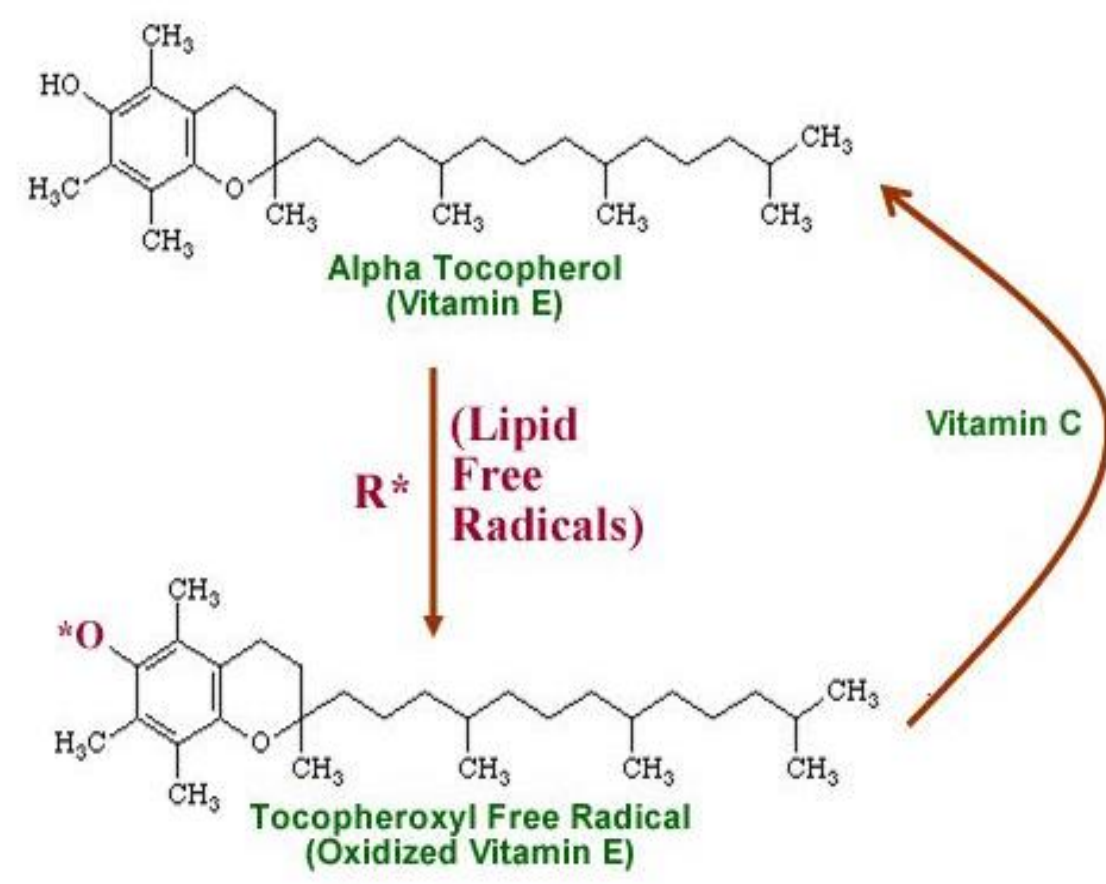
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ABSTRACT

Vitamin E Oxidation



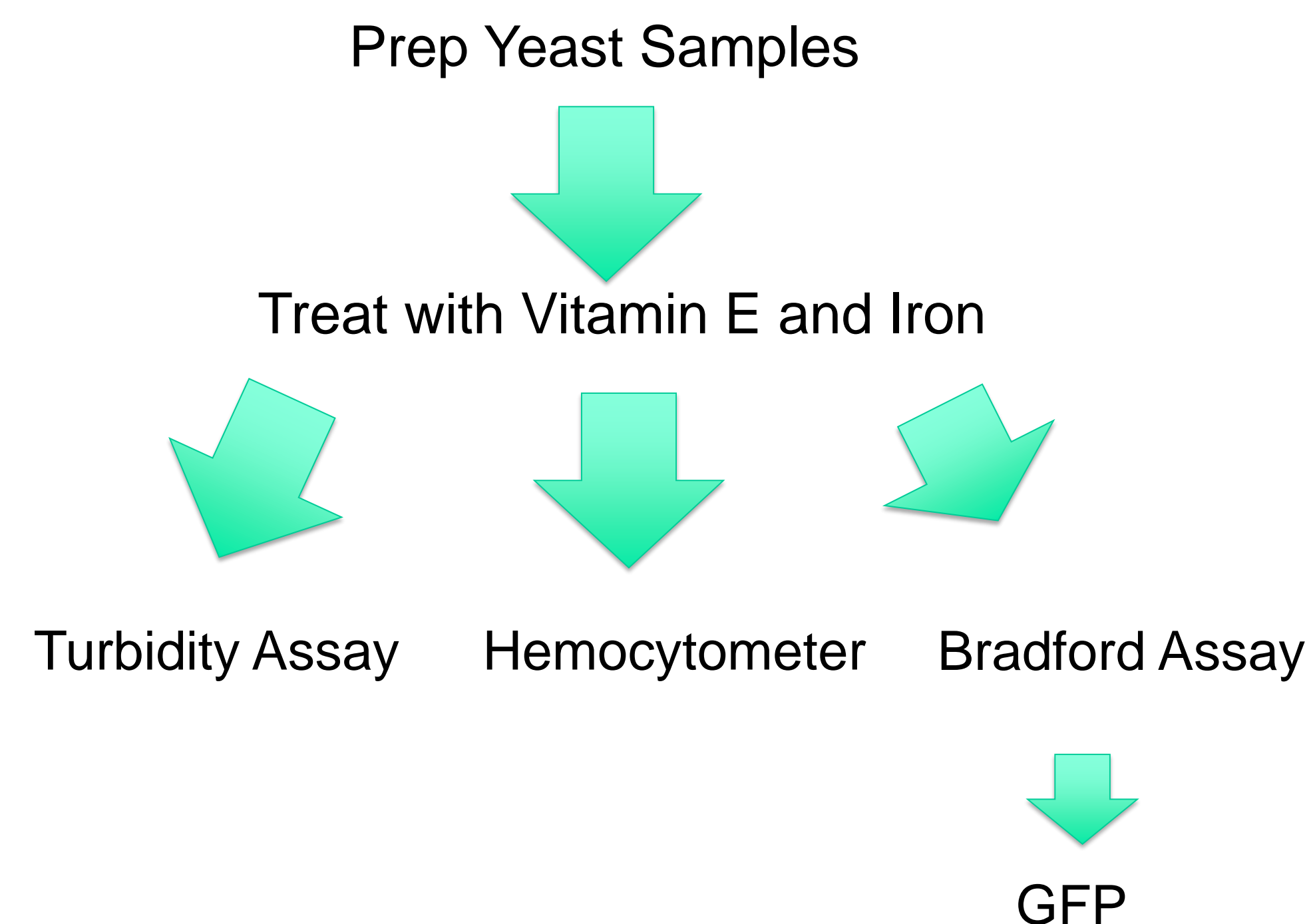
INTRODUCTION

- This experiment is aimed to aide all future athletes.
- The brain injury known as CTE can only be diagnosed after death and upon autopsy.
- Upon research, what causes this is non-heme Iron deposits in the brain cause radical oxygen species that damage the nerve cells.
- Causes many different mental and physical problems
- Research on Vitamin E showed that it can accept radical oxygen species and increase neurological health.
- We will be testing these affects on yeast samples

HYPOTHESIS

- If yeast is treated with Vitamin E before being exposed to radical oxygen species via non-heme iron, then it will have a higher survivability than the non-treated yeast samples.

MATERIALS AND METHODS



TURBIDITY ASSAY

- Treated yeast samples with vitamin E and iron
- Turbidity assay was used to give us a visual on how well the yeast could survive in the iron dense environments
- Good first method to evaluate the yeasts viability

Tube	Viability
1	283.7
2	437.2
3	422.8
4	216.4
5	195.3

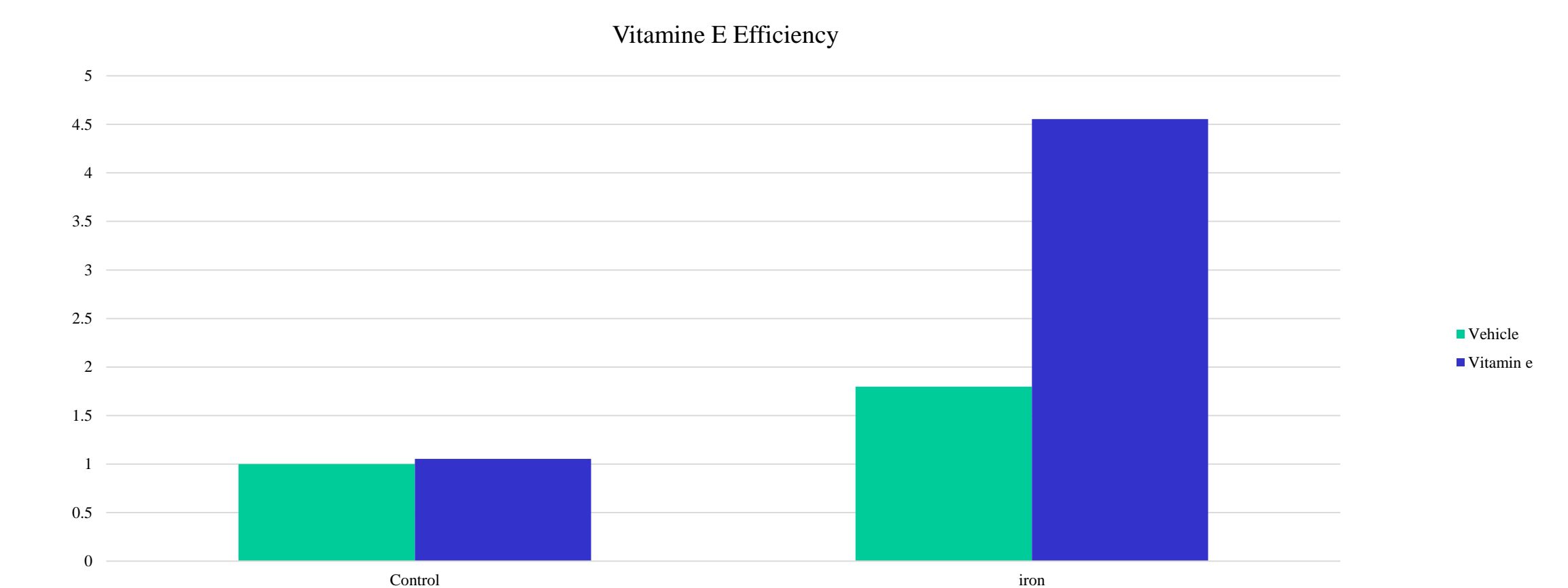
HEMOCYTOMETER

- Same solutions used for this as in the turbidity assay
- When counting dead and alive cells we were surprised it affected the reproductive abilities more than the viability of the cells
- This helped prove that the vitamin E was helping decrease the amounts of dead cells, but did not give us enough evidence

Tube	Alive	Dead	Trypan Blue (ml)	PBS (ml)
1	332	3	40	10
2	47	1	40	10
3	85	1	40	10
4	100	2	40	10
5	68	0	40	10

GFP

- Shows yeasts natural and treated ability to fight off radical oxygens
- Slight increase when no radical oxygens present due to lack of them
- Dramatic increase in ability when non-heme iron was introduced



CONCLUSIONS

- First two methods were not successful, but the GFP gave us the results we needed
- Results show that Vitamin E inhibits the radical oxygens reacting with non-heme iron
- This experiment can a pivotal one in the future mental states of all contact sport athletes.
- The applications of this experiment can lead to many new and pivotal information on CTE.
- The next step for this experiment would to try different time intervals and introduce it to human trials
- Bringing more awareness to this subject may be vital to preventing thousands of mental issues for all athletes.

LITERATURE CITED

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ACKNOWLEDGMENTS

Thank you to Dr. Doci and Kegan Main for aiding us in these experiments in lack of other partners.