

2015

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Savahanna P. Lien MS/MPH  
*Marian University - Indianapolis*

Margaret Voges  
*University of Minnesota - Twin Cities*

Cathy Garvey  
*University of Minnesota - Twin Cities*

Arthur Matas  
*University of Minnesota - Twin Cities*

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## Recommended Citation

Lien, Savahanna P. MS/MPH; Voges, Margaret; Garvey, Cathy; and Matas, Arthur, "Single-Center Denial Reasons for Potential Living Kidney Donors" (2015). *MU-COM Research Day*. 12.  
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# Single-Center Denial Reasons for Potential Living Kidney Donors

Savahanna Lien<sup>1</sup>, Margaret Voges<sup>2</sup>, Cathy Garvey<sup>2</sup>, Arthur Matas<sup>2</sup>  
<sup>1</sup>Marian University School of Osteopathic Medicine, Indianapolis, IN  
<sup>2</sup>University of Minnesota, Minneapolis, MN



## Abstract

Because of the benefits of preemptive living donor (LD) transplant, the desire for LD is rising. However, in the last decade, there has been no increase in LD in the U.S, possibly due to older donor candidate population leading to increased denial rates. We previously studied denial rates and cause for denial for donor candidates between 2009 and 2011. We herein present for comparison causes for denial for donor candidates between 8/2012 and 6/2015. During the interval, our acceptance criteria have not changed.

## Results

Between August 2012 and June 2015, we evaluated 644 potential living donors: 2012=88, 2013=222, 2014=220, 2015 (Jan-June) =114. Of these, 31% of candidates were denied: 26% for medical reasons, 5% for psychosocial reasons (Table1). Mean age of approved candidates = 41 (range: 18-75); average denied = 43 (range, 18-72). To compare, between 2009-2011, 36% candidates were denied (32% medical, 4% psychosocial). The mean age for approved candidates = 40, while denied candidates mean age = 47 (range, 18-64). Current candidates most common medical denials reasons were obesity and suboptimal kidney anatomy, although the distribution of reasons varies by age cohort (Table2). **Historical group (2009-2011):** most common medical denials were hypertension and poor kidney function (Figure1). Psychosocial denial reasons included: mental illness, lack of support and substance abuse.

## Conclusion

Over an interval of 6.5 years, the rate of donor candidate denial at our center has not changed. Overall, there has been a change in major reasons for denial; importantly, reasons for denial vary by donor age.

Table 1. Outcome of kidney donor evaluation by year

	8/12-12/12 n = 88	2013 n = 222	2014 n = 220	1/15-6/15 n = 114	Total n = 644
Approved	54 (61%)	104 (47%)	117 (53%)	63 (55%)	n = 338
Withdrew	7 (8%)	36 (16%)	19 (9%)	5 (4%)	n = 67
Recipient Transplanted with other donor	4 (5%)	6 (3%)	5 (2%)	2 (2%)	n = 17
Listed for Transplant	0	1	1	0	n = 2
Recipient put on Hold	0	0	1	2 (2%)	n = 3
Denied	23 (26%)	75 (34%)	77 (35%)	29 (25%)	n = 202
Medical	17 (74%)	62 (83%)	67 (87%)	24 (83%)	n = 170
Psychosocial	6 (26%)	13 (17%)	10 (13%)	5 (17%)	n = 34
Decision pending	0	0	0	13 (11%)	n = 13

Table 2. Medical reasons for donor denial by age, 8/2012-6/2015.

Age	18-29	30-39	40-49	50-55	>55
Hypertension	2	2	4	5	3
Kidney anatomy	6	11	8	6	13
Function	2	4	5	7	17
Stone disease	1	1	2	4	1
Diabetes	2	0	1	0	4
Obesity	4	8	8	3	3
Tumors	0	0	0	1	0
Pulmonary	0	2	1	0	0
Psychosocial	16	14	1	3	2
Other	13	5	8	9	11
TOTAL	45	47	38	38	54

Figure 1. Denial Reason Cohort Comparison

