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#### Examining the Long-Term Effects of Child-Mentoring Programs on At-Risk Children

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# What role do mentoring programs play in the outcomes of selected at-risk children?

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Francisco Mejia

#### Overview

- Merit of child social work programs
- Effects of Child mentoring programs
- Understand the reason these exist and why they help

# Childhood Coping

- Coping children are common candidates for mentoring programs
- Strategies exist to assist with coping efforts

### **Incarcerated Parents**

- Over 1 million children in the United States have at least one parent incarcerated
- Programs such as BBBS have targeted these children for assistance

# Long-Term Mentoring

- There is a positive correlation with longer matches and better child outcomes.
- Many programs focus on providing longterm match support

## Racial Discrimination

- Racial discrimination is a factor that programs take into account
- Social Support is a key portion of mentoring programs that may help

# Personal Experience

- Internship at BBBS Delaware County office
- Office work and schoolprograms



## Summary

- Mentoring programs in general correlate with better outcomes for children
- The longer the match the more likely this becomes
- Thank you to BBBS for their help and the opportunities